



# THE HEACHAM NEWSLETTER

April 2022



This newsletter reflects the views of its contributors, not necessarily those of the editors, sponsoring body or advertisers



Deadline for the next edition is 12 noon, Tuesday 19th April 2022

*A light-hearted view of the war  
(with flag waving!)*

### Our Finest Hour

1945 2022

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Heacham Public Hall

Fri 13 May 7:30  
Sat 14 May 2:00 & 7:30

Jim - 01485 571267  
Janice - 01485 570402

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THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

# *your letters..*

## S O L I D A R I T Y ..



Dear Newsletter,

### Hunstanton

#### Wild Ken Hill Project

Whilst it was very nice to read Dominic Buscall's first monthly article about the Wild Ken Hill project, I noticed that surprise, surprise there was absolutely no mention about the real reasons behind the sudden cancellation of the White-Tailed Sea Eagles "reintroduction" project / fiasco!

In fact, the only mention I have heard about this, was from Chris Packham during the BBC2 live Autumnwatch broadcast when he said it was "a sore point."

The Ken Hill official press release to The Guardian newspaper in the Autumn, stated it had been cancelled (at the end of a long and costly consultation process no doubt) due to the "adverse effects it may have on the existing breeding wading birds". This potential adverse effect would have been easily predictable at the start of the project, and a similar excuse was given to me, when I emailed them and suggested that they tried to reintroduce White Storks, which Norfolk actually has historic records of having bred here, unlike the Sea Eagle which records show has never bred here, and is just a vagrant visitor!

They could also try to "reintroduce" Lesser Spotted Woodpeckers, Marsh & Willow Tits or further Goshawks, but I doubt these would attract as much visitors' money as Sea Eagles and Beavers!

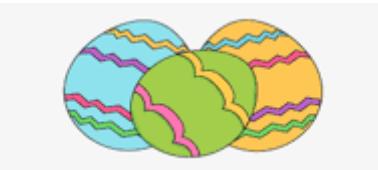
The KH press release went on to briefly state that there was also "opposition" from the local game shooting lobbies, and I believe here lies the real truth and reasons for sudden project cancellation, given that is where all the real power, money and influence lies locally, within this landed nobility. In fact, marshland given over to Kent Wildfowlers locally in Thornham is owned by the ex-Norfolk Police and Crime Commissioner for example!

I wonder just how many of the local birds watched and admired by your readers on Ken Hill marshes during the Autumn / Winterwatch broadcasts were subsequently shot dead by local wildfowlers? Guess we may never know, given that their Honorary Secretary was so deliberately vague in his December letters response, on the species varieties and annual numbers taken, equating shooting limits to Xmas dinner consumption in Heacham, (is that the permanent population, or including all the holiday residents in caravan sites!?)

I would also like to point out that I have picked up several jagged spent plastic wildfowlers' shotgun cartridges whilst walking the KH inner sea wall (which as they split 4 ways could easily choke a farm animal, seal, or bird unlucky enough to swallow one), and hundreds more whilst beach cleaning locally, so these local wildfowlers aren't quite as environmentally minded and squeaky clean as they like to make out!

MW

(Name & address supplied)



Dear Newsletter,

### PC Meeting

I was very interested to read Karen Frary's thread on Facebook re the PC meeting where the new Community Centre Project was discussed. I agree with her points entirely, but unfortunately, and I believe I am correct here, the PC has stated that it does not communicate via social media, so I fear her points may be falling on deaf ears.

The Project seems increasingly to be a very expensive vanity project, and a huge white elephant, especially when people are facing worries about paying for food, heating and fuel for their cars. It is not right in such circumstance to land the village with a 7 figure debt for years to come. The impression is that villagers feel they no longer have a say in what happens to their village. I have lived here since 1978, and am still a newcomer; many village families have been here for generations. How many PC members can say the same?

Good points were made in responses by Dave Curtis and Matt Norman among others. I can appreciate Matt's point about no confidence in the PC and the way it responds or otherwise to the needs and wishes of residents. Perhaps it is time for a full election of all PC members; if you need signatures for your letter, Matt, count me in, though I don't think finding the required number would be a problem.

Should the no confidence letter be submitted, should it lead to a debate on whether the village has confidence in the PC, and should that lead to resignations triggering an election, I would be happy to stand alongside Matt and Dave (and maybe Mick Jennings if he could be persuaded?) for election on a platform of looking at alternatives to the Project as it stands, listening to residents' views, and, dare I say it, giving the village back to them.

Pete Widdows



## Woodside Avenue

Dear Newsletter,

### 'Penny for your Thoughts' Walk

The Heacham Newsletter was kind enough to publish in the February edition my plans to walk the Norfolk Coast Path from Cromer to my home in Heacham. This walk was in memory of my late wife and in support of The Norfolk Hospice, Tapping House whose 'At Home' team played such a magnificent, supportive, caring role in assisting me in caring for Penny in our own home.

With the professional expertise of photographer, Ian Burt and coverage of the walk in local publications and Facebook postings from our children and me, the support has been truly overwhelming.

It has been impossible to thank donors individually and I hope that my heartfelt gratitude will be covered by this letter and by the few posters displayed on the High Street once I had successfully completed the walk on 3rd March. By the time you read this, an album of my amateur photographs will hopefully be available in the Heacham Parish Library for you to browse through, should you so wish.

I am very much aware of the day to day demands on the purse in addition to personal and international 'causes' which makes people's generosity to my appeal so humbling. The Norfolk Hospice, Tapping House will, I know put the money to excellent use. In addition to a large sum raised at the time of Penny's funeral plus a substantial sum raised by our daughter's friends, colleagues and Facebook contacts, my walk at the time of writing has raised over £4,600 – a staggering sum!

The donations have, of course, been magnificent but I will never forget the brief descriptions of my wife, the support of the community in which Penny and I made our home and the 'Welcome Home' party when, the avenue in which I live, turned out in force at the end of the walk. Penny would have been astonished!

With many thanks.

Eric Rhodes



## Heacham

Dear Newsletter,

### The Vote has been Counted

As you all are aware, I put a vote to the village about what was happening with the Old Dairy Site in the High St.

#### Giving 2 options

Option 1 - Allow the Parish Council to take a Public Works Loan of £1.3 million which is to be repaid over 50 years at a cost of approx. £58,110 per year, to build new Parish Council Office, Meeting Hall, Library and small Heritage Display, with very limited parking.

Option 2 - Would you like the site cleared, turned into a large parking area to help the congested High St. This could also be used as a Market Square for village events with Clock Tower and seating on the corner of the High St. and Pound Lane. Approx. cost £120,000.

The reason for the Clock Tower and seating (other than it being a nice feature) is to retain the definition of the corner of High St. and Pound Lane.

The vote closed on 10th March and was counted at 4 o'clock on Sunday 13th March. Please be aware that as a private individual and not privy to the Electoral Roll, it is almost impossible to get a vote form to every house. There are 2661 properties in Heacham and the vote form was delivered to 2560 properties.

Result of the vote, 35 votes for Option 1, 780 votes for Option 2 and 10 spoilt vote forms.

This result was presented to the Parish Council at the Parish meeting on 15th March. Although they have said that they will not recognise any poll other than their own, this has to be a clear view of how the village feel about the council borrowing huge amounts to progress a project that the voting parishioners do not want.

Dave Curtis



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## HEACHAM VILLAGE YARD SALE

Sunday 8th May

9am - 2pm

A chance for you to make some pennies or grab a bargain!

A map will be available nearer the time showing who is taking part. Last year we had over 100 stalls which was a huge success.

If you would like to join in, we just need your house number and road so you can be added to the map.

Please contact...

Jemma Greef – 07799 580206 **or** Janet Race – 07940 851772

Email: [greef25@aol.com](mailto:greef25@aol.com) or [janetrace@jayars.co.uk](mailto:janetrace@jayars.co.uk)



Photo by Stuart Goult - 'Heacham looking resplendent'.  
Heacham River near to South Beach.

### To all Dog Walkers

The Natural Environment Committee has had complaints lately of dog walkers not picking up at the Millennium Wood and at The Saltlings Reserve, especially on the paths and trails.

**Please do pick up.** There are dog boxes conveniently sited at the exit gates so you don't have to carry it far.

Thank you.

Robert Pritchard  
Parish Councillor



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## **Duck Control at Bray's Pit**

For many a year there has been a call for the number of ducks in our Village to be reduced and for people to desist in feeding them bread. We have been told numerous times that bread is not good for them and that they suffer badly due to this unhealthy diet. We are also reminded that the overabundance of feed will lead to an increase in vermin, notably rats. But we all know that children, residents and visitors alike enjoy the interaction between these happy, colourful, feathered, amusing animals especially when the cute cuddly ducklings are newly hatched. Many think it would be a shame to lose, this "trademark" of our village. However, it has been conceded that there are just too many of these delightful little creatures, especially the ducklings, and something needs to be done. It has been decided that now is the time to take that step in reducing the duck population.

Having taken a leaf from a "Wilding" scheme, not too far away from us, it has been resolved that the best way to control the population is to introduce a natural predator.

After much consideration a pair of Arctic Foxes will be released in a location not too far away from Bray's Pit. The Arctic Fox is a small creature with a voracious appetite, wary of human contact and is seen as the simplest and most cost-effective solution to our excessive duck population. They will also manage the rodent inhabitants as they do so well in their natural habitat in the far North. The timing of the planned release will coincide with the duck breeding season, so the foxes and hopefully their cubs will have an abundant supply of cute, fluffy downy ducklings. A tasty and adequately sized snack, if rather a feathery mouthful, for the cubs to sharpen their needle like teeth upon. It is thought that a pair of cubs could easily devour a brood of ducklings in a day leaving no evidence of them ever existing, except for the odd feather fluttering in the wind or floating wistfully on the dark water's surface.

Residents, if they are lucky enough to see the foxes, are requested not to approach them as it is necessary that they retain their predatory instincts. We are also asking that the public take normal precautions with any animals that are kept in their gardens, especially chickens, ensuring they are taken into secure housing during the hours of darkness.

With the above strategy it is foreseen that our duck problem will reduce and a natural balance will be achieved within our village.



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## CHURCHES TOGETHER IN HEACHAM



Many of us during this pandemic will have felt that our freedom has been taken away. There have been so many occasions when we haven't been able to socialise, we've missed seeing our family and friends but now, thankfully, we are emerging from what has been a most difficult time.

We are still in the season of Lent which for some will be a time of reflection, repentance and resolve to live a more Godly life and some will have given up something (like chocolate/social media) that they possibly feel enslaved to.

BUT, there is another kind of freedom and, as we look forward to Easter, the word freedom takes on a whole new meaning.

Easter is the most important time in the Christian calendar. It is the time when we remember Jesus' Crucifixion and Resurrection and the reason why this happened. Through Jesus' sacrifice for all, we have been given the chance to be free.

Free from being enslaved by sin, free from spiritual death. It is human nature to sin, but Jesus took the world's sins upon Himself in order to offer all, the promise of eternal life.

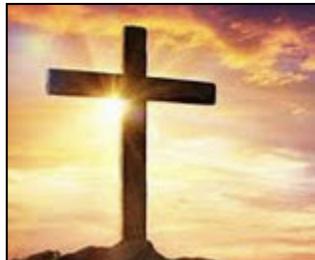
God did not create us to be robots. He has given each of us free will to accept or reject His salvation, to have lasting freedom beyond this life here on earth.

What a wonderful gift to look forward to.

Remember the thief on the cross who repented at the last minute and Jesus granted him salvation? It is never too late to repent and ask for forgiveness, whatever sins we have committed in the past; God gives us the opportunity of a new beginning.

When we look at the cross, we notice that it points north, south, east and west, to all parts of God's world but at the centre, at the heart, it points to us as individuals.....Jesus has given us His heart.

Can we give Him ours?



*As Jesus said, "Because I live, you also will live" (John 14:19).*  
With my prayers for new beginnings and a peaceful Easter.

**Val Fisher  
(Local Preacher in Training –  
Heacham Methodist Church)**

### Church Opening Times

The Church is open from 10am to 4pm every day.

### April 2022 Services

There will be a service in church every Sunday at 10am. Services are live streamed on Heacham Parish Church Youtube channel (<https://youtu.be/azbvfYEG9EY>). We will also have a recording of the service on our Youtube channel which will be available each Sunday, after the service has taken place.

### Holy Week and Easter Services and Events

**Palm Sunday** - 10th April - Morning Service 10am

**Tuesday** - 12th April - Easter Family Celebration 11am – 1pm

**Maundy Thursday** - 14th April - Evening Communion at Heacham Methodist Church 6.30pm

**Good Friday** - 15th April - Hour at the cross 2pm

**Easter Day** - 17th April - Easter Communion 10am

### Coronavirus Update

Although all the rules have now been lifted, we will still be doing all we can to take care of each other in church, including wearing face coverings and, if possible, checking we have a negative LFT result. We will continue to keep the back of the church set up with socially distanced seats.

We worship in a number of different ways including:

**HEACHAM PARISH CHURCH online**  
on Heacham Parish Church Youtube channel

**HEACHAM PARISH CHURCH in church**  
At 10am every Sunday morning

### Live Streaming

We are now live streaming services every Sunday at 10am on Heacham Parish Church Youtube channel.

### Bereavement Support Group

Meetings are on the first Thursday of each month. The next meeting is on 7th April from 10am till 12 noon, at the Pine Residents Hall. For more information contact the Church Office.

### Annual Meeting 15th May 2022

The Annual Parochial Church Meeting (APCM) will be held on Sunday 15th May 2022.

### Prayer Tree

We have a new prayer tree in church on which you can write a name or situation that you want to pray for, and you want the church to pray for, by writing and hanging it on the tree. God hears your prayer and we will pray for you. If you can't get to church and would like a name added, let Rev'd Veronica Wilson ([heacham.vicar@gmail.com](mailto:heacham.vicar@gmail.com)) know.

### Community Support for Heacham

If you need help or support, Heacham Parish Church is there for you if you need it for as long as you need it. We can offer practical help or a listening ear.

Please contact the Church Office.

More information about the church  
[www.heachamchurch.org.uk/](http://www.heachamchurch.org.uk/)

### Prayer

Every weekday morning at 9am a group meet on Zoom to pray for our village community. We pray for all who live and work here, for our shops and businesses, our schools, residential homes, surgery, amenities, etc.

If you would like us to pray for you specifically, or someone or a situation on your heart, please ring or email Veronica (details on the opposite page).

## CHURCH CONTACTS:

St Mary's Church:

Revd Veronica Wilson

email: [heacham.vicar@gmail.com](mailto:heacham.vicar@gmail.com)

St Mary's Church Office: Julie Turner

email: [heacham.church@gmail.com](mailto:heacham.church@gmail.com)

Methodist Church:

Rev'd Dr Richman Ncube

(01485) 570697

(01485) 572539  
(answerphone)

(01485) 570232

\*\*\*\*\*

## **HEACHAM METHODIST CHURCH**

**Minister: Rev. Dr Richman Ncube**

**April 2022**



## SUNDAY MORNING SERVICE 10.30am - All welcome

3rd April Mary Cumbers

10th April Rev Dr Richman Ncube **Holy Communion**

17th April **Easter Sunday** - Irene Garrard

24th April Marianne Baguley

## EASTER

Once again we shall be holding United worship with our friends of St Mary's church. Details as follows:-

**Maundy Thursday:** 6.30pm - Holy Communion -  
Methodist Church

**Good Friday:** 10.30am - Rev Dr Richman Ncube -  
Methodist Church  
2.00pm - Rev Veronica Wilson -  
St Mary's Church

**Easter Sunday:** 10.30am - Morning Worship –  
Methodist Church  
10.30am - Morning worship -  
St Mary's Church

## Midweek Communion

The April midweek communion will be on Wednesday 13th April at 10.30am conducted by our Minister Rev Dr Richman Ncube. All who love the Lord are welcome.

## Bible Study

The April monthly Bible study will be on Thursday 28th April at 10.30am led by our Minister Rev Dr Richman Ncube. Come and join this lively study group - all welcome

## Coffee Morning

The April coffee morning will be held one week later than usual because of Easter. It will be on Saturday 23rd April at 10am – 12 noon. Hopefully the spring weather will be kind to us. There will be a book and jigsaw puzzle stall. Come and join us for a very pleasant morning with coffee, cake, company and a chat.

## Games and Bowls Club

You are reminded we have a new monthly games club on the first Friday afternoon each month, so if darts, dominoes, Othello, cards, draughts etc are your thing, come and join us on Friday 1st April at 2.30pm.

Meanwhile, because of Good Friday, April's bowls afternoon will meet on Friday 22nd at 2.30pm.

Both of these clubs are open to anyone looking for friendship and a bit of fun.

## Midweek calendar for April

Friday 1st Games afternoon 2.30pm

Wednesday 13th Midweek communion

Friday 22nd Bowls club 2.30pm

Saturday 23rd Coffee morning 10am-12 noon

Thursday 28th Bible study



## **Hunstanton Catholic Parish**

The Pope's prayer intention for April 2022: **Health Care Workers.** We pray for health care workers who serve the sick and the elderly, especially in the poorest countries. May they be adequately supported by governments and local communities.

The Pope's prayer intention for May 2022: **Faith-Filled Young People.** We pray for all young people called to live life to the fullest. May they see in Mary's life the way to listen, the depths of discernment, the courage that faith generates, and the dedication to service.

Lenten Alms boxes are in the porches of both churches and this year the donations will be divided between the St Francis Leprosy Guild and Aid to the Church in Need. Lent Fast Day donations go to CAFOD who support long term projects and any emergencies that occur.



"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

*1 Peter 1:3*

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Our pancake evening at St Cecilia's was back this year, thankfully, and was very well attended. The raffle raised money which will go to the Norfolk Hospice, thanks to a sponsored walk by parishioner Eric Rhodes in memory of his wife Penny, an active member of our parish, who died recently.

The World Day of Prayer service at St Mary's Parish Church, Heacham on 4th March was very well attended. This year's service had been prepared by the women of England, Wales and Northern Ireland with the theme 'I know the plans I have for you'. At the start of the service a prayer was said for peace in Ukraine. Many thanks to all involved.

The Sisters at St Theresa's Convent, Sandringham Road, are now offering daily Mass at 12 noon. Please confirm with them if you intend to be present. Contact 01485 532837.

For Parish news including Mass times and prayer requests, please see the **Parish News** page on our website. For information about live streamed Masses in the Diocese and related matters, including Coronavirus updates see the **Links** page of our website at:  
[www.hunstantoncatholicparish.org](http://www.hunstantoncatholicparish.org)

People are advised not to go to Mass if they have any symptoms, however mild. Wearing masks when coming to church is still advisable, and hand sanitiser is still provided. We now have communal singing of hymns at our Sunday Masses.

**The Sunday Masses are at 9am at Mountbatten Road, Dersingham and 11am at Sandringham Road, Hunstanton.**

Daily Masses are at 10am at Hunstanton on Monday, Tuesday, Thursday and Fridays and 10.15am at Dersingham on Wednesdays.

**Website:** [www.hunstantoncatholicparish.org](http://www.hunstantoncatholicparish.org)

**Email:** [parish@hunstantoncatholicparish.org](mailto:parish@hunstantoncatholicparish.org)

**The Parish telephone number is 01485 534675.**

If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: [parishpriest763@gmail.com](mailto:parishpriest763@gmail.com)



## The Queen's Platinum Jubilee

**June 2022**

An extended bank holiday from Thursday 2nd to Sunday 5th June, will provide an opportunity for communities and people throughout the United Kingdom to come together to celebrate this historic milestone.

Community groups and the Parish Council have already started to plan some fabulous events to be held in the village to make this a long weekend of celebration to remember.

Some of the events already being planned include:

- Lighting of the Heacham beacon at the Millennium Wood on the evening of Thursday, 2nd June.
- Scarecrow Trail on a theme of royalty. A map of locations will be produced and a prize will be offered to the best scarecrow as voted for by those following the trail. If you wish to join in please contact Parish Office (details below) so that the location of your scarecrow can be included on the trail map.
- St Mary's church will be decorating the church with bunting and flowers and refreshments on a 1950s theme will be available between 10.00am and 4.00pm on Friday 3rd and Saturday 4th June.
- The Methodist church are planning to hold a Flower Festival and to serve lunch/refreshments across the weekend.
- Fridhem Rest Home will be holding their own celebrations. This will be an extra special event for them as it will be the first event since Covid began.
- Heacham in Bloom will be planting all beds and baskets in appropriate colours, and the Lavender and North Beach beds and war memorial troughs will feature gold crowns.

A programme will be produced to provide information on the events that are being held, their location, time and who is organising them. If you are planning an event and would like details included in the programme, please contact the Parish Council either by phone 01485 572142 or e-mail [heachampc@btinternet.com](mailto:heachampc@btinternet.com). The completed programme will be published in the June edition of the Newsletter and be put up around the village as a poster.



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## Another Recipe from The Prudent Pensioner

### Rhubarb Fool

As rhubarb is plentiful at present, I thought a recipe for a simple, delicious Rhubarb Fool would be useful. I simply add cooked rhubarb to thick custard like so:

#### Ingredients:

For 2 generous portions or 4 smaller portions

Approx.500g Rhubarb

Sugar

Water

Custard powder

Milk

#### Method:

Clean rhubarb, cut off and discard any discoloured bits.

Cut into pieces about 4cm in length. Put into saucepan with a little water and a rounded tablespoon of sugar. Cook over a medium heat, stirring often, until soft. Taste and add more sugar if necessary. Put into a jug or bowl, cover and put to one side.

#### Make custard....

In a jug or bowl, mix a rounded tablespoon of custard powder with a tablespoon of sugar, add a little milk and mix well. Put 300ml of milk into a saucepan and, over a medium heat, bring to almost boiling point; gradually add hot milk to the custard powder, stirring to mix well. Return this to saucepan and carefully bring to boil stirring constantly as it thickens. Reduce heat to low and cook for 2 mins. Turn off heat.

Using a slotted spoon add rhubarb to custard, reserving, if liked, a little for decoration. Stir in, then add juice to make preferred consistency. Pour into 2 dishes for generous size portions or in 4 small dishes or tea cups. Place reserved rhubarb in centre. This can be enjoyed warm or cold.

My updated book "Less Waste more Soup" 45 easy, budget friendly recipes for nourishing soup is now available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems and tales). It is also available from Ridouts Bakery in Heacham, Docking Farmers Market and Folgate Farm shop Waddington, Lincolnshire.

[See more recipes on The Prudent Pensioner](#)

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## General Knowledge Quiz

### Fruit

1. What is the fruit of the blackthorn called?
2. In February 1967, the Beatles had a double A side which reached No 2 in the UK charts - "Penny Lane" was on one side -- which track was on the other?
3. The county flag of Worcestershire has three images of which fruit depicted on it?
4. Which 1939 John Steinbeck book title takes its name from the second line of the Battle Hymn of the Republic?
5. Alicante, Moneymaker and Shirley are all varieties of which fruit?
6. Heather Phillipson's 9 tonne sculpture "THE END" erected on the fourth plinth in London's Trafalgar Square consists of a swirl of whipped cream, a bluebottle and a drone and is topped with which fruit?
7. What type of fruit is a Brown Turkey?
8. Which original member of Take That was born in Wythenshawe on the 10th July 1970 and was originally known for his dancing skills?
9. The "Mary Rose" the Tudor warship and a favourite of Henry VIII, was built in Portsmouth in 1510 at the same time as her sister ship. What was the name of that ship?
10. Written by Roy Wood, which song by The Move, became their most successful single when it went to No1 in Feb. 1969?
11. Which is the largest citrus fruit (Citrus Grandis) and is the principal ancestor of the grapefruit?
12. Which 1971 comedy film, directed by Woody Allen starring Louise Lasser and himself, concerns an inept New Yorker becoming involved in a Latin American revolution?

Answers on page 39



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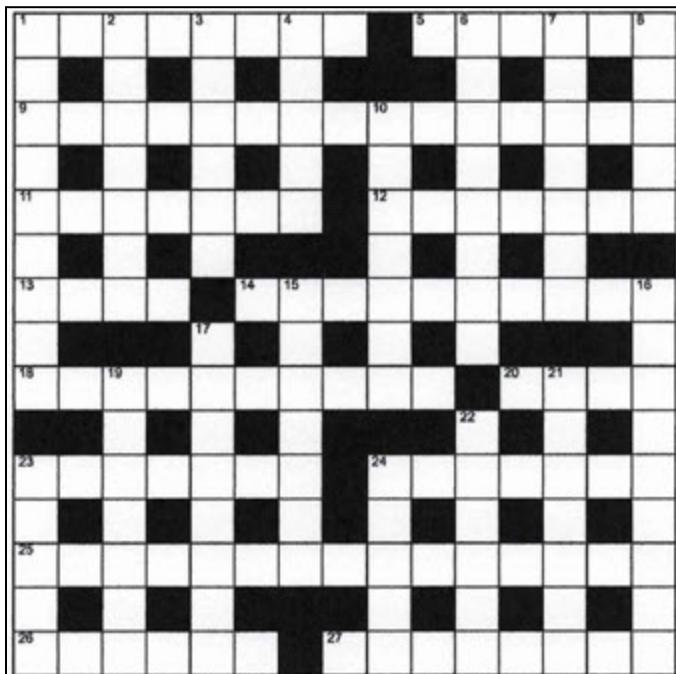
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## APRIL CROSSWORD



### CLUES:

#### Across:

1. To begin with finesse ace, with joker to follow, then king, perhaps (4,4)
5. Save for hospital to be built in an Asian country (6)
9. Electorate in Gravesend ignore key parties – unhappy constituent comes to an amicable agreement (7,8)
11. Caps for Jewish nappers? (7)
12. Seems Her Majesty is on board with proposals (7)
13. Ten to one wicket is in a state (4)
14. The last three holes at the Masters are iconic (4,6)
18. Swore quietly, having been taken off (and taken in) - it's out of order! (10)
20. Some dental crowns are cosmetic (4)
23. Message that set isn't boxed (7)
24. English poet exhibits passion (7)
25. Forced union report to accelerate merger (7,8)
26. Information about top female golfer can be found in 13 (6)
27. One who insists on this will create tension (8)

#### Down:

1. Spotted more hesitation after light flicker (9)
2. One gets used to Tom's dad being overweight (3'1-3)
3. Nice neighbour has an opportunity to communicate on phone (6)
4. Drums of fish put on one side (5)
6. Hail first to creep over line showing border (8)
7. Market traffic is high ... (5,2)
8. ... has to convert old money first in order to get vegetables (5)
10. Strike over mid-off to boundary (7)
15. A short time is taken to clear up after getting wet (7)
16. Near court criminal is the one telling tales (9)
17. Star is depressed over unenjoyable part (8)
19. A complex arrangement for the old boy to use? (7)
21. Pigs and lambs (not black) in a frolic (7)
22. Shell company was registered in Europe initially (6)
23. Moved slowly, as instinct dictated, at the back (5)
24. Force out old stager, having no alternative (5)

Solution on page 39





## Jaime's Fitness

### Monday

Heacham Public Hall	
FitSteps <small>adult friendly</small>	9:45 am
Fitness Pilates	10:55am
Heacham Scout Hut	
Seated Fitness	12:00pm
Active Seniors	12:55pm
Ingoldisthorpe village hall	
FitSteps <small>adult friendly</small>	6:45pm
Fitness Pilates	7:45pm

### Wednesday

East Rudham village hall	
Indoor Powerwalking	9:45am
Active Seniors	10:40am
FitSteps	6:30pm
Fitness Pilates <small>adult friendly</small>	7:20pm

jaimefitsteps@gmail.com  
07765433100



## HEACHAM SOCIAL BOWLS CLUB

### OPENING OF GREEN & REGISTRATION For new and existing members wishing to join

Sunday 3rd April - 2.00pm

The fee for the 2022 season is £20.

Anyone wishing to join must also be a member of Heacham Social Club. The membership fee is £20 joint, or £12 single, payable at the bar. The Social Club membership must be paid prior to joining the Bowls Club.

### INVITATION

Anyone interested in finding out more about Bowls and/or wanting to have a go, please come along too.

All you need is **FLAT SOLED SHOES**.

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To find out more, or to let us know you are coming, please contact Ian Levett.

Email:

Tel: 01485 571187



## Coffee Morning & More

*HOORAY !!! YES, WE ARE BACK*



We are delighted to confirm that we will be re-starting our monthly community coffee mornings from:

**Wednesday 27th April - 10.00am to 12.00 noon  
at the Old Friends Hall, Sunnyside (off Caley Street)**

It is hard to believe that it has been two years since we held the last event. Difficult times for all and sadly one of our small team, Marjorie Haverson, has recently passed away: we will miss her hugely and especially her sense of humour.

As before we will be offering a choice of hot drinks and sweet and savoury treats. There is also a raffle, a sales table and even a work-out for the 'little grey cells' with a fun, if sometimes challenging, quiz. Our entry fee of £2 covers all refreshments including 'seconds'.

Most importantly, this community coffee morning offers an opportunity for you to have a chat and to socialise in a safe and friendly environment. You will definitely find a warm welcome, so please come along and enjoy yourself!

We look forward to seeing you.

**The *Coffee Morning & More* team**  
(Graham, Karen, Margaret and Rodney)

*This event is kindly supported by Tesco Express, Heacham, and any surplus funds raised go towards Heacham Library.*



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## Opening hours:

Mon/Wed/Fri 10.00am to 4.00pm  
Sat 10.00am to 12.00noon.

Don't miss out! If you enjoyed Richard Osman's 'first novel, 'The Thursday Murder Club', you will definitely love '**The Man Who Died Twice**'. Full of humour and intrigue, this second book again features the four retired friends from Coopers Chase and is, in our opinion, an absolute must-read. We are already looking forward to the publication of the third volume in this very well written and entertaining series.

If murder isn't to your taste, what about some 'Easter Chick Lit' by popular author, Sophie Kinsella? Shopaholic Ties the Knot, Shopaholic & Sister, Shopaholic Abroad and Mini Shopaholic are all now available.

## Displays

Many of you will know village resident, Eric Rhodes, and be familiar with the 'A Penny for your Thoughts' charity walk that he undertook in memory of his wife Penny, raising over £4,000 to date for Tapping House. Eric has now very kindly donated to the library an album of the many photos taken during this walk along our wonderful Norfolk coast and we are delighted to be able to display this for all to view.

## Diary dates

**Sunday 8th May:** Village Yard Sale: second-hand book sale outside the Church Hall.

**Wednesday 11th May at 2.30pm:** Local author, Angela Canning, will be reading from her book '**Wise Owl and the Barn Owl**'. This fascinating biography tells the story of the lives of two amazing variety club artists, Louis and Yvonne Veness, who started up their own wildlife hospital in Newbury, Berkshire. The book was publicised in The Heacham Newsletter last September. Now you will have the opportunity to meet Angela in person. Please come and support the event. All royalties are donated to a wildlife hospital.



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## Heacham in Bloom

Happy Easter everyone! Spring has arrived (fingers crossed) so now is the time to provide an update of our plans for 2022. The summer bedding plants have been ordered and should be with us next month. 2022 is a big year, as it is Jubilee Year, and our planting schemes will hopefully help you get into a jubilant mood.



A key project for us as a group is a major change to our planting feature at the Fire Station, and work should take place this month. Owing to the deterioration of the current bed (it has been there a while) we have designed a revamp with new plants. Funding to do the work has come from the new KL&WN Borough Council Cllr grant, and we thank Cllr Terry Parish for his support with our application. We have also received a kind and generous donation from the family of the late Mary and Bob Harrod. A report of how we have got on, including photos will be available next month.

We are also really pleased to announce the return of the Best Blooming Caravan competition; full details will be in the May edition of the Newsletter with details of how to apply.

## Heacham in Bloom Needs You!!

Do you like gardening? Do you like meeting people? If yes to either or both of those questions, then teaming up with Heacham in Bloom may be for you. We are a small group with a mission to provide brightness and cheer by planting and maintaining areas around the village. If you think you could help us weed, plant and water, etc., why not come along to our meeting on Monday 18 April at the Old Friends Hall, Sunnyside at 7pm or you can always email: [heachaminbloom@btinternet.com](mailto:heachaminbloom@btinternet.com) to find out more.

Take care.

**The Heacham in Bloom Committee**  
[heachaminbloom@btinternet.com](mailto:heachaminbloom@btinternet.com)

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## Heacham Girl Guides

You never know how an activity is going to go until you do it! As part of a list of tasks and activities to obtain a new Badge, Adele (pictured) was in charge of an activity recently and it was called Instruction Disruption! Who would have guessed you could learn important lessons about planning and following instructions by making sandwiches! We



ended up with s a n d w i c h e s buttered five times; some with chocolate spread, peanut butter and cheese – s u r p r i s i n g l y delicious, very funny and the chickens ate what we didn't!

Together we are thinking of activities to do for our camping trip to Jimmy's Field in July. We are also going bowling in Hunstanton, and have been painting pots as a surprise for some very important people in the girls' lives, for an important date very soon!



If you are aged 10 to 14 and would like to find out more and see when our open evenings are, please contact us – it would be great if you came and joined us on a Tuesday evening at the Scout Hut in Heacham. 07833 747059.

Visit [www.girlguiding.org.uk/guides](http://www.girlguiding.org.uk/guides) to see how exciting it would be to become a Girl Guide and join 'a worldwide community of girls who have fun, learn new skills and make their voices heard.'

Sue and Janet  
Guide Leaders

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## Scallywags Parent, Baby & Toddler Group

### Warm Welcome & Warm Welcome Back!

The Scallywags doors (at last) are open again!..... Not forgetting the windows too!!!!

Back on term time Wednesdays from **20th April** lots for you and your little ones to explore - from paint to puzzles - books to bricks - swings and slides on garden days! Find us at **The Scout Hut, Sunnyside, Heacham from 9.30-11am!** We ask £2.50 per family for the 3 Rs - rent, refreshment & resources but **20th April will be a free welcome/welcome back session for all!** Pop along for a play! Looking forward to meeting you and your little ones!

Jo xxx  
07395 077622 – E: [jow116987@gmail.com](mailto:jow116987@gmail.com)

(As mentioned above windows will be open for ventilation; in addition to our cleaning routine there are hand sanitiser points for your use and cleaning products available. Refreshments are included, but please feel free to bring own

drinking vessels and/or equipment etc if you wish. I want everyone to feel comfortable and at home!)

A HUGE thank you to Peter and all at **Heacham Youth & Community Trust** who have financially supported Scallywags re-opening - they kindly stepped in to assist with costs incurred, from insurance payments to perished equipment, during the lockdown closures. Thank you for continuing to look after Heacham's youngest community. I'll include a photograph in the next issue but amongst our purchases we've got a cracking new play tunnel to go alongside the ball pool that HYCT funded us a couple of years back!

And another big big thank you to Beth and Julian for keeping our Wednesday slot for us and for all their hard work at the Hut during the pandemic -it's good to be back.

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## Making Pottery without a Wheel

Clay is a wonderful malleable material that can be formed not only into sculptures but into functional and decorative ceramics. It is the feeling of the clay and the oneness with it that not only produces objects but also leads to a relaxing meditative experience.

When we think of pottery, working with a pottery wheel springs to mind. There are, however, three hand-building techniques that can be learned without investing in a pottery wheel. Practising these, you can create beautiful vessels and objects at home.

The first technique is the pinch pot. A piece of clay is formed into a ball. The thumb is pressed through the centre of the ball and the ball is evenly and gently worked into a vessel. Pinching away from the centre opens the vessel. Pinching towards the centre closes it. Two pinch-pots joined together make a ball that can be the basis of an animal or perhaps a garden gnome. (This was a challenge in a recent episode of the Great Pottery Throw Down.)



Above: A gnome using two pinch pots as a basis, made by a beginner.

The second technique is building with coils. Coils are rolled and progressively built up. This technique lends itself to more functional objects such as cups, bowls, jugs, vases, etc.



Right: Modelling and slabs combined.

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The third technique uses slabs. The clay is rolled out similarly to rolling dough. This rolled out clay is a starting point for making cylinders and boxes. It can also be draped onto or placed into certain forms which provide a quick and easy way to get a bit of structure.

*Left: Slabs used to make beach huts by a beginner*

All of the techniques are a starting point. Once learned and perfected, there are endless possibilities to explore.

If you want to learn the basics of hand building pottery why not take a course at Studio @ 55?

For dates and times please check the website <https://www.studioat55.com> email me [eb@estherboehm.com](mailto:eb@estherboehm.com) or give me a call: T: 01485 570506 M: 07538 986 235

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## THE POCAHONTAS PLAYERS

**Our Finest Hour Celebration 2022 VE Day**

**Written by Jim Race - May 13th / May 14th 2022**

Well, after a two year wait, we are at last back with rehearsals, picking up where we abruptly left off in March 2020. Rehearsals have been fun. Lots of very uplifting scenes. Great community singing in store. Ending with three Great British patriotic songs during which, along with our audiences, we can wave the Union Jack proudly and raise the roof of The Public Hall, so all of Heacham can hear the renditions of - RULE BRITANNIA - LAND OF HOPE AND GLORY and THERE'LL ALWAYS BE AN ENGLAND.

Audiences will be sat at tables (as photo on page 17 shows). Special sponsored vinyl tablecloths have been designed. A huge thank you to the 20 sponsors. All 18 tables will be named. You could be sitting on The Vera Lynn, The Gracie Fields, The Glenn Miller or could it be The Churchill, The Ark Royal, ARP ('put that light out') and many more War Time names. . . . Hand flags will be provided. We can be sure that you will leave the show with a very uplifting feeling.

Included in the souvenir programme, on sale during each performance, are four very special interviews of real war time

memories from four elderly Heacham villagers. Extremely fascinating and in parts quite amusing.

Thank you to The Heacham Newsletter, who always supports our group by allowing us space to advertise our productions, but a SPECIAL thank you this month for Front Cover Banner. How we appreciate this.

Please see POSTER for Box Office numbers - it's going to be GOOD!!

Thank you.

**Janice Curtis  
(Admin for The Pocahontas Players)**



Auditions. . .

but did George (Joshy Chilvers) get the girl - Sally (Leesa Espley)

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Would you like to join in this flag waving War Show?

### Milo and Me

I bought myself a doggy  
Milo is his name  
He's trained in therapeutics  
To help those folks in pain.  
He wags his tail they stroke his fur  
He gives a doggy grin  
They open up their hearts to him  
And Milo walks on in.  
He sports a red bandanna  
As I walk him in the park,  
His collar is fluorescent  
So, I can see him in the dark.  
I tell him all my secrets  
As he sits upon my lap  
He never tries to judge me  
He just gives me love on tap.



Dean Rawnsley

## The Pocahontas Players Our Finest Hour

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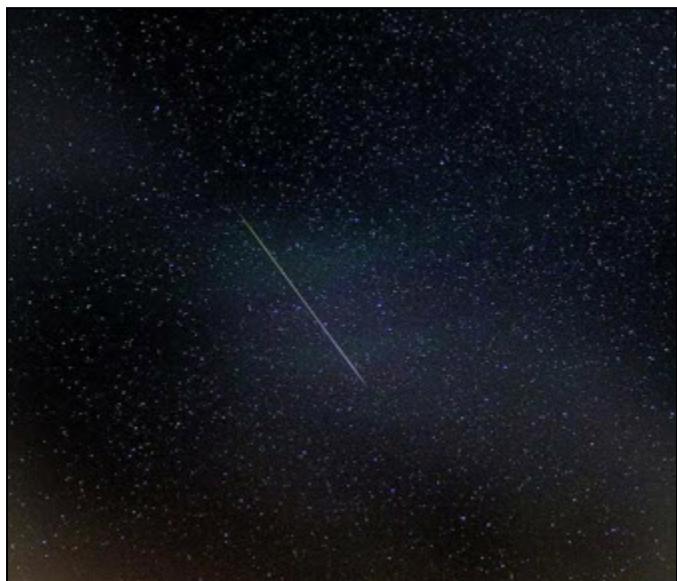
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## Heacham at Night

Craters on the far side of the Moon are littered with glass marbles and the crater's walls are there to stop them rolling out.

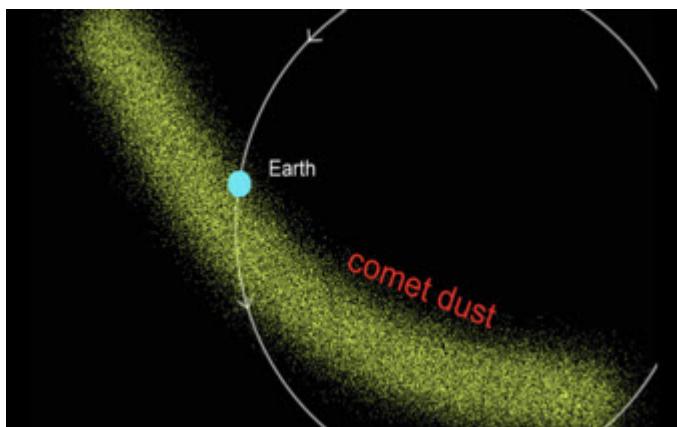
April nights are getting shorter but warmer. A bit of clarity and the stars will be visible in comparative comfort. And the meteor shower season starts again. There are the Lyrids starting on the 14th but peaking on the night of 22nd/23rd, and the Aquarids which start on the 19th and peak on May 6th.



A meteor trail as you might see it.

The Lyrids will contest the sky with the Moon which will be at last quarter phase during the peak. However, meteors can appear anywhere in the sky so look away from the Moon and, if there are some scattered clouds to mask it, so much the better.

These meteors originate with Comet C/1861 Thatcher which was first observed by a chap named Thatcher in 1861.



Earth's orbit makes comet showers predictable. Sometimes a dust trail will be crossed twice in one year. Internet.

In their journey around the sun, comets leave a trail of dust. If the Earth passes through this trail, some fall through the atmosphere at high speed (say 50km/s), heat up to maybe 1500°C and consequently produce a bright streak of light. Most often these small pieces of rock burn completely away and just dust eventually floats down to the ground. Occasionally, a larger rock or one containing a high proportion of metals, makes it down to the surface where it might be found or cause a crater. This is then termed a meteorite - meteor in the sky, meteorite if it lands.

Comet Thatcher is a long period comet; it takes 415 years to go once around the Sun and will next appear in the year 2283.

It's been doing the trip for a very long time. The Lyrid meteor shower has been recorded since 687BC.

The Aquarids meteor shower will appear as the Moon is waning and on the 30th it is New Moon so the sky will be dark. However, this shower is best seen in southern latitudes so it will be low in the eastern sky and best before dawn – early rising necessary.

So, take advantage of warmer nights, get the garden chairs out, lie back and look up. On a clear night, patience will reward you with a meteor trail. During the showers, particularly at the peaks, you should see a few.

I have talked a lot about comets because easy observations of planets are currently a bit thin.

Uranus is with us in the evening. There is a chance to find it easily on the 5th. At 8.15pm it will be close to the crescent Moon. Look with good, steady, binoculars or a small telescope a little to the right and slightly above the top horn of the crescent. A greenish blue dot will be Uranus. It will be around 2 billion miles away.

Mercury is theoretically visible but is generally too low and close to the Sun. However, that distance does increase over the month and, at the end, it might be visible in the NW from about 9.30pm. It will be very close to the Pleiades star cluster.

In the pre-dawn sky, Venus is very low in the ESE at the beginning of the month but shines brightly.

At around 5.45am on the 5th, well to the right of Venus but at the same altitude, find two faint, small, blobs. A slightly yellow Saturn sitting on top of a weak red Mars. They will appear to have a similar brightness even though Saturn will be about 1,000 million miles beyond Mars. Size means everything, Saturn (72,000 miles) has 18x the diameter of Mars (4,000 miles).



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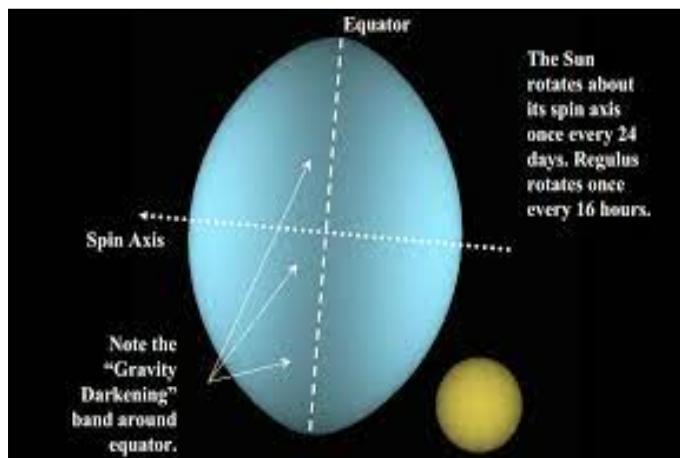
At midnight at the beginning of the month, 10pm at the end, look from West to East above the northern horizon and you should see the faint glow of the Milky Way.

Scan it with decent binoculars and a wealth of faint stars should be evident; you are looking into our galaxy. At the NE you will find two bright stars, Deneb and Vega, two corners of the Summer Triangle heralding the emerging change in season. Due north will be the W of Cassiopeia, whilst in the west will be the shoulders of Orion with Betelgeuse prominent. Orion's disappearance marks the ending of the winter months.

Turn around and look south. The tail of the Milky Way will still be in the west with Betelgeuse shining brightly. Due south and half way up the sky will be found Leo. There are two bright stars, Regulus to the right, Denebola to the left. Above and to the left of Denebola is Melotte 111 an open star cluster which is revealed in steady binoculars. Go upwards past this and you are looking out of our galaxy into the universe beyond our patch.

Melotte 111, the Coma Star Cluster, contains about 50 stars around 280 light years from Earth.

Regulus is interesting as it bulges in the middle rather like me but I don't spin around quickly. Regulus does so in 16 hours so the gaseous plasma it is made of is flung outwards at its equator. Regulus is also a four-star system.



*Regulus equatorial bulge. Internet.*

In the SSE, about a third of the way up the sky, find the bright star Spica and in the ESE, halfway up the sky, orange Arcturus. This is now a blossoming red giant though it started its life very similar to our Sun. Spica is a single blue white star in all

telescopic observation but is actually two stars separated by just 11 million miles. They orbit around each other in four days.

Now that you can travel again, pop down to SW South America on the 30th for a partial eclipse of the Sun.

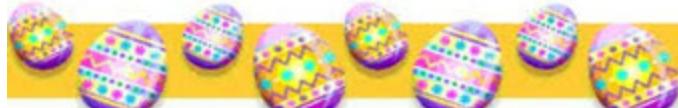
The sharp ones amongst you are likely congratulating yourselves for not being taken in by my opening paragraph. 'An April Fool's Joke', you said to yourself. But is it?



? Internet

Appreciate the quiet nights that we enjoy dark and clear or not though that would be nice.

**Terry Parish**





Heacham Parish Church



We are delighted to join Heacham community's celebrations for

**The Queen's Platinum Jubilee Weekend!**

(3-5 June 2022)

**Come and see our three Coronation Scarecrows and floral displays and handmade Royal bunting**

**1950s-style refreshments Friday & Saturday 10am–4pm.**  
Remember spam sandwiches & jam tarts!

**Enjoy a traditional 1950s afternoon tea**

**Peruse stalls of books, plants, very-nearly-new, crafts and gifts**

**Explore 'Thy Kingdom Come' activities**

**Join our Platinum Jubilee Celebration Service**  
Sunday 10am

St Mary's Church, Heacham / Email [heacham.church@gmail.com](mailto:heacham.church@gmail.com)  
Visit [www.heachamchurch.org.uk](http://www.heachamchurch.org.uk) or  
[www.facebook.com/StMarys/Heacham](https://www.facebook.com/StMarys/Heacham)  
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## The Saltings Work Party

Approx 1 acre of reed was cut and cleared between the scythed area near the sluice - which provides a stack of reed to top dress the path with, and the larger machine cut area beyond the scrape (pond), which was cleared with the help of volunteers to create a stack of reeds 100m long!!

Volunteers came from outside the parish to help; two from as far afield as mid-Wales, and another from the Forest of Bowland in Lancashire. Thank you to all the volunteers, Ed Hammond for the use of his tractor and cutter and to Richard Brown for organising the event.

Robert Pritchard  
Parish Councillor



## Leisure Club



### NPLQ Lifeguard Course

11th - 16th April 2022



**£199.00 Per Person**

£80.00 deposit to secure a place

Limited spaces are available!

Contact Victoria Davis on 01485 536029 to book your place or email [vdavis@searles.co.uk](mailto:vdavis@searles.co.uk).

### Get Fit for Summer with a Searles Gym Membership!

- > Direct debits available
- > FREE parking
- > No joining fees
- > No contracts

**ADULT GYM MEMBERSHIPS FROM ONLY £25 MONTH**

For more info please call: **01485 536029**  
Or visit: [www.searles.co.uk/facilities/indoor](http://www.searles.co.uk/facilities/indoor)



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## WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane

MC = Methodist Church Hall, Station Road

SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside

PRH = Pine Residents Hall, Wilton Rd

SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club

PH = Public Hall

NC = Neville Court

### MONDAYS

**Fitsteps** 9.45am To book Tel:Jaime 571395 or 07765433100 or email [\(PH\)](mailto:jaimefitsteps@gmail.com)

**Pop-Up Coffee Shop** 10am - 12noon at Dersingham Village Centre. Coffee, tea, hot chocolate and cakes

**CHAT Club** 2nd Monday on the month 10am – 12noon Hunstanton Community Centre

**Coffee Morning** Sunnyside Close (Retirement Housing for 60+) 10.30am Tel : 570492

**Cameo Club** (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

**Fitness Pilates** 10.55am Contact Jaime (see Fitsteps) (PH)

**Norfolk & Waveney Mind Heacham Safe Haven** 11am – 2pm Music group free drop in at 4 Poplar Ave 01485572707

**Seated Fitness** 12.10 am Contact Jaime (see Fitsteps) (SG)

**Craft Club** 2-4pm every week (ex Bank Holiday) (PRH)

**Heacham Flower Club** 2.30pm every 3rd Monday January – November. For info tel Joy Waldron 07594616597 (MC)

**Football Under 14's** 6-7pm Contact Jason 07867527706 (HSC) playing fields

**Fitsteps** 6.30–7.30pm at Snettisham Memorial Hall. To book: Jaime 07765433100 or [jaimefitsteps@gmail.com](mailto:jaimefitsteps@gmail.com)

**Hunstanton Bridge Club** 6.45pm for 7pm Online Pairs with RealBridge. See [bridgeweb.com/hunstanton](http://bridgeweb.com/hunstanton) for details

**Heacham Table Tennis Club** 7pm League Matches in the Hall (PH)

**Line Dancing** 7 – 8.30pm Hunstanton Community Centre. £4.00. Tel: Louise on 07722124941.

**Heacham In Bloom** 3rd Monday Monthly 7pm (OFH)

**Heacham & Sandringham Camera Club** meets 1st Monday of the month 7.30pm at Babingley Social Club

**Heacham Wives Group** – 2nd Monday of most months 7.30pm at Cunningham Court Community Hall. Contact **Joy Waldron** Tel: **07594616597**

**Watlington Jazz Club** 7:30pm 2nd Monday of the month £5 on the door at Watlington Sports and Social Club.

**Cash Bingo** 8pm United Services Club, Homefields Road, Hunstanton

### TUESDAYS

**Kundalini Yoga** 9.30am at Dersingham Village Centre. Contact Gail on 07837 761724

**Norfolk & Waveney Mind - Safe Haven** 10:00 - 2:30 free drop in social group at 4 Poplar Ave. tel :01485 572707

**Snettisham Art Group** 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

**Active for Life Classes for the over 60s** at Heacham Surgery Classroom. 10.15 – 11.15am. Tel Pat 298429

**Carpet Bowls** 10.15 for a 10.30 start £2.50 Tel 570460(PH)

**Coastal Stroke & Support Group** 10.30am –12.30pm at Hunstanton Methodist Church Austin St

**Colour Yourself Calm** 11am – 12 noon Hunstanton Library 01485 532280

**Friendship Lunches** 1st and 3rd Tuesday of each month. 12.30 pm Two-course meal £7. To book call Shirley on 01485 540644 at Dersingham Village Centre

**Heacham Carers Support Group** meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

**Cafe for the Bereaved** 2pm Fortnightly – starts February 15th Hunstanton Library. 01485 532280 or email [hunstanton.lib@norfolk.gov.uk](mailto:hunstanton.lib@norfolk.gov.uk)

**Walk and Talk** 2pm 2nd Tuesday of the month. Hunstanton Library

**Social 50/50 Dance** 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

**The Fellowship** 2.45pm Every other Tuesday (MC)

**Stretch and Relax Classes** 5.15-6.00pm Sedgeford Village Hall. £5 (proceeds to SVH and charity) to book contact Kyra on 07968354431 or [kyracruise7@gmail.com](mailto:kyracruise7@gmail.com)

**Weight Watchers** 5.30pm (OFH)

**Slimming World** 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

**Football** Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 07811 629910 £1 (HSC)Playing Fields

**Norsemans Boxing Gym** Jnr 6-7pm £2 and Snr 7-8pm £3at Unit 12 Heacham Hall Ind Est. [geezersales@btinternet.com](mailto:geezersales@btinternet.com)

**Heacham Youth Centre** every Tuesday 6.30-8.30pm at Church Hall, 17 High St

**1st Heacham Guides** 6.30 – 8pm Tel: Sue Theunissen 07833747059 or just come along (SG)

**Hunstanton Tang Soo Do Club** Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

**Brass Band Practice** 7pm Snettisham Salvation Army, Alma Road, Snettisham. Tel: 07436 425118

**Parish Council Mtg** 3rd Tuesday monthly 7pm (PC)

**Pocahontas Players** Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

**St.Mary's Church Snettisham Men's Group** 2nd Tuesday of every month at The Visitors Centre Snettisham 7.30pm. £2 each

## PROFESSIONAL FOOT HEALTH PRACTITIONER



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07842 553554 or email [info@footprince.co.uk](mailto:info@footprince.co.uk)



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**38 years experience**

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no call out charge**

**Very competitive rates**

**Call 07521 687642**

**St.Mary's Church Snettisham Ladies Group** 2nd Tuesday of every month at 100 Station Road, Snettisham. £2 each

**Village Voice** Live every 2nd Tuesday 7.30pm. Informative talks £5 inc refreshments at Dersingham Village Centre 07707832295

**Poker Games** (friendly) 7:30pm United Services Club

**Village Cinema** last Tuesday of the month 7:30pm Dersingham Village Centre. £6 Details 01485 543195

### **WEDNESDAYS**

**Car Boot Sale** 8am – 12 noon Heacham Social Club sports field starting late April

**Docking Market** 9am-1pm in The Ripper Hall Local Produce, Craft and Gift Stalls Tel: 576233

**Scallywags Parent, Baby & Toddler Group** 9.30 – 11 am (from 20th April) £2.50 Tel: Jo 07395 077622 (SG)

**West Norfolk Mind Day Centre** 10am – 3 pm at 4 Poplar Ave Tel: 01485 572707 www.westnorfolkmind.org.uk

**Family History One to One** 10 -11am Hunstanton Library 01485 532280

**Community Coffee Morning & More** (starting 27th April) 10am - 12noon All ages welcome £2 (OFH)

**Just a cuppa** 11am Hunstanton Library 01485 532280

**Yoga** 10am – 11am at Sedgeford Village Hall, £6. For further information call Alison 01485 571062

**The Old Schoolgirl Friends** of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

**Midweek Communion** 2nd Wednesday of the month 10.30am (MC)

**Yoga** 10.30 - 11.30am Hunstanton Conservative Club

**Carvery Lunch** from 12noon - 2pm at United Services Club. One course for £7.95, two for £9.95, To book - 07901 524778

**Trefoil Guild** 1st Wednesday of the month 2 - 4pm For info please ring Judith on 01485 571311. (NC)

**Job Support** 2 – 4pm alternate Wednesdays Hunstanton Library 01485 532280

**Book Group** 2pm 3rd Wednesday of the month Hunstanton Library 01485 532280

**Wolferton Singers** 2 – 4pm Heacham Church. Contact Andrew 07942 800294 or email [apearson@adap.co.uk](mailto:apearson@adap.co.uk)

**Tea Dance** 2 – 4pm Snettisham Memorial Hall £5 Tel Dinky on 07787 966000

**Friendship Group** 2pm at Salvation Army. Alma Road, Snettisham

**Heacham Little Dragons** Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

**Heacham Beavers** boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

**Tai Chi & Kung Fu** 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

**Kundalini Yoga** 6.30pm–7.30pm at Ringstead Village Hall. Contact Gail on 07837 761724

**Fire Cadets** at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07710 066145

**Hunstanton Community Choir** 7.00 pm – 9.00 pm, The Way Christian Fellowship Hall, Downs Close, Hunstanton. First week free, no singing experience required, more info contact: [Lesley.trebbick@btinternet.com](mailto:Lesley.trebbick@btinternet.com)

**West Norfolk Singers** 7.15 - 9.15pm For info Tel: 571315 Anne Davis www.westnorfolksingers.org.uk/ (MC)

**Snettisham Garden Club** last Wednesday of the month 7:30 – 8:30pm at the Memorial Hall. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754

**Whist** 7.30pm Hunstanton Conservative Club

**Men's Fellowship** 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

### **THURSDAYS**

**Yoga** for healthy living 9.30-10.30am £6. For info Tel: Alison 571062 or email [medullayoga@gmail.com](mailto:medullayoga@gmail.com) ( SG)

**Kundalini Yoga** 9.30am at Dersingham Village Centre. Contact Gail on 07837 761724

**Table Tennis Club** 10am (PH Top Room)

**Pop-Up Coffee Shop** 10am - 12noon at Dersingham Village Centre. Coffee, tea, hot chocolate and cakes

**Coffee Morning** 10am - 12noon at The Salvation Army, Alma Road, Snettisham

**Bereavement Support In Heacham** 10 am till 12 noon on the first Thursday in the month. Contact the church office 01485 572539 / email: [heacham.church@gmail.com](mailto:heacham.church@gmail.com) (PRH)

**Norfolk & Waveney Mind - Safe Haven** 10:00 – 3:00 Day centre (specifically for older people, dementia friendly) personal budget/self funded at 4 Poplar Ave. 01485 572707

## **GARY'S GARDENING SERVICES**

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Good rates for OAPs

## **VILLAGE VOICE LIVE**

Tuesday April 12th

### **Howard Carter**

*The man  
and his work*

by Sue Gattuso



Howard Carter did not just discover the tomb of Tutankhamun. He was an archaeologist of considerable renown from an artisan background, working in a gentleman's world. His life, as he battled with politics, the press, tourists, authority and his own personality, tells a fascinating story.



Dersingham Village Centre, Manor Road,  
Dersingham. 7.30 pm Admission £6.00  
includes refreshments & raffle



**Snettisham Art Group** 10am – 12noon at The British Legion Hall, Snettisham. Call Les on 01485 572370 for further details.

**Carpet Bowls** 10.15 for a 10.30 start £2.50 Tel 570460 (PH)

**Stretch and Relax Classes** 10.30 – 11.15am Sedgeford Village Hall. Details as on Tuesdays.

**Yoga** 11am -12 noon Hunstanton Conservative Club

**Craft Club** 3rd Thursday of the month, 1pm - 3pm at The Salvation Army, Alma Road, Snettisham. Bring your own project.

**Ringstead Art Club** meets weekly 2am – 4pm Ringstead Village Hall. Monthly workshops Contact: Pauline Atkinson [atk\\_hornbeams@yahoo.co.uk](mailto:atk_hornbeams@yahoo.co.uk) or Lois Carrick [loiscarrick21@hotmail.co.uk](mailto:loiscarrick21@hotmail.co.uk)

**Norfolk Knitters** Cunningham Court 2-4pm. Every 2 Weeks. Contact Suzanne Cameron 03701924796

**Craft and Knit and Natter** 2 – 4pm Docking Village Hall. A donation required. Call Anne Swift on 01485 518685.

**Bingo** 2pm at Sunnyside Close (Retirement Housing for 60+) Tel: 570492

**50/50 Tea Dance** 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome

**Tea Dance** every week. Old time line dancing and sequence 2pm –4.30pm at the Public Hall. Call George 01775 670294

**Hunstanton WI** 4th Thursday of the month at 2:15pm Methodist Hall, Hunstanton.

**Children's Yoga** 7 to 11yrs 4 –5pm (limited spaces) To book call Alison: 01485 571062 (SG)

**Football** Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields

**1st Heacham Brownies** Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084

**Judo** 5 - 6pm 3-6 year olds; 6 - 7pm 6-11 year olds; 7pm-9pm 12years up (including adults). £2 per class (first one free) . Call Josh 07432 586668 (PH)

**Hatha Yoga** at Heacham Infant School 6.30 – 7.30pm. £7 per person Alison 01485 571062 (PH)

**Hunstanton Bridge Club** ‘Duplicate Bridge’ 6.30pm for 6.45 pm. From Sept 16th at Old Hunstanton Village Hall

**Hunstanton Army Cadets** Hunstanton Community Centre 7.00-9.30pm Young people in School Year 8 Contact: Martyn Hannant - 07824184259 / 01485 576388

**1st Heacham Cubs** ages 8 – 10yrs Term Time 6.45 –8.30pm Tel: Sam 572138 or Jemma 07962 611122 (SG)

**Snooker League** 7.30pm Hunstanton Conservative Club

**Social Evening** 2nd Thursday monthly 7.30pm (MC)

**Kings Lynn & District Osteoporosis Society** meet in Kings Lynn 4th Thursday monthly at 7.30pm Methodist Church Hall, Kings Lynn. Pat 01485 572271

**Rao Buffalos** 8pm (HSC Top Room)

**Poker Games** (league)7:30pm United Services Club

**Cash Bingo** 8pm at United Services Club

**Quiz Night** Cash Prizes 9pm at Fox & Hounds

## **FRIDAYS**

**Yoga** 10.30 - 11.30am Hunstanton Conservative Club

**Wool Crafts** 11 am Hunstanton Library 01485 532280

**Lunch** from 12noon - 2pm at United Services Club. Varied menu. To book - 07901 524778

**Raffle** 1pm Hunstanton Conservative Club

**Hunstanton Bridge Club** ‘Supervised Bridge’ 1.15pm for 1.30pm. From Sept 17th at Old Hunstanton Village Hall

**Indoor Bowls Club** (Carpet) 2.30pm (MC)

**Football** Under 10's 'Minors' 5 - 6.30pm on playing fields Contact Jay 07711779415 (HSC)

**Tai Chi & Kung Fu** 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

**Norsemans Boxing Club** Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. [geezersales@btinternet.com](mailto:geezersales@btinternet.com)

**Hunstanton Tang Soo Do Club** Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon

**Heacham Scouts** 7 – 9pm Tel: Tommy 07783384559 (SG)

**Cash Bingo** 7pm (PH)

**Bingo** 7.30pm Hunstanton Conservative Club

**Wildfowlers Club** 1st Friday monthly 7.30pm (HSC Top Room)

**Poker In The Club** 1st Friday each month 7.30pm (PH)

**Social Tea Dance** last Friday monthly. £6 inc refreshments at Dersingham Village Centre call Peg Hunter 07930 556675

## **SATURDAYS**

**Hunstanton Promenade Parkrun** (No need to run, can walk) 9am at The Sailing Club, North Promenade, Hunstanton

**Football** U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)

**Christian Youth Group** 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

**Norfolk & Waveney Mind - Safe Haven** 10:00 - 2:30 free drop in social group at 4 Poplar Ave. tel :01485 572707

**Storytime** 11am Hunstanton Library 01485 532280

**Games Session** 11.30am Hunstanton Library 01485 532280

**Indie Arts Club** 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free. Book in advance via email: [bookings@wattsington.com](mailto:bookings@wattsington.com)

**West Norfolk Tai Chi Chuan** –weekly local Tai Chi classes [www.west-norfolk-tai-chi.com](http://www.west-norfolk-tai-chi.com) for information.

## **SUNDAYS**

**Sunday Masses** 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675

**Sunday Lunch Carvery** from 12noon - 2pm at United Services Club. One course for £9.95, two for £12.95, To book - 07901 524778



It's great that we can be together again!  
Come and join us in church for

### **Easter Family Celebrations**



**Tuesday 12th April**  
**11am – 1pm**

**Bring a picnic (drinks provided)**  
**Craft activities, games, singing and music**  
**Learn more about the Easter story**



[www.heachamchurch@org.uk](http://www.heachamchurch@org.uk)    01485 572539



**Sunday Lunch** from 12noon – 2pm at Hunstanton Conservative club. Two courses £7.95, please book.  
**Hatha Yoga** 7.30-8.30pm For info Tel: Alison 571062 or email - medullayoga@gmail.com (SG)  
**Karaoke** with Mick 8pm United Services Club

### OTHER EVENTS.

#### April

**April Events at Hunstanton United Services Club.** Saturday events start at 8.30pm, Fridays at 8.00pm

- Saturday 2nd** MarkSteel. All eras.
- Saturday 9th** Carolann. All eras.
- Friday 15th** Quiz Night £3pp with supper.
- Saturday 16th** K.C.R. duo. All eras.
- Saturday 23rd** DNA. Rock & pop
- Saturday 30th** Glitz. All eras.

**Sunday 3rd April** 2pm Heacham Social Bowls Club. Opening of green and registration for new and existing members wishing to join. To find out more, or to let us know you are coming, please contact Ian Levett. Email: ilevett1942@hotmail.com Tel: 01485 571187

**Thursday 7th April** Karl Lumber, Trinity House ambassador at Stanhoe and Barwick WI. Visitors are most welcome; contact Valerie (01485 576261) for further details.

**Saturday 9th April** 10am to 1pm, Pine Residents Hall, Wilton Road, coffee morning with Art and Craft items for sale, home made cakes, tea and coffee.

**Monday 11th April** 2pm Sedgeford Village Hall. The Arts Society Lecture : It's not just Tchaikovsky by Nigel Bates. [www.theartssocietynworfolk.org.uk](http://www.theartssocietynworfolk.org.uk)

**Monday 11th April** 2pm Village Hall, Old Hunstanton u3a meeting. Speaker John Vigar on Hidden Treasures in Norfolk Churches. Please go to the u3a Hunstanton site at [www.u3asites.org.uk/hunstanton](http://www.u3asites.org.uk/hunstanton) for further information.

**Tuesday 12th April** 7.30pm Dersingham Village Centre. 'Howard Carter: The man and his work' by Sue Gattuso. £6

**Friday 15th April - Monday 18th April** 10 am – 5.30pm British Legion Hall, Snettisham. Snettisham Art Group will be holding an exhibition. Free entry.

**Friday 15th April - Monday 18th April** 10am – 4pm Thornham Village Hall. West Norfolk Artists Association will be holding an exhibition. Free entry.

**Sunday 17th April** Open Day at RAF Bircham Newton Heritage Centre [www.rafbnmp.org.uk](http://www.rafbnmp.org.uk)

**Friday 22nd April** 6pm St Mary's Church, Snettisham. Classical Music Rocks short concert with young theorbo player

Johan Löfving. Tickets £5.00 at the door. Free entry for under 21s. For more information contact Peter Barker.

**Saturday 23rd April** 1:30 – 3:30pm Hunstanton Croquet Club. Come and try... Croquet, Cake and Chat To reserve a place or for more information, please contact: [secretary@hunstantoncroquetclub.co.uk](mailto:secretary@hunstantoncroquetclub.co.uk) Also see <http://hunstantoncroquetclub.co.uk> on 07972 752343, email [cmrwesnorfolk@gmail.com](mailto:cmrwesnorfolk@gmail.com)

**Saturday 23rd April** 7.00pm King's Lynn Minster. King's Lynn Festival Chorus presents DURUFLÉ and POULENC. Tickets: £20 (£5 for under 16s) from the Corn Exchange 01553 764864 or online [www.kingslynncornexchange.co.uk](http://www.kingslynncornexchange.co.uk).

**Tuesday 26th April** 7.30pm (doors open at 7pm) Dersingham Village Centre. Film 'Love Sarah'. £6

**Wednesday 27th April** 7.30pm Memorial Hall, Snettisham. Snettisham Gardening Club. Michael Croot will be demonstrating how to make up hanging baskets and containers. For info call Gail Lees 01485 541279 or Addie Thompson 01485 544754.

**Saturday April 30th** 10am – 4pm Craft Fair Hunstanton Town Hall.

#### May

**Thursday 5th May** Susan Barnett, with "Hollywood Royalty" at Stanhoe and Barwick WI. Contact Valerie (01485 576261) for further details.

**Sunday 8th May** 9am - 2pm Heacham Village Yard Sale. Contact Jemma Greef on 07799 580206 [greef25@aol.com](mailto:greef25@aol.com) or Janet Race on 07940 851772 [janetrace@jayars.co.uk](mailto:janetrace@jayars.co.uk).

**Friday 13th May** at 7.70pm and Saturday 14th May at 2pm and 7.30pm The Pocahontas Players present 'Our Finest Hour' at the Public Hall.

**Sunday 15th May** 10am - 4pm Weremham Village Hall. Emma Bridgewater Bring & Buy Sale. Stalls £10. Contact Suzanne on 0775925876, [suzanne.cameron@gmail.com](mailto:suzanne.cameron@gmail.com) Raffle in aid of Tapping House. Free entry.



Heacham Parish Church

#### Cupola and Bell Appeal



During 2022 we will need to rebuild the cupola and rehouse our Sanctus bell

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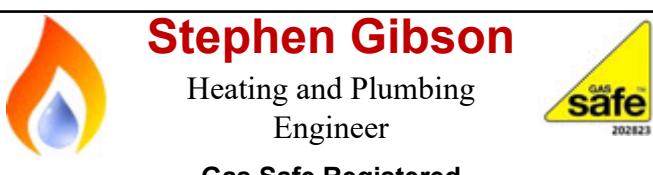
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## The Chalk Pit

Once again, I have to thank Richard Brown for his expertise and hard work in cultivating the mound in front of the old Chalk face; rotavating and seeding it at his own expense to establish a wild flower meadow to increase the insect habitat in the Millennium Wood.

Robert Pritchard  
Parish Councillor



  
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## The Arts Society

### “Strictly” Dancing to the Music of Time

Since the earliest origins of cave paintings in India dating to circa 8000 BCE, dance has been part of the human story. The varied forms exist in all cultures. Dancers have performed for their local audiences for centuries - belly dancing in Egypt, Hawaiian hula, Tahitian Ote'a and Maori Haka. Asia has a rich history of dance and Chinese dance is traced back at least 3000 years.

Dance can take us from normal levels of experience to spiritual rituals. Bonds within communities can be forged and even though styles have adapted over centuries, the act of the dance is still a very expressive art form. The body moves rhythmically, often to music. Sometimes the dance is choreographed to express beauty and emotion, other times simply to connect with people. All ages dance, from highly trained professionals to amateurs, and some of us just move and shake.

The simple and repeated movements of folk dances led to social dancing, and in Europe the folk dances of the Middle Ages became formal ballroom dancing. A whole new world developed from the Renaissance as dancing masters instructed courtiers and the wealthy upper classes with the proper steps to attend court dances. As women's fashion allowed greater freedom of movement, so did social dancing become livelier. In the mid-nineteenth century the waltz was beginning to reach global popularity. By the beginning of the twentieth century two-person social dancing was beginning acceptance as the norm.

Dance has become the regular pleasure in the lives of a wide variety of people; ballroom still retains its rich history from the

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Renaissance, and jitterbugging and disco, seen from the 50s and 70s, also originated from earlier ballroom. Now more complex rhythms and movements have become popular with salsa, cha-cha, tango and rumba, and in the last fifty years hip hop has taken off worldwide with its roots in black America.

A major influence in dance is undoubtedly ballet which became an art in the eighteenth century. Ballet companies were formed all over the world and many modern masterpieces and timeless classics were created. In the twentieth century modern choreographers such as Balanchine have created new forms of performance dance. But all choreographers need music to set the mood or atmosphere for the dance as it will decide what the audience sees and experiences. Music and dance have similar close structures: tempo, rhythm, meaning, etc. One discipline explains the other and vice versa. Importantly, ballet music will tell the story directly and with detail. Tchaikovsky's famous ballet, *The Nutcracker*, refers to the music itself, as well as the dance moves. The music assists the dancer to interpret the movements in an individual and unique way within the requirements of the choreography. Many classical ballets are performed with a classical music accompaniment.

The Arts Society North West Norfolk is hosting a lecture at Sedgeford Village Hall on 11th April 2022 at 2.00pm exploring the wide-ranging music chosen by ballet choreographers through the years – ***It's not Just Tchaikovsky***. This month's talk by The Arts Society accredited lecturer, Nigel Bates, will include several performance videos. For further details on the lecture and information on how to join our Society, visit [www.theartssocietynwnorfolk.org.uk](http://www.theartssocietynwnorfolk.org.uk)

Lesley Nadel

THE ARTS SOCIETY - ENRICHING LIVES THROUGH THE ARTS  
Next lecture: Monday 11 April 2022 at 2pm in Sedgeford Village Hall

***It's not just Tchaikovsky***  
Lecturer: Nigel Bates

This lecture explores the wide-ranging music chosen by ballet choreographers through the years, proving that the right composition, with the addition of the right moves and the right designs, can create modern masterpieces and timeless classics. We move from the grandness of Imperial Russia with the creation of Swan Lake, Sleeping Beauty and other established and popular works through to the current modern repertoire of the Royal Ballet, exploring the challenges met by both composers and choreographers. His talk includes several performance video clips.

For more info and how to join, visit our website [www.theartssocietynwnorfolk.org.uk](http://www.theartssocietynwnorfolk.org.uk)  
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PC 2022 Amelia Moreland  
Your Local Beat Manager

## Update From Your Engagement Officer



PC 898 Paula Gilluley  
TEL: 07766990802  
E : Paula.Gilluley@norfolk.police.uk

Are you interested in taking a part in tackling important issues affecting your local area? The Neighbourhood Watch (NHW) website, [www.ourwatch.org.uk](http://www.ourwatch.org.uk) gives lots of advice on the initiative and while, of course, part of its purpose is to help prevent crime, it is also about supporting communities and tackling issues that impact on the community. OurWatch describes the scheme as “Neighbourhood Watch schemes can make a real, long-lasting difference to communities: increasing cohesion and connectedness; helping to prevent crime; increasing neighbourliness and community wellbeing; supporting vulnerable people and increasing the voice of the community with councils, the police and other organisations.” As a member or Co-ordinator of a NHW Team you can work with the Police; the Local Policing Team Beat Managers and Engagement Officer for your area will share crime prevention advice and you can be involved in Police drop-in Surgeries where you can discuss and advise on local concerns. There is no hard and fast rule of how schemes should be managed or run and the OurWatch website provides lots of information on getting started and suggestions on how to manage your team. Visit the website or contact me for more information or if you are a Co-ordinator and would like to receive updates from Police.

Paula

## Current Neighbourhood Priorities

Speeding: Great Massingham (Castle Acre Rd), Sedgeford and Gayton

## Date of Next SNAP Meeting

Tuesday 5th April at 7pm. Location to be confirmed



Offence	Numbers	What could this entail?
Arson	0	Damage caused as a result of fire
Anti-Social behaviour (ASB)	1	Harassment, alarm or distress is caused in a non-crime incident
Burglary business and community	1	A person commits theft in a building or structure that is not lived in
Burglary residential	1	A person commits theft in a building or a structure that is lived in
Criminal damage	2	A person destroys or damages property belonging to someone else
Domestic	9	Domestic incidents where a crime has not occurred. Parties are aged 16 or over and have been intimate partners or family members regardless of sexuality
Hate incident	0	Any incident where a crime has not occurred which the victim, or anyone else, thinks is based on someone's prejudice towards them because of their race, religion, sexual orientation, disability or because they are transgender
Race or Religious aggravated public fear	0	Any crime determined to have a hate element as above
Possession of controlled substance	4	Unlawful possession of a drug classified in class A, B or C
Possession of weapons	1	Unlawful possession of an article used as a weapon
Public fear, alarm or distress	5	Public order offences e.g. from a verbal altercation to offences just short of violence
Robbery	0	Includes a range of offences where force is used, threatened or the victim is put in fear
Theft from a motor vehicle	1	An item stolen that was in, on or attached to a vehicle
Theft or unauthorised taking of a motor vehicle	0	Any motor vehicle including those abandoned
Theft of pedal cycle	0	From a public place, if stolen from a shed or garage this would be a BOTD
Theft from a person	0	Purse being taken from a hand bag, or a mobile phone from a shopping basket

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## Brancaster to open a new National Coastwatch Station next month

The National Coastwatch is to open a new permanent station in Brancaster on the North Norfolk coast in April.

It now wants volunteers to join to become watchkeepers. They are effectively the eyes and the ears along the coast. Once trained they will keep watch on beaches and inshore waters, monitoring radio channels, provide a listening watch in poor visibility and deal with emergencies.

The station, which will join five established stations along the Norfolk coast, plans to open in time for Easter. The new station will be based near the sea wall in the grounds of the Royal West Norfolk golf club.

"We are now looking for volunteers who can commit to carry out a minimum of one three hour watch per week. No previous experience is necessary, just enthusiasm and a commitment to work as a team", says John Allen, Acting Station Manager.

The National Coastwatch Institute was founded in 1994 following the deaths of two fishermen near a recently closed coastguard station at Bass Point, Cornwall. Following the tragedy, public spirited local people banded together and the NCI was formed.

Since that time the organisation has grown dramatically and we now have 56 stations around the coasts of England and Wales manned by over 2500 volunteer watchkeepers.

The NCI is a registered charity (1159975) and is an integral part of the Civil Maritime Search and Rescue organisation working alongside the RNLI and reporting to HM Coastguard.



For further information or interviews about the Brancaster Station please contact John Allen, Acting Station Manager by email - [john.allen@nci.org.uk](mailto:john.allen@nci.org.uk) or phone - 07955 621608.

You can visit the national website at [www.nci.org.uk](http://www.nci.org.uk)



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West Norfolk Artists Association

## Press release for West Norfolk Association of Artists Spring Exhibition 2022

**Friday 15th - Monday 18th April**

**10am - 4pm**

**Thornham Village Hall**

**PE36 6XL**

The West Norfolk Association of Artists are very excited to be holding the first Spring Exhibition at Thornham since April 2019.

This popular annual exhibition will showcase a range of artistic talent and creations from oil painting, drawing, sculpture, textiles, printmaking, photography and more. All the artists are local to West Norfolk, some working as well-known professionals, while others are just starting out. The Association takes pride in nurturing and encouraging local talent and presenting the opportunity for artists to exhibit and sell their work to the public.

Many of the artists present exhibit at craft fairs, markets, open and solo exhibitions, so you may have come across their work before! The artists will be invigilating throughout the exhibition so there will be the opportunity to speak with them and, if you are interested in art yourself, the opportunity to enquire about membership.

The exhibition will run over Easter weekend with free entry.

## West Norfolk Artists Association Art Exhibition

Fri 15th April to Mon 18th April



'Profusion' © Angela Banner

**Thornham Village Hall**  
Thornham  
PE36 6LX

**Free entry**

**10 til 4**

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**Tuesday April 26th at 7:30pm**

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With Celia Imrie, Shelly Conn, Candice Brown, Bill Patterson

A young woman wishes to fulfil her mother's dream of opening her own bakery in Notting Hill, London.

To do this, she enlists the help of an old friend and her grandma.



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## 'Save Our Bees'

Recently, we have read about our bees being under threat. Over the last few decades, as our country has been developing, it has been documented that we've lost 97% of our wildflower meadows. Our Bees' food supply is starting to run out. This means as their food supply runs out – ours does too! Because they have less food, it means we have less bees to pollinate our crops.

Sadly we have a real crisis happening. British farmers were recently authorised to use bee-harming pesticides that have been banned almost entirely in the rest of Europe.

Studies have shown that bee-harming pesticides, damage the nervous systems and navigational abilities of bees and other pollinators. These pesticides can also end up in streams and rivers and harm aquatic life, and can persist for a very long time in the environment.

April 22<sup>nd</sup> is 'Earth Day' and marks the anniversary of the birth of the modern environmental movement. Spring is the perfect time to try and improve the situation. If thousands of us plant bee-friendly flowers in our gardens and on private green spaces, we'll be doing our bit to save the future of our bees.



To make scattering seeds less likely to be eaten by birds, we can make a 'seed bomb'. Here is a fun way of scattering seeds, But I warn you....it does get messy!! I also have a link to share that sends your household free packs of wildflower seeds.

Go to <https://home.38degrees.org.uk> for your free pack. They ask for a small donation but this isn't essential. Saving bees are what matters the most.

Here is a simple recipe for making those all important 'seed bombs':

**1 cup of compost or potting soil  
½ cup of flour (any will do)  
1 tsp of seeds**

Firstly mix the compost and then the flour together thoroughly. Then add the seeds and mix together. Add one tablespoon of water at a time so the mixture bonds together like dough. Add more compost if it gets too wet.



Once the mixture has the right consistency, divide it into a small ball, rolling in the palm of your hands. Allow to dry overnight. Egg boxes make the perfect sanctuary for your hand-made seed bombs.

**Michelle Louise Carter**  
CLP King's Lynn - Women's Officer

**Christyana**  
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**DURUFLÉ (1902–1986)** and **POULENC (1899–1963)** - two French composers perhaps not as familiar to many people as Ravel or Debussy. But here are two great composers who lived, and worked, during the two World Wars of the 20th Century. Stylistically, in the music we are showcasing at this concert, both composers avoided the extreme experimental styles emerging at the time. The works to be performed can trace their inspiration from composers of past centuries, but dressed in the French composers' inimitable style.

**Duruflé's Requiem, Op. 9** - is probably one of his greatest works. It was first performed in 1947 and takes its inspiration from the Gregorian chant of four centuries before, but interpreted with a modern twist. Although the work is a 'Requiem' (Mass for the Dead) it does not include the usual 'fire and brimstone' movement, Dies Irae. There are similarities with Faure's Requiem – meditative and reflective. Duruflé, who was regarded as one of the finest organists of his day, was also extremely thorough and meticulous working at his compositions. He scored this Requiem in three versions, from an organ-only accompaniment to full orchestra. We will be performing the version that is scored for a small orchestra of strings, harp, 3 trumpets, timpani, plus organ.

We will also be performing his **Op. 10 Motets** and, under the direction of Ben Horden (our Music Director), you can be assured of an evening's music that is sensitively interpreted and beautifully crafted with great attention to detail.

**Poulenc's Organ Concerto** (for organ, strings and timpani) - was completed just before the outbreak of the Second World War; with its first performance given by none other than Duruflé. Although it is a work in one formal movement, there are several continuous sections implying different movements.

### Day/date/time/venue:

Saturday 23rd April, 7.00pm (note early start), King's Lynn Minster. PE30 5DQ

**Tickets:** £20 (£5 for under 16s) are available from the Corn Exchange in King's Lynn. Tel.: 01553 764864 or online [www.kingslynncornexchange.co.uk](http://www.kingslynncornexchange.co.uk)

Further details are on the Chorus' website [www.kingslynnfestivalchorus.co.uk](http://www.kingslynnfestivalchorus.co.uk)

We look forward to seeing you at the concert. It will be an uplifting evening.

## Stanhoe and Barwick WI

Thursday April 7th: Karl Lumber, Trinity House ambassador  
Thursday May 5th: Susan Barnett, with "Hollywood Royalty".  
Visitors are most welcome; please contact Valerie (01485 576261) for further details and to let us know that you'd like to attend.



## Heacham FC

### First Team Feedback

The Magpies bowed out of the Senior Cup, giving a great account of themselves and pushed Thurlow Nunn Premier Big Boys Mulbarton all the way on their own turf. Fletcher Toll put the Magpies in front; it was a close game and the Magies eventually bowed out 3-1.

Mulbarton seemed impressed by the large travelling contingent; our support home & away continues to be our "12th player". Your support is greatly appreciated and acknowledged by the team and management.

### The Final Countdown - League Focus

At the time of composing this update (14.03.22) The Magpies still occupy top spot, and 4 more wins will secure the Anglian Combination Premier title and promotion to the Thurlow Nunn Div 1 North Division; another piece of history in the making, as no team from West Norfolk have ever won this league.

### Recent Results:

26.02 Heacham 1 - 0 Blofield  
Cup Mulbarton 3 - 1 Heacham  
5.03 Heacham 3 - 1 Mundford  
12.03 Heacham 1 - 0 Yelverton

### Remaining Fixtures (subject to change), all KO 2.30pm, unless indicated otherwise:

19.03 Blofield Away  
26.03 Waveney **Home**  
2.04 Acle United Away  
9.04 Norwich CEYMS **Home**  
16.04 Caister Away  
18.04 Bradenham Wand Away 12.00pm  
23.04 Beccles Town **Home**  
30.04 Scole United Away 2.00pm  
2.05 Dussindale & Hellesdon Rovers Away 12.00pm  
7.05 Long Stratton Away

### Saint George's Day - Show Your Flag Day!

The eagle eyed amongst you will have noticed our last home game of the season is on the day of Saint George.

Bring your England flag to the game, and celebrate Saint George's Day with us, and hopefully a home win Vs Beccles Town!

### Celebrity Support

Our game vs Yelverton last Saturday (12.03) was watched by no other than Brendan Coyle. He will now watch on a regular basis (workload permitting). His feedback from the day, was "the team played very well", and "enjoyed the day".

We thank Brendan for taking the time out to watch the Magpies, and look forward to welcoming him back, and working together in the future.

### Save The Date!!

Saturday 25th June - 3.00pm KO

A great Pre Season is confirmed, and will give the Magpies possibly their toughest footballing test to date.

### Reserves Recap

The reserves still occupy second spot, despite suffering a glut of postponements.

### Confirmed Fixtures at the time of composing this article (14.03.22):

5.03 Watlington Sports & Social Club Home 2.30pm

19.03 KLSC FC Home 2.00pm

26.03 Birchwood Fc First Home 2.30pm

### Off The Pitch

Work will commence on the required ground improvements to enable us to compete in the Thurlow Nunn league if we are successful with the promotion push.

Watch this space for further updates as they happen.

### Card Payments

We have listened to your valued feedback regarding card payments at the canteen, or club shop on match days. We launched card payment (credit, debit, google and apple pay) on Saturday, and seemed to go hitch free. Please note admission and matchday programme remain cash only.

### Volunteers

With attendances constantly hitting treble figures, we are looking for matchday volunteers to help out at Magpies home games. If you have a couple of hours to spare on a matchday please get in touch.

### Thank You - Ukraine Collection

On behalf of both Heacham Minors & Heacham FC, we were truly overwhelmed with the level of local support.

We thank you all for your donations.

**Duane Gowen**  
**On behalf of Heacham F.C**

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To find out more about becoming a foster carer in Norfolk and surrounding areas please call 01603 951405 or email: [foster@nexusfostering.co.uk](mailto:foster@nexusfostering.co.uk)

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## Music in Thorpe

Music in Thorpe, a non-profit making community group, was started to promote music of all genres through a series of concerts held primarily in the historic Nelson Church in Burnham Thorpe. The 2022 series of 20 concerts demonstrates the broad range of music to listen to. From international string quartets to talented young professionals, community bands and brilliant soloists. A wide choice indeed.

Music in Thorpe is also delighted to be working with both Burnham Market and Wells-next-the-Sea primary schools. A series of special concerts and workshops have been arranged for 2022 giving the children an opportunity to interact with the professional musicians and participate in live performances and workshops.

The 2022 season starts with a “**Come and Sing Messiah**” on Saturday, April 23rd at 6.30pm with orchestra and soloists. Anyone wishing to be part of the community choir should apply through the website [www.musicinThorpe.com](http://www.musicinThorpe.com) where details of all concerts are listed. Alternatively, call 07989 177079 for more information.

Friday, May 6th at 7.30pm sees the return of one of our favourite musicians, the violinist **Joo Yeon Sir**, who is well known to Norfolk audiences. Joo Yeon , whose programme includes works by Schumann and Bartok, will again be accompanied by **Irina Andrievsky** . Irina will also be giving a solo piano performance of works by Haydn, Debussy and Rachmaninov on Sunday, May 8th at 3pm. Tea and cakes will be served from 2.15pm

On Saturday May 7th at 7.30pm **The Cordial Brass Quintet** will play rousing compositions by Bach, Handel, Parry and Rutter.

Full details of all the concerts are available on the website [www.musicinThorpe.com](http://www.musicinThorpe.com) where one is also able to book tickets for these events.

Music in Thorpe CIC Registered office 48 King Street King's Lynn PE30 1HE. Reg No 13784966 Telephone 07989 177079.

**Music in Thorpe**

**Handel's Messiah**

Music Director : Tadeusz Kaznowski  
with community choir, orchestra and soloists

**Saturday, April 23rd at 6.30pm**

All Saints Church Burnham Thorpe PE318HS

Book tickets (£10 each) at  
[www.musicinThorpe.com](http://www.musicinThorpe.com)  
or call 07989 177079

## Snettisham Art Group



### Easter Exhibition 2022

We will be holding an exhibition of works in the British Legion Hall on Church Road over Easter – from Friday 15th April to Monday 18th, opening at 10.00am until 5.30pm each day. We look forward to welcoming you – entry is free.

We meet in the hall on Tuesday and Thursday of each week from 10.00am until 12.00 noon and welcome anyone with an interest in painting at any level on either or both mornings. We currently pay membership quarterly and sometimes have demonstrations and workshops which are much enjoyed by members.

Should you be interested in joining please telephone Les on 01485 572370 for further details, or come along and meet the group on either morning at the hall. We look forward to welcoming you.



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## Classical Music Rocks

### What is a theorbo?

If you are not sure, you can find out on 22 April. Classical Music Rocks (CMR) has a short concert in Snettisham Parish Church this month showcasing the brilliant young theorbo player Johan Löfving, who has established himself as one of the most exciting musicians of a new generation. As a guitarist and theorbo player, his performances have taken him to some of the world's finest concert halls, in the UK and abroad.



The concert (one hour with no interval) is on Friday 22 April at 6pm in St Mary's Church, Snettisham. Tickets are £5.00 at the door, free entry for under 21s.

For more information contact Peter Barker on 07972 752343, e-mail [cmrwestnorfolk@gmail.com](mailto:cmrwestnorfolk@gmail.com)

### About CMR

CMR visits schools with high quality, professional musicians in either solo or duo combinations, who give interactive performances for up to 200 children. We also offer a programme of events for the rest of the community. We are grateful to our sponsors - The Prince of Wales Charitable Fund, the Norfolk Music Hub & the Postcode Places Trust, which has funded much of our programme for 2022/23.



## Hunstanton United Services Club

### April Entertainment

Saturday entertainment starts at 8.30pm

#### SATURDAYS:

- Sat 2nd: MARK STEEL. All Eras
- Sat 9th: CAROLANN. All Eras
- Sat 16th: K.C.R. DUO. All Eras
- Sat 23rd: D.N.A. ROCK AND POP
- Sat 30th: GLITZ. All Eras

#### FRIDAYS:

- Fri 15th: QUIZ NIGHT. Cash Prizes and Supper £3.00 pp. 8pm start.

CASH PRIZE BINGO – every Monday evening.  
Eyes down 8pm.

CASH PRIZE BINGO – every Thursday.  
Eyes down 8pm.

KARAOKE - every Sunday night with Mick 8pm

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## Borough Council News

### Heacham, Sedgeford and Fring

People most often communicate with me to raise problems they are experiencing. A few of these might be described as moans but most are genuine anxieties that cause them distress and which may be prolonged and seemingly have no certain solution.

The causes of the problems vary, but a common thread is bullying or intimidation with ignorance a supporting factor. These manifest themselves in numerous ways: the ‘system’ failing to respond to emails and letters; a neighbour causing nuisance through persistent building work, unshielded lighting, or noise. A company or property owner flouting planning controls and restrictions over an extended period of time; a land owner applying for development without consultation with neighbours or their representatives.

All these problems, which can wear away at people’s resolve, are prevalent certainly within Heacham – though not all of them all of the time. Some pop up in Sedgeford occasionally and a couple have been evident in Fring over the last two years.

Planning matters and land use affect groups of people, maybe a street or an area within a village. Activities by businesses and landowners could be a cause of distress. Reporting this to the Council might result in inadequate replies. Belated action by the Council can be ignored by the perpetrator. Enforcement action may also be appealed and, whilst awaiting the outcome of that long process, the distress is amplified.

Some of the areas where public distress or annoyance is currently being caused in Heacham is Fenway (an issue which has been maintained for several years); Malthouse Crescent environs, and North Beach. Areas which will cause concern imminently are Hunstanton Road; Station Road, and Cheney Hill / Malthouse Crescent / School Road / Marea Meadows.

All who are affected by the diverse issues described above should be persistent in their communications about the matter; where possible group together for strength, and should not roll over and give up.

Talking of which, the battle of Parkway 2 in King’s Lynn was recently lost at planning committee despite hundreds of protests. However, the community contacted Michael Gove and the decision cannot be acted upon until he considers whether the matter should be called in and decided by government. Whatever the outcome, the Borough has been called to account and this will impact positively on other fights, notably West Winch.

Parish Councils affected by the infamous Knights Hill development decision have also risen again to question what is happening as developers get ready to begin work. Persistence will achieve something.

I am pursuing, again, the idea of restricted parking on the High Street adjacent to Wallis’s and the Post Office. The cost for doing this has seemingly reduced and I have been given an estimate of between £6K and £10K with a lead time of 18 months. I think this sum should be found from somewhere as it would support local business and make it easier to access services. Consultation about the details of any proposal, including times when such restrictions would apply, would be required.

I am also going to approach Boots, again, about providing larger premises in Heacham and staffing it appropriately. Note, I do not have issues about current staff who do the best they can in the circumstances which exist. However, the poky shop, limited hours, and too often long queues, are not a level of service which Boots should be providing in a village larger than Hunstanton. Heacham has a high proportion of residents who require prescription medicine.

Congratulations to Sedgeford for getting some new trees planted which, hopefully, solve a problem and will look good in the future.

All Parish Councils and land owners should make every effort to plant trees where they can. Various organisations, including County and Borough, will provide them. And congratulations also for hosting a band at the village hall. This comes on top of fresh drama productions. Sedgeford punches above its weight in providing a ‘bit of culture’.

Circumstances have prevented me from pursuing Parish Council representation for Fring. I hope to visit there soon. So far, at least, floods haven’t heralded my arrival; the organisation for dealing with future events seems to be improving.

The Neighbourhood Plan for Heacham is getting closer to the public referendum. It is the best way to try to nip problems in the bud before they escalate into prolonged anxieties.

Community Infrastructure Levy (CIL) Funding is a tortuous tale that I will leave until next month by which time a final decision about the current round should have been made.

**Terry Parish**  
**Borough Councillor Heacham Ward**  
**Leader of the Group of Independent Councillors (15)**

### Snettisham Gardening Club

Our April meeting will be on Wednesday 27th at 7.30pm in the Memorial Hall, Old Church Road, Snettisham when Michael Croot will be demonstrating how to make up Hanging Baskets and Containers. He will be bringing along plants for members to buy.

All meetings will be subject to any Covid restrictions that may be applicable at the time.

Any further information can be obtained from Gail on 01485 541279 or Addie on 01485 544754.

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## The Salvation Army

**The earth is the Lord's and everything in it, the world, and all who live in it; for he founded it on the sea and established it on the waters.** Psalm 24

Spring time is a wonderful time of the year, isn't it? A time when new life begins to appear. Spring bulbs begin to sprout and flower, animals begin to produce new life and trees begin to come into leaf after a winter of being a mass of bare branches. This spring seems especially welcome as we cautiously emerge from a pandemic which has severely restricted our lives for the past two years.

At The Salvation Army we are beginning to see our programme restart. Although we have been open for worship every Sunday since April 2021 it has been more difficult to reopen other parts of our programme but, eventually, we are beginning to get back to normal.

I am pleased to say that we will be able to begin our ever-popular coffee mornings again. On the second and fourth Thursdays of every month our hall on Alma Road will be open between 10am and 12 noon for tea, coffee, cakes, sausage rolls and much more and of course a good old natter!

On the first Thursday of every month our craft group will be reopening. We meet between 2pm and 4pm and refreshments are available. You can bring along your own project and also help us with our nominated project for a chosen charity.

Our Men's Fellowship group restarts on 20th April at 7.30pm and will meet every third Wednesday of the month.

All of these are in addition to our activities already up and running; Sunday worship at 11am, CAMEO Club every Monday at 10.30am, Prayer group every Tuesday at 10am and Band Practice every Tuesday at 7pm. These are open to everyone and you will be made most welcome.

For more information contact Alison Kirby, Corps Leader, Snettisham Salvation Army

[alison.Kirby@salvationarmy.org.uk](mailto:alison.Kirby@salvationarmy.org.uk)

01485 579079 / 07775 717852.

**Alison Kirby  
Snettisham Salvation Army**



# u3a

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**Our April meeting will be at  
2.00pm on Monday 11th April at the VILLAGE HALL,  
OLD HUNSTANTON.**

**PLEASE NOTE: Different Venue.**

Speaker John Vigar on Hidden Treasures in Norfolk Churches.

Please go to the u3a Hunstanton website at;

[www.u3asites.org.uk/hunstanton](http://www.u3asites.org.uk/hunstanton)

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**HUNSTANTON  
TOWN COUNCIL**



## HUNSTANTON JUBILEE CARNIVAL

**26th June 2022**

*Bringing everyone together from around the area for a day of fun!*

Hunstanton Jubilee Carnival 2022 is being organised by the newly formed Town Events Committee (TEC).

We'd love to make this year's carnival procession extra special with as many local groups, organisations, businesses and voluntary groups taking part as possible.

### **WANT TO GET INVOLVED?**

We are on the lookout for acts, businesses and organisations who might want to be involved on the day and in the lead up to it. So, here's how you can get involved:

### **TAKE PART IN THE CARNIVAL PARADE**

The Grand Parade is undoubtedly the highlight of the Jubilee Carnival Day; come and get involved:

#### **As a walking party**

The simplest way is to dress up and join in, you don't need to have a lorry or a fancy car, let shank's pony (or even an actual pony!) take the strain; as an alternative – if there is a group of you, why not decorate bicycles or scooters and ride along the route?

#### **Commercial vehicles**

Commercial vehicles promoting a business will be asked to provide a donation to the carnival fund; if you're promoting a business in the parade, the best way to get yourself noticed is through excellent decoration.

#### **In a decorated car, vintage car or another unusual vehicle**

Motor cars and vans supporting a group of walkers are permitted in the parade but should be decorated in the Jubilee Carnival theme. Classic or vintage cars, tractors, fire engines and tanks are also welcome to take part.

#### **Floats and lorries**

The biggest and most challenging way to enter the parade, but which can produce the most striking results, is to decorate an HGV and trailer or a flat back lorry. Any local hauliers 'carnival friendly'? Could you help?

*The Town Events Committee is unable to provide any insurance for vehicles taking part in the Grand Parade. The keeper of the vehicle should advise their insurer that they are taking part in a Carnival Parade and be prepared to give any details should the need arise.*

### **DO A DISPLAY**

We are on the lookout for acts to complement our busy Green and looking for musicians, choirs, dancers and gymnasts to perform throughout Carnival Day.

Please get in touch if you'd like to perform or you want to let us know about an act or display you've seen that you think visitors to Hunstanton Jubilee Carnival would like.

### **HAVE A STALL**

Why not have your own stall at the Carnival to promote your business, charity or club? Pitches of various sizes are available.

If you would like more information on any of the above or an application form to participate, please email [clerk@hunstantontowncouncil.gov.uk](mailto:clerk@hunstantontowncouncil.gov.uk) or call 01485 532402.



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## TIDE TABLES APRIL & MAY 2022

HIGH WATER AT HUNSTANTON							
Heights above chart datum Time Zone U1 (GMT) add 1hr for BST							
April 2022				May 2022			
Date	Morning		Afternoon		Date	Morning	
	Time	m	Time	m		Time	m
1 F ●	06 36	7.2	18 30	7.5	1 SU	06 37	7.0
2 SA	07 10	7.2	19 09	7.5	2 M	07 07	7.0
3 SU	07 40	7.1	19 44	7.4	3 TU	07 35	6.9
4 M	08 06	7.0	20 16	7.2	4 W	07 59	6.8
5 TU	08 30	6.8	20 44	6.9	5 TH	08 25	6.6
6 W	08 53	6.5	21 14	6.4	6 F	08 54	6.3
7 TH	09 20	6.2	21 48	5.9	7 SA	09 28	5.9
8 F	09 54	5.7	22 34	5.4	8 SU	10 14	5.5
9 SA	10 44	5.3	22 53	4.9	9 M	11 27	5.2
10 SU			12 23	4.9	10 TU	00 51	5.1
11 M	01 40	4.9	14 04	5.1	11 W	02 07	5.4
12 TU	02 57	5.3	15 09	5.6	12 TH	03 07	5.8
13 W	03 53	5.8	15 57	6.1	13 F	03 56	6.3
14 TH	04 37	6.3	16 39	6.5	14 SA	04 40	6.7
15 F	05 16	6.7	17 19	6.9	15 SU	05 21	7.0
16 SA○	05 54	7.0	17 59	7.3	16 M ○	06 02	7.2
17 SU	06 32	7.2	18 39	7.5	17 TU	06 45	7.4
18 M	07 09	7.3	19 20	7.7	18 W	07 25	7.4
19 TU	07 44	7.4	20 00	7.6	19 TH	08 05	7.3
20 W	08 20	7.2	20 42	7.3	20 F	08 48	7.0
21 TH	08 59	6.9	21 29	6.8	21 SA	09 37	6.6
22 F	09 43	6.4	22 25	6.2	22 SU	10 35	6.2
23 SA	10 40	5.9	23 48	5.6	23 M	11 50	5.9
24 SU			12 01	5.5	24 TU	01 13	5.8
25 M	01 34	5.5	13 35	5.6	25 W	02 25	5.9
26 TU	02 58	5.9	14 50	6.0	26 TH	03 25	6.2
27 W	04 03	6.3	15 50	6.5	27 F	04 15	6.4
28 TH	04 50	6.7	16 38	6.8	28 SA	04 55	6.6
29 F	05 31	6.9	17 22	7.1	29 SU	05 31	6.7
30 SA●	06 04	7.0	18 03	7.2	30 M ●	06 04	6.6
					31 TU	06 38	6.8
							18 57
							6.7

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## Answers to General Knowledge Quiz

1. Sloe
2. Strawberry Fields
3. Pears
4. Grapes of Wrath
5. Tomatoes
6. Cherry
7. Fig
8. Jason Orange
9. Peter Pomegranate
10. Blackberry Way
11. Pomelo
12. Bananas

## CROSSWORD SOLUTION

### Across:

1. Face card
5. Bhutan
9. Entente cordiale
11. Kippers
12. Feelers
13. Iowa
14. Amen corner
18. Randomised
20. Talc
23. Notelet
24. Emotion
25. Shotgun marriage
26. Dakota
27. Stressor

### Down:

1. Frecklier
2. Cat's-paw
3. Cannes
4. Reels
6. Hedgerow
7. Trade in
8. Neeps
10. Offence
15. Moisten
16. Raconteur
17. Lowlight
19. Network
21. Animals
22. Cowrie
23. Nosed
24. Exact

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## Hunstanton Croquet Club

Hunstanton Croquet Club committee members and friends have been busy behind the scenes readying the club for reopening which was on 28th March. We have a brand spanking new sign showing where we are; fences have been mended; sleepers laid; dangerous tree branches removed and new social media pages (Facebook and Instagram) started. Subs are coming in to our new Treasurer, Gwenda, and entries are being made to our Invitation Day.

Now, members are retrieving mallets from their winter hiding places and giving them a polish as they eagerly await the season to start. I, for one, can't wait!

What makes croquet so good? Well, it's a sport that can be enjoyed right from the start. It really is something anyone can play. The basics are easy to grasp and you make rapid progress. You get a buzz from your first hoop, your first clearing shot, from making a good tactical move.

Croquet is a sociable activity - good for mental health. It is a physical activity, outside in the fresh air - we all know that is good for us - and strategic thinking in croquet exercises the brain as well as the body. An all round healthy, enjoyable, affordable package!

We would love to welcome new members to our club. Please visit our website <http://hunstantoncroquetclub.co.uk> for information on how to join and taster days. If you don't have internet access, please drop in and see us any Monday, Wednesday or Saturday afternoon.

Hunstanton Croquet Club is looking forward to welcoming new members this year. We always loan mallets to new players on our 'Come and Try' days and during their first season, but our selection of stock is a little low and looking a bit sad. If anyone has mallets languishing unloved in cupboards because they no longer play or have upgraded to super-duper shiny new ones, please consider donating them to the club so that they might be used and loved once again.



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## High School launches new annual Literary Festival to celebrate World Book Day

Smithdon High School has launched an annual literary festival to celebrate World Book Day and help inspire a love of reading and writing in students.

The Hunstanton secondary school held a week of activities for all year groups, including visits by authors, and writing competitions.

And, of course, World Book Day was celebrated - with teachers dressing up as various literary characters.

The festival was inspired by the school's pride in reading culture and it is planned to be held every year.

The highlights this year included a visit by author Hayley Long, who writes teen fiction and has been shortlisted twice for a Costa Book Award. She was the guest today and held sessions with Year 8 students.

Children's author Chris Priestley, who wrote the popular Tales of Terror series and the award-winning Mister Creecher, also held a series of sessions for Year 7 students.

Dr Clare Wilkinson from Cambridge University closed the festival by holding fun poetry sessions with Year 9 and Year 10 students.

The literary festival at Smithdon High, which is part of West Norfolk Academies Trust, saw the launch of the Carnegie Shadowing Award for Year 8 and Year 9 students.

Smithdon Shadowers will read and review Carnegie's six shortlisted books over the course of three months. They'll meet



regularly to discuss and reflect on the texts, as well as engage with videos from the authors of the texts and participate in competitions. At the end of the Shadowing Award, students will have a deeper appreciation for a range of literature and receive a certificate.



Amanda Wright, head of English at Smithdon High School, said: "We are proud of reading culture at Smithdon, and we always celebrate World Book Day. This year we decided to go big, taking advantage of being able to bring guests in to share and discuss the written word. We intend to run a Literary Festival every year, to coincide with World Book Day. This will include: workshops with journalists, authors, academics, participation in the Carnegie Shadowing award and writing competitions."

She added: "We want to inspire a love of literacy in our students. We want students to feel empowered when they pick up a book or a pen - they are the content creators. We are creating in school opportunities for all Key Stage 3 students to work alongside published authors and to participate in workshops. These opportunities will help students to see the significance of English in the wider world."



Photos by  
Ian Burt

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## Dates & Deadlines! A NEW TAX YEAR

Supplied by Kathryn Gigg,  
Chartered Accountants, Hunstanton

### FROM MARCH INTO APRIL 2022

#### 1 March 2022:

**ITSA:** late filing penalty charged where 2021 Self-Assessment Tax Return was not filed by 28 February 2022.

#### 31 March 2022:

**Company Tax:** final date for reclaim of tax paid by a close company on a loan to a participator if loan repaid during the financial year ended 31 March 2018.

**Corporation Tax:** returns for accounting periods ended 31 March 2021 should reach HMRC.

**ATED:** deadline to amend returns and pay any outstanding tax for the year 1 April 2020 to 31 March 2021.

#### 1 April 2022:

**ITSA:** 5% penalty imposed on 2020/21 Income Tax, CGT and Class 2 and 4 NIC not paid by today. The penalty can be avoided if a time to pay arrangement is agreed in advance.

**Employers:** new national minimum wage rates apply.

**VAT:** Making Tax Digital for VAT extended to all VAT-registered businesses for their first VAT period starting on or after this date.

**ATED:** fixed revaluation date. This valuation will be applicable to determine whether ATED applies and the relevant charging bands from 1 April 2023.

#### 4 April 2022:

**Tax conditionality:** tax checks introduced for renewals of licences in England and Wales for driving taxis and private hire vehicles, operating private hire vehicle firms or dealing in scrap metal.

#### 5 April 2022:

**Last day of the 2021/22 tax year:** various tax claims and elections deadlines.

**Personal tax:** deadline for electing to transfer (part of) the married couple's allowance from husband to wife, or withdraw such an election, for 2022/23.

**CGT:** last day to make disposals to use the 2021/22 CGT exemption.

**CGT:** deadline to claim that an asset became of negligible value or a loan to a trader became irrecoverable in 2019/20.

**IHT:** deadline for utilising Inheritance Tax exemptions for 2021/22 (and any excess from 2020/21).

**NIC:** deadline for claiming exception from Class 4 NIC for 2022/23 where the same earnings are subject to Class 1 NIC.

**NIC:** deadline to reclaim Class 1 NIC mistakenly paid in 2020/21 on earnings that should have been categorized as self-employed.

**NIC:** deadline to pay voluntary Class 2 or Class 3 NIC for 2015/16.

**Pensions:** deadline to make a contribution to qualify for tax relief in 2021/22.

**Employers:** Income Tax exemption and NIC disregard for employer-provided and employer reimbursed COVID-19 tests ends.

**Employers:** temporary Income Tax exemption and NIC disregard for employer-reimbursed expenses that cover the cost of relevant home office equipment ends.

**Income Tax:** trading loss carry-back extension ends.

#### 6 April 2022: FIRST DAY OF THE 2022/23 TAX YEAR:

**NIC:** 1.25% rate increase for Class 1, Class 1A, Class 1B and Class 4.

**Dividend Tax:** the dividend ordinary rate will increase to 8.75%, the dividend upper rate will increase to 33.75% and the dividend additional rate and dividend trust rate will increase to 39.35%.

**Company cars:** relevant percentage for calculating taxable benefit for a car with no CO<sub>2</sub> emissions increases from 1% to 2%.

#### 30 April 2022:

**ATED:** deadline to submit returns and pay the tax for the year 1 April 2022 to 31 March 2023. If a relief applies, this is also the deadline to submit a relief declaration return.

**Corporation Tax:** returns for accounting periods ended 30 April 2021 should reach HMRC.

Mrs K H Gigg FCA

(NB: Article written in February 2022)

**Caution:** The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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For an appointment please contact: Mrs K H Gigg FCA

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T: 01485 534800 e: kate@kathryngigg.co.uk

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## Heacham Parish Council Notice Board

### PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held on Tuesday 19th April at 7.00pm at the Old Friends Hall, Sunnyside. The date for the Annual Parish Meeting is still to be agreed.

The Full Council Meeting for May will be held on Tuesday 17th at 7.00pm at the Old Friends Hall Sunnyside.

Please see the Parish Council website & noticeboard at the New Community & Heritage Building Site, Pound Lane and the Parish Office window for agendas. Council Meeting minutes will be posted on the Parish Council website shortly after each meeting (these are draft minutes until they are agreed at the next meeting). The committee meetings have resumed and these will also be held in the Old Friends Hall, Sunnyside. Members of the public are allowed to attend committee meetings if they wish.

### ALLOTMENTS

We find ourselves in the position of having no waiting list for the allotments we have on Sedgeford Road (opposite Norfolk Lavender's main car park). If your garden isn't big enough to include a vegetable patch then perhaps you would benefit from having an allotment. They are divided up into quarter, half and full-sized allotments. A quarter plot is the size of a good garden and this year only cost £10 for the year. We have a happy community of allotment holders, some having been there for many years, even a 'tea shed' for those who are interested to join in when Covid allows. There is only one drawback, that being that there is no water supply on site and so water has to be collected on site or taken up there. This has always been the case and people have successfully harvested good crops for 122 years now.

### CARNIVAL



### Heacham Carnival Parade and Fete 2022

\*\*\* Time to start thinking about your float \*\*\*

Walking entrants are also welcomed.

The Carnival will take place on Sunday 7th August

### DUCKS AND GEESE

Nesting season will soon be upon us and so now is a good time to spot pairs of duck hanging around on your property, looking for possible nesting sites. If one does lay eggs on your property then let us know and we will send our PMO to come and prick the eggs, so as to try to keep numbers down to a manageable level. Just contact the office, leaving a message if no one is here; also, please make sure you leave a contact number. This is something the Council have carried out on licence for a number of years which does help to control numbers.

### STREET LIGHTING

The high winds of late may have affected the street lighting and so please report any lights that are out or not working correctly to the Parish Office. If a message is left then please include a contact number along with the address the offending light is situated outside of.

### FLOOD MEMORIAL

The memorial for the 1953 floods is being refurbished; works include replacement of the dedication with one that is larger and therefore easier to read. The area around it has become very untidy and so a work party is to be arranged to do the work needed.

### COFFEE MORNINGS

At the March meeting of the Old Friends Hall Committee, it was decided to start up the coffee mornings in the hall once again. These will be held on the last Wednesday of each month, commencing on 27th April 10am until noon. Admission is £2 per person and all are welcome.

### LIBRARY

There is to be a book reading in our Parish Library on 11th May by author Angela Canning. One of our parishioners, Mr Eric Rhodes, did a charity walk in memory of his dear departed wife and will be displaying photos taken on his walk for anyone who wishes to go in and see them.

### CONTACTING THE PARISH COUNCIL

Can we remind residents once again that Heacham Parish Council do not answer questions nor get into discussions on Social Media or in any other publications. The staff in the office are happy to answer any questions or queries anyone may have regarding issues in the village; anything we cannot solve ourselves can be directed to those that can. Please see contact details at the foot of this page.

### COVID 19

Please remember that the regular washing of hands for 20 seconds should still be undertaken.

THE PARISH OFFICE IS OPEN FOR THE PUBLIC TO VISIT 10AM UNTIL 12 NOON ON MONDAY, TUESDAY AND THURSDAY.

Please feel free to pop in to speak to us face to face.

Sue is at her desk from 9am until 5pm Monday through to Thursday and can take phone calls, or Liz is available on the phone 9.30 until 12.30 on Friday.

### STAY SAFE AND WELL

Any queries should be addressed to:

**Heacham Parish Council Office**

Jubilee Clinic Pound Lane Heacham

Norfolk. PE31 7ET

Tel 01485 572142

Email: [heachampc@btinternet.com](mailto:heachampc@btinternet.com)

Website: [heachamparishcouncil.norfolkparishes.gov.uk](http://heachamparishcouncil.norfolkparishes.gov.uk)

## HELP LINES

<b>HEACHAM GROUP PRACTICE</b>	<b>01485 572769</b>
Heacham Surgery	MON TO FRI 08.30 TO 18.30
Snettisham Surgery	MON TO WED 8.30 TO 12.30 14.30 TO 18.30 THURS/FRIDAY 8.30 TO 12.30 Closed p.m.
<b>OUT OF HOURS DOCTOR</b>	<b>111</b>
For out of hours service, please call the NHS Helpline	
<b>HEACHAM &amp; DISTRICT COMMUNITY CAR SCHEME</b>	<b>534777</b>
<b>HEACHAM CHEMIST (Boots)</b>	<b>570297</b>
OPEN MON - FRI 09.00 - 18.30,	SAT 09.00 - 17.30
DUTY CHEMIST NOTICE DISPLAYED ON DOOR	
<b>HEACHAM PARISH COUNCIL OFFICE</b>	<b>572142</b>
OPEN MON, TUES, THUR 10:00 - 12:00	
STREET LIGHT FAULT REPORT	<b>572142</b>
BOROUGH COUNCIL OFFICE	<b>01553 616200</b>
<b>BOROUGH COUNCILLORS</b>	
TERRY PARISH	<b>07885 258428</b>
STUART DARK	<b>01485 544339</b>
<b>NORFOLK CC</b> MICHAEL CHENERY	<b>07920 286638</b>
<b>PARISH LIBRARY</b> (in Church Hall, High Street)	<b>07398647119</b>
OPEN MON, WED, FRI 10.00 - 16.00	SAT 10.00 - 12.00
<b>HEACHAM POST OFFICE</b>	<b>570330</b>
OPEN MON-FRI 09.00 - 13.00, 14.00 - 17.30 SAT 09.00 - 12.00	
<b>EMERGENCY SERVICES</b>	
QUEEN ELIZABETH HOSPITAL	<b>01553 613613</b>
NHS Helpline	<b>111</b>
DENTIST Emergency only for patients not registered with a dentist	<b>01553 769264</b>
COMMUNITY MIDWIFE (Ask for Hunstanton M/W)	<b>01553 613613</b>
POLICE	<b>101</b>
SAMARITANS Freephone	<b>116123</b> or (local charge) <b>0330 094 5717</b>
CHILD LINE	<b>0800 1111</b>
SILVER LINE	<b>0800 4708090</b>
ELECTRICITY (UK Power Networks)	<b>0800 3163105</b>
ANGLIAN WATER	<b>0800 771881</b>
GAS ESCAPE	<b>0800 111999</b>
24hrs VETERINARY CLINIC (Medivet Heacham)	<b>1485 570065</b>
<b>HUNSTANTON LIBRARY</b>	<b>01485 532280</b>
OPEN TUES WED FRI - 9am-7pm	
SAT 9am-4pm MON & THURS - Closed	
<b>HEACHAM CHALK PIT RECYCLING CENTRE</b>	<b>0344 800 8020</b>
1st April to 30th Sept 9am - 5pm	1st Oct to 31st March 9am - 4pm
<b>HEACHAM COMMUNITY WEBSITES</b>	
www.heachamgrouppractice.org	
www.heachamnewsletter.org.uk	
<b>HEACHAM HALLS</b>	
PUBLIC HALL	<b>570776</b>
PINE RESIDENTS HALL, Wilton Road Pat Toppin	<b>779208</b>
METHODIST CHURCH HALL, Station Road Mike Careless	<b>570363</b>
ST MARY'S CHURCH HALL, High Street Mon - Fri 10 - 12	<b>572539</b>
OLD FRIENDS HALL Sunnyside	<b>572142</b>
HEACHAM SCOUT HUT Sunnyside	<b>592041</b>

## LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KING'S LYNN

Bus Enquiries:-	<a href="http://www.lynxbus.co.uk">www.lynxbus.co.uk</a>	01553 611955
Service		
	34	35
	via QE Hospital	via Sandringham
	Coastliner	
<b>Mon - Sat</b>		
1st bus from Fox & Hounds	0659	0745
Last bus from King's Lynn	2000	1600
frequency	2/hr	1/hr
<b>Sun</b>		
1st bus from Fox & Hounds	0915	0945
Last bus from King's Lynn	1900	1530
frequency	1/hr	every 2 hrs
*****		

**Smithdon High School Bus Service 36**  
1515 Smithdon School to Hunstanton  
\*\*\*\*\*

### WNCT Dial-a-Bus Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Babingley Every Tuesday, Wednesday & Friday  
For more information, cost of fares, a membership form or to book [wnct.co.uk](http://wnct.co.uk) **01553 776971**  
\*\*\*\*\*

### MAIN PICK-UP POINTS FOR HEACHAM NEWSLETTER

First Saturday of each month except January.

Jennings Store, Tesco Express, Lidl, Heacham Fish Bar, Post Office, Norfolk Lavender, Ridouts Bakery, Parish Library, Artworks at Hunstanton Town Hall  
\*\*\*\*\*

### MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks  
From 20th July 2021

09:50 HANOVER GARDENS	12:55 GYMKHANA WAY
10:20 ROBIN HILL	13:15 COLLEGE DRIVE
10:50 RINGSTEAD ROAD	14:40 GIDNEY DRIVE
11:10 ROLFE CRESCENT (Opp.No.22)	15:15 NEVILLE COURT
11:30 SCHOOL ROAD	16:05 POPLAR AVE
11:55 COLLINGWOOD CLOSE	16:25 SITKA CLOSE
12:15 FENSHIDE	16:50 NORWAY CLOSE
12:35 JENNINGS CLOSE	17:10 NEVILLE ROAD

### DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

St.Mary's Church – Front Porch. Available 24hrs  
Sports Field Pavilion – On the external wall of the pavilion  
Fire Station – Only available when someone is in attendance  
Chalk Pit Recycling Centre - Outside the gates. Available 24hrs  
Pioneer Holiday Park – In yellow phone box adjacent S Beach Rd, 50yds towards beach from main entrance  
North Beach Toilets – On wall near entrance to gents. Available 24hrs

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- Heacham clinic
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JANET PITKIN DipCFHP, MPSprt  
West Norfolk Mind, Poplar Avenue, Heacham





