



THE HEACHAM NEWSLETTER

March 2022

This newsletter reflects the views of its contributors, not necessarily those of the editors, sponsoring body or advertisers



'High Tide, Heacham South Beach' - Michelle Louise Carter

Deadline for the next edition is 12 noon, Tuesday 15th March 2022



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THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication

your letters..



Heacham

Dear Newsletter,

Wow Heacham

What a great turnout at the Public Meeting on Sunday 6th February 2022.

Approximately 300 Parishioners and representatives from Heacham Parish Council attended.

On behalf of Dave Curtis, thank you all for coming and for showing your support.

Hopefully, you all now have a much better understanding of the proposed Heacham Community and Heritage Building Project and its likely impact on the village and your personal finances.

The Heacham Parish Council must now follow through on the will of the Parishioners as established at the Public Meeting, as there were very strong opinions expressed and there is clearly not a mandate for this Project to proceed.

A referendum must be conducted village wide of one vote per every Council Tax paying household in Heacham so that your views on this Project's future can be clearly established.

David Brown



Neville Road

Dear Newsletter,

Heacham History & Triple 400th Memorial 2022

As you know I have been researching our village Pocahontas and John Rolfe history since 1995 inspired by Mrs Freda England who said ALWAYS FIND THE REAL PROOF HISTORY DOCUMENTS. We saved our old films + books donated to fundraise for charities + documents + models + posters. We share this research for free for fun with others globally in the many museums in UK and America and Bermuda we have all found, with more than 50 names of volunteer researchers since 1925. It is all very important that changed international history and first united our two nations. Pocahontas, on our village signpost, and her Heacham husband John Rolfe and their son Thomas Rolfe are three important peacemakers that lasted 38 years with three special Peace Treaties they made with her Father Chief Powhatan 1614 and then his cousins Chief Nectowance and son Chief Totopotomoi when Thomas Rolfe was age 35.

As you may remember we had a fantastic HAPPY INDIGENOUS FAMILIES DAY on October 11th 2021, with my special thanks to some of our research in the Heacham Newsletter November 2021, to their team and Danny Keen.

But we have had many more celebrations since 1925!!!; at Sedgeford Hall, Pocahontas Pageant saved in my neighbour's old photos, Audrey Benstead who was a bridesmaid age 9, including the spectacular 1997 Pocahontas Pageant at King's Lynn Corn Exchange, saved on film, and for 400th Memorials

in 2007 Jamestown, with Virginia Chorus Children Choir + Village Pageant + Pocahontas History Day organised brilliantly by Philippa Sewell and PCT. Then 2009 Bermuda 400th and 2014 Wedding Anniversary 400th with 22 Colonial Dames and 2017 Pocahontas 400th at Gravesend and now 2022 is a triple 400th Memorial.

John Rolfe sadly died aged 37 of many deadly diseases on 22nd March 1622 at his Varina home Henricho Virginia America and has never been remembered in Heacham and they definitely need new Memorial windows in the Heacham church Ladies Chapel near where his family + parents + famous stepfather are buried + 3 new statues in Heacham opposite the church, as Lord Nelson has just been given a new one carved in his village + new Museum planned -TWO very important Norfolk men who BOTH changed history.

10 of my exhibition posters were displayed last summer at Hunstanton Heritage Centre and 26 posters + models + books every summer 1997-2014 in Heacham St Mary's Church and 15 posters at Gravesend St Georges Church 2017, used again on Happy Indigenous Families Day October 11th 2021 and our Pocahontas Dove of Peace 2015 film was used on Thanksgiving Day 2021 in America by CBN shown again in many towns schools churches in America, all shared on the Heacham Heritage Facebook

<https://www.facebook.com/heacham.heritage>

There is lots more archive found since 2015 that I can explain that needs filming and preserving for ever in our Heritage Museums and in America who I link to and we support Pocahontas descendant Rappahannock Chief Anne Nelson Richardson and her excellent films + lectures + conferences + their research history Pocahontas' Peace projects with two special awards and more exciting news this week about new important Tobacco 'pharmed' medicines for Covid and tropical and other deadly diseases that are saving lives, made in Kentucky, America linked to UK and Thailand and Germany.

I look forward to your comments and we hope that Chief Anne and her American friends linked to these important triple families can visit in the autumn on Happy Indigenous Families Day October 10th 2022 and the Royals and Rolfe's to plant a new memorial mulberry tree and hopefully swap their bibles back to the correct families and celebrate this history.

Christine Dean

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**2 hours per day (16:30-18:30)
to provide light personal care and
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to an amiable elderly gentleman.
Please call us for further information.**

07929 789357



Reepham

Dear Newsletter,

‘Pocahontas Players’

What a wonderful welcome back the Pocahontas Players gave us on Saturday 22nd January; it was absolutely just the tonic we needed after two years of the awful pandemic restrictions.

Each and every one of the cast gave us a really enjoyable afternoon, the costumes were amazing as always. Well done to all who created those magnificent scenes and all the hard work in putting on such an amazing show in such conditions the pandemic caused.

My heartfelt thanks to each and everyone who was involved in this production. Definitely worth the drive from Reepham to watch such talented people performing and all the others who work so hard to put on a Great Show. I am so looking forward to the VE Day Show on Saturday 14th May, 2pm performance.

Jeanette Overton



Leaside

Newsletter,

‘Raffle Prize’ and a ‘Thank You’

To my amazement, I somehow managed to win (with ticket no. 211) the prize of a food hamper after the open-air carol service on 21st December. Although I enjoyed sharing some of the items with friends, I decided to donate the remainder of the contents to the King’s Lynn Food Bank. I thank all those who bought tickets for enabling me to do this, and hope they will approve of my decision.

I also thank most sincerely all those who kindly helped me when I suddenly became so unwell on 11th January. I do not know how many (quite a lot, apparently) or who they were, but I am most grateful to them for saving the day. Following two days in Hospital, I have been able to return home, and to continue preparing to present Platinum Jubilee Gala in the summer (further details to follow).

With kindest regards, and grateful thanks again.

John Harris

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Heacham

Dear Newsletter

I must admit that recently it's been very hard to find any optimistic people, but it seems that Councillor Martin Wilby from Norwich is very optimistic. It's marvellous that he envisions traffic flowing smoothly along the A149 and has given it, in places, a 50mph limit, but, although he is full of optimism I have always found it almost impossible to reach the dizzy heights of even 40mph from or to Heacham. I have already noticed vehicles travelling around the 30-35mph mark in the new 50mph zones and 40-45 in the 60mph zones. The average speed cameras are set at 60mph NOT 50mph. Of course I am aware of the speeds being allowed, by law, up to the speed limit and of it not being a target.

Another thing which I find very strange is the number of vehicles approaching the Dersingham roundabout from the King's Lynn direction and the Snettisham roundabout from the village seem to get muddled at what they are supposed to do with their indication and positioning. There is NO right hand exit at either of these roundabouts, there is left exit or straight ahead exit both of which will be on the left of the vehicle. I would like to meet a driving instructor who ever taught a driver to approach the roundabout, intending to go straight, (second exit), to use their right hand indicator and to skirt close to the roundabout and then to suddenly switch to the left hand indicator and lurch away from the roundabout into the intended exit, (straight on). Maybe I'm wrong, maybe I misheard something during my driving lessons, but I'm sure that unless there are road markings, one should follow the Highway Code at a roundabout.

Anyway, it's good to be finally emerging from the rules and regulations of the past two years. It's funny how things were, shortages of basic items, panic buying, when in reality there was no such thing. Toilet paper was only in short supply because of the ignorant people who flooded into shops to get it. The same with flour and pasta. Then the government sent out the message via the media that fizzy drinks couldn't be made fizzy, therefore a shortage; no there wasn't! Then the wise media informed the gullible there was a fuel shortage- no there wasn't! There would be no turkeys for Christmas lunch, no toys for Christmas, alcohol was getting a bit low. Again, no it wasn't..until the idiots stormed the outlets and bought through panic.

Now we have a bigger problem evolving, bigger than any pandemic. We have the Russians impolitely waiting like vultures at the border of Ukraine. There is no need to listen to what the Government might say about it, if they can lie through the teeth about their 'maybe' parties, imagine the lies they tell about everything else. Not one politician can even lie straight in bed. Let's keep our fingers crossed for Ukraine and the people there, and hopefully full scale destruction of it, and other places will be averted.

P J S





Cunningham Court

Dear Newsletter

‘Thank You’

Well done Pocahontas Players for yet another lovely pantomime. It’s so great hearing the little ones taking part. Well done to Josh & Ben for producing it.

Also, thank you for the great Newsletter we receive every month, where we can contribute our letters etc., etc. You all work so hard.

Heacham is the greatest place to live! Thank you.

Barbara Preston



Peterborough

Dear Newsletter

Regarding Borough Council News

The article on Borough Council News in the December edition of Heacham News started with the line ‘Merry Christmas and a Happy New Year to almost all of you’ and there was me always thinking that this was the season of goodwill to all men. It appears that Councillor Parish is more bigoted than I imagined. It was of course good to see that even when most of the holiday homes are closed for winter, he still couldn’t resist having a go at people such as myself and my fellow holiday homeowners.

We bought our caravan in 2014 and have always felt welcome by the villagers we meet, who are always willing to stop for a chat or give ideas for a new dog walk. Holiday homeowners

support the various local businesses which in turn provide employment for local people. King’s Lynn and West Norfolk Borough Council state that in the last financial year the local economy benefitted from income of over £434m from tourism, not a sum to be sniffed at surely.

Whilst there will always be some who make life difficult for the permanent residents, I can assure the Councillor that most of us want to feel part of the vibrant community which is Heacham and we can’t wait to get back to our caravan for hopefully a great summer.

Although Councillor Parish does on occasion include a slight political bias into his articles it was disappointing to read that the Heacham Newsletter had been used for political purposes by the Labour Party under the heading ‘Why are our Energy Bills so High?’. There can be no place for this type of article in a publication such as The Heacham Newsletter, a sad day indeed.

It was however lovely to read the item about Wild Ken Hill and I look forward to reading more about the work being undertaken there.

David Richmond

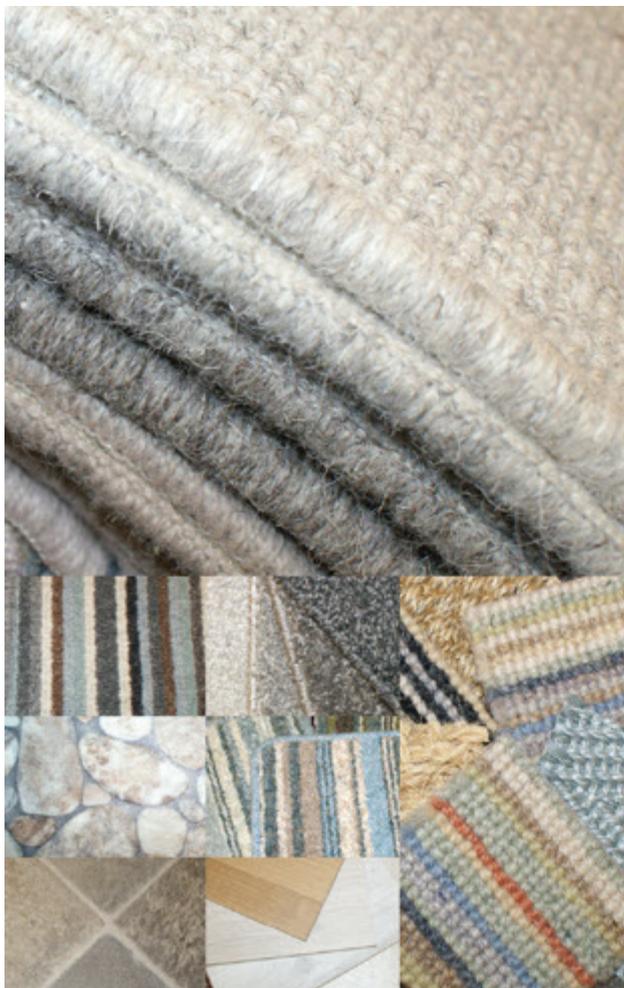
In response to the above letter, Councillor Parish has replied:-



Heacham

Dear Mr Richmond

I don’t know why you connect my ‘Happy New Year to almost all of you’, to caravanners or holiday homes in general. I was thinking of those people, local or visitor, who put in harmful



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planning applications, think nothing of removing a meadow, regularly drop litter, or speed through the village. Fortunately, they are a small minority.

I did state, later in the article, that there were already 2,317 caravan pitches in Heacham, some of them with 11 months occupancy and let the readers make up their minds as to whether this was enough. I had many very good caravan holidays years ago, though the site in Wales was far less crowded than those in Heacham and not adjacent to others.

We all contribute to the local economy but there is a difference between residents and caravanners. Homeowners pay Council Tax, caravanners do not. Any business rates that site owners pay do not come to Heacham, they go to the Borough or Government. A precept from Council Tax goes to the Parish Council where it is spent on work within the village: The children's playground, dog bins, benches, Bray's Pit, The Saltings, Chalk Pit, Old Friends Hall, library, street lighting, maintenance of Parish assets, salaries of employees etc etc.

I have no political bias, I am an Independent. However, I am leader of the opposition to the political party which runs the Borough Council. My role is to hold them to account which is done by the hard work of my group and others.

I hope you continue to enjoy your holidays at Heacham and appreciate all the work the Parish Council does to make the village better than it would be otherwise.

Regards.

Terry Parish
Borough and Parish Councillor

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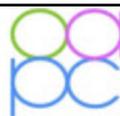
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CHURCHES TOGETHER IN HEACHAM



Heacham Parish Church

They say that time passes more quickly as you age. I am beginning to believe that this is true. It only seems like five minutes ago that it was Christmas and we had a Carol service on the bowling green. As I write this message in the

Newsletter, we are weeks away from Lent. Before we know it, Easter will be here, and the year will race on to summer. Time flies.

The bible speaks quite a lot about time. It is a great comfort to many that there are verses in psalms which say, "The Lord is a refuge for the oppressed, a stronghold in times of trouble" and "My times are in your hands".

Throughout the bible there are references to times. Even the Lord Jesus spoke of times. He would remind his disciples that His "time had not yet come". I think of these words when I grow impatient with situations and events which take a long time to resolve. I remind myself that The Lord understands, because He knew what it felt like to wait for events and circumstances to unfold, albeit on a much vaster scale.

Waiting is the property of all of our lives. We wait for joyful times and happenings that we plan and prepare for. We also wait for difficult times to arrive that wait on the horizon of all of our lives too.

How do we wait with peace and patience and hope in all these matters? There is no better place to wait but in the presence of the living God who knows our joys and frailties. So, whatever we wait for this year, let's wait on Jesus who the bible tells us, "All the days ordained for me were written in your book before one of them came to be."

Pip Lawrence
Heacham Church Ministry Team

Church Opening Times

The Church is open from 10am to 4pm every day.

March 2022 Services

There will be a service in church every Sunday at 10am. Services are live streamed on Heacham Parish Church YouTube channel (<https://youtu.be/azbvfyEG9EY>). We will also have a recording of the service on our YouTube channel which will be available each Sunday, after the service has taken place.

- 2nd Mar: Holy Communion with Ashing at 12 noon followed by soup lunch**
- 4th Mar: World Day of Prayer Service at 10.30am**
- 6th Mar: Morning Worship**
- 13th Mar: Holy Communion**
- 20th Mar: Morning Worship**
- 27th Mar: Holy Communion**

Coronavirus Update

Seating during services has returned to pre-COVID days. However, there is an area at the back of the church where socially distanced seating is available for those who are vulnerable or would prefer it.

Mask-wearing is no longer mandatory in church but please wear one if possible as you come in, out, and move round the church. They can be removed when seated for the service if you wish.

We still encourage you to test and check that you have a negative LFT result before coming to church. If you feel unwell, please stay at home and join the service online.

COVID regulations are regularly reviewed so please keep an eye on the church website or Facebook pages, or contact the church office (tel. 572539) for further updates.

We worship in a number of different ways including:

HEACHAM PARISH CHURCH online
on Heacham Parish Church YouTube channel

HEACHAM PARISH CHURCH in church
At 10am every Sunday morning

Live Streaming

We are now live streaming services every Sunday at 10am on Heacham Parish Church YouTube channel.

Bereavement Support Group

Meetings are on the first Thursday of each month. The next meeting is on 3rd March from 10am till 12 noon, at the Pine Residents Hall. For more information contact the Church Office.

Prayer Tree

We have a new prayer tree in church on which you can write a name or situation that you want to pray for and you want the church to pray for. By writing and hanging it on the tree God hears your prayer and we will pray for you. If you can't get to church and would like a name added, let Rev'd Veronica Wilson (heacham.vicar@gmail.com) know.

ZOOM Lent Course Wednesdays 11am-12noon from 9th March focusing on LENT 2022 - 40 prayers for 40 days, a digital resource from the Diocese of Norwich, with a prayer, and image and often music for each day in lent.

If you want to know more or to join, contact Rev'd Veronica Wilson (heacham.vicar@gmail.com)

Everyone is welcome to this informal lent group.

Community Support for Heacham

If you need help or support, Heacham Parish Church is there for you if you need it for as long as you need it. We can offer practical help or a listening ear.

Please contact the Church Office.

More information about the church

www.heachamchurch.org.uk

Prayer

Every weekday morning at 9am a group meet on Zoom to pray for our village community. We pray for all who live and work here, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please ring or email Veronica (details below).

CHURCH CONTACTS:

- St Mary's Church:
- Revd Veronica Wilson (01485) 570697
email: heacham.vicar@gmail.com
- St Mary's Church Office: Julie Turner (01485) 572539
email: heacham.church@gmail.com (answerphone)
- Methodist Church:
- Rev'd Dr Richman Ncube (01485) 570232

HEACHAM METHODIST CHURCH

Minister: Rev. Dr Richman Ncube

March 2022



SUNDAY MORNING SERVICE 10.30am - All welcome

- 6th March: Rev. Dr. Richman Ncube
13th March: Elizabeth MacLeod
20th March: Local arrangement
27th March: Marianne Baguley

Mothering Sunday

All mothers are invited to join us for a special service on Sunday 27th March 10.30am to be conducted by Marianne Baguley.

Lent Lunchtime Services

It is hoped to hold a series of lunchtime Lenten Services with a soup lunch on the 9th, 16th, 23rd and 30th March at 1.00pm. However, full details have not been made in time for this column. They will be given out at the Sunday Service and can be obtained from Senior Steward Mike Careless on 01485 570363

Midweek Communion

The March midweek communion will form part of the first Lenten Service on Wednesday 9th March and will be held at 1.00pm instead of the normal 10.30am.

Bible Study

March monthly Bible study will be on Thursday 24th March 10.30am. All welcome.

Coffee Morning

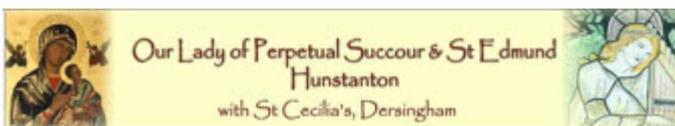
The March coffee morning will be on Saturday 19th March at 10am - 12noon. There will be a book and jigsaw puzzle stall. David Godfrey will play the keyboard from 11.00am. Come and join us for coffee, company and a chat.

New Bowls and Games clubs open to all

Can you play Darts? Do you like Dominoes? or Cards? Then come to our new monthly games club on the first Friday afternoon of the month starting Friday March 4th at 2.30 pm. We have also started a monthly carpet bowls club on the third Friday afternoon; the date is 18th March at 2.30pm. Come and have some fun.

March Midweek calendar

- Friday 4th: Games afternoon 2.30pm
Friday 18th: Bowls club 2.30pm
Saturday 19th: Coffee morning 10am -12 noon
Thursday 24th: Bible study 10.30am



Hunstanton Catholic Parish

The Pope's prayer intention for March 2022 is: '*For a Christian response to bioethical challenges*'. We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.

The World Day of Prayer service is at St Mary's Parish Church, Heacham on Friday 4th March starting at 10.30am. This year's service was prepared by the women of England, Wales and Northern Ireland and the theme is 'I know the plans I have for you'. All welcome. **The Synodal Path:** The survey for the

Synodal Path in our Diocese can be found on our Diocesan website. The consultation period goes on until mid-Lent and Fr Peter will publish one of the ten questions each week on our website and in the newsletter to encourage our participation. Send your responses to synodalway@rcdea.org.uk or send them in paper form to the Parish Office and we will submit them for you. (Please mark your envelope Synodal Path questionnaire). More information on the Diocesan website www.rcdea.org.uk

CAFOD's Walk Against Hunger Lent challenge: There are 200 million children in the world whose lives are at risk from malnutrition. This Lent, challenge yourself to walk 200km, and help give hunger its marching orders. Do 5k a day, your way, for 40 days, get sponsored and you'll conquer your 200km target in time for Easter – and help people around the world to live free from hunger. To take part, go to www.cafod.org.uk/walk

For Parish news including Mass times and prayer requests, please see the **Parish News** page on our website. For information about live streamed Masses in the Diocese and related matters, including Coronavirus updates see the **Links** page of our website at: www.hunstantoncatholicparish.org

People are advised not to go to Mass if they have any symptoms, however mild. Wearing masks when coming to church is still advisable, and hand sanitiser is still provided. We now have communal singing of hymns at our Sunday Masses.

The Sunday Masses are at 9am at Mountbatten Road, Dersingham and 11am at Sandringham Road, Hunstanton.

Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday and Fridays and 10.15am at Dersingham on Wednesdays.

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

The Parish telephone number is 01485 534675.

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

1 Peter 1:3

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham
www.hopeevangelical.org



The Pocahontas Players
Our Finest Hour



.....and here we go again! Something much more different than our January 2022 Pantomime.

Written by Jim Race, here we find ourselves seeing what life was like during World War II, with all the goings on in

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a local Norfolk Pub. Some very light-hearted but some with heartfelt emotion. Seeing the arrival of the young evacuees at the railway Station. Listening to the Land Army girls giggling about working on the land and catching the locals having a good 'ol gossip in the butcher's shop.

Lots of great War time flag waving sing-a-longs. TABLE sittings on ground level to give the right atmosphere. Guaranteed to go home feeling very uplifted.

Look out for posters and door to door leaflets or why not get your tickets booked now - please see poster within this Newsletter for ticket phone numbers.

Janice Curtis
(Pocahontas Players Admin)

The Pocahontas Players
Our Finest Hour
1945 A Celebration 2022
of VE Day

A light hearted view of the war
1940s Wartime script written by Jim Race where all his scenes look at the war from a Norfolk Pubs perspective.
Plus three sketches, featuring, The Land Army Girls, Gossips in the Butchers and the arrival of The Evacuees
Also lots of wartime favourite singalongs with proud British flag waving

Friday May 13th 7.30 Saturday May 14th 2.00 & 7.30
Heacham Public Hall PE31 7HG
Box Office Tickets £10.00
Janice - 01485 570402 Jim - 01485 571267

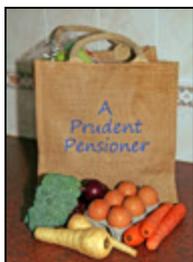
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Another Recipe from The Prudent Pensioner

Bread, Butter, Banana & Date pudding Serves 4

Ingredients:

- 5 slices of fruit loaf
- 2oz butter
- Small banana, peeled and sliced
- 1 tablespoon chopped dates
- 2 eggs
- ¼ pint milk
- ½ teaspoon ground cinnamon
- ½ teaspoon sugar

You will need an ovenproof dish approx. ¾ litre

Method:

Spread butter on one side of each slice. Cut into halves if using a square dish or 4 triangles if using a round dish.

Lightly butter an ovenproof dish - arrange slices of loaf to cover base.

Spread banana slices evenly over then cover with more bread. Spread chopped dates evenly over and cover with more bread.

Beat eggs in a jug, add milk and pour over bread and fruit.

Leave to stand for 30min.

Add sugar to cinnamon, mix well and sprinkle over top.

Bake in pre heated oven at 200C/400F for 25 -30 min until top is golden brown.

This is nice served with custard, cream or ice cream.

My updated book "Less Waste more Soup" 45 easy, budget friendly recipes for nourishing soup is now available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems and tales). It is also available from Ridouts Bakery in Heacham, Docking Farmers Market and Folgate Farm shop Waddington, Lincolnshire.

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General Knowledge Quiz

Gems

- Found mostly in the Baltic, what organic semi-precious stone is formed by fossilised tree resin?
- According to L. Frank Baum, which city stands at the end of the Yellow Brick Road?
- What is the birthstone for March?
- First discovered in 1967 in a country in East Africa, which precious blue-violet stone is a form of Zoite and has a name derived from its country of origin? The name was coined by Tiffany's.
- Which popular brand of gin is produced at Laverstoke Mill in Hants and is sold in distinctive blue square bottles?
- In 1971, Shirley Bassey sang her second Bond film theme tune, for which film?
- In 1949, which Royal Navy frigate was involved in the 'Yangtze Incident' when one was blockaded on the Yangtze River by communist Chinese troops?
- Which blue semi-precious stone said to have healing properties, takes its name from the Latin for stone and the Persian for blue? The highest quality examples come from Afghanistan.
- Which successful British ballad singer of the mid-fifties has had her name adopted in cockney rhyming slang for a curry?
- What semi-precious stone is comprised of nacre produced by molluscs?
- Who was the lead character in the TV sit-com 'Till Death us do Part'?
- Which gemstone, the birthstone for October, gets its name from the Sanskrit word for Gem or Precious Stone?

Answers on page 35



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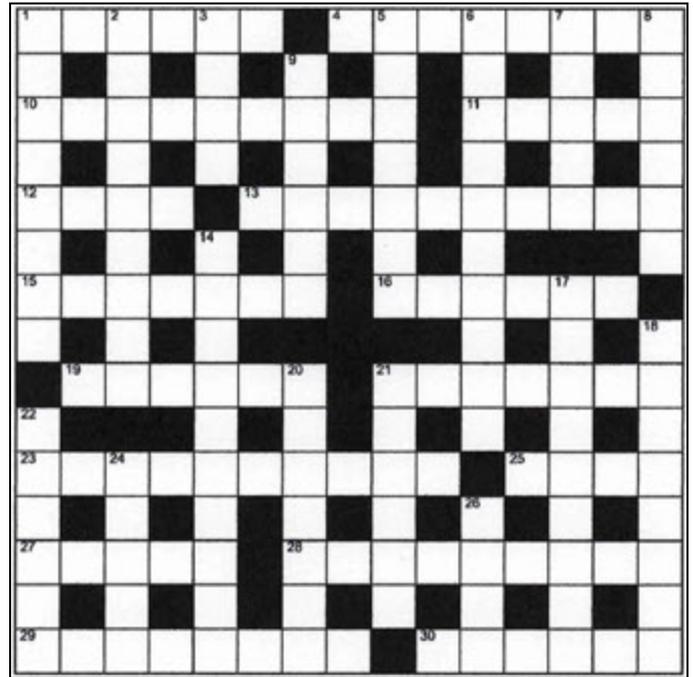
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MARCH CROSSWORD



CLUES:

Across:

- Having grass, Edward was tracked by police (6)
- Wander after Penny, pressing Earl for an introduction (8)
- Stumper is a poser (9)
- Lift heavy weight twice, with one in-between (5)
- Wax polish applied to bow of yacht (4)
- Get better account, then debts can be made up (10)
- More sick drop in street – all should bounce back with support (7)
- Head is better, maybe? (6)
- Dead fish, to begin with, are moved on ice (6)
- Old man has a collection of figures that can be traced to a particular time (7)
- International cycle track is colourful (10)
- We are all together in this (4)
- They can be gathered and folded (5)
- Flowers help out in row over long driveway (9)
- Passage about former Vice President almost translates as a parable (8)
- Lynx is one following duck (6)

Down:

- Cut material and tear off (8)
- It offers protection against a heavy blow (9)
- Flyer, occasionally, has beer in bed (4)
- It's a fast drive, having nothing to pick up (7)
- Prepare for something fantastic – fast-moving, with me at the head (10)
- Catch up with little woman making snack ... (5)
- ... sounds like a couple of letters will be more than enough (6)
- Instructions for boxers? (6)
- When Kit meets Spike one might be needed to keep a grip on things (7,3)
- In early stages of development my nice bro craves attention (9)
- Fancy kettle gets to sing (8)
- Game adopts law for penalty shoot-out (7)
- Hang out with date on corner (6)
- Festival broke up after five – and fifty were turned away (6)
- Current arrangement is perfect (5)
- Get away before end of film (4)

Solution on page 35

Heacham Girl Guides

On the 1st February we held a Beetle drive with the Brownies for friends and family. It was brilliant fun, with lots of prizes and lots of laughter!

We have lots more activities planned between now and the end of the Spring term – many of our activities go towards Badges, but we are also going bowling and having a camp-fire evening at Jimmy's Field.

Guides are encouraged to plan their own meetings, and at the end of every term we plan what activities everyone would like to do for the following term, creating exciting activities and adventures.

If you are aged 10 to 14 and would like to find out more, please contact us – you can always come and join us on a Tuesday evening at the Scouts Hut in Heacham. 07833 747059 or you can visit www.girlguiding.org.uk/guides to see how exciting it would be to become a Girl Guide and join 'a worldwide community of girls who have fun, learn new skills and make their voices heard.'

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Stanhoe and Barwick WI

Thursday March 3rd: Seated Yoga with Jean Clarke.

Thursday April 7th: Karl Lumber, Trinity House ambassador.

Visitors are most welcome; please contact Valerie (01485 576261) for further details and to confirm attendance.

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The Pocahontas Players

Thank you to all who attended our Pantomime 'Moana and the Quest for the Golden Egg' January 2022. Very worrying times to put on any production and it was a case of asking ourselves "Should We? or Shouldn't We?" We braved it and went for the first option The whole cast and crew took Covid tests on the lead-up weeks before the production on weekly rehearsals days. We did wonder if we would sell tickets because of the Covid situation. Ticket sales were very slow to start with, but once word got around that the Panto was going ahead, the phones started to ring. In all, we were approx 100 tickets down over the whole 4 performances, which we were thrilled about. Our first time Director (Joshy Chilvers) was relieved on each performance night as he head counted all cast and crew in, knowing that if anyone was isolating he would have to stand in for them. He was more than relieved each night, especially when Gary our Dame walked through the door!

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It was so good to stand in the side wing listening to the audiences cheering and laughing. Quite moving actually. This scene was a scene I shall never forget. . .



Part of my Costume/Wardrobe job was to stand in the side wing ready to gradually take part of the Dame's clothes off, at great speed, starting with his Apron. On his 5th and final run back on stage he looked like this - I shall never forget the raucous sounds and the belly laughter coming from the audience, which happened on EVERY performance. I took a glance through to the green room, where I also saw the remaining cast creased up with laughter as well thinking THIS is just what we all needed right now. (We have a TV screen on the wall showing the action on stage.) Thank you to Ray Sparvell for the action captured photograph of Dame Gary Pearce confronting Izzie and Ben Parr!

We had new members for this production - here we see one newbie, Rachel Brett, being thrown in at the deep end, so to speak, as part of the Village People as the Construction worker - Y M C A !!



Joining the Construction Worker
From L to R: Cop-Lynn Butters; RNLI-Janice Curtis; Indian-Leylah Downen; Cowboy-Becca Whybrow; (Thank you Jemma Greef for great photo).

We also saw many first time production players in the roles of the 'Mirror Guards' - Ann, Patrick, Amber, Sebastian and Evie.



From L to R: Back row - Simon Boston; Ann Smith; Patrick Holt; Nikki Atkinson; Front – Amber Cookson; Sebastian Hart; Evie Scott; Leesa Espley; (Photo Jemma Greef)



Here we see Queen Easy Jet (Jemma Greef) with King TUI (Warren Marshall) and their Messenger (Sandra Lester) and Wazzup (Willow Dean). (Photo action by Ray Sparvell).

We had newbie Shannon Biggs who helped on the 'sound and light' desk and also new to the group, our very own mid rehearsal tea lady, Yvonne Parris.

Thank you to the hard-working, Janet/Jimmo Race; June Critcher; Janet Kendal; Jeannie Tooley and Val & Michael Minns who make sure all runs smoothly Front of House. Thank you to Heacham Newsletter who always allow us space to advertise our up and coming productions.

THANK YOU - THANK YOU and now onto the next production Watch this Space!

Janice Curtis
(Admin for The Pocahontas Players)

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Heacham at Night

Well, winter is over this month and very few dark, clear nights to show for it. The 20th is the Spring Equinox when day and night lengths are equal. It happens at 3.33pm, put it in your diary. From the 21st you can sunbathe for longer! And remember, the Equinoxes allow you to determine directions without a compass; the Sun will rise due East and set due West. Mark those positions with the aid of an appropriate tree or building, put sunrise on your left, sunset on your right and you will be facing due South. Planets will be in front of you, to the left or right.



On the 27th British Summer Time starts, Spring forward and lose an hour. Sunrise and sunset will be one hour later than the day before. Simple.

If you want to see planets, with the exception of Uranus, it is 'Heacham and Hunstanton in the early morning' again.

Uranus has a magnitude of +5.8 which is just on the edge of visibility for young eyes. Fixed binoculars or a small telescope, including a birding scope, should pick it up. Pointing them to the right place is the hard part. Google it. Uranus sets at 10.30pm.

If you can find a good SE / ESE horizon then get to it between 4.30am and 7am. Venus rises at 4.30am and shines with a magnitude of -4.4. You won't miss its brilliant display. The planet will show as a crescent at the start of the month which will thicken until it 's at half phase on the 21st. The word 'dichotomy' is used by astronomers to label this presentation, I presume because there is a division into two halves – the light and the dark.

Just after Venus appears, Mars pops up below it and to the right. The red planet is very much fainter, magnitude +1.1, but that is well within the range of visibility. Early in the month, at 6am, the very faint dot of Mercury joins in, lower down and to the left. And, just above the Winged Messenger will be Saturn. As the month progresses, Mercury will vanish below the horizon whilst Saturn climbs higher.

By about the 15th Saturn rises from 5.30am. Throughout the last week, look E/ESE again from 6am. Venus will be bright, below it will be much dimmer Saturn and to the right, forming the apex of an isosceles triangle on its side, will be Mars. On the 28th, at 6.30am, a thin crescent Moon will be below Mars. A nice grouping if you can catch it.



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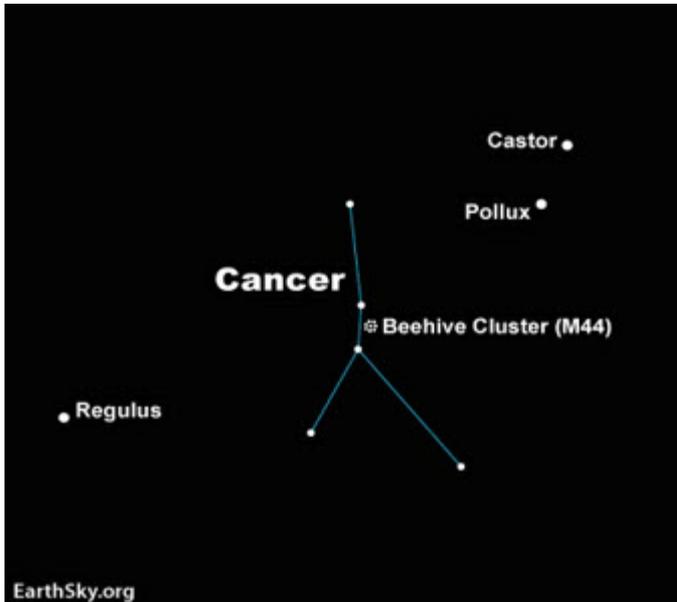
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SCAN FOR INFORMATION & TO BOOK

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If you can't see planets at night, what can you see? Well stars obviously and the odd fuzzy blob if your eyes aren't too bad. These blobs will be clusters of stars like the Pleiades and Hyades which I asked you to look out for in winter.

This month find the constellation of Cancer the Crab. At its centre is a misty patch which is an open cluster of more than 1000 stars. It was written about by Ptolemy 2000 years ago and by Galileo in 1609. The cluster is named Praesepe, The Manger, though now it is more often called the Beehive Cluster. (The ancients perceived it as a manger from which two donkeys were eating; beehive is, perhaps, a better picture of what you see – a swarm of bees).

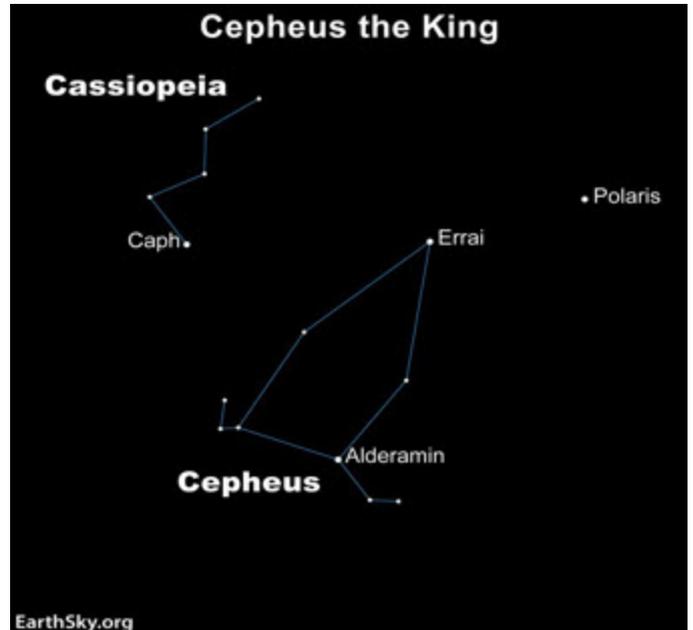


Look South, half way up sky, between Leo and Gemini

The stars in the cluster are gravitationally bound and an eclectic mix of dwarves, sun like stars and a few giants. Overall, the cluster is around 600 million years old. It is 600 light years away so when you look at it (through binoculars is best), the light you see left the Beehive when Richard II was being (probably) murdered and the printing press invented.

Two planets have been found orbiting stars in the Beehive, both are hot Jupiters, gas giants close to their respective suns.

Two stars to look out for: The Garnet Star and Regulus.



Look North, fairly low. Garnet Star is found just below 'house' base, in the middle. Internet



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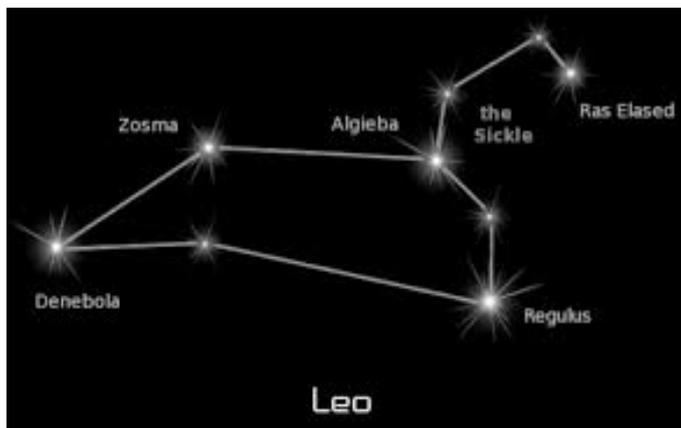
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The Garnet star is in Cepheus which is a constellation looking like the gable end of a house, it is left of the W of Cassiopeia. It is over 1000 times the diameter of our Sun, 100,000 times brighter and, unsurprisingly, a deep red. The red light is around 3000 years old when it enters your eyes. Look just below the centre of the house base.

Now find Leo the lion. One of its stars is Regulus which, as it is just 79 light years away, is bright. It is one of a gravitationally linked 4-star system arranged in two pairs. Regulus itself, Regulus A, is blue-white and particularly luminous.



Look South, half way up sky. Regulus will be brightest star on its own. Internet.

Snippets: A giant bubble around the Solar System has been mapped out. It is about 100 light years across and was formed as the result of supernova eruptions. The gas and dust resulting from these enabled new stars to be born, our Sun being one of them.

Organic compounds in a meteorite from Mars (impacts on that planet have thrown bits of Mars into space, some find their way to Earth) have been confirmed as having been produced by chemical reactions rather than from life.

The segments of the James Webb space telescope were undergoing final alignment in February. A sunlike star, HD 84406, in Ursa Major was being used as the target. It is 260 light years away.

There is a mega comet flying towards the Sun from the Oort Cloud which is beyond Pluto. The comet is estimated to be 137km across. That would be something to see over Heacham and Hunstanton. I wouldn't have to tell you where to look.

Look on the bright side, if such a comet comes close there will be few high energy bills to pay.

Set your alarm clocks and see some planets.

Terry Parish

PS



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HUNSTANTON & DISTRICT LIONS CLUB

**Ninth Charity Golf Tournament –
Friday 6th May 2022**

Covid 19 has made the last two years challenging in many ways with numerous events being put on hold or cancelled entirely, leaving an uncertain future for most people and organisations.

Hunstanton & District Lions Club are proud to be celebrating over 40 years serving the community and to be once again holding their Annual Charity Golf Tournament. This year marks its 9th running at Heacham Manor on Friday 6th May 2022.

As with previous tournaments, we are inviting Teams of 4 to play 18 holes (Stableford) and enjoy a Breakfast of Bacon Roll with Tea/Coffee and a Two Course meal in the Heacham Manor Pavilion Restaurant. There will be prizes for Nearest Pin on Hole 7, Longest Drive on Hole 4, a Hole in One competition and a raffle to be won on the day.

To take part please complete the entry form on this page, or if you wish to take the opportunity to advertise your business/company by sponsoring one of the 18 holes for £50 or require further details, please contact 07748 052765.

We sincerely hope you will be able to support this event and we look forward to welcoming you at Heacham Manor Hotel.



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LIONS CHARITY GOLF DAY

Friday 6th May 2022

Entry Form

Lead Booker Details:

Name/Title:.....

Address:

.....

Postcode:

Tel No:

Email:

Team Name:

.....

Full Names: H/Cap: Club: CDH No. (if known)

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Special dietary requirements:

Teams of Four: 18 Hole Stableford 75% of slope handi-cap allowance.

Scoring Format: Teams of 4 best 2 scores on each hole count.

Nearest the Pin on hole 7 & longest drive on hole 4, & hole in one competition.

£200 Per Team entry Fee is inclusive of: - Coffee and Bacon Roll on arrival, 4 ball playing 18 holes golf & Two Course meal in Heacham Manor's Pavilion Restaurant.

Please return the completed form with a £200 cheque made payable to: Hunstanton Lions Club:

c/o Gerry Desroches, 28 Homefields Road, Hunstanton, Norfolk, PE36 5HL

Closing date for entries:

25th April 2022

Tee times from 9.28am will be advised from 29th April 2022



Heacham FC

Since the last article the first team have been involved in some close games. However, they currently still sit top of the league by 4 points and have 5 games in hand on the team in second place. The

1st team went away to Mundford in the 3rd round of the Norfolk Senior Cup and with the game finishing 2-2 at the final whistle, it went to penalties, Heacham winning 4-3 after some heroics from goalkeeper Sam Pishorn. This was then followed by a 2-2 draw away at Beccles Town and then being awarded a home win, when Bradenham Wanderers were unable to fulfil the fixture. This was then followed up by an away trip to Easton (Mummery Cup S/F) which ended in another 2-2 draw. Unfortunately, the penalty shoot-out resulted in a 9-8 loss. This was a fantastic effort by the boys considering goalkeeper Sam Pishorn was badly injured early on in the first half, and with Ed Tann going in goal, it was always going to be an uphill struggle. On Saturday 19th Feb, the 1st team were due to play Mulbarton away in the Norfolk Senior Cup (Q/F) k.o. 3.00pm, which without a doubt is the biggest game in the Club's history. A full report will appear in the next month's issue.

Up and coming 1st team fixtures:-

All k.o. 2.30pm
26th Feb home v Blofield
5th March home v Mundford
12th March home v Yelverton
19th March away v Blofield
26th March home v Waveney
2nd April away v Acle

The Reserves have also maintained their position in the league, currently sitting in 2nd place just 2 points behind the leaders but having played 2 games more. Recent results have been as follows:-

22nd Jan v Snettisham pp waterlogged pitch
29th Jan v Upwell Town win 3-1
5th Feb v Docking win 4-1
12th Feb v Marshland Saints (cup) 2-2 win 4-2 on penalties.

Up and coming Reserve team fixtures:-

5th March home v Watlington k.o..2.30pm
19th March home v KLSC k.o. 2.00pm
26th March home v Birchwood k.o. 2.30pm

As usual your support is greatly appreciated by both teams, so let's get behind the boys as we now approach the "business end" of the season.

"COME ON HEACHAM"

The '100 Club' continues and the winner of February's draw (for £50) was No. 88 Duane Gowen. The next draw will be at half time during the match v Yelverton on 12th March.

The 'free' raffle for Heacham F.C. Supporters Club Members will take place at half time during the match v Blofield 26th February. Results will be posted on the Heacham F.C. Supporters Club Facebook page; please check to see if you are a winner.

Don't forget a full range of merchandise is available at all 1st team home games; please ask for Carol or Paul, who will only be too glad to help you.

If you require any information about the Heacham Supporters Club, then you can contact me direct via email:- deniscooper06@aol.com

Denis Cooper
Secretary/Chairman
Heacham F C Supporters Club

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 or contact the Parish Office: (01485) 572142

LATEST NEWS

Covid Update

Government restrictions are expected to be lifted from March but we still think it is sensible to maintain some safeguards at the Library to help protect both customers and staff. So, please wear your facemask when visiting: hand sanitiser will also be available.

Books

The next instalment by **Elly Griffiths** of our favourite Forensic Anthropologist Ruth Galloway is now available. This is the 14th book in the popular Norfolk based series.

Patrick Easter is also featured this month with his novels set around 1798. This was a time when England was in crisis – little money because of the war with America and now embroiled in war with Napoleon. It is against this backdrop that Captain Tom Pascoe of the new Marine Police on the Thames takes a stand against the plundering of ships in the port of London.

Finally, don't forget to come and browse our Book Sale table, new stock added on a regular basis. All books are only 20p each.

Best Wishes from the Library Team

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Church Tower, Cupola and Bells

Last month Heacham Parish Church announced its intention to proceed with the project to rebuild the wooden cupola on the church tower, to restore Norfolk's oldest Sanctus bell for display in church and to purchase a replacement bell to hang so it can be rung. The formal process for these works with the diocese is underway and our online appeal for donations has been launched.

The cost of this project is considerable. The price of the oak timber and other essential materials required has rocketed over recent years, so as a general figure, we will need to raise £30,000.

We will do our utmost to source historical and ecclesiastical grants to help towards the cost. Once again though, we will be asking Heacham and friends from further afield to support and contribute towards this important renovation and to help preserve this unique piece of Norfolk's heritage.

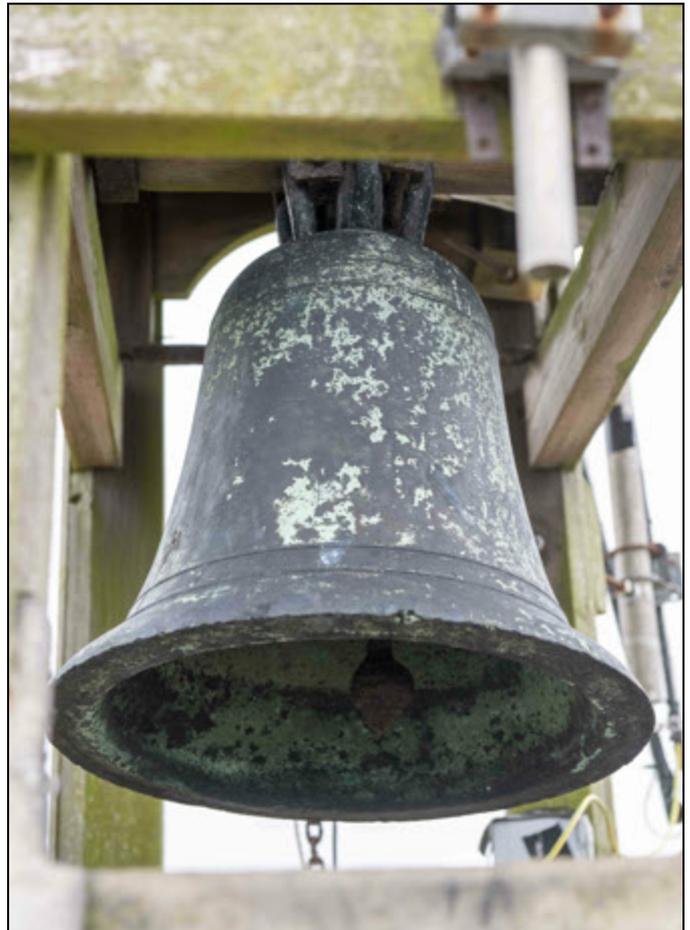
Details of the online campaign can be found at www.justgiving.com/campaign/Heacham-church-tower-and-bell as well as on the church website www.heachamchurch.org.uk or our Facebook page @StMarysHeacham

Donations by BACS, cash or cheque will be gratefully received at any time.

BACS: Heacham Parochial Church Council - Sort Code 20 46 65 - Account 10464554 - Ref Cupola.

Cheques should be made payable to 'Heacham Parochial Church Council' and cash donations can be taken to the Church Office, 17 High Street, PE31 7ER.

We thank you for your ongoing support. Our Christmas theme of 'Bells' will still be ringing long into 2022!



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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

Fitsteps 9.45am To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)
Pop-Up Coffee Shop 10am - 12noon at Dersingham Village Centre. Coffee, tea, hot chocolate and cakes
CHAT Club 2nd Monday on the month 10am – 12noon Hunstanton Community Centre
Coffee Morning Sunnyside Close (Retirement Housing for 60+) 10.30am Tel : 570492
Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham
Fitness Pilates 10.55am Contact Jaime (see Fitsteps) (PH)
Norfolk & Waveney Mind Heacham Safe Haven 11am – 2pm Music group free drop in at 4 Poplar Ave 01485572707
Seated Fitness 11.50am Contact Jaime (see Fitsteps) (PH)
Craft Club 2-4pm every week (ex Bank Holiday) (PRH)
Heacham Flower Club 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)
Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields
Fitsteps 6.30–7.30pm at Snettisham Memorial Hall. To book: Jaime 07765433100 or jaimefitsteps@gmail.com
Hunstanton Bridge Club 6.45pm for 7pm Online Pairs with RealBridge. See bridgeweb.com/hunstanton for details
Heacham Table Tennis Club 7pm League Matches in the Hall (PH)

Line Dancing 7 – 8.30pm Hunstanton Community Centre. £4:00. Tel: Louise on 07722124941.

Heacham In Bloom 3rd Monday Monthly 7pm (OFH)
Heacham & Sandringham Camera Club meets 1st Monday of the month 7.30pm at Babingley Social Club
Heacham Wives Group – 2nd Monday of most months 7.30pm at Cunningham Court Community Hall. Contact Sue Scott Tel: 572252
Watlington Jazz Club 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.
Cash Bingo 8pm United Services Club, Homefields Road, Hunstanton

TUESDAYS

Kundalini Yoga 9.30am at Dersingham Village Centre. Contact Gail on 07837 761724
Norfolk & Waveney Mind - Safe Haven 10:00 - 2:30 free drop in social group at 4 Poplar Ave. tel :01485 572707
Active for Life Classes for the over 60s at Heacham Surgery Classroom. 10.15 – 11.15am. Tel Pat 298429
Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460(PH)
Coastal Stroke & Support Group 10.30am – 12.30pm at Hunstanton Methodist Church Austin St
Colour Yourself Calm 11am – 12 noon Hunstanton Library 01485 532280
Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

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Friendship Lunches 1st and 3rd Tuesday of each month. 12.30 pm **Two-course meal £7**. To book call Shirley on 01485 540644 at Dersingham Village Centre

Cafe for the Bereaved 2pm Fortnightly – starts February 15th Hunstanton Library. 01485 532280 or email hunstanton.lib@norfolk.gov.uk

Walk and Talk 2pm 2nd Tuesday of the month. Hunstanton Library

Social 50/50 Dance 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

The Fellowship 2.45pm Every other Tuesday (MC)

Stretch and Relax Classes 5.15-6.00pm Sedgeford Village Hall. £5 (proceeds to SVH and charity) to book contact Kyra on 07968354431 or kyracruise7@gmail.com

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC)Playing Fields

Norsemans Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3at Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

Heacham Youth Centre every Tuesday 6.30-8.30pm at Church Hall, 17 High St

1st Heacham Guides 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

Hunstanton Tang Soo Do Club Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

Brass Band Practice 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

Zumba 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)

Parish Council Mtg 3rd Tuesday monthly 7pm (PC)

Hunstanton Community Choir Rehearsals 7-9pm at Hunstanton Town Hall £4per session For info Tel: 532392

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

St.Mary's Church Snettisham Men's Group 2nd Tuesday of every month at The Visitors Centre Snettisham 7.30pm. £2 each

St.Mary's Church Snettisham Ladies Group 2nd Tuesday of every month at 100 Station Road, Snettisham. £2 each

Village Voice Live every 2nd Tuesday 7.30pm. Informative talks £5 inc refreshments at Dersingham Village Centre 07707832295

Poker Games (friendly) 7:30pm United Services Club

Village Cinema last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

WEDNESDAYS

Docking Market 9am-1pm in The Ripper Hall. Local Produce Craft and Gift Stalls Tel: 576233

West Norfolk Mind Day Centre 10am –3 pm at 4 Poplar Ave Tel: 01485 572707 www.westnorfolkmind.org.uk

Sallywags Playgroup Term Time 9.30 – 11am £2 Tel: Jo 07395 077622 (SG)

Family History One to One 10 -11am Hunstanton Library 01485 532280

Community Coffee Morning & More 10am - 12noon All ages welcome (OFH)

Just a cuppa 11am Hunstanton Library 01485 532280

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Yoga 10am –11am at Sedgeford Village Hall, £6. For further information call Alison 01485 571062

The Old Schoolgirl Friends of Heacham School meet for a ‘Coffee and a Chat’ the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am (MC)

Yoga 10.30 - 11.30am Hunstanton Conservative Club

Trefoil Guild 1st Wednesday of the month 2 - 4pm For info please ring Judith on 01485 571311. (NC)

Job Support 2 – 4pm alternate Wednesdays Hunstanton Library 01485 532280

Book Group 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

Wolferton Singers 2 – 4pm Heacham Church. Contact Andrew 07942 800294 or email apearson@adap.co.uk

Tea Dance 2 – 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

Friendship Group 2pm at Salvation Army, Alma Road, Snettisham

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Tai Chi & Kung Fu 6-7.15pm-Childrens Kung Fu 7.15-8.15pm-Adult Tai Chi 8.15-9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Kundalini Yoga 6.30pm-7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Fire Cadets at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07710 066145

Zumba 7.30-8.30pm for cost & info see Tuesday (SG)

Snettisham Garden Club last Wednesday of the month 7:30 – 8:30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

Whist 7.30pm Hunstanton Conservative Club

Men’s Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

THURSDAYS

Yoga for healthy living 9.30-10.30am £6. For info Tel: Alison 571062 or email medullayoga@gmail.com (SG)

Table Tennis Club 10am (PH Top Room)

Pop-Up Coffee Shop 10am - 12noon at Dersingham Village Centre. Coffee, tea, hot chocolate and cakes

Coffee Morning 10am - 12noon at The Salvation Army, Alma Road, Snettisham

Bereavement Support In Heacham 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: heacham.church@gmail.com (PRH)

Norfolk & Waveney Mind - Safe Haven 10:00 – 3:00 Day centre (specifically for older people, dementia friendly) personal budget/self funded at 4 Poplar Ave. 01485 572707

Carpet Bowls 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

Stretch and Relax Classes 10.30 – 11.15am Sedgeford Village Hall. Details as on Tuesdays.

Yoga 11am -12 noon Hunstanton Conservative Club

Craft Club 3rd Thursday of the month, 1pm - 3pm at The Salvation Army, Alma Road, Snettisham. Bring your own project

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Ringstead Art Club 1st Thursday of the month workshop/demonstration 10am – 12 noon, other weeks 2 – 4pm Ringstead Village Hall. Contact: Pauline Atkinson - atk_hornbeams@yahoo.co.uk or Lois Carrick - loiscarrick21@hotmail.co.uk

Norfolk Knitters Cunningham Court 2-4pm. Every 2 Weeks. Contact Suzanne Cameron 03701924796

Craft and Knit and Natter 2 – 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

Bingo 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

50/50 Tea Dance 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

Tea Dance every week. Old time line dancing and sequence 2pm – 4.30pm at the Public Hall. Call George 01775 670294

Hunstanton WI 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

Children's Yoga 7 to 11yrs 4 – 5pm (limited spaces) To book call Alison: 01485 571062 (SG)

Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

1st Heacham Brownies Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084

Fitsteps 6 – 7pm at Snettisham Memorial Hall To book Tel: Jaime 07765433100 or email jaimefitsteps@gmail.com

Judo 5 - 6pm 3-6 year olds; 6 - 7pm 6-11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free). Call Josh 07432 586668 (PH)

Hatha Yoga at Heacham Infant School 6.30 – 7.30pm. £7 per person Alison 01485 571062 (PH)

Hunstanton Bridge Club 'Duplicate Bridge' 6.30pm for 6.45 pm. From Sept 16th at Old Hunstanton Village Hall

Hunstanton Army Cadets Hunstanton Community Centre 7.00-9.30pm Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

1st Heacham Cubs ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 or Jemma 07962 611122 (SG)

Snooker League 7.30pm Hunstanton Conservative Club

Social Evening 2nd Thursday monthly 7.30pm (MC)

Kings Lynn & District Osteoporosis Society meet in Kings Lynn 4th Thursday monthly at 7.30pm Methodist Church Hall, Kings Lynn. Pat 01485 572271

Rao Buffalos 8pm (HSC Top Room)

Poker Games (league) 7:30pm United Services Club

Cash Bingo 8pm at United Services Club

Quiz Night Cash Prizes 9pm at Fox & Hounds

FRIDAYS

Yoga 10.30 - 11.30am Hunstanton Conservative Club

Wool Crafts 11 am Hunstanton Library 01485 532280

Raffle 1pm Hunstanton Conservative Club

Hunstanton Bridge Club 'Supervised Bridge' 1.15pm for 1.30pm. From Sept 17th at Old Hunstanton Village Hall

Indoor Bowls Club (Carpet) 2.30pm (MC)

Football Under 10's 'Minors' 5 - 6.30pm on playing fields Contact Jay 07711779415 (HSC)

Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

Norseman's Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

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Hunstanton Tang Soo Do Club Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon

Heacham Scouts 7 – 9pm Tel: Tommy 07783384559 (SG)

Cash Bingo 7pm (PH)

Bingo 7.30pm Hunstanton Conservative Club

Wildfowlers Club 1st Friday monthly 7.30pm (HSC Top Room)

Poker In The Club 1st Friday each month 7.30pm (PH)

Social Tea Dance last Friday monthly. £6 inc refreshments at Dersingham Village Centre **call Peg Hunter 07930 556675**

SATURDAYS

Hunstanton Promenade Parkrun (No need to run, can walk) 9am at The Sailing Club, North Promenade, Hunstanton

Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

Messy Church Last Saturday in the month 10 - 12noon at St. Mary's Church. Call Veronica on 570607 or Church Office on 572539

Christian Youth Group 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

Norfolk & Waveney Mind - Safe Haven 10:00 - 2:30 free drop in social group at 4 Poplar Ave. tel :01485 572707

Storytime 11am Hunstanton Library 01485 532280

Games Session 11.30am Hunstanton Library 01485 532280

Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: bookings@wattsington.com

West Norfolk Tai Chi Chuan –weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

Sunday Lunch from 12noon - 2pm at United Services Club.

Two courses for £9.00. You must book - 01485 533360

Sunday Lunch from 12noon – 2pm at Hunstanton Conservative club. Two courses £7.95, please book.

Sunday Afternoon Service 4pm 1st Sunday Monthly Everyone welcome For details Tel:579440 (PRH)

Hatha Yoga 7.30-8.30pm For info Tel: Alison 571062 or email -medullayoga@gmail.com (SG)

Karaoke with Mick 8pm United Services Club

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OTHER EVENTS.

March

March Events at Anmer Social Club

www.anmerclub.co.uk or facebook.com/AnmerSocialClub

Friday 4th 7.30pm (doors open 7pm) Quiz Night

Monday 7th 7:30pm (doors open 7pm) Bingo
£6/book of 10 cards, £1.50 a flyer card

Friday 11th 7:30pm (doors open 7pm) Film:
'Spencer' £4

March Events at Hunstanton United Services Club

Saturday events start at 8.30pm, Fridays at 8.00pm

Saturday 5th High Definition Band. All eras.

Friday 11th Band Aid. 60s onwards.

The band donates their fee to the Cancer wards at the Queen Elizabeth Hospital, King's Lynn.

Saturday 12th Travis. 60s onwards.

Friday 18th Quiz Night £3pp with supper.

Saturday 19th The Caverners. Tribute to 60s

Friday 25th Gentlemen's Evening with Blue Comedian and Two Exotic Dancers. ADULTS ONLY. Must be over 18 years old. £15pp. 8pm start.

Saturday 26th In The Mood Duo 60s onwards

Thursday 3rd March Seated Yoga at Stanhoe and Barwick WI. Visitors are most welcome; please contact Valerie (01485 576261) for further details.

Monday 14th March 2pm Sedgeford Village Hall.

The Arts Society Lecture : Influences in Photography by Charlie Waite. www.theartsocietyynwnorfolk.org.uk

Monday 21st March at 2pm Hunstanton Community Hall. U3a. Saffron Summerfield will be giving a talk called "When Birds Sing". www.u3asites.org.uk/Hunstanton

Saturday 26th March 10am – 4pm Hunstanton Town Hall, Craft Fair

Saturday 26th, Tuesday 29th and Thursday 31st March Hunstanton Conservative Club, 'Spring Fling Dinners'. Book at bar.

RAF Bircham Newton Heritage Centre



Open on selected Sundays from Easter until November.
Please see our website or Facebook page for dates and times

satnav: PE31 6RH
website: www.rafbnmp.org.uk
facebook : RAF Bircham Newton Heritage Centre

Tuesday 29th March 7.30pm (doors open 7pm) Dersingham Village Centre, Film 'In the Heights'. £6

Wednesday 30th March 7.30pm Memorial Hall, Snettisham. Snettisham Gardening Club. The speaker will be Janette Merillion to talk about a Scented Garden.

The Arts Society Lecture : Influences in Photography by Charlie Waite. www.theartsocietyynwnorfolk.org.uk

April

Monday 4th April 7:30pm (doors open 7pm) Anmer Social Club. Bingo £6/book of 10 cards, £1.50 a flyer card

Sunday 17th April Open Day at RAF Bircham Newton Heritage Centre www.rafbnmp.org.uk

May

Friday 13th May at 7.70pm and **Saturday 14th May** at 2pm and 7.30pm The Pocahontas Players present 'Our Finest Hour' at the Public Hall.

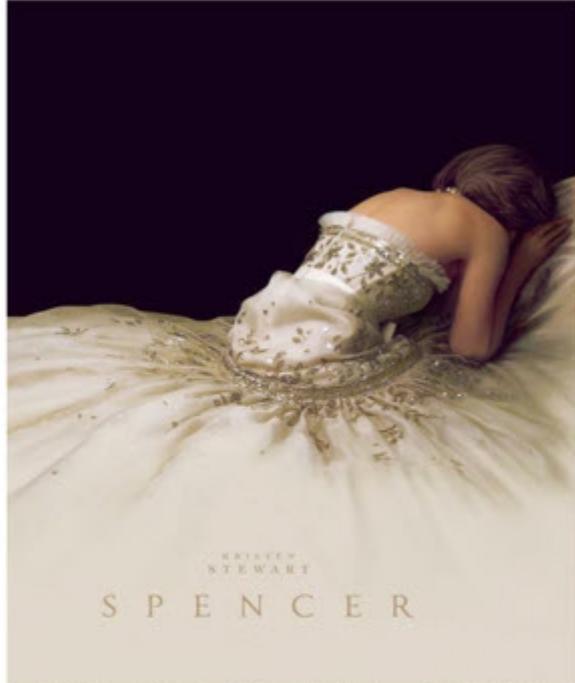


HUNSTANTON *Learn, Laugh, Live*

Our meeting will be on Monday 21st March at the Community Hall, Avenue Road, Hunstanton.

Saffron Summerfield will be giving a talk called "When Birds Sing".

Please go to the u3a Hunstanton site at www.u3asites.org.uk/hunstanton for further information.
www.publicity.u3ah@gmail.com



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FRIDAY 11th MARCH 2022

Film starts at 7.30 p.m.
Doors open 7.00 p.m. Admission - £4 on the night

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Norfolk Coast Partnership

Landscapes Review (National Parks and AONBs): Government Response

The Government's response to the Landscapes Review have been set out by Environment Secretary George Eustice.

The proposals, which will be subject to consultation, are a response to Julian Glover's 2019 independent Landscapes Review which looked at whether the protections for National Parks and Areas of Outstanding Natural Beauty (AONBs) are still fit for purpose. A new national landscapes partnership would bring together those responsible for managing England's National Parks and AONBs to collaborate, share knowledge and tackle common objectives such as nature recovery and improved public access. By harnessing their collective strengths, whilst preserving their independence, the partnership would support local leadership to work together nationally, including by carrying out campaigns, organising events and offering volunteering opportunities that bring people closer to nature.

A consultation will also ask for views on proposals to drive nature recovery within our landscapes and support for the communities that live and work within them, such as the design and delivery of new agri-environment schemes and an ambitious management plan for each area.

The full Government's response to the Landscapes Review can be found online at:

<https://www.gov.uk/government/publications/landscapes-review-national-parks-and-aonbs-government-response>

The consultation can be found online at:

<https://consult.defra.gov.uk/future-landscapes-strategy/government-response-to-the-landscapes-review/>

We would encourage everyone living or working in the Norfolk Coast AONB to have their say and take part in the consultation process before the 9th April deadline.

Catherine Leigh
Project adviser – education and community

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New Members Welcome



New Art Gallery



A new lease of life for the old Tourist Information Centre at the Town Hall in Hunstanton. The old Tourist Information Centre at the Hunstanton Town Hall will be home for a brand new venture!

A new art gallery with a shop promoting local artists, including a few from Heacham, small businesses and crafters, is opening on Friday 4th March.

Artworks @The Town Hall is the new venture from Norfolk Artist Jackie Kitch who previously opened Nakednorfolk at The Old Coal Shed Gallery in Hunstanton.

Jackie says "I did retire in September last year due to personal commitments, and another local Artist Phoenix Phusion took over The Old Coal Shed Gallery and is producing some beautiful glass works."

"This year the opportunity to open in a much larger, iconic and perfectly located position was too good to refuse and thanks goes to Hunstanton Town Council for providing the location and supporting me in this."

"We have approximately 50 different artists/ photographers / crafters/ small businesses on board and I am really looking forward to making this a permanent venue. As we get busier, I would like to take on local part time staff, but if anyone who is interested in art would like to volunteer until we are on our feet, then please email me at: jacquelinelouise1964@hotmail.com

"At first we will be open from Thursdays until Sundays and we will adjust these opening times as the year progresses".

Jan Roomes, Hunstanton Town Clerk says "The Town Hall has lots of various size rooms and we would like to use these to promote it as more of an arts centre for the local community for all sorts of art groups, exhibitions and drama / acting /singing /music workshops, so if you are interested in learning more about renting a space then please contact me at the following email address: clerk@hunstantontowncouncil.gov.uk

Artworks @The Town Hall can be followed on Facebook and Instagram.



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Hunstanton United Services Club

March Entertainment

Saturday entertainment starts at 8.30pm Friday entertainment starts at 8.00pm

- Sat 5th HI DEFINITION BAND All Eras
- Fri 11th BAND AID 60's onwards.
These guys donate their fee to the Cancer wards at the Queen Elizabeth Hospital, King's Lynn. Please come and support them.
- Sat 12th TRAVIS 60's onwards
- Fri 18th QUIZ NIGHT Cash Prizes £3pp with supper
- Sat 19th THE CAVENERS with their tribute to the 60's
- Fri 25th GENTLEMANS EVENING with Blue Comedian and Two Exotic Dancers. ADULTS ONLY. Must be over 18 years old. £15pp. 8pm start.
- Sat 26th IN THE MOOD DUO 60s onwards
CASH PRIZE BINGO – every Thursday. Eyes down 8pm.
KARAOKE every Sunday night with Mick 8pm.
POKER NIGHTS. 7.30pm – Every Tuesday Friendly Games. Every Thursday League Games.



HUNSTANTON TOWN COUNCIL

Hunstanton Carnival 2022

After an absence of 4 years, the Hunstanton Carnival will, once again, be parading through the streets of Hunstanton on Sunday June 26th 2022.

This is the enterprise of a small group of people teaming up together to form the Hunstanton Events Committee, coming under the umbrella of Hunstanton Town Council, and made up of members of Hunstanton Town Council, The Rotary, The Lions, Hunstanton District Festival of Arts and the Round Table.

A lot of work is being put in to make this a spectacular event in the Jubilee year, and the theme is unsurprisingly, "The Queen's Jubilee".

The parade will start at the Recreation Ground where the floats will be judged, before leaving at 1.00pm when the parade will make its way down to the Lower Green, to join the various stalls, music and entertainment, which will be open from 11am until 5pm. Once the parade is gathered on The Green, the presentation of the awards for the best floats will be announced.

To make this a truly spectacular event and to ensure the success of the carnival, the events team is asking people to come forward to take part in the parade which can be either on a float, walking, driving or cycling. The more who participate in the parade the better and the more exciting it will be. Categories for the parade are Youth Groups, Social & Charity Groups, Fancy Dress, Trade & Business and Cars & Bikes; something for everyone.

The team would like to see the whole town involved and would like to invite all local businesses to be part of and support this by giving donations and, in return, have their businesses promoted in the brochure / programme

The carnival is just one of many things that are being staged throughout June for the Jubilee.

To start the ball rolling, there will be a Music Festival on The Green on Thursday 2nd June organised by the Hunstanton & District Festival of Arts, followed later that evening by the lighting of the beacon.

Friday 3rd June brings a full day of events and entertainment in the Town Hall commencing with a Vintage Tea Party, a Royal Quiz and a 40s & 50s Tea Dance/Singalong.

Saturday 4th June 7.30pm, Hunstanton Town Council is proud to be welcoming John Harris with his production of 'The Queen's Platinum Jubilee Gala' event at the Town Hall.

If you would like to be involved in any of the above events, the Carnival Parade, have a stall on The Green, provide entertainment, are able to assist voluntarily on the day, or support it with a financial donation, please contact the Town Clerk, Jan Roomes: Tel 01485 532402 or email clerk@hunstantontowncouncil.gov.uk

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Snettisham Gardening Club

Our March meeting will be on Wednesday 30th March at 7.30pm in the Memorial Hall, Old Church Road, Snettisham when the speaker will be Janette Merillion to tell us about a Scented Garden.

All meetings will be subject to any Covid restrictions that may be applicable at the time.

Any further information can be obtained from Gail on 01485 541279 or Addie on 01485 544754.

Hunstanton Conservative Club Entertainment for March

All activities have re-commenced at the Conservative Club. We have:

- Wednesday:** Whist 7.30pm
Thursday: Snooker League 7.30pm
Friday: Raffle 1.00pm
 Bingo 7.30pm
Saturday: Raffle with Open the Box
Yoga: Wed: 10.30 - 11.30am
 Thurs: 11.00 - 12 noon
 Fri: 10.30 - 11.30am

Spring Fling Dinners: 26, 29 & 31 March Book at the Bar

Food is served Monday to Saturday 12 noon until 2pm.

Sunday Lunch 2 courses for £7.95 (Book in advance).

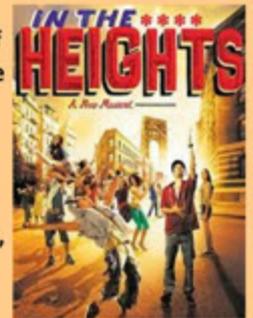
VILLAGE CINEMA at Dersingham Village Centre Presents on Tuesday March 29th at 7:30pm

IN THE HEIGHTS (PG)

Film version of the Broadway musical, with Anthony Ramos, Melissa Barrera, Leslie Grace, Corey Hawkins.

In Washington Heights, N.Y., the scent of warm coffee hangs in the air just outside of the 181st St. subway stop, where a kaleidoscope of dreams rallies a vibrant and tight-knit community.

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H DFA Buskers' Corner helps music student gain a study place at BIMM

From an early age, Celeste 'Este' Holdridge has wanted to study music at University, but it was her experience performing live on Hunstanton's iconic bandstand as part of the Buskers' Corner programme which tipped the balance in her favour and won her a coveted place at BIMM Brighton.

Encouraged and supported by the HDFA's Director of Music Ian Wells, Este and her ukulele have become a familiar sight as part of the line-up of live musicians in Hunstanton's music events but, according to her family, being able to perform in front of an audience at Hunstanton was crucial to her dream of completing a degree in music.

Learning that she could perform live and be appreciated was a deciding factor in Este's decision to apply for a music degree in the first place, but it was made quite clear at her audition just how important this experience was in the decision to recommend her for a place. As a result, she will begin her 3-year course to attain a degree in BMus (Hons) Popular Music Performance at BIMM Brighton in September this year.

You can see Este perform again in Hunstanton this summer when she takes the stage at the HDFA's prestigious Live Music Festival on June 2nd due to be held on Hunstanton's Lower Green from midday onwards.



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The Norfolk Hospice

A tree-mendous success for The Norfolk Hospice

The Norfolk Hospice has raised £5,850 from their first ever Christmas Tree Recycling scheme, which saw a team of Hospice staff and volunteers collect over 450 trees throughout North and West Norfolk.

Locals were able to register their real Christmas tree for a donation and these were collected by staff and volunteers on the weekend of 7th - 9th January.

The trees were taken to Border Lane Farm, Hill House Farm and Riseborough Willowtree Farm and were chipped by CGM Group. Some of the wood chippings were then taken to Belmont Nurseries in Terrington St. Clement to be used for their biomass boiler. They have recently planted millions of tulip bulbs in preparation for Tulips for Tapping this Spring, following the huge success of the event in 2021.

Lyndsay Carter, Chief Executive at The Norfolk Hospice, said:

“We are thrilled with the success of our first ever Christmas Tree Recycling scheme. We would like to thank all the local businesses, groups, volunteers and staff for all of their hard work and who ensured the success of the collection and recycling scheme. The money raised will make a big difference to local patients and their families at the most difficult of times.”



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With special thanks to the following:

CGM Group, Downham Home & Garden, Hunstanton & District Rotary, Belmont Nurseries, Hill House Farm, Rae Rudd from Border Lane Farm and Liz & Neil from Riseborough Willowtree Farm, Richard, Ade & David Geoffrey Dicker (Lodge No 9013 King's Lynn), Steve Eglen, Wendy & Peter King, Olli (McGinn Construction) and Helen Cross.




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Is Photography Art?

Many art museums and galleries now show photographic exhibitions listed as photographic artworks. But it is for less than a hundred years that photography has become part of our everyday lives in many widespread and diverse ways. It has played a significant role in the modern and contemporary art movements - Futurism, Pop Art and other schools of art. As photography became more widespread, becoming an art form, it developed a changing role in other art forms such as drawing and painting. Most commercial art forms had historically been dominated by drawing and illustration.

Nowadays you do not even have to own a camera. Almost every mobile has one and we are constantly bombarded with images on our computers, in magazines, advertising etc. Photographs can accurately depict a person, capture a moment in time, record a document, a story. Their uses are many, including social, creative and technical. What one person gets out of a photographic image may be completely different to the next.

It took time for photography to gain recognition as a genuine art form, but often a photograph is not taken with a view to it being a work of art. Indeed, the photographer may not have any artistic intention or expression. The recognized photographic artists are well known and famous – Ansel Adams, Man Ray, Irving Penn, Dorothea Lang, Jonas Leriche. However, with so many photographic images available now, the question is being asked again, is it really art?

Traditionally, there are seven different forms of art: painting, sculpture, literature, architecture, cinema, music, and theatre. Photography is not considered one of the traditional forms, probably because it is relatively modern. It is identified within the category of 'visual art', of which there are three traditional types: decorative, commercial, and fine art. There are sub-categories in each of these types, e.g., costume or fashion design,

printmaking, ceramics, video, film making, architecture etc... Photography is categorized as either fine art or commercial art within 'visual art', and artists such as Annie Lebovitz work in both fine and commercial art.

To be considered as photographic art and to become rare and collectible, an image must have been created with a view to being seen as an artwork, an act of creative expression, in line with the artist's vision and emotion unique to the artist; not for commercial purposes such as adverts, family photos and definitely not the ubiquitous selfies. However, there are hazy lines. Some portraiture is considered fine art photography and regularly exhibited at the National Portrait Gallery. The work of some fashion photographers, working in commercial environments, may be considered photographic artworks and will fetch fine art prices, such as Richard Avedon and Helmut Newton. Digital artists, employing the latest techniques and post-production treatments, will still be using all the recognized art elements such as line, form, light, depth etc.

Photographic art is becoming increasingly collectable and in many forms – originals, one-of-a-kind photography or limited editions. There is a growing market for crypto art collecting and investing. But still it is the view of many that it is Ansel Adams (1902-1984), one of the all-time great landscape photographers, a lifelong advocate for environmental conservation, who makes the case for photography as art: *'It is the creative act of the artist-photographer who, in visualising a poetic or revealing image within the scene in front of him, anticipates what the final print must convey to express what he sees and feels.'*

The Art Society is hosting a lecture on *Influences in Photography*, given by renowned photographer Charlie Waite, on 14th March 2022 in Sedgeford Village Hall, at 2pm. For more details of the lecture and how to join the Society, visit www.theartsocietynwnorfolk.org.uk

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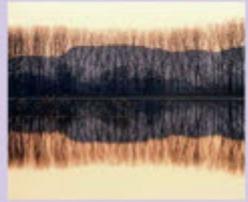
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Influences in Photography
Lecturer: Charlie Waite

Landscape photography is a way of life and is an essential method of expression for Waite. In discussing his work, Charlie refers to 'pre-visualisation' first used by the great American landscape photographer Ansel Adams from which he draws much inspiration, amongst others. "It is the creative act of the artist-photographer who, in visualising a poetic or revealing image within the scene in front of him, anticipates what the final print must convey to express what he sees and feels". Charlie refers to Ansel Adams and other artists and photographers who have inspired him and shaped his work.



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2. The Emerald City.
3. Aquamarine.
4. Tanzanite.
5. Bombay Sapphire.
6. 'Diamonds are Forever.'
7. H.M.S. Amethyst.
8. Lapis Lazuli.
9. Ruby Murray.
10. Pearl. (Mother of Pearl).
11. Alf Garnett.
12. Opal.

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13. Mendacious
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16. Napper
19. Skated
21. Datable
23. Iridescent
25. Sync
27. Sheep
28. Delphinia
29. Allegory
30. Bobcat

Down:

1. Lacerate
2. Windbreak
3. Erne
5. Ramadan
6. Anticipate
7. Banjo
8. Excess
9. Briefs
14. Clothes peg
17. Embryonic
18. Penchant
20. Decider
21. Dangle
22. Fiesta
24. Ideal
26. Shoo

TIDE TABLES MARCH & APRIL 2022

HIGH WATER AT HUNSTANTON									
Heights above chart datum									
Time Zone UT (GMT) add 1hr for BST begins 27th March									
March 2022					April 2022				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 TU	05 25	6.7	17 24	6.9	1 F ●	06 36	7.2	18 30	7.5
2 W ●	06 16	7.1	18 11	7.3	2 SA	07 10	7.2	19 09	7.5
3 TH	07 00	7.3	18 55	7.6	3 SU	07 40	7.1	19 44	7.4
4 F	07 38	7.3	19 34	7.7	4 M	08 06	7.0	20 16	7.2
5 SA	08 11	7.2	20 09	7.6	5 TU	08 30	6.8	20 44	6.9
6 SU	08 40	7.0	20 42	7.4	6 W	08 53	6.5	21 14	6.4
7 M	09 07	6.7	21 13	7.0	7 TH	09 20	6.2	21 48	5.9
8 TU	09 32	6.3	21 44	6.5	8 F	09 54	5.7	22 34	5.4
9 W	10 00	5.9	22 21	6.0	9 SA	10 44	5.3	23 53	4.9
10 TH	10 39	5.5	23 12	5.4	10 SU			12 23	4.9
11 F	11 39	5.1			11 M	01 40	4.9	14 04	5.1
12 SA	00 36	5.0	13 23	5.0	12 TU	02 57	5.3	15 09	5.6
13 SU	02 18	5.0	14 48	5.2	13 W	03 53	5.8	15 57	6.1
14 M	03 32	5.4	15 50	5.7	14 TH	04 37	6.3	16 39	6.5
15 TU	04 27	5.8	16 36	6.2	15 F	05 16	6.7	17 19	6.9
16 W	05 10	6.3	17 16	6.6	16 SA ○	05 54	7.0	17 59	7.3
17 TH	05 49	6.6	17 54	6.9	17 SU	06 32	7.2	18 39	7.5
18 F ○	06 26	6.9	18 31	7.2	18 M	07 09	7.3	19 20	7.7
19 SA	07 02	7.1	19 07	7.4	19 TU	07 44	7.4	20 00	7.6
20 SU	07 36	7.2	19 42	7.5	20 W	08 20	7.2	20 42	7.3
21 M	08 08	7.2	20 16	7.6	21 TH	08 59	6.9	21 29	6.8
22 TU	08 40	7.1	20 53	7.4	22 F	09 43	6.4	22 25	6.2
23 W	09 16	6.8	21 35	7.0	23 SA	10 40	5.9	23 48	5.6
24 TH	09 58	6.3	22 25	6.3	24 SU			12 01	5.5
25 F	10 51	5.8	23 35	5.7	25 M	01 34	5.5	13 35	5.6
26 SA			12 10	5.4	26 TU	02 58	5.9	14 50	6.0
27 SU	01 27	5.4	13 53	5.4	27 W	04 03	6.3	15 50	6.5
28 M	03 11	5.7	15 15	5.9	28 TH	04 50	6.7	16 38	6.8
29 TU	04 23	6.3	16 16	6.5	29 F	05 31	6.9	17 22	7.1
30 W	05 15	6.8	17 05	6.9	30 SA	06 04	7.0	18 03	7.2
31 TH	05 58	7.1	17 49	7.3					

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Borough Council News Heacham, Sedgeford and Fring

Time marches on. I will start with a tale of two Councils, Heacham Parish Council and the Borough Council.

Parish councillors are villagers who want to benefit their village by helping in the myriad of local matters that arise and need managing or sorting. They receive no money for their troubles and are generally seconded onto the Council as vacancies arise. Every four years they come up for election though, unless more than 17 stand, there is no count. I am a Parish Councillor too.

A Parish Council is accountable to the public as was demonstrated at a recent public meeting about the new build, hall, library and office. Villagers had been given opportunities several years ago, through drop-in sessions and a letter, to give the green light to the new building. This they did. However, the cost now is much higher than the cost then. Consequently, villagers need to be asked again. This is something I recommended at the Parish Council several weeks before the public meeting and I am glad that a referendum, managed by the Borough Council, will be used. This should clear the air.

The 'error' the Parish Council made several years ago was to be too democratic. They asked villagers what they wanted. The answer they got was different to what the Heacham Youth and Community Trust expected. In consequence, there has been a war of words since. Delays due to such consultation and then Covid lockdowns contributed to escalating costs. Whether villagers still want to go ahead with the build will soon be found out. Voters should be aware of the financial consequences of not going ahead too. The situation is not as simple as you might think.

Borough Councillors, like me, are elected. I have been elected twice. I was not going to stand again in 2023 but am having second thoughts as what the Borough needs is, at least, a strong opposition to the ruling group, the Conservatives. Without a strong opposition the Council's work is not scrutinised effectively. Currently there are 29 Conservative Councillors and 26 in opposition. I lead the main opposition group, the Independents, and have 15 councillors as members.

Borough Councillors do get financial allowances. All 56 get a basic allowance of £6,162pa. There is an ICT allowance of £168pa and a mileage allowance for journeys to and from Lynn. (*Those of you who think BCs should get nothing might save their ire for County Councillors who get a basic allowance of £11,224 for doing no more*).

At the Borough Council there is a further pot of money to pay additional allowances to Councillors with particular responsibilities. This pot currently stands at over £100,000. These responsibilities include Leader (£16,939); Deputy Leader (£9,316); six more Cabinet Members at £7,621 each; Chairs of Panels at £2,370 each; Chair of Planning (£6,175); Chairs of Licensing, two at £2,787 each.

There are vice chairs too. All the significant special responsibility positions are in the gift of the Leader, a Conservative. Theoretically,

a vice chair is elected by the members of a panel. However, by default, the majority of panel members are Conservatives. At the moment, one chair of a panel is an Independent. It is the Corporate Performance Panel which scrutinises Cabinet decisions; he is doing too good a job so could likely lose his position in May. The vice chair of audit is also an Independent; his background means he knows all about corporate finance. Note that he was not made Chair.

The only portion of the pot which is outside of the Leader's influence relates to the Leaders of the opposition groups. I receive £847 as leader of the principal opposition group. The Leader of the Labour group receives £507. Our deputies receive smaller amounts. In total, the opposition receives around 1/50th of the special allowance pot. Or, if the two positions mentioned above are included, around 1/20th.

An Independent Review Panel last year looked at the Borough's allowances and their distribution. Their findings have just been revealed and quickly dismissed by the Cabinet. The recommendations of the panel effectively raised the size of the allowance pot. The reason for their dismissal was, 'it was not the right time'. The increase actually recommended by Cabinet will be in line with officers' pay award. However, the review panel also made a start at redressing the imbalance between the allowances given to the ruling party and the allowances given to opposition leaders. This was also dismissed. I proposed the change would not increase the pot if some Conservative held allowances were slightly reduced. This was ignored. I have stated that the recommended allowance for the leader of the main opposition group, currently myself, would not be taken in 2022/2023 but the principle of redistribution needs to be established. No comment has yet been received.

Allowances are a touchy thing. They were brought in, nationally, many years ago as a kind of 'levelling up'. People who were not relatively wealthy were then discouraged from becoming councillors as they could not afford the time. However, as allowances were given

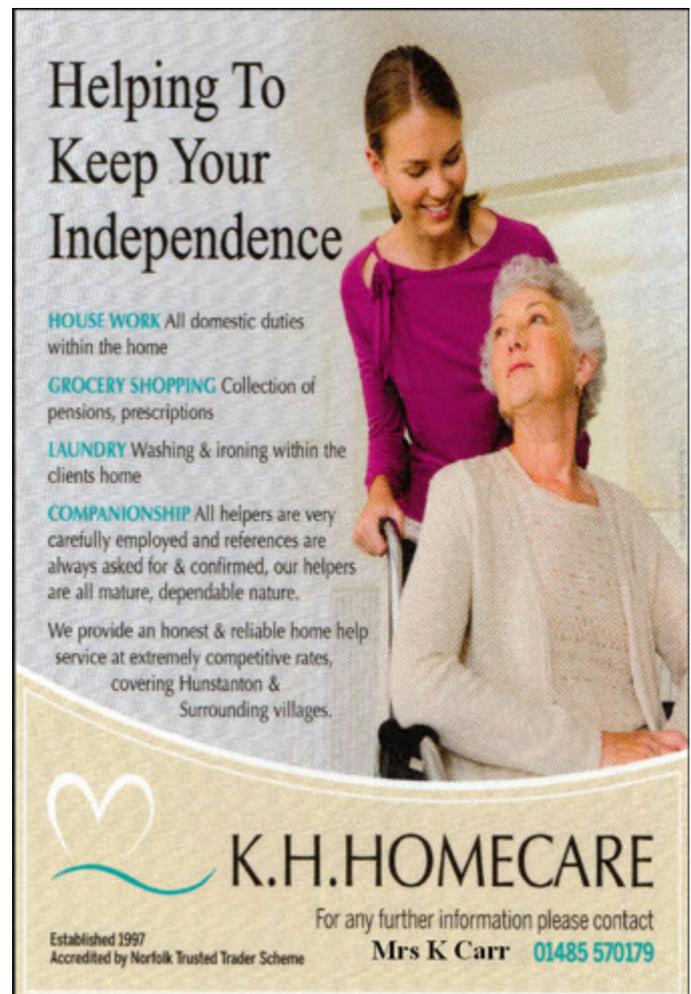


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to all councillors, they no longer differentiate between those who need a supplement to their income and those who don't. Now, with basic and special allowances, and sometimes holding both a County and a Borough position, such 'twin hatters', can receive a good income (basic Borough plus basic County = £17,386, add a responsibility allowance and this can easily be bumped up to well over £26,000pa – as is the case for several members of the Borough Council.

What the opposition wants, and I include both opposition parties, is a recognition of the leadership demands of relatively large opposition groups. In the longer term, both groups want a fair distribution of special responsibility positions so that all councillors' expertise can be utilised irrespective of their party or leanings. This is to provide encouragement to younger people (not receiving pensions), possibly with little or no political background, to stand for election knowing they can contribute to the Council and have the chance to protect, to an extent, any possible loss of earnings from their employment. This is not in the interest of the current ruling group who also resist returning meetings to early evenings which, in the recent past, has enabled most working councillors to participate more and councillors with school age children to manage their lives better.

Let's change the topic; sea water quality. It is now poor at Heacham and hovering just above that in Hunstanton, Old Hunstanton is good. The quality at Heacham has been deteriorating for some years or, as an officer said, 'it may have been poor for a long time, the tests are better now' (paraphrased). Streptococci bacteria specific to humans, dogs, cattle and birds are found in the sea. Attempts will be made to identify the causes of this situation and to mitigate them. It will likely take years as the shallowness of the Wash hinders dispersal of waste. The Borough Council will be working with the Environment Agency

and Anglian Water. In the meantime, follow the advice which will be made in press releases, social media, and on notices by the beaches.

Talking of human waste, the new toilet development at South Beach has still not begun, neither have final plans been revealed. The notice displayed on them says they will open for Easter.

The saga of Cheney Hill continues. There have been considerable delays to planning matters as a significant number of officers have been leaving. New ones have been recruited but a priority was given to the Parkway 2, Borough Council application. By the time you read this that should have been sorted.

A controversial planning application in Fring should have been withdrawn by now so that objecting residents can be consulted before a fresh application is made. It would likely have been better for residents' peace of mind if consultation had been done at the outset, but better late than never.

Sedgeford appears quiet at the moment. Several breaches of planning conditions or enforcement notices may have been resolved. Such breaches are an ongoing problem. Persistence seems to work. Keep highlighting them to the Borough, via the planning department or me.

As I write, car sales seem to have resumed on the wide grass verge at the turn off to Heacham recycling centre. Highways should have sorted it by now. Please do not set up your business at the roadside.

And roadside litter is more evident locally and down the A149 into Lynn. This is unlikely to be tourists at this time of year. I am attempting to find out if County has reduced its litter clearing operations. The answer of course, is not to throw rubbish out of cars and lorries. If you see it happening and it is safe to do so, take the number of the offending vehicle down.

Terry Parish
Leader of the Group of Independent Councillors (15)

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**RESIDENTIAL
PROPERTY IN A
LIMITED COMPANY?
WATCH OUT THIS
APRIL!**

**by Kathryn Gigg Chartered Accountants,
Hunstanton**

Some Limited Companies owning residential property could be in for an unwelcome surprise in April.

The **Annual Tax on Enveloped Dwellings (ATED)** was introduced from 2012 to remedy (or at least tax!) the perceived distortion which could arise where residential property is held within a limited company. The tax is levied annually based on a scale value and the amount charged is increased each year broadly in line with inflation. When first introduced the tax was only levied on properties valued at over £2m but this was subsequently reduced in 2015 and 2016 and now stands at £500,000. By way of example, the ATED charge on a property worth £500,000 to £1,000,000 was, in 2021/22, £3,700, and this is charged in addition to any personal Income Tax which might arise for an occupant (such as a director or a member of their family) under the “benefit in kind” rules.

Fortunately, there are a number of exemptions from the charge, primarily where the property is held as part of a rental or property trading business, is occupied by a (non-connected) employee or is a farmhouse. However, the reliefs are not given automatically and must be claimed annually.

Most businesses that are within the scope of the tax will be familiar with the disclosure and filing requirements. However, the rapid rise in property prices during the pandemic may give rise to a problem in the near future. The value used in assessing both the amount of tax payable and the £500,000 exemption is either the cost (when the property has been acquired since the valuation date), or the market value on the valuation date. The initial valuation date was 1 April 2012 and there is a requirement to revalue every 5 years – so **on 1 April 2022 all property held on that date will need to be revalued.**

This could give rise to two problems. Firstly, since property prices have risen by 20-25% over the last five years, Companies will need to look at each property and decide which value band is appropriate. Using 2021/22 bands for illustration, a property that was worth £750,000 in 2017 could well now be worth over £1m so the annual charge will rise from £3,700 to £7,500. A property which has risen from £1.6m to £2.1m will see the

charge go from £7,500 to £25,300, and it seems quite likely that those charges will also be subject to the usual annual increase by the time the relevant return is due.

The second problem is that a number of properties which have previously been “below the radar” will now be brought within the scope of this tax. This may give rise to an unexpected charge, but even if the property falls into an exempt category, there will still be a need to file a return and claim the exemption. There are material penalties for not filing on time.

Since rural properties have become particularly desirable post pandemic, this could mean that corporate landowners will need to do some work over the next couple of months to ensure that they are compliant following the 1 April 2022 valuation date.

Please contact either myself or my assistant Nicola Tarry FCA on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.

Mrs K H Gigg FCA

N.B. Article written in February 2022

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.
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COUNSELLING

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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 15th March at 7.00pm at the Old Friends Hall, Sunnyside.

The Full Council Meeting for April will be held on Tuesday 19th April and the May Full Council Meeting will be held on Tuesday 17th May, both at 7.00pm at the Old Friends Hall Sunnyside.

Please see the Parish Council website, noticeboard at the New Community & Heritage Building Site, Pound Lane and the Parish Office window for agendas. Council Meeting minutes will be posted on the Parish Council Website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings have resumed and these will also be held in the Old Friends Hall, Sunnyside. Members of the public are allowed to attend committee meetings if they wish.

ALLOTMENTS

We find ourselves in the position of having no waiting list for the allotments we have on Sedgford Road (opposite Norfolk Lavender's main carpark). If your garden isn't big enough to include a vegetable patch then perhaps you would benefit from having an allotment. They are divided up into quarter, half and full-sized allotments. A quarter plot is the size of a good garden and this year only costs £10 for the year. We have a happy community of allotment holders, some having been there for many years, even a 'tea shed' for those who are interested to join in when Covid allows. There is only one drawback, that being there is no water supply on site and so water has to be collected on site or taken up there. This has always been the case and people have successfully harvested good crops for 122 years now.

THE SALTINGS

Richard Brown a co-opted member of our Natural Environment Committee has been busy at The Saltings again with his trusty scythe. He has plans in place to cut a bigger section by machine and we will let you know a date so that you can go and help if you wish.



SKATEPARK

The concreting works to the Skatepark is now completed. We apologise to anyone who was inconvenienced by the road being closed whilst this took place; we were not made aware that it would be.

The Parish Council are now looking into repainting the equipment and once this is organised we will let you know. This will be done at a time to cause less impact on its use.

We would be happy to have some feedback from users of the park regarding the work that has been done.

CONTACTING THE PARISH COUNCIL

Can we remind residents once again that Heacham Parish Council do not answer questions nor get into discussions on Social Media or in any other publications. The staff in the office are happy to answer any questions or queries anyone may have regarding issues in the village; anything we cannot solve ourselves can be directed to those who can. Please see contact details at the foot of this page.

DOG FOULING

With the mornings and evenings still so dark, it is easy to think it is okay to leave dog mess on the footpaths as no one will see you. It isn't! The number of complaints about dog fouling in the village still increases. It is still an offence not to clean up after your dog, even if no one can see you. Please do so, and help keep the village clean and safe.

The Borough has a dog warden who deals with these issues and so if you are aware of someone not clearing up in a particular place at a particular time, please let them know and they will monitor the site with a view to 'catching someone in the act'. Anyone not cleaning up after their dogs may receive an on-the-spot fine of £80 increased to £1,000 for failure to pay.

COVID 19

Please remember that the regular washing of hands for 20 seconds should still be undertaken.

THE PARISH OFFICE IS OPEN TO THE PUBLIC TO VISIT 10AM UNTIL 12 NOON ON MONDAY, TUESDAY AND THURSDAY.

Please feel free to pop in to speak to us face to face.

Sue is at her desk from 9am until 5pm Monday through to Thursday and can take phone calls or Liz is available on the phone 9.30am until 12.30pm on Friday.

STAY SAFE AND WELL

Any queries should be addressed to:

Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel 01485 572142

Email: heachampc@btinternet.com

Website: heachamparishcouncil.norfolkparishes.gov.uk

Parish Council Dairy Site Proposal

Following the independently arranged public meeting on the 6th February and the Parish Full Council meeting on the 15th February, the Parish Council are calling a Parish Meeting prior to an official Parish Poll conducted by the King's Lynn Borough Council as an independent body.

This will be the only recognised poll by the parish council and give everyone who is entitled an opportunity to express their opinion.

Graham Reader - Parish Chairman

HELP LINES

HEACHAM GROUP PRACTICE 01485 572769

Heacham Surgery MON TO FRI 08.30 TO 18.30
Snettisham Surgery MON TO WED 8.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR 111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST (Boots) 570297

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HEACHAM PARISH COUNCIL OFFICE 572142

OPEN MON, TUES, THUR 10:00 - 12:00
 STREET LIGHT FAULT REPORT 572142
 BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

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 STUART DARK 01485 544339
NORFOLK C C MICHAEL CHENERY 07920 286638

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EMERGENCY SERVICES

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POLICE 101

SAMARITANS Freephone 116123 or (local charge) 0330 094 5717

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SILVER LINE 0800 4708090

ELECTRICITY (UK Power Networks) 0800 3163105

ANGLIAN WATER 0800 771881

GAS ESCAPE 0800 111999

24hrs VETERINARY CLINIC (Medivet Heacham) 1485 570065

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OPEN TUES WED FRI - 9am-7pm
 SAT 9am-4pm MON & THURS - Closed

HEACHAM CHALK PIT RECYCLING CENTRE 0344 800 8020

1st April to 30th Sept 9am - 5pm 1st Oct to 31st March 9am - 4pm

HEACHAM COMMUNITY WEBSITES

www.heachamgrouppractice.org
 www.heachamnewsletter.org.uk

HEACHAM HALLS

PUBLIC HALL 570776

PINE RESIDENTS HALL, Wilton Road Pat Toppin 779208

METHODIST CHURCH HALL, Station Road Mike Careless 570363

ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12 572539

OLD FRIENDS HALL Sunnyside 572142

HEACHAM SCOUT HUT Sunnyside 592041

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frequency	2/hr	1/hr	1/hr

Sun

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11:30 SCHOOL ROAD	16:05 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:25 SITKA CLOSE
12:15 FENSIDE	16:50 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:10 NEVILLE ROAD

DEFIBRILLATOR SITES IN HEACHAM

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St.Mary's Church - Front Porch. Available 24hrs
Sports Field Pavillion - On the external wall of the pavilion
Fire Station - Only available when someone is in attendance
Chalk Pit Recycling Centre - Outside the gates. Available 24hrs
Pioneer Holiday Park - In yellow phone box adjacent S Beach Rd, 50yds towards beach from main entrance
North Beach Toilets - On wall near entrance to gents. Available 24hrs

Fullers Body Repair Centre



Unit 10
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 PE31 7BT

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