

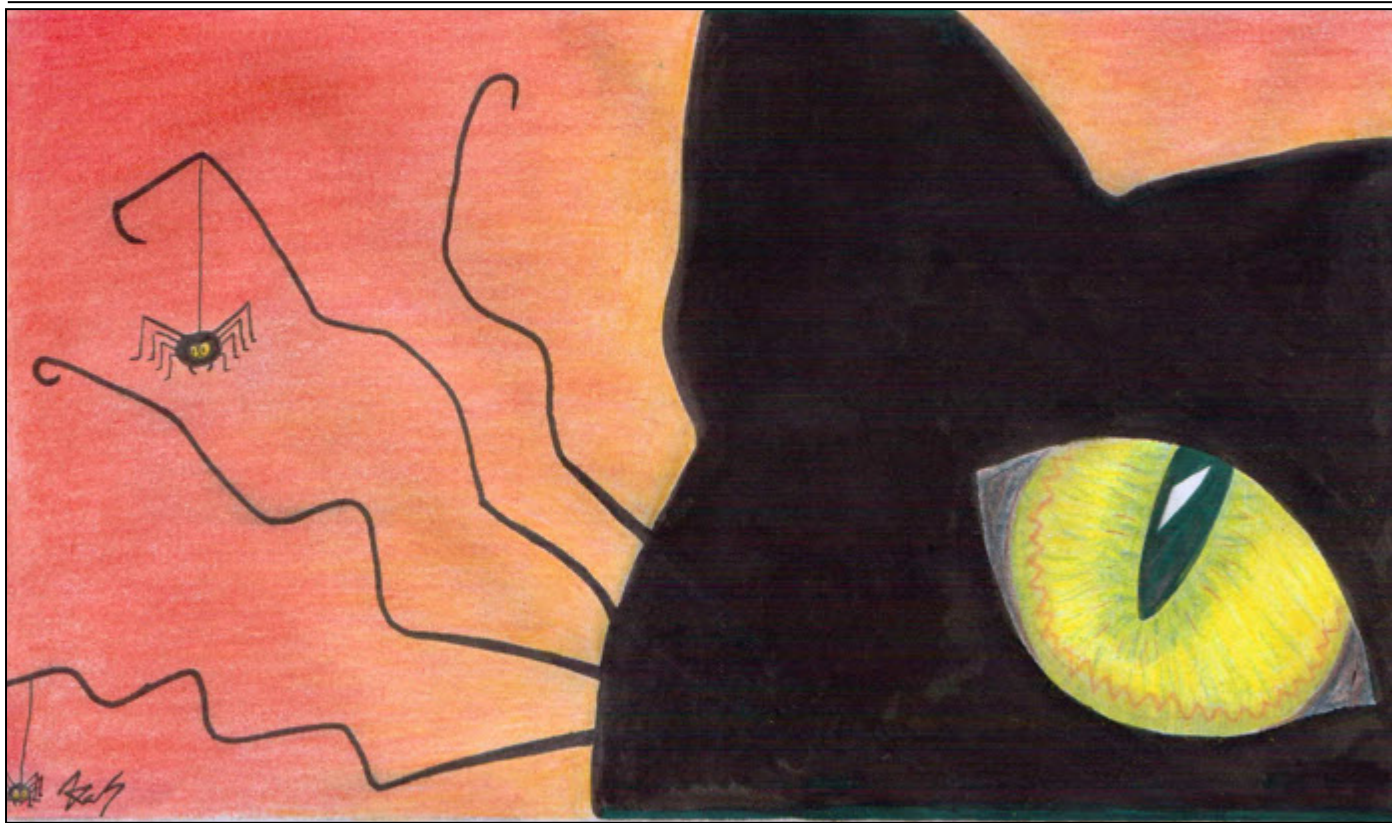


# THE HEACHAM NEWSLETTER

## October 2017



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**Deadline for the next edition is 12 noon, Tuesday 17th October**

### HELP WANTED

### COME AND JOIN THE NEWSLETTER TEAM



We find ourselves in need of an extra pair of hands here at The Heacham Newsletter, so we are looking for a volunteer to join our friendly team.

We need someone who is competent in the use of a personal computer.

If you feel that you would like to join us in producing our popular monthly Newsletter, then please do send us an email to [theheachamnewsletter@yahoo.co.uk](mailto:theheachamnewsletter@yahoo.co.uk).

We look forward to hearing from you.

**The Heacham Newsletter Team**

### FRIDHEM BINGO

**Monday 30th October 2017**

**Eyes down 7.00pm sharp!**

Refreshments

Come and join us

Proceeds go into the Residents  
Entertainment Fund

Fridhem Rest Home  
79 Station Road, Heacham



THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

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**THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH**

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council

# letters...



Dear Newsletter

**Folgate Road**

## Retro Garden Tea Party

On Saturday 19th August, we held a small Retro Garden Tea Party to raise a few funds for The RSPCA Eau Brink re-homing Centre, King's Lynn.

We would like to thank everyone who baked cakes and other goodies, donating raffle prizes, lending us fold-up chairs/tables, bunting, raffle drum, cutlery and tea sets. All these things helped to make it a very special occasion.

Special thanks to the table waiters, with their saucy banter and the kitchen ladies for their efficient busy-busy tea making and washing up!

Sales:           Tea and Cake - £249  
                  Raffle - £186  
                  Retired RSPCA Dog Donations - £102  
**TOTAL - £537 !!!**

Wow! Not bad for 3 hours spent sat snugly into a postage stamp size back garden. How we fitted 79 happy folk, plus 5 dogs and one crawling 9 month old baby in there, we will never know.

The weather was good until the last raffle ticket was drawn, when it poured down. We have never seen a garden cleared down so quickly. It was like watching an army of ants!

Thank you all so much who attended - there is talk of doing another one next year. Suddenly I have a deaf ear!

Super day!! Thank you.

**Janice & Dave Curtis**



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Dear Newsletter

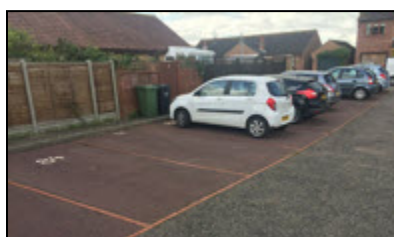
**Jennings Close**

## Inconsiderate Parking

Inconsiderate drivers are putting people's lives at risk by parking their cars at the top of Jennings Close, by the junction with Lodge Road.



They then use their bus passes to get a free ride into Hunstanton or King's Lynn from the bus stop on Lodge Road.



They park in such a way that it causes a narrow chicane in the road, making it very difficult for large vehicles like ambulances, fire engines, minibuses, bin lorries or delivery vehicles to get through.

Some of the parked cars could make use of the allocated parking spaces to the rear of the properties, but the drivers are just too lazy to walk.



Something needs to be done before it is too late.

The residents of Jennings Close are predominantly over retirement age, so frequent visits by ambulances and care minibuses are the norm.

**Dylan Howell**

\*\*\*\*\*



Dear Newsletter

**Neville Court**

## Macmillan Coffee Morning

Neville Court would like to thank all who donated, helped and came to the Coffee Morning. We raised £572.

Thank you.

**Mrs Eileen Snow**

\*\*\*\*\*

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Mallow, Co. Cork

Dear Newsletter

### Trip down Memory Lane

I thought you might be interested to hear about my recent trip down Memory Lane.

I recently celebrated my birthday (84th) while on holiday with my son and family in Norwich. He took me to Heacham for the day as I have vivid memories of the time I lived there during the war.

With my mother, Rose Letter, and my brother Kenneth, we moved to Heacham about 1940/41 while my father was serving



in the R.A.F. At first, we had rooms with Mr Bittsen and Laurel in Lodge Road, alongside the park near Benstead's the bakers shop (now gone). Miss Fielding, a schoolteacher, lived next door. We then moved to a house further along the road and later to the house behind and over the shop on the corner of Neville Road (builders were working on it when I called). Although the village has grown considerably, I was delighted to find that these houses are still there. I also found the school we attended but could not find the Wheatsheaf Pub, a prominent landmark at the entrance to the village at that time. I then learned that this is now a Tesco's supermarket.



We moved back to our home in Essex but when the doodlebugs started bombing the UK my mother sent me back to stay with my aunt, Mrs Emma Crisp, who lived at 'Ellerslie', Wilton Road, and my cousin Malcolm. My uncle, George Crisp, my mother's brother, was also in the R.A.F. I also remember two very

young Canadian pilots and their wives were billeted with my aunt. They were stationed at Bircham Newton. Sadly, one of them did not return from a mission. The house is still there too.

A very enjoyable day.

Barbara Allshire

\*\*\*\*\*



Old Hunstanton

Dear Newsletter

### Missing Tortoise

It is with great regret that I now have to report my tortoise has been stolen whilst I was away on holiday. Due to a number of circumstances, it was apparent that a gate was left open leading from my property in Old Hunstanton. Some people on holiday were witness to a man and his daughter in a red vehicle whilst passing my drive who saw my tortoise meandering down the drive, in which I am grateful as this could have been a different story. However, he was retrieved from danger (the road) and said they would take him to the little girl's grandad in Heacham who knows how to care for them and would then advertise to find the owner, to which no avail as I have not heard a thing.

The tortoise has been in my family most of my life, my dad cared for him for 28 years and I had him along with my twin boys for 4½ years, so much loved and missed.

If you know anything about tortoises you will know they are renowned for having a will to explore. However, I think she is ready to come back home, so if you have any information could I please ask for her safe return.

This is an actor tortoise but she a striking resemblance of the one in picture below.



Please note, I would definitely know her if I saw her, from a distinguishing mark on her shell.

Thank you.

Melanie Grange

01485 534996

07788 118727

\*\*\*\*\*

## Station Road Garage

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# news & events in the community ...



Heacham

Dear Newsletter

## Phyllis Sanderson

Please share this photograph. Phyllis Sanderson was ninety years young a few weeks ago. Phyllis has raised funds for the Hospital League of Friends for over twenty-five years! A quarter of a century in old money! She received four birthday cakes, numerous cards and flowers topped off by a meal out with her family.



Thank-you Phyllis, it is always a pleasure meeting up with you; long may you be able to continue fundraising and enjoying life. Many people who have never even met you have benefited from your fundraising events. Lift your glasses and propose a toast, "Well done Phyllis and many thanks".

This is Phyllis and Judy at the Wednesday Car Boot Sale at the football ground on the morning of her 90th birthday.

Stephanie Smeaton

\*\*\*\*\*

## In Memory of Tracey Swann

Well Tracey, I cannot believe it has been a year since you've passed. You gave the community so much and you were involved in near enough everything in the village. I will always admire you for how passionate you were about what you did. Also, the time and effort you gave to all of your causes. Especially saving the fire station, we couldn't have done it without you!

You really did make a massive impact on the village of Heacham and you were loved by every single one of us. Thank you for all the opportunities you gave me and all the lovely laughs we had together.

We will never forget you Tracey.



Paris  
THN



Dear Newsletter

Stainsby Close

## Miss Mary Anniss

We write to advise of the sad loss of our Aunt, Miss Mary Anniss, late of Fridhem Rest Home on 15th September 2017.

Veronica Moores & Anne-Marie Murphy

\*\*\*\*\*

## East of England Co-op Share Dividend

Following the closure of the Co-op store in Heacham last year, shareholders will have received their annual dividend voucher, valid until 31st December 2017. Should you still have your voucher, you may wish to close your account and receive the dividend in cash rather than lose it. Contact the Membership Support Team on 0800 3895354 or email [membersupport@eastofengland.coop](mailto:membersupport@eastofengland.coop) for the necessary form.

THN



The West Norfolk Members Group  
invites you to:  
an illustrated talk:-

**Thailand's Birds & other  
Wildlife**

by Marian & Fred Rowe

**Thursday 26th October – 7.30pm**

Venue: Hunstanton Methodist Church Hall, Austin Street.  
Cost: £2.50 members / £3.00 visitors.

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Paris Larham

## The Royal British Legion - Heacham

The Royal British Legion provides lifelong support for the Armed Forces Community. They serve members and veterans of the British Armed Forces, their families and dependents, providing social, financial and emotional support all year round. The Royal British Legion also campaign to improve these individuals' lives, organise the Poppy Appeal and remember the fallen.

The British Charity was formed on 15th May 1921, bringing together four national organisations of ex-servicemen that had established themselves after the First World War. By this time, the tradition of the annual Two Minute Silence in remembrance of those who had died had been established. Also, the first ever Poppy Appeal in history was held that year, along with the first Poppy Day on 11th November 1921.

Originally, the main purpose of the Legion was to care for those who had suffered as a result of their own service or through that of a husband, father or son. There were many forms of suffering; the effect of a war reflected on a man's ability to earn a living and support his family, or a war widow struggling to provide her children with an education. These struggles were also included in the lives of those who had come through the war relatively unscathed and therefore they struggled with employment as well.

Due to the War, Britain's economy took a high fall and in 1921 there were two million unemployed. 725,000 of the six million men who had served in the war sadly never returned home, although 1.75 million of those who returned had suffered some kind of disability and half of these were permanently disabled. There were also families at this time who depended on those who had gone out to war. The wives and children, widows and orphans as well as the parents who had lost sons in the war, who often contributed to the household income.

Lancastrian Lance Bombardier Tom Lister was so moved by the situation that he decided that, if the government was unable to

come to a conclusion about how they could help to improve the lives of ex-servicemen, he would do something himself. And that's exactly what he did, leading to the formation of the British Legion we know today.

At the moment, The Royal British Legion are hoping to have their own branch at Heacham. Colin Toule is organising the Heacham Sub Branch to return from King's Lynn to Heacham.

I spoke to Colin, who is part of the branch from King's Lynn Royal British Legion. He commented, "It's my intention to get enough members to join Heacham British Legion to bring it back to where it belongs after around twelve years."

In order to do this, Colin will need to get enough members for the Heacham Sub branch. He aims to bring more of a social side to the Heacham British Legion with various ideas on how to do this.

If you would be interested in joining Heacham's Royal British Legion, adults can apply online at <http://www.britishlegion.org.uk/>

Under 18's must join via an application form.

For any enquiries regarding this subject, please don't hesitate to email [colin.toule@gmail.com](mailto:colin.toule@gmail.com) or telephone on 01485 570170/07785 930590.

THN

Borough Council of  
King's Lynn &  
West Norfolk



## New Brown Bin Calendars

Residents with brown garden waste bins will soon receive a new 2-year calendar under their bin lids, which will show the collection dates for their brown bin.

Formerly, the calendar ran from January to December, but will now run from August 2017 to August 2019 instead. The new calendars will not affect or change the brown garden waste bin service in any way, and collections will remain as they are currently.

The Borough Council's cabinet member for Environment, Cllr Ian Devereux, explained: "Calendars were previously delivered under the bin lids in January. Many residents did not receive them because they hadn't put their brown bin out for collection, as this is traditionally a quieter time in the garden. Delivering the calendars under bin lids in August when people are regularly cutting the grass and pulling weeds, makes much more sense as a greater number of brown bin users will receive the calendar".

The brown bin garden waste service now empties and collects recyclable garden waste from over 25,400 brown bins.

Any resident wishing to order a brown garden waste bin, or an additional brown bin, can do so by going to: [www.west-norfolk.gov.uk/yourbins](http://www.west-norfolk.gov.uk/yourbins)

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## CHURCHES TOGETHER IN HEACHAM

*Just a thought.....*

Many years ago, I had a cat called Raffles. Raffles was 21 years old when he died, but in his very lazy life he enjoyed nothing more than coming into my study in the early morning and either stretching himself across the desk pushing all the papers everywhere, or sitting quietly on my knee and going to sleep whilst I listened to music.

Now during those moments that he slept on my knee he purred, and that purring sound really relaxed me as I talked with God about the day ahead, or people that were needing prayer. In other words as Raffles slept, I was still with God; and being still with God was, and is, a necessity to prepare myself for what is ahead of me.

Psalm 46, has some very wise and wonderful words to tell us 'Be still and know that I am God'.

Be still," says the Lord, "and know that I am God."

When our hearts are quiet—when we are waiting and listening and watching—when we see the world around us—really see it—we know that God is God.

It's as simple as that. The beautiful sunrise, the rain, the stars, the joy of love all these things are reminders that God isn't far away, that life in all its wonder is only an outer garment of God, that God is as close as the breath we take, or the breath we expel, that God is always waiting to reveal himself to those who look for him.

"Be still and know that I am God."

Being still with God is being conscious of His grace, being aware of His presence, and being present when He calls. And this used to happen very often in the early morning with a very needy cat who loved his cuddles and softly meditative music playing in the background.

So wherever and whenever your moment is – bear witness to the words of Psalm 46 "Be still and know that I am God".

**Rev'd Steve Oliver**  
**Methodist Minister**

### The Parish Church of St. Mary: Sunday Services in October 2017

8.00am	8th and 22nd	Holy Communion (BCP)
10.00am	1st	Holy Communion (CW)
10.00am	8th	Harvest and 22nd Morning Prayer
10.00am	15th	Morning Prayer and Baptism
10.30am	29th	Team Service at Snettisham – Holy Communion

## Next Messy Church

Saturday 28th October 10-12noon

**At St Mary's church, Heacham.**

More information from Veronica Wilson 570697 or Church Office 572539

**You will be welcome to join us!**

### Morning Prayer in the Celtic Tradition

Every Monday, Tuesday, Thursday and Friday at 9am we meet to pray in the Celtic tradition. This includes bible readings, meditations and time for silent prayer. You would be very welcome to join us.

### CHURCH CONTACTS: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
	Rev'd Paul Niemiec	541855
St Mary's Church Office		572539

email: [heacham.church@googlemail.com](mailto:heacham.church@googlemail.com)

### ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-4pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays. We have an interesting selection of Christian books and a wide range of greetings cards. Our Christmas stock including Christmas cards, calendars and gifts will shortly be arriving on the shelves. Keep a look out and watch our window! There is also a large collection of secondhand Christian books. It is well worth a visit.



### SERVICE OF LIGHT AND REMEMBRANCE

**Sunday 29th October - 3.00pm**  
**at St Mary's Church, Snettisham**

Everyone is invited to this special service during which we remember those who have died, in a quiet reflective service with candles lit in their memory.

This is a joint service between Snettisham and Heacham. If you need transport contact Penny Taylor, Team Administrator, Tel 572539.

### **HEACHAM METHODIST CHURCH** **October 2017**

#### Sunday Services: 10.30am Morning Worship

1st October - Elizabeth Batstone  
8th October - Jenny Sparks  
15th October - Rev Pam Bayliss  
22nd October - Rev Steve Oliver Holy Communion  
29th October - Elizabeth MacLeod  
29th October at 4.00pm - Rev Steve Oliver

#### Midweek Communion

The October midweek Communion will be on Wednesday 11th October at 10.30am, in the Church Hall conducted by our Minister Rev Steve Oliver. This service is not just for Methodists, it is open to all Christians from any denomination or none. Simply, all who love the Lord are welcome.

#### Bible Study

Our new series of Monthly bible studies continues with the Book of Revelation on Thursday 26th October. Join us to discover the truth of the bible and how it applies to life today. It is a lively hour of discussion led by Rev Steve Oliver.

#### The Fellowship

Join us for the fortnightly fellowship – October 3rd, 17th and 31st in the church Hall. Speakers are: 3rd October a

representative from the Trefoil Guild; 17th - Alex Knight, a retired London fireman; 31st - Joanna Fort, writer of Nature Notes.

### **Hands and Needles**

Also meeting 3rd, 17th and 31st October at 7.30pm in the Church Hall is the Hands and Needles Club. New members welcome.

### **Social Evening**

The monthly Social Evening will be holding a party for our caravan visitors on Thursday 12th October at 7.30pm. This is to say 'goodbye' to those who joined us in the summer.

### **Coffee Morning**

The October Coffee morning will be on Saturday 7th October 10.00-12noon. David Godfrey will be playing music from his keyboard from 11.00am. This is the last Coffee Morning of the season.

### **MIDWEEK ACTIVITIES**

Tuesday - 10.00am-12noon - Open Door weekly  
- 2.45pm. The Fellowship - 3rd, 17th & 31st  
- 7.30pm Hands and Needles - 3rd, 17th & 31st

Wednesday - 10.30am Midweek Communion - 11th

Thursday - 10.30am Bible Study - 26th  
- 7.30pm Social Evening (2nd Thursday monthly)

Friday - 7.00pm Indoor Bowls (weekly)

Saturday - 10.00am-12.00 noon Coffee Morning - 7th

The Gospel Hour will now be broadcast regularly from 9pm – 10pm. The station can be picked up on the internet via [www.radioheacham.org](http://www.radioheacham.org)

The Gospel Hour is a mixture of traditional and modern Christian songs and hymns, prayer, readings and thoughts, but it is your station and I would welcome requests and reasons for that request. Please make your request on either the website or email me on [revoliver@radioheacham.org](mailto:revoliver@radioheacham.org)

If you know of anyone who would value a time of quiet reflection and inspirational music please give them the details. The Gospel Hour is another opportunity for the community we live in to hear the Good News of Jesus. I look forward to joining with you.



**Steve Oliver (Rev). Heacham Methodist Church**



### **Hunstanton Catholic Parish**

There are a couple of events coming up at St Cecilia's in the next couple of months. In October, we will be having one of our very popular shared ladies lunches at St Cecilia's, to which all ladies in the area are invited, date to be confirmed. On 18th October, there is a fish and chip harvest lunch. Then on 22nd November we have a lunch to celebrate St Cecilia's feast day. See the weekly bulletins or website for details of all upcoming events.

*Foodbank supplies* are still required. Items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support of the scheme.

There is a *Fair Trade Stall* at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fair traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.

All social events will be well publicised in the weekly bulletins and on the website.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.

**Daily Masses** will be 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. **Sunday Masses** are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at Parish Church, Sandringham Road, Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: [parishpriest763@gmail.com](mailto:parishpriest763@gmail.com)

**Website:** [www.hunstantoncatholicparish.org](http://www.hunstantoncatholicparish.org)

**Email:** [parish@hunstantoncatholicparish.org](mailto:parish@hunstantoncatholicparish.org)

### **Are you looking after a friend or member of your family who has been diagnosed with Dementia?**

We believe that you may be looking after a family member or friend who has a diagnosis of Dementia. We understand that looking after someone with this diagnosis can often be quite difficult and sometimes frustrating as you try to deal with their confusion and loss of memory.

**As your GP practice, we are keen to make sure that you're aware of the help that is available to you.**

With this in mind, we have invited West Norfolk Carers and Home Instead, a local care provider, to come along to the surgery to talk to family carers of people with Dementia about how they can best support their loved one and what support is available to do this.

We are hoping the event will be very informative to you and will help you a great deal in your role of caring for your family member.

**The event will be held at Heacham Surgery on 11th October at 2pm**

If you would like to be invited, please give Sue McDowell from West Norfolk Carers a call on **01553 768155**.

We look forward to meeting you.

## Borough Council News

Various issues are stirring the Heacham pot. Missives about the possible loss of trees and over-development along Hunstanton Road found me, even when I was half-way up a mountain, several thousand miles away. There is obviously a lot of local and wider concern. An altruistic solution would be for the piece of ancient woodland in question to be gifted to the village. The adjacent land about to be adorned with 9 houses did realise a significant sum - allegedly about £650K. These houses came about because of a planning inspector's determination that errors were made by the Borough Council and, for a few months, there was no 5-year land supply. Consequently, permission was given for housing development in places where it wouldn't have been given earlier and wouldn't be now. Anyway, whatever your views about the new proposals for the woodland, there is still time to register them on the planning portal.

There have been multiple complaints about businesses apparently operating in ways which inconvenience or hazard pedestrians and road users. These businesses are involved in motor vehicle sales and repair. Concerns have been registered with planning enforcement officers.

Such investigations take time and cost money. The Borough and County Councils have to balance their books and choose where to allocate funds and where to reduce costs. Consequently, I do not get excited or vocal about grass cutting as I know more money spent on that will reduce expenditure on other services. Some people are very worried about speeding vehicles and I do share those concerns as it is, potentially, a life-threatening issue. Measures to try and do something about it will also have to be paid for.

Lidl's site preparation is well underway as clearly indicated by the mud across the full width of the pavement on the A149 and debris on the road itself. This is not supposed to happen and I have raised the issue with planning officers. Meanwhile, take care along the frontage and beware of heavy lorries leaving or entering the site which can suddenly slow traffic.

**T. Parish**

**Be one in a million  
to a child in need  
this Christmas**



### Operation Christmas Child

Heacham as a community has for a number of years been involved in Operation Christmas Child, and through your generosity hundreds of boxes have been sent to various parts of the world. I am inviting you to again be involved with this year's campaign.

Information leaflets and boxes, should you need them, are available from the Church, The Christian Bookshop or John Whitbread (tel: 01485 579326).

A small shoebox can have a big impact. What goes into the box is fun, but what comes out of it is eternal. Be a part of changing children's lives all over the world in Jesus' name through the power of a simple gift with Operation Christmas Child. See the impact a simple shoebox gift packed and sent with love, has on a child and how it reaches into a community.

It only takes one act of kindness, one gift of love from one person to change the life and outlook of another. We have so much, let us share in the name of love.

It would be helpful if you could deliver your boxes to either the Church, Church Hall or Bookshop by the beginning of November as they will be collected shortly afterwards.

**John Whitbread**

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## Snettisham Christian Fellowship



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## Clerk to Heacham Parish Council

Heacham Parish Council wishes to appoint a Clerk to the Parish Council who will also be the Responsible Financial Officer.

This role advises and works with the councillors who oversee services for this West Norfolk coastal community of over 4750 residents, which is one of the largest villages in the country.

The successful applicant will have a good educational background, administrative experience, possibly within the public sector, be computer literate and have working knowledge of accounting procedures and Software.

Attendance will be required at council meetings, each month, outside working hours.

A 30hr week Monday to Friday; pay scale will be within the range 34-36 with a starting salary c £30,000 pro rata pa, commensurate with experience and qualifications, e.g. CILCA or equivalent.

For a recruitment pack, email:-

[lesley.trebbick@btinternet.com](mailto:lesley.trebbick@btinternet.com) Closing date for receipt of completed application forms 21st October 2017.

### Spiral Word Puzzle

Beginning at 1, complete the grid clockwise with four-letter words from the clues below. The last letter of each word becomes the first of the next. When complete you will find the answer to the puzzle in the shaded boxes. Good luck, let's keep those little grey cells stirring.

1			2			3
	9			10		
	14			15		
8					11	4
			16			
	13			12		
7			6			5

- |                           |                         |
|---------------------------|-------------------------|
| 1) Meat                   | 2) Not slow             |
| 3) Not sweet              | 4) What we play with    |
| 5) Not well               | 6) Propel with foot     |
| 7) Capital of the Ukraine | 8) Reject a decision    |
| 9) Not twice              | 10) Imposing            |
| 11) Actors in a play      | 12) An Idiot            |
| 13) Small branch          | 14) A game of 19 holes? |
| 15) A reserve of money    | 16) Not alive           |

**Puzzle Word: A Bridge**

**Answers on page...27**



## WEST NORFOLK LIBRARIES EVENTS HUNSTANTON LIBRARY

**October 2017**

**For further information about events and to book please call 01485 532280.**

### Regular weekly events:

**Baby Bounce and rhyme** –every Monday (term time) from 2.00-2.30pm.

**NEW – Board Games Afternoon – Tuesdays 2.00-3.00pm.**

**Job help session** - Every Wednesday 3-5pm (Booking essential). Want help to update your CV, using Universal Jobmatch, and searching for jobs online? Then why not book in for a 30 minute session with staff to get you started. Please call 01485 532280 to book!

**Just a cuppa – every Friday from 10.30-11.30am.**

### Friends of Hunstanton Library:

Could you help act as a link between the library and local community? Or help plan and hold fundraising activities, library sales, community events or raffles? Then contact Lauren on 01485 532280 or Alison on 01485 540181 for more information.

### Yet more old stuff:

Come and check out some seriously old stuff and have a trip down memory lane on the first Thursday of every month. There's no need to book—just come along. Refreshments available for a small charge.

### Shark Fun Palace – Saturday 7th October 10.30am-12.00pm

Join us for a morning of shark themed events including a Shark Storytime with Veronica, Shark Facts with staff from the Hunstanton Sealife Centre, amazing shark crafts and you can even help make a life-sized shark from recycled materials. There's no need to book, just come along. [www.funpalaces.co.uk](http://www.funpalaces.co.uk)

### Colour yourself calm – Monday October 9th 10.30-12.00

### Book Club – Monday 9th October 2.30pm

New members always welcome. Ask staff for details of the books being discussed.

### Walk and talk group - Tuesday 10th October 2.30pm from the library

A short walk around the town and then refreshments at the library afterwards. This walk is perfect for those wanting to gently build up their walking stamina.

### Knit and natter - Thursday 12th October 10.30-12.30pm

### Colour yourself calm – Monday October 23rd 10.30-12.00pm

### Creepy crafts – Monday 23rd October 10.30am-12.00pm

Join us for a morning of stories and crafts. We'll be making bats, cats, spiders, haunted houses and lots more. Tickets are £3 per child payable in advance. Booking is essential. This event is suitable for children over 5 years of age and all children must be accompanied by an adult.

### Family History and Computer volunteers

You can also book one-to-one sessions with our volunteers. Just ask staff for details.

You can also follow library events on Facebook at:

[www.facebook.com/LynnLibraries](https://www.facebook.com/LynnLibraries) - for Lynn, Dersingham and Hunstanton Libraries.

## Heacham Manor Junior Open

Heacham Manor was very proud to stage their annual Junior Open on Monday August 14th this year.

The event was sponsored by Ben Burgess, who provided superb prizes including Footjoy shoes, Cutter and Buck clothing as well as accessories.

Now in its seventh year, the junior open was held in good conditions with a warm day and only a light breeze. The competition ran in two formats; for the older and more experienced juniors an 18 hole Stableford took place with an additional prize for the best gross score, and a 12 hole event also took place for the younger golfers with unofficial handicaps.

The results in the 12 hole competition were close with only 1 point separating 1st and 2nd. The winner with 20 points was Jason Partridge from Middleton Hall who secured victory over Archie Edgson from Searles who scored 19 points.

The main Stableford event was also a tight contest with some great scores achieved; the top 10 out of the 28 competitors scoring 37 points or better with the top 4 all over 40 points. Heacham Manor's own Warren Bates shot the best scratch score for the 2nd year in a row with a gross 73. Runner up in the main event was Poppy Beales from Middleton Hall on 43 points but the winner on countback, also with 43, was George Sommerville from Dereham. George, who as well as winning new Footjoy golf shoes, was also given a year's free membership to Heacham Manor.

Heacham Manor Golf Club welcomes players from all ages and offers free membership to the son or daughter (under 18 years old) of any adult members.

[www.heacham-manor.co.uk](http://www.heacham-manor.co.uk)

Tel: 01485 536030

### Junior Open Individual Stableford Competition:

Overall Winner: George Sommerville

Overall Runner Up: Poppy Beales

Best Gross Score: Warren Bates

12 hole 29 to 54 Handicaps Winner: Jason Partridge



L to R: Jason Partridge, Warren Bates, George Sommerville, Poppy Beales, Paul Searle (Director Leisure Group)



We are a newly founded charity with an ambition to fundraise for West Norfolk communities. Having already supported other charities we came together to make a difference to people within the local area.

Our first target is to raise £5000 to buy Defibrillators for the local area.

We have lots of fun events planned to help raise funds with our first event being a Mad Hatters tea party held on 24/09/17. The next will be Heacham's Got Talent which is being held at the social club hall in Heacham on Sunday 22nd October. We have acts from around the area taking part and it promises to be a fantastic night of entertainment.

We also have a Fashion show at M&Co in Hunstanton and a Pamper / Craft Fair in November.

Lots of things are in the planning stages for 2018 and we are sure to have lots more fun!

When we have reached our £5000 we plan to become a registered charity and continue fundraising for local people.

It would be great to get support from local companies with donations of raffle prizes to help us achieve our targets as we support the local areas. Any items or vouchers given will help us have raffles at all our events. Your help and support would be gratefully received.

Our website address is: [www.westnorfolkhealinghearts.co.uk](http://www.westnorfolkhealinghearts.co.uk)

Email: [info@westnorfolkhealinghearts.co.uk](mailto:info@westnorfolkhealinghearts.co.uk)

Our team:

Claire Sanders - call; 07735 575117

Samantha Pratt - call; 0773 8402614

### Our events list

**Sunday 22/10/17 - Heacham's Got Talent @ Heacham Social Club Hall, Station Rd, Heacham. Starts at 18.30. Tickets £7.**

**Saturday 28/10/17 - Halloween Fancy Dress Disco @ West Lynn Social Club, St Peters Road, PE34 3LB. Starts at 7.30. Tickets £5 adults, £3 children £7 on the door.**

**Thursday 9/11/17 - Fashion Show @ M&Co Hunstanton High Street. Starts at 19.00. Tickets £5.**

**Sunday 26/11/17 - Craft and Pamper Fair @ Heacham Social Club Hall, Station Rd, Heacham. Starts at 10.00. Entry £1.**

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## **Heacham Neighbourhood Plan Update**

Heacham Parish Council are in the early stages of developing a Neighbourhood Plan for the village. A Neighbourhood Plan is a plan which sets out policies in relation to the development and use of land in the whole or any part of a particular neighbourhood area. This is a community led plan to help guide development, regeneration and conservation. After the plan is made, it will sit along the Borough's Local Plan and carries the same weight in the decision-making process.

This month, the Heacham Neighbourhood Plan are currently creating a website and a Facebook page for the plan. Other updates include an agreed strapline for the plan, "Our village - our future" and banners will be released leading up to the consultation day.

On Saturday 21st October, there will be a presentation on the outlines and proposals for the Neighbourhood Plan at Heacham Public Hall; this will be open to the public. Think about ideas beforehand such as the things you like about Heacham and what improvements could be made. This will help Heacham Parish Council create policies for the Heacham Neighbourhood Plan. Questionnaires will be issued on the day.

If you are interested in volunteering for the working group, or interested in becoming involved, or just want further information, contact Tracy Raby via email at: [tracyraby61@gmail.com](mailto:tracyraby61@gmail.com)



Paris Larham

## **HEACHAM GROUP PRACTICE 2017 FLU CAMPAIGN.**



**This year's flu campaign will be held  
during the months of  
September, October and November 2017 at  
Heacham and Snettisham.**

**October Appointments available Now!**

When booking your appointment can we ask you to call  
01485 572769 **AFTER 11.00 a.m.** to avoid the busiest  
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**To qualify for a Flu Vaccination you will need to  
fall into the following category:**

**YOU ARE OVER 65, OR SUFFER FROM:-**

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CYSTIC FIBROSIS, HEART DISEASE,  
DIABETES, KIDNEY DISEASE  
WEAK IMMUNE SYSTEM, LIVER DISEASE,  
NEUROLOGICAL DISEASE**

**CARERS WHO LOOK AFTER PHYSICALLY DISABLED, OR  
A DEPENDANT PERSON, PREGNANT.**

**For Children who qualify for flu jab and as a reminder to  
parents if you are unable to bring your child on the day,  
but another family member attends on your behalf we  
will require written consent from you to enable our staff  
to proceed with the flu jab.**

**Thank You**



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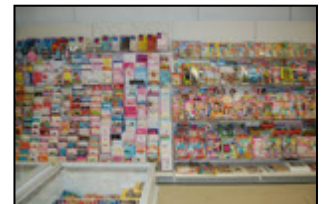
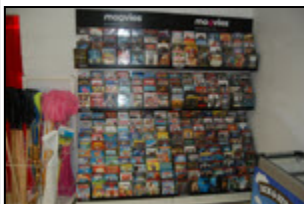
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## Course records broken 3 times during Heacham Manor's Club Championships Weekend

Heacham Manor Golf Club held its annual Club Championships over the August bank holiday weekend in superb conditions which saw course records broken 3 times!

A gross competition for men played over 36 holes, started on Saturday in grey conditions and light rain but this soon cleared leaving perfect weather for the rest of the event. The first round results showed some good overall results with the top 24 people all breaking gross 90. However, the top players achieved some of the lowest score in the history of the event with father and son combination of Anthony Stannard on 73 ahead of Luke Stannard on 74. It was previous winner and course record holder Warren Bates who led the field after day one setting a new course record of 4 under par on gross 68!

The final round was played on Sunday with only the top 21 players making the cut for the final, with leaders going out last.

As players came off the course, the leader in the clubhouse changed a number of times. However, it was in the final few groups which decided the results. The competitors in the Avocet Bar watched in anticipation to see if Warren could score as well as the 1st round and maintain his lead.

With the final group of Warren, Anthony and Luke to finish, the leader in the clubhouse was Alastair Pykett on 152. However, all could change with the final group and as news came in that Warren had broken the club record again within 24 hours by shooting a superb, 5 under par 67 the championship and respect of the members was Warren's.

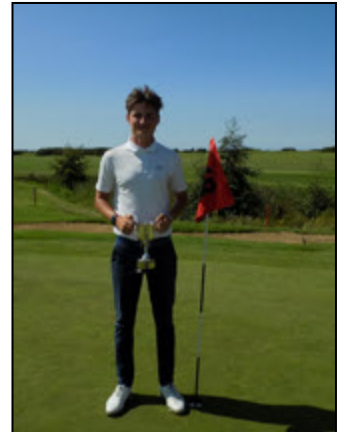
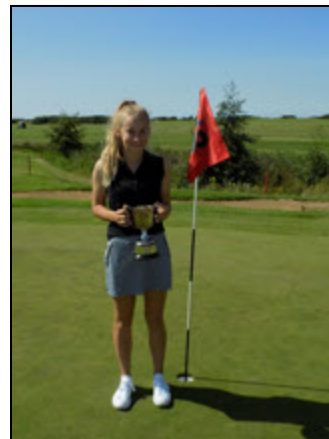
By winning, Warren Bates retained the trophy for the 3rd year in a row.

Final results were: 1st Warren Bates with 135, 2nd Alastair Pykett 152 beating 3rd place Anthony Stannard by countback also on 152.

Heacham Manor lady members also competed in their championship on the Sunday. Played over 18 holes with the champion being the best gross score. Previous year's winner, Ella Mason was keen to retain the trophy. Like Warren in the men's, 5 handicapper Ella rose to the occasion shooting a new ladies course record of gross 74 a clear 19 shots ahead of the next place Junior, Chloe Tarbard in 2nd with 93 and Jayne Clarke 3rd on countback also with 93.

Ray Stocker PGA Professional and Golf Coach at Searles Leisure Resort and Heacham Manor said "It's nice to see 10 years hard work finally paying off with Warren and Ella as they continue to progress from my guidance and tuition and may long it continue".

Warren Bates (Mens Club Champion)



Ella Mason (Ladies Club Champion)



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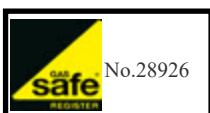
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With enjoyment throughout the season.

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and Sunday from 12.00 midday,  
Food still being served from 12.00-9.00pm.  
Fridays will be Steak or Curry Night  
and Sunday, traditional roast.

Entertainment will also be:

Carol-Ann on 7th Oct,  
Big-D on 14th Oct,  
Gemma B on 21st Oct

Matt Pierce, end of season party, 28th Oct.

For more info, follow us on Silver Sands facebook.

We hope you all have a happy and healthy winter.

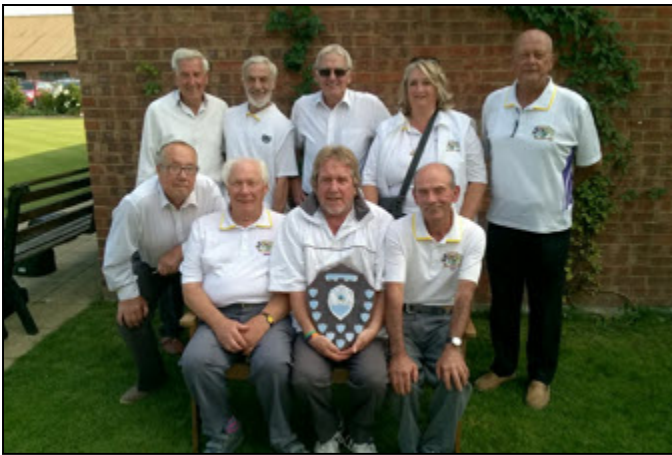
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OR FOR MORE INFO RING 01485 298246**

## Heacham Social Bowls Club

As this goes to print the 2017 season has come to an end. This year has seen a mixture of success and disappointment, so let's just say our League teams had an indifferent year. That said it's been a great season for getting wet, cold, sunburnt, dehydrated, disappointed, robbed and celebrations, along with getting re-hydrated at the Bar and lots of laughs along the way.

The scene was set I suppose back in April when the Club challenged for the annual Odds and Sods Shield against the Social Club and lost for the first time in ..... well I can't remember. The Season then got into full swing with hypothermia, flu and petulance reducing our numbers dramatically for several weeks, during which time valuable League points were lost. This was quickly followed by holiday time and the loss of more League Players. Team Captains at this point were witnessed visiting Local Hostelrys at strange hours of the day; and the Doctors' Surgery requesting help to stop them ripping out hair.



Then came the Hunstanton Bowls Week which, to be fair, is a great event, but which also meant many players were once again unavailable (more points lost). Still, we plodded on through wind and rain, which in fact it became a bit of a catch phrase at the Social Club for when the rain fell the saying was "It must be time for Bowls".

By now the Club Championships were underway with some surprising results in the first few rounds. The start of these also coincided with the Anglia Challenge Shield against a wonderful Club from Suffolk called Old Newton. We came second! But only just, though it didn't really matter as it was such a great day. There then followed Ladies' Day on another glorious Saturday afternoon. This was a very close-run competition with Maureen Price as overall winner and Lesley Ilsley runner up.

Next year however, this should be renamed "Pimms and Prosecco Day" as the Ladies had a very merry afternoon.

Over the summer months many Club Competitions were cancelled for numerous reasons, but mainly due to a back log of fixtures caused by the weather. August came and we held the "Old Friends Competition" this year in honour of the late Mike Rumens with all proceeds going to Asthma Research. It was wonderful to see Charles Hammond back at the Club. Charles was Mike's dearest friend with whom he'd spent countless hours on the Bowls Greens of Norfolk.

As the month ended the Club Championship finals took place. All the matches were close and hard fought for. Sue (G & T) Dainton won the Two Wood singles with Jim (let me check my diary) Drake runner up. While Jim Drake took the Four Wood singles with Jeff Burns as a close runner up. In the Two Wood Pairs, John (Geezer) Hoey and Jay (is that my drink?) Watkins retained the title with Sue Dainton and Brian Stockdale runners up. Meanwhile, in the Four Wood Pairs, the deadly duo of "geezer" and "is that my drink"? once again retained the trophy by snatching victory at the death from Jeff Burns and John (I don't believe it you lucky #####) Hilton.

And so to September and, on a glorious Saturday afternoon, the Bridges Three Wood A team, captained by Brian Stockdale, took on Burnham Market for the Knock Out Shield at Watlington. After a nervous start the A Team took hold of the Match to secure victory with a clean sweep. It was all the sweeter as Burnham



had secured the League title the week before. The Country Side Team has had a successful season with them holding their own against some stiff competition, and reaching the 3,2,1 Cup Final to be played at the end of the month.

This year's AGM will be held on the 11th October at 19:30 in the Social Club, when our Chair and Vice Chair Tim Hulatt and Lucy Ellis stand down after three years in office. Also, up for election will be Club Secretary and all Team Captains, (and after the season they've had, who can blame them). A big thank you must go to Trevor our Groundsman, who once again provided us with a wonderful surface to play on. Your hard work does not go un-noticed so thanks. And finally, to all our Members, thank you for your support this year. I hope you've enjoyed the season and look forward to meeting up again on a rain soaked evening next April.

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## TIDE TABLES FOR OCTOBER & NOVEMBER 2017

HIGH WATER AT HUNSTANTON									
Heights above chart datum Time Zone UT (GMT) BST ends 29th Oct									
Oct 2017					Nov 2017				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 SU	02 20	5.6	15 09	5.6	1 W	03 26	6.4	16 11	6.5
2 M	03 18	6.1	16 02	6.2	2 TH	04 13	6.9	16 54	6.9
3 TU	04 07	6.5	16 46	6.5	3 F	04 57	7.3	17 36	7.3
4 W	04 49	6.9	17 27	6.9	4 SA	05 41	7.6	18 16	7.5
5 TH	05 30	7.3	18 06	7.3	5 SU	06 25	7.9	18 55	7.6
6 F	06 10	7.5	18 44	7.4	6 M	07 11	7.9	19 35	7.6
7 SA	06 50	7.7	19 21	7.5	7 TU	07 55	7.7	20 14	7.5
8 SU	07 31	7.9	19 56	7.5	8 W	08 41	7.5	20 56	7.1
9 M	08 09	7.7	20 30	7.3	9 TH	09 31	7.0	21 44	6.8
10 TU	08 51	7.5	21 12	7.0	10 F	10 30	6.4	22 43	6.3
11 W	09 38	7.0	21 59	6.5	11 SA	11 49	5.9		
12 TH	10 36	6.4	22 59	6.1	12 SU	00 02	5.9	13 11	5.8
13 F	11 56	5.8			13 M	01 22	5.9	14 26	6.1
14 SA	00 25	5.7	13 32	5.8	14 TU	02 33	6.2	15 30	6.4
15 SU	01 53	5.9	14 54	6.1	15 W	03 32	6.5	16 21	6.7
16 M	03 04	6.3	16 01	6.5	16 TH	04 22	6.8	17 03	6.9
17 TU	04 02	6.8	16 52	6.9	17 F	05 07	7.0	17 39	7.0
18 W	04 50	7.1	17 33	7.1	18 SA	05 49	7.1	18 14	7.1
19 TH	05 32	7.4	18 09	7.3	19 SU	06 26	7.1	18 47	7.1
20 F	06 12	7.5	18 44	7.3	20 M	07 03	7.0	19 18	7.1
21 SA	06 51	7.4	19 17	7.3	21 TU	07 36	6.9	19 46	7.0
22 SU	07 28	7.3	19 45	7.1	22 W	08 08	6.7	20 14	6.9
23 M	07 59	7.1	20 11	7.0	23 TH	08 41	6.4	20 44	6.7
24 TU	08 29	6.8	20 37	6.8	24 F	09 16	6.2	21 18	6.3
25 W	09 00	6.4	21 07	6.4	25 SA	09 58	5.8	22 00	5.9
26 TH	09 35	6.1	21 43	6.1	26 SU	10 54	5.5	22 58	5.7
27 F	10 23	5.6	22 32	5.6	27 M			12 13	5.3
28 SA	11 38	5.2	23 58	5.3	28 TU	00 19	5.6	13 31	5.6
29 SU			13 11	5.2	29 W	01 37	5.8	14 36	5.9
30 M	01 28	5.5	14 25	5.6	30 TH	02 39	6.3	15 31	6.4
31 TU	02 34	5.8	15 22	6.1					

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### Art and Craft Exhibition Supports Tapping House

Perhaps someone you know has benefited from the care provided by this hospice?  
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You don't have to pay to get in, as it's free!  
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You don't have to buy any of the fantastic paintings that will  
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**Sunnyside, off Caley Street, Heacham**  
**10am to 4pm**  
**21st and 22nd October 2017**

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## Old Friends Hall Photographic Exhibition

The Old Friends Hall, Sunnyside, off Caley Street, held its fourth Annual Photographic Exhibition over a very (unusually) warm August Bank Holiday Weekend. Our visitors were treated to a wide display of works, including a slide show by Graham Reader, whose presentation of contrasting photographs of Heacham past and present, kept many people engrossed. The Old Street scenes were supplied by The Heacham Newsletter, from a catalogue of works published over many years.

As always, we had a vote to see which picture or pictures were "more favoured" by the attendees. The top four choices, including three from just one entrant, were:

Fourth Place - Keith Chapman 'The Puffin'

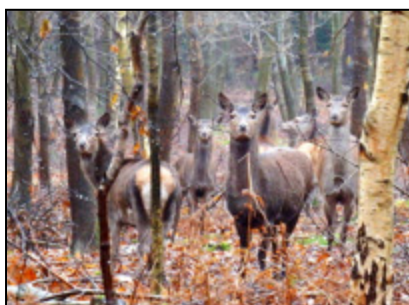
Third Place - Keith Chapman 'Heron'

Second Place - Keith Chapman 'Dodger and Ball'

First Place - Robbie Topliss 'Attention'

A selection of the above is shown with this article.

Our thanks go to all who exhibited or attended the show. We would also like to thank all those who contributed to this year's bucket collection on behalf of Child Bereavement Charity 'Nelson's Journey'; your generosity raised £108.01.



**Roger Drinkwater  
On behalf of the Old  
Friends Hall  
Committee**

**1st. Attention.  
Robbie Topliss**

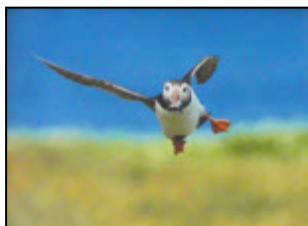


**2nd. Dodger  
and Ball.  
Keith Chapman**



**3rd. Heron.  
Keith Chapman**

**4th. Puffin  
Keith  
Chapman**



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## Heacham Fire Station Open Day 2017

Once again, Heacham Fire Station held an Open Day to the public and what a successful day it was!

Paris Larham

The open day allowed the public to view equipment used by the crew and a children's fire engine where the children could experience what it was like to drive to a fire call. Also, an urban search and rescue attended the event, with different equipment to look at and the crew were prepared to answer any queries visitors had about them. The specialist equipment was used by the retained crew as well as other crews from the county.

There were various events going on throughout the day. The Fire Station ran a raffle and a 'Find the Fire Fighter' game for the children. Heacham in Bloom and the Heacham Community Building Project also had stalls at the open day.

Children had the chance to use a water hose on a simulated shed fire to make their experiences at the open day even more realistic, as well as experiencing sitting in a real fire engine.

Andrew Groom from 'Bound for Sound' kept the public entertained for the entire day with his music and updates.



I spoke to Andrew Groom, who has continued to entertain everyone at the fire station open day for the last two years. He commented, "The Fire Station Open Day has been great this year. Lots of things for the children to take part in and to watch. Overall, I think the turnout was great and I enjoyed being part of it too."

Refreshments were also available throughout the day and all donations and money raised from the Open Day will go towards the Firefighters Charity and Norfolk Fire Museum. **THN**



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## Ruffle puts his Paw in it!

by Rachel Greaves

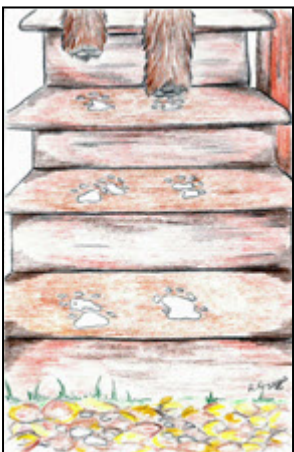


Along the platform edge had been freshly painted white,  
It all looked very smart, gleaming in the bright sunlight.  
Satisfied with his work, Eric went back inside the station,  
Didn't see Ruffle approaching hoping Eric had cooked some bacon.

Ruffle didn't realise that the paint would still be wet,  
So, walked across the white edge – to the platform he wanted to get.  
As he trotted hopefully across to the open store house door,  
A trail of perfect paw prints followed upon the platform floor.



But Eric wasn't there – now where could he be?  
Perhaps in the signal box – Ruffle would go and see!  
Over to the signal box and up the steps they went,  
The bright paw prints showed where Ruffle's time was spent.



For each time Ruffle crossed the fresh white paint,  
A new coat painted his toes, giving them a bright white taint.

Coming out of the store, Eric looked on in dismay,  
White paw prints all across the platform, going in every way.



Eric followed the prints all over until at last he came,  
To Ruffle sitting on a bench as though waiting for a train!  
'Ruffle! I've spent all day painting the white edge bright and new.  
But you've spread prints on the platform, so the painting I must redo!'

[www.ruffletheraildog.co.uk](http://www.ruffletheraildog.co.uk)

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If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

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Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards



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The Business Centre, 43 Lynn Road,  
Snettisham, Norfolk, PE31 7LR

American thrillers were featured last month, now it's the turn of a homegrown variety: Damien Boyd is a solicitor by training and draws on his extensive experience of criminal law, along with a spell in the Crown Prosecution Service, to write fast-paced crime thrillers featuring Detective Inspector Nick Dixon. Look out for his novels on our features shelf.

**BOOK CLEARANCE 4th, 6th, 7th OCTOBER**

**To make way for a host of new books, the Library will be having an Autumn Clear Out. Lots of great books will be on sale – so grab a bargain!**

The Library has three computers with internet access which are provided for by KL&WN Borough Council. They are currently free to use by anybody, residents and visitors alike.

Thank you to everyone who filled in a computer user survey last month.

**Heacham Library Opening Hours**  
**Monday, Wednesday, Friday - 10am-4.00pm**  
**Saturday - 10am – Noon**



**Do Something Amazing  
Today  
Save a Life**

82 people attended the blood donor session at the Public Hall on 13th September 2017 and 71 units were collected. There were 5 new donors at the session. Thank you all. Please note that the next visit to Heacham is on Wednesday 17th January 2018. To make an appointment ring the Helpline 0300 123 23 23 or online at National Blood Service information [www.blood.co.uk](http://www.blood.co.uk)

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## Hospice invites the community to Light up a Life this Christmas



(Light up a Life offers the community the opportunity to dedicate a light and celebrate the memory of loved ones).

As the leaves start to fall and the nights draw in people begin to think ahead to Christmas. Plans are made for festive parties and arrangements are put in place to meet up with family and friends. It can, however, be a difficult time when we think of those who unfortunately cannot share it with us.

For many years The Norfolk Hospice has been hosting Light up a Life during

December. Light up a Life is a national appeal organised by Hospices across the country to celebrate the memory of loved ones at Christmas time. This year, the appeal is being supported by East of England Co-op Funeral Services. This support means that every penny donated to the appeal goes directly to supporting people living with life-shortening illnesses as well as their carers and bereaved families.

The Hospice would like to give members of our local community the opportunity to remember loved ones this Christmas by dedicating a light on the Hospice's Christmas tree, and/or making a donation in memory in the hope that this may offer some comfort. The Christmas tree will be brightly lit at the Hospice in Hillington throughout December and people are welcome to visit to view it.

This year the Hospice will once again host four Light up a Life events. The events are open to everyone and help families and friends to come together to remember and celebrate the lives of loved ones.

- Monday 4th December at Sandringham Visitor Centre (4pm)
- Thursday 7th December at The Norfolk Hospice, Hillington (5.45pm)
- Sunday 10th December at King's Lynn Minster (3pm)
- Sunday 10th December at St Edmunds, Downham Market (3pm)

Louise Clark, Bereavement Co-ordinator at the Hospice, commented "Christmas can be a poignant time of year if someone close to you has died. We hope our Light up a Life offers a special way of remembering and reflecting on the lives of those whose memory we treasure."

Anyone who wishes to make a dedication or would like more information about Light up a Life should visit the Hospice website [www.norfolkhospice.org.uk/LUAL17](http://www.norfolkhospice.org.uk/LUAL17) or call the Hospice fundraising team on 01485 601701.

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## Colin Garwood



### The legend Colin Garwood returns to his Grass Roots

Born: Heacham, 29th June 1949

#### Career History:

Peterborough	1967-71	Appearances 66	31 Goals
Oldham Ath.	1971-75	Appearances 92	36 Goals
Huddersfield	1974-76	Appearances 28	8 Goals
Colchester	1976-78	Appearances 87	25 Goals
Portsmouth	1978-80	Appearances 71	34 Goals
Aldershot	1980-82	Appearances 81	25 Goals
Boston Utd,	1982	Appearances 18	18 Goals



### Golden Boot Winner Division 4-Season 1979-80 with 27 Goals

Colin's football career started here in Heacham in the 1960s for the Heacham Minors under 16s.



The 1963-4 Heacham Minors U-16 in 1987)

He moved into professional football in 1967 with Peterborough

where he made 66 appearances and scored 31 goals. In 1971



Colin joined Oldham Athletic, he turned into a prolific finisher and scored some important match winning goals in the team which won the Third Division Championship in 1974, He made 92 appearances for Oldham and scored

36 goals, After leaving Oldham, Colin moved to Huddersfield, then Colchester where he won promotion to Division Three in 1977. He then joined Portsmouth, where he again experienced promotion in 1980, as well as being the country's leading goal scorer. He won the Golden Boot for the Division 4 1979-80 season scoring 27 goals, (17 for Portsmouth and 10 for Aldershot). He left Pompey for Aldershot (Aldershot's record signing at a reported £54,000). He stayed at Aldershot for a couple of seasons, before moving north to join Boston United where he scored 18 goals in as many games, before breaking his ankle and ripping his Achilles tendon. This unfortunately ended his playing career. However in 1987 the Heacham Minors U-16 team of 63-64 got back together again to play the 1987 Heacham Minors U-16 team. The result was a 2-0 win to the 'old boys'. Colin now works for a transport company in Wisbech and is a Director, and the Press Officer of Wisbech Town FC in the Jewson League. Colin's son Mark also played for Wisbech in the 1990s, where else but up-front!

**David Page**  
Heacham Minors FC



## Heacham Minors FC



October's Home fixtures.

All kick-offs 10.30am unless stated.

Everyone is welcome to come down and support the teams.

<b>U8s</b>	14th Oct – kick-off 12.00
<b>U9s</b>	14th Oct
<b>U10s Minors</b>	No home match this month
<b>U10 Magpies</b>	14th Oct
<b>U12s</b>	22nd Oct
<b>U13s</b>	8th Oct

**Jason Brown**  
Heacham Minors 07867 527706

### U9s Team - Fundraising thanks

From all of us who organised the recent U9s Heacham Minors FC fundraising event on the 19th August, to all who helped, attended and contributed to the event, a massive thank you must be extended. The event was run to raise funds to enable the team to attend a football tournament in Clacton in May 2018 and also to contribute to a separate fundraising effort being conducted by one of the team member's parents, raising funds for Genetic Disorders UK, as well as the Rudham and NICU wards at the QE hospital. We were able to raise a wonderful £3,750 on the night, which has enabled the whole team to attend next year's tournament as well as contribute an amazing £1,750 to a worthwhile cause.

**Pete Lavvaf**

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Roast Turkey with Pigs in Blankets & Stuffing  
Baked Vegetable Nut Roast  
Smoked haddock and pea risotto

Chocolate and Almond Tart with Raspberry Coulis (gf)  
Christmas Pudding with Brandy Custard  
Treacle Sponge and Custard  
Chefs Cheese Board

Coffee & Mints

£5.00 Non-refundable deposit required.  
Balance due 2 weeks before date booked.  
(N.B If you have any dietary requirements or allergies please  
inform one of our Events Team upon booking)



## **Festive Lunch**

Available Monday - Saturday 12.00 - 2:30pm  
throughout December (4th - 22nd)

**2 Courses £12.95**

Starter & Main or Main & Dessert  
Must be pre booked. Pre-order will be required.



## **Festive Evening Meals**

Available Monday - Thursday 6.00 - 8:30pm  
throughout December (4th - 21st)

**3 Courses £21.95**

Includes tea/coffee and a mince pie  
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## WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane  
MC = Methodist Church Hall, Station Road  
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside  
PRH = Pine Residents Hall, Wilton Rd  
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club  
PH = Public Hall  
NC = Neville Court

### MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room  
YOGA for healthy living 9.30-10.30am For info Tel: Alison 571062 or email - medullayoga@gmail.com (SG)  
ART CLASS 10am – 12noon For info Tel: Shirley Milborn 572247 (PRH)  
SUNNYSIDE CLOSE (Sheltered Housing for over 60's)  
Coffee Morning 10.30am Tel : 570492  
FITSTEPS 11am – 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)  
HATHA YOGA 11am-12noon For info Tel: Alison 571062 or email - medullayoga@gmail.com (SG)  
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311 (PH)  
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 – 6pm Contact Kathryn Tel:572138 (MC)  
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485  
LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3.50 Contact Diane 571166 (SM)  
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Julian Geraghty 572890 (SG)  
HEACHAM IN BLOOM 3rd Monday Monthly 7pm at Heacham Parish Library  
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)  
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com. (PRH)  
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm Contact Sue Scott Tel: 572252 (HSC) Top Room

### TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429  
CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)  
HEACHAM CARERS SUPPORT GROUP meets 1st & 3rd Tuesday monthly 1-3pm at A Piece of Mind 4 Poplar Avenue Tea Coffee & a chat For more info Tel: 572707  
LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3.50 Contact Diane 571166 (PH)  
THE FELLOWSHIP 2.45pm Every other Tuesday (MC)  
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)  
WEIGHT WATCHERS 6pm (OFH)  
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)  
PARISH COUNCIL MTG 3rd Tuesday monthly 7pm (PC)  
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)  
HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019  
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)  
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

### WEDNESDAYS

CAR BOOT SALES (weather permitting) 7am to 12noon (Gates open 6.30am for Booters) (HSC) Sports Field  
WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar Ave Heacham Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk

SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)  
CARPET BOWLS 10.15 – 12 noon Tel: 570776 (PH)  
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126  
MIDWEEK COMMUNION 2nd Wednesday of the month 10.30am (MC)  
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly (PC)  
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)  
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields  
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)  
LINE DANCING 7 - 9pm Improver/Intermediate £3.50 Contact Diane 571166 (SM)  
BINGO 7.30pm Neville Court Grouped Home  
HEACHAM TWINNING ASSOCIATION 2nd Wednesday monthly at 7pm New members welcome Tel: 579465. (PC)  
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)  
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851 Peter Gray www.westnorfolksingers.org.uk/ (MC)  
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

### THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30–3pm For info Joyce Armstrong 07704338775  
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CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)  
MOTHERS' UNION 4th Thursday monthly 2pm (SM)  
TREFOIL GUILD 1st Thursday monthly 2 - 4pm (PRH)  
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JUDO Advanced 7 – 9 pm Tel: 571614 (PH)  
SOCIAL EVENING 2nd Thursday monthly 7.30pm (MC)  
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)  
RAO BUFFALOS 8pm (HSC Top Room)  
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

### FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Sue Spencer bereavementgroup53@yahoo.com or Tel: 572029 (SM)  
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm  
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 yrs Term time 6 - 7.15pm Tel:572890 Julian Geraghty (SG)  
TAI CHI & KUNG FU 6-7pm Beginners Tai Chi 7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)  
INDOOR BOWLS CLUB (Carpet) 7pm (MC)  
CASH BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC Top Room)

### **SATURDAYS**

HEACHAM YOUTH CLUB Term Time School years 6-11  
Tel: Louise 07411457017 (SM)

### **SUNDAYS**

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly  
Everyone welcome For details Tel: 579440 (PRH)

HATHA YOGA 7.30-8.30pm For info Tel: Alison 571062 or  
email - medullayoga@gmail.com (SG)

### **HEACHAM DIARY**

**Heacham Group Practice FLU Campaign** October  
appointments now available Tel: 01485 572769 after 11am

**Saturday 7th October** 'Coffee Morning' at Heacham  
Methodist Church 10am – 12noon

\*\* GIG 'Mister John' 8pm at Heacham Social Club

\*\* GIG 'Carol-Ann' at Silver Sands

**Wednesday 11th October** 'Community Coffee Morning &  
More' 10am to 12noon at the Old Friends Hall Sunnyside  
Everybody welcome

\*\* West Norfolk Carers & Home Instead (a local care provider)  
will be at Heacham Surgery from 2pm to answer questions of  
family carers of people with Dementia If you would like to be  
an invited Tel: Sue McDowell of West Norfolk Carers on  
01553 768155

**Thursday 12th October** 'Macmillan Coffee Morning' starting  
at 10am at Cunningham Court Station Road

**Saturday 14th October** Heacham Twinning Assoc 'Quiz  
Night' 7pm for a 7.30pm start at The Old Friends Hall Tickets  
£2.50 at the door Bring your own drinks & glasses For info  
Tel: 579465

\*\* Heacham Social Club 'Murder Mystery Event' at Heacham  
Public Hall

\*\* GIG 'Big-D' at Silver Sands

**Wednesday 18th October** 'Afternoon Prize Bingo' 1.30pm at  
Heacham Social Club

**Thursday 19th October** 'Art & Crafts' at Sunnyside Close  
10am to 12noon £1 includes Tea & Coffee All welcome

**Friday 20th October** 'Elvis is in the Building!!' at the West  
Norfolk Pub on stage 9pm Tickets £5pp from the bar All  
proceeds towards Macmillan Cancer Support

**Saturday 21st October** GIG 'Gemma B' at Silver Sands

**Saturday 21st & Sunday 22nd October** The Friends Art  
Group are holding an 'Art & Craft Exhibition' in support of  
Tapping House at the Old Friends Hall Sunnyside 10am to 4pm  
Free entry Refreshments

**Friday 27th October** GIG 'DNA' 8.30pm at Heacham Social  
Club

**Saturday 28th October** 'Messy Church' at St Mary's  
Church Heacham 10am–12 noon For information Tel:  
Veronica Wison 570697 or the Church Office 572539

\*\* GIG 'Matt Pierce, end of season party' at Silver Sands

\*\* 'Family Halloween Fancy Dress Disco' 7pm 'til late at  
Heacham Public Hall Tickets £2pp available from the Social  
Club or Tel: 07795594761 (Fancy Dress optional)

**Monday 30th October** 'Bingo' at Fridhem Rest Home Eyes  
down at 7pm All welcome

**Friday 3rd November** 'Poker Night' 7pm at Heacham Social  
Club

**Saturday 11th November** GIG 'Dirty DC' at the Public Hall  
For tickets £12 (in advance) £13 (on the door) contact Trev  
Frammingham Tel: 07747 156204

\*\* Heacham Twinning Assoc 'Barn Dance' at Snettisham  
Memorial Hall £7.50 (inc. light supper) For info Tel: 572252

**Saturday 19th November** 'Christmas Market' 12noon-6pm at  
Heacham Public Hall

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## OTHER EVENTS

**Saturday 7th October** 'Hog Roast & Jazz Evening' 7pm at Anmer Social Club Hog Roast £7.50 (inc's dessert) Jazz (from 8.30) with The Kingswinners Trio

\*\* Entertainment by 'Steve Carmel' at Hunstanton Conservative Club

\*\* Entertainment by 'Paul Copestake' 8.30pm at United Services Club Hunstanton

**Tuesday 10th October** Brancaster Camera Club with 'Gavin Hoey' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

**Thursday 12th October** West Norfolk Mind 'Fashion Show' from 7pm at M&Co Hunstanton Tickets £5 available instore at M&Co or from A Piece of Mind Heachan

**Friday 13th October** Anmer Village Social Club Film Night 'Going in Style' 8pm Tickets £3 For more info Tel 579465 or email films@anmerclub.co.uk

**Saturday 14th October** 'Murder Mystery Night' at The Salvation Army Snettisham 7pm Tickets £5 (inc's buffet) Tel: 541978 or 545933 All welcome to come & solve the murder

\*\* Dancing to 'Lloyd E Moon' at Hunstanton Conservative Club

\*\* Entertainment by 'The Spree' 8.30pm at United Services Club Hunstanton

**Monday 16th October** 'Hunstanton U3A' AGM 2pm at Hunstanton Community Hall Plus a speaker - Wing Cdr (Rtd) Kevin Mackie 'Beyond the Blue Suit'

**Wednesday 18th October** 'Poetry Morning' 10.30am-12noon at Hunstanton Town Hall Basement Entry £2.50

**Saturday 21st October** HDFA 'Craft Fair' 10am to 4pm at Hunstanton Town Hall Free admission Refreshments

\*\* 'Autumn Fair' 10am-1.30pm at the Union Church Hunstanton Refreshments (with music) Various stalls

\*\* Cinema in Syderstone presents 'A Man Called Ove' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50 \*\* Entertainment by 'T.B.A. at Hunstanton Conservative Club

\*\* Entertainment by 'Lawrie Hayley Duo' 8.30pm at United Services Club Hunstanton

**Tuesday 24th October** Brancaster Camera Club 'Annual Digital Image Competition' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

**Thursday 26th October** Norfolk Wildlife Trust A talk 'Thailand's Birds & other Wildlife' 7.30pm at Hunstanton Methodist Church Hall £2.50 members/£3 visitors

**Saturday 28th October** Hallowe'en – entertainment by 'Rob Stevenson' Food will be available

\*\* Entertainment by 'Hi Definition' 8.30pm at United Services Club Hunstanton

**Tuesday 31st October** Dersingham Cinema presents 'Whisky Galore' 7.30pm at the Dersingham Social Club

**Saturday 4th November** 'Indoor Firework Party' 7pm at the Salvation Army Snettisham Why not bring a guy (not too big) for the competition Games Quizzes and fireworks Tickets £6 (inc buffet) Tel: 541978 or 543493

**Saturday 4th November** Hunstanton Lion's Club 'James Bond 007 Fun Casino Night' at Sedgeford Village Hall 8pm 'til late Tickets £20 (over 18's only)

**Saturday 11th November** Heacham Twinning Assoc 'Barn Dance' 7.30pm at Snettisham Memorial Hall £7.50 (under 12's free) More info from Tel; 572252

WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDGEFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from

11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

### Mondays

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FITSTEPS 6.30 – 7.30pm at Snettisham Memorial Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

### Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

COASTAL STROKE & SUPPORT GRP 10.30am – 12.30pm at Hunstanton Methodist Church Austin St

LINE DANCING 1.30 – 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

### Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall

Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am–12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FIRE CADETS at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07710 066145

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

### Thursdays

LINE DANCING 10am – 12 noon at Hunstanton Community Centre £3.50 Tel: Diane 571166

TEA DANCE 2 – 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

FITSTEPS 6 – 7pm at Snettisham Memorial Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm

### Fridays

HUNSTANTON BRIDGE CLUB 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

### Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

**HEACHAM TWINNING  
ASSOCIATION**



**BARN DANCE**

**7:30pm**

**Saturday 11th November**

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**Memorial Hall, Snettisham**

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**£7.50 (inc. light supper)**  
**Bar available**

**For more details, phone 01485 572252**

Borough Council of  
**King's Lynn &  
West Norfolk**



## **Have your say on Council Tax Support Scheme for 2018/19**

Residents and stakeholders are being invited to have their say on the Borough Council of King's Lynn & West Norfolk's council tax support scheme. The scheme helps people on a low income with the cost of their council tax bill, and each year the council has to publish and consult on its proposed scheme for the coming year.

The draft 2018/19 scheme has now been agreed by members and published for consultation on the borough council's website at [www.west-norfolk.gov.uk/haveyoursay](http://www.west-norfolk.gov.uk/haveyoursay) Simply click on current consultations.

Cllr Adrian Lawrence, borough council cabinet member for Housing and Community, explained: "The overall council tax support scheme is generally the same as for last year although we will have to make some changes to reflect changes in Housing Benefit and Universal Credit Legislation. The proposed scheme can be viewed on our website and I would encourage people to take this opportunity to review our proposals and let us know what they think. Once the consultation closes on 18th October, we will consider all the responses received before finalising the scheme ready for 1 April 2018".

The consultation is open until Wednesday 18th October 2017. All the information is available on the council's website [www.west-norfolk.gov.uk/haveyoursay](http://www.west-norfolk.gov.uk/haveyoursay) along with an online survey for completion. Anyone wishing to take part in the survey who does not have access to the internet should call the council's main number 01553 616200 to be given information and the survey in a printed format.

**Dersingham Village Centre  
Ceilidh and Barn Dance**  
Featuring WHIRLIGIG BAND

**Saturday 4th November**  
7.30 - 10.30 pm  
West Newton Village Hall

**Tickets: £9 in advance**  
£30 for group of 4  
From Dersingham Post Office  
£10 on the door

Refreshments and Licensed Bar

[www.dersinghamvillagecentre.org.uk](http://www.dersinghamvillagecentre.org.uk)



**QUIZ  
NIGHT**

**SATURDAY 14<sup>th</sup> OCTOBER 2017**

**7.00 p.m. for 7.30 p.m. start**

**THE OLD FRIENDS' HALL**  
Sunnyside off Caley Street, Heacham

**Tickets £2.50 per person at the door**

**For further information please telephone**  
**01485 579465**  
**or email: [Heacham.twinning@anmerclub.co.uk](mailto:Heacham.twinning@anmerclub.co.uk)**

*Individuals welcome to make up teams of 4*  
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## Heacham Fire Station Open Day 2017

When I wrote my column for September's Newsletter, I was looking forward to our Open Day and posed the question, "I wonder how it went?"

Well, this month I'm looking back and I can say it went very well indeed!



Despite a positive weather forecast, there was some early rain which had my nerves jangling but it soon cleared and we were blessed with a really good day. I think it's fair to say we raised the bar this year and that was only possible thanks to the generous support we

received from friends and colleagues who brought along the attractions which made the day such a success.

We had members of Norfolk's Urban Search and Rescue team attend for the first time this year and they reported a lot of interest shown in the kit they had on display which ranged from a boat to specialist listening and camera equipment. Thanks to Watch Manager John Linden and the crew for coming over from their base in Dereham.



The Norfolk Fire Museum turned out in force bringing two former Norfolk Fire Service appliances and their popular nail game tombola. They also brought a mini fire engine, which children can sit in and pretend that they are going to a real call.

It has its own flashing lights and the sirens come courtesy of a video playing on a screen in the front. You can imagine that the little ones absolutely loved it and prising them out was sometimes a hard job for parents!



Also coming with the museum was a 'smoking shed' (the garden variety), a very clever invention which children and adults alike can squirt water at all day but they can never extinguish! Thanks to Kevin, Lynn, Ed, Bridget, Rob, Tim and Tina for all their support.

Jonathan England (whose father Jack was in the brigade here for over twenty years) attended again with his Second World War Austin and trailer pump and there seemed to be a fair amount of mardling going on around that during the afternoon!

Inside the station, the recreation room was taken over by the cake stall, refreshments and the Fire Fighters Charity stall. A collective thank-you to Judy, Clare and Nick for their fantastic efforts again this year. A special thank you too for young Kathryn (7), who had her own 'lucky dip' and 'name the bear' corner ably assisted by grandparents John and Jean. The bear incidentally was called Pinky!



We also had a few of the Hunstanton Fire Cadets on hand to help where needed including with the 'Find the Fire Fighter' game and we were very pleased to have Andy Groom back to do his



# CHRIS PALMER

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DJ bit for us although I did see Newsletter reporter, Paris Larham on the microphone at one point. I'm not sure if she had permission or if she just took the opportunity to expand her media horizons?



Heacham in Bloom had a table showcasing the good work they do throughout the village and the two proposals for the new Community Building were represented. It was great to see other local groups being part of the day

again.

As with all such events, there are things that need to be in place to make them work but you may not notice them. I'd like to thank St Mary's for the loan of chairs and tables from the Church Hall, Station Road Garage for the use of their parking area and Mandy at the Club for the use of the sports field car park. Also, anyone else I haven't mentioned (just in case)!

To everyone who came along to see us I hope you had a great afternoon and well done because you helped raise over £650 for the Fire Fighters Charity and the Norfolk Fire Museum.

My question this month is whether, after such a brilliant day this year, we should quit whilst we're ahead or try and better it next year?? Watch this space in 2018 to find out.....



**Chris Wood**  
**Heacham Fire Station**

'Fifty shades of Grey???

Former crew members Robin, Jimmy and John relaxing after the Open Day. Well..... the stories these three could tell..... and Jimmy often does!!! '

### Answers to Spiral Word Puzzle

- |          |          |
|----------|----------|
| 1) Beef  | 2) Fast  |
| 3) Tart  | 4) Toys  |
| 5) Sick  | 6) Kick  |
| 7) Kiev  | 8) Veto  |
| 9) Once  | 10) Epic |
| 11) Cast | 12) Twit |
| 13) Twig | 14) Golf |
| 15) Fund | 16) Dead |

Puzzle Word: Viaduct

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### Opening Hours

Monday to Friday	3pm – 11pm
Saturday	12pm – 11pm
Sunday	12pm – 10:30pm

*As we are not doing food at the moment, feel free to **order in a takeaway** - knives and forks available*

**Wednesday October 4<sup>th</sup> and 18<sup>th</sup> – Quiz night in Dining Room – £1 entry, all welcome**

**Wednesday October 11<sup>th</sup> – Camera Corner: share knowledge, pick up tips. Novices and experts welcome**

**Saturday October 14<sup>th</sup> – The lovely Grace Burton is singing for us again**

**Saturday October 28<sup>th</sup> – John Barry with Krusty Whiskas entertain with a selection of real golden oldies. Oh, and because it's **Halloween**, another chance to dress up!**

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## Heacham at Night

October! At Halloween, there will be just 54 days to go to Christmas Day. With that cheery thought don't forget that, on the 29th, the clocks go back an hour – at 2am in the morning if you want to be fastidious.

The Great American Eclipse of August 21st 2017. Yes, I was there, in Casper, Wyoming to be precise. And the sky was clear and it went dark, very dark. The odd star popped out and Venus was visible.



*Setting up at Casper. Notice the tanned face and arms and the eclipsed legs. Copyright Oliver Parish*

My son and I were in a hotel alongside a rough gopher field at the back of a Wyoming bank, so we set up there along with a hundred or so others. The Sun was gradually reduced to a slim crescent, a spirited soul counted down from 10 and cried out, 'Filters off now!' Up to that point we had been observing and photographing with special solar filters in place on binoculars and cameras. A chain of sunspots provided additional interest. At totality, nothing would be seen through filters so they had to be snatched away.



*Sunspots in front of the advancing Moon. Copyright Oliver Parish*



*Copyright T.Parish*

Totality could, and was, viewed with the naked eye which gave a far wider field of view and a gasp echoed over the gopher patch. It was a magical 2 minutes and 66 seconds. During it I clicked a remote switch for my camera which was mounted on a tripod and tracker. An image is above though I don't expect the detail will be seen – perhaps it will be better on the website where you can enlarge it. At around 1 o'clock and 3 o'clock solar prominences are evident; at about 11 o'clock there are three bright dots which I believe are Bailey's Beads, light shining through valleys on the Moon.

'Filters on now!' After totality, we watched the Sun emerge again or, rather, the Moon slip past it but only for a short while. We were off on our long road journey which would take us to Yellowstone, The Grand Tetons and the Rockies, but that is another story.



*The diamond ring just after totality taken with a hand-held camera. Copyright Oliver Parish*

## Golden Years (Norfolk)

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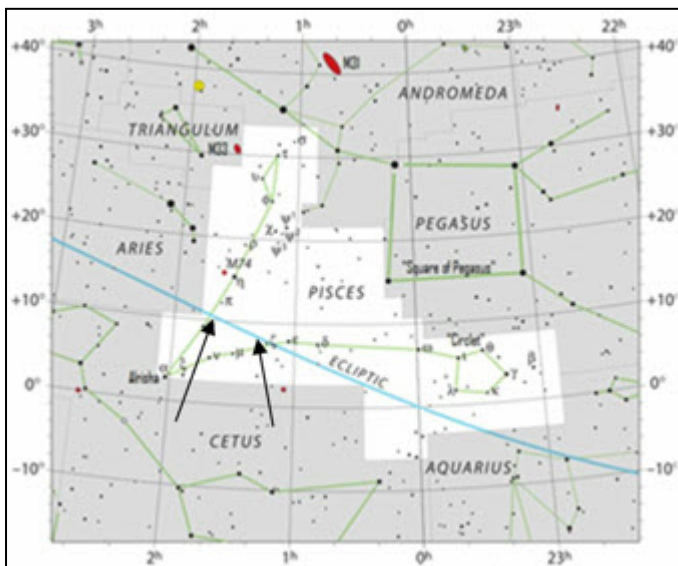
Back to Earth at Heacham in a literal fashion – Heacham is around 20 feet above sea level, none of our American trip was below 5,300 and most was around 7,000 feet, extending to 12,000 in the Rockies.

Jupiter is well and truly lost to us this month but Saturn hangs in at least during the first half. It is low down in the SSW / SW and sets by 6.30pm at the end of the month. If you want to see the rings and you are, like me, getting on a bit, make an effort. They are the widest open on the 16th that they will be for a decade or so. After the 16th the view from Earth will be of rings tilting closer to the planet until in March 2025 they are edge on. After that they will open again.

Did you remember to wave goodbye to Cassini? The remarkable craft hung on about 30 minutes longer than I predicted last month. At its demise, there were many sad faces on television and the net.

Neptune and Uranus are the planets to aspire to see this month. Uranus is at opposition on the 19th – in a direct line between us and the Sun so presenting a full face to us. Uranus was discovered by Herschel in 1781 and its orbit doubled the size of the then known Solar System. A keen eye looking into a very, very, dark sky will see a blue dot. Otherwise, good binoculars should reveal it and a telescope produce a brighter, bigger, dot.

Uranus was viewed by Voyager 2 as a pretty boring inactive place but its elliptical orbit has now brought it a little closer to the Sun and the extra energy seems to be ‘waking’ it up. Uranus could turn out to be another distant surprise. It does have rings like Saturn but they are less extensive and made of dark dust particles rather than glittering ices. It also has at least 27 moons. For pub quiz aficionados, Uranus is the planet which orbits the Sun on its side due likely to a severe bump in the distant past. Consequently, its seasons are a little unusual.



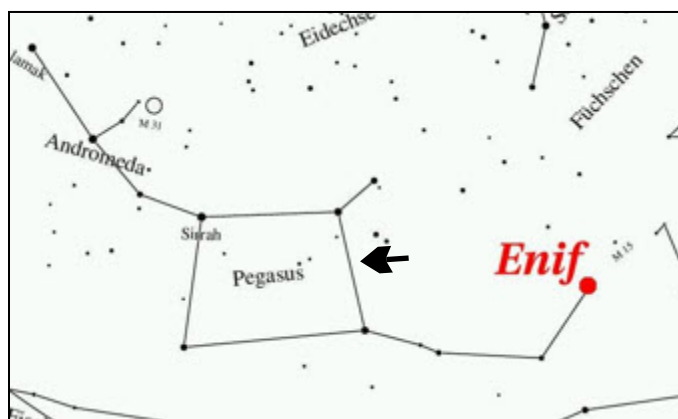
Modified Internet source. Uranus will be between the black arrows on the blue track. The red blob is M31, the Andromeda Galaxy. It will appear as a fuzz in good binoculars.

Three asteroids are up and about this month. One of them, Ceres, is now classified as a dwarf planet like Pluto and a spacecraft is still in orbit about it. Vesta and Pallas are true asteroids; Pallas, unlike the other two, has an orbit very inclined to that of Earth's so does not appear so regularly. A dark, clear sky, and at least a good set of mounted binoculars are needed to glimpse them. I have managed to find Ceres and Vesta in the past. Google to find locations and try and avoid all of the astrological references which seem to appear. Astronomy is science, astrology is daft – no apologies.

A meteor shower not affected by moonlight! The Orionids peak on the 21st. These remnants of Halley's Comet will appear to originate just above Orion, harbinger of winter. Look from 11pm BST. Realistically, 5-10 per hour should appear.

For morning people, look east around 6.30am on the 5th or 6th and see very bright Venus almost touching dim red Mars. On the 16th and 17th look again and see a thin crescent Moon and bright Venus with Mars in between. I will hope for clear skies and try and take a photograph. Mars is on the far side of the Sun to us and moves much slower than closer Venus so the conjunction, closeness of the two, is a matter of perspective and separation is quite swift.

Deep sky at night: The Square of Pegasus stands out in the autumn sky. Look south and find four prominent stars. The top right one is a red giant named Scheat which pulses. To the right of the square is Enif. This bright star is a yellow supergiant with a blue companion. Good binoculars should separate them. And 'close' to this star but much further away is M15, a globular cluster of around 100,000 stars. A telescope will reveal some of them.



Internet source

Close to the middle of the right side of the square is 51 Pegasi (blue arrow on picture above). This is the star with a Jupiter sized planet orbiting closer to it than Mercury does around our Sun. In 1995, it was the first extra solar planet to be discovered. Since then, 3,666 more have been found.

On 20th October, a lump of rock 20 metres across will hurtle past the Earth. It will be visible in binoculars but only from the southern hemisphere. A nudge could make it plummet towards the Earth. What useful task could it accomplish?

And, if you missed The Great American Eclipse 2017, then start planning for The Return - The Great American Eclipse April 8th 2024.

Early darkness beckons.

Terry Parish

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## Are you 'Recycling Right'?

Give your recycling a little bit of love - or in other words - make sure it's clean, dry and don't bag it when it goes into the recycling bin. This is the message the Norfolk Waste Partnership wants local residents to heed as part of a major push to 'Recycle for Norfolk'.

The revitalised recycling message comes in the wake of national research by the charity WRAP, which promotes the sustainable use of resources. WRAP found that, overall, 64% of households dispose of one or more items incorrectly. Recycling in West Norfolk is easy.

There are 3 simple rules to remember to get recycling right in Norfolk: Clean, Dry, and Don't Bag it.

The recycling awareness campaign reinforces the 3 simple recycling rules in a leaflet which has gone to every Norfolk home during the past month. Posters, radio, television adverts and website information will also remind everyone how to recycle right.

Cllr Fisher, chair of the Norfolk Waste Partnership, said: "Getting recycling right is everyone's responsibility. All of our councils and crews work hard to empty our bins and when they find a recycling bin full of unwashed food containers and, in many instances, used nappies and even pet food, it can be soul-destroying. It is especially unpleasant for the people at our Material Recovery Facility (MRF) who hand-sort Norfolk's recycling material".

There is also a cost when people don't follow the rules on recycling. While it is 33% cheaper to recycle one tonne of material than dispose of it as rubbish, last year Norfolk's district, borough and city councils paid an additional £430,000 to have Norfolk's recycling material cleaned-up before it could be made into new products. If everyone makes sure their recyclable materials are clean, dry and loose and that they are placed in the right bin, it will save money.

WRAP's research also found that almost half (49%) of UK households dispose of one or more items in their general waste

bin when it could be put in the recycling bin instead. The most common items that aren't recycled but can be in Norfolk include aluminium foil, aerosols, plastic cleaning bottles, and beauty product pots, tubs and trays.

Along with the leaflet that was delivered to Norfolk households in September, details about what can and cannot be recycled in Norfolk can be found at [www.west-norfolk.gov.uk/yourbins](http://www.west-norfolk.gov.uk/yourbins) and at [www.recyclefornorfolk.com](http://www.recyclefornorfolk.com) or via social media @WestNorfolkBC and @Recycle4Norfolk.

Cllr Ian Devereux, cabinet member for Environment for the Borough Council of King's Lynn & West Norfolk said: "Lots of householders in West Norfolk do a great job of recycling, but we need to encourage everyone to recycle right. The leaflet you'll be receiving soon, and the posters, TV and radio adverts you'll hopefully spot, will be a handy reminder of how easy it is to recycle well. Your recycling just needs to be clean, loose, and dry. It's important that only the right materials go into your green bin; always remember that nappies, takeaway food boxes, and pet waste should go into the black bin".

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## **TAX IMPLICATIONS OF PROPERTY LETTING: PART I BUY TO LET – IS IT WORTH IT?**

**By Kathryn Gigg Chartered  
Accountants, Hunstanton**

### **Why Buy To Let? (BTL)**

There are a number of reasons why BTL properties have become an attractive investment in recent years. The turning point was the introduction of the “Assured Shorthold Tenancy” in 1988 which removed the spectre of the protected tenant with a low rent and full security of tenure. Other more recent factors include:

- The reduction in the availability of social housing
- The development of specific BTL mortgages
- Capital for deposits (or property to let) becoming available by inheritance as a result of the passing of the first generation of owner occupiers
- Increased proportion of students who need to rent, but might otherwise have stayed at home or bought their own property
- Increased divorce rates leading to more single person households
- Population growth in the UK generally (up by 8m between 1981 and 2011) and limited numbers of new build homes
- Restrictions on lending criteria making it difficult for first time buyers without a substantial deposit, who therefore continue renting
- Low interest rates making BTL an attractive income earning proposition
- High growth in property values making it an attractive way of achieving capital gains

### **The “tax” attack on the rental sector**

Faced with a strongly growing BTL sector and the realisation that a generation of voters might never be in a position to buy their own homes, or at least not until much later in life than has been the case previously, Governments have brought in a number of tax initiatives to help first time buyers, and others to dissuade BTL investment. It remains to be seen quite how effective they will be, particular since some will encourage the retention of BTL investments, rather than freeing up homes for owner occupation. The relevant tax measures, and the dates at which they apply include:

- Restriction in use of losses incurred in holiday letting (2012)
- Acceleration of Capital Gains Tax (CGT) Returns and payments for non-residents (2015)
- Penal rates of Stamp Duty Land Tax for second homes/BTLs (2016)
- Higher CGT rates for chargeable residential property gains (2016)
- Restriction in relief for mortgage interest for higher rate taxpayers (2017-21)
- Acceleration of CGT Returns and payments for residents (2019)

### **Is it still worth it?**

History has shown that the swings in the level of home ownership and the popularity of letting have been heavily influenced by political decisions, but such change is a very slow process. Unlike many other investments, property cannot be sold overnight and many owners prefer to wait years before making strategic decisions. Governments have tried to slow the growth of the BTL sector but one suspects that this is as much about raising revenue as about helping the next generation.

**Kathryn  
Gigg**

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The fundamentals which underlie the growth in the sector remain, and as long as interest rates stay low and households are formed quicker than new houses are built, the sector seems likely to produce income returns in excess of those earned by cash deposits and capital growth in line with inflation. Some also consider that there is an attraction in investing in something one can see, rather than an intangible fund or portfolio of shares the value of which can fluctuate on a daily basis.

However, property is not a risk free investment. The political risks are substantial, particularly when all parties are trying to capture the votes of “generation rent”. There will always be repairs, management costs, void periods and bad tenants. The simple equation of “rent minus mortgage repayments” is erroneous, it has only ever been mortgage interest which is allowable, and now there are restrictions on that relief for higher rate taxpayers.

Property letting will still be the right choice for those who recognise and manage these risks, and it can provide better returns than cash deposits, but it should be considered as part of a balanced investment strategy, and like any other investment, the value can go down as well as up.

### **Sensible planning and professional advice are key to running a successful and rewarding rental portfolio.**

Kate Gigg and her team at Kathryn Gigg Chartered Accountants specialise in all aspects of property tax and would be pleased to advise you whether you are a new/potential BTL investor or an existing owner who would value some professional input. There are tax planning opportunities there for the taking, but, care is required, and it is important to get good specialist advice throughout the period of ownership.

**If any of the above is of interest to you and you are in need of further advice, please contact either Kate or her assistant Nicola Tarry FCA, who will be pleased to talk matters through with you.**

**Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or email [kate@kathryngigg.co.uk](mailto:kate@kathryngigg.co.uk) if we can assist in any way.**

**Mrs K H Gigg FCA**

***Caution:** The information set out above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.*

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## **Hunstanton Conservative Club**

### **Entertainment for October**

Saturday 7th	Entertainment by <b>Steve Carmel</b>
Saturday 14th	Dancing to <b>Lloyd E Moon</b>
Saturday 21st	To be arranged
Saturday 28th	Hallowe'en entertainment by <b>Rob Stevenson</b> . Food will be available.



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## Brancaster Camera Club

On **Tuesday, 10th October** we have a very special evening arranged when we welcome Gavin Hoey to our club. Gavin is an exceptional photographer and tutor. He regularly writes columns in photography magazines, and he works on TV in America. Anyone who has seen Gavin will know his marvellous photography, but his evenings are always very entertaining. Not to be missed.

On **Tuesday, 24th October** we will be holding our Annual Digital Image competition. This year it will be judged by Ian Ward.

Our meetings are held in Brancaster Staithe Village Hall at 7.30 pm. Entrance is £3 to include refreshments. Visitors are always welcome. For more information contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.

## Cinema in Syderstone with the support of Creative Arts East Presents:

**On Saturday 21st October 2017**

### A Man Called Ove (15)

59 year old Ove is the block's grumpy man who several years earlier was deposed as President of the condominium association. But he continues to make his neighbours miserable with his grouching and demands for order. However, his crabbiness hides a deep grief for his deceased wife. His clumsy attempts at suicide bring him into contact with pregnant Parvaneh and her family who move into the house next door. This growing friendship helps him reconnect with life. Based on the best-selling novel by Swedish writer Fredrik Backman. In Swedish with English sub-titles.

Venue: Amy Robsart Village Hall,  
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Advance Tickets £3.50

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**West Norfolk Mind Fashion Show**

Thursday 12th October  
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In celebration of World Mental Health Day, M&Co in Hunstanton are holding a fashion show in aid of West Norfolk Mind.

Tickets are just £5.00 and are available in-store at M&Co or from A Piece of Mind Heacham. You can also reserve your tickets by calling the number below!

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**Hunstanton & District Lions Club**

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## **Hunstanton & District Lions Club**

Hunstanton & District Lions Club (Lions International) are holding a fundraising evening on Saturday November 4th 2017 at Sedgeford Village Hall. The event is a Fun Casino with a James Bond theme. We have booked a professional casino company, who, along with Roulette and Black Jack tables, are also supplying numerous James Bond props. We have a licensed bar serving the usual beverages along with a selection of cocktails, a photo booth where the guests can purchase a memento of the evening posing as one of their favourite James Bond characters. Included in the ticket price will be a glass of bubbly on arrival and £5 worth of chips to get them started. The evening will close with organized game playoffs to find the casino winners.

The casino company supplies unlimited "Fun Money" which we sell on the night; the guests then exchange this at the gaming tables for chips. Due to the nature of the event we are unable to offer cash prizes as an incentive to our guests.

We are looking for any local businesses or organisations who would be interested in sponsoring one of the gaming tables or the unlimited amount of fun money. We also have the option to have the "Fun Money" printed with a business logo or similar. All monies raised will go to local worthy causes.

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Call 07765433100 for more information or visit Jaime FitSteps on Facebook.

**Jaime Parry**

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Sat 7th Oct – 8.30pm	'Paul Copestake' (Solo)
Fri 13th Oct – 8.30pm	Country Night
Sat 14th Oct - 8.30pm	'The Spree' (Live Band New Act)
Fri 20th Oct - 8.30pm	Quiz Night - £2 per person plus Roast Beef & Yorkshire Pudding
Sat 21st Oct - 8.30pm	'Lawrie Hayley Duo'
Fri 27th Oct - 8.30pm	'Nigel Boy Sayer and Friends'
Sat 28th Oct - 8.30pm	'Hi Definition' (Live Band)

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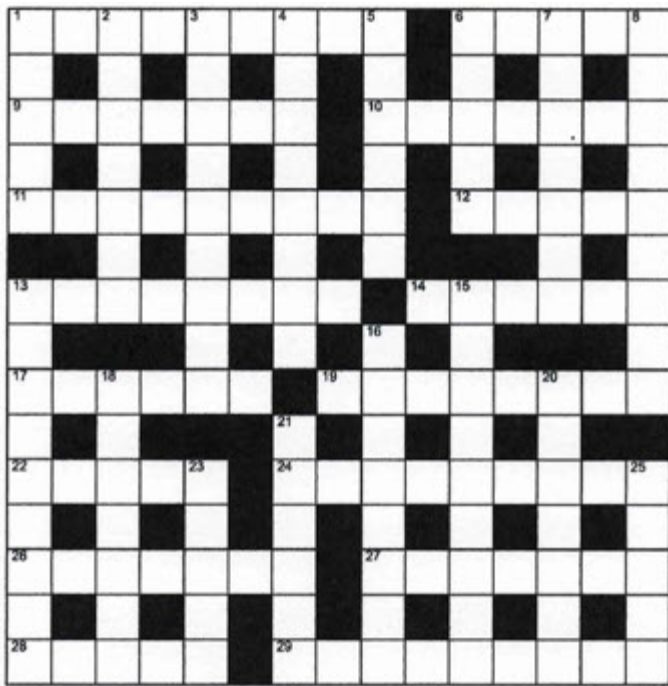
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## CROSSWORD CLUES

### Across:

1. Parental care includes paying for transport (6,3)
6. Official backing to West Africa is thin (5)
9. Locked right inside Test broadcast (7)
10. Will might be read, we hear (7)
11. Dora's first relationship is a brief affair (9)
12. A pair of medics save a theatre (5)
13. Where potentially mad siren can give you nightmares (2,7)
14. Nothing in French can be found in set of books from the East (6)
17. Render north-east passage ineffective (6)
19. Succeed in obtaining guarantee needed to gain access (8)
22. Slowed down without first having looked round (7)
24. Left and right, taking first exit, to find major at home with general (9)
26. Kind of skirt around knack for making cocktail (7)
27. Wrestle diverse characters and become uncomfortably hot (7)
28. Drunk s-s-say, being full of spirit (5)
29. Wide-ranging lots are positioned to the left or right (4-5)

### Down:

1. Marked time in sweet send-up (5)
2. Being irritated after call, took the initiative (7)
3. Sailors strangely intent on becoming teetotal (9)
4. Key and handle are used for secrecy (4,4)
5. Took a break, but put off going up around Sweden (6)
6. Join together in a wooded area (5)
7. Starts fretting over lost items at gala evening and leaves (7)
8. Buck up, protecting area of land taken back (9)
13. I sit right among crackers – useless moron! (9)
15. Mistrust inessential showing of neglect (9)
16. Normal means worked for procuring cheese (8)
18. Move a thousand with skills in racing cars (2-5)
20. Dispensed with wearing gloves after second round (7)
21. Oddly turn up in some cliché (6)
23. Salad days I share with this woman (5)
25. Blush when stuck (5)

Solution on page 42

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<b>SATURDAY</b>	<b>FOOD SERVED</b> Lunchtime 11am - 2.30pm & 6pm - 9pm
<b>SUNDAY</b>	<b>SUNDAY CARVERY</b> 12pm - 2.30pm

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## Sallywags Parent, Baby & Toddler Group

Lovely to see old friends and new this Autumn at Sallywags, thanks for coming along! Such a lot of growing obviously happened over the Summer - these little ones have certainly got a little bigger and Harry, Jasmine, Sammy, Eden and Poppy are all at lovely Heacham Nursery & Infants now; growing in many ways.

Not so sunny now, we've been sliding indoors instead! And play-doh'ing, puzzling, imagining, building and book looking. We've printed with vegetables; painted with blackberries, looked at leaves and watched sycamore 'helicopters' twist and twirl!

We welcome Wolfy's Photography on Saturday October 7th for their annual visit - a friendly drop-in session offering individual/family portraits for children of all ages - 9.00-11.00am! Thank you, Maureen and Ivan, for coming along and your continued support of Sallywags.

A big thank you to Alison, Rachael, Clare, Louise, Bridget and Lisa for your help this term, much appreciated ladies.

Please do come along for a play when you can, we'd love to meet you and your little ones. We have a fab bunch of parents, child-minders, grandparents, boys and girls! There are makes, puzzles, books and toys. We have a sit-down snack for the children mid-session (cuppas for the big children); finishing with a tidy up time and nursery rhymes! The Scout Hut has a garden and car park too. Sallywags Parent Baby & Toddler Group meet every term time Wednesday at the Scout Hut in Sunnyside (off Caley Street) 9.30-11am and we ask £2 per family to cover rent, refreshment and resources. For further info please text/call Jo on 07521 447284.

## HEACHAM SOCIAL CLUB

Open daily Noon - 11.00pm (except 25/26 Dec)

Members & non-members all welcome  
Subscription available - Adult £6. Joint £10  
Guest Real Ale - £2 pint (members discount)

### Activities Available:

Football Minors - Darren Bailey  
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Saturday 7th October - Mister John - Club - GIG 8pm  
Saturday 14th October - Murder Mystery Event - Hall  
Wednesday 18th October - Prize Afternoon Bingo - Club 1.30pm  
Friday 27th October - DNA - Club - GIG 8.30 pm  
Saturday 28th October - Halloween Family Disco - Hall 7pm  
Friday 3rd November - Poker Night - Club 7pm  
Sunday 19th November - Christmas Market - Hall 12 - 6pm  
Car Boots - Wednesday a.m. Weather permitting

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[www.griffinshaws.co.uk](http://www.griffinshaws.co.uk) opening hours Monday - Friday 9am. to 4.30pm Saturday by appointment only.



## Sandringham Explorers and Penguins Explorers

**Both units combine to make up the one District Explorer Unit in the district**

We have had a very busy summer, from kayaking, to travelling at night across the water to Holland where we had a brilliant summer camp, the Explorers got to use public transport and to plan the route to the camp; they did this with assistance from the leaders.

While on camp the Explorers made numerous friends from all around the world. From Italy and Canada and we made some extremely special friends from Holland. The Explorers were involved in loads of activities, from high wire walking, canoeing, raft building, then back home finally.

The Explorers helped at the Kite Festival and also spent the weekend helping out at the Norton Hill Railway where we received loads of compliments. They were extremely pleased with all the help and assistance they received from the Explorers, from putting up the stalls, moving them and, at the end, dismantling them and putting them away. Also running the car parking throughout the weekend.

Sandringham Explorers returned in September, where they planned the program for the autumn term, which was done with the assistance of the Explorer leaders. They also looked at ways to raise money for a New Standard; so any donations would be greatly received (cheeky I know).

The Explorers have already decided where they will go for their Summer Camp which will be held at the Norfolk Showground (NORJAM) where there will be Scouts, Guides and Explorers from all around the county.

Anybody wishing to join the Explorers, aged 13 and a half to 18 years old; boys and girls or anyone wishing to give a few hours a month, please ring Mark on Tel: 07947808351

**Sandringham Explorers**

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## Day 4 - Baranco Camp to Karanga Camp at 3995 metres via Baranco Wall.

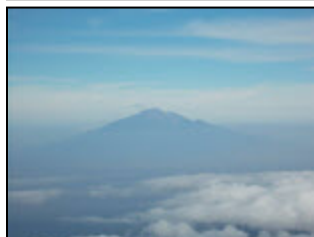
Dear Friends

How are you all? I'm back to continue the story of the Kilimanjaro Trek with Dean after a sad family bereavement and a holiday. So, where were we? Ah yes, Baranco Wall....

Today is another acclimatisation day. We climb up Baranco Wall and up to 4200 metres before descending back down to the camp in Karanga Valley.



Baranco camp nestles in a valley with a dry river bed on its outskirts. It is a large sprawling camp with fantastic views down the valley and the mountain. Standing like a shadow over the camp is the Baranco Wall. It is 257 metres tall and it must be climbed to reach the next camp at Karanga in the Karanga Valley.



I awoke that morning to find ice on the outside of our tent and it's freezing again (though we Penguins don't notice!!). Our guide had advised us to prepare for a scramble which will require all our strength and concentration. After a hearty breakfast, we set off towards the wall. On reaching the foot of the wall my nerves are tense as I look up at the path ahead. Thank heavens I will be tucked in a rucksack!! It's rocky and narrow in places. There is a spot called the "Kissing Rock".



It stands out of the wall face. You must hold on with both hands then stretch across the gap planting your boots on the narrow path on the other side. The rock is centimetres from your face and you can literally kiss it hence its name. Luckily, we have guides and each other to help. It takes approximately 2 hours for us all to get up and the group is physically tired but the views once we get to the top are amazing.

It's another two hour walk through a valley with a little greenery until we reach our camp for the night. Greedily we tuck into a snack prepared for us of warm peanuts, popcorn and hot chocolate. It's time for a rest and recount our adventures. Tea that night consisted of Cucumber Soup, Rice, chicken and beans, followed by fruit and yoghurt. Not bad to say we are so far up and it must be carried. The air is a little thinner here and we are all tired. The temperature drops quickly once dark and it's important to stay warm and hydrated. After tea, an early night huddled in the sleeping bag. Today's trek has provided both a physical and mental challenge but we have overcome. With only one more camp before the final ascent we will need to dig deep.

Next time, from Karanga camp to base camp 4600 metres at Barafu.

**Trekking Penguin and Dean**

## Old Tales for Halloween

An old man told this long ago  
And swore it to be true.  
I believed it every word  
And surely so will you.

“Twas in the month of Liverpool in the city of July  
The rain was snowing heavily  
And the streets were very dry.  
When one fine day in the middle of the night  
Two dead men got up to fight.  
Back to back they faced each other.  
Drew their guns and stabbed each other.”

There were three ghostssss.  
Sat on three postssss.  
Sucking their fistssss.  
Right up to their wristssss.  
Dirty little beastssss.

Colin R Brooksbank

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## ELEVENTH ANNUAL Norfolk Family Walk at Holkham Hall for BRAIN TUMOUR RESEARCH & SUPPORT

SUNDAY  
15th  
OCTOBER  
2017  
10am-4pm

Adults : £5 Children : FREE

Car Parking : £3.00/car can be redeemed at the shop

The walks are: 1, 3, 6, or 10 miles.

The one mile walk for children has games along the way.

Prams, trikes, wheelchairs and animals on leads are welcome.

**Brain tumours now account for more deaths among children and those under 40 than any other cancer.**

**Join others and raise sponsorship for your chosen brain tumour or cancer charity and help us all find a cure for this devastating disease.**

The 2017 "World Walk" for Brain Tumours is a project of the International Brain Tumour Alliance (IBTA) and is in its eleventh year. We hope to achieve enough mileage world-wide to encircle the Earth at the Equator many times. The "World Walk" symbolically unites all those around the globe whose lives have been touched by a brain tumour.

Go to [www.astrofund.org.uk](http://www.astrofund.org.uk) to download a sponsorship form and for a link to create a justgiving page or contact via email [treasurer@astrofund.org.uk](mailto:treasurer@astrofund.org.uk) or telephone 01485 525279

Organised by the Norfolk Branch of Astro Brain Tumour Fund, charity no. 1132561



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## HUNSTANTON LIONS

### TURKEY TINSEL LUNCHES 2017

We are delighted to announce that we are holding our successful Turkey Tinsel Lunches at The United Services Club, Homefields Road, in Hunstanton beginning Monday 27th November 2017. These lunches are open to **all Senior Citizens** in Hunstanton and the surrounding area.

Due to the popularity of this event and to make sure we allow everyone a chance to attend, we can only accept one application per name (eg: if you have attended via a group booking, you cannot then attend again under an individual booking).

The lunches cost **£8.50 per person** (non-refundable unless 48hrs notice is given) for a delicious three course meal.

**Vegetable Soup**  
**Traditional Christmas Turkey with all the trimmings/Vegetarian Option available.**  
**Christmas pudding or Fruit Salad or Ice Cream.**  
**Tea/Coffee**  
**Special dietary requirements will be met -**  
**(please state on your booking form)**

Please complete and tear off the Booking Form below and return as soon as possible to the address given below on the form. Please enclose an s.a.e. for confirmation of your booking.

**Please do not arrive any earlier than 15 minutes before the time stated below on your booking form.**

We look forward to meeting you at your Turkey Tinsel Lunch.

## TURKEY TINSEL BOOKING FORM 2017

Name:.....

Address:.....

.....

Telephone Number: Home:.....

.....

Mobile No:.....

.....

Number of people in your party:.....

.....

Email:.....

.....

Please **circle** the days you're available to attend and **underline** your main preference:-

**Monday 27th Nov      Tuesday 28th Nov**  
**Wednesday 29th Nov      Thursday 30th Nov**  
**Friday 1st Dec      Monday 4th Dec**

**Tuesday 5th Dec**

Please **circle** which **sitting time** you would like to have lunch: *(NB: The early sitting do not need to vacate their table for the 1pm sitting)*

**12.00pm      or      1.00pm**

**Please state any special dietary requirements: i.e. vegetarian/vegan/gluten free/other**

.....

.....

.....

.....

Any offers of help or a donation of a Raffle prize will be gratefully received. Thank you.

Please enclose **£8.50 per person** (cheques made payable to:- **Hunstanton & District Lions Club**) and return this form to:- Mr Chris Holt, 4 Bewick Close, Snettisham, PE31 7PJ. For further enquiries contact Mr Chris Holt on: 01485 541534 or via email: [mail@chrisholtphotographic.co.uk](mailto:mail@chrisholtphotographic.co.uk) **Please enclose an SAE so that written confirmation of your booking can be sent in return of your receipt. Thank you.**



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6. Wafer
9. Tressed
10. Scarlet
11. Dalliance
12. Drama
13. In dreams
14. Orient
17. Negate
19. Password
22. Raked
24. Remaining
26. Martini
27. Swelter
28. Sassy
29. Many-sided

### Down

1. Rated
2. Needled
3. Abstinent
4. Code name
5. Rested
6. Weald
7. Foliage
8. Retracted
13. Ignoramus
15. Rustiness
16. Parmesan
18. Go-karts
20. Omitted
21. Truism
23. Daisy
25. Gored

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## HEACHAM PARISH COUNCIL NOTICEBOARD

### PARISH COUNCIL MEETINGS IN BRIEF

**Chairmanship:** Mr Michael Williamson resigned as Chairman, as agreed at the May meeting, handing over to Mr Terry Clay. Mr Chris Moore was elected as Vice Chairman.

**Clerk:** Mrs Lynne Butters has given notice that she will resign as Parish Clerk on 31.1.18, as the workload is too great for 28 hours per week. The post is to be advertised at 30 hpw.

**Beeken's garage:** The Parish, Borough and County Councils continue to receive complaints about parking on the footway, and in the Station Road layby outside Cunningham Court, associated with this business. Borough Council Enforcement Officers are investigating.

**Hunstanton Road Woodland:** Full details of the development are available under Planning on BCKLWN's website [www.west-norfolk.gov.uk](http://www.west-norfolk.gov.uk) the reference number is 17/00773/FM.

**Donations:** The Council agreed to make donations of £50 to Norfolk Accident Rescue Service, and £100 to Norfolk Citizens' Advice.

**The next Full Council meeting will be held on Tuesday 17th October at 7.00pm at the Parish Council Office.**

### NEW CHAIRMAN TERRY CLAY



### **!!WANTED!! PARISH COUNCILLOR**

Would you like the opportunity to put something back into your community? Heacham Parish Council's sixteen Councillors need another to join them to help look after the village. You would need to be able to commit a few hours each week to attend meetings and to get involved with the work of the Council. If you are interested, please contact the Clerk for more details.



### **Heacham Carnival Parade and Fete**

They may have never marched before but The City of Norwich Brass Band enjoyed their first Heacham Carnival experience so much this year that they will be taking up the baton again for Carnival 2018. So, we can look forward to the military-style band entertaining us once more when their repertoire will include many well-known, popular World War I tunes to help us all commemorate the centenary of the end of The Great War as part of 'Heacham Remembers'.

### **LEDNER TAYLOR**

Would Mr Taylor please contact the Parish Council Office to arrange collection of his photograph of Mr Ledner Taylor.

As the newly elected Chairman of Heacham Parish Council, I would like to thank the outgoing Chairman, Mr Michael Williamson for his commitment to the post, steering the work of the council through some difficult times with regards to planning issues. School Road and the very recent land off Cheney Hill applications are examples where your views were successfully put to the Borough Council's Planning Committee. I take this opportunity to remind all our residents of the commitment your Parish Councillors and Borough Councillors give to the village. The work they undertake on your behalf consumes a lot of time and energy; without their steadfast resolve to put the needs of the village first, Heacham would not be the pleasant coastal community we have all come to love and cherish. With your continued help and support, Heacham Parish Council will always be working hard on your behalf. The slogan 'Keep Heacham A Village', is not a drawbridge mentality but a passionate desire to protect our environment from over expansion yet supporting a steady sustainable growth where we can each feel part of a community. I urge everyone to get behind the Heacham Neighbourhood Plan and come along to the consultation day on Saturday 21st October 2017 to be held in the Public Hall from 10am - 4.00pm. Heacham is our village, our future, let's all be a part of it!

### **DOG FOULING**

It is that time of year, when the nights are drawing in, the mornings are dark, and the number of complaints about dog fouling in the village increase. It is still an offence not to clean up after your dog, even if no one can see you. Please do so, and help keep the village clean and safe.

Any queries should be addressed to:  
**Heacham Parish Council Office**  
Jubilee Clinic Pound Lane Heacham  
Norfolk PE31 7ET  
Tel/Fax 01485 572142  
[heachampc@btinternet.com](mailto:heachampc@btinternet.com)  
[www.heachamparishcouncil.co.uk](http://www.heachamparishcouncil.co.uk)  
Open Tuesday - Friday 10.00am-noon

## HELP LINES

### HEACHAM GROUP PRACTICE 01485 572769

**HEACHAM** MON TO FRI 08.30 TO 18.30  
**SNETTISHAM** MON TO WED 08.30 TO 12.30 14.30 TO 18.30  
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

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For out of hours service, please call the NHS Helpline

### HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

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STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

Mr C. MANNING 07885 258392

Mr T. Parish 07885 258428

NORFOLK C C MICHAEL CHENERY 07920 286638

### PARISH LIBRARY 571928

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Winter opening times (1st October to 31st March) 9am - 4pm

### HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk

E-mail admin@norfolk-on-line.co.uk

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

### HEACHAM HALLS

Public Hall 570776

Pine Residents Hall, Wilton Road Mrs Crisp 579440

Methodist Church Hall, Station Road Mike Careless 570363

St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30 572539

Old Friends Hall Sunnyside Close 572142

Heacham Scout Hut 572890

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#### Service 10 (Sunday)

Via:- Heacham Lavender, Fox & Hounds, Lodge Road & QE Hospital

0824 first bus to King's Lynn then hourly

0853 first bus to Hunstanton then hourly

#### Service 11 (Mon-Sat)

Via:- Sandringham, Dersingham, Snettisham & Heacham (A149 only)

0845 (0945 Sat) first bus to King's Lynn then hourly

0927 first bus to Hunstanton then hourly

#### Service 11 (Sun)

Via:- Sandringham, Dersingham, Snettisham & Heacham (A149 only)

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#### Coasthopper (Mon-Sat)

Via:- Heacham, Snettisham and Dersingham

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#### Coasthopper (Sunday)

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Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham,

Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday

For more information, Cost of Fares, a Membership form or to book

**Tel: 01553 770310**

XxxXXXXXXXXXXXXXXXXX

### Main pick up points for The Heacham Newsletter.

First Saturday of each month except January.

Jennings, Ridouts Bakery, Post Office, Parish Council Office,

Church, McColl's, Tesco's, Heacham Fish Bar

### MOBILE LIBRARY

<b>ROUTE WEL 124</b>	<b>(Mondays)</b>	<b>ROUTE WEL 123</b>
<b>9th/23rd</b>	<b>October</b>	<b>2nd/16th/30th</b>

COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE COURT	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
ROLFE CRESCENT	13.55	SUNNYSIDE	14.15
WOODEND ROAD	14.15	MEADOW RD	14.40
GIDNEY DRIVE	14.30	POPLAR AVE	15.25
BANKSIDE	14.50	GYMKHANA WAY	15.45
MARRAM Way/Norway CL	15.05	JENNINGS CLOSE	16.10
MARRAM Way/Spruce CL	15.20	COLLEGE DR/Gonville	16.45
MARRAM Way/Neville RD	15.35		

## Top 2 Tail Dog Grooming.

### Debbie Smith

**43 York Avenue,  
Hunstanton,  
PE36 6BU.**

**01485 532626**

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**enquiries@top2tail-hunstanton.co.uk.**

