



THE HEACHAM NEWSLETTER

November 2023

This Newsletter reflects the views of its contributors, not necessarily those of the editors or advertisers



Photo by Kerry Long

Deadline for the next edition is 12 noon, Tuesday 14th November 2023

Stay safe this Bonfire Night.

Remember to check
for hedgehogs and
other wildlife, or even
pets, before lighting
a bonfire.



THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Michelle Carter ☎ 01485 579024 - Advert pricing listed on page 2

THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - Roger Drinkwater - Brian Faulkner

Kerry Long - David Rogers - Mary Sheldrick - Helen Vickerstaff

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication



Leaside

Dear Newsletter

Birthday Celebration Event

I had intended my 80th Birthday celebration last year to be a 'one-off', but as the event was so successful (£1,100 raised for charity!), I have decided to do the same again this year.

As I am blessed with a December Birthday, it seems the ideal opportunity to offer hospitality, refreshment and entertainment, and the possibility of raising more funds for charity at a festive time of year.

The event will take place again at the Methodist Chapel Hall on Saturday 16th December. Please reserve the date, and I will ask the Newsletter to publish full details next month.

I very much hope I may look forward to the pleasure of welcoming many friends again this year, and in the meantime send my kindest regards to all readers.

John Harris

Tea

Community Coffee

Morning & More

cakes

Real Coffee

Fun Quiz

Raffle

Everyone Welcome

29th November 2023

10am-12noon

Temporary Change of Venue

Community Hall

Sunnyside Close

PE31 7DX

In support of the Parish Library

with thanks to Tesco Express, Heacham

THE HEACHAM NEWSLETTER**Just a reminder...**

The December edition of The Heacham Newsletter will cover January 2024 as well – we do not publish a separate Newsletter in January. Therefore, please send details of any events happening in January for inclusion in the December Newsletter.

Thank you.

THN



Blatchford Way

Dear Newsletter,

I have recently made a further donation to Macmillan Cancer Support, this time for £85. This is from sales of plants; thanks to Bliss Hair, High Street, Heacham.

Also, very many thanks to Ridouts Bakery who kindly sell my book of Soup Recipes from their shop in High Street, Heacham and from their stall at Docking Farmers market. For each book sold 50p is donated.

The book contains 45 easy budget friendly recipes for nutritious soup. At the price of less than £4 it would make an ideal gift for someone maybe counting cost or calories, or even lacking a little confidence for cooking.

I now wish to support Parkinson's Disease Research with sales of my books.

Doreen Reed
(The Prudent Pensioner)

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Snettisham

Dear Newsletter,

Ukrainian Refugees

Is there anyone in the village who would consider hosting a Ukrainian couple who are keen to leave Ukraine? They are in their 30s and the woman has a background in banking. She speaks English fairly well and her sister is one of the people to whom I teach English in the village.

If you would be interested, please contact me at: 01485 541718 or email: alison@sunrose.co.uk

One of the present hosts in the village would be prepared to help with the necessary paperwork and also to talk about what a positive experience hosting has been for him.

Alison Pearson



Craft Fayre at Heacham Parish Church

Saturday 18th November
10am – 4pm

Join us and enjoy a variety of stalls

Refreshments of tea, coffee,
cakes, soups and savouries

Our Silent Auction of Promises

Children's games and activities

All Welcome!

Visit www.heachamchurch.org.uk or Facebook @StMarysHeacham
Heacham Parish Church, Church Lane, Heacham, Norfolk PE31 7HJ
Charity Registration No. 1130006

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TO BE HELD IN
HUNSTANTON COMMUNITY CENTRE
THURSDAY NOVEMBER 23rd 2023

2 pm—4 pm
EVERYONE WELCOME

CONTACT: 01485 534777

MON—FRI
9 am—1 pm

An Introduction to the



Magic of Tai Chi

I am thinking about running an introductory workshop on Tai Chi and Chi Kung.

It will be aimed at absolute beginners with no previous Tai Chi experience and will incorporate the main principals of the art.

It will be delivered in a relaxed and informal setting, locally in Heacham.

Handouts will be provided on the topics that we will cover.

At the end of the workshop the participants will have enough of an understanding of the art to decide if they would like to attend regular classes.

Attendance certificates will be available for students who need CPD points.

The workshop will be for three hours which will allow us time for rest breaks and practical work.

The cost will be dependant on numbers attending and hall hire fees. I will do my best to keep the cost as low as possible.

abcTaichi



Please message me for more information and to register your interest.

Allan Howlings
Tel: 07960 229726
Email: allan@abctaichi.co.uk



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Festive Evening MARKET

THURSDAY 30TH NOVEMBER 2023,
4PM - 8PM.

IN THE DOVE SUITE,
THE PAVILION AT HEACHAM MANOR

Sip on mulled wine and nibble a mince
pie as you browse what's on offer.

FREE EVENT



Simply scan the QR code or visit

www.heacham-manor.co.uk/whatson/event/festive-evening-market for more information.

HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX



Jubilee Welfare Trust Heacham

This charitable trust based in Heacham is available to help provide financial support for the following purposes:

- To provide payment for items, services or facilities to children or adults who are disabled, handicapped or with other long term health problems.
- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Educational Authority etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust or wish to find out more, please enquire in writing to the Jubilee Welfare Trust Secretary, care of Heacham Parish Council, Jubilee Clinic, Pound Lane, Heacham. King's Lynn. Norfolk. PE31 7ET.

Stanhoe & Barwick WI

Thursday 2nd November: Binham Blue, a talk about Mrs Temple's famous cheeses.


Thursday 7th December: Christmas entertainment from Stuff and Folly.

The Reading Room, Stanhoe. 2.00pm.

Visitors are most welcome. Our charge is £5, which includes refreshments.

Please contact Valerie (01485 576261) for further details.


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CHURCHES TOGETHER IN HEACHAM



Love and Community.

Love is patient, Love is kind.....and now these three remain, faith, hope and love. But the greatest of these is LOVE (1Cor. 13:4, 13).

November is that time when we pause to remember those we love, who have gone to be with the Lord. We pay tribute to extraordinary sacrifice for a better world. We do this by remembering those who, out of love, paid the ultimate price in the act of defending and protecting democratic freedoms. It is also in November that we observe world kindness day, a day in which we highlight and encourage acts of kindness, a recognition that simple, random acts of kindness have power to create a better world.

Today marks the fourth November since my family and I joined Heacham community, coming out of a totally different culture, being a unique family in that we are black African. We joined Heacham from Zimbabwe during a very difficult time, the time of Covid 19. Initially, I came on my own, and my family joined me two weeks later. I had to isolate for 14 days, then my family joined me. They had to isolate a further 14 days. What makes us remember this is not the clumsiness of the time, the challenges, the isolation and the frustration and anxiety associated with it. It is the acts of extra ordinary kindness and generosity shown to us by Christians in Heacham and neighbours who made our transition easier.

Church members came to greet us, from a distance, waved, brought food, flowers to our doorstep. Neighbours greeted us with a smile. I remember Rev Veronica (from the Parish Church) stopping outside, properly socially distanced to wave and smile and greet us. I remember calling my superintendent when my son broke his arm, trying some indoor 'gymnastics.' He came in that night, took me to the A&E, we spent much of the night together; he waited for me until all was done. We continue to meet such acts of kindness as we take our children to school, in church, as we walk around, and as I volunteer in the community.

I believe there is still more we can do together, but my hope is that there is already so much we are doing. Together we are more. So, faith, hope, and love remain, but the greatest of these is LOVE! Remember to do one act of kindness this month!

Rev Rich Neube
(Methodist Church Heacham)

St Mary's Church Opening Times

The Church is open from 10am to 4pm every day.

November 2023 Services

There will be a service in church every Sunday at 10am. Services are live streamed on Heacham Parish Church YouTube channel. We also have a recording of the service on our YouTube channel which will be available each Sunday, after the service has taken place.

November 2023

- 5th November:** Holy Communion
12th November: Remembrance Service followed by Act of Remembrance at War Memorial
19th November: Holy Communion
26th November: Morning Prayer

We worship in a number of different ways including:

HEACHAM PARISH CHURCH online
on Heacham Parish Church You Tube channel

HEACHAM PARISH CHURCH in church
At 10am every Sunday morning

Chit Chat and Coffee

Everyone is welcome to this monthly coffee morning at St Mary's Church, Heacham.

All ages welcome.

Tuesdays at 10 – 11.30am

14th November and 12th December

Bereavement Support Group

Meetings are on the first Thursday of each month. The next meeting is on 2nd November from 10am till 12 noon, at the Pine Residents Hall. For more information contact the Church Office.

Craft Fayre

In church on Saturday 18th November 10am – 4pm

Remembrance Sunday – 12th November



10am: Remembrance Service in Heacham Parish Church.

Followed by:

10.50am: Act of Remembrance at the War Memorial

Everyone welcome to either or both of these village events

CHRISTMAS 2023 *more details to follow next month.*

Christmas Decoration Theme in Church and Village

For the past 4 years Heacham Parish Church has had a theme for its Christmas decorations and invited the village to join in. There have been cribs, angels, stars, bells and candles. This year our theme is SHEEP; decorated cardboard tubes, bunting, knitted ones, fabric ones.... or in whatever other form you can think of. If you would like yours displayed in Church they can be, so please do start creating. THANK YOU

Prayer Tree

We have a prayer tree in church on which you can write a name or situation that you want to pray for, and you would like the church to pray for, by writing and hanging it on the tree. God hears your prayer, and we will pray for you. If you cannot get to church and would like a name added, let Rev'd Veronica Wilson (heacham.vicar@gmail.com) know.

CHRISTMAS SERVICES 2023



At Heacham Parish Church

Blue Christmas *for those who have been bereaved or find Christmas hard*
Sunday 10th December at 3pm

Village Outdoor Carol Service at Norfolk Lavender at 6pm, with activities beforehand - Thursday 21st December.

Carols by Candlelight
Sunday 17th December at 6pm

Christingle
Saturday 23rd December at 3pm

Christmas Eve:
11.30pm Midnight Holy Communion

Christmas Day:
10am Holy Communion



Morning Prayer

Monday, Wednesday and Friday 9am on Zoom

Tuesday and Thursday 9am in church

Everyone is welcome (Zoom link from Julie in church office)

We pray for all who live and work in our village community, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please ring or email Veronica.

CHURCH CONTACTS:

St Mary's Church: Revd Veronica Wilson (01485) 570697
email: heacham.vicar@gmail.com

St Mary's Church Office: Julie Turner (01485) 572539
email: heacham.church@gmail.com

Methodist Church: Revd Dr Richman Ncube (01485) 570232
email: richiemnbcube@gmail.com



HEACHAM METHODIST CHURCH

Station Road, Heacham

Minister: Rev. Dr Richman Ncube
(Tel: 01485 570232)

We extend a warm welcome to all

November 2023

Sunday Morning Services: 10.30am

5 November	Cathy Fielding
12 November	Remembrance Day Combined service at St Mary's 10.00am
19 November	Marianne Baguley
26 November	Sharon Esposito

Midweek Communion

10.30am - 2nd Wednesday of the month.

Bible Study

10.30am - 4th Thursday of the month.

Fellowship Meeting

2.30 pm - 27th November under the care of John Harris.
Speaker: Jean Hornbuckle.

Coffee Morning

25th November - 10am-12 noon.

Last coffee morning of the year until next March.

Other important dates

Open Church (Tuesday mornings) - 10am-12 noon

Noah's Ark Toddler Group

Wednesdays - 1.30-3.00pm term time - Heacham Methodist School Room - c/o Marianne Baguley - (07880 364326).

Thanks to all who supported the Harvest Festival. Food donations were taken to the Purfleet Trust, King's Lynn.

Future dates for the diary

Saturday 2nd December - 2.30pm. Carols +

Saturday 9th December - Christmas lunch. (Details from Mike/Marianne.)

Sunday 24th December - 10.30am. Carol Service.

Again - ALL are welcome to join us. For further information, please contact Marianne Baguley (07880 364326) Senior Steward.

Charities we are supporting this year: Water Aid, Action for Children, Matjinge - Zimbabwe water project.

We think of all our friends whose absence we notice on Sunday mornings - prayerfully - along with members of our community, especially those feeling unwell or isolated.

..."we are grateful for "the light of Christ that shines in the darkest of places and the darkness will never quench it. The land we call holy is a dark place today; so many people being killed or injured, homes lost, hopes shattered....." "We pray with hope for the day when Christ's light will bring peace for all the people of the land." - Methodist Prayer Book

hope

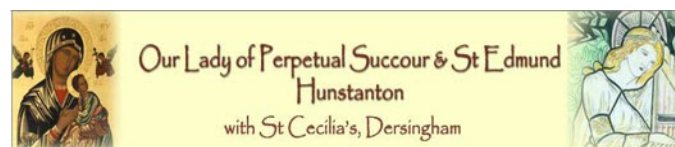
EVANGELICAL CHURCH

"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

1 Peter 1:3

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.hopeevangelical.org



Hunstanton Catholic Parish

At our recent parish meeting it was agreed that we should look at re-starting the social committee across our two churches. If you would like to join this committee to help plan and co-ordinate social activities in our parish, please contact patfucher@hotmail.co.uk

If you would like to be on the distribution list for the weekly bulletins straight to your inbox, please send your email address to hunstantonparish@rcdea.org.uk Also, if you are a new parishioner, there is a form in both church porches to fill in your details to welcome you to the parish. Feel free to ask if you can't see them.

We have regular Rosary prayer meetings at St Cecilia's every Monday from 2pm and there is also a Mothers Prayers group which meet at 2.30pm Monday fortnightly at OLSE.

The Pope's prayer intention for **November: For the Pope.** We pray for the Holy Father as he fulfils his mission; may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.

The Pope's prayer intention for **December: For persons with disabilities.** We pray that people living with disabilities may be

at the centre of attention in society, and that institutions may offer inclusive programmes which value their active participation.

Sr Danuta is guiding a regular parish study/discussion group at the Convent every Tuesday 4.00-5.00pm, looking in more depth at the readings for the following Sundays. Anyone who is interested is welcome to come along to any of the meetings and take part.

Please contact the Convent direct about daily Masses there on tel. 01485 532837.

For Parish news including Mass times and prayer requests, please see the **Parish News** page on our website. For information about live streamed Masses in the Diocese and related matters, including Coronavirus updates see the **Links** page of our website:-

www.hunstantoncatholicparish.org

The Sunday Masses are at 9am at Mountbatten Road, Dersingham, and 11am at OLSE Sandringham Road, Hunstanton.

Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday, and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org

Email: hunstantonparish@rcdea.org.uk

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: **parishpriest763@gmail.com**

STUDIO @ 55

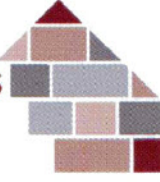
Make your own lino-cut prints
or Christmas cards at one
of my workshops.

Saturdays and Sundays
from 14 October 2 - 4 pm.

Xmas is coming ... book now.

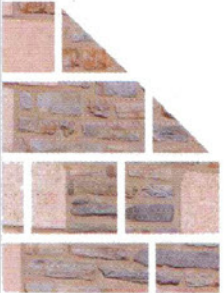


Contact me for more information:
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Feature of the Month –

Adele Parks M.B.E is a well-known and successful English writer with twenty-two published books to her name. Many of these are contemporary novels - often domestic psychological thrillers - and two are historical novels, including the '*Spare Brides*' shown below which is set in and post World War 1.



We are also serving up '*Death with Croissants*' and '*Death with Fromage*' – two books by author Ian A Moore who is also a stand-up comedian and broadcaster. The novels are witty whodunits set in the fictional tranquil Val de Follet in the Loire Valley. They feature an English B&B owner, Robert, who loves nothing better than enjoying the quiet life. But, he has to turn sleuth when one of his guests goes missing! Let us know if he is votre tasse de thé and we will expand the collection.

Revised charges for New Book Orders

Please note that from 1st November, the £1 charge for ordering a new book will be increased to £2. Unlike the County Library service, where the £1 charge is an administrative cost to cover delivery for the book from another library, we have to actually purchase the book!

As a result of our successful grant award from the UK Shared Prosperity Fund this summer, we have been able to purchase new partition and display screens for the Library as well as items to help mount displays, such as an A3 laminator, a new printer and associated consumables. This will help both improve our space and also support small, free exhibitions and displays of local interest to the community. We hope you will notice a positive difference and will be happy to kindly fill in a very short feedback form for us. Thank you!

A free Autumn Display – 'Heacham and Horses'

We are delighted to now host this previously advertised display. As a reminder, this is a lovely look back at how horses have played a significant role in Heacham's history as well as showing horses undertaking a range of more traditional tasks. Thanks go to the 'Heachamites' Recollections Group' for putting this together. Please come along and have a look!



Local groups, organisations or individuals are still invited to hold a small display at the Library. We have the means to help you but you need to be able to supply the basic material and obtain any necessary permissions, and we do reserve the right to say whether the display is suitable or not.

For more information, please contact the Library or the Parish Council Office.

As ever, Happy Reading!

The Library Team

Enquiries: 07398 647119 or the Parish Office: 01485 572142.

Email: heachampc@btinternet.com

Library open: Mon-Wed-Fri 10am-4.00pm and Sat 10.00am-12.00 noon

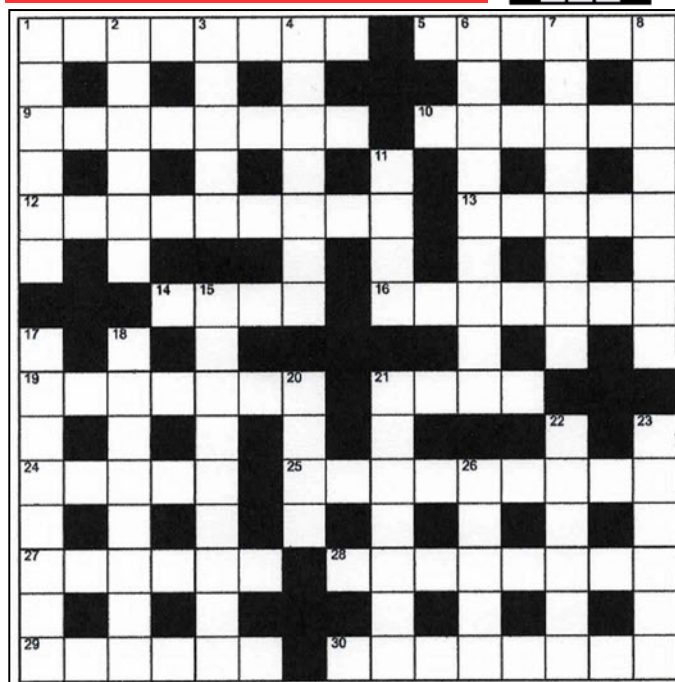
General Knowledge Quiz

Any Port in a Storm

1. What is the capital of the Caribbean island of Haiti?
2. Built by the Lever Bros. in 1888 to house employees in their soap factory, what is the name of the Model Village in the Wirral on Merseyside?
3. Nina Sayers is the principal ballerina in Darren Aronofsky's film The Black Swan and is played by which Israeli-American actress?
4. St Paul's cathedral in London is constructed mainly from which material quarried in Dorset?
5. What single word can mean (a) A large travelling bag, and (b) A word blending the sounds and meanings of two other words?
6. Based near Salisbury in Wiltshire, what is the name of the M.o.D.'s Scientific and Technology Facility used for research into biological weapons etc?
7. Who was the heroine in Shakespeare's "Merchant of Venice"?
8. What is the name of the semi-soft French cheese with a distinctive yellow rind first made by Trappist monks in the Pays de la Loire?
9. Susan Williams Ellis founded which pottery in a village in North Wales in 1960, specialising in earthenware products. It is now based in Stoke-on Trent?
10. Which Egyptian city is situated at the northern end of the Suez Canal?
11. Pompey is the nickname of which southern English port?
12. What is the name of the self-funding Public Trust established in 1909 whose responsibilities include the maintenance, navigation and environmental aspects of the River Thames?

Answers on page 34

November 2023 CROSSWORD



Across:

1. A round at golf club (8)
5. Directs people in a hurry to exit first (6)
9. Going back to wearing once again ... (8)
10. ... clothes are on ready to go (2,4)
12. Beer has head, indicating strength (9)
13. Stage has to be accommodated in gym (5)
14. Small container for jam (4)
16. Imagine having drink with model (7)
19. A clash of two beasts – it needs sorting out (7)
21. Hard to spot, being thin (4)
24. Back head of military and prepare for another conflict (5)
25. Address police officers at a series of lectures (9)
27. It's abominable being in the red with debts to honour (6)
28. Cross over river (it might cause bother) (8)
29. Select vermouth to imbibe, within limits (6)
30. Bar set high for these youngsters (8)

Down:

1. Make clear I'm about to leave employer ... (6)
2. ... it's unacceptable one should interfere. The idea! (6)
3. Guests rowdy, hosts upset – most unpleasant! (5)
4. An invention similar to 2 Down (7)
6. Flyer features a couple of seaside attractions surrounding park (9)
7. Lift to reveal dish (8)
8. Can't be seen to be guarded (8)
11. One's repeatedly passing through Oxford (4)
15. Expected top Arabian horse to be first (9)
17. Pick up and cart away (5,3)
18. A burden on the public purse? Just the opposite! (8)
20. Abigail, we are told, is accomplished (4)
21. It might prevent you from opening up store (7)
22. Fancy talk about next leader (6)
23. Take time out for depression (6)
26. She has nothing bad to reflect on (5)

Solution on page 34



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9



Another Recipe from The Prudent Pensioner

It is certainly the weather for a nice warming soup and there are some well flavoured leeks available, so I thought this an ideal recipe to share:

Leek and Red Lentil Soup

Makes approx. 800ml.

Ingredients:

Approx. 230g Leek
Red Lentils (dry) approx. 70g (see note)
1 medium size Onion or Shallot
1 stick of celery
Chicken or vegetable stock cube
Salt and Pepper

Method:

Rinse lentils well in cold water then place them in a large pan (They do froth up when boiling) and add 500ml of cold water. Bring to boil and boil rapidly for 10 minutes, stirring often to prevent lentils sticking to base of pan.

Meanwhile, trim off ends of leek and any discoloured parts. Slice leek thinly and chop a little to break it up. Place in colander and rinse well.

Peel shallot/onion and slice thinly. Trim ends from celery, clean as necessary and cut into small pieces.

Remove pan from heat, place the stock cube in a jug and strain off most of the liquid from the lentils into same jug; top up jug with hot water to reach 400ml and stir well to dissolve stock cube. Add stock with all vegetables to pan. Stir and mix well. Increase heat and bring to boiling point. Reduce heat and leave covered, simmering gently, stirring often for a further 10-15 minutes when vegetables should be fairly soft.

Strain off most of the liquid into a jug, put aside while you either put vegetables into a liquidiser or use a hand blender and whizz until pureed. Carefully return liquid to pureed vegetables in a saucepan, stirring gently to mix well.

Season to taste. Reheat stirring gently. Turn off heat, serve and enjoy.

Note: Boiling rapidly for 10 minutes was in accordance with instructions on the packet.

Due to increased costs, I have needed to slightly increase the price of my book "Less Waste more Soup" 45 easy, budget friendly recipes for nourishing soup. It is available from Ridouts Bakery in Heacham, Docking Farmers Market, By The Book in Hunstanton and Hunstanton indoor market. Robert & Christine's home shopping. It is available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems & tales)
Copies are available to borrow from Heacham Library.

See lots more recipes on The Prudent Pensioner Facebook page

Email: pru.pensioner@btinternet.com



Silent Auction

at

St Mary's Parish Church, Heacham

Saturday 18th November

10am – 4pm

At our Craft Fayre on November 18th, there will be a Silent Auction of promises. There are some lovely 'promises' to bid for. Maybe you would be tempted by a huge tin of home made biscuits, a new DAB/FM radio, a hamper of goodies from Norfolk Lavender, or a session in a Hot Tub, followed by an Afternoon Tea. Do come and look out for the Silent Auction in November. All the money raised will go towards the new Coronation Church Bell and Tower restoration.

We look forward to seeing you there.

Fun for all the family and children of any age can join in....

This year's Advent activity for Children and their Families will take the form of a community- based trail around the village, finishing at the church.

Trail sheets will be available from the beginning of December.



Heacham Parish Church

Some sheep have escaped around the village.

Help the St. Mary's shepherd find them before Christmas.....

Messy Nativity Sheep Trail

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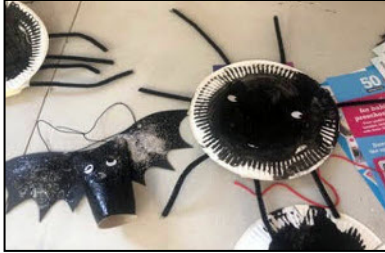


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Heacham at Night

by Terry Parish

Remember, remember, the 5th of November, gunpowder, treason and plot. Try to send a rocket up and imagine it carrying on into the starry sky or, at least, into the one above the clouds.



Fireworks. Internet

This is the month of Jupiter as the gas giant is closest to the Earth on the 1st. It is only 596 million kilometres away. Just 2 days later, a line drawn from the Sun, through Earth, would, if continued, also pass through Jupiter. The face of Jupiter is full on to us and the whole disc of the planet is illuminated by the Sun. Jupiter is at opposition and at its brightest with a magnitude of -2.9 .



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Jupiter has been bright for the last month and, in the hazy, warm evenings experienced in October, it still shone through. I saw it from the Tuesday Market Place in Lynn when nothing else was visible. Earlier, darker, and cooler nights this month mean it is a good time to turn your binoculars or telescopes on Jove. Decent binoculars held steady should reveal 3 or 4 points of light close to the planet. These will be the four Galilean Moons, those first recorded by Galileo Galilei in 1610. He saw them move and, individually, vanish around the planet and then reappear.



Top image is as you might see them. They all orbit at different velocities so probably not. Internet

He had started experimenting with a spyglass, a simple telescope and found that the Moon was bumpy, Venus had phases and that the band of light known as the Milky Way had individual stars within it. All these observations turned established ideas about the Earth's place in the scheme of things – at the centre of a perfect system – upside down. Jupiter's Moons and the phases of Venus convinced Galileo that Copernicus was right and that the Earth and other planets revolved around the Sun. A view which leads him to being incarcerated by the Church, and he had to say that his theories were incorrect. He was only pardoned in 1993.



Galileo and his small aperture telescope. Internet, good photos in those days.

The four moons are Io, Ganymede, Europa and Callisto. They have all been observed by spacecraft: Pioneer 11 in 1979; Voyager 1 in 1980; Voyager 2 in 1981, then Cassini in 2004 which orbited for 13 years and sent a probe, Huygens, to land on Titan in 2005. See them now for the first time or remind yourselves of the distant sparks which move. Io is the closest to Jupiter and orbits it in 1.8 days, its movement can easily be seen over a period of an hour. Europa's orbital period is 3.5 days, Ganymede's 7.2, and Callisto's 16.7. At times, you will only see three moons as one will be on the other side of Jupiter. If you are lucky, you may catch a moon just disappearing or appearing. Remember Galileo who made the same observations 413 years ago and wonder if Europa really does have simple life in its water ocean.

Uranus, Herschel's discovery in 1781, is at opposition on the 13th so is as bright as it gets this year being just 2,787 million km away – almost 5 times further than Jupiter! At magnitude 5.6 it should be visible to the unaided eye if it is clear, dark and you are around school age. Otherwise, good, steady, binoculars again, or a mounted telescope. You will find it somewhere between the Pleiades and Jupiter. The Pleiades, 7 Sisters, is an open star cluster you can see with your eyes as a fuzzy shape. Within it, good eyes will count up to 7 stars, binoculars reveal a resplendent cluster of many. An astronomy app will enable you to locate Uranus easily.

Saturn is still around but sets at 11.30am. Catch it around 8pm when it will be high enough and very dark. I gave some details last month. You will need a telescope to see the rings, though the planet will be relatively easy to see with your eyes as it has a magnitude of 0.8.

Get up after 3am but before sunrise and see Venus dazzling at magnitude – (minus) 4.3, far brighter than Jupiter. Look roughly east. You can find Venus at a more sensible hour, 9.45am, on the 9th. It will be butted up to the southern edge of the Crescent Moon before it slips behind it - gets occulted. A sight worth seeing through good binoculars or a small 'scope. Venus is, of course, far beyond the Moon, it will just look as if they are close. I suggest getting set up half an hour before and following Venus. Watch it disappear and pop-up again about an hour later.

Meteors again, though, at the time of writing, I have yet to see any of the October ones. On the night / early morning of the 17th /18th, the Leonid shower reaches its maximum. There is an expectation of a good show from bits of Comet Tempel – Tuttle.

Whilst looking for the Pleiades find another small glowing patch of sky, the Hyades. It is just 153 light years away so light set out from it in 1870, the year in which India was connected to the UK by an undersea telegraph cable that came ashore at Porthcurno in Cornwall. The bright orange star Aldebaran lies in the same direction as the Hyades but is just 65 light years away so the starlight we see now started off when I was 8 (answers to the editor). All you see in the sky is history from seconds ago (the Moon), 8.3 minutes past (the Sun), hours before (the outer planets) to 16,000 years (distant stars in the Milky Way) and 2.5 million years back (the Andromeda Galaxy). Use binoculars and telescopes to go on a longer journey through time.

Short again because I am ever running out of time, and I wish I had a time machine so I could keep going back to finish what I have started.

We have early dark skies now. Let's hope for clear ones. Find a planet or two and chase a falling star.

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Heacham Parish Council Chairman's Hello

Greetings all. I am privileged to serve as the Chairman of the Heacham Parish Council, and I'd like to take this moment to acquaint you with my background and offer a glimpse into what I see as our role in the community.

My Background and why I joined the Parish Council:

My professional journey has largely been that of an engineer, with nearly three decades in the Royal Air Force and 16 years as a project manager - primarily with Cambridgeshire County Council. I was instrumental in the development of new road and cycleway infrastructure, office and building development, the management and letting of huge contracts and I contributed to projects such as Cambridge City Deal and the A14 upgrade.

I've had the privilege of calling this picturesque village my home for over eight years now. I retired from my professional career in February 2021 during lockdown and officially became a pensioner in one of the best villages in the UK. It comes as no surprise we get so many visitors here.

I joined Heacham Parish Council in the summer of 2022, spurred by a meeting held at the public hall to discuss the Old Dairy site. My background as a project manager led me to believe that my skill set could be a valuable asset in supporting the Parish in this endeavour. Interestingly, the Dairy site project did not require my skills. When I looked in detail the Parish had done a great job in getting the site through design and planning and finding funding.

However, despite this, delays and spiralling costs, mostly caused by the fall-out from the Pandemic, forced the Parish Council to have to re-evaluate the project and in the interim, a promising opportunity arose for the Parish to acquire the current council office - The Clinic - a financially sound decision and one we are in the process of working towards.

Furthermore, we are carrying out a market testing exercise to ascertain if selling the Dairy site might prove beneficial for our community. Since buying the Dairy site, its value has increased and potentially its sale could partially fund redevelopment of the old council office.

What do we do?

The role of Heacham Parish Council is quite broad, an overview of just some of our areas of responsibility are:

1. **Local Representation:** We are your voice, advocating for your interests and concerns with higher tiers of government, such as district or county councils.
2. **Community Services:** We oversee or support various local services, including the management and maintenance of recreational facilities, parks, allotments, open spaces and the organisation of community events.
3. **Planning and Development:** We provide vital input on local development proposals, land use and housing, complemented by the Heacham Neighbourhood Plan, adopted in June 2022.
4. **Overview, Maintenance and Improvement:** We shoulder the responsibility of monitoring, maintaining and enhancing local amenities, including footpaths, street lighting, and public buildings.
5. **Communication and Engagement:** We engage with the community through public meetings, and other channels, to solicit input on local issues and policies. You can attend any meeting of the Parish Council, and at Full Council meetings you can ask questions or make observations.
6. **Finance and Budgeting:** We manage budgets and determine the precept to fund our activities and work and we set budgets for the stuff that keeps the village working
7. **Environmental Initiatives:** We are engaged in local environmental projects, addressing concerns like tree planting and understanding and challenging on water quality issues in our area.



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8. Community Wellbeing: Our efforts are geared towards enhancing the general well-being and quality of life within the parish by addressing diverse and often competing community needs.

All of this is supported by the excellent and committed Parish staff, community volunteers and contractors. The people in the background that keep the village working.

The Parish Council

The make-up of our Parish Council is a reflection of democratic principles, with all members elected through the established electoral processes. In the most recent election held earlier this year, there was a notable shortfall in applications, and a number of long serving Councillors sadly retired. Currently, we find ourselves in need of three new Parish Councillors.

Why do we do it? It's certainly not monetary gain, as none of us receive any payment or direct benefit for our services. Rather, it's a sense of community, a shared sense of purpose and the chance to support various groups and initiatives that motivate us. We are a varied lot, and that gives us an opportunity to put our take on decisions we are asked to take.

Why be a Parish Councillor?

To become a councillor, you need to be 18 years or older, and we actively encourage young people and those in employment to join our ranks as well as retired people, I think diversity is the key to progress in the village and differing age groups are a voice for their generation.

The rewards range from invaluable experience and the opportunity to help shape the community's future, to having a say in our actions and decision making. If you are currently looking for work, many employers favour people who have a history of volunteering as it helps develop communication and other skills, demonstrates work experience, values and ethic, and shows an interest in professional growth. It can be a great

addition on your CV. Furthermore, the time commitment for a councillor is modest, typically involving just about 5 to 8 hours per month, though many of us devote much more.

So, let me stress this – age and employment status will not stand in your way. We require individuals from all walks of life and interests to contribute to the ongoing growth and rich diversity of Heacham, to support our vibrant and thriving community.

Talk to Us,

Heacham is a remarkable village and a great place to live. We want to make it a better place. We are here to listen; you can talk to us and we want you to. If you type Heacham Parish Council into a web browser you will reach our website. Or pop down to the office, the staff are friendly and welcoming. It's your community, become involved.

Paul Rawlinson
Chairman, Heacham Parish Council

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Borough Council News Heacham, Sedgeford and Fring

Time passes, November 2023, around 7 years since the Cheney Hill developments raised their, largely, unwelcome heads. We shall have to see what people think of them now that they are emerging into the light. A meeting between the developers and the Parish Council is scheduled, at the time of writing, to take place on the 18th October. I may have been there. All I can say, now, is that, thanks to the Heacham Neighbourhood Plan, the houses will be for primary residence, not second homes or holiday lets. Whether they are useful to people who live and work in Heacham or nearby remains to be seen.

Conversations continue, I hope, about homes being planned on the old school site in Sedgeford. They will have to be principal residences too and the desire is to have ones that locals can afford. The County Council oversees that development, but I would like the Borough to have some influence.

My Borough work has been diverse, but trees seem to be a feature. I have arranged for the new arboricultural officer to make several stops in Heacham.

I visited Heacham Junior School, had a tour before school started, met with some staff, appreciated the start arrangements, and then spoke to all pupils at an assembly. They asked me very good, unrehearsed (an exemplar for the Borough Council), questions about me and my job and I emphasised that things happen to you, opportunities occur, that you would likely not think of. Consequently, the best way to be prepared is to learn all you can – and build up your skills. I was very impressed by the school as I was by the infant school at a visit last year.

I had a meeting with the Sandringham Estate about the traffic and other impacts of the Bank Holiday concerts. After discussion

they asked me what I would like to happen at future events. I said, 'No four-day events; not on a Bank Holiday; more communications with local Parish Councils, and more discussion with the Borough.' Whether these or some of them will come to pass we will have to see. The King's Lynn evening economy, apparently, 'saw the biggest drop in footfall since monitoring began, 15 years ago (excluding the pandemic) – some 70% to 80% fall between 8pm and midnight'. And, a respected Hunstanton trader said, 'This Bank Holiday was a disaster for Hunstanton – down on previous years due to the mismanagement of the traffic system'.

Terry Parish
One of the Borough Councillors for Heacham Ward which includes Sedgeford and Fring

THE BOROUGH

A busy and diverse month for me. The importance of skill building; environmental matters, and a touch of finance were major themes.

I met with several individual Parish Councils and also invited all Parish Council Chairpersons, or their representatives, to meet with me at the Town Hall. Around 50 attended for an agenda which included planning matters; vexatious actions by parishioners; Parish Council recruitment, and communication with the Borough. Both meetings concluded that they were worthwhile. Action points include providing better consultation over planning matters, some guidance on legal issues, and simpler ways of getting to the right people in the Borough. Recruitment of new Parish Councillors is of growing concern, and I urge anyone reading this to think about joining their Council, if there is a vacancy, or volunteering to help out in the meantime. Look where it got me, or maybe not.



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Internal meetings included ones associated with BOOST, the programme which provides a 'catch up' for older school students and young adults. Funding from this originates with the Towns Fund but this element runs out next year. Other funds beckon and I will look for further funding opportunities into the future. BOOST dovetailed into a meeting with the College of West Anglia who exist to enable students to acquire skills and do it well. I congratulate their participation in World Skills UK.

I had a meeting with a Headteacher of a High School and followed this with an extensive tour of its facilities, meeting staff where possible and observing procedures. I was very impressed and am confident that knowledge and skills are being well imparted. I will follow this up by joining a meeting of all secondary HTs. I did attend such a meeting of primary HTs at the Town Hall. I heard an interesting presentation about raising the skill levels of teachers so that they are better prepared for career advancement. I also enjoyed the obvious rapport between headteachers and will ensure opportunities for these meetings, hosted by the Borough, continue. So, from dips into primary, secondary and college, I am confident that West Norfolk has the seeds by which improvements to all aspects of the community will be driven forward.

There is a bid into NCC to access some government underspend that has been offered (linked to the proposed devolution deal). We have submitted plans for a second phase of the nursing school based at the College. In addition, Health Education England are supportive of dentistry related training - dental hygiene, dental nurse training - and, maybe, these skill sets could come to Lynn. I am asking Council to support such opportunities as and when they become available and, to this end, an Independent Partnership motion to Council was made in October (after time of writing of this article).

Environmental matters I have been involved in are: Environmental Agency reports into sea defences from Hunstanton to Wolverton, sea water pollution particularly, but not exclusively, at Heacham, and a briefing I asked for on Nutrient Neutrality.

I have been criticised for reporting the facts, provided by the EA, about sea defences. I did so to ensure clarity in what is their current position. It appears the pot was stirred and motions at County and, on the agenda (19th October), at this Council will request a different approach. By the time you read this I will have written to the appropriate people regarding financing for current protection against sea intrusion. Next year I will start the process of looking at the matter as it relates to planning and land availability to seek to provide some long-term security in case it is needed.

I had an interesting meeting of District Leaders held at Dereham. An item on the agenda, due to this Council's interest, was business rates and how they are distributed. How the pooled funds are allocated is decided by a vote of District Leaders. An option 1 was agreed two years ago which is estimated to return just £0.7m to West Norfolk from the £1.7m it garners. An option 2, which I asked for, would have returned us £1.114m for the year 2024/25. Option 3 would have also benefited all members of the pool except Norwich and NCC. Despite this, all districts, except us, voted to continue with option 1 as, 'It has worked well and/or it is the recommendation of our finance officer.' Strange but true.

NCC, recognising that we lose out, may be more generous towards projects that come along. This may or may not be true, but projects are capital funds and likely lead to more revenue being spent whereas business rates can be used for appropriate revenue funding (things that need doing rather than things someone would like to do).

The second significant agenda item at District Leaders was the proposed County Deal. The collective unanimity of DLs which was displayed about business rates dissolved. Suffice it to say that everyone seemed to 'agree' that the proposed County Deal did not have sufficient money; proposed governance arrangements, though improved, were not good/secure enough, and District Leaders should have been involved from the start of the process. However, it remains the only deal on the table and, although others have delayed decisions (Suffolk for a year I believe), District Leaders agreed it should be seriously considered. I will be astonished if County Councillors do not recommend it at their Council in December. All Borough Council members will have a chance to comment at our November Council but none, excluding those who are also County Cllrs, have a vote on the matter.

Terry Parish
Leader of the Borough Council



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Heacham FC



THE TEAMS:

1st Team:

The cup run continues in the Isuzu FA Vase after a 2-0 win at home against Dussindale & Hellesdon from the Thurlow Nunn Division 1 North. This now means the team has reached the 1st Round Proper (another historic day in the club's history) and now have a difficult tie away to St. Panteleimon, who are currently sitting top of the Spartan South Midlands League, on Saturday 21st October k.o. 7.45. This game will be played at Potters Bar Town F.C. ground.

In the league the team have had a mixed bag of results recently and possibly would consider that a few points have slipped away. However, one stand out game was the local derby win at Downham Town. Having lost to Downham twice last season, the team came from one goal down at half-time to win 2-1 and end Downham's long unbeaten home record (in the league), that had stretched back nearly 2 years.

Results have been as follows:-

Lost 0-3 away v Soham Town Rangers
Won 2-1 home v Sheringham
Won 2-1 away v Downham Town
Lost 2-3 home v Ely City

Forthcoming fixtures:-

OCTOBER

Saturday 21st away v St Panteleimon k.o. 7.45pm - FA Vase 1st Round Proper
Tuesday 24th home v Dereham Town k.o. 7.45pm - League Challenge Cup
Saturday 28th home v Mildenhall Town k.o. 3pm - league

NOVEMBER

Saturday 4th away v Long Melford k.o. 3pm - league
Saturday 18th away v Kirkley & Pakefield k.o. 3pm - league

DECEMBER

Saturday 2nd away v Mildenhall Town k.o. 3pm - league

Information on all this season's fixtures are available by picking up a 2023/24 Fixture Card, which will be available from various outlets around the village and, of course, from the ground. A digital fixture list can also be found on the Heacham FC Supporters Club Facebook page.

Unfortunately there will be no Reserve team this season but the good news is that the club are pleased to announce that there will be an Under 16s side this season competing in The Norfolk Combined Youth Football League (Under 16 Premier League).

Heacham F.C. U16s

The team currently sits second in the league table and have also progressed to the next round of the Norfolk FA County Cup (John Savage Cup) after beating Dereham Town Youth F.C. U16 2-0 at home.

Recent league results have been as follows:-

8-3 win at home v Old Catton Juniors F.C. U16 Pumas
2-5 loss at home v Sheringham F.C. U16
7-5 win at home v Caister F.C. U16 Gladiators

The following fixtures have been released and note games are usually 10.00am k.o:-

Sunday 29th October away v Sheringham F.C. U16 - league
Sunday 5th November away v Norman Wanderers F.C. U16 - 4Trophies Cup 3rd Round
Sunday 12th November home v Norman Wanderers F.C. U16 - league
Sunday 19th November home v Attleborough Town F.C. U16 - league
Sunday 26th November away v Old Catton Juniors F.C. U16 Pumas - league

Note: Fixtures are subject to change but you can keep up to date with any changes by visiting facebook:-

Heacham Football Club Under 16s or Heacham FC Supporters Club

The team are currently looking for sponsorship for Players, Match Days, Match Balls, Match Day Polos & Hoodies. If you would like to get involved with any sponsorship for the U16s, then please contact Mark McDonnell on 07392 831608.

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Programme Advertising

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Prices start from £40 for a 1/8 black and white, whilst the premium full page colour is priced at £200

Programme Sponsor

We are pleased to announce that Graham Hagger will be our matchday programme sponsor for the 2023/24 season.

Many thanks to Graham for his continued support of The Magpies.

Matchball Sponsor

We are pleased to announce that The Heacham FC Supporters Club will be our matchball sponsor for the 2023/24 season.

Many thanks to them for their continued support of The Magpies.

2023/24 General Pricing Update.

Following a club meeting we can now share the prices for this season. We have taken on board the current economic climate, and frozen as many prices as possible, in areas where there is an increase, we have kept the increase to a minimum.

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Matchday Programme

We are pleased to confirm the matchday programmes will remain priced at £2.

Matchday Drinks & Snacks

Again we are pleased to announce that initially prices will remain at last season's prices, we will be keeping a close eye on our purchasing costs.

Matchday Admission

With another step up in the Football Pyramid, comes additional operational costs.

We have conducted a benchmarking exercise, comparing our new pricing structure against other teams in our division, and we still compare extremely favourably.

Adults - £6

Concessions - £4

Children - £1

The Football Club offer various forms of sponsorship/advertising and if you are interested in getting involved with the Club then please contact the club for further information of the packages available by email at:-

commercial.heachamfc@gmail.com

Pin Badges

The Official Heacham FC pin badge and the Anglian Combination Premier Champions 2021/22 pin badge are now priced both at only £3 each and both can be purchased on match days but they are also available from behind the bar at The Heacham Sports & Social Club.

Match Day Programmes

Did you miss collecting any programmes last season? There are a limited number of programmes still available from some

games. Please get in touch (email address shown below) with any requirements you have and I will check our stock. There are also a few programmes available from this season.

The 2023 "50/50 Club"

The October winners were:-

(No11) - Mark Pishorn who wins £45

(No.96) - Dave Page who wins £22.

Congratulations to both our winners. The next draw will take place mid November.

The 2024 "50/50 Club"

Details have now been released on how to join for next year:-

- Numbers from "No.1" are available to buy for a one off annual payment of £12 per number.
(Note: people who are already in the current 2023 "50/50 Club" will have first option to renew their current number(s) but other numbers will be made available.)
- 12 monthly draws starting January 2024 (equates to only £1 per month.)
- You can purchase as many numbers as you like
- Size of the prize pot will depend on how many numbers are sold.
- 2 monthly prizes (eg if 100 numbers sold, prizes of £35 & £15: if 120 numbers sold, prizes of £40 & £20.)
- Numbers purchased will be entered into every monthly draw - so you could possibly win more than once throughout the year.
- 1st Draw - Sat 20th January 2024 after the home game against Soham Town Rangers.

To reserve/request a number, please contact Denis Cooper via:-


- Heacham FC Supporters Club facebook page
- Personal message on facebook
- E-mail: **deniscooper06@aol.com**

TO BOOK CALL
01485 536010

The Fountain
Sports Bar

Open to all!

FOOD SERVICE: Sunday to Thursday - 10am to 7.45pm, Friday & Saturday - 10am to 8pm
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 <https://www.facebook.com/FountainSportsBar/>

Seniors **LUNCH CLUB**

Tuesdays & Thursdays
11am - 3pm

2 COURSES £13.50

To book call
01485 536010



Festive Lunches

4th - 22nd December
12noon to 3pm

2 COURSES £16.00

3 COURSES £19.00

Booking and pre-orders required.

To book call
01485 536010



EAT • DRINK • WATCH

The Fountain Sports Bar & Restaurant,

Searles Country Park, South Beach Road, Hunstanton, Norfolk PE36 6BB T: 01485 536010

Payment to be made by Tuesday 9th January 2024. Payment can be made by cash or by bank transfer (account details/sort code will be made available upon request). Unfortunately, the Supporters Club are unable to take card payments.

Supporters Club News

October's Members Monthly Draw Winner of £25 was Steve Copeland (membership no.126.)

The next draw will also take place mid November.

Supporters Club Membership for the new season is now available and for the 4th consecutive season the cost is still only £5 to join. Full details of benefits etc will be on our Facebook page.

If you require any further information on any of the matters mentioned, then please contact me on the email address shown below. You can also keep up to date with all the latest news on our Facebook page:- Heacham F C Supporters Club.

"COME ON HEACHAM"



Denis Cooper
Chairman/Secretary
Heacham F C Supporters Club
Email: deniscooper06@aol.com



Phyllis Sanderson

Through your Parish Newsletter the League of Friends would like to pay tribute to Phyllis Sanderson on the occasion of her last Car Boot Sale for this year. Phyllis has been a stalwart fundraiser for the League of Friends for many years, during which time she has raised thousands of pounds for our charity. She has certainly contributed towards us fulfilling the charity's objectives "to raise money for the purchase of equipment and amenities for the benefit of both patients and staff in our local hospital and in the community." We are continually grateful to Phyllis for her regular contributions and the fact she has done this for so many years.

We are aware that Phyllis has friends who support her at the Car Boot Sales and we would also like to pay tribute to them as they enable Phyllis to continue her fundraising. We also understand that the Social Club gives Phyllis support by providing her with a table free of charge and we would like to thank them also and we must not forget to thank those villagers who give her support with their donations.

Penny Hipkin
Chairman

King's Lynn Hospitals League of Friends

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QUIZ NIGHT

FRIDAY
24th NOVEMBER
7.30 p.m. start
Club opens 7.00 p.m.
Entry £2 per person

For further information on this and other events visit
www.anmerclub.com or facebook.com/AnmerSocialClub
or email: anmer.club@outlook.com

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New Members Welcome

Raffle

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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (SG)

CHAT Club 2nd Monday of the month 10am – 12noon Hunstanton Community Centre

Hunstanton Community Cafe 10am – 1pm Community Hub, Hunstanton Town Hall

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 2:30 Mental health drop in support at 4 Poplar Ave. tel 01485 572707

Coffee Morning Sunnyside Close (Retirement Housing for 60+) 10.30am Tel : 570492

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Stretch and Relax Classes 10.30 -11.15am Dersingham Village Centre. To book contact Kyra on 07968354431 or kyracruise7@gmail.com

Fitness Pilates 10.45 am Contact Jaime (see Fitsteps) (SG)

Walkfit 12.00 noon Contact Jaime (see Fitsteps) (SG)

Seated Fitness 12.45 am Contact Jaime (see Fitsteps) (SG)

Craft Club 2-4pm every week (ex Bank Holiday) (PRH)

Heacham Wives Group – 2nd Monday of most months 2pm at Cunningham Court Community Hall. Contact Joy Waldron Tel: 07594616597

Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

Strength & Balance Class 4.40pm Hunstanton Conservative Club.

Walking Football for the over 50s 5pm Astroturf pitch at

Heacham Social club. For more information contact Heacham Walking Football on Facebook or Steve Watson on 07931 383401.

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Line Dancing 6.30– 8.30pm Hunstanton Community Centre. £5.00. Tel: Louise on 07722124941.

Fitsteps 6pm or 6.45pm (times vary) and **Fitness Pilates** 6.50pm or 7.35pm (times vary) at Ingoldisthorpe Church Hall.

To book: Jaime 07765433100 or jaimefitsteps@gmail.com
Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details

Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Heacham In Bloom 3rd Monday Monthly 7pm (PC)

Hunstanton and District Community Voices 7.00pm every Monday, The Way Christian Fellowship Church Hall, Downs Close, Hunstanton. First week free, no singing experience required. For more information contact lesley.trebbick@btinternet.com or ring 07802 879976.

Spiritual circle and Development Group, alternate Mondays 7.20pm for 7.30 - 9pm in Heacham. £8 per session. The session includes healing meditation, guided meditation, mediumship and awareness sessions. Contact Margaret on 07951402717. For more information..

Heacham & Sandringham Camera Club meets 1st Monday of the month 7.30pm at Babingley Social Club

Watlington Jazz Club 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

Princess Theatre, Hunstanton

NOVEMBER 2023!



4th



5th



9th



10th



11th



17th



18th



19th



25th

BOOK NOW!

Call The Box Office: 01485 532252 www.princesshunstanton.co.uk

Cash Bingo 8pm United Services Club, Homefields Road, Hunstanton

TUESDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 2:30 Mental Health Drop In Support and 10:30 - 2:30 Recovery Support Group at 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)

Gentle Pilates and Exercise Class (seated) 10.15am and 11.15am Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Coastal Stroke & Support Group 10.30am – 12.30pm at Hunstanton Methodist Church Austin St

Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485 532280

Friendship Lunches 1st Tuesday of each month. 12.30 pm Two-course meal £7. To book call Shirley on 01485 540644 at Dersingham Village Centre

Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

Cafe for the Bereaved 2pm Fortnightly – starts February 15th Hunstanton Library. 01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library

Social 50/50 Dance 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

The Fellowship 2.45pm Fourth Tuesday of the month (MC)

Pilates (mat) 5pm and 6.15pm Dersingham Methodist Church Hall. Contact same as 10.15am class.

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC) Playing Fields

Norseman's Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3 at Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

Fire Cadets at Hunstanton Fire Station 6.30 – 8.30 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919492236

Brass Band Practice 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

Parish Council Mtg 3rd Tuesday monthly 7pm (PC)

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

Poker Games (friendly) 7:30pm United Services Club 11am – 12 noon Hunstanton Library

Village Cinema last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

WEDNESDAYS

Docking Market 9am-1pm in The Ripper Hall Local Produce, Craft and Gift Stalls Tel: 576233

Sallywags Parent, Baby & Toddler Group term time 9.30 – 11 am £2.50 Tel: Jo 07395 077622 (SG)

Family History One to One 10 -11am Hunstanton Library 01485 532280

Scrabble 10am Hunstanton Conservative Club.

Tai Chi Beginners 10 -11 fortnightly Hunstanton Town Hall, . £8 To book or for info call Maggi on 07951402717

Tai Chi for people with less Mobility 11.15- 11.45am. fortnightly Hunstanton Town hall £4 per session. Contact Maggi for more information on 07951402717.



JOIN US FOR THE

CHRISTMAS CAROL MURDERS

FRIDAY 8TH DECEMBER FROM 6.30PM

Join a reformed Ebenezer Scrooge who is once again visited by Ghosts of Christmas with a mission - someone is murdering the Cratchit family. Can you help unmask the murderer?

TICKETS £49 PER PERSON

INCLUDES: 3 COURSE DINNER | MURDER MYSTERY | DISCO

For more info or to book your place call 01485 536002

Searles Leisure Group, South Beach, Hunstanton, Norfolk PE36 5BB | www.searles.co.uk



Seated Tai Chi 10.30 – 11.30 first and third Wednesdays of the month. Contact Allan on 07960229726 for more information. Wheelchair accessible. (PH)

The Old Schoolgirl Friends of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am (MC)

Just a cuppa 11am Hunstanton Library 01485 532280

Carvery Lunch from 12noon - 2pm at United Services Club. One course for £7.95, two for £9.95, To book - 07901 524778

Noah's Ark Toddler Group 1.30 - 3pm term time, £3/family. Tel: Marianne Baguley 07880364326. (MC)

Trefoil Guild 1st Wednesday of the month 2 - 4pm For info please ring Judith on 01485 571311. (NC)

Job Support 2 - 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Tea Dance 2 – 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Tai Chi & Kung Fu 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm–7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

Hatha Yoga 6.30 – 7.30pm. Ring Bridget on 07477 335155 or just come along with your own yoga mat. (OFH)

Whist 7pm Hunstanton Conservative Club

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Snettisham Garden Club last Wednesday of the month 7.30 – 8.30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Table Tennis Club 10am (PH Top Room)

Pop-Up Coffee Shop 10am – 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Coffee Morning 10am - 12noon (1st & 3rd Thursdays) at The Salvation Army, Alma Road, Snettisham

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 – 15:00 Older Persons Group and 14:00- 15:30 Men's Recovery Group at 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 – 11.15am Dersingham Village Centre. Details as on Mondays.

Craft Club 2nd Thursday of the month, 2pm - 4pm at The Salvation Army, Alma Road, Snettisham. Bring your own project if you like.

Ringstead Art Club meets weekly 2am – 4pm Ringstead Village Hall. Monthly workshops Contact: Pauline Atkinson atk_hornbeams@yahoo.co.uk or Lois Carrick loiscarrick21@hotmail.co.uk

Norfolk Knitters Cunningham Court 2-4pm. Every 2 Weeks. Contact Suzanne Cameron 03701924796

Craft and Knit and Natter 2 – 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Tea Dance every week. Old time line dancing and sequence 2pm – 4.30pm at the Public Hall. Call George 01775 670294

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

Judo 5 - 6pm 3 - 6 year olds; 6 - 7pm 6 - 11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free) . Call Josh 07432 586668 (PH)

Hunstanton Bridge Club 'Duplicate Bridge' 6.30pm for 6.45 pm. From Sept 16th at Old Hunstanton Village Hall

1st Heacham Cubs ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Jemma 07962 611122 (SG)

St Mary's Snettisham, Thursday Suppers - 7pm at Park Farm Visitor's Centre - a good meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Hunstanton Army Cadets Hunstanton Community Centre 7.00-9.30pm Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

Hunstanton and District Camera Club 7.30pm, first and third Thursday of the months September to May. Common Room, Orchard Close, Dersingham.



Fridhem Rest Home

79 Station Road, Heacham, PE31 7AB

Christmas Fete

Saturday 2nd
December
2-4pm



Everyone Welcome. Raffles, tombolas', games and much more. There is plenty for all the family.

Come on by and help us raise money for our residents' activity fund.



SAVE THE DATE

Snooker League 7.30pm Hunstanton Conservative Club

RAO Buffaloes 7.30pm (HSC Top Room)

Poker Games (league) 7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Quiz Night Cash Prizes 9pm at Fox & Hounds

FRIDAYS

Friendship Group 10.30 am – 12 noon at Hunstanton Community Centre. Come for a cuppa & a chat & to meet new people. Julie – 07927 467984, Sue – 07891 506912

Pop-Up Coffee Shop 10am – 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Employment Plus pop-in service 10 am – 12 noon at The Salvation Army, Alma Road, Snettisham

Wool Crafts 11 am Hunstanton Library 01485 532280

Lunch from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

St Mary's Snettisham, Friday Lunches - 12:30pm at Snettisham Church Hall, 100 Station Rd - a light meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Raffle 1pm Hunstanton Conservative Club

Football Under 10's 'Minors' 5 - 6.30pm on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norsemans Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Hunstanton Tang Soo Do Club Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon (PH)

Cash Bingo 7pm

Cash Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Stepping Out Tea Dance last Friday monthly. £6 inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

SATURDAYS

Hunstanton Promenade Parkrun 8.55 for 9am. 5km run, jog or walk. Meet at The Salad Bowl Cafe, Cliff Parade, Hunstanton
Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Christian Youth Group 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Raffle with 'Open The Box' 1pm Hunstanton Conservative Club.

Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattsington.com

West Norfolk Tai Chi Chuan -weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch Carvery from 12noon - 2pm at United Services Club. To book - 07901 524778

Sunday Lunch from 12noon – 2pm at Hunstanton Conservative club. Two courses £8.95, please book.

Heacham Methodist Fellowship

Tuesday 28th November at 2.30pm

Speaker:- Jean Hornbuckle

'A Life in Music'



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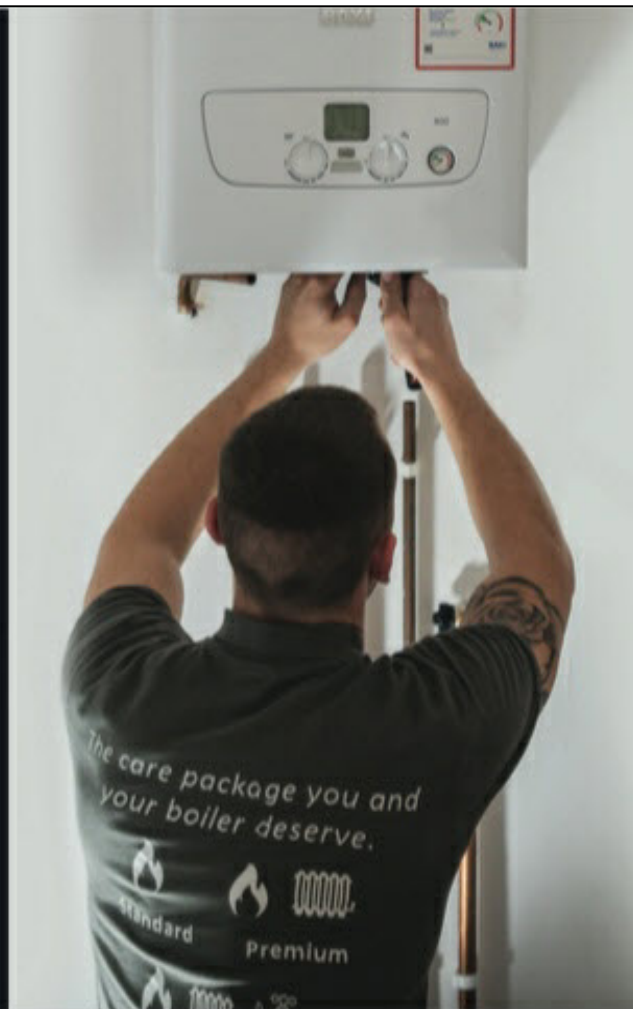
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OTHER EVENTS

November

November Events at Anmer Social Club

For info see www.anmerclub.co.uk, facebook.com/AnmerSocialClub or email events@anmerclub.co.uk

Club opens 30 mins before event start time.

Saturday 4th Bonfire and Fireworks. Club open at 6pm, fire lit at 6.30, fireworks at 7.00. Hotfogs available £2.50 - order in advance call or text 07986139210. All children must be accompanied by an adult.

Monday 6th 7.30pm Bingo £6.50 for ten cards, £1.50 for a flyer card, £2/card for cash accumulator.

Friday 10th 7.30pm Film Night 'The Unlikely Pilgrimage of Harold Fry'. £4

Friday 24th 7.30pm Quiz Night £2/entry

November Events at Dersingham Village Centre

Sunday 19th 11am-5pm Dersingham Christmas Fair. Over 30 stalls. Christmas music & pop-up cafe. Alex 07891294052.

Tuesday 28th 7.30pm Film 'The Man Who Invented Christmas' £6, under 16's £3.

Thursday 2nd November 2pm, The Reading Room Stanhoe, Stanhoe and Barwick WI. Binham Blue, a talk about Mrs Temple's famous cheeses. £5 includes refreshments. For more details contact Valerie on 01485 575261

Saturday 4th November 7.30pm King's Lynn Minster, King's Lynn Festival Chorus concert 'Voyage a Paris'. £15, under 16s free. Tickets from the Corn Exchange.



ANMER SOCIAL CLUB

FRIDAY 10th NOVEMBER 2023

Film starts at 7.30 p.m.

Doors open 7.00 p.m. Admission - £4 on the night

For further details email: films@anmerclub.co.uk

or telephone 01485 579465

or visit our website on:- www.anmerclub.co.uk



Hunstanton United Services Club

November Entertainment

FRI 3rd	DIAMOND PAULS MIXED BAG DISCO. Come and dance the night away to anything you want. 8pm.
SAT 4th	MIKE SHELBY R&R ELVIS. 8.30pm.
FRI 10th	JAMIN JOE GREAT TUNES from 50s onwards. 8pm.
SAT 11th	LEON & ALEX MALLET. X-FACTOR HOUSE FINALISTS. All decades. 8.30pm.
FRI 17th	IT'S DIAMOND PAULS DISCO. 8pm.
SAT 18th	KCR DUO. Fantastic vocals. All eras. 8.30pm.
FRI 24th	A NIGHT OF MEDIUMSHIP WITH JILL SIMPSON & BEX TARRANT. Bringing you messages from loved ones in Spirit. 7pm.
SAT 25th	CORRIE LEWIS MOTOWN. 8.30pm

EVERY MONDAY & THURSDAY CASH PRIZE BINGO EYES DOWN 8pm

EVERY SUNDAY KARAOKE with MICK 8pm

**POKER NIGHTS TUESDAY FRIENDLY 7pm
THURSDAY LEAGUE 7pm**

SNOOKER ROOM with 3 x MATCH SIZE TABLES

POOL TABLE, DARTS, & DOMINOES

**MEMBERSHIP FEE £12 per annum. £8 OAPs
Gives you free access to club & live entertainment.**

**NON MEMBERS ENTRY £2 on the door
or from the bar.**

VILLAGE CINEMA at Dersingham Village Centre

Presents on
Tuesday November 28th at 7:30pm

THE MAN WHO INVENTED CHRISTMAS (PG)

With: Dan Stevens, Christopher Plummer, Jonathan Pryce, Simon Callow, Miriam Margolyes, Morfydd Clark

Failed author, Charles Dickens, finds himself in a financial crisis. However, he uses his father as an inspiration and creates an unforgettable tale that redefines Christmas.



Doors open at 7pm

Entry £6; Under 16s £3

(Entry includes tea/coffee/squash)

Licensed Bar available

With Mulled Wine & Mince Pies



Dersingham Village Cinema is managed by
Dersingham Village Centre Association,
Charity No 1178462.
Supported by Creative Arts East



Tuesday 7th November 7.30pm King's Lynn Town Hall Classical Music Rocks concert - Anthony Flaum ~ tenor, & Siobhain O'Higgins ~ piano. Tickets: £10 on the door, free for the under 21s. Visit: cmrschoolswestnorfolk.com for more information, or contact Peter Barker on 07972 752343.

Sunday 12th November 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free

Monday 13th November 2pm Sedgeford Village Hall, The Arts Society Lecture: 'Sickert and the Camden Town Murder' by Steven Barrett www.theartsocietyynwnorfolk.org.uk

Saturday 18th November 10 am – 4pm Craft Fayre, St Mary's Church, Heacham. Variety of stalls, refreshments, Silent Auction of Promises.

Saturday 18th November 10am HDFA Craft Fair in the Town Hall, Hunstanton.

Monday 20th November 2pm Community Hall, Hunstanton. U3a. Patricia Alker telling us about the tribes of Southern Ethiopia. For further information see www.hunstantonu3a.org or call 07443 763679

Thursday 23rd November 2 – 4pm at Hunstanton Community Centre, Heacham and District Community Car Scheme A.G.M. Everyone welcome, contact: 01485 534777

Saturday 25th November 11 - 3pm Flitcham Community Centre PE31 6BP, Christmas Fare in aid of St Mary's Church. Tombola, Raffle, BranTub, Bric a Brac, Pre-Loved Items, Seasonal Food and Beverages. Free Entry

Saturday 25th November 7.30pm Village Screen Cinema, Amy Robsart Hall, Syderstone. 'The Unlikely Pilgrimage of Harold Fry' £4.00. To book 01485 578171 or syderstonecinema_ARVH@outlook.com

Wednesday 29th November 10am – noon Community Coffee Morning and More, Community Hall, Sunny Side Close.

December

Saturday 2nd December 2 – 4 pm Fridhem Rest Home Christmas Fete. Raffles, tombolas and much more.

Tuesday 5th December 7.30pm King's Lynn Town Hall Classical Music Rocks concert - Klio Blonz ~ flute & Grace Mo ~ piano. Tickets: £10 on the door, free for the under 21s. Visit: cmrschoolswestnorfolk.com for more information, or contact Peter Barker on 07972 752343.

Thursday 7th December 2pm, The Reading Room Stanhoe, Stanhoe and Barwick WI. Christmas entertainment from Stuff and Folly. £5 includes refreshments. For more details contact Valerie on 01485 575261



Christmas is coming.....

On Saturday October 28th there was a Halloween Craft Fair at Hunstanton Town Hall. There was a large display of handmade and original goods on sale from the talented Crafters that were just right for those looking for something a bit different for presents for friends and loved ones. Beautiful bags, patchwork and jewellery are just some of the things that were on sale.

On Saturday November 18th there will be a Christmas Market in the Town Hall where every kind of Christmas Treat will be on sale at reasonable prices. Handmade soaps and sweet-smelling oils are always popular at this time of year along with clever handmade Christmas Decorations and the ever-popular beautiful handmade dolls by Marion. This might be the last chance to buy these as she says she is retiring this year. Seasonal refreshments will be available from the Bearded Kitchen.

On December 1st – 3rd, the enchanting Christmas Tree Festival will take place in the Town Hall.

Here, all local groups are invited to enter a decorated Christmas Tree for display in the Hall and the public visitors vote for their favourites. There are both Childrens and Seniors categories. Past winners have included a Hedgehog tree and one in the shape of a dog from the local RSPCA charity shop. The more unusual the design the better although traditional trees can win too! There is a cash prize for the 2 winners.

Groups, schools, and charities should contact Christine Earnshaw at 2chrisearnshaw@gmail.com for entry forms and details. There is no charge for entering this event.

The Hunstanton & District Festival of Arts is a non-profit organisation and a registered charity funded by King's Lynn Borough Council and assisted by Hunstanton Town Council.

If you would like to be a volunteer and part of the fun, contact www.festival3.com for more information.

Dawn Davies

Hunstanton Conservative Club Entertainment for November

24 High Street, Hunstanton PE36 5AF
Tel: 01485 532462

The Club is open Monday-Saturday 10am-11pm and Sunday 11am-10.30pm.

November:

Wed 8th: Cream Teas from 3.00pm
Mon 20th: Coffee/Brandy from 10.00am
Sun 26th: Mulled Wine Afternoon served from 3.00pm.

December:

Sat 9th: Christmas meal. Served from 12.30pm
Tues 19th: Christmas meal. Served from 12.30pm

Yoga for U3A members on Wednesdays, Thursdays and Fridays.

Mondays: Strength and Balance Class – 4.40pm
Wednesdays: Scrabble 10.00am. Whilst Drive 7.00pm.
Fridays: Lunchtime Raffle drawn at 1.00pm.
Saturdays: 'Open the Box' draw at 1.00pm.

Cash Bingo – Tuesdays and Fridays
Eyes down 7.30pm

www.hunstantonconservativeclub.co.uk



HUNSTANTON

Our monthly meeting at the Community Hall, Avenue Road, Hunstanton will be on Monday 20th November at 2.00pm.

Our speaker will be Patricia Alker telling us about the tribes of Southern Ethiopia.

You will be most welcome to join us. For further information please see our website: www.hunstantonu3a.org
Telephone 07443763679.

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News from Hunstanton Croquet Club

PLEASE LET US KNOW IF YOU HAVE A MALLET TO SELL!! (We have new members still looking to buy a mallet for next season.)

It's hard to believe, but by the time you read this, our season will be over - the last competitions played, the last club afternoons held, the presentation lunch eaten and enjoyed, the AGM held and the club put to bed for winter.

It has been a busy 7 months. Looking through our diary, at least 2,000 people have walked through our gates to enjoy the facilities offered - three organised club afternoons every week for members, individuals booking lawns for their own games, tournaments hosted, a course for U3A members, evenings held for groups - that is an awful lot of cups of tea and coffee and many biscuits consumed! Thank you, Ellie, for keeping us fuelled!

Our thanks as always to Jonny for all his hard work keeping the lawns in such good condition and all the volunteers who put in so many hours behind the scenes - without them, the club would not function. You know who you are!

The committee remains active throughout the off season, so if you have any questions or are planning your diaries for next year and want to book a session for your organisation, do not hesitate to get in touch via the contact us page on our website www.hunstantoncroquetclub.co.uk or email me, Caroline Harper - littlehumph@gmail.com

Caroline Harper



Above: 'Wear your brightest shirt day'.



Left: Charlie Mackenzie, winner, and competitors in the Carpenter Cup.

Right: David Boxell, winner, and competitors in the Kendal Cup.



Breast of Friends Charity Fundraisers Charity Ball raises £19,000 for QEH Breast Care Unit & Chemotherapy Unit

Once again, the Breast of Friends Charity Fundraisers held another Charity ball on 23 September 2023 at Briarfields Hotel Titchwell, this year managing to raise a fantastic £19,000. The beneficiaries of this amazing fundraising will be the Queen Elizabeth Hospital Breast Care Unit and Chemotherapy Unit. They will equally receive donations totalling £9,500 each.

The fundraising events this year have included a Race Night at Dersingham Social Club and the Charity Ball. The volunteers/friends are a team of fundraisers, some of whom have either been through Breast Cancer treatment or Chemotherapy treatment at the QEH. The Breast of Friends team worked hard to organise the events, securing sponsorships and gathering in some great Raffle/Auction prizes from some very generous people and organisations from the local community and some nationally recognised businesses; the team are forever grateful to them for their generosity.

The Ball was attended by 170 people this year, all of whom were treated to a night of dining and entertainment. The attendees also showed their appreciation by supporting the raffle and auction on the night which helped towards the total raised at the event. The entertainment on the night was provided by Kirsty Kerr solo singer, local band Goz Unplugged, DJ L.I.am/DJ Chris Osler Vibes Disco, Josh Maddocks Magician and photos by Sarah Mason Photography. A speech thanking everyone for their support was given on the night by Jeanette Kidd; she was able to thank the amazing team, who she referred to as the "Dream Team" without whom the evening would not have been the great success it was - Deborah Wright, Claire Ling, Joanne Hazell, Jimmy Hazell, Gail Ruffell, Jeanette Kidd and Paul Kidd.

Also, the QEH Consultant Oncoplastic Surgeon Amy Burger gave a speech thanking everyone for their support and outlined the sort of things the monies would be used for in the Breast Care Unit, including purchasing a patient's first mastectomy bra following surgery and the new SCOUT radar localisation procedure for treating early-stage breast cancer.

The Breast of Friends team are holding a Fourth Ball, again at Briarfields Titchwell, in 2024 in an effort to raise more funds for both units at the QEH. The monies raised will assist in the ongoing support/treatment undertaken at both the units in providing care and support to the local community of West Norfolk and beyond in the neighbouring counties of North Cambridgeshire & South Lincolnshire.



From L-R Elaine Rudd Specialist Breast Care Nurse QEH, Claire Ling, Gail Ruffell, Jeanette Kidd, Deborah Wright, Joanne Hazell, Amy Burger Consultant Oncoplastic Surgeon QEH. Front L-R Jimmy Hazell & Paul Kidd.

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The Arts Society North West Norfolk

Life is not all "Rainbows and Unicorns"

On Monday 13th November 2023, at 2pm in Sedgeford Village Hall, Steven Barrett, an accredited Arts Society lecturer, will be giving an illustrated talk on *Sickert and the Camden Town Murder of 1907*. He tells us how this charismatic British artist of the early twentieth century was drawn to shocking and notorious subjects, especially this particularly sensational murder. Do come as our guest for £5 to see if you like our meetings. You can join as an annual member for £45 and enjoy a range of benefits – nine monthly lectures, trips and tours in the UK and abroad, special interest days, regular newsletters and magazines, and a warm welcome from a friendly society. www.theartsocietynorthwestnorfolk.org.uk

The macabre and the shocking can hold a fascination for us humans. The history of macabre is in the roots of spiritualism, mortality and demons. For artists it was the preoccupation with dark and morbid themes, from medieval cautionary tales to contemporary interventions. We humans may have an obsession, a passionate interest, for the scary, or just like gazing at something disturbing. Scary paintings can be beautiful and moving, illustrating the dark side of humanity.

Artists have always depicted the shocking in art with themes of death, violence and the supernatural. Dark art was used in medieval Europe to explore the effects of plagues such as the bubonic plague in 1347, with images of the macabre decorating chapels and halls, manuscripts and illuminated texts, and serving as visual allegories to communicate the inevitability of death and to caution against immortality. In European Renaissance art it was used to challenge the zealotry of religious ideology. The grandfather of surrealism, Hieronymus Bosch, is renowned for his landmark depictions of biblical evils, demons, human vice, and life after death. His famous triptych *The Temptation of St Anthony* (c.1500) is a scary depiction of the dark narratives of evil temptation and the lure of the devil, full of ghost-like figures, demons, and tortured souls.

Imagery, often disturbing, is used in many modern art creations, from the 1850s to the 1970s, to confront the uneasy and awkward truths of society. The artist William-Adolphe Bouguereau painted many pleasing paintings of nude youths and angels in pastel landscapes, but his painting inspired by Dante's *Inferno* of *Dante and Virgil* (1860) is completely macabre, particularly when paired with its backstory, notwithstanding the beautiful depiction of the fighters' bodies.

The famous and very popular surrealist painter, Salvador Dali, incorporated many horrid and cruel details in his paintings, as close examination of *The Face of War* will reveal. It encapsulates the ugliness of war with a disembodied head set against a desert backdrop, serpents attacking an emaciated corpse, and paints used to represent war and peace. Much of Dali's artwork found its seed in premonitions of future wars and humanity has not disappointed in its relentless desire for conflict.

There are several famous artists known for scary paintings: from Theodore Gericault (1794 – 1824), who was so obsessed with mortality that he kept dismembered body parts in his studio. His painting, *Severed Heads*, depicts decaying heads as 'mortality in its darkest hour'; to Andy Warhol (1928 – 1987) and his painting *Electric Chair*, a scary viewing to send shivers down the spine, based on a press photo of the death chamber at Sing Sing State Penitentiary in New York. He provided a stark and affecting metaphor for death, which is hauntingly grim in view of the fact that political controversy regarding the death penalty in America at that time was particularly high. 'The opus is death exhibiting death' could be said of them all.

We look forward to seeing you on Monday 13th November 2023 at Sedgeford Village Hall at 2pm. Ample parking. Tea and biscuits after the talk. Stay and chat to the lecturer. www.theartsocietynorthwestnorfolk.org.uk

Lesley Nadel



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Next talk:
Monday 13th November 2023

**Sickert and the
Camden Town
Murder**

**Lecturer:
Steven Barrett**

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Hunstanton Town Council

Wash Information and Centre Port Presentation Evening, Princess Theatre, Hunstanton 3rd November 2023 at 6pm

This is an information evening only; Hunstanton Town Council would like to stress this meeting is not a debate.

Speakers will be allowed up to 10 minutes each to talk, this will then be followed by a 5-minute public question time.

A question box will be available for members of the public to post any questions to any representative of organisations present. These will be passed on at the end of the evening.

The provisional plan for the evening is as follows:

Doors open for members of the public from 5.30pm

Meeting to start at 6pm prompt.

Timings:

6pm: Welcome and introduction to presentation by the Mayor and Chair of Hunstanton Town Council, Cllr Michael Ruston.

Outline of proposals and the nature of the evening by Cllr Robert Corby, Chair of HTC Environment Committee.

6.05pm: Leader of Borough Council Cllr Terry Parish

Outlining the Borough's response to Centre Port's proposals.

6.15pm: 5 mins public question time.

6.25pm Judith Stoutt, Eastern Inshore Fisheries & Conservation Authority

Their work in the Wash.

6.35pm: 5 mins public question time.

6.45pm: Andy Bullen, Independent Member of King's Lynn Conservancy Board, Director of specialist port and maritime media company and North West Norfolk resident.

A speaker with maritime experience, looking at the need for a Wash port, the effect of the proposals on local ports (Wisbech, Lynn and Boston), the effects it will have for businesses and the environment.

6.55pm: 5 mins public question time.

7.00pm: Break

7.15pm: Return to seats.

7.20pm: Tim Jickells Oceanographer.

7.30pm: 5 mins public question time

7.40pm: Mike Jones NWT

Looking at the ecology of the Wash and its importance to wildlife and potential impact of Centre Port's proposals.

7.50pm: 5 mins public question time.

8.00pm: James Sutcliffe CEO Centre Port Holdings Ltd

Detailing the plans for the Wash Barrier.

8.10pm: 5 mins public question time.

8.20pm: Finish with final word from Cllr Robert Corby and Cllr Mike Ruston (any other questions if time allows).

Note: Luke Douglas Holme "The Coast Runner" and Burnham Overy Parish Councillor is a reserve speaker for the night.

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MORE HEACHAM MEMORIES

Here are some more highlights of the columns printed in the *Lynn Advertiser* in 1930, written by George Alcock, who was born in the village in 1860.

Another stirring event in our village was the coming of a new shopkeeper, so greatly did little things move us. There was once a real "Corner Stone,"¹ which place still bears that name. I wonder what became of it: it ought to have been preserved as an historic relic. It lay on the corner of Tailor Heugh's house², where, at a small adjoining window, he plied his needle. That home was pulled down, and there was erected a shop named "London House." Then cheapness swept through the village, and old shopkeepers suffered. Other new premises sprang up – the real beginning of our now-enlarged village – the first being on the site of the stackyard of the present Mr. Robinson's father³. This building pioneer then bought the aged houses opposite Robert Blatchford's chosen home⁴ – which he did not keep; this had two doors in Cage-lane⁵ – and the two end ones at the back where "Scragg" Gotsell and "Furrow" Frary lived⁶. Presently he added others, and, I believe, the "Limes"⁷ hotel, on part of which site stood the old Primitive Methodist chapel.⁸ There was a butcher's shop at the corner, where another Frary traded. That I should remember; all this shows how small were the things that moved us in those far-off days.

Heacham's last thatched house to go stood on the site where now Mr. Woodbine lives.⁹ There seem to have been others in the village but I have raked and re-raked the recesses of my somewhat active memory, and it will make no yield on this point.

For many years I lived next door to Charles Row at the Malthouses.¹⁰ During that time an extraordinary feud broke out at the Malthouses. At least five families were involved: the controversy finds a counterpoint in Morrison's "A Child of the Jago."¹¹ From very small and minor causes it grew, and ultimately it became the worst domestic storm Heacham ever knew. Charlie became involved in it, and then tragedy and humour went hand in hand. Hunstanton and Docking Sessions had to deal with the factions – to hear the tales of such witnesses as he who, being asked if he saw the blow struck, replied, "No, but I heard the crack on it!" The disputes continued, and even when litigation had ceased Charlie had not ended the game. It was a habit of his before he went to work in the morning to do some housework, and to fetch a pail of water from the well at the northern end of the Malthouses. Charlie lived in the second

house from the southern end, and his antagonist in a cottage about at the middle; so each morning as he went for the water he used to howl under the enemy's window. It was a long and prolonged cry. Once a surprise in the form of not-too-clean-water awaited Charlie, but on that occasion – as if by a second sense he knew what was awaiting him – he went round by the road at the back, and there raised his war-cry.

It may be that it was from this disputation that the Malthouses derived their name of "Tiger Alley."

Eric Rhodes

Notes:

(Well-meaning but accuracy not guaranteed!)

¹ Does anyone have thoughts on this name? It would seem to have been close to 'Cannon Corner'.

² Henry Potter Heugh, a Heacham tailor for decades, appears to have lived in a cottage close in the vicinity of today's Tesco Express. Son Robert was a miller at Caley Mill (now Norfolk Lavender).

³ The fathers of the Robinsons likely to be known by local newspaper readers in 1930 (antique dealers, an auctioneer and a shopkeeper) were not from Heacham and unlikely to have had a stackyard. Possibly it was a 'typo': George **Robertson** was a general shopkeeper and dairyman and his father John was a farmer and butcher somewhere on what was known as the Snettisham Road. As to being a 'building pioneer'...?

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⁴ Blatchford, editor of the socialist 'Clarion' and friend and associate of Bellerby Lowerison of the Ruskin School ('High House'), owned 'Oak House' in Pound Lane.

⁵ Cage Lane was the name by which Pound Lane was once known (where once stray livestock could be kept until claimed).

⁶ 'Furrow' Frary actually had the rather unusual forename of Farrow. These two men lived in Pleasant Place. Interestingly, in 1891, fourteen different households are shown with a Pleasant Place address.

⁷ The 'Limes Hotel' at the end of Cage/Pound Lane is now 'The Drift' complementary health clinic.

⁸ Until 1932 when they combined, there were different 'strands' of the Methodist Church and at one time, as stated in county directories, in Heacham "there are places of worship for Wesleyans, Independents and Primitive Methodists." As this writer understands it, the present Methodist Church, originally built in 1903 on the site of an earlier one, was for Primitive Methodists and the one at the end of the High Street, now a holiday home, was a Wesleyan chapel built in 1831 and restored in 1891.

⁹ A small farm – Collins Farm – once existed and William Woodbine lived on Collins Lane.

¹⁰ The Malhouses - Malthouse Row was a terrace of clunch (chalk) cottages approximately where the 'Bushel and Strike' car park and the opening of Benstead Close are today. In 1881, the family of George Alcock (writer of the newspaper article) numbered eight members and, although Charles Row just had his wife for company, some neighbours managed to fit eight, ten and eleven into their tiny homes.



¹¹ This novel, published in 1896, based on East End slums shows how the poor living conditions influenced the behaviour of the main character.

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Well, summers over – how quick did that go!!

So, what's next? Bonfire night?
Christmas?

**CHRISTMAS!! HOW DARE I
MENTION THAT WORD.**

But think about it. It was only the other week that the schools broke up for their summer holiday, wasn't it?

Before you know it, Christmas would have been and gone, 2024 will be here and it'll soon be Easter, so get your planning head on and start thinking about that lovely Christmas dinner you'll be having.

Our butchers will be taking your Christmas orders from the end of September but why not visit the deli counter and choose some delicious cheeses and accompaniments too.

We also have a large selection of locally produced beers, wines and spirits.

There's loads of other stuff too, so why not pop over and have a look – you never know, you might even end up in Norfolk Lavender's gift shop and pick up a few (dare I say?) Christmas presents.

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4. Portland Stone.
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6. Porton Down.
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9. Portmeirion
10. Port Said.
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19. Anagram
21. Rare
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25. Discourse
27. Odious
28. Irritate
29. Finite
30. Leverets

Down:

1. Stress
2. Notion
3. Worst
4. Concept
6. Sandpiper
7. Elevator
8. Screened
11. Isis
15. Paramount
17. Carry off
18. Taxation
20. Made
21. Reserve
22. Ornate
23. Recess
26. Olive



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♦ Poets' Corner ♦

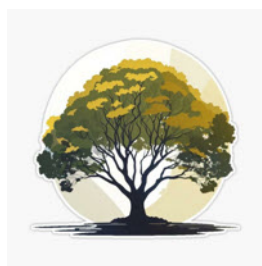
Remember the Unknown Soldier

And so, he died so all alone,
A soldier, one of our very own
Who went, to protect this land,
That gave him life, to live and stand.

Died for our lives, but he, was
Not unknown, but loved you see,
A love that lives his life again,
That never forgot his love and pain.

Times change, but they still die,
And people mourn and mothers cry,
Are we clever as the clocks turn?
We keep on killing, we, never learn.

John W



Sonnet for a Sycamore (at Sycamore Gap)

Tragedy comes with heartache, memories blown away,
The tree that we love in the place we love, gone today,
Heartless action, beauty desecrated, shed with tears,
Gone, love, hope and plans, we shared down the years.

The trees in our world bring pleasure every day,
Lifting our world from the gloom and the grey,
They are a world of their own, teeming with living,
Saving our planet and that life they are giving.

Quiet; hold your breath, still roots in the ground,
And over the years ourwith new hope, love and care.

John W
04/10/2023

*The tree at Sycamore Gap. Voted England's tree of the year
sawn down by vandals.*

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Miss Beeton Memorial Plate

A bit of history has surfaced, and thanks to the 'Your Hospice Shop', we are able to add a unique item to our living memory.

A memorial plate was handed into King's Lynn shop, and they noted the link to the Union Church. They contacted Dawn Davies, as the Union Church Secretary, and it was arranged for the plate to be transferred to Hunstanton shop.



Given to
Miss Beeton
On her marriage
In appreciation of her
Services as organist
At the
Union Chapel
Hunstanton
June 1899



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*on selected products

An update from Cllr Wendy Croucher on Hunstanton's Remembrance Day Event



**Hunstanton
Town Council**

Hunstanton Town Council's preparations for the Remembrance Day Service, to be held on 12th November 2023, are well in hand.

Cllr Wendy Croucher is currently interviewing relatives, friends of service people and their families for stories about the many conflicts that our country has been involved in. She has been offered memorabilia that will be displayed on the day, including some items from the Boer War.

Hunstanton Town Council wants to reflect that the Memorial Day Service is not just about the two great wars, it is about remembering all those who die in conflicts serving their country recently and in the past.

If you have any information about how war affected your family that you would like to share, Wendy would be grateful if you would get in contact with her via the office. She is interested in more recent conflicts especially, such as the Falklands War, and to hear what happened when the service people came home?

Also, information about the people who supported the efforts. The munitions workers, the boot makers, those who kept the home fires burning.

Interviews are being recorded and will be shown at the exhibition, due to be held in the Town Hall after the service and will also be found on the Hunstanton Town Council's new YouTube channel **Hunstanton Town Council - YouTube**

Please contact the Clerk Jan Roomes if you can help on 01485 532402.

Jan Roomes



**Hunstanton
Ski Cafe and Bar**
Hunstanton Promenade's Jewel

Join us at our Dog Friendly Café!
First Café on the right from Heacham.
Last Café on the left from Hunstanton.
Tables available every day, inside and out.
Sunday Roasts from November till Easter Sunday,
Booking strongly advised.
Traditional home-made favourites and
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We shall be closed on Christmas Day only.
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01485 524475 Follow us  



Christmas fair

Wednesday 8th November 2023
10am - 5pm
FREE ENTRY IN AID OF
The Cystic Fibrosis Trust

The Searles Christmas Fair is back this November! We are thrilled to be welcoming back a fantastic variety of local stallholders. Head to Searles and enjoy an early taste of festive fun with complimentary winter warmers!

Located in La Piazza, Searles Leisure Resort, South Beach Road, Hunstanton, PE36 5BB
Please scan QR code for more information



On Friday 22nd September, the Friday Friendship Group, supported by Hunstanton Town Council, held their annual Macmillan Coffee Morning in the town hall. The event was very well supported and so far has raised £229.66 with a few more donations still to come in. The group ran a raffle which was drawn by Deputy Mayor Cllr Eden and had a bric-a-brac stall to try to raise some much-needed funds.

A special thanks goes to "Jamm'in Joe" for coming along and donating his time to entertain everyone.

Quote from Deputy Mayor Cllr Eden "When I arrived the place was buzzing, all tables active in conversation, just what you want for a Macmillan Coffee Morning. The music from Jamm'in Joe seemed just right for the occasion too. Well done to everyone involved".



The Friday Friendship group is on every Friday at Hunstanton Community Centre 10.30am-12.00. It is open for all to come along and enjoy a cuppa and some company, entry fee £1.50.


Hunstanton Town Council would also like to take this opportunity to say a huge thank you to Sue, Julie and Hilary for providing a lot of their free time voluntarily to ensure the group is such a success.

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**Friendship
Group**

Every Friday
10.30am – 12.00noon
Hunstanton Community Centre
£1.50 per person

Everyone welcome
Come along for a cuppa, a friendly chat and
to meet new people.
The group also organises days out, film club,
grub club and much more.

For more information please contact:
Julie - 07927 467984
Sue - 07891 506912

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Town Council**
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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 21st November at 7.00pm at the Parish Office, Pound Lane.

The Full Council Meeting for December, date to be agreed, at 7.00pm at the Parish Office, Pound Lane.

Please see the Parish Council website, noticeboard at the Old Dairy Site, Pound Lane and the Parish Office noticeboard in the lobby for agendas. Council Meeting minutes will be posted on the Parish Council website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings are held in the Parish Office. Members of the public are invited to attend committee meetings if they wish.

ALLOTMENTS

We find ourselves without a waiting list once again for our allotments. This in part is due to the fact that the new year begins in October and so now is a good time to give up if needed. We have quarter (£10), half (£20) and full plots (£40) on the site so it will be a case of what is available at the time.

Please enquire at the office.

OLD FRIENDS HALL

The hall is still closed and so no bookings can be taken. We are hoping that remedial works to the wall and internal disabled toilet of the Old Friends Hall should be nearly completed by the time you read this. WATCH THIS SPACE and we will inform you when the work is completed.

DOG FOULING

Please remember as the days draw in that it is still illegal as well as unpleasant not to pick up after your dog. You may be harder to see during the darker evening but so is the poo you leave behind. If you do not pass a poo bin during your walk, then double bag it and put it in your black bin once you get home. Thank you.

STREET LIGHTING

With the days now starting to draw in, our footpaths will need lighting earlier and a light out will become noticeable. All lights within the village, apart from a few, are the responsibility of Heacham Parish Council and we would ask that they be reported to the office. When reporting a light please remember that it is the address of the light we need. If a light sits directly between two properties it will have the address of the property opposite. When reporting a light by a left phone message or email, please leave a contact number in case we have trouble identifying it, we can then get more information if needed

REMEMBRANCE SUNDAY

This year's Service of Remembrance will take place at Heacham Parish Church on Sunday 12 November. Traffic is advised to avoid Hunstanton Road while tributes are laid at the War Memorial between 10.45am and 11.20am on that day.

It would be lovely to see as many of you as possible at the memorial for the wreath laying.

RECREATION GROUND

We are pleased to say that we have (thanks to Edd Hammond and helpers) a newly painted and repaired fire engine and baby swings at the recreation ground. Thank you very much to them for their hard work

PUMPKINS

Now that Halloween is over remember you can leave your pumpkin out for the birds. But don't leave it on the ground as it will encourage vermin and it will be accessible to Hedgehogs; pumpkins make them ill.

SAFETY IN THE WINTER

The nights are closing in. Please ensure you lock your doors and windows after dark. Only answer the door if you know who is on the other side. If you are struggling with heating your home or sourcing affordable food, please call the Parish Council and we will help in any way we can.

COMMUNITY COFFEE MORNING

We hope the Old Friends Hall will be back in action for the monthly coffee morning. If not, it will again be held in the Community Hall at Sunnyside Close. Come along on the 29th November and enjoy great cake and a cuppa whilst meeting some new or old friends; it only costs £2! There is also a quiz to entertain you and a raffle. 10am until noon every last Wednesday of the month.

!!WANTED!! PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's Fourteen Councillors need another three to join them to help look after the village.

You would need to be able to commit a few hours each week to attend meetings and to get involved with the work of the Council.

If you are interested, please call in at the Parish Council Office, or contact the Clerk, Sue Eke, on 01485 572142 for more details.

SOCIAL MEDIA

Just to remind everyone that any opinions or responses have to be agreed to by ALL Councillors and so immediate responses are not allowed. Questions can be sent to the Office and passed for discussion to Councillors.

HEACHAM PARISH COUNCIL OFFICE

The office is open to the public on Monday to Thursday 10am until noon. There is someone in the office Monday to Thursday until 5pm and Friday morning to take telephone calls. It is also possible to make an appointment with the Clerk at other times. Please feel free to pop in with any enquiry you may have.

Any queries should be addressed to:

Heacham Parish Council Office

Jubilee Clinic Pound Lane Heacham

Norfolk PE31 7ET

Tel 01485 572142

Email: heachampc@btinternet.com

Website: heachamparishcouncil.norfolkparishes.gov.uk

HELP LINES

HEACHAM GROUP PRACTICE 01485 572769

Heacham Surgery MON TO FRI 08.30 TO 18.30
Snettisham Surgery MON TO WED 8.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR 111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST (Boots) 570297

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 DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN MON, TUES, WED, THUR 10:00 - 12:00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

TERRY PARISH 07885 258428

ANDREW JAMIESON UNAVAILABLE

NORFOLK C.C MICHAEL CHENERY 07920 286638

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HEACHAM POST OFFICE 570330

OPEN MON-FRI 09.00 - 13.00, 14.00 - 17.30, SAT Closed

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

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COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613

POLICE 101

SAMARITANS Freephone **116123** or (local charge) 0330 094 5717

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ELECTRICITY (UK Power Networks) 0800 3163105

ANGLIAN WATER 0800 771881

GAS ESCAPE 0800 111999

24hrs VETERINARY CLINIC (Medivet Heacham) 01485 570065

HUNSTANTON LIBRARY 01485 532280

OPEN TUES WED FRI - 9am-7pm

SAT 9am-4pm MON & THURS - Closed

HEACHAM CHALK PIT and

RECYCLING CENTRE 0344 800 8020

Open 9am - 4pm

HEACHAM COMMUNITY WEBSITES

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

HEACHAM HALLS

PUBLIC HALL 570776

PINE RESIDENTS HALL, Wilton Road Pat Toppin 779208

METHODIST CHURCH HALL, Station Road Mike Careless 570363

ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12 572539

OLD FRIENDS HALL Sunnyside 572142

HEACHAM SCOUT HUT Sunnyside 592041

MAIN PICK-UP POINTS FOR HEACHAM NEWSLETTER

First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Post Office, Norfolk Lavender, Ridouts Bakery, Parish Library,

MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks

From 20th July 2022

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10:20 ROBIN HILL	13:15 COLLEGE DRIVE
10:50 RINGSTEAD ROAD	14:40 GIDNEY DRIVE
11:10 ROLFE CRESCENT (Opp.No.22)	15:15 NEVILLE ROAD
11:30 SCHOOL ROAD	16:05 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:25 SITKA CLOSE
12:15 FENSIDE	16:50 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:10 NEVILLE ROAD

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Sun

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Last bus from King's Lynn	1940	1610	1630
frequency	1/hr	1/hr	1/hr

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(Please read instructions and obtain code to activate)

St.Mary's Church - Front Porch. Available 24hrs

Sports Field Pavilion - On the external wall of the pavilion

Fire Station - On the front - Available 24hrs

Chalk Pit Recycling Centre - Outside the gates. Available 24hrs

Pioneer Holiday Park - In yellow phone box adjacent S Beach Rd, 50yds

towards beach from main entrance

North & South Beach Toilets - on exterior wall. Available 24hrs

Tesco - Inside by the events board

Methodist Church - on the front. Available 24hrs

Palm Beach Holiday Park - half way down in the red phone box

TIDE TABLES

NOVEMBER & DECEMBER 2023

HIGH WATER AT HUNSTANTON									
Heights above chart datum									
Time Zone UT (GMT)									
Nov 2023					Dec 2023				
Date	Morning	Afternoon			Date	Morning	Afternoon		
Time	m	Time	m		Time	m	Time	m	
1 W	08 02	7.3	20 16	7.0	1 F	08 28	6.6	20 27	6.7
2 TH	08 41	6.9	20 46	6.6	2 SA	09 05	6.2	21 00	6.4
3 F	09 22	6.3	21 19	6.2	3 SU	09 47	5.8	21 39	6.1
4 SA	10 10	5.7	22 01	5.7	4 M	10 39	5.5	22 30	5.7
5 SU	11 20	5.2	23 14	5.3	5 TU	11 43	5.2	23 41	5.5
6 M			12 45	5.0	6 W			12 50	5.2
7 TU	00 50	5.3	13 58	5.2	7 TH	00 52	5.5	13 52	5.4
8 W	02 04	5.5	14 59	5.6	8 F	01 55	5.7	14 47	5.7
9 TH	03 01	5.9	15 48	6.0	9 SA	02 50	5.9	15 35	6.0
10 F	03 46	6.3	16 27	6.4	10 SU	03 40	6.2	16 20	6.4
11 SA	04 25	6.6	17 01	6.7	11 M	04 27	6.5	17 01	6.6
12 SU	05 03	6.8	17 35	6.9	12 TU	05 12	6.7	17 42	6.9
13 M	05 41	7.0	18 09	7.0	13 W	05 58	6.9	18 22	7.0
14 TU	06 20	7.1	18 45	7.1	14 TH	06 46	7.0	19 03	7.1
15 W	06 59	7.1	19 18	7.1	15 F	07 32	7.0	19 43	7.2
16 TH	07 38	7.0	19 53	7.0	16 SA	08 19	6.9	20 24	7.1
17 F	08 19	6.8	20 29	6.8	17 SU	09 07	6.7	21 08	7.0
18 SA	09 04	6.5	21 11	6.5	18 M	10 01	6.4	21 59	6.8
19 SU	10 00	6.1	22 05	6.2	19 TU	11 05	6.2	22 58	6.5
20 M	11 16	5.7	23 16	5.9	20 W			12 13	6.0
21 TU			12 47	5.7	21 TH	00 06	6.4	13 18	6.0
22 W	00 40	6.0	14 01	6.0	22 F	01 14	6.3	14 21	6.0
23 TH	01 55	6.3	15 05	6.3	23 SA	02 21	6.4	15 20	6.2
24 F	02 57	6.7	15 58	6.7	24 SU	03 26	6.5	16 13	6.4
25 SA	03 53	7.0	16 44	6.9	25 M	04 25	6.6	17 01	6.6
26 SU	04 43	7.2	17 26	7.1	26 TU	05 19	6.7	17 44	6.8
27 M	05 33	7.3	18 06	7.2	27 W	06 11	6.8	18 25	6.9
28 TU	06 21	7.3	18 45	7.2	28 TH	06 57	6.7	19 05	7.0
29 W	07 06	7.2	19 21	7.1	29 F	07 38	6.6	19 41	7.0
30 TH	07 48	6.9	19 55	7.0	30 SA	08 15	6.5	20 13	6.9
					31 SU	08 49	6.3	20 45	6.7

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