

THE HEACHAM NEWSLETTER

August 2025



Deadline for the next edition is 12 noon, Tuesday 19th August 2025



Come and see over 100 photos taken by local photographers

Old Friends Hall, Sunnyside (off Caley Street), PE31 7DU

Contact 07850371942

THE HEACHAM NEWSLETTER c/o Heacham Parish Council, Old Friends Hall, Sunnyside, Heacham, PE31 7DU E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Michelle Carter 2 01485 579024 - Advert pricing listed on page 2 THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - John Davis - Brian Faulkner Kerry Long - Helen Vickerstaff - Pete Vickerstaff

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH



 \bowtie

West Winch

Dear Newsletter,

BBC Radio Norfolk visit Pine Residents' Hall in Heacham

BBC Radio Norfolk came to the Pine Residents' Hall in Heacham on Friday morning 11th July to interview Elizabeth Jarred, Leader, King's Lynn u3a Sequence Dance Group who meet there on alternate Fridays and Saturday afternoons 2-4pm £2.50 - 45 mins.

The request for an interview came as a complete surprise. Myself and four other dancers had just returned from our first Sequence Dance holiday in Blackpool and were full of the delights of 4 nights at the Savoy Hotel, breakfast, evening meal, dancing in the Hotel's grand and large Ballroom every day and in the iconic Blackpool Tower Ballroom for 5 hours fuelled by afternoon tea. It was a memorable holiday for 60 dancers from all over England.

One of the dancers was asked how she started dancing and she replied "I asked my husband to go dancing over and over again and he always said "No, no I can't dance. I've got 2 left feet!"

Then, one day I announced I was going to advertise for a dance partner. Within a short space of time someone volunteered and said they would like to be my dance partner. It was my husband. Now we dance regularly, look forward to it and go on dancing holidays. Dancing has changed our lives for the better.

BBC Radio Norfolk are promoting social dancing in the community, social interaction and small group interactive participation for all.

To date, dancers in my group have been the 'baby boomer generation' but I will now be embracing 'generation Z'. How will I do it? By providing sequenced pop music (last 20 years) to dance to, for their own pop music culture and opportunities to social dance; just as was the culture many years ago when every 16 year old would go to the local hop on a Saturday evening.

Dance is an expressive art form, there are many shades but no winners or losers. Everyone is welcome, Give it a try! No partner needed.

Elizabeth Jarred Tel: 07709287318 elizabethjarreddance@gmail.com

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Heacham



Heacham

Dear Newsletter,

Recollections of Miss Susan Torrey

Reading Eric Rhodes history of the Torrey family has brought back fond memories of the Little Mill Riding Club which Miss Susan Torrey and her mother started for younger girls of the village. Our daughter Caroline was very lucky in having been chosen as a member of the Club at age 11 years. I think that there were about seven ponies of varying ages and size, the newest members having the smallest pony and as the elder girls left at 18 years old, they all moved up one. The ponies and the stables, which were situated where Mr and Mrs Wright now live, were owned by Miss Torrey but the riding club members had to provide all the food and tack. During the Summer months gymkhanas were held on Miss Torrey's field ably assisted by retired jockey Sid in aid of her charity Guide Dogs for the Blind. Many happy and long days were enjoyed by all the club members.

Susan Torrey was in many ways a formidable lady but deep down she was very kind and thoughtful as long as the girls gave of their best.

Mike and Liz Plumb



ADVERT PRICES

1/8 Page £20 Per Issue 1/4 Page £40 Per Issue 1/2 Page £80 Per Issue

Tel: 01485 579024 to discuss your needs or email: theheachamnewsletter@gmail.com

Dear Newsletter,

Pocahontas Pageant Histories & Anniversaries 400th & 100th in 2025

https://www.youtube.com/watch?v=mfPf70C2W9o

Enjoy watching this old film on YouTube of our Heacham Jamestown 400th Celebrations Flower Festival and Pocahontas Pageant & History Day on the Heacham Memorial Field Playing fields on July 4th 2007, exactly eighteen years ago. At that time the very talented Virginia Chorus Children's Choir performed their Special Concert singing at St Mary's Church, Heacham, organised by Rev Steve Davies.

Especially important in this 2025 Double Anniversary Year 400th of King James 1 Royal Special Thankyou Pocahontas is the 1617 Bible he gave to their son age 9 Thomas Rolfe, with his Lambeth Uncle Edward Rolfe, at his London Palace just before King James 1 died on March 27th 1625 age 58.



2025 celebrates the first Pocahontas Wedding Pageant 100th Anniversary in August 1925 at Sedgeford Hall, home of Holcombe Ingelby and his wife, which he organised with photos and script saved by our neighbour who at age 9 was a Bridesmaid.

All our research found by more than 60 Global history friends is preserved and shared on my 2022 Facebook Group Pocahontas Heacham History.

More information can be found on the following websites:-https://www.facebook.com/groups/pocahontasheacham https://www.facebook.com/groups/5629952883684871 https://www.youtube.com/watch?v=sIv82GDuoqE https://trakt.tv/shows/timewatch/seasons/1995/episodes/8 Pocahontas Pageant Kings Lynn August 1997 outside the old CORN EXCHANGE watched by 8,000 on 4 evenings:-Part 1. 26 mins 53 secs.

https://www.youtube.com/watch?v=ZYShxW73CTs&t=8s

Pocahontas Pageant Kings Lynn 1997- Part 2. 26 mins 52 secs. h t t p s://www.youtube.com/watch?v=V-tpwtdILjw&feature=youtu.be

Pocahontas Pageant Kings Lynn 1997- Part 3. 26 mins 53 secs https://www.youtube.com/watch?v=rHofuIV4OSU&feature=youtu.be

Pocahontas Pageant Kings Lynn 1997- Part 4 with news on TV at the end. 26 mins 52 secs

https://www.youtube.com/watch?v=tik4iLYfa6U&feature=youtu.be

Pocahontas Pageant Kings Lynn 1997- Part 5

More TV NEWS to meet the DIRECTOR and John Smith and others. 1 minute 54secs.

https://www.youtube.com/watch?v=aTRUWkzP1yw&feature=youtu.be

Mrs Christine Dean



Heacham

Dear Newsletter,

Norfolk Lavender

We have a static caravan near South Beach so are regular visitors throughout the Summer months.

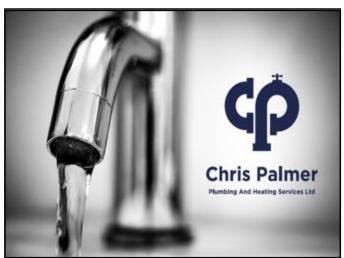
This image was taken at Norfolk Lavender, Caley Mill earlier in June. I wanted to show the vibrant colour going on and on way off into the distance.

I hope you find the image as vibrant as it was in real life.

Jon Knight

West Bridgford, Notts









WHAT'S ON FOR SUMMER 2025

The Summer Holidays are here and, as well as stocking those essential 'Summer reads', we have something a little extra for everyone - children and adults alike - no matter what the weather.

You might like to get outside and take a fresh look at the village with a free Picture Quiz compiled by a local resident. It's quite a challenge. The answers will be in the September Newsletter, or by asking at the Library once you have completed the Quiz. Sorry, no prizes!

Or use our 'Conservation Walk' guide to discover and learn about some notable buildings and features in the area surrounding St Mary's Church.

Need an indoors activity? For youngsters 4-8 years old, earn a medal or badge with Ollie the Owl in the Library's **free Summer Reading Club.**



We also have an interesting display mounted by the Heachamites Recollections Group featuring artists who have lived in or visited Heacham over the years. Come and see for yourself who they might be.

RECOMMENDED
READING: we are off to the Races with thriller crime writer Felix Francis, the son of the famous author and former steeplechaser, Dick Francis. Each book is a meticulously researched spotlight on the high-stakes world of horse racing.



Other Events

Clearance Book Sale – pick up a bargain at only 20p a book.

Heachamites Recollections Group: No meeting this month. Next meeting Monday 1st September.

Community Tech Session: Monday 18th August - free one-to-one help with Janie, our Community Tech Coach – sessions need to be pre-booked.

Community Assistance: Wednesday 27th August - 10.00-12 noon with Anne Sipple from the British Red Cross/Trussel partnership. Anne can help with issues such as Blue Badges, Sourcing Allowances, Energy Bills and Debt Management (see separate notice for more details).

Happy Holidays!

The Library Team Enquiries: 07300 553769 Email: heachamlibrary@btinternet.com or Parish Office 01485 572142

Could you use a little extra help?

British Red Cross in Partnership with Trussell

We Help Identify and Address Unmet Social Needs Including:

- Advocacy
- Ensuring you're receiving all the financial support you're entitled to.
- Form Filling Assistance Blue Badge etc
- Support Guidance and reassurance through benefit assessments.
- Access to Food

How We Work

- Listen We start with a friendly, confidential conversation.
- Assess We identify your needs and priorities.
- . Support We connect you with the right services and offer help.

Who We Help

Anyone facing challenges or needing support—individuals, families and carers.

Contact Us: 07395 877614 (Monday, Thursday and alternate Tuesday and Wednesday). Email: annesipple@redcross.org.uk

Drop In: Heacham Parish Library – Last Wednesday of the Month 10.00am-Noon

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Talk face to face with your local lawyer, at our High Street office, who is here to help by giving you clear and practical legal advice.

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HEACHAM IN BLOOM

Heacham in Bloom

What a scorcher of a summer it has been so far! No hosepipe ban at the time of writing, so we are keeping our fingers crossed.

As you know the displays are only made possible with the generous support of our sponsors who this year are:

Heacham Parish Council - Heacham Travel A E Wallis Electricals & Cycles Palm Beach Caravan Park Tall Trees Caravan Park - St Mary's Church Gary Rushmore Flooring – Heacham Social Club Heacham South Beach Homeowners' Association Heacham Youth & Community Trust Borough Cllr. Terry Parish Parish Cllr. Robert Pritchard - Kevin Partyka

Our next project is the Heacham Carnival Parade so do give us a wave; you can't miss us!

The next meeting will take place on Monday 18th August at 7.00pm at the Old Friends Hall.

> **Heacham In Bloom Committee** heachaminbloom@btinternet.com





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CHURCHES TOGETHER IN HEACHAM



The deadline for copy for this edition of the Newsletter was 15th July which rang bells with me because that is Saint Swithun's day. Do you remember the verse?

St. Swithun's day if thou dost rain, For forty days it will remain, St. Swithun's day if thou be fair, For forty days 'twill rain nae mair.

Swithun was Bishop of Winchester in Saxon times. He was well liked and served the local population by building bridges to help people travel to market and churches where they could worship. On his death bed he requested that he should be buried under the church path where he would be walked over by his erstwhile congregation and rained upon. This was done but some 9 years later this was considered not to be a fitting resting place for this revered man so his body was re-buried in a shrine inside the minster. That night a heavy rainstorm started and continued for 40 days and 40 nights. The people believed this reflected Swithun's annoyance at being moved and hence the folklore around this grew. As the poem states if it rains on St Swithun's day it will rain for 40 days. Fear not, the forecast says the weather is set fair and as we are about to experience the third heatwave of this summer, I feel that a prolonged spell of hot, dry weather is more likely to be due to global warming than a Saxon bishop but it is a fascinating piece of our national folklore.

August, the holiday month, when teachers and scholars alike get a well-earned break from their labours and many of us take the opportunity of a break from our usual routine. We welcome visitors to our village and enjoy Carnival and other outdoor events. Dry weather is certainly a bonus but ask any gardener or farmer and they will bewail totally dry weather. We need a balance and that is what God arranged when he created the earth. Israel was promised autumn and spring rains to grow food crops. As I write, areas of Texas and New Mexico are suffering flash floods. Over recent years floods and landslips have been reported all over the world. Have we upset the balance of God's creation by our greedy use of naturally occurring resources? It is never too late to amend our ways and enjoy living in God's creation which we were given to use not abuse.

Penny Sutton, Licensed Lay Minister

Services: August 2025

3rd August - 10am: Morning Worship 10th August - 10am: Holy Communion

10th August - 6pm: Songs of Praise - 'Primary School

Bangers' - Please see separate notice for more details

17th August - 10am: Morning Worship 24th August - 10am: Holy Communion 31st August - 10am: Morning Worship

Bereavement Support Group

Meetings are on the first Thursday of each month. The next meeting is 7th August 2025 from 10am till 12 noon, at the Pine Residents Hall. For more information contact the Church Office.

HEACHAM PARISH CHURCH online

on Heacham Parish Church You Tube channel

HEACHAM PARISH CHURCH in church

At 10am every Sunday morning Everyone always welcome

Chit Chat and Coffee

Everyone is welcome to this monthly coffee morning at St Mary's Church Heacham.

All ages welcome.

The next coffee morning is on 19th August 2025 from 10am – 11.30am.

Prayer Tree

We have a prayer tree in church on which you can write a name or situation that you want to pray for, and you would like the church to pray for, by writing and hanging it on the tree. God hears your prayer, and we will pray for you. If you cannot get to church and would like a name added, contact the church office.

Morning Prayer

Monday, Wednesday and Friday 9am on Zoom

Tuesday and Thursday 9am, to start at 9.05am, in person in church.

Everyone is welcome (Zoom link available from the church office.) We pray for all who live and work in our village community, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please contact the church office.

Church Open

During the summer months Heacham Parish Church is open from 10am to 4pm. Everyone is welcome to come in and enjoy this beautiful church, to light a candle, to pause or pray.



'Primary School Bangers'

to a relaxed songs of praise

Sunday 10th August @ 6pm Heacham Parish Church

Including:

Sing Hosanna
One More Step
Lord of the Dance
and other well known favourites

All are very welcome



Hope to see you there!

To suggest a song or for more information. email: heacham.vicar@gmail.com



CHURCH CONTACTS:

St Mary's Church: Revd Veronica Wilson (01485) 570697

email: heacham.vicar@gmail.com

St Mary's Church Office:

Garry Langham - usually open Tuesdays 9am-12noon, Wednesdays 2-5pm Fridays 9am -1pm. (01485) 572539

email: office@heachamparishchurch.org.uk

Churchwardens:

Liz Dormer-Ainge: (01485) 571662

email: lizabeth.a.da@gmail.com

Chris Wright: 07525 175361

email: chris.edward.wright@gmail.com

Methodist Church:

Revd Dr Richman Ncube (01485) 570232

email: richiemncube@gmail.com

HEACHAM METHODIST CHURCH

Station Road, Heacham



Minister: Revd Dr Richman Ncube (Tel: 01485 570232)

August 2025

We extend a warm welcome to all

Sunday Morning Services: 10.30am unless otherwise stated

3rd August: Elizabeth MacLeod 10th August: Greg Sargent

17th August: Rev Dr R Ncube – Holy Communion

24th August: Carolyn Schofield
31st August: Mike and Joan Careless

Other important dates

Saturday 30th August – 2.00pm Songs of Praise.

Midweek Communion

No midweek Communion held in August.

Bible Study

No meeting in August.

Open Church

Sadly, owing to very low attendance we no longer hold an open Church on a Tuesday. However, if you would like to speak to the Minister he can be contacted on 01485 570232.

Church Lunch Group

No lunch group in August.

Noah's Ark Toddler Group

No Toddler Group in August.

Crafty Crowd

No Crafty Crowd in August.

Fellowship Meeting

No Fellowship meeting in August.

Coffee Morning

Saturday, 16th August – 10.30am.

Mission Aviation Fellowship (MAF)

Saturday 6th September at 2:30pm. We will have a speaker for MAF Aviation Fellowship followed by a light tea.

Again – ALL are welcome to join us. For further information, please contact Marianne Baguley (07880364326) Senior Steward.

Charities we are supporting this year are:

Embrace, Children's Charity providing support to child victims of crime; Mission Aviation Fellowship, who provide medical assistance to remote communities; Action for Children.

We think of all our friends whose absence we notice on Sunday mornings – prayerfully - along with members of our community, especially those feeling unwell or isolated.

"Put aside all bitterness, losing your temper, anger, shouting, and slander, along with every other evil. Be kind, compassionate, and forgiving to each other, in the same way God forgave you in Christ."

Ephesians 4:31-32



"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.hopeevangelical.org



Hunstanton Area Churches
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Salvation Army Band

Invite you to

SONGS OF PRAISE

17th August @ 4.30pm

Hunstanton Bandstand
On the Green

Bring a Picnic



A HUGE THANK YOU to **Heacham Youth & Community Trust** committee, volunteers and supporters for replacing our garden shed.

Here are some of us outside our shiny new leak free shed in July!



With particular thanks to Mike Jennings and Peter Sutton for all their kind help and communication, to Beth and Julian Geraghty for permission and use of the Scout Hut garden,

to Stu, Mike, Chris, Tom, Leon and Max for shed demolition and removal and to Harry Goddard at Goddard's Garden Buildings for his communication, reliability and a great installation!

(Sky thank you for the above photograph along with everything else you do for us too!)

Thank you to all our families for our lovely Wednesday mornings together - wishing you and Newsletter readers happy summer days! The Scallywags doors will be open once again on **Wednesday 3rd September** - so see you there for more play, mess and cuppas as we head into the autumn! And Happy Heacham School Days to Iris, Oli, Paige and Toby who have all grown from fabulous little Scallywags into fabulous big ones now!

Scallywags Parent Baby & Toddler Group

Scout Hut-Sunnyside-Heacham Lots of play every Wednesday! Term time mornings 9.30-11.00am

Lots for you and your little ones to explore - from paint to puzzles - books to bricks - swings & slides on garden days and much more!

There are snacks for the little ones & cuppas for the big ones! Pop along for a play! We ask £3.00 a family, if that feels okay, if that doesn't feel okay then please just come along anyway, we'd love to see you.

Looking forward to meeting you and your little ones.





Stanhoe & Barwick WI

Stanhoe and Barwick Women's Institute is held on the first Thursday of each month 2pm at Stanhoe Reading Rooms.

Have you ever wondered what goes on at a modern W.I? Here at Stanhoe and Barwick W.I - whether you are into crafts, cookery or even campaigning, whether you're looking for friendship, fun or fascinating speakers, we have all that and so much more.

Details of our next meeting are:

August 7th: Lyndsey Atkins - Tulips for Tapping House Why not come along and see for yourself - visitors always welcome. Contact stanhoeandbarwickwi@gmail.com for more details.

Julie Parker

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Opening Hours

Monday to Friday: 8:00am - 1:00pm, 2:00pm - 5:00pm Saturday: 8:00am - 12:30pm Sunday: Closed

2 Pound Lane, Heacham, King's Lynn, PE31 7ET



Heacham Cubs

We have space for new Cubs to join!

At Heacham Cubs we focus on learning new skills and improving current ones from knot tying to axing and sawing!

We do a range of badges most of which go towards earning The Silver Award which is the highest award a Cub Scout can achieve.

Alongside making friends and growing with confidence there's so much the Cubs can learn, do and achieve!

Heacham Cubs is open to all boys and girls ages $8-10\frac{1}{2}$ years

If interested the details are below....

WHEN: Thursdays during term time. TIME: 6:45pm – 8:30pm.

WHERE: Heacham Scout Hut, Sunnyside. CONTACT: Jemma on 07962 611122



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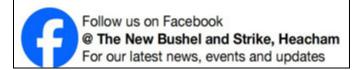
Pool Table & Dart Board

Live Entertainment

Quiz night every other Wednesday

Restaurant serving home-cooked food Seasonal menus

menu - booking essential - Tapas, Mexican, Thai and Greek Steak Night Wednesday Sunday Roast Summer BBQs





END OF AN ERA FOR HEACHAM POST OFFICE

At 5.30pm on Monday 8th September Heacham Post Office, as you know it, will close its doors for the final time. This has been a very difficult decision for myself and my family and we are extremely sad this day has come.

Heacham Post Office has been in my family for 67 years and I am very proud to be part of 3 generations that has served Heacham village and beyond. The property was built as a Post Office by the Jones family 1911. During our time we have seen many changes to business, 4 revamps, computerisation, several members of staff, and got to know many, many customers over the years. The original counter was on the left hand side with 3 wooden writing bays on the other side. The business then was solely Post Office.

My Mum, then Vivien Armiger, came here straight from school and began her career behind the counter as Counter Clerk. There were 4 postmen here then and the sorting office was attached to the Post Office.

My grandparents, Hilda and Robert bought the Post Office and moved here from Hindolveston in 1964 with Robert becoming SubPostmaster. My mum continued to work for them and my dad, Lindsay Faulkner, joined them shortly afterwards working side by side with my Mum. Mum and Dad started dating and were married 18 months later. An internal wall was taken out and the Post Office extended and a wooden counter put across the back of the Post Office giving room for more floor space. It was at this point we started selling stationery and pharmaceutical products.





My Dad became Postmaster in 1982 when my grandparents retired and we moved into the house at the Post Office; I was just 12 years old then. My Dad modernised the Post Office again at his own expense putting in more modern glass screens and counters. The Post Office was thriving with 4 members of staff serving continously. The postmen outgrew the sorting office and the postmen were moved to a larger building at the back of our premises.

I began my career working at an opticians, Wigram & Ware. After having my two children in 2001, I too joined the family business, working alongside my parents. I have always loved working in Heacham and getting to know so many lovely customers. My parents both began to take life a bit easier and I gradually took on more of the responsibly of running the day to day aspects of the business. The Post Office was then changed to a Mains branch. Post Office Ltd removed the glass screens and installed a new open plan counter. In 2019 I officially became Postmistress.

The business has slowly declined and we have had to rely more and more on the shop to support our business. We have seen so many changes to the business over our years. Back in the day it was mainly posting and paying pensions and benefits via the old fashioned order books. The pension books became obsolete, customers were having to have their benefits paid directly into bank accounts and that all familiar queue outside the Post Office at 9am on pension day was slowly dwindling. The biggest loss was when the postmen were taken away and moved to Hunstanton. We had 8 postmen then.

Little Kiss Sally

My personal touch was to introduce quality, affordable gifts, home décor and jewellery to go along with our greetings cards. I loved finding different bits and pieces for the shop that you



wouldn't normally find in a village. 'Little Kiss Sally' was introduced via social media and I have most recently added clothing including a Norfolk range of bespoke hoodies, sweatshirts & t-shirts. Everything I stock is of high quality and something I would wear or have in my own home. I am hoping to continue with this online when the Post Office closes and may open the shop until the property sells. However that won't be immediately

Finally from myself and my family thank you for supporting us through 6 decades, we will truly miss it. It has been a massive part of our life.

Sally



My grandmother serving Mr Charlie Johnson who came weekly for his pension on horseback

Tel: 01485 601360

I Perrin Flooring Ltd, Registered Office



Miss Susan Torrey presenting my parents and Grandmother with a photograph of the guide dog bought with the money raised in our collection box.

My parents on the Queen Mother's 90th Birthday giving the first 10 pensioners a bouquet of flowers.

Mob: 07872 5581

38 Low Road, Congham, Kings Lynn, PE32 1AE



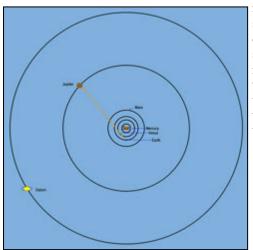
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August and the nights are getting a tad longer so are darker earlier. However, significant things to see still occur, mainly pre-dawn.

One event, the peak of the Perseids meteor shower, does start in late evening of the 12th and carries on until dawn on the 13th. Unfortunately, the Moon will be almost full and its light will interfere. However, I have seen the Perseids in similar circumstances when intermittent cloud muted the moonlight and



meteors could be seen in the darker patches of sky. The Moon rises after 9.30pm so early viewings might work better than usual.

The positions of the planets on the 12th. Notice the line from Earth to Jupiter via Venus. The two planets are in alignment and so appear next to each other in the night sky. Internet

This is the best shower so make an effort. Remember the rules: Turn off any outside lights and close curtains to reduce light spill from inside; use a red-light torch if you have one, acclimatise your eyes to the dark for 15 minutes and don't keep popping in and out (red tinted googles are useful for necessary ablutions!), and sit on a bench or recliner. Meteors can appear from any direction but you will have to avoid the Moon so scan around. No doubt the best streaks of light will happen behind you.

In the first week, Mars is very low almost due west and, at magnitude +1.5 should be visible to good eyes and, certainly, binoculars. The sky will be dark enough by about 9pm but, within the hour, Mars will have dipped below the horizon. You won't see the God of war again until next year, Perhaps, warmongers will see it as a sign.

From the second week, look east from 10pm and see Saturn rising. By the end of the month, it will be ESE and high enough to clear buildings. The ringed planet will be higher later and in the early hours so why not try to find it on Perseid night? On the 11th the Moon will be to its left and a little higher. On the 12th, the Moon will be to the left of Saturn and, also, slightly higher.



Around 5am on the 12th. Venus and Jupiter very close. Mercury rising. Stellarium



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Now for the early risers. Venus and Jupiter are heading for a conjunction - togetherness. During the first week see the two brightest planets in the NNE. Jupiter shining at magnitude minus 1.9 and Venus 7X brighter at magnitude minus 4. You will have to view them between 3am and 4am.

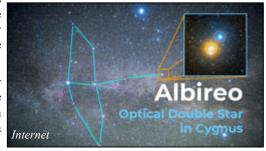
On the 12th closest approach occurs and the two planets will appear less than an index finger apart (at arm's length) so Jove will appear to have netted his Venus. Not so simple, from Earth they appear to be aligned and both are on the same side of the Sun – we will be looking past the Sun towards them. Venus will be 143 million km distant and Jupiter 592 million km away. That is 449 million km beyond Venus so Jove needs long arms.

The last sentence is not just whimsical; Jupiter's gravity influences everything across the Solar System and the centre of gravity between the Sun and the gas giant lies just above the Sun's surface. Jupiter orbits the Sun but the Sun, just about, also orbits Jupiter.

After the 12th, Jupiter rises higher and Venus sinks lower. On the 20th, just before 5am, find a Crescent Moon between Venus and Jupiter. The next morning, around the same time, Mercury pops up and the crescent Moon is just above its diminutive spark. Mercury is furthest away from the rising Sun on the 19th

and brightens to magnitude minus 1.3 by the end of the month

So, early risers have lots to see in the pre-dawn



sky. Just be aware that the Sun will be rising and you must not catch its light through any optical instruments.

If you have a telescope, including a birding 'scope', look for the beautiful double star Albireo. It is the 'eye', of Cygnus the Swan, high in the sky and due south. An astronomical 'phone app will help you find it. An intense blue star close to a, larger. golden one. They are easily separated by a telescope but you won't see that the gold component is, itself, a triple star system.

Images taken by the new Vera C. Rubin telescope in Chile are being received in the UK via fibre optic cables which stretch across the Atlantic to California via Florida. These images begin their journey at the start of 103,000km of cable 2,600m up a mountain. Each image is 32 gigapixels large and takes 10 seconds to arrive. Every three nights the telescope will scan the entire southern sky and it will do this for 10 years. Successive images will be stacked (overlayed) so that fainter and fainter objects will be revealed. The telescope will be looking back billions of years into the past, perhaps even locating several appearances of Dr Who.



Vera C. Rubin telescope building Chile. Internet



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Inside. The reflecting telescope with the largest camera in the world. Internet

There is an asteroid, large lump of rock, out there (asteroid 2024 YR4), which was once thought likely to crash into Earth. That threat has receded but now the Moon might be the target and debris from the impact could affect Earth's artificial satellites. The chance of this happening is just 4.3% which is considered significant. No need to invest in an unbreakable umbrella yet.

So, a meteor shower and Saturn at night, cosy planetary alignments before sunup. Darkening skies hint at things to come. Rain will be on its way.

Terry Parish

Snettisham Art Group



2025 Summer Art Exhibition

with associated crafts will be held at the British Legion Hall, Church Road, Snettisham

Bank Holiday Friday to Monday 22nd to 25th August OPEN

from 10.00am until 5.30pm each day

Entry Free - Donations welcomed for British Legion Telephone Les on 01485 572370 for further details

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SNETTISHAM GARDENING CLUB

By the time you read this we will have held our Annual Village Open Show and have visited Tudor Lodgings at Castle Acre under the NGS scheme,

We will be having a stall at the Village Summer Fayre on the Playing Field on Saturday 9th August 11.00am to 4.00pm so are hoping for fine weather, as no doubt our Village Events committee are.

both in July.

We will be back in the Memorial Hall, Old Church Road, Snettisham for our monthly meeting on Wednesday 27th August when our speaker will be Sally Bale who will tell us about the influence of the famous landscape gardener Capability Brown in Norfolk.

The meeting on 24th September will be our members Autumn Show and Auction.

Our meetings start at 7.30 pm and we always welcome new members. For any further information please call Gail on 01485 541279 or Addie on 01485 544754.





HEACHAM F.C.

The Club currently runs 3 teams and they are as follows:-



<u>1ST TEAM</u> (playing in The Thurlow Nunn Premier Division).

The club received some fantastic news and that is we finally will have a F.A. Cup match at home. We have been drawn at home to Newmarket Town in the Extra Preliminary Round of The Emirates F.A. Cup on Saturday 2nd August k.o. 3pm. Can the Magpies cause an upset by beating a team from a higher league? Who knows, but F.A. Cup magic could be about to come to Station Road. Put the date in your diary and come down to the playing field and give the team your support. A big crowd is expected, gates open at 1pm, so get there early and soak up the atmosphere of the World's most famous football cup competition.

We have also been drawn at home to Ely City in The Isuzu F.A. Vase First Round Qualifying on Saturday 23rd August k.o. 3pm. We will be playing a team that is in our league, so a great opportunity to progress further in this competition.

The first league fixtures of the new season have also been released:-

Saturday 26th July away v Hadleigh United k.o. 3pm Tuesday 29th July home v Fakenham Town k.o. 7.45pm

The team have been very busy pre season training and have played a number of friendlies:-

Sheringham away - lost 1-2 (this replaced the scheduled away game at Wells - which was unfortunately cancelled)

Castle Acre FC home - drew 2-2

FC Parson Drove home - won 1-0



Two more friendlies have been arranged before the start of the season:-

Wednesday 16th July v Blackstones FC away k.o. 7.45pm Saturday 19th July v Diss Town home k.o. 3.00pm

RESERVE TEAM (playing in The Fosters Solicitors Anglian Combination Div 3 North.)

Unfortunately, at the time of going to press there was no information available yet for the league fixtures for the forthcoming season.

<u>U18s TEAM</u> (playing in The Thurlow Nunn Youth Football League - West Division.)

The team for the forthcoming season will now play in the West Division and opponents this season will be Wisbech Town, March Town United, Whittlesey Athletic FC, Wisbech St Mary, Ely City, St Ives Town, Deeping Rangers, Spalding FC and Holbeach United.

Unfortunately at the time of going to press there was no information available yet for the league fixtures for the forthcoming season.

Admission Prices for 2025/26 Season

1st Team - Adults £9; Concessions £6

U16s £1 (there was an error last month when it was stated as U18s.)

Reserves - Free entry to all games

U18s - Adults £4; Concessions £2

U16s £1 (there was an error last month when it was stated as U18s.)

Season tickets are also available to purchase for entry to all 1st team league matches as follows:-

Adults - £126 (= a saving of £27 i.e. 3 games free)

Concessions - £84 (= a saving of £18 i.e. 3 games free)

Please note that all season ticket holders will gain free entry to all U18 matches as well.

Note:- Season ticket prices do not include any cup games.

Volunteers still Wanted

We are still looking for help on match days for next season. If you can spare a few hours a week we would love to hear from you. You'll find it's a great friendly atmosphere and we would love you to join the "Heacham Family". If you are interested then please contact Michael Parish on 07707556474 or email him: MLPARISH1980@gmail.com

Sponsorship / Advertising

The Football Club can offer various forms of sponsorship including player sponsorship, match day, tracksuits for U18s and advertising (programme and boards). If you are interested in getting involved with the Club this forthcoming season, then please contact the club for further information of the packages available by email:- Hfcadmin@btinternet.com

Pin Badges

The Official Heacham F.C. pin badge (£3 each) and the Anglian Combination Premier Champions 2021/22 pin badge (now reduced to £2 each) can be purchased on match days but they are also available from behind the bar at The Heacham Sports & Social Club.

Match Day Programmes

Did you miss collecting any programmes? There are a limited number of programmes still available from the past few seasons. Please get in touch (email address shown below) with any requirements you have and I will check our stock.

The 2025 "50/50 Club"

July winners:-

1st prize £55 - No. 153 James Fenn 2nd prize £25 - No.103 Bob Edwards

The monthly prizes will be as follows:-

January - November (inc) there will be 2 cash prizes per month - £55 & £25.

December, there will be 3 cash prizes - £75, £40 & £25. (Total prize money this year = £1,020)

All winners will be announced in future editions of the Newsletter.

Supporters Club News

The Supporters Club Committee are pleased to welcome two new members: Lindsay Haynes as our new Treasurer and Peter Salazar as committee member (to replace Paul Dawson, who recently resigned). We welcome both and we are sure that they will make valuable contributions to the Supporters Club.

The Supporters Club are pleased to announce that for the new season we will be the match day sponsors for the Reserve team. Also the Supporters Club have agreed to sponsor the match day programmes for the F.A. Cup home game v Newmarket Town and the F.A. Vase home game v Ely City.

Membership details

Supporters Club Membership for the 2025/26 season is now available.

Cost: £5 for the season (price held for the 6th consecutive season.)

What's included in the Membership:-

• Your membership number will be entered into 2 "free prize" draws, Christmas and end of season, with at least 10 prizes up for grabs.

- Your membership number will be entered into 8 monthly draws with the chance of winning £15 cash. (This will run from September 2025 until April 2026.)
- Only members of the Supporters Club will be entitled to cast their vote(s) for Player(s) of the Year at the end of the season (sorry but no membership = no vote.)

Also Members can benefit from the following discounts from local businesses:-

- ·Claim a free tea or a standard coffee when ordering either a small, medium or large breakfast at the Halt Cafe, South Beach, Heacham.
- · 5% discount on colour mix paint at Owen's DIY, Hunstanton.
- · Get 3 cylinder keys for £12 at Owen's DIY, Hunstanton.
- \cdot 10% discount at Flames Kebab & Fish Bar, Station Road, Heacham (on collection orders only.)
- · 10% off a full case of beer or 5% off a half case from Jennings Stores, South Beach Road, Heacham.

Note:- To take advantage of these offers a valid current membership card must be shown.

"GOALS/GOALS/GOALS" COMPETITION IS BACK FOR THE 2025/26 SEASON

Come and join the fun, limited places available.

The competition, which was launched last season, will again be available for the new season ahead. The format and rules will be the same as last season.

How does it work?

The competition has now been increased to a maximum of 60 groups, consisting of 4 teams per group. Teams will be randomly selected into each group. Which group, in total, will score the most league goals throughout the season? The teams in the groups will be a mixture of teams from the English



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Championship, Divisions 1 and 2, The National League, The Scottish Championship and Scottish Divisions 1 and 2. (A total of 126 teams have been used and, therefore, some teams appear in more than one group.) There will be a Scottish team in each group (this will ensure that every group will play the same number of league games.) The groups have changed and are totally different from last season.

NOTE: ONLY LEAGUE GOALS SCORED WILL BE INCLUDED

The groups are numbered 1 - 60. To reserve/request a group you can either:-

- 1. Request a particular group number
- 2. Request a group containing 1 particular team (if still available)
- 3. A group will be allocated randomly.

Once payment has been received you will be advised of your 4 teams.

Cost of entry: £10 per group (50% allocated towards prize money & 50% to be retained by the Supporters Club.)

Prize Money: 1st Prize £175

2nd Prize £85 3rd Prize £40

This is based on selling all 60 groups. If any groups are unsold then the prize money will be adjusted accordingly.

In the event of a tie, the winner will be decided by who has the best individual highest scoring team in their group.

A monthly update will be listed on the Supporters Facebook page showing the leader board and a full list will be published every few months.

Payment: For both Membership and the "GOALS/GOALS/GOALS" competition, can be either cash or bank transfer (details to be sent by facebook, messenger or email.)

You can reserve your entry by either e-mail: deniscooper06@aol.com or via the Heacham F.C. Supporters Club Facebook page. Alternatively come to any home match and look for the Supporters Club Flag and ask for me.

If you require any further information on any of the matters mentioned, then please contact me on the email address shown below. You can also keep up to date with all the latest news on our Facebook page:- Heacham F.C. Supporters Club.

"COME ON HEACHAM"

Denis Cooper Chairman/Secretary Heacham F C Supporters Club Email: deniscooper06@aol.com

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1939-1945 – P.O.Ws. – Exhibition Day

Capt. Jack Race MBE is also my father. My brother Jim Race has worked tirelessly gathering vital information in order to present these two very important events for our village of Heacham. On Saturday 16th August, a very true to life production of what the P.O.Ws. suffered through those three and half years. Many coming from Norfolk.

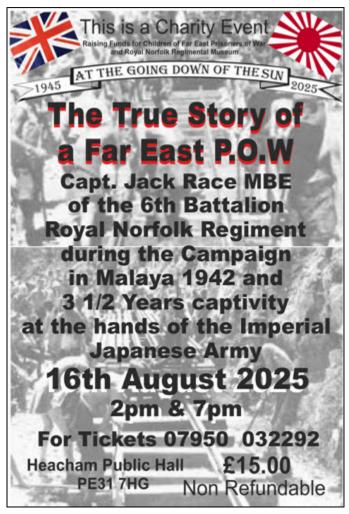
On Sunday 17th August is an Exhibition, with stories of these local men and memorabilia, where there will be tea/cake served.

In memory of my Dad and to help Jimma to raise as many funds as possible for both charities, 'CURTIS CAKES' will be on sale. All bakes will be sold, cash only. Please bring a carry holder, if taking home with you!

PLEASE support this very important event. Thank you.

Janice Curtis







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48 hrs for weekend bookings.

For more information on our services, or to book transport please contact

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SUPPORTED BY Norfolk County Council



5K Your Way – Move Charity Sandringham parkrun – 7 years celebration



On the last Saturday of June 5K Your Way - Move Against Cancer was celebrating 7 years since launching their first group.

The Move Charity was founded by former international athlete Gemma Hillier Moses after she was diagnosed with Burkitt Lymphoma at the age of 24. She needed support to stay active during and after treatment and regain her fitness, but the support just didn't exist. She created MOVE Against Cancer charity with the goal of providing other young people with cancer the kind of support she didn't receive. Since 2016 its mission has been to support, inspire and empower people impacted by cancer to live an active and fulfilling life. In 2018, in collaboration with Oncologist and professional triathlete, Dr Lucy Gossage, the 5K Your Way, Move Against Cancer Initiative was launched. "The idea for 5KYW came when I was working with some teenage and young adult patients", says Lucy. "Many of these patients receive long, tough courses of chemotherapy. During treatment they do little other than sit in their hospital room. After treatment we offer little to help them regain their fitness. I wanted to set up something that would help change this. I knew that the best way to instigate change would be by including healthcare professionals in the change. What better way to do this by creating a community within the wonderful community that is parkrun?"

Since launching that first group in Nottingham, the initiative has grown and there are now over 100 groups across the UK and Ireland. 2025 celebrated 7 years of 5KYW on June 28th. Move Against Cancer is a growing community of people who believe passionately in the power of movement for those living with and beyond cancer and challenge the myth that 'rest is best.'

5K Your Way - Move Charity Sandringham parkrun is the only one in Norfolk

Sandringham 5K Your Way: Welcomes anyone impacted by cancer. If you or anyone you know has been affected by cancer, please join us. Participants can walk, jog, run, cheer or volunteer or sit and have a coffee and enjoy the surroundings.

When: Last Saturday of every month.

Time: 8:30 for a 9:00 am start

Where: The group meet at Sandringham Visitor Centre at the picnic tables underneath the stretch tent near the children's play park area.





Charity Move supportive community that inspires and empowers people impacted by cancer, including their family, friends and healthcare professionals, to live an active and fulfilling

lifestyle. We have ambassadors, from The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust, there each month to welcome people and to walk and talk around the beautiful 5k



route in the Royal Parkland. Photos from a recent 5KYW meeting. Please come along and join us next month, have a chat and enjoy some tasty baked treats. We all appreciate the great team for their support.

Sandringham parkrun: A

free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

When: Every Saturday; Please arrive by 8:30 to 8:40am for the parkrun briefing, event start time is 9:00am. Please register and bring along your barcode.

Where: The event takes place at Sandringham Royal Park, Sandringham, Norfolk, PE35 6AB

(Information from parkrun and Move Charity)

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VJ DAY

(Victory over Japan Day) on 15th August 2025 marks the 80th anniversary of the end of World War II in the Far East. The lighting of the Heacham beacon ceremony at the Chalk Pit at 21:30 (9:30pm) symbolises remembrance, joining others in a national tribute to the sacrifices servicemen made and honours veterans, prisoners of war and those who served in the Far East campaigns.

Cllr Robert Pritchard





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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane MC = Methodist Church Hall, Station Road SM = St Mary's Church Hall, High Street OFH = Old Friends Hall, Sunnyside PRH = Pine Residents Hall, Wilton Rd SG = Scout & Guide Hut, Sunnyside HSC = Heacham Social Club PH = Public Hall NC = Neville Court

MONDAYS

Heacham Table Tennis Club 9.15 - 11.15 Friendly table tennis session. tel 01485 570447 (top room PH)

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

CHAT Club 2nd Monday of the month 10am – 12noon Snettisham Memorial Hall

Hunstanton Community Cafe 10am – 1pm Community Hub, Hunstanton Town Hall

Coffee, Cakes and Chat 10am - noon Anmer Social club. All welcome.

Coffee Morning 10.30am Sunnyside Close (Retirement Housing for 60+) Tel: 570492

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Fitness Pilates 10.45 am Contact Jaime (see Fitsteps 09.45)

Norfolk & Waveney Mind - Rest in the Community Hub 11.30am - 1.00pm - Ladies group. A mental health group focusing on women, which gives the women who attend the group a chance to talk openly in a female only environment. Neville Court Community Room, Neville Road, PE31 7SP. tel 0300 330 5488 Seated Fitness 12.00 noon Contact Jaime (see Fitsteps 09.45)

Lean & Strong Seniors 2pm Ingoldisthorpe. Conact Jaime (see Fitsteps 09.45)

Heacham Wives Group – 2nd Monday of most months 2pm at Cunningham Court Community Hall. New members always welcome.

Heachamites Recollections Group 1st Monday monthly, 2-4pm at Heacham Library. Attendance is free. (SM)

Norfolk & Waveney Mind - Rest in the Community Hub Coffee and Craft group 2 - 3 pm. Bring your own craft projects and enjoy a drink and a chat whilst working. Neville Court Community Room, Neville Road, PE31 7SP. tel 0300 330 5488 Monday Craft Club 2- 4pm (except Bank Holidays) Mixed hand crafts. Please telephone Carole on 01485 572263 with any enquiries. (PRH)

Snettisham Monday Sequence Tea Dance Club 2 pm to 4.30 pm.at Snettisham Memorial Hall. £3 for members, £3.50 for visitors. Please contact Chairman Richard Jessop on 07821 332090 or email richardjesssop7@gmail for more details.

Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

Strength & Balance Class 4.40pm Hunstanton Conservative Club. **Walking Football for the over 50s** 5pm Astroturf pitch at Heacham Social club. For more information contact Heacham Walking Football on Facebook or Steve Watson on 07931 383401.

Fitsteps 5.15pm at Ingoldisthorpe. To book: Contact Jaime 07765433100 or **jaimefitsteps@gmail.com**

Lift Lean 6pm as Fitsteps above.

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Line Dancing 6.30– 8.30pm Hunstanton Community Centre. £5.00. Tel: Louise on 07722124941.

Fitness Pilates 6.50pm, as Fitsteps above.

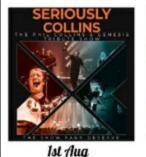
Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details

Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Princess

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FRANKIE S GUYS
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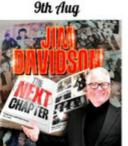




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Princess THE GREAT BRITISH

DESCRIPTION OF THE GREAT BRITISH

DESCRIPTION

Hunstanton Conservative Club

24 High Street, Hunstanton PE36 5AF Tel: 01485 532462

The Club is open Monday to Saturday 10am-11pm except music and quiz nights. Sunday 11am-11pm



Meals served from Monday to Saturday 12 noon until 2.00pm. A selection of special meals available each day.

Sundays – 2 course Roast Lunch

Entertainment for August

The club will be open later on entertainment evenings.

Sat 2nd August: Quiz Night Wed 6th August: 10am Coffee & Brandy

Thurs 14th August: Coach trip to Bury St Edmunds Sat 16th August: 60s Rock and Reggae Night

Regular Events

The U3A Spanish class meets every second Monday morning. Yoga for U3A members on Wednesdays, Thursdays & Fridays.

Mondays: Strength and Balance Class – 4.30pm Wednesdays: Scrabble 10.00am. Whist Drive 7.00pm Fridays: Lunchtime Raffle drawn at 1.00pm NIA (non-impact Aerobics) 12.30pm

Saturdays: 'Open the Box' draw at 1.00pm

Cash Bingo – Tuesdays and Fridays Eyes down 7.30pm

www.hunstantonconservativeclub.co.uk

Heacham In Bloom 3rd Monday Monthly 7pm (OFH)

Hunstanton Voices 7.00pm every Monday, The Way Christian Fellowship Church Hall, Downs Close, Hunstanton. First week free, no singing experience required. For more information contact noelenewd@yahoo.co.uk. or ring 07709 986046.

Watlington Jazz Club 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

Cash Bingo 8pm United Services Club, Homefields Road, Hunstanton TUESDAYS

Garden Circuits 09.15 am Rudham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Hunstanton Indoor Market 10am - 2pm (4pm July - mid-September) at Hunstanton Town Hall.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)

Gentle Pilates and Exercise Class (seated) 10.15am and 11.15am Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Sweaty Mums 10,30 am Rudham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Coastal Stroke & Support Group 10.30am -12.30pm at Hunstanton Methodist Church Austin St

Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485 532280

Norfolk and Waveney Mind Coffee, Catchup and Crafts 11am - 12.30pm Anmer Social Club. Join us for coffee and bring projects to complete alongside others. Tel 0300 330 5488

Friendship Lunches 1st Tuesday of each month. 12.30 pm Two-course meal £7. To book call Shirley on 01485 540644 at Dersingham Village Centre

Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

Cafe for the Bereaved 2pm Fortnightly Hunstanton Library. 01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library **Social 50/50 Dance** 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

Norfolk & Waveney Mind Mens Recovery Group 2 - 3.30pm Anmer Social Club. A chance for men to come together and chat with each other or with a mental health recovery worker. Tel 0300 330 5488 Jive Classes 2.15 - 3.45 inc tea/coffee. Contact Val 07789 957071 or info@taketheleaddance.co.uk (PH)

The Fellowship 2.45pm fourth Tuesday of the month (MC)

Garden Circuits 6.30 pm Rudham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Pilates (mat) 5pm and 6.15pm Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Norfolk & Waveney Mind After Work Social Group 5 - 6.30pm Anmer Social Club. A chance to socialise with others and /or talk to a recovery worker for mental health support. Tel 0300 330 5488

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC)Playing Fields

Norsemans Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3 at Unit 12 Heacham Hall Ind Est. <u>geezersales@btinternet.com</u>

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

Fire Cadets at Hunstanton Fire Station 6.30 – 8.30 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel: 07919492236

Brass Band Practice 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

Parish Council Mtg 3rd Tuesday monthly 7pm (OFH)

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

Poker Games (friendly) 7:30pm United Services Club

11am – 12 noon Hunstanton Library

Cash Bingo 7.30pm Hunstanton Conservative Club

Village Cinema last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

WEDNESDAYS

Car Boot 7 am sellers, 8am public Heacham Sports Field. £6/pitch Walkfit 9.00am Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Docking Market 9am-1pm in The Ripper Hall Local Produce, Craft and Gift Stalls Tel: 576233

Scallywags Parent, Baby & Toddler Group term time 9.30 – 11 am £3 Tel: Jo 07395 077622 (SG)

Baby and Toddler Group 9.30 - 11.00 Methodist Church, Austin St, Hunstanton. Call Rosie on 07963 181573 for more info.

Stability Ball 9.45am Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

British Red Cross with Trussell Drop In 10am - noon (last Wednesday of the month) at Heacham Parish Library. email annesipple@redcross.org.uk

Family History One to One 10 -11am Hunstanton Library 01485 532280

Scrabble 10am Hunstanton Conservative Club.

Tai Chi Beginners 10 - 11am first and third Wednesdays of the month at Hunstanton Town Hall, £8 To book or for info call Margaret on 07951402717

Seated Tai Chi 10.30 – 11.30 first and third Wednesdays of the month. Contact Allan on 07960229726 for more information. Wheelchair accessible. (PH)

Carvery Lunch from 12noon - 2pm at United Services Club. One course for £7.95, two for £9.95, To book - 07901 524778

Walkfit 1.30pm Heacham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Noah's Ark Toddler Group 1.30 - 3pm term time, £3/family. Tel: Marianne Baguley 07880364326.

Trefoil Guild 2 - 4pm 1st Wednesday of the month For info please ring Judith on 01485 571311. (NC)

Job Support 2 – 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Tea Dance 2 – 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Flow 2.15pm pm Heacham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Fitsteps 6.00pm Rudham For info contact Jaime 07765 433100 or iaimefitsteps@gmail.com

Tai Chi & Kung Fu 6-7.15pm - Childrens Kung Fu 7.15-8.15pm - Adult Tai Chi 8.15–9.30pm - Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm-7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

Hatha Yoga 6.30 – 7.30pm. Ring Bridget on 07477 335155 or just come along with your own yoga mat. (OFH)

Fitness Pilates 6.45pm Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Whist 7pm Hunstanton Conservative Club

Heavenly Honeys of Heacham 7pm 1st Wednesday of the month. For more info contact tracyraby61@gmail.com (HSC) West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 or 07900 320612 Anne Davis www.westnorfolksingers.org.uk/

Snettisham Gardening Club last Wednesday of the month 7:30 8:30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Pop-Up Coffee Shop 10am - 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Coffee Morning 10am - 12noon (monthly on the 3rd Thursday) at The Salvation Army, Alma Road, Snettisham. All welcome.

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Dementia Cafe first Thursday of the month 10.30 - 12.30 Heacham Social Club. More info from West Norfolk Carers 01533 768155 or westnorfolkcarers.org.uk

Norfolk & Waveney Mind - Rest in the Community Hub 10am - 3pm Lunch Club Plus . For over 50s with mild to moderate physical and/or mental health diagnoses. Hot dinner and pudding provided. Activities such as dominoes, Bingo and carpet bowls. There is a charge for this group and pre-booking required. Tel 0300 330 5488. Neville Court Community Room, Neville Rd, Heacham. Snettisham Art Group 10am - 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 – 11.15am Dersingham Village Centre. Details as on Mondays.

Oddfellows Get Together 11am, third Thursday of the month at Thaxters Coffee Shop, Dersingham. For further details please contact Alison or Jonathan on 07564 834292 or email alison.schultz@oddfellows.co.uk

Craft Club 2nd Thursday of the month, 2pm - 4pm at The Salvation Army, Alma Road, Snettisham. Bring your own project if you like.



Hunstanton United Services Club

Entertainment for August 2025

OPEN ALL DAY EVERY DAY - 11am to 11pm Please note that non-member entrance fee for Friday Night Specials and Saturday live music evenings is £5pp

FRI 1st FRIDAY NIGHT SPECIAL IT'S FREDDY! Luke's tribute to Freddy Mercury. 8.30pm.

SAT 2nd MIKE SHELBY. 60s, R&R & Elvis. 8.30pm. SUN 3rd OPEN GARDEN LIVE MUSIC with Simon Lee.

All eras. 3pm-6pm. Sandwiches & Cake 5.30pm.

Few games of CASH PRIZE BINGO 7pm. DANCING IN THE LOUNGE to DNA BAND. 8pm.

SAT 9th TRAVIS. All eras. 8.30pm.

SUN 10th FIND THE JOKER DRAW. Tickets £1. FANTASTIC CASH PRIZES TO BE WON. Drawn at 2pm. Followed by live music with MISCHIEF. All eras. 2.30pm. KARAOKE with Mick Covey. 8pm.

FRI 15th QUIZ NIGHT. First Prize £50. Teams up to 4 persons.

£3pp. 8p **SAT 16th** GLEN COOPER. All eras. 8.30pm

SUN 17th FIND THE JOKER DRAW. Tickets £1. FANTASTIC CASH PRIZES. Drawn at 2pm. Followed by live music with CORRIE LEWIS Motown & more. 2.30pm. KARAOKE with Mick Covey. 8pm.

BANK HOLIDAY WEEKEND:

SAT 23rd LOW RIDER ROCK BAND. Fantastic show. 8.30pm.

SUN 24th OPÊN GARDEN. Live music with TONI G. 60s & Elvis etc. 3pm-6pm. Sandwiches & cake 5.30pm Few games of CASH PRIZE BINGO 7pm. DANCING IN THE LOUNGE TO THE TONICS Lively Duo. All eras. 8pm.

SAT 30th DR PHIL - Motown & Soul Man. 8.30pm. SUN 31st FIND THE JOKER. Tickets £1. FANTASTIC CASH PRIZES. Drawn at 2pm. Followed by live music with BONDY 2.30pm. KARAOKE with Mick Covey 8pm.

> KARAOKE – EVERY SUNDAY with MICK COVEY. 8pm.

CASH PRIZE BINGO - EVERY MONDAY & THURSDAY EYES DOWN 8pm

POKER NIGHTS – EVERY TUESDAY FRIENDLY and THURSDAY LEAGUE 7pm

SNOOKER ROOM with 3 x FULL MATCH SIZE TABLES

> POOL TABLE & DARTS LARGE BEER GARDEN

UPSTAIRS FUNCTION ROOM FOR HIRE YEARLY MEMBERSHIP TO CLUB

£14pp. OAPs £10. Under 17 Free.

This gives you free access to all Club facilities and live music events apart from NYEve.

WE ARE ONE OF THE CHEAPEST PLACES IN TOWN FOR A DRINK!

The Old Schoolgirl Friends of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am

Just a cuppa 11am Hunstanton Library 01485 532280

Craft and Knit and Natter 2 – 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Knit and Natter 2pm at Pine Residents Hall. Call Pat Toppin 01485 779208

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Tea Dance 2 - 4.30pmevery week. Old time line dancing and sequence at the Public Hall, Call George 01775 670294

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

Judo 5 - 6pm 3 - 6 year olds; 6 - 7pm 6 - 11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free) . Call Josh 07432 586668 (PH)

Hunstanton Bridge Club Duplicate Bridge 6.15pm for 6.30 pm until 9.45pm approx.. All year round at Old Hunstanton Village Hall. Contact bridgehunstanton@gmail.com

Ballroom, Latin and Jive Classes at Dersingham Village Hall. 6.30 Jive, 7.30 Ballroom & Latin beginners, 8.30 beyond beginners. Contact Val on 07789 957071 or www.taketheleaddance.co.uk

1st Heacham Cubs ages 8 – 10yrs Term Time 6.45 –8.30pm Tel: Jemma 07962 611122 (SG)

St Mary's Snettisham, Thursday Suppers - 7pm at Park Farm Visitor's Centre - a good meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Hunstanton Army Cadets 7 - 9.30pm Hunstanton Community Centre Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

Slow FlowYoga 7 - 8 pm Dersingham Village Centre. Contact Kyra on 07968 354431

Hunstanton and District Camera Club 7.30pm, first and third Thursday of the months September to May. Common Room, Orchard Close, Dersingham.

Snooker League 7.30pm Hunstanton Conservative Club

RAO Buffaloes 7.30pm (HSC Top Room)

Poker Games (league)7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Quiz Night Cash Prizes 9pm at Fox & Hounds

Wolf Folk Club 8pm fortnightly from 7th November at Flitcham Social Club. Free. Singaround of a wide variety of acoustic music. More info on their Facebook page - The Wolf Club.

FRIDAYS

Crafty Crowd second Friday of the month 10am - 12 noon at Heacham Methodist Church. Bring your own craft. For info contact Marianne on 07880 364326

Friendship Group 10.30 am – 12 noon at Hunstanton Community Centre. Come for a cuppa & a chat & to meet new people. Julie – 07927 467984, Sue – 07891 506912

Wool Crafts 11 am Hunstanton Library 01485 532280

Lunch from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

St Mary's Snettisham, Friday Lunches - 12:30pm at Snettisham Church Hall, 100 Station Rd - a light meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Raffle 1pm Hunstanton Conservative Club

Hunstanton Bridge Club Supervised Bridge 1.15pm for 1.30 pm until 4.45pm approx.. September to end of June at Old Hunstanton Village Hall. Contact bridgehunstanton@gmail.com

Heavenly Honeys of Heacham 2pm 1st Friday of the month. For more info contact tracyraby61@gmail.com (HSC)

Sequence Dance Group 2 - 4pm Alternate Fridays £2.50 -45 mins. Info from Elizabeth Jarred 07709 287318 or elizabethjarreddance@gmail.com (PRH)

Football 5 - 6.30pm Under 10's 'Minors' on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norsemans Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Hunstanton Tang Soo Do Club 6.30 - 8.30pm Korean martial arts of self defence mixed club all ages at Smithdon School.

Cash Bingo 7pm (PH)

Cash Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Stepping Out Tea Dance last Friday monthly. £5 for members, £7.50 for non-members, inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

SATURDAYS

Sandringham Royal Parkrun 8.45 for 9am. First Timers briefing at 8.50am. Start and finish on the vista near children's play area. Car parking for parkrun is free until 11:00 am. To volunteer or for further information contact: sandringham@parkrun.com

Hunstanton Promenade Parkrun 8.55 for 9am. 5km run, jog or walk. Meet at Hunstanton Sailing Club, North Promenade, Hunstanton PE36 6GB

Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Coffee Morning first Saturday of the month, 10am. Pine Residents Hall. £1. There is a raffle.

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Raffle with 'Open The Box' 1pm Hunstanton Conservative Club. Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattsington.com

Sequence Dance Group 2 - 4pm Saturdays unless hall previously booked £2.50 -45 mins. Info from Elizabeth Jarred 07709 287318 or elizabethjarreddance@gmail.com (PRH)



West Norfolk Tai Chi Chuan -weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch Carvery from 12noon - 2pm at United Services Club.To book - 07901 524778

Sunday Lunch from 12noon - 2pm at Hunstanton Conservative club. Two courses £8.95, please book.

OTHER EVENTS.

August

August Events at Anmer Social Club

For info see www.anmerclub.com, facebook.com/AnmerSocialClub or email enquiries@anmerclub.co.uk

Club open 30 mins before event start time.

Monday 4th 10 am - noon Coffee Morning.

Monday 4th 7.30pm Bingo Night. £6.50 book of 10, £1.50 a Flyer, £2 Cash Accumulator.

Monday 18th10 am - noon Coffee Morning Friday 28th 7.30pm Quiz. £3/person Raffle

August Music in the Burnhams

For more info go to musicintheburnhams.com or ring 07989 177079. Tickets £20 each under 18 free

Saturday 2nd 3pm All Saints Church cum Ulph, Burnham Market, The Magnard Ensemble (wind musicians).

Saturday 16th 7.30pm St Mary's Church, Broad Lane, Brancaster, Amiri Harewood (piano)

Saturday 2nd August and Sunday 3rd August at Castle Rising Castle, historical re-enactments by Buckinhgam's Retinue. Adults £10, concessions £9, children £8, family of 4 £33.

Saturday 2nd and Sunday 3rd August 12noon - 7pm on The Green, Hunstanton Music Festival. Free.

Thursday 7th August 2pm The Reading Room Stanhoe, Stanhoe and Barwick WI. Lyndsey Atkins will talk about Tulips for Tapping House. For more details contact stanhoenadbarwickwi@gmail.com

Sunday 10th August 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free.

Sunday 10th August 6pm at Heacham Parish Church, come and sing 'Primary School Bangers' at a relaxed songs of praise. Tuesday 12th August Start 2pm, registration from 1.30pm, on the beach at Old Hunstanton in front of the RNLI boathouse, Sandcastle Competition. £1. Prizes will be vouchers for the RNLI shop.

Friday 15th August 9.30pm at the Chalk Pit, the Heacham Beacon will be lit to commemorate VJ Day.

Saturday 16th August 2pm and 7pm at Heacham Public Hall, The True Story Of A Far East P.O.W. A charity event. £15, tickets from 07950 032292.

Sunday 17th August 10am - 4pm at Heacham Public Hall, An Exhibition Of The Norfolk's At War. With stories of local men and memorabilia. A charity event. £2.50. Cash only.

Sunday 17th August 4.30pm at Hunstanton Bandstand on the Green, Songs of Praise with Hunstanton Area Churches and the Salvation Army Band.

Friday 22nd August to Monday 25th August 10am - 5.30pm at the British Legion Hall, Snettisham, Snettisham Art Group's 2025 Summer Art Exhibition. Free. For more info call Les on 01485 572370.

Friday 22nd August to Monday 25th August 10am - 5pm Ringstead Village Hall, Art Exhibition.

Saturday 23rd August to Monday 25th August at Castle Rising Castle, historical re-enactments. Black Knight Historical present 'Soldiers Through the Ages'. Adults £10, concessions £9, children £8, family of 4 £33.

Saturday 23rd August 10am - 4pm Hunstanton Town Hall, HDFA Craft Fair.

Sunday 24th August and Monday 25th August 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free.

Sunday 24th August 10am - 3pm at Sedgeford Village Hall, Sedgeford Summer Fayre. All items hand crafted. Free.

Wednesday 27th August 10am – noon Community Coffee Morning and More, Old Friends Hall.

Wednesday 27th August 7.30pm Memorial Hall, Old Church Rd, Snettisham. Snettisham Gardening Club. Sally Bale will talk about the influence of Capability Brown in Norfolk. For info call Gail on 01485 541279 or Addie on 01485 544754.

Thursday 28th August 1- 3pm Hunstanton Town Hall, a Musical Afternoon with Margaritaville. 50's and 60's music in aid of EAAA. £4. Cash only. Dinky David 07787 966000

Saturday 30th August 8.45 am for 9.00 am Sandringham Royal Park. 5K Your Way – Move Charity For anyone affected by cancer, friends and healthcare professionals to come and walk, talk, run or simply have coffee and cake and be part of the lovely parkrun community. For further information email: sandringhamgroup@5kyourway.org

u3a

HUNSTANTON

We do not hold a meeting in the Community Hall in August.

However, we will be pleased to welcome you to our September meeting on Monday 15th at the Community Hall, Avenue Road, Hunstanton at 2.00pm when Kate Craven will be talking about the RNLI - a very important part of the Hunstanton community.

Did you know 50% of people who get into difficulty off our coast had not intended to get wet!!

For further information please see our website www.hunstantonu3a.org



Art Exhibition in Ringstead Fri 22nd to Monday 25th August. 10am to 5pm

Three resident Ringstead artists are coming together to put on an exhibition at the Ringstead Village Hall, PE36 5JU over the August bank holiday weekend. Individual yet complementary, united in their love of bold forms, colour and texture, these artists have exhibited together on many occasions and will put on a show that will light up the Hall!



The abstract pictures by Helga Joergens are created spontaneously, and they develop in the drawing or painting process. She begins by drawing lines, marks or colours to indicate a composition and as soon as an idea evolves, she follows the direction in which it takes her. She brings into play sweeping strokes in order to achieve a sense of movement and repeated lines to create rhythm. She also enjoys using strong vibrant colours and applies them in many variations in order to create richness which makes the pictures shimmer. Her titles express her associations after completion.



David Lendrum's paintings are abstract but derived from nature. He is inspired by the sunsets, clouds or flowers near his home. He often works with diluted acrylic paint, staining it directly into the unprimed canvas on the floor, which he then develops with thicker paint as required, after transferring it to the wall. He also paints on smaller primed canvases where the paint is applied in thicker layers



using brushes, palette knives and scrapers to create strong textures. Intense, vibrant colours are used to maximum expressive effect in order to create a sense of feelings and mood. Website: www.davidlendrum.co.uk



Following her well received exhibition 'Music in Mind' last year, Barbara King will this time be focusing on shadows and reflections. "These have always held a fascination for me due to the way they distort and translate the actual, tangible world around us. By studying and emphasising these ephemeral and transitory patterns I try to bring new and exciting elements to my work giving it in some cases an almost abstract quality."

There will also be a selection of her Norfolk Landscapes and Wildflower paintings paired with poetry from the new volume of poems by Michael King which is currently being published and should be ready in time for the exhibition.

Website www.barbaraking.co.uk www.Instagram.com/bekinstag www.fabtimes.com

WORDS STIRRED and SHARED

a book of poems



Michael King



Mayor of Hunstanton, Cllr Tony Bishopp, Resigns due to Health Reasons after Short Tenure

Cllr Tony Bishopp, who was elected as Mayor of Hunstanton just a month ago, has resigned from his position due to health reasons. In his resignation statement, Cllr Bishopp expressed both pride in his long service to the town and regret at stepping down so soon after assuming the mayoralty.

Throughout his short time as Mayor, Cllr Bishopp gave all his time and effort to the Carnival Weekend held in July and has, throughout his time as an HTC councillor, consistently remained active and informed on all Borough Council and Norfolk County Council meetings, as well as key issues affecting the town. He expressed his gratitude for the ongoing support of his fellow council members and the Town Clerk & RFO, Jan Roomes, with whom he had a strong working relationship both as Chair of Finance and Mayor.

In his statement, Cllr Bishopp cited ongoing personality clashes within the Council and frustrations over the lack of attention to pressing issues, particularly in the wake of the current government reorganisation, as factors influencing his decision. Nevertheless, he conveyed sincere thanks for the opportunity to serve Hunstanton and work alongside dedicated colleagues.

"I have thoroughly enjoyed every moment of my 12 years serving Hunstanton," said Cllr Bishopp. "Although my time as Mayor was short, I'm proud of what we accomplished, especially the success of the Carnival Weekend. I am deeply grateful for Jan Roomes' unwavering support, as well as for the trust and collaboration of my fellow Council members. I wish Hunstanton Town Council all the best in the future."

Cllr Bishopp's expertise in managing the town's Special Expenses will be greatly missed. His deep knowledge of these financial matters was an invaluable asset to the Council and community. He also expressed his regret at not being able to see the Community Centre project - a long-standing initiative close to his heart - through to completion.

Additionally, Cllr Bishopp took the opportunity to thank HTC's 2 other dedicated staff members—Steve Roomes (Property Officer and Louise Parton (Administration Officer) - whose professionalism and commitment have been essential to the success of the Town Council's efforts over the years.

The Town Council will now begin the process of selecting a new Mayor. In the interim, Deputy Mayor Cllr Mark Williamson will assume mayoral duties until a new appointment is made.

The Town Council extends its Best Wishes to Cllr Bishopp for his health and future endeavours.

Jan Roomes









Hunstanton Town Council's Carnival Weekend draws over 5,000 Visitors to the Victorian Seaside Town

Hunstanton, 23rd June 2025 – The Hunstanton Town Council Events Team successfully hosted a spectacular carnival event over the weekend of 20th-22nd June 2025, drawing more than 5,000 visitors to the picturesque Victorian seaside town of Hunstanton. With a jam-packed three-day programme filled with vibrant festivities, local entertainment, and community spirit, the event exceeded all expectations, thanks to the generous support of local businesses, stallholders, performers, and volunteers.

A Weekend of Fun and Community Spirit

The carnival featured a fantastic mix of entertainment, delicious food and craft stalls, all set against the backdrop of the stunning Hunstanton coastline. The bustling atmosphere was complemented by live performances, exciting parades, and family-friendly activities, ensuring there was something for everyone to enjoy.

A Message from Hunstanton Mayor, Cllr Tony Bishopp "We are absolutely delighted with the success of this year's carnival weekend," said Cllr Tony Bishopp, Mayor of Hunstanton. "It was heartening to see so many people from across the region come together to enjoy the festivities and celebrate everything that makes Hunstanton such a special place. The weather may have been windy, but the community spirit was stronger than ever, and that's what really made this event so memorable."

Thanks to Our Sponsors, Stallholders, and Volunteers

The weekend's success would not have been possible without the unwavering support of our local businesses who generously sponsored and supported the event. "A big thank you to all of the businesses who got involved and helped bring this event to life." Cllr Bishopp added. "Your contributions are vital in making this carnival such a standout occasion in Hunstanton's calendar."

"We also want to acknowledge the tireless work of our volunteers who gave their time and energy to make the weekend run smoothly," said Cllr Bishopp. "From helping with event logistics to supporting visitors, our volunteers were the backbone of this event, and we are incredibly grateful for their hard work."

Looking to the Future

"The success of this year's carnival only strengthens our resolve to continue organising events that bring the community together," said Cllr Bishopp. "We are already looking ahead to next year's event and hope to make it even bigger, better, and more enjoyable for all.

Acknowledgements

- · Local Businesses: Thank you for your generous sponsorship and support.
- · Stallholders: We appreciate your resilience in weathering the wind and bringing a diverse selection of products and food to the event.
- · Entertainers: Your talent and performances added so much energy and joy to the carnival.
- · Volunteers: Your dedication made this event a huge success, and we couldn't have done it without you.

About Hunstanton Town Council Events Team

The Hunstanton Town Council Events Team is committed to creating memorable, community-oriented events throughout the year that showcase the town's heritage, support local businesses,

and provide opportunities for families and visitors to gather and celebrate together.

Contact: Jan Roomes, Town Clerk:

clerk@hunstantontown council.gov.uk 01485 532402.



Jan Roomes





Healthy Feet Footcare

Treatments we offer include nail trimming, corns, calluses, verrucas, thickened and fungal nails

Clinic Locations

The Therapy Shed - Heacham Kings Lynn Town Centre

Home Visits Also Available

Please contact Michele for an appointment or to discuss any treatment needed

michele@healthyfeetfootcare.co.uk

07891 638812

Registered footcare practitioner and graduate member of The College of Foot Care Practitioners (Dip.TCFCP)



Studio @ 55 update

This time it's from The Monkey instead of the Organ Grinder.

The life of The Monkey - or artist's assistant - is a busy one. It's all 'paint this, move that, clean it up' and so it goes on, day in day out.



But hey - this ' m o n k e y ' doesn't mind one bit. And I'll tell you why. Studio @ 55 is now where it needs to be, in its prime location in Heacham, High Street.

We had a 'soft launch' on the 29th June to thank everyone who helped us make it happen and turn it around into a bright new studio in record time.

Then classes resumed on the 3rd of July. Fab turnout. Thank you everyone.

Come on by, say hello. Maybe you'll discover your inner potter

or clay modeller or you could purchase a gift certificate for a friend/loved one to encourage them?! Now, here's a tall tale - yes and monkeys do have tails –

I hadn't done art since A level (yes, showing my age), but under Esther's guidance I did a sculpture using an armature and paper clay and created Colin the Curlew (see pic.) And being the mischievous monkey that I am I made a clay model



Discover your creative side
Join a course in Pottery,
Clay Modelling, Sculpture
with Armatures, Soapstone
Carving, Linocut.

Visit me at my new address:
Esther Boehm • 21 High Street, Heacham, PE31 7ER
www.studioat55.com • eb@estherboehm.com
Phone 07538 986 235

sculpture of a whippet too! Blow me down with a feather! I found a side of me that I didn't know existed. Esther has the ability to awake the artist that hides within your soul and she certainly brought it out of me.

There's no such word as can't in our studio. The only word we have is can.



See anything is possible. If a monkey can do it, anyone can.

Anyways, you'll always have a warm welcome so don't 'Walk on By.'

The Monkey aka SJ Stone Esther Boehm, Studio @ 55

21 High Street • Heacham, PE31 7ER https://www.studioat55.com • eb@estherboehm.com Phone 07538 986 235

On behalf of the Save The Old Dairy Project team. Encouraging Individuality Acceptance and Understanding.

Hunstanton Lifeboat Sandcastle Competition Tuesday 12th August 2025

Start 2pm, registration from 1.30pm. Entry £1 only.
On the beach at Old Hunstanton in front of the RNLI boathouse and shop.

Everyone welcome, especially families with children. The competition lasts for about an hour (weather permitting) and is in three age groups. Prizes will be vouchers for the RNLI shop.

Parking available at the Le Strange car park.



August Events at Castle Rising

Visitors to historic Castle Rising will have two opportunities to come face-to-face with British history during the August holidays.

The Norman castle near King's Lynn in Norfolk, will play host to two groups of historical re-enactors over five days. These re-enactors combine arena performances and displays of weapon skills with the informality of smoky camp fires and the opportunity to talk to participants and handle reproduction equipment and materials.

The first group to set up camp at Castle Rising will be Buckingham's Retinue, all dedicated to the period popularly known as the Wars of the Roses. As a retinue, members wear the black and red personal livery of the Stafford family, Dukes of Buckingham, who played a prominent role in the politics and battles in this period. All the great families had such personal armies each wearing the livery colours and badges of their lord. One Duke of Buckingham even helped King Richard III to seize the throne in 1483 but then led an abortive revolt against the same King in the following year which ended with the Duke's downfall and execution.

The Buckingham men wear armour and handle weapons like the longbow and the bill (a type of long-handled axe) but they also have the then latest thing - gunpowder artillery. So be ready for a few bangs when they fire a bombard. The female members wear the 15th century's latest fashions and can give a first-hand account of what these feel like. The Buckingham Retinue will be at Castle Rising on August 2nd and 3rd.

The second group visiting Castle Rising are Black Knight Historical which will present Soldiers Through The Ages on the Bank Holiday weekend of August 23rd to 25th. Black Knight were at Castle Rising in May and will return with a variety of groups reflecting English history from the Ancient Britons of Queen Boudicca up to the Second World War.

The format is similar to Buckingham's, arena exhibitions on one side of the castle keep while tents, pavilions and camp fires are set up around the grounds with displays of life from the 1st Century AD onwards. Several groups look at the Middle Ages while others concentrate on the 18th and 19th century. All wear authentically recreated clothes. Want to find out what wearing a medieval woollen dress feels like in high summer? Ask one of the ladies!

The castle is still owned by the Howard family, who are descendants of the original builder in 1138 AD. It is managed in co-operation with English Heritage. Ticket prices on special event days are higher. Adults £10, concessions £9, children £8 or a family of four for £33. English Heritage members who normally enter Castle Rising for free receive a 50% discount on these prices. All events start at 10am.

Barry Slemmings

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Cllr Cynthia Easeman elected New Mayor and Chair of Hunstanton Town Council

At the Extraordinary Full Council Meeting on 9th July 2025, Hunstanton Town Council elected Cllr Cynthia Easeman as the new Mayor and Chair.

Cllr Easeman has been a member of the town council for seven years and currently chairs the Highways & Byways Committee. She is also involved with the Helping Hands and Friday Friendship Group, and is a familiar face at the local church.



Despite being visually impaired, Cynthia doesn't let anything hold her back — she's always out and about with her trusty guide dog, GEM, by her side.

As Mayor and Chair, Cynthia is excited to work closely with the community to make Hunstanton an even better place to live, work, and visit.

Jan Roomes







OUR RURAL PAST

I can appreciate that Jeremy Clarkson has the marmite effect (Love it or Hate it) on people but I must admit that I have enjoyed watching 'Clarkson's Farm' with its mix of entertainment and 'education.' Who knew that Lamborghini made tractors and GPS collars could be fitted to goats?! If nothing else, it has shown that however much money you might be able to throw at it, it is not an occupation in which success is guaranteed and pitfalls often appear unavoidable. In a world that is changing – in size, technology, lifestyles and even climate – it is unsurprising that barley may have given way to bungalows, Friesians to fairways and sheep to solar panels. 'Diversification' on some small farms as a means of bringing in paying customers has meant the appearance of 'PYO' signs, maize mazes, lamb feeding and, while the term 'Artisan' is in vogue, making ice-cream and milk shakes. Similarly, 'Farm to Fork' may bring in those who like to see some crumbs of soil on their vegetables or the odd feather amongst the eggs. Of course, they then face the world of planning, health and safety and environmental health regulations.

I was born on a farm but hadn't exchanged knitted booties for wellies when it was clear to my parents that a demobbed Manchester soldier might make a husband of a Welsh farmer's daughter but it was unlikely to lead to agricultural success. Although a schoolboy in the Midlands, annual holidays tended to be back in Wales where there always seemed someone able to put us up and always experiences to look forward to. These varied from searching for 'free range' eggs in various hidey holes around the farmyard, fetching the cows in for milking (basically opening the field gate but what a sense of importance!) 'teaching' calves to drink from a bucket, marvelling at the incomprehensible patter of the auctioneer at the cattle market and the ultimate childhood holiday experience: 'helping' with haymaking. That was in the days of pitchforks and Shredded Wheat bales. As a boy, my ability to pitch bales more than a couple of rows high on the hay cart was limited, I remember being given the thrilling role of tractor driver. Before that and before the days of 'Elf & Safety', my experience had been limited to riding on the wheel arch of the Massey Harris – never on the sack-padded metal driver's seat!

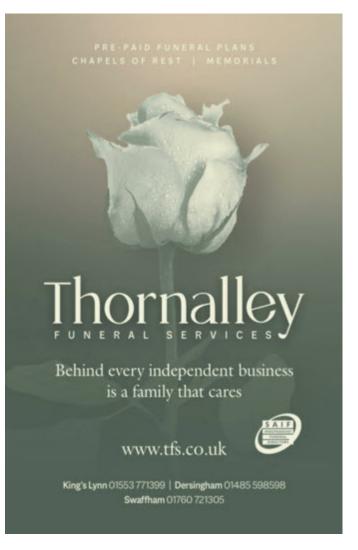
Just over 150 years ago in Heacham two young brothers who shared my surname were involved in agricultural work but not just in their school holidays. John, aged 9 and William, 8, had left school and their occupation as shown on the 1871 census was 'Scaring crows'; their eleven year-old brother had the more exalted position of 'Assistant Shepherd.' Their meagre wages would have supplemented the family income earned by their father as a farm labourer. That census record indicates twelve inhabitants whose occupation is given as 'Farmer.'

I believe there is now only one remaining working large farm with a Heacham address (with Heacham Bottom & Wild Ken Hill in Snettisham) and that is Church Farm. In 1871, for some reason and unlike other farms, no details are given but ten years earlier Mr Lewis's farm is shown as 'Valley Farm' of 600 acres with 20 men and 18 boys to help him run it. Of those farms where details are given in 1871, 'Manor Farm' is the largest with 660 acres and 19 men and 9 boys assisting French-born John Hamilton. 'Caley Farm', 'Mill House Farm' and 'Malthouse Farm' were smaller - between 100 and 200 acres (approx. 40.5 – 80.9 hectares) and others less than 100 acres. Alfred Lewis at 'Mill House Farm' was a miller as well as farmer and a number of those identified as farmers maintained agricultural land in addition to another occupation. Mr Robertson, a butcher, held 50 acres – presumably to maintain supplies for his meat trade and so was a 'butcher and grazier.' Mr Bly, a builder and Mr Savory, a baker, farmed a few acres each. Even Eustace Neville-Rolfe at Heacham Hall is shown as 'Farmer' of 30 acres in addition to being 'Land owner' and 'Law Student.' In an 1869 Directory published two years earlier the entry for Heacham stated 'The land is in a high state of cultivation and most productive, and in every season the fertile and well-wooded district affords ever changing of sylvan scenery.'

Clarkson's farm covers about 1000 acres and, even allowing for judicious T.V. editing, employs very few people but boasts a wealth of machinery. How mechanised farming has moved on! When my mother's father died when she was in her teens, she and her mother moved to a small farm and it was just Prince and then her foal Kit and a farmhand assisting my mother at haymaking, Before that, her father's traction engine was in demand at harvest time to power the elevators in the stackyards. Now, one man can hitch up an air conditioned, GPS guided tractor to a variety of equipment to plough, sow, spray, bale etc. Prices can, of course, be eye-watering!

The late Walter Cross of Malthouse Farm was ten years my mother's senior and he once recounted to me how the 'horseman' was very much the top dog amongst the farmhands. The First World War marked something of a turning point with its dreadful harvesting of young men and horses. It was just before the war that Mr Cross's uncle bought the first tractor in the village for use at 'Yew Tree Farm' and also, he recalled, the demonstration at Manor Farm by a Dutchman of the harvesting of a new crop for Norfolk farmers: sugar beet. He told me how the rotation of crops in fields was remembered by 'Tom Brown Can Walk': turnips, barley, clover, wheat. Since then different crops (and subsidies and quotas) have come and gone, wild flowers/weeds have been sprayed out of existence and then encouraged, livestock brought indoors and then bred outdoors, hedges torn up and replanted and the distinction between seasons blurred.

Unlike Clarkson, the dozen farmers listed in 1871 did not all own the land they farmed but rented it. You may have read in an earlier article, for instance, that Caius College, Cambridge owned some Heacham farms. A competent farmer who managed to successfully maintain a farm despite the Vagaries of Weather,



market prices and potential disease of crops and livestock might expect to remain in position and even hand it on to the next generation. Others may have moved from one farm to another in the village or locality. The lives of the many men and boys who worked as agricultural labourers could be a precarious one, not just dependent on reliability, skill and health but also factors such as seasonal demand and landowners' finances. Their families might have to move many times as their homes often came with the job and hiring fairs were once held twice a year at Martinmas and Whitsun.

The two young Rhodes brothers may well have become disenchanted with farm work, however appealing throwing stones at crows might have been for an hour or two on a fine day as a young boy. Perhaps they saw where Heacham was heading and developing and where their future lay. Ten years on from the 1871 census record both were still living at home but were now bricklayer's labourers. A decade later the boys and their shepherding brother had left – not only farming but the village.

William was in London where the streets may not have been paved with gold but there was plenty of work for a bricklayer. John was in Hartlepool working as a shipyard labourer and their brother was an out of work labourer in a Shropshire workhouse.

Today the farms may have gone and, with them, the need for farm workers and, like those brothers, many young villagers move on to pastures new and yet Heacham continues to grow. The average number of bungalows in a modern development is apparently 44 per hectare. That same area is considered sufficient to maintain 2.13 dairy cows (which need milking twice a day every day with the farmer probably being paid less than 40 pence per litre.)

Eric Rhodes



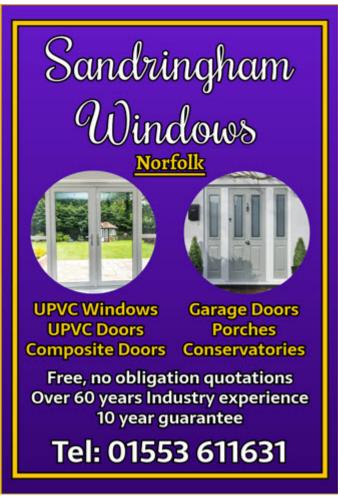


Above: Clues to Heacham's Farming past: Open slots for ventilation were left in the walls of barns and farm outbuildings. These can still be seen – often as features of village homes.

Left: Retired



Above: Redundant - and someone had the sack





Music in the Burnhams

August in the Burnhams

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When colleagues become great friends, the dynamics are even stronger, and this is true of The MAGNARD ENSEMBLE. This group of young wind musicians perform and share wonderful music with their audiences across the UK. As well as formal recitals and concerts they work closely with schools and communities so are very much in tune with the work that Music in the Burnhams do year-round.

Their programme includes works by Bach, Mozart, Schumann and Gershwin and a few lesser- known composers. Five musicians who love playing together sounds like a recipe for a great afternoon of music.

Saturday August 2nd at All Saints Church cum Ulph, Burnham Market at 3pm.

We are always thrilled to discover young musicians who we know are going to have brilliant careers ahead of them. This is true of the young pianist, AMIRI HAREWOOD who already regularly performs across the UK while still a student at The Royal College of Music.

Amiri's Royal Festival Hall concerto debut with Chineke! Orchestra was universally acclaimed, described as "The Royal Festival Hall debut by Amiri Harewood showed considerable panache as he brought confidence and a touch of grandiloquence to Grieg's Piano Concerto.

Amiri will play Bach, Brahms, Granados and a sonata by the American composer George Walker.

Saturday, August 16th at St Mary's Church, Brancaster at 7.30pm.

Book tickets for both concerts on www.musicintheburnhams.com or ring 07989 177079.

Marian Abramovich

Jubilee Welfare Trust Heacham

This charitable trust based in Heacham is available to help provide financial support for the following purposes:

- To provide payment for items, services or facilities to children or adults who are disabled, handicapped or with other long term health problems.
- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Educational Authority etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust or wish to find out more, please enquire in writing to the Jubilee Welfare Trust Secretary, care of Heacham Parish Council, Old Friends Hall, Sunnyside, Heacham, King's Lynn, Norfolk. PE31 7DU.



Amiri Harewood (Piano)

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TAXPAYERS' MISPLACED BELIEF IS NO EXCUSE

By Kathryn Gigg Chartered Accountants, Hunstanton

It is probably reasonably common knowledge that, in the hope of collecting more tax but with less work on their part, HMRC are simultaneously trying to reduce the number of Tax Returns which they need to process, whilst at the same time making more extensive use of external information (from banks, letting agencies, online sales platforms etc.)

As a result, a number of taxpayers who have previously submitted annual returns have recently received letters from the Revenue advising them that they no longer need to self-assess. HMRC are, for example, wishing to "match" untaxed interest sources with sufficient accuracy such that they no longer need taxpayer input; and thereafter deal with any tax liabilities arising on such additional income through the PAYE system.

However, a recent case which appeared before the First Tier Tribunal, reminds us that ultimately the responsibility for declaring income still rests with the taxpayer, notwithstanding correspondence from HMRC which is interpreted to mean something different. In this case the taxpayer was advised between 2015-17 (he could not remember exactly when) that he no longer needed to submit a Return. In 2021 HMRC opened an enquiry on the amount of his rental income and charged penalties for "Failure to Notify."

On the face of it the taxpayer felt that he had a "reasonable excuse"—but the Tribunal found otherwise, stating that he could not rely on the opening paragraph of the HMRC letter stating that he did not any longer need to complete a Tax Return because he also needed to read to the end, and particularly the phrase "if you need to fill in a Tax Return in future you'll still be able to use your original online account..." i.e. since he knew that he previously had to make Returns of his rental income, he could not reasonably have believed that he would never need to make a disclosure to HMRC again in this respect.

Whether or not one feels that HMRC are trying to "have their cake and eat it", this case underlines the point that ultimately a taxpayer is responsible for giving the necessary information to HMRC accurately, and in good time. Even if HMRC have advised that Returns are no longer required, it makes sense to have the position checked annually by your tax adviser - at the very least it will remove the risk of falling into the same trap as this taxpayer, but it will also bring certainty – and sometimes even a tax repayment!

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If you require any tax advice, whether personal or business, particularly if you fear that you may have overlooked to report a source of untaxed income in similar circumstances to those set out above, please contact either Kate or Nic at Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk

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N.B. Article written June 2025

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst we endeavour to ensure that the information contained herein is correct, neither we nor our firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.



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Borough Council News

Heacham Ward which includes Sedgeford and Fring

Anglian Water (AW) have informed the Local Planning Authority (The Borough Council) that it will be taking different stances to future proposed development, depending upon where it is. It will either support the development, object to it, or set a pre-occupation condition. There are 1120 districts, across its service area, cited in its missive.

The reason for being more proactive is that AW, along with other water companies, is considering its headroom (future capacity) at water treatment facilities (sewage works). Water companies are saying that their facilities cannot necessarily cope with additional loads and, effectively, if more loading is forced on them, then any resulting sewage pollution should be lain at the door of those who give planning permission and not them.

I have sympathy with AW about this. As it stands, water companies must connect properties to sewage facilities whether they may be overloaded or not.

All very fascinating you might say but what has it to do with this area? Well, Heacham Waste Water Treatment Works has the red, refuse, label on the spreadsheet. So, the area which this facility serves, a wide one including Hunstanton, has been cited as having insufficient headroom for future development. This does not include development already sanctioned.

Similar statements are made about some other areas of West Norfolk and there is one, Burnham Market, which has a pre occupation condition. Homes may be built but should not be occupied until improvements have been made to AW's resources.

Refusal of planning permission because AW says there is a risk of sewage pollution, should not be taken as a given. I foresee arguments ahead.

Now other matters. The proposed development of the Sedgeford School site continues to raise eyebrows. If developed as proposed, with no affordable housing, then the proposal will still lose over £400,000. Neither, at the moment, does it meet all the requirements of the Sedgeford Neighbourhood Plan. Perhaps time to involve other developers who can endeavour to meet the wishes of the community and Parish Council.

The Styleman Court flats in Southend Road, Hunstanton, made national as well as local news as they have, apparently, been impossible to sell. Estate agents heaped blame on the restrictions placed on them – purchase to be for principal residency, not for holiday homes or holiday lets. Well, estate agents need to get used to the idea. Most of the Wards in this area have the same restrictions; Sedgeford was first, Heacham second, others followed. If countryside is to be ripped up, spaces between existing houses filled, then the only justification can be to build proper homes, not business opportunities. The government says there is a housing crisis not a holiday let/Airbnb crisis.

Back to Styleman Court. Hunstanton does not have a principal residency requirement; it wanted one but a Neighbourhood Plan inspector had different ideas. The restrictions on Styleman Court were written into the Borough Council planning application to get it over the resistance planning committee members were giving it. The development took away a car park and no locally representative body wanted it.

Well, the Borough has now ditched the promises and the flats may be fully open market. As the project looks like it may stand to lose several millions and, bearing in mind that the national taxpayer (probably you) has already given £0.5million to it, there may be heavily subsidised business opportunities coming your way soon. No doubt you will be pleased that you have helped the profits of such investors.

The Borough Council development of the Guildhall complex, King's Lynn, is probably confirmed (time of writing is before Council vote). Cost just over £30million, with at least £16million to find. If you have primary school children, they may see a financial return some time in their twenties. However, I am told, their preceding cultural uplift will make it all worthwhile.

I rarely comment on social matters but I did so at a meeting of the Environment and Community Panel which was discussing proposed changes to the Homechoice Policy for the Allocation of Social Housing. Changes are a fact of life, revisions to everything are made as things alter. A questionnaire was used to inform this revision. One element of it referred to those people seeking housing who are employed. Currently they receive a very slight positive bias, every tenth family type vacancy is advertised with preference given to applicants in the High and Medium housing needs bands who are working.

In answering the questionnaire, respondents clearly indicated they wanted to keep that small bias. I agree with them but, unfortunately, the panel didn't and I expect the change has now been set in concrete. I believe anyone who gets a job whilst in distressed circumstances and facing challenges of finding a reasonable home, deserves a leg up when it can be provided. Work helps provide the means to give social support and must be encouraged.

I can't finish without saying Cheney Hill. The planning application should have been considered on July 28th. I hope something positive emerged. And this year, August at the Borough Council is meetings free so there may be little new to say in the September issue of this publication.

Terry Parish Borough Councillor Heacham Ward which includes Sedgeford & Fring



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* Poets' Corner *

Questions

Will trees still grow with summer shade, Or will fire consume like a slashing blade? Will gentle rain keep falling, feeding life anew, Or will floods overall, destroy the things we knew?

Will blossoms still bloom and birds still fly In a clear blue sky, when the killings done? Will children play and hold your hand, Sing and dance in a ring when the wars are won?

Will we walk in the park rest where we belong, Happily go beyond, or will it all, begone?

John W 31/08/2024 War accelerating climate change

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Heacham Club Charity – Your Village, Your Club, Your Place

Founded in the aftermath of the First World War, the Heacham Club Charity has supported the village for over a century. The Public Hall, established in 1914 through public subscription, was created as a space for local people to come together through social and recreational activities. In 1921, it was formally joined with the newly established Heacham Club Charity under a Charity Commission Scheme.

This deep-rooted history makes the Club a genuine long standing village institution, created for the people of Heacham and surrounds, sustained by them, and run for the benefit of the community. For 104 years, the Charity has stood as a proud testament to community spirit, local generosity of both time and money, and a shared belief in keeping Heacham connected.

When I first moved to the village, I didn't visit the Club for several years. It looked a bit private, and my past experiences with "clubs" weren't always warm or inclusive. But I soon discovered how wrong that impression was. So let me set the record straight, this is not a closed group or a stuffy old club. It's a welcoming, community-led space and charity that's open to all, whether you're a long-time local or new to the area.

You don't need to be a member to use the Club. There's no door check, no membership card required, just walk in and enjoy what's on offer. You'll find a relaxed atmosphere, good conversation, and excellent food from Thursday to Sunday, freshly prepared by a talented in-house chef.

As a registered charity, the Club exists to provide public benefit, not private profit. It offers a wide range of sports and social activities and they are open to everyone. Membership brings its perks too: lower drink prices, the ability to vote on how the Club is run, and the chance to join organised clubs and groups affiliated to the charity, such as football, bowls, table tennis, pétanque, pickleball and more.

There are regular matches and training sessions, and at times the grounds may be in use. But when they're free, they're available to enjoy informally. Some areas, like bowls or walking football, have a small fee for casual use; this reflects the cost to maintain these areas, but the aim is always accessibility. The Public Hall can also be booked for community or private events, although it's in high demand, so early booking is advised.

Importantly, the Club is run by its members, volunteers who are passionate about making things happen. It thrives on fresh energy and welcomes those who want to help shape its future.

So don't be put off by the modest exterior or the word "club." This is a welcoming, open, and lively place. Whether you're popping in for a drink, enjoying a meal, joining a match, or bringing a new idea to life, you're part of it.

This is your village Club. And your community charity. Come and be part of it.

Paul Rawlinson





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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 19th August at 7.00pm at the Old Friends Hall.

The Full Council meeting for September will be held on Tuesday 16th at 7.00pm at the Old Friends Hall, Sunnyside. Please see the Parish Council website, Noticeboard at the Old Dairy Site, Pound Lane and on the Noticeboard at the Parish Office on Sunnyside for agendas. Council Meeting minutes will be posted on the Parish Council Website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings will take place at the Old Friends Hall. Members of the public are invited to attend committee meetings if they wish.

THE SALTINGS

Richard Brown has been working hard at the The Saltings once again. He has been treating the giant hogweed in an environmentally friendly way for a few seasons now and each year less of the vile plants appear. Heacham Parish Council and the NEC Committee are grateful for all his hard work. The bund is covered with wildflowers and attracting many insect species.



VJ DAY

VJ day is on the 15th August, which marks the end of WWII 80 years ago. Local regiments were involved, particularly involving the Japanese and many were prisoners of war out there. There will be a wreath laying at the War Memorial outside the church at 11am which will include a 2 minute silence. There will also be a beacon lighting at the Chalk Pit, gathering at 9pm for the lighting at 9.30pm.

This will include an address/prayer by either the Reverends Wilson or Ncube. The light will be fading so please bring a torch and wear stout supportive shoes as the ground is uneven.

YOUNG HOT SHOTS DAY

Heacham Wildfowlers' Association will be hosting their Young Hot Shots day on Saturday 16th August at Heacham Chalk Pit. Children from the age of 9 can try their hand at clay pigeon shooting, under the supervision of BASC instructors. Places must be booked in advance at the Parish Council Office. The cost is £2 per session. Adults are also welcome to attend.

Heacham Wildfowlers will also be at the Fete on Sunday 3rd August so go and see them for a taster. Booking forms will also be available from them.

HEDGES AND TREES

Just a reminder that to save being asked to... please keep your hedges/shrubs and trees trimmed back so that they do not cause an obstruction for footpath users. The emphasis is on trim not cut back as don't forget that birds are nesting and it is against

the law to 'cut back' at this time. This also applies to plants/weeds growing from your garden, some of which can grow very large and things like nettles not pleasant to try and pass if growing into the path. Many thanks!





Heacham Carnival Parade and Fete 2025

Don't forget to turn out for our Carnival! It leaves College Drive at 1.15pm to reach the field for 2pm. The car boot kicks off at 6am.

OLD FRIENDS HALL COFFEE MORNING

The next coffee mrning in the Old Friends Hall will be on Wednesday 27th August at 10am. It costs £2.50 per person for unlimited drinks, home baked cakes and a quiz. There is also a raffle. Great place to meet up with old friends and make new! Everyone is welcome!

CHALK PIT

The Wildfowler's have a clay shoot 2nd August. The next will be on 6th September. Remember when you go up there that if there is a red flag flying at the entrance there is a clay shoot in progress!

!!WANTED!!

PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's Fourteen Councillors need another three to join them to help look after the village.

You would need to be able to commit a few hours each month to attend meetings and to get involved with the work of the Council.

If you are interested, please call in at the Parish Council Office, or contact the Clerk Sue Eke on 01485 572142 for more details.

HEACHAM PARISH COUNCIL OFFICE

The office is open to the public on Monday to Thursday 10am until noon. There is someone in the office afternoons Monday to Thursday until 5pm and Friday morning to take telephone calls. It is also possible to make an appointment with the Clerk at other times. Please feel free to pop in with any enquiry you may have.

Please remember that Parish Councillors cannot respond to comments made on social media, the whole Council have to agree to a response and so if you have any questions, please address them to the Council by methods shown below.

Any queries should be addressed to:

Heacham Parish Council Office

Old Friends Hall, Sunnyside, Heacham King's Lynn Norfolk PE31 7DU

Tel 01485 572142

Email: office@heacham-pc.gov.uk Website: www.heacham-pc.gov.uk

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HEACHAM CHEMIST (Boots)	570297
OPEN MON - FRI 09.00 – 18.30, SAT 09.00 - 17.30 DUTY CHEMIST NOTICE DISPLAYED ON DOOR)
HEACHAM PARISH COUNCIL OFFICE	572142
OPEN MON, TUES, WED, THUR 10:00 – 12:00	
STREET LIGHT FAULT REPORT	572142
BOROUGH COUNCIL OFFICE 01553	616200
BOROUGH COUNCILLORS	
	258428
ANDREW JAMIESON UNAVA	
NORFOLK C C MICHAEL CHENERY 07920	286638
PARISH LIBRARY (in Church Hall, High Street) 07300 OPEN MON, WED, FRI 10.00 - 16.00 SAT 10.00 - 12.00	553769
HEACHAM POST OFFICE OPEN MON-WED 09.00 - 13.00, 14.00 - 17.30	570330
EMERGENCY SERVICES	(12(12
	613613
NHS Helpline	111
	223193 309201
POLICE 101	309201
	94 5717
	94 3717 00 1111
_	
	708090
,	163105
	771881
	111999
,	570065
OPEN TUES WED FRI - 9am-7pm	532280
SAT 9am-4pm MON & THURS - Closed	
HEACHAM CHALK PIT and	
RECYCLING CENTRE 0344 8	00 8020
Open 9am – 4pm (except Wednesdays) Slots for visits must now be in advance	booked
HEACHAM COMMUNITY WEBSITES	
www.heachamgrouppractice.org	
www.heachamnewsletter.org.uk	
HEACHAM HALLS	

<u>CACHAM HALLS</u>

PUBLIC HALL			570776
PINE RESIDENTS HALL, Wil	ton Road Pa	t Toppin	779208
METHODIST CHURCH HALI	L, Station Roa	d Mike Careless	570363
ST MARY'S CHURCH HALL,	, High Street	Mon - Fri 10 – 12	572539
OLD FRIENDS HALL	Sunnyside		572142
HEACHAM SCOUT HUT	Sunnyside	(waiting for new	, number)

DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

Jennings Store South Beach Road - Located by the staff entrance, available 24hrs

St.Mary's Church - Front Porch. Available 24hrs

Sports Field Pavillion - On the external wall of the pavilion

Chalk Pit Recycling Centre - Outside the gates. Available 24hrs

Pioneer Holiday Park - In yellow phone box adjacent S Beach Rd, 50yds towards beach from main entrance

North Beach & South Beach Toilets - On exterior wall.

Available 24hrs

Available 24hrs

Tesco – Inside by the events board Fire Station - on the front. Available 24 hrs Methodist Church - on the front. Available 24 hrs

Palm Beach Holiday Park – half way down in the red phone box

LOCAL BUS SERVICES BETWEEN **HUNSTANTON AND KING'S LYNN**

Bus Enquiries:- www.lynxbus.co.uk 01553611955

	34	36	
,		35 via Sandringhan	
Mon - Sat			
1st bus from Fox & hounds	s 0659	0745	0729
Last bus from King's Lynr	n 2110	1600	1630
frequency	2/hr	1/hr	1/hr
Sun			
1st bus from Fox & Hounds	s 0915	1025	0844
Last bus from King's Lynr	n 2110	1610	1630
frequency	1/hr	1/hr	1/hr

WNCT Dial-a-Bus Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Babingley Every Tuesday, Wednesday & Friday For more information, cost of fares, a membership form or to book 01553 776971 www.wnct.co.uk

PICK-UP POINTS FOR HEACHAM NEWSLETTER First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Post Office, Norfolk Lavender, Parish Library, Riverside, Palm Beach, Tony's Fish and Chips, Silver Sands, Boots Chemist, Rodney's Barbers, Heacham Surgery, Station Rd Garage, Fox & Hounds, Social Club, Modern Story, Bliss, Spice Garden, Breakfast & Brownies, A E Wallis, Moulam and Horne, Parish Council Office, Bushel & Strike, Pioneer, Parkdean, Heacham Charity Shop.

MOBILE LIBRARY **Route DER201 TUESDAY Every Four Weeks**

	RINGSTEAD ROAD	14:25 GIDNEY DRIVE
	ROLFE CRESCENT (Opp.No.22)	15:05 NEVILLE COURT
	SCHOOL ROAD	15.55 POPLAR AVE
	COLLINGWOOD CLOSE	16:15 SITKA CLOSE
	FENSIDE	16:40 NORWAY CLOSE
12:35	JENNINGS CLOSE	
12.55	COLLEGE DRIVE	17:00 NEVILLE ROAD

TIDE TABLES **AUGUST - SEPTEMBER 2025**

	HIGH WATER AT HUNSTANTON									
	Heights above chart datum Time Zone UT (GMT) add 1hr BST									
	Aug 2025 Sept 2025									
Date	Mor		Afternoon			Date		ning	After	noon
	Time	m	Time	m			Time	m	Time	m
1 F	10 41	6.1	23 14	5.6		1 M	11 37	5.2		
2 SA	11 29	5.6				2 TU	00 23	5.1	13 22	5.0
3 SU	00 10	5.3	12 36	5.3		3 W	02 03	5.2	14 54	5.2
4 M	01 23	5.2	13 57	5.2		4 TH	03 15	5.6	15 59	5.8
5 TU	02 39	5.4	15 15	5.4		5 F	04 08	6.2	16 49	6.3
6 W	03 43	5.8	16 18	5.7		6 SA	04 53	6.7	17 34	6.7
7 TH	04 35	6.2	17 10	6.1		7 SUO	05 34	7.1	18 15	7.1
8 F	05 19	6.6	17 55	6.5		8 M	06 14	7.5	18 55	7.3
9 SAO	06 01	6.9	18 38	6.8		9 TU	06 54	7.8	19 32	7.4
10 SU	06 41	7.2	19 20	7.0		10 W	07 32	7.9	20 06	7.4
					İ					
11 M	07 20	7.4	19 57	7.1	l	11 TH	08 10	7.9	20 40	7.2
12 TU	07 56	7.6	20 33	7.1		12 F	08 50	7.7	21 16	6.9
13 W	08 32	7.6	21 08	7.0		13 SA	09 34	7.2	21 58	6.4
14 TH	09 10	7.5	21 45	6.7		14 SU	10 25	6.5	22 50	5.8
15 F	09 53	7.2	22 28	6.3		15 M	11 37	5.7		
16 SA	10 43	6.7	23 22	5.9		16 TU	00 10	5.4	13 20	5.4
17 SU	11 47	6.1		l	İ	17 W	01 49	5.4	15 03	5.6
18 M	00 34	5.5	13 12	5.7	İ	18 TH	03 13	5.8	16 19	6.2
19 TU	02 01	5.5	14 51	5.7	İ	19 F	04 12	6.4	17 09	6.6
20 W	03 24	5.8	16 19	6.1		20 SA	04 59	6.9	17 48	6.9
21 TH	04 30	6.3	17 21	6.5		21 SU	05 38	7.2	18 22	7.0
22 F	05 19	6.8	18 10	6.8		22 M	06 16	7.3	18 54	7.0
23 SA•	06 02	7.1	18 51	7.0		23 TU●	06 52	7.4	19 22	7.0
24 SU	06 44	7.3	19 26	7.0		24 W	07 24	7.3	19 48	7.0
25 M	07 20	7.4	19 57	7.0		25 TH	07 54	7.1	20 10	6.9
26 TU	07 55	7.4	20 25	6.9		26 F	08 21	6.9	20 33	6.7
27 W	08 25	7.2	20 50	6.7		27 SA	08 48	6.6	20 59	6.4
28 TH	08 53	7.0	21 13	6.5		28 SU	09 17	6.1	21 30	6.0
29 F	09 21	6.6	21 40	6.2		29 M	09 54	5.6	22 12	5.6
30 SA	09 53	6.2	22 14	5.8		30 TU	10 52	5.1	23 19	5.1
	30 00	U	,	0.0				0		Ü
31 SU	10 33	5.6	23 01	5.4						
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Stationery Office and the UK Hydrographic Office (www.ukho.gov.uk).