



THE HEACHAM NEWSLETTER

October 2023

This Newsletter reflects the views of its contributors, not necessarily those of the editors or advertisers



Photo by Ray Sparvell

Deadline for the next edition is 12 noon, Tuesday 17th October 2023

HEACHAM GROUP PRACTICE - 2023 FLU CAMPAIGN.

Flu Appointments

"Heacham Group Practice are running clinics to provide eligible patients with vaccinations for both Covid and Influenza.

These will largely be on Saturday mornings. We will prioritise the most vulnerable and elderly in the first instance.

Eligible patients who haven't booked in will be contacted by the Practice."



THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Michelle Carter ☎ 01485 579024 - Advert pricing listed on page 2

THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - Roger Drinkwater - Brian Faulkner

Kerry Long - David Rogers - Mary Sheldrick - Helen Vickerstaff

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication



Dear Newsletter,

Heacham

Public Hall Clock

Readers of The Heacham Newsletter may be interested in a photo of the newly repaired clock on the Public Hall, Heacham which is thanks to the work of Bryan Benton, a member of the Social Club, along with his dog Ziggy!

Garry Martin



Dear Newsletter

King's Lynn

Ghosts of West Norfolk

Further to my letter published in the May edition of The Heacham Newsletter, I just thought I'd let you know that I have finished my book and it is now available on Amazon and features a fair amount on Heacham amounting to 13 pages; most of this concerns a case that started in 1971 but there is also intriguing coverage about a ghost called/named "Smokey"!

I've created a shortened version of the URL which circumvents the problem that Amazon is currently having, giving prominence to the older version of my book
<http://www.paullee.com/gbook/>

Dr Paul Lee

ADVERT PRICES

1/8 Page £20 per issue
 1/4 Page £40 per issue
 1/2 Page £80 per issue

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theheachamnewsletter@gmail.com



Heacham

Dear Newsletter,

An open letter from the Chair and Parish Councillors of Heacham Parish Council to the Residents of Heacham

As many Parishioners will know, the Old Dairy, Pound Lane, was purchased by the Heacham Parish Council at the time, in 2014, with plans in mind to redesign the Old Dairy premises in order to consolidate the services the Parish Council delivers into one central, easily accessible building.

Unfortunately, due to a number of competing factors, these earlier plans were not able to be realised. As a consequence, the Old Dairy site buildings, although largely safe and sound, have deteriorated somewhat during the intervening years.

In light of the prevailing economic position (and the cost-of-living crisis) and with escalating building cost growth and increased labour costs (for all building works) and for good transparency and open government reasons, the Council wish to share their plans to explore all possible options for the Old Dairy site, and the use of funds that could be generated from a potential sale (or partial sale) of the site. The Parish Council will engage Cruso & Wilkin Ltd to manage an 'informal tender' process in order to deduce what type of interest and the scale of offers there may be available from developers/purchasers of the site.

Realised funds from any sale (or partial sale) of the Old Dairy site would be used to offset the costs of refurbishing the current Offices of the Heacham Parish Council Office building (in the Jubilee Clinic) and Old Friends Hall.

Firming-up these future plans will depend on the interest generated by the Cruso & Wilkin Ltd campaign. Accordingly, sales boards will appear at the Old Dairy site soon, along with online advertising etc., with the express aim of generating the interest and offers the Parish Council need to inform future plans.

No decision has or will be made until all of the required information has been obtained and analysed in order to allow a best value for money evaluation in due course.

We will keep you updated on developments.

Cllr Paul Rawlinson

Chairman, Heacham Parish Council

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Heacham

Dear Newsletter,

Poetry Award

At the end of August, I represented Age UK (Cambridgeshire and Peterborough) at a "Poetry Together" presentation which took place in London. This is an intergenerational project by Gyles Brandreth. Her Majesty Queen Camilla was also present and she presented me with an award for reading my poem.



Here is my poem:-

How do you reach Snettisham Beach?

I know I'm born
When I'm paddling in a storm
Faster and Faster
(I'm pleased I had the pasta!)

I think I'm alive
This is where I thrive!
Birds scatter and fly
While salt gets in my eyes
Oh! How hectic
When I'm this energetic!

I must be saved
When I'm crashing through the waves!

I'm beginning to slow
The further I go....
I can't come out yet!
I .. might .. get upset!

I turn around
.. and a fish I've found
Or rather, it found me
Straight out of the sea.
Flapping on the hull
I flip it out with my scull!

Silver and white
It flashes in the light.
Should I go home?
...would I be sick?

10 minutes more
Then I'll head for the shore.
Fresh and clean
I'm the MEAN MACHINE!

Tony Trayford

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Jubilee Welfare Trust Heacham

This charitable trust based in Heacham is available to help provide financial support for the following purposes:

- To provide payment for items, services or facilities to children or adults who are disabled, handicapped or with other long term health problems.
- Enquiries would be considered when items, services or facilities are not readily available through existing services e.g. NHS, Social Services, Educational Authority etc.
- Usually intended for residents of Heacham Parish.

If you know of someone who may benefit from the Trust or wish to find out more, please enquire in writing to the Jubilee Welfare Trust Secretary, care of Heacham Parish Council, Jubilee Clinic, Pound Lane, Heacham. King's Lynn. Norfolk. PE31 7ET.

Regular Garden Maintenance by a Lady Gardener

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Heacham Resident

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Another Recipe from The Prudent Pensioner

I have grown Rainbow Chard for the last 2 years now, it is quite easy to grow. I tend to use the younger leaves in salads and the mature larger ones in soups. This easy recipe makes a tasty and nutritious soup.

Carrot & Chard Soup

Ingredients:

1 med. shallot or small onion
A knob of butter
Potato approx. 120g
Carrots approx. 230g
1 large or 2 medium sticks of celery
Chard approx. 60g including stems
Chicken or vegetable stock cube dissolved in 500ml hot water.
Salt and Pepper to taste.

Method:

Peel potato and carrots and cut them into small pieces.

Peel shallot or onion and slice thinly.

Clean celery, trim off and discard base and top of stalk and slice fairly thinly.

Rinse Chard, cut stems and leaves into small pieces.

Place butter in a saucepan over a medium heat, add onion slices, stir and mix well. Cook for 1 minute stirring continuously.

Add vegetables stir and mix well. Carefully add stock, stir and mix well. Increase heat and bring to boiling point. Reduce heat and leave covered, simmering gently, stirring occasionally until vegetables are fairly soft (approximately 15-20 minutes).

Strain off most of the liquid into a jug, put aside while you either put vegetables into a liquidiser or use a hand blender and whizz until pureed.

Carefully return liquid to pureed vegetables in a saucepan, stirring gently to mix well.

Season to taste. Reheat stirring gently. Serve and enjoy.

My updated book "Less Waste more Soup" 45 easy, budget friendly recipes for nourishing soup is available from Ridouts Bakery in Heacham, Docking Farmers Market, By The Book in Hunstanton and Hunstanton indoor market and Robert & Christine home shopping. It is available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems & tales)

Copies are available to borrow from Heacham Library.

See lots more recipes on The Prudent Pensioner
Facebook page

Email: pru.pensioner@btinternet.com



Heacham Bereavement Support Group



WHERE: Pine Mall Residents Hall, 18 Wilton Road,
Heacham, PE317AD

WHEN: On the first Thursday of every month.
**October 5th, November 2nd, December 7th 2023 &
January 4th 2024**


WHAT TIME: 10am – 12pm

If you are grieving for someone who has died recently or long ago, why not come and join us for a cup of coffee or tea and a chat. We are a very informal group and it will give you the opportunity to meet others who are on the same journey.

If you want to bring a friend or another member of the family, they will be very welcome.


For more information, please contact
Julie Turner 01485 572539
Email: heacham.church@gmail.com

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CHURCHES TOGETHER IN HEACHAM



We live in a green
and pleasantly
temperate land, but
for how long? The



effects of global warming upon weather patterns world-wide are plain for all to see. Polar ice caps are melting and large tracts of land have been burned, while flash floods, hurricanes and tidal surges have left thousands dead or homeless. Will humanity and our planet survive these unprecedented assaults? Are we approaching the end of this world or do we expect it to be here forever? Do you look forward to the future or is the future something you fear?

The Bible makes very clear that this earth will end. Jesus will come a second time and "heaven and earth will pass away". Helpfully, we are given warning signs of that event. In the natural realm we are told of famine, earthquake and plague. Social disorder and stress will characterise these times, with people becoming arrogant, proud, materialistic and immoral. Internationally there will be wars, revolutions and political disturbances, while family loyalties will be strained to the point of betrayal. We can 'tick' all of those they are present now. That does not necessarily mean the end of the world is imminent. History is full of examples of false predictions relating to the time of Christ's return, but it is coming ever closer and we are told it will come 'like a thief in the night'.

Events of this world will climax with final judgement. This will set right the injustices of history while underlining the choices of individuals by which they may sentence themselves. When asked what *the* vital priority of life is, Jesus replied that it is to believe in him. Thus, those who reject Christ are eternally separated from God. In contrast, those who respond to Christ's call, expect to be raised as a new body to live the quality life God has always intended for humanity. There will be a new heaven and a new earth.

In these few short paragraphs, I can only give the sketchiest account of what the future of our world holds. There is an ever-increasing urgency to make an informed decision to follow Jesus. Act now, come to one of the churches and as we celebrate Harvest Festival discover other wonderful provisions offered to everyone.

Penny Sutton
Heacham Church Ministry Team

Church Opening Times

The Church is open from 10am to 4pm every day.

Church Services

There will be a service in church every Sunday at 10am. Services are live-streamed on Heacham Parish Church YouTube channel. We also have a recording of the service on our YouTube channel which will be available each Sunday, after the service has taken place.

October 2023

Sunday 1st October: Holy Communion
Sunday 8th October: Harvest Service
Sunday 15th October: Morning Worship
Sunday 22nd October: Holy Communion
Sunday 29th October: Morning Worship



HEACHAM PARISH CHURCH online
on Heacham Parish Church You Tube channel
HEACHAM PARISH CHURCH in church
At 10am every Sunday morning

Chit Chat and Coffee

Everyone is welcome to this monthly coffee morning at St Mary's Church Heacham.

All ages welcome.

Tuesdays @ 10 – 11.30am

17th October and 14th November

Bereavement Support Group

Meetings are on the first Thursday of each month. The next meeting is on 5th October from 10am till 12 noon, at the Pine Residents Hall. For more information contact the Church Office.

Harvest Weekend Festival

Celebration of the sea on **Saturday 7th October at 5.30pm** with fish & chip supper, yummy puddings, and entertainment from the Shanty Men in church. All tickets are sold out for this event.

On **Sunday 8th October** there will be a traditional Harvest Service in church at 10am. All non-perishable items donated at the service will be given to the Hunstanton and District Foodbank - any cash or cashless donations will go to Brighter Futures for food parcels.

Family Event

Tuesday 31st October – 5.00-7.00pm Light Party



Refreshments and fun activities in and around the church related to light and Jesus.... Everyone out trick or treating welcome to call into Heacham Parish Church. See you there!

Craft Fayre

In church on Saturday 18th November 10am – 4pm

Prayer Tree

We have a prayer tree in church on which you can write a name or situation that you want to pray for, and you would like the church to pray for, by writing and hanging it on the tree. God hears your prayer, and we will pray for you. If you cannot get to church and would like a name added, let Rev'd Veronica Wilson (heacham.vicar@gmail.com) know.

Morning Prayer

Monday, Wednesday and Friday 9am on Zoom

Tuesday and Thursday 9am in church

Everyone is welcome (Zoom link from Julie in church office.)

We pray for all who live and work in our village community, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please ring or email Veronica.

CHURCH CONTACTS:

St Mary's Church: Revd Veronica Wilson (01485) 570697
email: heacham.vicar@gmail.com

St Mary's Church Office: Julie Turner (01485) 572539
email: heacham.church@gmail.com

Methodist Church: Rev'd Dr Richman Ncube (01485) 570232

HEACHAM METHODIST CHURCH

Station Road, Heacham



Minister: Rev. Dr Richman Ncube
(Tel: 01485 570232)

October 2023

Sunday Morning Services: 10.30am

1 October:	Elizabeth MacLeod
8 October:	Rev Dr R Ncube HC
15 October:	Marianne Baguley
22 October:	LA
29 October:	Barbara Foster

Midweek Communion

10.30am - 2nd Wednesday of the month.

Bible Study

10.30am - 4th Thursday of the month.

Fellowship Meeting

2.30pm – 4th Tuesday of the month.

Coffee Morning - Please see noticeboard for dates.

Other important dates - Open Church (Tuesday mornings)

Noah's Ark Toddler Group

Wednesdays – 1.30– 3.00pm term time. Heacham Methodist School Room. c/o Marianne Baguley (07880 364326).

Those who have volunteered to take on the responsibility of the defibrillator are greatly appreciated.

Future dates for the diary:

7 October - 3pm Harvest Festival Afternoon Tea.

8 October - 10.30am. Harvest Festival Service –
Rev Dr Richman Ncube.

Again – ALL are welcome to join us. Please contact Mike Careless (Senior Steward) 570363 for further information or Marianne Baguley (07880 364326.)

New appointments/stewards to be confirmed at the next Church Council in October.

We think of all our friends whose absence we notice on Sunday mornings – prayerfully- along with members of our community, especially those feeling unwell or isolated.

We give thanks for the gift of each day. We think of morning – the coming of dawn, of hope, of plans for the future. We think of daytime – of our families and friends, of opportunities for education and work, of meeting together. We think of evening – of hours for rest, of a quiet dusk, of the peace. Thank you for your presence with us each day and night.



Hunstanton Catholic Parish

Our annual parish barbecue at OLSE on Saturday 19th August was very well attended and enjoyed by all. There will be a Harvest Lunch on Wednesday 18th October at St Cecilia's. Please see the weekly bulletin and notices in both churches for more details.


We need to review and develop a new website for our parish from 2024 and to grow the team who maintain it. If you feel you are able to contribute in any way, we have a blank canvas to start with and would appreciate and welcome any ideas. Please don't be shy about coming forward, you will be most welcome. Contact us initially using the parish email address.

If you would like to be on the distribution list for the weekly bulletins straight to your inbox, please send your email address to hunstantonparish@rcdea.org.uk. Also, if you are a new parishioner, there is a form in both church porches to fill in your details to welcome you to the parish. Feel free to ask if you can't see them.

We have regular Rosary prayer meetings at St Cecilia's every Monday from 2pm and there is also a Mothers Prayers group which meet at 2.30pm Monday fortnightly at OLSE.

The Pope's prayer intention for **October: For the Synod**. We pray for the church, that she may adopt listening and dialogue as a lifestyle at every level, and allow herself to be guided by the Holy Spirit towards the peripheries of the world.

The Pope's prayer intention for **November: For the Pope**. We pray for the Holy Father; as he fulfils his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.



"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

1 Peter 1:3

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.hopeevangelical.org

Sr Danuta is guiding a regular parish study/discussion group at the Convent every Tuesday 4.00-5.00pm, looking in more depth at the readings for the following Sundays. Anyone who is interested is welcome to come along to any of the meetings and take part.

Please contact the Convent direct about daily Masses there on tel. 01485 532837.

For Parish news including Mass times and prayer requests, please see the **Parish News** page on our website. For information about live streamed Masses in the Diocese and related matters, including Coronavirus updates see the Links page of our website:-

www.hunstantoncatholicparish.org

The Sunday Masses are at 9am at Mountbatten Road, Dersingham, and 11am at OLSE Sandringham Road, Hunstanton.

Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday, and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org

Email: hunstantonparish@rcdea.org.uk

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com



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Feature of the Month – Lucinda Riley

Lucinda Riley was born in N. Ireland and began her career as an actor. Glandular fever interrupted her acting, and she turned instead to writing historical and romantic fiction with great success. But it is her series *'The Seven Sisters'*, inspired by the legends of the Seven Sisters of the Pleiades star constellation, that has really sealed her fame as a writer.

The books form a sweeping, epic tale over eight books. The sisters have all been adopted by an elusive billionaire who they call Pa Salt, and each book focuses on one of the sisters and her path to discovering her own heritage.



Sadly, Lucinda died from cancer at the age of 56 and her son Harry Whittaker (from her first marriage) completed the final eighth book 'Atlas - The story of Pa Salt' which was posthumously released in May this year.

Community Displays



Following the successful grant bid from the UK Shared Prosperity Fund, as reported in the August Newsletter, we are looking for local groups, organisations or individuals who might like to hold a small display at the Library.

This doesn't have to be about the past - you could easily, for example, use this opportunity to help promote what your club/organisation does and share photos of your activities with the community.

We have the means to help you mount a small display, but you need to be able to supply the basic material and obtain any necessary permissions, and we do reserve the right to say whether the display is suitable or not.

For more information, please contact the Library or the Parish Council Office.

As ever, Happy Reading!

The Library Team

Enquiries: 07398 647119 or the Parish Office: 01485 572142.

Email: heachampc@btinternet.com

Library open: Mon-Wed-Fri 10am-4.00pm and Sat 10.00am-12.00 noon

General Knowledge Quiz

Geometrical Figures

1. The headquarters building of the US Department of Defense, the world's largest office building, with 6.5 million sq.ft. is commonly known by which name?
2. On a London Tube map which line is coloured yellow?
3. Created in 2009 and presented by Philip Schofield, which TV game show gives one lucky contestant a chance to win the £250,000 jackpot by completing a series of deceptively simple tasks whilst in a confined space?
4. Which doughnut shaped figure has a name which sounds like a star sign?
5. The first F.A. Cup Final in 1872 was held at which venue? It is still a sporting venue today.
6. The 38th Parallel north is the name given to the border separating which 2 countries?
7. What is the name given to the mythical area in the Western Atlantic where ships and planes have mysteriously disappeared?
8. "Equilaterally curved heptagon" is the correct description of the shape of which current British coin?
9. According to the lyrics of the famous song published in 1940 by Maschwitz and Sherwin where was a "nightingale singing" in London?
10. What is the name of the theatre, Arts and Civic complex in Reading where professional snooker championships have been held?
11. Known as The Maid of Orleans and one of the patron saints of France, who was burnt at the stake in Rouen in 1431?
12. What is the name of the Muslim equivalent of the humanitarian organisation the Red Cross?

Answers on page 38

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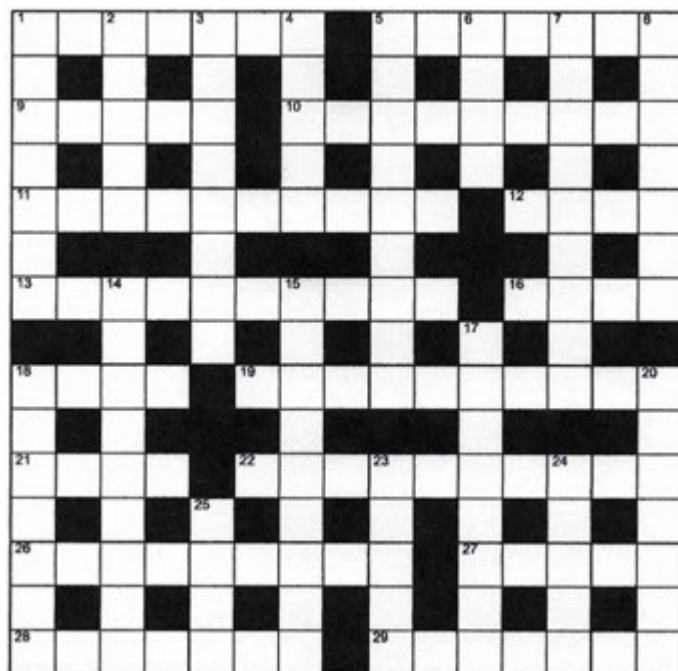
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October 2023 CROSSWORD



CLUES:

Across:

1. His gun (a fake) causes distress (7)
5. Be first and last to land balloon (7)
9. Refrain from orchestral accompaniment (3-2)
10. Woodland dweller might be spotted wearing a cap (9)
11. The roles, so to speak, of large corporations? (5,5)
12. Metal bar is cast (4)
13. One who can't wait to find out what's in store? (10)
16. Be quiet throughout climb (4)
18. Nothing between them – yet! (4)
19. Amazed at appearance of biker (6-4)
21. What sounds like a tie is a skirt (4)
22. Musical character's place is on the line (6,4)
26. In Paris pop to collect part and carry on (9)
27. Music for charity event Georgia put on (5)
28. Direction to bring across beds for babies (7)
29. Went out with Charlie in high spirits (7)

Down:

1. Swears when watching cricket with son (7)
2. Boss tours area with a fruit producer (5)
3. One has read dreadful report, no doubt (1,4,3)
4. Religious sect finally embraced with passion (5)
5. Giving way, dilute gin cocktail (9)
6. Occasional runner lacks initial surge of energy (4)
7. In a crass way express disapproval of PM's broadcast (influenced by left) (9)
8. Sticker exhibits good English language (7)
14. Reverses left and swings round (9)
15. Criminal sold Euros without making a cent, we hear (9)
17. Brief disruption of core time (8)
18. Church about-turn over text is misplaced (7)
20. Fed up with gold acquired by way of scam (7)
23. Note from brother to first wife (5)
24. Do one authorized (5)
25. Fortune told at fair (4)

Solution on page 38

It's all in the Maths – Quote from BBC News

Cement is the source of about 8% of the world's carbon dioxide (CO₂) emissions, according to think tank Chatham House.

Just think of the statement above: a think tank decided cement produces 8% of the global CO₂ emissions. No scientific data to support this claim offered. It's just a decision they made.

This is astonishingly inaccurate.

No mention of how much CO₂ volcanoes emit or lightning strikes, how much CO₂ sprites create in the upper atmosphere nor the quantity of CO₂ vegetation generated at night - when we're not looking.

To try to keep the issue in perspective, according to the experts, we humans produce 29 billion tons of CO₂ per year or 40 billion tons per year. All depends on which side of the fence you're on.

There are 670 active volcanoes around the world today.

There are a counted 1.4 billion lightning strikes per year. Each strike emits an electromagnetic pulse (radio) and those pulses are counted. And lightning creates nitrous oxide - NO, oxygen - O and carbon dioxide - CO₂. Yet for some reason, the experts omit to quantify nor recognise the CO₂ emissions from lightning. Must occur, as lightning burns through an atmosphere with 22% oxygen and the oxygen it touches becomes carbonated. First year chemistry teaches us that with a simple experiment.

Yet none of this information is considered necessary for the public to know about.

This is how we end up indoctrinated. With incomplete information. Not deliberate lies but with omitting relevant facts. After all, if you're trying to sell a second hand car without electric windows, just don't mention the windows at all.

The earth's atmosphere weighs in at 5.5 quadrillion tons - 5,500,000,000,000,000,000,000,000 - that's quadrillion. That's a lot of zeros.

Oxygen accounts for 22% which is 1.2 quadrillion tons and Nitrogen accounts for around 78% which is 4.3 quadrillion tons. Carbon dioxide accounts for just 0.04% of earth's atmosphere. This equals 22 billion tons. 22,000,000,000,000 That's what billions looks like.

Yet human activity is supposed to create either 29,000,000,000,000 tons or 40,000,000,000,000 tons. Can you see the madness in the maths?

MORE THAN THE ATMOSPHERE ACTUALLY HAS.

How can that be???

And I'm only using the numbers issued by the "experts."

That's putting this climate boiling catastrophe into perspective. CO₂ is such a tiny fraction of the total atmospheric gasses that, over the past 400 years, it's never been considered worthwhile to be counted.

Discovered by the Flemish scientist Jan Baptista van Helmont in 1630.

The Dutch government are in the process of ousting farmers off their lands because farmers are polluting the atmosphere with too much nitrogen.

As we can see the atmosphere already has 4.3 quadrillion tons. With such a huge amount of nitrogen readily available in the atmosphere how can you possibly measure the microscopic difference farming activity would actually make?

If at all.

A Heacham Resident
(Name & address supplied)

Jack and the Beanstalk

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2023 PANTOMIME



October is when the team officially draws the curtains on the summer displays and sorts out the winter planting. This year the team welcomed lots of new "In Bloomers," effectively doubling our numbers, and we are extremely grateful for their enthusiasm in both ideas and hard work. This summer also saw the return of the hanging baskets around the Public Hall and the Social Club which looked glorious, as well as a brand new all year round planter outside A.E Wallis Cycle Shop.

Next month's meeting will be the AGM, to be held on 16 October at 7.00pm at the Old Friend's Hall (subject to the repairs being completed). All welcome.

The Heacham in Bloom Committee
heachaminbloom@btinternet.com



Photos: A summer of Pinks and Orange



Craft Fayre at St Mary's Parish Church, Heacham

Saturday 18th November 2023

10am – 4pm

Following the success of the previous two Craft Fayres that we have held, we are holding another on Saturday 18th November 2023 at St Mary's Parish Church from 10am till 4pm. Entrance to the Fayre is free. There will be a variety of refreshments available.

We have stalls selling Candles, Christmas Handcrafts, Christmas Hampers, Celebration Teddies, Holy Land gifts, Sweets, and plenty more good quality stalls. There will also be games for the children.

A Silent Auction of Promises is being held. This is a new venture and there are some exciting lots to bid for.

If there are any of you that would like to have a stall, there are still some places left. Please contact the Church Office on 01485 572539 or email:

heacham.church@gmail.com

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Able Community Care who have been home care providers since 1980 have decided to try to help prevent, where they can, an older or disabled person becoming a victim. They have produced a sticker which can be affixed to a front door/window. See picture below.



The Parish Library have very kindly agreed to stock a supply of these stickers, so if you feel that they are of interest to you or someone you may know, they are free of charge and can be picked up from the Library in the High Street.

THN



Craft Fayre at Heacham Parish Church

Saturday 18th November
10am – 4pm

Join us and enjoy a variety of stalls

Refreshments of tea, coffee,
cakes, soups and savouries

Our Silent Auction of Promises

Children's games and activities

All Welcome!

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Children's Society Charity

Thank you to all who have donated to the Children's Society in past years. It is time to open the household collecting boxes for 2023. Please take your box to the Church Office, High Street, Heacham (open Tuesday to Friday 10-12), or contact us and we will arrange to collect your box. One-off donations are also welcome; cash or cheque (made payable to The Children's Society) in a sealed envelope with your full name and address on the outside. If you would like to be a new donor, and/or have a collecting-box at home, we can arrange that.

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Tuesday - Bereavement Group 2pm - 3pm. Café for the bereaved. A self support group for anyone that is grieving a loved one, it is about helping each other and knowing we do not need to face it alone. We meet up every Tuesday to share memories, talk about our loved ones, meet new people over refreshments. We have a monthly visit from a social prescriber, and other organisations to share information.

Tuesday - Walk and Talk 2pm - 2nd Tuesday of each month. Meet up at the library for a stroll around Hunstanton, meet new people—refreshments on your return

Tuesday - Colour Yourself Calm with refreshments. 4pm - 6pm. Adults and children welcome (Autism friendly). Colouring pens & paper available for adults & children

Wednesday - Family History 10am (Bookable) Learn about your family history. Not sure where to start or are you stuck and may need some advice? Book a session with us, by talking to a member of staff or call 01485 532280.

Wednesday - Bounce and Rhyme with Story and Chat 10.30am—12 noon Come along for a singalong then stay and play with the toys provided. Refreshments available to stay and chat with other parents.

Wednesday - Job Support 2 - 4pm. Fortnightly sessions available working in partnership with Norfolk Community College Access. Book a session with us, by talking to a member of staff or call 01485 532280

Wednesday - Computer Help 4pm - 6pm Want some help on your laptop or want to learn something new, book a slot for a one to one session. Call 01485 532280 or talk to a staff member

Wednesday - Hunstanton Book Group 3rd Wednesday of each month - 2pm. for further information please talk to a member of staff or call 01485 532280

Friday - Bounce and Rhyme 10am For all under-5s Come along, join us for a singalong!

Friday - Wool Crafts 11am - 1pm Join in with our wool crafts, whether you would like to meet like-minded people, or try something new. We can help you learn new stitches with knitting and crochet. Refreshments provided.

Friday - IT Help for Job Support 5 - 6pm. One to one with a member of staff to help set up email, use a computer, look at CV layouts, etc. This is a bookable session, so please talk to a member of staff to book your place or call 01485 532280

Saturday - Lego Fun 10am—3pm Create, design and build with lego. Family fun, because we all love Lego!

Saturday - Just a Cuppa and Board Games for All. Scrabble too 11am - 3pm. Join us in playing an assortment of board games for all ages, make friends, join in the fun, refreshments provided

Saturday - Storytime 2pm. Come and join us for fun story telling followed by colouring.

Jigsaws— We have a jigsaw set up for you to work on and plenty to borrow for free.

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Check your torches. The 29th sees the end of British Summer Time, clocks go back an hour and it becomes darker earlier. You do get a chance of an extra hour's sleep though the dog won't understand that.



Internet

Why these time changes anyway? BST was begun in 1916 after a campaign by a builder. An assumption is that he wanted to make better use of mornings during the spring and summer. He died before it came to pass and, since then, trials have been done with Double Summertime, removing it altogether and, perhaps, letting Scotland do something different.

Anyway, darkness comes earlier and that's good if you want to look at the night sky. Jupiter was burning bright last month and continues to do so at magnitude -2.9. Look along an arc starting in the SE at 7pm and finishing in the SW after midnight.

Jupiter is close to the Moon on the 1st and 28th. On the later date it is another supermoon. Watch from 8.35pm and see the southern pole of the Moon get nibbled away until 9.15pm. Then, magically, the 12% missing will grow back again and the Moon will be whole at 9.53pm.

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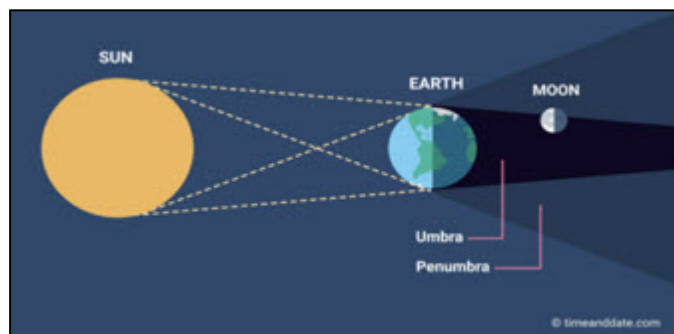
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This is a small partial eclipse. The Moon clips the Earth's shadow and then moves out of it.



The bottom of the Moon will just be clipped by the Earth's shadow on the 28th. Internet

Back to the planets. Saturn precedes Jupiter being well to the right in the sky. It is much dimmer at magnitude 0.6. Well worth looking at through a small telescope, including a birding 'scope, which will pick up its rings.


Between Jupiter and Saturn lies Neptune. An astronomical telescope needed as it is at magnitude 7.8. Remember, last month it was at its closest to us this year and nothing much has changed so it remains a good time to look for it. I put in a Voyager 2 picture of the ice giant last month. It showed some clouds which past telescopic observations have seen change over time. They are now missing entirely. Observations of the clouds allowed wind speeds to be determined and, at 1,300mph, they are the highest in the Solar System. The cloud tops are also one of the coldest places at minus 218°C.

Saturn is not the only ringed planet. Neptune has faint rings as does Uranus. This ice giant is much closer than Neptune and, consequently, brighter at magnitude 5.6. Not even young eyes will pick it up this year but good binoculars should. It is close to Jupiter being just 8° apart at the start of the month. That's a small fist held at arm's length. It moves further away after that.

Uranus is just below and to the left of the Moon on the 29th at 9pm. It lies between The Pleiades star cluster to the left and Jupiter to the right.

Venus is much brighter than Jupiter. It is a brilliant magnitude -4.4. You will have to get up at 3am to see it rise at around 3am but 4am will do, before the Sun rises. On the 10th and 11th there will be a crescent Moon just above the Morning Star.

I hesitate to say 'meteors' after the clouds dimmed out the Perseids in August. However, there are four showers in October




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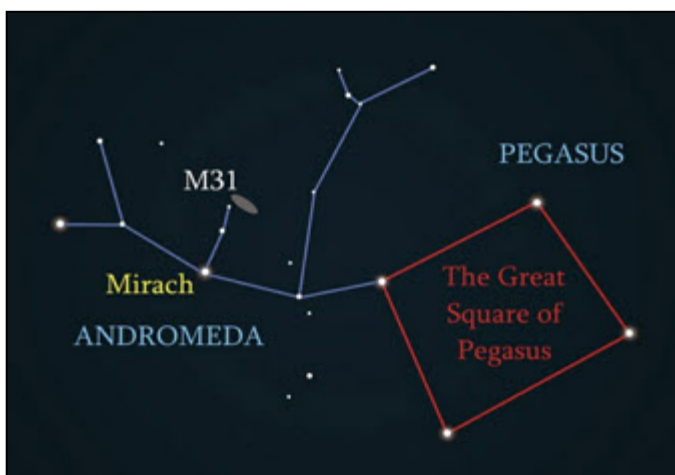
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which begin around the 8th and continue through to the end of the month. If the sky clears on any night, you have a good chance of seeing a meteor streak across the stars.

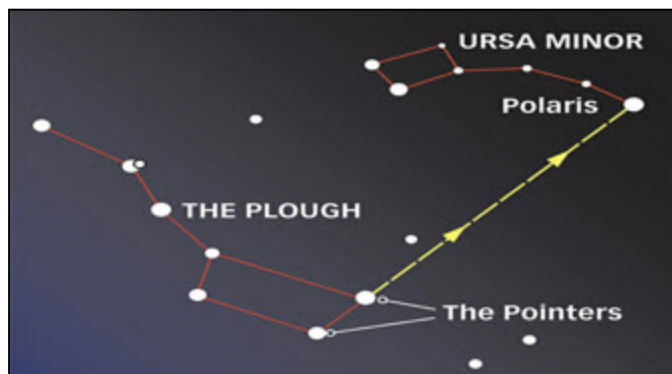
There are the Draconids, 6th to the 9th, which is a minor shower. The Southern Taurids, faint but with the odd fireball, peak on the 10th. A major shower, the Orionids, is active between the 14th and 28th, peaking on 21st when the Moon is just a fat crescent. These originate from Halley's Comet and are fast. I saw the famous comet in 1986, faint but trackable with eyes and binoculars even from my Wolverhampton Garden. Bits it dropped in space then will be streaking across the sky this month. And the Northern Taurids meteors join the fun from the 20th, peaking in November. Both Taurids showers are debris from Comet Encke.



Look south. Internet

Darker skies mean the stars come out. Look due south and about half way to the zenith (over your head) try to pick out the Great Square of Pegasus. Above the top left corner of that, binoculars might find a fuzzy blob, the Andromeda Galaxy, M31. This is our nearest big neighbour being just 2.5 million light years away. So, if you see it, the light entering your eyes started off about the time most life on Earth died off and dinosaurs started appearing.

From the east to the west in an arc through the zenith the Milky Way should be glowing. You are looking towards the centre of our galaxy which contains around 250 billion stars. Andromeda is usually presented as having four times as many but this is disputed.



Internet.

Look north and you will find the Plough near the horizon, the W of Casiopeia close to the Zenith and, to the east, Orion just poking over the horizon. The winter hunter is on his way.

Don't be afraid of the dark, use it to find a few planets, see some meteors and dwell on the vast amount of stuff out there.



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Tuesday 31st October

LIGHT PARTY

a safe alternative to Halloween

5.00 – 7.00p. m.

There will be
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Anyone out Trick and Treating
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See you there !




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 Or email: heacham.vicar@gmail.com
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Sallywags Parent, Baby & Toddler Group

After the Summer days the Sallywags doors are open again! Wishing happy days to all our Sallywags friends who went and got all big and are now at Heacham, Hunstanton, Docking & Fring Nursery & Infant Schools! Thank you for all the smiles you and your families gave us!

Still lots of smiles every Wednesday at Sallywags - it's been lovely this Autumn to welcome back little Sallywags who have grown in so many ways over the Summer and of course it's so nice to meet new faces too and see everyone at play!

Back to the Summer and our grateful thanks to Carol for donating to our big box of Duplo bricks and our ever popular puzzle and play dough tables! Thanks for thinking of us Carol!

Sallywags Parent Baby & Toddler Group

Scout Hut-Sunnyside-Heacham
Lots of play every Wednesday!
Term time mornings 9.30-11am

Lots for you and your little ones to explore - from paint to puzzles - books to bricks - swings and slides on garden days and much more!

There are snacks for the little ones and cuppas for the big ones! Pop along for a play! We ask £2.50 per family, if that feels okay, if that doesn't feel okay then please just come along anyway, we'd love to see you

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A Towering Achievement



Please don't be surprised to see scaffolding appear around our church over the next few weeks as work will finally begin on the project to replace the bellcote.

On a side note, a few have asked whether the structure on the top of our church is a bellcote or a cupola? In fact, the answer is both. After investigation we have discovered that a cupola is a

relatively small, often dome-like, structure on the top of a building whilst a bellcote is a small framework and shelter for one or more bells...so there we have it.

Following much form filling and head scratching from those involved in the Faculty application (a permissive right to undertake works to a church building granted by church authorities), permission was formally received from the Diocese of Norwich at the end of August and so the work could at last begin.

A project as complex as this will obviously take some time but it is hoped that it will be completed within twelve months. For the schedule of works to stay on this timescale it will rely on the weather being kind given the exposed position of the bellcote, as the existing structure needs to be entirely removed from the tower. Moreover, the roof must be secured against the elements before winter sets in.

Once this has been completed the new bellcote will be constructed in a workshop by local craftsmen.

The bell expert from Mathew Higby & Sons, the company overseeing the production and installation of the new Coronation Bell, has now been instructed to initiate the casting process in Italy by Emmanuel Allenconi.

It's wonderful to report that, following the news of the plans for the re-building of the bellcote and the commissioning of a Coronation Bell reached the people of Heacham, many generous donations have been receiving.....thank you all so very much.

However, should anyone wish to add to this fund there is still time.

Please contact the church administrator on: 01485 572539 or email: heacham.church@gmail.com

For visitors to the church there are QR codes displayed should you wish to donate in this way.

You can also donate via JustGiving on our Facebook page:

<https://www.justgiving.com/campaign/heacham-church-tower-and-bell>

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MORE HEACHAM MEMORIES

Continuing a selection of edited memories of George Alcock, born in 1860 and originally printed in the *Lynn News and Advertiser* in 1930:

School Days

If I were an artist I could draw the interior of that school¹. It had pictures on the walls. One showed the return of the Prodigal Son, another the Good Samaritan. I see the gentlemanly old figure of the schoolmaster², who had his private sorrows, teaching us boys, administering praise or punishment as we deserved, upright as a dart, always dressed in black. On a wintry day, when the wind whistled round the school, he would get us to sing a song of sailors: the refrain - "we wish you safe on dry land, and home from the sea."

Edith Foulsham³ – still with us, and may her days be long in the land! – only occasionally used to teach us because she conducted a private school of her own, but when she did I used to forget to do my sums as I gazed with admiration at her writing, and used to say to myself, "I wish I could make figures like those."

Emma⁴, of course, was a more frequent teacher, and her mother (Miss Foulsham will forgive me even before I ask her pardon) we used to call "Betty," a pet-name for Elizabeth⁵.

Every man should love his birthplace where he learnt his alphabet, his old teachers, the place where he breathed his first prayer, where he first went out to do battle with life, for mastery of it or failure in it. My wife and I went into that school one year, and the one thing that struck me was its smallness: yet in those early days it had seemed so big and gracious. But this I say: could those sixty of whom I write be asked to put in literary form their opinion of our dear old schoolmaster, their writings would contain some striking expressions of our love for his tenderness, his sweetness, his fatherly care of us. It would be a large book, which Edith would prize and may-be shed tears over.

The old master's method of punishment was the application of a doubly-sewn leather strap, very pliable, which had a round pad at the end. The blow was aimed at the hand, and if the hand was withdrawn the old gentleman received the stroke on his leg. Only once did I receive two "custards" on each hand. That punishment I deserved for a remark I made to "Nel" Wright, the son of our stationmaster. Mr Foulsham, being in his garden, saw and heard. When he punished me not a word was said as to the cause.

He knew that I knew, and I knew that he knew, for I saw his figure directly after the incident.

At this distance I seem to hear the unmusical sound of that old school bell on which the rust of many years has gathered; but, oh, let it not be removed!

Those old laurels in the path to the school; those beech-trees that faced our playground building; those old oaks in the playground beyond – almost all are gone; and we think of Burke's saying, "What shadows we are, what shadows we pursue!"

And I, who sit and muse, and peep into first one book and then another of the three thousand odd that form my library, think how well and truly our old schoolmaster laid the foundations of life and learning in Heacham school. Yet, he always called a fourpenny bit "fippence!"⁶

Eric Rhodes

Notes

¹ School was a National School. That is not to say it was a state school. There was no such thing at that time. Education for those who could not afford to pay for private schooling was organised by charities – the majority by the National Society for Promoting Religious Education. The school would have provided elementary education, in accordance with the teaching of the Church of England, receiving a grant from the state (and with a small contribution from parents, as noted last month). It was completed by Rev. Eustace Neville-Rolfe in 1838 and loaned to the village for the nominal sum of one shilling per year.

² James Foulsham, born in 1813, was the newly-married first schoolmaster until infirmity caused him to resign in 1877. George Alcock, the writer, mentions his 'private sorrows'; these are unclear – whatever reason led to one grandchild living with him and the early death of another would have been later than George's short time at the school.

³ Edith, daughter of the schoolmaster, never married and died in 1944, aged 97. Her private school was actually held in the School House as well as 'helping out' at the village/parish school. She managed the school alone until 1886, then taught under her father's successor until 1891 when she went on to teach at Hillington. She retired in 1913 and returned to Heacham – by which time the new Council school had been built.

⁴ Emma was Edith's older sister. She married John Wagg, son of a baker and they lived next to the schoolhouse. Their first son Herbert, however, lived with his grandparents. A second son, Ernest died, aged 6 and she was just 42 when she died.

⁵ Elizabeth was the wife of the schoolmaster, taught at the school for 48 years until 1886 and outlived him; she lived with Edith (and grandson Herbert) after retirement. Sussex-born Frederick Suter would become the head of the school and it was he who encouraged Mr Alcock to publish his memories.

⁶ Some of us – of a certain vintage - will well remember the 'thrupenny' or 'threpeny bit' in the days when twelve pence made one shilling (twenty of which made a pound). The fourpenny coin preceded it and was phased out after the more popular 3d (yes, 'd' was used for pence!) coin came into common use.



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Bra Day Bucket Collection in support of Breast Cancer

Rotary held a Bucket Collection on behalf of the QE Breast Cancer Unit on August Bank Holiday Monday. Known as 'Bra Day' this went really well, raising £550.

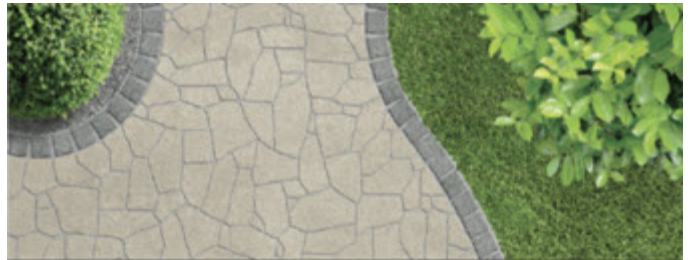
On top of this we had a donation of £100 from Veronica Ashton and her local ladies Yoga Club, making a grand total of £650.

We hung up 400 bras in Hunstanton High Street and would like to thank Norfolk Hospice, Keelie's Beauty Salon, and Heacham Youth & Community Trust Charity Shop for helping us to collect the bras. Also, our thanks to Mr Bun the Baker for letting us put up our Gazebo outside his shop and supplying us with tea and coffee during the day. Also, our thanks to Berni Beans Café for letting us hang bras on their railings and giving us refreshments, and to shops up and down the High Street.

We heard many stories of people who have suffered from breast cancer and it was nice to know we were helping to make a difference.

We will also be sending many of these bras to Africa.

Once again Rotary would like to thank you for your donations and hope to see you all again next year.



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Heacham FC



THE TEAMS:

1st Team:

Again another historical match to report on in the history of Heacham FC. On Saturday 26th August 2023 the club played their very first game in the FA Vase at home against Kirkley & Pakefield. The result was a resounding victory by 5 goals to 1 and sweet revenge for the home defeat suffered against the same opposition in the league earlier in the month. The reward for this victory is another home tie (2nd Round Qualifying) v Dussindale & Hellesdon, from the Thurlow Nunn Division 1 North.

In the league the team have had a very busy schedule and, although some results have not gone their way, performances have shown that the team are more than capable of holding their own at this level.

Results have been as follows:-

Lost 1-5 away v Dereham Town

Lost 0-1 home v Thetford Town

Lost 1-4 away v Fakenham Town

Drew 0-0 home v Hadleigh United

Won 4-0 away v Norwich United (unfortunately Norwich United have now withdrawn from the league and this result, together with the rest of their results, will be expunged).

Drew 0-0 home v Walsham Le Willows

Won 4-0 home v Dereham Town

Lost 0-4 away v Newmarket Town

Forthcoming fixtures:-

SEPTEMBER

Saturday 23rd home v Dussindale & Hellesdon k.o. 3pm (Isuzu FA Vase 2nd Round Qualifying).

Saturday 30th away v Soham Town Rangers k.o. 3pm

OCTOBER

Saturday 7th home v Sheringham k.o. 3pm

Wednesday 11th away v Downham Town k.o. 7.45pm

Saturday 14th home v Ely City k.o. 3pm

Saturday 28th home v Mildenhall Town k.o. 3pm

NOVEMBER

Saturday 4th away v Long Melford k.o. 3pm

Information on all this season's fixtures are available by picking up a 2023/4 Fixture Card, which will be available from various outlets around the village and, of course, from the ground. A digital fixture list can also be found on the Heacham FC Supporters Club Facebook page.

Unfortunately there will be no Reserve team this season but the good news is that the club are pleased to announce that there

will be an Under 16s side this season competing in The Norfolk Combined Youth Football League (Under 16 Premier League).

Heacham F.C. U16s

The home friendly match scheduled for August 20th v BrandonTown U16 was unfortunately cancelled. However, the team has played their first league and cup games, with the following results:-

1-0 win away v Dereham Town Youth F.C. U16 - league

26-0 win at home v Thetford Town F.C. U16 in the 4Trophies Cup 1st round.

4-2 win away v Norman Wanderers F.C. U16 - league

The following fixtures have been released and please note games are 10.00am k.o.:-

Sunday 24th September home v Old Catton Juniors F.C. U16 Pumas - league

Sunday 1st October home v Sheringham F.C. U16 - league

Sunday 8th October home v Caister F.C. U16 Gladiators - league

Sunday 29th October away v Sheringham F.C. U16 - league

Note : Fixtures are subject to change but you can keep up to date with any changes by visiting facebook:-

Heacham Football Club Under 16s or Heacham FC Supporters Club

The team are currently looking for sponsorship for Players, Match Days, Match Balls, Match Day Polo's & Hoodies. If you would like to get involved with any sponsorship for the U16s then please contact Mark McDonnell on 07392 831608.

Sponsorship / Advertising News

Programme Advertising

There are various options / sizes available, all prices are for the entire season

Prices start from £40 for a 1/8 black and white, whilst the premium full page colour is priced at £200

Player Sponsorship

We are delighted to announce revised pricing for sponsorship of a player for this season.

We acknowledge the current economic climate makes it difficult for people to get involved with the club (sponsorship etc), and whilst the vast majority of players did have a sponsor last season, we also take on board that £150 was possibly "out of reach" for some of our valued supporters.

So for this season you can get involved and sponsor a player for the massively reduced price of £75 for the entire season!

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In return:

Your name to feature in the matchday programme, alongside a picture of your player.

Invitation to the End of Season presentation evening, where you will be presented with the shirt(s) of your respective player(s).

Those players' sponsors from last season, will have first choice of their respective player(s) for this season.

Programme Sponsor

We are pleased to announce that Graham Hagger will be our matchday programme sponsor for the 2023/24 season.

Many thanks to Graham for his continued support of The Magpies.

Matchball Sponsor

We are pleased to announce that The Heacham FC Supporters Club will be our matchball sponsor for the 2023/24 season.

Many thanks to them for their continued support of The Magpies.

2023/24 General Pricing Update.

Following a club meeting we can now share the prices for this season; we have taken on board the current economic climate and frozen as many prices as possible, in areas where there is an increase, we have kept the increase to a minimum.

Matchday Programme

We are pleased to confirm the matchday programmes will remain priced at £2.

Matchday Drinks & Snacks

Again we are pleased to announce that, initially, prices will remain at last season's prices; we will be keeping a close eye on our purchasing costs.

Matchday Admission

With another step up in the Football Pyramid, comes additional operational costs.

We have conducted a benchmarking exercise, comparing our new pricing structure against other teams in our division, and we still compare extremely favourably.

Adults - £6

Concessions - £4

Children - £1

The Football Club offer various forms of sponsorship/advertising and if you are interested in getting involved with the Club then please contact the Club for further information of the packages available by email at:-

commercial.heachamfc@gmail.com

Pin Badges

The Official Heacham F C pin badge, priced at only £3 each and the Anglian Combination Premier Champions 2021/22 pin badge, priced at only £4 each can now both be purchased on match days but they are also available from behind the bar at The Heacham Sports & Social Club.

Match Day Programmes

Did you miss collecting any programmes last season? There are a limited number of programmes still available from some games. Please get in touch (email address shown below) with any requirements you have and I will check our stock. There are also a few programmes available from this season.

The 2023 "50/50 Club"

The September winners were:-

Dave Page (No.77) - who wins £45

Bob Edwards (No.107) - who wins £22.

Congratulations to both our winners. The next draw will take place on Saturday 14th October (after the home game v Ely City).

Supporters Club News

September's Members Monthly Draw Winner of £25 was Andy Halsey (membership no.155).

The next draw will take place on Saturday 7th October (at half time during the home game v Sheringham).

The first "free raffle" of the season was drawn early September and the winners were:-

Mary Sheldrick (no.158) - Tub of Quality Street

Dave Page (no.3) - 6pk Stella

Lorraine White (no.119) - Bottle Red Wine

David Croney (no.154) - Heacham Mug

Bob Edwards (no.149) - Signed Championship Winning Programme v Haverhill (last season)

Darryl Askew (no.183) - Box Caramel Chocolates

Anna Dear (no.172) - BBQ Grill

Congratulations to all our winners. The next "free raffle" will be end October/early November.

Supporters Club Membership for the new season is now available and for the 4th consecutive season the cost is still only £5 to join. Full details of benefits etc will be on our Facebook page.

If you require any further information on any of the matters mentioned, then please contact me on the email address shown below. You can also keep up to date with all the latest news on our Facebook page:- Heacham FC Supporters Club.

"COME ON HEACHAM"



Denis Cooper
Chairman/Secretary
Heacham FC Supporters Club
Email: deniscooper06@aol.com



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michele@healthyfeetfootcare.co.uk

07891 638812

Registered footcare practitioner and graduate member of The College of Foot Care Practitioners (Dip.TCFCP)

Heacham Fire Station Open Day Success!

On the 19th August, the fire station held its annual open day which was a great success again this year!

We were blessed with good weather, lots of help from family and friends of the crew and station and plenty of visitors.

As a result, over £900 was raised for The Fire Fighters Charity! This included a donation of £100 from Station Road Garage..... thanks guys!

Thank you to everyone who contributed their time and efforts to make it a fantastic day, including the other emergency services that attended.

It's always very pleasing for the crew when they see how much the fire station is appreciated by both locals and visitors alike.

Thanks again!

Chris Wood
Heacham Fire Station



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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (SG)

CHAT Club 2nd Monday of the month 10am – 12noon Hunstanton Community Centre

Hunstanton Community Cafe 10am – 1pm Community Hub, Hunstanton Town Hall

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 2:30 Mental health drop in support at 4 Poplar Ave. tel 01485 572707

Coffee Morning Sunnyside Close (Retirement Housing for 60+) 10.30am Tel : 570492

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Stretch and Relax Classes 10.30 -11.15am Dersingham Village Centre. To book contact Kyra on 07968354431 or kyracruise7@gmail.com

Fitness Pilates 10.45 am Contact Jaime (see Fitsteps) (SG)

Walkfit 12.00 noon Contact Jaime (see Fitsteps) (SG)

Seated Fitness 12.45 am Contact Jaime (see Fitsteps) (SG)

Craft Club 2-4pm every week (ex Bank Holiday) (PRH)

Heacham Wives Group – 2nd Monday of most months 2pm at Cunningham Court Community Hall. Contact Joy Waldron Tel: 07594616597

Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

Strength & Balance Class 4.40pm Hunstanton Conservative Club.

Walking Football for the over 50s 5pm Astroturf pitch at

Heacham Social club. For more information contact Heacham Walking Football on Facebook or Steve Watson on 07931 383401.

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Line Dancing 6.30– 8.30pm Hunstanton Community Centre. £5.00. Tel: Louise on 07722124941.

Fitsteps 6pm or 6.45pm (times vary) and **Fitness Pilates** 6.50pm or 7.35pm (times vary) at Ingoldisthorpe Church Hall. To book: Jaime 07765433100 or jaimefitsteps@gmail.com

Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details

Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Heacham In Bloom 3rd Monday Monthly 7pm (PC)

Hunstanton and District Community Voices 7.00pm every Monday, The Way Christian Fellowship Church Hall, Downs Close, Hunstanton. First week free, no singing experience required. For more information contact lesley.trebbick@btinternet.com or ring 07802 879976.

Spiritual circle and Development Group, alternate Mondays 7.20pm for 7.30 - 9pm in Heacham. £8 per session. The session includes healing meditation, guided meditation, mediumship and awareness sessions. Contact Margaret on 07951402717. For more information..

Heacham & Sandringham Camera Club meets 1st Monday of the month 7.30pm at Babingley Social Club

Watlington Jazz Club 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

TO BOOK CALL
01485 536010

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Cash Bingo 8pm United Services Club, Homefields Road, Hunstanton

TUESDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 - 2:30 Mental Health Drop In Support and 10:30 - 2:30 Recovery Support Group at 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)

Gentle Pilates and Exercise Class (seated) 10.15am and 11.15am Dersingham Methodist Church Hall. Contact Anne on 07717333234, or email activehealthpam@gmail.com

Coastal Stroke & Support Group 10.30am – 12.30pm at Hunstanton Methodist Church Austin St

Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485 532280

Friendship Lunches 1st Tuesday of each month. 12.30 pm Two-course meal £7. To book call Shirley on 01485 540644 at Dersingham Village Centre

Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

Cafe for the Bereaved 2pm Fortnightly – starts February 15th Hunstanton Library. 01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library

Social 50/50 Dance 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

The Fellowship 2.45pm Fourth Tuesday of the month (MC)

Pilates (mat) 5pm and 6.15pm Dersingham Methodist Church Hall. Contact same as 10.15am class.

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC)Playing Fields

Norseman's Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3at Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

Fire Cadets at Hunstanton Fire Station 6.30 – 8.30 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919492236

Brass Band Practice 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

Parish Council Mtg 3rd Tuesday monthly 7pm (PC)

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

Poker Games (friendly) 7:30pm United Services Club 11am – 12 noon Hunstanton Library

Village Cinema last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

WEDNESDAYS

Docking Market 9am-1pm in The Ripper Hall Local Produce, Craft and Gift Stalls Tel: 576233

Sallywags Parent, Baby & Toddler Group 9.30 – 11 am £2.50 Tel: Jo 07395 077622 (SG)

Family History One to One 10 -11am Hunstanton Library 01485 532280

Scrabble 10am Hunstanton Conservative Club.

Tai Chi Beginners 10 -11 fortnightly Hunstanton Town Hall, . £8 To book or for info call Maggi on 07951402717

Tai Chi for people with less Mobility 11.15- 11.45am. fortnightly Hunstanton Town hall £4 per session. Contact Maggi for more information on 07951402717.

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18th	19th	20th	21st	26th	28th	29th

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Seated Tai Chi 10.30 – 11.30 first and third Wednesdays of the month. Contact Allan on 07960229726 for more information. Wheelchair accessible. (PH)

The Old Schoolgirl Friends of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am (MC)

Just a cuppa 11am Hunstanton Library 01485 532280

Carvery Lunch from 12noon - 2pm at United Services Club. One course for £7.95, two for £9.95, To book - 07901 524778

Noah's Ark Toddler Group 1.30 - 3pm term time, £3/family. Tel: Marianne Baguley 07880364326. (MC)

Trefoil Guild 1st Wednesday of the month 2 - 4pm For info please ring Judith on 01485 571311. (NC)

Job Support 2 - 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Tea Dance 2 – 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Tai Chi & Kung Fu 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm–7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

Hatha Yoga 6.30 – 7.30pm. Ring Bridget on 07477 335155 or just come along with your own yoga mat. (OFH)

Whist 7pm Hunstanton Conservative Club

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Snettisham Garden Club last Wednesday of the month 7:30 – 8:30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Kundalini Yoga 9.30am at Ingoldisthorpe Village Hall. Contact Gail on 07837 761724

Table Tennis Club 10am (PH Top Room)

Pop-Up Coffee Shop 10am – 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Coffee Morning 10am - 12noon (1st & 3rd Thursdays) at The Salvation Army, Alma Road, Snettisham

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Norfolk & Waveney Mind - Rest in the Community Hub 10:00 – 15:00 Older Persons Group and 14:00- 15:30 Men's Recovery Group at 4 Poplar Ave. tel 01485 572707

Snettisham Art Group 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 – 11.15am Dersingham Village Centre. Details as on Mondays.

Craft Club 2nd Thursday of the month, 2pm - 4pm at The Salvation Army, Alma Road, Snettisham. Bring your own project if you like.

Ringstead Art Club meets weekly 2am – 4pm Ringstead Village Hall. Monthly workshops Contact: Pauline Atkinson atk_hornbeams@yahoo.co.uk or Lois Carrick loiscarrick21@hotmail.co.uk

Norfolk Knitters Cunningham Court 2-4pm. Every 2 Weeks. Contact Suzanne Cameron 03701924796

Craft and Knit and Natter 2 – 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Tea Dance every week. Old time line dancing and sequence 2pm – 4.30pm at the Public Hall. Call George 01775 670294

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

Judo 5 - 6pm 3 - 6 year olds; 6 - 7pm 6 - 11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free) . Call Josh 07432 586668 (PH)

Hunstanton Bridge Club 'Duplicate Bridge' 6.30pm for 6.45 pm. From Sept 16th at Old Hunstanton Village Hall

1st Heacham Cubs ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Jemma 07962 611122 (SG)

St Mary's Snettisham, Thursday Suppers - 7pm at Park Farm Visitor's Centre - a good meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Hunstanton Army Cadets Hunstanton Community Centre 7.00-9.30pm Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

Hunstanton and District Camera Club 7.30pm, first and third Thursday of the months September to May. Common Room, Orchard Close, Dersingham.

HALLOWE'EN CRAFTS & FUN

FOR CHILDREN UP TO YEAR 6

Dersingham Village Centre

2 - 5:30pm
Wednesday October 25th

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SAVE THE DATE

Snooker League 7.30pm Hunstanton Conservative Club

RAO Buffaloes 7.30pm (HSC Top Room)

Poker Games (league) 7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Quiz Night Cash Prizes 9pm at Fox & Hounds

FRIDAYS

Pop-Up Coffee Shop 10am – 12.30 at Dersingham Village Centre. Hot & cold drinks, quiche & cake.

Employment Plus pop-in service 10 am – 12 noon at The Salvation Army, Alma Road, Snettisham

Wool Crafts 11 am Hunstanton Library 01485 532280

Lunch from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

St Mary's Snettisham, Friday Lunches - 12:30pm at Snettisham Church Hall, 100 Station Rd - a light meal, fellowship and Christian teaching - all welcome - cash donations go to the Hunstanton Food Bank

Raffle 1pm Hunstanton Conservative Club

Football Under 10's 'Minors' 5 - 6.30pm on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norsemen's Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Hunstanton Tang Soo Do Club Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon

Cash Bingo 7pm (PH)

Cash Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Stepping Out Tea Dance last Friday monthly. £6 inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

SATURDAYS

Hunstanton Promenade Parkrun 8.55 for 9am. 5km run, jog or walk. Meet at The Salad Bowl Cafe, Cliff Parade, Hunstanton

Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Christian Youth Group 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Raffle with 'Open The Box' 1pm Hunstanton Conservative Club.

Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattsington.com

West Norfolk Tai Chi Chuan -weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch Carvery from 12noon - 2pm at United Services Club. To book - 07901 524778

Sunday Lunch from 12noon – 2pm at Hunstanton Conservative club. Two courses £8.95, please book.

Heacham Methodist Fellowship

Tuesday 24th October, 2.30pm

Speaker:- Ann McKimm

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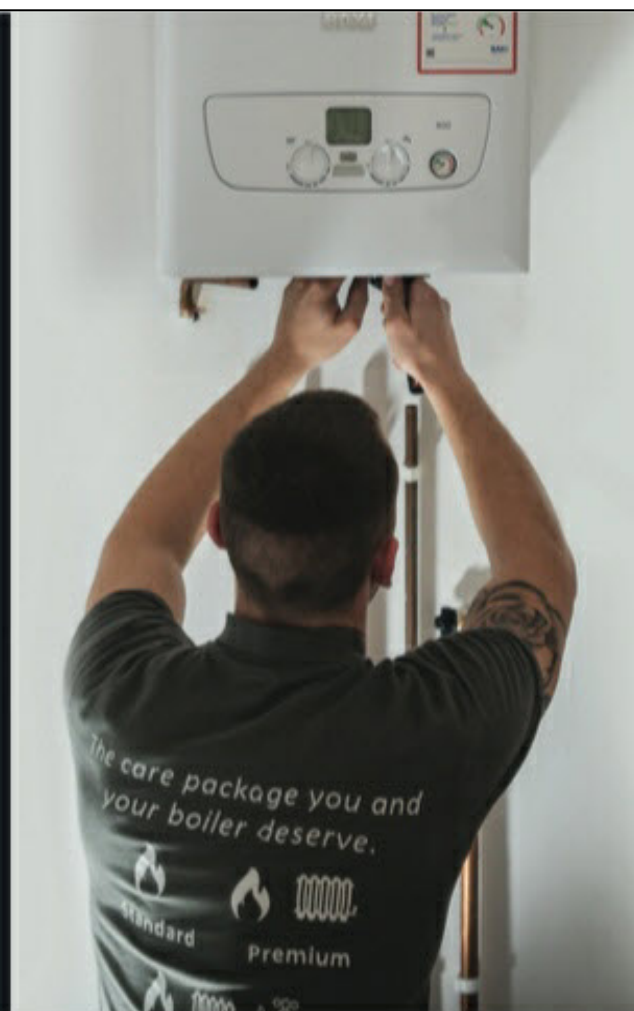
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OTHER EVENTS.

October

October Events at Anmer Social Club

For info see www.anmersocialclub.co.uk,
facebook.com/AnmerSocialClub or email events@anmerclub.co.uk
Club opens 30 minutes before event start time.

- Monday 2nd** 7.30pm Bingo £6.50 for ten cards, £1.50 for a flyer card, £2/card for cash accumulator.
7.30pm Quiz Night £2/entry.
- Friday 13th** 7.30pm Film Night 'Allelujah'. £4
- Friday 20th** 7pm Halloween Fright Night. Music with Roger Williams. £3. Under 16s free.
- Saturday 28th** Children must be with an adult.

October Events at Dersingham Village Centre.

- Tuesday 24th** 7.30pm Film 'See How They Run' £6, under 16s £3.
- Wednesday 25th** 2-5.30pm Hallowe'en Crafts and Fun, for children up to year 6. £5/child, £8 for two. Booking required - via 01485 541465, 543195 or 540433, or bookings@dersinghamvillagecentre.org.uk
- Saturday 28th** 7pm Barn Dance & Hot Supper (Supper at 7.30) with Whirligig. By ticket only. £15 from Dersingham Post Office or 01485 540271.

Tuesday 3rd October 7pm Snettisham Memorial Hall, Old Church Road, Snettisham, AGM of Heacham Group Practice Patient Participation Group. All registered patients of the Heacham Group Practice population are invited.

Thursday 5th October 2pm, The Reading Room Stanhoe, Stanhoe and Barwick WI. Norfolk's Indian Princess; a talk by Juyna Lewis. £5 includes refreshments. For more details contact Valerie on 01485 575261.

Monday 9th October 2pm Sedgeford Village Hall, The Arts Society Lecture: 'Magnificence & Splendour: The Royal Art collection in the Court of Henry VIII' by Linda Collins www.theartssocietynwnorfolk.org.uk

Friday 13th October 7.30pm St Mary's Church, Snettisham, Classical Music Rocks concert - candlelit flute recital by Klio Blonz Tickets: £10 on the door, free for the under 21s. Visit: cmrschoolswestnorfolk.com for more information, or contact Peter Barker on 07972 752343.

Sunday 15th October 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free

Monday 16th October 2pm Community Hall, Hunstanton. U3a. AGM followed by a quiz. For further information see www.hunstantonu3a.org or call 07443 763679

Friday 20th October 7pm Hunstanton Town Hall, Public Information evening to inform residents about a proposed scheme to construct a Tidal Barrier and Container Port across the Wash from North Norfolk to Lincolnshire. The meeting will be an open one and all are welcome. Speakers have been invited to explain the different points of view. After the presentations members of the public will be able to ask questions.

Tuesday 24th October 2.30pm Heacham Methodist Church. Heacham Methodist Fellowship, Speaker:- Ann McKimm 'Speaking with Confidence'

Wednesday 25th October 10am – noon Community Coffee Morning and More, Community Hall, Sunny Side Close.

Wednesday 25th October 7.30pm, Memorial Hall, Snettisham. Snettisham Gardening Club, Simon White of the famed Peter Beales Roses will be telling us how to make Rose Growing easy. Further information from Gail 01485 541279 or Addie 01485 544754.

HUNSTANTON



Our monthly meeting at the Community Hall, Avenue Road, Hunstanton, will be our AGM on Monday 16th October at 2.00pm followed by a Quiz and usual refreshments.

We hope you will be able to join us then. For further information please see our website: www.hunstantonu3a.org
Telephone 07443763679

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**Entertainment
for October**

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Tel: 01485 532462

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Wed 4th: **Prosecco and Cake** from 3.00pm
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Yoga for U3A members on Wednesdays, Thursdays and Fridays.

Mondays: Strength and Balance Class – 4.40pm
Wednesdays: Scrabble 10.00am. Whilst Drive 7.00pm.
Fridays: Lunchtime Raffle drawn at 1.00pm.
Saturdays: 'Open the Box' draw at 1.00pm.

Cash Bingo – Tuesdays and Fridays
Eyes down 7.30pm

www.hunstantonconservativeclub.co.uk

Saturday 28th October 10am HDFA Craft Fair in the Town Hall, Hunstanton.

Saturday 28th October 7.30pm Village Screen Cinema, Amy Robsart Hall, Syderstone . 'The Fabelmans' £4.00. To book 01485 578171 or syderstonecinema_ARVH@outlook.com

Saturday 28th October 7.30pm Princess Theatre Marie Curie fund raiser. Music show with compere.

Sunday 29th October 10am – 4pm RAF Bircham Newton Heritage Centre Open Day. Free

Tuesday 31st October 5 – 7pm St Mary's Parish Church, Heacham. 'Light Party' for children, young people, their families and carers. Anyone out Trick and Treating is welcome.

November


Thursday 2nd November 2pm, The Reading Room Stanhoe, Stanhoe and Barwick WI. Binham Blue, a talk about Mrs Temple's famous cheeses. £5 includes refreshments. For more details contact Valerie on 01485 575261

Saturday 4th November 7.30pm King's Lynn Minster, King's Lynn Festival Chorus concert 'Voyage a Paris'. £15 , under 16s free. Tickets from the Corn Exchange.

Tuesday 7th November 7.30pm King's Lynn Town Hall Classical Music Rocks concert - Anthony Flaum ~ tenor, & Siobhain O'Higgins ~ piano .Tickets: £10 on the door, free for the under 21s. Visit: cmrschoolswestnorfolk.com for more information, or contact Peter Barker on 07972 752343.

Saturday 18th November 10 am – 4pm Craft Fayre, St Mary's Church, Heacham

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October Entertainment

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SAT 7th	DNA ROCK, BLUES & SOUL. 8.30pm.
FRI 13th	TRAVIS. 60s onwards & soul. 8pm.
SAT 14th	THE TONICS DUO. Great tunes fun evening. 8.30pm.
FRI 20th	QUIZ NIGHT. £50 first prize. £4pp including supper. Up to 4 in a team. 8pm
SAT 21st	TONI G. 50s, 60s and Elvis. 8.30pm.
FRI 27th	FRIDAY NIGHT CABARET. TRANNY NIGHT with 2 'girls' & a blue comedian. Tickets available on the door or from the bar staff. £15pp. Over 18s only. 8pm.
SAT 28th	CECIL FARAYI MOTOWN MAN. 8.30pm.

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News from Hunstanton Croquet Club

Events since our last news include our annual Members' Day - a social day of fun games and a fabulous buffet lunch (including cheese scones which would win GBBO!); a morning spent resetting all 60 hoops under the guidance of David Thirtle Watts (hard work - many thanks to all the members who turned up to help); HCC hosting a two day GC Championship series event; a coaching day delivered by our President, Simon Carter and David Thirtle Watts, much appreciated by all the members who were lucky enough to get a place; a three day AC tournament (slightly overshadowed by the concerts at Sandringham) and culminating in our Club Doubles competition - a fabulous day eventually won by David Boxell and Jim Wilson in a gripping final against Colin Spencer and Mary Core.

All of this in addition to our weekly club sessions on Mondays, Wednesdays and Fridays!

October is now here - the last month of our playing season. I'm hoping, as I type this, that we have an Indian summer and that we are able to make the most of our lovely club before putting it to bed for the winter.

If your organisation would like us to host a group event for you next season - please get in touch for details of what we can offer.

Pictures below are: David and Jim - winners of the Club Doubles.

Some of the members who participated in the coaching sessions and HCC member Gren Perry who won the GC 'C' level competition at Ashby.

More pictures from all the events can be found on the News page of our website.

www.hunstantoncroquetclub.co.uk

Caroline Harper



KING'S LYNN FESTIVAL CHORUS

King's Lynn Festival Chorus invites you to accompany them as they 'Voyage à Paris' on Saturday 4th November, 7.30pm in King's Lynn Minster. Under the direction of Ben Horden, the Chorus will perform some of the most celebrated choral masterpieces from the finest French composers – such as Franck's *Panis Angelicus*, Fauré's *Cantique de Jean Racine*, and Viérne's *Messe Solennelle*. The programme also includes organ improvisations, by the incomparable Martin Baker on the Minster's Snetzler organ.

Do come and join us for what promises to be an inspiring and uplifting evening.

Tickets £15. Under 16s free.

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Alison Hoyle

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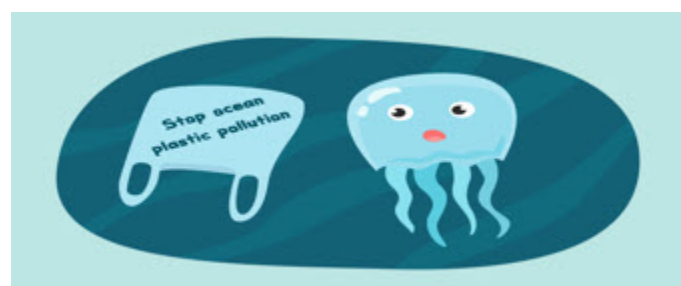
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The Arts Society North West Norfolk

On Monday 9th October 2023 The Arts Society North West Norfolk begins a new season of talks which take place monthly at Sedgeford Village Hall, starting at 2pm. Do come as our guest for £5 to see if you like our meetings. If you join as a member you can enjoy a range of benefits apart from the talks: trips and tours in the UK and abroad, special interest days, regular newsletters and magazines, and a warm welcome. www.theartsocietynwnorfolk.org.uk

Our season begins with a talk by Linda Collins: **'Magnificence and Splendour: The Royal Art Collection in the Court of Henry VIII'**. Linda is an accredited Arts Society lecturer who has lectured worldwide and is author of *King and Collector: Henry VIII and the Art of Kingship*.

The Royal Art Collection of the British royal family is the largest private art collection in the world and Henry VIII is considered the founder. His rivalry with the French king and desire to enhance his own personal image were considered his motivations to lavishly furnish his palaces with paintings and tapestries.

Few of us will ever have the same opportunity, but there is often an intrinsic relationship between what we collect and who we are, a means to channel our tastes, beliefs and even our politics. Some may even buy to suit the interior design scheme, others only as an investment. The obsession of one generation of a family may displease another.

The roots of art collecting began with the ancient civilisations, primarily in Egypt, Babylonia, China and India. But it was with the rise of the Roman Empire that art collecting really came to the fore. From 27 B.C to 138 A.D., from Augustus to Hadrian, an art market was created. The Italian Renaissance is perceived as the origin of the modern-day museum and one of the most important collectors of that time were the Medicis of Florence. The many princely Italian collectors were followed by members of royalty and the aristocracy. In the 17th century and during the 18th and 19th centuries, many of them began to donate their huge collections to museums for the viewing public to see. Continuous collecting has evolved alongside fashion and is essentially linked to the development of the world's most famous art museums and private collections.

The curation of great collections are more than the personal tastes of the collector. They have been carefully organised and assembled. In the 19th century huge fortunes were made in industry, particularly in the United States – J.P. Morgan, Henry

Clay Frick, William Vanderbilt – and European artworks were much sought after to build their collections. One of the most famous collectors in the 1930s and 1940s was the one and only Peggy Guggenheim, herself a recipient of industrial wealth, which has resulted in one of the best-known art collections in the world in Venice. Rare, quality works will be an integral part of any great collection but in the end, it will be the viewer who will make a subjective judgement.

We look forward to seeing you on Monday 9th October 2023 at 2pm at Sedgeford Village Hall.

Lesley Nadel



THE ARTS SOCIETY
North West Norfolk

We meet at Sedgeford Village Hall at 2pm.

Come as our guest for £5 to one talk to see if you enjoy our meetings.



Next talk:
Monday 9th October 2023

Magnificence & Splendour: The Royal Art Collection in the Court of Henry VIII.

Lecturer:
Linda Collins

Would you like to join our Arts Society?
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Borough Council News Heacham, Sedgeford and Fring

Planning appeals. It has always been a mystery to me that a planning application failed by the local planning authority and recommended for refusal by the Parish Council can go to appeal at the Bristol headquarters of the national planning inspectorate. So many do, that the delay between submitting an appeal and having it considered is anywhere between 8 months and well over a year. If you fall into this system and wish to comment on an appeal, then do follow instructions on the notification letter. These are a little bamboozling to the uninitiated. If the case is within my Ward, then I can assist. I may submit a statement myself which may or may not support your view. This happened recently.

Busy roads are an annoyance. I often go to the tip, sorry recycling centre, on a Saturday as I no longer am free in the week. I can queue for up to 3 changes of lights at the Lavender junction and, upon my return, may have to turn left up the A149 to re-enter the village at Lamsey Lane. The reason, of course is queues on the A149 heading for Hunstanton. All good for the tourist industry says my Cabinet member for tourism - independents can disagree. I sometimes wonder how many locals don't go to Hunstanton in the summer precisely because of the tourists, so causing loss in local trade.

Thinking of traffic, you may remember the Wild Ken Hill application and the debate about improving the Lamsey Lane junction. This will only happen when County funds it. The land necessary, currently belonging to Ken Hill, is made available for 15 years in the planning agreement. The planning committee, borough and county officers, consider that the land was gifted. WKH thinks not. An agreement is being sought or application could revert to planning committee for reconsideration.

Sea water quality continues to hit the headlines. Some pretty far-fetched fairy tales gain prominence. An MP appeared to support a view that bird mess washing off the Oasis in Hunstanton contaminated the North Sea. A silly season story I think, otherwise Cornwall needs to be worried about an American peeing into the Atlantic off Long Island.

Be assured that bird mess on the Oasis centre is managed rather better than storm overflows from sewage works. All tittering aside, pollution remains an issue. Currently, you are still advised not to bathe off Heacham beaches.

Neither is all well with the shingle ridge which is the first line of flood defence at Heacham. The Environment Agency intends to take action against beach front property owners who remove the shingle to give themselves a better view of the sea. This was raised 5 or more years ago by Heacham Parish Council who the EA then ignored. However, the shingle ridge is of concern now as it is undergoing natural changes which move it further inland.

The shingle comes from the beach which is refreshed every February with material that has drifted to Snettisham moved back to Heacham and beyond. In the last two years the sea has largely undone this work in a few weeks. Plans to recharge the beaches by moving material from The Wash back onto land seem, now, very unlikely to proceed. Prohibitive cost linked to practical difficulties and uncertainty in its effectiveness lie behind this.

The defence of the permanent housing stock, rather than holiday accommodation, is down to the secondary flood defence, the long bund which provides a nice walk from the outskirts of Hunstanton through to the edge of Snettisham Beach. Work to improve this will, I am told, be undertaken.

Planning matters. The long awaited or dreaded Cheney Hill development is, once again, approaching a decision. The agents are supposed to be meeting with the Parish Council so that reserved matters, how the site will look, can be explained. I met an agent of the company by chance at a meeting to talk about another matter. I stressed that nearby locals were concerned about the proximity of houses, construction traffic and noise, etc. I await contact with the developer.

Unadopted roads are exercising some minds. The clue is in the adjective. Maintenance is either by formal agreement (in the deeds or a signed legal document) between property owners accessing the road or an informal decision to do nothing except, perhaps, repairing the bit in front of your own home. Potential house purchasers beware.

Terry Parish
One of the Borough Councillors for Heacham Ward which
includes Sedgeford and Fring

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THE BOROUGH

I think I keep the Lynn News in print as statements from the Council, dissident views from at least one councillor and tales of myth and fancy from the principal opposition fill the pages.

A Cabinet member, Cllr Kemp, resigned and I appointed a replacement, Cllr Rust. Interruption to business was less than a week. Both people are eminently qualified to do the role, both are hardworking, both are of independent spirit, both were members of the Labour Group during previous administrations. Neither, for different reasons, are well liked by the principal opposition. The latter qualification applies to several more of my members too – all hard working with the knowledge and skill to challenge people. They do it to me never mind opposition members. It's called independent thought rather than whipping a decision.

Anyway, enough of this political whinging.

Amongst other things I am responsible for issues pertaining to Council staff. A significant one is the annual, locally agreed, pay award which was due last April. Union representatives supported the local deal and I concurred with it. As well as trying to provide a reasonable increase in pay for all, the deal seeks to help retain staff in key positions. Recruitment is a problem particularly in the new era of home and hybrid working. Some councils allow almost all staff to work from home all the time and potential new officers are often asking for that provision. I don't think it a good idea and would prefer staff to balance how they work. Seeing an officer in person generally produces a better outcome.

Councillor allowances are linked to staff pay awards – yes you do pay us allowances, basic plus any special responsibilities. The increase last year was around 10% and may have escaped your notice. It will come to Council this month.

There is an organisation called the Local Government Association which, I believe, most councils belong to. It provides advice and resources to councillors and councils to help make them better. My cabinet had a day with two of their trainers to help us think about issues independents have both working their own portfolios and considering conflicts arising from their peers. It was useful and provision for it is included in the Council membership. As it happens, the LGA will also be carrying out a review of aspects of the whole Council this month. This was booked in during the last administration through a request of the current Deputy Leader.

There has been a lot in the papers about West Winch, the large housing development which has been in the pipeline for years, and the housing relief road associated with it. Various statements from all sides of the argument cloud the current facts. The road is not a designated bypass and does not attract funding as such. It will be a relief road and the funding depends upon a visible commitment to the new housing. Without signs of that, no relief road. 'Hooray!' Some might say. However, as all the multiple sites that make up the West Winch masterplan are allocated for development some would then come forward in an ad hoc manner which would not deliver the planned infrastructure, e.g., primary schools.

A significant part of the West Winch development is the 1100 home Hopkins site, which does not depend on the relief road. This will certainly go ahead one way or another, possibly via an appeal. And, without the West Winch development, the Local Plan could easily fail and a free for all across the Borough could possibly occur. 'Hooray!' say the circling developers.

The circle has to be squared.

Terry Parish
Leader of the Borough Council



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Don Bradfield's Hidden Treasure

As a former resident of Heacham, exiled in South Wales since 1961, I used to rely on my mother, Iris, to keep me informed of events in our home village. I can remember her telling me sometime before she died in 2017 that T G Bradfield & Sons store would soon be closing. After Mum died there was, inevitably, a lot of sorting to do to empty our family home in Neville Road. Some of it was packed up and brought back to Wales where most remains unsorted to this day! However, recently I came across an old copy of The Heacham Newsletter which contained a very interesting article, "Don Bradfield Remembers", by Yvonne Magill, reprinted from your April 1998 edition and it sparked the following reminiscences.

Our family moved to Heacham in late 1946 when I had just passed my fourth birthday. In those days Bradfield's was one of a number of family run stores that were central to the life of the village and, in their case, continued to be until they closed. I started school in Heacham in the spring of 1947 and my route to school from Neville Road usually took me past Bradfield's four times every day (we went home for lunch in those days, although I think we called it dinner then). I often saw Don outside the shop, loading the delivery van he referred to in the article. Bradfield's and their rival hardware/ironmongery store, Turner's, (later Wright Bros) at the other end of the High Street, provided a valuable service to Heacham and its surrounding villages, calling systematically street by street, door to door, offering a wide range of household goods from their well-stocked vans. This was a time when most people did not have cars and could not easily get to the shop, so the shop simply went to them. Don, and his counterpart, Mr Bert White of Wright Bros, sold cleaning products, furniture polish, household gadgets, paraffin, hardware – almost anything and everything that a family might need. In those post-war years, before television advertising, they were the people who brought us new lines coming on to the market and we probably first heard of washing powders like 'Tide' and 'Omo' from them.

As I've said, I passed Bradfield's on the way to school every day. Probably like any other youngster, I dragged my feet on the way to school and couldn't get home fast enough. I never kicked a can down the road which probably explains my life-long lack of ability at ball sports, but my friends and I regularly delayed our journey to school with a little bit of mischief. Our route took us from Station Road into Pound Lane, then into Caley Street and along Joyce Lane. Mr Joyce, the builder, lived in Joyce Lane. His yard and workshop were on the site now occupied by Holly Barn and his house was behind the yard. If he was home for lunch his car, an ancient (mid 1920s) Austin 7, would be parked on the lane. I don't think it was ever locked or whether

it even had locks. We really wanted to get in and pretend to drive but never quite had the nerve to do it. However, we very quickly discovered that it had a very inefficient handbrake and was so light that we could easily push it, so we would push Mr Joyce's car a few yards up the lane. I've often wondered whether he ever noticed or thought "I'm sure I didn't leave it there." Probably, some of our other school friends coming before or after us pushed it in the opposite direction, so the net result was that it never appeared to have moved at all! Anyway, with Mr Joyce's car moved for the day we would proceed to Bradfield's. In those days, they had a petrol pump which stood on the pavement outside the shop and we could never pass it without sniffing the pipe, as we were convinced that the petrol fumes were good for you and cleared any nasal congestion (this must have been right as I have never suffered any respiratory disorder or congestion since). Thence, we dragged our feet up School Road and ran round the playground like headless chickens, as schoolboys do, whether under the influence of petrol fumes or not. Thankfully this was the nearest I ever came to vehicle theft and solvent abuse.

Anyway, I digress. Although I'd known Don since my early school days in the late 1940s, I never actually had a conversation with him until 2008 when I was in the shop one day admiring some handmade wooden toys and asking who had made them. The shop assistant called Don who, although retired, was still making these beautiful toys – a lifelong hobby he referred to in the 1998 article. It just happened to be (and still is) one of my hobbies too and we were very soon in a lively conversation about it. He took me behind the shop to show me his workshop, equipped with a state of the art electric scroll saw and we reminisced about how we had started, he a few years before the Second World War and me some years after.

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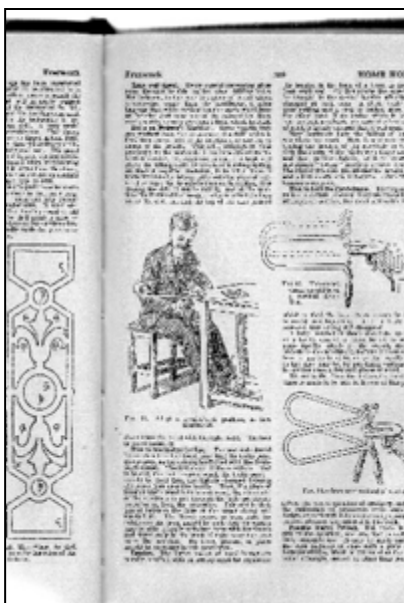
1 Blackfriars Street, King's Lynn PE30 1NN

01553 766795

Also in Downham Market & Wisbech
Website: www.ajcoggles.co.uk

We had both started with a Hobbies Fretwork outfit, consisting of a hand operated fretsaw, Archimedes drill and a cutting table which could be clamped to a kitchen table, enabling us to cut intricate patterns out of wood (as well as chunks out of the table from time to time). The picture below, taken from a 1930s book, shows a man carrying out fretwork at his kitchen table. Note how well dressed he is!

It was a hobby anyone could undertake in limited space with just a few simple tools. Hobbies is a Norfolk firm, then based in Dereham, and now in Raveningham. They supplied (still do) virtually everything that an amateur toymaker, model maker or carpenter could need and to support their enthusiasts in those days, they published a magazine, "Hobbies Weekly". The picture below shows one of my first copies



This was a wonderful publication, for which I waited eagerly every week and it didn't just cover the hobbies I've mentioned above; from it I learnt how to construct crystal sets, valve, and later, transistor radios and amplifiers and there were always

interesting articles on aspects of household DIY, probably before the term was coined. It cost fourpence ha'penny a week when I started to take it in April 1956. I had it every week until September 1959 (mind you, it had gone up to fivepence!). I told Don of the influence that the magazine had on me and that I still had the copies which I had accumulated as a teenager (to this day I still refer to them whenever I need a pattern for a toy or a model). Don's response was "Cor, I wish I still

had mine!" He told me that he, too, had taken the magazine before the War. He valued his collected copies so much that, on the outbreak of war, he decided to protect them from a possible German invasion – so he put them into a wooden box which he buried in the land behind the shop. "The problem was," he lamented, "at the end of the War, I couldn't remember where I had buried them and I never was able to find them. Later on, we built a bungalow behind the shop so they're probably under there, somewhere".

I think that over 50 years or so, Don had eventually reconciled himself to the loss of his prized collection. I am retelling his story as an affectionate reminiscence of an hour spent with one of Heacham's great characters. I suppose that in the intervening years the site has been, or is in the process of being, redeveloped. If a mysterious box is ever unearthed, please may I be there when it's opened.

Mike Trundle



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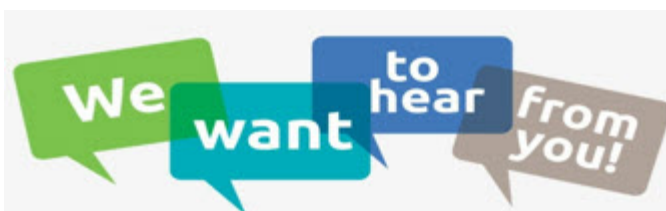
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Well, summers over – how quick did that go!!

So, what's next? Halloween? Bonfire night? Christmas?

CHRISTMAS!! HOW DARE I MENTION THAT WORD.

But think about it. It was only the other week that the schools broke up for their summer holiday, wasn't it?

Before you know it, Christmas would have been and gone, 2024 will be here and it'll soon be Easter, so get your planning head on and start thinking about that lovely Christmas dinner you'll be having.

Our butchers will be taking your Christmas orders from the end of September but why not visit the deli counter and choose some delicious cheeses and accompaniments too.

We also have a large selection of locally produced beers, wines and spirits.

There's loads of other stuff too, so why not pop over and have a look – you never know, you might even end up in Norfolk Lavender's gift shop and pick up a few (dare I say?) Christmas presents.

Stanhoe & Barwick WI

Thursday 5th October: Norfolk's Indian Princess, a talk by Juyna Lewis.

Thursday 2nd November: Binham Blue, a talk about Mrs Temple's famous cheeses.

The Reading Room, Stanhoe. 2.00pm.

Visitors are most welcome. Our charge is £5, which includes refreshments.

Please contact Valerie (01485 576261) for further details.



SNETTISHAM GARDENING CLUB

Our October meeting will be at 7.30pm on Wednesday the 25th in the Memorial Hall, Old Church Road, when Simon White of the famed Peter Beales Roses will be telling us how to make Rose Growing easy.

You will be welcome to join us. Any further information can be obtained from Gail on 01485 541279 or Addie on 01485 544754.

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THE END OF THE TAX RETURN?

By Kathryn Gigg Chartered Accountants, Hunstanton

When the concept of “Making Tax Digital” (MTD) was first introduced, back in 2015, one of the promised benefits was that the number of taxpayers required to submit annual Tax Returns would plummet, since their income would all be automatically uploaded from all sources so that tax affairs would be updated without direct involvement from the taxpayer.

Eight years on, things have not gone exactly as planned. The introduction of MTD has been deferred four times and is now scheduled for April 2026, and even then, it is unclear when (or if) all the self-employed will be brought into the system.

One interesting change which was announced quietly in a taxpayer Agent Update in May, is that from April 2024 taxpayers whose income derives mostly from PAYE (and who have no rental income or self-employment) will no longer need to file a Tax Return if total income is below £150,000 (currently £100,000). Those affected by this will receive a letter from HMRC removing them from self-assessment in due course.

The rationale behind this is, presumably, that HMRC will have received details of most sources of untaxed income direct from the payers and such income will be picked up and taxed via the coding system. However, the new policy seems to open up huge possibilities for over or underpayment in several different ways:

- The higher rate relief on gift aid and private pension contributions will still need to be claimed.
- Even if UK bank interest is accurately supplied to HMRC and matched to the individual taxpayer, HMRC will not know about private or offshore interest which will still need to be declared.
- With the reduction in the tax-free dividend allowance announced in the 2022 Budget many more individuals will need to declare and pay tax on dividends from listed shares. Even if such information were to be supplied to HMRC by the listed companies (and accurately matched) there may still not be a mechanism for HMRC to pick up private company dividends.
- The interaction of all these factors when income is in the marginal “60% band” (where personal allowances are reduced by 50 pence for every pound of income over £100,000) is extremely complex and can only be calculated when all the correct income details are to hand.

There is therefore a real danger that taxpayers will receive the HMRC “exit letter” and assume that they never need to file a Tax Return again. This raises the material concern of underpaying tax on

investment income (particularly as interest rates rise or circumstances change) with consequent discovery assessments, interest and penalties for failure to declare. Alternatively, taxpayers may not benefit from the reliefs to which they are entitled and end up overpaying.

For those fortunate enough to be in this position it is always worth consulting with a qualified accountant to have matters checked, even if a Notice to File a Tax Return has not been received. This will avoid accidental under or over payments and will also give the opportunity to discuss one’s tax affairs generally, including the looming danger of Inheritance Tax which is likely to affect growing numbers in the next few years.

For advice regarding whether or not you should continue to submit a Tax Return please contact either of the partners Kate Gigg FCA or Nicola Tarry FCA at Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or kate@kathryngigg.co.uk

Mrs K H Gigg FCA

NB: Article written in August 2023

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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♦ Poets' Corner ♦

Dancing People

Our world is full of countries that fight and disagree,
Everywhere there's problems some struggle to be free,
People live with troubles, prejudice, jealousy and hate,
And others see the world of dancing with their mates.

Dancing ballet, ballroom, traditional, street, line or tap,
To the tempo of an orchestra, drums, discs, or just a clap,
We are dancers good or bad, for dancing's why we came,
Dancing there together, we're dancers, all the same.

No matter where you come from, or what's your sex or colour,
How you dress, speak or see, while dancing, you're my
brother,

When we dance our world is free, moving there together,
Whirling tuning with the rhythm, pleasures there forever.



Draw the Lines

There they are, the ones that draw the lines,
Playing with the music, no one's left behind,
Moving with the memory, follow every thought,
Express yourself in movements,
the feelings that you caught.

All those moves together, blended to our will,
Pivots, turns and chases', on and never still,
Thank you for the pleasure, thank you for the call,
The choreographers of the world,
bring happiness and joy for all.

For the Choreographers and dance teachers of the world.

John W

General Knowledge Quiz GEOMETRICAL FIGURES

ANSWERS

1. The Pentagon
2. Circle Line
3. The Cube
4. Torus
5. The Oval (Kennington)
6. North & South Korea
7. Bermuda Triangle
8. 50 pence piece
9. Berkeley Square
10. The Hexagon
11. Joan Of Arc
12. The Red Crescent

CROSSWORD SOLUTION

Across:

1. Anguish
5. Windbag
9. Tra-la
10. Toadstool
11. Spare tyres
12. Tint
13. Shopaholic
16. Shin
18. Even
19. Goggle-eyed
21. Tutu
22. Treble clef
26. Persevere
27. Ragga
28. Cossets

Down:

1. Attests
2. Guava
3. I dare say
4. Hotly
5. Weakening
6. Nose
7. Boorishly
8. Gelatin
14. Overturns
15. Odourless
17. Meteoric
18. Ectopic
20. Defraud
23. Breve
24. Legit

King's Lynn Squash Club Donates £526 to The Norfolk Hospice Tapping House as part of their Charitable Legacy

The Norfolk Hospice Tapping House recently received a generous donation of £526 from the former King's Lynn Squash Club, a contribution that will make a meaningful difference in the lives of those in need.

When King's Lynn Squash Club disbanded, they made a solemn commitment to utilise their remaining funds by supporting five deserving local charities. Recently, Chairman John Durant and Secretary Helen Durant fulfilled their pledge by presenting the final donation to The Norfolk Hospice Tapping House.

During their visit to The Hospice, John Durant and Helen Durant were deeply impressed by the vital work being done by the dedicated staff and volunteers. They had the opportunity to tour the facility and gain a first-hand understanding of how even small donations can have a positive impact on the services and care provided by the charity.

The Norfolk Hospice Tapping House is immensely grateful for the £526 contribution from King's Lynn Squash Club, which will directly benefit the hospice's mission of providing care, support, and comfort to those with life-limiting illnesses and their families. Every donation, regardless of its size, plays a crucial role in ensuring that the hospice can continue to deliver its invaluable services to the community.

In addition to The Norfolk Hospice Tapping House, King's Lynn Squash Club also made contributions of £526 each to four other deserving causes within the local community. These

beneficiaries include the Breast Cancer Unit, Scotties Little Soldiers, Leonard Cheshire, and the Emerson Unit at QEH, all of whom will benefit from the club's legacy.

The donation was presented to The Norfolk Hospice Nursing Assistants, Carole Brocklehurst and Joanne Spencer by King's Lynn Squash Club Chairman, John Durant, and Secretary, Helen Durant.

The Norfolk Hospice Tapping House extends its heartfelt thanks to King's Lynn Squash Club for their commitment to the community and their dedication to making a positive difference in the lives of those in need.

Gary Pooley



Photo: Helen Durant (KL Squash Club Secretary), John Durant (KL Squash Club Chairman), Carole Brocklehurst and Joanne Spencer (The Norfolk Hospice).

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Hunstanton & District Rotary Club

Picnic at Peter's



On Saturday 9th September, around 25 Rotarians and friends met at Peter Brooke's beautiful garden to enjoy some wonderful sunshine, great fellowship and a superb fish and chip lunch and dessert. The fish and chips were supplied by Superfry.

It was great to see so many old and new friends there and a big thanks go to Peter Brooke, Peter and Val Atterbury for making sure that the whole event was a great success.

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Heacham Based Musician Raising Money for Marie Curie UK

Heacham based Musician and Author to play show and release single for Marie Curie UK

This October a Heacham based musician and author is performing at the Princess Theatre in Hunstanton for Marie Curie UK. Damian Carruthers, who plays guitar in the band Tiger Sky, will be performing with the band on the 18th October at 7pm.

The band formed this year and released their debut single 'Walking On Raindrops' to critical acclaim and were invited onto both BBC Radio Norfolk and BBC Radio Suffolk to perform live and interview. BBC Radio have championed the song and the band have also been played out on radio globally and picked up plenty of press along the way. As well as the Theatre show, the band are also releasing a single in aid of Marie Curie UK which will feature Snettisham Primary School.

Damian started working with Marie Curie UK in 2021 when they asked him to write a song for their annual Lights Remembrance Service. The track was broadcast all over the UK and Marie Curie were so impressed with it that they asked him to write again in 2022. This year marks the 75th Birthday of the Charity and Tiger Sky have written and recorded a song with a different feel this year. The band which consists of Damian Carruthers, Adam Brucass, Alexander Tor Stangeland and Greg Hale, have taken a different approach with the writing this year, and instead of focusing on the grief process with music, they have focused on celebrating the great work Marie Curie UK do. The band, and choir, will record a video for the song at The Princess Theatre on the afternoon of 18th October and video duties will be undertaken by another Heacham local, Matthew Dylon Knight, a talented photographer and videographer.

Marie Curie UK are a charity quite close to Damian's heart; he has been the sole carer for his mother who has suffered from both Dementia and Alzheimer's since 2020, and this has given him a real insight into end of life care and the daily struggles Marie Curie nurses have to endure.

Tiger Sky will perform at The Princess Theatre in Hunstanton on October 18th 2023. Doors open at 7pm and tickets are £22. The band are hoping that the whole local community will get behind the show and song. Tickets can be purchased on the Princess Theatre website or by calling the theatre on 01485 532252.



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18th OCTOBER - SHOW TIME 7.30pm




TIGER SKY **COMPARE IAN LARKIN**

Featuring
CARA KNOX SINGER/SONGWRITER
ADAM BRUCASS COUNTRY JAY HARRISON SINGER/GUITARIST

Also Featuring
SNETTISHAM SCHOOL CHOIR



Proposal for a Barrier across The Wash

Hunstanton Town Council (HTC) are to hold a Public Information evening to inform residents about a proposed scheme to construct a Tidal Barrier and Container Port across the Wash from North Norfolk to Lincolnshire.

The meeting will be held on Friday 20th October at Hunstanton Town Hall, starting at 7.00pm.

HTC recognises that public awareness of the proposal for a Wash Barrier is currently quite limited. It is vital that our residents, along with those of North West Norfolk, are fully informed about the proposals and how they will affect them.

The Wash Barrier proposal is a £2 billion scheme that will combine a tidal energy barrier with a container port and an 11-mile roadway connecting Norfolk with Lincolnshire. Proposals have been announced by Centre Port Holdings Ltd and are in the initial feasibility study phase. Funding for the study is provided by the energy utility company Centrica.

Concerns raised so far include the environmental impact on the Wash, a sensitive area for wildlife on an international scale. From another perspective there would be the production of green energy and the possible protection of the Fens from flooding.

The meeting will be an open one and all are welcome. Speakers have been invited to explain the different points of view. After the presentations members of the public will be able to ask questions.

Nearer the date we will produce an updated press release with names of speakers.

If you have any questions, please email Cllr Robert Corby
crr.corby@hunstantontowncouncil.gov.uk

Chair of HTC's Environment Committee and organiser of the event.

Or Jan Roomes, Town Clerk
clerk@hunstantontowncouncil.gov.uk



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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 17th October at 7.00pm at the Parish Office, Pound Lane.

The Full Council Meeting for November will be held on Tuesday 21st at 7.00pm at the Parish Office, Pound Lane.

Please see the Parish Council website, noticeboard at the Old Dairy site, Pound Lane and the Parish Office noticeboard in the lobby for agendas. Council Meeting minutes will be posted on the Parish Council website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings are held in the Parish Office. Members of the public are invited to attend committee meetings if they wish.

ALLOTMENTS

We find ourselves without a waiting list once again for our allotments. This in part is due to the fact that the new year begins in October and so now is a good time to give up if needed. We have quarter (£10), half (£20) and full plots (£40) on the site so it will be a case of what is available at the time.

Please enquire at the office.

OLD FRIENDS HALL

The hall is still closed and so no bookings can be taken. We are hoping that remedial works to the wall of the Old Friends Hall will at least be under way by the time you read this. We hope to get it up and running again as quickly as is possible and we will inform you when the work is completed.

HEDGES AND OVERHANGING TREES

Now that the nesting season is over, please could everyone with hedges on boundaries and trees that overhang the highway or footpaths cut back as close as you can (they do grow back!) to your boundary. This will hopefully help during the next growing and nesting season. Many throughout the village have been a problem this year and have had to be written to.

STREET LIGHTING

With the days now starting to draw in, our footpaths will need lighting earlier and a light out will become noticeable. All lights within the village, apart from a few, are the responsibility of Heacham Parish Council and we would ask that they be reported to the office. When reporting a light please remember that it is the address of the light we need. If a light sits directly between two properties it will have the address of the property opposite. When reporting a light by leaving a phone message or email, please leave a contact number in case we have trouble identifying it; we can then get more information if needed.

REMEMBRANCE SUNDAY

This year's Service of Remembrance will take place at Heacham Parish Church on Sunday 12 November. Traffic is advised to avoid Hunstanton Road while tributes are laid at the War Memorial between 10.45am and 11.20am on that day.

It would be lovely to see as many of you as possible at the memorial for the wreath laying.

RECREATION GROUND

We are pleased to say that we have (thanks to Edd Hammond and helpers) installed a fire station and petrol pump to go alongside the fire engine. Thank you very much to them for their hard work.

PARISH COUNCILLORS

There is a full list of Parish Councillors on the noticeboard at the old dairy site. If you wish to speak to any of them direct, then contact the office and staff will arrange that.

We are still down to 14 Councillors so really would like 3 more people to join them.

HORSES

Whilst driving around the village beware of horses, SLOW DOWN when passing them. Remember that this is a rural village.

PUMPKINS

Please remember that after Halloween you can leave your pumpkin out for the birds. But don't leave it on the ground as it will encourage vermin and it will be accessible to hedgehogs - pumpkins make them ill.

COMMUNITY COFFEE MORNING

With the Old Friends Hall still out of action the monthly coffee morning will be held in the Community Hall at Sunnyside Close once again. Come along and enjoy great cake and a cuppa whilst meeting some new or old friends, it only costs £2! There is also a quiz to entertain you and a raffle. 10am until noon every last Wednesday of the month.

!!WANTED!!

PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's Fourteen Councillors need another three to join them to help look after the village. You would need to be able to commit a few hours each week to attend meetings and to get involved with the work of the Council.

If you are interested, please call in at the Parish Council Office, or contact the Clerk Sue Eke on 01485 572142 for more details.

SOCIAL MEDIA

Just to remind everyone that any opinions or responses have to be agreed to by ALL Councillors and so immediate responses are not allowed. Questions can be sent to the Office and passed for discussion to Councillors.

HEACHAM PARISH COUNCIL OFFICE

The office is open to the public on Monday to Thursday 10am until noon. There is someone in the office Monday to Thursday until 5pm and Friday morning to take telephone calls. It is also possible to make an appointment with the Clerk at other times.

Please feel free to pop in with any enquiry you may have.

Any queries should be addressed to:

Heacham Parish Council Office

Jubilee Clinic Pound Lane Heacham

Norfolk PE31 7ET

Tel 01485 572142

Email: heachampc@btinternet.com

Website: heachamparishcouncil.norfolkparishes.gov.uk

HELP LINES

HEACHAM GROUP PRACTICE

01485 572769

Heacham Surgery MON TO FRI 08.30 TO 18.30
Snettisham Surgery MON TO WED 8.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.

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111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST (Boots) 570297

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DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN MON, TUES, WED, THUR 10:00 - 12:00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

TERRY PARISH 07885 258428

ANDREW JAMIESON UNAVAILABLE

NORFOLK C.C MICHAEL CHENERY 07920 286638

PARISH LIBRARY (in Church Hall, High Street) 07398647119

OPEN MON, WED, FRI 10.00 - 16.00 SAT 10.00 - 12.00

HEACHAM POST OFFICE 570330

OPEN MON-FRI 09.00 - 13.00, 14.00 - 17.30, SAT Closed

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

DENTIST Emergency only for patients not registered with a dentist 01553 223193

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613

POLICE 101

SAMARITANS Freephone 116123 or (local charge) 0330 094 5717

CHILD LINE 0800 1111

SILVER LINE 0800 4708090

ELECTRICITY (UK Power Networks) 0800 3163105

ANGLIAN WATER 0800 771881

GAS ESCAPE 0800 111999

24hrs VETERINARY CLINIC (Medivet Heacham) 01485 570065

HUNSTANTON LIBRARY 01485 532280

OPEN TUES WED FRI - 9am-7pm

SAT 9am-4pm MON & THURS - Closed

HEACHAM CHALK PIT and

RECYCLING CENTRE 0344 800 8020

Open 9am - 4pm

HEACHAM COMMUNITY WEBSITES

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

HEACHAM HALLS

PUBLIC HALL 570776

PINE RESIDENTS HALL, Wilton Road Pat Toppin 779208

METHODIST CHURCH HALL, Station Road Mike Careless 570363

ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12 572539

OLD FRIENDS HALL Sunnyside 572142

HEACHAM SCOUT HUT Sunnyside 592041

MAIN PICK-UP POINTS FOR HEACHAM NEWSLETTER

First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Post Office, Norfolk Lavender, Ridouts Bakery, Parish Library,

MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks

From 20th July 2022

09:50 HANOVER GARDENS	12:55 GYM KHANA WAY
10:20 ROBIN HILL	13:15 COLLEGE DRIVE
10:50 RINGSTEAD ROAD	14:40 GIDNEY DRIVE
11:10 ROLFE CRESCENT (Opp.No.22)	15:15 NEVILLE ROAD
11:30 SCHOOL ROAD	16:05 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:25 SITKA CLOSE
12:15 FENSIDE	16:50 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:10 NEVILLE ROAD

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KING'S LYNN

Bus Enquiries:-

www.lynxbus.co.uk

01553 611955

	Service		
	34	35	36
	via QE Hospital via Sandringham Coastliner		
Mon - Sat			
1st bus from Fox & Hounds	0659	0745	0729
Last bus from King's Lynn	2010	1600	1630
frequency	2/hr	1/hr	1/hr
Sun			
1st bus from Fox & Hounds	0915	1025	0844
Last bus from King's Lynn	1940	1610	1630
frequency	1/hr	1/hr	1/hr

Service 36 on School Days

1515 Smithdon School to Hunstanton

New Route 33

Hunstanton, Heacham, Sedgeford, Docking, King's Lynn - see website

WNCT Dial-a-Bus Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Babingley. Every Tuesday, Wednesday & Friday

For more information, cost of fares, a membership form or to book

www.wnct.co.uk

01553 776971

DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

St.Mary's Church - Front Porch. Available 24hrs

Sports Field Pavillion - On the external wall of the pavilion

Fire Station - On the front - Available 24hrs

Chalk Pit Recycling Centre - Outside the gates. Available 24hrs

Pioneer Holiday Park - In yellow phone box adjacent S Beach Rd, 50yds

towards beach from main entrance

North & South Beach Toilets - on exterior wall. Available 24hrs

Tesco - Inside by the events board

Methodist Church - on the front. Available 24hrs

Palm Beach Holiday Park - half way down in the red phone box

TIDE TABLES

OCTOBER & NOVEMBER 2023

HIGH WATER AT HUNSTANTON											
Heights above chart datum											
Time Zone UT (GMT) add 1hr. for BST ends 29th Oct											
Oct 2023						Nov 2023					
Date	Morning	Afternoon				Date	Morning	Afternoon			
	Time	m	Time	m			Time	m	Time	m	
1 SU	07 04	8.1	19 42	7.6		1 W	08 02	7.3	20 16	7.0	
2 M	07 45	8.0	20 15	7.4		2 TH	08 41	6.9	20 46	6.6	
3 TU	08 24	7.7	20 40	7.0		3 F	09 22	6.3	21 19	6.2	
4 W	09 03	7.2	21 18	6.6		4 SA	10 10	5.7	22 01	5.7	
5 TH	09 43	6.5	21 52	6.1		5 SU	11 20	5.2	23 14	5.3	
6 F	10 34	5.8	22 40	5.5		6 M			12 45	5.0	
7 SA	11 52	5.2				7 TU	00 50	5.3	13 58	5.2	
8 SU	00 08	5.1	13 24	5.0		8 W	02 04	5.5	14 59	5.6	
9 M	01 39	5.2	14 45	5.3		9 TH	03 01	5.9	15 48	6.0	
10 TU	02 51	5.6	15 49	5.7		10 F	03 46	6.3	16 27	6.4	
11 W	03 47	6.1	16 34	6.2		11 SA	04 25	6.6	17 01	6.7	
12 TH	04 30	6.5	17 10	6.5		12 SU	05 03	6.8	17 35	6.9	
13 F	05 06	6.8	17 42	6.8		13 M	05 41	7.0	18 09	7.0	
14 SA	05 40	7.0	18 11	6.9		14 TU	06 20	7.1	18 45	7.1	
15 SU	06 15	7.1	18 43	7.0		15 W	06 59	7.1	19 18	7.1	
16 M	06 49	7.2	19 13	7.0		16 TH	07 38	7.0	19 53	7.0	
17 TU	07 21	7.2	19 42	7.0		17 F	08 19	6.8	20 29	6.8	
18 W	07 53	7.1	20 10	6.9		18 SA	09 04	6.5	21 11	6.5	
19 TH	08 26	6.9	20 41	6.6		19 SU	10 00	6.1	22 05	6.2	
20 F	09 05	6.5	21 19	6.3		20 M	11 16	5.7	23 16	5.9	
21 SA	09 55	6.0	22 11	5.8		21 TU			12 47	5.7	
22 SU	11 07	5.5	23 26	5.5		22 W	00 40	6.0	14 01	6.0	
23 M			13 07	5.4		23 TH	01 55	6.3	15 05	6.3	
24 TU	01 13	5.6	14 34	5.8		24 F	02 57	6.7	15 58	6.7	
25 W	02 33	6.1	15 39	6.4		25 SA	03 53	7.0	16 44	6.9	
26 TH	03 31	6.7	16 31	6.9		26 SU	04 43	7.2	17 26	7.1	
27 F	04 23	7.3	17 15	7.3		27 M	05 33	7.3	18 06	7.2	
28 SA	05 09	7.6	17 56	7.4		28 TU	06 21	7.3	18 45	7.2	
29 SU	05 54	7.8	18 34	7.5		29 W	07 06	7.2	19 21	7.1	
30 M	06 39	7.8	19 11	7.4		30 TH	07 48	6.9	19 55	7.0	
31 TU	07 22	7.7	19 44	7.3							

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