



THE HEACHAM NEWSLETTER

November 2017



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Deadline for the next edition is 12 noon, Tuesday 14th November



SERVICE OF REMEMBRANCE



This year's Service of Remembrance and Wreath Laying Ceremony will be on Sunday 12th November 2017 starting at 9.45am at St Mary's Church with the Wreath Laying Ceremony following on at 10.45. Please note that the section of road between St Mary's car park and the junction of St Mary's Close/Hunstanton Road will be closed between 10.45am and 11.20am to ensure the safety of attendees.



**Heacham Sunnyside Close
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Their Christmas Fayre On
Saturday 25th of November**



From 10.00am to 12.00pm

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THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH



A voluntary non-profit publication produced with financial assistance from Heacham Parish Council

letters...



Dear Newsletter

Heacham Royal British Legion

I'm sorry to say there has been no change this month of the membership situation.

The membership lists are still closed so there isn't evidence of the 19 members. Consequently, King's Lynn can't call a Special General Meeting to elect a committee.

The committee meets again on the 8th November and my earnest hope will be that the lists are up to date.

I'll do a phone session on the 9th November and bring you all up to date with the possibility of a get together before Remembrance Sunday on the 12th.

Leaside

Colin Toule



Dear Newsletter

Coffee Morning

On 23rd September, the Pine Residents Art Group held a coffee morning to raise money for Tapping House Hospice. We were thrilled to be able to hand over £550.75 to the hospice, a very worthy local cause. Thank you so much everyone for your generosity and for all the help and support we received to make this happen.

Well done Heacham.

Jan Andrew

Pine Residents Art Group



Dear Newsletter

Garden Seat

As my first season at Heacham comes to a close, I can honestly



say I have had a wonderful time. The village is very pleasant as well as the people. I was very happy to see the long seat that was on the beach; I named it "the friendship seat" because it held four people and there was usually

someone to strike up a conversation with.

Unfortunately, over the months it has been dragged back and forth along the beach from its original position until it has been pulled apart on one end.

I don't know who provided it but it was very welcome for the elderly and less able-bodied. It would be lovely if it was there again next year restored for us to enjoy again.

Thank-you to whoever provided it in the first place.



Mrs J Smith

Wooden Poppy

I thought of the idea sometime back of placing a big red poppy on the village sign to commemorate 100 years since the end of the great war in 1918, and the part Heacham men played in it.

The Parish Council's Community Activities Committee commissioned Terry Clay and myself to make up the big red poppy.

We placed the poppy on the village sign at the start of November so as to remind the residents and visitors for the 12 months of 2018.

Robert Pritchard



Dear Newsletter

Heacham

Royal British Legion – Poppy Appeal

Remembrance Sunday is once more fast approaching. It is a time when, throughout our hectic lives, we allow ourselves time to remember those who paid the ultimate sacrifice for our freedom. They were the ones who went out into the battlefields, took to the air and sailed the seas that we may enjoy our present lives. The losses still go on in more recent conflicts. It may have been under different circumstances but a loss to a family is still as traumatic now as it was in those dark days of our two World Wars. Let us remember all those who have died in conflicts and be eternally thankful to them.

WE WILL REMEMBER THEM

If you wish to pay tribute to those who gave their lives for us, please come along on **SUNDAY 12th NOVEMBER to the Parish Church (9.45am) and Memorial Service (afterwards at 10.45).**

May I take this opportunity to remind you that poppies are on sale at various businesses within our village and any donation will be gratefully received. The money collected goes to the Poppy Appeal which in turn is used to help those in need. The Poppy Appeal has done great things in the past. Help them collect more to meet the ever increasing demands made upon it.

WEAR YOUR POPPY WITH PRIDE.

Thank you.

Marcus Liddington



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Lodge Road

Dear Newsletter

Re: Parking at Jennings Close

Whilst I agree with Mr Dylan Howell that the few inconsiderate parkers at the junction of Jennings Close and Lodge Road are a nuisance, they pay their road tax and are entitled to park on the road. It would be better if they parked on the same side to avoid the chicane effect.

Most of the vehicles that park there come from the South and North Beach caravans and houses and not from local people. As for their using the parking spaces to the rear of Jennings Close, these are privately owned freehold by the owners of the properties and I would be most amazed to come and find a car parked on my private property.

Lodge Road Residen

(Name & address supplied)t



Fenway

Dear Newsletter

Car Boots Sales

Once again may I thank all the generous people who have contributed to my Car Boot Stall in aid of the League of Friends QE Hospital Fund.

We made £2055.00 this season. This wouldn't have been possible without Trevor and the lovely boys!! Thank you for my birthday surprise.

I would still like any wool going spare. I hope to be at the Christmas Market on December 19th so if anyone has some spare gifts, I would be grateful.

Many thanks.

Phyllis Sanderson



Station Road

Dear Newsletter

Jean's Retirement

My name is Ann Kissock and I am the manager of McColls in the village.

The store has had many re-incarnations over the past 37yrs. However, one person has remained a constant.

Jean Back

She started in 1980 but has now decided that the time is right to retire. Jean's last day as a valued member of my team was 26th October. I'm sure there are many people in the village who know Jean and would like to wish her a happy retirement. So, if you see her out and about in the village please stop her and have a chat. I'm sure she'd appreciate it. We will miss her enormously at the store.

I would like to thank her, on behalf of McColls and the Co-Op, for all the help and support she has given me over the past 4 years that I have worked alongside her and I wish her a happy and relaxed retirement.

Ann Kissock

Branch Manager

McColls – Station Rd, Heacham



Heacham

Dear Newsletter

John Plant

At the end of September, the fire station lost one of its keenest supporters of the campaign to save it when John Plant passed away at the age of 86.



John had been a fireman in his younger days and had maintained an interest in the service throughout his life. When the news broke that we were under threat, both John and his wife Margaret were quick to show their support by attending the various visits and events held at the station. They even made their own way to County Hall on more than one occasion to join others lobbying councillors.

His funeral was held on the 17th October with the hearse being led to the chapel by a 1963 fire engine. A fitting tribute to a very good Friend.

Chris Wood

Heacham Fire Station

Station Road Garage

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letters..cont'



Linn Chilvers Drive

Dear Newsletter

Award Winning Play Seeks Director and Actors

St. Mary's Church, Heacham, is to commemorate the end of World War One by staging the award-winning play *'All The Queens Men'* on two consecutive evenings towards the end of March 2018.

Described at its award performance as both 'Powerful' and 'Moving', the play is to be adapted for this special performance by the author David Oakland.

Synopsis:

In 1908 King Edward VII asked his Sandringham Land Agent to form a company of Territorial Army volunteers. The unit was unique as most of the volunteers were employed on the Royal Estate. After the King's death in 1910 Queen Alexandra made Sandringham her home with the Estate workers becoming her employees.

In 1914 at the outbreak of WW1, together with many other men from the Norfolk Regiment, 'The Sandringham Company' was mobilised for active duty.

'All The Queens Men' presents the consequences of their first tragic action to the men, their families and the Royal Family.

This is an important venture for the Church which seeks public support to stage the play. We are in need of:

- A Director
- Males and Females to look 16 to 18
- Female to look 35
- Males to look 22 – 35 – 55

Please either telephone David on 01485 570266 or email david.oakland@talktalk.net for further information.

David Oakland



Seabank Road

Dear Newsletter

Thank You

I would like to thank the very kind couple who helped to bring back my 'rescue' Staffie who ran off after the gate was left open (my fault!).

Also, the lady who brought her back in her car.

Very many thanks to everyone.

Mary Sanderson



Heacham

Dear Newsletter

Inconsiderate Parking

I was appalled to read the letter you printed re 'Inconsiderate Parking' in the October issue. I have bought and paid for my allocated parking space when I purchased my bungalow, as have all the other residents. What right has Mr Howell to make his suggestion? Would he like all and sundry parking on his driveway or parking space? I think not. We have enough problems with people parking in our spaces as it is without people being told to park there. How inconsiderate of Mr Howell.

A Heacham Resident

(Name & address supplied)



Neville Road

Dear Newsletter

Heacham Youth & Community Trust

The Heacham Youth & Community Trust held its AGM recently at the Football Field Pavilion coupled with a BBQ as a thank you to our Charity Shop Volunteers.

Accounts presented showed again gross profits from our investments approaching £20,000, still with cash asset of £130,000. Through the year we have received donations, for which we are so extremely grateful, from Mrs Pauline Gibbons a bucket of copper coins value £118, an air rifle from a lady on the Torrey Estate which we were able to sell for £200, recently a cheque for £108 from the funeral service collection re the late Brian Raymond Couzens and £1000 from Pocahontas Players.

The financial success of the Charity Shop places the Trustees in an enviable but difficult situation. Our property was originally purchased after the acquisition of the Dairy Site by the Parish, together with a loan to demolish and clear the site to construct a new prestige Parish facility and the Trustees intention was to gift our property, for demolition, to the Parish to enhance the area for the proposed development.

The Trustees, mindful of the possible financial implications of the current proposals for the development of the site, and bearing in mind the previous attempt at renovation of an old building when site for new build was also available, are thinking seriously about moving forward with our own proposals beyond the shop extension.

The Trustees remain aware that our capital came from the original intention, donations and volunteer efforts to build a community building. We will continue to honour that commitment in a cost effective manner.

Mike Jennings

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- 1 X JOINT OF HOME CURED GAMMON FROM FREE RANGE PORK
- 1LB OF HOWARDS ORIGINAL RECIPE CHIPOLATAS
- 1LB OF OUR HOME CURED BACON FROM LOCALLY REARED FREE RANGE PORK
- 12 LOCAL EGGS
- 1 LUXURY STUFFING MIX
- 1LB OF HOWARDS ORIGINAL RECIPE SAUSAGE MEAT
- 1LB HOMEMADE PORK PIE
- AND A FREE CHRISTMAS PUDDING PLUS A BOTTLE OF WINE!

01485 570439

news & events in the community ...

Beach Clean

Why not join other beach lovers helping to rid the world's beaches of marine litter and plastic pollution by organising a beach litter pick? Beach cleaning is a healthy and often fun activity which will get everyone away from their screens and into the fresh air! You could even make it a timed competition with the kids to see who can gather the most.

Each and every piece of marine plastic removed from the beach is something that will no longer be a danger to the animals that live there, so it doesn't matter if you do two minutes or thirty - and two minutes can be surprisingly successful.

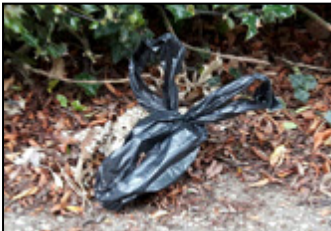
Why litter is harmful:

- Old fishing nets and rope can entangle seals, sea birds and fish and kill them slowly.
- Plastic doesn't biodegrade like organic material and will just keep on breaking down into smaller and smaller pieces, which can be eaten by wild life and may enter the food chain. Even plankton can eat tiny plastic fragments.
- Plastics absorb harmful toxins in seawater that can accumulate up the food chain.
- Chemicals added to plastics during manufacturing to give them specific properties can leach into the marine environment or organisms.
- Animals and birds mistake plastics for food and eat it. This plastic will stay in an animal's stomach, as some species can't regurgitate or pass it, and will eventually kill it.

Safety rules can be found here:

<https://beachclean.net/safety>

Alternatively, if you are not able to do this you may wish to donate to 2 Minute Beach Clean:
<https://beachclean.net/SupportUs>



Dog Fouling

Can someone explain why these dog owners bag it and drop it?

R. Pritchard

8th November 2017
10am-12noon

Tea
Cakes
Coffee
Chat
K's Savouries
Quiz
Raffle

**Community
Coffee Morning & More**

All Ages Welcome

Old Friends Hall
Sunnyside off Calvey Street
Heacham - PE31 7DU

In Support of the Community Building Project

Heacham Mad Hatter's Tea Party!



Paris Larham

Robbie Topliss, from The Heacham Newsletter, attended the Mad Hatter's tea party, crowded with crazy hats and a huge assortment of refreshments, held by West Norfolk Healing Hearts Group organised by Samantha Pratt and Claire Sanders.

The recently formed group held the event at the Bushel & Strike Public House in Heacham on the 24th September.



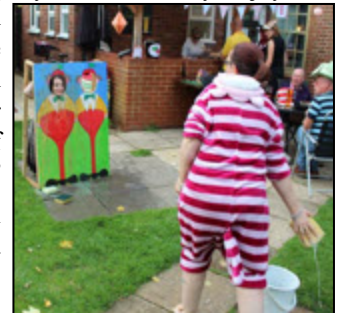
The Group organised the event in memory of young campaigner Tracey Swann, and in the hope of raising £5,000 for community defibrillators through this event and other events in the future.

The day consisted of lots of games in the pub garden, pictures and memorabilia, and of course the tea party itself. Also, organisers and helpers of the event were dressed up in

Mad Hatter's costumes with the theme being Alice in Wonderland.

Robbie commented, "The tea party was extremely enjoyable, everyone was having fun and enjoying themselves. I think the favourite game of the day would have to be the 'Sponge in your Face', which amused a lot of people all through the afternoon."

The group successfully raised £320 from the Mad Hatter's tea



party which will be added to money already raised towards the £5,000 needed.

Members of the group also went out with collection buckets at the Hunstanton Soap Box Derby this year.

Presenting a cheque for £100 to the Fire Station

THN





CHURCHES TOGETHER IN HEACHAM

The Gift of being there

What do we do when someone is going through a tough time?
Do you have the gift of being there?

Allowing yourself simply to be with someone in their troubles, allowing them to feel what they feel and to express it is not easy; being there is a valuable gift to give. We all need to feel listened to and valued. If nobody seems to want to spend time with us and listen to us, we can feel alone and undervalued or misunderstood.

Being there is not the same as solving things either. We are so often tempted to offer solutions and alternatives to people when they are struggling.

Being there is not just for emergencies, it is part of fostering relationships. Relationship involves knowing someone. Knowing someone means being with that person and listening to them. All of this takes time. In a rapidly moving society with a culture that just won't sit still for 5 minutes, can we learn how to be there for one another in good times and bad?

So, do you have the gift of being there?

You don't need a theology degree, you don't need any special training or certificates, you simply have to take time and be there for your friends, neighbours and others in our community.

As a Christian, I believe that God is always with us. In the Bible we read that God told Joshua, that 'I am with you always'. God assures all of us this too, that he is always with us in the good times and the hard times and in the ones in between, and he is always ready and willing to listen to us.

This November as the nights draw in and the days get colder, let us each try and develop the gift of being there, time to be with and listen to those who are having a tough time.

To whom can you offer the gift of being there this month?

With my prayers and best wishes.

Revd Veronica Wilson

Rector of The Western Shore Team (Heacham and Snettisham)

The Parish Church of St. Mary:

Sunday Services in November 2017

5th	10.00am - Holy Communion
12th	8.00am - Holy Communion
	10.00am - Remembrance Service
	5.00pm - Shoebox Service
19th	10.00am - Morning Service and Baptism
26th	8.00am - Holy Communion
	10.00am - Morning Prayer
	6.00pm - Advent reflections

SHOEBOX SUNDAY 12th NOVEMBER

Come at 4pm with your shoebox, or items to put in a shoebox and help to fill shoeboxes together while enjoying a cup of tea and a slice of cake... everyone welcome, followed by a service at 5pm.

ADVENT ACTIVITY AFTERNOON

Sunday 26th November 2.00-4.00pm at St Mary's Church, Snettisham. A creative afternoon for all ages. Everyone very welcome.

ADVENT REFLECTIONS SUNDAYS 6pm

26th November - Advent reflections in music

3rd December - Advent reflections in poetry

10th December - Advent Reflections in Prayer

MORNING PRAYER IN THE CELTIC TRADITION

Every Monday, Tuesday, Thursday and Friday at 9am we meet to pray in the Celtic tradition. This includes bible readings, meditations and time for silent prayer. You would be very welcome to join us.

CHURCH CONTACTS: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
	Rev'd Capt Paul Niemiec	541855
St Mary's Church Office		572539
email:	heacham.church@googlemail.com	

ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-4pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays. We have an interesting selection of Christian books and a wide range of greetings cards. Our Christmas stock including Christmas cards, calendars and gifts has now arrived and is on our shelves. Do come along and see our selection. There is also a large collection of secondhand Christian books. It is well worth a visit.

HEACHAM METHODIST CHURCH

November 2017

Sunday Services: 10.30am Morning Worship

5th November	Church Fellowship Service
12th November	Remembrance Service at St Mary's
19th November	Rev Kim Nally Holy Communion
26th November	Mary Cumbers

The Annual United Remembrance Sunday Service

Will be held on Sunday 12th November at St Mary's Church at 10.00am (note earlier time). The service will be conducted by the Rev Veronica Wilson, the sermon by Rev Steve Oliver, followed by a short service at the War Memorial at 10.45am.

Midweek Communion

The November Midweek Communion will be on Wednesday 8th November at 10.30am in the Church Hall conducted by the Rev Steve Oliver. All welcome.

Bible Study

The November monthly bible study will be on Thursday 30th November at 10.30am. We have just started studying the book of Revelation so now is a good time to join us to discover the truth of the bible and how it applies to life today. It is a lively hour of discussion led by Rev Steve Oliver.

Next Messy Church

Saturday 25th November 10-12noon

At St Mary's church, Heacham.

More information from Veronica Wilson 570697 or Church Office 572539

You will be welcome to join us!



The Fellowship

The fellowship is, as its name suggests, a meeting for men and women who come together to hear guest speakers. They meet every other Tuesday at 2.45pm. This month on the 14th November, John Smith will speak on the History of Hunstanton, while on the 28th, former minister Kim Nally will give another of his interesting talks.

Hands and Needles

Also meeting in November, on the 14th and 28th at 7.30pm in the Church Hall, is the Hands and Needles Club. New members welcome.

Social Evening

The social evening in November is "Ray's Quiz". This annual general knowledge quiz is always popular- why not join us on Thursday 9th November at 7.30pm?

Open Door

Tuesday is the day for the open door when the church is open from 10.00am-12.00noon for **YOU** to come and meet minister Rev Steve Oliver personally or spend some time with God in prayer.

MIDWEEK ACTIVITIES

- | | |
|-----------|--|
| Tuesday | - 10.00am-12.00noon - Open Door weekly |
| | - 2.45pm. The Fellowship – 14th & 28th |
| | - 7.30pm Hands and Needles – 14th & 28th |
| Wednesday | - 10.30am Midweek Communion - 8th |
| Thursday | - 10.30am Bible Study - 30th |
| | 7.30pm Social Evening - 9th |
| Friday | - 7.00pm Indoor Bowls (weekly) |



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The Gospel Hour will now be broadcast regularly from 9pm – 10pm. The station can be picked up on the internet via www.radioheacham.org

The Gospel Hour is a mixture of traditional and modern Christian songs and hymns, prayer, readings and thoughts, but it is your station and I would welcome requests and reasons for that request. Please make your request on either the website or email me on revoliver@radioheacham.org

If you know of anyone who would value a time of quiet reflection and inspirational music please give them the details. The Gospel Hour is another opportunity for the community we live in to hear the Good News of Jesus. I look forward to joining with you.

Steve Oliver (Rev), Heacham Methodist Church

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DJ Rev. Steve Oliver

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Heacham our village, our future



Heacham Neighbourhood Plan Update And Consultation Day

Heacham Neighbourhood Plan are in the early stages of developing a Neighbourhood Plan for the village. A Neighbourhood Plan is a plan which sets out policies in relation to the development and use of land in the whole or any part of a particular neighbourhood area. This is a community led plan to help guide development, regeneration and conservation. After the plan is made, it will sit alongside the Borough's Local Plan and carries the same weight in the decision-making process.

This month, the Heacham Neighbourhood Planning Group celebrate success in their application for grant funding of £6,049! This funding will support development and maintenance of the group website which is now available – www.heachamplan.co.uk (a Facebook page is coming soon too) It will also pay for professional assessments such as Strategic Environmental Assessment and Habitat Regulation Assessment.

Consultation Day



Photo by Justine Carter

171 people attended the Consultation Day for the Neighbourhood Plan held on the 21st October. The consultation day was designed to give residents an opportunity to comment on what they see as the issues facing their community, and to express their views as to how they would like to see Heacham develop over the next 18 years. The information gathered will help the Neighbourhood Planning Group create policies for the Neighbourhood Plan from the feedback given.

Residents filled out various posters and sticky notes to show their views to the planning committee regarding the village's future. There were different categories of how the village could change: education, sport and youth activity, infrastructure, economic action and local business, environment sustainability, housing development, recreational facilities, action and initiative of young people, employment, transport, roads and energy and utility services.

A member of the public who attended the event, Jill Davis, commented: "The Heacham Neighbourhood Plan is a brilliant idea! Heacham is under threat from lots of developers. It would be nice for Heacham to remain a friendly village, keeping its individual identity and protected from this danger. Otherwise, Heacham will soon turn into a small suburb of Hunstanton."

Refreshments were also available the sale of which raised £19.50. This amount will be donated to the Royal British Legion Poppy Day Appeal.

The Heacham Neighbourhood Planning Group would like to thank all those who attended the consultation day. It was very successful and lots of useful information has been gathered from it. Also, if you were unable to attend this event, please be reassured that there will be another opportunity to express your views via a questionnaire, which will be distributed later in the year.



Photo by Justine Carter

More information on the Consultation Day will be reported in next month's edition.



Paris Larham

If you are interested in volunteering for the working group, just becoming involved, or just want further information, contact enquiries@heachamplan.co.uk

THN

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Ruffle the life saver!

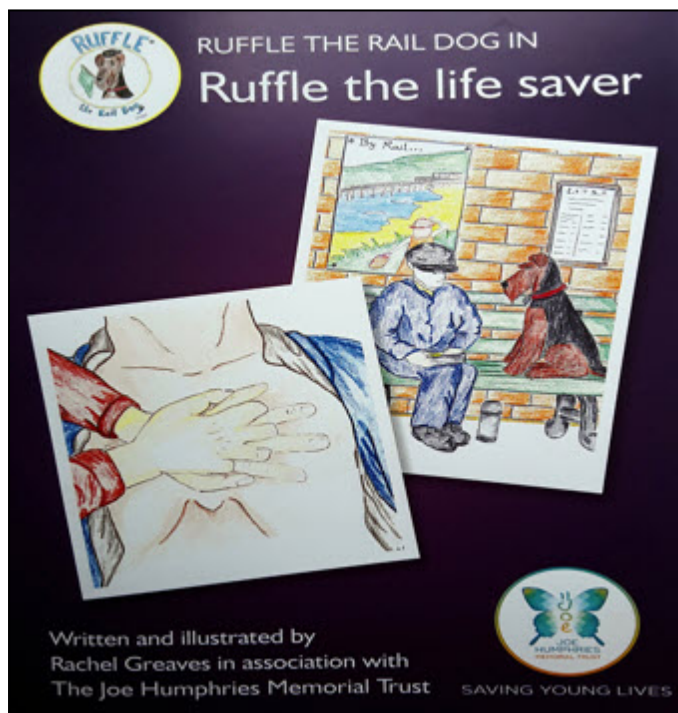
October saw the launch of an exciting edition to the 'Ruffle' series of children's stories. Titled 'Ruffle the Life Saver', it is specifically aimed at giving primary school-aged children knowledge about CPR and the use of defibrillators to promote the message that everyone can be a potential life saver.

The book was written and illustrated by Rachel Greaves in association with the Joe Humphries Memorial Trust (JHMT) – a trust set up to promote awareness of Sudden Arrhythmic Death Syndrome (SADS) and how lives could be saved by the prompt use of defibrillators. Joe, a teenager Rachel knew from a toddler, sadly collapsed and died from SADS whilst out jogging.

'Ruffle the Life Saver' is set against the familiar surroundings of the little heritage railway where Ruffle frequently visits. On this particular visit, a driver on a steam train 'driver experience' collapses and Ruffle fetches help. The story unfolds by explaining how CPR and the use of the station's defibrillator help save the driver's life. The message is that even if children aren't physically able to attempt or maintain CPR, knowledge of it and about the use of defibrillators could save a person's life – everyone can be a life saver!

The JHMT was so impressed by the story that they have purchased enough 'Ruffle the Life Saver' books to donate one to every primary school in Leicestershire – Rachel and Joe's home county.

For more information and to view the launch film, visit the news page on www.ruffletheraildog.co.uk and click the Joe Humphries Memorial Trust.



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Heacham Youth & Community Trust

Charity Shop News

By the time this edition of the Newsletter is published the planned conservatory extension to our Charity Shop in the High Street should be well underway.

During November the shop will be closed for a period of two weeks to enable the final building works to take place and for us to rearrange the new shop layout. Please look out for notices advising of the exact closure dates at the shop and on our Facebook page.

Whilst we are closed, we would be very grateful if you could ensure that no donations are left outside the shop as we will not have the facilities to process them. We will of course be accepting donations again once the shop re-opens.

The trustees would also like to take this opportunity to thank its volunteers, donors and customers for their continued support; this venture would not be the success it is without you all!

Heacham Youth & Community Trust

FRIDHEM BINGO

Monday 27th November 2017

Eyes down 7.00pm sharp!



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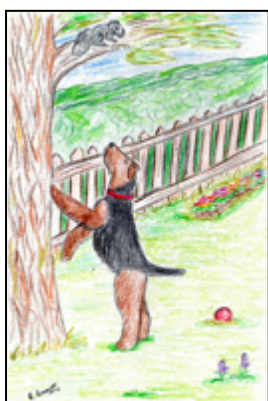


Ruffle Gets Wet!

by Rachel Greaves

The rain had finally stopped – Ruffle hadn't been out at all. Now he could play in the garden with his favourite toy – a ball. He threw the ball up in the air, then pounced on it playfully. On one good toss the ball rolled away – right under a tree.

But as Ruffle sprang to trap the ball, a shower of cold rain fell. He stopped, looked up – was it raining again? No, he couldn't tell. Ruffle gave himself a shake then looked once more for his ball. But as he grabbed it, drops of rain again began to fall.



How strange; it wasn't raining but he was definitely wet! Looking up into the branches a strange sight his eyes met. A small furry animal: bright eyes, bushy tail was there, Who looked back at Ruffle with a bright, mischievous stare!

As Ruffle watched, the squirrel jumped from one branch to another, Which sent a shower of droplets down as the leaves gave a shudder. Once more his head and ears were wet so Ruffle had a shake. Cross with the squirrel for wetting him, a loud bark he did make.

This startled the squirrel who scampered back up into the tree. Satisfied he wouldn't be drenched again – Ruffle gave a bark of glee. But as Ruffle then picked up his ball that lay waiting at his toes, An acorn was thrown from the tree and landed right on Ruffle's nose!



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Ruffle the Rail Dog

Christmas Offer!

To readers of 'The Heacham Newsletter', Ruffle has a special offer just in time for Christmas!

Purchase the 4 offer story books (Ruffle the Rail Dog/Seaside, Ruffle at the Fair, Ruffle and the One-eyed Bear and Ruffle Saves the Day) for £12 and receive 'Ruffle and the Picnic' free (normally £3).



The books are proving very popular for under 5s to be read to as well as to more independent readers up to a reading age of approximately 11 years. All books will be signed by Rachel and Ruffle.

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WEDNESDAY 15TH LORRAINES PRIZE BINGO STARTS 1.30PM
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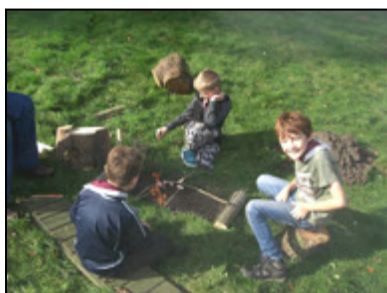
enquiries@top2tail-hunstanton.co.uk



1st Heacham Cubs

Cubs started back on the 14th September. Unfortunately, due to an operation, I was not there so the evening was run by Ziggy, Kaa, Barry and the two young leaders Rikki and Hathi. We welcomed two new cubs Freddie and Sidney. Sadly, two Cubs decided not to return after the summer holidays. I believe that the Cubs played games all night.

I was at Cubs on 21st September but only as long as I did not do anything, so I was put in the cupboard and I sorted the badges out ready for the winter months when we do most of our badge work. Again, Ziggy, Kaa and Rikki ran the evening and it was another games night. Sadly, Hathi is now unable to come to Cubs due to having to be at college late on a Thursday night for her catering course. At the end of the evening we made Dominic, James and Zack Sixers of their packs and Leo Seconder of his pack.



28th September saw us calling on the help of June, the ex Heacham Beaver helper, to come and help us as, due to work and other commitments, the other leaders and helpers were unable to come. Big Thank You to June. This evening we started our

Road Safety badge with learning the Green Cross Code and matching road traffic sign pictures to what they thought they meant. We also talked about what the different shapes and colours meant on the signs. There was also a little test with multiple choice answers for the different signs. We also managed to play a couple of games of Skittles and Jump the River.



5th October was more of our Road Safety badge; this week was learning about the different crossings Zebra, Pelican, Toucan and Pegasus. Two Cubs knew what a Pegasus crossing was which meant they got some extra points

for their Six. They also had a chat about how to 'Behave in a Car' and be a safe passenger. William joined us as he is hoping to be picked through school to do his Duke of Edinburgh Award and helping at Cubs will be part of the volunteering stage. He is also a Heacham Scout. William played a Scout version of dodge ball with them and they played Jump the River.

12th October they finished off their Road Safety badge by drawing a poster about something they had learnt in the past weeks and, with Kaa, how and why you make a 999 call. Kaa played a game called Land, Sea and Air then William played Team dodge ball with them.

During the evening myself, with Rikki, cleaned out the cupboard that everyone can use. I had brought 4 big boxes with lids and we put all the stuff from Beavers, Cubs and Scouts into these boxes

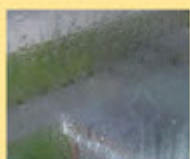


instead of it being all over the floor. We also managed to remove three bags of rubbish out of the cupboard. When we are feeling brave enough we may even tackle the cupboard that the three groups use but we may have to do that one over a few evenings. At the end of the evening we were able to give Alexis, Freddie, Harley, Jacob, Leo, Samuel and Sidney their Road Safety Badges.

On Saturday 14th October, which was a lovely sunny day, we took the Cubs that were able to come to Wolferton for the day. Cubs arrived at 10am and had a little run round as a lot of them had not been before. Then we fell in round the flag pole for a chat on what was going to happen during the day and the rules of the site and day. Before the Cubs had arrived Simon and Kaa had dug out two fire pits in the sun, then they had to build a fire, light it and keep it going. Once they were happy it was not going

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to go out we put a grate over it, and for their Backwoods Cooking badge (apart from lighting the fire) they had to cook something on a stick which was a cocktail sausage or two or three or four. Then cook something in the embers of which they had the choice of apple with sultanas or banana filled with chocolate. Lastly, was cook something in a Billy Can and they did poached eggs. By the time that was all done it was lunch time and Simon had done a BBQ followed by cake. After lunch they went out with



Ziggy, Kaa, Rikki, William and Kathryn; they went out on a hike with a difference. Earlier while they had been working on their Backwoods Cooking badge, Kaa

and William had gone round Dersingham Bog and hung up pictures of different birds and animals and on the back of these were a series of words. The Cubs had to find the pictures collect all the words and then work out what the saying was. They were gone for nearly two hours and came back to the site and ran at me and altogether said 'Cub Scouts always do their best, think of others before themselves and do a good turn every day.' Before the parents came to pick them up at 3pm they cooked marshmallows over one of the fires that Barry had kept alight while they were on their hike. So, Thank You to Ziggy, Kaa, Hathi, William, Barry, Simon and Kathryn for your help on the day. Unfortunately, Rikki could not join us as he had to work.

Our last evening on 19th October we started the Naturalist Badge with recognising different trees, animals and birds and also learning about the life cycle of a frog. We were able to finish off the evening giving out badges from our day at Wolferton, so well done to Alexis who is now up to Hikes Away 3 but unfortunately there is not a badge for that one; Sidney, Hikes Away 1 and Backwoods Cooking; Samuel, Hikes Away 2 and Backwoods Cooking; Jacob, Hikes Away 2 and Backwoods Cooking; Harley, Hikes Away 2 and Backwoods Cooking; Leo, who also is up to Hikes Away 3 and Backwoods Cooking then Dominic, Hikes Away 5.

Happy Scouting to all our Cubs.

Akela (Sam), Ziggy (Julie), Kaa (Rob), Rikki (Tommy), Hathi (Jemma) and William



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Borough Council News

Toilets are the centre of attention at the moment. Public ones. You may have read that several across the Borough were recommended for closure. These include, despite what you may have read in the Lynn News, those on Station Road. At a meeting of the Environment and Community Panel recommendations were amended in a frenzy of trading. Suffice it to say that a decision on Heacham's block was deferred until the next meeting on 14th November.

It appears that some senior Borough Councillors think it is quite OK for the public to pop into shops and libraries to use toilets as this would not cost the council anything. In fact, one such councillor suggested, to a colleague, that people in Heacham could use the toilet in the chip shop (there isn't one before you all rush there but, by all means, buy the chips and fish).

Toilets in Hunstanton, Old Hunstanton and Holme will be retained to serve tourists. Apparently Heacham is only a resort when car park charges are determined.

If you consider that the public toilets on Station Road should be maintained as such please write to or email the Chairman of the Environment and Community Panel, Councillor C. Sampson promptly. (See Council website).

Significant comments about planning next month. Just in time for Christmas.

Councillor Terry Parish

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Heacham at Night

That space rock missed us last month. I know because the problem still persists.

Anyway, I should rename this column 'Heacham at Dawn' as the best planetary sightings are once again prior to daybreak at about 6-6.30am.

On Guy Fawkes Day look south-east at 6.05am and see the International Space Station shoot down the sky past Venus (apparently).

In the first week of the month look pretty low down towards the ESE horizon. Bright Venus will be evident and a hand width or so above it the red dot of Mars. If you have good, steady, binoculars look for a faint dot to the left of Venus and somewhat above it. This will be Vesta, an asteroid.

On November 13th Jupiter pops up in the predawn sky and will be just a ¼ degree – half the size of the Moon – away from Venus. This 'super' conjunction will have astronomy twitchers out in droves. Mars will still be above and to the right of this pair which will be very low down – you need a good horizon.

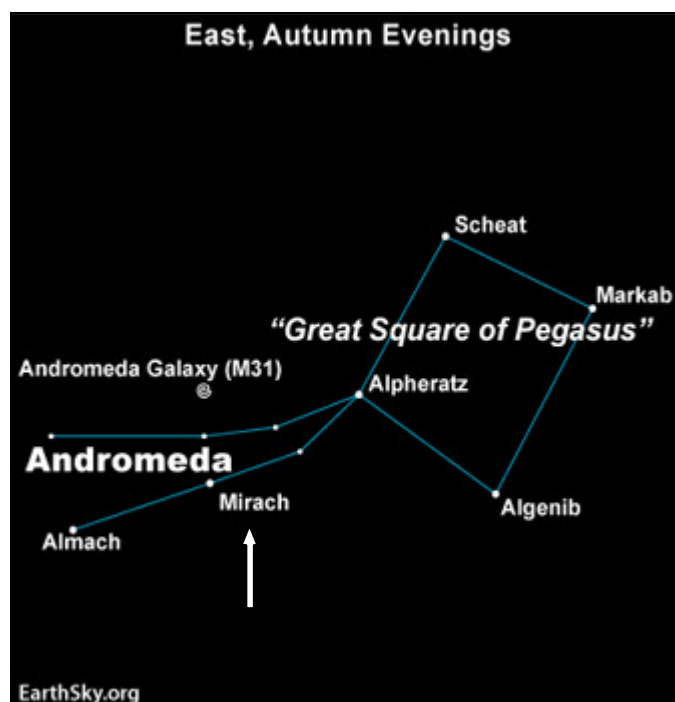
Between the 15th and 17th, Jupiter will separate from Venus and move above it but a thin crescent Moon will join in and make a good photo opportunity.

Now for twilight: Saturn is sliding down the sky into the south-west and will be gone, until next year, by the end of the month. Before it vanishes, it meets Mercury which will be at its greatest eastern elongation (furthest away from the sun in its orbit) in the middle of the month. The spark of little Mercury will actually be a tad brighter than far off giant Jupiter. On the 20th the crescent Moon once again joins the fun and is above Mercury and to the right of Saturn. You will have to be quick to

catch this gathering as it will all be over by about 4.30pm. And also lucky; I have not managed to catch Mercury this year as low cloud and murk has always got in the way.

November 30th sees the Moon close to Uranus, the blue -green planet of Herschel discussed last month. Look about three moon widths to the right of the Moon. Good binoculars should reveal it.

There are always meteors about. You just have to be looking up at the right time. Chances improve during predictable showers and there are two this month. The Leonids run from about the 6th to the 30th, peaking in the early hours of the 18th. Perhaps 15 per hour might be seen. They can be bright with persistent tails. Joining them may be some of the Northern Taurids which peak around the 11th/12th.



Deep Sky: two local galaxies, Andromeda (M31) and M33. Are relatively high in the sky and visible to good eyes if it is very dark and clear, otherwise binoculars are needed. The M stands for Messier an astronomer who was interested in comets so catalogued all the fuzzy objects he could see to avoid them being mistaken for those heavenly visitors. These galaxies are local because they are just 2.5 and 2.7 million light years away respectively. A light year is the distance light travels in one year. It covers 186,000 miles, 300 million metres, in one second. Do the maths, find out how far starlight will get in one year, then multiply by 2.5 million or so. And these are two of our *local* galaxies. The position of M31 is labelled above. M33 is at the

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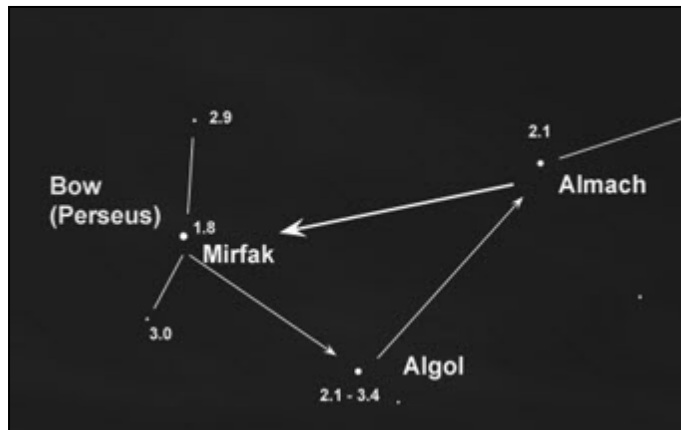
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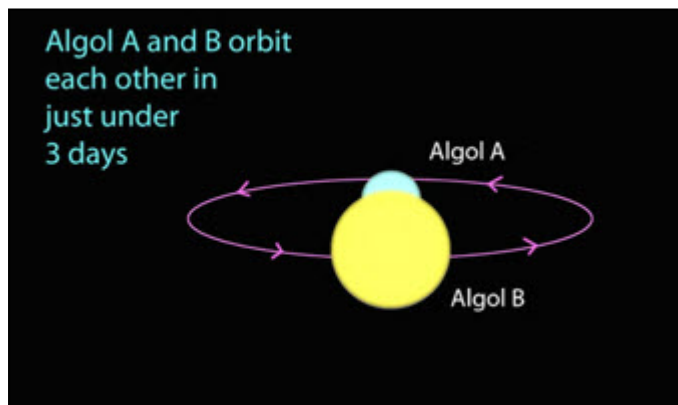
tip of the white arrow or about the same distance below Mirach as M31 is above it.

A star in the *constellation* of Andromeda, gamma Andromeda or Almach is a worthy double star that needs a small telescope to be appreciated. See the Square of Pegasus diagram above to help locate it.

Algol, the demon star, is looking down on you this month. An eclipsing binary – a companion B blocks the light from a very bright primary A so the ‘eye of Sauron’ dims and brightens over 15 hours. Look due east and high in the sky. It is lower than Almak and the diagram below will help you find it.



Star hop from Almach (see also first diagram) to find Algol



A shorter article this month but I am saving my energy for the double issue in December. Yes, next month it is Christmas and I will be recommending a few useful astronomy books and bits of equipment to put on your lists before you stick them up the chimney or tape them to the solar panels and heat pump.

Turn all those outside lights off, shut the curtains, and enjoy dark skies.

Terry Parish



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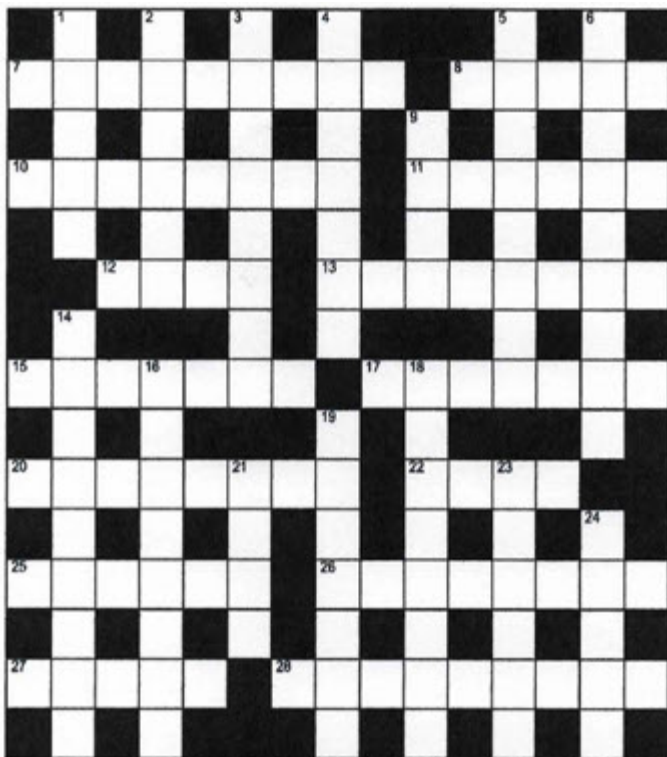
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CROSSWORD CLUES

Across:

7. One must start to intervene without delay (9)
8. Duck bowler (5)
10. Football referee was an artist (8)
11. Press enclosure (6)
12. Jack is first starter to fall behind (4)
13. Go off this too soon? (4-4)
15. Last man makes a cocktail (7)
17. Better disposed, having left dance (7)
20. Hulk embraces new church as a faithful follower (8)
22. Disposes of glasses (4)
25. Foregoing first whisky, gulp down pasty (6)
26. First-rate lies are diabolical! (8)
27. Her Majesty soaks up the atmosphere (5)
28. Ancient temple meets expectation, so no need to return (9)

Down:

1. Cop meathead regularly here? (5)
2. Leaves selectors carrying the can (6)
3. Agile duo manipulated conversation (8)
4. Formal visit held inside registered hotel with Conservative (7)
5. Saw angry wound (8)
6. Snowball seen at this time of year? (9)
9. Boy returned one internal call (4)
14. Warning heard prior to smack from trailer (9)
16. Frustrated camel stuck in ground and can't move (8)
18. Discharge fifty-one with reprimand (8)
19. Can keep busy providing joint cover (7)
21. Cat noises heard from stable complex (4)
23. Exposed, evoking vigorous denial (6)
24. Last one to score boundaries in Birmingham (5)

Solution on page 42



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Paris Larham

Time is running out for our Woodland

The woodland located in Hunstanton Road, Heacham, has been in preparation for planning.

The planning application is for at least 30 glamping huts to be placed on the site, along with a Wardens accommodation car port, stores etc. (Application number- 17/00773/FM).

If approved, this could result in destruction of Heacham's Hunstanton Road Woodland.

There are currently three reports from Norfolk Wildlife Trust, Natural England and Woodland Trust, which all state the same thing. They argue that planning permission should be refused for the development due to the resulting loss, or deterioration of, irreplaceable habitat. This includes ancient woodland, unless the need for, and benefits of, the development clearly outweigh the loss.

Our local MP, Sir Henry Bellingham, has stated, in relation to government policy, "I am proud of the government's record in creating and improving habitat and I welcome the commitment to plant 11 million more trees by 2020."

Currently, there is a lot of activity from the Parish Council about keeping the trees. It has strongly recommended that the trees to be removed along the A149 and throughout the woods be replaced by native trees.

I spoke to local resident about the matter, he commented, "This will be only the start! A year down the line when all the trees have gone and the park is not viable because it is in the wrong area crammed between two very busy roads and in the middle of residential area it will be the next building plot. There is very little woodland left in Heacham. Please don't let this one disappear and in its place another housing estate, we have enough as it is. Remember, if this is passed the next one is just around the corner to you!"

It isn't only Heacham's woods in danger though. Woodland Trust state on one of their posters: "One of the UK's most important wildlife habitats is disappearing before our eyes. Right now 700 ancient woods are under threat from housing, roads, quarries and HS2.

"They can never be replaced.

"This autumn you have a unique opportunity to demand better protection for ancient woods and trees by backing our campaign."

You can act on this campaign now by adding your voice at: woodlandtrust.org.uk/save

You can voice your opinion on the potential destruction of the woodland along Hunstanton Road, Heacham via the following link: <http://online.westnorfolk.gov.uk/onlineapplications/search.do?action=simple&searchType=Application>

and comment using reference number: 17/00773/FM.

Alternatively, you can write to your parish or borough councillor.

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2nd Heacham Rainbows

On our first week back after the summer holidays the Rainbows took advantage of the September sunshine and played in the garden, playing on the slides and organising their own game of hide and seek.

The Saturday after was the District Outing to Banham Zoo. The Rainbows enjoyed walking round in the rain and shine looking at the different animals and listening to a talk about the penguins and even watching a tiger being fed. Two Rainbows made their promises, each with their favourite animals, one in front of the meerkats and one in front of the horses. All of the girls were very well behaved and seemed to enjoy the outing.

The next week we were joined by the Guide leader Sue who joined us to make plasticine animals inspired by the trip to Banham Zoo. The girls created a variety of animals from pandas to unicorns. The Rainbows used different sized cutters to make circles and triangles before putting them together as shown on the instructions to make their animals. Finally, the girls added a little flair with handmade details, giving their creations personality.

The next week I redesigned our board at the Scout and Guide hut. After drawing and cutting out the letters to spell 'RAINBOWS', I gave them to the rainbows and they enjoyed finger painting them with the primary colours. When they were dry I backed them and put together the board; it still has lots of space but I'm sure we will fill it up eventually!

The week after I introduced the girls to a version of hockey. I separated them into two groups and they played hockey one-on-one until one of them scored a goal, then they handed their hockey stick to the next person in their team; they played first to 10 points. After we had a winner they wanted to play with the parachute. Each girl held two handles and were given the talk how to keep a ball on the parachute. It took them a little while to get the hang of it but, as they got more control over the parachute, I was mean and started to add more and more balls. The next game we played with the parachute involved all the Rainbows lifting it up at the same time, and quickly, so lots of air pushed it up and Danielle or I said a statement like "anyone wearing pink". If it applied to them they had to run under the parachute and swap places with someone else who was wearing pink. After Danielle and I said a few sentences, the Rainbows took it in turns to come up with their own sentences.

The next week I gave the girls strange small fuzzy balls that stuck together to make whatever they wanted with different accessories such as moustaches, top hats and lips to bring their creations to life. The girls enjoyed making wiggly worms, flower and unicorns, each one colourful and unique, and making up little stories with them.

On our final week we did a craft inspired by the Diwali Festival. The Rainbows watched a cartoon that briefly told them the story of Diwali then went to the table. Each Rainbow had a cardboard tube which they decorated with felt tip pens before gluing red, yellow and orange tissue paper flames to the top to make them into candles. I then sellotaped a flickering tea-light to the bottle so that it looked like the candles were lit and flickering.

Kathryn
Unit Leader

Christmas Open Day
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NORFOLK LAVENDER

Edgar of Heacham - Part Two

Finding out about Edgar

Everyone can recognise a human skull. Most people can recognise the long bones of the human body and many realise that the length of the femur (thigh bone) gives a good idea of the skeleton's height when he/she was alive.

Our builders were a team of 3 on the day of Edgar's discovery – Robert 'Holly' Howell, Jason Clarkson, and Dean who is half of the groundworks firm of Dave and Dean Hardy (DH Digger Hire). They are all skilled and careful individuals with an interest in everything. Dean had immediately compared the unearthed femur to his own leg and, as I said in a previous Newsletter, Edgar would have been about 6 feet tall.

Later examination by archaeology student Beth McDougall at SHARP used a formula for estimating height. The formula was determined by M. Trotter and G.C. Gleser based on American studies of height and long bone length. Edgar has a complete right femur with a length of 47.7cm or nearly 19 inches giving him a maximum height of 180.134cm or nearly 5 feet 11 inches. So, it's a useful formula for archaeologists if they don't have a handy builder for comparison.



Copyright Parish

I had recorded Edgar's teeth on a human dentition diagram and estimated his age as about 32 years mainly based on tooth wear of his wisdom teeth when

compared to wear on his other molars. There is an archaeologists' method for this too. The Brothwell Scale grades wear on a scale of 1-7. Beth McDougall used this to give an age range of 17-35 years narrowed down to 25-30 years.



Copyright Parish

I had started to record the human bones we found on a skeleton diagram photocopied from an old biology text book, but was not sure if the bowls of

animal bones contained human bone pieces.

Copyright Parish

What I found useful was watching 'Time Team' repeats, being a follower of Kathy Reich's 'Bones' TV series and a reader of her novels. And, of course, the Ruth Galloway mystery series by Elly Griffiths. Ruth Galloway is a forensic archaeologist who is based at the University of North Norfolk (not real). Recommended reading – copies in Heacham Library.

When struggling with left / right femurs I was delighted to find a copy of Alice Robert's 'Human Anatomy', publisher D.K., in The Works shop.

When director Gary Rossin, Dr Mel Van Twest and Terry Baxter from SHARP came to visit our bones and finds, they kindly



Copyright Dr Mel Van Twest

agreed to identify and record the information. This was a great help. Dr Mel Van Twest is head of human remains and she had Edgar to stay for a week's holiday in Sedgeford. She and her student, Beth McDougall, examined him and Dr Van Twest has given me a report of their findings. She wondered what Edgar had looked like. His skull was complete except for samples being carbon 14 dated. She reassembled him and took his photo. Brilliant.

June Parish and Edgar of Heacham



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Norseman Boxing Club

I would like to thank the coaches for all their hard work who helped Louis Thomas in preparation for the National Development Championships (Under 10 Bouts). Justin Barrett and Dave Butcher.



Louis Thomas - he boxed in the National Development Championships (Under 10 Bouts).

Sunday 24th September at Chadwell
Eastern Counties Semi-Final
Louis Thomas v Joshua Cameron (Norwich City)
Points win.

Saturday 30th September at 5 Lakes Plaza, Tiptree

Eastern Counties Final

Louis Thomas v Fazan Khalid (Top Yard)
Points loss.

This makes him Norfolk Champion and almost Suffolk, Essex & Cambridgeshire champion in a hard fought contest.
God Bless

Leon Bolmeer
Chairman, Norseman Boxing Club

Heacham Manor Junior Wins Norfolk County Golf Union Handicap Order of Merit

Wisbech Grammar School Pupil Alfie Edgson, who is a member of Heacham Manor Golf Club and has been a county golf player for the last 3 years, has had a great season of achievements on the golf course. Alfie started the season with a handicap of 26 and got to 17 over the summer. He has achieved some great results this year including:



In the Norfolk County Golf Union handicap category of the Junior Order of Merit, Alfie took the blue ribbon with a net 70 at Eaton, at King's Lynn he had a net 69 and at Royal Norwich he had a net 63.

In the men's handicap section of the Order of Merit he came third with an impressive 210 points, the adults having an extra four events over the juniors where they could earn extra points. In August, Alfie also won the Norfolk County Golf

Union Boys' U12 Scratch Champion at Wensum Valley.

Alfie qualified to play in the "Norfolk Men's Handicap Match Play Championship" held at Heacham Manor on 14th and 15th October. Heacham Manor are the sponsors of the Order of Merit and are very proud to have Alfie representing the club.

PGA Professional Ray Stocker who has coached Alfie for the last 8 years said: "Alfie has not only become a very good golfer but is turning into a very nice young man".

Kathryn Gigg

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Heacham Manor Retain Junior AMAM Roger Trower team trophy.

As 2016 champions, Heacham Manor were pleased to be hosting the Norfolk County Golf Union Junior AMAM Roger Trower team trophy on 1st October.

Nine Teams from Clubs across Norfolk participated, with each team consisting of two adults and two juniors with the best 3 stableford scores from each player on each hole counting. Despite a wet forecast and start to the day, the weather held and all golfers enjoyed a great day of competitive fun golf.

The Heacham Manor team consisted of Club Captain Simon King, Ben King, Warren Bates and Chloe Tarbard. They were delighted to successfully defend their title with a score of 107, ten shots clear of Middleton Hall who took 2nd Place.



L to R: Warren Bates, Simon King, Ben King, Chloe Tarbard, Norfolk County Junior Secretary Norman Blanch.



Heacham FC (Seniors)

HEACHAM HIT THE HEIGHTS

Season So Far – Unbeaten

Anglian Combination Results:

Heacham 7 St Andrews 0

Heacham 6 Gayton 1
Heacham 5 Hellesdon 0 (C S Morley Cup)
Heacham 3 Downham 2
Heacham 5 Wells 0 (C S Morley Cup)
Heacham 6 Reepham Town 1
Heacham 3 Harborough 0 (Norfolk Junior Cup)
Heacham 3 Bungay 1

Our Next Fixture is:

4/11/17 - Away to Runton United – Norfolk Junior Cup

Please come along and support your local team, test our Tea and Coffee and help us get promotion for the third year on the trot.

Dave Page
Chairman
Heacham FC (Seniors)

Heacham Minors Winter Training Times

First session for new players FREE, then £1 per session after.

U8s - from 5 years up - Thursdays 4.30-5.30pm – Jason 07867 527706
U9s - Wednesdays 6.00-7.00pm - Sam 07803 790402
U10s - Minors - Fridays 5.00-6.30pm - Jay 07711 779415
U10s - Magpies – Mondays 5.00-6.30pm - Debbie 07506 887545
U12s - Mondays 6.30-8.00pm. Thursdays 5.45-7.00pm - Jason 07867 527706
U13s - Saturdays 10.00-11.30am - Mike 07804 927764

Jason Brown

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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
YOGA for healthy living 9.30-10.30am For info Tel: Alison 571062 or email - medullayoga@gmail.com (SG)
ART CLASS 10am – 12noon For info Tel: Shirley Milborn 572247 (PRH)
SUNNYSIDE CLOSE (Sheltered Housing for over 60's)
Coffee Morning 10.30am Tel : 570492
FITSTEPS 11am – 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)
HATHA YOGA 11am-12noon For info Tel: Alison 571062 or email - medullayoga@gmail.com (SG)
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311 (PH)
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 – 6pm Contact Kathryn Tel:572138 (MC)
FOOTBALL Under 10's 'Magpies' 5-6.30pm Contact Debbie 07506887545 U12's 6.30-8pm Contact Jason 07867527706 (HSC) playing fields
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485
LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3.50 Contact Diane 571166 (SM)
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Julian Geraghty 572890 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly 7pm at Heacham Parish Library
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com. (PRH)
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm Contact Sue Scott Tel: 572252 (HSC) Top Room

TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429
CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)
HEACHAM CARERS SUPPORT GROUP meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind 4 Poplar Avenue Tea Coffee & a chat For more info Tel: 572707
LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3.50 Contact Diane 571166 (PH)
THE FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7pm (PC)
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

WEDNESDAYS

WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar Ave Heacham Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk

SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)

CARPET BOWLS 10.15 – 12 noon Tel: 570776 (PH)
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126
MIDWEEK COMMUNION 2nd Wednesday of the month 10.30am (MC)
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 9's 6-7pm Contact Sam 07803790402 (HSC) playing fields
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)
LINE DANCING 7 - 9pm Improver/Intermediate £3.50 Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 2nd Wednesday monthly at 7pm New members welcome Tel: 579465. (PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851 Peter Gray www.westnorfolksingers.org.uk/ (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30–3pm For info Joyce Armstrong 07704338775
TABLE TENNIS CLUB 10am (PH Top Room)
OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10-11am Tel: 298429
CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492
FOOTBALL Under 8's (5yrs up) 4.30-5.30pm U12's 5.45-7pm Contact Jason 07867527706 (HSC) playing fields
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
SOCIAL EVENING 2nd Thursday monthly 7.30pm (MC)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Sue Spencer bereavementgroup53@yahoo.com or Tel: 572029 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm
FOOTBALL Under 10's 'Minors' 5-6.30pm Contact Jay 07711779415 (HSC) playing fields
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 yrs Term time 6 - 7.15pm Tel:572890 Julian Geraghty (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi 7-8pm
Advanced Tai Chi 8-9.30pm Adult Kung Fu

Tel: Derek 01553 674779 (PRH)

INDOOR BOWLS CLUB (Carpet) 7pm (MC)

CASH BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC
Top Room)

SATURDAYS

FOOTBALL U13's 10-11.30am Contact Mike 07804927764
(HSC Sports Field)

HEACHAM YOUTH CLUB Term Time School years 6-11
Tel: Louise 07411457017 (SM)

SUNDAYS

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly
Everyone welcome For details Tel: 579440 (PRH)

HATHA YOGA 7.30-8.30pm For info Tel: Alison 571062 or
email - medullayoga@gmail.com (SG)

HEACHAM DIARY

Wednesday 8th November 'Community Coffee Morning &
More' 10am to 12noon at the Old Friends Hall Sunnyside
Everybody welcome

Saturday 11th November GIG 'Dirty DC' at the Public Hall
For tickets £12 (in advance) £13 (on the door) contact Trev
Frammingham Tel: 07747 156204

** Heacham Twinning Assoc 'Barn Dance' at Snettisham
Memorial Hall £7.50 (inc. light supper) For info Tel: 572252

Sunday 12th November 'Service of Remembrance and
Wreath Laying at St Mary's Church Heacham' from 9.45am
The Wreath Laying Ceremony will commence at 10.45am

Wednesday 15th November 'Afternoon Prize Bingo' 1.30pm
at Heacham Social Club

Thursday 16th November 'Art & Crafts' at Sunnyside Close
10am to 12noon £1 includes Tea & Coffee All welcome

Sunday 19th November 'Christmas Market' 12noon-6pm at
Heacham Public Hall

Saturday 25th November 'Messy Church' at St Mary's
Church Heacham 10am-12 noon For information Tel:
Veronica Wilson 570697 or the Church Office 572539

** Heacham Sunnyside Close 'Christmas Fayre' 10am to
12noon Free admission Stalls Raffle Cakes & More

Sunday 26th November West Norfolk Healing Hearts
'Pamper & Christmas Fair' from 10am at Heacham Public Hall
Entry £1 (inc's cup of Tea or Coffee)

Monday 27th November Heacham History Group 7.30pm at
the Old Friends Hall Sunnyside Talk by Neil Storey 'A Ghost
Hunters Guide to Norfolk Admission £3 (Members £2)

** 'Bingo' at Fridhem Rest Home Eyes down at 7pm All
welcome

Friday 1st December 'Poker Night' 7pm at Heacham Social
Club

OTHER EVENTS

Saturday 4th November Hunstanton Community Players 'Table Top Sale' 9am – 1pm at Hunstanton Town Hall

** 'Indoor Firework Party' 7pm at the Salvation Army Snettisham Games Quizzes and fireworks Tickets £6 (inc buffet) Tel: 541978 or 543493

** Dancing to 'Dean Alexander' 8.30pm at United Services Club Hunstanton

** Entertainment by 'Mark Steele' at Hunstanton Conservative Club

Tuesday 7th November Brancaster Camera Club Annual Print Competition 'Open Monochrome' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Friday 10th October Anmer Village Social Club Film Night 'The Time of Their Lives' 8pm Tickets £3

Saturday 11th November Heacham Twinning Assoc 'Barn Dance' 7.30pm at Snettisham Memorial Hall £7.50 (under 12's free) More info from Tel: 572252

** Dancing to 'In The Mood' 8.30pm at United Services Club Hunstanton

** 'Hunstanton Community Choir' in concert 7pm at St Nicholas Church Dersingham Tickets £5

Monday 13th November HDFA 'A.G.M. & Art Interest Mtg' 6pm at The Wash & Tope Hotel Hunstanton All Welcome

Wednesday 15th November 'Getting Crafty for Christmas' in aid of UNICEF 2.30–4pm at Sedgeford Village Hall Tickets £5 Craft Demonstrations Refreshments

Friday 17th November 'Quiz Night' £2pp plus Mince & Potatoes Pie 8.30pm at United Services Club Hunstanton

Saturday 18th November HDFA 'Craft Fair' 10am to 4pm at Hunstanton Town Hall Free admission Refreshments

** Cinema in Syderstone presents 'Their Finest' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50

** 'Bingo' 2pm at Sedgeford Village Hall

** Dancing to by 'Take Two' 8.30pm at United Services Club Hunstanton

** Hunstanton & District Rotary Club 'Music Evening' 7pm at Smithdon School

Monday 20th November 'Hunstanton U3A 2pm at Hunstanton Community Hall with speaker Mike Weatherstone 'Defensive Driving'

Tuesday 21st November Brancaster Camera Club 'Audio Visual Evening' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Thursday 23rd November Norfolk Wildlife Trust A talk 'Off the beaten track in Uganda' 7.30pm at Hunstanton Methodist Church Hall £2.50 members/£3 visitors

Saturday 25th November Dancing to 'The Strollers' 8.30pm at United Services Club Hunstanton

Tuesday 28th November Dersingham Cinema presents 'Whisky Galore' 7.30pm at the Dersingham Social Club

Wednesday 29th November 'Prize Bingo' at Smithdon High School Eyes Down 7pm Raffle Refreshments All welcome

Wednesday 6th December 'Snettisham Christmas Market' 5-8pm Xmas Raffle Hog Roast Variety of stalls

Thursday 7th December 'A Video Postcard Presentation of life on the wild side inc. Barn Owls & Otters' 2pm at Ringstead Village Club Admission £2

WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

Mondays

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FITSTEPS 6.30 – 7.30pm at Snettisham Memorial Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

COASTAL STROKE & SUPPORT GRP 10.30am – 12.30pm at Hunstanton Methodist Church Austin St

LINE DANCING 1.30 – 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am–12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FIRE CADETS at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07710 066145

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

LINE DANCING 10am – 12 noon at Hunstanton Community Centre £3.50 Tel: Diane 571166

TEA DANCE 2 – 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

FITSTEPS 6 – 7pm at Snettisham Memorial Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

YOGA 7.45-8.45pm at Snettisham Memorial Hall For info Tel: Alison 571062 or email - medullayoga@gmail.com

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm

Fridays

HUNSTANTON BRIDGE CLUB 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

'HEACHAM REMEMBERS'

Heacham Junior School Postcard Competition

To help mark the centenary year of the ending of World War I, the Parish Council and Heacham Junior School have co-operated on a joint project: a competition for the children to produce a picture or drawing commemorating the end of World War I, with the winning entry to be printed on a postcard and sold for the charity, 'Help for Heroes'.

A total of eighteen entries from Years 3, 4, 5 and 6 were submitted to us for judging which proved to be a very difficult task as the pupils had clearly given a lot of thought to the subject and created some imaginative and also well-constructed artwork. There was, however, one stand-out winner and our firm favourite was the entry from Olivia Raines. Many congratulations to Olivia, who will receive a canvas mounted copy of her winning entry, and well done to everybody else who took part in the competition and particularly the five runners up whose work is also shown.

Olivia's artwork has now been transformed into a postcard and these will be on sale locally from this month at various outlets including the Parish Office, the Library, the Heacham Youth & Community Trust Charity Shop and Heacham Junior School. Each postcard costs 50p or 3 for £1 with all the profit being donated to 'Help for Heroes'. So, please buy a postcard and show your support.

With many thanks to Heacham Junior School and everyone who has helped with this project.

HPC Community Activities Committee



1st – winning picture by Olivia Raines

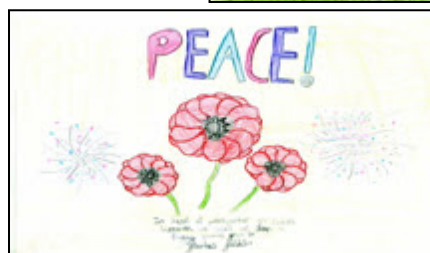
Hunstanton Conservative Club

Entertainment for November

Saturday 4th Entertainment by Mark Steele.



2nd and 3rd winners



Runners-up



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News from Heacham Fire Station

There are many attributes that go towards making a good firefighter and one of them is being fit! Now, fortunately, there is no requirement to be a poster girl or boy (thank goodness). I'm talking about the need to maintain a good level of physical fitness which allows us to be effective in our jobs and reduces the risk of injury.

We now have a fantastic piece of equipment at the station to help us achieve this in the form of a very smart treadmill or running machine. The purchase of this was made possible by a bequest from the family of a former fireman here.

This month, I'd like to tell you a little bit about that man and what he did for the fire brigade in Heacham and beyond.

Harry Shirley came to the village in 1931 after ill health forced him to take early retirement. During World War One he had been involved with the building of aerodromes in France and it was said that his health had suffered through long periods of sleeping out on wet grass. He retired to Norfolk as it was thought the air here would be good for him.

Having settled in, Mr Shirley (as he was mostly known to those I've spoken to) joined the Parish Council in 1936 and then the Docking Rural District Council in 1938. The Second World War was looming large on the horizon and an Act Of Parliament at that time compelled all rural councils to establish a fire brigade. This led to the District Council's purchase of the Parish Council's brigade and the appointment of Mr Shirley as Honorary Chief Officer in May 1939.

This appointment was not without good reason. In his former employment at Messrs Harrods Ltd of London, he writes that he had "to supervise the installation of about 6,000 heads of sprinklers, drenchers etc, 1,000 fire detectors, fire escape stairways and bridges". He had also served as a volunteer watchroom attendant at Fulham Fire Station on his return from overseas during World War One and so was familiar with the workings of a fire station.

This experience stood him in good stead as he surveyed and charted the district which one newspaper cutting from 1940 states covered thirty villages! He prepared a scheme for fire protection which was approved by the Home Office and put into operation. As well as the fire station in Pound Lane, Heacham, there were 'fire parties' in eight major villages made up of forty-five men who were all trained by him. After the National Fire Service was established in 1941, the number of crew at Heacham was increased to thirty- eight giving a total of eighty three men under Mr Shirley's command.

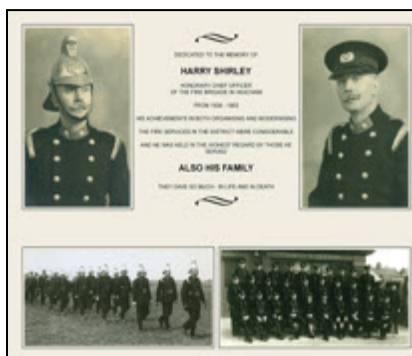


New recruit Joe 'don't break it' Eglen on the treadmill with other crew members including Damon and Will holding the tribute to Mr Shirley and his family.

Company Officer Shirley as he was then, was known throughout the division for

running a most efficient brigade. There are numerous letters from senior officers and newspaper reports which praise all aspects of the service whilst it was under his leadership. The crews would even be turned out to imaginary incidents by Mr Shirley who, with stopwatch in hand, would ensure a speedy response and that a high standard was maintained.

With assistance from his second in command, Section Leader Gerald Teeling, he led Heacham to great successes in fire service competitions. They were even able to beat their full-time colleagues from Norwich and Great Yarmouth to win the Norfolk Brigades Championship.



The Tribute to Mr Harry Shirley
(Image – Wolfy's, Hunstanton)

The last major event in the then Station Officer's fire service career was to organise the local response to the 1953 floods and there will be more on

that in the next Newsletter.

Harry Shirley retired from the brigade on the 31st December 1953 when his declining health meant he could continue no longer. He was, after all, way beyond the normal retiring age and so the Norfolk air probably had been good for him. He died just seven months later which to me says that the fire service had become his life.

When I visited his son Douglas and his daughter in law Eileen in 2003, it was clear that they shared his passion and were very proud of what he had achieved. It was only much more recently after they had both passed away that I learnt just how much the fire brigade in Heacham meant to them.

There is now a tribute to Mr Shirley and his family in the station which will serve as a reminder to us of their generosity, and perhaps inspire future firefighters to achieve the same level of excellence that made Heacham Fire Station the one to beat, all those years ago.

Chris Wood Heacham Fire Station

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Heacham History Group

In September Gary Rossin, one of the directors of the "Sedgeford Historical and Archaeological Research Project" (SHARP), came to talk to us about our local dig, which has been running for over 20 years. He told us about previous antiquarians and excavators and the history of the dig itself, from its conception in 1995 right up to the end of the 2017 season. He then went on to relate their findings, not in chronological order of discovery, but starting with worked flint of the late Mesolithic period. He took us through the centuries of human activity in the village finishing with the story of Sedgeford Aerodrome, a WW1 training station with 3 squadrons and over 100 buildings.



One strange coincidence occurred in 2004 when SHARP was doing a field survey. Dr Steve Hammond found the terminal of a gold torc. It was the missing part of a torc uncovered by a farm worker in 1965! This and discoveries of Bronze Age crouched burials, gold coins in a

cow bone, horse burials, a Romano British farmstead, a grain-drying oven with a body stuffed in it, a Middle Saxon cemetery with over 400 skeletons and evidence of industrial size grain processing, are just a few of the highlights of the 21 year project.



But as Gary pointed out, Sedgeford is not unique; it could be the story of any village, we just have to look at what's beneath us.

It was a very fascinating talk and for many of those of us who have followed the dig over the years it was particularly interesting to

have the history of Sedgeford, albeit a brief one, presented as a timeline.



The Sedgeford Hoard

27th November will see the return of Neil Storey who talked to us last year about the Sandringham Company in Gallipoli in 1915. Neil also has an interest in crime history, murders, ghosts and sinister legends with a particular affinity for the darker side of Norfolk. He will be giving us A Ghost Hunters Guide to

Norfolk. Do make sure you have company and a torch for your walk home!

The meeting will begin at 7.30 pm. As usual the venue is the Old Friends Hall, Sunnyside Close, Heacham, PE31 7DU. Everyone is welcome. Admission £3 (Members £2).

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**WEST NORFOLK LIBRARIES
EVENTS
HUNSTANTON LIBRARY
November 2017**

For further information about events and to book please call 01485 532280.

Regular weekly events:

Baby Bounce and rhyme – every Monday (term time) from 2.00-2.30pm.

NEW – The Library Lads – Tuesdays 2.00-3.00pm Relax, make friends, enjoy some card and board games, discuss a hobby or just stop by for a chat and a cuppa. Women welcome!

Job help session - Every Wednesday 3-5pm (Booking essential). Want help to update your CV, using Universal Jobmatch, and searching for jobs online? Then why not book in for a 30 minute session with staff to get you started. Please call 01485 532280 to book!

Just a cuppa – every Friday from 10.30-11.30am.

Friends of Hunstanton Library:

Could you help act as a link between the library and local community? Or help plan and hold fundraising activities, library sales, community events or raffles? Then contact Lauren on 01485 532280 or Alison on 01485 540181 for more information.

Hatha Yoga Workshop – Saturday 4th, 11th, 18th, 25th November - 1.00-3.00pm

Learn how to move your body with awareness, improve your posture, alignment and energy flow with Anna. Free. Just bring a non-slip mat and a blanket, and wear comfortable clothing. To book your place, contact the library on 01485 532280.

Knit and natter - Thursday 9th November 10.30-12.30pm

Colour yourself calm – Monday 13th and 27th November 10.30-12.00pm

Book Club – Monday 13th November 2.30pm

New members always welcome. Ask staff for details of the books being discussed.

Walk and talk group - Tuesday 14th November 2.30pm from the library

A short walk around the town and then refreshments at the library afterwards. This walk is perfect for those wanting to gently build up their walking stamina.

Norfolk Rocks – Wednesday 29th November 5.00-6.30pm

Come along and try your hand at the new craze sweeping across Norfolk! We'll supply the rocks and PVA glue - just bring along your favourite paint or pens. Suitable for anyone over 7 years of age. Tickets are £3 per person payable in advance, and booking is essential.

Family History and Computer volunteers

You can also book one-to-one sessions with our volunteers. Just ask staff for details

You can also follow library events on Facebook at: www.facebook.com/LynnLibraries - for Lynn, Dersingham and Hunstanton Libraries.

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around & about...

Ringstead Village Club

You are invited to the December meeting of the Ringstead Village Club being held on Thursday 7th December at 2.00pm in the Village Hall.

You will see a Video Postcard Presentation of 'Life on the Wild Side' including Barn Owls and Otters, together with a 10 minute video covering the 'Falkirk Wheel' the 'Kelpies' and 'Three Bridges over the Firth of Forth'.

Admission £1.00 including refreshments and free parking. Free to Club Members.



Smithdon High School PTA (DOWNS ROAD, HUNSTANTON)

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ANMER VILLAGE SOCIAL CLUB FILM NIGHT

Friday 10th November 2017 at 8.00pm

'THE TIME OF THEIR LIVES'

Comedy starring Joan Collins and Pauline Collins in which a former Hollywood star enlists the help of a new friend in order to journey from London to France for her ex-lover's funeral, with the various mishaps en-route making the trip unforgettable.

Venue – Anmer Village Social Club

Admission by ticket - £3 at the door

Doors and bar open 7.30pm

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SUNDAY 19th NOVEMBER
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 7.00pm – 11.00pm
TINY TINA T
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Ringstead Village Hall, Ringstead

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Nov 2017					Dec 2017				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 W	03 26	6.4	16 11	6.5	1 F	03 35	6.7	16 20	6.8
2 TH	04 13	6.9	16 54	6.9	2 SA	04 26	7.1	17 07	7.1
3 F	04 57	7.3	17 36	7.3	3 SU	05 16	7.5	17 52	7.5
4 SA	05 41	7.6	18 16	7.5	4 M	06 06	7.7	18 36	7.6
5 SU	06 25	7.9	18 55	7.6	5 TU	06 56	7.7	19 19	7.7
6 M	07 11	7.9	19 35	7.6	6 W	07 45	7.7	20 01	7.6
7 TU	07 55	7.7	20 14	7.5	7 TH	08 33	7.5	20 45	7.4
8 W	08 41	7.5	20 56	7.1	8 F	09 24	7.0	21 31	7.0
9 TH	09 31	7.0	21 44	6.8	9 SA	10 21	6.5	22 26	6.5
10 F	10 30	6.4	22 43	6.3	10 SU	11 28	6.2	23 33	6.2
11 SA	11 49	5.9			11 M			12 37	5.9
12 SU	00 02	5.9	13 11	5.8	12 TU	00 45	6.1	13 43	5.9
13 M	01 22	5.9	14 26	6.1	13 W	01 53	6.1	14 46	6.1
14 TU	02 33	6.2	15 30	6.4	14 TH	02 57	6.2	15 41	6.3
15 W	03 32	6.5	16 21	6.7	15 F	03 53	6.4	16 27	6.5
16 TH	04 22	6.8	17 03	6.9	16 SA	04 42	6.5	17 09	6.8
17 F	05 07	7.0	17 39	7.0	17 SU	05 26	6.7	17 46	6.9
18 SA	05 49	7.1	18 14	7.1	18 M	06 06	6.8	18 21	7.0
19 SU	06 26	7.1	18 47	7.1	19 TU	06 43	6.8	18 54	7.1
20 M	07 03	7.0	19 18	7.1	20 W	07 18	6.8	19 28	7.0
21 TU	07 36	6.9	19 46	7.0	21 TH	07 52	6.7	19 58	7.0
22 W	08 08	6.7	20 14	6.9	22 F	08 25	6.5	20 29	6.8
23 TH	08 41	6.4	20 44	6.7	23 SA	08 59	6.3	21 00	6.5
24 F	09 16	6.2	21 18	6.3	24 SU	09 36	6.1	21 36	6.4
25 SA	09 58	5.8	22 00	5.9	25 M	10 20	5.8	22 22	6.2
26 SU	10 54	5.5	22 58	5.7	26 TU	11 15	5.7	23 20	5.9
27 M			12 13	5.3	27 W			12 26	5.6
28 TU	00 19	5.6	13 31	5.6	28 TH	00 30	5.9	13 43	5.8
29 W	01 37	5.8	14 36	5.9	29 F	01 47	6.2	14 50	6.1
30 TH	02 39	6.3	15 31	6.4	30 SA	02 58	6.4	15 48	6.5
31 SU	04 01	6.9			16 42	6.9			

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Spiral Word Puzzle


Beginning at 1, complete the grid clockwise with four-letter words from the clues below. The last letter of each word becomes the first of the next. When complete you will find the answer to the puzzle in the shaded boxes. Good luck, let's keep those little grey cells stirring.

1			2			3
	9			10		
	14			15		
8					11	4
			16			
	13			12		
7			6			5

- | | |
|---------------------------|--------------------------|
| 1) Pleasant or type | 2) Let fall |
| 3) Not rich | 4) Tear or cost to hire? |
| 5) Holiday by bus | 6) Hurry |
| 7) Cause pain | 8) One of a pair |
| 9) Pleasant French resort | 10) Rim |
| 11) Reflected sound | 12) Expel |
| 13) Sound of falling | 14) Get rid of |
| 15) A plan or an area | 16) For burying the dead |

Puzzle Word: A Glass or an Acrobat

Answers on page...42



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NEWSLETTER SUDOKU No. 116

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

	3			4	2			
		5		7				
2	1					5	6	7
	5	9	1	8	6			
8	7						9	
	4					1	3	
1			4	5		7		
	9							
		7			3		4	2

Answer page 42

HEACHAM TWINNING ASSOCIATION



BARN DANCE

7:30pm

Saturday 11th November

Memorial Hall, Snettisham

£7.50 (inc. light supper)

Bar available

For more details, phone 01485 572252

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JANET PITKIN DipCFHP, MPSpract
West Norfolk Mind, Poplar Avenue, Heacham



Parking Disabled Access



Easy access walks this Autumn

The Norfolk Coast Partnership has produced a range of fourteen information sheets on accessible walks in the Norfolk Coast Area of Outstanding Natural Beauty (AONB). The walk information has been developed in order to give everyone the confidence to get out and enjoy this special place. All the routes are short (½ to 1 ½ miles), start and finish near car parks with accessible toilets, offer frequent seating opportunities and are well waymarked. They also offer the opportunity for everyone to discover special parts of the area. The information sheet also contains photos of things to look out for, the waymarkers to follow and the terrain of the route in order that you can judge for yourself if it is suitable for you. Suitable for everyone from wheelchair users to families with pushchairs and the elderly.

To find a route for you, visit: norfolkcoastaonb.org.uk and search 'Easy access walks'.



The West Norfolk Members Group invites you to:
an illustrated talk:-

Off the beaten track in Uganda
by Roger Skeen

Thursday 23rd November – 7.30pm

Venue: Hunstanton Methodist Church Hall, Austin Street.

Cost: £2.50 members / £3.00 visitors.



Hunstanton Community Players

The Hunstanton Community Players are holding a Table Top Sale at Hunstanton Town Hall on Saturday November 4th from 9am – 1pm. Entry to the public is free. Refreshments will be available.

The Players are fundraising for their next production which will be a comedy, "Curtain Up" by Peter Quilter to be performed next spring and, as the car boot sales have finished for the year, this is an opportunity to sell your bric-a-brac and Christmas gifts in the warm!

The last sale provided the company with funds to run their very successful production of Blithe Spirit to rave reviews!

Brancaster Camera Club

We have two competitions this month and one presentation:

Tuesday, 7th November 2017

Annual Print Competition

'Open Monochrome'

Judged by Chris Holt.

Tuesday, 21st November 2017

Audio Visual Evening with Derek and Pat Leak, DPAGB & CPAGB respectively.

We will also participate in the Pat Goode Memorial Trophy at Wisbech on Monday, 13th November. This is judged by Peter Yeo, FRPS DPAGB APAGB.

Visitors are always welcome at our club evenings. For more information contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.



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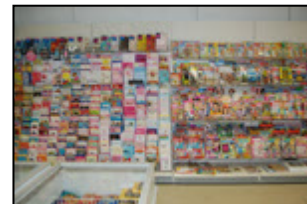
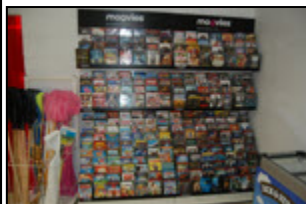
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Serenity's Beauty Salon and Point'z of Interest Therapie'z Holistic Christmas Event

Serenity's Beauty Salon, situated in Dersingham, offers a various selection of treatments to cater for everyone's needs. The salon is very welcoming and has a friendly atmosphere, allowing you to relax, chill and unwind during your treatments. Tropic Skin Care range is also now available to purchase from the salon along with gift vouchers, making great Christmas presents for friends and family.

Point'z of Interest Therapie'z offers a range of holistic treatments, relaxing the mind, body and soul. Each treatment is individually tailored for every client, with the aim of treating you on a personal level rather than a specific condition.

The two businesses are holding a holistic Christmas evening on the 8th December 4.00-9.00pm at the Feathers Hotel in Dersingham. Entry is free and there will be a range of stalls along with a raffle. Refreshments will be available at the bar throughout the evening. Stalls will include; Many Holistic Therapies, Mediums, Spiritual and Pagan, Jewellery, Art and Crafts, Health and Beauty Products and more.

All profits from the event will be donated to Tapping House, Norfolk Hospice.

All updates towards the evening will be posted on the "Serenity's and Point'z Holistic Christmas Event" Facebook group.

For more information please contact either:

Karen Crumplin (Beautician); Nicola Porter (Acupuncturist and Holistic Practitioner). Tel: 01485 297071

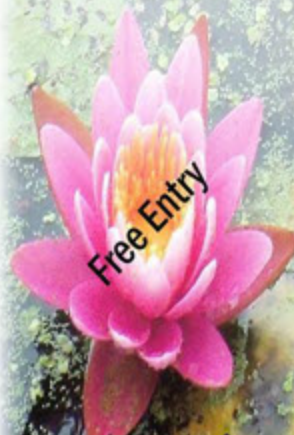
Or alternatively, visit the salon: 40a Lynn Road, Dersingham, King's Lynn, Norfolk, PE31 6JZ.

THN

Serenity's Beauty Salon & Point'z of Interest Therapie'z Holistic Christmas Event

The Feathers Pub
Dersingham
PE31 6LN

Friday 8th December 2017 at 4 - 9 pm



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Crystals, Spiritual & Pagan,

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All profits are Donated to Tapping House, Norfolk Hospice.



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Sallywags Parent, Baby & Toddler Group

Lots of Thank Yous this month....

THANK YOU HEACHAM YOUTH & COMMUNITY TRUST

A grey October morning became considerably brighter with the delivery of some amazing new play equipment! Heacham Youth & Community Trust committee members Peter, Michael and Dave popped by to see the equipment they had purchased for Sallywags immediately being used by Heacham's youngest members of the community! Huge thanks to Peter, Michael and Dave for all of your kind assistance and support of Sallywags on behalf of the Trust. We now have the best ball pool, amazing animals, perfect prams, a brilliant blackboard, a wonderful water table, a marvellous mirror and magnificent magnifying glasses - all the better to see with!



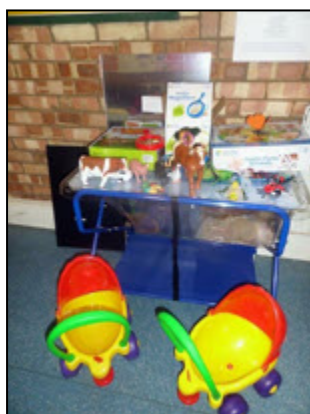
We are very fortuitous to have this support from the Heacham community for the Heacham community. These items will bring many happy times playing and discovering to our little (and big) visitors, both now and in the future!

Thank you also to Maureen and Ivan for once again bringing Wolfys Photography to us in October. Another friendly session capturing some wonderful family, and pet portraits! (Unlike my shaky efforts above!) Ivan recalled seeing families over the years - was that when you had to stand still for ages for a photograph?!! Thank you both for your ongoing support of Sallywags, we really value it.

Thank you Sam for considerably boosting our wooden railway collection - we can never have enough track and trains - or I certainly can't! I used to love playing with it when mine were little and I'm lucky I still get to do so! Obviously I do let the little ones take a turn

And thank you Liz, Alison, Mike, Carole, Pat and all of our Sallywags visitors for table waiting, table shifting, tidying etc! Couldn't do it without you!

November now. The glitter's out on the craft table!



Sallywags Parent Baby & Toddler Group meet every term time Wednesday at The Scout Hut Sunnyside (off Caley Street) 9.30-11am. Please text/call Jo on 07521 447284 for further info.

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Thinking Fuel collective heating oil buying scheme

You may be aware that here at Community Action Norfolk we have, for several years, been running a collective oil-buying scheme – you may have read about it in the local press recently or heard about it on Radio Norfolk. It's aimed at helping people living in rural 'off-gas' areas, and who depend on oil to heat their homes, to have the opportunity to buy their oil at low prices.

With the colder weather and longer nights approaching, we would really like to raise public awareness of the 'ThinkingFuel' service. Especially, perhaps, to vulnerable residents in our communities for whom the cost of heating oil can be a big worry.

Why join 'ThinkingFuel':-

- Our large membership allows our expert buyers to negotiate the best possible discounts, making sure you get the best price;
- We do the ringing round for you, saving you time and stress;

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ThinkingFuel offers a fair, flexible and economic way to buy your heating oil. For more information and to register, visit thinkingfuel.org.uk or call 01362 698216.

thinkingfuel
community oil buying

CAN
Community Action Norfolk

SAVE £120
a year on your oil bills

ThinkingFuel is Community Action Norfolk's collective oil buying scheme

Members save an average £120 a year on their oil bills. It's FREE to join and there is no obligation to buy.

For more information and to register call **01362 698216** or visit thinkingfuel.org.uk

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Wednesday 15th November 2017 10am - 4pm

La Piazza, Searles Leisure Resort, Hunstanton

If you wish to hire a stall, please contact Emma Milsom on 01485 536002.



An Introduction to Holiday letting in Norfolk and a little about me..

Originally from a small village close to the Vale of Belvoir in the Midlands I migrated to the North Norfolk coast and settled in Hunstanton with my young family. I soon became a familiar face in the area and I was thrilled to be able to continue my career in property; listing houses For Sale and meeting many lovely people along the way.

Some of you may recognise me from my earlier days back in 2001 when I moved to Hunstanton; when I worked for the wonderful Rice family at David Rice Estate Agents.

It is hard to believe that was 16 years ago now and I haven't moved far, just down the promenade to Heacham!

Now, just a few years on and my passion and curiosity for properties and people has not wavered. I have more recently recruited numerous properties for the holiday market, advising on renovations and providing income forecasts for potential holiday properties in the area. Recent successes have enabled me to now work with a wonderful and experienced team. I have been able to spread my wings and work with one of the county's leading and family run holiday cottage agencies, Norfolk Country Cottages.



Make the most of your holiday property

At Norfolk Country Cottages we pride ourselves in our customer relationships and being able to support our owners as well as tourism by offering a variety of holiday properties to rent. Whether you have a Shepherd's Hut, a fabulous Farm House, a quirky Studio or something in between we would love to speak to you and discuss your individual properties for inclusion in our property portfolio. We are happy to work flexibly alongside your own visits to Norfolk, we appreciate this is your home too and can offer a fully-managed service for your property!

Whether you're considering investing in a holiday property, in the midst of building works or renovation, or have one ready to go, we would be more than happy to discuss your requirements and answer any queries you may have. We can offer unrivalled experience allowing us to offer informed and honest income projections, property improvements, letting guidance and a full assessment of your property's potential. We will never promise unrealistic pricing or discounts to encourage you to join us.

Our heritage

In 1992 the Ellis family around their kitchen table in Reepham Norfolk, with only a handful of properties they established Norfolk Country Cottages. With an immense passion for Norfolk the business has become the county's leading holiday cottage agency. Unique in the fact that the business is still run and owned by the Ellis family, together with a team of professional and dedicated management and staff.

What makes Norfolk Country Cottages unique?

Being a local family company with market leading expertise, our friendly professionalism and the fact that we care about our owners, customers, staff, performance and the county we live and work in. We have a programme called 'Giving Back', which sees us supporting a host of tourism, wildlife and cultural organisations and charities that make Norfolk special.

Syderstone Village Cinema
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Presents:

On Saturday 18th November 2017

Their Finest (12A)

Catrin is a talented young copy-writer enticed to London from Wales by her artist husband. She gets a job as a script editor with the Ministry of Information, where she's hired to write convincing women's dialogue for morale-boosting propaganda films, and drafted to work alongside a colourful crew to produce the stories the nation needs during the Blitz. A charming, nostalgic and spirited wartime drama, starring Gemma Arterton, Bill Nighy, Sam Claflin and Jack Huston.

Venue: Amy Robsart Village Hall,
Syderstone PE31 8RX.

Start time: 7.30pm.

Advance Tickets £3.50

Contact 01485 578171 / 01485 578244

Email: cinema@syderstone.com

United Services Club
Homefields Road, Hunstanton

Entertainment for the month of November

- | | |
|-----------------------|--|
| Sat 4th Nov – 8.30pm | Dancing to 'Dean Alexander' |
| Sat 11th Nov – 8.30pm | Dancing to 'In The Mood' |
| Fri 17th Nov - 8.30pm | Quiz Night - £2 per person plus Mince and Potatoes Pie |
| Sat 18th Nov - 8.30pm | Dancing to 'Take Two' |
| Sat 25th Nov - 8.30pm | Dancing to 'The Strollers' |

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TAX IMPLICATIONS OF PROPERTY LETTING:

PART II

WHAT SORT OF LETTING?

By Kathryn Gigg Chartered Accountants, Hunstanton

Background

Having made a strategic decision to invest in property, one needs to consider what to buy and how to manage it. There are also tax considerations with each of the main categories of property having subtly different rules and quirks. It is always much better, easier, and, in the long run, cheaper to sort out the right structure from the outset, and ideally before embarking on the purchase process. However, tax planning is the subject of another article and before moving on to that, one should look at the fundamentals.

Compliance

Income from property is taxable and HMRC need to be notified of the new source of income by the 5 October following the tax year (to 5 April) in which you first receive income. For each rental property a record needs to be kept of the income received and expenses incurred. Typically these will include insurance, mortgage interest, repairs and agents fees. Different types of property will also have their own type of expenses (see further below).

From 2020 many landlords will need to keep their business records digitally and make quarterly submissions to HMRC. This will also apply for VAT purposes a year earlier for those landlords who are VAT registered and whose turnover exceeds the VAT threshold.

Until then landlords can expect to receive a self assessment return or “notice to file” which needs to be submitted on paper by 31 October following the tax year, or by the subsequent 31 January if filed online

Commercial and Agricultural Property

Some landlords will have bought, or inherited, commercial property or agricultural land which is rented out. This will quite probably be subject to professional management and great care needs to be taken when renewing leases, where there may be both legal and tax consequences. There will also be issues requiring professional input when major repairs are required, since leases often specify how far such repairs are the responsibility of landlord or tenant. Otherwise, the tax implications are fairly straightforward. Rents are often paid quarterly or half yearly and can sometimes be subject to VAT if an election has been made. In the case of agricultural property there may also be wayleaves receivable from utility companies which will not be part of the normal income stream being paid directly to the landowner. Typical deductions will be those repairs which are the landlord’s responsibility, insurance, management costs and perhaps occasional legal fees regarding the lease and land management. Unlike residential letting, there is no restriction on claiming mortgage interest relief.

It is worth remembering that qualifying let agricultural property may be eligible for Inheritance Tax relief once it has been owned and occupied for the purposes of agriculture for 7 years. The rate of relief will depend on the nature of the tenancy and professional advice should always be sought when considering this point.

Residential Letting

The residential letting sector is substantial, with over 3 million private rented homes in the UK. These might include the annex to a landlord’s own house, new build homes acquired specifically for letting, student flats or the “accidental letting” where a property owner has difficulty in selling a main residence so decides to let it until circumstances change. Each will carry its own particular expense structure and in the case of let property which shares costs with the landlord’s residence, care must be taken only to claim the relevant proportion.

Until 2016 it was possible for the landlord of a residential furnished letting to claim an arbitrary 10% “wear and tear” allowance to cover the deterioration of furniture and fittings. This has been replaced by a renewals allowance for which good records must be maintained when replacing items of furniture, furnishings, white goods and kitchen equipment, etc, to ensure the correct tax deduction is taken.

It should be noted that where a property is let at an uncommercial rent (typically to a family member) expenses can only be claimed up to the amount of rent received, and losses can never be carried forward even if the lease converts to a full rent in a later year.

Furnished Holiday Lets (FHLs)

There are special rules to cover property let for short periods. These are generally referred to as “holiday lets” but for tax purposes there is no requirement for the property to be let to holidaymakers.

In order to qualify as a FHL the property must:

- Be let with a view to making a profit.
- Be available for let for at least 210 days in the tax year.
- Actually be let for 105 days in the tax year.
- Not be let for more than 31 days to the same tenant or more than 155 days in the tax year.
- Special rules exist to average out occupation days where more than one FHL is owned or where there is an unexpected fluctuation in one year.

Putting it simply it must be available for short term let for seven months and actually let for half the time. Periods of occupation by the owner or rent free occupation by family and friends should not be included within the 105 days, and where such occupation exists, the claimable expenses should be reduced proportionately. Where a property qualifies as an FHL there are various tax consequences:

- Income is treated as “earned” for tax purposes – so may be taken into account when computing the maximum pension contributions payable.
- Interest allowability is not reduced for higher rate taxpayers.
- Losses may be set against other FHL income or carried forward for future relief in this way, but not set against income from other rental sources.
- Capital Allowances can be claimed on equipment used in the FHL business. This will include e.g. white goods, electrical equipment, furniture and fittings. It is also possible in certain circumstances to claim for certain fixtures and integral features acquired with the property. This is a complicated area and attention must specifically be paid to the matter of Capital Allowances at the time of purchase as otherwise valuable relief may be lost in perpetuity.
- For Capital Gains Tax (CGT) purposes (but not generally for Inheritance Tax) a FHL is treated as a business asset and is eligible for rollover relief, holdover relief and entrepreneur’s relief. This may mean that profits from the sale of another business can be “rolled over” into a FHL (or vice versa) and on a sale, the capital gain on a FHL might only be charged at 10% rather than at rates of up to 28% for a normal residential property. Where qualifying FHL property is gifted away, capital gains can be held over so no tax is payable until the recipient eventually sells.
- Income from short term lets is NOT exempt from VAT, so if there is a substantial FHL business it may need to register for VAT. Quite frequently a FHL may be set up with the same ownership as another VAT registered business and thus will be caught within the existing registration, notwithstanding that it is a different trade. This problem can normally be avoided by forward planning, but it is an easy trap to fall into.

It should be appreciated that where there is interaction of normal letting, FHL letting and owner occupation, normally where a

property has been used in different ways over the period of ownership, the CGT calculations will be complex and professional advice is essential.

“Rent A Room”

Rent a room relief was introduced in 1997. It was designed to enable those who had surplus accommodation within their main residence to take in “lodgers” without incurring a tax cost or indeed in many cases, without even needing to make a tax return. Rent a room relief applies if the gross annual rent received is less than £7500 (£3750 up to 2017) and the lodger occupies furnished accommodation within your home. This is generally taken to exclude occupation of a detached property within the grounds or an annex with no internal connection. Where the conditions are met the rent will be completely exempt for tax. If the rent is over £7500 (or there is a loss) there are different options to optimise the tax position, but great care must be taken to ensure that the relief is being claimed correctly as many trip up and find themselves in an assessable position and sometimes with substantial arrears being pursued.

VAT and Stamp Duty Land Tax

It is of paramount importance whenever dealing with property (whether buying, selling or running the property) to also consider the impact of VAT and Stamp Duty Land Tax. Both of these taxes are complicated and hence this is an area that will always require professional advice.

Sensible planning and professional advice are key to running a successful and rewarding rental portfolio.

Kate Gigg and her team at Kathryn Gigg Chartered Accountants specialise in all aspects of property tax and would be pleased to advise you whether you are a new/potential property investor or an existing owner who would value some professional input. There are tax planning opportunities there for the taking, but, care is required, and it is important to get good specialist advice throughout the period of ownership.

If any of these issues affect you and you are in need of further advice, please contact either Kate or her assistant Nicola Tarry FCA, who will be pleased to talk matters through with you.

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or email

kate@kathryngigg.co.uk if we can assist in any way.

Mrs K H Gigg FCA

Caution: The information set out above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.

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For an appointment please contact: Mrs K H Gigg FCA **01485 534 800**

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HUNSTANTON LIONS TURKEY TINSEL LUNCHES 2017

We are delighted to announce that we are holding our successful Turkey Tinsel Lunches at The United Services Club, Homefields Road, in Hunstanton beginning Monday 27th November 2017. These lunches are open to **all Senior Citizens** in Hunstanton and the surrounding area.

Due to the popularity of this event and to make sure we allow everyone a chance to attend, we can only accept one application per name (eg: if you have attended via a group booking, you cannot then attend again under an individual booking).

The lunches cost **£8.50 per person** (non-refundable unless 48hrs notice is given) for a delicious three course meal.

Vegetable Soup
Traditional Christmas Turkey with all the
trimmings/Vegetarian Option available.
Christmas pudding or Fruit Salad or Ice Cream.
Tea/Coffee
Special dietary requirements will be met -
(please state on your booking form)

Please complete and tear off the Booking Form below and return as soon as possible to the address given below on the form. Please enclose an s.a.e. for confirmation of your booking.

Please do not arrive any earlier than 15 minutes before the time stated below on your booking form.

We look forward to meeting you at your Turkey Tinsel Lunch.

CROSSWORD SOLUTION

Across

7. Immediate
8. Drake
10. Whistler
11. Insert
12. Flag
13. Half-cock
15. Cobbler
17. Flitter
20. Henchman
22. Bins
25. Sallow
26. Earliest
27. Ether
28. Parthenon

Down

1. Omaha
2. Vessel
3. Dialogue
4. Starchy
5. Crosscut
6. Skyrocket
9. Dial
14. Foretaste
16. Becalmed
18. Liberate
19. Kneecap
21. Mews
23. Nailed
24. Aston

Answers to Spiral Word Puzzle

- | | |
|----------|----------|
| 1) Kind | 2) Drop |
| 3) Poor | 4) Rent |
| 5) Tour | 6) Rush |
| 7) Hurt | 8) Twin |
| 9) Nice | 10) Edge |
| 11) Echo | 12) Oust |
| 13) Thud | 14) Dump |
| 15) Plot | 16) Tomb |

Puzzle Word: TUMBLER

TURKEY TINSEL BOOKING FORM 2017

Name:.....

Address:
.....

Telephone Number: Home:
.....

Mobile No:
.....

Number of people in your party:
.....

Email:
.....

Please **circle** the days you're available to attend and **underline** your main preference:-

Monday 27th Nov	Tuesday 28th Nov
Wednesday 29th Nov	Thursday 30th Nov
Friday 1st Dec	Monday 4th Dec
Tuesday 5th Dec	

Please **circle** which **sitting time** you would like to have lunch: *(NB: The early sitting do not need to vacate their table for the 1pm sitting)*

12.00pm or 1.00pm

Please state any special dietary requirements: i.e. vegetarian/vegan/gluten free/other

.....
.....
.....

Any offers of help or a donation of a Raffle prize will be gratefully received. Thank you.

Please enclose **£8.50 per person** (cheques made payable to:- **Hunstanton & District Lions Club**) and return this form to:- Mr Chris Holt, 4 Bewick Close, Snettisham, PE31 7PJ. For further enquiries contact Mr Chris Holt on: 01485 541534 or via email: mail@chrisholtphotographic.co.uk **Please enclose an SAE so that written confirmation of your booking can be sent in return of your receipt. Thank you.**

Solution to
Newsletter
SUDOKU
No. 116

7	3	6	5	4	2	8	1	9
9	8	5	6	7	1	4	2	3
2	1	4	9	3	8	5	6	7
3	5	9	1	8	6	2	7	4
8	7	1	3	2	4	6	9	5
6	4	2	7	9	5	1	3	8
1	2	3	4	5	9	7	8	6
4	9	8	2	6	7	3	5	1
5	6	7	8	1	3	9	4	2

HEACHAM PARISH COUNCIL NOTICEBOARD

PARISH COUNCIL MEETINGS IN BRIEF

Beeken's garage: It would appear that the parking issues associated with this business may be resolved, as a planning application to build a residential development of 8 new dwellings following the removal of existing garage/workshop has been submitted.

Hunstanton Road Woodland: The agent has supplied new documentation and the proposed warden's house has been removed. Local residents have commissioned a further traffic analysis. It is likely that this planning application will come before the Borough's Planning Committee in December.

Speeding: The Council is exploring the possibility of purchasing a vehicle activated sign (VAS) to help reduce speeding in the village. Councillors have visited Stanhoe, where the Parish Council has recently purchased a second VAS, to see these signs in operation.

Station Road public conveniences: The Chairman has written to the Borough Council stating the Council's strong objection to any proposal to close these toilets. The Borough Council is retaining public conveniences in other coastal resorts and the Parish Council considered it essential that these toilets be retained for use by villagers and visitors alike.

Vacancy: There is still a vacancy for a Parish Councillor. Please contact the Parish Clerk for further details.

The next Full Council meeting will be held on Tuesday 21st November at 7.00pm at the Parish Council Office.

HEACHAM REMEMBERS

This month sees the beginning of a year long commemoration of the end of World War I that will culminate on November 11th next year when Heacham will be part of a nationwide initiative called 'The Beacon of Light'.



Many of you will have already seen the wonderful poppy that has appeared on the Heacham village sign at the A149 traffic lights. Thanks must be given to Parish Councillors Terry Clay and Robert Pritchard for making the poppy, and to Jamie Crown for the artwork. This poppy will stand as a reminder to us all over the coming 12 months. Additionally, the Parish Council has been delighted to join forces with Heacham Junior School in a commemorative postcard competition featured elsewhere in this Newsletter.

REMEMBRANCE SUNDAY

This year's service of remembrance will take place at Heacham Parish Church on Sunday 12th November. Traffic is advised to avoid Hunstanton Road while tributes are laid at the War Memorial between 10.45am and 11.20am on that day.

DOGS AT THE SALTINGS

The Parish Council continues to receive reports of dogs off the lead at the Saltings. What part of 'keep dogs on leads' do people not understand? The Saltings is a managed nature reserve; dogs are allowed, but not free range ones.

SKATE PARK GRAFFITI

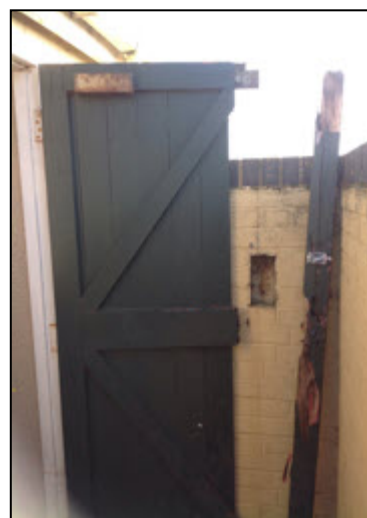
You will have noticed the addition of authorised graffiti to the skate park at Heacham Recreation Ground. The idea behind this was to eliminate graffiti of the random, offensive type. Hopefully you will agree that this is a great improvement and to date feedback has been very positive. The Council would like to thank Jamie Crown for his work.



MILLENNIUM WOOD WORKING PARTY

There is to be a working party to plant replacement trees in the Millennium Wood on Sunday 19th November from 10.00am. Councillors will be leading the work, and any members of the public who would like to help will be most welcome. Please bring appropriate tools and clothing.

VANDALISM AT SOUTH BEACH TOILETS



There has been yet more vandalism at Heacham South Beach toilets. On 14th October someone took a metal bar to the 24 hr toilet. The door was split open and a section broken off. There was also minor damage to the ladies' toilet door where the laminate was peeled off.

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
heachampc@btinternet.com
www.heachamparishcouncil.co.uk
Open Tuesday - Friday 10.00am-noon

HELP LINES

HEACHAM GROUP PRACTICE 01485 572769

HEACHAM MON TO FRI 08.30 TO 18.30
SNETTISHAM MON TO WED 08.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR 111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST 570297

OPEN MON - FRI 09.00 TO 18.30 SAT 09.00 TO 17.30

Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance

DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

Mr C. MANNING 07885 258392

Mr T. Parish 07885 258428

NORFOLK C C MICHAEL CHENERY 07920 286638

PARISH LIBRARY 571928

OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE 570330

OPEN MON - FRI 08.30 TO 17.30 SAT 09.00 TO 13.00

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

DENTIST Emergency only for patients not registered with a dentist 01553 769264

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613

POLICE 101

SAMARITANS 01553 761616

CHILD LINE 0800 1111

SILVER LINE 0800 4708090

ELECTRIC 0800 3163105

ANGLIAN WATER 0345 7145145

GAS ESCAPE 0800 111999

EMERGENCY 24hrs VETERINARY CLINICS 01485 570065

HUNSTANTON LIBRARY 532280

OPEN MON TUE & FRI 10.00 TO 17.00 WED 10.00 TO 19.00

THUR and SAT 10.00 TO 13.00

HEACHAM CHALK PIT RECYCLING CENTRE

Summer opening times (1st April to 30th September) 9am - 5pm

Winter opening times (1st October to 31st March) 9am - 4pm

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk

E-mail admin@norfolk-on-line.co.uk

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

HEACHAM HALLS

Public Hall 570776

Pine Residents Hall, Wilton Road Mrs Crisp 579440

Methodist Church Hall, Station Road Mike Careless 570363

St Mary's Church Hall, High Street Mon - Fri 10am to 12noon 572539

Old Friends Hall Sunnyside Close 572142

Heacham Scout Hut 572890



Acorn
 Pest and Country Services

npta National Pest Technicians Association

Rats & Mice Squirrels Rabbits
 Moles Birds Wasps & Bees
 Bed Bugs Fleas
 Cockroaches

01485 576162 - 07725 878712

www.acornpestandcountryservices.co.uk

Acorn Pest and Country Services, Syderstone, Norfolk

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

Stagecoach in Norfolk

Coasthopper services - King's Lynn to Hunstanton

Service H (Mon-Sat)

Via:- Heacham Lavender, Fox & Hounds, Lodge Road & QE Hospital
 0600 (0719 Sat) first bus to King's Lynn then twice an hour
 0643 first bus to Hunstanton then twice an hour from 0718

Service H (Sunday)

Via:- Heacham Lavender, Fox & Hounds, Lodge Road & QE Hospital
 0855 first bus to King's Lynn, then hourly
 0823 first bus to Hunstanton, then hourly

Service R (Mon-Sat)

Via:- Heacham, Snettisham and Dersingham & Sandringham
 0934 first bus to King's Lynn then hourly
 1008 first bus to Hunstanton then hourly

Service R (Sunday)

Via:- Heacham, Snettisham and Dersingham & Sandringham
 (connects at Hunstanton with the 'CH' Coastal service)
 0924 first bus to King's Lynn then hourly
 0857 first bus to Hunstanton then hourly

Service D (Mon-Sat)

Via:- Heacham (A149 only), Snettisham and Dersingham (connects at Hunstanton with the 'CH' Coastal service)
 0902 first bus to King's Lynn then hourly
 0750 first bus to Hunstanton then hourly

Service E (Mon-Sat)

Via:- Heacham, then fast to King's Lynn via South Wootton
 0739 (Mon-Fri) first bus to King's Lynn then 0809 & 0834
 1641 first bus to Hunstanton then 1741

Coasthopper Service (CH) Hunstanton to Cromer, via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham.

Smithdon High School Bus

Service 10

Via:- Lodge Road, Station Road
 0751 to Smithdon School
 1512 from Smithdon School

lynx (lynxbus)

Service 35 (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd
 0705 first bus to King's Lynn then twice an hour from 0830
 0659 first bus to Hunstanton then twice an hour from 0752

Service 34 - (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd and QE Hospital
 0719 (0804 Sat) first bus to King's Lynn then hourly from 0914
 0848 first bus to Hunstanton then hourly from 0943

Services 35 & 34 (Sundays)

A shared twice hourly service.
 0844 first bus to King's Lynn then 15 & 44 mins past the hour
 0812 first bus to Hunstanton then 12 & 39 mins past the hour
The No.34 runs once an hour via the QE Hospital from 08.44 (to King's Lynn) and 08.12 to Hunstanton

Bus Enquiries

www.stagecoachbus.com

www.lynxbus.co.uk

Tel: 01553 776980

Tel: 01553 611955

WNCT - DIAL-a-BUS Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday
 For more information, Cost of Fares, a Membership form or to book

Tel: 01553 770310

Main pick up points for The Heacham Newsletter. First Saturday of each month except January.

Jennings, Ridouts Bakery, Post Office, Parish Council Office,
 Church, McColl's, Tesco's, Heacham Fish Bar

MOBILE LIBRARY

ROUTE WEL 124 6th/20th	(Mondays) November	ROUTE WEL 123 13th/27th	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE COURT	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
ROLFE CRESCENT	13.55	SUNNYSIDE	14.15
WOODEND ROAD	14.15	MEADOW RD	14.40
GIDNEY DRIVE	14.30	POPLAR AVE	15.25
BANKSIDE	14.50	GYMKHANA WAY	15.45
MARRAM Way/Norway CL	15.05	JENNINGS CLOSE	16.10
MARRAM Way/Spruce CL	15.20	COLLEGE DR/Gonville	16.45
MARRAM Way/Neville RD	15.35		