

THE SOLDIER HEACHAM NEWSLETTER May 2017

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Deadline for the next edition is 12 noon, Tuesday 16th May

FRIDHEM BINGO

Monday 29th May 2017

Eyes down 7.00pm sharp!

Refreshments

Come and join us
Proceeds go into the
Residents Entertainment Fund

Fridhem Rest Home 79 Station Road, Heacham



THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET E-MAIL: theheachamnewsletter@yahoo.co.uk www.heachamnewsletter.org.uk

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Heacham

Dear Newsletter

Long Woods Hunstanton Road

How many more trees are going to be stripped out of what was a large woodland area?

We were told it was for maintenance and it was only dead trees, but over the past years more and more have been felled and roots removed on a regular basis.

When we walk along Hunstanton Road we can see right through to the cars going along the A149. It stated on the Council notices that new trees are to be planted, but not one has been done in all the years the woods have been stripped. At this rate in another few years it will have as many trees left as Tall Trees caravan park, or Pine Cones camp site, along the Dersingham bypass.

The large JCB is constantly driving around ploughing up the roadways, making sure that nothing is able to grow, what about birds and animals that need to breed, the constant work puts a stop to that.

There is a lot of emphasis on stopping School Road and Cheney Hill project, so do we have to wait until the trees have gone and planning has been put in before we take notice of what is going on. Once this has happened you can't put the trees back.

I urge all of you to voice your opinion to the Council now before it is too late and we lose some of the very limited woodland we have here in Heacham.

A Very Concerned Resident

(Name & address supplied)

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Heacham

Dear Newsletter

Drones

As a caravan owner and long term visitor to Heacham, I have noticed the appearance of Drones on the South Beach. One was being flown during the Easter weekend over the South Beach and caravan sites.

This Drone was fitted with a camera. I asked the gentleman if he was aware of the laws regarding the flying of Drones. After a brief discussion, being 64, I declined his kind invitation to a fight!

This Drone was being flown up and down the beach where families and dog walkers were close by without any regard for their safety.

But what I wanted to ask him, was what he intended to do with the images he had captured on the phone he was using on his control unit, as he had been hovering over our caravan sites while children were playing and people were relaxing outside.

With the summer coming and hopefully hot weather, be aware that you and your family may be doing it under surveillance! Unless these Drones are brought under some control how can people, particularly children, feel safe.?

Norfolk is a large county and there are plenty of places to fly Drones without people watching!

A Concerned Holidaymaker

(Name & Address supplied)

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Hunstanton Road

Dear Newsletter

Rear View Mirrors - or lack of.

The dwellers of Heacham must have noticed that a new roundabout/roadway has been built at the Hunstanton end of the village. It is now 'open' and looks quite pristine. (The removal of the hedgerows has made it rather a windy and bleak area however). Also provided is a new, wider footpath and cycle track (together). This is an excellent facility for both pedestrians and cyclists – but a warning..... Walking down this way can be a risk to a walker's health.

I ventured out today (17th March) – without my rear view mirror – and – although the path is wide enough – was almost knocked over by a cyclist coming up behind me. No bell, no 'watch out' or any other warning. Just a brushing of the arm and on the seemingly carefree cyclist went – apparently oblivious. One sidestep left and it could have been quite a different story.

I do admit to somewhat advancing years but, so far, my hearing is okay as is my vision. (My sense of smell is also pretty keen). But, I am not blessed with eyes in the back of my head! I do, though, wish to keep my mobility and not become a cycle carpet. Please would the pedal power people give the pedestrians a chance!

Must just add, as I do live relatively near to the roundabout, that the workers should be commended for their courteous attitude, However, I am still not happy that the people driving from Heacham have to give way to those coming from 'the back end of Hunstanton' (from the left). Seems to be misplaced priority/favouritism.

Joan Careless

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Yew Tree Farm, Heacham

Dear Newsletter

Skateboard Park

What a splendid job the youngsters have made decorating the skateboard park; they should be congratulated.

Let us hope they have set an example to the person who cuts the grass for the village this year; so much care and attention is given to the job!

We do hope the ducks are making the most of the pond (when it rains!) on the path near the post-box on Station/Jubilee Road.

Dick & Jenny Beresford



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Dear Newsletter

A E Wallis

I would just like to say how lucky we are in our village to have a shop like A E Wallis.

They provide an excellent, efficient and, dare I say, good 'old fashioned' service with a smile.

So, through the Newsletter, I would like to say "Thank You" to them

Pamela Williams (Mrs)

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High Street

Dear Newsletter

E-mail scammers

There's a new e-mail scam doing the rounds which has tripped up several customers recently. The sender claims to have received personal information about you and attaches a file which apparently contains this. It actually contains a set of commands which, if opened, may steal your passwords or encrypt all your files. Some people are fooled because the e-mail message shows their name and address, but this information can be obtained from companies' mailing lists, which may have been accessed illegally by hackers.

The scam relies on you opening the attached file which contains the harmful macros. As you have to enter a password before you can view the file, your antivirus does not scan the contents of the attachment.

If you receive something similar, just delete it without opening it

There is also a new scam saying 'Your BT Bill is now available'. Just make sure before you fill in your details on any website that the address box at the top of the screen says www.bt.com (or whatever organisation is involved) and not anything else.

Keep alert - and be aware that the apparent sender could be a random individual (or even someone you know) who has had their own email hacked.

Keith Winsor oapc

Many thanks to all our readers who passed comments on the April Fool's article published in last month's edition of THN. Obviously, it was a spoof item - Heacham as far as we can ascertain will not become a Town any time soon.

But you never know.....Perhaps we are just ahead of our time.





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Station

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Derby

Dear Newsletter

Irresponsible Dog Owners on North Beach areas

I strongly agree with the views express in April's article 'Journal from a Beach Hut' in the Heacham Newsletter.

As a holiday home owner in the North Beach area, I too have seen a rapid decline in responsible dog ownership in the vicinity of the beach, the beach promenade and the adjoining steps, together with the beach hut areas.

An increasing number of dogs now seem to be exercised off-lead and many are out of control as they have not been properly trained. This makes them a hazardous risk to other beach users, notably small children and the elderly. The problem is these dog owners, who allow their dogs to harass and intimidate folk who use the beach and the huts as places in which to relax. It is a shame for those who keep their dogs under control and walk them on a lead to be classed alongside these irresponsible dog owners. Anyone wanting to lead train a puppy successfully here can now have little hope in doing so.

I too own a dog and I feel very concerned about the risk these 'out of control' dogs pose, especially the larger breeds charging around at 'full throttle'

I myself have encountered a few 'near misses' whilst walking along North Beach. The owners of these dogs seem to think that it is the norm to allow their dogs total freedom – at the expense of others – causing a nuisance to other beach users with the possibility of injury.



During April 2017, I encountered yet another problem whilst walking along the beach. A woman on the promenade began throwing lumps of flint for her two gun dogs to retrieve. In unison, they ran at speed down the prom steps chasing after the rock as it landed on the beach. This continued as she walked along the prom at intervals. I felt very much at risk. I just wonder what dangerous activity will surface next and how long before someone else is injured? Last year, I encountered rude owners allowing their dogs to jump up at me and dogs running up to me at speed, all large breeds.

Some people have as many as five dogs with them, all of them off-lead. They fail to realise that not all people love dogs; and especially so if they have had a bad encounter with one or if they own a dog that has been attacked by an aggressive dog.

This issue over dog faeces is another main concern. Last year, I saw numerous heaps of dog faeces left, well camouflaged, on shingle banks on North Beach. Also, numerous black plastic dog-poo bags purposely discarded on the beach. The grassy sand dunes along by the beach huts is another 'minefield'. This is another major dog fouling area. Irresponsible dog owners allow their dogs to roam around the huts off-lead whilst they purposely walk on ahead. In the meantime, their dogs are emptying themselves and soiling the grass.

Apart from the obvious health hazards, unwormed dogs can carry the worm parasite Toxocara canis. This parasite can remain in soil where the infected dog defecated in the form of microscopic eggs. If children play and come into contact with the contaminated soil/grass, they can transfer the parasite to themselves. Blindness is just one outcome and I have encountered this first hand.

I now think this problem in Heacham needs looking into at depth and some measures undertaken to try to resolve matters.

A dog warden patrolling these areas would help to enforce rules (A) and (B) below.

On-the-spot fine document for dog owners who fail to comply.

Large warning signs strategically placed along the promenade on North Beach, near the ramp and on Jubilee Road - examples below:

- (A) DOGS MUST BE KEPT ON LEADS AT ALL TIMES ON NORTH BEACH, THE PROMENADE & STEPS AND ON LAND SURROUNDING THE BEACH HUTS (RISK OF HEAVY FINE IF NOT ADHERED TO).
- (B) DOGS TO BE KEPT ON LEADS AROUND THE BEACH HUTS. CLEAN UP AFTER YOUR DOG OR RISK A HEAVY FINE.

If action is not taken soon, there will be more accidents in the future to both beach hut owners and holiday visitors. It would be a step backwards if Heacham had to adopt 'a no-go area for dogs' on North Beach. Canine walks then would just become a memory from the past.

Surely, the responsible dog owners deserve more? Let us hope that some action will be taken in a positive way to enable everyone in Heacham to enjoy the beach in a safe and relaxing way.

A Summer Resident

(Name and address supplied)



The Mayor's Civic Awards for Voluntary Service 2016 - Award for Tracey Swann

Paris Larhan

I was very honoured to be able to attend The Mayor's Civic Awards for Voluntary Service 2016.

This award evening was instituted by the Mayor of the Borough of King's Lynn & West Norfolk for 1995-96, Councillor Fred Juniper, as a way of giving recognition to people from the Borough who give up their time and put so much effort into what they do for others. The awards are presented on an annual basis for good deeds to others and, especially, for raising money for charity.



Fred Juniper, who was the inspiration for the Civic Awards, passed away in 1999. Ever since, the certificates from the awards contain a branch of a juniper tree in remembrance of Fred.

The judges of the awards this year were: the Mayor, the Deputy Mayor, retired Civic Officer, Mrs Penny Harrison (who worked with Fred Juniper in setting up the awards), Mrs Alison Croose (a journalist, who was with the Eastern Daily Press for over 25

years) and Mrs Jill Bennet (the West Norfolk Producer for BBC Radio Norfolk).

This year, our very own Heacham celebrity, Tracey Swann, was awarded the Mayor's Civic Award for Voluntary Service 2016.

Tracey Swann became a Heacham Parish Councillor in 2007. From here on, Tracey had roles on several committees. These included the Old Friends' Hall committee, dressing-up at Santa's Grotto, being at the desk or in the kitchen during events such as art or photographic exhibitions and sometimes she'd even be wielding a paint brush on work days!

Tracey was also the driving force behind the 'Save Heacham Fire Station' campaign. She organised various events to support this campaign and started a facebook page in order to bring it to the notice of, and gain support from, many others. Ultimately, everyone was thrilled on hearing the Fire Station had been given a reprieve, which wouldn't have happened without Tracey's continuous involvement.

Tracey was the Chairman of the Community Activities Committee. During this role, she was forever looking after and obtaining play equipment for the Recreation Ground. She always made sure that the annual Heacham Carnival ran smoothly and successfully each year.

By the time the Carnival was ready to start, no one would have to worry about anything, Tracey had sorted it!

Tracey would have arranged the road closures, booked the bands and even organised all the volunteer marshals.

Aside from all of this, Tracey was a working mother and was involved in many other organisations. She was also Chairman and organiser of the Heacham Youth Club for several years.

In 2012, Tracey decided that she wanted to have a discussion with the Headteacher about becoming the founder and the first chairman of the Smithdon High School Parents/Teachers Association in Hunstanton.

After a long discussion with the Headteacher at the time, she achieved exactly what she set out to do and became the founder and first ever chairman of the Smithdon High School Parents/Teachers Association in Hunstanton. Tracey was definitely one determined lady!

Tracey was also a member of the Heacham Infant and Nursery School Parents/Teachers Association whilst her son, Tanner Swann, was a pupil there. Even after Tanner had left, she still continued to fundraise for the school.

It is to say the least that Tracey Swann deserved this award for all her hard work and commitment over the years in everything that she did, which was literally everything!

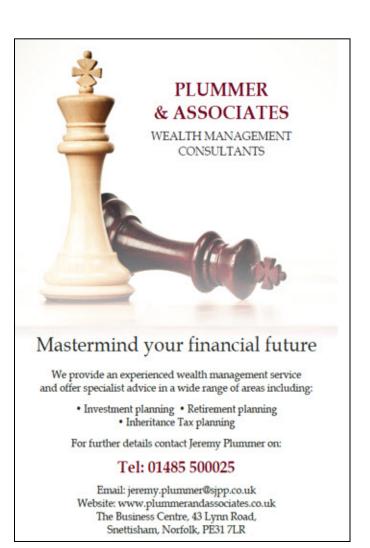
Tracey as we know was one incredible woman and would never take the word 'No' as an answer, a real fighter.

It was lovely for Tracey's Mum, Son and Brother to be able to collect this award in memory of Tracey.

Overall, the evening was enjoyed by all and we were all very proud of Tracey Swann and her family.



Reporting for THN





CHURCHES TOGETHER IN HEACHAM

Christian Aid Week 14th – 20th May 2017



'Everyone should have a safe place to call home'

60th Anniversary of Christian Aid Week

It's better to die in a refugee camp than to die in a war. To risk your children's lives in a plastic dinghy and to leave everything you know behind.

When the alternative is terror, bombs and bullets, almost anything is better.

This is the terrible choice facing tens of millions of people worldwide - fleeing conflict and disaster, making dangerous journeys in search of safety.

Christian Aid Week was set up 60 years ago to support our work with refugees in Europe who had lost their homes and possessions in the Second World War.

Let's act again now, to help relieve suffering and build a world where everyone has a safe place to call home.

You don't have to be a Christian to support Christian Aid!

CHRISTIAN AID SERVICE 10am Sunday 14th May - St Mary's Church, Heacham.

If you would like to donate money, please come to the service or do so via the church office or The Vicarage (clearly marked for CHRISTIAN AID WEEK) or online http://www.christianaid.org.uk/christian-aid-week

Veronica Wilson Rector of Heacham and Snettisham



PS Look out for the posters advertising 'THE BIG BREKKIE' coming to Heacham soon!



CHURCH CONTACTS: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
	Rev'd Paul Niemiec	541855

572539

St Mary's Church Office Penny Taylor email: heacham.church@googlemail.com

ST MARY'S CHURCH, HEACHAM Sunday Services in May 2017

7th May	10am	Holy Communion
	4pm	Pine Mall
14th May	8am	Holy Communion
	10am	Morning Prayer
21st May	10am	All age worship and baptism
28th May	8am	Holy Communion

10am Morning Prayer

ST. MARY'S CHURCH HALL

This is on the right, half way up the High Street, and the Hall can be booked for meetings and family events such as children's birthday parties. A booking fee is payable and the Hall can be inspected and a booking made on Mondays, Wednesdays and Friday mornings between 10.30am and 12.30pm. There is an office at the Hall where bookings can be made and information provided.

ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-5pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays. We have an interesting selection of Christian books and a wide range of greetings cards. There is also a large collection of second-hand Christian books.

HEACHAM METHODIST CHURCH

May 2017

Sunday Services: 10.30am Morning Worship

7th May Revd Steve Oliver
14th May Tom Smith
21st May Christian Fellowship Service
28th May Mary Uttin
4pm Revd Steve Oliver

Afternoon Meditation Service

Our monthly afternoon meditation service this month will be on Sunday 28th May at 4pm. Come and share with us in this different style of service. You will find a blessing.

Midweek Communion

The Midweek Communion will be on Wednesday 10th May at 10.00am in the Hall. All who love the Lord are welcome.

Coffee Morning

Many thanks for your support in April. This month's coffee morning is on Saturday 20th May from 10am-12noon. John Harris will be playing piano favourites from 11am. There will be also a Cake Stall, Book Stall and a Bric a Brac Stall

The Fellowship

These particular afternoon meetings will be held on Tuesday 9th and Tuesday 23rd May. The guest speaker on 9th May will be Kevin Brane who will talk about Food Banks. Both men and women are welcome. Meetings start at 2.45pm.

Bible Study

Each month we have a Thursday morning Bible Study, usually held on the last Thursday of the month, led by Revd Steve Oliver. The May Study will be on Thursday 25th. Why not come and join us as we study Easter as written in Luke's Gospel.

MIDWEEK ACTIVITIES in May

Tuesday - Open door weekly 10-12noon

- Hands and Needles 2nd, 16th & 30th - 7pm

- The Fellowship 9th & 23rd - 2.45pm

Wednesday - 10th - 10.30am Midweek Communion.

Thursday

- Bible Study 25th - 10am

Friday - Indoor Bowls 7.30pm (weekly) Saturday - Coffee Morning 20th 10-12noon.

RADIO HEACHAM GOSPEL HOUR

The Gospel Hour will now be broadcast regularly from 9pm – 10pm. The station can be picked up on the internet via www.radioheacham.org

The Gospel Hour is a mixture of traditional and modern Christian songs and hymns, prayer, readings and thoughts, but it is your station and I would welcome requests and reasons for that request. Please make your request on either the website or email me on revoliver@radioheacham.org

If you know of anyone who would value a time of quiet reflection and inspirational music please give them the details. The Gospel Hour is another opportunity for the community we live in to hear the Good News of Jesus. I look forward to joining with you.

Steve Oliver (Rev), Heacham Methodist Church

Radio Heacham

The Gospel Hour Every Sunday from 9.00 - 10.00p.m.

DJ Rev. Steve Oliver

Listen on www.radioheacham.org



' In Celebration of Marriage' Dates for your Diaries - 9th/10th/11th June

Well things are really hotting up now for the Festival. Yards of white bunting have been stitched, we have had a good response from you regarding wedding gowns and bridesmaids' dresses, and lots

of local interest from people outside the village too, who have sent us pictures of Heacham weddings going back to the 50s. We would love to see more of these to put on display at the Church. If you have any, please drop them in to Penny at the Church Hall Office, and please make sure to include the date of the wedding and the names of the happy couple. We will return these to you, so your name and address is vital.

There will be a special service of celebration in Church on Sunday 11th June in the afternoon for any couples who would like a Blessing, whether married here or elsewhere, followed by tea and wedding cake. More about that next time.

For now, can we ask once more for anyone who knows where we can borrow 2 milk churns please!!

Contact details: Penny in the Church Hall Office every day from 10am - 12.00 noon. Tel: 01485 572539 or email on heacham.church@googlemail.com



Hunstanton Catholic Parish

Once again, the Stations of the Cross followed by a simple hunger lunch was held every Friday during Lent. Alternating between St Edmunds Anglican church, Hunstanton and our Catholic Parish church, Sandringham Road, Hunstanton. The Lenten Alms charities for this year are 'Aid to the Church in Need', who work in over 140 Countries, helping Christians who are persecuted, oppressed or in Pastoral need and 'The Medaille Trust', which is a significant provider of support and safe house provision for the victims of human trafficking.

The fun Quiz on St Patrick's Day, 17th March, in the Garnet Room of the Parish church, Hunstanton was an enjoyable evening and the money raised was sent to the famine appeal.

There was a parish outing to The Lodge at Old Hunstanton for afternoon tea on 26th April, then on Saturday 6th May there will be a coffee morning and bring and buy sale held in the Garnet Room, Hunstanton Parish church, from 11am until 1.00pm. All funds raised will go towards the refurbishment of the Monstrance, thurible and Benediction candelabra. Do pop in on your way to or from the shops.

Foodbank supplies are still required. Items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support of the scheme.

There is a *Fair Trade Stall* at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information contact Caroline Brooks on 01553 673069.

All social events will be well publicised on the website and in the weekly bulletins.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.

Daily Masses will be 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. **Sunday Masses** are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at Parish Church, Sandringham Road, Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org Email: parish@ hunstantoncatholicparish.org



St Mary's Church, Heacham The Benefice Office 17 High Street, Heacham, PE31 7ER 01485 572539. Heacham.church@gmail.com

Rebuilding of Western Churchyard Wall of St Mary's, Heacham - Appeal for funding

Dear Heacham Residents

In 2010, the church appealed for funds to rebuild the southern churchyard boundary wall. The village's and individuals' generous contributions towards the cost was very much appreciated.

At that time, the church architect also surveyed the western wall and had concerns regarding some of the sections of this wall, one in particular, and his comments were

"From the steel gates to the church boundary wall, the wall is of reduced height and is possibly of the greatest age. There is a considerable degree of erosion and bulging is in evidence. The wall is nearing the end of its useful life but from its reduced height and location I consider it presents little risk to persons or vehicles".

As you are aware, sadly this was not to be the case and we saw the section of wall before the gates partially collapse and immediate action had to be taken to take down any remaining dangerous parts. After consultation with the church architect, borough conservation officer and the DAC, proposals were drawn up to rebuild three sections of the wall these being the two either side of the steel gates and the section between the war memorial and the corner of Church Lane.

The section to the left of the gate is obviously in need of rebuilding, the section to the right of the gate in front of the trees is in a poor state and is leaning outwards and needs to be taken down and rebuilt. The same applies to the final section between the memorial and the corner where there is certain decay in the wall and it is also now leaning to an unacceptable degree.

The various permissions have now been obtained from the Diocese and Borough planning department as well as conservation departments and the church architect has approved the specifications. A structural engineer has prepared the required calculations which have also been approved. We hope to start work within the next few months.

Estimates give the cost as £39,000 including VAT to rebuild all three sections of the wall. The church has, to date, accumulated approximately £30,000 towards this cost. We are now looking for funding for the final £9,000.

We would appreciate any financial contributions towards this, or practical help fundraising or grant finding for this project. Please contact Penny Taylor at the church office (contact details above) if you are able to help in any way.

With grateful thanks.

Veronica Wilson and John Whitbread Rector and Churchwarden St Mary's Church, Heacham



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St Mary's Church Sedgeford Open Gardens 28th May 2017 12.00 to 5.00pm

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Spiral Word Puzzle

Beginning at 1, complete the grid clockwise with four-letter words from the clues below. The last letter of each word becomes the first of the next. When complete you will find the answer to the puzzle in the shaded boxes. Good luck, let's keep those little grey cells stirring.

1		2			3
	9		10		
	14		15		
8				11	4
		16			
	13		12		
7		6			5

- 1) Distort
- 2) It ran away with the spoon?
- 3) Deer or behind
- 4) Not Sharp
- 5) Circle
- 6) Vegetables
- 7) Spoken
- 8) Spots
- 9) Search for
- 10) Sharp
- 11) Not far away
- 12) The back of
- 13) A list of names or to revolve
- 14) Not as much
- 15) Exchanged for money
- 16) A Scottish measure?

Puzzle Word: A Gem Stone

Answers on page...12



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HEACHAM HISTORY GROUP

PATRICK (Paddy) ARTHUR SHELDON HADLEY COMPOSER & PROFESSOR OF THIS PARISH (continued)

PART 2

In 1936 one of his Royal College of Music students, Ursula Grotrian, who also became a good friend, finished her studies at the beginning of April and was to get married on May 5th at Ripon Cathedral and Paddy wrote a piece "My Beloved Spake" set to words from the Song of Solomon, to be played at the ceremony. It was a wedding gift to her and she donated the original score to Caius College at Paddy's memorial service in 1974. In the note that accompanied it she stated that, on the day of the wedding, she did not hear it as they were signing the register at the time. She did however hear it when it was played live at her 50th wedding anniversary.

In 1938 Paddy was elected to a Fellowship at Gonville and Caius College, Cambridge, and as lecturer to the music faculty. He was virtually given a free hand for the management of all musical events, choirs, concerts etc. as well as to supervise anyone reading music which, according to the Master of the College, was a rare bird. He also kept his post as Professor of Composition at the Royal College of Music.

He seemed to have an excellent charisma with young people and became upset when WW2 started and they began to be called up. He advised a young Walter Todds, founder of the BBC Young Musician of the Year, not to go into the infantry, but to go into the Gunners then, if you are wounded, it is much more likely to be legs than your hands and, as a musician, you don't want to damage your hands. Also, this was an unhappy time for him as his mother died in 1940. During the war he became an advisor to ENSA and he wrote a piece for Vaughan Williams' 70th birthday which was broadcast on the BBC. He also worked

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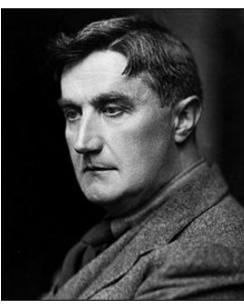


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at giving performances at Cambridge with much depleted student numbers to work with.

Vaughan Williams



So, what were Paddy's interests away from the world academia and music? He loved walking especially hills, travelling, churc h architecture and railways and was increasingly drawn to visiting Ireland. A lot of his holidays are known about because of the postcards he sent housekeeper Mrs

Howes and then her daughter Mrs Trundley.

Mrs Howes had been housekeeper to the Hadleys from the 1930s. When she was going to get married again, apparently Paddy avoided coming into contact with her - he didn't want to know she was leaving and she was forced to put her resignation in writing, but she had also found a replacement, her daughter, Myra.

In 1951 Myra married Leslie Trundley and Paddy gave the bride away and the reception was held at Shallcross, one of the guests being Lady Fermoy. Paddy was concerned that they were a young couple and might move on and leave him. However, his concerns about them leaving were unfounded; Myra and Leslie

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Paula Bloom

18, Lynn Road, Dersingham, Kings Lynn PE31 6JZ Tel: 01485 541111 / 07917 695069 lived at Shallcross until their first child was born when they moved into a cottage in the village, but she remained his housekeeper until his death. Paddy never married but in 1942 he wrote to his uncle that back in 1928/29 he expected to be married but she turned him down.

Shallcross House



Paddy remembered with pleasure his holidays back to Buxton where his parents met and married and, as he said, it was where he first encountered real hills. It was "The Hills" that was one of his major works and was first performed at the Albert Hall, 17th January 1947 and broadcast on the new "highbrow service" Radio 3.

A year earlier he had accepted the position of Chair of Music at Cambridge; they had wanted to offer the post to a composer but it was after this that his work became very sparse. Congratulations on his appointment poured in, including one from Ralph Vaughan Williams.

His post as professor kept him busy; on Tuesday mornings he went to London by train to teach at the Royal College of Music returning on Wednesday afternoon to be met by his housekeeper at the station; he was usually the worse for drink. He taught at Cambridge from Thursday to Saturday; on Sundays he was responsible for music at the chapel as well as running his weekly Gilbert and Sullivan rehearsals.

Was he an effective tutor? Not all of his senior students thought so - he was often the worse for drink and staunchly antiintellectual and here is a description by one of his students:-

"We sat around the table. He seemed eccentric, had a wooden leg as a result of service in World War 1 and was sometimes in pain and thus rather unpredictable. There was a general aroma of cigarettes - he was always saying "Have a gasper!" and whiskey, which was sometimes offered but never taken up. He was informal. One day we arrived and he was obviously on the loo. He just opened the door to call out: Sorry, chaps just a domestic – won't be long.""

Most students found his lectures to be of a poor standard, close friends say he was reserved, kind, sad and lonely. However, reading obituaries and tributes to Paddy, his students and friends thought of him with affection.

(To be continued).

Mavis Windibank Hon. Secretary Heacham History Group February 2017





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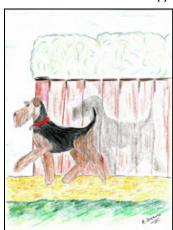
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Ruffle and the Dark Shape by Rachel Greaves

As Ruffle ran to the station one day,
He noticed a dog shape that was going his way.
Along the fence ran the shape as he did,
But when the fence stopped the dog shape then hid.

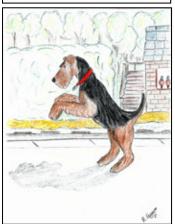


First the shape appeared upon the platform floor,

Then alongside Ruffle upon the station door.

The other strange dog shape was flat and dark,

Would it speak to Ruffle – perhaps a little bark?



Ruffle gave a bark and then he jumped around,

The shape followed exactly, yet it made no sound.

Whatever Ruffle did in this fun-filled game,

The dog shape was watching and doing the same.



Eric had been watching from the station window,

'Ruffle, you've been playing with your own shadow!

That shape will follow you everywhere, always at your feet,

On every sunny day you and your shadow will meet!



A playmate then for Ruffle that will jump around and walk, But one that he now knew would sadly never talk.

Looking at his shadow, Ruffle

Looking at his shadow, Ruffle had to blink,

For he was sure his shadow had given him a wink!

www.ruffletheraildog.co.uk

COMPETITION...

Win a set of Ruffle the Rail Dog Books

If you have been following Ruffle the Rail Dog's adventures on the steam railway in the last few editions of the Newsletter, the author is now offering readers the chance to win a set of the Ruffle the Rail Dog books by answering the following questions:-

- 1. What is the name of the station master who has befriended Ruffle?
- 2. What breed of dog is Ruffle? (a) Labrador (b) Airedale Terrier (c) Poodle

The closing date for entries is Friday 9th June 2017. Please send your answers by letter or postcard, addressed to The Heacham Newsletter and delivered to c/o Heacham Parish Council Office, Pound Lane, Heacham. PE31 7ET. Don't forget to include your name, address and telephone number. (Please mark envelope 'Ruffle' in bottom left hand corner). **Entries by email will not be accepted.**

The winner will be the first correct entry drawn at the June meeting of The Heacham Newsletter Team and the winner's name will be published in the July 2017 edition of the Newsletter.

Answers to Spiral Word Puzzle

1)	Bend	2)	Dish
3)	Hind	4)	Dull
5)	Loop	6)	Peas
7)	Said	8)	Dots
9)	Seek	10)	Keen
11)	Near	12)	Rear
13)	Roll	14)	Less
15)	Sold	16)	Dram

Puzzle Word: Diamond



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cubs

1st Heacham Cubs

We started back on 23rd February with our usual first evening of renewing our Law and

Promise then it was over to Kaa for his games night. On this evening, he did a Cub Scout Quiz with the answers on a roll of lining paper that the leaders and young leaders had to unroll to reveal an answer to the question Kaa was asking, sort of multiple choice. Then they played Sixes hockey.

On 2nd March Ziggy and Hathi made some pancake mix, then in pairs the Cubs went into the kitchen to make and flip a pancake. In between they played Jump the River, Horses and Jockeys and finally Giant Jenga. At the end of the evening we invested Jacob in to Green six.

9th March saw us carry on with their Scientist Badge; the Cubs made a simple switch and they sowed some cress seed onto kitchen roll in dishes and took them home. At the hut they left a dish of cress seed on the kitchen window so we could see how it grew in light but not watered. Another dish went into the cupboard to see how it grew in the dark and no water. I took two dishes home to look after them and one dish was in light and watered the other was in the dark but was watered. Kaa played some games at the end of the evening.

16th March the Cubs in their sixes wrote down what they thought would have happened to the four cress dishes under their different growing conditions, then discussed why they thought it happened. The rest of the evening we talked about why and what we can recycle. This is part of their World Challenge Badge. To finish off the evening we played a recycling game when they had to put the rubbish in the correct recycling bin.

23rd March the Cubs made Mother's Day cards and then played games with Kaa; one was like our snowball game and hockey.

Then on the last evening we did some more of the Scientist badge; the Cubs planted two peas in a pot and we asked them to take them home and look after them and bring them back after the Easter holidays and we will see how well they have grown. Next, was an experiment to see how hot air rises by setting fire to a tea bag. Now, when I tested it in the kitchen it worked fine but once we were in the hall and the Cubs were setting fire to the tea bags they were a bit of a failure ?????. But the Cubs had fun setting them alight. Cubs played Ship/Shore and our dice game with Hathi and Rikki.

At the end of the evening we were able to present Alexis, Alfie, Harley, Isaac, Leo and Zack with 100% certificates for attending Cubs since we started back in January.

Yellow six won the sweets for the most points earned this term, then we presented James with the certificate for Cub of the Term "For his excellent attitude towards being a Cub - Helpful and Happy".

Happy Scouting to all our Cubs.

Akela (Sam), Ziggy (Julie), Kaa (Rob) Hathi (Jemma), Rikki (Tommy) - Young Leaders

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Pocahontas 400, 1617-2017

Visit to the Pocahontas 400 commemorations in Gravesend Kent, 19th to 22nd March 2017

Sunday 19th: My first visit to Gravesend Kent; invited to 400 Pocahontas, 1617-2017.

I visited Jamestown Settlement in Virginia, U.S.A., while at my friends in New Jersey, attending Girl Scouts Camp whilst working for my 'Silver Voyage Award' with the Trefoil Guild five years ago. Arrived just in time for a lecture given at 2.30pm by David Givens from Jamestown Settlement in Virginia: a talk about 'Uncovering the past of Jamestown' and another talk at 4pm 'Pocahontas and her People'.



Monday 20th: a day looking around Gravesend.

Tuesday 21st: 1pm, at St Andrew's Gardens for the 'Commemorative Parade', joined by community groups,

schools and Local and National dignitaries. We made our way to St George's Church, passing: Town Pier Square, the High Street and the Old Town Hall following the Mayor of Gravesham, Councillor Greta Goatley accompanied by guests from Virginia, U.S.A.

After the Church Service, I was invited to the Mayor's reception for the exchange of gifts. At 4pm I made my way to St Andrews Church, Riverside, where I was invited to a Pow-Wow with local Rainbows, Brownies, Girl Guides and Leaders. There was a large 'Peace Light' burning all day. Everyone was celebrating 'Pocahontas', we made necklaces, bracelets, headdresses and finger painting after a camp fire sing-song before everyone went home.

In the evening I went to the performance of 'The Story of Pocahontas' by Kieran Knowles at Woodville Theatre, Gravesham Borough Council, then back to my bed & Breakfast accommodation for the night.



Wednesday 22nd: In the morning, went and said goodbye to people at St George's Church and found that Christine Dean of Heacham, had displayed her display boards which covered: Heacham Norfolk, the church of St Mary, details of the John Rolfe family and Pocahontas etc.

Returned home, happy and tired. Photographs, and information can be found via http://www.visitgravesend.co.uk/events/pocahontas-400 **Mary Harpley**

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TIDE TABLES FOR MAY & JUNE 2017

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West Norfolk Mind Harry runs GEAR for West Norfolk Mind

11 year old Harry Toop from Heacham entered this year's mini GEAR 2017 for West Norfolk Mind. Harry, who goes to Heacham Junior School, said "My Mum and Dad are runners and I ran with them last year. I enjoyed it so decided to run for a charity this year and West Norfolk Mind have previously helped some of my family so chose to support them."

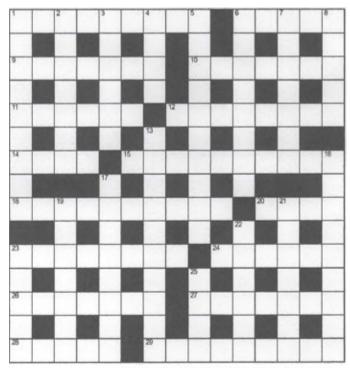


Zena Penty, Volunteer Co-ordinator at West Norfolk Mind, said "We love it when young people choose to support us, as raising awareness within that age group helps people feel more comfortable to talk about their mental health."

For volunteering or fundraising information, call Zena Penty on 01485 572707 or email: zena.penty@westnorfolk mind.org.uk







CROSSWORD CLUES

Across:

- 1. Enlightens eccentric in accounts (9)
- 6. Keep in good shape for suit (5)
- 9. Endurance runners return home before midday (7)
- 10. A return to street is touching (7)
- 11. Unnerve conductor? (6)
- 12. Conclude I have nothing right? That's poor! (8)
- 14. Centre scores within seconds (4)
- 15. I worried after dicky first worn (10)
- 18. Used after first aid (6-4)
- 20. Bars unruly supporters (4)
- 23. Tom is burdened with problem, according to gossip (4-4)
- 24. Used for driving, one iron could gain claret jug (6)
- 26. Undergraduate has diminished part, being first mentioned in naming ceremony (7)
- 27. Support that is evident in lines of poetry (7)
- 28. Act I feature in city (5)
- 29. Memory lost again? Silly! (9)

Down:

- 1. Removes works of art (9)
- 2. After a couple of pints finish another and a fourth (7)
- 3. At a distance it's a pasture (6)
- 4. Close part of mine arbitrarily (4)
- 5. Still colour up while presenting (10)
- 6. Worked hard with bereaved constituents (8)
- 7. Likes cakes? (7)
- 8. Oddly, trust poor teacher (5)
- 13. Road workers held up coaches (10)
- 16. Pepys said cocktail caused stomach upset (9)
- 17. Working? Quite the reverse! (8)
- 19. Catch activity right under ship (7)
- 21. Display understanding (7)
- 22. Visited Royal Academy for film producer (6)
- 23. Broken biscuit is not around to measure (5)
- 25. Feels fine removed from slippery customers (4 Solution on page 37

Marenne Dance

Are you bored with just exercising? Not confident (but always wanted) to try a dance class?

Why not try

Fit 'n' dancin'

A part-exercise part-dance class.

After half an hour of warming up and exercising the various muscle groups and joints, we then tackle dance! A different dance style done each month, learning the steps and sequences. So work your brain and body - fun and laughter guaranteed

> Dance styles vary from ballet to ballroom and everything in between.

NEW CLASS

Thursday 09.30am - 10.30am at the Methodist Church Hall. Heacham

Being taught by Margaret Quick: Fellow & Examiner UKA Dance Ltd.

More details from 01485 541162 or 07930 556675 or just turn up!

Fit 'n' dancin'

Introducing fit 'n' dancin', a part-exercise/part-dance class. This idea is simple – you want to exercise but get bored, you want to dance but don't think you can, so I have combined the two and start the class with half an hour of exercises to get joints lubricated and muscles stretched, then we spend the second half of the class learning a dance. Now, because I am qualified in lots of different dance styles, it could be anything from Ballet to Bolly to Ballroom - but don't worry, it's not one dance each week but one style for the month. The dance is broken down into manageable bits and taught in such a manner that you can learn the individual steps and combinations at a pace that suits you – by the end of the month you will be dancing!

So a little about me. I started dancing aged 4 and aged 5 announced to my Mum that "I want to be Miss Russell when I grow up" - Miss Russell was my dance teacher (Russell Leite Theatre School, Manchester). Several years later I qualified as a dance teacher and have taught ever since, adding to my subjects so that I now have qualifications in ballet, tap, modern, ballroom, Latin, hip hop, cheer, drama and many other related subjects. I am also an Examiner for UKA Dance Ltd, which is the dance society I belong to.

I moved to Norfolk three years ago, having left a thriving dance school in the hands of two former pupils I had helped qualify as teachers and am now teaching all subjects again in various classes and locations.

Fit 'n' dancin' is open to anyone available on a Thursday (see advert for all details). There is no age limit (upper or lower) and you don't have to be "perfect" - I teach lots of people with, for example, arthritis, asthma and hip replacements - of course, if you are "perfect" you are more than welcome.

Why not give me a ring for more details or simply come along on Thursday mornings at the Methodist Church Hall.



Heacham History Group

In March, we welcomed back Claire Bradshaw, Community Archaeologist from Gressenhall. Claire began by

reminding us of the Norfolk Historic Environment Record database which can access you www.heritage.norfolk.gov.uk/. It's very easy to use and really interesting.

She then continued the Archaeology of Heacham from the medieval period up to the end of the Cold War. What I found fascinating were the remains of the WW2 defences at South Beach which I've never noticed before. Anti Tank Cubes sit either side of the bridge over the river. These are reinforced concrete blocks designed to obstruct the progress of a tank or



armoured vehicle. Two of diagonally opposite blocks have slots cut, but the slots should face each other! In the field on the village side of the river

are 2 pillboxes, designed to have field guns installed inside and the one closest to the road also has an anti-tank gun emplacement beside it. After the war, the responsibility for the disposal of many of these defences was handed over to local government who received payment for the expense of demolition. The effort



required demolish these large blocks of concrete was immense and unless they interfered with the function of the land they

stood on, they were left and no doubt the councils used the money for something else. While I was looking at our pill boxes I was approached by three young people who wanted to know why people were photographing these odd concrete structures. Apparently, I was the third person they had seen that day taking pictures!

The next meeting will be on 22nd May when Andrew England will be talking to us on 'Heacham in the Great War 1914-1918' (this is a change to our previously announced topic). We will hold a very brief AGM that evening, so we will start at 7.15pm. We will also be renewing membership that evening at the bargain price of £2 a year. For that you will get entrance to talks for £2 instead of £3 and an email reminder for the meetings. If anyone could spare a little time to help us with refreshments and poster distribution we would be grateful. You don't have to be on the committee, although we would welcome some more committee members as well.

As mentioned above, the meeting will begin at 7.15 pm. As usual the venue is the Old Friends Hall, Sunnyside Close, Heacham, PE31 7DX. Everyone is welcome. Admission £3 (Members £2).

> Linda Nudds Tel: 01485 571794

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News from Heacham Fire Station

On 15th March, we were delighted to welcome both Red and Blue classes from Heacham Infant & Nursery School to the fire station. I'm not sure exactly how many children there were but it was a tight squeeze to fit them all into the station!



The visit had the familiar mix of fire safety education and entertainment! Whenever we have youngsters come to see us we like to talk about what to do in an emergency and the importance of having working

smoke alarms and a fire plan, but it helps with the learning if this is combined with the fun of dressing somebody up in fire kit and the compulsory water squirt with the hose-reels.



Heacham Infants Sch at Fire Stn.

Bushel Strike

24 Malthouse Crescent, Heacham, PE31 7DL *** Phone: 01485 579033 ***

www.bushelandstrikeheacham.co.uk

Eat, drink, relax – and occasionally party! Dogs welcome – but please keep your owners under control.

Opening Hours

 $\begin{array}{ll} Monday & 3pm-11pm \\ Tuesday \ to \ Saturday & 12pm-11pm \\ Sunday & 12pm-10:30pm \end{array}$

Light lunches served 12 – 2pm Tuesday to Saturday Sunday Lunches 1 – 3pm (Norfolk time!) – but please book

As we are not doing food in the evenings, feel free to **order in a takeaway**

Wednesday May 3rd, 17th and 31st – Quiz night in Dining Room – £1 entry, all welcome

Wednesday May 10th – Camera Corner: share knowledge, pick up tips. Novices and experts welcome

Saturday May 27th – Bootleggers present Northern Soul Disco with 4 DJs

Advance Notice - "Victims of Time" 3rd June

This time, I thought I would amuse myself by placing a toy fire engine in the appliance bay whilst the real one was 'hidden' outside (what's that saying...... little things please little minds....?). When the children were led through to look at the fire engine I expected a puzzled silence but not a bit of it! There were cries of 'that's too small' and 'it's outside'.

The school is obviously producing some very smart young people but I still don't know how they knew the real fire engine was outside.....? I was sure they wouldn't be tall enough to see through the windows!

A big thank you to all the children for coming and we hope to see you again in the future.

On 30th March, we had a more unusual school visit, this time to Sedgeford Primary School. Children had been learning about 'The Great Fire of London' and they had made some fantastic model houses which, sadly, were destined to meet the same fate thousands of their counterparts did back in 1666.



No sign of trouble in the miniature version of 1666 London.

And so, on a suitable patch of bare ground outside, and under the close supervision of some of Heacham's finest firefighters (well some firefighters from Heacham anyway), the fire began watched by a gathered crowd of expectant youngsters. It must have been a real treat for them to experience history brought to life in this way. As always, the fire safety message is an important part of what we do and this time, it was a good opportunity to warn of the dangers of playing with matches or any fire because they had seen how quickly a small flame could become a fire which was out of their control.



Oh no, it's a disaster! The fire quickly takes hold and soon the children's houses would be gone.

With the education over, it was time for ... yes you've guessed

it, the ever popular play with the hoses which had the added

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41 Meadow Road, Heacham. 01485 571038. Mobile 07932 123781 bonus of making sure the professional firefighters had properly extinguished the remains of The Great Fire! Once again it was a pleasure to be asked to meet a part of our community in happy circumstances, as normally when we go out it is because something bad has happened.

This leads me on to mention once again the need for new members of crew which remains a constant problem for the station. In the first twelve days of the new Brigade year which began on the 1st April, we were called out four times but there were another four calls which we would have attended if there had been enough crew available.

We are planning to hold some awareness days to give potential recruits more of an idea about the job we do, so please look out for those. If you are interested, you don't need to delay, get in touch today! Call 0300 123 1669 for more information or come and see us on a Monday night (calls permitting).

I end this month's article with news of an award for our dear friend, the Late Tracey Swann. There is a full article about this elsewhere in the newsletter but I could not fail to mention it in my piece.

Over thirty people were honoured with the Mayor's Civic Award for Voluntary Service on the 29th March and, although spaces for guests were limited, a few of us were lucky enough to be able to attend and see Tracey's son, Tanner and her mum, Margaret receive the certificate on her behalf.

It goes without saying that we wish Tracey could have been there to collect it herself. Well Done Tracey!

> **Chris Wood Heacham Fire Station**



FitSteps® is for absolutely everyone! If you love BBC's "Strictly Come Dancing" you'll love this fabulous exercise class created by Ian Waite and Natalie Lowe. The dance workout mixes all the moves you see on the show, from the graceful, slow controlled moves of the Rumba and the Waltz, to the fast, energetic steps of the Latin dances, like the Cha Cha, Samba and Jive, plus alot more!! Transform your body and have fun dancing to music that will get your heart pumping!

Call 07765433100 for more information. I look forward to seeing you at my classes.

Monday daytime, Heacham public hall 11am - 12noon Monday evening, Ingoldisthorpe village hall 6:30pm-7:30pm Thursday evening, Heacham Old Friends Hall 6:30pm-7:30pm

If you are still unsure what FitSteps is all about, go online and take a look at my YOUTUBE video, just type in the search, Jaime FitSteps.

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Paris Larham

Moulam & Horn

The local store in Pound Lane, Heacham - Moulam & Horn -is an old fashioned, friendly family run, business which first opened in 1933. The business is well known for being garden and animal feed specialists.

On July 1st 1996, the Hammonds took over Moulam & Horn-Charlie and Trish Hammond and Edd Hammond (Director of JC Hammond Ltd.). JC Hammond Ltd currently own Moulam & Horn along with their own coal business. The business of JC Hammond was set up long before the Hammonds took over Moulam & Horn.

Previously, Charles Hammond was an Industrial Chemist at ICI

in Middlesbrough. He carried out this role until the 1970s when he returned to Heacham in order to take over the coal business, due to his father's poor health. Trish Hammond was the daughter of a local farmer.



Unlike some businesses, Moulam & Horn employ staff that have many years of experience and knowledge in different areas of the store. The years of experience and knowledge give a personal touch to the business itself.

Adrian Hipkin specialises in gardening. Various composts, fertilisers, peats, seeds and bulbs are included in his speciality. Charlie and Edd Hammond specialise in coal and Tora Evans and Bryn Hammond specialise in the pet food section. The store also offers a wide range of products and unique services to their customers.

Moulam & Horn are also very popular for bird seed and gardening products especially for the spring season.

Before meeting with the owners, I received a short account of a memory from Roger Drinkwater, detailing first moving to the village after passing Moulam & Horn's window.

"My fond memory of passing Moulam & Horn's window, just after moving to the village, was seeing Ferret Ear Shampoo for sale. I knew then that I had made the right choice of settling here. Also, Diesel the cat used to ambush people, especially those with dogs, he was a real character. My dog used to look over his shoulder and be very wary every time we walked down Pound Lane. The cat was sometimes seen snoozing in Peter Sutton's* window."

(*at the time trading as Thain & Co.)

Diesel was a black and white cat, who was owned by Trish

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Hammond's daughter. Diesel was only supposed to be with Moulam & Horn short term but ended up staying long term. Many people who visited the store on a regular basis knew Diesel very well and frequently saw him when they visited the shop. He unfortunately passed away several years ago.

You can visit Moulam & Horn's website for more informationhttp://www.animalfeedsinnorfolk.co.uk/

Or alternatively, you can contact Moulam & Horn via telephone - 01485-570241.



(Deliveries are available- see in store for details)

Opening Times:

Monday-Friday: 8am-1pm (before lunch)

(Closed for Lunch)

Monday-Friday: 2pm-5pm (after lunch)

Saturday: 8am-12:30pm

Reporting for THN





298017



Heacham Judo Club

Heacham Judo club have been travelling for the start of 2017. In March, we attended the A.J.A. National Championship in Birmingham. We took 8 players ranging from Junior Orange belt up to Senior Dan grades. For 3 of our junior players it was their first time at a large Judo competition and, even with a few nerves, they all did the club proud. Our normal attendees did great as well, with them coming home with a selection of medals. Well done to all the competitors.

Results are:

Juniors

Dylan McKenna, Shannon Tucker Gold Joshua Little Bronze

15-17 Years

Shannon Tucker: Gold Joshua Little: Bronze

Seniors

Harry Sands, Josh Chilvers: Gold Kristina Wilkes: Bronze



Our next event took us on our yearly exchange w i t h Middelharnis JC in Holland on 7th-9th April. The w e e k e n d always goes way too quickly but we get a chance to see all

our friends and, on this trip, we managed to catch up with Lau Almekinders, who had run the club for over 50 years which was lovely. Everyone had a great weekend with the Judo and swimming party on the Saturday, making new friendships along the way. Finally, we arrived back in Heacham at about 11pm, exhausted, on Sunday. Congratulations to everyone who took part in the competition, fighting in a different country with different rules is not always easy, but you all did fantastic.

Results are:

Shannon Tucker, Courtney Cobb: Gold
Cameron Hewson, Bethany Gedge, Harry Sands: Silver
Dylan McKenna, Cameron Hewson, Zara Jutsum: Bronze



Shirley Tucker



2 high street heacham kings lynn norfolk pe31 7er 01485 571395

chopnchange2@hotmail.co.uk

Bliss Hair and beauty are open six days a week, early morning and late night appointments are available. Fran, our newest stylist is settling in so well here at Bliss and her clientele is ever growing. Fran is completing her level 3 advanced hairdressing course this year and is looking forward to more creative colour work in the salon. If you would like some vibrant colours or subtle pastel tones please book in for a consultation with Fran.

Fran also provides a home service for Sienna X spray tan and individual eyelash extensions. For more information about these treatments please call Fran at the salon 01485 571395.

Our beauty salon is open Monday, Wednesday and Friday. Lots of lovely treatments to choose from at fantastic prices with our experienced beautician Sandra.

Steve the barber is available by appointment only on Monday, Tuesday and Saturday.

For all appointments or for any information about the services provided at Bliss please call the salon on 01485 571395. You can also follow us on Facebook.

Jaime Parry, 2 High St



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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane MC = Methodist Church Hall, Station Road SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside PRH = Pine Residents Hall, Wilton Rd SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club PH = Public Hall NC = Neville Court

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room ART CLASS 10am - 12noon For info Tel: Shirley Milborn (PRH)

SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30am Tel: 570492

FITSTEPS 11am - 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311

ROLLASON STAGE SCHOOL Dance Classes 6vrs+ Ballet/tap/modern 4.15-5.15pm Junior Street 5.15-6pm Tel:579074 (PH)Top Room

2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 - 6pm Contact Tel: Kathryn 572138 (MC)

RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485

LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3.50 Contact Diane 571166 1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Seb 07477 511116

HEACHAM IN BLOOM 3rd Monday Monthly 7pm Heacham Parish Library

INDOOR BOWLS CLUB 7pm (MC)

LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH) WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com.

HEACHAM WIVES GROUP - 2nd Monday of most months at 7.30pm Contact Sue Scott Tel: 572252 (HSC) Top Room

TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429

CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH) WEST NORFOLK MIND CARERS SUPPORT GROUP

1-3pm 4 Poplar Avenue Tea Coffee & a chat Armstrong 07704338775

LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3.50 Contact Diane 571166 (PH)

WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC) 1st HEACHAM GUIDES 5.30 - 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)

WEIGHT WATCHERS (OFH)

ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC) HANDS & NEEDLES GROUP every other Tuesday

7.30 – 9.00pm Tel: Joan Careless 570363 (MC)

HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019

POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)

LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

WEDNESDAYS

CAR BOOT SALES 7am to 12noon (Gates open 6.30am for Booters) (HSC) Sports Field

WEST NORFOLK MIND Day Centre 9.30-3 pm at 4 Poplar Ave Heacham Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk

SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2

Tel: Jo 07521447284 (SG)

CARPET BOWLS 10.15 – 12 noon Tel: 570776 (PH)

THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126

PATIENT ADVICE & LIAISON SERVICE 2-4pm on 2nd & 4th Wednesdays monthly (PC)

TENNIS from 4pm Contact the Sports and Social Club for more details on session times

HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG) FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark (HSC) playing fields 07561303886

TAI CHI & KUNG FU 6-7.15pm-Childrens Kung Fu 7.15-8.15pm-Adult Tai Chi 8.15-9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)

LINE DANCING 7 - 9pm Improver/Intermediate £3.50

Contact Diane 571166

BINGO 7.30pm Neville Court Grouped Home

HEACHAM TWINNING ASSOCIATION 2nd Wednesday monthly at 7pm New members welcome Tel: 579465. (PC)

ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG) WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851

Peter Grav www.westnorfolksingers.org.uk/ (MC) QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30-3pm For info Joyce Armstrong 07704338775

TABLE TENNIS CLUB 10am (PH Top Room)

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10-11am Tel: 298429

CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)

MOTHERS' UNION 4th Thursday monthly 2pm (SM)

TREFOIL GUILD 1st Thursday monthly 2 - 4pm

Tel: 07901977321 or 535256 Kay Drewell

BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492

1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 - 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084 JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)

FITSTEPS 6.30 - 7.30pm To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (OFH)

1st HEACHAM CUBS ages 8 – 10yrs

Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)

JUDO Advanced 7 – 9 pm Tel: 571614 (PH)

SOCIAL EVENING Table games and darts 2nd Thursday monthly 7.15pm (MC)

FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM) RAO BUFFALOS 8pm (HSC Top Room)

QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Sue Spencer bereavementgroup53@yahoo.com or Tel: 572029 (SM) COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm

1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi

7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

INDOOR BOWLS CLUB (Carpet) 7pm (MC) CASH BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11 Tel: Louise 07411457017 (SM)

SUNDAYS

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly Everyone welcome For details Tel:579440 (PRH)

HEACHAM DIARY

Friday 5th May GIG 'Jam with DNA' 8.30pm at Fox & Hounds Station Rd

Saturday 6th May GIG 'Mark Steel' at Silver Sands

Saturday 20th April 'Coffee Morning' at Heacham Methodist Church 10am – 12noon Cake Books & Bric'a'Brac stalls Live music from 'John Harris' after 11am

Monday 8th May 'Bingo at the West Norfolk' Eyes down 7pm at the West Norfolk Inn Station Rd

Tuesday 9th May GIG 'Betty Swollocks' 8.30pm at Fox & Hounds Station Rd

Wednesday 10th May 'Community Coffee Morning & More' 10am to 12noon at the Old Friends Hall Sunnyside Everybody welcome

Friday 12th May GIG 'Smoking with Indians' 8.30pm at Fox & Hounds Station Rd

Friday 12th & Saturday 13th May The Pocahontas Players present 'Who Were You With Last Night?' 7.30pm (Fri) and 2pm & 7.30pm (Sat) Tickets (£8 Stalls £9 Raised Seating)



available from Janice Tel: 570402 Jim Tel: 571267 or from Hunstanton Tourist Information Centre

Saturday 13th May GIG 'Marcia Santana' at Silver Sands **Tuesday 16th May** GIG 'John's Blues Crew' 8.30pm at Fox & Hounds Station Rd

Thursday 18th May 'Art & Crafts' at Sunnyside Close 10am to 12noon £1 includes Tea & Coffee All welcome

Friday 19th May GIG 'Nick and Tom' 8.30pm at Fox & Hounds Station Rd

Saturday 20th May 'Messy Church' 10am to 12noon at St Mary's Church For more information Tel: Veronica Wilson 570697 or the Church Office 572539

** GIG 'Big 'D" at Silver Sands

Monday 22nd May History Group Meeting from 7.15pm at the Old Friends Hall Sunnyside with a Talk by Andrew England 'Heacham in the Great War 1914-1918' (Please note the earlier start time, There will be short AGM before the talk) Entry £2 (members) £3 (non-members)

Tuesday 23rd May GIG 'Blues Situation' 8.30pm at Fox & Hounds Station Rd

Wednesday 24th May Heacham Parish Council 'Annual Parish Meeting' 7.30pm at Old Friends Hall Sunnyside All Parishioners Welcome

Friday 26th May GIG 'Hush' 8.30pm at Fox & Hounds Station Rd

Saturday 27th May GIG 'Mike Shelby' at Silver Sands Sunday 28th May 'Taster Session' at Heacham Social Bowls Club (weather permitting) 11am to 3pm Please wear/bring a pair of flat, smooth soled shoes

** GIG 'T.B.A.' at Silver Sands

Tuesday 30th May GIG 'Chicago One Zero' 8.30pm at Fox & Hounds Station Rd

Monday 29th May 'Bingo' at Fridhem Rest Home Eyes down at 7pm All welcome

Friday 9th to Sunday 11th June 'Flower Festival' at St Mary's Church Heacham Theme will be 'Celebration of Marriage' Also a special service of celebration in the church on the Sunday afternoon for any couples who would like a blessing. More details from the Church Office Tel: 572539 or email - heacham.church@googlemail.com

Friday 7th July Heacham in Bloom are hosting 'A Talk by Dr Ian Bedford' 'Butterfly Gardening' 7pm for a 7.30pm start at the Old Friends Hall Sunnyside Tickets £5 from Mary Tel: 572130 or Helen Tel: 572550 or email – heachaminbloom@btinternet.com

Sunday 6th August 'Heacham Carnival Parade' starts at 1pm For further details contact the Parish Office





OTHER EVENTS

Saturday 6th May Hunstanton Croquet Club 'Come and Try Session' 1.30–4.30pm Free entry (please wear flat soled shoes) ** Entertainment 'Waddo' at Hunstanton Conservative Club Sunday 7th May 'Car Boot Sale' at Glebe House School Hunstanton

Saturday 13th May 'Music by BIGSY' at Hunstanton Conservative Club

Monday 15th May Hunstanton U3A Meeting 2pm at Hunstanton Community Hall Speaker – Dr Eric Somerville on 'Opium Eating in the Fens in 19th Century'

Tuesday 16th May The Snettisham Salvation Army Band 'Open Band Practice' 7.30pm If you play a brass instrument and want to join the band on this evening Tel: 541978 Ian Goddard for more details

Saturday 20th May Snettisham Beach Sailing Club 'Open Day' 12noon onwards For more info – www.snetbeach.co.uk
** Entertainment with 'Marcia Santana at Hunstanton Conservative Club

Sunday 21st May 'Car Boot Sale' at Glebe House School Hunstanton

Monday 22nd May 'Slide Show of postcards of old Snettisham & area' by Simon Massey 7pm at The Salvation Army Snettisham Admission £3 payable on the door

Thursday 25th May Norfolk Wildlife Trust 7.30pm at Hunstanton Methodist Church Hall £2 members/£2.50 visitors Thursday 25th to Sunday 28th May Dersingham Methodist Church 'Flower Festival' 10am-4.30pm (Thur to Sat) 2-4pm (Sun) Books Cakes Cards etc Coffee/Lunches/Teas

Saturday 27th May HDFA 'Craft Fair' 10am to 4pm at Hunstanton Town Hall Free admission Refreshments
** 'Music by Mike Fox' at Hunstanton Conservative Club

Sunday 28th May St Mary's Church Sedgeford 'Open Gardens' 12noon to 5pm Adults £4 Children free

Lunches and Teas in Church 12noon to 4pm

Sunday 28th & Monday 29th May Open Day at R.A.F. Bircham Newton Heritage Centre 10am—4pm Admission free Saturday 24th to Monday 26th June 'Flower Festival' at St Andrew's Church Ringstead

Sunday 25th June 'Art Exhibition' in Ringstead Village Hall by the Ringstead Art Group

** 'Ringstead Open Gardens' Gardens open from 11am to 5pm £3 admits to all locations

WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDGEFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

Mondays

FITSTEPS 6.30 – 7.30pm at Ingoldisthorpe Village Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FIRE CADETS at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel: 07919 492294

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk COASTAL STROKE & SUPPORT GRP 10.30am – 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

LINE DANCING 1.30 – 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059 HUNSTANTON TANG SOO DO CLUB Korean martial arts

of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233 RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am–12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

LINE DANCING 10am – 12 noon at Hunstanton Community Centre £3.50 Tel: Diane 571166

TEA DANCE 2-4.30 pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 – 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10–11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details) HUNSTANTON BRIDGE CLUB 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose

Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

Heacham Pocahontas Players

Yes, rehearsals are almost over, the stage is set, costumes all fitted, lines are learnt (hopefully?) plus the group's seating is installed. Now for ticket sales, to fill our new Raised (and Stalls) seating.

Our Musical/Drama, set c1920, tells the story of Master Reuben who, from a high-class background with his eye for the ladies, gets into deep water with his parents, the Lord and Lady Ribchester, as he mixes with the 'lower' classes. This drama includes Song, Dance and good acting from the cast. All individually fitted with a radio microphone to enhance the sound. Backed up by a very busy backstage crew, changing scenes and moving stage furniture on and off.

The Pocahontas Players were founded in 1995 and perform two productions per year. A pantomime in January and a Drama? Musical? in May/June time. If you haven't been to any of our productions, why not give us a try? Or if you have been, come along and see how we have improved with our lighting, sound, stage equipment and seating.

A well put together programme is available on the night. If you would like your Business/Group advertised within the programme, please contact Dave (Chairman) for this (01485 570402).

Heacham Public Hall, Station Road, PE31 7HG

Fri 12th May - 7.30pm

Sat 13th May- 2pm Matinee / 7.30pm

Raised seating - £9.00. Stalls - £8.00

Tickets - Janice 01485 570402 - or Jim 01485 571267 or you can pop along to Hunstanton Tourist Information Centre (01485 532610).

All tickets are numbered but NOT your seats. Please arrive in good time.

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

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Thank you from -

The Pocahontas Players Proving that 'Life is a Drama!'

To keep up with our rehearsals and a look back on a few old productions, please follow us www.pocahontasplayers.co.uk



The stage is set and Raised seating installed.



Heacham at Night

Lots of spacey things have been announced in the last month: Multiple planetary systems around far off stars, some with the potential for liquid water; new findings about Enceladus, a moon of Saturn, and some real money is going into the British space industry including further investigations into a UK based spaceport. I will try and get the Borough Council interested.

Cassini, the spacecraft that has been operating for 20 years, most of it ducking and diving around Saturn, went close to Enceladus and detected hydrogen within the water plume ejected from its frozen world ocean. This is an indication that there may be hydrothermal vents on the ocean floor of Enceladus. Earth's oceans have such vents and life exists close to them.

You have an opportunity to look at Saturn this month and next; by the middle of the month it rises in the SE before midnight. Look for a yellowish non-twinkling light. It is no near as bright as Jupiter which rises earlier and will be in the SW.



This is an over exposed image of Saturn to reveal some of its moons. From the top, Tethys, Rhea, Dione, Titan. Europa would be between Tethys and Saturn but is too small to show up, The 'wings' on Saturn are the effect of its rings.

Jupiter is moving further from us whilst Saturn is getting closer, but Saturn at its closest is twice as far away as Jupiter ever is (746 million miles as against 365 million). Doubling the distance quarters the brightness and, as Saturn is 5/6 the diameter of Jupiter it reflects less light too. Consequently, you see Saturn as a dim yellow spot rather than the bright star like Jupiter.

Mars is still around to the end of the month but is low down in the west and easily lost in the twilight. Venus is a pre-dawn object shining brilliantly about 90 minutes before sunrise. Remember you have to find a site looking east towards the horizon, not easy in Heacham. And take care not to catch the Sun in your eyes.

The remnants of Halley's Comet should light up the sky (a bit) on the night of 5th May to just before dawn on the 6th May when the Eta Aquarid meteor shower peaks. The Moon is shining that night so hope for a few clouds to obscure it but with sufficient gaps to see the odd meteor.

Jupiter is still bright and, if you want to see the four Galilean moons, a spotting scope or powerful, tripod mounted, binoculars will bring out the four sparks. One of them is Europa which is another frozen ocean world with a plume. It was the favourite for life when along came Enceladus, a bit like buses in Heacham. Perhaps NASA believes the warning issued by ethereal beings in '2001 A Space Odyssey' – 'All these worlds are yours, except Europa. Attempt no landing there.'

Look SW about 30 degrees above the horizon for Jupiter. On the 7th May the brilliant planet lies just beneath the Moon, a photo opportunity with some challenge. It helps again if some thin clouds diffuse our satellite's glare.

Other conjunctions of the Moon and planets: 14th May just after midnight, Saturn is a little to the SW and on the 22nd, at 5am, Venus is adjacent to the Moon. The latter is worth observing with fixed binoculars or a small 'scope because then you will see the crescent phase of Venus matched by the (much larger) crescent of the Moon.

A new comet, C/2015 V2 Johnson, is in the sky and brightening during May. Good binoculars should pick it up towards the end of the month, though you will need some luck and a dark sky. To get directions Google it and look for a site with a skymap; www.cometwatch.co.uk looks good and it is British! At the end of the month the comet is below and to one side of Arcturus a bright star which will help you find the fuzzy blob.

Hedgehog news: Hoglet is still thriving and waits for tea. Its friend Moley is also visiting again as are a couple of very fit rats.

Soon be June 21st; after that the nights start drawing in again. Wonderful! If the asteroid just discussed on the news doesn't decide to confuse the experts and swat us then the column will return next month.

Terry Parish

Norfolk Knitters & Stitchers



There are many groups including Hunstanton and Heacham.

The Heacham group meets Tuesday evening from 7-9pm at Pine Mall Residents Hall off Wilton

Road, Heacham and supports many charities including Hunstanton Lifeboats.

There is a lot of nattering and sometimes even some knitting done! There is no joining fee but a contribution to the Tea Fund etc. charged. All are welcome and we'd be happy to help with projects if you're a bit new to knitting and crochet; wool donations are also welcome if you're having a turn out.

If you visit Heacham as a caravan owner you would be very welcome as a 'part time' member, please phone Shirley Tel:01485 572247 or Jean Tel:01485 579503 for further information or visit our website — http://norfolk.knittersstitchers.org.uk

We also have a monthly get together with other groups on the last Friday of the month from 10am to 12noon at Providence Street Community Centre, London Road, King's Lynn – you would be warmly welcomed there too. Further details from Trudie Smart Tel:01553 763926 or email -vintagetrudie@yahoo.co.uk

Norfolk Knitters & Stitchers



Borough Council News

Complaints about County Highways and various building sites continued last month plus concerns about development on some of the North Beach sites. However, it was South Beach which was the location of major upsets.

Parking along the road leading to South Beach reached stupidity levels over Easter with cars both sides preventing vehicle movement and leading to a fight, assault, and ambulance and police services being called. The Parish Council tried for two years to persuade the Borough Council to ease the growing problem. I will raise the matter again with them and with the County.

The next upset was the private use of a drone along the beach and over neighbouring caravan parks. I witnessed this on the 26th March when a woman from one of the caravans was verbally abused by two men because she objected to their stupid actions with a drone. I supported her and received a similar reception. On the 16th April, in the same location, a male visitor was subjected to verbal abuse and threatened physically. The matter has been reported to police. I am endeavouring to secure a policy from the Borough Council. The Civil Aviation Authority states quite clearly that drones cannot be flown within 50 metres of people or objects not in control of the operator. There is also the issue of using them to take photographs, particularly of young people. Please report all such incidents to the police and

The Borough Council is having to discuss possible boundary changes and the number of Borough Councillors with the Boundary Commission. There is a degree of reluctance to countenance a significant reduction. There are currently over 60 Borough Councillors. What number do you think might be sensible (none is not an option)?

Terry Parish



Scallywags Parent, Baby & Toddler Group

Thank you to the Easter Bunny aka Brenda Dean and Tesco Heacham for our

Scallywags chocolate this Easter! Tesco once again kindly donated chocolate for every child, although as the skies kindly donated rain we were unable to hunt for it in the garden! Instead the little chocolate bunnies hid out in our dolls house, no cupboard door was left unturned, they were all found and eaten Brenda!



Thank you to Liz White for your Easter snack time baking, and, still on the sweet theme although involving no sugar, a big thanks to Chris Gillings who kindly knitted us some gorgeous Easter animals for our raffle! Further thanks to Glenda Burnham for keeping our craft drawers topped up, thanks for thinking of us Glenda, and to Flo, Leon, Max and Mabel Hawkins, Cissy and Tommy Thorpe for giving our

many swings 'n' slides a good spring clean in their school holidays!

Thanks to everybody for coming along, your lovely play and makes, and all your invaluable help at snack time and tidy up time!

Scallywags Parent, Baby & Toddler Group meet every term time Wednesday at The Scout Hut Sunnyside 9.30-11.00am. We ask £2 per family to cover rent, refreshment and resources. Pop by when you can for a play, we'd love to meet you and your little ones!

For further info please text/call Jo on 07521 447284.



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around & about...



Hunstanton Community Players NEWS! NEWS! NEWS! NEWS!

Poetry Mornings - dates for your diary: June 21st – 'Holidays and the sea' August 16th – 'Summer Visitors'

October 18th - 'Autumn Colour'
December 20th - 'Winter and Celebrations'

Please bring two poems along to read or ask others to read for you. Entry £2.50 to include refreshments. We meet at Hunstanton Town Hall Basement from 10.30-12.00 noon every other month.

This is the second season for this newly formed Drama Group. We rose from the ashes of the Princess Theatre Club which was formed 30 years ago in 1987!

We aim to bring real plays – performed live - to the local community and try to choose good plays which we think will entertain and bring enjoyment to local theatre lovers and holiday visitors alike.

We are an experienced group who would love to pass our knowledge on to younger members and benefit from their new ideas, so anyone from age 16 up can join us.

Our next production will be "Blithe Spirit" by Noel Coward to be performed in the Town Hall on May 19th and 20th at 7.30pm and 2.30pm respectively. Tickets will cost just £10.00 and any cardholding members of our supporters group may just flash their membership cards and get a £1 discount. This was also the first play performed by The Princess Theatre Club.

The group is always in need of backstage help around set building and design and would appreciate anyone interested in either acting or stagecraft to get in touch. If you're looking for a rewarding yet demanding hobby then this is for you!

Please contact any of the following for further information. Sharon Yates; on 01553 674218; Ann McKimm on 01485 533933 or Phillip James on 07773106320

Hunstanton



'Glebe' Car Boots Sales 6am to 1pm at Glebe House School, Hunstanton

> 7th and 21st May 4th, 18th and 25th June 2nd and 9th July



Cost £5 per boot

Hunstanton Croquet Club -Come and Try Session Saturday May 6th - 1:30pm - 4:30pm

Venue: The Recreation Ground, Comer Road, Hunstanton: The club is situated adjacent to the children's play area.

All are very welcome. Equipment is provided, but flat soled shoes must be worn.

We look forward to welcoming you and introducing you to the basic game of croquet. This event is free of charge so do come and have a try.

If you would like further details contact Terry – 01485 534782 or Pat 01485 570889

ANMER VILLAGE SOCIAL CLUB FILM NIGHT

Friday 12th May 2017 at 8.00pm

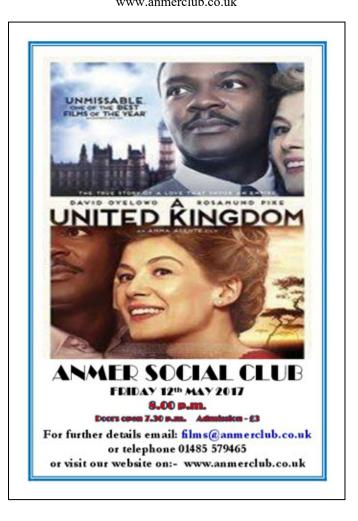
A UNITED KINGDOM

Starring David Oyelowo, Rosamund Pike and Tom Felton in the true story of Prince Seretse Khama of Botswana who causes an international stir when he marries a white woman from London in the late 1940s.

> Venue – Anmer Village Social Club Admission by ticket - £3 at the door Doors and bar open 7.30pm

Email: films@anmerclub.co.uk or telephone 01485 579465. For details of this and other forthcoming events, including trailers of future films, visit our website at:

www.anmerclub.co.uk







The Glaven Eel

NORFOLK COAST The Norfolk Coast Partnership celebrates and protects one of Norfolk's most mysterious creatures, the eel, thanks to its successful bid for a £97,500 Heritage Lottery Fund (HLF) grant towards a

£110,000 project.

The critically-endangered European eel is the spotlight in the two-year project focusing on the River Glaven in North Norfolk, aiming to reconnect current generations with the eel, its folklore, and the few remaining eel catchers on the river. It is also improving habitats and encouraging an increase in the numbers of this amazing fish; the subject of endless stories and folklore.

Called 'The Glaven Eel - enigmatic, charismatic and mysterious', the project started in April 2015 and may be a pilot for wider work on eels on other chalk rivers in Norfolk. It builds on work already undertaken by the Norfolk Coast Partnership, Norfolk Rivers Trust and the River Glaven Conservation Group to restore the Norfolk Coast's rare chalk rivers.





The project, being delivered by the Norfolk Rivers Trust on behalf of the Norfolk Coast Partnership, will:

- Work with communities, schools and eel experts to understand the fish and its behaviour
- Improve eel passage through the River Glaven river system
- Increase scientific understanding of the eel

Have a look at the relevant Norfolk Rivers Trust webpages for regular updates on project progress.

Eels events - A month of opportunities to learn more about the enigmatic eel.

Join one of the many Eels events in May/June this year to find out more about this elusive creature. See the calendar of events for May and June.

Come and join a local, fun, free event (in Cley, Holt and Blakeney) between May 21st – June 23rd. For details of what's on and where, see:

www.norfolkcoastaonb.org.uk/partnership/the-glaven-eel/1105







WEST NORFOLK LIBRARIES EVENTS May 2017

Hunstanton Library

For further information about events and to book please call 01485 532280.

Regular weekly events:

Baby Bounce & Rhyme – every Monday from 2.00-2.30pm Come along and share rhymes and songs with your pre-school child.

Just a cuppa – every Friday from 10.30-11.30am

Job Help session - every Wednesday 3.00-5.00pm (booking essential)

Want help to update your CV using Universal Jobmatch and searching for jobs online? Then why not book in for a 30-minute session with staff to get you started. Please call 01485 532280 to book!

Colour yourself calm – 2nd and 4th Mondays of the month 10.30-12.00noon

Just bring along your colouring books and pens. Tea and coffee is available.

Special events:

Bookstart Treasure pack gifting - Saturday 20th May 10.00am - 1.00pm

If your child is moving from nursery into reception in September, then come along and pick up their pack. For more information call 01485 532280.

The Friendly invasion on Film – American Airmen in Norfolk - Wednesday 24th May 7.00-8.00pm

Come and enjoy a new compilation of archive film footage from the East Anglian Film Archive with Libby Morgan, Trust Librarian, 2nd Air Division Memorial Library. Tickets are £3 per person payable in advance. Booking essential - please contact the library on 01485 532280. Refreshments will be available.

Monthly events:

Book Club - Monday 8th May - 2.30pm

New members always welcome. Ask staff for details of the books being discussed.

Walk and talk group - Tuesday 9th May 2.30pm from the library

Join Mick for a short walk around the town and then refreshments at the library afterwards. This walk is perfect for those wanting to gently build up their walking stamina.

Knit and natter - Thursday 11th May 10.30-12.30pm

Community Marketplace – Friday 12th May 10.00-1.00pm

Come along and chat to some local organisations about the services they provide. Organisations present will include Careline, Care and Repair, Homestart, the Wellbeing Service, Volunteering with Norfolk Libraries and Hunstanton Children's Centre.

Friends of Hunstanton Library Wednesday May 17th 5.30-6.30pm

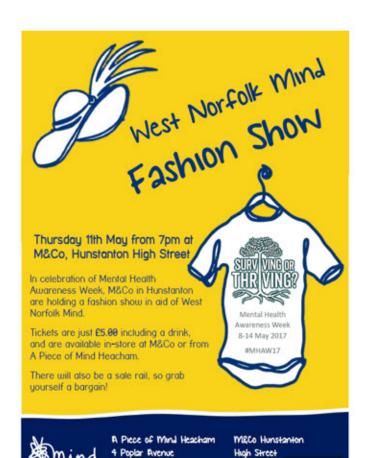
Could you help act as a link between the library and local community? Or help plan and hold fundraising activities, library sales, community events or raffles? Then contact Lauren on 01485 532280 or Alison on 01485 540181 for more information.

Family History and Computer volunteers

You can also book one-to-one sessions with our volunteers. Just ask staff for details.

You can also follow library events on Facebook at: www.facebook.com/LynnLibraries - for Lynn, Dersingham and Hunstanton Libraries.





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Hunstanton

M&Co.

Heacham Youth & Community Trust Charity Shop News

Our Charity Shop is going from strength to strength and we are very pleased to see our new and regular customers both local and holidaymakers.

On Wednesday 5th and Saturday 8th April we held two 'Jumble Sales' which were very well attended and boosted our sales greatly on both of the days.

We intend to hold an 'Auction Sale' sometime in May; more details will be advertised shortly. Look out for a notice in the shop window. The auction will be held at the back of our barn within the Old Dairy Site (access will be via the barn) and we thank the Parish Council for their kind permission for us to use this space. Come along and see if you can bag a bargain.

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Smithdon High School Students Operating Theatre Live!

On the first two days of the Easter Holidays sixty students from all years at Smithdon High School got the chance to experience dissection like never before. The PTA had arranged for the



inspirational company Operating Theatre Live to come in for a two-day programme. The students got the chance to calculate how much anaesthetic to give a patient, how to intubate a patient, brain dissection, lung dissection and leg amputation amongst other things. The students were absolutely fantastic and not only got hands on experience they also learnt an enormous amount as it is all linked to their science studies in school.



The students were all absolutely amazing over the two days even when it got very smelly with the digestive system!

The PTA holds three car boots across the summer term to fund aspirational events and to support learning across the school. The dates for our three car boots this year are 14 May, 11 June and 16 July; the support at our car boots is fantastic so a huge thank you to everyone who comes along to them, without you we would not be able to hold these inspirational events.



The West Norfolk Members Group invites you to: an illustrated talk:-

The Patch

Robert Smith of the

North West Norfolk Naturalists

will tell us of the group's wildlife recording on NWT's Holme Dunes and Ringstead Downs

Thursday 25th May - 7.30pm

Venue: Hunstanton Methodist Church Hall, Austin Street. Cost: £2.00 members / £2.50 visitors.

SMITHDON HIGH SCHOOL





2017 DATES

SUNDAY 14 MAY SUNDAY 11 JUNE SUNDAY 16 JULY

No Booking required

5 car

£10 large vans/cars with trailers

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news & events in the community ...

Brancaster Camera Club

Tuesday 9th May 2017

'East Anglian Landscapes' by Justin Minns - (Award winning photographer).
Justin's website is well worth looking at and incl

Justin's website is well worth looking at and includes some very familiar, but stunning landscapes.

Tuesday 23rd May 2017

Club digital competition 1 x 'Ruins'; 2 x own choice Club Judged.

We meet in Brancaster Staithe Village Hall at 7.30pm. Visitors are always welcome. Contact: Jim Till on 01485 210013 or Wendy Calow on 01553 674725 for further details.

Cinema in Syderstone

Presents:

On Saturday 27th May 2017 SULLY (12A)

The story of Chesley Sullenberger, an American pilot who became a hero after landing his damaged plane on the Hudson River in order to save the passengers and crew. Starring Tom Hanks, Aaron Eckhart and Laura Linney.

Venue: Amy Robsart Village Hall, Syderstone PE31 8RX. Start time: 7.30pm. Advance Tickets £3.50 Contact 01485 578171 / 01485 578244 Email: cinema@syderstone.com

Hunstanton Conservative Club

Entertainment for May

Saturday 6th Entertainment with **WADDO**Sunday 7th Cream Tea from 3.30pm

Saturday 13th Music by **BIGSY**

Monday 15th Coffee/Brandy plus a scone for £1.50

from 10.00am

Saturday 20th Entertainment with MARCIA SANTANA

Saturday 27th Music by MIKE FOX

Eileen Hamilton Chairman



The Norfolk Hospice

Hospice Seeking to Bake a Difference



Members of the Hospice fundraising team are encouraging the public to #BakeADifference

The Norfolk Hospice, Tapping House, has launched a brand new 'Bake a Difference' campaign which aims to encourage supporters and members of the public to fundraise for the Hillington based charity, by hosting a baking themed event.

It is easy for anyone to take part... whether at work, home, school or with a social group. The Hospice has produced a Bake a Difference fundraising pack full of information, ideas and materials to help inspire you. There are lots of options; you could choose to hold a bake sale, coffee morning, tea party or bake off competition, it's entirely up to you. The pack even includes a cake game, bunting, cake labels and poster and invitation templates – so you can get started straight away!

Organisers will be able to ask the Hospice Fundraising Team for any help or guidance needed along the way. Extra resources are available to download online and the team can also arrange for further materials such as t-shirts, collection buckets and balloons to help make your event bigger and better!

Lyndsay Carter, Chief Executive at The Norfolk Hospice, said "Bake a Difference is all about getting our local community baking to help raise funds for the hospice. As a local charity, we need to raise over £2 million every year to continue to provide specialist care and support for free to people living with life-shortening illnesses. From bake sales with friends to cake eating competitions at work – there are numerous ways you can take part and support Bake a Difference."

If you would like to take part or find out more, you can request a Bake a Difference pack by calling 01485 601701 or visit www.norfolkhospice.org.uk/bakeadifference





Norfolk Community Transport Association

A popular community transport scheme based at Hunstanton is looking to recruit

more volunteer drivers.

Heacham and District Community Car Scheme provides transport for older people and those not able to access buses to attend GP appointments, occasional social activities and journeys to hospital.

Bill Hemmings, chair of the trustees, says: "All our drivers are volunteers who use their own cars, for which a mileage allowance is paid. All journeys are subject to driver availability and the passenger knows in advance what they will be charged. Currently, we're providing up to eight trips a week to hospital appointments — our volunteers sometimes drive as far as Addenbrookes and Papworth and we are very busy at the moment. We really would welcome volunteer drivers to come forward and help."

The Heacham and District Scheme covers a wide area, encompassing several urban locations as well as rural areas, including Holme, Hunstanton, Heacham, Dersingham, West Newton, Babingley, Sandringham, Fring, Ringstead, Snettisham and Sedgeford. There is no shortage of demand – in 2016 the scheme's drivers travelled 20,289 miles on 458 journeys, more than 70 per-cent of which were hospital and out-clinic runs, including all the hospitals in Norfolk and longer journeys to Addenbrooke's and Papworth.

"We'd like to assure anyone thinking about volunteering that journey requests depend on the individual driver's availability, so there is no pressure to commit to more time than is

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convenient; we welcome drivers of any age as volunteers" added Bill. "Just call us on 01485 534777 for more information about volunteering."



Nearly fifty community transport schemes operate across Norfolk as members of Norfolk Community Transport Association. Chair of trustees Kate Gill explains "Our schemes rely heavily on the important contribution made by volunteers giving of their time and energy - as administrators, drivers. trustees and passenger assistants - but we are especially short of drivers. We're in urgent need of people who are willing to give a few hours of their

time to drive local residents on straightforward but essential journeys.

In a mainly rural county like Norfolk, community transport is many people's only means of getting to and from healthcare appointments or just to the local shops. Around 250,000 journeys a year are provided across the county, helping local residents live independently and access social activities, education and employment. It plays an important part in tackling social isolation and is especially important for older people and those with disability issues, but can also be a lifeline for younger people and families who lack their own transport."

"We're very lucky in Norfolk" added Kate. "Many communities have a volunteer car scheme, a local community-run bus service or dial-a-ride scheme offering responsive and accessible travel option — but we do need drivers and would urge anyone who feels they might be able to contribute to the wellbeing of others in their community to get in touch to see how they might be able to help."

Commercial operators often find rural routes uneconomic and in some areas of the county there are just no transport choices available. Some community transport schemes serve just one village, others provide extended Dial-A-Ride bus services across wider areas and still others arrange social trips and days out.

If you could help as a volunteer driver in your area, or would just like to find out more about what might be involved, please visit www.ncta.org.uk/volunteer/ or call 01362 698216.



Borough Council of King's Lynn & West Norfolk



Easier access to Council Services

A brand new service 'My Account' has been launched at the Borough Council of King's Lynn & West Norfolk making it easier than ever for residents to check on their council tax bill, report issues and track progress on those reports, and check on housing benefit or council tax support claims.

Cllr Nick Daubney, Cabinet Member for Systems and Economic Development, said: "This is another important step forward in our efforts to make our services more accessible to people 24 hours a day. Previously, people could submit a report online, but they wouldn't be able to check on the progress of that without calling. Now by registering for 'My Account' they will be able to see what's happening with their request.

"Equally, people will be able to view their council tax bills online, check when payments are due, and if they claim council tax support or housing benefit, they will be able to view and amend their personal information, track the progress of their claim and see when their next payment will be made.

"In addition, 'My Account' provides answers to many frequently asked questions about a range of services."

Registering for 'My Account' is easy. Simply visit west-norfolkgovuk/myaccount and follow the instructions. Anyone registering will need a valid email address, plus a council tax bill account number and/or benefit claim reference number if they wish to access personalised information.

Cllr Daubney added: 'My Account' is the next phase of our digital transformation process. We launched our new website last year, which meant more services could be accessed online. Now people can access their own personal information at a time and in a place that is convenient to them.

"We have also introduced web chat, to assist people with online enquiries and a new 'My Notifications' alert has also been added so people can set their location to find out about planning applications near them and their bin collection days."

"We hope all these changes will mean that people can access the services and information they want, when they want it, without needing to visit, phone or email."

Sharon Clifton
Communications Manager 01553 616711

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DERSINGHAM METHODIST CHURCH FLOWER FESTIVAL

THEME - CALLED TO SERVE

25th, 26th & 27th May 10.00 am – 4.30 pm Sunday 28th May 2.00 pm to 4.00 pm

Books + Cakes + Cards + Gifts Plants + Fair Trade products

Coffee + Lunches + Teas

Sunday Service 10.30 am Songs of Praise 6.00 pm

Proceeds for Church Funds and Looking Good, Feeling Better



i	MAU	REEN'	S DAY COACH TRIPS 2	017				
	Thurs	4 May	DUNWICH FISH & CHIPS					
			& SOUTHWOLD	£27.00				
	Sat	13 May	STRATFORD UPON AVON	£22.50				
	Mon	22 May	BAKEWELL MARKET DAY	£21.00				
	Tues	6 June	MILTON KEYNES	£18.00				
	Fri	16 June	YORK LEISURE DAY	£22.00				
	Wed	21 June	BOURTON ON THE WATER	£22.50				
B	Fri	30 June	STAMFORD	£14.50	7			
ä	Sat	1 July	WINDSOR LEISURE DAY	£20.50	8			
5	Wed	5 July	BURY ST EDMUNDS MARKET		2			
à			& GARDENS	£14.50	H			
H	Thurs	13 July	DERBY DALES -		7			
E			BUXTON & MATLOCK	£23.00	8			
B	Fri	21 July	WROXHAM BARNS		4			
8			& WROXHAM	£14.00	d			
B	Fri	28 July	SOUTHEND	£20.50				
2	Fri	4 Aug	STAMFORD & RUTLAND WATER		S			
ā			CREAM TEA CRUISE	£27.00	H			
S	Thurs	10 Aug	HULL & THE DEEP -		2			
à			ENTRANCE NOT INCLUDED	£20.00	Ĕ			
붑	Tues	15 Aug	MYSTERY TOUR	£16.00	8			
	Thurs	24 Aug	CLACTON AIR SHOW	£16.00	1			
	Tues	12 Sept	COTSWOLDS TOUR	£22.00				
	Fri	22 Sept	SKEGNESS	£14.00				
	Sat	30 Sept	WARWICK LEISURE DAY	£21.00				
	Pleas	e book earl	y to avoid disappointment - one coach o	only				
	PICK U		HUNSTANTON, HEACHAM, SNETTISI	HAM,				
	INGOLDISTHORPE, DERSINGHAM NO BOOKING CONFIRMED UNTIL PAYMENT RECEIVED							



ONE-ACT DRAMA FESTIVAL 2017

The popular Hunstanton One-Act Drama Festival will take place once again this year from Friday 7th – Sunday 9th July at the Princess Theatre.

Performances will take place at 7.30pm each evening and there will also be matinees on Saturday 8th and Sunday 9th July at 2.30pm. Each performance will consist of different adult and youth Drama Groups from throughout the District performing one-act plays of their choice. Each session will usually include two or three different plays while the last evening, 'Oscars Night', will include special entertainment and the presentation of awards for both the Drama and Dance Festivals.

After each session, the adjudicators will talk briefly about each play and how well each team achieved their objectives. Full written adjudications will be issued to each Group after the event.

The event is also a competition and trophies will be awarded within different categories, including Best Original Script, Best Play and Best Actor/Actress at the end of the Sunday performance. These will be presented by the Mayor of Hunstanton.

Entries are still being received and the deadline for these will be the end of April 2017. Entrants may submit a published or an original One-Act play or, alternatively, one scene from a full length play. If you are interested in submitting an entry please contact michael@thecleeve.freeserve.co.uk to obtain forms and full details of the rules and regulations.

Senior Adjudicator, Michael G Williamson, said that he was delighted that the Festival had continued to grow in numbers and significance over the years and was now regarded as one of

nursery
www.greenandpleasant.garden

Perennials Shrubs Lavenders Grasses
Climbers Roses Trees

Drove Orchards A149 Coast Road Thomham PE36 6LS



the best in Norfolk. It was always good to see groups returning to Hunstanton and to note their progress and development. Each performance provides something different and can cater for all tastes.

Tickets cost £8.50 per performance (Festival Ticket £30 which includes access to all performances) and will shortly be available from the Princess Theatre Box Office on 01485 532252 or on-line at www.princesstickets.co.uk

Come along and support your favourite local Drama Group or just enjoy an afternoon or evening of entertainment.

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Green and Pleasant

Spring has definitely sprung and your garden soil will be in need of a bit of TLC after a wet winter has washed away nutrients. So now the weather's warming up it's time to get the soil up to scratch so that it can nurture your plants as they're starting their growth cycle.

Feed beds and borders with any good general fertiliser like blood, fish and bone . Sprinkle it all over the soil, making sure that you get it right underneath shrubs and around the base of climbers, perennials and clumps of bulbs. Don't forget to trickle fertiliser along the base of your hedges, they'll be feeling hungry after a long winter and spring is the perfect time to feed them so that they'll grow greener and stronger.

After that it's time to get planting; try and plant either in the early morning or evening to minimise stress from the midday heat and it lets plants take up water from the soil when it's more likely to be rich in moisture.

Come and visit us at Green & Pleasant Garden Nursery where we grow a wide range of perennials, grasses, shrubs and trees that will transform your outside space into a spectacular garden. Whether you want a blooming extravaganza or a tranquil haven we've got just the right thing for you at Green & Pleasant and we love talking plants and gardens so we're always on hand with tips and advice for growing, planting and design.

Here are just two of our favourite perennials which will give your borders late spring and early summer colour and texture.

Bergenia cordifolia features large pale pink or white flowers on red stems that rise above glossy green leaves which look outstanding all year long taking on a magnificent reddish-bronze hue in the Autumn. Check out our mature Bergenia in 3 litre pots which will look right at home in an established border.

Our best-selling Primula vialii is a regular show off at Chelsea with its rosettes of large puckered leaves and startling spikes of small brilliant purple flowers.

There are two award winning restaurants at Drove Orchards not to mention the Farm Shop and lifestyle shopping and there's plenty of parking in the new rear car park behind Erics Fish & Chips.

Once parked in the rear car park you'll find yourself right next to the beautiful East Anglian Heritage Orchard where you'll find Green & Pleasant Garden Nursery.

Searles Golf Club Captains Day

On Saturday 8th April, the Annual Searles Captains 'Drive In' took place at Searles Golf Course with members welcoming Searles lodge owners Dave Cox as Men's Captain and local member Mike Trebbick was also welcomed in for his 2nd term as Seniors Captain.

The weather couldn't have been kinder with no wind and blue skies on one of the nicest days of the year. A great time was had by all 40 competitors, with local members as well as owners mixing together and creating a great atmosphere on the Searles Resort Course and in the Fountain Sports Bar.

A fun but competitive team event took place with the best two stableford scores out of a team of three counting on each hole and all 3 scores on the par threes. The event was won by Martin Robinson, Keith Whiting, and junior girl Chloe Tarbard with a superb score of 53 points.

Along with a putting competition and raffle, all in aid of charity, all competitors cheered on their horses with a Grand National sweepstake in a packed-out Fountain Sports Bar.

A total of £540 was raised for NARS the Norfolk Accident Rescue Service, the 2017 Searles Captains' Charity.

Getting involved in this welcoming community of golfers is



easy. Searles PGA Professional Ray Stocker is available to introduce you to the basics of the game with group 'get-into- golf' lesson from £25 for a 4 week course and membership costs just £380 for a full year's golf. Call 01485 536010 or visit www.searles.co.uk for more information.

The Winning Team: Chloe Tarbard, Keith Whiting,

Martin Robinson with Captain Dave Cox.

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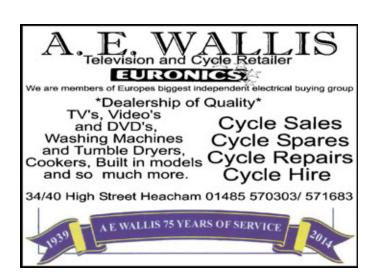
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2	7	6	1	8	9	4	3	5	
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4	1	2	7	9	6	5	8	3	
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Answers to Crossword on page 16

Across Down

1. Abstracts 1. Acquaints 6. Befit 2. Quarter 9. Stamina 3. Afield 10. Against 4. Near 11. Rattle 5. Stagnating 12. Inferior 6. Beavered 14. Core 7. Fancies 15. Distressed 8. Tutor

18. Second-hand 13. Highwaymen 20. Bras 16. Dyspepsia 23. Chit-chat 17. Inaction 19. Clipper 24. Carafe 26. Baptism 21. Reading 27. Elegies 22. Camera 28. Turin 23. Cubit 29. Nostalgia 25. Eels



NEWSLETTER SUDOKU No. 112

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

	2	6	3	5			
		9			3	5	
	3					6	
	1		4				
4		7	6	8			
6	5				1	9	
2		3	5		9		
	8			3	7		
		4		6		1	



SNETTISHAM BEACH SAILING CLUB

FREE OPEN DAY: PUSH THE BOAT OUT!

If you are 8 or 80, or anything in between, everyone is welcome as Snettisham Beach Sailing Club throws open its doors for its Open Day on Saturday 20th May 2017 from 12.00 noon, as part of the Royal Yachting Association national initiative "Push The Boat Out" to promote sailing and discover more Champions. Everyone is welcome to come along and try sailing – all for free!

There will be free sailing taster sessions on the sea and on the lake from 12.30.

Come and enjoy our recently improved clubhouse, benefiting from £100,000 work.

Food from the BBQ and drinks from the bar.

Save 10% off any R.Y.A. courses booked on the day

There is no need to book in advance, just come along on the day!

Just bring footwear you don't mind getting wet, a windproof top, a change of clothes, and a towel.

No experience is necessary and would-be sailors of all ages from 8 upwards are welcome. Children, you must be accompanied by an adult but your adult doesn't have to go sailing. Come and chat with our members and find out how you can get into sailing.



For full details see www.snetbeach.co.uk

SAILING DATES FOR 2017

The Open Days in 2017 (i.e. when novice members of the public can come long and have a go for free) are:

- Saturday 20th May 12.00 onwards
- · Saturday 8th July 2.00 pm onwards

The Open Meetings in 2017 (i.e. when non-member sailors can bring their boats and join in the racing sailing) are:

- · Saturday July 1st 12.15 Topper Travellers Open
- North West Norfolk Sailing Association "Norfolk Week" at SBSC: Friday 11th August - 08.00 and Saturday 12th August - 08.30.
- · Lionel Wilkinson All-comers Memorial Cup and Ken Gray trophy: Sun 13th Aug - 09:00
- 2000 Class 2017 Millennium Series: Sunday 27th August
 09.10 and Monday (Bank Holiday) 28th August 10.00

If you want to try sailing then have a look at the opportunities

on the Club's website (see below).

If you want to get afloat, check out the opportunities on the Club's website at www.snetbeach.co.uk and speak to Jane Leet: Chief Dinghy & Power Instructor E m a i l : c_instructor@snetbeach.co.uk 07938 190846 or 01485 779027.





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Snettisham Beach Sailing Club

Prize Giving Evening

On Saturday 18th March, Snettisham Beach Sailing Club's first event of the 2017 season was the Prize Giving Evening for 2016. For the first time, this annual event was held in the newly extended and refurbished clubhouse, thanks to the newly installed central heating. Fifty eight members attended a lively social function at which a very tasty and colourful buffet was provided by the new club caterers, Jeremy and Caroline Wright of West Norfolk Flying Chef fame. A great opening to a new season of sailing and socialising

The prizes were presented to both Junior and Senior Fleet winners by Commodore Adrian Tebbutt.

Prize winners from bottom left: Jasper Barnham, Ben Charnley,



Katie Landles, Robert Fletcher, Jack Napolitano, Simon Landles, Paul Norris, Finlay Barnham, Tim Landles Commodore Adrian Tebbutt, Howard Hawkes, Rose Edmonds, Amelia Eaton, Eva Miller, Matthew Lloyd and Guy Playford.

Other prize winners not present on the night were; Fergus Barnham, Paul Bloom, Rosy Charnley, Colin Dacey, Mark Foley, Nimal De Silva



Norfolk Care Awards 2017 Winners

We are a local award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are



tailored to suit individual needs from personal care to shopping and companionship.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

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Searles Holds Successful Free Junior Golf Day

The start of the Easter Holidays saw Searles Leisure Resort in Hunstanton holding a FREE Junior Golf Day. The day was open to all local schools along with any juniors that wanted to attend.



Over 40 juniors enjoyed the day with group tuition, putting and driving practice and competitions. With fantastic w e a t h e r conditions, there

was a great buzz about the place and the day was a total success.

Putting Competition Winners:

Group 1 – Tia Odedra

Group 2 – Francesca Kite

Group 3 – Oakley Took

Searles Managing Director Paul Searle, who is a huge supporter of junior golf at the resort, said "It's fantastic to see so many juniors attending our golf day; we have a great junior section here at Searles/Heacham Manor and we hope this day will encourage more to come and join in".



PGA Professional Ray Stocker said "Special thanks must go to the experienced County Juniors who acted as great mentors on the day. Karim Barka, Chloe Tarbard, Alfie Edgson and Bailey Slender who were a great help in guiding

the junior golfers".

To further encourage more juniors to join and play at Searles and Heacham Manor, Searles are offering free membership to juniors with every full adult membership. For juniors to be able to play they must be under 18 and the son/daughter of a paying member. Please contact Searles Golf Manager Edd Howes for more information.



ROUTE WEL 124 (Mondays)

MOBILE LIBRARY



ROUTE WEL 123

(Mondays)	ROUTE WEE 125	
May	15th	
09.55	ROBIN HILL	10.40
10.10	RINGSTEAD ROAD	11.00
10.30	NEVILLE Court	11.45
10.45	NEVILLE ROAD	12.15
11.00	PINE MALL	12.30
11.45	SITKA CLOSE	12.50
CL 12.25	SUNNYSIDE	14.15
13.55	MEADOW RD	14.40
14.15	POPLAR AVE	15.25
14.30	GYMKHANA WAY	15.45
14.50	JENNINGS CLOSE	16.10
L 15.05	COLLEGE DR/Gonville	16.45
15.20		
15.35		
	May 09.55 10.10 10.30 10.45 1 11.00 11.45 52L 12.25 13.55 14.15 14.30 14.50 L 15.05 15.20	May 15th 09.55 ROBIN HILL 10.10 RINGSTEAD ROAD 10.30 NEVILLE Court 10.45 NEVILLE ROAD 1 11.00 PINE MALL 11.45 SITKA CLOSE CL 12.25 SUNNYSIDE 13.55 MEADOW RD 14.15 POPLAR AVE 14.30 GYMKHANA WAY 14.50 JENNINGS CLOSE L 15.05 COLLEGE DR/Gonville 15.20



Girls Golf Rocks comes to Searles!

Sunday 9th April saw Girls Golf Rocks swing into action at Searles Golf Club. The free taster session was attended by 16 youngsters with ages ranging from 4 to 14.

PGA Ray Stocker had all the girls hitting the ball with several taking great leaps in their ability over the session, which was followed up by a chipping competition and finally a putting



competition.
C h l o e
T a r b a r d's
team won the
c h i p p i n g
challenge and
Chloe BurtThurley won
the putting
competition
with 55
points.

Thank you to our helpers for making the day a great success. The follow-on coaching started on 22nd April and will last for 5 weeks. The course is filling up fast with 9 entries so far.

Girls Golf Rocks comes to Searles!

Searles Resort Golf Club are also pleased to be part of the group of Norfolk Golf Clubs offering Girls Golf Rocks! On Sunday 9th April, a free Junior Girls coaching session was held. A 5 week girls' beginner course will follow. For more information regarding Junior Golf Days, events and tuition, please contact Ray Stocker on 01485 536 010.



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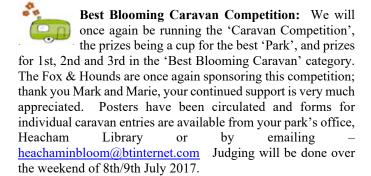
email: simplycookit.kat@gmail.com
Find menus and full details on www.facebook.com/simplycookitnorfolk
@SimplyCooKit



Heacham in Bloom

Spring is finally here and we hope you all had a lovely Easter. The Wallflowers and Polyanthus we planted in the autumn are now flowering and

are giving us some spring colour.



HEACHAM IN BLOOM



BEST "BLOOMING" CARAVAN & CARAVAN PARK COMPETITION 2017

There will be prizes for the 1st, 2nd and 3rd place in the best 'Blooming' Individual Caravan Competition

Heacham in Bloom will also be awarding a trophy for the best "Blooming" Park.

Judging will take place over the weekend of 8th/9th July 2017

To enter, complete a form, obtainable from your Caravan Park Reception/Office, Heacham Library or by emailing heachaminbloom@btinternet.com and return by 1st July to Heacham In Bloom, c/o Heacham Parish Council, Jubilee Clinic, Pound Lane, Heacham, PE31 7ET.

Sponsored by Fox and Hounds Public House







Heacham – Makes your Heart go Bloom: Instead of Pride of Place, this year we have decided to invite you all to send us photos of your planting features; be it a Hanging Basket, Window box or Planting Bed so we can show our village what an effort you put in to make your

little bit of Heacham 'Bloom'. We intend to publish the photos on our Facebook page and also create a montage at the end of the year which hopefully we can publish in the Heacham Newsletter.

Butterfly Gardening Evening: In July we will be hosting a talk by Dr Ian Bedford who is Head of Entomology at the John Innes Centre, Norwich. The theme of the talk is 'Butterfly Gardening' and is to be held in the Old Friends Hall, Sunnyside on the evening of Friday 7th July and will start at 7pm for 7.30pm start. Tickets, £5 each (to include refreshments), are available from Mary Tel: 572130 or Helen Tel: 572550 or by emailing – heachaminbloom@btinternet.com

Our next meeting is on Monday 15th May, 7pm in Heacham Library.

Heacham in Bloom Committee heachaminbloom@btinternet.com

HEACHAM IN BLOOM



Heacham in Bloom will be hosting a talk by

'Dr Ian Bedford' Head of Entomology at the John Innes Centre, Norwich

"Butterfly Gardening"

On 7th July 2017

7 for 7.30pm start at the Old Friends Hall, Sunnyside

For Tickets £5 per person (inc's refreshments)
Tel: Mary 572130 or Helen 572550 or email –
heachaminbloom@btinternet.com





Journal from a Beach Hut....

Raggy Daisy's news and stories from Heacham's wonderful beaches.

Wow hello..... here we are again, the very start of a brand new 'beach season'.

We've already had several 'beach hut days' intermingled with 'brrrr winter is still lingering' days. There's still a nip in the air but 'beach season' is definitely upon us.

It's Easter Monday today and it's actually rather quiet on the prom for a bank holiday. Last weekend, with the warm sun shining down, it was a very different story. Everywhere was packed and our car park was nearly full – a sure sign it's a busy day indeed. There were so many people walking the prom it looked like coach loads had been dropped off. The caravans were full, there were long queues at the chippy and the roads were almost at gridlock. Friends of mine travelled down from Northamptonshire, a journey time of about 1 hour 50 minutes and it took them 4 hours! Going home at around 7pm it took them over two and a half hours just to get past Sandringham!

It just goes to show what a nation of beach lovers we are and, looking out over the coast at this moment, I can easily see why.

It came to me this year more than ever before what a wonderful time of year Easter really is. Eclipsed in our culture by Christmas, but in some cultures celebrated far more than Christmas, this year more than ever before I realise why. Maybe being older and having lost more loved ones in the last few years, the message of Jesus' resurrection is reassuring. This year two relatively new friends had given me a chocolate egg which I had determinedly kept until Easter Day when I displayed them. They gave me a comforting reminder of new beginnings when life's changes can seem insurmountable.

All around plants and trees are bursting back into life and everywhere you look old and dead looking plant life looks fresh and new with their glowing green foliage.

Easter heralds a new start......a new beginning......a fresh new season...... a chance to be outdoors and in nature.

Most of all it's the time the beach hut doors are opened, the window boards are taken off and the inside of the huts are spring cleaned. A lick of paint and our little huts are ready for their very own brand new start.

A little girl has just walked by on the prom proclaiming to her friend that she is keeping all her teddies, her electronics (apart from the broken ones) and three pairs of shoes - she is selling all the rest. Then she'd passed by and that's all I know of that little saga but it had me thinking that a fresh new season of clear outs and car boots are upon us too.

Aaaaah, the great British seaside season, you really can't beat it can you? I wonder what's in store this year? What little snippets of other lives will I hear as people stroll by FlipFlop?

Will it be a sunny, warm season? I hope so.

Most importantly will we be wise enough to make the time to watch the sunset and spend time with our family and friends? I really hope we all do.

Heacham Beach Hut Owners' Association news.....

The Annual General Meeting will be held on Sunday 7th May 10am – 12pm at the Silver Sands Public House, North Beach.

New members are always welcome to join us and can contact the Association by email at: dena.hbhoa@yahoo.co.uk

Welcome to the brand new season - from HBHOA!!

'Together we are stronger'

FOX & HOUNDS

AWARD WINNING FOX BREWERY Station Road, Heacham. Tel: 01485 570345

Up to 8 handpulls serving our own & guest real ales

Forthcoming gigs For May (8.30pm unless stated)

Tues 2nd - After Hours Blues Fri 5th - Jam with DNA

Tues 9th - Betty Swollocks Fri 12th - Smoking with Indians

Tues 16th - John's Blues Crew Fri 19th - Nick and Tom

Tues 23rd - Blues Situation Fri 26th - Hush

Tues 30th - Chicago One Zero

Bar open every day from Noon.

Food Available Monday, Tuesday, Thursday, Friday,

Saturday 12-2 6-9. Sunday 12-2.

Welcome to dine in the bar or restaurant area.

Follow us on Facebook @foxandhoundsheacham

*Times may change. Please call the pub on the day. Booking is recommended.

HEACHAM PARISH COUNCIL NOTICEBOARD

PARISH COUNCIL MEETINGS IN BRIEF

Cheney Hill Development: It is expected that the revised application will come before the Borough Council planning committee shortly.

Resignation: It was with regret that the Council accepted the resignation of Mr Daniel Parton. His work for the Council, particularly on planning matters and as Vice-Chairman, was greatly appreciated. This leaves a second vacancy on the Parish Council.

Ringstead Road dog bin: The bin has now been replaced. Please note that it is not acceptable to put bulk deposits in this bin.

Skate park graffiti: Unfortunately, quite a lot of the wrong sort of graffiti has been added to the artistic sort. This causes offence and costs money to remove. The Parish Council would like to thank the young villagers who chalked over obscene words which have been appearing elsewhere prior to their removal.

South Beach Road parking: Congestion over Bank Holidays is now a major problem. Cllr Parish is to liaise with the Borough and County Councils to see what measures can be taken to improve matters. Mr Hammond will take the issue up with the Police.

Drones: Complaints have been received about the flying of a drone and associated photography in the South Beach area. Cllr Parish is to look into the legal position, infringement of civil liberties and enforcement.

Neighbourhood Development Plan: The Council agreed that there was a need to adopt a Neighbourhood Plan, and has established a small working party to draw up a project plan.

Ringstead Road pedestrian signage: Cllr Parish is exploring with NCC Highways the possibility of making the temporary pedestrian warning signs associated with the recent roundabout work permanent.

The Annual Full Council meeting will be held on Tuesday 16 May at 7.30pm at the Parish Council Office.

Please also note the Annual Parish Meeting on 24 May (see below). This is the meeting for parishioners to raise issues with their Parish Council, so please come along and do just that. There will also be an update on the new Community Building project. As in previous years, local organisations will be invited to give a report on their activities over the past year; please contact the Clerk if you represent a group who has not previously reported but would like to be included this year.

TO ALL ELECTORS OF HEACHAM

You are invited to take part in the

ANNUAL PARISH MEETING

It will take place at

The Old Friends Hall, Sunnyside on Wednesday 24 May 2017 at 7.30pm

The Parish Meeting may by law discuss all parish affairs and pass resolutions about them.

Refreshments will be provided following the meeting.

Lynne Butters Parish Clerk

!!WANTED!! PARISH COUNCILLORS

Would you like the opportunity to put something back into your community? Heacham Parish Council's fifteen Councillors need another two to join them to help look after the village.

You would need to be able to commit a few hours each week to attend meetings and to get involved with the work of the Council.

If you are interested, please contact the Clerk for more details.

HEACHAM COMMUNITY BUILDING PROJECT



Do come to the Annual Parish Meeting on 24 May to have a look at the proposed designs for the building, and chat with Councillors about this exciting project.



Heacham Carnival Parade and Fete 2017

The carnival collection for this year will be awarded to West Norfolk Mind.

Any queries should be addressed to:

Heacham Parish Council Office

Jubilee Clinic Pound Lane Heacham

Norfolk PE31 7ET

Tel/Fax 01485 572142

heachampc@btinternet.com

www.heachamparishcouncil.co.uk

Open Tuesday - Friday 10.00am—noon

HELP LINES

HEACHAM GR	01485	572769		
HEACHAM	MON TO FRI	08.30 TO 18.30		
SNETTISHAM	MON TO WED	08.30 TO 12.30	14.30	TO 18.30
	THURS/FRIDAY	08.30 TO 12.30	Clos	ed p.m.
OUT OF HOUR	S DOCTOR			111
For out of hours ser	vice, please call the N	NHS Helpline		
HEACHAM & DIS	STRICT COMMUN	NITY CAR SCHE	ME	534777
HEACHAM CH	EMIST			570297
OPENING HOURS	MON TO FRI	09.00 TO 18.30	0	
	SAT	09.00 TO 17.30	0	
Between 13.00-14	1.00 prescriptions a	and certain other	produc	ets only

en 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142 TUES TO FRI **OPEN** 10.00 TO 12.00 STREET LIGHT FAULT REPORT 572142 BOROUGH COUNCIL OFFICE 01553 616200 BOROUGH COUNCILLORS Mr C. MANNING 07885 258392 Mr T. Parish 07885 258428 NORFOLK C C T.B.C.

PARISH LIBRARY 571928 OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00 **HEACHAM POST OFFICE** 570330

OPEN MON – FRI 08.30 TO 17.30 SAT 09.00 TO 13.00

EMERGENCY SERVICES QUEEN ELIZABETH HOSPITAL 01553 613613 NHS Helpline 111 DENTIST Emergency only for patients not registered with a dentist 01553 769264 COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613 POLICE SAMARITANS 01553 761616 CHILD LINE 0800 1111 SILVER LINE 0800 4708090 0800 3163105 **ELECTRIC**

0345 7145145 ANGLIAN WATER GAS ESCAPE 0800 111999 01485 570065 **EMERGENCY 24hrs VETERINARY CLINICS**

HUNSTANTON LIBRARY MON. TUE. and FRI 10.00 TO 17.00 WED. 10.00 TO 19.00 THUR and SAT 10.00 TO 13.00

HEACHAM CHALK PIT RECYCLING CENTRE

Open 7 days a week (Monday to Sunday)

Summer opening times (1st April to 30th September) 9am - 5pm 9am - 4pm Winter opening times (1st October to 31st March)

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk E-mail admin@norfolk-on-line.co.uk www.heachamgrouppractice.org www.heachamnewsletter.org.uk

Main pick up points for The Heacham Newsletter. First Saturday of each month except January.

Jennings, Ridouts Bakery, Post Office, Parish Council Office, Church, McColl's, Tesco's, Heacham Fish Bar



<u>LOCAL BUS SERVICES BETWEEN</u> HUNSTANTON AND KINGS LYNN

Stagecoach in Norfolk

Service 10 (Mon-Sat)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road. (Calls at QE Hospital King's Lynn)

0707 first bus to King's Lynn then twice an hour from 0838 0644 first bus to Hunstanton then twice an hour from 0908

Service 10 (Sunday) Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

(Calls at QE Hospital King's Lynn)
0809 first bus to King's Lynn, then hourly
0838 first bus to Hunstanton, then hourly

Service 11 (Mon-Sat)

Via:-Sandringham, Dersingham, Snettisham&Heacham (A149only)

0930 first bus to King's Lynn then hourly from 1045 1025 first bus to Hunstanton then hourly

Service 11 (Sun)

Via:-Sandringham, Dersingham, Snettisham&Heacham (A149only)

0945 first bus to King's Lynn then hourly 1024 first bus to Hunstanton then hourly

Coasthopper (Mon-Sat)

Via:- Heacham, Snettisham and Dersingham 0924 first bus to King's Lynn then twice an hour 0749 first bus to Hunstanton then twice an hour

Coasthopper (Sunday) Via:- Heacham, Snettisham and Dersingham 0939 first bus to King's Lynn then twice an hour

0859 first bus to Hunstanton then twice an hour from 1034

Coasthopper Service to Cromer, via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham.

Smithdon High School Bus

Service NG10

Via:- Lodge Road, Station Road 0751 to Smithdon School 1512 from Smithdon School

lynx (lynxbus)

Service 35 (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd

0705 first bus to King's Lynn then twice an hour from 0835 0654 first bus to Hunstanton then twice an hour from 0758

Service 35 (Sunday)

532280

Via:- Fox & Hounds and Lodge Rd 0905 first bus to King's Lynn then hourly 0829 first bus to Hunstanton then hourly

Service 34 – (Mon-Fri)

Via:- Fox & Hounds and Lodge Rd and QE Hospital 0720 first bus to King's Lynn then hourly from 0919

0847 first bus to Hunstanton then hourly

Service 34 – (Sat)

Via:- Fox & Hounds and Lodge Rd and QE Hospital 0804 first bus to King's Lynn then hourly from 0919 0847 first bus to Hunstanton then hourly

Service 34 – (Sun)

Via:- Fox & Hounds and Lodge Rd and QE Hospital 0934 first bus to King's Lynn then two hourly 0902 first bus to Hunstanton then two hourly

Bus Enquiries

Tel: 01553 776980 www.stagecoachbus.com www.lynxbus.co.uk Tel: 01553 611955

WNCT - DIAL-a-BUS Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Every Tuesday, Wednesday & Friday Sandringham, & Castle Rising For more information, Cost of Fares, a Membership form or to book

xxxXxxxxxxxxxxxxxxxxxxxxxxxxxx

Tel: 01553 770310

HEACHAM HALLS

Public Hall		570776
Pine Residents Hall, Wilton Road	Mrs Crisp	579440
Methodist Church Hall, Station Road	Mike Careless	570363
St Mary's Church Hall, High Street Mo	on, Wed, Fri 10.30 to 12.30	572539
Old Friends Hall Sunnyside Close		572142
Heacham Scout Hut		572890

The MOBILE LIBRARY Routes, Dates and Times Information can be found on Page 40.