



THE HEACHAM NEWSLETTER

December 2023 & January 2024

This Newsletter reflects the views of its contributors, not necessarily those of the editors or advertisers



Deadline for the next edition is 12 noon, Tuesday 16th January 2024

The Heacham Newsletter Team Note

Here we are again at the end of another year and Christmas is upon us! A big THANK YOU to all our readers, our valued contributors and advertisers.

*Happy Christmas and Best Wishes
for a happy and healthy New Year*

The Newsletter team will now take a short well earned break, but will be back in **February 2024**. So please do keep sending in your stories, letters, photos, village information, regular events, diary dates etc., by email to theheachamnewsletter@gmail.com or by posting the information into our box at the Parish Office.

Thank you for your continued support and to the many distribution points for their help in making the Newsletter available to Heacham residents and visitors

The Heacham Newsletter Team

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Michelle Carter ☎ 01485 579024 - Advert pricing listed on page 2

THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - Roger Drinkwater - Brian Faulkner

Kerry Long - David Rogers - Mary Sheldrick - Helen Vickerstaff

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication

Readers'

LETTERS

The Christmas Robin came bobbing along!



Photo by Ray Sparvell



Hunstanton

Dear Newsletter,

Help for elderly people who have a fall?

When someone you know and love has had a fall, the consequences can be wide ranging and traumatic.

For the person who has had the fall, pain and injury are often the outcome and for those situations the obvious recourse is to dial 999 and get the person dealt with by health professionals. This will usually involve a considerable wait for the overstretched ambulance service to respond and deal with the injuries or remove the person to hospital.

But what if there are no injuries? If the person has simply stumbled and is unable to get up on their own or with help?

Currently there are two options in this situation. The first is to call the ambulance service for them to come and use their specialist lifting seats to get the individual off the floor. Alternatively, you can contact the SWIFT response service. This is a free service operated by Norfolk County Council. However, SWIFT cannot respond if the response time is going to be over 2 hours. In that situation an ambulance has to be called. Again, this will generally involve a lengthy wait, causing more anxiety and discomfort to the fallen person.

What if we could do something about it?

If someone suffers a heart attack, most people know where the nearest defibrillator is, to allow a timely start to the treatment.

What is proposed is that the same service be available for falls victims.

A manufacturer of lifting equipment has offered to supply a number of lifting chairs to be distributed around West Norfolk, allowing local access to the lifting equipment to facilitate speedy resolution of the problem.

These plans are only at the preliminary stage, but we need to find people in the local community interested in giving help and suggestions to implement this.

If you are interested in this, or want to know more, please contact me by email at gmellough@hotmail.com

Thank you.

Gerry Mellough

Heacham Youth & Community Trust Ltd

Santa's Little Helpers

It's that time of year again! Santa will be out, on route in the village of Heacham, with his Little Helper Elves.



DATE - Saturday 23rd December

TIME - 5 pm

START - Outside Heacham Post Office

If you would like Santa to visit your area of the village please could you pop into The Youth & Community Trust Charity Shop on the High Street to add your area, such as street name to the list. If you live in a cul-de-sac, Santa's sleigh will stop at the opening because of the difficulty of manoeuvring it, in such tight spaces. Then listen out for the festive music as Santa does his round with the help of his busy happy little helpers.

Merry Christmas everyone!

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Snettisham

Dear Newsletter,

Scam Phone Calls

Could you please alert your readers about a scam phone call that's allegedly coming from an 01485 i.e. a Dersingham exchange number. The voice says "This is Visa Security Department, your card has been debited £500 from your Amazon account..."; by this point, I hang up the phone. I tried to report it to the police, but because no crime was committed, they couldn't do anything about it; likewise Action Fraud and the same with BT. The Building Society was supportive but they couldn't do anything about the calls.

All we can do is warn people to be aware of the calls.

Thank you.

Mrs S M Walden

Foot Health Practitioner

Jane Shortland
Dip FH MCFHP MAFHP



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Hunstanton Library

Open Tues, Wed, Fri - 9am-7pm, Sat 9am-4pm

Would anyone be interested in being part of a friendly informal **Writing Group** at Hunstanton Library?

Either as a participant or running the Group, as a volunteer? Do contact us, if that 'floats your boat' - either in person, or by phone - 01485 532280.

Warm and Well - Our offers in Libraries to the end of March 2024 will be:

- Warm And Well items: Blankets, hot water bottles
- Tricky Period To Go: 2 packs of sanitary pads (1 normal, 1 super/night or long in the case of some supplies).
- Tricky Period Reusable items: Washable pads, period pants and period cups.
- Warm And Well - Toiletries To Go containing: Shampoo, Bodywash, Deodorant & Toothpaste.
- Toothbrushes (for adults & children) to help yourself to.
- Hot Drinks available in staffed hours: Tea, Coffee, Mug shots, Hot chocolate and milk. Recycled cups available.
- Keep Cups will also be available for customers to keep and bring back in with them

Our **Bounce & Rhyme** sessions are proving popular – Wednesdays 10.30am and Fridays at 10am plus Storytime on a Saturday at 2pm – come and join in with singing, bubbles and storytelling!

Don't forget we have a great selection of **jigsaw puzzles**, too, including some with large pieces to help those struggling with dexterity.

See our **What's On** poster for all that we have to offer!

Liz Rogers

Library & Information Assistant

Wells (Mon and Fri) & Hunstanton (Wed) Libraries

Tel 01328 710467 & 01485 532280

At your Library



Just a Cuppa now on Sat am!!

HUNSTANTON LIBRARY Valentine Road, Hunstanton PE36 5EF Tel: 01485 532280

Tuesday - Bereavement Group 2pm - 3pm Café for the bereaved. A self support group for anyone that is grieving a loved one, it is about helping each other and knowing we do not need to face it alone. We meet up every Tuesday to share memories, talk about our loved ones, meet new people over refreshments. We have a monthly visit from a social prescriber, and other organisations to share information.

Tuesday - Walk and Talk 2pm - 2nd Tuesday of each month Meet up at the library for a stroll around Hunstanton, meet new people—refreshments on your return

Tuesday - Colour Yourself Calm with refreshments 4pm - 6pm Adults and children welcome (Autism friendly) Colouring pens & paper available for adults & children

Wednesday - Family History 10am (Bookable) Learn about your family history. Not sure where to start or are you stuck and may need some advice? Book a session with us, by talking to a member of staff or call 01485 532280

Wednesday - Bounce and Rhyme with Stay and Chat 10.30am—12 noon Come along for a singalong then stay and play with the toys provided. Refreshments available to stay and chat with other parents.

Wednesday - Computer Help 4pm - 6pm Want some help on your laptop or want to learn something new, book a slot for a one to one session. Call 01485 532280 or talk to a staff member

Wednesday - Hunstanton Book Group 3rd Wednesday of each month - 2pm for further information please talk to a member of staff or call 01485 532280

Friday - Bounce and Rhyme 10am For all under-5s. Come along, join us for a singalong!

Friday - Wool Crafts 11am - 1pm Join in with our wool crafts, whether you would like to meet like-minded people, or try something new. We can help you learn new stitches with knitting and crochet. Refreshments provided.

Friday - IT Help for Job Support 5 - 6pm One to one with a member of staff to help set up email, use a computer, look at CV layouts, etc. This is a bookable session, so please talk to a member of staff to book your place or call 01485 532280

Saturday - Lego Fun 10am—3pm Create, design and build with Lego. Family fun, because we all love Lego!

Saturday - Just a Cuppa and Board Games for All, Scrabble too 11am - 3pm Join us in playing an assortment of board games for all ages, make friends, join in the fun, refreshments provided

Saturday - Storytime 2pm Come and join us for fun story telling followed by colouring.

Jigsaws— We have a jigsaw set up for you to work on and plenty to borrow for free.

OPENING HOURS: Tuesday, Wednesday, Friday 9am-7pm Saturday 9am-4pm
See staff for more details, visit www.library.norfolk.gov.uk or call 0344 800 8020

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Jubilee Welfare Trust Heacham

This charitable trust based in Heacham is available to help provide financial support for the following purposes:

- To provide payment for items, services or facilities to children or adults who are disabled, handicapped or with other long term health problems.
- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Educational Authority etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust or wish to find out more, please enquire in writing to the Jubilee Welfare Trust Secretary, care of Heacham Parish Council, Jubilee Clinic, Pound Lane, Heacham. King's Lynn. Norfolk. PE31 7ET.

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Contact me for more information:

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John Harris cordially invites you
to another

PIANO PARTY

on his birthday, Saturday 16th
December 2023



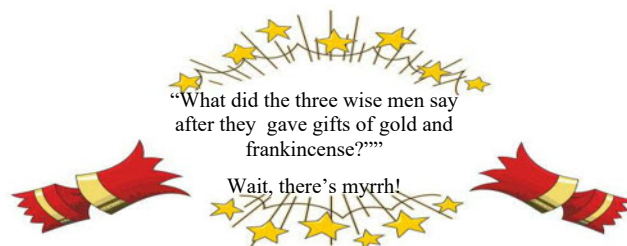
at the Methodist Chapel Hall, Heacham
(opposite Boots).

Between 10am and 4pm
(no evening session this year)

Musical games and competitions
(including Musical Christmas Presents),
singalongs and carols, with Guest Artists.

Cold lunch (possibly with hot chips!) and desserts at 1pm.
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N.B. Please ring 01485 579136 before 12th December to
book lunch.



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CHURCHES TOGETHER IN HEACHAM

A CHRISTMAS BLESSING

May the joy of the angels,
the eagerness of the shepherds,
the perseverance of the wise men,
the obedience of Joseph and Mary,
and the peace of the Christ child
be yours this Christmas time
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen

Rev. Veronica Wilson – Sabbatical

I will be taking a period of sabbatical from mid-November until April, though I will be back to cover Christmas services and events, and then Holy Week and Easter.

In this Diocese, clergy are able to have a sabbatical every 7 years. I have been vicaring for 24 years, this will be my first one! Sabbaticals are for 'setting time aside for rest, relaxation and renewal' and to enrich and safeguard the spiritual, emotional and physical health of church ministers without the burden of parish or work commitments.

Church ministry is not a 9-5 job, so it is difficult to switch off and rest on days off and holidays. A Sabbatical is a gift of time to enable me to rest and be renewed for continued ministry here in Heacham. I love living in Heacham and have loved being your vicar for the last 9 years but, as with any battery, there comes a time when it runs low and needs to be re-charged and that time is now.

Church life will carry on with services and activities as usual, covered by our ministry team and visiting ministers. Funerals, baptisms and weddings will still be offered. The team here will respond and be available. Initial contact will be through the church office: 01485 572539 or email: heacham.church@gmail.com or out of office hours if an immediate response is needed from one of the church wardens: Liz Dormer-Ainge - lizabeth.a.da@gmail.com - 01485 571662; Veronica Welham - ver.welham@gmail.com - 07787 842796.

I do ask you to please respect my time of sabbatical. In order to fully rest and recharge, I will not be reading emails, texts, messages or responding to phone calls. I will still be in the village, so you will see me out and about, but I would ask that if we chat can we talk about the weather, or similar!

I will miss you, and miss being active and involved, but I am ready for this sabbatical. I look forward to popping up at Christmas for services and events, and then returning for Holy Week and Easter, when I hope to be refreshed in body, mind and spirit.

With my prayers and thanks.

Veronica
Rev. Veronica Wilson

Church Opening Times

The Church is open from 10am to 4pm every day.

Church Services

There will be a service in church every Sunday at 10am. Services are live-streamed on Heacham Parish Church YouTube channel. We also have a recording of the service on our YouTube channel which will be available each Sunday, after the service has taken place.



December 2023 – Services at 10am

- 3rd December:** Holy Communion for Advent Sunday
4pm Deanery Advent Service at St Nicholas, Dersingham
- 10th December:** Morning Prayer
3pm Service for light and remembrance
- 17th December:** Holy Communion
6pm Carols by Candlelight
- 21st December:** 6pm Village carols at Norfolk Lavender
- 24th December:** Morning Worship
11.30pm Midnight Holy Communion
- 25th December:** Holy Communion for Christmas Day
- 31st December:** Holy Communion

January 2024

- 7th January:** Sing for Kings, Epiphany Service
- 14th January:** Holy Communion
- 21st January:** Morning Prayer
- 28th January:** Holy Communion

HEACHAM PARISH CHURCH online
on Heacham Parish Church You Tube channel

HEACHAM PARISH CHURCH in church
At 10am every Sunday morning

Village Carol Service - 21st December 6pm - calling all singers and musicians.



Come and join the 'Heacham Christmas Scratch Choir' all ages welcome to lead the well-known carols.

No rehearsals, no practise, no uniform – just come and sing!

Musicians with their instruments are welcome to join a scratch band, please email heacham.church@gmail.com with what instrument you will be playing, so we have the right music for you.

This will be the world premiere of the 'Heacham Christmas Scratch Choir and Band.'

heacham.church@gmail.com for more information

Christmas Decoration Theme

For the past 4 years Heacham Parish Church has had a theme for its Christmas decorations and invited the village to join in. There have been cribs, angels, stars, bells and candles. This year our theme is SHEEP; decorated cardboard tubes, bunting, knitted ones, fabric ones.... or in whatever other form you can think of. If you want yours displayed in Church they can be, so please do bring them to church before the 11th December. THANK YOU.

Messy Nativity Sheep Trail

Some sheep have escaped around the village. Help the St Mary's shepherd find them before Christmas.

3rd December to 22nd December.

Pick up a trail sheet from Church, Tesco or Church Office, then find the sheep around the village, and let's get them back into church for the Christingle Service at 3pm on 23rd December. Fun for all ages.

CHRISTMAS WREATHS IN THE CHURCHYARD

We are encouraging everyone to compost, reuse and recycle all you can from your Christmas wreaths. So please do use the compost bin as well as the bin in the car park and take home anything you can reuse.

If there are any wreaths left on graves after Sunday 4th Feb, we will be removing them. We will compost, recycle and reuse all we can.

Bereavement Support Group

Meetings are on the first Thursday of each month. The next meetings are on 7th December and 4th January from 10am till 12 noon, at the Pine Residents Hall. For more information contact the Church Office.

Chit Chat and Coffee

Everyone is welcome to this monthly coffee morning at St Mary's Church Heacham.

All ages welcome.

Tuesday @ 10 – 11.30

12th December

16th January



Prayer Tree

We have a prayer tree in church on which you can write a name or situation that you want to pray for, and you want the church to pray for, by writing and hanging it on the tree. God hears your prayer, and we will pray for you. If you cannot get to church and would like a name added, contact church office.

Morning Prayer

Monday, Wednesday and Friday 9am on Zoom

Tuesday and Thursday 9am in church.

Everyone is welcome (Zoom link from Julie in church office.)

We pray for all who live and work in our village community, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please contact the church office.

CHURCH CONTACTS:

St Mary's Church:

St Mary's Church Office: Julie Turner 01485 572539

email: heacham.church@gmail.com

Churchwardens:

Liz Dormer-Ainge: lizabeth.a.da@gmail.com 01485 571662

Veronica Welham: ver.welham@gmail.com 07787 842796

Methodist Church: Revd Dr Richman Ncube 01485 570232

richiemnbcube@gmail.com



Heacham Parish Church

CHRISTMAS SERVICES 2023

At Heacham Parish Church

Blue Christmas *for those who have been bereaved or find Christmas hard*
Sunday 10th December at 3pm

Village Outdoor Carol Service

at Norfolk Lavender at 6pm, with activities and refreshment beforehand - Thursday 21st December.

Carols by Candlelight

Sunday 17th December at 6pm

Christingle

Saturday 23rd December at 3pm

Christmas Eve

11.30pm Midnight Holy Communion

Christmas Day

10am Holy Communion

Epiphany

Sunday 7th January at 10am – Sing for the Kings



HEACHAM METHODIST CHURCH

Station Road, Heacham

Minister: Rev. Dr Richman Ncube

(Tel: 01485 570232)

December 2023 / January 2024

We extend a warm welcome to all

Sunday Morning Services: 10.30am unless otherwise stated

3rd December: Cathy Fielding

10th December: Rev Robert Roberts, Holy Communion

17th December: Rev Steve Oliver

24th December: Rev Dr R Ncube – Carol Service

25th December: Rev Dr R Ncube – **9.30am**

31st December: Gayle Kerry

7th January: Rev Dr R Ncube – Covenant Service

14th January: Terry Martin

21st January: Elizabeth Batstone

28th January: Local arrangement

Midweek Communion

10.30am 2nd Wednesday of the month.

Bible Study

10.30am 4th Thursday of the month.

Fellowship Meeting

No meeting in December.

2.30pm - 23rd January under the care of John Harris.

Speaker: Sylvia Taylor, "Sing Your Heart Out."

Other important dates

Open Church (Tuesday mornings) 10am-12noon. From December this will be extended to provide a Warm Space with tea/coffee and biscuits to anyone who needs to find somewhere warm away from their home.

Noah's Ark Toddler Group

Wednesdays – 1.30-3.00pm term time – Heacham Methodist School Room c/o Marianne Baguley (07880 364326).

Future dates for the diary

Saturday 2nd December 2.30pm. Carols +

Saturday 9th December Christmas lunch. (Details from Mike/Marianne.)

Saturday 16th December 10am-4.00pm. Open invitation to Birthday Lunch with John Harris. All welcome, music, quizzes and free lunch. Donations will be shared between Diabetes UK and the Alzheimer's Society.

Again – ALL are welcome to join us. For further information, please contact Marianne Baguley (07880 364326) Senior Steward'

Charities we are supporting this year: Water Aid, Action for Children, Matjinge – Zimbabwe water project.

We think of all our friends whose absence we notice on Sunday mornings – prayerfully - along with members of our community, especially those feeling unwell or isolated.

"Lord Jesus, you chose to be born into a human family. We pray for family life this Christmas. May families be places of safety, security and love, even when family members cannot be together physically"

A Methodist prayer at Christmas

hope

EVANGELICAL CHURCH

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1 Peter 1:3

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Hunstanton Catholic Parish

We are currently re-starting the social committee across our two churches. If you would like to join this committee to help plan and co-ordinate social activities in our parish, or to volunteer to help in any way, please contact patfucher@hotmail.co.uk. We will have an Advent Prayer Tree in both churches from the beginning of December for people to put their prayer requests on. You can offer a donation which will go towards the work of the SVP Wash Conference to help people in our area.

There will be an Advent service in King's Lynn at the beginning of December, which you are invited to attend. There will be offers of lifts or car buddies available. See the parish noticeboards or weekly bulletin for further details. The Christmas Mass times will also be well advertised, both on our website and weekly bulletins.

If you would like to be on the distribution list for the weekly bulletins straight to your inbox, please send your email address to hunstantonparish@rcdea.org.uk. Also, if you are a new parishioner, there is a form in both church porches to fill in your details to welcome you to the parish. Feel free to ask if you can't see them.

We have regular Rosary prayer meetings at St Cecilia's every Monday from 2pm and there is also a Mothers Prayers group which meet at 2.30pm Monday fortnightly at OLSE.

The Pope's prayer intention for **December: For persons with disabilities**. We pray that people living with disabilities may be at the centre of attention in society, and that institutions may offer inclusive programmes which value their active participation.

The Pope's prayer intention for **January 2024: For the gift of diversity in the church**. Let us pray that the Holy Spirit helps us recognise the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

Sr Danuta is guiding a regular parish study/discussion group at the Convent every Tuesday, 4.00-5.00pm, looking in more depth at the readings for the following Sundays. Anyone who is interested is welcome to come along to any of the meetings and take part.

Please contact the Convent direct about daily Masses there on tel. 01485 532837.

For Parish news including Mass times and prayer requests, please see the **Parish News** page on our website. For information about live streamed Masses in the Diocese and related matters, see the **Links** page of our website at www.hunstantoncatholicparish.org

The Sunday Masses are at 9am at Mountbatten Road, Dersingham, and 11am at OLSE Sandringham Road, Hunstanton.

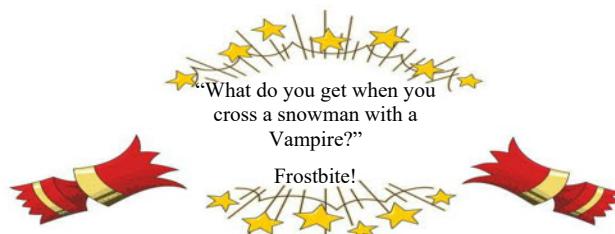
Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday, and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org


Email: hunstantonparish@rcdea.org.uk

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com




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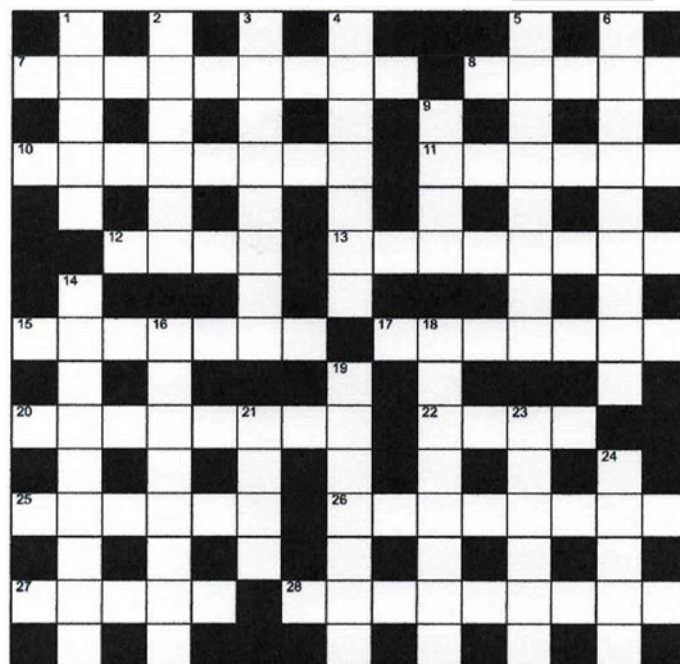

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December 2023 CROSSWORD



CLUES:

Across:

7. It let some work an opportunity for a quick get together at Christmas (9)
8. Cook mostly one way, then another ((5)
10. In London's East End eye a festive treat (5,3)
11. Where Santa spends most of his time between deliveries? (6)
12. Wine is consumed by Christmastime (4)
13. Going off, learns about religious books - they are enlightening (8)
15. Out of spirits, he's unnerved by Christmas present (7)
17. Some people when snow starts keep one dry; these help to keep one warm (7)
20. Virtuous man showing seasonal benevolence (8)
22. Sleigh in front is carrying British families (4)
25. Jean occasionally has box to wrap (6)
26. Noel's stocks of festive fare (4,4)
27. Time to right wrong with carol (5)
28. They take charge and are sure to be of help on Christmas Day (9)

Down:

1. Elf baked dish with filling unknown to me ... (5)
2. ... jams from the backwoods, maybe? (6)
3. Short-term employment, around the end of advent, is attractive (8)
4. *A Christmas Carol* – a tall story? Just the opposite! (7)
5. Doubts often experienced at this time of year (4,4)
6. Giving a sermon initially, then making a cross, perhaps (9)
9. Vocal agreement to take part in sacrament (4)
14. Glasses (rather small) used over early part of Christmas (9)
16. Cards with funny tree decorations (8)
18. Wrap up to keep out the cold (8)
19. Do early shift, it will soon be over (3,4)
21. Finished cake – more or less, that is – around the beginning of December (4)
23. Fruit undoubtedly draws one of Santa's helpers into part of church (6)
24. Bemoan having no cap – it might be snowy! (5)

Solution on page 34



Another Recipe from The Prudent Pensioner

This nice easy recipe can be found in my book "Less Waste more Soup" 45 easy, budget friendly recipes. Some people have told me they add some crumbled stilton to this just before serving.

Broccoli & Celery Soup

Ingredients:

Chicken or Vegetable Stock cube dissolved in 500ml hot water
1 medium size Potato
2 large or 3 smaller sticks of Celery
Approx. 200g/7oz Broccoli
1 med. Shallot or small Onion
A knob of Butter
Salt and pepper as required

Method:

Cut florets from broccoli and leave to soak in lightly salted cold water. Trim off and discard discoloured part at base of broccoli stalk. Peel stalk and cut into small pieces. Peel shallot/onion and slice fairly thinly. Peel potato and cut into small pieces.

Put butter into a saucepan over a low to med heat, add shallot/onion, stir well, and cook for a minute stirring constantly. Add potato and broccoli stalks, stir well. Add stock, increase heat until boiling then reduce heat, cover saucepan with lid and simmer gently for 10 mins stirring occasionally.

Clean celery, trim off and discard base and top of stalk and slice fairly thinly. Rinse broccoli florets in cold water and add with celery slices to stock. Simmer for a further 10-15 minutes (you may need to increase heat for a few seconds) or until all vegetables are cooked.

Strain off most of the liquid into a jug; leave this to one side while you either put vegetables into a liquidiser or use a hand blender and whizz until pureed. Return pureed vegetables to saucepan, gently stir in stock and mix well. Season to taste. Reheat, serve and enjoy.

My updated book "Less Waste more Soup" 45 easy, budget friendly recipes for nourishing soup is available from Ridouts Bakery in Heacham, Docking Farmers Market, By The Book in Hunstanton and Hunstanton indoor market and Robert & Christine home shopping. It is available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems & tales.)

Copies are available to borrow from Heacham Library & Hinckley Library.

See lots more recipes on The Prudent Pensioner Facebook page

Email: pru.pensioner@btinternet.com

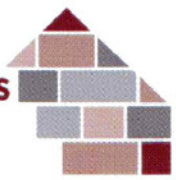


General Knowledge Quiz

Christmas Quiz 2023

1. In which 2004 animated film, set on Christmas Eve, does Tom Hanks play six different roles?
2. Last Christmas Heston Blumenthal produced a 'Hidden Clementine' pudding for which supermarket chain?
3. With the capital Halifax, which Eastern Canadian province has a Christmas Island?
4. Hunstanton's Princess Theatre is producing which panto this year?
5. Which King of England was crowned on Christmas Day?
6. Marie and Pierre Curie discovered which highly radioactive metallic element on Boxing Day 1898?
7. Although the Christmas tree was popularised by Queen Victoria and her husband Albert, Britain's first known Christmas tree was erected in the Queen's Lodge at Windsor in 1800 by which queen?
8. Who starred as Sierra Belmont in the 2022 film "Falling for Christmas"?
9. The capital city of which Central American country was largely destroyed by an earthquake on Christmas Eve 1972?
10. Which composition by Christina Georgina Rossetti was first published as a "Christmas Carol" in 1872 and is still popular today?
11. Which of Santa's reindeer shares its name with the German word for thunder?
12. Erithicus Rubecula is the scientific name for which bird commonly associated with Christmas?
13. In Scrabble what would be the total number of points scored for spelling out the phrase "Happy Christmas"? (Without bonuses.)
14. Best known for his legal thriller novels, which American writer wrote the 2001 book "Skipping Christmas"?
15. Which English explorer gave the Pacific island of "Christmas Island" its name after landing there on December 24th 1777?
16. The parish church of St Peter and St Paul will be holding its 23rd Christmas Tree festival this year. In which Norfolk town?
17. Born on Christmas Day in 1971, which female artiste has had 2 British No 1 albums with "No Angels" and "Life for Rent"?
18. Which supermarket chain unveiled its Christmas advert this year starring Michael Buble?
19. The royalties generated by the popular Christmas panto "Peter Pan" written by J.M. Barrie and premiered in London on the 27th December 1904 are donated to which institution?
20. "God Jul" is "Merry Christmas" in which 2 languages?
21. Which two 20th century British princesses were born on Christmas Day?
22. Daisy the Cow usually appears in which traditional pantomime?
23. Since 2020, which organisation has challenged "the wise men and women in your household" to solve its annual Christmas Card puzzle?
24. The Grinch who stole Christmas and his dog Max live by Mount Crumpit just outside which town?
25. Christmas Eve is the setting for which 2 act classical ballet by Tchaikovsky?

Answers on page 34



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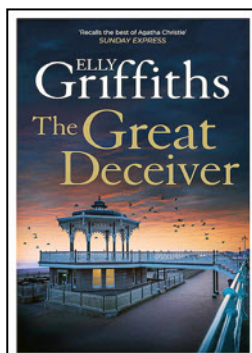
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Our Christmas present to you this December is the latest publication from **Elly Griffiths** - *"The Great Deceiver."* This is a new novel in The Brighton series featuring the magician Max Mephisto and involving, of course, his daughter and her husband, Superintendent Edgar Stephens. Magic and murder – always an intriguing mix.

Also, alerting the many Dr Ruth Galloway fans, there is now a beautiful companion book to the Norfolk based series. This is essentially a photographic journey tracing the many Norfolk locations featured across the crime novels. We do not currently have the book in stock but we might order it in if there is sufficient interest.



As usual at this time of year, we are also bringing to your attention a range of Christmas-themed books which you can find on our special display section.



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But, whatever type of book or author you enjoy reading, we are sure you will be able to find something on our shelves to keep you company this winter, so please come and have a browse.

Displays:



"Heacham and Horses" is proving popular and here you can see a photo of Terry Parish, our Ward Councillor visiting the display. We will be continuing this small exhibition into December, to be followed by "The Queen's Cottage Almshouses, Heacham." Don't forget that we are here to help mount displays of local interest. There are many community groups in the village so please don't be shy. Come and see us or contact us with your ideas!

Christmas Closure:

Please note that we will be closed on Monday 25th and Wednesday 27th December and will re-open on Friday 29th December. We will also be closed Monday 1st January 2024.

Happy Christmas, Happy New Year and Happy Reading!

The Library Team

Enquiries: 07398 647119 or the Parish Office 01485 572142.



Heacham Parish Church

**Some sheep have escaped around
the village.**

**Help the St. Mary's shepherd find
them before Christmas.....**

Messy Nativity Sheep Trail

will run from

3 December – 22 December 2023

WATCH OUT FOR FURTHER

**DETAILS
NEARER
THE
TIME**





Twinkle, twinkle, little star,
How I wonder what you are!
Up above the world so high,
Like a diamond in the sky.

When the blazing sun is gone,
When he nothing shines upon,
Then you show your little light,
Twinkle, twinkle, all the night.

Then the trav'ler in the dark,
Thanks you for your tiny spark,
He could not see which way to go,
If you did not twinkle so.

In the dark blue sky you keep,
And often thro' my curtains peep,
For you never shut your eye,
Till the sun is in the sky.

'Tis your bright and tiny spark,
Lights the trav'ler in the dark,
Tho' I know not what you are,
Twinkle, twinkle, little star.

19th century poem by Jane Taylor

Sallywags wishes readers and all our fabulous families, present and past, lots of love for Christmas and a bright new year ahead.

Thank you to our families for making Wednesday mornings so lovely and special thanks to our tea lady Liz, Sky for setting up and Anna for fundraising.

Thank you to our families and members of the village for all your donations and support this year, it is much appreciated.

And grateful thanks to Ed and the Poors Land Trust for your kind support in 2023.

Sallywags Parent Baby & Toddler Group
Scout Hut-Sunnyside-Heacham
Lots of play every Wednesday!
Term time mornings 9.30-11am

Lots for you and your little ones to explore - from paint to puzzles - books to bricks - swings and slides on garden days and much more!

There are snacks for the little ones and cuppas for the big ones! Pop along for a play! We ask £2.50 a family, if that feels okay. If that doesn't feel okay then please just come along anyway, we'd love to see you.

WE ARE BACK ON JANUARY 10th AFTER THE CHRISTMAS HOLS!

Looking forward to meeting you and your little ones.



Jo
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Coffee Morning & More

It is hard to believe that we have been running the coffee morning for seven years this month (apart from Covid shutdown) – and we will be delighted if you can join us to help celebrate ‘our birthday’ on Wednesday, 13th December (*please see separate advertisement for details*).

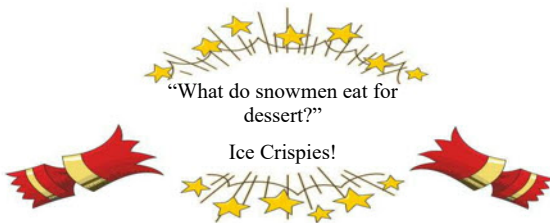
The small entry fee of £2.00 covers a choice of hot drinks and sweet and savoury treats (including seconds!) and a free quiz – if you win you don’t pay next time! And there is always a raffle. And, as it’s our birthday as well as nearly Christmas, we may have an extra surprise or two for you!

A big thank you is due to everybody who has supported us throughout 2023 and, in particular, Tesco Express, Heacham for kindly donating essential groceries and The Heacham Newsletter for featuring our monthly ads. Also, Freebridge for allowing us to use the Community room next door at Sunnyside whilst the Old Friends Hall remains out of use. Last, but not least, a big “thank you” to ‘Rodney the raffle’, who stepped down from our team this year.

With our very best wishes to you all for a Happy Christmas and a Joyous New Year and we look forward to seeing you – old friends and new - in 2024.

From your *Coffee Morning & More* team:

Graham, Karen, Margaret and Sarah



Community Coffee Morning & More
Tea Raffle *Real Coffee Quiz*
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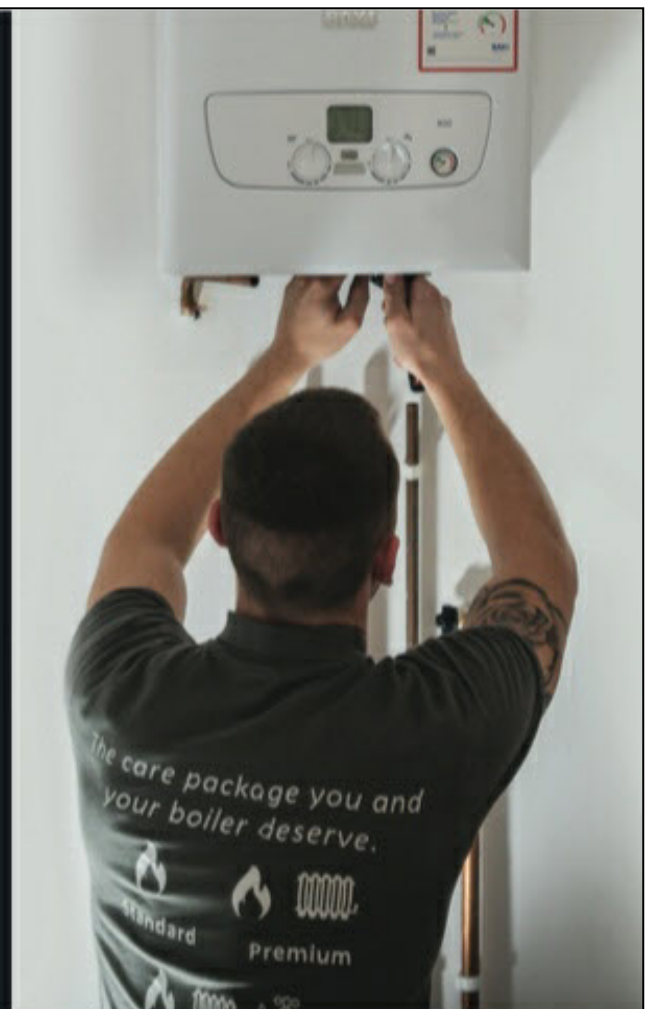
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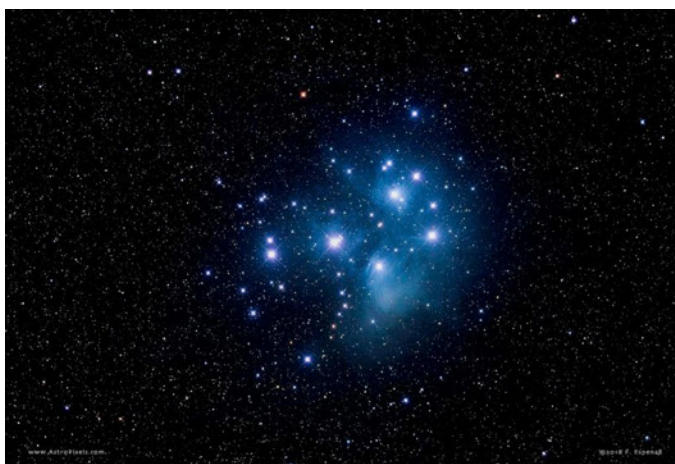
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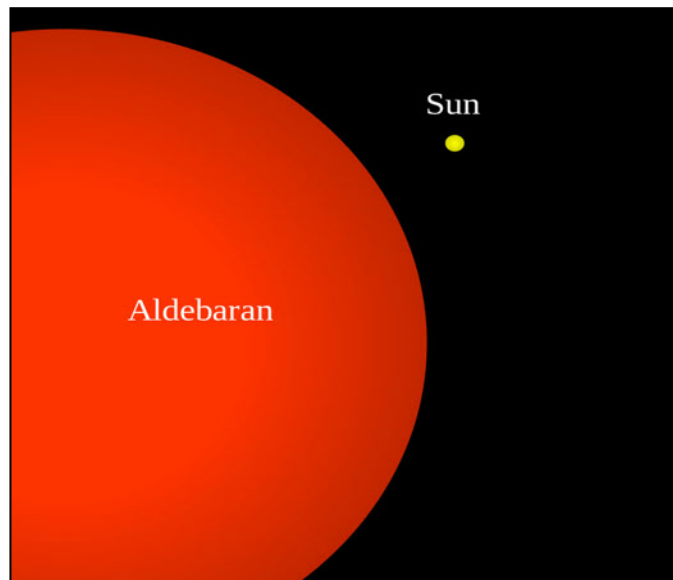


Christmas beckons and the star of wonder this year will be the planet Jupiter which is closest to the Moon on the 24th. If you want a blue bauble then Uranus is close to the bottom right of the Gibbous Moon on the 23rd. And a bit of tinsel is to the right of the Moon on the 23rd, to the left of it on the Moon 22nd. The glitter (in binoculars) is our old friend The Pleiades, without binoculars they will look more like a whisp of Santa's beard.



The Pleiades. Internet

Below the Moon on these nights and generally low in the East other nights, is Rudoph's nose. Not Mars which is out of sight this month, but the star Aldebaran. More of an orange red than Rudolph would like but he will be busy.



Internet

All the above can be seen from 5pm as the nights are now dark. In fact, the shortest day, longest night, the Winter Solstice, is on the 22nd. You should be dragging in the Yule log and sacrificing mince pies to make the Sun return. It will, though day length won't noticeably increase until the end of January.





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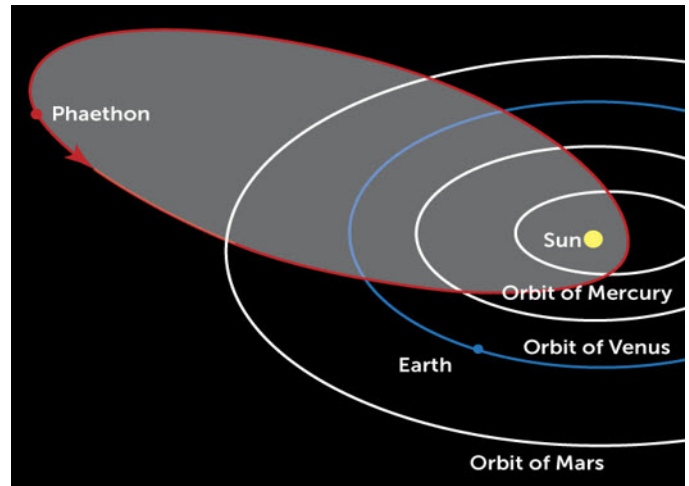
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Winter Solstice. Internet

Heralding the season are a couple of meteor showers, though the ones I have forecast in recent months have been blotted out by cloud. Let's hope we get some clear, sparkly, skies. On the night of the 2nd/3rd there is a return of the Andromedids, a name which conjures up images of Dr Who's adversaries. This meteor shower produced some good displays in the 18th and 19th centuries but was then thought to have been lost. The Earth passing through debris from the tail of Comet Biela every 5 years caused the displays. Then, in around 1846, the comet broke up, likely from passing too close to Jupiter. The debris field changed and few meteors were seen in subsequent years. However, the Earth is once again on track to pass through the remains of the old comet and this year is forecast to be a bumper show.

On the 13th/14th the Geminids are in the sky. This is a consistently good shower caused by Earth passing through the debris of an asteroid – Phaeton. The Moon is out of the way, so a clear sky is all that is needed for Christmas glitter.



The Geminids are coming. Internet

On the 9th, Halley's comet, perhaps the most famous one amongst astronomers, is at its furthest distance from the Sun, 5,257 million km. It will then fall back towards Earth and be in our skies in July 2061. I won't see it but some of you or your children or grandchildren, will. The comet takes about 76 years between visitations so is deemed a short period comet. I saw it in 1986 from a seat in my garden in Wolverhampton. It was pretty faint but it was possible to track it by eye. In fact, it was fainter than it had been in 2000 years, just my luck.

In 2061 it will be closer and brighter. Edmund Halley was an English astronomer who first realised, in 1705, that records, over more than 1000 years, of a regular apparition in the sky were referring to the same body. He predicted its next appearance but died well before he saw his calculations were correct. Fellow scientists named the comet after him.

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Back to the planets. Early December is a good time to look for Mercury as it will have a magnitude of -0.4 (similar to a fairly bright star) and is furthest from the Sun on the 4th (greatest eastern elongation). It will be low in the SW after sunset. Heacham North Beach is a good spot but anywhere without light pollution with a clear view of the sunset will do, Binoculars are really needed but do not use them until the Sun has vanished over Lincolnshire.

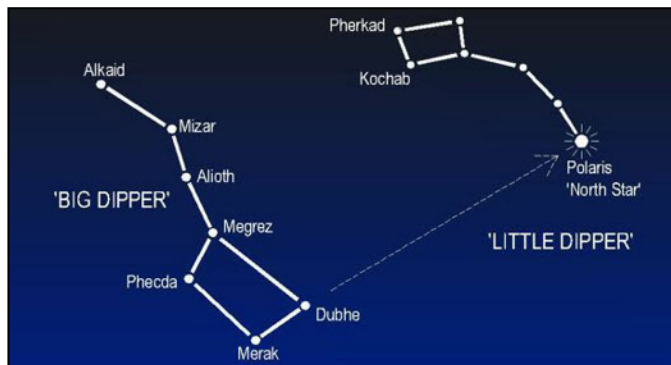
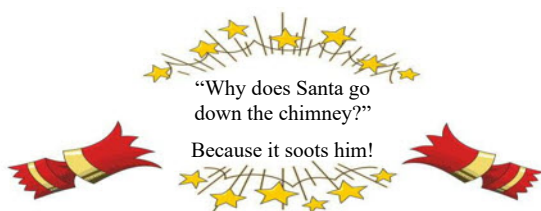
Saturn is in the SW setting about 10pm. It is a yellowish dot to the naked eye. A 'phone app will let you find it. Stellarium is still good, not sure if it is still free but it will be cheap. The rings are the best things to see in a telescope. See them at least once

Jupiter has been the brightest 'starry' object in the sky for several months. Use the dark nights to glimpse the Galilean Moons (see earlier copies of the Newsletter).

Uranus is up until 5am. See above for a guide to locating it on the 23rd.

Get up at 4am to see a really brilliant Venus (at magnitude -4.1 it is far, far brighter than Jupiter). Look through a telescope and you will see the gibbous phase it displays. On the 8th/9th a Crescent Moon will make a nice companion to the Morning Star. A real star, Spica, will be close above and to the right.

Already, in November, the odd clear sky for an hour or two, enables me to have my back to The Plough in the NW whilst facing Orion rising in the SSE. They will rise earlier as this month proceeds.



Internet

Both the asterism of The Plough and the constellation of Orion seem to be known to everyone. An asterism is a pattern of stars smaller than a constellation. The Plough is part of the constellation of Ursa Major, the Great Bear. A prominent W in the sky can also be seen which people identify as the constellation of Cassiopeia. In fact, the constellation is very much larger than the W which is an asterism within it. Such patterns are picked out by bright stars which are all that we see most nights. In the distant past, skies were unimaginably darker and the patterns picked out far more complex. Even the pattern we recognise as Orion is not all of him. He has an extended arm from his right shoulder holding a bow whilst, from his left shoulder, his arm extends upwards and is sometimes depicted as holding a hunt trophy. Arms and bow are fainter stars which can be picked out on a clear night.

Top left star is Betelgeuse, an enormous red star which is variable in brightness. The story a couple of years ago was that it would go nova, explode, and be visible in daylight. Never happened and the story has receded. Much photographed is the fuzzy patch below the left side of the belt stars. This is the Orion nebulae, stellar birthplace.



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The Orion Nebulae. Internet

The Plough provides a test of eyesight. The second star along the handle is named Mizar but close to it is Alcor. Eyes like mine see just Mizar (magnitude 2.2). Good eyes see the companion (magnitude 3.9) and can separate the two easily. A child asked to count the stars in the tail will wonder what the problem is. The story is more complicated as Mizar is a 4-star system and Alcor a binary system, both in their own right. The systems are gravitationally linked so one star to many is a six-star complex. Knowledge of this has evolved over time,

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from three stars in the 17thC to five by 1908 and 6 in 2009. The latest addition was following a search for exoplanets which were not found.

Recent 'discoveries' closer to home are that the Moon is a bit older than previously thought, and the remains of the Earth impactor, Theia, which created the Moon may have been discovered within the Earth. Perhaps that's where the Silurians originated (for the baffled reader, another Dr Who reference – it is the 60th anniversary).

If I haven't written about January in the double edition of The Heacham Newsletter it's because I've timed out. They should appear in the January Town and Around.

Meanwhile have a Christmas tree:



The James Webb Telescope Christmas Tree. A cluster of galaxies whose light set towards us around 4.7 billion years ago when our Solar System was forming. Christened the Christmas Tree as there are flashing lights within it.

Happy Christmas and may the New Year have clear nights.

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BLUE CHRISTMAS



**St Mary's Church, Heacham is holding a
Blue Christmas
Service of Light and Remembrance
Sunday 10th December at 3pm**

From at least the middle of November, shops, media, and advertising collude to convince us that Christmas is a magical time, full of joy and fulfilment, which of course it is. Cares are banished and laughing children reinforce the message that sadness and anxiety have no place in the festivities.

However, for many bereaved families, it is also the time of year when they remember the ones in their lives who have died, and it comes hand-in-hand with a number of traditions that can be linked to memories of the person whom they are grieving. How one handles this grief depends on many factors. These may include the relationship to and with the person who has died, time since the person who is being grieved has died, and what stage of grief the bereaved person is at. There is no right or wrong way to grieve, we are all individuals and have to find what is the right way for us.

By setting aside time to grieve meaningfully before Christmas Day, it will help how much grief intrudes on the day.

To help those of you who are grieving, we are holding a service to enable you to set aside the time that may be needed for reflection and grief before Christmas arrives. All are welcome, whether you are bereaved recently or long ago, and whatever your relationship, family and friends are welcome. There will be members of the bereavement team at the service if you wish to talk to any one of us.

If you would like a lift please ring Julie Turner, in the church office - 01485 572539.

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Panto 2024

The Pocahontas Players proudly present their 53rd production - 'Once upon a time in Heacham' - written by first time script writer, group member Lauren Matthews. Director stalwart Peter Everingham and first time co-director James Jakeman (AKA Mr Higgins!)

Rehearsals are going well, lots to learn, lots to sing, lots to build but also lots of laughs. Tickets are available. Raised tiered seating all £10.00 each (no price increase), Stalls, all £8.00 each for adults and children.

See the advertisement poster within this Newsletter please for ticket office, dates and times. Please be aware that there is no Newsletter for January, so jot these numbers, time, dates and venue down. See you soon.

Thank you.

Janice
(Admin for The Pocahontas Players)



The Pocahontas Players
PRESENT

Written by Lauren Matthews
Friday 19th January 7.30pm
Saturday 20th January
2.00pm & 7.30pm
2024
Heacham
Public Hall PE31 7HG

Tickets	£10.00 Raised Seating
Janice 01485 570402	£8.00 Stalls
Jim 01485 571267	

'20% discount off of 1st appointment'

Healthy Feet Footcare

Treatments we offer include nail trimming, corns, calluses, verrucas, thickened and fungal nails

Clinic Locations

The Therapy Shed - Heacham
Kings Lynn Town Centre

Home Visits Also Available

Please contact Michele for an appointment or to discuss any treatment needed

michele@healthyfeetfootcare.co.uk

07891 638812

Registered footcare practitioner and graduate member of The College of Foot Care Practitioners (Dip.TCFCP)

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Heacham FC



THE TEAMS:

1st Team:

The cup run in the Isuzu FA Vase is over after a narrow 1-0 defeat at St. Panteleimon (played at Potters Bar Town FC ground). The game was played midweek after the original match was postponed very late on the Saturday due to a waterlogged pitch. The coach, carrying players and spectators, travelling down for the original fixture had nearly reached the ground before hearing about the postponement, which was very frustrating and extremely disappointing for all concerned.

There was better news to report in The League Challenge Cup with a penalty shootout win (4-2) against Dereham Town, after the game had finished 2-2 at the end of 90 minutes. We have an away tie in the next round against either Sheringham or Downham Town.

In the league the team have played only the 1 match to report on, due to cup commitments and postponements, and that was the 0-5 home defeat against current league leaders Mildenhall Town.

Unfortunately, some bad news to report. During the friendly midweek game v Dersingham, Lewis Gibson suffered a serious injury, sustaining a broken right fibula and dislocating his ankle. Everyone connected to the Club wishes him a speedy recovery.

Results have been as follows:-

Lost 0-1 away v St Panteleimon FA Vase 1st Round Proper
Lost 0-5 home v Mildenhall - league
Drew 2-2 home v Dereham Town but winning on pens 4-2 - League Challenge Cup
Won 1-0 home v Dersingham - Friendly

Forthcoming fixtures:-

NOVEMBER

Saturday 18th away v Kirkley & Pakefield k.o. 3pm - league
Wednesday 22nd away v Dussindale & Hellesden k.o. 7.45pm - Norfolk Senior Cup
Saturday 25th home v Brantham Athletic k.o. 3pm - league

DECEMBER

Saturday 2nd away v Mildenhall Town k.o. 3pm - league
Saturday 9th away v Hadleigh United k.o. 3pm - league
Away either on Tuesday 12th v Sheringham or Wednesday 13th v Downham Town depending upon the outcome of the game being played on 14th November between these two - League Challenge Cup k.o. 7.45pm
Saturday 16th home v Woodbridge Town k.o. 3pm - league
Saturday 23rd home v Mulbarton Wanderers k.o. 3pm - league
Saturday 30th away v Harleston Town k.o. 3pm - league

JANUARY 2024

Saturday 13th away v Walsham Le Willows k.o. 3pm - league
Saturday 20th home v Soham Town Rangers k.o. 3pm - league
Saturday 27th away v Lakenheath k.o. 3pm - league

FEBRUARY 2024

Saturday 3rd away v Brantham Athletic k.o. 3pm - league

Information on all this season's fixtures are available by picking up a 2023/4 Fixture Card, which will be available from various outlets around the village and, of course, from the ground. A digital fixture list can also be found on the Heacham FC Supporters Club Facebook page.

Heacham FC U16s

They compete in The Norfolk Combined Youth Football League (Under 16 Premier League) and currently are sitting 2nd in the league, just two points behind Blofield.

Unfortunately, the cup run in the Under 16 4Trophies Cup came to an end in the 3rd round, losing out in a penalty shoot-out 4-5 to Norman Wanderers F.C. U16, after the game had finished 1-1. However, the team can look forward to the next round of The John Savage Cup (Norfolk FA County Cup) with an away tie at Horsford FC U16, who currently play in League 1, on Sunday 3rd December k.o. 10.00am

Recent league results have been as follows:-

1-1 draw away to Sheringham

The following league fixtures have been released and note games are usually 10.00am k.o. :-

Sunday 19th November home v Attleborough Town FC U16
Sunday 10th December home v Blofield United Youth FC U16

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Sunday 17th December home v Norman Wanderers FC U16
Sunday 7th January away v Attleborough Town F. U16
Sunday 14th January away v Blofield United Youth FC U16
Sunday 21st January home v Dereham Town Youth FC U16

**Note : Fixtures are subject to change but you can keep up to date with any changes by visiting facebook:-
Heacham Football Club Under 16s or Heacham FC Supporters Club**

The team are currently looking for sponsorship for Players, Match Days, Match Balls, Match Day Polos & Hoodies. If you would like to get involved with any sponsorship for the U16s, then please contact Mark McDonnell on 07392 831608.

Sponsorship / Advertising News

Programme Advertising

There are various options / sizes available, all prices are for the entire season

Prices start from £40 for a 1/8 black and white, whilst the premium full page colour is priced at £200

Programme Sponsor

We are pleased to announce that Graham Hagger will be our matchday programme sponsor for the 2023/24 season.

Many thanks to Graham for his continued support of The Magpies.

Matchball Sponsor

We are pleased to announce that The Heacham FC Supporters Club will be our matchball sponsor for the 2023/24 season.

Many thanks to them for their continued support of The Magpies.

2023/24 General Pricing Update

Following a club meeting we can now share the prices for this season; we have taken on board the current economic climate, and frozen as many prices as possible, in areas where there is an increase, we have kept the increase to a minimum.

Matchday Programme

We are pleased to confirm the matchday programmes will remain priced at £2.

Season 2023/24 Matchday Admission Prices

Adults - £6

Concessions - £4

Children - £1

The Football Club offer various forms of sponsorship/advertising and if you are interested in getting involved with the Club then please contact the club for further information of the packages available by email at:- commercial.heachamfc@gmail.com

Pin Badges

The Official Heacham FC pin badge and the Anglian Combination Premier Champions 2021/22 pin badge are now priced both at only £3 each and both can be purchased on match days but they are also available from behind the bar at The Heacham Sports & Social Club.

Match Day Programmes

Did you miss collecting any programmes last season? There are a limited number of programmes still available from some games. Please get in touch (email address shown below) with any requirements you have and I will check our stock. There are also a few programmes available from this season.



Planning your next holiday?

Your new, local, travel agent is here to help!

Cruises

Package Holidays

Escorted Tours

Monthly Payments available

New pop-up sessions at The Bushel and Strike, Heacham - discuss your holiday requirements face to face with a travel expert.

Saturday January 13th & 27th and
10th February 12 - 4pm

Get in touch:

timandandy@bookandgoholidays.com

tel 01485 297 354 and we will be pleased to help

Visit our Facebook page for our latest offers:

facebook.com/bookandgoholidays



ABTA registered - P8615



The 2023 "50/50 Club"

The November winners were:-

(No.49) - Maureen Cooper who wins £45

(No.12) - Carri Pishorn who wins £22.

Congratulations to both our winners. The next draw will take place mid December.

The 2024 "50/50 Club"

Details have now been released on how to join for next year:-

- Numbers from "No.1" are available to buy for a one off annual payment of £12 per number.
(Note: people who are already in the current 2023 "50/50 Club" will have first option to renew their current number(s) but other numbers will be made available.)
- 12 monthly draws starting January 2024 (equates to only £1 per month).
- You can purchase as many numbers as you like.
- Size of the prize pot will depend on how many numbers are sold.
- 2 monthly prizes (eg if 100 numbers sold, prizes of £35 & £15; if 120 numbers sold, prizes of £40 & £20.)
- Numbers purchased will be entered into every monthly draw - so you could possibly win more than once throughout the year.
- 1st Draw - Sat 20th January 2024 after the home game against Soham Town Rangers.

To reserve/request a number, please contact Denis Cooper via:-

- Heacham FC Supporters Club facebook page
- Personal message on facebook
- E-mail: deniscooper06@aol.com

Payment to be made by Tuesday 9th January 2024. Payment can be made by cash or by bank transfer (account details/sort code will be made available upon request). Unfortunately the Supporters Club are unable to take card payments.

Supporters Club News

November's Members Only Monthly Draw Winner of £25 was Charlotte Gascoigne (membership no.136.) Congratulations to Charlotte.

The next draw will also take place mid December.

Supporters Club Membership for the current season is still available and for the 4th consecutive season the cost is still only £5 to join. Full details of benefits etc will be on our Facebook page.

If you require any further information on any of the matters mentioned, then please contact me on the email address shown below. You can also keep up to date with all the latest news on our Facebook page:- Heacham F C Supporters Club.

"COME ON HEACHAM"



Denis Cooper
Chairman/Secretary
Heacham F C Supporters Club
Email: deniscooper06@aol.com





HOTEL · RESTAURANT · GOLF
HEACHAM MANOR

Festive

LUNCHES

IN THE PAVILION

Monday-Saturday
1st-22nd December 2023,
12:00-16:00

Get into the holiday spirit with our festive lunches. Enjoy an array of delicious seasonal dishes that will truly make your taste buds sing.
(See website for exclusions)

2 Courses £23.50, 3 Courses £30.50



AFTERNOON TEA

IN THE MULBERRY RESTAURANT

Monday-Saturday
1st December 2023 - 29th January 2024,
12:00 - 14:30

Step into a winter wonderland of flavour and joy with our festive Christmas afternoon tea, where the magic of the season comes alive in every delightful bite.
(See website for exclusions)

£20.95 per person



Scan QR codes to Book Online or view menus or call us on **01485 536030**
HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX www.heacham-manor.co.uk

WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (SG)

CHAT Club 2nd Monday of the month 10am – 12noon Hunstanton Community Centre

Hunstanton Community Cafe 10am – 1pm Community Hub, Hunstanton Town Hall

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 2:30 Mental health drop in support at 4 Poplar Ave. tel 01485 572707

Coffee Morning Sunnyside Close (Retirement Housing for 60+) 10.30am Tel : 570492

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Stretch and Relax Classes 10.30 -11.15am Dersingham Village Centre. To book contact Kyra on 07968354431 or kyracruise7@gmail.com

Fitness Pilates 10.45 am Contact Jaime (see Fitsteps) (SG)

Walkfit 12.00 noon Contact Jaime (see Fitsteps) (SG)

Seated Fitness 12.45 am Contact Jaime (see Fitsteps) (SG)

Craft Club 2-4pm every week (ex Bank Holiday) (PRH)

Heacham Wives Group – 2nd Monday of most months 2pm at Cunningham Court Community Hall. Contact Joy Waldron Tel: 07594616597

Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

Strength & Balance Class 4.40pm Hunstanton Conservative Club.

Walking Football for the over 50s 5pm Astroturf pitch at

Heacham Social club. For more information contact Heacham Walking Football on Facebook or Steve Watson on 07931 383401.

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Line Dancing 6.30– 8.30pm Hunstanton Community Centre. £5.00. Tel: Louise on 07722124941.

Fitsteps 6pm or 6.45pm (times vary) and **Fitness Pilates** 6.50pm or 7.35pm (times vary) at Ingoldisthorpe Church Hall. To book: Jaime 07765433100 or jaimefitsteps@gmail.com

Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details

Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Heacham In Bloom 3rd Monday Monthly 7pm (PC)

Hunstanton and District Community Voices 7.00pm every Monday, The Way Christian Fellowship Church Hall, Downs Close, Hunstanton. First week free, no singing experience required. For more information contact lesley.trebbick@btinternet.com or ring 07802 879976.

Spiritual circle and Development Group, alternate Mondays 7.20pm for 7.30 - 9pm in Heacham. £8 per session. The session includes healing meditation, guided meditation, mediumship and awareness sessions. Contact Margaret on 07951402717. For more information..

Heacham & Sandringham Camera Club meets 1st Monday of the month 7.30pm at Babingley Social Club

Watlington Jazz Club 7.30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

HEACHAM MANOR HOTEL · RESTAURANT · GOLF

Celebrate
2024
in Style!

Welcome to the ultimate New Year Party at Heacham Manor Hotel!
Join us on the 31st of December 2023 for an unforgettable evening of celebration, great food, and fantastic music.

TICKETS £70PP INCLUDE: Welcome Drink, 3 Course Dinner, Disco, Dancing, Photobooth, and Bubbles at Midnight.

Simply email events@heacham-manor.co.uk or call **01485 536030**

*Payment in full required at time of booking.

Cash Bingo 8pm United Services Club, Homefields Road, Hunstanton

TUESDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 2:30 Mental Health Drop In Support and 10:30 - 2:30 Recovery Support Group at 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)

Gentle Pilates and Exercise Class (seated) 10.15am and 11.15am Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Coastal Stroke & Support Group 10.30am – 12.30pm at Hunstanton Methodist Church Austin St

Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485 532280

Friendship Lunches 1st Tuesday of each month. 12.30 pm Two-course meal £7. To book call Shirley on 01485 540644 at Dersingham Village Centre

Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

Cafe for the Bereaved 2pm Fortnightly – starts February 15th Hunstanton Library. 01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library

Social 50/50 Dance 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

The Fellowship 2.45pm Fourth Tuesday of the month (MC)

Pilates (mat) 5pm and 6.15pm Dersingham Methodist Church Hall. Contact same as 10.15am class.

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC) Playing Fields

Norsemen Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3at Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

Fire Cadets at Hunstanton Fire Station 6.30 – 8.30 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919492236

Brass Band Practice 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

Parish Council Mtg 3rd Tuesday monthly 7pm (PC)

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

Poker Games (friendly) 7:30pm United Services Club 11am – 12 noon Hunstanton Library

Village Cinema last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

WEDNESDAYS

Docking Market 9am-1pm in The Ripper Hall Local Produce, Craft and Gift Stalls Tel: 576233

Sallywags Parent, Baby & Toddler Group term time 9.30 – 11 am £2.50 Tel: Jo 07395 077622 (SG)

Family History One to One 10 -11am Hunstanton Library 01485 532280

Scrabble 10am Hunstanton Conservative Club.

Tai Chi Beginners 10 -11 fortnightly Hunstanton Town Hall, . £8 To book or for info call Maggi on 07951402717

Tai Chi for people with less Mobility 11.15- 11.45am. fortnightly Hunstanton Town hall £4 per session. Contact Maggi for more information on 07951402717.



Princess Theatre, Hunstanton December 2023 and January 2024!



From Saturday 2nd December 2023 to Monday 1st January 2024



Rick Wakeman

Thursday 7th December



Friday 26th Jan



Saturday 27th Jan



Sunday 28th Jan

BOOK NOW!

Call The Box Office: 01485 532252

www.princesshunstanton.co.uk

Seated Tai Chi 10.30 – 11.30 first and third Wednesdays of the month. Contact Allan on 07960229726 for more information. Wheelchair accessible. (PH)

The Old Schoolgirl Friends of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am (MC)

Just a cuppa 11am Hunstanton Library 01485 532280

Carvery Lunch from 12noon - 2pm at United Services Club. One course for £7.95, two for £9.95, To book - 07901 524778

Noah's Ark Toddler Group 1.30 - 3pm term time, £3/family. Tel: Marianne Baguley 07880364326. (MC)

Trefoil Guild 1st Wednesday of the month 2 - 4pm For info please ring Judith on 01485 571311. (NC)

Job Support 2 - 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Tea Dance 2 - 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Tai Chi & Kung Fu 6-7.15pm-Childrens Kung Fu 7.15-8.15pm-Adult Tai Chi 8.15-9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm-7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

Hatha Yoga 6.30 - 7.30pm. Ring Bridget on 07477 335155 or just come along with your own yoga mat. (OFH)

Whist 7pm Hunstanton Conservative Club

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Snettisham Garden Club 1st Wednesday of the month 7.30 - 8.30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Table Tennis Club 10am (PH Top Room)

Pop-Up Coffee Shop 10am - 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Coffee Morning 10am - 12noon (1st & 3rd Thursdays) at The Salvation Army, Alma Road, Snettisham

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 15:00 Older Persons Group and 14:00- 15:30 Men's Recovery Group at 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am - 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 - 11.15am Dersingham Village Centre. Details as on Mondays.

Craft Club 2nd Thursday of the month, 2pm - 4pm at The Salvation Army, Alma Road, Snettisham. Bring your own project if you like.

Ringstead Art Club meets weekly 2am - 4pm Ringstead Village Hall. Monthly workshops Contact: Pauline Atkinson atk_hornbeams@yahoo.co.uk or Lois Carrick loiscarrick21@hotmail.co.uk

Norfolk Knitters Cunningham Court 2-4pm. Every 2 Weeks. Contact Suzanne Cameron 03701924796

Craft and Knit and Natter 2 - 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 - 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Tea Dance every week. Old time line dancing and sequence 2pm - 4.30pm at the Public Hall. Call George 01775 670294

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

Judo 5 - 6pm 3 - 6 year olds; 6 - 7pm 6 - 11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free) . Call Josh 07432 586668 (PH)

Hunstanton Bridge Club 'Duplicate Bridge' 6.30pm for 6.45 pm. From Sept 16th at Old Hunstanton Village Hall

1st Heacham Cubs ages 8 - 10yrs Term Time 6.45 - 8.30pm Tel: Jemma 07962 611122 (SG)

St Mary's Snettisham, Thursday Suppers - 7pm at Park Farm Visitor's Centre - a good meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Hunstanton Army Cadets Hunstanton Community Centre 7.00-9.30pm Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

Hunstanton and District Camera Club 7.30pm, first and third Thursday of the months September to May. Common Room, Orchard Close, Dersingham.

Snooker League 7.30pm Hunstanton Conservative Club

RAO Buffaloes 7.30pm (HSC Top Room)

Poker Games (league)7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Dersingham Village Centre Association
invites you to

CHRISTMAS CAROLS

at

Dersingham Village Centre

5pm

WEDNESDAY DECEMBER 20TH

Light Refreshments will be provided

Dersingham Village Centre Association
Registered Charity No 1178462
www.dersinghamvillagecentre.org

**DERSHINGHAM
VILLAGE CENTRE**

Quiz Night Cash Prizes 9pm at Fox & Hounds

FRIDAYS

Friendship Group 10.30 am – 12 noon at Hunstanton Community Centre. Come for a cuppa & a chat & to meet new people. Julie – 07927 467984, Sue – 07891 506912

Pop-Up Coffee Shop 10am – 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Employment Plus pop-in service 10 am – 12 noon at The Salvation Army, Alma Road, Snettisham

Wool Crafts 11 am Hunstanton Library 01485 532280

Lunch from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

St Mary's Snettisham, Friday Lunches - 12:30pm at Snettisham Church Hall, 100 Station Rd - a light meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Raffle 1pm Hunstanton Conservative Club

Football Under 10's 'Minors' 5 - 6.30pm on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norsemen's Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Hunstanton Tang Soo Do Club Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon

Cash Bingo 7pm (PH)

Cash Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Stepping Out Tea Dance last Friday monthly. £6 inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

SATURDAYS

Hunstanton Promenade Parkrun 8.55 for 9am. 5km run, jog or walk. Meet at The Salad Bowl Cafe, Cliff Parade, Hunstanton

Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Christian Youth Group 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Raffle with 'Open The Box' 1pm Hunstanton Conservative Club.

Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattsington.com

West Norfolk Tai Chi Chuan -weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch Carvery from 12noon - 2pm at United Services Club. To book - 07901 524778

Sunday Lunch from 12noon – 2pm at Hunstanton Conservative club. Two courses £8.95, please book.



Heacham Methodist Fellowship

No meeting in December

Tuesday 23rd January 2024 at 2.30pm

Sylvia Taylor

'Sing Your Heart Out!'

Back to BACHARACH

The Very Best of Burt Bacharach

10TH ANNIVERSARY TOUR

Featuring West End Vocalists & The Magic Moments Orchestra

FRI 26TH JANUARY - 7.30PM

BOX OFFICE: 01485 532252 - PRINCESSHUNSTANTON.CO.UK

Princess theatre

AIM ARTISTS INTERNATIONAL MANAGEMENT LTD



HEACHAM MANOR
HOTEL · RESTAURANT · GOLF

Santa's Tea Party
IN THE PAVILION

Thursday 21st December 2023, 3pm to 5pm
£15 per child

Please call **01485 536030**
to secure your place.
Payment in full required at time of booking.



SCAN THE QR CODE OR VISIT www.heacham-manor.co.uk

HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

OTHER EVENTS.

December

December Events at Anmer Social Club

For info see www.anmerclub.co.uk, facebook.com/AnmerSocialClub or email anmer.club@outlook.com

Club opens 30 mins before event start time.

Monday 4th 7.30pm Bingo £6.50 for ten cards, £1.50 for a flyer card, £2/card for cash accumulator.

Friday 8th 7.30pm Film Night 'Oppenheimer' £4 on the door.

Friday 15th 7.30pm Christmas Quiz Night £2/person.

Saturday 16th 12-3pm Children's Christmas Party. £5/child includes a gift from Santa. Book at anmer.club@outlook.com or 07896139210.

Friday 22nd 4.30pm St Mary's Church, Anmer, Christmas Carol Service, followed by mince pies and mulled wine at the Club. Advance booking required. Email Nick Colman at njcoleman@aol.com or phone 01485 601217.

Saturday 2nd December 2-4pm Fridem Rest Home Christmas Fete. Raffles, tombolas and much more.

Tuesday 5th December 7.30pm King's Lynn Town Hall Classical Music Rocks concert - Klio Blonz - flute & Grace Mo - piano. Tickets: £10 on the door, free for under 21's. Visit: www.cmrschoolswestnorfolk.com for more information, or contact Pete Barker on 07972752343.

Wednesday 6th December 6pm for 7pm start Heacham Public Hall. Charity Prize Bingo for Multiple Sclerosis Trust.

Thursday 7th December 2pm, The Reading Room Stanhoe, Stanhoe & Barwick WI. Christmas entertainment from Stuff & Folly. £5 includes refreshments. For more details contact Valerie on 01485 575261.

Monday 11th December 2pm Community Hall, Hunstanton. u3a Member's Christmas Party.

Monday 11th December 2pm Sedgeford Village Hall, The Arts Society Lecture: 'Robed in Dreadful Majesty: Music, Poetry and Traditions of the Advent Season' by Peter Medhurst. www.theartssocietynwnorfolk.org.uk

Wednesday 13th December 10am-noon Community Coffee Morning and More, Community Hall Sunnyside Close.

Saturday 16th December 10am-4pm Methodist Chapel Hall, Heacham. Piano Party with John Harris. Games, competitions, singalongs, cold lunch at 1pm. Free. Donations to Diabetes UK and Alzheimer's Society. Book lunch before 12th December on 01485 579136.

Saturday 16th December from 10am Hunstanton High St. Hunstanton Lions Club will be selling mistletoe & holly.

Saturday 16th December 6pm King's Lynn Minster. King's Lynn Festival Chorus present A Family Carol Concert. Tickets £15, under 16's free. To book 01553 764864 or kingslynncomexchange.co.uk.

Wednesday 20th December 5pm Dersingham Village Centre Christmas Carols.

Thursday 21st December 6pm Outside at Norfolk Lavender, Heacham Village Carol Service.

January

January Events at Anmer Social Club.

For info see www.anmerclub.co.uk, facebook.com/AnmerSocialClub or email anmer.club@outlook.com

Club opens 30 mins before event start time.

Monday 5th 7.30pm Bingo £6.50 for ten cards, £1.50 for a flyer card, £2/card for cash accumulator.

Friday 12th 7.30pm Film Night 'A Haunting in Venice' £4 on the door.

Friday 19th 7.30pm Quiz Night £2/person.

Friday 26th 7 for 7.30pm start Burns Night. Tickets advance booking only - £10 per person for two courses - Haggis, Neaps & Tatties plus pudding & a Tot of Whisky. To book please email anmer.club@outlook.com by Monday 22nd January.

Tuesday 9th January 7.30pm King's Lynn Town Hall, Classical Music Rocks concert - Rebecca Hepplewhite - cello. Tickets: £10 on the door, free for under 21's. Visit www.cmrschoolswestnorfolk.com for more information, or contact Peter Barker on 07972752343.

Thursday 11th January 2pm The Reading Room Stanhoe, Stanhoe and Barwick WI. Programme TBC. £5 includes refreshments. For more details contact Valerie on 01485 575261,

Monday 15th January 7.30pm 2pm Community Hall, Hunstanton u3a. Georgette Vale talks about the great contributions made by Norfolk people, Julian of Norwich and Margery Kempe. For further information see www.hunstantonu3a.org or call 07443763679.

Friday 19th January 7.30pm and **Saturday 20th January** 2pm and 7.30pm at Heacham Public hall, The Pocahontas Players present 'Once Upon a Time in Heacham'. Tickets £10 raised seating and £8 stalls, from Janice 01485 570402 or Jim 01485 571267.

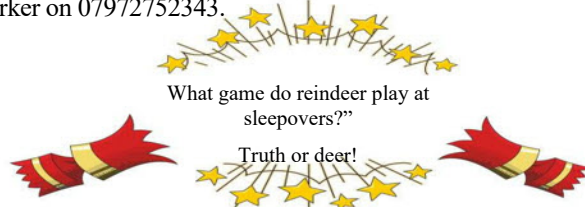
Tuesday 23rd January 2.30pm Heacham Methodist Fellowship - Sylvia Taylor 'Sing Your Heart Out'

Tuesday 23rd January 7.30pm Dersingham Village Centre, Film 'Save the Cinema'. £6, under 16's £3.

Wednesday 31st January 7.30pm. Memorial Hall, snettisham. Snettisham Gardening Club AGM, when the 2024 programme will be available, followed by a quiz. Further information from Gail 01485 541279 or Addie 01485 544754.

February

Tuesday 6th February 7.30pm King's Lynn Town Hall. Classical Music Rocks concert - Oliver Wilson - viola and pre-concert talk. Tickets £10 on the door, free for under 21's. Visit: www.cmrschoolswestnorfolk.com for more information, or contact Peter Barker on 07972752343.



Hunstanton Conservative Club

Entertainment for December

24 High Street, Hunstanton PE36 5AF
Tel: 01485 532462

Entertainment for December

The Club is open Monday-Saturday 10am-11pm and
Sunday 11am-10.30pm.

Sat 9th: Christmas meal. Served from 12.30pm
Tues 12th: Christmas meal. Served from 12.30pm
Thurs 14th: Christmas meal. Served from 12.30pm
Sat 16th: Christmas Draw at 1.00pm
Sat 16th: Christmas meal. Served from 7.00pm
Tues 19th: Christmas meal. Served from 12.30pm
Christmas Day: Club open from 10.30am until 1.30pm
Boxing Day: Club open from 10.30am until 6.00pm
**New Years Eve: BARRY FRANCIS DISCO – with
FREE food.**

Entertainment for January 2024

Mon 22nd: Coffee/Brandy

Yoga for U3A members on Wednesdays, Thursdays and
Fridays.

Mondays: Strength and Balance Class – 4.40pm
Wednesdays: Scrabble 10.00am. Whist Drive 7.00pm.
Fridays: Lunchtime Raffle drawn at 1.00pm.
Saturdays: 'Open the Box' draw at 1.00pm.

Cash Bingo – Tuesdays and Fridays
Eyes down 7.30pm

www.hunstantonconservativeclub.co.uk



Hunstanton United Services Club

December Entertainment

FRI 1st CHRISTMAS QUIZ. £50 first prize.
Teams up to 4 persons. £4 pp including
supper. 8pm.

SAT 2nd SPLASH DUO. Excellent tunes 60s
onwards. 8.30pm.

TUES 5th CHRISTMAS SING-A-LONG with the
HUNSTANTON CONCERT BAND.
Come and join in singing your favourite
Carols & Christmas songs. Light
refreshments in the interval. 7.30pm.

FRI 8th DIAMOND PAULS MIXED BAG
DISCO. Come and request your favourite
dance tunes. 8pm.

SAT 9th CAROLANN. Come and join the fun
dancing to music from 60s onwards.
8.30pm.

TUES 12th CHRISTMAS PRIZE BINGO. Eyes
down 8pm.

FRI 15th CHRISTMAS PRIZE DRAW &
DANCING TO CHARLOTTE SAYER
personality vocalist. All eras. Don't forget
your tickets. 8pm.

SAT 16th DNA Rock, pop & soul. 8.30pm.

FRI 22nd DIAMOND PAULS MIXED BAG
DISCO. Come and request your favourite
dance tunes. 8pm.

SAT 23rd GRAHAM JAMES former member of
The Union Gap. 60s onwards. 8.30pm.

SUN 24th CHRISTMAS EVE STEVE MOYSE.
Fantastic vocals from all eras. 8pm.

SAT 30th TRAVIS. Fantastic entertainer sings hits
from all eras. 8.30pm.

SUN 31st NEW YEARS EVE Fun & Dancing to
JUST US DUO in the Lounge 8.30pm +
DISCO in the Front Bar.

TICKETS FOR NEW YEAR'S EVE ON SALE NOW.

MEMBERS £10, NON-MEMBERS £22,

13-17 yrs £5, under 12s free.

BRING YOUR OWN PARTY FOOD - 8.30pm

EVERY MONDAY & THURSDAY CASH PRIZE
BINGO EYES DOWN 8pm

EVERY SUNDAY KARAOKE with MICK 8pm

POKER NIGHTS TUESDAY FRIENDLY 7pm

THURSDAY LEAGUE 7pm

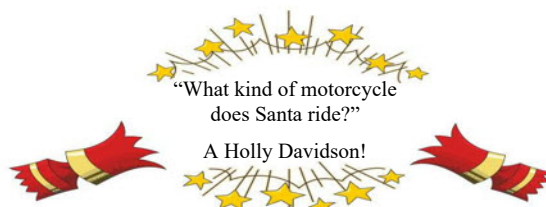
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CAROL SERVICE



FRIDAY 22ND DECEMBER
4.30 P.M.

Followed by
Mulled Wine & Mince Pies at the
Anmer Social Club

ADVANCE BOOKING ONLY - PLEASE CONTACT
NICK COLEMAN by email to nicolema@aol.com or tel: 01485 601217

Anmer Social Club



BURNS NIGHT

FRIDAY 26th JANUARY 2024
7.30 p.m. Club opens 7.00 p.m.



£10.00 per person
ADVANCE BOOKING ONLY
Please email: anmer.club@outlook.com
by Monday 22nd January

Fully Licensed Bar Raffle
New Members & Guests Welcome

HUNSTANTON LIONS CLUB



Will be selling Mistletoe and Holly in
Hunstanton High Street on
Saturday 16th December from 10:00am
Please come along and give your support.

HEACHAM VILLAGE CAROL SERVICE
Thursday 21st December at 6.00pm
outside at



NORFOLK LAVENDER

Come and join the 'Heacham Christmas Scratch Choir'
all ages welcome to lead the well-known carols.

No rehearsals, no practise, no uniform - just come and sing!



Musicians with their instruments are
also welcome to join a scratch band
(Please email the church office if you'd like to play with the
instrument you will be playing so we can have the right music for you)

Festive refreshments will be served beforehand, and the
animal garden staff will be offering some Christmas activities

The Norfolk Lavender site will open for last minute Christmas
shopping or food in the Lavender Lounge until 6pm

Let's celebrate Christmas together as a village community



Donations to:




Heacham.church@gmail.com for more information


VILLAGE CINEMA
at Dersingham Village Centre

Presents on
Tuesday January 30th at 7:30pm


SAVE THE CINEMA (12)

Cast: Samantha Morton, Jonathan Pryce, Wynne Evans, Erin Richards,
Tom Felton, Owain Yeoman, Adeel Akhtar, Melanie Walters


A Welsh hairdresser starts
a campaign in the 1990s to
save her small town's theatre.
With the help of a local politician,
they approach Steven Spielberg
with the idea to premiere
Jurassic Park there in a bid
to save the cinema.



Doors open at 7pm
Entry £6; Under 16s £3
(Entry includes tea/coffee/squash)
Licensed Bar



Dersingham Village Cinema is managed by
Dersingham Village Centre Association,
Charity No 1178462.
Supported by Creative Arts East



“Who is Santa’s favourite
singer?”
Elf-is Presley!





SNETTISHAM GARDENING CLUB

We do not hold a meeting in December but will be having a

Tombola at the Christmas Fair on Saturday 2nd December to support East Anglia Children's Hospice.

Our AGM will be on Wednesday 31st January when our 2024 programmes will be available for members joining. We start at 7.30 pm and once the business is completed there will be a Quiz and refreshments available. You will be most welcome to come and see what we have planned for 2024.

In the meantime, enjoy the Festive Season and our Best Wishes for a happy and hopefully more peaceful New Year.

Any further information can be obtained from Gail on 01485 541279 or Addie on 01485 544754.

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The Arts Society North West Norfolk

Journey through Advent with Art

On Monday 11th December 2023 in Sedgeford Village Hall at 2:00pm, Peter Medhurst, an accredited Art Society lecturer, will be giving an illustrated talk on **Robed in Dreadful Majesty: Music, poetry, and traditions of the Advent Season**. Peter is returning to us for another of his very informative and enjoyable lectures, this time to sample the ever-evolving traditions of Advent and to present a range of inspired poetry and music. Do come as our guest to one of our meetings for £5 and see how much you enjoy it. Or you can join as an annual member for £45 and enjoy a range of benefits - nine monthly lectures which cover a wide range of subjects, trips and tours in the UK and abroad, interesting study days, regular newsletters and magazines, and a warm welcome from a friendly society. www.theartssocietynorthwestnorfolk.org.uk

The season of Advent in the Christian calendar anticipates the coming of Christ, with four themes - hope, faith, joy, peace, and the lighting of candles. The Renaissance artists painted gloriously elaborate nativity scenes, from Botticelli's *Mystic Nativity* (1500), Raphael's *Sistine Madonna* (1513-14) to Rubens' magnificent *Adoration of the Magi* (1628-29), paintings rich in imagery to capture the wonder of the Christmas story. Later depictions by artists such as the American master Gari Melchers reveal a more naturalistic approach. In his 19th century contemporary perspective, *The Nativity*, Joseph and Mary are depicted in all their human authenticity, exhausted, totally overwhelmed, as they gaze at the Christ Child. *The Annunciation* by Henry Ossawa Tanner (1859-1937) was painted by the artist soon after a trip to Egypt and Palestine in 1897. Influenced by what he had seen in the Holy Land, his stunning and unconventional painting captured the apprehension and bewilderment of the almost adolescent Virgin Mary as she receives the message from Angel Gabriel (shown as a shaft of light) that she will bear the Son of God. The young girl, dressed in peasant clothes, the messy bedclothes and the strange, disturbed carpet, create the sense of uncertainty and confusion.

The world of modern art has a different take on Christmas, away from the elaborate nativity scenes of the Grand Masters to something entirely different, but equally glorious. *Nuit de Noel* (Christmas Eve) by the French painter, Matisse, was originally a design for a stained-glass window that never got made, 'an explosion of colour and stars'. He was very much a visual artist but also a draughtsman, printmaker and sculptor. Above all he was a humanist who wanted people to find 'rest and peace in my paintings'.

Modern artists have turned their interpretative skills to the Christmas card. Salvador Dali, the Spanish surrealist painter and printmaker, known for depicting limp, melting watches (*The Persistence of Memory* (1931) created nineteen Christmas cards.

They were not well received. Out went the traditional Mediterranean Catholic Christmas imagery and in came American and Central European elements, such as the Christmas tree. Before he turned to soup, Andy Warhol in the 1950s designed some never-to-be-repeated cards, but Jeff Koons was more successful, creating a paddle ball game depicting the icon, Rudolph the Red-Nosed Reindeer. Works attributed to Banksy often make a political comment, none more so than his Christmas card, 'Joseph and Mary Can't Make it to Bethlehem....' It appeared some years ago following his trip to the Middle East and circulates in the media from time to time.

We hope you will come and join us on Monday 11th December 2023 at Sedgeford Village Hall at 2:00pm. Ample car parking. Tea and biscuits after the talk. Stay and chat to the lecturer. www.theartssocietynorthwestnorfolk.org.uk

Lesley Nadel



THE ARTS
SOCIETY
North West Norfolk

We meet at Sedgeford
Village Hall at 2pm.

Come as our guest for £5 to
one talk to see if you enjoy our
meetings.



Next talk:

Monday 11th December 2023

**Robed in Dreadful
Majesty: Music, Poetry
and Traditions of the
Advent Season**

Lecturer:

Peter Medhurst

Would you like to join our Arts Society?

There are many benefits apart from our
interesting and varied talks:

- * Trips and tours in the UK and abroad
- * Special Interest Days
- * New Year members' lunch
- * Support for Young Arts
- * Regular newsletters and magazines
- * A social event with a warm welcome

For more information & how to join, visit
www.theartssocietynwnorfolk.org.uk

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MORE HEACHAM MEMORIES

Church and Chapels

G.W. Alcock was about seventy years old when he wrote the articles published in the *Lynn Advertiser* in 1929/30. He clearly had a very good memory (one has to assume it was accurate) and was also a prolific writer. I have edited 'highlights' from different articles here. The notes are a well-intentioned attempt by an amateur 'foreigner' to compare certain points with today's village and to illuminate some aspects of local history.

In my early days the church services were limited to Sunday morning and evening, and so left us children free to roam; and we occasionally attended services of all three of the local sects – Independents, Wesleyans, and Primitive Methodists. When freedom of conscience was allowed me, the "Ranters"¹ were my first favourites, though why they should have been given that name I know not, because in the days when the Heacham Wesleyans worshipped at what is now called "The Drift" they were the most noisy. I remember standing at the top of Cage Lane, where now is the Home and Colonial Stores², one still summer evening, and hearing their prayers even at that considerable distance; it was as if God's ear was heavy and could not hear!

But the Primitive Methodists were my glory. Though I went into the labour market at seven years of age, it was not until I was eleven that I was free to "go as I would" and then to them I turned – first to their Sunday School, and later I learned to lisp in their pulpit.

I have always loved to note the foibles of preachers, their texts, methods and mannerisms . . .

Alcock himself began preaching as a teenager and recalls a wide range of visiting layman preachers in some detail . . .

Heacham never lacked good preachers and when some were feeble the overshadowing talent of the others blotted out their defeats. How far these men walked at that time, when bicycles were not! Even in my boyhood's days it used to be a marvel to me that these men, who bore the burden of toil, could preach on a Sunday as if the preparation of the sermon had engaged them all week...

In that chapel (Wesleyan) was a low pulpit, and one night a preacher surprised his congregation by jumping over the barrier among his audience! That preacher was a character...

They had a preacher – a very capable one – a brickmaker named Parker³... Another good preacher they had, named Walker, was sergeant of the "Riflemen," as we then called the local Volunteers⁴... One of our preachers (at the Primitive chapel) used to preach clad in a long slop⁵ with a beautifully pleated front. His name was Hudson. I knew even his father, who had the farm⁶ – later cultivated by a Mr Desborough – near Wilderspin's Gatehouse⁷... For an uneducated man, John Briggs had a remarkable knowledge of the scripture, and he could clothe his ideas with attractive garments. His fervency and fiery eloquence made him an excellent preacher.

.... even we love the rubrics of the Church of England and every stone of her architecture, especially where, as at Heacham, the mellowness of age rests upon it. When I enter Heacham Parish Church, and see its worn threshold and paving, I seem to hear the footsteps of the distant generations and centuries; seen as in a dream the bridal processions of those who entered with hopes, some realised, some shattered; see the parents and sponsors standing at the font; breathe in the air vibrant with music, expressive of vocal art and religious emotion.

.... local character was a man named Bowden. He had entrusted to him the duty of keeping order in the parish church. As beadle⁸ of the church he had one defect: being cross-eyed. In church-time his long white stick often came down on the cranium of somebody who was not the person engaged in misbehaviour!

I will point out as a sign of improvement that no beadle is required at church these days. At the date of which I am writing it used to be the Good Friday custom in the village for the farm-hands to attend in the morning and afternoon just to feed the stock, the rest of the day being ours on condition that we went to church in the morning. At that time the church had a gallery and pews, and between those pews was an aisle, with forms, where we boys used to sit. On Good Friday Mike Bunting, who was sitting just behind me, pressed a pin into the fleshy part of my anatomy. I naturally jumped! That particular incident was overlooked; but I suppose that behind me some boy had been indulging in misconduct. At any rate Bowden walked down the aisle and brought his long stick upon my head with a thwack that rang through the church.

As if it were yesterday, I can see the Rev. G. T. Thomson⁹ looking reproachfully in my direction!

I always thought it an act of vandalism to have that beautiful gallery removed. In that we boys and girls used to sit during the service, and read many and many a time that marble tablet over the church-door telling of the unfortunate victim of drowning in the Wash on a Sunday in 1799. In the centre of that gallery was an old barrel-organ, used twice during my school-days owing to a defect of the keyed organ.

We boys used to sit and admire that stained glass, also now gone, which faced us in the gallery. There were two pulpits then, from the left-hand one the Rev, Charlesworth¹⁰ used to preach; the then curate, Oakley, used the one at the other side. In those young days of mine Charlesworth while preaching would stop to take a pinch of snuff, use a yellow handkerchief, and then go on with his sermon.

Notes:

¹ Originally a dissenting sectarian group at the time of Cromwell, the term was used by some in the nineteenth century for the Primitive Methodists. Enthusiastic lay preachers were encouraged.

² As noted in an earlier article, Cage Lane was the name by which Pound Lane was once named. What is presently Exclusive Fitness has had a wide range of reincarnations. The Home and Colonial Stores were an early grocery 'chain'. There are those who will remember the corner shop being the International Stores, a similar predecessor of today's supermarket 'big boys'.



A HAUNTING IN VENICE

DEATH WAS ONLY THE BEGINNING

ANMER SOCIAL CLUB

FRIDAY 12th JANUARY 2024

Film starts at 7.30 p.m.

Doors open 7.00 p.m. Admission - £4 on the night

For further details email: films@anmerclub.co.uk
or telephone 01485 579465
or visit our website on:- www.anmer.club@outlook.com

³ The Heacham brickworks (at Mount Pleasant, Lamsey Lane) had been brought back to life by Holcombe Ingleby and provided work for a number of villagers at this time.

⁴ The Volunteer Force was a forerunner of the Territorials and to be found throughout the country. In Heacham, members would have been part of 3 Battalion, Norfolk Regiment. There were once rifle butts/shooting ranges close to the extremes of both North and South Beaches. John Walker was described as a sergeant instructor; the 1881 census shows the birthplace of a son as Aldershot which gives a clue to a military background. Sgt Instructor Frederick Jelley filled the post in later years. Although 69 when he died in 1915, his name appears on the village war memorial in recognition of his part in training and encouraging young men to 'serve the colours' – some of whom are named with him.

⁵ Photographs of Victorian farm labourers often show them wearing a loose smock (without a 'beautifully pleated front'). That is probably what is meant here - not a clerical surplice but working garb of a different sort!

⁶ John Desborough moved from Snettisham to take over Beach Farm after Edmund Hudson. A 'window' on farming in the 19th century: when the stock of his comparatively small farm was auctioned in 1881 it included '5 active cart mares and geldings, a promising yearling cart filly, grey pony quiet to ride and drive, with foal at foot'. No John Deere then!

⁷ Thomas Wilderspin lived in the railway level crossing keeper's cottage (one of three, still existing, in the village) - now opposite the Pioneer Caravan Park on South Beach Road. In addition to manually operating the gate across the road, he was employed as a platelayer, responsible for inspecting and maintaining the track. (Heacham station opened in 1862).

⁸ A title probably best known from the workhouse in 'Oliver Twist', a beadle's job in church was to usher, assist the churchwardens and, clearly, keep order!

⁹ Rev. Thompson was the vicar of St Mary's for 58 years from 1873 until 1931; he died in the village in 1940. When at Trinity College, Cambridge a fellow undergraduate was Eustace Neville Rolfe who would become Heacham 'squire'. Amongst other 'posts' he was chairman of the Bridge Committee before the Jubilee Bridge and approach road were officially opened in July 1887.

¹⁰ Rev. Joseph Charlesworth was the vicar from 1853 until his death at 70 in 1873.

P.S. The Corner Stone and 'London House' referred to in last month's article were at the High Street/Station Road corner; it was once the site of Herbert Wright's shop and now 'Cannon House'.

Eric Rhodes

Stanhoe & Barwick WI

Thursday 7th December: Christmas entertainment from Stuff and Folly.

The Reading Room, Stanhoe. 2.00pm.

Visitors are most welcome. Our charge is £5, which includes refreshments.

Our 2024 Programme is still under wraps, but will be full of our usual entertaining and informative talks. We return on January 11th and thereafter on the first Thursday of each month, from 1st February.

Please contact Valerie (01485 576261) for further details.



Christmas Concert - King's Lynn Festival Chorus

**Saturday 16th December - 6.00pm -
King's Lynn Minster**

Join us for a magical evening of festive joy as, under the baton of Ben Horden, King's Lynn Festival Chorus fills the air with the enchanting sounds of Christmas. Our family Christmas carol concert is a popular highlight of our season that promises to ignite your holiday spirit.

Our enchanting programme features a delightful selection of popular carols and secular music perfectly chosen to evoke the essence of Christmas. To add a touch of literary magic to this festive evening, our concert will also feature heart-warming readings, which will transport you to the heart of the holiday season. Come and enjoy the spirit of Christmas through both word and song.

Tickets £15, Under 16s free. Box Office 01553 764864.
www.kingslynncornexchange.co.uk

ON CHRISTMAS NIGHT

King's Lynn Festival Chorus
Ben Horden

A family carol concert
Readings and popular carols for choir and audience to celebrate the festive season

Tickets £15
Under 16s free

6pm, SATURDAY 16 DECEMBER 2023
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This poem was published in the November edition of this Newsletter but, owing to a technical glitch in the printing process, several lines were missing. We apologise for this and now publish the full poem below.

THN

Sonnet for a Sycamore (at Sycamore Gap)

Tragedy comes with heartache, memories blown away,
The tree that we love in the place we love, gone today,
Heartless action, beauty desecrated, shed with tears,
Gone, love, hope and plans, we shared down the years.

The trees in our world bring pleasure every day,
Lifting our world from the gloom and the grey,
They are a world of their own, teeming with living,
Saving our planet and that life they are giving.

Quiet; hold your breath, still roots in the ground,
And over the years our new hopes will be found,
As the shoots of the sycamore, spring back into life,
We will rise again, cast off again the mindless strife.

That shrivelled our world, left death in the air,
As we, fill our world with new hope, love and care.

John W
04/10/2023

*The tree at Sycamore Gap. Voted England's tree of the year
sawn down by vandals.*



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Across:

7. Mistletoe
8. Roast
10. Mince pie
11. Midair
12. Asti
13. Lanterns
15. Scrooge
17. Mittens
20. Goodwill
22. Sibs
25. Encase
26. Yule logs
27. Trill
28. Batteries

Down:

1. Pixie
2. Sticks
3. Tempting
4. Novella
5. Cold feet
6. Assigning
9. Amen
14. Schooners
16. Oddballs
18. Insulate
19. Old year
21. Iced
23. Belfry
24. Egret

General Knowledge Quiz

Answers to Christmas Quiz 2023

1. Polar Express.
2. Waitrose.
3. Nova Scotia.
4. Jack and the Beanstalk.
5. William 1st.
6. Polonium.
7. Charlotte (Wife of George 3rd.)
8. Lindsay Lohan.
9. Nicaragua.
10. In the Bleak Midwinter.
11. Blitzen.
12. Robin.
13. 31.
14. John Grisham.
15. Capt. James Cook.
16. Fakenham.
17. Dido.
18. Asda.
19. G.O.S.H. Great Ormand Street Hospital.
20. Swedish and Norwegian.
21. Alice (1901) and Alexandra (1936)
22. Jack and the Beanstalk.
23. GCH Intelligence Services.
24. Whoville.
25. The Nutcracker.

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CHRISTMAS GIFTS & PARTIES FOR YOUR STAFF – ARE THEY TAXABLE?

By Kathryn Gigg Chartered Accountants, Hunstanton

Whilst not every employer will wish to follow the lead of a certain Dickensian character in buying a turkey as big as a boy for his/her clerk, as we move into the Season of Goodwill many businesses will wish to recognise the contribution and loyalty of their staff after what may have been a difficult and challenging year.

Sadly, when it comes to staff entertainment or reward, whether Christmas parties or Christmas gifts, for staff, there are employment tax, business tax and VAT consequences.

A Party?

A staff party (or other staff entertainment event such as a meal) will qualify as a tax-free benefit only if it meets all of the following conditions for exemption:

- The event must be open to all employees generally, or to all those at a particular location (and not just the directors!) and cost no more than £150 (inc VAT) per head.
- If there are separate locations, the relief will still apply, so long as all employees have the option to attend at least one event.
- The event must be an annual event, on a recurring basis, but doesn't necessarily have to be held at the same time each year (so the 2023 event might be a Christmas party, and the 2024 event could be a summer ball.)
- There is a limit of £150 (inc VAT) or less per attendee. This is a threshold not an allowance, so if the cost of an event exceeds £150 per head, there is no exemption on the first £150 and the whole cost (and not just the excess over £150) will be subject to Income Tax & NIC.
- The £150 limit applies to the number of guests, rather than the employees, so spouses and partners can be included.
- The limit can cover more than one event provided the total does not exceed £150 (inc VAT) per attendee in any tax year, and all other conditions are met.
- The event must not be provided under an optional remuneration plan.

What about Christmas Gifts?

Making gifts, such as non-cash retail vouchers or hampers, to employees still appears to be a popular alternative (or addition to Christmas parties) for many employers.

Such gifts could either be covered by the trivial Benefit-in-Kind exemption, or the annual events exemption if given at the event (as long as the total of all costs at the event do not exceed the £150 per head).

The trivial benefit exemption will apply when all the following conditions are met:

- The cost of providing the benefit does not exceed £50 (inc VAT and delivery) per employee.
- The benefit is not cash, or a cash voucher. N.B. A cash gift, such as a Christmas Bonus does not qualify.
- The employee is not entitled to the benefit as part of any contractual obligation.
- The gift is not provided in recognition of particular services performed by the employee as part of their duties.

Where all of the conditions above are met for a seasonal gift, there are no tax or NIC liabilities for either employer or employee. Where one or all of the conditions are not met, the gift will be taxable and subject to NIC. Additionally, where an employee buys their own gift, and is reimbursed, this relief will not apply.

So, on the basis that a Christmas Turkey can easily cost in excess of £50 nowadays, careful planning of an office party might ensure that a little bit of Christmas goodwill could be passed on, in a tax-efficient manner for all.

For advice regarding the tax implications of employee parties & gifts please contact either of the partners Kate Gigg FCA or Nicola Tarry FCA at Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk

Mrs K H Gigg FCA

NB: Article written in November 2023

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.
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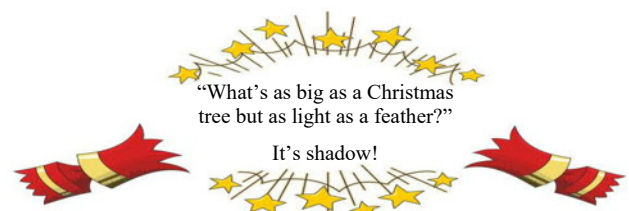


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But there's plenty more on offer than just meats and cheeses.

Did you know that we now stock frozen pizzas made locally by Askers, or that we offer a range of frozen ready meals from Fieldgoods? (Who now supply Fortnum & Mason; the first frozen meals they have ever stocked!)

We also have a large selection of frozen fish and seafood. (It would be shellfish of us not to mention that!)

And of course, we still have plenty of vegetables, fruits, cakes and sweets and lots of other tasty treats.

Oh! And how could we forget to mention our large selection of locally produced beers, wines and spirits.

Why not pop in and see for yourself?

Please ask our staff if you need help ordering or call them on 01485 570002.

**And finally, we wish you all a
Merry Christmas and a
Happy New Year.**



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Borough Council News Heacham, Sedgeford and Fring

THE WARD

It is sometimes difficult to separate Ward issues from Borough as, obviously, the Ward sits in it. Consequently, there is an overlap in the following, Borough, report.

Heacham: there was a meeting between the developer of the Cheney Hill site and the Parish Council. I could not attend but several councillors did and asked pertinent questions. I will pursue those when the reserved matters application comes to planning committee.

Sedgeford: I have arranged a meeting between Sedgeford councillors, planning officers and housing officers to discuss the old school site which is being developed by NCC. I hope some resolution is found which suits the village.

Fring: I kept an eye on potential local flooding as Fring suffered several winters ago. Local maintenance of ditches etc seems, I hope, to have mitigated that, although water extraction rates by Anglian water could have something to do with it. There are concerns that a very neglected pond poses a potential risk to future flooding and I have asked officers to determine how to proceed.

THE BOROUGH

An unusual month or so as we had the Local Government Association (LGA) peer review immediately before last Council

and some LGA training / consultation for Cabinet and group leaders between then and now. Perhaps the most significant benefits of both is a chance to compare and contrast approaches to council functions and the people which provide them, including councillors, as the review providers were, or are, councillors from elsewhere. More will emerge about outcomes of the review when the report is published and the action plan written.

Continuing the theme of talking to people I have continued regular meetings with Independent Leaders which enables discussions with people across the country. Increasing difficulties with homelessness was a fairly common thread though it was linked to rehousing asylum seekers rather than the emerging issues of mortgage defaulting. The former is causing major problems along the south coast. River flooding, after heavy rain, challenged areas to the north and west of us though part of Somerset, susceptible to such flooding, apparently escaped due to investment after previous floods

That brings me to several environmental matters I am involved in both as Ward member and as Leader. The Heacham River is one of the chalk streams which has suffered in recent years and I hope to be working with local landowners, councils, and the Norfolk Rivers Trust (possibly with Anglian Water joining in) to improve matters. The river reaches The Wash at Heacham South Beach and sea water quality there remains poor (over the rolling average) which is of Borough as well as local concern and I have continued meetings with the Environment Agency and Anglian Water about that. The river enters the sea under the shingle ridge which was debated at last Council and I did write to The Secretary of State and the Environment Agency reiterating this Council's concerns about flood defence funding and await an answer.

Sea water quality, lack of, particularly off Heacham beaches was the subject of an Environment Agency /Anglian

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Water/RSPB and Creh Analytical Ltd, meeting. It boiled down to, 'there is no smoking gun', 'further investigative work will continue', and how to move forward. I will await further developments before commenting further. A meeting with AW at Heacham Waste Water Treatment Works, also attended by the EA, Heacham Parish Cllrs, and James Wild MP, convinced attendees that sewage did not escape from that infrastructure. However, concerns were still raised about operations at pumping stations which serve HWWTW and I have received complaints about leakage from local pipes, one anecdotal, one acknowledged by AW as due to overloading of a local pump in heavy rainfall.

I can't avoid the sea and was on the stage for the Port Evo (wash barrier) meeting at the Princess Theatre, Hunstanton. Every seat was taken and I was told over 60 people were turned away at the door. The promoter of the scheme was scheduled to speak last (his demand) and it proved to be an error of sorts. He did say a sentence to open the talks, 'We are not building a barrier'. His full presentation at the end effectively contradicted this. I spoke for the Borough and stated that we had no position as we did not have sufficient information. I did give a list of questions we needed the answers to. Other speakers, on fishing, ports, biodiversity, oceanography, did have sufficient knowledge to criticise it. There is likely to be 5+ years of investigations to see if it can be done without causing problems, then 3 to 5 years building the port connected to Lincolnshire. Phase 2 follows, consideration of joining to Norfolk – the full barrier.

Changing tack, though it could be related to matters above, I attended and made a (very small) contribution to a Business Continuity Exercise which placed key officers in modelling conditions which could curtail Council activities. They revolved around escalating weather conditions both in the winter and summer. It was pleasing to find that, as things got worse, officer responses got better.

A meeting of the West Norfolk Transport and Infrastructure Steering Group proved informative. It discussed progress, or rather lack of it, on the A17/A47 Pullover junction at King's Lynn. A fall out from HS2 cancellation is awaited and a further technical study will be done.

Terry Parish
Leader of the Borough Council
and Ward Member for Heacham Ward
which includes Sedgeford and Fring





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Rotary Bra Day

On Saturday 28th October, Hunstanton & District Rotary, decorated the Hunstanton Ski Cafe & Bar on South Beach with bras. The collection was to raise funds for the West Norfolk Breast Care Unit at the Queen Elizabeth Hospital in King's Lynn. We are delighted to announce that following this event and our collection in August, a total of £1,300 was raised.

The money will go towards the purchase of some new equipment for the Breast Care Unit. We have also sent over 400 bras we collected, to Africa to help local charities who are involved in women's welfare.



A big thank you goes to everyone for their kind donations, especially Peter Byrne and his staff at the Ski Cafe & Bar for their kind hospitality and support.

Jean-Marie Vernon
(Hunstanton & District Rotary - Community & Events)



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◆ Poets' Corner ◆

'Cinderella Salmonella'

The lights are dimmed and on the stage are Cinderella and Buttons (a page)

Considering how, if at all, Cinderella could go to the ball.
Elsewhere in the house her stepmother screams,
Buttons hares off, leaving her to her dreams.

Now a new character enters, stage right. An old crone with a hobble, a pitiful sight.

"Would you like an apple, dearie?" the crone proceeds to say.
"No!" says Cinders, sharply, that's a completely different play!
You're my Fairy Godmother, come to save the day!

"Right ho! declared the fairy, whipping off her cloak.
"That's quite a likely pumpkin, what say I give the thing a poke?"

A flash, a bang, a resounding crash; coach wobbles then it falls,

Raising ancient clouds of dust, spraying glitter over the stalls.
"For goodness sake! Can't you get things right? First I need a gown to go out tonight."

"Keep your wig on, let me think of the spell," hmmm...
"Make this gal look rather swell!"

The lights go out, another flash, and after what seems an age
Cinderella reappears, reeling back onto the stage.

She's rather dizzy, looking flushed, her transformation rather rushed.

From the stalls the sound of sniggers - her dress is caught up in her knickers!!

"There's just one thing you need to know," The Fairy Godmother said.

"Before the clock strikes 12 tonight, you must be home in bed,
For then the magic falls away (except for the slippers - oddly, they'll stay...)

"No worries," said Cinders, "I've got no hot date, so the likelihood is I won't be out late.

Now, help me get this coach upright or I won't get there till midnight!"

At the top of the grand stairs, looking down into the hall,
She realised she had to give her name; she could think of nothing at all.

Wracking her brains, a word popped up she'd seen once in a book.

When she told the page, he looked surprised and gave her a funny look.

But, ever cool, he cleared his throat and shouted to the throng
"Miss Cindy Salmonella" (thought he **must** have got that wrong.)

She spied her ugly sisters, in garish ribbons and bows,
Looking her way and scowling - wanting to punch her on the nose.

But the Prince was clearly dazzled, making his way through the over-dressed,
And though he was rather full of himself, she could tell he was pretty impressed!

They danced and twirled the night away, on the balcony gazed at the stars.

'This must be love', the Prince surmised, 'I'll give up on booze and fast cars.'

As he drowned himself in the blue of her eyes, the clock struck 12 - she looked rather surprised.

Tore herself from his grasp and, dashing away, flew down the stairs, nearly tripping half way.

Recovering from shock, he swore at the clock and made to head off in pursuit,

But his trousers, too tight, weren't designed for fast flight and he lost her, his true love so cute.

He found on the stair, a slipper so fair, he vowed that its pair he would seek.

There couldn't be many glass slippers abroad - he's run her to ground in a week!

One day, a knock upon the door! Drusilla and Pru all aflutter.

The Prince and his faithful Dandini appeared, saw the girls and started to mutter...

"We've come to see who this slipper might fit," they declared, looking quite queasy.

Drusilla and Pru, grabbing hold of the shoe, thought this'll be easy peasy.

Though they pulled and they pushed it weren't going to fit; They rolled on the floor, so mad they could spit.

Rather aghast, the Prince turned round fast and made haste, preparing to go.

"Wait!" shouted Buttons, "You've not seen Cinders yet, I'll fetch her, she's just down below."

"What!!" screeched Drusilla, "That'll not fit her foot!"

And besides, your Princesship, she's covered in soot!"

But, sooty or not, Cinders' beauty shone through, and, Guess what, dear reader, SHE FITTED THAT SHOE!

Ere long, banners flying, with Dru and Pru crying, Cinderella, she married her Prince.

But like all good marriages (where pumpkins are carriages) She's been training him ever since!

Nancy Robinson
2023

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'Wee Hamish O' the Highlands'

In the wilds o' Scotland
A feisty little elf
Declared he'd rout the Sassenachs -
He'd lead the charge himself!

He called his clan together
But they didnae want to know.
"It's Hogmanay!" they cried
"And they're talking lots o' snow!"

Hamish bristled in the thistles;
Steam was coming out his ears.
"Oh, my trusty clansmen, you're
near bringing me tae tears."

"You know we hate the English.
They've really got to go.
You'd forego certain victory
because it's going tae snow?"

Wee Willy stepped up bravely.
His cheeks all red and glowing.
"O' course not, but in snow that's deep
We cannae see where we're going!"

Hamish pondered briefly.
He could see the truth in that.
It was getting pretty chilly,
Snow was falling on his hat...

"You're right me lads", he cried.
"We'll let summer come around.
Now get those pipes a'skirling
And pass the whisky round!!"

Wee Hamish, in his little kilt,
No higher than the heather,

Raised his glass to Hogmanay
And hoped for better weather.

"Wa Hae! Wa Hae! for Hogmanay"
Wee Tam O'Shanters flyin'
"Those Sassenachs 'll never know
How close they came to cryin!!"

Nancy Robinson
2022/23

u3a

HUNSTANTON

We will be holding our Members' Christmas Party at the Community Hall, Avenue Road, Hunstanton on Monday 11th December at 1.00pm.

We wish all members a Happy Festive season and let us hope for a peaceful New Year 2024.

Our first meeting in 2024 will be on Monday 15th January at the usual time of 2.00pm when Georgette Vale will be reminding us of the great contributions made by Norfolk people, Julian of Norwich and Margery Kempe.

You will be most welcome to join us. For further information please see our website:
www.hunstantonu3a.org



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News from Hunstanton Croquet Club

As I start to draft this text, Hallowe'en decs are competing for space with Christmas tinsel; by the time I submit it to the lovely editors it will be bonfire night and by the time it is published many people will have their trees decorated and Christmas shopping done!

If you still have presents to get for those who are hard to buy for, how about membership of your local croquet club? Or perhaps as a gift to yourself!

We, at the club, have wrapped up our year with a presentation lunch at Heacham Manor, attended by 42 members. In addition to presenting the year's trophies, we gave flowers and thanks to Pat Dawson who has stepped down from the committee and from organising the lunch for many, many years. Her contribution to the club over decades has been enormous.

The AGM saw Janet Kendal handing over the reins to Caroline Harper and Debbie Hardacre taking on the role of Treasurer. Janet has been a wonderful Chairman, working tirelessly over the last 4 years, steering the club through the difficult COVID years and building us back to nearer full strength. We are so grateful that she is staying on the Committee, but also pleased for her that she will finally have more time to enjoy her other interests.


Thank you to the 22 members who turned out on the final day of the season to put the club to bed for the winter. Everyone worked so hard and so much was achieved. A happy band of Wednesday Warriors will be continuing with maintenance tasks throughout the winter, but apart from a coffee morning meet-up on December 6th, that's all folks! Merry Christmas and Happy New Year!

Caroline Harper



Above: Pat and Janet at the presentation lunch.

Left: Linda and Rachel doing a great job cleaning equipment.




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PARISH COUNCIL MEETINGS IN BRIEF

The date for the next Full Council meeting in December has not been set as yet, please check the website.

The Full Council Meeting for January will be held on Tuesday 16th at 7.00pm at the Parish Office, Pound Lane.

Please see the Parish Council website, noticeboard at the Old Dairy Site, Pound Lane and the Parish Office noticeboard in the lobby for agendas. Council Meeting minutes will be posted on the Parish Council website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings are held in the Parish Office. Members of the public are invited to attend committee meetings if they wish.

ALLOTMENTS

We find ourselves without a waiting list once again for our allotments. This in part is due to the fact that the new year begins in October and so now is a good time to give up if needed. We have quarter (£10), half (£20) and full plots (£40) on the site so it will be a case of what is available at the time. Please enquire at the office.

HEDGES AND OVERHANGING TREES

Now that the nesting season is over, please could everyone with hedges on boundaries and trees that overhang the highway or footpaths cut back as close as you can (they do grow back!) to your boundary. This will hopefully help during the next growing and nesting season. Many throughout the village have been a problem this year and have had to be written to.

COMMUNITY COFFEE MORNING

With the Old Friends Hall still out of action the monthly coffee morning will be held in the Community Hall at Sunnyside Close once again. Come along and enjoy great cake and a cuppa whilst meeting some new or old friends, it only costs £2! There is also a quiz to entertain you and a raffle. 10am until noon every last Wednesday of the month (from January.)

REMEMBRANCE SUNDAY



There was a good turn out for the wreath laying at the War Memorial on Sunday 12th November. Thank you to all who came to pay their respects. Thank you to the Church for the welcome hot drink afterwards.

SAM2

The latest figures are on display in the lobby at the Parish Office. This is the sign that flashes the speed you are travelling at as you approach it, details of which are recorded. The signs provide valuable information to the Parish.

SCAMS

We have been made aware of scams affecting those who use the Careline Community Scheme. The systems will be going digital by 2025 and so the systems have to be upgraded. These will be done at no charge and so if you receive a call asking for you to pay for a new box – DON'T!

STREET LIGHTING

With the days now starting to draw in, our footpaths will need lighting earlier and a light out will become noticeable. All lights within the village, apart from a few, are the responsibility of Heacham Parish Council. We would ask that they be reported to the office, also ones that are intermittent or day burners. When reporting a light, please remember that it is the address of the light we need. If a light sits directly between two properties it will have the address of the property opposite. When reporting a light by a left phone message, please leave a contact number in case we have trouble identifying it, we can then get more information if needed. Reports can also be emailed to us, see below for our email address.

CHRISTMAS CLOSURES

The Parish Office will be closing on Wednesday 20th December at noon for visits or 5pm to speak to the Clerk on the telephone and we will reopen on Tuesday 2nd January.

The Library will be closed on the 25th and 27th of December. Heacham Parish Council would like to wish you all a Merry Christmas and a Happy and Healthy 2024.

!!WANTED!! PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's Fourteen Councillors need another three to join them to help look after the village. You would need to be able to commit a few hours each week to attend meetings and to get involved with the work of the Council. If you are interested, please call in at the Parish Council Office, or contact the Clerk Sue Eke on 01485 572142 for more details.

SOCIAL MEDIA

Just to remind everyone that any opinions or responses have to be agreed to by ALL Councillors and so immediate responses are not allowed. Questions can be sent to the Office and passed for discussion to Councillors.

HEACHAM PARISH COUNCIL OFFICE

The office is open to the public on Monday to Thursday 10am until noon. There is someone in the office Monday to Thursday until 5pm and Friday morning to take telephone calls. It is also possible to make an appointment with the Clerk at other times. Please feel free to pop in with any enquiry you may have.

Any queries should be addressed to:

Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel 01485 572142

Email: heachampc@btinternet.com
Website: heachamparishcouncil.norfolkparishes.gov.uk

HELP LINES

HEACHAM GROUP PRACTICE

01485 572769

Heacham Surgery MON TO FRI 08.30 TO 18.30
Snettisham Surgery MON TO WED 8.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR

111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST (Boots) 570297

OPEN MON - FRI 09.00 - 18.30, SAT 09.00 - 17.30

DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN MON, TUES, WED, THUR 10:00 - 12:00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

TERRY PARISH 07885 258428

ANDREW JAMIESON UNAVAILABLE

NORFOLK C.C. MICHAEL CHENERY 07920 286638

PARISH LIBRARY (in Church Hall, High Street) 07398647119

OPEN MON, WED, FRI 10.00 - 16.00 SAT 10.00 - 12.00

HEACHAM POST OFFICE 570330

OPEN MON-FRI 09.00 - 13.00, 14.00 - 17.30, SAT Closed

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

DENTIST Emergency only for patients not registered with a dentist 01553 223193

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613

POLICE 101

SAMARITANS Freephone 116123 or (local charge) 0330 094 5717

CHILD LINE 0800 1111

SILVER LINE 0800 4708090

ELECTRICITY (UK Power Networks) 0800 3163105

ANGLIAN WATER 0800 771881

GAS ESCAPE 0800 111999

24hrs VETERINARY CLINIC (Medivet Heacham) 01485 570065

HUNSTANTON LIBRARY 01485 532280

OPEN TUES WED FRI - 9am-7pm

SAT 9am-4pm MON & THURS - Closed

HEACHAM CHALK PIT and

RECYCLING CENTRE 0344 800 8020

Open 9am - 4pm

HEACHAM COMMUNITY WEBSITES

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

HEACHAM HALLS

PUBLIC HALL 570776

PINE RESIDENTS HALL, Wilton Road Pat Toppin 779208

METHODIST CHURCH HALL, Station Road Mike Careless 570363

ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12 572539

OLD FRIENDS HALL Sunnyside 572142

HEACHAM SCOUT HUT Sunnyside 592041

MAIN PICK-UP POINTS FOR HEACHAM NEWSLETTER

First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Post Office, Norfolk Lavender, Ridouts Bakery, Parish Library,

MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks

From 20th July 2022

09:50 HANOVER GARDENS	12:55 GYMKHANA WAY
10:20 ROBIN HILL	13:15 COLLEGE DRIVE
10:50 RINGSTEAD ROAD	14:40 GIDNEY DRIVE
11:10 ROLFE CRESCENT (Opp.No.22)	15:15 NEVILLE ROAD
11:30 SCHOOL ROAD	16:05 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:25 SITKA CLOSE
12:15 FENSIDE	16:50 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:10 NEVILLE ROAD

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KING'S LYNN

Bus Enquiries:-

www.lynxbus.co.uk

01553 611955

	34	35	36
	via QE Hospital via Sandringham		
	Coastliner		

Mon - Sat

1st bus from Fox & Hounds	0659	0745	0729
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Last bus from King's Lynn	2010	1600	1630
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frequency	2/hr	1/hr	1/hr
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Sun

1st bus from Fox & Hounds	0915	1025	0844
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Last bus from King's Lynn	1940	1610	1630
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frequency	1/hr	1/hr	1/hr
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Service 36 on School Days

1515

Smithdon School to Hunstanton

New Route 33

Hunstanton, Heacham, Sedgeford, Docking, King's Lynn - see website

WNCT Dial-a-Bus Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Babingley. Every Tuesday, Wednesday & Friday

For more information, cost of fares, a membership form or to book

www.wnct.co.uk

01553 776971

DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

St.Mary's Church - Front Porch. Available 24hrs

Sports Field Pavillion - On the external wall of the pavilion

Fire Station - On the front - Available 24hrs

Chalk Pit Recycling Centre - Outside the gates. Available 24hrs

Pioneer Holiday Park - In yellow phone box adjacent S Beach Rd, 50yds

towards beach from main entrance

North & South Beach Toilets - on exterior wall. Available 24hrs

Tesco - Inside by the events board

Methodist Church - on the front. Available 24hrs

Palm Beach Holiday Park - half way down in the red phone box

TIDE TABLES

DECEMBER 23 & JANUARY 24

HIGH WATER AT HUNSTANTON											
Heights above chart datum											
Time Zone UT (GMT)											
Dec 2023						Jan 2024					
Date	Morning		Afternoon			Date	Morning		Afternoon		
	Time	m	Time	m			Time	m	Time	m	
1 F	08 28	6.6	20 27	6.7		1 M	09 23	6.1	21 18	6.5	
2 SA	09 05	6.2	21 00	6.4		2 TU	09 59	5.9	21 56	6.2	
3 SU	09 47	5.8	21 39	6.1		3 W	10 42	5.6	22 41	5.9	
4 M	10 39	5.5	22 30	5.7		4 TH	11 32	5.5	23 34	5.7	
5 TU	11 43	5.2	23 41	5.5		5 F			12 33	5.4	
6 W			12 50	5.2		6 SA	00 37	5.6	13 38	5.4	
7 TH	00 52	5.5	13 52	5.4		7 SU	01 48	5.6	14 43	5.6	
8 F	01 55	5.7	14 47	5.7		8 M	02 55	5.8	15 42	5.9	
9 SA	02 50	5.9	15 35	6.0		9 TU	03 57	6.1	16 33	6.3	
10 SU	03 40	6.2	16 20	6.4		10 W	04 55	6.5	17 21	6.7	
11 M	04 27	6.5	17 01	6.6		11 TH	05 49	6.8	18 08	7.0	
12 TU	05 12	6.7	17 42	6.9		12 F	06 41	7.0	18 53	7.3	
13 W	05 58	6.9	18 22	7.0		13 SA	07 31	7.2	19 36	7.5	
14 TH	06 46	7.0	19 03	7.1		14 SU	08 17	7.2	20 17	7.6	
15 F	07 32	7.0	19 43	7.2		15 M	09 02	7.1	21 00	7.5	
16 SA	08 19	6.9	20 24	7.1		16 TU	09 48	6.8	21 45	7.3	
17 SU	09 07	6.7	21 08	7.0		17 W	10 37	6.5	22 35	7.0	
18 M	10 01	6.4	21 59	6.8		18 TH	11 30	6.1	23 31	6.6	
19 TU	11 05	6.2	22 58	6.5		19 F			12 29	5.8	
20 W			12 13	6.0		20 SA	00 36	6.2	13 32	5.6	
21 TH	00 06	6.4	13 18	6.0		21 SU	01 50	5.9	14 41	5.6	
22 F	01 14	6.3	14 21	6.0		22 M	03 07	5.9	15 47	5.9	
23 SA	02 21	6.4	15 20	6.2		23 TU	04 19	6.0	16 42	6.2	
24 SU	03 26	6.5	16 13	6.4		24 W	05 18	6.2	17 30	6.5	
25 M	04 25	6.6	17 01	6.6		25 TH	06 08	6.4	18 12	6.8	
26 TU	05 19	6.7	17 44	6.8		26 F	06 50	6.5	18 51	6.9	
27 W	06 11	6.8	18 25	6.9		27 SA	07 26	6.6	19 26	7.0	
28 TH	06 57	6.7	19 05	7.0		28 SU	07 57	6.5	19 57	7.0	
29 F	07 38	6.6	19 41	7.0		29 M	08 27	6.5	20 27	6.9	
30 SA	08 15	6.5	20 13	6.9		30 TU	08 54	6.4	20 55	6.8	
31 SU	08 49	6.3	20 45	6.7		31 W	09 23	6.2	21 24	6.5	

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