



THE HEACHAM NEWSLETTER

June 2025

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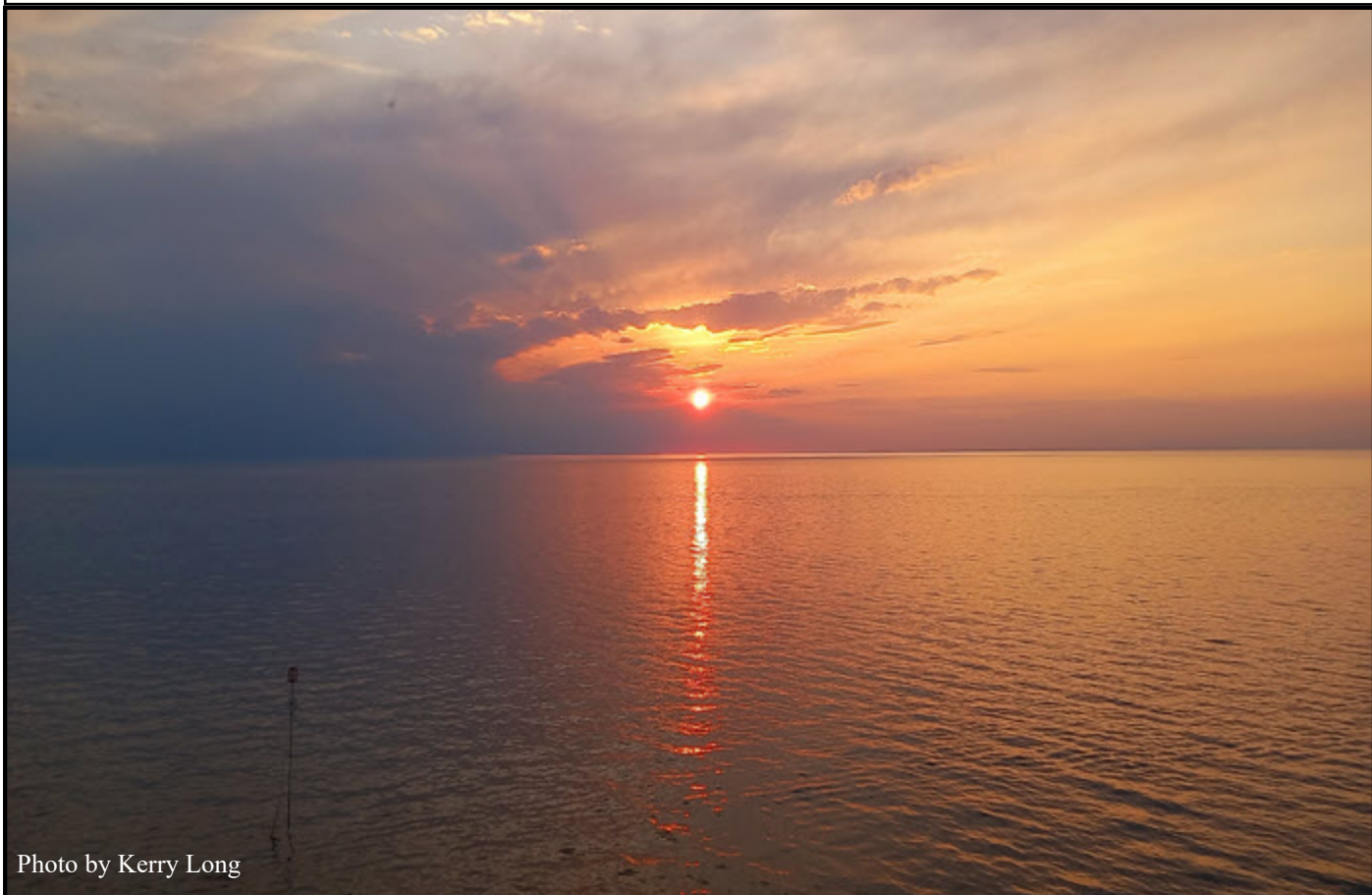


Photo by Kerry Long

Deadline for the next edition is 12 noon, Tuesday 17th June 2025



THE HEACHAM NEWSLETTER c/o Heacham Parish Council, Old Friends Hall, Sunnyside, Heacham, PE31 7DU

E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Michelle Carter ☎ 01485 579024 - Advert pricing listed on page 2

THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - Brian Faulkner

Kerry Long - Mary Sheldrick - Helen Vickerstaff - Pete Vickerstaff

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication

Readers' LETTERS



Heacham

Dear Newsletter,

Beach Parking Charges

Further to the exorbitant increase in car parking charges at the North Beach, on a gorgeous evening on Monday 28th April, my wife and I noticed only one car in the car park at 6.30pm but five parked on the old ramp adjacent to Kala juga and three more on the beach road.

Even though there is a sign requesting you not to park on the road, is this enforceable as there are no double yellow lines or official signage?

Richard & Sharon Barlow



Leaside

Dear Newsletter,

'Thank You re Victory Gala event'

I was nothing short of absolutely delighted by the success of 'Victory Gala, held on 10th May in Hunstanton Town Hall – and no less so by the amazing total, made up by a generous friend to the round figure of £1,500. The expenses came to less than expected, so that I have been able to send £1,350 to the Royal British Legion.

My sincere thanks to my fellow artistes, the capacity audience and many other helpers who all worked remarkably well together on the day.

With kind regards to all readers.

John Harris

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01485 571683

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Heacham Beacon VE Day 80th Anniversary



Lighting the way to peace and remembrance on the 8th of May.

A beacon of hope, marking 80 years since the end of World War 2 in Europe.

The light from our beacon joined others in the nation and beyond, in a symbol of remembrance and hope.

Robert Pritchard

Fridhem Rest Home
79 Station Road, Heacham, PE31 7AB

Summer Fete

Saturday 26th July

2-4pm

Everyone welcome. Raffles, tombolas, games and more, there are plenty for all the family.

Cake stall and refreshments including the bar.

Come on by and help us raise money for our residents' activity fund.

ADVERT PRICES

1/8 Page	£20 Per Issue
1/4 Page	£40 Per Issue
1/2 Page	£80 Per Issue

Tel: 01485 579024 to discuss your needs
or email: theheachamnewsletter@gmail.com



Heacham in Bloom

The 2025 Summer Season has well and truly started after a busy few weeks for the team in late May!

The High Street bicycles are sporting a brand new outfit in lime green, thanks to committee member Phil's hard work.

We must also say a big thank you to Numatic International Ltd, manufacturers of the famous Henry Hoovers, for providing us with new XL Henrys, so now the faded little Henrys can enjoy a well-earned retirement. Please give the new Henrys a very warm welcome to Heacham when you see them!

We will also be introducing new planters at the Fire Station. These are recycled drums which have been repainted fire engine red with the intention that they will help provide all year round impact.

The next meeting will take place on Monday 16 June at 7.00pm at the Old Friends Hall.

Heacham in Bloom Committee
heachaminbloom@btinternet.com

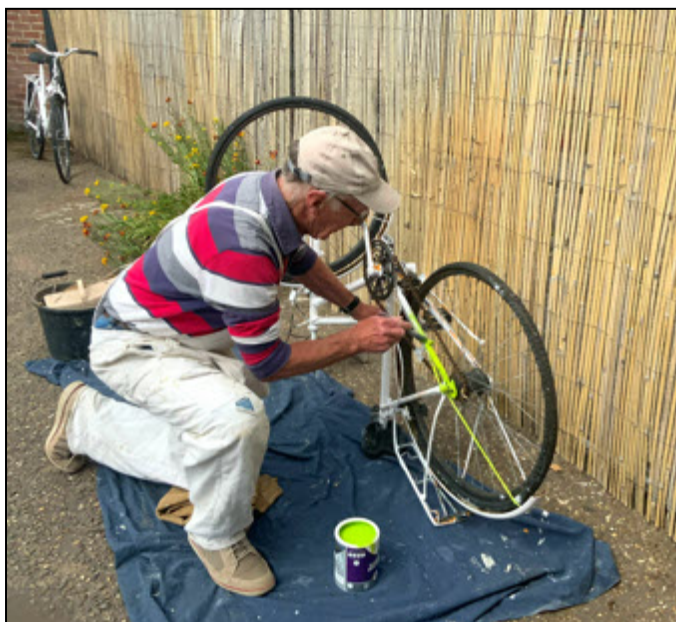


Photo by Philippa Sewell



Carl Perkins

07715255581

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Time for a hair cut!

**Scout Hut-Sunnyside-Heacham
Lots of play every Wednesday!
Term time mornings 9.30-11.00am**

Lots for you and your little ones to explore - from paint to puzzles - books to bricks - swings and slides on garden days and much more!

There are sacks for the little ones and cuppas for the big ones! Pop along for a play! We ask £3 a family, if that feels okay; if that doesn't feel okay then please just come along anyway, we'd love to see you.

Looking forward to meeting you and your little ones.

Jo
07395 077622
jow116987@gmail.com

**A Musical Afternoon
with Rick Hallam
60's & Country Music**
In aid of
East Anglian Air Ambulance

Thursday 26th June

**Hunstanton
Town Hall
1-3pm**

Sponsored By

Hunstanton Town Council
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WHAT'S ON IN MAY

RECOMMENDED READING

Crime fiction remains as popular as ever and this month's recommendation is a series by the author Betty Rowlands who has been described as the Queen of Cosy Crime. Set in the heart of the gorgeous Cotswolds, the books all have the charming Melissa Craig as the central 'sleuthing' character. Melissa's plan to get away from it all in the country is not quite the quiet life she expects as the crimes unfold.



Summer Reading Quest: The Summer School Holidays will soon be here and we are again holding a Summer Reading Quest during July and August for 4-8 year olds. Make sure you come and ask Ollie for details.

LOOK OUT for OLLIE this SUMMER

Children's Summer Reading Club
Launches on 4 July
Free Entry and Rewards
Only at **Heacham Library**



Clearance Book Sale: There will be second hand books galore available during our mid-summer book clearance sale 21-28 June during Library opening hours.

Heachamites Recollections Group: A community event for local people to come together and share knowledge on past life and lives in Heacham. Next meeting Monday 2 June at 2.00pm.

Community Tech sessions: Your chance to access free one-to-one help with your mobile phone, laptop, tablet or computer – no query is too small. Don't miss this excellent opportunity; just pop in or ring up to book a slot with Janie our Community Tech Coach – sessions are held once a month on a Monday.

Happy Reading!

The Library Team

Enquiries: 07300 553769

Email: heachamlibrary@btinternet.com

or Parish Office 01485 572142

Tea

**Community Coffee
Morning & More**

Real coffee *Cakes* **Fun Quiz**

Raffle

Everyone Welcome

25th June 2025
10am-12noon

Old Friends Hall
Sunnyside (off Caley St)
Heacham
PE31 7DU

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CHURCHES TOGETHER IN HEACHAM



Have you have tried out the adult training equipment in the park yet? As I write, it still only remains a good intention for me! I have passed by and seen people having a go and it seems like a really good idea; working out in the fresh air

for free, only a short walk away from where I live. What could be better? And yet somehow, I still haven't got there! Yes, I can blame a busy life with work and studies plus various commitments to family, friends and church life etc., but deep down I know that these are just excuses.

I am no athlete, but I do know the value of keeping fit and active as I grow older, a little bit of exercise may be exactly what I need to keep the joints moving well and the muscles from weakening, to say nothing of the prospect of losing one or two pounds. But somehow that still hasn't been enough motivation – what I need is the encouragement of others, and so I hope by the time this is published I may have finally had a go and set up a regular visit with some friends or even my other half!

We all need a bit of encouragement at times, especially when the going gets tough. One of my favourite verses that I take great encouragement from in the Bible is found in the book of Hebrews chapter 12 and verse 1:

“Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us.”

Sometimes the business of day-to-day life is hard work taking us away from what we want to focus on in our lives. Yes, even people who are involved in Church life get caught up in things that are less edifying at times. The word sin isn't one we use very much these days and may seem an old-fashioned idea. In fact, it is a word that describes the way an arrow fired at a target may fall short of the perfect score. The good news is that as a Christian, whilst I believe I will never be 'good enough' to reach the standard God sets, I don't need to, because that is what Jesus has done for us already. My job is to 'run the race' He has called me to, and to be encouraged by the 'cloud of witnesses' cheering me on from the heavenly sidelines. Yes, I stuff up from time to time, but I am not disqualified. Yes, my lack of training and preparation may make the going hard at times, but I am not left alone. I may get distracted along the way, or sidetracked by even worthy causes, but God still calls me on and leads me through this race that is life.

Perhaps one of these summer evenings I may bump into you as we work out on the equipment, let's give each other the encouragement to keep on keeping on!

Lynda Swain

Trainee Licensed Lay Minister, Heacham Parish Church

HEACHAM PARISH CHURCH online
on Heacham Parish Church You Tube channel

HEACHAM PARISH CHURCH in church
At 10am every Sunday morning
Everyone always welcome

Services: June 2025

1st June 10am:	Holy Communion
8th June 10am:	Pentecost – Morning Worship
15th June 10am:	Holy Communion
22nd June 10am:	Morning Worship
29th June 10am:	Holy Communion

Heacham Bereavement Support Group

WHERE: Pine Mall Residents Hall, 18 Wilton Road, Heacham, PE31 7AD

WHEN: On the first Thursday of every month - **Next meeting - 5th June.**

WHAT TIME: 10am – 12pm

Bereavement is a distressing and common experience, that sooner or later will be suffered by most of us following the loss of a loved one. Yet in our everyday life we think and talk about death extraordinarily little, which means that when it does happen to us it is even more difficult to deal with. Perhaps because we encounter it less often than our grandparents did. For them, the death of a brother or sister, friend or relative, was a common experience in childhood or teenage years. For us, these losses usually happen later in life, due to better health care and advances in modern medicine. As a result of this, we no longer have much opportunity to either learn about grieving, how it feels, or what are the 'right' things to do or feel. The death of someone close to you can be overwhelming, and you may feel a mixture of emotions. It is important to know that there is no right or wrong way of experiencing loss, and no 'right' way to grieve. We are all different and every person's experience of grief is unique. Our feelings will also be influenced by many different things, including the relationship we had had with the person we've lost, our personality, our cultural background, religious beliefs and our circumstances. It is important to accept that grieving and these feelings are normal, and part of a healthy process endured by us all following the loss of a loved one.

You may have lost a husband, wife, partner, grandparent, friends. They may have died recently or in the past it doesn't matter, we would love to see you. It does help to talk about the person you are grieving for with other people who are grieving.

We do talk about other things, such as trying to put the world to rights, at the same time there is a lot of laughter mingled in with some tears. If you feel that you would like to join us, then please do, we are very friendly, and a warm welcome is waiting for you. If you feel that you want further information then please phone or email the Church office: 01458 572539 email: office@heachamparishchurch.org.uk or just turn up. I shall look forward to meeting you.

Sue Spencer

Christmas Craft Fayre : Saturday 22 November 2025.

Calling all crafters!

Heacham Parish Church are planning to hold another Christmas Craft Fayre on Saturday 22 November 2025 10am – 3pm. If you would like further information about having a stall at the craft fair, please contact the church office: 01485 572539 or email: office@heachamparishchurch.org.uk

Chit Chat and Coffee

Everyone is welcome to this monthly coffee morning at St Mary's Church Heacham. All ages welcome.

**The next coffee morning is on 17th June 2025
from 10am – 11.30am**

Prayer Tree

We have a prayer tree in church on which you can write a name or situation that you want to pray for, and you want the church to pray for, by writing and hanging it on the tree. God hears your prayer, and we will pray for you. If you cannot get to church and would like a name added, contact the church office.

Morning Prayer

Monday, Wednesday and Friday 9am **on Zoom**

Tuesday and Thursday 9am, to start at 9.05am, in person in church. Everyone is welcome (Zoom link available from the church office.) We pray for all who live and work in our village community, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please contact the church office.

Church Open

During the summer months Heacham Parish Church is open from 10am to 4pm. **Everyone is welcome to come in and enjoy this beautiful church, to light a candle, to pause or pray.**

CHURCH CONTACTS:

St Mary's Church: Revd Veronica Wilson (01485) 570697 email: heacham.vicar@gmail.com

St Mary's Church Office:

Garry Langham - usually open Tuesdays 9am-12noon, Wednesdays 2-5pm Fridays 9am -1pm. (01485) 572539 email: office@heachamparishchurch.org.uk

Churchwardens :

Liz Dormer-Ainge: (01485) 571662

email: lizabeth.a.da@gmail.com

Chris Wright: 07525 175361

email: chris.edward.wright@gmail.com

Methodist Church: Revd Dr Richman Ncube (01485) 570232 email: richiemncube@gmail.com



HEACHAM METHODIST CHURCH

Station Road, Heacham
Minister: Revd Dr Richman Ncube
(Tel: 01485 570232)

June 2025

We extend a warm welcome to all

Sunday Morning Services: 10.30am unless otherwise stated

1st June: John Harris

8th June: Rev Dr R Ncube – Holy Communion

15th June: Sharon Esposito

22nd June: Sikha Ncube

29th June: Marianne Baguley

Midweek Communion

10.30am 2nd Wednesday of the month.

Bible Study

10.30am 4th Thursday of the month.

Open Church

Sadly, owing to very low attendance, we no longer hold an open Church on a Tuesday. However, if you would like to speak to the Minister he can be contacted on 01485 570232.

NEW - Church Lunch Group

12 – 2.00pm Friday 20th June.

Please join us for a light lunch of sandwiches or a jacket potato with a choice of fillings. Contact Marianne 07880364326.

Noah's Ark Toddler Group

Wednesdays – 1.30 – 3.00pm (term time) – Heacham Methodist School Room c/o Marianne Baguley (07880364326).

Crafty Crowd

10.00am 2nd Friday of the month.

Do you enjoy craft? Would you like to meet new people? Why not come and join us. Bring your own craft. Refreshments served. Contact Marianne 07880364326.

Fellowship Meeting

Tuesday 24th June at 2.30pm.

Coffee Morning

Saturday 21st June – 10.00am – 12.00pm

Again – ALL are welcome to join us. For further information, please contact Marianne Baguley (07880364326) Senior Steward.

Charities we are supporting this year are:

Embrace, Children's Charity providing support to child victims of crime;

Mission Aviation Fellowship, who provide medical assistance to remote communities;

Action for Children.

We think of all our friends whose absence we notice on Sunday mornings – prayerfully - along with members of our community, especially those feeling unwell or isolated.

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Romans 15:13

Heacham Methodist Fellowship

Tuesday 24th June 2025 at 2.30pm

Speaker:- to be announced

Refreshments available – everyone welcome



"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

1 Peter 1:3

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.hopeevangelical.org



Hunstanton Catholic Parish

After a very successful and enjoyable first meeting, "The Whybelonely Social Group" will continue to meet at St. Cecilia's Church, Mountbatten Road, on the first Friday of each month, 2.00pm-4.00pm, for an afternoon of music, singing, reminisce and prizes. Refreshments will be available. Do come along and enjoy some good company - everyone is welcome.

Our very popular annual Strawberry Fayre this year is on Saturday 14th June, from 2.30pm to 4pm at St Cecilia's church. As well as the usual delicious strawberries and scones, there will be refreshments, a raffle, tombola, cake and plant stalls and much more. Admission is £5 for adults and free for children under 12yrs. Do come along and have an enjoyable afternoon.

As part of the Jubilee year events, there is going to be a parish pilgrimage to Bury St Edmunds on Saturday 21st June. The coach will leave St Cecilia's at 9am and return around 6pm and there will be a programme of events for the day. Sign up as soon as possible if you would like a place. See the weekly bulletins and our parish website for updates.

The Pope's prayer intention for June 25: That the world might grow in compassion. We pray that each one of us might find consolation in a personal relationship with Jesus, and from his heart, learn to have compassion on the world.

We have regular Rosary prayer meetings at St Cecilia's every Monday from 2pm and there is also a Mothers Prayers group which meet at 2.30pm Monday fortnightly at OLSE. There is also a group who meet on the last Friday of the month for Spiritual Formation. This could be about a specific Saint or Synodal discussions, prayers or anything that people want to suggest. All are welcome, refreshments are available. Just look in the weekly bulletins for dates and times.

If you would like to be on the distribution list for the weekly bulletins straight to your inbox, please send your email address to hunstantonparish@rcdea.org.uk Also, if you are a new parishioner, there is a form in both church porches to fill in your details to welcome you to the parish. Feel free to ask if you can't see them.

For Parish news including Mass times and prayer requests, please see the Parish News page on our website. For information about live streamed Masses in the Diocese and related matters see the Links page of our website at, www.hunstantoncatholicparish.org.uk

The Sunday Masses are at 9am at Mountbatten Road, Dersingham, and 11am at OLSE Sandringham Road, Hunstanton. Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday, and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org



Email: hunstantonparish@rcdea.org.uk

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

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HEACHAM F.C.



THE TEAMS

1ST TEAM (playing in The Thurlow Nunn Premier Division)

The team finally finished the season in 15th position, despite losing the final two games of the season. In summary the team improved from 18th position the previous season and accumulated 42 points, compared with only 28 the previous season. The number of goals scored also improved greatly:- in the 2024/25 season a total of 61 goals were scored (55 league and 6 in all cup competitions), compared with only 38 (27 league and 11 cup) the previous season.

The Football Club are delighted to announce that Paul Hunt will be continuing in his role as First Team Manager into next season. Paul has been pivotal in seeing an improved season for the first team and setting a solid foundation to build on going forward.

Final league results:-

Soham Town Rangers - home lost 0-3

Downham Town - away lost 1-2

RESERVE TEAM (playing in The Fosters Solicitors Anglian Combination Div 4 North).

Fantastic News - The team finished as runners-up and have gained promotion in their very first season. Tremendous achievement by the team, which consisted of many of the young players from the U18s team.

U18s TEAM (playing in The Thurlow Nunn Youth Football League - North Division)

The team finished in 4th place. A wonderful achievement in the first season at this level. As previously mentioned throughout the season many players have played for the reserves and a number have also made appearances for the first team.

Final league results:-

Sheringham F.C. U18 - away lost 1-5

Aylsham F.C. (Ltd) U18 - home won 4-1

AWARDS/PRESENTATION NIGHT

These were held at Heacham Manor on Saturday 10th May and here is the full list of all our winners:-

U18s Team

Manager's Player of the Year - JACK PARKER

Players' Player of the Year - STEPHEN LARMAN

Top Goalscorer - ALFRED BUHLEMANN

Manager's Young Player of the Year - CONALL FORDE

Supporters' Player of the Year - ALFRED BUHLEMANN

Double G Clothing Player of the Year - CONALL FORDE

Reserve Team

Manager's Player of the Year - ALFRED BUHLEMANN

Players' Player of the Year - TOM BEATTIE

Top Goalscorer - ALFRED BUHLEMANN

Manager's Young Player of the Year - JACK PARKER

Supporters' Player of the Year - TOM BEATTIE

Double G Clothing Player of the Year - ALFRED BUHLEMANN

1st Team

"Harry Hornsby Cup" (Players' Player of the Year) - NATHAN DAVIES

Top Goalscorer - COLBY WOOD

Manager's Young Player of the Year - COLBY WOOD

"Nigel Askew Cup" (Manager's Player of the Year) - KARL ANDERSON

"Dusty Miller Shield" (Supporters' Player of the Year) - COLBY WOOD

Double G Clothing Player of the Year - COLBY WOOD

Club Awards

"David Page Cup" (Clubman of the Year) - DARREN BAILEY

"Chris Lewis Cup" (Club Young Player of the Year) - HARVEY PIGHTLING-

Volunteers still Wanted

We are still looking for help on match days for next season. If you can spare a few hours a week we would love to hear from you. You'll find it's a great friendly atmosphere and we would love you to join the "Heacham Family". If you are interested then please contact Michael Parish on 07707556474 or email him: MLPARISH1980@gmail.com

Sponsorship / Advertising

The Football Club can offer various forms of sponsorship including player sponsorship) and advertising (programme and boards). If you are interested in getting involved with the Club this season, then please contact the club for further information of the packages available by email: Sam.pishorn1995@gmail.com

Pin Badges

The Official Heacham F.C. pin badge (£3 each) and the Anglian Combination Premier Champions 2021/22 pin badge (now reduced to £2 each) can be purchased on match days but they are also available from behind the bar at The Heacham Sports & Social Club.

Match Day Programmes

Did you miss collecting any programmes? There are a limited number of programmes still available from the past few seasons.



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Please get in touch (email address shown below) with any requirements you have and I will check our stock.

The 2025 "50/50 Club"

April winners:-

1st prize £55 - No. 139 Andrew Fletcher

2nd prize £25 - No.8 Paul Dawson

May winners:-

1st prize £55 - No. 23 Sally Bailey

2nd prize £25 - No.79 Mel Day

The monthly prizes will be as follows:-

January - November (inc) there will be 2 cash prizes per month - £55 & £25.

December - there will be 3 cash prizes - £75, £40 & £25.

All winners will be announced in future editions of the Newsletter.

Supporters Club News

MEMBERSHIP DETAILS:-

Supporters Club Membership for the 2024/25 season is now closed.

Details for Membership for the 2025/26 season will be announced in the July edition of the Newsletter.

"GOALS/GOALS/GOALS" COMPETITION:-

We have a winner.

Margaret Taylor and Christine Abbott both finished on 281 goals. Therefore, it came down to which individual team (in their group), scored the most goals.

Margaret with Barnet, who scored 97 goals, wins the first prize of £140.

Christine with Gateshead, who scored 76 goals, and is our runner-up wins £60.

It is proposed to run the competition again next season. Details in the July edition of the Newsletter.

If you require any further information on any of the matters mentioned, then please contact me on the email address shown below. You can also keep up to date with all the latest news on our Facebook page:- Heacham F.C. Supporters Club.

"COME ON HEACHAM"

Denis Cooper
Chairman/Secretary
Heacham F C Supporters Club Email:
deniscooper06@aol.com



Heacham Parish Church

A Sustainable Heating System for St Mary's Church, Heacham

We are thrilled to announce that our project, "A Sustainable Heating System for St Mary's Church, Heacham," has received generous funding support from King's Lynn Borough Council through the Community Infrastructure Levy (CIL) project.

This vital investment has enabled us to install modern, energy-efficient boiler heating facilities, ensuring enhanced comfort, cost-effectiveness, and sustainability for all church users and the wider community.

We extend our deepest gratitude to King's Lynn Borough Council for their commitment to supporting local infrastructure and environmental initiatives.

Robert Pritchard





The Queen Elizabeth Hospital

**Modernising our Hospital
Public invited to get a first look at new
Hospital Designs**

Residents from across the local area are being invited to see first look designs and hear about plans to bring a new state-of-the-art hospital to King's Lynn at a series of public events being held in June and July.

Hosted by the dedicated New QEH team, these events will include a first look at visuals of what the new building will look like.

Designed by architects BDP, who are specialists in healthcare design and development, the new building is being developed using Government guidance Hospital 2.0. This is a standardised blueprint design for all new hospitals, developed in consultation with hundreds of clinicians, healthcare staff and patients across the country.

Information sessions will be taking place at the following locations, doors open at 5.45pm with presentations starting at 6pm:

Tuesday 10 June	Hunstanton Town Hall
Thursday 12 June	King's Lynn Town Hall
Monday 16 June	Virtual event
Wednesday 18 June	Swaffham Assembly Rooms
Wednesday 25 June	South Wootton Village Hall
Wednesday 16 July	Marshland St James Village Hall

Mike Press
QEH West Norfolk Governor

VILLAGE CINEMA at Dersingham Village Centre Presents on Tuesday June 24th at 7:30pm

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The Pocahontas Players – 30 Years!

As one half of the founder members and Admin to this group, I really do not know where to start?

Ray Sparvell, our regular Stage Dress Rehearsal photographer, who gives up his valuable 'rest' time, to come along and take hundreds of photographs, for us to have lots and lots of memories to look back on. Thank you.

Our village Heacham Newsletter, who sends me a gentle reminder that the 'deadline' date is nearing for the next month's Newsletter. Who gives us space for a great 'spread' to advertise or in this case to say our huge THANK YOU. They might say "Attach a couple of photos as well" BUT out of hundreds, to choose just these few, was a great task?

Well, here we are 30 years of treading the boards of Heacham Public Hall. 58 productions later and approximately 330 members passing through. To think that Joshy Chilvers who wrote and directed the Drama 'The Local', who joined the group at 15 years old, was just a babe-in-arms when the group was formed, way back in 1995. 'The Local' was based on everyday life centered around the comings and goings of the Pub. With lots of Laughs, Worries and Sadness.

After the interval, the group presented a few past pieces from various productions. Again, this was like choosing the few photos from hundreds? How do we choose? But after lots of 'humming and hawing', we came up with a good varied selection, to include, Song, Dance and lots of fun.

We had many, many social media reviews. All very nice words of appreciation, but one review hit the nail right on the head –

"A Brilliant show. I laughed and I cried" reminding us of the two masks hanging over the stage in the Public Hall. TRAGEDY and COMEDY and that's what theatre is all about. The Pocahontas Players can Act and Entertain.

We would like to thank Mr Mick Jennings who has supported every production throughout. Also a very special thank you to Heacham Youth & Community Trust Ltd who helped with funds for the raised tiered seating. A REAL added bonus to enable everyone to have a good view of the stage and MOST of all, YOU, the audiences because without YOUR support, this email wouldn't now be sent - THANK YOU!

Myself and Jeannie Tooley with Jane Knight, founded The Pocahontas Players all those years ago. It's been Hard Work! Worrying! BUT most of all rewarding and FUN! We start afresh in September where we audition and start rehearsals for our January Pantomime - 'Sinbad's Stupendous Adventures' written by talented cast member, Jimma Race. If you are aged 16 - 96? Come along and see what we are all about.

Thank you.

**Janice Curtis/Jeannie Tooley
In memory of Jane Knight**



Left: Girls Can-Can.
Izzie Parr, Jemma Greef, Jaime Tooley, Lauren Matthews



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Above: Boys Can-Can. Gary Pearce, Thomas Whybrow, Levvis Dallison (upside down!) Ryan Chilvers.



Above: The Full Cast



Above: Jaime Tooley as Rafiki and Jemma Greef as Simba

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Final Dame's creation made for The Pocahontas Players by Janice Curtis. With Gary Pearce as THE DAME!

The Hunstanton and District Foodbank

Whilst all donations to the foodbank are always greatly appreciated, below is a list of the basic items that help to make up the food parcels that are given to the people who are in need and who have been referred to the foodbank.

- Breakfast Cereals
- Tinned soup
- Baked Beans / Spaghetti Hoops, etc.
- Tinned Tomatoes
- Pasta, Rice and Pasta sauce
- Tinned Meat / Vegetarian alternatives
- Tinned Vegetables
- Tinned Fish
- Tinned Rice Pudding / Tinned Custard
- Tinned Fruit
- Biscuits
- Tea / Coffee
- Long Life Milk
- Long Life Fruit Juice

Other items might include:

- Marmalade, Jam, Sauces
- Chocolate, Sweets

Donations of other food items that can be stored in a dry cupboard are also welcomed to help supplement the above basic provisions.

Also needed are:

- Toiletries, Toilet Paper, Laundry Products, Washing Up liquid and Other Cleaning Products.

Heacham at Night

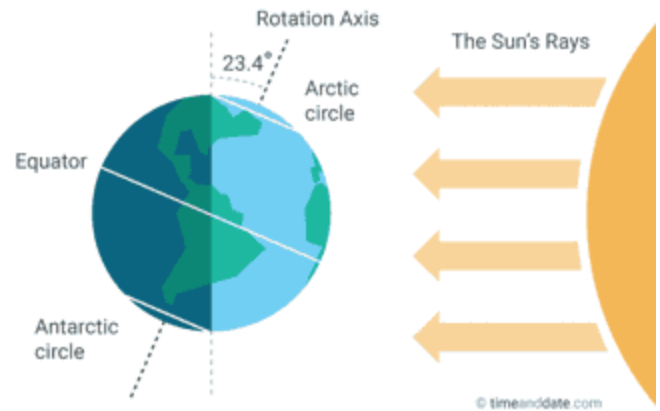
by Terry Parish



Internet

Winter is coming. Well, the longest day, shortest night occurs on the 21st. After that it is getting darker, not that it matters much if clouds blot out the stars and planets. Mind you, clouds might mean rain and on this day of writing, 10th May, we need some.

The Summer Solstice is an important event in the ancient calendar but perhaps not so much as the Winter Solstice 6 months later when the days of increasing darkness end and the world is renewed.



The northern hemisphere receives its maximum exposure to the Sun's light at the Summer Solstice. Internet

The Summer Solstice occurs at around 3.42am if you want to celebrate it. The Sun will be at its most northerly point in the sky before the orbital path and inclination of the Earth starts bringing it lower. Astronomical summer begins on this date and ends on 22nd September. If you want to get your summer shorts out earlier, then meteorological summer begins on the 1st June and ends on the 31st August.

In the antipodes, Australia and New Zealand, they will be dancing around their Coolabah /Matal trees to see off winter as the 21st will be their Winter Solstice.

What to see at night? Not a lot as the sky doesn't get very dark. Mars is still there and, on the 1st at about 10.30pm, find it to the right of the fat crescent Moon. On the left, the bright star is Regulus whilst the star above this trio is Algieba.

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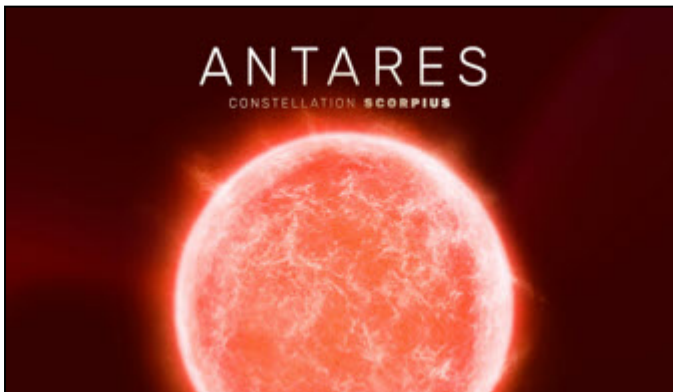
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On the 16th at around 11pm, Mars appears to almost touch Regulus – they are in conjunction. Use binoculars to contrast the red of Mars and the blue-white of the 21st brightest star in the night sky. On the 29th, Mars is to the left of the crescent Moon and Regulus to its right.



700 times the size of the Sun this supergiant is 550 light years distant and has a small, hot, companion.

I mentioned Antares last month. Ares was the Greek God of War which the Romans named Mars. Ant is anti, and Antares is translated as 'rival of Mars'. A long way around to say it is reddish and can be confused with Mars when the latter is dim. Anyway, on the 9th or 10th, look to the Moon and find this rival to the left and then to the right of it.

You have another chance to spot Mercury from the middle of the month but you need a good NW horizon as it will be very low in the sky. With a magnitude of minus 0.5 it will appear as a bright spark and doesn't set until around 11pm. Once seen never forgotten but finding it, that is the rub. On the 27th, the thin crescent Moon

will help as Mercury will be just below and to the right of it. Use binoculars to view it but make sure the Sun has set first.

If you want to catch the sky at its darkest than be up and around from 2am. Saturn and Neptune rise then and will be in conjunction, close together, at the end of the month. However, though Saturn with magnitude of +1 will be visible to the naked eye and an easy sight in binoculars, Neptune much dimmer at +7.8, will need a good telescope. Look ESE and further east as time and date advances. They will be low down and a good horizon is needed. On the 19th, the Moon is close to the pair.

If you are up for these two planets then stay awake to see Venus rise at 3am. It will be a beacon of light with a magnitude of minus 4.1. We saw it lighting up the western sky on February evenings, now it will do the same to the eastern sky in the morning. Beware that the Sun will rise quickly after it so binoculars or other optical instruments should not be used to observe Venus this time.



Noctilucent clouds. Not over Heacham but at Uppsala. Internet



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Noctilucent – luminous at night – clouds. This is a phenomenon to look out for either side of the solstice. After the Sun has set, as far as Earth bound mortals are concerned, its light still shines on objects at high altitudes. There aren't any mountains in Norfolk so high-altitude objects means clouds. Thin, wispy, ones that glow in an otherwise 'dark' sky. Look out for them.



Other noctilucent clouds elsewhere. Internet

The Full Moon in June is always very low in the sky because it is opposite the Sun and the Sun is at its highest point. If you are up before sunrise for Venus then, on the 11th you can see the Full Moon rise in the east at about 2am. Easier is to watch it set in the west around 4.45pm just before teatime. Hunstanton will likely be a good site.

Remember to start summer on the 21st if want it to finish later. Look for high clouds after sunset and enjoy the Moon in June.

Terry Parish

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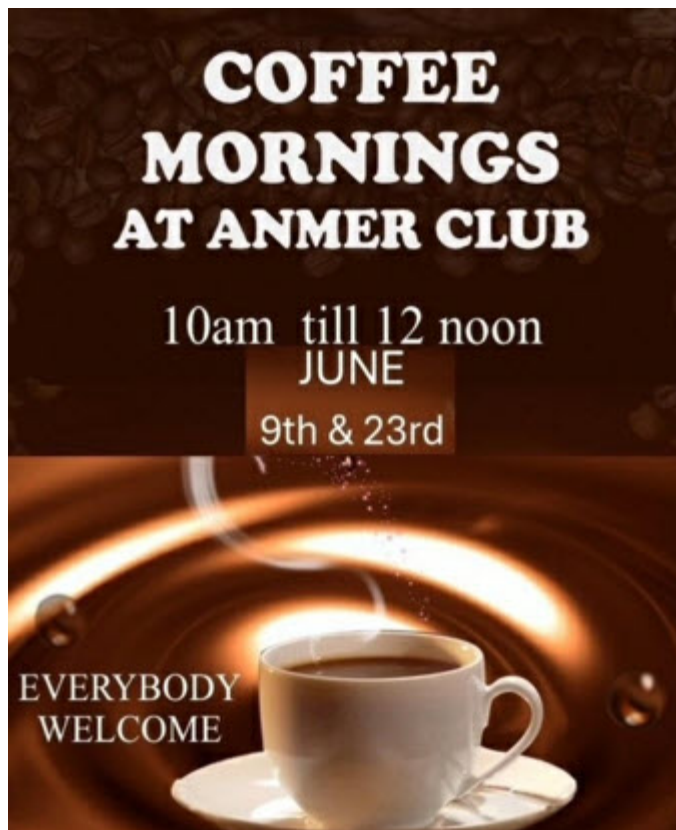
Hunstanton Bridge Club

Hunstanton Bridge Club is a thriving and very friendly club with growing membership at all levels. They play 'duplicate' on Thursday evenings all year round, while on Friday afternoons it is more relaxed bridge, suiting players of all standards (but not absolute beginners) at which supervision is usually available. You do not need to bring a partner when you play on Friday. The Club meets at Old Hunstanton Village Hall where there is plenty of parking.

If you would like to learn, there are Fast Track courses once or twice per year.

Whatever your experience (or none), if you would like to join the Club and/or find out about the courses, please contact Laurent Bernard at bridgehunstanton@gmail.com Annual subscription is £4 per year and table money is £3.00 per attendance.

Henry Head
Hon Treasurer



SNETTISHAM GARDENING CLUB

Our meetings are held in the Memorial Hall, Old Church Road at 7.30pm on Wednesday evenings.

On the 25th June one of our favourite speakers Janette Merillion, will be telling us how to brighten up shady areas in our garden and will be bringing along some plants.

Our Annual Village Open Show will be held on 12 July. Show schedules are available now from Stockley chemists. You do not have to be a member of the Gardening Club to enter. Even if you do not wish to enter the show you will be most welcome to come along to see what local residents have produced - the exhibition includes crafts and cookery as well as plants and there are cream teas available. The show opens at 1.30pm until 4.00pm and a raffle ticket is included with admission to be drawn at 3.30pm.

We do not hold a meeting at the end of the month in July.

We welcome new members and for any further information please call Gail on 01485 541279 or Addie on 01485 544754.

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THE TORREY FAMILY

In March 1967, relying on a sketchy geographical knowledge of the U.K. road network, a college scarf and blind faith, I was hitchhiking from Devon towards my home in the Midlands and saw, at intervals, lorries bearing the letters 'T C' on their cabs heading the other way towards the south-west. I discovered they were carrying detergent which was being used in an attempt to deal with the massive oil spill following the 'Torrey Canyon' striking rocks. The ecological effects of its use as well as the oil was to prove to be a learning experience.

Some fifteen years or so later I was in Heacham and slowly learning a little about my new home and its inhabitants. My chief focus was with its younger inhabitants and their parents but it was some of the older villagers who provided information on village history, and so it was that I accepted the story that the lady I often saw sharing her car with dogs was connected to both the Rolfes and that oil tanker disaster of my student days. Sometime later the sight of a ship's bell in the grounds of a nursing home next to that lady's home seemed adequate confirmation of part of her background at least.

A lot of water has passed under the village's Waterloo Bridge and over the rocks off the Cornish coast since then and in recent years I have found time to look at aspects of village history again. Firstly, the 'Torrey Canyon' belonged to the American Union Oil Company of California which was formed after a merger of three companies – one of which was called the Torrey Canyon Oil Company. Torrey Canyon is actually on the map of California not too far from Hollywood and, presumably, hence the name of the company and ship. It is coincidental that the Heacham Torreys share the name; they do however have links with America and with shipping - including maritime disasters.

Miss Torrey's great grandfather Franklin was American, born in Scituate, Plymouth County, Massachusetts in 1830. There were Torreys amongst the first settlers there in the seventeenth century. Franklin was a sculptor who not only worked in marble but went on to be a partner in a firm that owned one of the best of the famous Carrara marble quarries in Italy. He and his wife Sarah lived in Italy and he died and is buried in Florence. Their son, Charles Franklin Torrey was born in Leghorn, Tuscany in 1858 but he attended Trinity College, Cambridge and graduated in law. A fellow undergraduate and friend was Alfred Neville-Rolfe, a brother of Eustace Neville-Rolfe and Charles Torrey would stay with his friend at Sedgford Hall.

Eustace Fawcett Neville-Rolfe had inherited the Heacham estate from his father Charles Fawcett Neville-Rolfe in 1869 and was struggling with his finances. Nine children may have been accustomed to silver spoons but were clearly not going to have their futures handed to them on one and were distinctly unimpressed with their father's second wife and, it seems, she did not relish the stepmother role.

Eustace had spent his early years with the rest of the family in Italy and Martha, his mother, Charles's first wife, was buried

there. Returning to Italy with his new wife and attempting to manage the estate from there appealed as an attractive option. Apart from the very youngest, those unmarried siblings and those who had not established careers had always stayed closer to Eustace than their stepmother and his sister Margaret was quite content to move to Italy. Perhaps the fact that Charles Torrey lived there aided her decision.

Charles Torrey married Margaret Neville-Rolfe in 1882, the wedding conducted in Essex by the bride's uncle assisted by her brother Arthur. At this time Charles Torrey was not involved in shipping but it was not long before the couple were on board ship bound for quite a lengthy voyage to Australia. Margaret's older brother Charles had secured a junior partnership with the proprietor of a remote Queensland cattle station, having done some training on a Warwickshire farm in livestock management, butchery and blacksmithing. He married a month before Charles Torrey and Margaret and took his new wife out to the Alpha station; his brother Arthur was there too. Charles Torrey and his wife joined them and they lived and worked there for five years; Margaret's sister (Harriet) Jane who had trained at a Paris art school paid an extended visit and created a portfolio of watercolour scenes of everyday life of a Victorian family 'of standing' in comparatively primitive accommodation in a landscape far removed from Norfolk or Italy. Two sons: Gerald Franklin and Eustace were born in Queensland.

In 1887 the Torreys left Australia. It is unclear exactly what prompted the move and the involvement with shipping but it seems most likely that it is closely related to the marriage of Charles' sister Sarah at that time. Her husband was Edward Berwind, who became the man considered to be the world's largest individual owner of coal mining properties; supplier to the American Navy of coal and also a director of the shipping company which owned the White Star Line. Charles began a career in the shipping industry which, over time, took in a number of positions – often as the British face of American companies. He is particularly remembered as chairman of the Atlantic Transport and Leyland Lines, a director of the White Star Line and also involvement with the Port of London Authority.

As part of the firm of Williams, Torrey and Field, the British managers of the Atlantic Line, Charles Torrey was connected with a shipping disaster off the coast of Cornwall when in 1898 the 'Mohegan' on only its second voyage hit the rocks of The Manacles and sank with the loss of 106 lives, including all of the crew. A stained glass window in the church of St Keverne, where many victims are buried in a mass grave, was donated by the company.

Charles and Margaret had a family home in Victoria Street, London but around 1889 became early second homeowners in Heacham when they acquired 'Mill House', an old farmhouse with eighteenth century roots. The village seemed to attract back the extended family of the Neville-Rolfes and there would be large family gatherings at 'Mill House', 'Church House', 'The Cottage' and 'The Windmill' built by Charles Neville-Rolfe after

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his departure from drought-ridden Queensland. Heachamites would become accustomed to the comparatively rare sight of their motor cars on the rough village roads. In an album, Gerald pasted an indignant letter to the 'Telegraph' concerning a collision between a motor car and a cyclist in 1903. The driver was clearly Gerald and handwritten next to it is '£17' – compensation to the cyclist!



Franklin Torrey

Cecil Eric Torrey (known always as Eric) was born in Heacham in 1889 and, sadly, his brother Eustace died here on Christmas Eve 1895 aged just nine. The wooden altar cross in the church bears a brass commemorative plaque to the boy and his distinctive memorial (in Carrara marble) stands close to the 'back' of the church. Like his older brother, Eric would also join the world of shipping after public school and Trinity College and, of course, the



Charles Torrey 1911

First World War. He spent most of his life based in Liverpool working as a manager for the White Star Line before retiring, unmarried, serving as a J.P., and running an asparagus farm. His brother Gerald was due to take up a role for White Star in Italy when war broke out. The company was of course famous for owning the ill-fated 'Titanic' and Charles was actually with the 'bigwigs' on the launching platform of this ill-fated ship in Belfast in 1911.

When war broke out, Gerald and Eric 'joined up' and in 1915, the uniformed Gerald married Violet Lindsay, the daughter of a Major-General (who would be buried in the Rolfe Corner at Heacham). At the end of the conflict Eric was a captain, having been wounded twice serving with a Liverpool 'Pals' Regiment and mentioned in dispatches for attempts to rescue a comrade from No-Man's Land. Gerald was, by that time a staff major with a Military Cross – an unusual gallantry decoration for a staff officer.

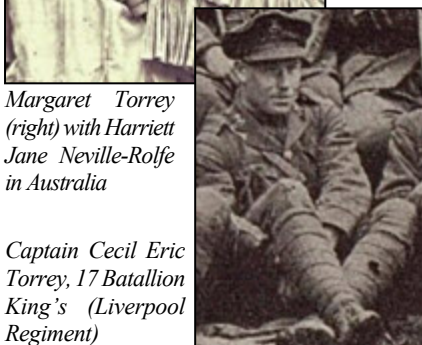
Next month I hope to bring the Torrey story closer to home and to include Miss Susan Torrey who was involved in so many aspects of village life. There are many who knew the lady and it would be interesting to hear of their recollections if space allows ...

Eric Rhodes

Charles in Peugeot, Heacham 1900



Margaret Torrey (right) with Harriett Jane Neville-Rolfe in Australia



Captain Cecil Eric Torrey, 17 Battalion King's (Liverpool Regiment)



The young Torrey boys - Eric and Gerald

Heacham's Recreation Ground

Hosts successful Open Day for Adult Fresh Air Fitness Equipment

On Sunday, 18th May, the village held an open day for its Adult Fresh Air Fitness Equipment at Heacham's Recreation Ground. The event attracted an enthusiastic group of parishioners, who benefited from professional guidance provided by Jamie Hornigold of Norfolk Coast Health and Fitness Centre.

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- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Educational Authority etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust or wish to find out more, please enquire in writing to the Jubilee Welfare Trust Secretary, care of Heacham Parish Council, Old Friends Hall, Sunnyside, Heacham, King's Lynn, Norfolk. PE31 7DU.

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source: petplan's app publications.org/research/heat-stroke-kill **Petplan** GoPetplan.com

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SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

Heacham Table Tennis Club 9.15 - 11.15 Friendly table tennis session. tel 01485 570447 (top room PH)

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

CHAT Club 2nd Monday of the month 10am – 12noon Snettisham Memorial Hall

Hunstanton Community Cafe 10am – 1pm Community Hub, Hunstanton Town Hall

Coffee, Cakes and Chat 10am - noon Anmer Social club. All welcome.

Coffee Morning 10.30am Sunnyside Close (Retirement Housing for 60+) Tel : 570492

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Fitness Pilates 10.45 am Contact Jaime (see Fitsteps 09.45)

Norfolk & Waveney Mind - Rest in the Community Hub 11.30am - 1.00pm - Ladies group. A mental health group focusing on women, which gives the women who attend the group a chance to talk openly in a female only environment. **Neville Court Community Room, Neville Road, PE31 7SP. tel 0300 330 5488**

Seated Fitness 12.00 noon Contact Jaime (see Fitsteps 09.45)

Lean & Strong Seniors 2pm Ingoldisthorpe. Conact Jaime (see Fitsteps 09.45)

Heacham Wives Group – 2nd Monday of most months 2pm at Cunningham Court Community Hall. New members always welcome.

Heachamites Recollections Group 1st Monday monthly, 2-4pm at Heacham Library. Attendance is free. (SM)

Norfolk & Waveney Mind - Rest in the Community Hub Coffee and Craft group 2 - 3 pm. Bring your own craft projects and enjoy a drink and a chat whilst working. Tel 0300 330 5488

Monday Craft Club 2- 4pm (except Bank Holidays) Mixed hand crafts. Please telephone Carole on 01485 572263 with any enquiries. (PRH)

Snettisham Monday Sequence Tea Dance Club 2 pm to 4.30 pm.at Snettisham Memorial Hall. £3 for members, £3.50 for visitors. Please contact Chairman Richard Jessop on 07821 332090 or email richardjessop7@gmail.com for more details.

Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

Strength & Balance Class 4.40pm Hunstanton Conservative Club.
Walking Football for the over 50s 5pm Astro turf pitch at Heacham Social club. For more information contact Heacham Walking Football on Facebook or Steve Watson on 07931 383401.

Fitsteps 5.15pm at Ingoldisthorpe. To book: Contact Jaime 07765433100 or jaimefitsteps@gmail.com

Lift Lean 6pm as Fitsteps above.

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Line Dancing 6.30– 8.30pm Hunstanton Community Centre. £5.00. Tel: Louise on 07722124941.

Fitness Pilates 6.50pm, as Fitsteps above.

Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details

Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Heacham In Bloom 3rd Monday Monthly 7pm (OFH)

Hunstanton Voices 7.00pm every Monday, The Way Christian Fellowship Church Hall, Downs Close, Hunstanton. First week free, no singing experience required. For more information contact noelenewd@yahoo.co.uk or ring 07709 986046.

Watlington Jazz Club 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

Princess Theatre, Hunstanton

June 2025

					
1 st June	6 th June	7 th June	13 th June	14 th June	15 th June
					
18 th June	20 th June	21 st June	22 nd June	27 th June	28 th June
<h2 style="margin: 0;">THE GREAT BRITISH SEASIDE SPECIAL Variety Show</h2>					
<p>Wednesday 6th / 13th / 20th August 2025 - 15.00 Wednesday 7th August 2025 - 15.00 & 18.00</p>					

BOOK NOW!

at the little theatre with big shows

www.princesshunstanton.co.uk

Call The Box Office: 01485 532252

Hunstanton Conservative Club

24 High Street, Hunstanton
PE36 5AF
Tel: 01485 532462



**The Club is open Monday to Saturday 10am-11pm
except music and quiz nights.
Sunday 11am-11pm**

Meals served from Monday to Saturday 12 noon until 2.00pm. A
selection of special meals available each day.

Sundays – 2 course Roast Lunch

Entertainment for June

The club will be open later on entertainment evenings.

Mon 2nd June:	Coffee/brandy from 10.00am
Sat 7th June:	Quiz Night
Thurs 19th June:	Coach Trip to Springfields, Spalding
Wed 25th June:	Cream Tea from 3.00pm
Sat 28th June:	Music Night – Robbie Williams

Regular Events

The U3A Spanish class meets every second Monday morning.

Yoga for U3A members on Wednesdays, Thursdays & Fridays.

Mondays:	Strength and Balance Class – 4.30pm
Wednesdays:	Scrabble 10.00am. Whist Drive 7.00pm
Fridays:	Lunchtime Raffle drawn at 1.00pm
	NIA (non-impact Aerobics) 12.30pm
Saturdays:	'Open the Box' draw at 1.00pm

Cash Bingo – Tuesdays and Fridays
Eyes down 7.30pm

www.hunstantonconservativeclub.co.uk

Cash Bingo 8pm United Services Club, Homefields Road,
Hunstanton

TUESDAYS

Garden Circuits 09.15 am Rudham. For info contact Jaime 07765
433100 or jaimefitsteps@gmail.com

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact
Gail on 07837 761724

Snettisham Art Group 10am – 12noon at The British Legion Hall,
Snettisham. Call Les on 01485 572370 for further details.

Hunstanton Indoor Market 10am - 2pm (4pm July - mid-
September) at Hunstanton Town Hall.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)

Gentle Pilates and Exercise Class (seated) 10.15am and 11.15am
Dersingham Methodist Church Hall. Contact Anne on
07717333234, or email activehealthpam@gmail.com

Sweaty Mums 10.30 am Rudham. For info contact Jaime 07765
433100 or jaimefitsteps@gmail.com

Coastal Stroke & Support Group 10.30am – 12.30pm at
Hunstanton Methodist Church Austin St

Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485
532280

Norfolk and Waveney Mind Coffee, Catchup and Crafts 11am
- 12.30pm Anmer Social Club. Join us for coffee and bring projects
to complete alongside others. Tel 0300 330 5488

Friendship Lunches 1st Tuesday of each month. 12.30 pm
Two-course meal £7. To book call Shirley on 01485 540644 at
Dersingham Village Centre

Heacham Carers Support Group meets 1st & 3rd Tuesday
monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee
& a chat For more info Tel: 572707

Cafe for the Bereaved 2pm Fortnightly Hunstanton Library.
01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library
Social 50/50 Dance 2-4pm at Reffley Community Centre PE30
3EQ. Tickets £4 each. 07787966000

Norfolk & Waveney Mind Mens Recovery Group 2 - 3.30pm
Anmer Social Club. A chance for men to come together and chat with
each other or with a mental health recovery worker. Tel 0300 330 5488

Jive Classes 2.15 - 3.45 inc tea/coffee. Contact Val 07789 957071
or info@takeetheleadance.co.uk (PH)

The Fellowship 2.45pm fourth Tuesday of the month (MC)

Garden Circuits 6.30 pm Rudham. For info contact Jaime 07765
433100 or jaimefitsteps@gmail.com

Pilates (mat) 5pm and 6.15pm Dersingham Methodist Church Hall.
Contact Anne on 07717333234, or email activehealthpam@gmail.com

Norfolk & Waveney Mind After Work Social Group 5 - 6.30pm
Anmer Social Club. A chance to socialise with others and /or talk
to a recovery worker for mental health support. Tel 0300 330 5488

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community
Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811
629910 £1 (HSC)Playing Fields

Norseman's Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3 at Unit
12 Heacham Hall Ind Est. geezersales@btinternet.com

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen
07833747059 or just come along (SG)

Fire Cadets at Hunstanton Fire Station 6.30 – 8.30 pm Boys &
Girls 13yrs+ Come along for a fun and interesting evening
learning about all aspects of fire safety Tel : 07919492236

Brass Band Practice 7pm Snettisham Salvation Army, Alma
Road, Snettisham. Tel: 07436 425118

Parish Council Mtg 3rd Tuesday monthly 7pm (OFH)

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402
(PH)

Poker Games (friendly) 7:30pm United Services Club
11am – 12 noon Hunstanton Library

Cash Bingo 7.30pm Hunstanton Conservative Club

Village Cinema last Tuesday of the month 7:30pm Dersingham
Village Centre. £6 Details 01485 543195

WEDNESDAYS

Car Boot 7 am sellers, 8am public Heacham Sports Field. £6/pitch
Walkfit 9.00am Rudham For info contact Jaime 07765 433100 or
jaimefitsteps@gmail.com

Docking Market 9am-1pm in The Ripper Hall Local Produce,
Craft and Gift Stalls Tel: 576233

Scallywags Parent, Baby & Toddler Group term time 9.30 – 11
am £3 Tel: Jo 07395 077622 (SG)

Baby and Toddler Group 9.30 - 11.00 Methodist Church, Austin
St, Hunstanton. Call Rosie on 07963 181573 for more info.

Stability Ball 9.45am Rudham For info contact Jaime 07765
433100 or jaimefitsteps@gmail.com

Family History One to One 10 - 11am Hunstanton Library 01485
532280

Scrabble 10am Hunstanton Conservative Club.

Tai Chi Beginners 10 - 11am first and third Wednesdays of the
month at Hunstanton Town Hall, £8 To book or for info call
Margaret on 07951402717

Seated Tai Chi 10.30 – 11.30 first and third Wednesdays of the
month. Contact Allan on 07960229726 for more information.
Wheelchair accessible. (PH)

The Old Schoolgirl Friends of Heacham School meet for a
'Coffee and a Chat' the last Wednesday of the month 10.30am at
Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am
(MC)

Just a cuppa 11am Hunstanton Library 01485 532280

Carvery Lunch from 12noon - 2pm at United Services Club. One
course for £7.95, two for £9.95, To book - 07901 524778

Walkfit 1.30pm Heacham. For info contact Jaime 07765 433100
or jaimefitsteps@gmail.com

Noah's Ark Toddler Group 1.30 - 3pm term time, £3/family. Tel:
Marianne Baguley 07880364326. (MC)

Trefoil Guild 2 - 4pm 1st Wednesday of the month For info please ring Judith on 01485 571311. (NC)

Job Support 2 - 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Tea Dance 2 - 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Flow 2.15pm pm Heacham. For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Fitsteps 6.00pm Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Tai Chi & Kung Fu 6-7.15pm - Childrens Kung Fu 7.15-8.15pm - Adult Tai Chi 8.15-9.30pm - Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm-7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

Hatha Yoga 6.30 - 7.30pm. Ring Bridget on 07477 335155 or just come along with your own yoga mat. (OFH)

Fitness Pilates 6.45pm Rudham For info contact Jaime 07765 433100 or jaimefitsteps@gmail.com

Whist 7pm Hunstanton Conservative Club

Heavenly Honeys of Heacham 7pm 1st Wednesday of the month. For more info contact tracryaby61@gmail.com (HSC)

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 or 07900 320612 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Snettisham Gardening Club last Wednesday of the month 7:30 - 8:30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Pop-Up Coffee Shop 10am - 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Coffee Morning 10am - 12noon (1st & 3rd Thursdays) at The Salvation Army, Alma Road, Snettisham

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Dementia Cafe first Thursday of the month 10.30 - 12.30 Heacham Social Club. More info from Sue Carter 07931761021.

Norfolk & Waveney Mind - Rest in the Community Hub 10am - 3pm Older Persons Group. The group offers a comfy setting for those who are older, or with mild to moderate dementia. A two-course cooked lunch is provided. The group work on memory skills, relaxation techniques as well as taking the opportunity to hone living skills, such as helping to prepare lunch. Please note there is a charge for this group. 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am - 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 - 11.15am Dersingham Village Centre. Details as on Mondays.

Oddfellows Get Together 11am, third Thursday of the month at Thaxters Coffee Shop, Dersingham. For further details please contact Alison or Jonathan on 07564 834292 or email alison.schultz@oddfellows.co.uk

Craft Club 2nd Thursday of the month, 2pm - 4pm at The Salvation Army, Alma Road, Snettisham. Bring your own project if you like.

Craft and Knit and Natter 2 - 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Knit and Natter 2pm at Pine Residents Hall. Call Pat Toppin 01485 779208



Hunstanton United Services Club

Entertainment for June 2025

OPEN ALL DAY EVERY DAY - 11am to 11pm

Please note that non-member entrance fee for Friday Night Specials and Saturday live music evenings is £5pp.

FRI 6th FRIDAY NIGHT SPECIAL. ABBA TRIBUTE DUO - HEAD OVER HEELS. Come on you Dancing Queens! 8pm

SAT 7th CECIL FARRYI MOTOWN MAN. 8.30pm

FRI 13th DIAMOND PAUL'S MIXED BAG DISCO. Come and dance to all your favourite requests. 8pm

SAT 14th THE LAURIE HAYLEY DUO. 60s and more. 8.30pm

FRI 20th QUIZ NIGHT. First Prize £50. Teams up to 4 persons. £4pp. 8pm

SAT 21st THE 59ers. New act. 8.30pm

FRI 27th DIAMOND PAUL'S MIXED BAG DISCO. 8pm

SAT 28th THE TONICS DUO. Great entertainment. 3.30pm

SUN 29th CAROLANN. Accomplished vocalist. 3-6pm

EVERY SUNDAY - FIND THE JOKER DRAW. 2.00pm

EVERY SUNDAY - CLARE'S DINER from 12.00pm

Various basket meals available. £5

KARAOKE - EVERY SUNDAY

with MICK COVEY. 8pm.

CASH PRIZE BINGO - EVERY MONDAY & THURSDAY EYES DOWN 8pm

POKER NIGHTS - EVERY TUESDAY FRIENDLY and THURSDAY LEAGUE 7pm

SNOOKER ROOM with 3 x FULL MATCH SIZE TABLES

POOL TABLE & DARTS

LARGE BEER GARDEN

UPSTAIRS FUNCTION ROOM FOR HIRE

YEARLY MEMBERSHIP TO CLUB

£14pp. OAPs £10.

This gives you free access to all Club facilities and live music events apart from NYEve.

WE ARE ONE OF THE CHEAPEST PLACES IN TOWN FOR A DRINK!

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 - 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Norfolk & Waveney Mind - Rest in the Community Hub 2 - 3.30pm Men's recovery group. A mental health group focusing on men, which gives the men who attend this group a chance to talk openly in a male only environment. 4 Poplar Ave. tel 01485 572707

Tea Dance 2 - 4.30pm every week. Old time line dancing and sequence at the Public Hall. Call George 01775 670294

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706

(HSC) playing fields

Judo 5 - 6pm 3 - 6 year olds; 6 - 7pm 6 - 11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free) . Call Josh 07432 586668 (PH)

Hunstanton Bridge Club Duplicate Bridge 6.15pm for 6.30 pm until 9.45pm approx.. All year round at Old Hunstanton Village Hall. Contact bridgehunstanton@gmail.com

Ballroom, Latin and Jive Classes at Dersingham Village Hall. 6.30 Jive, 7.30 Ballroom & Latin beginners, 8.30 beyond beginners. Contact Val on 07789 957071 or www.taketheleaddance.co.uk

1st Heacham Cubs ages 8 – 10yrs Term Time 6.45 –8.30pm Tel: Jemma 07962 611122 (SG)

St Mary's Snettisham, Thursday Suppers - 7pm at Park Farm Visitor's Centre - a good meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Hunstanton Army Cadets 7 - 9.30pm Hunstanton Community Centre Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

Slow FlowYoga 7 - 8 pm Dersingham Village Centre. Contact Kyra on 07968 354431

Hunstanton and District Camera Club 7.30pm, first and third Thursday of the months September to May. Common Room, Orchard Close, Dersingham.

Snooker League 7.30pm Hunstanton Conservative Club

RAO Buffaloes 7.30pm (HSC Top Room)

Poker Games (league)7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Quiz Night Cash Prizes 9pm at Fox & Hounds

Wolf Folk Club 8pm fortnightly from 7th November at Flitcham Social Club. Free. Singaround of a wide variety of acoustic music. More info on their Facebook page - The Wolf Club.

FRIDAYS

Crafty Crowd second Friday of the month 10am - 12 noon at Heacham Methodist Church. Bring your own craft. For info contact Marianne on 07880 364326

Friendship Group 10.30 am – 12 noon at Hunstanton Community Centre. Come for a cuppa & a chat & to meet new people. Julie – 07927 467984, Sue – 07891 506912

Wool Crafts 11 am Hunstanton Library 01485 532280

Lunch from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

St Mary's Snettisham, Friday Lunches - 12:30pm at Snettisham Church Hall, 100 Station Rd - a light meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Raffle 1pm Hunstanton Conservative Club

Hunstanton Bridge Club Supervised Bridge 1.15pm for 1.30 pm until 4.45pm approx.. September to end of June at Old Hunstanton Village Hall. Contact bridgehunstanton@gmail.com

Heavenly Honeys of Heacham 2pm 1st Friday of the month. For more info contact tracyraby61@gmail.com (HSC)

Football 5 - 6.30pm Under 10's 'Minors' on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norseman's Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Hunstanton Tang Soo Do Club 6.30 - 8.30pm Korean martial arts of self defence mixed club all ages at Smithdon School.

Cash Bingo 7pm (PH)

Cash Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Stepping Out Tea Dance last Friday monthly. £5 for members, £7.50 for non-members, inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

ANMER CLUB

QUIZ NIGHT

FRIDAY

27th JUNE

CLUB OPENS AT 7PM

QUIZ STARTS AT 7.30

ENTRY £3 PER PERSON

RAFFLE



HEACHAM MANOR
HOTEL · RESTAURANT · GOLF

Sherlock Holmes Returns in
A Homecoming Murder Mystery
IN THE PAVILION AT HEACHAM MANOR
Saturday 14th June, from 6.30pm

Join us for delicious food and an interactive experience.
Will you be a suspect, a victim or the murderer?
Take your seats for your dinner as Sherlock Holmes and Doctor Watson spring into action as you become the detective pitting your wits against Sherlock Holmes as you race to solve the case before the great detective.

TICKETS £49.95 PER PERSON
Includes: 3 Course Dinner and Interactive Murder Mystery Entertainment.

To book please call us on
01485 536030



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

SATURDAYS

Sandringham Royal Parkrun and Parkwalk 8.45 for 9am. First Timers briefing at 8.50am. Start and finish on the vista near children's play area. Car parking for parkrun is free until 11:00 am. To volunteer or for further information contact: sandringham@parkrun.com

Hunstanton Promenade Parkrun 8.55 for 9am. 5km run, jog or walk. Meet at Hunstanton Sailing Club, North Promenade, Hunstanton PE36 6GB

Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Coffee Morning first Saturday of the month, 10am. Pine Residents Hall. £1. There is a raffle.

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Raffle with 'Open The Box' 1pm Hunstanton Conservative Club.

Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattlington.com

West Norfolk Tai Chi Chuan -weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch Carvery from 12noon - 2pm at United Services Club. To book - 07901 524778

Sunday Lunch from 12noon - 2pm at Hunstanton Conservative club. Two courses £8.95, please book.

OTHER EVENTS.

June

June Events at Anmer Social Club

For info see www.anmerclub.com, facebook.com/AnmerSocialClub or email enquiries@anmerclub.co.uk

Club open 30 mins before event start time.

Monday 9th 10 am - noon Coffee Morning.

Friday 20th 7.30pm Film 'Mad About The Boy' .£5

Monday 23rd 10 am - noon Coffee Morning

Friday 27th 7.30pm Quiz. £3/person Raffle

June Music in the Burnhams

For more info go to musicintheburnhams.com or ring 07989 177079. Tickets £20 each under 18 free

Saturday 7th 3pm All Saints Sutton cum Ulph., Burnham Market, Adrian Bradbury and Leo Popplewell.

Saturday 14th 7.30pm St Mary's Church, Broad Lane, Brancaster ,Leon Bosch (Double Bass) and Rebeca Omordia (Piano)

Sunday 1st June 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free.

Thursday 5th June The Reading Room Stanhoe, Stanhoe and Barwick a talk by Liz Scott 'Life as a Monastery Maid' For more details contact stanhoenadbarwickwi@gmail.com

Sunday 8th June on the beach - Beat The Tide, 5K or 10K run.

Monday 9th June 2pm Sedgeford Village Hall, The Arts Society Lecture: 'Precious Imperfections: Ceramics with rivets and gold' by Anne Haworth, www.theartsocietynwnorfolk.org.uk

Tuesday 10th June 6pm (doors open 5.45pm) Hunstanton Town Hall, presentation of designs for new Queen Elizabeth Hospital.

Sunday 15th June 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free.

Monday 16th June 2pm Community Hall, Hunstanton. U3a. Judith Evans MBE will talk about Beekeeping and the life of bees. For further information please see our website www.hunstantonu3a.org or call 07443763679.

Friday 20th June 7pm (please arrive by 6.35) at Heacham Scout Hut, Summer Solstice Sound Bath. Please wear comfortable warm clothes and bring a mat/blanket/cushion to lie on. £ 8. Book with Margaret Marciniak on 07951 402717.

Sunday 22nd June 11am - 5pm Old Rectory, Syderstone (PE31 8SF) garden will be open for viewing as part of the National Garden Scheme. £5, children free.

Tuesday 24th June 7.30pm at Dersingham Village Centre, a film 'A complete Unknown'. £6, under 16s £3.

Wednesday 25th June 10am – noon Community Coffee Morning and More, Old Friends Hall.

Wednesday 25th June 7.30pm Memorial Hall, Old Church Rd, Snettisham. Snettisham Gardening Club. Janette Merillion will talk about how to brighten up shady areas of the garden. Further information from Gail 01485 541279 or Addie 01485 544754

Thursday 26th June 1-3pm Hunstanton Town Hall, A Musical Afternoon with Rick Hallam (60s and country music) In aid of East England Air Ambulance. £4, cash only.

Saturday 28th June 8.45 am for 9.00 am Sandringham Royal Park. 5K Your Way – Move Charity For anyone affected by cancer, friends and healthcare professionals to come and walk, talk, run or simply have coffee and cake and be part of the lovely parkrun community. For further information email: sandringhamgroup@5kyourway.org

Saturday 28th June 7.30pm at Amy Robsart Hall, Syderstone a film 'Juror no2'. Hearing loop & ice creams available£4. Pay on the door or book at syderstonecinema_arvh@outlook.com or 01485 578270

Saturday 29th June 10am - 4pm Hunstanton Town Hall, HDFA Craft Fair.

Sunday 29th June 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free.

July

Thursday 3rd July The Reading Room Stanhoe, Stanhoe and Summer Party. For more details contact stanhoenadbarwickwi@gmail.com

Saturday 12th July 1.30 - 4pm, Memorial Hall, Snettisham, Snettisham Gardening Club Annual Village Open Show, including cream teas and an exhibition of crafts and cookery. Further information from Gail 01485 541279 or Addie 01485 544754

Saturday 26th July 2 - 4pm Fridhem Rest Home Summer Fete.



VE Day 80th Anniversary Shop Window Display

Competition – Winners Announced!

To commemorate the 80th anniversary of VE Day, local businesses took part in a spirited shop window display competition celebrating the wartime spirit and community resilience of the 1940s. The creativity and effort shown by all participants was truly commendable, and the town was treated to a nostalgic and heartfelt tribute.

The results are as follows:

1st Place – Beachwave Creations

Located in the charmingly restored Old Coal Shed, Beachwave Creations captured the hearts of judges with its handmade decorations, both inside and out. Owner-crafted bunting, vintage-style displays, and a thoughtful giveaway of a free, self-designed sewing kit added an authentic and personal touch. Beachwave also took part in the ration book scheme, offering wartime-inspired interaction for visitors.



2nd Place – Tapping House Charity Shop

This shop impressed with its beautifully curated displays across both windows, featuring vintage clothes, crockery, and an evocative wartime aesthetic that truly captured the spirit of VE Day.

3rd Place – By the Book

A clever combination of literature and nostalgia, By the Book engaged customers with a “Guess the Price of the Wartime Picnic Hamper” competition, complemented by a thoughtful selection of relevant books that transported visitors back to the 1940s.



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First Prize – £100 to the business owner's chosen charity – Norfolk Wildlife Trust

Second Prize – £50 to the business owner's chosen charity – Tapping House

Third Prize – £25 to the business owner's chosen charity – West Norfolk Deaf Association



Honourable Mentions:

Coggles Funeral Parlour – Made a notable effort with themed decorations, showing community pride and respect for the occasion.



The Pie Shop – Created a special wartime pie and mash menu, hung an 80th anniversary banner, and displayed VE Day-themed cloth.

Candy and Cream Shop – Participated

in the ration book scheme and offered ration-sized sweet bags for just £1, complete with patriotic flags and vintage-themed products.



A heartfelt thank you to all the businesses who took part and helped bring history to life for residents and visitors alike. Your contributions made this VE

Day anniversary a truly memorable occasion.



HTC Friday Friendship Group Report: March/April 2025

Despite several members not attending during the Easter period, our numbers have held up well, averaging 30+, due to new members joining. If all the regulars who didn't come during Lent return, we will be approaching 40 attendees each session. Extra help in the kitchen is needed and every fortnight we are joined by a non-member, Christine Hillyard, who lends a hand. Other members are very good at 'mucking in', especially during clearing up at the end of the sessions.

It's been a quiet month. There was the usual quiz during the last Friday in March. This time the theme was The Sixties. We have also been visited by Dawn Swift with Dolly, the therapy dog.

The main event took place on Good Friday, with our Easter Bonnet competition, followed by toasted hot cross buns. Feedback from members was very positive, with several commenting that it made a great start to the Easter weekend, especially for those on their own. Our thanks to Mike Rushton who



Nic with Cllr Rushton

came to judge the competition, resplendent in an Easter bonnet of his own!

The winner was a new member, Nic, who took home a large Easter egg - appropriately!



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What an Easter Extravaganza it was!

The Easter Extravaganza at Heacham Public Hall on 19th of April was a huge success. Much fun was had by all. Easter bonnets, clay animals, monoprints and seascapes were made. Plus people tried their hand at card making, quilling, scrap-booking, crocheting and pebble painting – Oh and lots of cakes and scones (thanks to Joanna at Modern Story) were consumed!



Clay Animals. Photo: Michelle Louise Carter

The Easter Bunny was in residence too. Apparently she might be back as a cheeky elf or Christmas tree fairy at our next event which will be in December.

Thank you Heacham for all your support. And a massive thank you to Mary Atkin, Stina Burger, Michelle Louise Carter, Brittany Elwin, Sophia Heathcote, Helga Joergens, Kerry Long and Sue York for providing the craft activities. And a big shout out for our volunteer helpers Allan, Felicity, Jill, Mags, Mo, Pattie and Sarah Jane and – of course to all who generously donated tombola prizes and cakes. Much appreciated. We raised an incredible £444.40 and donations are still coming in.



Above: Crochet Below: Monoprint
Photos by Michelle Louise Carter



On the day we had fantastic feedback:

“Can we do this every week?”

*“Absolutely amazing day. Wish we could do it more!!!
Appreciate you all”*

“This was such a fun afternoon! ... Thank you so much to Esther and all of the lovely volunteers! Super friendly and so patient. We loved it”

It was so wonderful seeing the enthusiasm which we believe indicates a shift from being online to being hands on. We really would like to be here for the community and run regular arts and crafts activities for all. Owning The Old Dairy would make this a reality.

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Above: Scrapbooking. Photo by Michelle Louise Carter

Last but definitely not least, a huge thanks to Margaret Marciniak for her donation of the proceeds of her Sound Bath on 25th of April. She raised £184. Don't miss her next Sound Bath on 20 June – 0795 140 2717. (If you don't know what a Sound Bath is come and see – no water involved and you get to leave your clothes on!) Our next fundraising event is a Coffee Morning at 36 Staithe Road, Heacham, PE31 7EE on 28 June from 11 am to 3 pm. Come join us – eat yummy cakes, play some fun games and try your hand at some craft activities. We look forward to meeting you.

Esther Boehm

On behalf of the Save The Old Dairy Project team.

Encouraging Individuality Acceptance and Understanding

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TOWN COUNCIL

Hunstanton marks 80th Anniversary of VE Day with Four-Day Celebration

Hunstanton, Norfolk, 12 May 2025 Hunstanton Town Council's Events Team proudly hosted a vibrant and heartfelt four-day celebration to mark the 80th anniversary of Victory in Europe (VE) Day, bringing the community together to honour the legacy of those who helped shape the freedom we enjoy today.

The commemorative events began on Thursday, 8 May, with a countrywide tribute. A VE Day flag was raised at the war memorial, assisted by the Head Boy and Girl from Hunstanton Primary School and Smithdon High School. That evening, the Town Hall was illuminated in red, white, and blue as a ceremonial beacon was kindled at 9:30pm, inviting all to reflect on the courage and sacrifice of the wartime generation.



Friday welcomed local care homes, carers, volunteers, and vulnerable residents to a special fish and chip luncheon at the Town Hall. Guests enjoyed live music from David Young, shared stories, and formed new friendships in a heartwarming afternoon of community spirit.

The festivities continued on Saturday with John Harris's much-loved Victory Gala, which once again filled the hall with laughter, music, and cheer. Sponsored by Hunstanton Town Council, the



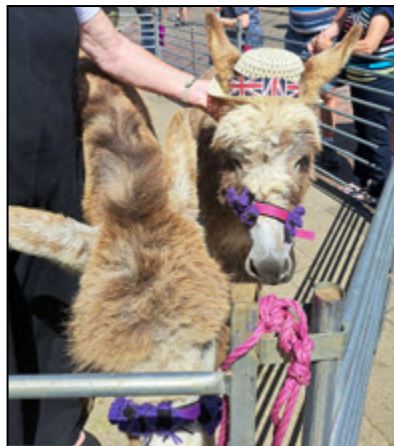
gala featured performances by The West Norfolk Singers, The Platinum Players and the Zimbabwe Fellowship. Proceeds supported the Hunstanton Royal British Legion.

On Sunday morning at 11:00am, the Royal British Legion led a procession from the United Services Club to the Cenotaph, where Fr. James Munro officiated a

moving remembrance service. Wreaths were laid in honour of all who served and sacrificed.

Among the musical highlights of the weekend was nostalgic live 1940s music performances at The Spinney by Imogen and Steve Wingate organised by Ian Wells, capturing the spirit of the era, drawing enthusiastic crowds who danced and sang along to wartime classics.

The weekend concluded with entertainment in the High Street including performances by, street theatre from Misfit Mollys, a classic Punch and Judy show, balloon artistry, and roving entertainers delighting crowds throughout the day.



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Why not visit the Syderstone ‘Secret Garden’?

Have you ever wondered who lives behind that white gate in the tall red brick wall just down from the church in Syderstone?

On Sunday 22nd June you’ll be able to find out! Tom and Jane White will be opening their garden that day as part of the National Gardens Scheme (NGS.) Just like the famous ‘secret garden’, Tom and Jane’s is a charming old style rectory garden which was designed in 1999 by RHS award winning medallist Arne Maynard. Even for non-gardeners it’s worth a visit but for gardeners who like a bit of detail – here it is! It has a parterre of English shrub roses, herbaceous beds, shrubbery and orchard as well as lawns, box, yew, beech and hornbeam hedging, pleached crab apple, wisteria, a vegetable garden and a riot of climbing roses.

Keen plantsman Tom is already working hard to get the garden into tip top condition for visitors. He explains: ‘We’ve been opening the garden on and off since 2006, when we moved in. We count ourselves very lucky to live here in Syderstone and we’re happy to share our garden for the benefit of the whole community as well as other NGS visitors who travel to see it. The refreshments team from St Mary’s church will be here with teas, coffees, cakes and rolls so it will be a great opportunity to get together and meet friends, neighbours and other keen gardeners.’

The money raised from admission fees will go towards NGS charities; refreshments proceeds will go to St Mary’s church, Syderstone.

Admission £5 each, children free. Open: 11.00am to 5.00pm.

Parking: There is no car park at this property, other than for disabled visitors. The best place to park is on The Street (the



main street through the village) near the church, then use pedestrian entrance through the white gate (opposite Rectory Gardens). Please park responsibly and avoid blocking driveways.

Getting there:

SatNav postcode: PE31 8SF. Eight miles west of Fakenham on the A148, turn northwards onto the B1454. Turn third right, signposted ‘Syderstone.’ Follow the road through the village. For disabled access, turn first left onto Creak Road. The Old Rectory entrance is on the right in 200 yards. For non-disabled parking, please park on The Street (see above.)

Enquiries to Tom White on 07768 465746.

More about The Old Rectory and the National Gardens Scheme: Find a Garden | National Garden Scheme (ngs.org.uk)

Sundays Fortnightly Throughout the Summer
(see website for dates)
6-9pm (Last order for food 8:45)

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(see website for dates)
6-9pm (Last order for food 8:45)

New for 2025!

This Summer join us in The Pavilion on the No. 82 Terrace for a taste of the soul life with the sounds of artists like Marvin Gaye, Al Green, and Etta James filling the air with warmth and nostalgia. Paired with our popular tapas menu we are bringing a new vibe to Sunday evenings.

www.heacham-manor.co.uk
SIMPLY CALL 01485 536030

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Borough Council News **Heacham Ward which includes** **Sedgeford and Fring**

A new (council) year begins and allocations of roles and responsibilities will have been published. You won't find me as chair of planning or even as a committee member which, after around 12 years (minus 1 when I was Leader), removes me from the fray. The reason, briefly, is that following a car accident at the end of last October, the resulting injuries prevented me doing my job the following week. Unwisely attempting to do something, I sent emails to the vice chair with my opinions, up to that point in time, on planning applications. I also implied some criticism of officers. Neither are allowed and escalation occurred when someone decided to alert the press. Hence my removal from committee.

There are some advantages of this outcome as I am now free to comment on and criticise major planning applications anywhere. In my Ward I can take a fuller stance either for or against applications within it, just like old times.

I will now bore you, again, with Cheney Hill, Heacham. Those of you present at the Annual Parish Meeting will have heard me say that the reserved matter applications will be in June. 'What year?', was the response. Well, today, 9th May, I have been told that they have been moved from 2nd June until 30th June (two meetings this month as the Council goes to sleep in August).

I will be speaking, from the floor, as Borough Councillor, about some broad principles. This will likely include section 106 funding for libraries. As it stands, such money will go to Hunstanton. The Parish Council will likely send someone too, to speak about local matters. A resident who backs onto the

Cheney Hill site would be a useful third speaker. The development cannot be stopped as outline permission was granted albeit 10 and 8 years ago though, some say, including me, that they should be scrubbed and reapplied for. The reserved matters applications show details of the site layout. Some of you are adversely affected and there are also the matters of construction times; moving materials on and off site; wheel washing, and the road route of construction lorries etc. etc.

The Fenway debacle seems to have escalated again with residents enduring a poor situation. Officers have been made well aware of what is going on. As of noon, 9th May I am still awaiting an update promised to residents.

You will have received consultation about the proposed traffic lights at the junction of Lamsey Lane and the A149. Improvements to this junction have been asked for, for years, and it has taken Government grant funding for bus route improvements to get the job done. They will also help all village traffic including that generated by the Cheney Hill developments and increases due to visitors to Wild Ken Hill. They may chop up visitor traffic streaming to Hunstanton but stationary at traffic lights is no different to just stationary.

Sedgeford have gleaned, from Anglian Water, some fascinating information about water extraction which affects the River Heacham. Congratulations for their perspicacity on this matter. I will ask if it can be more widely shared. The Parish Council have also pursued matters relating to the proposed County housing development on the old school site. This application has now been submitted and I look forward to comments on it before I make any response.

The application for a swimming pool within the holiday complex at Fring has received no public comments to date. The Assistant Conservation officer has some interesting notes and recommendations which I encourage interested parties to read. I have asked if they are going to be taken further or incorporated into conditions.

The County has been pushing its solution to local government reorganisation, a one nation state for Norfolk with little to credit it as far as representation of the people is concerned. The three unitary model supported by District Councils will be far better for you and information will be forthcoming. There has been a press statement explaining this stance and a copy of that to all Parish Councils.

The Council Leader and Chief Executive are continuing their visits to Wards around the Borough and the new date for Heacham is at the end of August. I will confirm date and venue next month

Terry Parish
Ward Councillor for Heacham
which includes Sedgeford & Fring

Sedgeford Historical and Archaeological Research Project



The excavation period is nearly here. We will be back on the 6th of July until the 1st of August.

This year we have lots of courses on offer!

Week courses (Sunday-Friday)

- Basic Excavation and Recording Techniques
- Intro to Human Skeletal Remains
- Experimental Archaeology
- Landscape Course



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Hunstanton Croquet Club

Unlike last season the start of 2025's croquet season has provided lots of dry and some gloriously sunny days to mark out the lawns, learn or get back into playing croquet and socialise with other club members.

Once again a 20 place 4 x half day 'Introduction to Croquet' training course was arranged which filled immediately leading to some additional beginner's sessions being run to ensure potential new members would attain the basic skills and feel confident to attend the club afternoons.



The Committee have introduced a number of new initiatives this season which focus around player development (group and 1-1 coaching) and a new internal league designed to encourage more friendly but competitive play within the club and ultimately prepare motivated players for external tournaments going forward.



A huge thank you to everyone in the club who has given their time and expertise to help and support potential new members, existing ones wishing to improve and to teach other members how to measure and set out the hoops – a skill indeed!

Zena Penty
Publicity Officer hunstantoncroquetclub.co.uk





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17:00-18:30 – After Work Social Group
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We look forward to meeting you 😊

Music in the Burnhams

On May 10th we had our first joint concert with Norwich School. A comment from a member of the audience rather summed up what Music in the Burnhams is all about. Bringing together in community venues, people of all ages to enjoy great music. The Victoria String Quartet played with young students from Norwich School. The audience comment read.....

“The Mendelssohn played by people with ages from 16 to 60 being one of the most moving pieces of music I have ever heard. Predictably it brought cheers, and more cheers, from the audience, such cheers possibly being a first for Music in the Burnhams. It proved that music conjures up emotions which cannot be expressed in words and that its ability to stir emotions is the most effective of all the arts.”



3pm

Music in the
Burnhams

**Adrian Bradbury
& Leo Popplewell**

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So, we enter June on a high and looking forward to more great music from Adrian Bradbury, who is the cellist with The Victoria String Quartet with Leo Popplewell who has been coming to Music in the Burnhams since we started. When we asked them to do a joint recital, they discovered that Adrian had been Leo's teacher in the National Youth Orchestra.

Their first recital together is on June 7th at All Saints Church Burnham Sutton cum Ulph at 3pm and will include music by Bach, Mozart, Boccherini, Bartok and Albeniz and will also include the world premiere of Suite for Two cellos by Leo Popplewell. We are naturally very excited to be hosting this "first."

We return to Brancaster church on June 14th for a recital by Leon Bosch (double Bass) and Rebeca Omordia. The world class double Bass player is no stranger to Music in the Burnhams but Rebeca makes her first visit to Norfolk.

Julian Lloyd Weber said of her:-

Rebeca Omordia is half Romanian, half Nigerian – and it's a powerful combination! Rebeca's technique knows no bounds but, more importantly, she plays with a depth of insight and understanding which is all too rare today."

The duo will play Beethoven's sonata No 17 and a collection of Negro Spirituals. The concert is at 7.30pm.

We are also pleased to announce that on May 10th in collaboration with the charity Norfolk and Waveney Mind, we launched our new mental health project to help young people between 14 and 25 in West Norfolk.

Full details on www.musicintheburnhams.com where you may book tickets for both performances and read about the new mental health programme.

Marian Abramovich



7:30pm

Music in the
Burnhams

Leon Bosch (Double Bass)
Rebeca Omordia (Piano)
Playing Beethoven & Plural Spiritual



Saturday 14th June 2025
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MAKING TAX SIMPLER IS NOT ALL THAT IT SEEMS...

By Kathryn Gigg Chartered Accountants,
Hunstanton

HM Revenue and Customs (HMRC) are constantly trying to make tax “simpler”, or what might be termed “more inclusive” (in that they would like taxpayers to report income or gains which might have been overlooked.) We saw this a couple of months ago when they published a friendly little document entitled “Take the hassle out of your side hustle” which initially suggested that those earning under £3,000 as second income would no longer need to file a Tax Return – drilling into the detail, this was clarified: “... the government has just announced that a new online reporting tool is on the way soon. When it’s live, you’ll be able to use it to tell HMRC if you earn between £1,000 and £3,000 from trading – instead of having to send a Self-Assessment Return.” The new tool should apparently be available by the end of this parliament, so until then the rules remain exactly as they always have been.

There is a similar and more generally applicable mismatch of expectations for those receiving Bank and Building Society interest outside an ISA. Over the last few years, and despite recent reductions, the rates paid on deposit accounts have risen sharply. Although there is a 0% Personal Savings Allowance of £1,000 (in total, NOT for each source) for those paying Basic Rate Tax, reducing to £500 for higher rate payers and Nil for those in additional rate, it is estimated that there are upwards of 2m taxpayers who will have a liability. As part of the drive to reduce administration, HMRC have taken many of these individuals out of the Self-Assessment regime – for those who are not self-employed or renting out property a Return is now only required if:

- you have savings income of £10,000 or more (excluding savings income in an ISA)
- you have income from dividends of £10,000 or more (excluding dividend income in an ISA)
- you have any other untaxed income of £2,500 or more
- you have total taxable income of £150,000 or more before tax.

Clearly this leaves a gap where savings income falls between £1,000 and £10,000. HMRC had hoped to fill this by picking up interest figures direct from the banks and building societies and collecting it via PAYE Codings or direct “Simple” assessments, but it seems this is neither comprehensive nor necessarily accurate with about 20% of interest returns being unmatched – additionally it is not clear how the system is functioning for Dividends which will also need declaring; and of course private interest arrangements will not be within the matching system.

However, the responsibility for reporting taxable income remains with the taxpayer, so even if HMRC fail to raise an assessment the taxpayer should notify HMRC of the liability by 5 October following the tax year end in which the income arose. This can be tricky, since HMRC did not complete the 2023/24 assessments until 31 March 2025!

The theory sounds fine, but in practice the system still isn’t running properly. Failing to declare untaxed income will lead to interest and penalties on top of the tax due and whilst it is hard not to lay the blame at the door of HMRC for removing so many people from self-assessment, ignorance of the law is still seen as “carelessness” where penalties are concerned. Anyone who thinks they may have a liability should take advice as soon as possible as Voluntary Disclosure ahead of time is always preferable to having to react to correspondence from the Revenue and make a Prompted Disclosure.

If you require any tax advice, whether personal or business, please contact either Kate or Nic, Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk

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NB: Article written May 2025.

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst we endeavour to ensure that the information contained herein is correct, neither we nor our firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.



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The Arts Society North West Norfolk

Flawed perfection in Art

Since the beginning of time, cultures have been expressing themselves through art. All the human emotions are found in art, from cave paintings to modern abstract pieces. The great masterpieces like the Venus de Milo or the Sistine Chapel exemplify our worship of their excellence, but polished 'perfection' is not the only key to creating great art. Perfection is an illusion and one that artists often become obsessed with, the goal. A belief that any flaws would render the work less beautiful, less meaningful. Artists are imperfect flawed human beings, as we all are, who create work from nothing, with their emotions, their experiences, their vulnerabilities, none of which are perfect, most of which are chaotic. The 'mistake' that an artist will see in their work can often be the very thing that makes it relatable, gives it meaning, reveals its heart and soul. Imperfection is what makes art meaningful and beautiful.

The truth in a work lies in its authenticity, not so much its technicality. Of course, the tools and techniques used to bring the work to life are important; how the paint is mixed, the mastery of language, knowing the shutter speed for a photograph. But it is intention and emotion that are the real power in an artist's work, and they tell the story about the subject created and the artist. The Scream by Edvard Munch and The Mona Lisa by Leonardo da Vinci are both considered among the greatest artworks in the world, but neither are considered perfect by conventional standards. The amputated arms or blunted noses of Greek and Roman sculpture are the imperfections that make them so moving to study and reveal to us that what is absent is as powerful as what is present. Art is telling stories, and the most interesting works are often where the story twists and turns, where we are challenged and surprised, where everything does not flow perfectly. The colours may not have blended in a perfect way, the image does not have a crisp line, the grammar is not quite right. The flaws can often encourage the viewer to be more active in their scrutiny of the work, to think why the artist made the composition look different. The imperfections make the art powerful and unforgettable.

Imperfections are a crucial part of the creation of art. On the one hand an artist wants the work to be accepted, validated, but the constant pressure for perfection to be accepted by the artworld can stifle creativity, emotions and result in the artist, who is often his own worst critic, becoming discouraged. The artist ends up producing pieces for a society that is conditioned to believe that perfection is the only way to be successful. Perfect beauty

everywhere with flawless models and airbrushed celebrities. Many cultures embrace breaks and imperfections in art. They believe it gives the work beauty and meaning in damage. 'Consider the Japanese philosophy of wabi-sabi, which honours the ruined, transient and incomplete. Cracked ceramics weathered surfaces, and the marks and lines of time are valued as reminders to accept flaws and the individuality of change.'

If you would like to know more about this subject and the arts generally, come and join us, The Arts Society North West Norfolk at the Sedgeford Village Hall, PE36 5NG. Our next monthly talk will be on Monday 9th June 2025 at 2:00pm: 'Precious Imperfections: Ceramics with rivets and gold'. Our lecturer will be Anne Haworth, formerly senior ceramics specialist at Christie's, and scholar and historian. Details on our website www.theartssocietynwnorfolk.org.uk Annual membership £45. Large free car park. Our aim is more art for more people, with enjoyment and friendship.

Lesley Nadel



Have you always wanted to learn more about the arts?

Then start now with our next talk at Sedgeford Village Hall at 2:00pm on Monday 9th June



Precious Imperfections: Ceramics with rivets and gold

Lecturer: Anne Haworth

From England to Japan to see how costly, beautiful and sometimes rare ceramics were salvaged.

Benefits of membership:

- * A varied programme of art talks
- * Trips and tours in the UK and abroad
- * In depth Special Interest Days
- * Regular newsletters and magazines
- * A social event with a warm welcome

For more information and how to join, visit

www.theartssocietynwnorfolk.org.uk

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HUNSTANTON

We will be pleased to welcome you to our June meeting on Monday 16th at the Community Hall, Avenue Road, Hunstanton at 2.00pm when Beekeeping and the life cycle of bees will be explained by Judith Evans MBE.

Our July meeting will be on Monday 21st July at the same venue. We have yet to receive confirmation of our speaker but look forward to seeing you at either or both meetings.

For further information please see our website www.hunstantonu3a.org.uk Telephone 07443763679.

Stanhoe & Barwick WI

Stanhoe and Barwick Women's Institute is held on the first Thursday of each month 2pm at Stanhoe Reading Rooms.

Have you ever wondered what goes on at a modern W.I? Here at Stanhoe and Barwick W.I - whether you are into crafts, cookery or even campaigning, whether you're looking for friendship, fun or fascinating speakers, we have all that and so much more.

Our next few meetings include:

June 5th: Liz Scott - Life as a Monastery Maid

July 3rd: Summer Party

August 7th: Lyndsey Atkins - Tulips for Tapping House

Why not come along and see for yourself - visitors always welcome. Contact stanhoeandbarwickwi@gmail.com for more details.

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For further details email: enquiries@anmerclub.co.uk
or telephone 01485 579465
or visit our website on:- www.anmer.club@outlook.com

Hunstanton Ski Cafe and Bar

Hunstanton Promenade's Jewel



Join us at our Dog Friendly Café!

First Café on the right from Heacham.

Last Café on the left from Hunstanton.

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Bookings: 01485 524475 or

contact@hunstantonskicafe.co.uk

South Beach Road, Hunstanton PE36 5BA

We shall be closed on Christmas Day only.

OPEN TO ALL 7 DAYS

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01485 524475

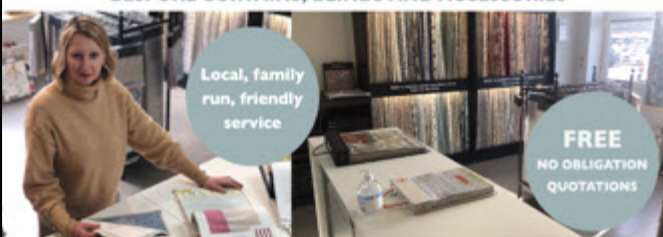
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HUNSTANTON WEBCAMS

Enter Your Stunning Photos in the new 2026
Hunstanton Charity Calendar Competition

COMPETITION

Local budding photographers and seaside enthusiasts are invited to showcase their favourite images of Hunstanton in the new Hunstanton Charity Calendar Competition. An exciting opportunity to have your photo featured in the official 2026 Hunstanton Calendar, while supporting a vital local cause.

Entries are now open, and the organisers, Hunstanton Webcams, are calling on locals and visitors alike to submit their most beautiful, atmospheric, or iconic photos of Hunstanton throughout the year. From moody sunsets to energetic wildlife or landmark views, the calendar aims to highlight the community's love for this unique stretch of Norfolk coastline.

"We noticed that lots of people put some stunning photos on social media," said Glen Piggott, who runs Hunstanton Webcams. "We wanted to capture these in a charity calendar - not just to celebrate Hunstanton's beauty throughout the whole year, but to support an important local cause at the same time."

For every calendar sold, £2 will be donated to a local charity committed to keeping our coast and community safe and thriving. Selected winners will not only have their photo featured in the calendar but also receive a free copy and full credit. The competition is open to all ages and abilities, and photos can be submitted online via the official entry form at:-

<https://hunstanton.webcam/calendar-competition>

The deadline for entries is Sunday, 15th June 2025 - so don't miss your chance to take part!

This is your opportunity to show off your favourite view of Hunstanton while helping support an essential local cause.

The finalised calendars will be available for purchase on the Hunstanton Webcams website and at Witley Press in Hunstanton from July onwards.



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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 17th June at 7.00pm at the Old Friends Hall.

The Full Council Meeting for July will be held on Tuesday 15th at 7.00pm at the Old Friends Hall, Sunnyside.

Please see the Parish Council website, noticeboard at the Old Dairy Site, Pound Lane and on the notice board at the Parish Office on Sunnyside for agendas. Council Meeting minutes will be posted on the Parish Council Website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings will take place at the Old Friends Hall. Members of the public are invited to attend committee meetings if they wish.

OLD FRIENDS HALL COFFEE MORNING

The next coffee morning in the Old Friends Hall will be on Wednesday 25th June at 10am. It costs £2.50 per person for unlimited drinks, home baked cakes and a quiz. There is also a raffle. Great place to meet up with old friends and make new! Everyone is welcome!

CHALK PIT

The Wildfowler's have a clay shoot on 5th and 6th July. Remember when you go up there that, if there is a red flag flying at the entrance, there is a clay shoot in progress!

ALLOTMENTS

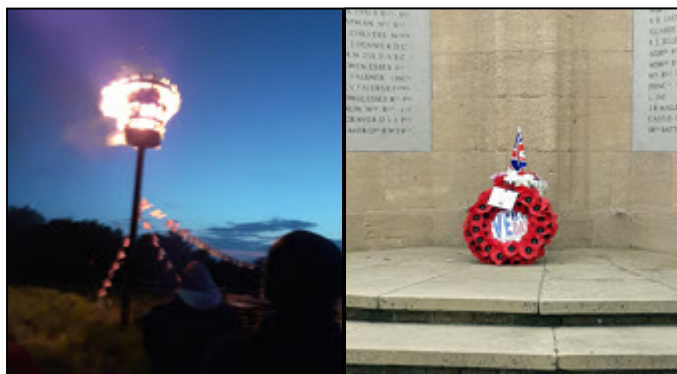
We are currently without a waiting list for our allotments. Anyone wishing to go on our waiting list can contact the office on the number/email address shown below. We have full, half and quarter plots on the site, the quarter plots are a very decent size and we compare very well with prices locally. There is no water supply on site but existing allotment holders manage this well. An allotment is a huge commitment to keep it in good condition but very rewarding. It really is better and cheaper to grow your own!

RECREATION GROUND

The fitness session organized for Sunday 18th May went well with good attendance. Would anyone like to see more of these sessions organised? Let the office know if you would.

VE DAY

Thank you to everyone who turned out for the wreath laying and the beacon lighting. The attendance for the beacon lighting was very good. Don't forget the re-run on 15th August for VJ day.



Heacham Carnival Parade and Fete 2025

*** Time to start thinking about your float ***

This year's Heacham Carnival will be held on Sunday 3rd August, please make a note in your diary. More details will be provided in the following months.

Groups/charities/organisations within the village are invited to request the street collection for this year's parade.

Vehicles taking part in the parade now have to show valid MOT certificates and proof of insurance – this is now a check that we are forced to make.

!!WANTED!!

PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's Fourteen Councillors need another three to join them to help look after the village.

You would need to be able to commit a few hours each month to attend meetings and to get involved with the work of the Council.

If you are interested, please call in at the Parish Council Office, or contact the Clerk Sue Eke on 01485 572142 for more details.

HEACHAM PARISH COUNCIL OFFICE

The office is open to the public on Monday to Thursday 10am until noon. There is someone in the office afternoons Monday to Thursday until 5pm and Friday morning to take telephone calls. It is also possible to make an appointment with the Clerk at other times. Please feel free to pop in with any enquiry you may have.

Please remember that Parish Councillors cannot respond to comments made on social media; the whole Council have to agree to a response and so if you have any questions please address them to the Council by methods shown below.

Any queries should be addressed to:

Heacham Parish Council Office
Old Friends Hall, Sunnyside, Heacham
King's Lynn Norfolk PE31 7DU

Tel 01485 572142

Email: office@heacham-pc.gov.uk

Website: www.heacham-pc.gov.uk

HELP LINES

HEACHAM GROUP PRACTICE

01485 572769

Heacham Surgery MON TO FRI 08.30 TO 18.30
Snettisham Surgery MON TO WED 8.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR

111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST (Boots) 570297

OPEN MON - FRI 09.00 - 18.30, SAT 09.00 - 17.30

DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN MON, TUES, WED, THUR 10:00 - 12:00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

TERRY PARISH 07885 258428

ANDREW JAMIESON UNAVAILABLE

NORFOLK C.C MICHAEL CHENERY 07920 286638

PARISH LIBRARY (in Church Hall, High Street) 07398647119

OPEN MON, WED, FRI 10.00 - 16.00 SAT 10.00 - 12.00

HEACHAM POST OFFICE 570330

OPEN MON - WED 09.00 - 13.00, 14.00 - 17.30

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

DENTIST Emergency only for patients not registered with a dentist 01553 223193

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613

POLICE 101

SAMARITANS Freephone 116123 or (local charge) 0330 094 5717

CHILD LINE 0800 1111

SILVER LINE 0800 4708090

ELECTRICITY (UK Power Networks) 0800 3163105

ANGLIAN WATER 0800 771881

GAS ESCAPE 0800 111999

24hrs VETERINARY CLINIC (Medivet Heacham) 01485 570065

HUNSTANTON LIBRARY 01485 532280

OPEN TUES WED FRI - 9am-7pm

SAT 9am-4pm MON & THURS - Closed

HEACHAM CHALK PIT and

RECYCLING CENTRE 0344 800 8020

Open 9am - 4pm (except Wednesdays) Slots for visits must now be booked in advance

HEACHAM COMMUNITY WEBSITES

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

HEACHAM HALLS

PUBLIC HALL 570776

PINE RESIDENTS HALL, Wilton Road Pat Toppin 779208

METHODIST CHURCH HALL, Station Road Mike Careless 570363

ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12 572539

OLD FRIENDS HALL Sunnyside 572142

HEACHAM SCOUT HUT Sunnyside 572041

DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

Jennings Store South Beach Road - Located by the staff entrance, available 24hrs

St.Mary's Church - Front Porch. Available 24hrs

Sports Field Pavillion - On the external wall of the pavilion

Chalk Pit Recycling Centre - Outside the gates. Available 24hrs

Pioneer Holiday Park - In yellow phone box adjacent S Beach

Rd, 50yds towards beach from main entrance

North Beach & South Beach Toilets - On exterior wall .

Available 24hrs

Tesco - Inside by the events board

Fire Station - on the front. Available 24 hrs

Methodist Church - on the front. Available 24 hrs

Palm Beach Holiday Park - half way down in the red phone box

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KING'S LYNN

Bus Enquiries:- www.lynxbus.co.uk 01553611955

Service
 34 35 36
 via QE Hospital via Sandringham Coastliner

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Last bus from King's Lynn 2010 1600 1630

frequency 2/hr 1/hr 1/hr

Sun

1st bus from Fox & Hounds 0915 1025 0844

Last bus from King's Lynn 2110 1610 1630

frequency 1/hr 1/hr 1/hr

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Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Babingley Every Tuesday, Wednesday & Friday

For more information, cost of fares, a membership form or to book

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PICK-UP POINTS FOR HEACHAM NEWSLETTER

First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Post Office, Norfolk Lavender, Parish Library, Riverside, Palm Beach, Tony's Fish and Chips, Silver Sands, Rodney's Barbers, Heacham Surgery, Station Rd Garage, Fox & Hounds, Social Club, Modern Story, Bliss, Spice Garden, Breakfast & Brownies, A E Wallis, Moulam and Home, Parish Council Office, Bushel & Strike, Pioneer, Parkdean, Heacham Charity Shop.

MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks

10:50 RINGSTEAD ROAD	14:25 GIDNEY DRIVE
11:10 ROLFE CRESCENT (Opp.No.22)	15:05 NEVILLE COURT
11:30 SCHOOL ROAD	15:55 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:15 SITKA CLOSE
12:15 FENSIDE	16:40 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:00 NEVILLE ROAD
12:55 COLLEGE DRIVE	

TIDE TABLES JUNE - JULY 2025

HIGH WATER AT HUNSTANTON									
Heights above chart datum									
Time Zone UT (GMT) add 1hr BST									
June 2025					July 2025				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 SU	09 34	6.5	22 35	6.0	1 TU	10 00	6.5	22 53	5.9
2 M	10 26	6.2	23 37	5.7	2 W	10 46	6.2	23 39	5.6
3 TU	11 28	5.9			3 TH	11 37	5.9		
4 W	00 37	5.5	12 35	5.7	4 F	00 29	5.4	12 35	5.7
5 TH	01 36	5.5	13 37	5.7	5 SA	01 24	5.4	13 36	5.5
6 F	02 34	5.6	14 37	5.8	6 SU	02 24	5.5	14 41	5.5
7 SA	03 25	5.8	15 30	6.0	7 M	03 21	5.7	15 42	5.7
8 SU	04 09	6.0	16 18	6.1	8 TU	04 12	6.0	16 35	5.9
9 M	04 48	6.3	17 01	6.2	9 W	04 58	6.3	17 24	6.1
10 TU	05 24	6.5	17 42	6.3	10 TH	05 40	6.5	18 10	6.3
11 W	06 00	6.6	18 23	6.4	11 F	06 21	6.7	18 54	6.5
12 TH	06 37	6.7	19 05	6.4	12 SA	07 01	6.9	19 36	6.6
13 F	07 14	6.8	19 44	6.4	13 SU	07 38	7.0	20 15	6.7
14 SA	07 49	6.7	20 23	6.4	14 M	08 14	7.1	20 54	6.7
15 SU	08 24	6.7	21 04	6.3	15 TU	08 51	7.1	21 33	6.6
16 M	09 01	6.6	21 47	6.1	16 W	09 31	7.0	22 15	6.4
17 TU	09 44	6.5	22 38	6.0	17 TH	10 15	6.9	23 03	6.2
18 W	10 36	6.4	23 37	5.9	18 F	11 07	6.6		
19 TH	11 35	6.3			19 SA	00 00	5.9	12 09	6.3
20 F	00 42	5.8	12 41	6.3	20 SU	01 07	5.7	13 23	6.1
21 SA	01 50	5.9	13 51	6.4	21 M	02 21	5.8	14 45	6.1
22 SU	02 53	6.1	14 59	6.5	22 TU	03 33	6.0	16 04	6.2
23 M	03 53	6.4	16 06	6.7	23 W	04 37	6.3	17 15	6.5
24 TU	04 48	6.6	17 09	6.9	24 TH	05 31	6.7	18 15	6.8
25 W	05 40	6.9	18 10	7.0	25 F	06 19	7.0	19 06	7.0
26 TH	06 28	7.0	19 07	7.1	26 SA	07 03	7.2	19 49	7.0
27 F	07 14	7.1	19 57	7.0	27 SU	07 43	7.3	20 27	6.9
28 SA	07 57	7.1	20 43	6.8	28 M	08 20	7.3	21 01	6.7
29 SU	08 38	7.0	21 27	6.6	29 TU	08 55	7.1	21 32	6.5
30 M	09 18	6.8	22 10	6.3	30 W	09 28	6.8	22 02	6.2
					31 TH	10 02	6.5	22 34	5.9

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