



# THE HEACHAM NEWSLETTER

September 2016



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**Deadline for the next edition is 12 noon, Tuesday 13th September**

## P.P.G

Contributing to Health improvement in  
Heacham, Snettisham, Fring, Sedgeford  
and Ringstead

All Patients Welcome  
Monday September 26th at 7.30pm  
Heacham Surgery

## MACMILLAN COFFEE MORNING

Is being held at Neville Court on

**Friday 9th September – 9.30-11.30am**

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funds to help others

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET  
E-MAIL: [theheachamnewsletter@yahoo.co.uk](mailto:theheachamnewsletter@yahoo.co.uk) [www.heachamnewsletter.org.uk](http://www.heachamnewsletter.org.uk)

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**THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH**

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# letters...



Dear Newsletter

**Hunstanton Road**

## **The Children's Society**

Please would anyone kind enough to have a Children's Society collecting box bring it to me so that I can empty the contents and send it to the Society.

My address is 19 Hunstanton Road, Heacham. It would be a good idea to check I will be in and my phone number is 01485 571110 or mobile 07775 514585. Please avoid bringing them to me in December as that will be inconvenient.

**Jeremy Gullan-Whur**

\*\*\*\*\*



**Southmoor Drive**

Dear Newsletter

## **Blood Donation Session**

In the 'Heacham Newsletter' in August it says only 64 people attended the donor session on 15th June.

This makes it sound like the people of Heacham do not support this but the truth is those who already had appointments, made 4 months earlier at the previous donor session, were sent letters, which arrived 2 days before cancelling their appointments.

They have since texted and phoned me saying they urgently need my blood but the next Heacham date is 21st December.

It is their appointment and collection system that is failing not the donors.

**G Edwards**

\*\*\*\*\*



**Folgate Road**

Dear Newsletter

## **Thank You**

To my customers, thank you for visiting my vegetable stall this year. With your support and the help of Pamela Chapman and family and my son David, through rain and shine we managed to raise £750 for the COPD Unit, King's Lynn Hospital.

Some of the money will go towards buying 47 Battery Operated Fans for COPD patients.

Thank you for helping us to support such a worthwhile cause.

**Nev Williamson**

\*\*\*\*\*



**Seashore Holiday Park**

Dear Newsletter

## **Thank You**

I would like to thank the teenage girls who came to my assistance on Thursday 21st July, at 3pm.

I was cycling responsibly on Station Road when a large black car passed me so closely that it unbalanced me, leaving me on the pavement. It didn't bother to stop.

I have quite a few bruises and grazed knees and the chain came off my bike.

Thank you very much girls.

**J Martin**

\*\*\*\*\*



Dear Newsletter

**Heacham**

## **"Dog Attack"**

I would like to thank the anonymous gentleman cyclist who recently came to my partner's aid. She was walking our dog along Collins Lane when an aggressive Staffie-type dog suddenly appeared and attacked her.

The cyclist stopped and managed to prise the dog off her and send it packing.

My partner was not physically harmed but was badly shaken and our dog was slightly injured.

The mind boggles at what might have been, had the kind cyclist not stopped to help.

Whoever you are we cannot thank you enough!

**Name & address supplied**

\*\*\*\*\*



Dear Newsletter

**Church Farm Road**

## **Long Acres Steam Party**

Once again we are pleased to say that we had a super weekend on 30th/31st July and raised the magnificent sum of £2,539 which will be donated to our chosen charity, Headway Norfolk & Waveney. Our thanks to Paul and Lizzie, Jenny and Peter and all the staff at Heacham Holidays for their help.

Also thanks to Mark and the staff at the Fox & Hounds who hosted the engines on their road run to the Pub; £179 was collected by the Pub during the evening.

Thank you everybody for your very generous donations

**Mike & Liz Plumb and Family**

\*\*\*\*\*



Dear Newsletter

**Onedin Close Dersingham**

## **Macmillan Coffee Morning**

We are again holding the Coffee Morning on 19th September between 10.30am and 12.30pm.

You are all welcome to visit 22 Onedin Close and enjoy your coffee.

**Brenda, Nicky and Michelle**

\*\*\*\*\*



## **Computer help in plain English**



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mobile 07977 560955 or email [support@oapc.biz](mailto:support@oapc.biz)



Meadow Road

Dear Newsletter

### Wild Tomorrow Fund

My name is Cicely and I live in Heacham and go to Heacham Junior School. This summer I have been raising money for 'Wild Tomorrow Fund'. I have been selling my old books and some that grown ups have given me. 'Wild Tomorrow Fund' is a charity set up by a man called John Steward in New York in America who grew up in South Wootton. Every penny goes to helping to stop poaching and Elephants, Lions, Pangolins, Painted Dogs and Rhinos in South Africa from becoming extinct. Since my brother was born in 2010 over 100,000 elephants have been killed and these Rhinos could become extinct in 10 years.

On my donation pot I wrote WE LOVE THEM SO HELP THEM and lots of people in Heacham did at the Infant School Fete and Heacham Car Boot sale. Thank you to Louise Rudd, Zena Nicholson, Sarah White, Ruth Wilson, Clare, Merry and Thea Enters, Tommy, Mum and Dad, Granny and Nanny for giving me more books to sell, and Rachael Sandle, Ms Jackson, Miss Young, Lea Germano, Jade and Caitlyn Wagg for all your help at the summer fete.

Thank you loads to everybody who bought books at the fete and car boot stall; if the animals knew I'm sure they'd be very happy and thankful. Everybody at the car boot sale was really kind and angry at the poachers. Thank you Grandad Mike and Nanny for the car because Daddy was away, and to the Heacham Car Boot Sale men on Wednesday 17th August.

We sold lots of books and raised **£152.85 altogether!**

Thank you!

Cicely Thorpe

PS: I didn't know what Pangolins were and Mum didn't but John Steward sent us a link to look up and they are really cute:

[http://www.telegraph.co.uk/content/dam/science/2016/03/15/AP\\_239258848016\\_3179766a\\_large\\_trans++qVzuuqpflyLIwiB6NTmJwSVWeZ\\_vEN7c6bHu2jJnT8.jpg](http://www.telegraph.co.uk/content/dam/science/2016/03/15/AP_239258848016_3179766a_large_trans++qVzuuqpflyLIwiB6NTmJwSVWeZ_vEN7c6bHu2jJnT8.jpg)

Thank you to John for our posters too. [wildtomorrowfund.org](http://wildtomorrowfund.org)

\*\*\*\*\*

**Heacham Foot Health Clinic**

- professional foot care service
- clinics held at Heacham and Hunstanton
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Mobile: 07767 733838  
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For more information, please contact Mrs. Nickie Bantoft, FCCA  
(Without cost or obligation):-

North Norfolk coastal area: 01485 525880  
King's Lynn & Wisbech area: 01945 581102  
[nickie@bantoftaccountancy.co.uk](mailto:nickie@bantoftaccountancy.co.uk)

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Cheney Hill

Dear Newsletter

**Hi friends- TP here**

Hope you are well and enjoying the sunshine. Dean and I have been busy training as you can see from the pictures. Heacham beach is lovely in the sun, then we went with family member Mandy to Wolferton where we met some new friends. You can like us on our Facebook page - Dean and Trekking Penguin.

I also thought I would take this opportunity to remind you why we are walking on Kilimanjaro. It is to raise money for the Breast Cancer Unit at Queen Elizabeth Hospital. They looked after Dean's wife when she was diagnosed, as they do for countless others. Here's some facts (courtesy of the NHS website):

Breast Cancer is the most common form of Cancer in the UK. In 2011 just under 50,000 women were diagnosed with invasive Breast Cancer. Most women who get Breast Cancer (8 out of 10) are over 50, but in rare cases younger women and men can get it as well. If treated early enough it can be prevented from spreading to other parts of the body. Early diagnosis and speedy treatment is the key to success.

Please support us if you can. It would be great if you visited our just giving page at [www.justgiving.com](http://www.justgiving.com) Dean and Trekking Penguin.

Until next time take care my friends.



**The Trekking Penguin**

\*\*\*\*\*

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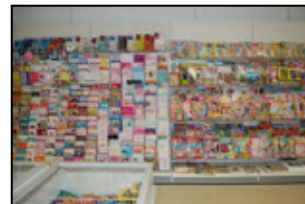
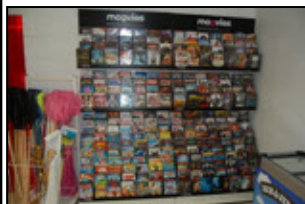
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## HEACHAM GROUP PRACTICE 2016 FLU CAMPAIGN.

This year's flu campaign will be held during the months of September, October and November 2016 at Heacham and Snettisham.



**Appointments for the September clinics will be bookable from 1st September**

When booking your appointment can we ask you to call 01485 572769 **AFTER 11.00am** to avoid the busiest time of day.


**To qualify for a Flu Vaccination you will need to fall into the following category:**

YOU ARE OVER 65, OR SUFFER FROM:-

ASTHMA/BREATHING PROBLEMS,  
CYSTIC FIBROSIS, HEART DISEASE,  
DIABETES, KIDNEY DISEASE  
WEAK IMMUNE SYSTEM, LIVER DISEASE,  
NEUROLOGICAL DISEASE  
CARERS WHO LOOK AFTER PHYSICALLY  
DISABLED, OR A DEPENDENT PERSON,  
PREGNANT.

For children who qualify for flu jab and as a reminder to parents, if you are unable to bring your child on the day, but another family member attends on your behalf, we will require written consent from you to enable our staff to proceed with the flu jab.  
Thank You

**Heacham Group Practice  
Patients' Participation Group**  
*Surgeries at Heacham and Snettisham*



*Contributing to  
Health Improvement  
in Heacham,  
Snettisham, Fring,  
Sedgeford and  
Ringstead*

**ASK LILY**  
**Living Life Independently**  
*Karen Robson LILY Coordinator*

**Queen Elizabeth Hospital Updates**  
*Esmé Corner- Lead Governor Foundation Trust*

*All Patients Welcome*  
**Monday September 26th at 7 30pm in Heacham Surgery**

**Chairman Mike Press 579007**  
[mpp@heachamgrouppractice.org](mailto:mpp@heachamgrouppractice.org)

## Rural Broadband Finalist

Delighted to announce that Heacham based Rural Broadband has been named as finalist for The Rural Business Awards 2016 for Rural Innovation of the Year.

<https://www.ruralbusinessawards.co.uk/finalists-2016/>

**Richard Dix**

[richard@ruralbroadband.co.uk](mailto:richard@ruralbroadband.co.uk)

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## CHURCHES TOGETHER IN HEACHAM

As I sit to write this article it is a lovely August afternoon and I have just read in the newspaper that today is the twenty fifth birthday of the World Wide Web. Now I don't know about you but I am old enough to remember life without the World Wide Web, the Internet, computers and mobile phones with access to the Internet. I confess that sometimes I yearn for the days when life felt a little simpler. When you didn't have to be on line to access services. When you could speak to a real person at the end of the telephone line. When people didn't seem to spend significant proportions of their time glued to their mobile phone. As I think these things I am reminded that it says in the book of Ecclesiastes "do not say "why were the old days better than these".

With that thought in mind I am, like most of us, learning to embrace the current times. I use the Internet. I value the wonderful communication tool of face time. The instant communication of text and messenger are real bonuses too. There are many other areas that I know about but have not ventured into but I have the technology to do so! So who knows what new things I will try.

Again, with that thought in mind, I am reminded of another verse from Ecclesiastes. It says "there is nothing new under the sun". In a way, even though the World Wide Web and the Internet and search engines have revolutionised our lives, it is not new, it is a poor copy. In the beginning when the Lord set in motion the creation of the world, He was present world wide. He has been present ever since, the theological word is omnipresent.

He knows our words, thoughts and actions. He watches over all our comings and goings. He is a God who is completely engaged with our everyday lives. Why? because He loves us. We don't need broadband or wifi to connect to Him, we just need Jesus. Jesus is our access to the father God who is our creator, redeemer, provider, healer, deliverer, saviour and Lord. Have you connected to Him today?

*Pip Lawrence*  
*St. Mary's MinistryTeam*

### Sunday Services in September 2016

8.00am		Holy Communion (BCP)
		11th and 25th
10.00am	4th	Holy Communion
	11th	Morning Prayer
	18th	Holy Communion
	25th	Harvest Service
6.00pm		Prayer meeting 4th Sept and
		Evening Service 11th, 18th and 25th.

### CHURCH CONTACTS: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
St Mary's Church Office		572539
email:	<a href="mailto:heacham.church@googlemail.com">heacham.church@googlemail.com</a>	

### PRAYER at ST. MARY'S CHURCH

We are looking to be a more prayerful Church and as part of this we would like to make everyone in the village aware of this. If you have something or someone you would like us to pray for we are happy to do so. This will be kept confidential. We pray not only at our services on Sunday but in different groups throughout the week. There is a weekly prayer meeting on Wednesday mornings at 9.30am at the Church if you would like to join us.

You can send prayer requests in various ways:

- Write them on a yellow prayer slip at Church
  - Email them to the Church Office  
[church.office@googlemail.com](mailto:church.office@googlemail.com)
  - Phone the Church Office
  - Contact Veronica Wilson our vicar (see contact details above).
- We as a church believe that God answers our prayers and we would like to see God blessing more and more people in this village.

### ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-5pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays. We have an interesting selection of Christian books and a wide range of greetings cards. It is well worth a visit. There is also a large collection of secondhand Christian books to sort through.

### ST. MARY'S CHURCH HALL

This is on the right, half way up the High Street, and the Hall can be booked for meetings and family events, such as children's birthday parties. A booking fee is payable and the Hall can be inspected and a booking made on Mondays, Wednesdays and Friday mornings between 10.00am-12.00noon. There is an office at the Hall where bookings can be made and information provided.

### HEACHAM METHODIST CHURCH

**September 2016**

#### Sunday Services: 10.30am Morning Worship

4th Sept	Cathy Fielding
11th Sept	Elizabeth Batstone
18th Sept	Church Fellowship Service
25th Sept	Harvest Festival Revd Steve Oliver
25th Sept (4pm)	Rev. Steve Oliver
2nd Oct	Revd Pam Bayliss - Holy Communion

### HARVEST FESTIVAL

We shall celebrate Harvest this year on Sunday 25th September at 10.30am. It is hoped that the Rainbows, Brownies and Guides will join us for this service.

### AFTERNOON MEDITATIVE SERVICE

Each month we have a slightly different style. This month it will be held on Sunday 25th at 4pm conducted by Rev. Steve Oliver. Come and meet the Lord.

### MIDWEEK COMMUNION

The September midweek Communion will be on Wednesday 14th at 10.30am, conducted by our Minister Rev. Steve Oliver. All who love the Lord are welcome to attend and join us.

### THE FELLOWSHIP

Our new fortnightly meeting for both men and women – The Fellowship starts a new series on Tuesday September 13th at 2.15pm when our guest speaker is John Harris. The second meeting is on the 27th September when Salvation Army Captain Diane Dickson is our speaker.

### **COFFEE MORNING**

The September monthly coffee morning will be on Saturday 10th from 10.00am-12.00midday. There will be a cake stall, book stall and bric-a-brac stall. After 11.00am music John Harris will be playing the piano for us.

### **ALL WELCOME**

We have an Open House policy which means you don't have to be a Methodist to attend any of our meetings.

### **MIDWEEK ACTIVITIES**

Tuesday	- Fellowship 13th and 27th at 2.15pm
Wednesday	- 10.30am Midweek Communion, 14th September
Friday	- 7.00pm Indoor Bowls (weekly)
Saturday	- 10.00am-12.00noon – Coffee Morning 10th September

### **RADIO HEACHAM GOSPEL HOUR**

The Gospel Hour will now be broadcast regularly every Sunday from 9pm – 10pm. The station can be picked up on the internet via [www.radioheacham.org](http://www.radioheacham.org)

The Gospel Hour is a mixture of traditional and modern Christian songs and hymns, prayer, readings and thoughts, but it is your station and I would welcome requests and reasons for that request. Please make your request on either the website ([www.radioheacham.org](http://www.radioheacham.org)) or email me on [revoliver@radioheacham.org](mailto:revoliver@radioheacham.org)

If you know of anyone who would value a time of quiet reflection and inspirational music please give them the details. The Gospel Hour is another opportunity for the community we live in to hear the Good News of Jesus. I look forward to joining with you.

*Steve Oliver (Rev), Heacham Methodist Church*

**Radio  
Heacham**

**The Gospel Hour  
Every Sunday from  
9.00 - 10.00p.m.**

**DJ Rev. Steve Oliver**

Listen on  
[www.radioheacham.org](http://www.radioheacham.org)



### **Hunstanton Catholic Parish**

The 4th September will be one of the biggest fundraisers for the parish, the sponsored walk. It's not too onerous and children and dogs are welcome to walk with us. If you're unable to do the walk yourself then please consider sponsoring someone, sponsorship forms will be available at both churches.

Bishop Alan Hopes has started a Diocesan wide fundraising initiative called 'Alive in Faith'. Some parishes have already started and our parish will become involved shortly. The three main aims are to provide funds to support Seminarians and retiring or sick clergy, to provide for local needs of individual parishes and programs of outreach to help those who are most vulnerable in our communities. We are asked to learn about the key priorities for the Diocese and the local parish and we are invited to consider making a gift or pledge. Bishop Alan also asks for our prayers for the success of our endeavours. More information about this initiative is available on the Diocesan website [www.rcdea.org.uk/alive-in-faith](http://www.rcdea.org.uk/alive-in-faith).

Foodbank supplies are still required. Items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support of the scheme.

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information, contact Caroline Brooks on 01553 673069.

All social events will be well publicised on the website and in the weekly bulletins.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.

**Daily Masses** will be 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. **Sunday Masses** are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at Parish Church, Sandringham Road, Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: [parishpriest763@gmail.com](mailto:parishpriest763@gmail.com)

**Website:** [www.hunstantoncatholicparish.org](http://www.hunstantoncatholicparish.org)

**Email:** [parish@hunstantoncatholicparish.org](mailto:parish@hunstantoncatholicparish.org)

**Messy Church takes  
an August break but  
will be back on**

**Saturday 24th September**

At St Mary's church, Heacham.  
**You will be welcome to join us!**



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# News & Events in the Community...

## HEACHAM TABLE TENNIS LEAGUE HARD BAT TOURNAMENT

Heacham Table Tennis Club, based within Heacham Club Charity, had a grand opening hard bat tournament to show off all their new equipment and facilities. For the first time they were able to stage a first class tournament in Heacham Public Hall. All thanks to a £6,000 grant from Table Tennis England plus four new table tennis tables purchased by Heacham Youth and Community Trust Ltd and further funding from Norfolk Community Foundation, Heacham Youth Trust and Heacham Poolsland.

The tournament started at 10am with groups of six players on each of the four tables. Then there was an hour break for some fantastic refreshments. In the afternoon, there was another competition, this time a hard bat doubles format. After each player had played five singles in the morning and then five doubles in the afternoon, it came down to a grand final. The final was contested by Mary-Ann Woodhouse partnered by Graham Keeley and Sabrina Rayner and Rob Yarrow. At the end of the ten minutes allotted time it was dead level.....in extra time it was Woodhouse and Keeley who took the title. A fantastic time was had by all.

Full report, details and more photos can be found on the website [www.malc-on-line.co.uk/tabletennis/index.htm](http://www.malc-on-line.co.uk/tabletennis/index.htm)



### Tuesday Friends Art Group

If you have ever wondered how much creativity and talent there is locally, you will soon have the chance to see for yourselves. Next month there will be an opportunity to view what members of the Friends Art Group have been doing over the past year or so. WATCH THIS SPACE.

Pat Diggins

## HEACHAM YOUTH & COMMUNITY TRUST

Are urgently requiring volunteers to help in their Charity Shop situated in the High Street.

If you feel you are able to help, please contact either Peter or Andrew at Suttons Estate Agents  
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## Old Friends Hall (OFH)

We were recently asked whether there was, or could be, a **monthly coffee morning** in the Old Friends Hall, Sunnyside, off Caley Street. The response was of course yes, if there was sufficient interest from people and enough volunteers were forthcoming to man such a gathering.

So the reason for this brief note is to judge the depth of feeling from the people of our village. Is there a demand for a regular get together? Are you interested in either partaking or helping? If you are interested we would like to hear from you, so please contact the Parish Office.

**Roger Drinkwater**

**On behalf of the OFH management committee**

### Anagrams

A few flowers and other botanicals that you might find in anagram form, to get the little grey cells stirring.

- 1) LOVE IT (6)
- 2) SUCCOR (6)
- 3) APE UNIT (7)
- 4) A RUM LIP (7)
- 5) WEE DRAG (7)
- 6) RED NAVEL (8)
- 7) A TIN OR CAN (9)
- 8) NOD AND LIE (9)
- 9) PARDONS NAG (9)
- 10) DARN BAD MOLES (3,4,5)

*Answers on page 29*



## Heacham History Group

The July meeting of the group was extremely well attended with our biggest audience to date. In addition to our regular members we also had a number of holidaymakers and visitors who were keen to hear railway enthusiast Richard Adderson talk about the West Norfolk railway. They were not disappointed. Richard first told us some of the history of the line and then took us on a journey by train from King's Lynn to Hunstanton stopping along the way to view the signal boxes and stations. Pictures ranged from the early years of the line, right up to the closure in 1969 and even to the present day. It is amazing how much can still be seen today; many structures are still standing, some restored, and the disused lines can still be seen in aerial photos.

He then took us back to Heacham and traced the branch line to Wells, through Sedgeford, Docking, Stanhoe, Burnham and Holkham. One poignant picture was of the last passenger train from Heacham to Wells in 1952, with a wreath on the engine. The freight on the line continued until 1964.

The next meeting will be on Monday 26th September and by popular request, Claire Bradshaw of the Norfolk Archaeological Unit at Gressenhall, will be returning to give her promised Part 2 of "The Archaeology of Heacham", this time from "Mediaeval to Modern".

As usual the talk will be at 7.30pm at the Old Friends Hall, Sunnyside Close, Heacham PE31 7DX. Everyone is welcome. Admission £3 (Members £2).

**Linda Nudds**

*NB: A further review of the talk on the Old Railway Line, including photos, can be seen on pages 10 & 11 in this Newsletter..*

# Kathryn Gigg

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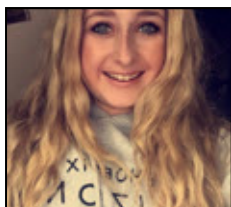
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## The Old Railway Line (King's Lynn -Hunstanton and Heacham - Wells-next-the-Sea)

**Paris Larham**

As you all know, a very popular discussion is often about the old railway line from King's Lynn to Hunstanton.



*An old postcard of the station and West Norfolk Hotel,*

On Monday 25th July at 7:30pm, the 'Heacham History Group' had a talk about the Old Railway Line from King's Lynn to Hunstanton including the Heacham to Wells branch line held by Richard Adderson at the Old Friends Hall.



*Heacham station looking south – 22nd September 1962,  
with Pullman camping coaches.*

I myself attended the talk and viewed Richard Adderson's slideshow of photos of the old railway stations around the area,

particularly Heacham and listened to what he had to say about the history of both the railway lines and the key dates to go with the facts.



*People on the platform at Heacham as the last train  
from King's Lynn arrives, 3rd May 1969.*

The King's Lynn to Hunstanton railway line opened in 1862 and the Heacham to Wells branch line opened in 1866. Heacham railway station was part of the King's Lynn to Hunstanton line and the Heacham to Wells branch line and many people remember it to this day.



*A train from Hunstanton approaches the station on the last  
day of services, 3rd May 1969. Just one track by now and the  
signal box is derelict.*

The branch line from King's Lynn to Hunstanton left from King's Lynn station and stopped at: North Wootton, Wolferton, Dersingham, Snettisham, Heacham and Hunstanton and the Heacham to Wells line left from Heacham Station and stopped at: Sedgeford, Docking, Stanhoe, Burnham Market, Holkham and Wells-next-the-sea.

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Heacham Station was part of the Lynn and Hunstanton Railway and the Great Eastern Railway. Heacham Station was built to cater for the seaside village and its consistent population increase.



*Another view looking south in July 1966.*

The trains ran beside the seashore to Heacham and gave a scenic view to the passengers on board the train. By the 1930s, Heacham had become extremely popular and the pub, which is currently still standing next to the train station, was built and known at the time as the West Norfolk Hotel. This hotel was originally built for the holiday trade, but is now a public house. Heacham station continued to improve their station to deal with the increase in the number of passengers boarding at Heacham station until its closure.



*A train from King's Lynn arrives, passing the station nameboard on 31st May 1952.*

As well as the West Norfolk being built, the Hunstanton Railway Station had a hotel of its own, known as the Sandringham Hotel. It was opened by the GER in 1899 and pulled down in 1967.

Now we all know the concrete facts about our old railway lines and train stations, but nothing can beat information from someone who worked at one of the stations and has their own stories to tell.



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For instance, Doug Shorten, ex-employee at Heacham Railway Station. I interviewed Doug Shorten and he told me that a wicker basket containing pigeons with leg tags was brought to the station at a certain time, roughly about 12 noon every day. The station porter would then go onto the platform and let them out of their baskets so that the pigeons could return home; this of course would be recorded.



*The last passenger train to Wells waits to leave the station, 31st May 1952.*

The Heacham Stationmaster was a man called Mr Thompson; he was also in charge of the Snettisham Station because they had no station master themselves.

Eventually, after the two branch lines ran for many years, the Heacham to Wells branch line closed in 1964 and the King Lynn to Hunstanton line closed in 1969.

## Reporting for THN

*Ed: All photographs used in this article are subject to copyright.*

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## Heacham in Bloom

By the time this edition of the Newsletter is published the Summer Planting will have been removed and we will be in the process of confirming our planting to take us over the Autumn/Winter/Spring period.

Two of our long standing committee members, Susan Richardson and Elizabeth (Liz) Liddington, have decided to step down from Heacham in Bloom. Susan, along with the then Parish Clerk Philippa Sewell, founded Heacham In Bloom and was 'Chairman' for four years guiding Heacham In Bloom to Gold. Liz, who joined Heacham In Bloom in its second year, also acted as our link with the Parish Council. We, the committee, would like to take this opportunity to thank both Susan and Liz for their dedication, commitment and hard work over the years. You will both be greatly missed!

Work on the new road layout at Redgate Hill starts this month and the 'Plough' feature bed has to be dismantled. We are working with the contractors Tarmac, with the intention that the Plough be re-installed once the works have been completed by spring 2017. The exact location and planting design is yet to be finalised.

We appreciate that the vast majority of dog walkers are respectful of the planting areas, but regrettably there has been a noticeable increase in dog fouling at our South Beach (Boat) planting feature. It is most unpleasant coming face to face with 'little deposits' whilst weeding so please, if your dog fouls on our bed, pick it up and dispose of it in the dog bins provided. Thank you in advance for your co-operation.

Heacham in Bloom  
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## HEACHAM FIRE STATION

### SEEING DOUBLE?

Heacham's Carnival and Fete took place on the 7th August and we were particularly pleased to be able to lead the parade through the village this year. If you watched and thought you saw two fire engines go by, you were not mistaken! This was because our current appliance, a Scania Rescue Pump, was joined by our previous appliance, a Mercedes Water Tender which served here for nine years until 2014. It has just been retired from the Brigade after 20 years' service and is now part of the Norfolk Fire Museum collection thanks to the management of Norfolk Fire and Rescue Service.

The museum, which doesn't currently have a permanent home that people can visit, exists to preserve the history of the fire brigade in Norfolk. It operates a number of fire engines and has others awaiting restoration. More information about the museum can be found on its Facebook page.

Our time on the field after the parade was cut short as we were called away, initially to King's Lynn and then to an incident at West Bilney. It was a particularly busy time for the Brigade and Heacham's crew played a part in dealing with several large incidents. More on that in a future newsletter.....



Members of the Hunstanton Fire Cadets who took part in the Carnival with the Norfolk Fire Museum appliance.

### HEACHAM FIRE STATION - VOLUNTEERS REQUIRED!

We saved the Station earlier this year so we thought it was fitting that we should invest in a new Pump!

As you can see, it's a 6 crew appliance and it is being put to good use already. Anyone wanting to join our existing crew as a retained Firefighter, can pop into the Station on Monday evenings, 7.00-9.00pm, call 0300 123 1669 or visit [www.norfolkfireservice.gov.uk](http://www.norfolkfireservice.gov.uk)

Our existing Pump is slightly quicker on the roads and carries a bit more equipment, I'm not entirely certain which Pump the crew prefers though!!



**Chris Wood**  
**Heacham Fire**  
**Station**

Heacham's former and current appliances at this year's Carnival and Fete.



# Kathryn Gigg

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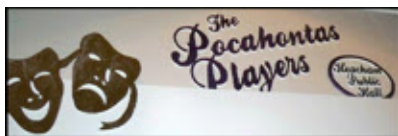
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## THE POCAHONTAS PLAYERS

### Fancy helping the famous ALICE in her JUMBLE LAND?

After a very successful '7 Brides for 7 Brothers' production in June and two whole months of R&R, we are now ready to do it all over again. Yes, read through and auditions start on Tuesday evening 6th September at 7.30pm in Heacham Public Hall.

If you fancy treading the boards and being in these 'spotlights' please give us a call (Chairman Dave 01485 570402) or pop in and see what we are all about. We are always needing backstage crew, sound/light crew, prop making, scenery painting etc, if treading the boards is not your thing?

Our Pantomime next January 2017 is 'ALICE in JUMBLE LAND' written by the very clever and funny script writer, Jim Race. With 19 to 25 characters, PLUS a horse, travelling off to four different countries of the world, it all bodes well for a fun filled family production. If you have Tuesday evenings free with a little more free time nearer the production dates, it would be great to see you. We meet every Tuesday from 7.30pm to 9.30pm (later as we get into January).

If you would like to join the Pocahontas Players for the Panto, important production dates are:

**Thursday 19th January 2017 (7.30pm)**

**Friday 20th January 2017 (7.30pm)**

**Saturday 21st January 2017 (2.00pm & 7.30pm)**

Plus the very important Sunday 15th January (all day dress rehearsal).

Age for joining the drama group is 13 years old to 90 plus!

It is hard work but it's absolutely worth it as the finale curtain closes, hearing the audiences shout out "MORE! MORE! MORE!"

**Thank you – Janice, on behalf of  
The Pocahontas Players**



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## JOURNAL FROM A BEACH HUT....

**News and stories from Heacham's wonderful beaches.**

Raggy Daisy's .... news and stories from Heacham's wonderful beaches.

Sunny smiles and a big hello to you .... Who can resist smiling when the weather is as glorious as it should be in August?! And it is. The sky is blue, there are a few wispy clouds. I am lying on my sun lounger on the beach in front of Flip Flop just gazing upwards and watching the gulls high in the sky above my head.

There are a lot of them up there and they too are in their element, climbing high, their wings flapping strongly and quickly, their bodies light grey and white against a light blue sky, then soaring through the heavenly sky, their bodies glistening silver in the sun's rays. Gliding and swerving around each other with expert finesse; creating a wonderful spectacle as I lie and watch them mesmerised.

Then along comes another bird, much noisier, much, much bigger..... it flies out over the wash and climbs, climbs, climbs vertically, then twists and twists as it hurtles seaward. Up it goes again and does a flypast right along the beach huts on North Beach, then a flypast over South Beach before disappearing past Snettisham. A rumbling engine kind of sound and someone shouts "It's coming back". Everyone is looking skyward, hands shading eyes from the sun for a better view and our huge bird is back over the beaches, we are having our own private acrobatic performance over The Wash. "There was an air show today", I hear someone say. Then a knowledgeable sounding man with binoculars informs everyone "It's a Mustang".

The aeroplane and the show were spectacular - how lucky are we?

"This is the sort of day you want to last for more than twenty-four hours" I hear a passer-by remark as I languish back on my sun lounger. So warm and comfy was I in the sun's magnificent glow I couldn't even raise the curiosity to turn around to see whose remark I knew was going to make it into this month's 'journal from a beach hut'. Yes, yes, yes to that - and I am sure you would agree?

Until next time - have fun for the last few days of the holiday!!

Heacham Beach Hut Owners' Association news.....

We are delighted to report that the Association is growing in numbers quite quickly so a big welcome to our new members. The Association is still in its early stages and we are keen for all members to have their say in what they hope to achieve as an

Association; please do contact us and let us know at any time. Next season we hope to start our annual social day and in the meantime it is good to know we are a group, with funds behind us, who can act together should the need arise as well as contact each other in any emergency.

All Association members receive a 10% discount on their beach hut insurance if they insure with our preferred insurer - again, contact us for details.

We must apologise to our members that our garden and signage are still not in place at North Beach as we informed members it would be at the meeting in July. We are, of course, looking into this as a matter of urgency and will advise you as soon as we have news. In the meantime, please let any new owners you meet, know about the existence of the Association.

New members are always welcome and can contact the Association by email at: [dena.hbhoa@yahoo.co.uk](mailto:dena.hbhoa@yahoo.co.uk)

Enjoy the beaches & stay safe! - from **HBHOA!!**

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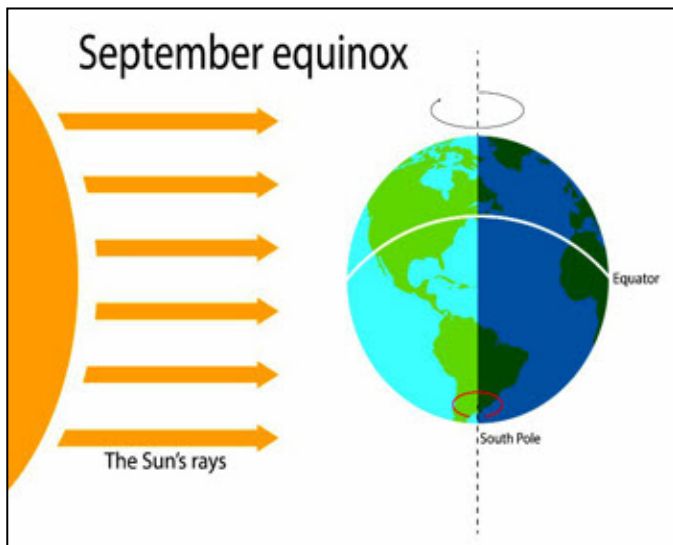
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## Heacham at Night

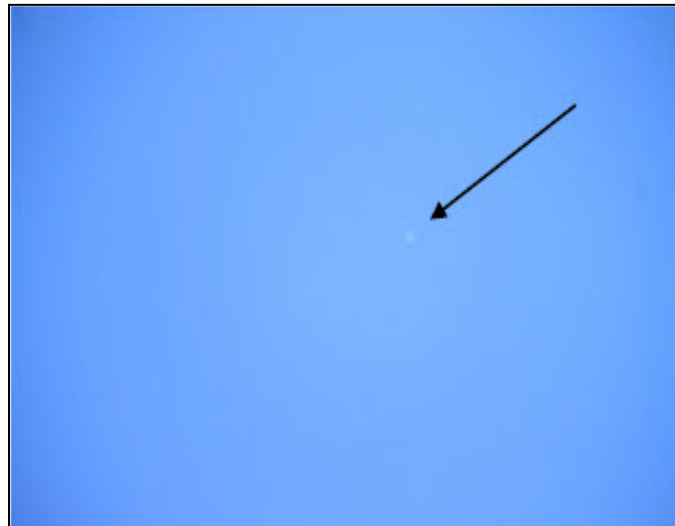
Welcome to September. Nights are beginning to darken early enough for some viewing and all the astronomy clubs start up again after a summer break. This is the month of the Autumnal Equinox; on the 22nd at 3.21pm the sun crosses the celestial equator - day and night are equal lengths. Then days shorten until Christmas (only about 112 shopping days to go). The image below shows the equal distribution of sunlight over the globe at an equinox. (Web image).



I hope you saw the Perseid meteors in August. I didn't as I was in the cloud enshrouded Midlands. In the early hours they put up a fine show, so I am told, with fireballs thrown in (a meteor breaking up). You have a chance of looking for more of these in the second half of September when the Southern Taurid meteor shower is about. Not many per hour but some can be bright and you do have a window which runs until the middle of November. The peak is in the first week of October. There is also the Alpha Aurigids minor shower which peaks on September 15th. An odd meteor can be seen any night of the year; these sporadic meteors are seen most often in September so get out there and look up. Value dark skies.

The Perseids were a tad more plentiful this year because they had a kick from Jupiter which disturbed them. Jupiter's gravity field is vast and has a huge influence on all things moving about in our neighbourhood.

The giant gas planet is all but out of sight this month as it is in the glare of the setting Sun and then below the horizon when it darkens. However, if you know where to look, you can spot Jupiter in a daylight sky, I did this at the beginning of last month, I set my telescope up at around 5pm and told it to find Jupiter and there it was, swimming in a blue sky. I could even see the main southern and northern dark bands. The picture below may print just as a blue rectangle but at the end of the arrow Jupiter could be seen in the daylight sky.



I repeated this daylight astronomy with Saturn and that was remarkable as the rings were clear to see whilst the Sun shone. So, when you are sitting on your garden seat or walking along the beach with the Sun above you remember that the planets and the stars are there too. Which planets and which stars depends on the time of year and time of day.

On a couple of nights when the evening sky was clear, I also viewed Saturn in the dark. The ringed planet is still visible early this month low in the SW until about 8pm. It is now to the right of Mars which is visible in the same direction until the end of the month.

Venus shines bright this month but is very close to the SW horizon at twilight. Go down to the beaches and, on the weekend this newsletter is published, you have a chance of seeing Jupiter too; it will be to the left of Venus which will be to the left of a crescent Moon.

Mercury pops into view right at the end of the month but is low down in the East before dawn, Cromer for that.

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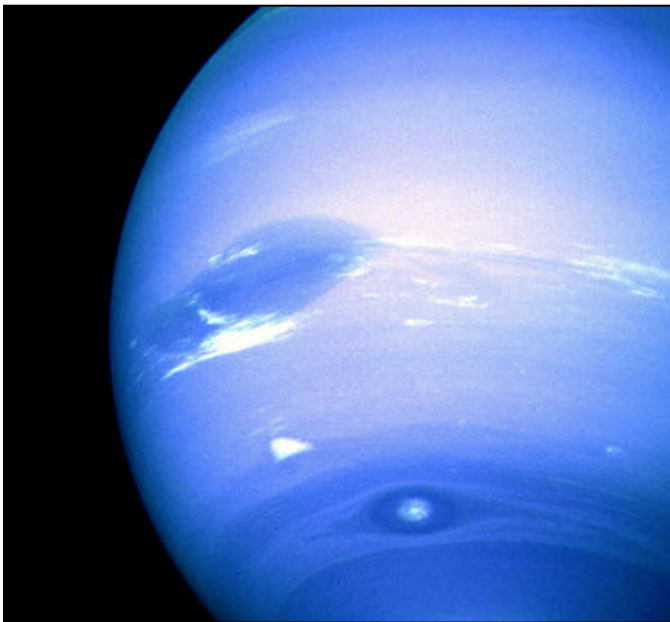
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Uranus and Neptune are well placed; Neptune being at opposition (closest to us this year) on the 2nd. I mentioned these planets last month. At 9pm Uranus is in the East whilst Neptune is in the SSE, both just above rooftop height (as seen from the end of a reasonable back garden). Both are bluey-green. Uranus bluer and brighter as it is much closer to us. The latter, Herschel's planet, is visible in good mounted binoculars or a birding scope. Stellarium software which is free to download will let you find where any planet, star, or astronomical object is in the sky at any time.

If it is clear on the 15th September, from about 8.30pm set up binoculars or a telescope to watch the right edge of the almost full Moon. Look particularly carefully between 8.50 and 9.05; the blue-green dot that suddenly appears from behind the Moon is Neptune. This ice giant has the fastest storms in the Solar system driven by a core which is at 5000°C. The image below is from NASA and shows a storm on Neptune.



If it is really clear and you can get away from streetlights, look into the West just after the Sun has gone down. A very faint glow, pyramid shaped, is the Zodiacal light caused by sunlight glinting off space dust – the remains of long gone meteors and asteroids. This light can also be seen in the east before sunrise. The earth gathers up 40,000 metric tons of this dust every year, some ends up in your house gutters and a magnet will pick part of it out.

Find the dark and keep looking up.

**Terry Parish**



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## HEACHAM SOCIAL CLUB EVENTS

**Thursday 15th September**

Ladies Day – Yarmouth Races  
Spaces available

**Friday 16th September**

Live Band – ‘MIND THE GAP’  
8.45pm onwards

**Tuesday 6th December**

Thursford Christmas Spectacular  
£42 per person including coach  
Leaves Club at 4.00pm  
Tickets now available behind Bar

## HEACHAM SOCIAL BOWLS CLUB

**Events for September**

**Sunday 4th and 11th September**

TORREY CUP Semi-Finals – 2.00pm onwards

**Sunday 18th September**

TORREY CUP FINAL – 2.00pm  
Live Band “Where’s Frank” – 3.00-8.00pm  
BBQ

**Everyone welcome**

## Heacham Senior Football

Everything is in place for the start of an exciting season within the Anglia Combination.

First game at home against Mundford.

### **First Team friendlies unbeaten:**

Drew 2-2 against Fakenham Reserves  
Won 4-1 against Dersingham  
Won 7-1 against Narborough  
Won 7-0 against Castle Rising.

### **Reserve Team Friendlies:**

Won 7-1 against Clenchwarton  
Lost 1-0 against Hunstanton.

### **A Team:**

Drew 2-2 against Walsingham  
Lost 6-3 against Snettisham.

Sponsor boards are available on our new respect barrier.  
£150 each per year, printed both sides, size 1.500 x 800.

Come along and support your local teams.  
Tea and coffee available.

**D. Page**  
**Heacham F.C.**

## THURSFORD CHRISTMAS SPECTACULAR

**Tuesday 6th December 2016**

£42 per person including coach

Leaves Club at 4.00pm

TICKETS now available behind Social Club Bar

## HEACHAM SOCIAL CLUB

**Carpet Bowls**

Begins again Tuesday 6th September



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## HEACHAM PARISH COUNCIL

Jubilee Clinic, Pound Lane  
Heacham. PE31 7ET

Dear Heacham Resident

**Re: PROPOSED DEVELOPMENT OF UP TO 133 DWELLINGS ON LAND OFF CHENEY HILL, HEACHAM – PLANNING APPLICATION REF: 16/01385/OM**

Heacham Parish Council reluctantly agreed to the building of 60 houses on this site as being allocated to the village under the Local Development Framework, although strong concerns and objections were submitted at the time regarding the access which is planned to be off Cheney Hill opposite the school field entrance. (See site plan below).

The landowner – Mr Julian Kerkham – had previously met with the Parish Council to express a wish to work in conjunction with them for the benefit of the village. However, subsequently, the number of dwellings was increased to 69 and this was approved by the borough planning committee despite objections from the Parish Council. This new application, if approved, will double the number of houses on the site and thus make the access even more unsuitable and dangerous.

Heacham Parish Council has submitted objections to this new planning application for three principal reasons.

- The number of houses is approximately double that which was originally allocated to Heacham and deemed sustainable by the Borough Council of King's Lynn & West Norfolk.
- Part of the development site, if built upon, will intrude on landscape quality.
- Road access to and from the site is unacceptable.

The case officer for this application is Mrs K Lawty. You can send your comments to her quoting the case reference **16/01385/OM** either by email to:

**planning.econsultation@west-norfolk.gov.uk**

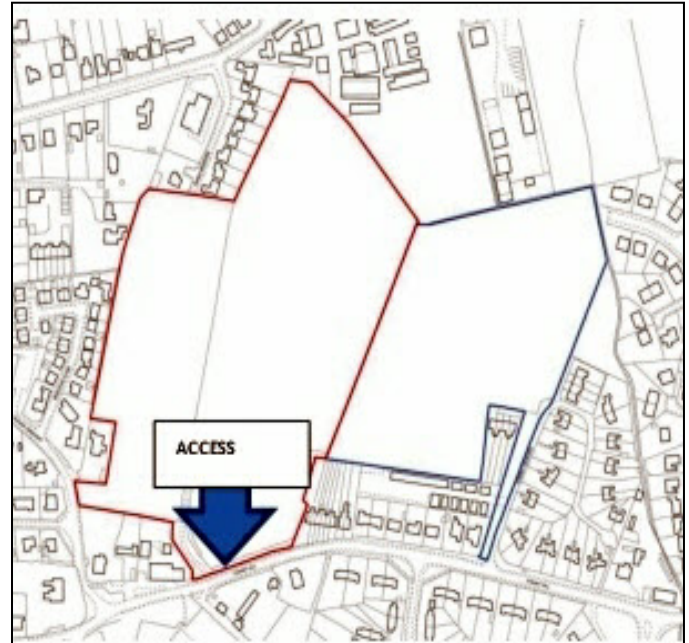
or by letter to her at Borough Council of King's Lynn & West Norfolk, Environment & Planning Department, King's Court, Chapel Street, King's Lynn, Norfolk PE30 1EX.

Everyone submitting comments will be notified of the date when this application will come before the Borough Planning Committee for discussion and a decision.

The Parish Council is hoping that, with your help, common sense and democracy will prevail and that this application will be rejected.

We have the support of both our Borough Councillor, Colin Manning, and our County councillor Michael Chenery.

**Michael Williamson**  
Chairman, Heacham Parish Council



**Red Boundary marks the proposed development site**

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Reg No 13383

## TIDE TABLES FOR SEPT & OCT 2016

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT) BST add 1hr.									
September 2016					October 2016				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 TH●	05 56	7.3	18 36	7.2	1 SA●	06 10	7.3	18 42	7.1
2 F	06 36	7.4	19 12	7.2	2 SU	06 46	7.4	19 13	7.1
3 SA	07 14	7.4	19 44	7.0	3 M	07 20	7.3	19 40	7.0
4 SU	07 47	7.4	20 12	7.0	4 TU	07 50	7.1	20 05	7.0
5 M	08 18	7.2	20 39	6.8	5 W	08 18	6.9	20 32	6.8
6 TU	08 47	6.9	21 05	6.7	6 TU	08 47	6.7	21 00	6.5
7 W	09 17	6.6	21 35	6.3	7 F	09 19	6.3	21 33	6.2
8 TH	09 50	6.2	22 12	6.0	8 SA	09 58	5.8	22 16	5.8
9 F	10 32	5.7	23 02	5.6	9 SU	10 53	5.5	23 20	5.5
10 SA	11 39	5.4			10 M			12 32	5.2
11 SU	00 25	5.4	13 16	5.2	11 TU	01 03	5.5	14 08	5.5
12 M	01 53	5.5	14 38	5.5	12 W	02 22	5.8	15 12	6.1
13 TU	03 01	6.0	15 42	6.0	13 TH	03 20	6.4	16 07	6.5
14 W	03 54	6.4	16 35	6.6	14 F	04 10	6.9	16 54	7.0
15 TH	04 42	6.9	17 21	6.9	15 SA	04 56	7.4	17 38	7.4
16 F○	05 26	7.4	18 05	7.3	16 SU○	05 42	7.9	18 20	7.6
17 SA	06 09	7.8	18 46	7.5	17 M	06 27	8.1	19 01	7.7
18 SU	06 51	8.0	19 27	7.6	18 TU	07 13	8.1	19 41	7.7
19 M	07 34	8.1	20 03	7.6	19 W	07 57	8.0	20 20	7.8
20 TU	08 14	8.0	20 43	7.5	20 TH	08 42	7.7	21 01	7.3
21 W	08 57	7.8	21 23	7.2	21 F	09 31	7.1	21 47	6.8
22 TH	09 44	7.2	22 09	6.6	22 SA	10 27	6.5	22 44	6.2
23 F	10 40	6.6	23 08	6.1	23 SU	11 42	5.9		
24 SA	11 54	6.0			24 M	00 00	5.8	13 04	5.7
25 SU	00 27	5.7	13 23	5.7	25 TU	01 20	5.8	14 22	5.8
26 M	01 50	5.8	14 49	6.0	26 W	02 32	6.1	15 30	6.2
27 TU	03 04	6.1	16 01	6.3	27 TH	03 32	6.4	16 21	6.5
28 W	04 03	6.6	16 53	6.7	28 F	04 21	6.8	17 02	6.8
29 TH	04 50	6.9	17 33	6.9	29 SA	05 04	6.9	17 37	7.0
30 F	05 31	7.2	18 09	7.0	30 SU●	05 41	7.1	18 10	7.0
					31 M	06 17	7.1	18 40	7.1

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## TOP OF THE SHOP Rebranded to GRIFFINSHAWS.

Top of The Shop the Kitchen, Bedroom & Bathroom showroom at 42 Station Road, Heacham has rebranded and is now called GRIFFINSHAWS.

The owner Pam Griffin closed Heacham Building Supplies Ltd at the end of 2015 after 27 years and felt that as her showroom was no longer at the "Top Of The Shop" it was the perfect opportunity to update the signage and rebrand as GRIFFINSHAWS, which originates from Pam's and her partner Darren's surnames.

The old DIY part of the shop has been totally refurbished with the latest stunning new kitchen ranges from Chippendale and Mackintosh, accessorized with SMEG kettles, toasters, blenders and mixers. There is even a fully working display allowing us to demonstrate the new Dual Cook ovens from Samsung which allows you to split the oven cavity in half and cook two completely different things at different temperatures at the same time!

We also have on display Blanco sinks and taps that beautifully complement the Encore, Silestone and laminate worktops and an extensive range of ceramic wall and floor tiles to set it all off. If you are looking for something different then you could always choose from our Michel Roux Jnr range of accessories, sinks, chopping boards and taps or a Quooker boiling hot water tap.

Come and see us and find out what we have to offer.



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## GRIFFINSHAWS

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[www.topoftheshop.co.uk](http://www.topoftheshop.co.uk) Opening hours Monday - Friday 9am - 5pm. Saturday by appointment only.



We must apologise for last month's Sudoku.  
Here is the correct solution, and you can see the number six in the middle box top row should be in top left corner and not in the middle square as was printed.

## NEWSLETTER SUDOKU September 2016

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

1		2			6			
3			2					
	5		3			9		1
9				5			3	2
2	8	1				5	6	4
4	3			2				7
6		8			5		1	
					3			6
			1			7		8

Solution to  
Newsletter  
SUDOKU  
No. 105

7	3	2	1	6	8	9	5	4
4	6	5	9	7	3	8	2	1
1	9	8	2	5	4	3	7	6
3	5	4	6	9	7	1	8	2
8	1	7	5	4	2	6	3	9
6	2	9	3	8	1	5	4	7
5	7	6	4	3	9	2	1	8
9	8	1	7	2	5	4	6	3
2	4	3	8	1	6	7	9	5



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73% of break-ins occur via a door\*. The vast majority of people only pay attention to the effectiveness of their locks AFTER they have been burgled.

Don't become another statistic. Have your locks changed for high security anti-pick, anti-bump, anti-drill and anti-snap versions.

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\*From the Office of National Statistics

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[www.mshdoors.co.uk](http://www.mshdoors.co.uk)  
email: [info@mshdoors.co.uk](mailto:info@mshdoors.co.uk)

## WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane  
MC = Methodist Church Hall, Station Road  
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside  
PRH = Pine Residents Hall, Wilton Rd  
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club  
PH = Public Hall  
NC = Neville Court

HOME ALONE? Need someone to Talk to? Come and join the Friendship Group Contact Beryl on 779282 (No fees involved)  
Just meeting new people

### MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room  
ART CLASS 10am – 12noon For info Tel: Shirley Milborn 572247 (PRH)  
SUNNYSIDE CLOSE (Sheltered Housing for over 60's)  
Coffee Morning 10.30am Tel : 570492  
FITSTEPS 11am – 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)  
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311 (PH)  
ROLLASON STAGE SCHOOL Dance Classes 6yrs+ Ballet/tap/modern 4.15-5.15pm Junior Street 5.15–6pm Tel:579074 (PH)Top Room  
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 – 6pm Contact Tel: Kathryn 572138 (MC)  
JUNIOR TENNIS 5 - 6pm Enquiries Tel: Richard Smith 07718 553415 (HSC)  
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485  
LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3 Contact Diane 571166 (SM)  
1st HEACHAM SCOUTS ( boys and girls aged 10 to 14yrs ) 7 - 9pm Tel: Seb 07477 511116 (SG)  
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)  
INDOOR BOWLS CLUB 7pm (MC)  
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)  
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com. (PRH)  
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm Contact Sue Scott Tel: 572252 (HSC) Top Room

### TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429  
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)  
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel: 01553 774343 (SM)  
WEST NORFOLK MIND CARERS SUPPORT GROUP 1-3pm 4 Poplar Avenue Tea Coffee & a chat Joyce Armstrong 07704338775  
LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3 Contact Diane 571166 (SM)  
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)  
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)  
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)  
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)  
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)  
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)  
HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019  
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)  
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

HEACHAM BOOK CLUB 3rd Tuesday mthly Tel: Beth 570479

### WEDNESDAYS

CAR BOOT SALES Gates open 6.30am for a 7am start (HSC) Sports Field  
WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar Ave Heacham Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk  
SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)  
CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)  
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126  
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly (PC)  
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)  
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields  
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)  
SENIOR TENNIS from 6.30pm (Thursdays if wet) Enquiries Tel: 07804 927764 Mike Nobes (HSC)  
LINE DANCING 7 - 9pm Improver/Intermediate £3. Contact Diane 571166 (SM)  
BINGO 7.30pm Neville Court Grouped Home  
HEACHAM TWINNING ASSOCIATION 3rd Wednesday monthly @7.30pm New members welcome Tel: 579465.(PC)  
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)  
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851 Peter Gray www.westnorfolksingers.org.uk/ (MC)  
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

### THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30–3pm For info Joyce Armstrong 07704338775  
TABLE TENNIS CLUB 10am (PH Top Room)  
OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10-11am Tel: 298429 or 579125  
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)  
MOTHERS' UNION 4th Thursday monthly 2pm (SM)  
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07901977321 or 535256 Kay Drewell (PRH)  
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492  
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084  
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)  
FITSTEPS 6.30 – 7.30pm To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (OFH)  
1st HEACHAM CUBS ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)  
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)  
SOCIAL EVENING Table games and darts 2nd Thursday monthly 7.15pm (MC)  
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)  
RAO BUFFALOS 8pm (HSC Top Room)  
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds



## **FRIDAYS**

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon  
3rd Friday of the month (no meeting in September) New  
Contact (With Effect from 21st October) Sue Spencer  
bereavementgroup53@yahoo.com or Tel: 572029 (SM)  
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last  
Friday of the month at 2pm

1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to  
8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi

7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu

Tel: Derek 01553 674779 (PRH)

INDOOR BOWLS CLUB (Carpet) 7pm (MC) CASH

BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC  
Top Room)

## **SATURDAYS**

HEACHAM YOUTH CLUB Term Time School years 6-11  
(1st day back 10/9/16) Tel: Louise 07411457017 (SM)

## **SUNDAYS**

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly  
Everyone welcome For details Tel:579440 (PRH)

## **HEACHAM DIARY**

**Friday 2nd September onwards** Bookings are now being  
taken for the September Flu Clinics at Heacham Group Practice  
To book Tel: 572769 **after 11am**

**Saturday 3rd September** GIG 'Marcia.' at Silver Sands

**Sunday 4th September** Heacham Social Bowls Club 'Torrey  
Cup Semi-finals' 2pm onwards

**Friday 9th September** 'Macmillan Coffee Morning' 9.30 to  
11.30am at Neville Court Raffle Tombola Bric-a-Brac  
Cake Stall Books and 'Guess the Weight of the Cake'

**Saturday 10th September** GIG 'Big D' at Silver Sands

**Sunday 11th September** Heacham Social Bowls Club 'Torrey  
Cup Semi-finals' 2pm onwards

**Thursday 15th September** Heacham Social Club 'Ladies  
Day - Yarmouth Races' Contact the Social Club for more  
details

**Friday 16th September** GIG 'Mind the Gap' 8.45pm at  
Heacham Social Club

**Saturday 17th September** GIG 'To Be Announced' at Silver  
Sands

**Sunday 18th September** Heacham Social Bowls Club 'Torrey  
Cup Final' from 2pm and Live Band 'Where's Frank' 3pm -  
8pm BBQ Everyone welcome

**Saturday 24th September** 'Messy Church' 10am to 12noon  
at St Mary's Church Heacham

\*\* GIG 'Mike Shelby' at Silver Sands

**Monday 26th September** 'Fridhem Bingo' at Fridhem Rest  
Home Station Road Eyes down 7pm sharp! Refreshments  
Come and join us

\*\* Heacham Group Practice PPG Meeting 7.30pm at Heacham  
Surgery Talks to include 'QEH Updates' and 'ASK LILY' For  
more info Tel:579007 Mike Press or email  
ppg@heachamgrouppractice.org

\*\* Heacham History Group Meeting 7.30pm at Old Friends  
Hall Sunnyside includes a talk by Claire Bradshaw 'The  
Archaeology of Heacham: Mediaeval to Modern' Admission  
£2 (members) £3 (non-members) Everyone welcome

**Tuesday 6th December** Heacham Social Club trip to  
'Thursford Christmas Spectacular' £42 per person including  
coach Leaves the Social Club at 4pm Tickets now available  
behind the Social Club bar

Please turn to the next page for 'Other Events' →



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PE31 7EP

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## OTHER EVENTS

**Saturday 3rd September** 'C.A.L.M. Support Group' meets 11am-1pm at St Edmunds Church Hall Hunstanton More information from Debra Tel: 535320 All Welcome

**\*\* GIG 'Entertainment by Mike Fox'** at Hunstanton Conservative Club

**Saturday 10th September** Closing date for the HDFA '2016 Photographic Competition' The 12 winning photos will be included in the town calendar for 2017 More details from Steve Elois email: steve1961ellis@gmail.com

**\*\* GIG 'Karaoke with David George'** at Hunstanton Conservative Club

**Friday 16th September** Anmer Village Social Club present 'Eddie the Eagle' 8pm Tickets £3 For info Tel: 579465 or email films@anmerclub.co.uk

**Saturday 17th September** GIG 'Entertainment by Mike Shelby' at Hunstanton Conservative Club

**Monday 19th September** Hunstanton U3A Meeting 2pm at Hunstanton Community Hall Speaker 'Alan Saunders' on 'Alan Sorrell & The Lost Land of Nubia'

**Wednesday 21st September** HDFA 'Poetry Morning' 10.30am to 12 noon at Hunstanton Hall Basement Entry £2.50 Refreshments available

**Thursday 22nd September** Norfolk Wildlife Trust a talk 'South Georgia: Birds and Wildlife of an Antarctic Island' 7.30pm at Hunstanton Methodist Church Hall £2members/£2.50visitors

**Saturday 24th September** HDFA 'Hunny Folk Festival' Two sessions 2-4pm and 7-10pm at the Wash & Tope Pub Free Entry More info from www.HDFA.org.uk

**\*\* Cinema in Syderstone 'Golden Years'** 7.30pm at Amy Robsart Village Hall Tickets £3.50 (adv)

**\*\* GIG 'Dancing to Duo – Pete & Celia'**

**Sunday 25th September** 'Heritage Centre Open Day' 11am-5pm RAF Bircham Newton Website:www.rafbnmp.org.uk

**Tuesday 27th September** Brancaster Camera Club Print Competition '1 x Agriculture & 2 x own choice' 7.30pm at Brancaster Staithe Village Hall For info Tel: 210013 Jim Till or 01553 674725 Wendy Callow

**Sunday 9th October** '10th Annual Norfolk Family Walk' at Holkham Hall for 'Brain Tumour Research & Support' 10am – 4pm Adults £5 Children Free Car Parking £3

**WANT TO PLAY BRIDGE?** Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

**SEDGEFORD PRE-SCHOOL** - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

### Mondays

**FITSTEPS** 6.30 – 7.30pm at Ingoldisthorpe Village Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

**HUNSTANTON BRIDGE CLUB** 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

**FIRE CADETS** at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

### Tuesdays

**BRANCASTER BABY & TODDLER GROUP** Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

**COASTAL STROKE GROUP** 10.30am – 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

**LINE DANCING** 1.30 – 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

**SLIMMING WORLD** 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

**HUNSTANTON TANG SOO DO CLUB** Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

**HUNSTANTON COMMUNITY CHOIR** Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

### Wednesdays

**DOCKING MARKET** 9am - 1pm in The Ripper Hall

Local Produce Craft and Gift Stalls Tel: 576233

**RESTORATIVE YOGA** 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

**SING FOR WELLBEING** Snettisham Community Choir 10am–12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

**LYMPHOEDEMA SUPPORT GRP** meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

**NICE & GENTLE** Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

**CATKINS TODDLER GROUP** – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

**ROLLASON STAGE SCHOOL** Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

**HUNSTANTON BRIDGE CLUB** 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

**WEST NORFOLK TAI CHI CHUAN** – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

### Thursdays

**LINE DANCING** 10.30am – 12 noon at Hunstanton Community Centre £3 Tel: Diane 571166

**TEA DANCE** 2 – 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

**ROLLASON STAGE SCHOOL** Musical Theatre class All ages 4.30 – 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

**CHILLATES** 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

**KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY** meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

### Fridays

**BRANCASTER BABY & TODDLER MUSIC GRP** Simms Reeve Inst. Hall Brancaster 10–11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)

**HUNSTANTON BRIDGE CLUB** 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

**ZUMBA** at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

**HUNSTANTON TANG SOO DO CLUB** Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

### Saturdays

**CHRISTIAN YOUTH GROUP** 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

**ROLLASON STAGE SCHOOL** with Lucy Rose

Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

**INDIE ARTS CLUB** 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com



## Bereavement

After 12 years of running the Bereavement group in Heacham, Renee Smith and Barbara Fargher are retiring. I am sure that those of you who have attended the group will have appreciated all the support and help that they have given and will join me in wishing them well in their well-earned retirement.

The death of a husband, wife, daughter, son, grandchild, colleague or close friend can be shattering and is a life changing experience; life the way we know it will never be the same again. Everyone reacts differently to their grief and there is no right or wrong way to grieve. How we grieve will be influenced by many different things, our age, our personality, our cultural background, religious beliefs, our previous experiences of bereavement and our circumstances.

When someone has been bereaved they will feel denial, anger, resentment, sadness, numbness, disbelief, guilt, isolation, loss of purpose and that no one understands what they are feeling or going through. One way of helping to deal with all of these feelings is by attending a bereavement group where they will find support and the opportunity to talk about their feelings and share memories of their loved one with other people who have been bereaved. People who attend these groups may have been bereaved recently, a few months ago or some years ago. It doesn't matter when they were bereaved, grief can hit you at any time.

Death is the one sure thing in life that we know is going to happen, but we pretend that it is not going to, and because of this we have become a death denying society. When someone we know has recently been bereaved we don't always know what to say or how to react to the bereaved person, which is why it is

so important that the bereaved person has somewhere they can go and be able to talk about their loved one.

The Heacham Bereavement Group is recommencing in October and will continue to be held in St Mary's Church Hall, Heacham on the 3rd Friday of each month from 10 o'clock till 12 o'clock, the first one being Friday 21st October 2016. It will continue to be an opportunity for people to drop in for a cup of coffee, to share memories and find some support and advice. My name is Sue Spencer and I shall be taking over the group. I have been working in the Hospice movement for the last 20 years as a Specialist Nurse, the last 3½ at Norfolk Hospice, Tapping House.

If you feel that you would like to join us then please do contact me, Sue Spencer on 01485 572029 or by email [bereavementgroup53@yahoo.com](mailto:bereavementgroup53@yahoo.com)

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# around and about...



WEST NORFOLK MIND

**"The Life & Legacy of  
Gabrielle 'Coco' Chanel"**



Renowned author, academic, former curator of Twentieth-Century Dress at V&A, London and currently Rootstein Hopkins Chair of Dress History at London College of Fashion, Professor Amy de la Haye, will give an *exclusive* talk on the life and legacy of Gabrielle Coco Chanel at Narborough Hall this September – Tickets on sale now.

By kind permission of the current owner of Narborough Hall, Dr. Joanne Merrison, this unique event takes place on 29th September 2016 and will see Professor de la Haye giving an illustrated talk on the twentieth century's most acclaimed, innovative and influential designer. In the words of Professor de la Haye:-

*"For almost a century, the name Chanel has been synonymous with feminine elegance, modernity and fashion innovation. The fashion aesthetic and philosophy of Gabrielle 'Coco' Chanel have spoken to stylish women world-wide - perhaps more so than those of any other designer before or since".*

The talk will be preceded by drinks and canapés followed by a two course luncheon, with wine or non-alcoholic alternative, all of which is included in the price of the ticket. Later, over tea and French pastries by Narborough Hall's head chef, Caroline Allen, owner of designer boutique Turnaround in Holt, will offer hints and tips on accessorising the 'Little Black Dress' - "the frock", which according to American Vogue 1st October 1926 – "all the world will wear".

Narborough Hall, a Grade II listed house, is one of Norfolk's most beautiful private homes. Sir John Spelman is thought to have built the original part of the house in 1528. Sir John took part in the trials of Bishop Fisher and Sir Thomas Moore and prepared the indictment, which sent Anne Boleyn to the block in 1536. Having purchased the Hall several years ago, Dr. Merrison has carried out a steady programme of improvements. The grounds are a haven for wildlife and the kitchen gardens provide an abundant supply of seasonal produce for use in the Hall's restaurant, by the Chef and his dedicated team.

## INFORMATION:

For tickets or more information, contact Alexandra Ware: email [alexware@btinternet.com](mailto:alexware@btinternet.com); call 01485 540245 or 07803 047311.

**Price £65 per person: Arrival 12.00 noon.**

The event is kindly sponsored by Kathryn Gigg, Chartered Accountants. All Profits will be divided between West Norfolk Mind (registered charity 1137086) and Loving Humanity (a non-profit organisation: [loving-humanity.org.uk](http://loving-humanity.org.uk)).

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Friday 16th September 2016 at 8.00pm

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 underdog ski jumper who charmed the world at the 1988  
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Venue – Anmer Village Social Club  
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 For details of this and other forthcoming events, including  
 trailers of future films, visit our website at:  
[www.anmerclub.co.uk](http://www.anmerclub.co.uk)

**HUNSTANTON CONSERVATIVE CLUB**


**Entertainment for September**

<b>3rd September</b>	Entertainment by Mike Fox
<b>10th September</b>	Karaoke with David George
<b>17th September</b>	Entertainment by Mike Shelby
<b>24th September</b>	Dancing to Duo – Pete & Celia

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The West Norfolk Members Group invites you to:  
an illustrated talk by Prof. Andrew Clarke

**South Georgia:  
Birds and Wildlife of an Antarctic Island**

on  
**Thursday 22nd September – 7.30pm**

Venue: Hunstanton Methodist Church Hall, Austin Street.  
Cost: £2.00 members / £2.50 visitors.

### HUNSTANTON U3A

U3A meeting on Monday 19th September at the Community Hall, Hunstanton at 2.00pm.

Speaker: Alan Saunders on Alan Sorrell & The Lost Land of Nubia.

### Brancaster Camera Club

Our Annual Print Exhibition was held during August and was well received by those who came along to support us.

Congratulations to our winners: 1st - Andrew Beeson 'Jesus and Mary', 2nd - Noel Robinson 'Hold on' and 3rd - John Barker 'Grey Heron'.

Highly Commended certificates were awarded to Robert Heppell, Veronica Wetherell and Noel Robinson. The People's Choice this year was a tie between Noel Robinson and Tony Luxton; both with beautiful views of the Norfolk Coast.

Our first meeting of our new session is on Tuesday, 27th September, which is a print competition 1 x 'Agriculture' and 2 x own choice.

If anyone feels they would like to come and join us, please come along on the evening at 7.30pm or contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725. We would be pleased to see you.

### Community Cinema in Syderstone

Presents:

**On Saturday 24th September 2016**

#### GOLDEN YEARS (12A)

A gentle Ealing like comedy with a serious undertone – and a lovely cast of British acting talent: Bernard Hill, Simon Callow, Virginia McKenna, Una Stubbs and Phil Davies.

Hill's opportunistic OAP is furious with the bank for frittering away his pension. However, when his wife (Virginia McKenna) needs expensive medical treatment and the local bowls club is threatened with closure, Hill becomes a regular

Robin Hood, robbing banks! His gang includes the old stalwarts listed above – with an increasingly frustrated police inspector (Alan Armstrong) on their tail.

Venue: Amy Robsart Village Hall,  
Syderstone PE31 8RX.

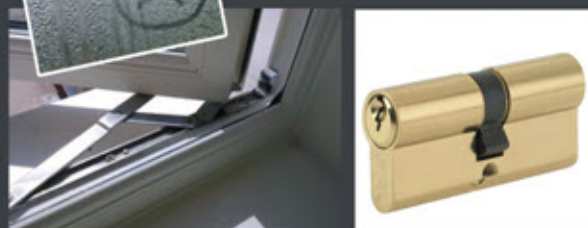
Start time: 7.30pm.

Advance Tickets £3.50

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## HDFA EVENTS FOR SEPTEMBER AND OCTOBER 2016

With the summer now swiftly drawing to a close, here are the autumn projects planned by the Hunstanton & District Festival of Arts to help you forget about those nights 'drawing in'.

On September 24th, the second HUNNY FOLK FESTIVAL will take place at The Wash 'n Tope Pub in Hunstanton. Following on from ideas sent in by attendees at last year's event, entrance is FREE this year, and a host of talented acts are in the line-up which so far includes: Liam Jary, The Fried Pirates, Ian Lascelles, The Tildens, and many other supporting groups. The Hunny Folk Festival will run from 2-4pm and 7-10pm. Please go to [HDFA.org.uk](http://HDFA.org.uk) and click on the link for up to date details.

On Wednesday September 21st from 10.30 till 12 noon, the popular HCP POETRY MORNING will be held in The Town Hall Basement. Entry is just £2.50 and this includes tea and cake! You can come along and either read your own or favourite poems or you can just sit and listen. The Theme this time is "The Season of Mellow Mists and Fruitfulness...." This is simply a guide, and other contributions are welcome. You are asked to bring a maximum of two poems to allow everyone to have their turn. This event is open to poetry lovers of all ages. There is a lift to the basement but please call in via the Tourist Information Centre if you need to use it.

The HDFA CRAFT FAIRS will again be held in the Town Hall on September 17th and 24th. If you are looking for a quality locally made gift, then this is the place to be. Stalls are also available for crafters; please contact Lorraine Cannell for further information.

There is a return visit of the literary project for local schools at the Princess Theatre on September 22nd with The Two Steves with room for a few parents to come along too. Details from your child's school.

Finally, there will be a NEW PLAY at the Hunstanton Town Hall on Saturday October 15th at 7.30 and Sunday 16th at 2.30. The Global Theatre Company will perform "Elgar and Alice" a new play written by Peter Sutton and full of Elgar's beautiful music as he says a fond farewell to his wife in her last days.

Tickets cost £10 or £8.00 concession and will be available from the Tourist Information Centre in Hunstanton soon. Full details of all these projects can be found at the HDFA website at [HDFA.org.uk](http://HDFA.org.uk).

### Answers to Anagrams on page 9

- 1) Violet
- 2) Crocus
- 3) Petunia
- 4) Primula
- 5) Ragweed
- 6) Lavender
- 7) Carnation
- 8) Dandelion
- 9) Snapdragon
- 10) Old Man's Beard

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Megan Over - 1x gold 1 x silver 2x bronze

Matty Wood - 1x gold 2x bronze

Rory Sewell - 1x gold 1x silver 1x bronze

Sam Pickard - 1 silver

Sophie Robins - 1x bronze

Nula Granger-Townsend - 1x silver

Natasha Southerland - 1x silver 1x bronze

Thomas Moores - 1x silver 1x bronze

Amarlia Miller - 1x gold 1x bronze

Michal Wilfling - 1x gold 2x silver and...winners in team sparring winning €500.

Looking forward to the next competition which is next month at the Unity World Games in Newark.

Anyone wishing to join our Team please get in touch with Ian 07806 622154.

Liz Over  
Senior Instructor ECMAA




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## Norfolk recycling centres all set for hazardous waste amnesties

For the thirteenth year running, Norfolk's residents can get rid of unwanted toxic chemicals, safely and securely, at a series of household hazardous waste amnesties taking place at seven of Norfolk County Council's recycling centres across the county during September.

Wood preservatives, bug and weed killers, paint, thinners, varnishes and special cleaning products are among the wide range of household chemicals that will be accepted – for free – at the weekend-long events. These are products that are too dangerous to be tipped down drains and can't be put in our regular waste bins because they can damage the environment and they need to be dealt with using specialist disposal processes. The events will be taking place between 9am and 5pm at the following sites and dates:

### **Saturday 3 and Sunday 4 September 2016**

Caister, Pump Lane, NR30 5TE  
Thetford, Telford Way, IP24 1HU

### **Saturday 10 and Sunday 11 September 2016**

Ketteringham, Station Lane, NR9 3AZ  
King's Lynn, Willows Business Park, Saddlebow, PE34 3RD

### **Saturday 17 and Sunday 18 September 2016**

Hempton, Helhoughton Rd, Fakenham, NR21 7DY  
Mayton Wood, Little Hautbois, Coltishall, NR12 7JX

### **Saturday 24 and Sunday 25 September 2016**

Dereham, Trafalgar Business Park, Rash's Green, NR19 1JG

Martin Wilby, Chairman of Norfolk County Council's Environment, Development and Transport committee, welcomed the news of the events saying: "Once again, we've lined up specialist chemists to come to seven of our recycling centres during September and help residents get rid of their unwanted household chemicals safely, without damaging the environment and for free."

"Last year, 10,000 residents came along to our amnesties and 212 tonnes of their household chemicals including 180 tonnes of unwanted paint were safely dealt with. We're expecting this year's events to be as popular as ever."

Janice Cogle-Hibbert, Waste Reduction Officer at Norfolk County Council added: "We put these events on as a convenient way for residents to get rid of household chemicals, but most of us can do more to try to reduce the amount we end up with."

"Most of the type of chemical products we use around the house and garden give good information about the amount of coverage or application we can expect to get out of them. If we spend a bit more time working out how much we actually need to buy for a specific job, we would reduce the likelihood of ending up having to store the left overs. That would mean we save money by not over-buying and also help to push down the cost to council taxpayers of having to deal with the waste."

People can find out how to get to their nearest event by visiting [www.norfolk.gov.uk/recyclingcentres](http://www.norfolk.gov.uk/recyclingcentres) or calling 0344 800 8020.

The County Council recommends that if people are planning to bring hazardous products to an amnesty event they should:

- Keep all products in their original containers and not mix them together;
- Keep containers clearly labelled where possible;
- Make sure that the products are properly sealed to avoid leakage.

To find out more about the amnesty events, or if you are unsure about what can and can't be accepted, visit: [www.norfolk.gov.uk/hazardouswaste](http://www.norfolk.gov.uk/hazardouswaste) or call 0344 800 8020.

The following products will NOT be accepted at the hazardous household waste amnesties:

Ammunition, explosives or marine flares  
Asbestos  
Commercial hazardous waste  
Fireworks  
Gas canisters (full or part full)  
Petrol

All 20 of Norfolk's Main Recycling Centres in Norfolk also collect a range of other household materials all year round. For an A-Z of what you can and can't recycle at our Main Recycling Centres please visit [www.norfolk.gov.uk/recyclingcentres](http://www.norfolk.gov.uk/recyclingcentres)

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*Eat, drink, relax – and occasionally party! Dogs welcome – but please keep your owners under control.*

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Monday	3pm – 11pm
Tuesday to Saturday	12pm – 11pm
Sunday	12pm – 10:30pm

*Light lunches served 12 – 2pm Tuesday to Saturday*

*As we are not doing food in the evenings, please feel free to order in a Takeaway, pack a picnic, or hire our barbecue.*

## THE NORFOLK HOSPICE TAPPING HOUSE

The Norfolk Hospice, Tapping House, would like to thank Heacham Parish Council for selecting our charity to benefit from the collection during this year's Heacham Carnival parade.

We had 16 volunteers helping to collect donations for the Hospice on the day. We are very grateful to them for giving their time.

It was a wonderful event to attend and we were so fortunate to take part in such beautiful sunshine! Well done to the organisers and marshalls for their hard work and making the parade run so smoothly. You deserve a medal!

Finally, a big thank you to everyone who came out into the



streets to watch the parade. Whether you dropped some change into one of our buckets or simply smiled and waved, the community atmosphere was amazing. We raised a grand total of £300.01, which is a fantastic amount to achieve in 45

minutes! Your donations will make a significant difference to the Hospice and will enable us to continue providing a high standard of care and support to people within the local community.

The Norfolk Hospice is committed to providing outstanding care for people living with life-shortening illnesses and to their carers, family and friends, including bereavement support.

Care is delivered both at the Hospice's purpose built facility in Hillington and in people's own homes. It is always provided without charge. the current services cost nearly £2.5million per year to run; the NHS funds only 10% of this, with the majority coming from the support of local groups, businesses and individuals.

To find out more please visit [www.norfolkhospice.org.uk](http://www.norfolkhospice.org.uk) or call 01485 601700.

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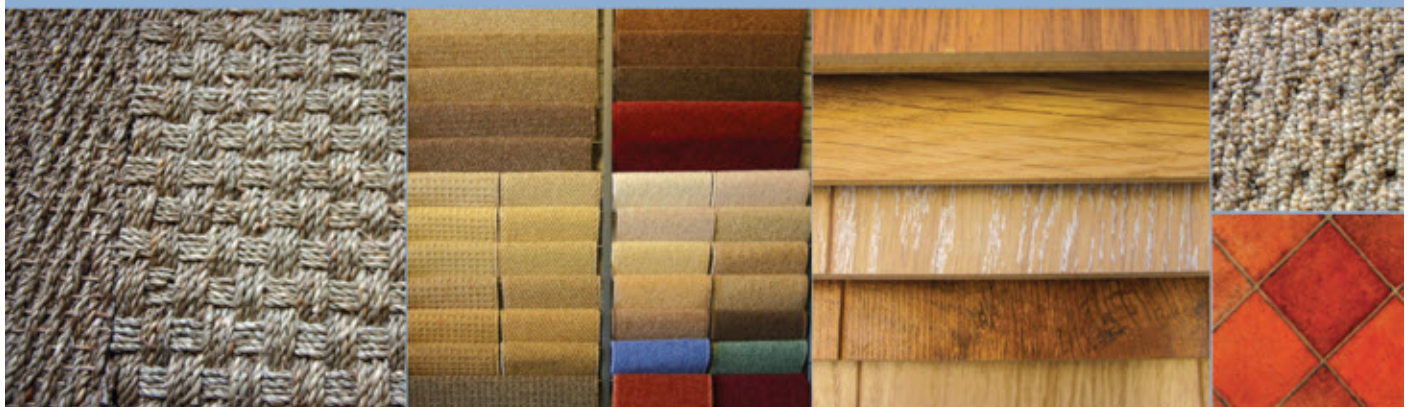
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HOW TO FIND US





## West Norfolk Clinical Commissioning Group (CCG) 5th annual Patient and Public Events

I am writing to bring your attention to West Norfolk CCG's 5th annual patient and public events. As in previous years, we are holding events at various locations across West Norfolk to give as many people as possible the opportunity to attend.

This year, the focus will be on working together and achieving more effective health and social care partnerships in West Norfolk.

The events will have a focus on:

- Complex care
- Urgent and emergency care
- The future of General Practice

The dates and venues are as follows:

Tuesday, 13th September 2pm – 4.30pm  
Downham Market Town Hall  
Friday, 23rd September 2pm – 4.30pm  
King's Lynn Town Hall  
Monday, 3rd October 9.30am – 12noon  
Swaffham Assembly Room  
**Wednesday, 5th October 6pm – 8.30pm**  
**Hunstanton Town Hall**

Please see advertisement within this Newsletter for details on how to book a place for this event.

Emily Arbon

Communications Manager

NHS West Norfolk Clinical Commissioning Group  
King's Court, Chapel Street, King's Lynn, PE30 1EL  
Tel: 01553 666925

Email: [e.arbon@nhs.net](mailto:e.arbon@nhs.net)

Website: [www.westnorfolkccg.nhs.uk](http://www.westnorfolkccg.nhs.uk)



West Norfolk  
Clinical Commissioning Group

West Norfolk Clinical Commissioning Group invites you to

**"Join the Conversation and Have Your Say on Health"**

5th annual patient and public events - September/October 2016

### Working Together in West Norfolk

West Norfolk CCG is holding its 5th annual patient and public events. This year, our focus will be on achieving more effective health and social care partnerships in West Norfolk.

The events will have a focus on:

- ▶ Complex care
- ▶ Urgent and emergency care
- ▶ The future of General Practice

We will be holding the events in 4 locations across West Norfolk to help as many people attend as possible:-

Tuesday, 13th September	2pm - 4.30pm	Downham Market Town Hall
Friday, 23rd September	2pm - 4.30pm	King's Lynn Town Hall
Monday, 3rd October	9.30am - 12pm	Swaffham Assembly Rooms
Wednesday, 5th October	6pm - 8.30pm	Hunstanton Town Hall

Reimbursement of travel expenses will be available for our patients and the public

Help to shape our planning for local services. We value your thoughts and suggestions – please come along and share them with us.

To book your place, please contact Emily Arbon, West Norfolk CCG at [e.arbon@nhs.net](mailto:e.arbon@nhs.net) or call 01553 666925





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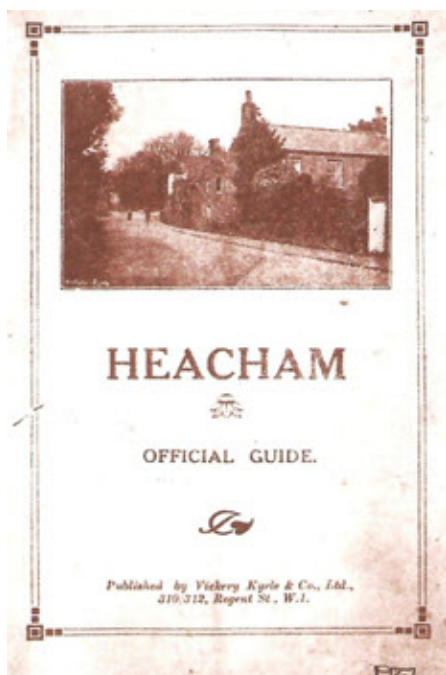
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## From Our Archive

### HEACHAM OFFICIAL GUIDE

Circ 1927 (Part 3)



#### RECREATIONS

The nearest golf links are at Hunstanton, four miles north. Quiet walks through green fields and pleasant leafy lanes are to be found. Heacham is not too small for the housewife who wishes to shop, and not too large so as to have for children the disadvantages of the town atmosphere. It has the makings of the ideal health resort.

Visitors should see the model dairy of Messrs. Thorne and

Thursby, and the herd of clean healthy cows, and try to realise how much simpler and better it is to avoid tuberculosis by using

only germ-free milk than to spend millions on sanatoria for its cure.

Another place where a welcome is sure is the Nursery Garden of Mr Chilvers, where gorgeous splashes of bright colour and delicate scents alternately delight the senses.

At Mr Callaby's farm, with its big, partly Tudor Barn, near the Village Hall, you may hire a good horse for a gallop over the sands, and if you need it, be taught to ride.

Certainly one of the cheeriest sights in Heacham is the little studio of the armless artist, Mr Edward Gosling. He will make you a local picture of the Church, or the Almshouses, or the house where you are staying, and you will never catch him with anything but a smile on his face, in spite of his terrible natural handicap. All the village honours 'Eddie' Gosling.

#### MUNICIPAL MATTERS

For the purposes of local government and ecclesiastical administration, the village is placed in the King's Lynn Division of the County, Smithdon Hundred, Smithdon and Brothcross Petty Sessional Division, Docking Union, Lynn County Court District, Heacham Rural Deanery, Archdeaconry of Lynn, and the Diocese of Norwich. At the present time the interests of its 2,248 inhabitants are vested in the Docking Rural District Council, to which it sends five representatives; but efforts have been, and will doubtless continue to be made, to raise the parish to the status of an Urban District.

An abundant supply of pure water is maintained by the Hunstanton Urban District Council; and adequate scavenging is undertaken by the Parochial Committee, appointed by the Docking Rural District Council. The village is not provided with gas; but if the scheme now being promulgated by the Docking

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Rural District Council matures, the near future will witness electricity available for lighting and all domestic purposes.

It may be remarked that early closing is observed by some of the local tradespeople on Wednesdays and by others on Thursdays.

### CHARITIES

The village is not rich in Charities; but the deserving poor derive no small benefit from the two in existence. The Coal Charity – obtained from the rent of a cottage and eight acres of land – is distributed every Christmas in the form of coal; and the Vicar, as trustee of the 'Rolfe' Charity, distributes the interest accruing from £500 invested in Government stock, every Christmas in the form of clothing tickets.

### GEOLOGY

The Church and Hall stand on Lower Greensand, locally called Carr-stone. About half-way between the Church and the new lodge gates, the trench for the water pipes showed a section of the red chalk. It is seen also after rain in the lane opposite Manor Farm gates; on Red Hill at about the level of the Sanatorium; may be traced at about the same level on all the hillsides; on the top of the quarry at Snettisham; and in full section in the cliff at Hunstanton. Such detailed notice of it is worth while, because it is practically unique. A corresponding but different rock is found in the Speeton Clay, Yorks., and in Heligoland.

To the East and North of Heacham the white Lower Chalk comes to the surface, often overlaid by glacial clays. The quarry at the higher end of Ringstead Downs shows lines of flint. The centre of Heacham stands on valley gravel, which towards the station, turns to clay, yielding striated boulders of black limestone, brought by the ice from Derbyshire. The marshes are alluvial, laid down by river and sea on this clay.

The river, on approaching the sea, turns South and runs parallel with the coast for over a mile. This is due to the fact that the tide entering the Wash flows South more strongly than the ebbing tide returns North. So pebbles, etc., tend to be shifted ever more to the South. The shingle contains jet (with occasional ammonites), amber, after storms, agates and beautiful jaspers and cornelians. Flint implements are fairly common. A very fine (Solutrean ?) axe was picked up from the shallow water.



WATERLOW BRIDGE, HEACHAM.

Photo—F. Ames

### BOTANY

One rightly hesitates to give the habitats of rare plants, but with its varied geology, Heacham naturally has an abundant and varied flora. Ringstead downs (chalk), the sandy beach, the fresh and salt water leads and marshes, and the heaths of Snettisham and Sandringham form a very good hunting ground for the botanist.

End of Part 3

# Searles Leisure Club

As a member of Searles Leisure Club, you can enjoy all of these facilities this September....

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call: **01485 536029**

\*T&Cs apply, please enquire. Extra fees apply for Aerobics £3.50 & Zorbing £3.00, available to members and guests only. Visit us at Searles Leisure Resort, South Beach Road, Hunstanton PE36 5BB

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## From Our Archive

### TRADE NOTICES

Circa 1927

Part 3

When selecting presents or prizes of any description, one will find a wealth of dainty and appropriate articles from which to make a choice at Mr E V Ebberson's, Watchmaker and Jeweller, Station Road.

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When 'out of sorts,' or in the doctor's hands, one needs a careful and reliable Chemist. Pay a visit then to Mr O Routly, M.P.S., Chemist and Optician, High Street. Doctor's prescriptions are accurately dispensed here. Good stocks of toilet requisites are always carried.

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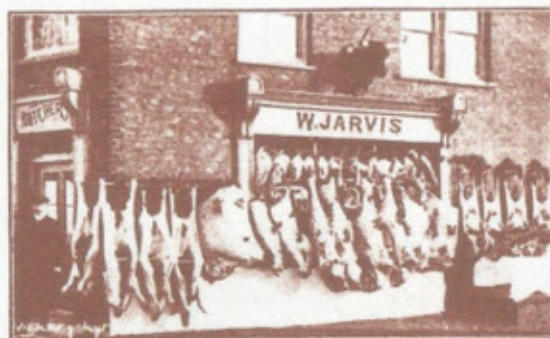




HIGH STREET, HEACHAM.

Photo—F. Ames.

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End of part 3



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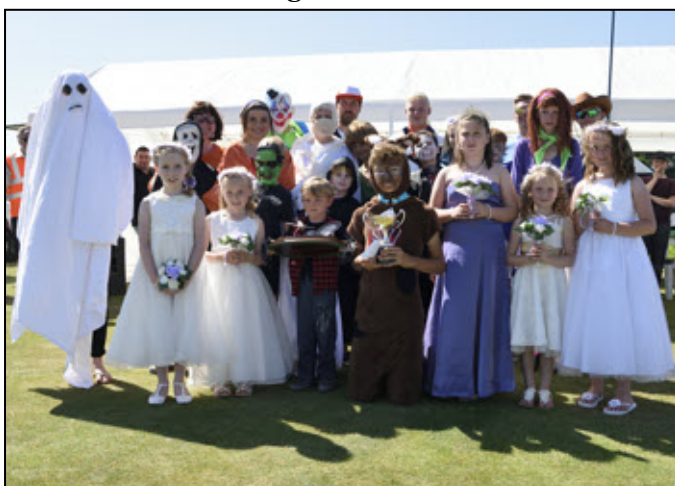
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***Carnival Queen Jessica Parish with her Princesses Ellie-Grace Thompson, Libby Sills, Evie Howe and Lillie Edenborough.***



***Overall Winners, Heacham Judo Club***



***Winners of Best Family The Twinning Association***



Dear Newsletter

Folgate Road

### **Heacham Carnival**

As we waited for the Carnival procession to start, the Harley Bikers roared past to get into their positions. On seeing Dave wearing his T.Shirt with 'OLD MODS never DIE. THEY JUST GET A COUPLE OF EXTRA WHEELS' printed boldly across the front as he sat on his modified 60 MPH scooter, they jumped off their machines and surrounded him with awe and then 'mocked' him as I took this photo! (Only joking!).

Great bunch of bikers. Great weather! Great atmosphere! Well done yet again to the organizers for the Carnival and the Fete.

**Janice & Dave Curtis**



### ***Cray Twins (Best Individual)***







St Neots, Cambs

Dear Newsletter

### Heacham Carnival – A Thank You

On behalf of the Harley-Davidson Riders Club of Great Britain, I would like to say thank you to the residents of Heacham for the warm welcome we received during carnival weekend.

We really enjoy coming to your lovely village to take part in the parade and see you all. The fact that you would allow a troupe of scruffy bikers to camp on your immaculate sports field for the night, shows incredible judgement.

For us Saturday highlights this year were huge steaks in the Social Club and a few beers in both the Fox & Hounds and the Social Club.

We are more than happy to return every year as long as you will have us.

**Paul Morgan-Knight**  
Anglia Region Rep.  
Harley-Davidson Riders Club of Great Britain

\*\*\*\*\*



**Radio Heacham Best Group category.**



**Heacham Minors (Best Youth Group)**



Photos by Irene Bradley, Brian Faulkner, Kerry Long and Graham Reader, More photos on the web site



## Planned closure of Hunstanton Road

With effect from Monday 5th September 2016

The Newsletter wishes to remind our readers, residents and visitors alike, that Hunstanton Road is due to be closed at the Redgate Hill junction with the A149 for a planned period of up to six months. This is because of the 'New Roundabout' being built re the Hopkins Homes Development in Hunstanton.

For the period of the roadworks, Lynx bus services, 35 & 36, along with Stagecoach in Norfolk service 10, will continue to serve the village but the Coasthopper will not; it will only run along the A149.

Up to date information on routes, timetables and service updates can be accessed via :-

[www.lynxbus.co.uk](http://www.lynxbus.co.uk)  
[www.stagecoachbus.com](http://www.stagecoachbus.com)

However, at the time of writing (mid August), it has been advertised, via signs attached to the Hunstanton Road bus stops by Stagecoach Norfolk, that Norfolk County Council will be running a 'shuttle' taxi service for Hunstanton Road residents affected by the closure.

More information about this service can be obtained by telephoning NCC on 0344 800 8020.

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### Sallywags Parent, Baby & Toddler Group

Sallywags Parent Baby & Toddler Group has had a sunny summer holiday and throws open the doors again on Wednesday September 7th! Looking forward to welcoming old friends and new, little and big! If friends, toys, books, paint and play-doh sound appealing then you'll find us at the Scout Hut in Sunnyside every term time Wednesday from 9.30-11.00am! There is a car park; turn off Caley Street into Sunnyside, or find us on foot from there or Meadow Road!

We are also fortunate to have use of a kitchen, toilets and a garden with swings and things! We have a sit down snack for the little grown-ups at 10.00 and a cuppa for the big children, and we end with tidy up time and nursery rhymes at 11.00. Do pop along for a play when you can – it would be lovely to see you!

And as we open the Sallywags doors, may we wish Rosie, Jasmine, Jessica and Luca happy days as they go through new school and nursery doors in Heacham, Hunstanton and Sedgeford! Thank you for our fun time together at Sallywags, each of you have brought us many smiles and how you've all grown since we met each other!

Sallywags Parent Baby & Toddler Group 9.30-11.00am meet every term time Wednesday at the Scout Hut Sunnyside Heacham. We ask £2 per family to cover rent, refreshment and resources. For further info please call/text Jo on 07521 447284.

### FRIDHEM BINGO

Monday 26th September 2016

Eyes down 7.00pm sharp!



Refreshments

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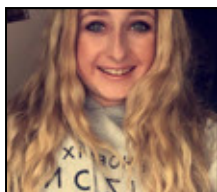
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## Clay Pigeon Shooting - The Wildfowlers at the Chalk Pits, Heacham

On 20th August 2016, there were Clay Pigeon shooting taster sessions and air rifle target sessions held by the Wildfowlers of Heacham. There were two sessions during the day, the first session was between 10:00-11:30am and the second session was held between 12:00-1:30pm.

Heacham Wildfowlers is based in Heacham and they shoot between Heacham and Snettisham usually in the winter time at the marshes. In the months March to October, the Wildfowlers clay pigeon shoot at the chalk pits behind the BP garage in Heacham. The Wildfowlers group has around 100 members in the association.

Each year the group invites children for taster sessions with the Clay pigeon shooting and the air rifle targets. The team teaches children and adults to handle the guns properly when using them and teaches kids to handle guns with proper tutors. The group encourages them to join the sport because the guns are very powerful and can be very dangerous if not handled and used correctly.



The Wildfowlers have been in existence for many years and always make sure that teaching safety and gun handling are two of their main priorities. As well as the group coaching children, they will also teach parents and grandparents if they would like to give the sport a try.

Joining the Wildfowlers group doesn't always depend on the age you are, it also depends on the size or height. When shooting,



the children tend to use the smaller rifles which are red-12 and the adults tend to use the yellow rifles-20.

I spoke to Stephen Wotton from the group who started shooting in the group around 30-40 years ago. He mentioned once again that two of the main ideas of this yearly event was to make sure that they teach safety when using the guns and gun handling. Stephen also mentioned that there are more girls than boys in the group. This was later proven when myself and Amba Bowley, aged 14, had a go at the clay pigeon shooting.

I myself attempted the clay pigeon shooting and the tutor explained everything thoroughly and made sure we were comfortable with everything he was showing us and the positions we had to stand in.

I also spoke to Kate Benstead from the Wildfowlers group. Kate followed her father's footsteps into getting involved with the Wildfowlers group as he has done it for a while. It seems that the Wildfowlers is a big interest in her life and she finds it very enjoyable. Kate goes out with the group roughly two or three times a month and there tends to be around 30-40 people at the chalk pits when they go clay pigeon shooting.

Once a year the group visits Springwood High School in King's Lynn and gives some of the children with special needs and other issues a chance to have a go at the sport. This is usually arranged by Paul Evans from Springwood High School. It gives the children a chance to try out something new and enjoy having a go at a new sport.

Overall the turnout for the day was very good and the weather stayed dry but extremely windy.

Reporting for THN

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## HEACHAM PARISH COUNCIL NOTICEBOARD

### PARISH COUNCIL MEETINGS IN BRIEF

**Cheney Hill Development:** There is an application for outline planning permission for 133 houses on land off Cheney Hill. The Council has objected to this; full details can be found elsewhere in this Newsletter.

**Silica Sand Review:** The Council was pleased to note that Norfolk County Council had decided not to include the Snettisham site as an area of potential silica sand extraction.

**Vacancy:** There is still a vacancy for a Parish Councillor which the Council intends to fill by co-option.

**Devolution:** The Council considered representation from Sir Henry Bellingham, MP, concerning plans for devolution and a combined authority metro mayor for Norfolk and Suffolk. Council agreed to support him in objecting to this Government initiative.

**Carnival:** Thanks were given to everyone who had contributed to making the Carnival such an enjoyable event.

**Parish Maintenance Officer:** The Council confirmed the appointment of Stuart Aylmer as the new Parish Maintenance Officer.

**Sedgeford Chicken Farm:** The Council was unhappy that this planning application had been approved in spite of the objections of 10 parish councils and numerous public objections.

**The next Full Council meeting will be held on Tuesday 20th September at 7.30pm at the Parish Council Office.**

### HEACHAM COMMUNITY BUILDING PROJECT

The Parish Council was overwhelmed by the outstandingly positive response to the project at the Carnival fete stand. If you missed this, there will be another opportunity to engage with the exciting community project at Heacham Fire Station open day on Saturday 27th August.

### NEW COUNCILLOR GRAHAM READER



### NOTICE OF PARISH COUNCIL VACANCY

Heacham Parish Council is made up of seventeen Councillors. There is currently a vacancy.

Interested parties should contact the Parish Council Office for further information about the role of a Parish Councillor and the co-option process.

Lynne Butters  
Parish Clerk

I was born and brought up in a small village in Suffolk, until with my parents and younger sister, moved to Hertfordshire. My last employment was with Wurth UK, where I was a Salesman for 16 years. I was for many years, a Treasurer and later, Secretary of a Small-bore Rifle club in Hertfordshire.

Retiring in December 2012 my partner and I moved to Heacham in August 2014. Photography, computers and music are among my normal pastimes. I have a website which I developed as well as a blog, although not trained in HTML programming I get by. As a bird watcher and photographer my partner and I are lucky that we live 10 minutes' walk from the Saltings and North Beach. Rather than be 'an incomer', as we have been called, who doesn't want to know, my partner and I want to integrate into and be part of the community, giving something back to the village. We are passionate and proud to be parishioners of Heacham; we like the village, the shops and amenities and have become members of the Sports and Social Club, the History Group and attended some of the campaign meetings both in the Village and Snettisham, where we felt that would be advantageous for Heacham.



### Heacham Carnival Parade and Fete 2016

Heacham Parish Council would like to thank everyone who helped to make the Carnival parade and fete such a success this year. Particular appreciation must go to potentially Britain's oldest float decorator, 93 year old Winnie Rumens, who singlehandedly produced Radio Heacham's float for her great-grandson Joseph Rumens and won the Best Group category. Other winners were the Twinning Association (Best Family), the Cray Twins (Best Individual), Heacham Minors (Best Youth Group) and Overall Winners, Heacham Judo Club (again!). Next year the Carnival will be held on Sunday 6th August, so please put that date in your diary and start thinking about your entries.

Any queries should be addressed to:  
**Heacham Parish Council Office**  
Jubilee Clinic Pound Lane Heacham  
Norfolk PE31 7ET  
Tel/Fax 01485 572142  
[www.heachamparishcouncil.co.uk](http://www.heachamparishcouncil.co.uk)  
Open Tuesday - Friday 10.00am-noon

## HELP LINES

<b>HEACHAM GROUP PRACTICE</b>				<b>01485 572769</b>
<b>HEACHAM</b>	MON TO FRI	08.30 TO 13.00	14.00 TO 18.30	
<b>SNETTISHAM</b>	MON TO WED	08.30 TO 12.30	14.00 TO 18.30	
	THURS/FRIDAY	08.30 TO 12.30	Closed p.m.	

### **OUT OF HOURS DOCTOR** **111**

For out of hours service, please call the NHS Helpline

### **HEACHAM & DISTRICT COMMUNITY CAR SCHEME** **534777**

### **HEACHAM CHEMIST** **570297**

OPENING HOURS	MON TO FRI	09.00 TO 18.30
	SAT	09.00 TO 17.30

Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance  
DUTY CHEMIST NOTICE DISPLAYED ON DOOR

### **HEACHAM PARISH COUNCIL OFFICE** **572142**

OPEN	TUES TO FRI	10.00 TO 12.00
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### **STREET LIGHT FAULT REPORT** **572142**

### **BOROUGH COUNCIL OFFICE** **01553 616200**

### **BOROUGH COUNCILLORS**

Mr C. MANNING **07885 258392**

T.B.C.

NORFOLK C C MICHAEL CHENERY **01328 823411**

### **PARISH LIBRARY** **571928**

OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

### **HEACHAM POST OFFICE** **570330**

OPEN MON – FRI 08.30 TO 17.30 SAT 09.00 TO 13.00

### **EMERGENCY SERVICES**

QUEEN ELIZABETH HOSPITAL **01553 613613**

NHS Helpline **111**

DENTIST **Emergency only for patients not**

**registered with a dentist** **01553 769264**

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) **01553 613613**

POLICE **101**

SAMARITANS **01553 761616**

CHILD LINE **0800 1111**

SILVER LINE **0800 4708090**

ELECTRIC **0800 7838838**

ANGLIAN WATER **0845 7145145**

GAS ESCAPE **0800 111999**

EMERGENCY 24hrs VETERINARY CLINICS **01485 570065**

### **HUNSTANTON LIBRARY** **532280**

OPEN MON. TUE. and FRI 10.00 TO 17.00

WED. 10.00 TO 19.00

THUR and SAT 10.00 TO 13.00

### **HEACHAM CHALK PIT RECYCLING CENTRE**

Open 7 days a week (Monday to Sunday)

Summer opening times (1st April to 30th September) 9am – 5pm

Winter opening times (1st October to 31st March) 9am – 4pm

### **HEACHAM COMMUNITY WEBSITES**

[www.heacham-on-line.co.uk](http://www.heacham-on-line.co.uk)

E-mail [admin@norfolk-on-line.co.uk](mailto:admin@norfolk-on-line.co.uk)

[www.heachamgrouppractice.org](http://www.heachamgrouppractice.org)

[www.heachamnewsletter.org.uk](http://www.heachamnewsletter.org.uk)

**Main pick up points for The Heacham Newsletter.**

**First Saturday of each month except January.**

Jennings, Ridouts (Heacham) Bakery, Post Office, Parish Council Office, Church, Co-op, Tesco's, Heacham Fish Bar

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## LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

### **Stagecoach in Norfolk**

#### **Service 10 (Mon-Sat)**

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.  
0707 first bus to King's Lynn then twice an hour from 0838  
0644 first bus to Hunstanton then twice an hour from 0908

#### **Service 10 (Sunday)**

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.  
0824 first bus to King's Lynn, then hourly from 0924.  
0853 first bus to Hunstanton, then hourly from 0953

#### **Service 11**

King's Lynn to Hunstanton

Via:- Sandringham, Dersingham, Ingoldisthorpe, Snettisham and Heacham (A149 only)

#### **Coasthopper (Mon-Sat)**

Via:- With effect from 5th September – runs along A149 only  
0809 first bus to King's Lynn then twice an hour from 0926  
0715 first bus to Hunstanton then twice an hour from 0749

#### **Coasthopper (Sunday)**

Via:- With effect from 5th September – runs along A149 only  
0941 first bus to King's Lynn then twice an hour from 1041  
0859 first bus to Hunstanton then twice an hour from 1034

**Coasthopper Service to** Cromer & Fakenham via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham. change at Hunstanton

### **Smithdon High School Bus**

#### **Service 401**

Via:- Folgate Road/Fengate, Station Road

0816 to Smithdon School

1515 from Smithdon School

### **lynx (lynxbus)**

#### **Service 35 (Mon-Sat)**

Via:- Fox & Hounds and Lodge Rd

0705 first bus to King's Lynn then twice an hour from 0835

0659 first bus to Hunstanton then twice an hour from 0803

#### **Service 35 (Sunday)**

Via:- Fox & Hounds and Lodge Rd

0835 first bus to King's Lynn then twice an hour

0834 first bus to Hunstanton then twice an hour

#### **Service 36 – (Mon-Fri)** Direct bus service to/from King's Lynn

Via:- Fox & Hounds and Lodge Rd

0948 first bus to King's Lynn then 1148 and 1348 only

1109 first bus to Hunstanton then 1309 only

### **Bus Enquiries**

[www.stagecoachbus.com](http://www.stagecoachbus.com)

[www.lynxbus.co.uk](http://www.lynxbus.co.uk)

**Tel: 01553 776980**

**Tel: 01553 611955**

### **WNCT - DIAL-a-BUS Service**

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday

For more information, Cost of Fares, a Membership form or to book

**Tel: 01553 770310**

### **HEACHAM HALLS**

Public Hall **570776**

Pine Residents Hall, Wilton Road Mrs Crisp **579440**

Methodist Church Hall, Station Road Mike Careless **570363**

St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30 **572539**

Old Friends Hall Sunnyside Close **572142**

Heacham Scout Hut **572890**

### **MOBILE LIBRARY**

ROUTE WEL 124 (Mondays)		ROUTE WEL 123	
12th/26th	September	5th/19th	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE Court	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
NOURSE DRIVE/Ingleby CL	12.25	SUNNYSIDE	14.15
ROLFE CRESCENT	13.55	MEADOW RD	14.40
WOODEND ROAD	14.15	POPLAR AVE	15.25
GIDNEY DRIVE	14.30	GYMKHANA WAY	15.45
BANKSIDE	14.50	JENNINGS CLOSE	16.10
MARRAM Way/Norway CL	15.05	COLLEGE DR/Gonville	16.45
MARRAM Way/Spruce CL	15.20		
MARRAM Way/Neville RD	15.35		