



THE HEACHAM NEWSLETTER

December 2020 / January 2021



This newsletter reflects the views of its contributors, not necessarily those of the editors, sponsoring body or advertiser.



Deadline for the next edition is 12 noon, Tuesday 19th January 2021

The Heacham Newsletter

Last month The Heacham Newsletter, unfortunately, became the victim of having our Email mailbox hacked. As a result of this, we changed our email provider and address and informed all our contacts of the new email address. However, it seems that some contacts did not receive the information. All this happened just as we were finalising the November Newsletter and it was too late to change the email address on the front page of the Newsletter.

Please note that our new email address is: theheachamnewsletter@gmail.com

We apologise for any inconvenience and confusion that this scam may have caused.

* * * *

On a brighter note, Christmas has come around once more, although for some it will be a much quieter festive season than normal. A big THANK YOU to all THN readers everywhere, our valued contributors, our advertisers and sponsors during this difficult period.

A Peaceful and Safe Christmas and Best Wishes for a Healthy and Happier New Year.

We'll be back in February 2021 so please do keep sending in your stories, letters, photos, village information, regular events, diary dates, etc., by email to our email address as given above or by post to the Parish Office.

Thank you all for your continued support.

The Heacham Newsletter Team

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
E-MAIL: theheachamnewsletter@gmail.com www.heachamnewsletter.org.uk

ADVERTISING: Robby Topliss 01485 544954 Adverts cost £15, £30 or £60 per month

THE NEWSLETTER VOLUNTEER TEAM: Michelle Carter - Jackie Davis - Roger Drinkwater
Brian Faulkner - Kerry Long - Mary Sheldrick - Robby Topliss - Helen Vickerstaff.

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council



your letters..



Dear Newsletter

Nigel Askew (deceased)

It is with great sadness to have to report the passing away of a very well-known and popular Heacham resident, Nigel Askew.

Our thoughts go out to Sarah, his wife, and the rest of his family in this most difficult time. Nigel will be remembered by many people through his connection with Heacham Football Club, with him being instrumental in starting the walking football and, more recently, in the very successful formation of the Heacham FC Supporters Club. His enthusiasm and energy have resulted, in just a few months, a membership of over 100 and also a Facebook page which has well over 200 followers.

Nigel was also often found helping out with general maintenance and pitch preparation down at the playing field.

Heacham Football Club will certainly seem very different without Nigel and he will be greatly missed by everyone who knew him and an everlasting memory of Nigel will be his smiling face no matter what the circumstances.

Gone but never ever forgotten.

NIGEL ASKEW.

R.I.P. 05.11.1951 - 12.11.2020.

Heacham

Denis Cooper
Secretary
Heacham Supporters Club

Heacham



Dear Newsletter

Fireworks

Once again November 5th comes around and once again our animals and pets are traumatized by the noise of fireworks. I wonder if it is necessary to have fireworks that are so noisy. It seems like they get noisier every year. Is it so long ago that families enjoyed bonfire night with colourful, sparkling lights that lit up our eyes?

Nowadays the noises are deafening as if people have to make the most noise. This year they started from Halloween for over a week. It is very upsetting to see our pets shaking and being sick every night.

Please enjoy your bonfire night but would you give a little thought to our pets next year.

Thank you.

A concerned reader
(Name & address supplied)



HUNSTANTON
Learn, Laugh, Live

As we remain unable to hold meetings in the Community Centre, our meetings will now be available via Zoom.

Our Christmas Party will be held on Monday 14th December (details to be confirmed) and our AGM is on Monday 18th January 2021 followed by our Speaker at 2.15pm.

Full details will be available on our Website u3aHunstanton. We look forward to your virtual company.

Heacham

✉
Dear Newsletter

Thank you

Through the pages of the Newsletter, I would like to send my sincere thanks to all the well-wishers who have contacted me since my accident and subsequent operation. All the kind words, cards and offers of help have amazed me. I thank you all. People have been so kind even offering to do household chores, collecting groceries and even fetching fish & chips!

I look forward to being fully back on my feet and, as soon as I can, helping out once again at the Charity Shop on the High Street. Many thanks to you all.

Hazel Tipple

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Heacham in Bloom

As we are drawing close to the end of what has been a very difficult and strange year for us all, we have been (remotely) reviewing our planting year. All in all, even though we are a small group we managed to get the summer planting out and also some autumn/winter bedding in the recent weeks, including the bikes in the High Street, which have also received an update. Planting as a singular occupation is not what we are used to but we have to ensure that everyone is kept safe.

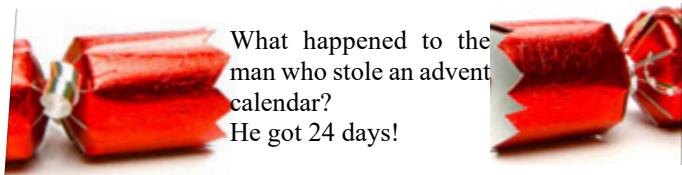
At the time of writing we are working out our plans and theme for 2021. Hopefully we will be able to give you more information in the New Year.

We hope, sometime in the New Year, to be able to re-start our monthly meetings; more information will be published when we know more.

We wish you all a Merry Christmas and a Happy New Year. See you in 2021!

Take care and keep safe and well.

Heacham in Bloom Committee
heachaminbloom@btinternet.com



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We would like to wish all our customers old and new a Merry Christmas and a very Happy New Year.

We would also like to take this opportunity to thank you for your custom and support during this difficult and unprecedented year!

From all of us at Station Road Garage

Extra Hands

West Norfolk Home Care Company helps Minnie mark a Century

There have been celebrations going on in one West Norfolk village recently, despite the arrival of another lockdown thanks to Coronavirus.

Minnie Baxter celebrated her 100th birthday on Saturday, November 7, and she received gifts galore in the run-up to her special day.

West Norfolk home care company Extra Hands has been helping Minnie for the last five years and presented her with a bouquet to help celebrate her century.

"I have had loads of things for my birthday - a cardigan, sweets, chocolates, cake and a lovely bunch of flowers from Extra Hands - and a balloon with 100 on it," she said.

Born and raised in Norfolk, Minnie trained to be a nurse at St Andrew's Hospital in Northampton before returning to her home county with her husband Tony and later moving to Snettisham 30 years ago.

Widowed for five years, Minnie had a variety of hobbies and was very keen on knitting, but her failing eyesight means she has had to give it up in recent times. Up until her retirement, she looked after a nursing home.

Coming from a big family, with five brothers and sisters, Minnie said she has a collection of nephews and nieces along with their families and still enjoys being part of a big family.

The Heacham office of Extra Hands, which has been rated Outstanding by the Care Quality Commission, helps Minnie retain her independence.

"We were glad to be able to help celebrate Minnie's 100th birthday with her. It has been a really difficult year and it was lovely to be able to mark such a special event for Minnie and her family," said Director of Care Services Jo Tier.



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JANET PITKIN DipCFHP, MPSocrt

West Norfolk Mind, Poplar Avenue, Heacham



Virtual Photographic Exhibition

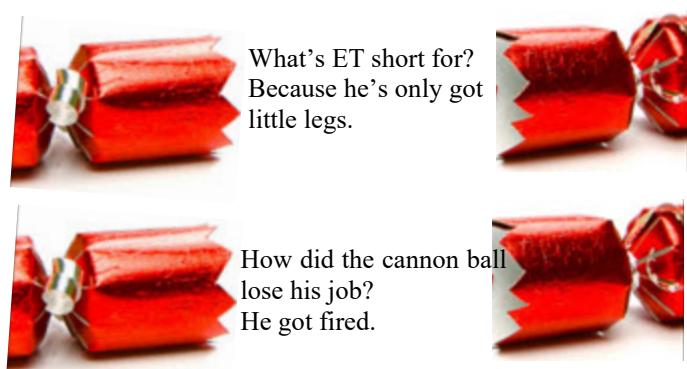
We are all acutely aware of the impact that the Covid outbreak has had on our everyday activities. This has seen the demise of many exhibitions such as the Annual Art and Photographic Exhibitions held in the Old Friends Hall, presented by the Parish Council.

The Newsletter, recognising how many talented artists and photographers we have in our community, had an idea that we could provide a method, at least for the photographers, of exhibiting their works to an appreciative audience via our publication.

Our proposal is that photographers submit up to six (6) pieces of their work, to the Newsletter, for the February edition. Every month we will print a selection of the various photographs. Our readers will then have the opportunity to vote via email for their favourite image each month. After several months, we will exhibit the people's choice in a final celebration of the works submitted.

So please send your photographs to our email address: theheachamnewsletter@gmail.com and we will begin our virtual exhibition in February 2021.

THN



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Heacham, Norfolk. PE31 7DP

www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards



Borough Council News Heacham, Sedgeford and Fring

Hello and, lest I forget, Happy Christmas and Best Wishes for a mask free New Year.

At the time of writing Covid News is not good but, perhaps, at the time of reading it is much better.

Borough Council officers have been thrown into the thick of Covid response again but some good work has been done locally by Planning Enforcement. I can't comment too much on individual cases but the native hedgerow which has appeared on Hunstanton Road, next to the woods, is a long-awaited result. Five other planning issues in Heacham and 2 in Sedgeford have either been resolved satisfactorily or are pending.

Extension to caravan site seasons did not happen in November due to the lockdown and, for legal reasons, they are now full planning applications which should come before the planning committee in early January.

New toilets at South Beach next year are on the cards, I am told. Current ones are now recognised by officers as not fit for purpose. It's only taken me about 5 years.

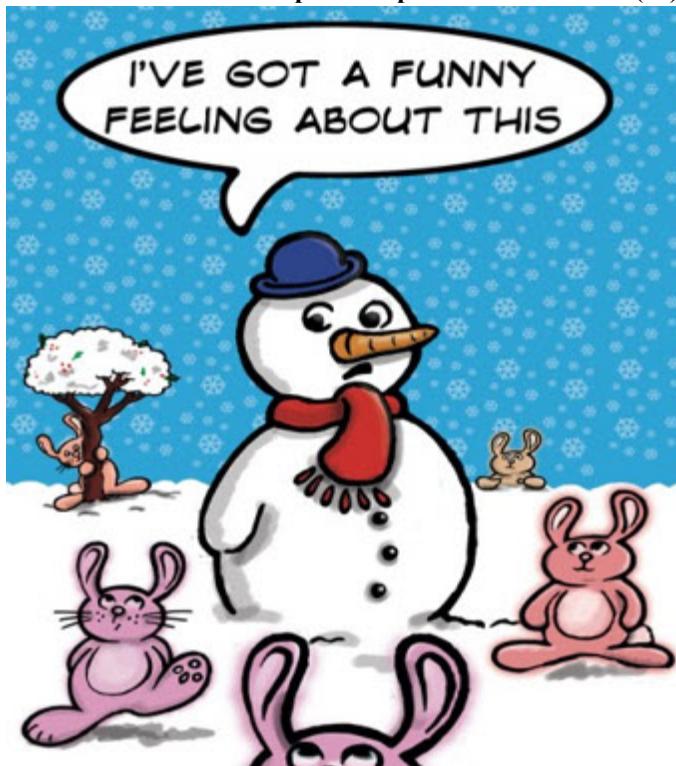
Some fireworks at the Corporate Performance Panel on 11th Nov. This is the panel tasked to ask searching questions about activities often in the control of the Cabinet and Leader of the Council. It has been doing a very good job under the acting Independent chair in the last few months. Suffice it to say, he will be losing his position soon. The meeting is on YouTube as all panel, Council and task group meetings are. Dip into some for something different to amuse or shock you.

Support your local shops in Heacham. The Tesco refurbishment provides a wider range of goods. Two new food shops have opened in the High Street and Station Road; between them they offer fresh fruit and veg, general groceries and excellent local

pies and cheeses. And don't forget Jennings's shop doing sterling service throughout lockdowns. There are plenty of other shops and services, use them or lose them, you now know you need them.

Anyway, enjoy yourselves in whatever way you can, Covid permitting, over Christmas and remember the New Year only happens once.

Terry Parish
Leader of the Group of Independent Councillors (15)



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CHURCHES TOGETHER IN HEACHAM



Heacham Parish Church



Christmas this year will feel different. The gatherings with family and friends will be smaller, the church services, and Christmas concerts, pantos, and events will be very different, if happening at all. The singing of carols is likely to have to be online, not gathered together in church, and other places.

Christmas, this year will be a time to look back on a year where so much has changed. We will need to remember those who have died, to support those who have lost their jobs and livelihoods, to be thankful for those who have cared for the sick, the sad and the vulnerable, to acknowledge all that has not happened as we had planned, and to be thankful for good neighbours and for living where we do.

So much in our world has changed since last Christmas. But what has not changed this Christmas, is the story and the meaning of Jesus' birth. The story is still the same, of a vulnerable baby, born in a stable to an unmarried young mother, coming into our messy world. The meaning of Christmas is Immanuel, God with us. Jesus is God with us, in the mess as in the good, in the sad times and the happy ones, in the disappointments and the difficulties, in the sorrow and the celebrations.

I believe that at this time, this year, we need to know God's presence with us, we need to know the comfort, the joy the hope and the peace he can bring.

This Christmas, read again, or listen to the Christmas story, and reflect on its meaning for you, at the end of this year of great challenges for us all.

My prayer this Christmas and into 2021, is that each of us may know God's presence with us, that you might catch a glimpse of the hope and peace that can be found in Jesus, and that maybe as you follow the stars round our village you too, like the wise men many years ago, might find the joy and peace that Jesus gives.

With my prayers and best wishes for Advent, Christmas and for 2021.

Veronica

Revd Veronica Wilson: Vicar of Heacham

ADVENT AND CHRISTMAS 2020



LIGHT UP HEACHAM with STARS

After last year's great angel festival, we would like to encourage everyone to make and/or display stars in your windows, on your fences, in your trees, in your garden wherever you can - for all to see. **Lighting up Heacham with stars**, to bring some joy and light in this dark time, so we can walk round the village spotting stars from mid-December. In the Christmas story it was the star that the wise men followed find Jesus...maybe you could follow the stars round the village and see where you can find Jesus?



Christmas Church Services

When writing this, we do not know whether we will be able to hold services in church or not at Christmas - please keep an eye on our website and facebook page, and the notice boards at the church and church hall.

We hope to be able to have a Midnight Service and a service on Christmas Day in church. (You may need to book a seat as numbers will be limited due to Covid regulations - details of how to do this will be published if needed).

Our VILLAGE CAROL SERVICE and CHRISTINGLE will both be online this year, pre-recorded and accessed via Heacham Parish Church Youtube channel.



Prayer and Remembering

At present the church building is open on **Wednesdays from 10-12pm and Saturdays from 2-4pm** for private prayer and reflection. You can light a candle, sit and pray in the quiet, and enjoy the peace of the church building.

From mid-December we will have a Christmas tree in church that you can hang a Star on with a prayer or the name of someone you wish to remember.

We also plan to have in the porch of the church a festive display and prayer board, so even when the church is not open, you can come into the porch and write a prayer, or remember someone.

Churchyard

The churchyard is always open for you to walk in; we will have a nativity scene on display from mid-December in front of the church... and a star on the top of the tower.



Our website is www.heachamchurch.org.uk/ and we have a Heacham Parish Church Facebook page too

HEACHAM PARISH CHURCH

We are worshipping together in different ways at the moment including:

Services on line at Heacham Parish Church You Tube channel

<https://www.youtube.com/channel/UCEfWbBrE77u7MPpdjWtwzow>

and (if Lockdown restrictions end)

A service in church at 9.30am

(following Covid Guidelines)

Coronavirus- Community Support for Heacham

If you need help or support, Heacham Parish Church is there for you - **just ask**

We have a team ready to help with medication collecting, posting letters etc. **just ask**

We are also offering telephone support to those who are worried, lonely or would simply like a friendly chat - **just ask**

We will continue to pray for our village community, local area and the world; if you would like us to pray for you or someone you know - **just ask**

We will do all we can to help our community in the coming days, weeks and months – **just ask**

Jesus said: Peace I leave with you, my peace I give to you. Do not let your hearts be troubled and do not be afraid.

Please ring or email Revd Veronica Wilson: 01485 570697
heacham.vicar@gmail.com

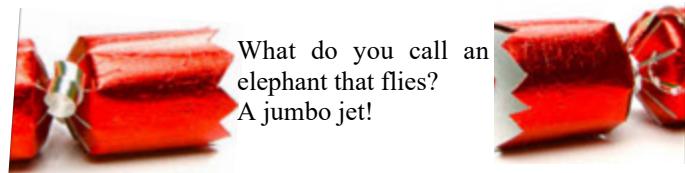
CHURCH CONTACTS: (telephone code: 01485)

St Mary's Church: Rev'd Veronica Wilson 570697

St Mary's Church Office: (ansaphone) 572539

email: heacham.church@gmail.com

Methodist Church: Rev'd Richman Ncube 570232



This is probably the last of my Christmas/Winter poems but, in fact, it is the first because this poem was the catalyst for all the others over the years. It was inspired by something said to me when my son was very small and we were part of the Pram Praise group in the late 1990s. I'm not sure why I haven't submitted it before but, anyway, here it is...

'Ode to Jesus'

"Baby Jesus, that's what we want - for the Nativity scene down by the font."

"What size does he need to be?" I said. "Oh, use a marble for his head."

Having lost my marbles long ago, I wondered what I could use instead.

Casting my eyes around a lot, they came to rest on Sam's teapot.

Large, yellow, full of toys, and there I found him - joy of joys. Baby Jesus smiled at me as I cradled him upon my knee.

There was only one problem that I could see...

As I looked in front and then behind - that construction helmet! Oh, never mind.

Judicious wrapping in swaddling clothes, left merely the peak of the helmet exposed.

A dobble of glue, a sprinkle of glitter. A shiny halo, now what could be fitter?

So, if the Nativity story reported, should be (as we all know can happen) distorted

And that great shining star in the heavens falls down and ricochets off a nearby kingly crown.

Well, we here in Heacham can rest in our beds. Our Jesus has a hard hat on his head!

Nancy E Robinson



Hunstanton Catholic Parish

Both of our churches are open and celebrating public Mass on Sundays and weekdays Monday to Friday. Masks must be worn as per the government and Bishops guidelines regarding the Covid 19 virus.

You can read the guidelines and any updated information about easing of restrictions etc on our parish website. The Sunday obligation remains suspended for the foreseeable future and people are advised not to go to Mass if they have any symptoms, however mild, or anyone who is shielding or vulnerable.

The Sunday Masses are at 9am at Mountbatten Road, Dersingham and 11am at Sandringham Road, Hunstanton and there is a limit on the amount of people allowed in. Daily Masses are at 10am at Hunstanton Monday, Tuesday, Thursday, Friday and 10.15am at Dersingham Wednesday. There are quite a few changes to the way Mass will be celebrated and people should be guided by the stewards.

Our Christmas Masses will hopefully be as follows; Christmas Eve at Dersingham 6pm, Christmas Day at Hunstanton 10am. The Christmas Masses will be ticket only to comply with Government guidelines regarding social distancing. Please see our parish website for further information and updates and how to get your tickets.

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

The Parish telephone number is 01485 534675

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email; parishpriest763@gmail.com



"Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead"

1 Peter 1:3

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.hopeevangelical.org



Another recipe from The Prudent Pensioner

If you need to disguise Brussel Sprouts or you have some left that you don't want to waste, then you may find this recipe useful.

Brussel Sprout & Celery Soup
Makes 2 very generous portions

This is an ideal way to use up the small and any damaged sprouts. If you purchased Brussel Sprouts on a stalk and there are leaves at the top, these can be added too and will produce a stronger flavour.

Ingredients:

Approx.230g/8oz. Brussel Sprouts
2 or more sticks of Celery
1 med. Shallot or small Onion
1 medium size Potato
Chicken stock cube dissolved
in 500ml hot water
A knob of butter
Salt and pepper



Method:

Remove and discard base and any discoloured leaves from sprouts, cut each one in half and place in a bowl of lightly salted cold water. If using leaves from stalk, remove and discard base of each stalk together with any discolouration in leaves. Slice thinly and leave to soak with sprouts.

Peel potato and cut into small pieces.

Peel and thinly slice shallot/onion.

Clean celery, trim off and discard base and top of stalk and slice fairly thinly.

Put butter into a saucepan and soften over a low to medium heat, add shallot or onion, stir well and cook for 1 minute stirring constantly.

Add potato pieces and stock and stir well.

Strain off and discard water from sprouts, rinse in cold water then add with celery to saucepan. Bring to the boil then reduce heat, cover and leave simmering for 10-15 minutes, or until vegetables are fairly soft.

Strain off liquid into a jug, Put vegetables into a suitable jug or bowl and whizz with blender until pureed.

Carefully return liquid to pureed vegetables in a saucepan, stirring gently to mix well.

Season to taste. Reheat stirring gently. Serve and enjoy.

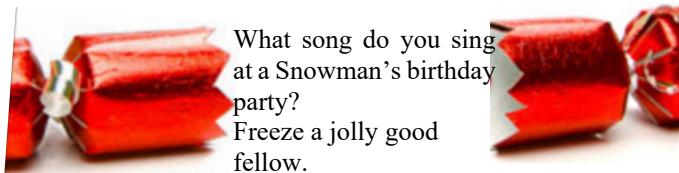
My updated book of 45 easy, budget friendly recipes for nourishing soup is now available from Amazon. A search for Doreen Reed will find it (together with my books of light hearted poems and tales).

Copies are also available from Ridouts Bakery, High Street, Heacham - price £3.50p of which 50p will be donated to Macmillan Nurses.

See more recipes on The Prudent Pensioner

Facebook page

Email: pru.pensioner@btinternet.com



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at a Snowman's birthday
party?
Freeze a jolly good
fellow.

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Ward Gethin Archer Solicitors mark Good Divorce Week 2020 with Free Advice Sessions

Family law professionals at Ward Gethin Archer Solicitors are showing their support for Good Divorce Week 2020 by offering free advice sessions to families later this month. This year Good Divorce week runs between 30th November and 4th December.

Good Divorce Week is an annual campaign that aims to promote practical and constructive ways for separating parents to put the needs of their children first. Organised by Resolution, a community of more than 6,500 family justice professionals, this year the campaign focuses around the benefits of early legal advice, as the organisation prepares to re-launch its public facing Code of Practice.

Resolution members believe the process of separating, sorting out finances and arranging childcare should be done in a way that minimises conflict and keeps the best interests of any children involved at the heart of proceedings.

There is no silver bullet approach to divorce, as every family is different. However, by seeking early professional advice, couples have the benefit of considering a range of options and making a decision that is most suitable to them.

To help in promoting the benefits of early legal advice, during Good Divorce Week Ward Gethin Archer Solicitors will be offering 30-minute free advice sessions to those families who need it at all of their offices across Norfolk and Cambridgeshire.

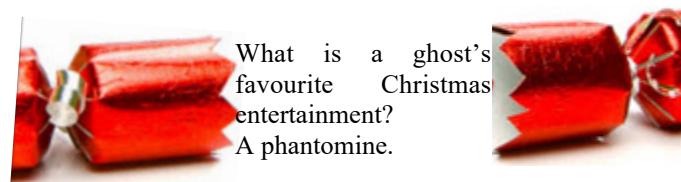
Speaking about the campaign, Director and Family Law Solicitor Sarah Fairbrother said:

“It’s very difficult for parents when they make that tough decision to separate, and often there is a significant impact upon children. That’s why I am delighted to support Good Divorce Week to promote a constructive approach to this often emotionally charged matter.

“This is an opportunity for couples to fully understand all of their rights and the options open to them and separate in the most harmonious way possible.

“Far too many families have little-to-no access to professional legal advice when it comes to divorce. The free advice we are offering will give separating couples the confidence and knowledge to make the best decisions for them and their family with minimal conflict.”

If you are interested in making a free 30-minute advice session, please call our offices on 01553 660033 and ask to speak with a member of the Family department



What is a ghost's
favourite Christmas
entertainment?
A phantomine.

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ericwitton@dignityfunerals.co.uk

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Age UK Norfolk

Telephone befriending with Age UK Norfolk

There are estimated to be 38,000 lonely people in the county over 65 years of age. Our volunteers make a huge impact by providing a friendly weekly call to an older person in Norfolk. Sometimes our volunteers are the only people members of the service talk to all week. Can you help?

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For further information please see

www.ageuk.org.uk/norfolk

or

volunteering@ageuknorfolk.org.uk Full training, ongoing support and expenses are provided.



News from the Pocahontas Players

Work on revamping the stage area was going steadily along, with a maximum of 6 members working together, at a distance, when the second Lockdown was announced, to start on November 5th for four weeks. So, a HALT on any such work, having to wait until December 2nd to hear what the government has to say on post-Lockdown rules.

Usually, this month we have our last rehearsal before Christmas sharing mince pies and home baked sausage rolls, wearing our Christmas Hats, Jumpers and anything with Bells on, to pose for our Group Festive Photograph. As we cannot do that at the moment, it leaves us with a HUGE Happy Christmas Greetings and a Safe Healthy New Year 2021 to you all, with a repeat of our 2019 snap.

We look forward to putting on a production in the New Year (fingers crossed!).

We WILL be Back!! . . .

. . .

Best wishes from...

The Pocahontas Players



Santa's Little Heacham Helpers

I would like to make a quick announcement and I will quickly explain what we are doing.

We are a few locals who want to give back to our community in such troublesome times. We are in contact with the Vicar and she is accepting donations, from children's toys to food parcels. We would like to say a massive thank you to the many many people who have already so generously donated! You have made such a great contribution to our community and everybody greatly appreciates this.

We are asking that if you, or anybody you know, is struggling this year then please contact one of the admins - our numbers are posted on our Facebook page and all we ask is the gender and age of your child so we can ask for age appropriate donations. Please do not be ashamed or embarrassed by asking for help this year; we are doing this 100% anonymously to avoid you needing to feel that at all. We understand this year is even more a struggle due to furlough and many other unfortunate circumstances. Should you be unable to access our Facebook page our contact numbers are below. We would love to help, so please come forward.

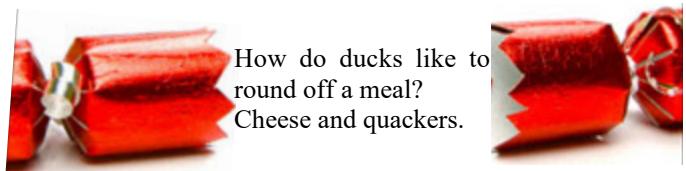
Thanks for reading, and we wish a Merry Christmas to you all.

Santa's Little Heacham Helpers

Joanne: 07885 555967

Andi: 07780 717902

Megan: 07591 765424





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Carers Matter Norfolk

Are you helping or supporting someone who is living with Parkinson's?

If so, contact Carers Matter Norfolk.

Covid19 and the lockdown has been particularly difficult for people caring or supporting someone with a long-term health problem. You may not have been able to have family support or support from groups and friends.

Norfolk County Council commissioned new enhanced care services from this September which will hopefully offer more support to carers.

Rather than going through Adult Social Services, Carers assessments are now being carried out by Carers Matter Norfolk. To get an assessment, you need to contact the Carers Matter Advice line or request this through the website or you can ask a health or social care professional to refer you. The assessment can offer you advice, information as well as the help and support you need in your carer role. If you need more support, you may be referred to a local Carer Connector who can look in more detail at what can assist you to continue caring and to support your health and wellbeing.

Unlike previously, the assessment is not a one-off thing but an adviser will contact you regularly to see how things are going and you can ring as often as you want if your needs change or you just need a listening ear. An assessment can lead to you being offered practical help in the form of a short break, a grant from the health and wellbeing fund, counselling or help to access education and training. A short break can be someone staying with the person so you can go shopping, a few days for you to recharge your batteries or even help towards a joint holiday. The grants can be for anything that may enhance your health and wellbeing such as funding massage, an electronic device or a spa day out.

The definition of a carer for this service is wide and you do not have to be living with the person you support or caring for them full time, contact the advice line for more information. Hopefully this new enhanced service will give you as a carer some practical support at a time you need it.

Call our advice line on **0800 083 1148** to have a chat with our friendly advisers; it is open 7 days a week Monday-Friday 9am-8pm and Saturday and Sunday 10am-2pm. You can also contact the service via the website www.carersmatternorfolk.org.uk.

Lindsay Goward



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CHRISTMAS ANAGRAMS

Things connected with the festive season

- | | |
|------------------------------|------------------------|
| 1. Advanced rental. 6,8. | 2.Drastic charms. 9,4. |
| 3. He's fat smart rich. 6,9. | 4.Tiny pay vital. 8,4. |
| 5. Vicar's themes. 9,3. | 6.Congress liar. 5,7. |
| 7. Stole item. 9. | 8.Smart heretics. 9,4. |
| 9. Pens cheque sheet. 3,6,6. | 10.Imp on meat. 9. |

Answers on page 42

GRAND CHRISTMAS QUIZ

1. Which UK group had 3 consecutive Christmas number ones in the nineties?
2. Denise Richards played 'Christmas Jones', a nuclear physicist, in which Bond film?
3. Scobie Breasley rode which horse to victory in the 1964 Derby?
4. Which festive item was invented by the Norwich-born, London-based, confectioner Thomas Smith in 1847?
5. Evangeline Cory Booth, who was born on Christmas Day in 1865, was a general in which army?
6. Where in London is the 'Peter Pan Cup Handicap Race' competed for on Christmas Morning, and which sport is involved?
7. In which Welsh county will you find Bethlehem?
8. Which artefact was stolen from Westminster Abbey on Christmas Day 1950?
9. How is JSB's BWV better known?
10. What landed in Barwell in Leicestershire on Christmas Eve in 1965?
11. The book 'Christmas 1940' was written by which FLOTUS?
12. In which year did our Queen make her first Christmas Day television broadcast?
13. Which American composer wrote the 'Santa Claus' symphony?
14. How is Ilex Aquifolium better known?
15. What was the first UK Christmas number one to have the word 'Christmas' in its title?
16. The King George VI Chase is held at which English racecourse every Boxing Day?
17. Which classic novel of 1868 starts with the words "Christmas won't be Christmas without our presents"?
18. "Have yourself a merry little Christmas" comes from which musical film of the 1940s?
19. The people of which city provide the Christmas tree that stands annually in Trafalgar Square?
20. Which British Colony surrendered to Japanese forces on Christmas Day in 1941?
21. Cairo saw the first performance of which of Verdi's operas on Christmas Day 1871?
22. The character 'Baron Hardup' appears in which pantomime?
23. In the animated TV Series 'The Simpsons', what is the name of Bart's dog?
24. Which future King of England was born in Oxford on Christmas Eve in 1166?
25. Which Christmas novel ends with the words "God bless us everyone"?

Answers on page 42

Heacham Carpet Bowls

Best wishes to all our members. We hope you are keeping well in these strange times. Hopefully 2021 will bring better news and we will be able to meet again for some social bowling.

As mentioned before, we do now only have a 'Holding' Committee, but we will need to appoint some new committee members and officers, particularly Secretary and Treasurer. If anyone feels they would like to offer themselves as Treasurer please contact David Sanderson (01485 779313) for more information.

For all other club matters speak to Chairman Mick Harpley (07837 706917).

Christmas and New Year greetings to all from the Chairman and Committee.

Volunteers Needed to Listen to Children Read in Local Primary Schools After Lockdown

Our reading volunteers are going to be desperately needed following the Coronavirus pandemic. Thousands of children won't have had enough reading practice during lockdown. In a normal year, one in four children leave primary school unable to read well. Most children will have missed a term of school, so the reading gap is now even wider. Children who struggle with reading are more likely to live in poverty and be unemployed as adults.

Schoolreaders needs more volunteers in your local area to support children's reading and prevent them falling further behind. If you want to make a difference to a child's life, apply to become a Schoolreader. No qualifications are needed; just a love of reading and some spare time each week.



To join us, please visit the website www.schoolreaders.org/volunteer-application-form or call 01234 924111 for further information.

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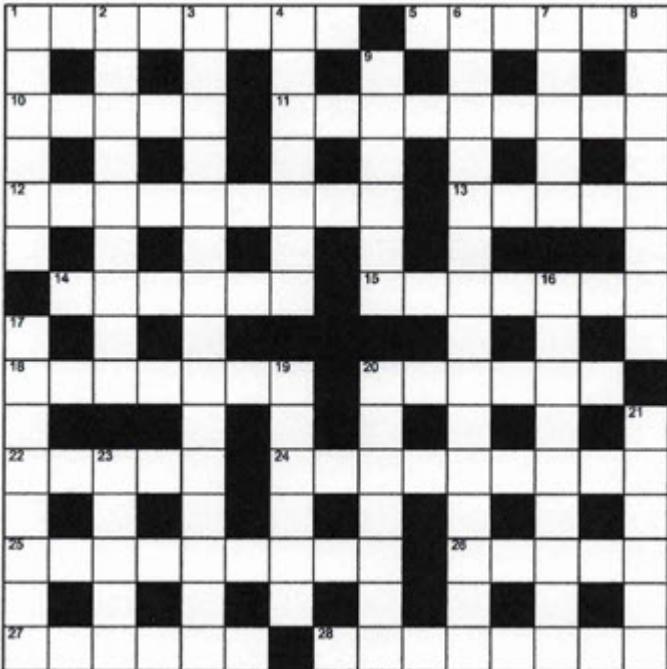
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DECEMBER CROSSWORD



CLUES:

Across:

1. The best place to be on Boxing Day? (8)
5. By the end of Christmas it might be cold, but it will be a laugh (6)
10. Test toy clip found in cracker (5)
11. Cooked with Henry and sparkled (9)
12. Twisting together, entertaining couple flanked by Juliet and Mike are scintillating (9)
13. Awfully blue soldier takes leave to extreme (5)
14. Hold in nerves, hiding when food is served (6)
15. Displayed English and French wine around this time (7)
18. Collected fir cone from tree (7)
20. Becoming parched, Dasher drained first Yuletide gin cocktail (6)
22. Refuse leftovers from turkey? (5)
24. Drunken reveller can hail cab after I dropped nuts (9)
25. Bidding minister to end service with bell (9)
26. Fixed on Santa opening one last letter (5)
27. It might be hard to set off crackers (6)
28. Partisan cook is done, having dished out food (unlike 20 down) (3-5)

Down:

1. Incline to merriment, bearing up, being far away (6)
2. Setting up run around town has appeal – one will need to take on sustenance (9)
3. Carrying and packing small presents (8,7)
4. Sleep that is registered in diary (7)
6. Monopoly provides voluntary funds for local welfare (9,6)
7. Greet butcher delivering bird (5)
8. With Managing Director's support I can attain top status in this area (8)
9. Catchy tune has a seasonal ring (6)
16. It's said a round dozen in Byzantine will be glorified (9)
17. Indications of what's wrong (and right) are mainly on display following answer to puzzle (8)
19. Religious leaders in talks, having no regard for time (6)
20. Glanced left, missing nothing, having taken in merry figure (7)
21. After skiing finished, idled around and skated (6)
23. If hot might one dispose of jumper? (5)

Solution on page 42

Christmas Day Lunch

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Alternative Therapies

Have a ponder of the following, which I have borrowed from a blog written by Dr Alberto Villoldo, on Sept 15th 2020. He is the teacher of the Munay Ki Rites from South America, which I have been initiated into.

“The universe mirrors back to us the reality we carry inside but getting in touch with our own internal map/thoughts can be challenging. We wish our inner map reflected a world of peace, harmony and love but find ourselves surrounded by a different life. But to make changes, we must accept our actual maps, and then own and accept, our perceptions and projections.

An ancient story shows this well - A traveling man came upon a farmer working in his field and asked him what the people in the next village were like. The farmer replied by asking “What were the people like in the last village you visited?” The man responded “They were kind, friendly, generous, great people.” “You’ll find the people in the next village are the same,” said the farmer. Another man who was travelling to the same village asked the same farmer what the people in the next village were like. The farmer replied by asking “What were the people like in the last village you visited?” The second man responded, “They were rude, unfriendly, dishonest people.” “You’ll find the people in the next village are the same,” said the farmer.

When thinking of this in our own lives, ask how we would describe the people around us, those who are part of our everyday family/village? Write your answers down with honesty. Then on a country or world level, recognising that the entire global community is our village.

Your answers will illuminate your true map of reality. Perhaps you are pleased with your everyday family/village, describing it in glowing terms, and project into the world your expectation that other villages you come in contact with will have the same

characteristics. But you describe the global community using negative words, projecting into the world an expectation that any new global community would likewise have negative characteristics.

Words/thoughts have great power to influence our internal map of reality both personally and globally. In this time of great transition, the way we describe our global community today will impact our expectations for the future. We can choose to shift our focus from all that is wrong to all that is beautiful and right, and project that instead. What words will you choose? What dream will you dream into reality?

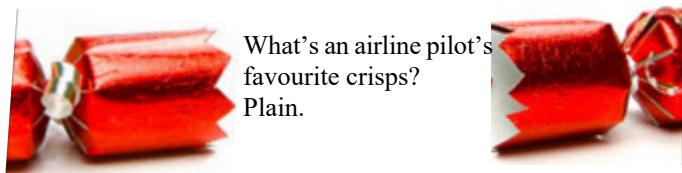
And also ponder - the Witchy Law of threefold return, what you put out, you get back times 3, so if its negative, best watch out!

This my final offering to you all as I have taken the next steps in my way of living, to find new teachers, lessons and Sacred Places. I trust that I have given you the knowledge to walk your own path in to better health and a much more vibrant Self.

As ever any questions to alison.shaman.healer@gmail.com

Alison Bowyer MNCHM

NB: This is the last Alternative Therapies article. The Newsletter Team thanks Alison Bowyer for providing these and wish her well as she moves on.



What's an airline pilot's
favourite crisps?
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The Arts Society

Thoughts on our November 2020 Lecture: Art of Colour in English Garden Design

Gertrude Jekyll once said "The love of gardening is a seed once sown that never dies."

How very true. One's garden is an intensely personal demonstration of, not only one's abilities to create a beautiful backdrop, but one's conception of art and colour in three dimensions.

Things to consider when designing a garden are the colours chosen for the borders, which should be complimentary to the building, sympathetic to the daily path of the sun and be a living palette of enhancing shades.

All of the above were mentioned in great detail by Timothy Walker. He stressed how paintings by well-known artists influence how we see and interpret colour. How we make our own personal choices when choosing plants and shrubs. Colour is beguiling, and has been since the first cave paintings appeared over 34,000 years ago! Although the colours used then were very limited and tended to be quite monochrome, which is a choice some of us might make when choosing a design for our herbaceous beds. Perhaps, others of us might prefer a riot of sunset colours. It's all down to personal choice, but the intent is always to create a comforting space. A place to relax, enjoy and share with friends. A backdrop to one's way of living and an interpretation of one's personality.

Mr Walker expanded, at great length, on the colour spectrum, and how we should be aware of the transition of blues, greens, oranges, etc. However, what colours we choose for plants in our gardens is intensely personal and makes a living statement about us. We can look and admire a painting by Turner, Monet, Rothko, and maybe Hockney, or any of the renowned landscape artists, and appreciate their colour combinations and pictorial

content, but, finally, we make decisions based on personal choice, even if that has been subliminally suggested by our interpretation of their artistic achievements.

It was a fascinating lecture and gave much food for thought for all us keen gardeners.

Gillie Macewan

Responses from 4 of our members:

"Excellent and great technology..all in the comfort of our own homes. Thank you". Sue & Chris.

"Fab talk. Did whip through slides a little speedily but the content was great. Outstanding from me!" Joanna.

"What a brilliant lecture! So lovely for these times and delivered with such enthusiasm! Thank you for getting me started with Zoom."

"Thank you for the colourful gallop, I am exhausted. Our speaker Timothy is likely to be in need of a drink. Did find I got more out of it than I thought I might." Roger.



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Monday 14th December 2020 at 2pm.
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Monday 11th January 2021 at 2pm.
Photographic Odyssey: Shackleton's Endurance Exhibition Captured on Camera Mark Cottle
 Many know the dramatic story of Ernest Shackleton's third expedition in 1914 to Antarctica. How the ship Endurance was trapped and eventually crushed by pack of ice. How the men were forced to camp on the ice on Elephant Island for over 5 months and how Shackleton sailed over 800 miles to get help.

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Heacham at Night

Did you see all the planets last month? I managed, Mars, Jupiter, Saturn, Uranus and Neptune. At the time of writing I haven't managed Venus, in the morning, again as I either haven't been up or it has been cloudy. You can see them all again this month.

Never mind a chimney, Father Christmas will likely need good Broadband this year. Whilst looking for Rudolph flitting across the sky the red nose you see will likely be Mars, visible from when it gets dark in the South. Fading now from its glory last month. On the 23rd Mars will lie just above the Moon.



Internet

Just prior to Christmas there may be many sparkles in the sky as the Geminids meteor shower peaks just after midnight on the

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13th and the Ursids shower on the 22nd /early hours 23rd. The Geminids is a major shower and viewing is favourable providing, of course, that the sky is clear. Wrap up, lie down if you can, and look straight up. Like many showers, most meteors will appear late and into the early hours BUT there will be some to see earlier and in the nights either side of the peaks.

The event to look out for this year is a new 'Star of Bethlehem'. Saturn and Jupiter have been moving closer and closer together – apparently of course. The Earth is moving around the Sun rather faster than either and, as we look outwards, towards the giant gas planets, it appears that 'nearer' Jupiter is closing on distant Saturn. There is some real movement too as Jupiter is moving faster than Saturn.

Over the last several months, Jupiter has been to the right of Saturn. At the beginning of the month from 5pm look SW at the two planets. They are getting lower in the sky now so you can't leave it much later. They will fit into the view from a 15x70 pair of binoculars. If it is especially clear and you can steady your binoculars / birding 'scope / small telescope, look for the 4 Galilean Moons of Jupiter. You may see just a blurred short line which bisects the planet. Within that line will be Callisto, Europa, Io (smallest) and Ganymede (largest). Large binoculars, small 'scopes and clarity will reveal nice sharp points of light.

On the 16th and 17th a thin Crescent Moon will join in and make a nice sight.

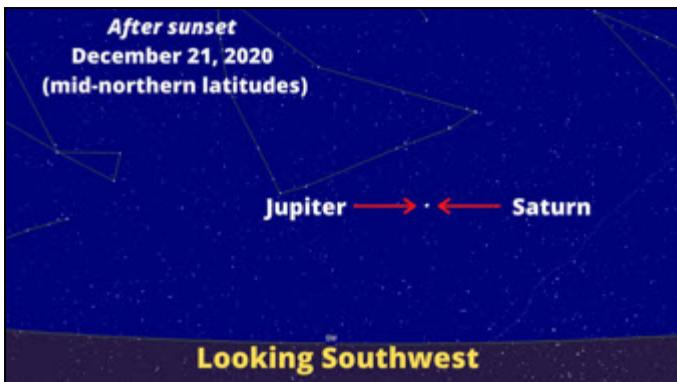
Following on from my discussion about possible life in Venus's atmosphere last month, it has recently been suggested as less likely. Europa's oceans are still in the running for life, but not as we know it.

Look at Saturn and a decent telescope will reveal the rings. Binoculars might see a blur either side of the disc but also pick up a spark to one side. This will be Saturn's giant satellite, appropriately named Titan. With a significant atmosphere, much water ice and a methane weather cycle, Titan has become a satellite of interest to astrobiologists. You won't see Enceladus which is another hot favourite in the search and desire to find extra-terrestrial life.



Hubble. M75 67,500 light years away, 67 light years across. Part of the Gaia Sausage and possibly the remnant of a dwarf Galaxy which merged with the Milky Way long, long ago.

Back to the sky. Whilst peering at Jupiter and Saturn through your binoculars look to the left of Saturn and go down to a point level with Jupiter. You should find the globular cluster of stars, M75.



Internet



Internet

On the 21st, to the naked eye, Jupiter and Saturn will appear to merge - star of wonder, star of light etc, except they are planets. Ordinary binoculars will show that there is a separation albeit of around 1/2000 of a degree – very, very small. A telescope will open up this gap to your eyes and the satellites I have mentioned above will be in sight. Titan to the right of Saturn. Enceladus to the right and below Jupiter. Io, Ganymede and Callisto strung in a line at about the 10 O'clock position from Jupiter. Io closest, Callisto furthest away. The 21st is the Winter Solstice of course, shortest day, longest night – spooky (Halloween rather than Christmas but never mind). NOTE: all this happens quite close to the horizon. You need a good view to the SW.



Internet

If you miss this super conjunction of the Solar System's giants then catch it again on November the 5th in 2040!

After the 21st, Jupiter will move past Saturn and be to the left of it. Both planets are also dipping towards the horizon and will be lost to view well before teatime.

If you want a morning Star of Wonder continue to look out for Venus shining brightly in the SE from 6.30am until 7am when the sky will lighten. Venus is falling towards the horizon so will

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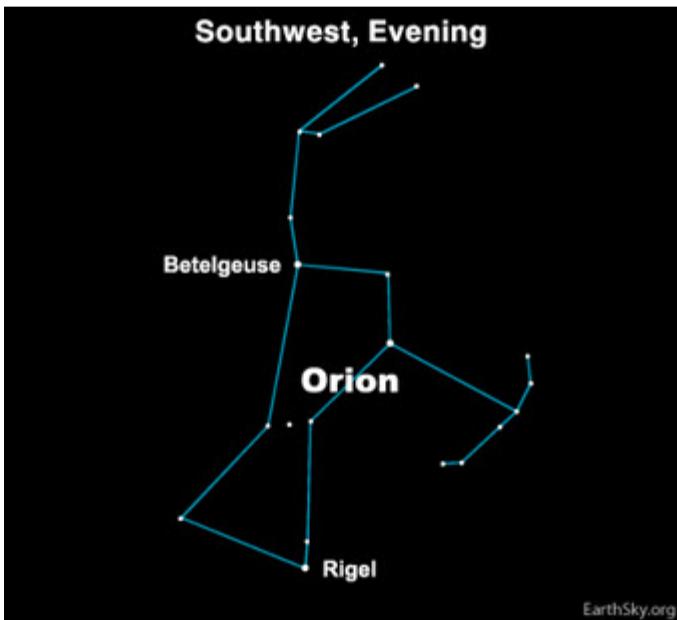
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be harder to catch as the month progresses and will be too low by Christmas Day. On the 12th a nice Crescent Moon will be just to the upper right of Venus.

Plenty of stars in the dark skies of December and January. Old favourites to look for with naked eyes or binoculars: The Pleiades due South from about 10pm a fuzz for most of us but excellent in binoculars. Similarly, the Hyades to the East. Orion the Hunter is well up so find Betelgeuse (it probably hasn't blown up yet) and Rigel at shoulder and knee. Look through binoculars at his central belt. Just below it will be another fuzz which opens up to a grand sight in a modest telescope. This is the Orion Nebula, a birthplace of new stars.



Internet

2021 Happy New Year. Just a few things to mention. Between the 1st and 5th look out for the Quadrantid meteor shower which peaks in the early morning of the 3rd. Not a showy one and remember to social distance when looking up. There is a New Moon on the 13th and a Full Moon on the 28th. This, apparently is called a Wolf Moon in North America. Or, more prosaically, the Moon after Yule.

Planet watchers continue to observe Mars. It is getting much fainter but is high in the sky in the South and easy to spot. Between the 14th and the 22nd Uranus is very close to it and on the 20th there is a conjunction, blue Uranus appears just below the red planet. Good binoculars or a small 'scope should reveal the ice giant.

On the 17th, with a telescope, there is a chance to find very distant Neptune as it will appear just to the right of the Moon.

And look out for Mercury. It's an evening object again, low in the West after sunset. Avoid looking at the Sun and use binoculars only after it has set. You are looking for a small spark. Its easy once you have found it. On the 24th this strange, small, messenger of the gods is at its greatest eastern elongation being 18.6 degrees away from the Sun. A spread hand held at arm's length spans just over 20 degrees of the sky, so place the tip of your right little finger where the Sun is or was, part your fingers and Mercury should be between your thumb and index finger. It climbs a tad higher in the sky until the 27th and then gets closer to the horizon again.

Happy Christmas and, remember, no one can see you in the dark.

Terry Parish

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9.00am –1.00 PM

Q&A Esther Cecilia Boehm, artist and sculptor, @ Studio 55 Heacham

You now live and work in Heacham but tell us something about your background and how you came to be here?

I'm a German Canadian artist and I hail from Edmonton, Canada, but being a bit of a nomad I've lived in several countries so it was no surprise to me that I ended up here. I guess I could have ended up anywhere in the UK but about five years ago I first visited Heacham to stay with a friend and fell in love with the area and with Norfolk.

Can you tell us a little about what you do and what inspires you?

I have always worked in and with whatever materials the environment I lived in allowed, ranging from clay, papier maché and concrete to carving in soapstone, marble and wood. Growing up in Canada gave me a deep affinity for nature and the First Nations peoples, especially the Inuit, who capture the spirit hidden inside each piece of serpentine, soapstone, wood or antler, releasing the form within. Regardless of the materials I use, it is the visualisation of something inside and outside of myself that has always been the key motivation in my work.

Apart from my own work, I also run a series of courses from my studio – although with the challenges 2020 has brought us – numbers have been limited this year.

So what sort of courses do you offer?

I offer courses in clay modelling, plaster and wire sculpture, soapstone carving and for the first time this year in the run up to Christmas, I'm offering a course in lino cut. People can make their own cards using any image they like.

I just thought it's been a tough year for everyone but weirdly it's been a time where lots of people have rediscovered a love of making things and working with your hands, a practice that can be grounding, mindful and reassuring. Something I think we all need right now.

STUDIO @ 55

New: Lino-cut Christmas cards
from your image if you like

Ongoing Courses: Clay
Modelling, Plaster & Wire,
Soapstone Carving



Contact me for more information:

Esther Boehm • 55 High Street, Heacham, PE31 7DW

www.studioat55.com • eb@estherboehm.com

T 01485 570 506 • M 07538 986 235

And what could people expect should they join one?

Well the essence of my approach is the creative process itself. My aim is to ignite the spirit and nurture the vision of each student and provide the technical help to carry an idea through to a finished work of art. And also have some fun and companionship! I had a student say something really lovely recently – she said I was a “calm and patient teacher who helped me, a complete beginner, create some amazing work I wouldn't have thought possible. She also makes a great cup of coffee!” I'd like to think I give that help and inspiration to everyone – including the coffee of course!

Well thank you Esther. But can you now just tell us one thing – where and how do people get in touch with you?

You can give me a call on 07538986235, email eb@estherboehm.com, or visit the website www.studioat55.com

SJ Stone



(Image: Esther at work in her studio. The piece is made of cement fondu applied to an armature. It is a mould for an installation piece she's working on.)

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The Salvation Army

We can't cancel Christmas

There has been much talk about Christmas being cancelled this year and whilst the ways we celebrate Christmas may be cancelled or curtailed due to coronavirus restrictions, Christmas can't be cancelled as these restrictions weren't in place 2000 years ago when Jesus Christ 'became flesh and lived amongst us'.

1. Judea was not in lockdown and therefore there were no travel restrictions and so Joseph and Mary were able to travel from Nazareth to Bethlehem.

2. There were no restrictions on Inns and hospitality venues. People were able to mix freely with people from other households from different areas - so much so that the Inn was full and Joseph and Mary had to be put up in a stable.

3. The Innkeeper was able to do this as he had sufficient staff on the premises to check that they were ok - he did not have to furlough them.

4. Joseph was able to be present during the whole process of Mary's labour and Jesus' birth. He did not have to stand worrying outside.

5. There were no restrictions on choral singing - and therefore the angels were able to sing God's praises and inform the shepherds of the good news of the birth of the King of Kings.

6. There was no 'rule of six' - therefore the group of shepherds could all go together to visit the Holy Family in the stable.

7. There were no quarantine regulations for international travellers - therefore the three Wise Men were able to visit and bring their gifts of gold, frankincense and myrrh.

The good news of Jesus' birth was the dawn of a new beginning - and God's love for us is the same - yesterday, today and forever - especially at this difficult time.

This Christmas is going to be hard for all of us as we can't celebrate in the way we normally do. But please do not talk about Christmas being cancelled. The heart of Christmas is very much alive in our lives and in our faith.

At the time of writing we are still in lockdown with no idea of what restrictions will be in place at Christmas. Things will be very different for us all this year, especially at The Salvation Army where it is unlikely our band will be carolling and there is unlikely to be any carol singing.

However, we are still available to anyone who is in need so if you or anyone you know is in need of a Christmas food parcel or if a family is in need of toys for children please get in touch.

May I take this opportunity to wish you all a happy and peaceful Christmas and New Year.

God Bless.

Alison Kirby, Corps Leader, Snettisham Salvation Army

alison.kirby@salvationarmy.org.uk

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To view menu www.heacham-manor.co.uk/eat/menus

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AT HEACHAM MANOR

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PLEASE CALL: 01485 536030
To view menu www.heacham-manor.co.uk/eat/menus

HEACHAM MANOR HOTEL, HUNSTANTON ROAD,
HEACHAM, NORFOLK PE31 7JX

WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane

MC = Methodist Church Hall, Station Road

SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside

PRH = Pine Residents Hall, Wilton Rd

SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club

PH = Public Hall

NC = Neville Court

**All 'What's On' & back page information
is subject to Covid-19 rules/availability**

MONDAYS

Fit 'N' Dancin' 9.30am – 10.30am. Peg 01485 541162

Stretch And Tone 9.30am - 10.10am Jaime 571395 (PH)

Pop-Up Coffee Shop 10am - 12noon at Dersingham Village Centre. Coffee, tea, hot chocolate and cakes

Fitsteps (Beginners) 10.15am - 10.55am Jaime 571395 (PH)

Coffee Morning Sunnyside Close (Retirement Housing for 60+) 10.30am Tel : 570492

Cameo Club (Activities for over 50's) 10.30am Salvation Army, Alma Road, Snettisham

Fitsteps 11am – 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)

Fitness Pilates 12.15 – 1.15pm For info Tel: Suzie Povey 07900 818311 (PH)

The Heacham Yarners 1 – 3.30pm charity knitting. 2nd Monday in every month at Freebridge Community Hall, Sunnyside. Call Michelle 00485 579 024. Kits Supplied

Seated Fitness 1.30pm - 2.15pm call Suzie on 07900818311 (PH)

Craft Club 2-4pm every week (exp Bank Holiday) (PRH)

Heacham Flower Club 2.30pm every 3rd Monday January - November. More info call Penny Rhodes 01485 570229 (MC)

2nd Heacham Rainbows Term Time Girls 5-7 years 5 –6pm Contact Kathryn Tel:572138 (SG)

Football Under 14's 6-7pm Contact Jason 07867527706 (HSC) playing fields

Fitsteps 6.30–7.30pm at Snettisham Memorial Hall. To book: Jaime 07765433100 or jaimefitsteps@gmail.com

Hunstanton Bridge Club 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

Heacham Table Tennis Club League Matches in the Hall 7pm from 16th September (PH)

Heacham In Bloom 3rd Monday Monthly 7pm at Heacham Parish Library

Heacham Wives Group – 2nd Monday of most months 7.30pm at Cunningham Court Community Hall. Contact Sue Scott Tel: 572252

Cash Bingo United Services Club, Homefields Road, Hunstanton

TUESDAYS

Over 60? Enjoy improving your health and bone density with **Active for Life Exercise Classes** at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429

Carpet Bowls 10.15am - 12 noon Tel: 570776 (PH)

Coastal Stroke & Support Grp 10.30am –12.30pm at Hunstanton Methodist Church Austin St

Norfolk & Waveney Mind - Winter Safe Haven 10:30 - 2:30 free drop in at 4 Poplar Ave. tel :01485 572707

Heacham Carers Support Group meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind, 4 Poplar Avenue. Tea Coffee & a chat For more info Tel: 572707

Friendship Lunches 1st and 3rd Tuesday of each month. 1pm - 2 pm Two-course meal £5. To book call Shirley on 01485 540644 at Dersingham Village Centre

Line Dancing 1.30 –3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

Social 50/50 Dance 2-4pm at Reffley Community Centre PE30 3EQ. Tickets £4 each. 07787966000

The Fellowship 2.45pm Every other Tuesday (MC)

1st Heacham Guides 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)

Weight Watchers 5.30pm (OFH)

Slimming World 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

1st Heacham Scouts (boys and girls aged 10 to 14yrs)

6 – 7.30pm Tel: Alison 07737642828 (SG)

Football Girls 6-13 YO 6-7pm, Boys U11's 7-8pm Nathan 0781169910 £1 (HSC)Playing Fields

Norsemans Boxing Gym Jnr 6-7pm £2 and Snr 7-8pm £3at Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com

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Heacham Youth Centre every Tuesday 6.30-8.30pm at Church Hall, 17 High St

Hunstanton Tang Soo Do Club Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

Zumba 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)

Parish Council Mtg 3rd Tuesday monthly 7pm (PC)

Hunstanton Community Choir Rehearsals 7-9pm at Hunstanton Town Hall £4per session For info Tel: 532392

Heacham & Sandringham Camera Club meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk

Pocahontas Players Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

St.Mary's Church Snettisham Men's Group 2nd Tuesday of every month at The Visitors Centre Snettisham 7.30pm. £2 each

St.Mary's Church Snettisham Ladies Group 2nd Tuesday of every month at 100 Station Road, Snettisham. £2 each

Village Voice Live every 2nd Tuesday 7.30pm. Informative talks £5 inc refreshments at Dersingham Village Centre 07707832295

WEDNESDAYS

Docking Market 9am-1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233

West Norfolk Mind Day Centre 10am – 3 pm at 4 Poplar Ave Tel: 01485 572707 www.westnorfolkmind.org.uk

Scallywags Playgroup Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)

Community Coffee Morning & More 10am - 12noon All ages welcome (OFH)

Yoga 10am –11am at Sedgeford Village Hall, £6. For further information call Alison 01485 571062

Carpet Bowls 10.15 – 12 noon Tel: 570776 (PH)

The Old Schoolgirl Friends of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

Midweek Communion 2nd Wednesday of the month 10.30am (MC)

Lymphoedema Support Grp meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel:Sue 570823

Friendship Group 2pm at Salvation Army. Alma Road, Snettisham

Heacham Little Dragons Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)

Heacham Beavers boys and girls aged 6-8yrs, 5.30pm-6.45pm (term time only) call 07788 888921 (SG)

Tai Chi & Kung Fu 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

Hunstanton Bridge Club 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

Fire Cadets at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07710 066145

West Norfolk Singers 7.15 - 9.15pm For info Tel: 571315 Anne Davis www.westnorfolksingers.org.uk/ (MC)

Bingo 7.30pm Neville Court Grouped Home

Zumba 7.30-8.30pm for cost & info see Tuesday (SG)

Men's Fellowship 3rd Wednesday of the month 7.30pm at The Salvation Army, Alma Road, Snettisham

Quiz Night 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

West Norfolk Tai Chi Chuan –weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

THURSDAYS

Yoga for healthy living 9.30-10.30am £6. For info Tel: Alison 571062 or email medullayoga@gmail.com (SG)

Norfolk & Waveney Mind Day Centre (specifically for older people dementia friendly) 10–3pm 4 Poplar Ave Tel: Emma Hardy 01485 572707

Table Tennis Club 10am (PH Top Room)

Over 60? Enjoy improving your health and bone density with **Active for Life Exercise Classes** at Heacham Surgery Classroom 10-11am Tel: 298429

Pop-Up Coffee Shop 10am - 12noon at Dersingham Village Centre. Coffee, tea, hot chocolate and cakes

Coffee Morning 10am - 12noon at The Salvation Army, Alma Road, Snettisham

Carpet Bowls 10.15am - 12 noon Tel: 570776 (PH)

Craft Club 3rd Thursday of the month, 1pm - 3pm at The Salvation Army, Alma Road, Snettisham. Bring your own project

Norfolk Knitters Cunningham Court 2-4pm. Every Week

Mothers' Union 4th Thursday monthly 2pm (SM)

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Trefoil Guild 1st Thursday monthly 2 - 4pm (NC)
Bingo 2pm at Sunnyside Close (Retirement Housing for 60+)
 Tel: 570492
50/50 Tea Dance 2 – 4pm at Hunstanton Community Centre, Avenue Rd. £4 inc refreshments. All Welcome
Tea Dance every week. Old time line dancing and sequence 2pm – 4.30pm at the Public Hall. Call George 01775 670294
Children's Yoga 7 to 11yrs 4 – 5pm (limited spaces) To book call Alison: 01485 571062 (SG)
Football Under 7's, 8's, 9's, 10's 4.30 - 6pm U14's 6.30 - 7pm Adults Open Match 8-9pm Contact Jason 07867527706 (HSC) playing fields
1st Heacham Brownies Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
Fitsteps 6 – 7pm at Snettisham Memorial Hall To book Tel: Jaime 07765433100 or email jaimefitsteps@gmail.com
Judo Beginners 6 - 7.30pm Tel: 571614
Hatha Yoga at Heacham Infant School 6.30 – 7.30pm. £7 per person Alison 01485 571062 (PH)
1st Heacham Cubs ages 8 – 10yrs Term Time 6.30 – 8pm Tel: Sam 572138 (SG)

Judo Advanced 7 – 9 pm Tel: 571614 (PH)
Social Evening 2nd Thursday monthly 7.30pm (MC)
Kings Lynn & District Osteoporosis Society meet in Kings Lynn 4th Thursday monthly at 7.30pm Methodist Church Hall, Kings Lynn. Tel: 01485 572271
Rao Buffalos 8pm (HSC Top Room)
Cash Bingo at United Services Club, Homefields Road, Hunstanton 8pm
Quiz Night Cash Prizes 9pm at Fox & Hounds

FRIDAYS

Bereavement Support In Heacham 10am -12 noon 3rd Friday of the month. Contact Sue Spencer on 572029 or email bereavementgroup53@yahoo.com (SM)
Hunstanton Bridge Club 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club
Indoor Bowls Club (Carpet) 2.30pm (MC)
Football Under 10's 'Minors' 5 - 6.30pm on playing fields Contact Jay 07711779415 (HSC)
Tai Chi & Kung Fu 6 - 7pm Beginners Tai Chi 7 - 8pm Advanced Tai Chi 8 - 9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)
Norsemans Boxing Club Jnr 6-7pm £2 Snr 7-8pm £3 Unit 12 Heacham Hall Ind Est. geezersales@btinternet.com
Hunstanton Tang Soo Do Club Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon
Heacham Scouts 7 – 9pm Tel: Paul 07525 632298 (SG)
Cash Bingo 7pm (PH)
Wildfowlers Club 1st Friday monthly 7.30pm(HSC Top Room)
Poker In The Club 1st Friday each month 7.30pm (PH)
Social Tea Dance last Friday monthly. £5 inc refreshments at Dersingham Village Centre. Held in St.Nicholas Hall 07707832295



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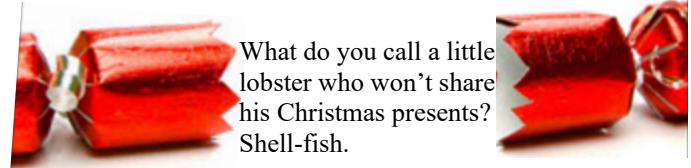
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SATURDAYS

Hunstanton Promenade Parkrun (No need to run, can walk) 9am at The Sailing Club, North Promenade, Hunstanton
Football U13'S 10-11.30am Contact Mike 07804927764 (HSC Sports Field)
Messy Church Last Saturday in the month 10 - 12noon at St. Mary's Church. Call Veronica on 570607 or Church Office on 572539
Christian Youth Group 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096
Norfolk & Waveney Mind - Winter Safe Haven 10:30 - 2:30 free drop in at 4 Poplar Ave Tel :01485 572707
Indie Arts Club 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com
Boot Sale at United Services Club, Homefields Road, Hunstanton

SUNDAYS

Sunday Masses 9am Mountbatten Rd, Dersingham and 11am Sandringham Rd, Hunstanton. Catholic Parish 01485 534675
Sunday Lunch from 12noon – 2pm at Hunstanton Conservative club. Two courses £7.95
Sunday Afternoon Social at Dersingham Village Centre second Sunday each month 2pm - 4pm. £2.50
Sunday Afternoon Service 4pm 1st Sunday Monthly Everyone welcome For details Tel: 579440 (PRH)
Hatha Yoga 7.30-8.30pm For info Tel: Alison 571062 or email -medullayoga@gmail.com (SG)
Sunday Lunch from 12noon - 2pm at Hunstanton Conservative Club. Two courses for £7.95



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OTHER EVENTS

December

Monday 14th December 2020 at 2pm.

The Journey of the Magi: Origins, Myths and Reality -
The True Story of the Three Kings. Leslie Primo
The Arts Society free online lecture. Visit the 'Home' page of
the website for your free pass.
www.theartssocietynwnorfolk.org.uk

January

Monday 11th January 2021 at 2pm.

Photographic Odyssey: Shackleton's Endurance Exhibition
Captured on Camera. Mark Cottle
Art Society details as for 14th December

February

Princess Theatre, Hunstanton Classical Music Rocks

Chamber Concert Festival 2021

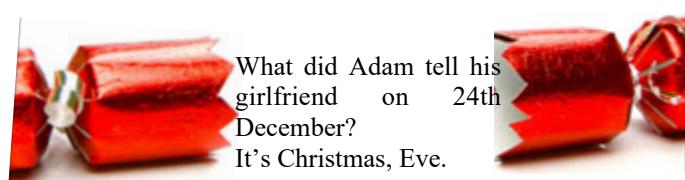
Sundays at 2.00pm

Concerts will be for an hour, without an interval. Tickets are on
sale now, on-line from the Princess Theatre Box Office.
£10.00 for adults, under 18s £5.00

7th February: Klio Blonz – flute and Shelley Levy - Clarinet

14th February: Siobhain O'Higgins - piano

21st February: Anthony Flbaum - tenor



TIDE TABLES FOR DECEMBER 2020 & JANUARY 2021

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT)									
December 2020					January 2021				
Date	Morning	Afternoon	Date	Morning	Afternoon	Date	Morning	Afternoon	
1 TU	06 28	6.9	18 48	7.0		1 F	07 32	6.8	19 41
2 W	07 06	6.9	19 21	6.9		2 SA	08 11	6.8	20 15
3 TH	07 42	6.8	19 51	6.9		3 SU	08 51	6.7	20 51
4 F	08 18	6.7	20 22	6.7		4 M	09 33	6.5	21 33
5 SA	08 56	6.4	20 58	6.5		5 TU	10 21	6.3	22 22
6 SU	09 41	6.1	21 42	6.3		6 W	11 20	6.1	23 21
7 M	10 38	5.8	22 39	6.1		7 TH	12 27	5.9	
8 TU	11 53	5.7	23 52	5.9		8 F	00 30	6.3	13 36
9 W			13 12	5.8		9 SA	01 45	6.3	14 44
10 TH	01 11	6.2	14 21	6.2		10 SU	03 01	6.4	15 47
11 F	02 23	6.4	15 20	6.5		11 M	04 08	6.7	16 43
12 SA	03 25	6.9	16 15	6.9		12 TU	05 11	6.9	17 34
13 SU	04 23	7.1	17 04	7.1		13 W	06 08	7.0	18 21
14 M	05 18	7.4	17 51	7.4	●	14 TH	07 01	7.1	19 06
15 TU	06 11	7.5	18 36	7.5		15 F	07 46	7.1	19 46
16 W	07 02	7.5	19 18	7.5		16 SA	08 27	6.9	20 24
17 TH	07 51	7.3	19 59	7.4		17 SU	09 05	6.7	21 00
18 F	08 38	7.0	20 39	7.1		18 M	09 41	6.3	21 35
19 SA	09 24	6.5	21 19	6.8		19 TU	10 17	6.0	22 13
20 SU	10 13	6.2	22 03	6.4		20 W	10 57	5.7	22 58
21 M	11 08	5.7	22 57	6.1		21 TH	11 48	5.4	23 55
22 TU			12 08	5.5		22 F			12 50
23 W	00 01	5.8	13 07	5.3		23 SA	01 02	5.5	13 59
24 TH	01 06	5.7	14 08	5.5		24 SU	02 15	5.5	15 04
25 F	02 11	5.7	15 04	5.7		25 M	03 21	5.7	15 59
26 SA	03 08	5.9	15 53	6.1		26 TU	04 18	6.0	16 46
27 SU	03 58	6.1	16 36	6.3		27 W	05 07	6.3	17 30
28 M	04 44	6.3	17 15	6.5		28 TH	05 53	6.6	18 11
29 TU	05 27	6.5	17 52	6.8		29 F	06 38	6.8	18 51
30 W	06 09	6.7	18 29	6.9	○	30 SA	07 21	7.0	19 28
31 TH	06 51	6.8	19 06	7.0		31 SU	08 00	7.1	20 04

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SEASON'S GREETINGS TO ALL

We do hope that this finds everybody safe and well.

At the time of writing the Library is scheduled to re-open, following the November lockdown, on Monday 7th December with 'normal' service, then resuming until we close after Monday 21st December until Monday 4th January 2021!

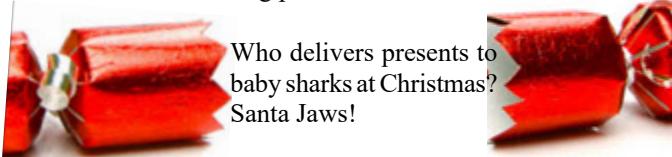
It has been lovely to welcome back so many of you during September and October and please be assured that we will be continuing to do everything possible to make our Library as Covid-safe as possible throughout the coming winter months.

As before the key issues are:

- wearing a face covering
- sanitising hands before choosing books
- limiting numbers to two separate people or one household at any one time

Additionally:

- all borrowed books are quarantined for one week before being allowed back into general circulation
- contact points such as door handles and furniture surfaces, including the computer, are cleaned regularly throughout the library open-sessions as well as our normal cleaning procedures



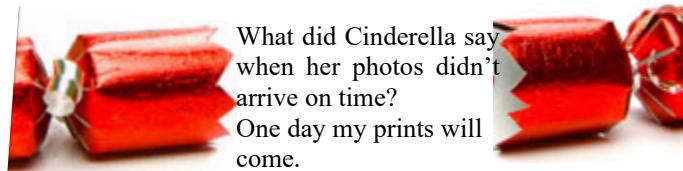
Who delivers presents to
baby sharks at Christmas?
Santa Jaws!

We look forward to seeing you soon but, of course, in the current climate all plans may be subject to change. We will try and keep you informed of last minute alterations to opening hours via the Parish Council website and Facebook and there is always a current information poster on the noticeboard outside the Library at the Church Hall.

Take care and Best Wishes.

The Library Team

NB: Please also see Parish Council page



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'In the Winter Time'

A serialized short novel
by Nancy E. Robinson

Chapter 1 The Christmas Card

It was quite cold but no snow, of course, even though Christmas was fast approaching, as Josh's mum moaned on what seemed to be a constant basis. The letter box rattled and something landed on the mat. Toby, a mongrel of indeterminate origin, pricked his ears and leapt up from his preferred position on the rug in front of the fire, dashed into the hallway, ready to do battle with the postman, and almost collided with Josh's mum, who was just at that moment bending over to retrieve what turned out to be a solitary envelope which looked, she thought quite rightly, to be a Christmas card.

'Oh well, that's it,' said Mum after extricating herself from Toby, 'When the cards start coming you know there's no escape, nothing but rushing about, sore feet, headache, bloated stomachs and yet another pair of hideous slippers from Auntie Jean!' Mum didn't like Christmas much these days, especially since Josh's dad was away in the Army. She missed him terribly but Josh did too. All he wanted for Christmas was for Dad to be home and it seemed that this year he would. A letter only the previous week said he'd be back on Christmas Eve so hopefully this would be the best Christmas ever. Josh's mum wouldn't let herself believe it but Josh knew - he *really* knew, that he was going to be here. He had to be or it wouldn't be Christmas.

'Who's sent us the first card, Mum?' 'Well, that's typical really, it's from someone called Arthur and we don't *know* anyone called Arthur. Oh, actually it's for you Josh, sorry, it must be one of your school friends, these old names are coming round again.' 'Here, let me see,' said Josh, not being able to recall anyone of that name. He looked in the card and didn't recognize the writing but there it was on the envelope, and again in the card

Master Joshua Davey, 11 Dring Gardens, Eastley.

in rather old-fashioned handwriting. How odd, thought Josh; someone I don't know has taken a lot of trouble to make sure I get this card. He turned his attention to the picture on the front. Now that's really Christmas, he thought. The scene was typically Dickensian: a crisp, snowy night with lights twinkling in tiny windows, people bustling around a busy little street, their button-booted feet crunching on thick new snow, with brightly coloured parcels in their arms. A huge Christmas tree stood in the centre of the square, covered with beautiful decorations; a horse and carriage carried people in fine clothes and children pressed their cold noses onto windows, misting up the frosted panes of the corner shop which was full to bursting with every

toy imaginable, dreaming of what might be in their stockings on Christmas morning. As he looked at the card, his fingers tingled and he felt a curious sensation of excitement, which he put down to his eager anticipation of his dad coming home, the card reminding him that Christmas was fast approaching.

Josh remarked to his mum that he didn't know who Arthur was either but, as the card had been addressed to him, he would stand it on the little Victorian fireplace in his room. It would look at home there.

Later, as Josh lay in his bed, when the house was quiet and still, light from the streetlamp outside his window filtered through the curtains and seemed to bring the card to life, making it sparkle. It really was beautiful, he thought, and he was glad, however it had come to him, that it had. He turned over and closed his eyes, wondering how his life might have been had he lived in those times. It would surely have been tough but he decided all that snow would make up for the hardship! He smiled to himself and drifted off to sleep, his dreams full of swirling snow and gaily coloured parcels falling down through the blizzard then bursting open to reveal each child's most wished for present. Josh looked up eagerly, scanning the star-studded sky, waiting for his parcel to arrive but just as he raised his arms to catch it, his alarm clock went off and morning came around, as it always seemed to, much too quickly for Josh's liking. Disappointed at not knowing what his 'dreamt-for gift' might have been, he crawled out of bed reluctantly and headed for the bathroom and a cursory wash before throwing on his school uniform haphazardly and grabbing his books. He glanced towards the card on the mantelpiece and felt puzzled though he wasn't quite sure why. His mum's shout up the stairs that any 'unexploded' underpants in his room needed to get to the washing basket, and he was going to be late for school if he didn't get a move on, stopped any further thoughts about it and he was soon running through the school gates with only minutes to spare.

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Chapter 2 A Feline Felon

Arthur crouched in the shadow of the hansom cab and waited. He'd been keeping an eye on the butcher's shop for over an hour and he was getting stiff with cold from the snow which was still falling and didn't look likely to stop any time soon. His stomach rumbled which focused his mind on the job in hand. He couldn't remember the last time he and his mother had eaten meat. He wasn't sure he could even recall what it tasted like but he was more than willing to re-acquaint himself with the experience.

A group of people entered the shop; it was now or never, while the butcher was distracted. Arthur hoped the cab driver was still snoozing or he was likely to be seen and that would be disastrous. He knew what would happen to him if he was caught thieving and that would finish his mother off for sure. He crept out from the shadows and, keeping as low as his stiff limbs would allow, inched towards the shop, hardly daring to breathe. A long string of plump sausages hung down temptingly from a hook by the door. If he didn't risk more than a couple he might be able to cut them off below the level of the window without being seen. His heart thumping wildly, he reached the front of the shop, slipped the old broken knife from its hiding place in his boot and slowly, ever so slowly, raised his arms towards the prize sausages... An ear splitting screech nearly made him fall into the gutter and then all hell broke loose. Arthur thought, 'This is it, I've had it now', and prepared to make a quick escape but it seemed the butcher's anger was being directed at another thief, in the shape of a ginger tabby cat which flashed past Arthur with a pork chop clamped firmly in its teeth, curving its face into what Arthur thought was a rather manic but satisfied grin. The butcher gave chase but his corpulent figure, encased in a striped bloody apron, wheezing from unusual exertion and attempting to keep upright on the slippery treacherous pavement, was no match for a determined hungry moggy diving down the nearest narrow alley to be lost in the myriad twists and turns of the old town, with its hard won prize intact. Arthur laughed to himself and then realised his opportunity and grabbed half the string of sausages (some other needy soul could have the rest) and a small slab of beef dripping for good measure and hared off in the opposite direction. Now if he could locate some bread, he and Mother would eat royally tonight.

Arriving home, breathless, with his feast (which included a little cob loaf courtesy of a baker's boy who was careless with his footing, causing his laden tray to bounce, neatly ejecting said loaf into the path of Arthur who just happened to be passing, wondering how he was going to acquire the necessary bread for his imagined banquet), Arthur was somehow not at all surprised to see the little ginger tabby cat sitting rather primly by his front door with a look on its face which implied 'What took you so

long?' Arthur had the distinct feeling that his acquired good luck this evening was all down to the cat so he bent down and stroked it fondly, all the while marvelling at how fit and well the animal seemed in these lean times, though having seen his prowess as a feline felon perhaps it wasn't so strange after all. The cat responded by rubbing eagerly around Arthur's legs, purring as he did so and then returned to his sentinel post by the door.

Opening the low door, Arthur crossed over the well worn step, which had felt many thousands of feet over the years, judging by the deep impression in the middle, and stepped into a dim little room with a low ceiling, lit only by a tiny stump of candle (which was almost extinguished by the sharp draught caused by the entry of Arthur) and a solitary piece of coal in the grate feebly trying to be a real fire but failing miserably in the attempt. 'We'll have to risk another lump of coal Mother,' said Arthur, 'That is if we're going to cook these sausages properly!' Arthur's mother turned to face her only surviving son and, smiling, said 'Now don't tease, Arty, I've told you it's not kind.' 'I'm not teasing, look!' With a flourish, the little feast was laid before his mother on the scrubbed wooden table in the centre of the room. 'Bless my soul, Arty!' exclaimed his mother, 'I hope the peelers aren't on your heels.' Arthur knew that his mother was terrified of him being caught stealing food, which would certainly land him in prison if not worse, but without these little extras they would surely have starved by now. He quickly assured her that he had been very careful and, of course, if she really didn't feel she could eat stolen goods then it was a shame but he would have to eat it all himself. This soon brought Mrs Cheadle round and she coaxed the fire to great efforts with the addition of not one but two small lumps of coal until cheerful flames were dancing in the grate. When they had died down and the coals were glowing hot, the splendid sausages were cooked and thoroughly polished off with bread and dripping, to the great satisfaction of them both. Mrs Cheadle declared that it was the finest meal she'd ever had and certainly as grand as anything they might serve at the big house where she worked in the kitchens.

She surveyed the face of her young son and thought, not for the first time, how much he was like his father, the same dimples when he smiled and a cheeky twinkle in his eyes. She missed John and still expected him to walk through the door even though he had died three years before. Her sigh caused Arthur to come round from his dozing, induced by the pleasant feeling of an unusually full stomach and the remains of the warmth from the now dying fire, and he recounted to his mother his adventures of the evening and the no small part played by the little cat. His mother, ever soft-hearted, went to the door and there, sure enough, sat Arthur's partner in crime, now dusted with fresh falling snow but making no attempt, seemingly, to find itself a warm lodging in which to pass the bitter night. She looked at the little face, which steadily returned her gaze, and feeling a

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sudden warmth which belied the freezing temperature outside, she opened the door a little further and tipped her head to one side as if to say 'Well, what are you waiting for?' The cat stretched, shaking off its blanket of snow; each snowflake, it seemed to Mary, sparkling very brightly before falling to join its fellows on the ground. With one last flick of its tail the cat slinked around Mary's legs and into the tiny parlour, making straight for Arthur's warm lap where it curled up and went to sleep. Inexplicably, the room seemed brighter and warmer than before. Arthur and his mother looked at each other and smiled. Again, as in the past, they would be three together on Christmas Day.

Chapter 3 The Secret of the Card

'Joshua Davey!' Mr Tilson's sharp voice bounced over the heads of the other children in Josh's geography class. 'Are you with us?' A chorus of 'No, sir, he's away with the...' was cut short by a glare from Mr Tilson. Josh pulled himself back to considering the effect cutting down rainforests was having on global warming. He'd better be careful, that was the third time he'd been caught daydreaming. If he didn't watch out he'd be getting after school detention and he didn't want that, he was desperate to get home today. All through the day, he'd been thinking about the Christmas card and what had so puzzled him when he'd looked at it bleary-eyed early that morning. It had changed overnight, he was sure, and that was impossible - wasn't it?

When the bell finally rang at 3.15, after what seemed to Josh to be the longest school day ever, he streaked out of the school gates, just pausing long enough to shout 'See you tomorrow' to his best mate, Tommy Boyd. He ran all the way home, having enough time to consider that if he'd moved this quickly in the school sports he'd have probably won the sprint for his house instead of trailing in a miserable fifth out of six.

He crashed through the gate of Number 11 and flew up the path, nearly tripping over Toby, who had heard him coming and rushed round from the side of the house to greet him in his usual fashion, which comprised leaping up, licking, barking, and licking again in a state of high excitement. This was another of Mum's moans, the state of his clothes after he'd been 'Tobied' but, no matter how hard they tried to calm him down, Toby just couldn't curtail his obvious joy at being reunited with Josh and, secretly, Josh really liked the fuss but today he had other things on his mind. 'Get down Toby!' he snapped uncharacteristically, and Toby, obviously mortified by the harsh tone in his idolized master's voice, promptly sat down and looked so hurt that Josh felt awful and immediately fussed him and promised something extra for his tea. Toby, never a dog to bear a grudge, straightway jumped up on his paws and looked eagerly at Josh as if to say 'Well, that's sorted, now let's play!' Josh grinned but said in a softer tone, 'Not now, Tobe, we'll play later, there's something I need to do.' Taking the dog into the house, he settled him in his basket with difficulty, dropped his school bag in the hall and dashed upstairs to his room, throwing 'Hi Mum, I'm home!' towards the kitchen where he could hear his mum considering what she might burn for tea. 'Hello love, good day?' came the response, to which Josh replied 'Okay' and headed for his room, closing the door carefully behind him. There it was, just as he'd left it, the Christmas card.

Josh didn't know why but he felt nervous as he sat on his bed holding the card. He was finding it hard to look at it, not sure if he wanted to be proved right or not. He glanced quickly at the winter scene and then away again towards his games console, wondering whether he should play *Titans of the Deep* or *Lords of the Planet Arcadia*. This was becoming ridiculous, it was only a Christmas card for heaven's sake! What was he afraid of? He took a deep breath, muttering to himself, 'Okay, Josh, you're probably just imagining things, so here goes.' Now looking fully at the card, Josh studied the scene intently. No, he was not wrong, the picture had definitely changed. People had moved; different children were admiring toys in the shop window, others emerging from the little church in the distance, where light spilled out from the porch and through the stained glass windows, creating spectacular jewelled patterns on the fresh snow. Before, when he had first looked at the card, the people had been going *into* the church, now they were coming *out*. The people in the carriage alighting onto the square were not the same people and the little cat Josh had noticed by the butcher's shop was now looking not at the prospect of a meal but out of the card, at him, as it walked off towards a side street that led, Josh assumed, into the rest of the town he imagined lay beyond the confines of the card. A sudden thought that it was a different card, his mum having been, unusually, dusting, was quickly dispelled when he opened it and saw the familiar careful handwriting inside. 'Perhaps it's just a really good holographic picture,' he mused and returned his attention to the front of the card - when any doubts he had vanished. The cat, which had appeared to be walking along the path, promptly sat down facing him and miaowed quite loudly. Josh jumped, dropping the card in surprise and not a little fear. He considered calling his mother but a crash and some choice words from the kitchen below caused him to think this might not be a good moment to tell her that her son was seeing things or losing his marbles, or both, so instead he looked at the card and said in a voice stronger than his insides felt, 'Right, whatever you're trying to tell me, I'm listening.' He waited. Nothing happened. It was the cat, he thought, that seemed to be trying to catch his attention, so if he concentrated on that... again nothing. He rather fearfully put out his hand and gently stroked the little animal - and his bedroom dissolved around him. He was falling into a black tunnel with no time to scream...

Nancy E Robinson

(To be continued...)



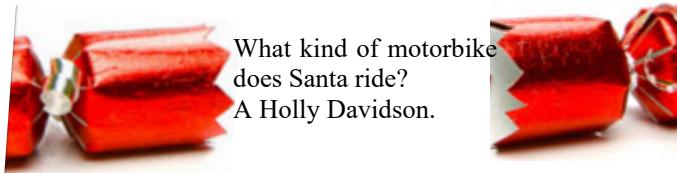
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Bereavement at Christmas

What a year this has been, full of uncertainties and, as we approach Christmas, we have another uncertainty to worry about; how are we going manage over Christmas, where are we going to spend Christmas, who with and how many of us can get together to celebrate? Christmas is always a difficult time when you have lost a loved one, but I think this year whether you are recently bereaved or some time ago, it is going to be even more difficult due to Covid 19, whether your loved one died of the virus or of other illnesses. This is going to be my first Christmas without my husband, and as both my husband and father were clergymen it meant that Christmas has always revolved around church, and all the family traditions that we had. For me Christmas is going to be harder than any of the other anniversaries, and I am sure that will be the same for some of you. As I don't know how I'm going feel at this time, the advice that I'm going to give is only what I have researched and read about, so it is not what I have experienced.

Allow yourself to feel: Make time within the hustle and bustle of Christmas to express your feelings of grief; don't be afraid to talk about your loved one when you're with friends and family. Many people find it hard to talk about the person who has died because they are afraid that it will upset you; in fact it is more upsetting not to be able to talk about them. You, your family and friends will have memories to share. If you ignore these feelings, you may try to replace them with distraction activities such as comfort eating or drinking which will only make you feel worse.



What kind of motorbike does Santa ride?
A Holly Davidson.

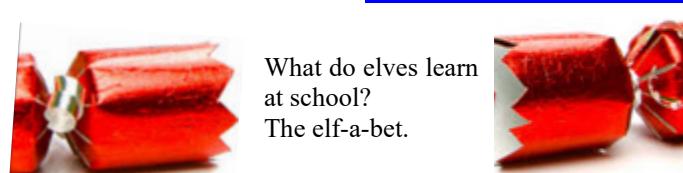
Shop and Share: A frequent sadness is not being able to buy a present for your loved one. Try shopping for them and then donate what you buy to a charity that you know that they supported. Also, I was advised by a friend to make sure that I buy a present for myself, which I fully intend to do.

Look after yourself: Be gentle and kind to yourself; if you don't feel like doing Christmassy things then don't; if you don't want to send Christmas cards then don't. As I have said before there is no right or wrong to grief, just do what you feel is right for you. Take pleasure in the simple things, such as going out for a walk, phoning a special friend.

Light a Candle: Light a memorial candle to remember your loved one and place it in a window or on your table when you have your Christmas meal. Remember that, although physically they are not with you, they are still very much a part of you. If you would like to light a candle in church then the church is open for private prayer every Wednesday morning, from 10 – 12 o'clock and Saturday afternoon from 2 - 4 o'clock. On Saturday 12th December I shall be there with a member of the bereavement team so if anyone wants to come and have a chat with us you are very welcome. We will also have a prayer tree in church, where you can write the name of the person you are remembering and hang it on the tree

I hope that you will find some of this helpful and that you can find some Christmas spirit; take care, and keep safe.

Sue Spencer
suespencer1953@gmail.com



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HUNSTANTON TOWN COUNCIL

Thank you from the Mayor of Hunstanton

The coronavirus has dramatically changed our lives and we all owe a huge debt of gratitude to those key workers in our community who are selflessly ensuring that vital services are maintained. The professions, trades, police, food retail, delivery personnel and charities to mention but a few, all have my admiration and eternal gratitude.

These people do, of course, include the magnificent staff within the NHS, an institution which we must treasure and protect, who are currently working at great risk to themselves. In this crisis we can clearly see the importance of our NHS and how vital it is for it to be fully funded, fully staffed, properly equipped and remain free at the point of entry for everyone. We must continue to heed the medical and scientific advice for the sake of NHS staff and in order not to endanger the health of others, or indeed ourselves.

During this challenging time, with daily changes to the situation, I urge all residents to be mindful of your elderly or vulnerable neighbours. Perhaps you could offer to collect their shopping or prescriptions? This confusing and perhaps frightening time will see some people, particularly in isolation, feeling lonely. Perhaps you could consider passing those people your contact number, spend some time chatting to them on the phone, and a regular call to make sure they are still well.

Maybe you are a parent / carer of a baby or toddler and would like to ‘virtually’ socialise with others alike. ‘Little Lights’ toddler group are there to welcome and support during the precious early years of family life. Rev. Sam and Suzie work hard in the community and are happy to offer help to anyone who may be struggling at this time. They can be contacted on

07814 629232, by emailing goodhopecommunities@gmail.com and on Facebook www.facebook.com/LittleLightsHunstanton

If you are feeling lonely or isolated ‘Hunstanton Friends’ welcome you to join their Friday morning ‘virtual’ meetings. Contact Hilary on 01485 533631 or Dawn on 01485 779746 for further details.

If you would like someone to talk to during this difficult time, or in fact at any time if you have a concern or worry, the Clerk can arrange for a Councillor to call you back.

Whilst the Council office has been closed to the public since Thursday 5th November until Wednesday 2nd December, the Clerk will be working normal hours and can be contacted on 01485 532402 or by emailing clerk@hunstantontowncouncil.gov.uk

Finally, on behalf of myself, the Deputy Mayor Cllr Adrian Winnington and your Town Councillors, we would like to thank the people of Hunstanton and surrounding areas for adhering to social distancing measures and to those who are volunteering to help those in the community who are vulnerable or housebound.

Hunstanton Town Mayor Cllr Tony Bishopp

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Norfolk Coast Partnership Small Grant Fund

Small changes can make a big difference and we would like to support your projects through our recently-launched small grant fund.

The cash from sales of posters, greetings cards, cycle maps and a book of poetry and pictures from local people, is already being ploughed back into taking care of the area of outstanding natural beauty through the fund.

Grants of between £500-£3,000 are now available for local, community projects which bring environmental, economic, social or educational benefits to the Norfolk Coast and its communities. Projects encouraging people of differing ethnicities, age groups and accessibility needs to experience and enjoy the area, are particularly welcomed. The funding has already enabled installation of a boardwalk at Natural Surroundings in Bayfield, nr Holt, which improves the site for visitors by reinstating all weather access to the River Glaven and the riverbank hide and making the path through the wet woodland a lot easier and safer to use.

We are grateful to all those who have purchased our products, and the shops and outlets that have stocked them. The profits are all being spent on restoring and protecting the coast we look after and now we've built up sufficient funds, we're keen to hear ideas for how the money can be spent. Do get in touch with us if you think of a project you could take forward. For further information or to discuss project ideas please contact the fund facilitator Helen Timson - helen.timson@norfolk.gov.uk or telephone: 01328 850541.

Examples of suitable projects might be schools looking to enhance their outdoor learning area for wildlife, sensory needs or vegetable growing; care homes wishing to incorporate wildlife areas into their grounds for residents to enjoy; parish biodiversity projects or schemes facilitating non-motorised transport for visitors/locals.

Our merchandise range includes 'Walk with Me', a book of community photographers and poems, a poster and card featuring a specially commissioned Robert Gillmor linocut and the Norfolk Coast Cycleway leaflet which offers a route close to the Norfolk coast exploring its beautiful villages and quieter lanes. These items are for sale in local shops around the area and from our online shop at www.norfolkcoastaonb.org.uk/shop/

Catherine Leigh
Assistant Project Adviser
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**HUNSTANTON
TOWN COUNCIL**

The Mayor of Hunstanton Cllr Tony Bishopp and the Town Council would like to express their thanks and gratitude to all of the emergency services and volunteers involved in the search for the missing windsurfer off Hunstanton Beach at the weekend (14/15 November).

We are rightly proud of all those that give of their time in these difficult situations often at great risk to their own safety.

Our thoughts are with the family and friends of the missing person and we pray for a positive outcome.

* * * *

NB: Sadly, the windsurfer has not been found. The search was called off on Monday afternoon, 16 November. **THN**

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Hunstanton's Mayor's Christmas Gift Appeal 2020

Are you looking forward to Christmas?

For some people this year will be especially difficult due to the Covid-19 pandemic and Hunstanton's Mayor, Cllr Tony Bishopp, has a great idea how to help those less fortunate by launching "The Mayor's Christmas Gift Appeal".

The Gift Appeal is an opportunity for you to share your generosity with families in need by adding an extra present, or two, to your Christmas shopping list for someone less fortunate, and thereby giving someone a smile with a small gift for any age or gender.

The Mayor of Hunstanton Cllr Tony Bishopp stated; "Thank you all in advance for your kind support this coming Christmas by donating to the Christmas Gift Appeal. Donating a present is a wonderful gift to give and will help to put smiles back to the faces of those less fortunate in our town. Working alongside St Edmunds Church, the Food Bank, local Community Groups, Charities and Care Homes, our voluntary elves will sort and distribute your gifts. It's very important that all donated gifts are new and packaged. Our voluntary elves need to know what each gift is so they know who will enjoy it the most this Christmas, so please don't donate pre-wrapped presents. Once donated, all gifts will be quarantined by our teams for a COVID-19 safe period".

Gifts are required for all; Birth - 5 years, Primary 6-8 years, Primary 9-11 years (boys and girls in all age groups), Secondary 12-16 years (Male/Female), Women's (Mums) & Men's (Dads), Elderly and Homeless.

Here are some ideas of what might be suitable to donate...
Dolls, teddies, toy trucks and cars, skipping ropes, small puzzles and games, dressing up or role play items.

Art and craft sets, painting sets, pens, pencils, coloured pencils, felt pens or crayons, stamping set with ink pads, notebooks & paper, calculators, colouring and picture books.

Hygiene items are also welcome ...

Toothbrushes, toothpaste, soaps, bubble bath, shower gels, shampoo and conditioner, bath fizzer, flannels, brushes, combs and hair accessories. Other gift items that would be welcome include ...
Hats, gloves, scarves, socks, jewellery, nail polishes, cosmetics, cups, books, candles, wrapped sweets and chocolate, manicure sets etc.

Please note that items we are unable to take due to allergies are sweets or confectionery items that contain nuts, balloons and loom bands.

Drop off locations are inside the Turret Door at the Town Hall, inside the Hunstanton Community Centre, The Heacham and District Community Car Scheme Office based at the Community Centre, as well as local participating shops and churches – just look for the marked collection boxes.

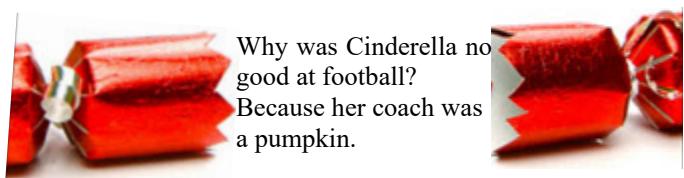
If you work with families or children who would benefit, please get in touch as we would like to reach as many as possible. If you know of any resident who would benefit from a gift or would like further information please contact the Town Clerk by email at clerk@hunstantontowncouncil.gov.uk or call 01485 532402.

It need not cost a fortune, but it could help make someone's day!

Covid Precautions; This Christmas will be like no other before, due to the coronavirus pandemic. We ask all members of the public wishing to donate that if you have had any of the signs or symptoms listed below in the last 14 days, then please be mindful and protect your local community by not donating at any of our drop-off points.

- Have you or anyone in your household had a temperature in the last 14 days?
- Have you or anyone in your household had a continuous cough in the last 14 days?
- Have you or anyone in your household experienced any loss or change in their sense of smell or taste in the last 14 days?
- If you or any of your family members have had contact with anyone with the above signs and symptoms of Covid-19.

The closing date for drop-off points this year is Friday 11th December 2020.



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Hunstanton's Mayor's Christmas Gift Appeal 2020

Donations come in to 'Mayor's Christmas Gift Appeal'

"This year has certainly tested us all and we all find ourselves having to change and adapt to these unprecedented times.

So many of us now find ourselves in unknown territory. Many individual circumstances have changed and in these unprecedented COVID-19 times, more local families and older members of our community need our support and a helping hand to help make their Christmas festive.

The Mayor's Christmas Gift Appeal 2020 began by asking for donations of new, unwrapped gifts, suitable for all ages from newborn to the elderly, to be distributed to local residents. However, due to the Coronavirus 2nd lockdown, residents raised concerns about shopping for that 'extra' present and suggested they would prefer to make cash donations. A 'GoFundMe' page has now also been set up for those who would prefer to donate financially <https://www.gofundme.com/f/mayors-christmas-appeal> This will allow us to either purchase gifts and toys or to offer financial assistance to local community groups etc.

I am delighted in how the appeal has been received and pleased to announce it has been started off by a generous donation of £250 from local Estate Agents Rounce and Evans."

Director Luke Loades said "Our heart is very much in the town and anything we can do to help support all the hard work you all do is a pleasure. With the current climate, things are hard for everyone but we have always been supported by the local community so if we can give back, we will always try".

A second donation of £250 to the fund quickly followed from a Councillor within Hunstanton Town Council who wishes to remain anonymous.

Gift donations have come in and the appeal has even reached as far as Derbyshire, where there are knitters busy knitting hats for children and adults.

It is fantastic to see people all pulling together to help others during these uncertain times.

The Mayor's Christmas Gift Appeal has been set up to support people who need a little extra help, to those in receipt of free school meals or have a reduced income due to redundancy or loss of employed hours.

If you are in need of assistance this Christmas or you know someone who is, then please have a chat with our Town Clerk Jan Roomes on 01485 532402. My assurance is given that your call and contact details will always remain confidential.

If you are a community group working alongside vulnerable or less fortunate residents of Hunstanton, please also call Jan. We may be able to help you too during the festive season.

Cllr. Tony Bishop
Mayor of Hunstanton

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HUNSTANTON MAYOR'S CHRISTMAS DONATION APPEAL
This Christmas Season share your generosity with 'Families in Need'
and give someone a smile by either donating a gift (gifts wanted for all - children, adults, elderly, carers, homeless etc.) or by cash donations to 'The Mayors Christmas Donation Appeal 2020' Go Fund Me Account by going to <https://www.gofundme.com/f/mayors-christmas-appeal>

LOCKDOWN UPDATE
In line with the current Government lockdown rules, Hunstanton Community Centre and the Town Hall are currently closed to the public. Gift donations are desperately needed and can be collected by arrangement.
Contact: clerk@hunstantontowncouncil.gov.uk Tel 01485 532402
Hunstanton Town Council in conjunction with St Edmunds Church



Hunstanton Community Choir

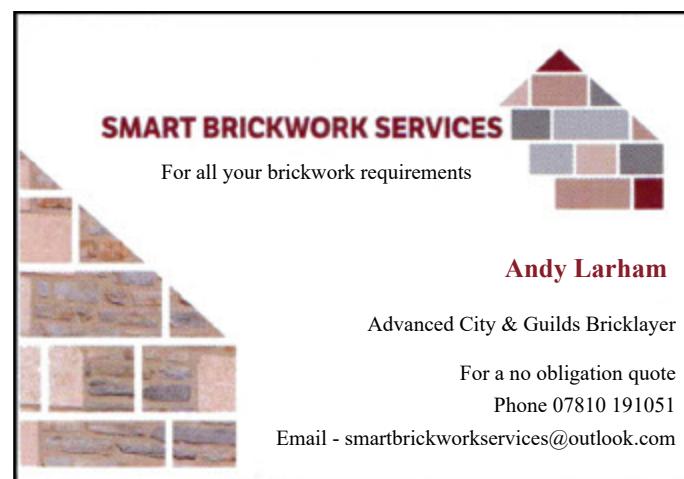
Our very sociable weekly rehearsals ground to a halt in March, as lockdown started. Never a good thing for a choir which was looking forward to rehearsing and performing at our 10th anniversary concert and ultimately our Christmas Carol sing-a-long. It is regrettable that these lovely events have been cancelled.

However, all is not lost. We are continuing to work behind the scenes and there is a very strong desire to return to singing and performing as soon as we can. Rest assured we will be back, stronger than ever next year, when we can once again contribute to the community while continuing to support local charities with the funds we raise.

We anticipate being in the hands of a new Musical Director and will welcome new members. Singing with us is great fun, sociable and you do not have to be able to read music to join us. Please keep an eye on Town and Around, both the Newsletter and the web page: <https://townandaround.net/> and on our website <https://hunstantonchoir.co.uk> We are also listed on <http://asklily.org.uk/westnorfolk>

Information will also appear on the Facebook pages for Hunstanton Area and Heacham Area, so do look out for these.

Lesley Trebbick
Chairman



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Classical Music Rocks

Dedicated to bringing classical music to children in West Norfolk. Run by volunteers with no administration costs. Supported by private donors, West Norfolk Music Centre, the Norfolk Music Hub and the Prince of Wales Charitable Trust. Patrons: Louis de Bernieres and Lord Bellingham.

Princess Theatre, Hunstanton

Classical Music Rocks Chamber Concert Festival 2021 Sundays at 2.00pm

(A covid safe venue, with social distancing. Face masks required)

In February 2021 - CMR will be launching an exciting series of chamber concerts involving 8 of our talented musicians.

We are very pleased that Brian Hallard and the Princess Theatre are helping us to mount this series which should be of great interest to a public starved of live music. Concerts will be for an hour, without an interval. Tickets are on sale now, on-line from the Princess Theatre Box Office.

£10.00 for adults, under 18s £5.00

For details of our musicians and Classical Music Rocks please look at our website.

1. 7th February: Klio Blonz – flute and Shelley Levy - Clarinet

Klio and Shelley are delighted to present a playful dialogue between the two instruments, with works by Mozart, Rutter, Beethoven and Villa Lobos, creating a world of rich colours and unique harmonies.

2. 14th February: Siobhain O'Higgins - piano

Siobhain's programme will feature the music of Rachmaninov, Schubert, Brahms and Gershwin. It will introduce the theme of Nature through music such as Debussy's "Clair de Lune". This could provide a gentle escape from all thought of pandemics.

3. 21st February: Anthony Flaum - tenor

Uplifting music with classics from Puccini, Verdi, Bizet and much loved Neapolitan favourites including *La donna e mobile* and *O sole mio*. A concert to lift the lockdown soul!

4. 7th March: Rebecca Hepplewhite - cello

Performs internationally as soloist and as a chamber musician. Has appeared at the Wigmore Hall. Her programme will include: Bach Cello Suite no 4 in E Flat Major BWV 1010 and Britten Cello Suite no 1 op 72.

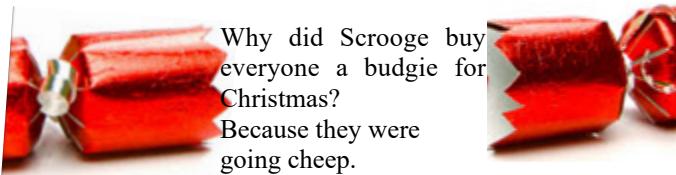
5. 14th March: Johan Lofving - classical guitar and theorbo

Georgian London was a cosmopolitan paradise for lucky artistes and the young Swedish musician - Johan Helmich Roman, was no exception. Join us for a musical feast from the elegant theatres and coffee houses of that era.

6. 21st March: Kamila Bydlowska – violin and Siobhain O'Higgins - piano

An exciting programme including Vivaldi and Tango Music.

Details of programmes to be issued shortly.



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WHAT'S ON IN DECEMBER

ALL SUBJECT TO GOVERNMENT GUIDELINES

We know how important it is for our members and staff to be in a safe and clean environment. We are working hard to ensure you have the same great club experience, with just a few extra measures to keep you, your friends and family and our staff safe.

We ask that you do your bit and respect our staff and any requests they have. It's all with your safety in mind.

We are keeping to Government guidelines which are constantly changing, social distancing 1metre, hand sanitisers always available, limiting numbers. **Inside the club will be seating only.**

Please keep checking for notices in the club, on our website page and our Facebook page for any further update for any changes. Closing times can vary depending on circumstances.

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Fried whitebait with tartar sauce £4.95

Farmhouse ham with free range eggs and chips £7.50

Butchers sausages with homemade mash potatoes and onion gravy £7.50

Wholetail scampi with chips and garden peas £7.95

Chicken with chickpeas, ginger, peppers, chilli, coconut and basmati rice £7.95

Steak baguette with chips and salad £5.95

Homemade chilli con carne with bowl of rice £7.50

8 oz rump steak with mixed salad and chips £9.95

Spiced chicken wings with chips £6.95

Baked whole Camembert with toasted baguette to share £4.95

Pan fried halloumi cheese with grilled red pepper, courgette and mixed leaf salad £7.95

DAILY SPECIALS: SEE BOARD IN CLUB ... CHILDREN'S

MENU AVAILABLE

CHILDREN'S PLAY AREA

ALL WELCOME TO OUR ACTIVITIES & FUNCTIONS

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WEST NORFOLK LIBRARIES HUNSTANTON LIBRARY

December 2020

Libraries update

Whilst Libraries are closed:

- You can continue to reserve items online ready for when libraries re-open
- You can still take part in online activities and borrow a range of eBooks and eMagazines
- You won't be charged any overdue charges for the period that libraries are closed
- You will NOT need to renew the items you have borrowed as your loans will be automatically renewed.

Please pass this information to your friends and family. Book-drop boxes are still available at all libraries for you to return any books securely. Please note items returned in this way will not be cleared from your account whilst libraries are closed.

If you'd like to stay up to date with all the latest news from Norfolk libraries please visit our

What's On in Norfolk Libraries webpage or follow us on our Facebook, Twitter and Instagram.

We hope that you are keeping safe and well. Reading remains a great way to relax and we look forward to welcoming you back to Norfolk's libraries as soon as we can. Thank you for your on-going support.

Just a Cuppa Online

While our libraries are closed, we're bringing back our Just a cuppa chats on Zoom. Sessions started on 11th November and are on every weekday at 10.30am. To take part, please email libraries.iconnect@norfolk.gov.uk stating which day you'd like to join and you'll be sent your personal invite.

Online Book Club

We're giving you plenty of notice! On Wednesday 30th December we will be discussing 'Little Women' by Louisa M Alcott.

The classic story of the March family, 'Little Women' has been adored for generations. The novel follows the lives of four sisters-tomboyish Jo, beautiful Meg, fragile Beth, and romantic Amy, as they come of age while their father is fighting in the American Civil War. Since 1868, readers have rooted for Laurie in his pursuit of Jo's hand, cried over the family's tragedy, and dreamed of travelling through Europe with old Aunt March and Amy.

The book is available to borrow from Norfolk Libraries as both an eBook and eAudio.

To join the online discussion, simply download or borrow a copy of the book, and then email libraries.iconnect@norfolk.gov.uk

We'll send you a link to the Zoom meeting a week before the event.

What's on for children and families

There's lots available for children and families online. Did you know we have a special eBook catalogue for children? With curated collections of books, audio and all our newest content, there's lots to choose from that can be downloaded for free. If you've not used this before and need some help to get started, you can email us at libraries.iconnect@norfolk.gov.uk

Our favourite eBook for children this month is the wonderful "London Eye Mystery" by Siobhan Dowd - a great adventure for older readers.

If you're looking for picture books for younger children, have a look at the lovely "Stanley" series. Stanley is a hamster who gets up to all sorts of exploits, including driving a train and opening a café!

There's also a dedicated Facebook page for families in Norfolk. This is where you'll find all our activities, including our weekly bounce and rhyme times, story times and Lego clubs. You'll also find all our events including author visits, coding clubs and writing clubs, as well as social groups for new and expectant parents. Pop along and say hello, we're happy to help with any queries you might have about reading with your children or book recommendations.

Libraries for young people

Our first "Young Reading Friends" group started on Tuesday 10th November at 4.30pm. It's an informal group, on Zoom, for young people aged 13-16, to chat about books and reading with others. A great place to swap recommendations and ideas. If you'd like to book a place, please email libraries.iconnect@norfolk.gov.uk with 'YRF' in the subject line.

Our eBook library has a young adult catalogue where you can again find curated collections and recommendations, as well as our Manga and Graphic Novel collections available for download.

Email: libraries@norfolk.gov.uk



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DATES & DEADLINES! Have you filed your 2020 Tax Return Yet?

Supplied by Kathryn Gigg,
Chartered Accountants, Hunstanton

30 December 2020 - INCOME TAX:

Deadline for online submission of self assessment tax returns for tax year ended 5 April 2020 for HMRC to collect tax through PAYE codes where taxpayers owes less than £3,000.

31 December 2020 - ANNUAL INVESTMENT ALLOWANCE:

Last day that the AIA remains at £1m before reverting to £200,000. Businesses with accounting periods spanning the reduction need to be aware of the transitional rules.

1 January 2021 - VAT AND CUSTOMS DUTY:

New regimes come into force following the end of the EU exit transition period, such as:

- The ability to use postponed accounting instead of paying import VAT;
- The regime for imports under £135;
- Imports and exports between the UK and EU (instead of acquisitions and dispatches);
- Change of VAT liability and place of supply for some supplies of services to EU consumers.

VAT: Zero rating of women's sanitary products comes into force.

31 January 2021 - INCOME TAX: SELF ASSESSMENT FILING AND PAYMENT DEADLINE:

Filing deadline for 2019/20 personal, partnership and trust returns filed online, or for paper returns which cannot be filed online (e.g. if you work for the Royal Estate).

Those who did not file their paper return by 31 October 2020 will incur £10 daily penalties if they do not file electronically by today. File electronically to avoid a penalty.

N.B: At present the Government have not announced any extension to these filing deadlines as a result of the pandemic.

Please telephone us if you require any assistance with filing your 2020 Tax Return. At this late stage, we cannot guarantee that it will be filed ahead of the submission deadline, but our advice may be invaluable in ensuring that you make constructive progress in bringing your tax affairs up to date. Please contact us on 01485 534800 or email kate@kathryngigg.co.uk

ITSA: Deadline for online submission of self assessment tax returns for tax year ended 5 April 2020.

ITSA: Deadline for paying self assessment deferred second payments on account and 'balancing payments' for tax year ended 5 April 2020, and the first self assessment payment on account for tax year ended 5 April 2021. Self assessment taxpayers unable to pay these amounts can agree a payment plan over an additional 12 months with HMRC.

Deadline to pay Class 2 NIC for 2019/20.

Deadline to amend a 2018/19 tax return.

Deadline to file an outstanding 2018/19 tax return to avoid a tax geared penalty.

Deadline to file an outstanding 2017/18 return to displace a determination.

Deadline to notify liability to Class 2 NICs where your self employment began in 2019/20 tax year, to avoid a penalty.

CLAIMS & ELECTIONS: 31 January 2021 is the deadline for numerous self assessment claims and elections for 2014/15 to 2019/20. Please contact us to discuss if you require advice in this regard e.g. Loss Relief Claim.

CORPORATION TAX: returns for accounting periods ended 31 January 2020 should be filed with HMRC by today.

GIFT AID: individuals should make a claim to backdate gift aid donations by today, in certain circumstances to benefit from a higher rate of tax relief.

TAX CREDITS: last day to renew tax credits for 2020/21 (if the 31 July 2020 deadline was missed and the claimant can show good cause) or to provide final income figures for 2019/20 (if renewal was done by 31 July 2020 using an estimate).

TRUSTS: deadline for registering on HMRC's Trust Registration Service if:-

- A trust has been liable for income tax or capital gains tax (CGT) before, and it was liable for these taxes again in 2019/20; or
- If a trust was liable to inheritance tax (IHT), stamp duty land tax (SDLT), stamp duty reserve tax (SDRT) in 2019/20.

TRUSTS: deadline for updating the trust register where there was a notifiable change before 6 April 2020 and a tax consequence in any of the three years 2017/18 to 2019/20. Tax consequence includes income tax, CGT, IHT, SDLT and SDRT.

N.B: All information set out above current as at the date of drafting the article, 6 November 2020.

Mrs K H Gigg FCA

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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**HUNSTANTON
TOWN COUNCIL**

Be a Recycling Hero this Christmas with the Mayor's Poster Competition!

The Mayor of Hunstanton Cllr Tony Bishopp is delighted to be launching a Christmas themed Children's Recycling Poster Competition!

Children are being asked to design a Christmas themed recycling poster that encourages families within the town to recycle more over the festive season.

Ideas include drawing a Christmas scene or Santa Claus in his grotto, with the poster illustrating any items that should be recycled at this time of year.

Children can really get creative by drawing, painting or sticking items together to create a fantastic poster that emphasises the importance of recycling items such as plastic and cardboard packaging, wrapping paper, cards and real Christmas trees over the holiday period.

This competition will encourage children and their parents to think about waste, the environment and what items can be recycled at a time of year when the amount of landfilled waste usually increases. *"Recycling is so important, it turns old things into new things,"* stated Mayor Tony Bishopp.

The competition is open to all children who live in Hunstanton or attend a Primary or Secondary school within the Town. There are 3 age categories 0-6, 7-12 and 12-16. The winner from each age group will win a £25 National Book Token.

All entries will be put on display on the Hunstanton Town Council notice boards and on the windows of the Town Hall.

Entries submitted by post to: The Clerk, Hunstanton Town Council, Town Hall, The Green, Hunstanton, PE36 6BQ or by email to: clerk@hunstantontowncouncil.gov.uk by midnight, Monday 14th December 2020.

Good Luck!



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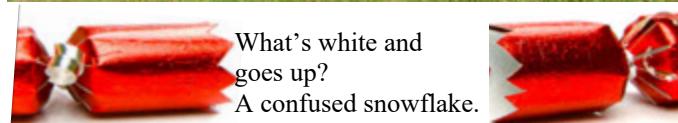
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CAPITAL GAINS TAX –

TIME TO ACT?

by Kathryn Gigg Chartered Accountants, Hunstanton

When the national debt exceeded annual gross domestic product by far this autumn, it became abundantly clear that eventually taxes will have to rise to restore some element of normality. This would probably not happen until there is at least an end to the pandemic in sight, and the tax strategy would probably involve clearing the deficit over a generation.

On 12 November two reports hit the headlines and the front page in many newspapers. The first from the Office for Tax Simplification (OTS) had been requested by the Chancellor. The other, from the Resolution Foundation (RF) had probably not.

The RF's proposal is for an additional levy of 4% on incomes over £12,500, offset by a 3% reduction in employees NIC to raise £40bn. There are also other elements to the package which did not hit the headlines, including increases to Council Tax and Corporation Tax, an extension of VAT and freezing or removing Income Tax reliefs. Whilst adding a 4% *levy* to Income Tax might just keep within the manifesto promise not to raise the *rates* of Income Tax, National Insurance and VAT, it would still represent a huge increase in taxation, particularly for pensioners who would not benefit from the NIC reduction. Given that the Chancellor will be keen to avoid anything which smacks of austerity, this is probably not a package he wants to adopt.

The OTS report concludes that there are several areas in which the regime is “counter-intuitive, creates odd incentives, or creates opportunities for tax avoidance”.

It goes on to outline 11 recommendations for the government to consider across four key areas: rates and boundaries with income tax; the annual exempt amount (AEA); capital transfers and business reliefs.

Specific suggestions include:

- Aligning capital gains tax rates with income tax rates or perhaps re-considering the boundary between the two regimes, such as when taxing retained earnings on the liquidation of a small owner-managed company;
- Reducing the level of the AEA;
- Removing the capital gains uplift on death in some circumstances;
- Scrapping investors relief; and
- Replacing business asset disposal relief with an alternative more focused on retirement.

There is also more to the report than the headline announcements. For example, its recommendations include the suggestion that if the government wanted to more closely align CGT and Income Tax then it would need to consider introducing a form of relief for inflationary gains and consider the interactions with the tax position of companies.

Neither report, however, really addresses the issue of how far CGT is a voluntary tax. As accountants, we know that many CGT questions raised by clients relate to the potential tax payable on a sale, and even at current tax rates, a large proportion of them go no further than that first question. Unlike Income Tax and Inheritance Tax, CGT becomes assessable at a time of the vendors choosing, and if the tax burden is felt to be too high the transaction is simply deferred or abandoned. It is by no means inconceivable that a policy designed to increase the revenue from CGT might have precisely the opposite effect, resulting in a tax paid only by the uninformed or those desperate to raise money at any cost.

Whilst neither of these reports is in any way binding on the Chancellor, he will no doubt consider them, and undoubtedly there remains a huge hole in the public finances which normal taxation will not fill. Long term changes to CGT have the advantage of being relatively painless at the outset but capable of gathering momentum over the years, and opinion in the professional press is that the tax free CGT uplift on death is particularly vulnerable.

What we can say with some certainty is that the CGT regime is unlikely to become more lenient in the foreseeable future, and if transactions in this field are planned, it would make sense to proceed with them sooner rather than later, but, as always, ensure you take professional advice before doing so. This is particularly important now, since transactions involving residential property may, since April 2020, require a Tax Return and payment of CGT within 30 days of completion.

If, having read through the information provided above, you require advice, **please contact either myself or my assistant Nicola Tarry FCA on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.**

Mrs K H Gigg FCA

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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“Wishing all our
clients and contacts
a Happy & Peaceful
Christmas
& a Healthy &
Prosperous
New Year”

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Stanhoe & Barwick WI Annual Report 2020- abridged

We began the year in good stead, as usual, with 29 members, a programme of varied speakers and a plan of visits, lunches and teas for the year. We held meetings in January, February and March, learning about acupuncture, Norfolk village signs and life in Bangladesh, the latter being an Open Meeting, to which we welcomed 29 visitors.

In March the global Coronavirus pandemic reached us and restrictions placed upon movement and gatherings meant that all our meetings from April for the rest of the year were cancelled, as were all outings.

Members kept in touch to check on one another's welfare, offering support wherever possible or, simply, a chat. In the main, we were forced to turn to the technology to keep information flowing, using email and Facebook, whilst also posting information to those members not online.

During March 2020, we learned of the death of member Chloe Dinwiddie. Formerly of Docking WI, Chloe was with us for several years, serving as Programme Secretary for some of this time.

In April 2020, member Frances Ulyatt commemorated 30 years with the WI; unfortunately, she has yet to be presented with her certificate.

To celebrate the 75th anniversary of VE Day in May, we invited members to enjoy an afternoon tea, in their own garden, and to send us photographs.

When restrictions began to ease from June onwards, the committee started meeting again, as a group of six and outside. The foremost consideration was how we could meet again as a whole WI, bearing in mind the guidelines issued by National WI and the government.

To help gauge the opinions and feelings, a questionnaire was composed and in August, committee members began to telephone members. The results showed that a large majority of the membership was happy to meet outside; a smaller majority was prepared to meet at a local venue for tea and half would consider meeting in the Reading Room.

As a result, on 1st September, we held our first get-together since March. Members were invited to a 'bring your own' coffee and cake (and chair) on the playing field in Stanhoe. Thirteen members came and two prospective new members. We sat in a circle, socially distanced, and enjoyed chatting to those we had not seen for months. It was a little chilly, but everyone relished the opportunity to meet after so long.

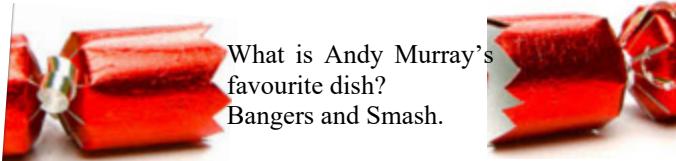
The committee then decided to restart meetings indoors from 1st October, having undertaken a risk assessment to ensure we could adhere to all guidelines. However, our plans were scuppered the very next day, when government rules for meetings tightened, resulting in confirmation from the National

WI that WI's would no longer be allowed to meet in groups of more than six, either indoors or outdoors.

With no other choice, the committee decided to plan regular get-togethers in groups of six. Tea was held in the garden of our secretary and afternoon tea was taken at a local tearoom. Further such meetings and walks were planned, but the beginning of November brought a second national lockdown, meaning we cannot meet before December, at the earliest.

We have made efforts to record this tumultuous year for our archive. Members have provided photos and comments of life during lockdown; amongst other things, we have recorded what we missed, what we didn't miss at all, things we had never done before and how we coped without family on special days.

After our successful centenary year in 2019, this year has been all the more disappointing. However, we end 2020 with plans to meet whenever we can and keeping in touch with one another when we can't. We even have one new member and more in the wings, awaiting better days, as do we all.



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LOCAL MAN - LOCAL RATES

Exhibition to support Women + Health Charity includes five local Artists

Five artists from the Hunstanton area have had paintings accepted for a fundraising exhibition to support the London charity 'Women + Health' which has been supporting isolated and vulnerable women, including those who are survivors of domestic violence and rape, for over 30 years.

Julie Clark, Sally Anne Fitter, Helga Joergens, Barbara King, and Pandora Mond are all taking part in what is now a virtual show and sale, after plans for a 'physical' exhibition at the Zabludowicz Collection in London had to be cancelled due to coronavirus restrictions.

The exhibition is co-curated by Cass Wedd, who is also an artist from Ringstead, and a long-standing trustee of Women + Health. Gemma Tighe, Director of Women + Health, said:

"I'm thrilled so many women artists have donated work to support our organisation, which like many small charities, has been hit hard by the financial challenges brought about by Covid-19. Each piece of art purchased helps a woman receive support from Women + Health."

The exhibition/sale of artworks from a total of 49 women artists can be viewed online until 25 December at <https://wla-exhibition.womenandhealth.org.uk/>

W + H Lockdown Art Exhibition - Norfolk Artists Paintings & Statements:-

Julie Clark

Halcyon, mixed media on paper.



'Halcyon' is an abstracted representation of the calmness, stillness and eerie peace of isolation."

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07891 901975**



Sally Anne Fitter
Alice's Flowers,
collage and acrylic
on canvas

"I am an artist by profession and, as the galleries closed over Lockdown I moved into working with Artist Support Pledge, a scheme on Instagram thought up by Mathew Burroughs at the start of Lockdown to help the artistic community survive. I also found time to experiment with new techniques and ideas."

Stephen Gibson



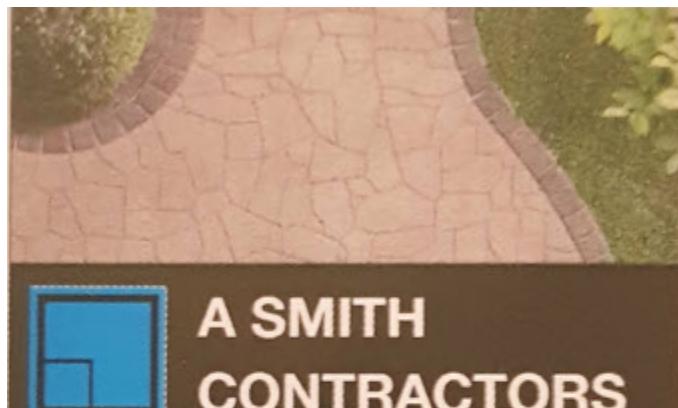
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Helga Joergens

Landscape, acrylic and gouache on paper



"I find consolation in nature, particularly in these dark times. Many of my works depict landscapes but they are imagined scenes. I start without a preconceived idea. (...) Despite the dark elements like clouds or rocks which seem to threaten the viewer, there is light that gives us hope. This light of hope is very important to me. Here, acrylic gouache paint was used. Its strong colour saturation intensifies the expression of the image. However, if diluted with water, it appears like watercolour."

Barbara King

'Liquified', acrylic on canvas



Reflections: My paintings of boats reflected on turbulent water show a distorted reality, a jumble of colours and lines. A transformation of life into something disturbed and muddled in much the same way as Covid 19 has mixed up our lives from that we knew so short a time ago.

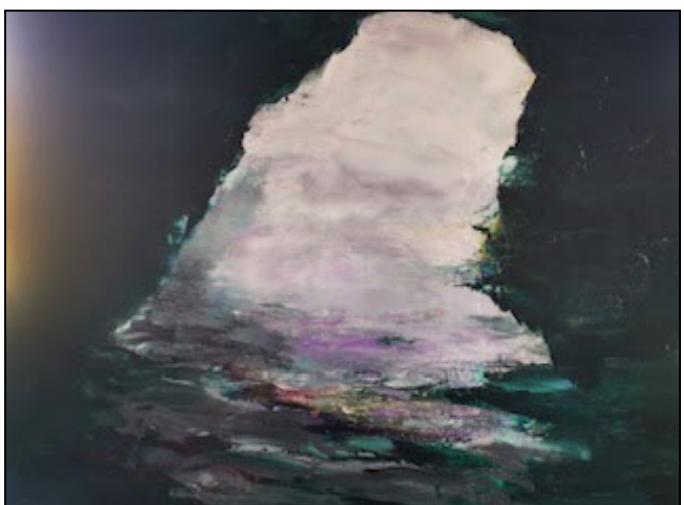
Just as the water in my paintings deconstructs the forms of the vessels, this too could be a good time to take apart the known elements of our pre Covid lives – the building blocks – and reassemble them in a more sustainable and suitable order. From this bleak and confused time can come something better if we all make time for reflections.



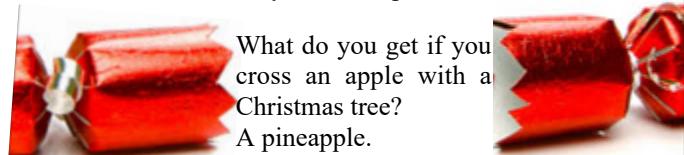
What's bad tempered
and goes with custard?
Apple grumble.

Pandora Mond

Sea Cave No 1 oil on canvas.



"These cave paintings emerged during the early dark days of lockdown. They are small and intimate compared to my usual large, range-y sea paintings. There is certainly a feeling of claustrophobia and maybe drama in the stark tonal contrast but they are ultimately optimistic. We are inside the darkness looking out to a dazzling light. As so often with painting, ideas come from the unconscious mind and only make clear sense in retrospect. This was certainly true of these small caves, whose narrative is most certainly one of hope."



01485 571363

07798 635860

chrispalmer333@gmail.com

New boilers-repairs-servicing
Bathroom-shower room installs
Renewables



Answers to Grand Christmas Quiz

1. Spice Girls.
2. 'The World Is Not Enough'.
3. Santa Claus.
4. Christmas Crackers.
5. Salvation Army.
6. Serpentine, Hyde Park. Swimming.
7. Carmarthenshire.
8. The Stone of Scone.
9. The Christmas Oratorio.
10. Britain's largest meteorite fall.
11. Eleanor Roosevelt.
12. 1957.
13. William Henry Fry.
14. Holly.
15. 'Christmas Alphabet' by Dickie Valentine. 1955.
16. Kempton Park.
17. Little Women.
18. 'Meet me in St Louis'.
19. Oslo.
20. Hong Kong.
21. Aida.
22. Cinderella. (Her stepfather.)
23. Santa's Little Helper.
24. King John.
25. 'A Christmas Carol' by Charles Dickens.

Answers to Christmas Anagrams

1. Advent calendar.
2. Christmas card.
3. Father Christmas.
4. Nativity play
5. Christmas Eve
6. Carol singers.
7. Mistletoe.
8. Christmas tree.
9. The Queen's speech.
10. Pantomime.

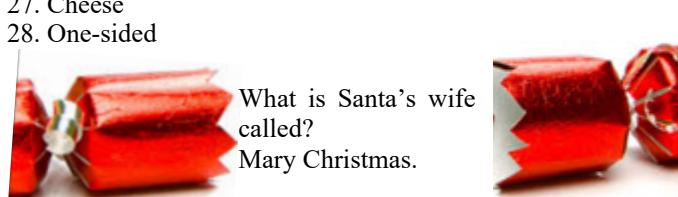
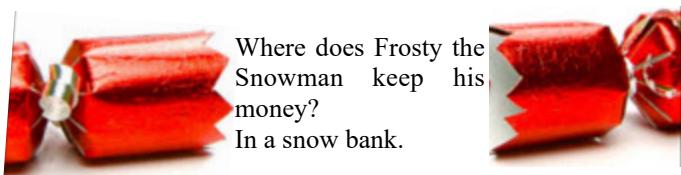
CROSSWORD SOLUTION

Across:

1. Ringside
5. Scream
10. Motto
11. Shimmered
12. Twinkling
13. Ultra
14. Dinner
15. Evinced
18. Conifer
20. Drying
22. Offal
24. Bacchanal
25. Tendering
26. Sized
27. Cheese
28. One-sided

Down:

1. Remote
2. Nutrition
3. Stocking filler
4. Dossier
6. Community chests
7. Egret
8. Midlands
9. Jingle
16. Canonized
17. Acrostic
19. Rabbis
20. Decagon
21. Glided
23. Fence



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Heacham Parish Council Notice Board

PARISH COUNCIL MEETINGS IN BRIEF

The next Full Council meeting will be held virtually via the platform Zoom on Tuesday 15 December at 7.00pm Members of the public are invited to address the Council at all Council meetings. Anyone wishing to join please contact the Parish Clerk by 3pm on the Monday prior to the meeting via email heachampc@btinternet.com for a link to join the meeting.

Until further notice all future meetings will be held virtually via Zoom; planned meetings so far are:

Tuesday 1st December 7pm and Tuesday 15th December 7pm.

Meetings for 2021 still to be arranged but provisional dates for January are:

Tuesday 19th January 7pm.

These dates may be subject to change and additional meetings may be held due to committee meetings not being held at present. Please see the Parish Council website, noticeboard at the New Community & Heritage Building Site, Pound Lane and the Parish Office window for agendas. Council Meeting minutes will be posted on the Parish Council Website shortly after each meeting (these are draft minutes until they are agreed at the next meeting).

SAM2 DECEMBER 2020

Hello all, we hope you stayed safe during the November Lock-Down.

We managed to download data and change the location of SAM2 just before the November Lock-Down, where it had been in Lynn Road for 28 days. In that time, it recorded 50,026 activations, an average of 1,785 per day, it is though, one of the three main roads into the village. On average the busiest times of day were 10am-11am and 3pm-4pm.

The “85 Percentile” speed was 31mph calculated over 45,522 activations. 85 Percentile Speed is defined as: “the speed at or below which 85 percent of all vehicles are observed to travel under free-flowing conditions past a monitored point.” That would mean that 15 percent are above 31mph in this case. The data shows that 17.89% of vehicles were above the 30mph speed limit for Lynn Road which is the lowest it has been there, over the three times we have placed the monitor here. So hopefully drivers are becoming more aware of our 30mph speed limit in Heacham.

Again, it is pleasing to have residents commenting on the monitor when we do the changeover, it shows that people are aware of it.

As this is the last Newsletter before February, have a Merry Christmas and a Happy New Year from the Speed Monitor Team and stay safe.

NORFOLK COUNTY LIBRARY CARDS

Please note that with effect from January 2021 Heacham Library will no longer be able to arrange the issue of Norfolk County Library Cards ‘Norlink Cards’ for residents. Anybody wishing to join the County Service will need to apply in person at a County Library, i.e., Hunstanton or by going on-line. This change will not affect the existing membership of our library in Heacham, which is an independent community library run by the Parish Council and staffed by volunteers.

Members will be issued with their own ‘NEW’ separate Heacham Library membership card upon their first visit to the Library in the New Year.

PARISH COUNCIL NOTICEBOARDS

A few people have approached the Parish Council about the lack of Parish Council notice boards in the village. Currently there is one on the Old Dairy building on the corner of High Street and Pound Lane, and another on the side of the toilet building at South Beach.

So, do you think we need more notice boards? If so, what are your suggestions for where they should be located?

Thanks in advance for your contribution.

COVID 19

As winter approaches and the virus seems to be escalating, remember to keep safe. Limit travelling unless it is necessary and follow the regularly updated guidance. But it is very important to make sure you look after your mental health and get outside if you safely can. Remember:-

HANDS, FACE, KEEP SAFE

Wash hands for 20 seconds, cover face and keep a safe distance from others.

SOCIAL MEDIA

Reminder - Heacham Parish Council have a Facebook page and a Parish Council website and we will sometimes put information on the village Facebook pages. If you have a question for the Council please call or email. The Parish Office on Pound Lane is still currently closed to the public but the Clerk and her assistant are working and will answer phone messages and emails.

DOG FOULING

It is that time of year, when the nights are drawing in, the mornings are dark, and the number of complaints about dog fouling in the village increase. It is still an offence not to clean up after your dog, even if no one can see you. Please do so, and help keep the village clean and safe.

Anyone not cleaning up after their dogs may receive an on the spot fine of £80 increased to £1,000 for failure to pay.

CHRISTMAS HOLIDAYS

Heacham Parish Council members and staff wish everyone a Merry Christmas and a Happy and Healthy New Year.
The Parish Council Clerk and her assistant will be away from Monday 21st December returning on Monday 4th January 2021. The Library will be closed from 4pm on Monday 21st December until 10am on Monday 4th January 2021.

Any queries should be addressed to:

Heacham Parish Council Office

Jubilee Clinic Pound Lane Heacham

Norfolk PE31 7ET

Tel 01485 572142

Email: heachampc@btinternet.com

Website: heachamparishcouncil.norfolkparishes.gov.uk

The office is currently closed to the public

**The Assistant to the Clerk is available to deal with emails
and take telephone calls**

Monday, Tuesday, Thursday & Friday

10.00am–12 noon.

The Clerk is currently working from home but will be dealing with emails and queries. Please email or call the office and all relevant messages will be passed to the Clerk.

HELP LINES

HEACHAM GROUP PRACTICE	01485 572769
HEACHAM MON TO FRI	08.30 TO 18.30
SNETTISHAM MON TO WED	08.30 TO 12.30
THURS/FRIDAY	08.30 TO 12.30
	Closed p.m.
OUT OF HOURS DOCTOR	111
For out of hours service, please call the NHS Helpline	
HEACHAM & DISTRICT COMMUNITY CAR SCHEME	534777
HEACHAM CHEMIST	570297
OPEN MON - FRI	09.00 TO 18.30
SAT	09.00 TO 17.30
Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance	
DUTY CHEMIST NOTICE DISPLAYED ON DOOR	
HEACHAM PARISH COUNCIL OFFICE	572142
'Office currently closed to the public'. Emails and telephone Calls being dealt with'	
STREET LIGHT FAULT REPORT	572142
BOROUGH COUNCIL OFFICE	01553 616200
BOROUGH COUNCILLORS	
TERRY PARISH	07885 258428
STUART DARK	01485 544339
NORFOLK C C MICHAEL CHENERY	07920 286638
PARISH LIBRARY	07398647119
OPEN MON, WED, FRI	10.00 TO 16.00
SAT	10.00 TO 12.00
HEACHAM POST OFFICE	570330
OPEN MON – FRI	08.30 TO 17.30
SAT	09.00 TO 13.00
EMERGENCY SERVICES	
QUEEN ELIZABETH HOSPITAL	01553 613613
NHS Helpline	111
DENTIST Emergency only for patients not registered with a dentist	01553 769264
COMMUNITY MIDWIFE (Ask for Hunstanton M/W)	01553 613613
POLICE	101
SAMARITANS	01553 761616
CHILD LINE	0800 1111
SILVER LINE	0800 4708090
ELECTRIC	0800 3163105
ANGLIAN WATER	0345 7145145
GAS ESCAPE	0800 111999
EMERGENCY 24hrs VETERINARY CLINICS	01485 570065
HUNSTANTON LIBRARY	01485 532280
OPEN TUES WED FRI - 10am-1pm & 2-6pm	
SAT 10am-4pm	MON & THURS - Closed
HEACHAM CHALK PIT RECYCLING CENTRE	
Summer opening times (1st April to 30th September)	9am – 5pm
Winter opening times (1st October to 31st March)	9am – 4pm
HEACHAM COMMUNITY WEBSITES	
www.heachamgrouppractice.org	
www.heachamnewsletter.org.uk	
HEACHAM HALLS	
Public Hall	570776
Pine Residents Hall, Wilton Road	Pat Toppin 779208
Methodist Church Hall, Station Road	Mike Careless 570363
St Mary's Church Hall, High Street	Mon - Fri 10am to 12noon 572539
Old Friends Hall Sunnyside Close	572142
Heacham Scout Hut	572890

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KING'S LYNN

Lynx Coastliner Service 36

(Please follow old Coasthopper signs for the new Lynx service)
Lynx (Lynxbus 34 & 35) and Coastliner 36

Service 34, 35 & 36 (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd
0659 & 0729 first buses to King's Lynn then 4 an hour from 0830
0704, 0722 first buses to Hunstanton then 4 per hour from 0834

Service 34 – (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd and QE Hospital
0659 first buses to King's Lynn then twice an hour from 0830
0722 first bus to Hunstanton then twice an hour from 0834

Services 34, 35 & 36 (Sundays)

0844 (36) & 0945 (35) then every two hours
0915 (34) to King's Lynn then hourly
0814 (34) to Hunstanton then hourly from 0844 (34)
0908 (36) & 1016 (35) then every two hours

Temporary Notice - Due to unmanaged tree growth on Hunstanton Rd, Heacham means double deckers have to operate via Heacham Lavender instead. Monday to Friday the 0820 (34) & 0835 (36) from Hunstanton and 1415 (34) from Lynn, use the alternative route. Please check website for updates

Smithdon High School Bus Service 35 & 36

0759, 0808 to Smithdon School (Service 36)
1515 from Smithdon School (Service 35)

Bus Enquiries

www.lynxbus.co.uk **Tel: 01553 611955**

WNCT - DIAL-a-BUS Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday
For more information, Cost of Fares, a Membership form or to book

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Main pick-up points for The Heacham Newsletter.

First Saturday of each month except January.

Jennings Store, Tesco Express, Ridouts Bakery, Post Office, Church, Station Road Garage and Lidl

MOBILE LIBRARY

Route DER201 TUESDAY Every Four Weeks

Suspended Until Further Notice

09:50	HANOVER GARDENS	12:55	GYMKHANA WAY
10:20	ROBIN HILL	13:15	COLLEGE DRIVE
10:50	RINGSTEAD ROAD	14:40	GIDNEY DRIVE
11:10	ROLFE CRESCENT (Opp.No.22)	16:05	POPLAR AVE
11:30	SCHOOL ROAD	16:25	SITKA CLOSE
11:55	COLLINGWOOD CLOSE	16:50	NORWAY CLOSE
12:15	FENSHIDE		– MARRAM WAY
12:35	JENNINGS CLOSE	17:10	NEVILLE COURT

DEFIBRILLATOR SITES IN HEACHAM

(Please read instructions and obtain code to activate)

St.Mary's Church – Front Porch available 24hrs
Sports Field Pavillion – Available only when gates are open
Fire Station – Only available when someone is in attendance
Chalk Pit Recycling Centre - Outside the gates available 24hrs

Luke Graham

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