



THE HEACHAM NEWSLETTER

October 2025

This Newsletter reflects the views of its contributors, not necessarily those of the editors or advertisers



Deadline for the next edition is 12 noon, Tuesday 14th October 2025

Fridhem Rest Home
79 Station Road, Heacham, PE31 7AB

Christmas Fete
Saturday 29th November

2-4pm



Everyone welcome. Raffles, tombolas, games and much more, there is plenty for all the family.

Come on by and help us raise money for our residents' activity fund.

THE HEACHAM NEWSLETTER c/o Heacham Parish Council, Old Friends Hall, Sunnyside, Heacham, PE31 7DU

E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Michelle Carter ☎ 01485 579024 - Advert pricing listed on page 2

THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - John Davis - Brian Faulkner

Kerry Long - Helen Vickerstaff - Pete Vickerstaff

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication

Readers' LETTERS



Heacham

Dear Newsletter

Pioneer Park Charity Event – 24 August

Last year a group of residents held a Charity Event on Pioneer Holiday Park and raised £833 for Breast Cancer which was all put together in a few weeks.

This year we planned much earlier and decided to choose Prostate Cancer as our nominated Charity, which also coincided with one of our residents being diagnosed with it.

The total figure raised this year was £2,615, which I'm sure you will agree is a fantastic amount.

Thanks must go to all that helped in any way, residents that supported us, visitors to the site and local businesses that donated to the raffle.

Our final thanks must go to Sally and Katie from Pioneer for allowing us to hold this event.

Ann Smith



Bishops Stortford, Herts

Dear Newsletter

Station Road Garage

As a family we have been coming to Heacham on holiday every year for the last 15 years staying in the lovely Cedar Springs Lodges.

On our most recent trip a few weeks ago, we had a problem with our car where the petrol cap wasn't opening. After trying ourselves, we couldn't work out why or how to get the petrol cap open. With the nearest Mercedes garage in King's Lynn and not enough fuel to get there, we decided to head to Station Road Garage in Heacham.

We went in and explained to them at the desk the problem and if there was anyone who could take a look. Minutes later a lovely bloke came out to have a look and was able to get the petrol cap open through the boot.

He was adamant he didn't want any payment for it either although we did give him a few quid for a couple of beers.

This saved us potentially a lot of hassle and put our minds at ease as we were starting to worry about how we would get back home to Hertfordshire the following day.

I have put a review on Google for the garage but I thought it would also be good to let the Newsletter know (which my mother is always very fond of reading when we are in Norfolk) about how lovely they were.

Jack Stone

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Folgate Road

Dear Newsletter

Charity Bake Day

This is a HUGE thank you to those who frequented the Curtis Cake Stall on the POW 80 Exhibition Day (Aug 17th). My brother Jimma Race held a charity weekend with a Stage Drama on the Saturday followed by an Exhibition the next day in Heacham Public Hall. My thoughts were on how I could contribute to these charities that are very close to our hearts. As baking is an enjoyable hobby of mine, the only way was 'CAKES!' Having never sold cakes, it was a nervous 3 day run up to the date, with the Curtis kitchen being Hot! Hot! Hot! Feeling quite anxious on the morning of the 17th, I set up the stall with the help of friends Jeannie and Val and support from my husband Dave. We opened at 10am having no idea how many, if any, were going to turn up to purchase 'cakes'?

How mistaken were we? By 1.30pm we sold the last Almond Bakewell slice! Making a fabulous total of £401-80. ALL proceeds went towards 'Raising Funds for Children of Far East Prisoners of War' (COFEPW) and The Royal Norfolk Regimental Museum, Norwich

Thank you Jimma Race for organising such a well attended and emotional weekend in memory of our dad Capt Jack Race MBE.

'Village Life at its Best!'

Thank you so much.

Janice Curtis



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 1/2 Page £80 Per Issue

Tel: 01485 579024 to discuss your needs
 or email: theheachamnewsletter@gmail.com



Heacham in Bloom

We know that Summer is most definitely over when the sad task to remove the bedding plants and baskets gets underway. However, it's a case of plants out and plants in as we start the cycle again with Autumn/Winter planting and spring bulbs.

The team are so grateful for financial support as we don't have that much time to carry out our own fundraising and to that end, we would like to thank Heacham resident Joy Waldron for her recent surprise donation and lovely words.

We know that committee meetings are not everyone's cup of tea but if you fancy joining the summer monitoring and watering team for 2026 (no meetings), please do get in touch!

The next meeting and AGM takes place on Monday 20th October at 7.00pm at the Old Friends Hall.

Heacham In Bloom Committee
heachaminbloom@btinternet.com

Jubilee Welfare Trust Heacham

This charitable trust based in Heacham is available to help provide financial support for the following purposes:

- To provide payment for items, services or facilities to children or adults who are disabled, handicapped or with other long term health problems.
- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Educational Authority etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust or wish to find out more, please enquire in writing to the Jubilee Welfare Trust Secretary, care of Heacham Parish Council, Old Friends Hall, Sunnyside, Heacham, King's Lynn, Norfolk. PE31 7DU.

A Musical Afternoon
with
John Harris On Piano
50's & 60's Music
In aid of
East Anglian Air Ambulance

Thursday 30th
October

Hunstanton Town Hall
1-3pm

Sponsored By 

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East Anglian Air Ambulance
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LIGHT UP HEACHAM
Christmas Tree & Lights Trail
13th-21st of December 2025

Take part in the village festive trail and register your Christmas Tree/Lights display with the Parish Council Office

Win prizes for your brilliant display!

Free Entry
Closing date for entries is **Monday 8 December** to ensure your location is added to the trail map

Bring festive cheer to Heacham!

office@heacham-pc.gov.uk


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WHAT'S HAPPENING THIS OCTOBER

RECOMMENDED READING: 'SECRET OF SECRETS'

– the latest Robert Langdon conspiracy thriller by Dan Brown is hot off the press. Don't miss out – due to popular demand we will be operating a waiting list for this new publication so pop in and put your name down.

LIBRARY NEWS

FREE DISPLAY: Further to the successful return of the Summer Photographic exhibition at the Old Friends Hall, the Library is hosting a Pop-Up throughout October of the favourite photographs as selected by public vote at the exhibition. Please come and support your local photographers – the chosen photographs are amazing!

JIG-SAW PUZZLES: From this month the Library will be lending out jig-saws. We are starting with a handful of puzzles to test the water and lending terms will be the same as for library books.

SUMMER READING CLUB WITH OLLY OWL:

Congratulations to Izabella, the first of our summer readers to whizz through the summer challenge and earn herself a super reader medal.



THE BEST OF THE BEST
Free Pop Up Display
Throughout October
Favourites of the
SUMMER PHOTO
Exhibition
Heacham Parish Library
High Street, Heacham
Opening Hours
Mon, Wed, Fri: 10.00am-4.00pm Sat: 10.00am-12Noon

OTHER EVENTS

Clearance Book Sale: pick up a bargain at only 20p a book.

Heachamites Recollections Group: Future meetings: Monday 6th October and 3rd November.

Community Tech Session: Monday 13th October - free one-to-one help with all things digital with Janie, our Community Tech Coach. Sessions need to be pre-booked.

Community Assistance: Wednesday 29th October - 10.00-12 noon with Anne Sipple from the British Red Cross/Trussell partnership. Anne can help with issues such as Blue Badges, Sourcing Allowances, Energy Bills and Debt Management (see separate notice for more details).

HAPPY READING!

The Library Team

Enquiries: Tel: 07300 553769

**Email: heachamlibrary@btinternet.com
or Parish Council Office Tel: 01485 572142**

Could you use a little extra **help?**

British Red Cross in Partnership with Trussell

We Help Identify and Address Unmet Social Needs Including:

- Advocacy
- Ensuring you're receiving all the financial support you're entitled to.
- Form Filling Assistance – Blue Badge etc
- Support – Guidance and reassurance through benefit assessments.
- Access to Food

How We Work

- Listen – We start with a friendly, confidential conversation.
- Assess – We identify your needs and priorities.
- Support – We connect you with the right services and offer help.

Who We Help

Anyone facing challenges or needing support—individuals, families and carers.

Contact Us: 07395 877614 (Monday, Thursday and alternate Tuesday and Wednesday). Email: annesipple@redcross.org.uk

Drop In: Heacham Parish Library – Last Wednesday of the Month 10.00am-Noon

The power of **kindness**



BritishRedCross



The Children's Society

Thank you to all who have donated to the Children's Society in past years.

It is time to open the household collecting boxes for 2025.

Please take your box to the Church Office, High Street, Heacham (open Tuesday 9-12pm, Wednesday 2-5pm, Friday 9-1pm). Or, contact us and we will arrange to collect your box.

One-off donations are also welcome; cash or cheque (made payable to The Children's Society) in a sealed envelope with your full name and address on the outside. If you would like to be a new donor, and/or have a collecting-box at home, we can arrange that.

Alison & Bryan Hoyle

Tel: 01485 570215

Heacham Bereavement Support Group



WHERE: Pine Mall Residents Hall, 18 Wilton Road,
Heacham, PE317AD

WHEN: On the first Thursday of every month.

WHAT TIME: 10am – 12pm

If you are grieving for someone who has died recently or long ago, why not come and join us for a cup of coffee or tea and a chat. We are a very informal group, and it will give you the opportunity to meet others who are on the same journey.

If you would like to bring a friend or another member of the family, they will be very welcome.

For more information, please contact
The Church Office 01485 572539
Email: heacham.church@gmail.com

The Heacham Newsletter Team require a VOLUNTEER ADVERTISING MANAGER

To liaise with our advertisers and send out monthly invoices.
You will need to own a personal computer with an internet connection.

If you feel that you would like to join our friendly team, then please contact us by sending an email to:
theheachamnewsletter@gmail.com

We look forward to hearing from you.

THN

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Community Coffee
Morning & More
Cakes
Real coffee
Fun Quiz
Raffle
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29th October 2025
10am-12noon
Old Friends Hall
Sunnyside (off Caley St)
Heacham
PE31 7DU

In support of the Parish Library



CHURCHES TOGETHER IN HEACHAM



The thing about this time of year is the gradually darkening evenings and darker mornings. Even when the clocks go back on the 26th October, the benefits - if any - seem to only last a few weeks before nature catches up.

Most of us, if given a choice, would much rather carry out our daily routines in the daylight. For example, my early morning walk on the beach becomes riskier and more challenging when navigating the route in the pre-dawn darkness. Similarly, driving home in the evening darkness, never feels quite as comfortable as travelling in sunlight. I understand totally those people who choose not to drive at night. But as the days shorten, it's hard to avoid the darkness altogether.

Thankfully, navigating in the dark at least is now made easier by using route guides on our phones or other devices. These provide a visual map we can read in the dark, and a helpful voice giving us step-by-step directions. That very same device may even come with a built-in torch to help us see the way ahead when walking. I have in the past used this when walking along the unlit path at the beach, a great help to avoid unwanted surprises and enabling me to stick to the safer route.

As I reflect on this, a Bible verse springs to mind 'Your word is a lamp to my feet and a light on my path' from Psalm 119 verse 105. Sometimes, the world can seem like a dark place. I don't mean that just in terms of evil or wrongdoing, although sadly this is true at times. I mean in the sense that we can't always see the way ahead; decisions we need to make, choices that must be taken, the route ahead isn't always clear or obvious. This verse and others like it, remind me that in reading, knowing and understanding the Word of God (the Bible) we can be equipped with the tools we need to navigate life's uncertain journey. Just as I use my phone or a torch to see the way ahead in the darkness, developing an understanding of God's Word can help me to grasp the values and principles for living a God-centred life.

The Bible isn't a lucky charm or a 'fortune cookie' to randomly dip in to for instant answers. Instead, it serves as a guide or a tool that can equip us for our life's journey. Like any tool, there are more effective ways to use it. Personally, I have found daily reading and prayer to be a valuable start to my day. This practice helps to centre me and provides wisdom, peace and hope to support me in whatever challenges might come my way. Using study guides, following a daily reading plan or even studying more deeply into the Bible with other people, can all be helpful approaches.

So, this autumn, don't walk in the dark. Instead, find a source of light and life, that will protect, support, and guide you as you navigate your way ahead in life.

Lynda Swain
Licensed Lay Minister
Heacham Parish Church

Services: October 2025

5th October - 10am: Holy Communion
12th October - 10am: Morning Worship
19th October - 10am: Holy Communion
26th October - 10am: Morning Worship

HEACHAM PARISH CHURCH online
on Heacham Parish Church You Tube channel
HEACHAM PARISH CHURCH in church
At 10am every Sunday morning
Everyone always welcome

Bereavement Support Group

Meetings are on the first Thursday of each month. The next meeting is 2nd October 2025 from 10am till 12 noon, at the Pine Mall Residents Hall. For more information contact the Church Office.

Chit Chat and Coffee

Everyone is welcome to this monthly coffee morning at St Mary's Church Heacham.

All ages welcome.

The next coffee morning is on 21st October 2025 from 10am – 11.30am

Lynda Swain's Licensing as LLM

We are delighted to report that Lynda Swain was licensed as a Licensed Lay Minister for the Heacham Benefice at a Licensing service, led by The Rt Revd Graham Usher, The Bishop of Norwich, at Norwich Cathedral on 20th September.

POPPIES FOR REMEMBRANCE

Heacham Parish Church are planning to have a fabulous display of creative poppies in church and outside this November. So we invite individuals and groups in the village to get creating!

Knitted and crocheted poppies will be attached to netting to create a spectacular display. Other poppies large and small, made in any way and from any material are very welcome too.

Please drop them off in church anytime before 19th October.

Heacham Parish Church – Christmas Craft Fair – Date for your diary

The Heacham Parish Church Christmas Craft Fair will be held in church on Saturday 22nd November 2025 between 10am and 3pm.

There will be a wide variety of stalls and refreshments will be available. Everyone welcome

Prayer Tree

We have a prayer tree in church on which you can write a name or situation that you want to pray for, and you would like the church to pray for, by writing and hanging it on the tree. God hears your prayer, and we will pray for you. If you cannot get to church and would like a name added, contact the church office.

Morning Prayer

Monday, Wednesday and Friday 9am **on Zoom**

Tuesday and Thursday 9am, to start at 9.05am, in person in church.

Everyone is welcome (Zoom link available from the church office).

We pray for all who live and work in our village community, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please contact the church office.

Church Open

During the winter months Heacham Parish Church is open from 10am to 3pm. **Everyone is welcome to come in and enjoy this beautiful church, to light a candle, to pause or pray.**

Heacham Parish Church INVITES YOU to a LIGHT PARTY

**An event for children with their parents/carers
on Friday 31st October 2025 from 5pm to 7pm.
Activities are designed for children under 12.**

PLEASE NOTE

**While this is a free event
and ALL ARE WELCOME,**

**to meet our Safeguarding requirements please book a
place through the Church Office to avoid disappointment.**

**Telephone: 01485 572539, or email
office@heachamparishchurch.org.uk with your name and
number of children with adults attending.**

Fun and Games

CHURCH CONTACTS:

St Mary's Church: Revd Veronica Wilson (01485) 570697
email: heacham.vicar@gmail.com
St Mary's Church Office:
Garry Langham - usually open Tuesdays 9am–12noon,
Wednesdays 2–5pm Fridays 9am –1pm. (01485) 572539
email: office@heachamparishchurch.org.uk

Churchwardens:

Liz Dormer-Ainge: (01485) 571662
email: lizabeth.a.da@gmail.com
Chris Wright: 07525 175361
email: chris.edward.wright@gmail.com

Methodist Church:

Revd Dr Richman Ncube (01485) 570232
email: richiemncube@gmail.com



Heacham Parish Church

INVITES YOU to a

LIGHT PARTY

An event for children and their parents
31 October 2025
from 5.00 – 7.00p.m.
Activities are designed for children under 12

PLEASE NOTE

While this is a free event
and ALL ARE WELCOME
to meet our Safeguarding requirements please book a place
through the Church Office to avoid disappointment.
Tel: 01485 572539 or email:
office@heachamparishchurch.org.uk
With your name and number of children
with adults attending.

FUN and GAMES

HEACHAM METHODIST CHURCH Station Road, Heacham



Minister: Revd Dr Richman Ncube
(Tel: 01485 570232)

October 2025

We extend a warm welcome to all

Sunday Morning Services: 10.30am unless otherwise stated

5th October: Philip Batstone
12th October: Rev Dr Richman Ncube – Holy Communion
19th October: Sikha Ncube
26th October: Sharon Esposito

Midweek Communion

10.30am 2nd Wednesday of the month.

Café Service

Please join us for our first café service which will be held
Sunday 19th October at 2.30pm.

A Methodist "Café Church" is suitable for people of all ages,
and for families. It is an informal, relaxed worship service
featuring coffee, snacks, music, and conversation, blending
worship elements with a welcoming café atmosphere.

Bible Study

10.30am 4th Thursday of the month.

Open Church

Sadly, owing to very low attendance we no longer hold an open
Church on a Tuesday. However, if you would like to speak to
the Minister he can be contacted on 01485 570232.

Church Lunch Group

12.00 – 2.00pm Friday 24th October

Please join us for a light lunch of sandwiches or a jacket potato
with a choice of fillings. Contact Marianne 07880 364326.

Fellowship Meeting

Tuesday 28th October at 2.30pm.

Noah's Ark Toddler Group

PLEASE NOTE CHANGE OF DAY AND TIME

Thursdays – 9.30–11.00am (term time) – Heacham Methodist
School Room c/o Marianne Baguley (07880 364326).

Crafty Crowd

10.00am 2nd Friday of the month.

Do you enjoy craft? Would you like to meet new people? Why
not come and join us. Bring your own craft. Refreshments
served. Contact Marianne 07880 364326.

Coffee Morning

Saturday 11th October 10.00 – 12.00 noon

Again – ALL are welcome to join us. For further information,
please contact Marianne Baguley (07880364326) Senior Steward.

Charities we are supporting this year are:

Embrace, Children's Charity providing support to child victims
of crime.

Mission Aviation Fellowship, who provide medical assistance
to remote communities.

Action for Children.

We think of all our friends whose absence we notice on Sunday
mornings – prayerfully - along with members of our community,
especially those feeling unwell or isolated.

*"The lord is my strength and my shield; my heart trusts in him, and
he helps me. My heart leaps for joy, and with my song I praise him"*

Psalms 28:



Heacham Methodist Church are holding a café style
service for people of all ages, and families blending
informal worship with a welcoming café atmosphere.

Join us on for a relaxed service with a difference on
Sunday 19th October at 2.30pm

Tea, coffee, snacks, music, and conversation
Heacham Methodist Church
Station Road
Heacham



Hunstanton Catholic Parish

There will be a coffee morning and cake sale in aid of Ukraine on Saturday 4th October 10:30 to 12:30pm at St Cecilia's Catholic Church, Mountbatten Road, Dersingham, PE31 6YE. Cakes and books for sale on the theme of creation! Also stalls on Climate Change, cards and gifts designed by a local Ukrainian young man, and a Raffle with top prize of a Fairtrade hamper. Entrance is free. Come along and enjoy some good company and refreshments. All welcome.

"The Whybelonely Social Group" is continuing to meet once a month and has proved very popular. The group will continue to meet at St. Cecilia's Church, Mountbatten Road, on the first Friday of each month, 2.00-4.00pm, for an afternoon of music, singing, reminiscing and prizes. Refreshments will be available. The next one will be 3rd October. Don't miss out, come along and enjoy some good company, everyone is welcome.

The Pope's prayer intention for October 25: For collaboration between different religious tradition. We pray that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

We had a special Mass on 1st September for the Care of Creation, which was the start of the 5 weeks of the 'Season of Creation.' Information sheets were given out with the weekly bulletins. Extra prayers were said, extra chances of attending adoration and benediction in the church, a special creation rosary was recited and a Novena (9 days of prayer) was issued to parishioners for them to participate. The season of creation ends on 3rd October, but our parish is hoping to make positive changes to be more aware of living simply and being more considerate in caring for our environment.

We have regular Rosary prayer meetings at St Cecilia's every Monday from 2pm and there is also a Mothers Prayers group which meet at 2.30pm Monday fortnightly at OLSE. You do not have to be a mother to join. There is also a group who meet on the last Friday of the month for Spiritual Formation. This could be about a specific Saint or Synodal discussions, prayers or anything that people want to suggest. All are welcome, refreshments are available, just look in the weekly bulletins for dates and times.

If you would like to be on the distribution list for the weekly bulletins straight to your inbox, please send your email address to hunstantonparish@rcdea.org.uk Also, if you are a new parishioner, there is a form in both church porches to fill in your details to welcome you to the parish. Feel free to ask if you can't see them.

For Parish news including Mass times and prayer requests, please see the Parish News page on our website. For information about live streamed Masses in the Diocese and related matters see the Links page of our website at www.hunstantoncatholicparish.org.uk

The Sunday Masses are at 9am at Mountbatten Road, Dersingham, and 11am at OLSE Sandringham Road, Hunstanton. Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday, and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org.uk

Email: hunstantonparish@rcdea.org.uk

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

West Norfolk Petanque League

West Norfolk Petanque League celebrated the end of their summer season with a Presentation Day and Doubles' Plate completion. The event was hosted at Heacham Sports and Social Club on Sunday 24 August.



Trophies were awarded to winners and runners-up in the ten match season and 11 pairs also competed on the day for the Summer Double's Plate. King's Lynn based "Sultans of Swing" repeated last year's success and retained the winners trophy. "Summer Knights", also from King's Lynn, were runners-up, again for the second year in succession.

Competition was very close in the Doubles' Plate played on the day with a 4-0 victory to a pair teaming up from Pott Row and Heacham. Second place was determined on points difference between four pairs.

Entries are now being accepted for the League's winter season which should commence in October.

David Allen
League Secretary





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9

Borough Council News Heacham Ward which includes Sedgeford and Fring

I am writing this in the first half of September so my apologies if significant things have happened by the time you read the article.

Hot news at the moment is the proposed sale of Borough land at North Beach, Heacham, which is leased to beach hut owners. The Borough's case was that the rent received (105 x £730) /year Inc. VAT, was offset by site maintenance costs (owners wonder what maintenance) and the charges involved in negotiating new 10-year leases next Spring. The officer estimate of this was in excess of £100K which appeared nonsensical to some. Effectively, the business wasn't making a cent and was about to cost more. Coupled to this was the Borough's assertion that retaining the site would subject the Council to 'further high-profile criticism' – hut owners made the press earlier in the year complaining about the large increase in annual rent.

My take on all this was mixed. As a Borough Cllr I had not been formally consulted but, in an informal chat, had been told the proposed sale was coming forward. I advised Heacham Parish Council to invite a Borough representative to a Parish Council meeting to discuss the matter. An offer was made for a meeting after a significant Borough panel meeting would make recommendations to Cabinet about the sale.

In the meantime, I received various communications from concerned hut owners and also had further information about the proposed sale. It was evident that insufficient consultation was taking place, the sale of the land was hardly credible given the bad face put on the business by the Borough, and, if sold, rents would certainly escalate to enable the investor to claw back the investment. Overall, selling the land under tenants who had an expectation of continuing leasing from the Council and leaving them in the thrall of a private investor seemed a bad idea and worthy of a dodgy landlord.

Come the Regeneration and Development Panel (R&D) of the 9th September, which I chair. The item about the beach huts was scheduled to be 'exempt', that is held in secret without public or press. The day before I negotiated a change to that position so, except for one or two financial details, it could be public and appear on YouTube. This was important as the debate would reveal public and councillor concerns and those concerns could not, whatever the final decision, be minimised.

At the meeting there was a lively discussion which led to two proposals, both of which rejected the sale of the land. The one which recommended a new 10-year lease was supported unanimously. By now, it will be known if Cabinet accepts the recommendation. News reports on this Heacham farrago currently abound but will settle unless earlier errors of judgement are compounded.

If you have a view, make it known to me, the BC and or the CEO.

CIL is an acronym which likely means little to many of you. It is the Community Infrastructure Levy; a tariff placed on housing developers of £60, £40 or £0 / square metre depending upon where in the Borough the development is. Supermarket development costs rather more. CIL came into being by government dictat about 9 years ago and brings a continual flow of money into the Borough. A proportion of the CIL generated goes to the Parish Councils where the development is, 15% if no Neighbourhood Plan, 25% if there is one. The remainder goes into a pot held by the Borough Council. Up until now, the pot was split 60% for strategic projects, essentially under the control of the BC and 40% for local projects for Parish Councils and others to bid for. I was chair of the small committee which created these governance arrangements and some millions of pounds have gone into projects over the years. Our governance model ensured as much as possible went locally.

New arrangements are about to come into force and the distribution will be 80% to strategic projects and 20% to local,

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so Parish Councils etc will be able to bid into a reserve half the size as previously existed. Their projects also have to cost between £10K and £100K which means the number of projects able to be supported will be significantly reduced. Coupled with the need to find some match funding, perhaps a half or more, councils with limited budgets will find bidding difficult.

Changes have come about due to advice and direction from government sources as CIL was always intended to support infrastructure related to development and the procedures have to be put in place to ensure it is. Parish Councils have had a good run for their money and some have done very well (for example, outdoor gyms have been funded by CIL at Heacham and Sedgeford and the latter has a well heated, energy sufficient hall, containing an adjustable stage too).

The 80% strategic funding pot concerns me and others as Cabinet can effectively decide where some of it can go, e.g. to the Council's Corporate Project Programme. We considered the new CIL arrangements at the R&D panel and the Leader of the Opposition, there under a standing order which gives right to speak, made salient points about the need for scrutiny of such allocations. I agreed and the panel added such a recommendation. I will be surprised if Cabinet accepts it.

The King's Lynn Transport Strategy (draft) was a long document and presented by NCC officers at the R&D meeting. It was essentially a list of intentions as funds allow and will be ready for the new local government model. What it lacked was no mention of transport hubs - park and ride – and reference to public transport was muted. The panel wanted better consideration given to bus services and new proposals for rail.

The proposal for e-scooter provision in Lyn provided some slight amusement as two present, I was one, thought it a little daft given the problems such devices are causing around the country including, apparently, Norwich.

I also commented on improvements to islands and roads by the hospital would not have been needed if they had decided to build the new hospital south of Lynn where new housing growth will be. An argument, unfortunately, lost almost 2 years ago because those in control would not even discuss the matter. Their principal argument being the new hospital had to be built by 2030. Well, almost 2026 and not a shovel, I believe, has been put in the ground.

Tongue in cheek I also asked if any consideration had been given to catering for Sandringham's nuisances, sorry music festivals, which all but closed down Lynn a few weeks ago and caused major inconvenience to many.

Anyone for Padel Tennis? A member of cabinet appears enthused by the idea of establishing it across West Norfolk. A planning application has, serendipitously, been received for courts in Heacham. Not having a clue about it I used Google and found many references to nuisance caused by the game. It is, apparently, very noisy and is causing complaints to councils up and down the country. The best solution proposed is to place courts in a large, well-insulated shed far from anyone who is not deaf (a little exaggerated but feel free to Google (other search engines are available yourselves).

Heacham car parking charges escalated in spring and the winter season of no charges ended too. Residents complained, it made the papers. A small concession was, apparently, won but has not happened. At the time of writing, repeated calls for the Cabinet Member for parking to meet with Heacham Parish Council have been ignored. Emails from the resident leading on the concession have not been answered. Anyone with an interest and energy please message the Borough with your displeasure.

Terry Parish
Ward Cllr for Heacham,
Sedgeford & Fring



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Heacham at Night

by Terry Parish

BRITISH SUMMERTIME ENDS

CLOCKS GO BACK BY 1 HOUR



Fall back (but not immediately). The 26th at 2am precisely is the end of British Summer Time. So, when your body clock wakes you up at 7am, it is 6am. Mornings will appear a tad darker, early evening, lighter. All very English which is why the Scots don't like it.

GMT MEANING

The prime (Greenwich) meridian



Greenwich Mean Time

The historical zero degree longitude through Greenwich, Internet

From the 26th the time standard is Greenwich Mean Time which is the same as Universal Time. Greenwich was the chosen meridian, 0 degrees longitude. Navigators could calculate their actual longitude by comparing local noon with noon at Greenwich as displayed by accurate clocks on board ship. Every 15 degrees of longitude is equivalent to an hour change in time. So, if your personal noon occurs one hour after noon at Greenwich you are 15 degrees west of Greenwich.



Long distance travellers will know that clock time is different at your destination, Internet.

These time zones, delineated by every 15 degrees of movement, led to Universal Time. Both Greenwich Mean Time and a Universal Day of 24 hours beginning at Greenwich midnight were advocated by a Scottish Canadian Engineer, Sandford Fleming (1827-1915) who seems to have built Canada or, at least, its stamps, significant railways, and maps. GMT and the Universal Day were accepted by the International Meridian Conference of 1884. His notion of time zones took longer and it was 1929 before most major countries accepted them.





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In the Second World War, British Double Summer Time was introduced to increase productivity and save energy. Perhaps today's government could be told though it would mean Scotland gets dawn around 10am.

What to see at night?

Saturn is up all night, setting at 5am. It has a small positive magnitude, 0.7, so is dim and telescopes will reveal almost edge on rings, so no classic image. Look ESE from 7pm, SE at 8pm and due S at 11pm. It is in the lower half of the sky, rising along an arc as it gets later. On the 5th, the Moon is close, just below and to the right of the ringed planet. The next night, the Moon will be above and to the left.

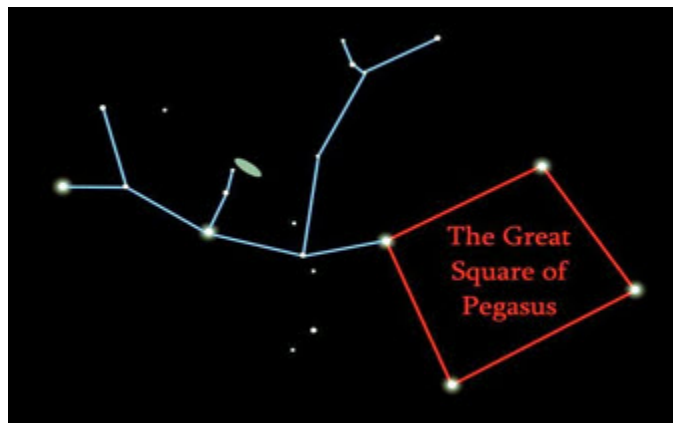
Neptune, the most distant planet, is just a couple of finger widths (at arm's length) to the left of Saturn and a little lower. It is very dim, magnitude +7.7, and you will need a telescope to see it as a greenish hazy, dot swimming in space.

Uranus is just bright enough for binoculars to pick it out. It is just below and to the right of the Pleiades, a star cluster relatively easy to see and find in the E to SE as the night gets later.

All the planets above are visible all night and, more importantly certainly visible by 10pm.

Giant Jupiter is not quite so amenable and, though it rises in the E at 11pm, midnight until about 4am will give the best views. At magnitude minus 2.2, you won't mistake it. Look due E at midnight. On the 14th, at 2am, the Moon is just to the left and a little above.

Venus, magnitude minus 3.9, outshines Jupiter when it rises at 5.30am. Look due E but don't use optical instruments as the Sun will be rising too.



Find the Great Square above Saturn. Andromeda, M25, is the fuzzy grey ellipse in the middle of the blue V. Internet.

It should be dark earlier enough to admire stars. Look above Saturn and find the Square of Pegasus, an asterism (pattern) which forms part of that constellation. The four stars starting at top left and going clockwise are Alpheratz, Scheat, Markab and Algenib. Arabic names because Arabs were the great early astronomers. All of them have apparent magnitudes between 2.06 and 2.84.

Apparent magnitude is how bright they look to us. However, the brightest, Alpheratz, is just 97 light years away whilst the dimmest, Algenib, is 470 light years distant so it is very much the brighter star in reality. True brightness is called Absolute Magnitude.

Both Alpheratz and Algenib are binaries; Scheat is a giant variable and Markab has an atmosphere with unusually high proportions of mercury and manganese and rotates very rapidly. Four stars which do not look unusual but which demonstrate the variability stellar objects have.



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The Andromeda Galaxy, 2.5 million light years away, is the furthest object discernible by good eyes in a dark sky. It is well placed to observe through big binoculars. Go left and up from the top left corner of the Square of Pegasus. The bright star you come to is Mirach, go up and right a tad, look for a fuzzy patch. Twice as many stars as the Milky Way but having the same mass. Theorists say that's because the Milky Way has more dark energy which I think is a myth that earns research grants. Fast forward 4 billion years and the two galaxies will merge.



Another way of locating Andromeda. Alpheratz is the top left corner of the Great Square of Pegasus. Mirach is the bright star to its left, Schedar is a star in the easily identified W of Cassiopeia. Internet

Meteors! 8th October, just before dawn, look for fireballs from the Draconid meteor shower. The night of 21st / 22nd the Orionids appear in a night without any moonlight. These are particles of dust from Halley's comet burning up in the upper atmosphere.

Darker skies despite BST ending, a few planets not too late at night and some stars to contemplate. Meteors will be a bonus.

Terry Parish

Art Exhibition supporting Hunstanton Stroke Group

Six painters, a printmaker and a photographer are holding an exhibition at Thornham Village Hall on October 4th and 5th from 10am to 4pm in support of the Hunstanton Stroke Group. A selection of work by stroke survivors is also on display.

The stroke group meet weekly and once a month participate in art classes where they have the freedom to explore their creativity.

A variety of work has been produced by artists Kay Bolton, Jane Brun, Jillian Ilett, Barbara King, Keith Powell and Julie Witt, and by printmaker Liz Hawkins and photographer Jo Halpin Jones.

Jo Jones



Left: Hunstanton Beach by Jo Halpin Jones



Right: November Light by Keith Powell



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HEACHAM F.C.



The Club currently runs 3 teams and they are as follows:-

1ST TEAM (playing in The Thurlow Nunn Premier Division).

Unfortunately our involvement in the Isuzu F.A. Vase came to an end with a 2 nil home defeat against Ely City. The draws have been made for the other cup competitions that have been entered, home to Gt Yarmouth Town in the Norfolk Senior Cup and away to Fakenham Town in the League Challenge Cup. In the league the team is currently in bottom position after 6 league games, with only 1 point to show for their efforts. The team has had to cope with injuries and unavailability of players in the past month but that first win of the season is only just around the corner.

Results have been as follows:-

F A Vase - **home** v Ely City lost 0-2
League - **home** v Thetford Town lost 2-6
League - away v Cornard United lost 0-2
League - **home** v Woodbridge Town lost 1-3

Forthcoming fixtures:-

League - Tuesday 16th Sept away v Ely City k.o. 7.45pm
League - Saturday 20th Sept home v Gt Yarmouth Town k.o. 3pm
League - Saturday 27th Sept away v Haverhill Rovers k.o. 3pm
League - Saturday 4th Oct home v Ipswich Wanderers k.o. 3pm
Norfolk Senior Cup - Tuesday 7th Oct home v Gt Yarmouth Town k.o. 7.45pm *TBC
League - Saturday 11th Oct away v Mulbarton Wanderers k.o. 3pm
League - Saturday 18th Oct home v Cornard United k.o. 3pm
League Cup - Tuesday 21st Oct away v Fakenham Town k.o. 7.45pm
League - Saturday 25th Oct away v Stowmarket Town k.o. 3pm
League - Saturday 1st Nov home v Lakenheath k.o. 3pm

RESERVE TEAM (playing in The Fosters Solicitors Anglian Combination Div 3 North).

Since the last report the Reserves have only been in action for a couple of games, which unfortunately both ended in defeat.

The recent results being:-

League - Home v North Walsham Town Res - lost 2-5
Cyril Ballyn Cup 1st round - Away v KLSC - lost 2-3

Forthcoming fixtures:-

Norfolk Junior Cup 1st round - Saturday 20th Sept away v SWFC Lingwood k.o. 2.30pm
League - Saturday 27th Sept home v Attleborough Town Res k.o.2.15pm
League - Saturday 4th Oct away v Swaffham Town Res k.o. 2.15pm

U18s TEAM (playing in The Thurlow Nunn Youth Football League – West Division).

The team were victorious in their very first F.A. Youth Cup match, away at Soham Town Rangers U18, winning 3-1 and now have a home tie in the next round v Bury Town. The league season has now started and the team have played 3 games with 1 win, 1 draw and 1 defeat so far.

The recent results being:-

League - **home** v Holbeach United U18 drew 1-1
League - **home** v Ely City U18 won 5-1
F.A. Youth Cup - away v Soham Town Rangers U18 won 3-1
League - **home** v St Ives Town U18 lost 0-2

Forthcoming fixtures:-

F.A. Youth Cup - Thursday 18th Sept home v Bury Town k.o. 7.45pm
League - Thursday 25th Sept home v Deeping Rangers FC U18 k.o. 7.45pm



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League - Thursday 2nd Oct away v Whittlesey Athletic U18 k.o. 7.45pm

League - Thursday 9th Oct home v Spalding United Youth U18 Yellow k.o. 7.45pm

League - Tuesday 14th Oct away v Wisbech St Mary U18 k.o. 7.45pm

League - Thursday 23rd Oct home v Wisbech St Mary U18 k.o. 7.45pm

League - Tuesday 28th Oct away v Spalding United Youth U18 Yellow k.o. 7.45pm

Note: This season home games have been moved from a Tuesday night to Thursday nights.

Admission Prices for 2025/26 Season

1st Team - Adults £9, Concessions £6, U16s £1

Reserves - Free entry to all games

U18s - Adults £4, Concessions £2, U16s £1

FORTHCOMING EVENT

****QUIZ NIGHT - SATURDAY 18th OCTOBER - HOSTED BY QUIZ MASTER "DUDS"*****

The Football Club will be holding its first quiz night, after the home match v Cornard United, in the Sports & Social Club.

Start time : 6.30pm

Team : 4 players

Cost : £10 per team

There will be 7 rounds of questions (between 10/15 questions per round), which will include questions on Film, Music, Sport, History, True or False etc.

We will also be running a Football Team Card at £2 a go, with the winner taking away a massive £100.

Everyone is welcome.



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1st Prize : £50 (donated by the Heacham F C Supporters Club)

2nd Prize : To be donated by Quiz Master "DUDS"

3rd Prize : To be donated by Quiz Master "DUDS"

Booby Prize : To be donated by Quiz Master "DUDS"

****URGENT** - Volunteers still Wanted**

We are still looking for help on match days for this season. If you can spare a few hours a week we would love to hear from you. You'll find it's a great friendly atmosphere and we would love you to join the "Heacham Family". If you are interested then please contact Michael Parish on 07707556474 or email him: MLPARISH1980@gmail.com

Sponsorship / Advertising

The Football Club can offer various forms of sponsorship including player sponsorship, match day and advertising (programme and boards). If you are interested in getting involved with the Club for this season, then please contact the club for further information of the packages available by email:- Hfcadmin@btinternet.com

Pin Badges

The Official Heacham F.C. pin badge (£3 each) and the Anglian Combination Premier Champions 2021/22 pin badge (now reduced to £2 each) can be purchased on match days but they are also available from behind the bar at The Heacham Sports & Social Club.

Match Day Programmes

Did you miss collecting any programmes ? There are a limited number of programmes still available from the past few seasons. Please get in touch (email address shown below) with any requirements you have and I will check our stock.

The 2025 "50/50 Club"

September winners:-

1st prize £55 - No. 35 Angela Watson

2nd prize £25 - No.120 Robert Bradbeer

The October draw will take place on Saturday 4th October after the home game v Ipswich Wanderers, in the Sports & Social Club.

The monthly prizes will be as follows:-

January - November (inc) there will be 2 cash prizes per month - £55 & £25.

December, there will be 3 cash prizes - £75, £40 & £25.

(Total prize money this year = £1,020)

All winners will be announced in future editions of the Newsletter.

Supporters Club News

Membership for this season has now reached 234 and the facebook followers is now over 950. This is fantastic news and certainly will allow the Supporters Club to continue supporting Heacham F.C.

The September winner of the monthly draw for the cash prize of £15 was:-

Membership No.40 - LINDA CAWTHORNE

The October winner will be announced in the next issue of the Newsletter.

"SUPPORTERS CLUB MEMBERS FREE DRINK DAY"

Date: Saturday 18th October at home match v Cornard United

All Supporters Club members can claim a free drink (tea, coffee, hot chocolate, bovril, soup or a soft drink) or a discount of £1.50 on an alcoholic drink (subject to availability).

Members can claim their "free drink" voucher upon presentation of their SC Membership card (in person) on the day from Denis Cooper, who will be located in his usual spot at the front of the Pavilion - just look for the Supporters Club Flag.

There will also be a “free raffle” for all Supporters Club members, with 5 prizes up for grabs, including 2 x £10 cash prizes, which have been kindly donated by Brancaster Oysters (thank you to Cyril Southerland).

However, if you are not a current member of the Supporters Club you can still renew/join on the day (before half time) and still claim your “free drink voucher” and be entered into the “free raffle” being drawn at half time. The cost of joining the SC is still only £5 and there are many other benefits (full details listed below).

Note: Free Drink Vouchers will only be valid for this game.

Membership details

Supporters Club Membership for the 2025/26 season is now available.

Cost : £5 for the season (price held for the 6th consecutive season).

What's included in the Membership:-

- Your membership number will be entered into 2 “free prize” draws, Christmas and end of season, with at least 10 prizes up for grabs.
- Your membership number will be entered into 8 monthly draws with the chance of winning £15 cash. (This will run from September 2025 until April 2026).
- Only members of the Supporters Club will be entitled to cast their vote(s) for Player(s) of the Year at the end of the season (sorry but no membership = no vote).

Also Members can benefit from the following discounts from local businesses:-

- Claim a free tea or a standard coffee when ordering either a small, medium or large breakfast at the Halt Cafe, South Beach, Heacham.
- 5% discount on colour mix paint at Owen’s DIY, Hunstanton.
- Get 3 cylinder keys for £12 at Owen’s DIY, Hunstanton
- 10% discount at Flames Kebab & Fish Bar, Station Road, Heacham (on collection orders only).
- 10% off a full case of beer or 5% off a half case from Jennings Stores, South Beach Road, Heacham.

Note:- To take advantage of these offers a valid current membership card must be shown.

“GOALS/GOALS/GOALS” COMPETITION

61 groups were sold and prize money will be as follows:-

- 1st Prize £175
- 2nd Prize £85
- 3rd Prize £40
- Last Place £10

Current Leader Board (at time of going to press):-

- 48 - Jytte Halsey, Joseph Bailey & Andy Cockayne
- 47 - Chrissy Gwilliam & Helen Wright
- 46 - Andrew Wood, Paul Dawson & Jason Simkin
- 45 - James Fenn, Bryan Newell & Jackie Beevers
- 44 - Maureen Cooper & John Abbott

In the event of a tie, the winner will be decided by who has the best individual highest scoring team in their group.

A monthly update will be listed on the Supporters Facebook page showing the leader board and a full list will be published every few months.

Payment:

For Membership this can be either cash or bank transfer (details to be sent by facebook messenger or email).

Alternatively come to any home match and come and see me if you wish to renew/join or need any further information about joining the Supporters Club.

If you require any further information on any of the matters mentioned, then please contact me on the email address shown below. You can also keep up to date with all the latest news, fixtures etc on our Facebook page:- Heacham F.C. Supporters Club.

“COME ON HEACHAM”

Denis Cooper
Chairman/Secretary
Heacham F C Supporters Club
Email: deniscooper06@aol.com

SNETTISHAM GARDENING CLUB



By the time you read this the memories of the Village Summer Fayre will be fading - it was very successful and our plant stall made £130 to send to E.A.C.H., so our thanks to all who contributed plants, helped on the day and bought our plants. Thank you.

At our August meeting we had an interesting talk by Sally Bate from the Norfolk Gardens Trust explaining the Trust's work in trying to establish how many properties in Norfolk benefited from the expertise of Capability Brown. Our September meeting was a produce show by members followed by an auction of the entries and a share a plate for refreshments.

Our meeting in the Memorial Hall, Old Church Road on 29th October will be to welcome Martin Shone who will speak about the life cycle of Willow and give a Weaving Demonstration.

Our final meeting for 2025 will be the annual Hog Roast on 26th November. There is a charge for this and as always visitors and guests are welcome to join us. Reservation and payment is required for this evening by, at the latest, Friday 21st November.

For any further information please call Gail on 01485 541279 or Addie on 01485 544754.

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Sinbad's Stupendous Adventures

The Pantomime script has been read! Auditions have taken place! and here we go again Rehearsals are on Tuesday evenings from 7pm - 9.30pm until January 2026 in Heacham Public Hall. If you would like to join The Pocahontas Players and are aged 16 or over, please pop along and see what we are all about.

The group are always in need of Set designers, Prop builders, Stage Crew etc.

DATES for your DIARIES:

January - All day Sunday 25th - Full Dress Rehearsal (for cast and Crew).

Performances: Thurs 29th 7.30pm

Fri 30th 7.30pm

Sat 2pm and 7.30pm

Ticket Box Office numbers to follow.

Thank you.

Janice

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**Address: 56 Peddars Way North,
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Norfolk PE36 5JP**

Heacham Photo Exhibition – Old Friends Hall

Heacham saw the photo exhibition return to the Old Friends Hall after a long rest. We had over 100 photos from local photographers and over 150 people turned up to have a look at what was on show. Many asked if it was going to be a regular show each year.

It was a free entry but we did ask for a donation which we raised £140 and that was given to Scallywags Parent, Baby & Toddlers Group.

We have attached the top four photos and you can see the top ten on display at the Heacham library throughout October.

Thank you to the Parish Council for letting us use the hall, and thanks go to all who helped to make it happen. Also to all the people who came to have a look.

Rob Topliss



Photo 3: Rob Topliss

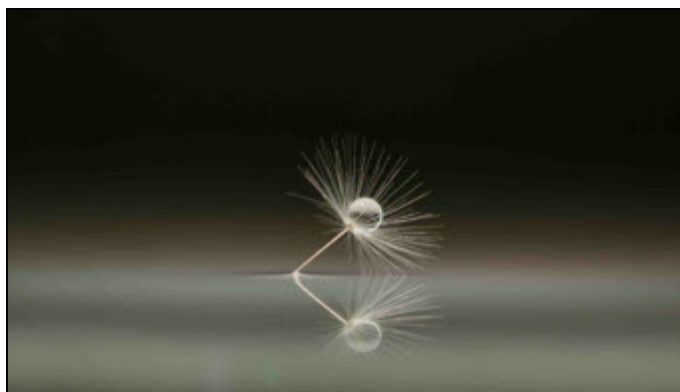


Photo 1: Graham Marshall



Photo 2: Pete Sorrell



Photo 4: Tom Burman

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General Heating & Plumbing

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Tel: 07786365139

Email: gib.son@hotmail.co.uk

WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

Heacham Table Tennis Club 9.15 - 11.15 Friendly table tennis session. tel 01485 570447 (top room PH)

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

CHAT Club 2nd Monday of the month 10am – 12noon Snettisham Memorial Hall

Hunstanton Community Cafe 10am – 1pm Community Hub, Hunstanton Town Hall

Coffee, Cakes and Chat 10am - noon Anmer Social club. All welcome.

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Fitness Pilates 10.45 am Contact Jaime (see Fitsteps 09.45)

Norfolk & Waveney Mind - Rest in the Community Hub 11.30am - 1.00pm - Ladies group. A mental health group focusing on women, which gives the women who attend the group a chance to talk openly in a female only environment. Neville Court Community Room, Neville Road, PE31 7SP. tel 0300 330 5488

Seated Fitness 12.00 noon Contact Jaime (see Fitsteps 09.45)

Lean & Strong Seniors 2pm Ingoldisthorpe. Conact Jaime (see Fitsteps 09.45)

Heacham Wives Group – 2nd Monday of most months 2pm at Cunningham Court Community Hall. New members always welcome.

Heachamites Recollections Group 1st Monday monthly, 2-4pm at Heacham Library. Attendance is free. (SM)

Norfolk & Waveney Mind - Rest in the Community Hub Coffee and Craft group 2 - 3 pm. Bring your own craft projects and enjoy a drink and a chat whilst working. Neville Court Community Room, Neville Road, PE31 7SP. tel 0300 330 5488

Monday Craft Club 2- 4pm (except Bank Holidays) Mixed hand crafts. Please telephone Carole on 01485 572263 with any enquiries. (PRH)

Snettisham Monday Sequence Tea Dance Club 2 pm to 4.30 pm.at Snettisham Memorial Hall. £3 for members, £3.50 for visitors. Please contact Chairman Richard Jessop on 07821 332090 or email richardjessop7@gmail.com for more details.

Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

Strength & Balance Class 4.40pm Hunstanton Conservative Club..

Fitsteps 5.15pm at Ingoldisthorpe. To book: Contact Jaime 07765433100 or jaimefitsteps@gmail.com

Lift Lean 6pm as Fitsteps above.

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Line Dancing 6.30– 8.30pm Hunstanton Community Centre. £5.00. Tel: Louise on 07722124941.

Fitness Pilates 6.50pm, as Fitsteps above.

Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details

Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Heacham In Bloom 3rd Monday Monthly 7pm (OFH)

Hunstanton Voices 7.00pm every Monday, The Way Christian Fellowship Church Hall, Downs Close, Hunstanton. First week free, no singing experience required. For more information contact noelenewd@yahoo.co.uk or ring 07709 986046.

Watlington Jazz Club 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

Cash Bingo 8pm United Services Club, Homefields Road, Hunstanton

PRINCESS THEATRE, HUNSTANTON OCTOBER '25 BILLBOARD OF SHOWS						
						
3rd Oct	5th Oct	8th Oct	10th Oct	11th Oct	12th Oct	
						
14th Oct	16th Oct	17th Oct	18th Oct	19th Oct	23rd Oct	
						
24th Oct	25th Oct	26th Oct	29th Oct			
Panto this Christmas Book Now or visit our website BOX OFFICE: 01485 532252 WWW.PRINCESSHUNSTANTON.CO.UK						

Hunstanton Conservative Club

24 High Street, Hunstanton
PE36 5AF
Tel: 01485 532462

The Club is open Monday to Saturday 10am-11pm
except music and quiz nights.
Sunday 11am-11pm



Meals served from Monday to Saturday 12 noon until 2.00pm.
A selection of special meals available each day.
Sundays – 2 course Roast Lunch

Events for October

The club will be open later on entertainment evenings.

Sat 4th Oct: Quiz Night
Mon 6th Oct: 10.00am – Coffee & Brandy
Sat 18th Oct: The Haley Brothers Duo
Wed 29th Oct: Fakenham Races

Regular Events

The U3A Spanish class meets every second Monday morning.
Yoga for U3A members on Wednesdays, Thursdays & Fridays.
The U3A Chess Group on Wednesday mornings at 10am.

Mondays: Strength and Balance Class – 4.30pm
Wednesdays: Scrabble 10.00am. Whist Drive 7.00pm
Fridays: Lunchtime Raffle drawn at 1.00pm

NIA (non-impact Aerobics) 12.30pm
Saturdays: 'Open the Box' draw at 1.00pm
Cash Bingo – Tuesdays and Fridays. Eyes down 7.30pm

www.hunstantonconservativeclub.co.uk

TUESDAYS

Garden Circuits 09.15 am Rudham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Hunstanton Indoor Market 10am - 2pm (4pm July - mid-September) at Hunstanton Town Hall.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)

Gentle Pilates and Exercise Class (seated) 10.15am and 11.15am Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Sweaty Mums 10.30 am Rudham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Coastal Stroke & Support Group 10.30am – 12.30pm at Hunstanton Methodist Church Austin St

Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485 532280

Norfolk and Waveney Mind Coffee, Catchup and Crafts 11am - 12.30pm Anmer Social Club. Join us for coffee and bring projects to complete alongside others. Tel 0300 330 5488

Friendship Lunches 1st Tuesday of each month. 12.30 pm Two-course meal £7. To book call Shirley on 01485 540644 at Dersingham Village Centre

Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

Cafe for the Bereaved 2pm Fortnightly Hunstanton Library. 01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library
Social 50/50 Dance 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

Norfolk & Waveney Mind Mens Recovery Group 2 - 3.30pm Anmer Social Club. A chance for men to come together and chat with each other or with a mental health recovery worker. Tel 0300 330 5488
Jive Classes 2.15 - 3.45 inc tea/coffee. Contact Val 07789 957071 or info@takeitheleadance.co.uk (PH)

The Fellowship 2.45pm fourth Tuesday of the month (MC)

Garden Circuits 6.30 pm Rudham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Pilates (mat) 5pm and 6.15pm Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Norfolk & Waveney Mind After Work Social Group 5 - 6.30pm Anmer Social Club. A chance to socialise with others and /or talk to a recovery worker for mental health support. Tel 0300 330 5488

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC)Playing Fields

Norsemans Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3 at Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

Fire Cadets at Hunstanton Fire Station 6.30 – 8.30 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919492236

Brass Band Practice 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

Parish Council Mtg 3rd Tuesday monthly 7pm (OFH)

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

Poker Games (friendly) 7:30pm United Services Club 11am – 12 noon Hunstanton Library

Cash Bingo 7.30pm Hunstanton Conservative Club

Village Cinema last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

WEDNESDAYS

Car Boot 7 am sellers, 8am public Heacham Sports Field. £6/pitch
Walkfit 9.00am Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Docking Market 9am-1pm in The Ripper Hall Local Produce, Craft and Gift Stalls Tel: 576233

Sallywags Parent, Baby & Toddler Group term time 9.30 – 11 am £3 Tel: Jo 07395 077622 (SG)

Baby and Toddler Group 9.30 - 11.00 Methodist Church, Austin St, Hunstanton. Call Rosie on 07963 181573 for more info.

Stability Ball 9.45am Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

British Red Cross with Trussell Drop In 10am - noon (last Wednesday of the month) at Heacham Parish Library. email annesipple@redcross.org.uk

Family History One to One 10 - 11am Hunstanton Library 01485 532280

Scrabble 10am Hunstanton Conservative Club.

Seated Tai Chi 10.30 – 11.30 first and third Wednesdays of the month. Contact Allan on 07960229726 for more information. Wheelchair accessible. (PH)

The Old Schoolgirl Friends of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am (MC)

Just a cuppa 11am Hunstanton Library 01485 532280

Carvery Lunch from 12noon - 2pm at United Services Club. One course for £7.95, two for £9.95, To book - 07901 524778

Walkfit 1.30pm Heacham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Trefoil Guild 2 - 4pm 1st Wednesday of the month For info please ring Judith on 01485 571311. (NC)

Job Support 2 – 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Tea Dance 2 – 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Flow 2.15pm pm Heacham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Fitsteps 6.00pm Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Tai Chi & Kung Fu 6–7.15pm - Childrens Kung Fu 7.15–8.15pm - Adult Tai Chi 8.15–9.30pm - Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm–7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

Hatha Yoga 6.30 – 7.30pm. Ring Bridget on 07477 335155 or just come along with your own yoga mat. (OFH)

Fitness Pilates 6.45pm Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Whist 7pm Hunstanton Conservative Club

Heavenly Honeys of Heacham 7pm 1st Wednesday of the month. For more info contact tracryaby61@gmail.com (HSC)

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 or 07900 320612 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Snettisham Gardening Club last Wednesday of the month 7:30 – 8:30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Pop-Up Coffee Shop 10am – 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Coffee Morning 10am - 12noon (monthly on the 3rd Thursday) at The Salvation Army, Alma Road, Snettisham. All welcome.

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Dementia Cafe first Thursday of the month 10.30 - 12.30 Heacham Social Club. More info from West Norfolk Carers 01533 768155 or westnorfolkcarers.org.uk

Norfolk & Waveney Mind - Rest in the Community Hub 10am - 3pm Lunch Club Plus . For over 50s with mild to moderate physical and/or mental health diagnoses. Hot dinner and pudding provided. Activities such as dominoes, Bingo and carpet bowls. There is a charge for this group and pre-booking required. Tel 0300 330 5488. Neville Court Community Room , Neville Rd, Heacham.

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 – 11.15am Dersingham Village Centre. Details as on Mondays.

Oddfellows Get Together 11am, third Thursday of the month at Thaxters Coffee Shop, Dersingham. For further details please contact Alison or Jonathan on 07564 834292 or email alison.schultz@oddfellows.co.uk

Noah's Ark Toddler Group 1.30 - 3pm term time, £3/family. Tel: Marianne Baguley 07880364326. (MC)

Craft Club 2nd Thursday of the month, 2pm - 4pm at The Salvation Army, Alma Road, Snettisham. Bring your own project if you like.

Craft and Knit and Natter 2 – 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Knit and Natter 2pm at Pine Residents Hall. Call Pat Toppin 01485 779208

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Tea Dance 2 - 4.30pmevery week. Old time line dancing and sequence at the Public Hall. Call George 01775 670294



Hunstanton United Services Club

Entertainment for October 2025

**OPEN ALL DAY EVERYDAY 11am
ALL WELCOME**

Please note that non-member entrance fee for Friday Night Specials and Saturday Night is £5pp.

SAT 4th	HI DEFINITION BAND. 60s. 8.30pm
SUN 5th	FIND THE JOKER DRAW. GREAT CASH PRIZES £1 a ticket. Drawn at 2.30pm. KARAOKE 8pm.
SAT 11th	CHARLOTTE SAYER. GREAT VOCALIST. All eras. 8.30pm.
SUN 12th	FIND THE JOKER DRAW. GREAT CASH PRIZES. £1 a ticket. Drawn at 2.30pm. KARAOKE 8pm.
FRI 17th	QUIZ NIGHT. First Prize £50. Teams up to 4 persons. £3pp. 8pm
SAT 18th	JUST US DUO. FUN & DANCING. 8.30pm.
SUN 19th	FIND THE JOKER DRAW. GREAT CASH PRIZES. £1 a ticket. Drawn at 2.30pm. KARAOKE 8pm.
SAT 25th	DR PHIL MOTOWN & SOUL MAN. 8.30pm.
SUN 26th	FIND THE JOKER DRAW. GREAT CASH PRIZES. £1 a ticket. Drawn at 2.30pm. KARAOKE 8pm.
FRI 31st	PAGAN (Shane Gould). LIVELY PERFORMANCE OF R&R + MORE. 8.30pm.

CASH PRIZE BINGO - EVERY MONDAY & THURSDAY EVENING. EYES DOWN 8pm

POKER NIGHTS – EVERY TUESDAY FRIENDLY and THURSDAY LEAGUE 7pm

SNOOKER ROOM with 3 x FULL MATCH SIZE TABLES

POOL TABLE & DARTS

LARGE BEER GARDEN

UPSTAIRS FUNCTION ROOM FOR HIRE

YEARLY MEMBERSHIP TO CLUB

£14pp. OAPs £10.

This gives you free access to all Club facilities and live music events apart from NYEve.

**WE ARE ONE OF THE CHEAPEST PLACES IN TOWN
TO BUY A DRINK**

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

Judo 6 - 7.15pm 3 - 6 year olds; 6 - 7.15pm Beginners 6 years old and Low grade Juniors ; 7pm-9pm Higher grade Juniors and Seniors (16+). £2 per class (first one free) Shirley Tucker 01485 571614 or Facebook (PH)

Hunstanton Bridge Club Duplicate Bridge 6.15pm for 6.30 pm until 9.45pm approx.. All year round at Old Hunstanton Village Hall. Contact bridgehunstanton@gmail.com

Ballroom, Latin and Jive Classes at Dersingham Village Hall. 6.30 Jive, 7.30 Ballroom & Latin beginners, 8.30 beyond beginners. Contact Val on 07789 957071 or www.taketheleadance.co.uk

1st Heacham Cubs ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Jemma 07962 611122 (SG)

St Mary's Snettisham, Thursday Suppers - 7pm at Park Farm Visitor's Centre - a good meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Hunstanton Army Cadets 7 - 9.30pm Hunstanton Community Centre Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

Slow FlowYoga 7 - 8 pm Dersingham Village Centre. Contact Kyra on 07968 354431

Hunstanton and District Camera Club 7.30pm, first and third Thursday of the months September to May. Common Room, Orchard Close, Dersingham.

Snooker League 7.30pm Hunstanton Conservative Club

RAO Buffaloes 7.30pm (HSC Top Room)

Poker Games (league) 7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Quiz Night Cash Prizes 9pm at Fox & Hounds

Wolf Folk Club 8pm fortnightly from **11th September** at Fritcham Social Club. Free. Singaround of a wide variety of acoustic music. More info on their Facebook page - The Wolf Club.

FRIDAYS

Crafty Crowd second Friday of the month 10am - 12 noon at Heacham Methodist Church. Bring your own craft. For info contact Marianne on 07880 364326

Friendship Group 10.30 am - 12 noon at Hunstanton Community Centre. Come for a cuppa & a chat & to meet new people. Julie - 07927 467984, Sue - 07891 506912

Wool Crafts 11 am Hunstanton Library 01485 532280

Lunch from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

St Mary's Snettisham, Friday Lunches - 12:30pm at Snettisham Church Hall, 100 Station Rd - a light meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Raffle 1pm Hunstanton Conservative Club

Hunstanton Bridge Club Supervised Bridge 1.15pm for 1.30 pm until 4.45pm approx.. September to end of June at Old Hunstanton Village Hall. Contact bridgehunstanton@gmail.com

Heavenly Honeys of Heacham 2pm 1st Friday of the month. For more info contact tracryaby61@gmail.com (HSC)

Sequence Dance Group 2 - 4pm Alternate Fridays £2.50 -45 mins. Info from Elizabeth Jarred 07709 287318 or elizabethjarreddance@gmail.com (PRH)

Football 5 - 6.30pm Under 10's 'Minors' on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norseman's Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Hunstanton Tang Soo Do Club 6.30 - 8.30pm Korean martial arts of self defence mixed club all ages at Smithdon School.

Cash Bingo 7pm (PH)

Cash Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Stepping Out Tea Dance last Friday monthly. £5 for members, £7.50 for non-members, inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

SATURDAYS

Sandringham Royal Parkrun 8.45 for 9am. First Timers briefing at 8.50am. Start and finish on the vista near children's play area. Car parking for parkrun is free until 11:00 am. To volunteer or for further information contact: sandringham@parkrun.com

Hunstanton Promenade Parkrun 8.55 for 9am. 5km run, jog or walk. Meet at Hunstanton Sailing Club, North Promenade, Hunstanton PE36 6GB

Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Coffee Morning first Saturday of the month, 10am. Pine Residents Hall. £1. There is a raffle.

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Raffle with 'Open The Box' 1pm Hunstanton Conservative Club.

Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattsington.com

Sequence Dance Group 2 - 4pm Saturdays unless hall previously booked £2.50 -45 mins. Info from Elizabeth Jarred 07709 287318 or elizabethjarreddance@gmail.com (PRH)

West Norfolk Tai Chi Chuan -weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch Carvery from 12noon - 2pm at United Services Club. To book - 07901 524778

Sunday Lunch from 12noon - 2pm at Hunstanton Conservative club. Two courses £8.95, please book.

BARN DANCE & HOT SUPPER
Saturday October 25th
6:30pm (Supper served at 7pm)
Dersingham Village Centre
with
WHIRLIGIG
Norfolk's Premier Ceilidh Band
Adults - £18
Under 16s - £10
Tickets from Dersingham News
or call 01485 540271/07943 499786
NO ON-THE-DOOR ADMISSION
(Numbers are limited for your safety and enjoyment.)
Main Course - Sausage Bake & Jacket Potato.
Vegan option will be available; call the number above to pre-order and/or discuss any dietary requirements.
LICENSED BAR 50/50 CASH RAFFLE
IN AID OF NEW SPORTS PAVILLION
Dersingham Village Centre Association
Registered Charity No 1178462
www.dersinghamvillagecentre.org.uk

VILLAGE CINEMA
at **Dersingham Village Centre**
Presents on
Tuesday October 28th at 7:30pm

THE PENGUIN LESSONS (12A)
Starring: Steve Coogan, Jonathan Pryce

During the 1976 coup in Argentina, an English teacher rescues a penguin and brings it to his school. His life begins to change when the bird's presence starts to have a positive effect on the school.

Entry £6 Under 16s £3
Entry includes tea/coffee/squash
Wine, Beer & Cider
available from the Bar

 
Dersingham Village Cinema is managed by
Dersingham Village Centre Association
Charity No 1178462
Supported by Creative Arts East

OTHER EVENTS.

October

October Events at Anmer Social Club

For info see www.anmerclub.com, facebook.com/AnmerSocialClub or email enquiries@anmerclub.co.uk

Club open 30 mins before event start time.

Monday 6th 7.30pm Bingo Night. £6,50 book of 10 cards, £1.50 a 'Flyer Card', £2 'Cash Accumulator'.

Friday 12th 7.30pm Film, 'The Salt Path'. £5 on the door

Monday 13th 10am- noon Coffee Morning. Info from lee.suckling78@outlook.com or 07899 872531

Monday 27th 10am - noon Coffee Morning.

Friday 24th 7.30pm Quiz Night. £3/person.

October Music in the Burnhams

For more info go to musicintheburnhams.com or ring 07989 177079.

Friday 24th 7pm Burnham Overy Village Hall Julian Godlee (bass) and Brenda Blewett (piano). £20

Saturday 25th Burnham Thorpe Church, The Nelson Shantymen. £20, u18s free

Throughout October at Heacham Parish Library, an exhibition 'Favourites of the Summer Photo Exhibition'.

Thursday 2nd October 2pm The Reading Room Stanhoe, Stanhoe and Barwick WI. Talk by Carol Marsden 'Carol's Capers -Adventuring for charity'. For more details contact stanhoenadbarwickwi@gmail.com

Friday 3rd October, 7.30pm (doors open 6.30pm) Sedgeford Village Hall, 'Bowjangles - Classically Untamed'. Tickets £15 for adults, £7.50 for children. Book online and pay by BACS (see article in Newsletter for details), or through Ticketsource (for which there will be a small extra charge) via www.sedgefordvillagehall.co.uk.

Saturday 4th October and Sunday 5th October 10am - 4pm at Thornham Village Hall, an Art Exhibition supporting Hunstanton Stroke Group.

Sunday 12th October 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free.

Monday 13th October 2pm Sedgeford Village Hall, The Arts Society Lecture: 'George Villiers, Duke of Buckingham' by Lucy Hughes-Hallett, www.theartsocietynwnorfolk.org.uk

Saturday 25th October 8.45 am for 9.00 am Sandringham Royal Park. 5K Your Way – Move Charity For anyone affected by cancer, friends and healthcare professionals to come and walk, talk, run or simply have coffee and cake and be part of the lovely parkrun community. For further information email: sandringhamgroup@5kyourway.org

Stanhoe & Barwick WI

Stanhoe and Barwick Women's Institute is held on the first Thursday of each month at 2pm at Stanhoe Reading Rooms.

Have you ever wondered what goes on at a modern W.I? Here at Stanhoe and Barwick W.I - whether you are into crafts, cookery or even campaigning, whether you're looking for friendship, fun or fascinating speakers, we have all that and so much more.

Our next few meetings include:

October 2nd: Carol Marsden. Carol's Capers – Adventuring for charity.

November 6th: Mike Simons, Chocolatier. Maldon Handmade Chocolates.

December 4th: Juyna Lewis. Christmas Traditions.

Why not come along and see for yourself - visitors always welcome. Contact stanhoeandbarwickwi@gmail.com for more details.

Julie Parker

Tuesday 28th October 6.30pm at Dersingham Village Centre, film 'The Penguin Lessons'. Entry £6, under 16s £3.

Wednesday 29th October 10am – noon Community Coffee Morning and More, Old Friends Hall.

Wednesday 29th October 10am – noon at Heacham Parish Library, drop in session for anyone who needs a little extra help. Organised by the British Red Cross in partnership with Trussell.

Wednesday 29th October 7.30pm Memorial Hall, Old Church Rd, Snettisham. Snettisham Gardening Club. Martin Shone will talk about the life cycle of willow and give a weaving demonstration. For info call Gail on 01485 541279 or Addie on 01485 544754.

Thursday 30th October 1- 3pm Hunstanton Town Hall, a Musical Afternoon with John Harris on piano in aid of EAAA. £4. Cash only. Dinky David 07787 966000

Friday 31st October 5pm - 7pm at Heacham Parish Church, Patch the Pumpkin will be back for a 'Light Party'. There will be 'Activities & Crafts' 'Games & Songs'. All are welcome and it is free, but, to meet our safeguarding requirements please book through the Church Office. Call 01485 572539 or email office@heachamparishchurch.org.uk with your name and number of children and adults who will be attending.

November

Saturday 1st November 7pm at St Nicholas' Chapel, King's Lynn, King's Lynn Festival Chorus will perform 'I Was Glad'. £20, under 16s free. 01553 764864 or kingslynncomexchange.co.uk

Wednesday 5th November - Monday 1st December at Heacham Parish Library a Remembrance Day Exhibition. The exhibition will be based on the Far East campaign and highlight men from the local area who were there.

Thursday 6th November 2pm The Reading Room Stanhoe, Stanhoe and Barwick WI. Talk by Mike Simons, Chocolatier. Maldon Handmade Chocolates. For more details contact stanhoenadbarwickwi@gmail.com

Sunday 30th November 12 noon - 5.15pm in Hunstanton Winter Wonderland and Christmas Lights Switch On.

January 2026

Thursday 29th January, Friday 30th January at 7.30pm and **Saturday 31st January** at 2pm and 7.30pm The Pocahantas Players present a pantomime, 'Sinbad's Stupendous Adventure'.

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The concert also features choral gems including Elgar's *Benedictus*, S. S. Wesley's *Ascribe unto the Lord*, and works by Stanford, William Mathias, and contemporary composer Jonathan Dove — showcasing the enduring beauty and evolution of the English anthem from its Victorian grandeur to vibrant modern-day expressions.

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**Hunstanton Town
Council invites local
Businesses to
collaborate on 2025-26
Community Events**

Hunstanton, Norfolk – 20th August 2025 - Hunstanton Town Council's newly formed Town Events Group is excited to begin planning the town's upcoming calendar of community events, and is inviting local businesses to get involved in shaping and enhancing these much-loved occasions.

Key events on the horizon include the Winter Wonderland Christmas Lights Switch-On, taking place on Sunday 30th November 2025, and the Summer Carnival Weekend in 2026, among other seasonal celebrations.

"We're reaching out to our local business community because we believe that your insight, creativity, and participation are vital to the continued success of these events," said Julie Marziano, Secretary of the Town Events Group. "Together, we can create more enjoyable, inclusive, and vibrant experiences for residents, visitors, and businesses alike."

Winter Wonderland 2025: What's planned:

The 2025 Christmas Lights Switch-On promises to be a major highlight, scheduled from 12:00 to 5:15pm on 30th November. Planned features include:

- A main stage situated outside the Town Hall
- High Street closure for the duration of the event to host festive stalls.
- Roaming and static entertainment, live music, and festive attractions to increase footfall and dwell time
- A Best-Dressed Shop Window Competition for businesses to showcase their creativity
- Support to promote any festive initiatives or offers from local retailers

How you can get involved:

Hunstanton Town Council is inviting input on:

- How your business would like to participate in town events
- Suggestions for new activities or improvements
- Ways the Town Events Group can better support business engagement through promotion, logistics, or partnership.
- Ideas for sponsorships, themed displays, or special offers.

"Whether it's time, ideas, resources or simply feedback – every contribution makes a difference" added Marziano.

To share your ideas or discuss ways to get involved, please contact:

Julie Marziano
Secretary, HTC Town Events Group
cllr.marziano@hunstantontowncouncil.gov.uk
07745 322124

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Or, do you want to explore something that maybe recently occurred?

I'll give you some examples: I went and did a course at Esther's studio. I'd never worked with clay before. I'd not long lost my beloved dog Archibald. Esther gave me a bag of clay. Before I knew it I was modelling a whippet! Somehow I tapped into something that the clay enabled me to express.

Then along came Sue. She created a fantasy scene – a tower covered in ivy guarded by a dragon and a sneaky mouse. Tall tale?

I guess what I'm saying is there are no rules, when you are working with clay (well there are a few but it's far too boring to get into that now). Let your hands do the talking. You might be surprised at what they say. If not you'll have lots of fun along the way.

Pop into the studio at 21 High Street, Heacham to find out more. Alternatively email Esther at eb@estherboehm.com or call 01485 779691 or 07538 986235. You'll always be greeted with a warm welcome.

S J Stone

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News from Hunstanton Croquet Club

September saw the end of the many well fought internal and external competitions held throughout the croquet season and introduced a new tournament for both Association and Golf Croquet called the East Anglian Challenge Series. This was held for 1 day over each of the 3 summer months. See the club website for full tournament reports and photos www.hunstantoncroquetclub.co.uk

Thanks as always to those members who work hard to make it possible to hold so many tournaments on the fantastic lawns at Hunstanton's club.

Friendly club afternoons also proved very popular throughout the sunny weather as did the annual 'Bright Shirts Day' with worthy winner Alf looking very tropical!

Many of the new members this season have improved tremendously with the help of coaching from David Boxell and support from other players throughout this beautiful summer. Some members have taken part in the in-house competitions which is a great way to learn, improve your game and make new friends.

Introduction to croquet courses will be held again during April/May next year for potential new members so please look out for the dates if you are interested.

Zena Penty

Publicity Officer hunstantoncroquetclub.co.uk



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Heacham Commemorates VJ80 Weekend

Victory over Japan Day fell on Friday 15th August, marking 80 years since the Empire of Japan's unconditional surrender and cessation of hostilities with the Western Allies. Heacham commemorated this with the lighting of the Beacon at the top of Millennium Wood at 9.30pm coinciding with Beacons across the country being lit.

Prayers were given by Reverend Dr Richman NCube, followed by the Last Post, played by Jef Hatton, then a two minute silence before Jef played Reveille to signify the end of the silence.

Janice Curtis (nee Race) lit the Beacon, Jim Race gave a brief talk about the involvement of local men who, as part of the Royal Norfolk Regiment's Territorial Battalions, were part of the Far East Campaign against Japan and subsequently endured over 3½ years of captivity, subjected to forced manual labour on starvation rations, little or no medication for a myriad of tropical diseases and under the constant threat of beatings and torture from their Japanese captors.

The evening concluded with Lauren Matthews, Izzy Parr, Rachel Fletcher and Ryan Chilvers from the Pocahontas Players giving a haunting acapella rendition of 'Blood in the Earth', a song penned by a member of the Scottish Far East Prisoners of War group, dedicated to those who were forced to build the Thai/Burma Railway, dubbed the infamous 'Death Railway.'

Saturday the 16th August saw two performances of 'At the Going Down of the Sun', a documentary/play/musical written by Jim Race, depicting the life of his Dad, Captain Jack Race M.B.E of the 6th Battalion Royal Norfolk Regiment, along with those of fellow serving men, Captain Hugh Pilkington and Private Richard Wing also of the 6th Battalion, Lance Corporal Cyril Bix and Private Bert Grimes of the 5th Battalion Royal Norfolk Regiment and Private Horace Chilvers of the 4th Battalion Royal Norfolk Regiment.

The storyline follows Jack from the time he transferred from the 1st Battalion Royal Norfolk Regiment, on his return from 11 years overseas mainly in India, to the 5th Battalion Royal Norfolk Regiment, based around Weybourne, North Norfolk and the time training the new recruits.

Woven into the story are the respective partners of the men, who were left at home with no idea if their loved ones were still alive at the fall of Singapore on 15th February 1942, being May, Phyllis, Joice, Daisy, Rotha and Ruby respectively.

The men captured at Singapore then had to endure over 3½ years of harsh captivity at the hands of the Imperial Japanese Army (IJA), finding themselves forced to work on the infamous Thai/Burma Railway, on starvation rations making them

vulnerable to many tropical diseases as they laboured up to 18 hours a day doing heavy manual work, whilst under the constant threat of beatings and torture meted out by their sadistic captors. Saved by the use of the two atomic bombs dropped on Japan, those Far East Prisoners of War (FEPOW), who survived captivity, returned to their loved ones back in England but they were seriously under-weight, Jack himself weighing only 7 stone, and many continued to suffer from the tropical diseases contracted as well as recurring nightmares of the treatment they had suffered.

The play, narrated by Jim, was greatly received, with standing ovations to both performances, many of the audience brought to tears by the emotional portrayals of the real life characters by the following actors, Gary Pearce as Jack, Becca Whybrow as May, Peter Everingham as Hugh, Amanda Buckingham as Phyllis, Mark Collins as Richard, Izzy Parr as Joice, Kevin Partyka as Cyril, Jemma Greef as Daisy, Levvis Dallison as Bert, Rachel Fletcher as Rotha, Ryan Chilvers as his actual Great Grandad, Horace and Lauren Matthews as Ruby. A very convincing performance was given by Archie King as the Japanese soldier and also guard. Also, special mention to young Prim for her excellent portrayal of Jack and May's first born child, Joan, aged 3½ years old, at Jack's return in October 1945.

Thank you also to Barry Shaw, Stage Manager, Sandra Lester, Prompt and the Front of House team, led by Janet Race, of Janet Kendal, Val Minns and Michael Minns, along with Programme sellers Janice Curtis and Jeannie Tooley.

A big thank you to Dave Curtis up in the sound and light box, ensuring everything ran smoothly, assisted by Martyn Fuller.

As the following day's exhibition needed the hall floor to be completely cleared of all the tiered seating etc, Jim would like his thanks passed on to all those who stayed after the last performance to help this come about.

The 'Royal Norfolk Regiment at War 1939-1945' exhibition on Sunday 17th August ran from 10am to 4pm and had over 200 people through the door. They were able to read about all the Battalions of the Royal Norfolk Regiment that saw action between 1939 and 1945, as well as meet with relatives of actual men who served, discussing the items and facts they had personally provided.

Thank you to Janice Curtis, whose cakes baked specially for the day made £400. Many enjoyed these along with a tea or coffee, giving them the opportunity to reflect on what they had just read or heard first hand.

Jim owes a big thank you to wife Janet, along with daughters Joanne and Julia, son-in-laws Stephen and Mark and Granddaughters Sophia and Freya for their unstinting help throughout the day. Also thank you to Janet Kendal who ran the raffle. Thank you to Dave Curtis, who printed out all the display information sheets, also a big thank you to Linda Nudds for the loan of her professional display boards (which Linda is currently offering for sale).

'At the Going Down of the Sun' and the 'Royal Norfolk's at War 1939-45' events were both fundraising events and a total of £4,000 was made which has been allocated as follows: To Children of Far East Prisoners of War (COFEPOW) based at the National Memorial Arboretum in Burton on Trent the sum of £2,000; to the FEPOW Family, a charity dedicated to keeping the memory of former prisoners alive and based in Oulton Broad, the sum of £1,500 and the final £500 sent to the Royal Norfolk Regimental Museum in Norwich.

A final very big thank you is owed to Heacham Youth and Community Trust for their very generous donation ensuring these events were able to take place.

Jim Race



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Right: Scene from play. From L to R: Izzy Parr, Lauren Matthews, Jemma Greef, Rachel Fletcher, Becca Whybrow, Amanda Buckingham. Photo by Ray Sparvell



Left: L to R Jemma Greef, Amanda Buckingham, Becca Whybrow, Rachel VJ Fletcher, Lauren Matthews and Izzy Parr. Photo by Levvis Dallison.



Above: Play - end scene photo by Ray Sparvell.

Right: Exhibition day photo by Joanne Jackson.



Left: Exhibition Day photo by Jo Jackson.



Above: Play - Finale photo by Ray Sparvell.

Remembrance Day Exhibition

This Exhibition is due to be held in the Heacham Parish Library (in the Church Hall, High Street) and will be available to view from Wednesday 5th November until Monday 1st December. The Exhibition will be based around the Far East Campaign and will highlight men local to Heacham, Snettisham, Sedgeford, Docking, Ringstead and Hunstanton who were there.



Above: Battle scene from play. Photo by Ray Sparvell.

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Above: L to R Mark Collins, Ryan Chilvers, Gary Pearce, Peter Everingham, Levvis Dallison and Kevin Partyka. Photo by Jemma Greef

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“I do Like to be Beside the Seaside”

Part 2

To most Britons the words ‘beach’ or ‘seaside’ conjures up the idea of leisure or holidays and on this island no one is further than about 70 miles from the sea. By Victorian times, despite supposed concerns about modesty, sea bathing was popular with ‘ordinary’ families and, with the rapid growth of a railway system, families could escape from industrial towns and cities for a comparatively cheap day at the seaside. In modern parlance Henry le Strange was certainly ‘on trend’ or, in fact, ‘ahead of the game’ when he envisaged and began to establish the brand new seaside town of Hunstanton St Edmunds.

Heacham as a long-established village neighbour would never compete although the le Strange family claimed control of the foreshore and owned large areas of land. Certainly, it would never boast of a pier as its neighbour could in 1870. When in 1862 the railway brought increasing numbers of day trippers and holidaymakers to Hunstanton they passed through large tracts of empty – if rather marshy – land within sight of the sea at Heacham. Some passengers may well have considered the appeal of a quieter spot for a seaside break. There would be those villagers who held Queen Victoria indirectly responsible for putting Heacham on the visitors’ map. In common with towns and villages across the country, across the Empire, Heacham in 1887 wished to mark her fifty years on the throne with something concrete. In fact, not just concrete but iron made by Savage’s of King’s Lynn was decided upon, not a carousel for which the company was famous but a bridge to be named the Jubilee Bridge. (The original has since been replaced). Once the river was no longer an obstacle and attention given to the state of the road leading to it, the village’s north beach was more readily accessible to visitors and ‘the season’ became a feature.

About the time that Henry le Strange’s hotel was being built, the Heacham beach area regularly hosted a colourful Romany gipsy encampment. These visitors were accepted to the extent that a couple of the Neville-Rolfe girls would eagerly anticipate their arrival to spend time with them, encourage them to attend the church for their babies to be christened and choose rather fanciful names for them. Perhaps it was their example that stimulated others to imitate their lifestyle in a modified short-term way. It is not possible to discover when the first ‘holiday homes’ were established close to the Heacham beaches. Over the decades a real miscellany of accommodation types grew. By the time a century had passed since the pitching of Romany tents there were camps consisting of tents, caravans ranging from old traditional gipsy caravans and ‘modern’ varieties to retired buses, ambulances and railway carriages plus purpose-built chalets. Owners of land close to the beach could see the potential of letting it out to holidaymakers and so not only campsites for tents but holiday camps were born! There will be those in the village who remember Jennings, Raines, Plumb’s, Beecham’s/Brown’s at a time before the tidy ranks of large sleek static caravans/holiday homes. (It would be interesting to read of their memories...)

On the top of the steep shingle bank itself beach day huts were built. When they first appeared is not clear, although the erection of the Jubilee Bridge would certainly have been a factor. At the very beginning of the twentieth century the parish council had leased the beach from the le Strange estate and clearly had attempted to lay down some rules about these huts and there were debates about them and, particularly whether ‘sleeping huts’ should be allowed. In addition to worries that the right of way to the beach could be at risk, the chief concern was the lack of adequate sanitary arrangements. The Sanitary Inspector stated that he had more problems with the huts than with some villages



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– and that’s saying something at this time! Docking Rural District Council were discussing a similar problem relating to South Beach decades later in 1949.

The parish council employed a Beach Officer to keep an eye on what was happening on the beach including and, importantly, to collect rents. The post still existed in the 1930s; initially he was issued with a cap to identify his role but it was decided in 1933 that if his hat was stolen he would lose that authority and he should wear a uniform! The early days of villagers like William Woodbine hiring out ‘bathing machines’ thus allowing those brave enough to venture into the water to maintain some modesty had developed to include lines of beach huts and then a variety of bungalows. There were also two beach shelters and a public bathing shed open in ‘the season’ to encourage visitors to the beach even in the erratic weather conditions of East Anglia. It seems Mr Woodbine was also one of the earliest beach café proprietors with Mrs Garwood, his daughter taking over the refreshment business.

A scan of the census record of 1901 lists four ‘lodging/boarding housekeepers’ in Heacham and 47 in its more famous neighbour. Heacham could boast of one form of accommodation not shared or surpassed by Hunstanton. When Joseph Drew retired from coastal trade based in Lynn, he also retired his boat ‘Leader’ and moored it on the river by the Heacham harbour he knew so well. As a retirement bolthole he added a superstructure to it and converted it to be a houseboat. Captain Drew’s idea caught on and by 1924, an article about sewage pollution of the river pointed the finger at the 13 houseboats, many of which were rented out in ‘the season.’ Another article in 1949 mentions ‘more than a score.’ By that time access to the harbour from the sea and vice versa was impossible. In August 1931 the North Norfolk Rivers Catchment Board invited tenders to build a culvert and the river was then blocked by a dam with a sluice controlling water flow. In January

1933 the stretch of water briefly became a popular venue for ice-skaters from the village and further afield.

Summer visitors to the beach could, over the years, find other attractions in addition to tea and ice-cream from the cafés. Agreement was reached for The Heacham Band to give concerts on the beach in the 30s and the vicar led Sunday services on South Beach in the summer months of 1933. In 1929 consent was given to Mr Grief to provide donkey rides on the beach and again in 1976, donkey and deckchair concessions were invited. In addition to sharing with me his memories of the beach and Beecham’s Holiday Camp, Malcolm Diggins also shared a photograph of himself in the 50s astride a pony belonging to Mr Saunders of Hunstanton. His collection of beach and camp postcards and photographs at www.heachamheritage.co.uk is well worth an armchair seaside visit. There must be others in the village who could share their memories of long days spent on the beach, in the sea and on the river with a basic picnic or possibly cooking cockles and winkles on a Primus in the family beach hut.

During the last war, in common with the rest of the coastline, access to the beach was strictly limited and there were local unauthorised beachgoers who were fined. The threat of invasion led to the introduction of a variety of defences and it wasn’t until May 1946 that it was announced that barbed wire was being removed by German prisoners of war. The ‘pill boxes’ were rather more permanent and remain.

At the risk of overstressing patience and space and intentionally omitting reference to sea defences and floods until another time, perhaps a few more words...

The le Strange ownership of the beach and some of the conflicts between users and owners has been mentioned. Heacham parish council leased the beach but the Old Hunstanton estate did not renew the lease and took back control in 1935. The owners recognised a revenue source with the rising popularity of motor transport to the beach and introduced a parking charge of 6d. The parish council had not charged but were concerned with the loss of rents which had provided for street lighting, the fire brigade and other services; household rates would have to be increased. In 1945, the bungalow owners were faced with demands on them to sign over their property leased originally from the parish council to the Estate or remove them – resulting in a High Court action. In 1947, beach hut rents were raised to 10/- per annum.

In 1953 – just before the flood – it was announced that a private buyer had purchased the beach and with it the sites of 302 beach huts and four cafés. Nearly all of these were cleared from the site in one fell swoop by the sea, providing the owner a blank canvas. The owners of any surviving houseboats, now aground, were faced with a threefold rise in ground rent. A little while later, there was a rumour amongst the owners of newly built beach huts that their rents were to rise from £3 to £5 but the owner declared the fear was groundless.

In 1966, Docking Rural District Council considered buying the freehold but the site with 400 day huts, 2 car parks, 2 cafés and a licensed club was purchased by another private buyer. It was in 1974 that West Norfolk Council spent £39,500 to purchase the beach site. Now, in 2025, the Borough Council of King’s Lynn & West Norfolk attempted to iron out ‘anomalies’ in its car parking charges by making significant rise in charges for Heacham residents and a month later beach hut owners learned of a £200 rise in annual rent since 2022.

The sea - and whatever it contains - will presumably continue to lap or storm against the shoreline somewhere near Heacham for the foreseeable future. Families’ ideas of what constitutes a day or holiday by the sea have certainly changed since the Jubilee Bridge was built. What the future for Heacham beaches is for residents and visitors remains to be seen.

Eric Rhodes



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The Arts Society North West Norfolk The Passion of the Art Collector

Staring at great art can stimulate the brain to the levels of when we fall in love. We may just buy for decorative purposes; we may be invested in a visual story, essentially a part of the artist's life and experience that inspired the creation of the work. We buy art that reflects our own heritage from artists that may have similar backgrounds to our own. When we collect a limited edition of a well-known artist, we may be claiming a right to some of the artist's history.

Art collecting can be used to communicate identity, status and cultural sophistication. Passionate art collectors often have general personality traits, often people very open to experience, with a range of interests, curiosity and a real concern and appreciation for beauty. They may be driven to the desire to explore and understand. They tend to be conscientious individuals who research, curate and maintain their collections methodically.

Collections often depend on whether the individual is an extrovert or an introvert. Some like the community with other dedicated collectors, attending openings and art auctions. Getting together with fellow enthusiasts to discuss the artists, artistic styles and what's new can play a major role in how collections are developed. They are often skilled researchers - they know who owns what, and to find something previously undiscovered can be an incomparable thrill. Not all collectors are just out to maximise profits or avoid paying taxes. An introvert collector may get their satisfaction through a more private relationship with art, just to own, to gaze and to appreciate.

Collectors and dealers play important roles in the art market. They pay close attention to all market changes and, if they are a major collector/dealer, they will be aware of all the new things needed to stay a leader and not to be overtaken by another. Their knowledge and influence can decide whether an artist will have a place in the market and the value of the art. The collector's support and influence have a role in determining the artist's future.

"... the true collector's only home is his own museum." (Orhan Pamuk.) Great collectors can be very secretive about their artworks, but some are very collaborative and have a desire to share their collections through public exhibitions and loans to museums. Francois Pinault, the French billionaire, who is quoted saying, "The desire to possess - born at the moment I first came into contact with art - has been transformed into a profound need to share." Museums have been major beneficiaries of some of the world's prestigious art collections and some of the most modest. Many collections in American museums have been gifts from private donors. Recently, contemporary artworks have been bought in such large quantities by the super-rich that new private museums are being built. Rather than just leave their extensive collections in storage they are choosing to share them with the public in these new 'ego-seums'. They may have narcissistic traits for recognition and admiration through their collections. Art collections can become a status symbol and a means of social differentiation, a demonstration of power, privilege and cultural sophistication. A collector's personality will shape their approach to collecting and each approach will be as unique as their personality.

On Monday 13th October at 2pm in Sedgeford Village Hall, The Arts Society North West Norfolk will be hosting a lecture by Lucy Hughes-Hallett on George Villiers, Duke of Buckingham, known as "the handsomest man in 17th century Europe." He was a passionate patron of the arts and fashion and an avid art collector. New members are warmly welcome, joining details are on our website www.artsocietynwnorfolk.org.uk

Lesley Nadel



Have you always wanted to learn more about the arts?

Then start now with our next talk at Sedgeford Village Hall at 2:00pm on Monday 13th October

George Villiers, Duke of Buckingham

Lecturer:

Lucy Hughes-Hallett



Known as the "handsomest man in 17th-century Europe", he was a passionate patron of the arts and fashion, was an avid art collector, and became a favourite of King James I.

Benefits of membership:

- * A varied programme of art talks
- * Trips and tours in the UK and abroad
- * In depth Special Interest Days
- * Regular newsletters and magazines
- * A social event with a warm welcome

For more information and how to join, visit www.theartssocietynwnorfolk.org.uk

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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 21st October at 7.00pm at the Old Friends Hall.

The Full Council Meeting for November will be held on Tuesday 18th at 7.00pm at the Old Friends Hall, Sunnyside. Please see the Parish Council website, noticeboard at the Old Dairy Site, Pound Lane and on the notice board at the Parish Office on Sunnyside for agendas. Council Meeting minutes will be posted on the Parish Council Website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings will take place at the Old Friends Hall. Members of the public are invited to attend committee meetings if they wish.

HEDGES AND TREES

Just a reminder that to save being asked to... you can now cut your hedges right back (1st September). This will allow you to get on top of any of your hedges that are encroaching or do so during the growing season over either a footpath or the highway. Many hedges are planted on the boundary of properties so as soon as they begin to grow half of the shrub is already encroaching over the pavement or road.

OLD FRIENDS HALL COFFEE MORNING

The next coffee morning in the Old Friends Hall will be on Wednesday 29th October at 10am. It costs £2.50 per person for unlimited drinks, home baked cakes and a quiz. There is also a raffle. Great place to meet up with old friends and make new! Everyone is welcome!

WILDFOWLERS

Thank you to the Heacham Wildfowlers for organising the Young Hot Shots Day again this year. All who took part had a really great time. This is an amazing event organised and run by volunteers, and at £2 a head for a session very hard to beat for value!

DUCKS

Please do not feed and water the ducks as the overall population of ducks in the village has increased to an unsustainable level. If water is unavailable where the ducks are they will fly to find some as even though the rivers may run low in the Summer they never run dry. The water in the pond is undrinkable but they still manage!

ALLOTMENTS

We are currently without a waiting list for our allotments. Anyone wishing to go on our waiting list can contact the office on the number/email address shown below. We have full, half and quarter plots on the site, the quarter plots are a very decent size and we compare very well with prices locally. There is no water supply on site but existing allotment holders manage this well. An allotment is a huge commitment to keep it in good condition but very rewarding. It really is better and cheaper to grow your own! Some of our allotment holders grow flowers alongside their veggies.



BOROUGH COUNCIL COLLECTIONS

The Borough Council now collect small electrical items e.g. Irons, toasters etc if they are placed in a bag and put on top of the bin due for emptying (black or green).

!!WANTED!! PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's Thirteen Councillors need another four to join them to help look after the village. You would need to be able to commit a few hours each month to attend meetings and to get involved with the work of the Council.

If you are interested, please call in at the Parish Council Office, or contact the Clerk Sue Eke on 01485 572142 for more details.

HEACHAM PARISH COUNCIL OFFICE

The office is open to the public on Monday to Thursday 10am until noon. There is someone in the office afternoons Monday to Thursday until 5pm and Friday morning to take telephone calls. It is also possible to make an appointment with the Clerk at other times. Please feel free to pop in with any enquiry you may have.

Please remember that Parish Councillors cannot respond to comments made on social media, the whole Council have to agree to a response and so if you have any questions, please address them to the Council by methods shown below.

Any queries should be addressed to:

Heacham Parish Council Office
Old Friends Hall, Sunnyside, Heacham
King's Lynn Norfolk PE31 7DU
Tel 01485 572142
Email: office@heacham-pc.gov.uk
Website: www.heacham-pc.gov.uk

HELP LINES

HEACHAM GROUP PRACTICE 01485 572769

Heacham Surgery MON TO FRI 08.30 TO 18.30
Snettisham Surgery MON TO WED 8.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR 111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST (Boots) 570297

OPEN MON - FRI 09.00 - 18.30, SAT 09.00 - 17.30

DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN MON, TUES, WED, THUR 10:00 - 12:00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

TERRY PARISH 07885 258428

ANDREW JAMIESON UNAVAILABLE

NORFOLK C.C MICHAEL CHENERY 07920 286638

PARISH LIBRARY (in Church Hall, High Street) 07300 553769

OPEN MON, WED, FRI 10.00 - 16.00 SAT 10.00 - 12.00

HEACHAM & DISTRICT COMMUNITY CARS SCHEME 534777

OPEN MON - FRI 09.00 - 13.00

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

DENTIST Emergency only for patients not registered with a dentist 01553 223193

COMMUNITY MIDWIFE HUB 07788 309201

POLICE 101

SAMARITANS Freephone 116123 or (local charge) 0330 094 5717

CHILD LINE 0800 1111

SILVER LINE 0800 4708090

ELECTRICITY (UK Power Networks) 0800 3163105

ANGLIAN WATER 0800 771881

GAS ESCAPE 0800 111999

24hrs VETERINARY CLINIC (Medivet Heacham) 01485 570065

HUNSTANTON LIBRARY 01485 532280

OPEN TUES WED FRI - 9am-7pm

SAT 9am-4pm MON & THURS - Closed

HEACHAM CHALK PIT and

RECYCLING CENTRE 0344 800 8020

Open 9am - 4pm (except Wednesdays) Slots for visits must now be booked in advance

HEACHAM COMMUNITY WEBSITES

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

HEACHAM HALLS

PUBLIC HALL 570776

PINE RESIDENTS HALL, Wilton Road Pat Toppin 779208

METHODIST CHURCH HALL, Station Road Mike Careless 570363

ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12 572539

OLD FRIENDS HALL Sunnyside 572142

HEACHAM SCOUT HUT Sunnyside 592041

DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

Jennings Store South Beach Road - Located by the staff entrance, available 24hrs

St.Mary's Church - Front Porch. Available 24hrs

Sports Field Pavillion - On the external wall of the pavilion

Chalk Pit Recycling Centre - Outside the gates. Available 24hrs

Pioneer Holiday Park - In yellow phone box adjacent S Beach

Rd, 50yds towards beach from main entrance

North Beach & South Beach Toilets - On exterior wall .

Available 24hrs

Tesco - Inside by the events board

Fire Station - on the front. Available 24 hrs

Methodist Church - on the front. Available 24 hrs

Palm Beach Holiday Park - half way down in the red phone box

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KING'S LYNN

Bus Enquiries:- www.lynxbus.co.uk 01553611955

Service
 34 35 36
 via QE Hospital via Sandringham Coastliner

Mon - Sat

1st bus from Fox & hounds 0659 0745 0729

Last bus from King's Lynn 2110 1600 1630

frequency 2/hr 1/hr 1/hr

Sun

1st bus from Fox & Hounds 0915 1025 0844

Last bus from King's Lynn 2110 1610 1630

frequency 1/hr 1/hr 1/hr

WNCT Dial-a-Bus Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Babingley Every Tuesday, Wednesday & Friday

For more information, cost of fares, a membership form or to book

www.wnct.co.uk 01553 776971

PICK-UP POINTS FOR HEACHAM NEWSLETTER

First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Norfolk Lavender, Parish Library, Riverside, Palm Beach, Tony's Fish and Chips, Silver Sands, Boots Chemist, Rodney's Barbers, Heacham Surgery, Station Rd Garage, Fox & Hounds, Social Club, Modern Story, Bliss, Spice Garden, Breakfast & Brownies, A E Wallis, Moulam and Horne, Parish Council Office, Bushel & Strike, Pioneer, Parkdean, Heacham Charity Shop.

MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks

10:50 RINGSTEAD ROAD	14:25 GIDNEY DRIVE
11:10 ROLFE CRESCENT (Opp.No.22)	15:05 NEVILLE COURT
11:30 SCHOOL ROAD	15.55 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:15 SITKA CLOSE
12:15 FENSIDE	16:40 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:00 NEVILLE ROAD
12:55 COLLEGE DRIVE	

TIDE TABLES

OCTOBER - NOVEMBER 2025

HIGH WATER AT HUNSTANTON									
Heights above chart datum									
Time Zone UT (GMT) add 1hr BST ends 26th Oct									
Oct 2025					Nov 2025				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 W			12 52	4.9	1 SA	01 44	5.7	14 49	5.8
2 TH	01 21	5.1	14 27	5.2	2 SU	02 45	6.2	15 42	6.4
3 F	02 37	5.6	15 30	5.8	3 M	03 36	6.8	16 28	6.8
4 SA	03 32	6.2	16 21	6.4	4 TU	04 25	7.3	17 11	7.1
5 SU	04 18	6.8	17 04	6.9	5 W	05 11	7.6	17 53	7.4
6 M	05 00	7.3	17 45	4.2	6 TH	05 59	7.8	18 33	7.5
7 TU	05 42	7.7	18 23	7.4	7 F	06 49	7.9	19 15	7.5
8 W	06 25	7.9	19 02	7.5	8 SA	07 37	7.7	19 55	7.3
9 TH	07 08	8.0	19 38	7.5	9 SU	08 25	7.3	20 36	7.0
10 F	07 51	7.9	20 14	7.3	10 M	09 15	6.8	21 21	6.6
11 SA	08 33	7.6	20 52	7.0	11 TU	10 16	6.2	22 15	6.1
12 SU	09 21	7.6	21 35	6.5	12 W	11 33	5.7	23 30	5.8
13 M	10 17	6.2	22 30	5.9	13 TH			12 51	5.6
14 TU	11 39	5.6	23 53	5.5	14 F	00 49	5.7	14 01	5.7
15 W			13 19	5.4	15 SA	02 00	5.9	15 04	5.9
16 TH	01 26	5.5	14 46	5.7	16 SU	03 01	6.2	15 52	6.2
17 F	02 43	5.9	15 52	6.2	17 M	03 51	6.5	16 33	6.5
18 SA	03 42	6.4	16 38	6.5	18 TU	04 35	6.7	17 08	6.7
19 SU	04 28	6.8	17 14	6.8	19 W	05 15	6.8	17 41	6.8
20 M	05 08	7.0	17 46	6.9	20 TH	05 52	6.8	18 13	6.9
21 TU	05 45	7.2	18 17	7.0	21 F	06 29	6.7	18 45	7.0
22 W	06 21	7.2	18 46	7.0	22 SA	07 04	6.7	19 15	6.9
23 TH	06 55	7.1	19 12	7.0	23 SU	07 39	6.6	19 46	6.8
24 F	07 25	6.9	19 38	6.9	24 M	08 13	6.4	20 15	6.6
25 SA	07 55	6.7	20 03	6.8	25 TU	08 48	6.1	20 48	6.4
26 SU	08 25	6.5	20 30	6.5	26 W	09 29	5.9	21 28	6.2
27 M	08 56	6.1	21 02	6.2	27 TH	10 20	5.6	22 19	5.9
28 TU	09 36	5.7	21 42	5.8	28 F	11 29	5.5	23 25	5.8
29 W	10 33	5.3	22 42	5.4	29 SA			12 48	5.5
30 TH			12 13	5.1	30 SU	00 40	6.0	13 57	5.8
31 F	00 18	5.3	13 43	5.4					

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