



# THE HEACHAM NEWSLETTER

May 2016



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**Deadline for the next edition is 12 noon, Tuesday 17th May**

## **Fox & Hounds Public House**

**Classic Car Rally**  
Sunday 15th May - from 3.00pm

**Station Road Heacham**



## **Heacham Social Bowls Club**

**TASTER DAY**  
Sunday 29th May - 2.00pm.

Come along and have a go playing bowls. Just wear flat,  
smooth soled shoes. Everything else provided.  
No charge.

Hope to see you there.

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

E-MAIL: [theheachamnewsletter@yahoo.co.uk](mailto:theheachamnewsletter@yahoo.co.uk) [www.heachamnewsletter.org.uk](http://www.heachamnewsletter.org.uk)

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**THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH**

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# letters...

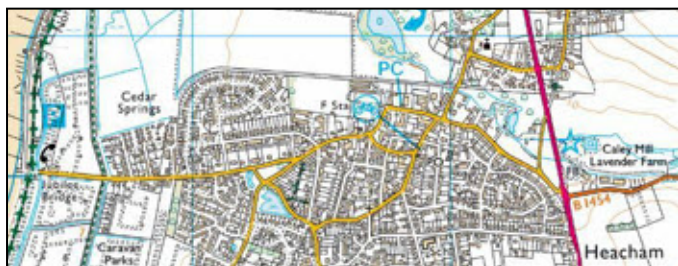


Huddersfield

Dear Newsletter

## Railway Line Footpath

Over the last fifteen years or so I have been a regular visitor to Heacham. I am a keen walker and have enjoyed exploring the surrounding area which has included making use of a well-used path along the former Heacham – Wells railway line and then past fields (marked ‘Cedar Springs’ on the OS 1:25000 map) to the flood defences near to North Beach.



On a recent visit, the following sign greeted me at the site of the former level crossing on Hunstanton Road:-



Whilst I have always been aware that there has been no official right of way via the route described above, access has always been available and it has been clear that the paths are extensively used both by the local community and visitors.

I decided to walk through Heacham to North Beach and return via Cedar Springs and the railway track to check whether further information was available.

My findings were interesting:-

- There are no other signs restricting access between North Beach and the site of the level crossing at Hunstanton Road.
- There is a clear, well-used footpath across the land marked as ‘Cedar Springs’:-



- Looking in the other direction there is a clear well used path from the railway track bed to Cedar Springs:-



- In the right centre of the picture above you can see greenery which includes the following sign:-



- This sign is on the fence of one of the properties that backs onto the old railway line:-



I would make the following points:-

- I fully acknowledge that the landowner has the right to deny access to his/her property; but surely given that it is clear the area has been accessed by members of the public for some considerable time (possibly since the railway track was lifted) much clearer unambiguous steps (more signage, locked gates etc) need to be taken to fully enforce the change to the status quo?
- Perhaps if ALL dog walkers were to fulfil their responsibilities and remove any mess created by their canine companions the motivation for denying access would be reduced.

The current situation is not satisfactory and would surely be improved by the introduction of a permissive path between Hunstanton Road and the flood defences.

What do the residents of Heacham think?

**A Regular Visitor to Heacham**  
(Name & address supplied)

\*\*\*\*\*



Dear Newsletter



Heacham

## Donation to West Norfolk Mind

West Norfolk Mind were absolutely delighted to receive a donation recently from The Heacham Newsletter. As is evident from the national and local news, funding cuts continue to make it a challenge for us to provide the quality service that we do in West Norfolk, and support from our community is so much appreciated and reassuring that our work is valued. Sincere thanks.

**Zena Penty**  
**Volunteer Co-ordinator - West Norfolk Mind**  
**01485 572707**

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## Computer help in plain English

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mobile 07977 560955 or email [support@oapc.biz](mailto:support@oapc.biz)





**Moray, Scotland**

Dear Newsletter

### **The Bird Family from Heacham**

I am a great grandson of John and Mary Bird (nee Herring) who both hailed from the Heacham area and lived in the village in the late 1800s and early 1900s. They had 10 children, all of whom lived to maturity except for 3½ year-old Charles who was tragically killed when run over by a horse and cart in the village in 1896. Three sons later served in the army during the Great War, with 20 year-old Alfred being killed at Monchy-Le-Preux, near Arras, on 11 April 1917.



I am trying to organise a family event at Monchy on the centenary of his death and would very much like to know if there are any descendants of other family members still living in the area, with a view to them joining me on a visit to the battlefield where Alfred died. So far, myself (grandson of Harry), my daughter and her partner, and relatives of both Alberta and Robert are looking to travel to France. If others can join us that would be superb.

The children of John and Mary Bird who might have descendants still living in the area are: Celia (b.1888); Mary (b.1890); John (b.1894); Lydia (b.1899); Edward Charles (b.1901).

Any help in tracing family members would be most welcome and I can be contacted on 01343 870562, or via [derek.bird@virgin.net](mailto:derek.bird@virgin.net)

**Derek Bird**

\*\*\*\*\*



**Heacham**

Dear Newsletter

### **Railway Line Walkway, Heacham**

I would just like to point out that the lane in Heacham (railway line) and fields are private land, and as such not a public right of way to the beach. Also, the owner of said land is very annoyed about people exercising their dogs and not picking up the dog poo. Children also go across the field to the river and leave rubbish everywhere.

He has said we have one month to police this and get things under control or else he will close it all and not allow anyone on the land. I and several other people do have permission to walk the track, and if you wish for it to remain open so that you to can enjoy a walk, please keep to the track and do not wander round the edge of his fields.

It would be such a shame to lose this privilege so please, please, comply with his request.

**L C James**

\*\*\*\*\*

## **BANTOFT ACCOUNTANCY**

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Bantoft Accountancy have won many local business enterprise awards  
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For more information, please contact Mrs. Nickie Bantoft, FCCA  
(Without cost or obligation):-

North Norfolk coastal area: 01485 525880  
King's Lynn & Wisbech area: 01945 581102  
[nickie@bantoftaccountancy.co.uk](mailto:nickie@bantoftaccountancy.co.uk)

Bantoft & Co. Ltd are authorised to undertake professional accounting services by the  
Chartered Association of Certified Accountants.

## **Station Road Garage**

**33 Station Road, Heacham**

**Norfolk PE31 7EX**

**☎: 01485 570259**

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Dear Newsletter

Heacham

### Nelson's Journey

To everyone who supported me and helped me to raise money for Nelson's Journey.

I just wanted to let you all know how our recent fundraising went and how much your support has helped us.

We held our coffee morning on 1<sup>st</sup> April and it went very well. It was busy from the moment the doors opened! Family, friends, acquaintances and even people I've never met before pulled together to help and support us in any way that they could. It was amazing!

There was a lovely, friendly community atmosphere and people left with armfuls of prizes and bags full of cake.

The stalls made a total of £771 and the raffle brought in a massive £1,208. When we added this to the other things that we had done to raise money, including my son's non-uniform day at Heacham Infant & Nursery School, items that we sold and of course all the donations that were kindly given to us, we were able to give Nelson's Journey a whopping total of £4,024.59! Thank you so much to all of you!!

There are several ways that Nelson's Journey can support young people with this amount. It could allow 16 children to go on a residential weekend which offers therapeutic activities and helps to build confidence. Or maybe it could buy enough worry eaters to help over 800 children to cope with their worries and fears. It could also go towards a bereavement worker going out to visit young people that need one-to-one support. There are so many different ways it could be used, but whatever they choose to do with it, it will definitely make a big difference to the lives of many children and their families who are facing a very difficult time in their lives.

When I first started my fundraising, I never dreamed that we could reach anything close to this amount and we certainly wouldn't have without all the lovely people that gave up their time, money and energy to bake cakes, run stalls, come to the coffee morning, donate prizes and money, buy raffle tickets, etc.

It's been very heartwarming to know that so many people were behind us with this. There are too many individuals and companies to name, but I would like to thank everyone that supported us.

Obviously, handing over the final cheque to Nelson's Journey was a great moment for us, but we also experienced something else that we never could have imagined. The support that we received from everyone around us was just incredible! People from companies in Heacham and surrounding villages and towns, as well as companies from all over the country, were donating wonderful prizes to help us and sending us kind words with them.

Local people have been very generous and some have even come up to me in a shop and in the street to give a donation or posting them through my door! Others have been coming up with their own separate ideas to raise funds to support us too. It was absolutely amazing and it's impossible to describe how it made us feel. It's been very heartwarming to know that so many people were behind us with this. There are too many individuals and companies to name, but I would like to thank everyone that supported us.

Thank you again for helping me to help Nelson's Journey! I couldn't have done it without you!

**Mrs Nicky Bailey**

**PS:** If anyone left a pretty plate with flowers on at the coffee morning and some pink and blue plastic plates, please let me know and I will return them to you.

\*\*\*\*\*

# News & Events in the Community...

## FRIDHEM BINGO

**Monday 23rd May 2016**

**Eyes down 7.00pm sharp!**

**Refreshments**

**Come and join us**

**Proceeds go into the Residents Entertainment Fund**

**Fridhem Rest Home  
79 Station Road, Heacham**

## HEACHAM SONGSTERS

### A Thank-You to Care Homes and Social Clubs

We are writing to advise you that following your kind donations to our Heacham Songsters when we came to entertain you last year, we have now been able to support the East Anglian Air Ambulance, the Local Hunstanton Lifeboat and Headway Charity with the sum of £500 each.

Looking forward to entertaining you this year.

**Kind regards from Heacham Songsters**

Please contact Pam Swan on 01485 298592 if you wish to book the group to entertain you.

## HUNSTANTON COMMUNITY PLAYERS

### Poetry Mornings 2016

#### Wednesday

May 18th - "Celebrations" & Shakespeare's Anniversary.

July 20th - "Holiday Memories"

September 21st - "Season of mists....."

November 16th - "Going Home" and "Christmas"

Venue: the Town Hall Basement, The Green, Hunstanton  
From 10.30 till 12 noon every other month.

Poetry mornings – all welcome. New poetry, old poetry and reminiscence can be read or just come along and listen and enjoy the experience.

Refreshments always available. Entry £2.50.

Sponsored by the Hunstanton & District Festival of Arts.

Further information from: Ann McKimm -

Email: [ann\\_mckimm@hotmail.com](mailto:ann_mckimm@hotmail.com)



## Important Notice

### Heacham Recycling Centre

On 1 June 2016 Heacham Recycling Centre will return to full time operation and will be open seven days a week

Hours of opening are 9am – 5pm in summer (1 April – 30 Sept) and 9am – 4pm in winter (1 October – 31 March).

Visit: [www.norfolk.gov.uk/recyclingcentres](http://www.norfolk.gov.uk/recyclingcentres) for more information

 Norfolk County Council

Heacham Infant  
and Nursery School

SCHOOL ROAD  
HEACHAM



**SATURDAY 9th JULY 2016**



**11am – 3pm**



**RAFFLE, BBQ, CRAFT STALLS,  
BOUNCY CASTLE, TOMBOLA,  
GAMES AND RIDES**

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East of  
England  
**COOP**







## CHURCHES TOGETHER IN HEACHAM

*Just a thought....*

*"Suddenly there came from heaven a sound as of a violent wind rushing, and it filled the whole house where they were sitting, and divided tongues, as if of fire, appeared to them and sat on each single one of them, and they were all filled with the Holy Spirit...."*

The story of Pentecost in Acts is one of the most exciting in the New Testament. Here we see the Spirit in action with sights and sounds. It is the force with which it is described that thrills and promises new beginnings.

As the story of the Spirit unfolds from that day in the upper room it becomes the driving force of those whom it touches. It drives Paul, Peter, Stephen and others on their journey; it inspired them to great speeches about Jesus to everyone they met.

The Spirit then, as it does today, pushes us where it wants to lead. It was the Spirit that drove the gospel around the Mediterranean world; it was the Spirit that blew from Jerusalem to Rome; it is the Spirit that brought you to wherever you are reading these words today.

I truly believe it is the Spirit that has pushed me beyond my comfort zone into becoming part of the Radio Heacham team. In these days of uncertainty in the world, the spreading of the word of God is vital so I ask for your prayers in this new venture of mission.

Pentecost is a time of great renewal, not only for the church but for our lives too. Look at the passage above from Acts again and listen to its sounds and feel the God given presence of the Spirit which blows where it will and then be alive to its actions. Just like the wind that sweeps across the fields, the Spirit will push us all into places we thought never possible. It will bring new experiences of God and new experiences in our faith in the living Christ.

So this Pentecost may the love of God, the light of Christ and the power of the Holy Spirit, be a blessing on us all.

**Steve Oliver**  
**Minister, Heacham Methodist Church**

(On Sunday evenings from 1st May, I will be hosting a Gospel Hour between 8pm – 9pm and then Thursday mornings from 5th May between 8am – 9am when I will be hosting My Kind of Music. This can be found via the internet [www.radioheacham.org](http://www.radioheacham.org). Please send in any music requests and your reasons for your choice via the station or email me on [revoliver@radioheacham.org](mailto:revoliver@radioheacham.org))



## **THE PARISH CHURCH OF ST. MARY** **Sunday Services in May 2016**

8.00am		Holy Communion (BCP) 8th and 22nd
10.00am	1st 8th 22nd 29th	Morning Prayer Morning Prayer Holy Communion All Age Worship and a Baptism
6.00pm	1st 8th 15th 22nd 29th	No Service No Service Pentecost Praise No Service No Service

### **CHURCH CONTACTS:** (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
St Mary's Church Office		572539
email:	<a href="mailto:heacham.church@googlemail.com">heacham.church@googlemail.com</a>	

### **REGULAR ACTIVITIES at ST. MARY'S CHURCH**

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; all the women are welcome at *Girls Together* and there is a Men's Group as well; everyone can belong to the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children. Also for children, usually on the last Saturday of each month, there is *MESSY CHURCH* with crafts, games, singing, Bible stories and lunch.

### **ST. MARY'S CHRISTIAN BOOKSHOP**

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-4pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays till the end of March, and 9am-5pm throughout the summer months. We have an interesting selection of Christian books and a wide range of greetings cards. It is well worth a visit. There is also a large collection of secondhand Christian books to sort through.

### **ST. MARY'S CHURCH HALL**

This is on the right, half way up the High Street, and the Hall can be booked for meetings and family events, such as children's birthday parties. A booking fee is payable and the Hall can be inspected and a booking made on Mondays, Wednesdays and Friday mornings between 10.30am-12.30pm. There is an office at the Hall where bookings can be made and information provided.



## HEACHAM METHODIST CHURCH MAY 2016

### Sunday Services: 10.30am Morning Worship

1st May	Irene Garrard
8th May	Rev. Stephen Oliver – Holy Communion
15th May	Rev. Kim Nally
22nd May	Sheila Johnson
29th May	Tom Smith
29th May	(4.00pm) Rev. Stephen Oliver

### MIDWEEK COMMUNION

The May midweek Communion will be on Wednesday 11th at 10.30am, conducted by our Minister Rev. Stephen Oliver. All who love the Lord are welcome to attend.

### BIBLE STUDY

There are two Bible Studies in May. The first is on the 12th at 10.30am, the second on the 26th, at **9.30am**, and led by our Minister, Rev. Stephen Oliver. We shall continue our journey through the Gospel of Luke.

### LADIES' FELLOWSHIP

The Ladies' Fellowship meets at 2.45pm on 10th and 24th May. Each meeting has a guest speaker and is an excellent way for any ladies to spend a Tuesday afternoon.

### BOWLS

Ever tried short mat bowls? Unfortunately our Friday group is getting smaller, so we are looking for new people to join us – come on, give it a try – it's now or never! Anyone over the age of 16 is welcome.

### COFFEE MORNING

The first of a new series of Spring/Summer coffee mornings will be held on Saturday 21st May from 10.00-12.00, with stalls, and live music by David Godfrey, organist at Snettisham Methodist Church.

### OPEN DOOR

A reminder that our Church is open every Tuesday from 10.00am-12.00 for prayer, or to talk with our Minister Rev. Stephen Oliver or a church steward.

### ON HOLIDAY?

If you're visiting Heacham on holiday you're welcome to any of our midweek activities and Services. Every year we get more and more visitors, so you're welcome to join them.

### MIDWEEK ACTIVITIES

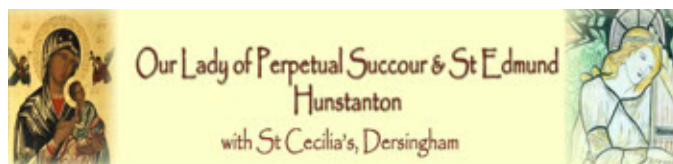
Tuesday - 10.00am-12noon Open Door  
- 2.45pm Ladies' Fellowship 10th & 24th  
- 7.30pm Hands & Needles Club 10th & 24th

Wednesday - 10.30am Midweek Communion - 11th

Thursday - 10.30am Bible Study – 12th and 26th

Friday - 7.00pm Indoor Bowls

Saturday - 10.00am-12.00noon Coffee Morning - 21st



## Hunstanton Catholic Parish

The reconfiguring and refurbishment of the parish church in Hunstanton is now complete and looking beautiful. There is now a new meeting room, a fully fitted kitchen and toilets within the church. Bishop Alan Hopes will be visiting on 9th May to officially open the new look church. There will be Mass at midday followed by a shared lunch.

Both churches looked beautiful for the Easter period, thanks to lots of hard work by flower arrangers and other volunteers, especially the cleaning whilst builders work was continuing at Hunstanton.



The new meeting room has been named the Garnett Room after Fr Ernest Garnett, who was the first Priest of the Hunstanton Parish. Our Diocesan Lenten offerings this year have gone to 'Aid to the Church in Need' and 'the Society of St Vincent de Paul'.

We have a 3 course lunch planned for 14th May at Hunstanton, a Feast day Mass and lunch on 27th June at Hunstanton and the very popular Strawberry Fair at Dersingham on 2nd July.

Foodbank supplies are still required; items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support of the scheme.

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information contact Caroline Brooks on 01553 673069.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome. Our daily Masses will be 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. Sunday Masses are 9am at Dersingham and 11am at Hunstanton. The Parish telephone number is 01485 534675. If you require a Priest urgently please telephone Fr Peter Rollings on 01553 772220 or email: [parishpriest763@gmail.com](mailto:parishpriest763@gmail.com)

**Website:** [www.hunstantoncatholicparish.org](http://www.hunstantoncatholicparish.org)

**Email:** [parish@hunstantoncatholicparish.org](mailto:parish@hunstantoncatholicparish.org)

## Heacham Hedgehogs



Hedgehogs are about. I know, I have seen them squashed on the road. There was a time when this was a recognised method of counting them – the theory went ‘the more dead hedgehogs the healthier the population’. You can tell it was a government statistic.

Well, reality has caught up with numbers and hedgehogs are in serious decline.

Please keep a look out for them and other animals on the road and tell any friends and relatives to do the same.

In your gardens, supplement their diet (cold nights keep worms and insects away) with hedgehog food or appropriate pet food (white meat) and remember to allow them to roam through fences to nesting sites in hedges.

This following is part of a letter recently sent to Hedgehog supporters:

‘The Government is concerned about the decline of the hedgehog. Whilst the reasons for the decline in numbers of this emblematic species are complex, we support efforts to make our gardens more hedgehog friendly and more friendly to wildlife generally and pollinators specifically. To encourage the involvement of local communities we recently published advice for homeowners in the form of five simple steps to make gardens more hedgehog friendly. This advice can be accessed at: [www.gov.uk/government/news/five-simple-steps-to-transform-gardens-in-to-hedgehog-havens](http://www.gov.uk/government/news/five-simple-steps-to-transform-gardens-in-to-hedgehog-havens)

However, the government will not, as yet, give the hedgehog better legal protection. A petition is circulating:

<https://petition.parliament.uk/petitions/121264>

The petitioner urges the House of Commons to endorse the practical supporting measures of ‘Hedgehog Street’ and ensure the hedgehog is given better legal protection, including adding it to Schedule 5 of the Wildlife and Countryside Act by the Government and in particular the Department for Environment, Food and Rural Affairs.

Please sign this petition and encourage others to do so.

**Terry Parish**



We’re having a birthday party on Saturday, 11th June in the Recreation Ground, 3.00-5.00pm.

There will be party food, games, bouncy castle and much, much more. Andy Groom will be our compere and the winner of the ‘design a birthday card for the Queen’ will be presented with their prize.

Tickets are £5 each, available from the Parish Council office in Pound Lane. Numbers are limited so get your tickets soon to avoid disappointment

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 • [zoopla.co.uk](http://zoopla.co.uk) and all other major property websites.

King's Lynn 01553 770055 • Fakenham 01328 855899  
 • Wells-next-the-Sea 01328 710666 • London 020 7629 9966

**Snettisham Christian Fellowship**

**Christ centred Bible teaching Gospel led**

10:45 every Sunday morning  
 Memorial Hall Old Church Road Snettisham  
[www.scfonline.org.uk](http://www.scfonline.org.uk)



## A "GRAND" OCCASION

In keeping with their tradition of charitable giving, members of the Seymour Howard Lodge of the Royal Antediluvian Order of Buffaloes (The "Bufs") based at Heacham Sports and Social Club, donated £1,000 to the Big C cancer charity.



Holding the cheque are Danny Callaghan (left), Clive Evans, Director of Income Generation for the Charity (centre) and Ian Cooke (right).

Ian Cooke paid fulsome tribute to the work undertaken by the charity in Norfolk and Waveney, following which, in thanking the Lodge for their generous donation, Mr Evans gave an interesting presentation in which he explained the history of the Charity, the range of activities currently carried out and plans for the future.

## KEEP HEACHAM A VILLAGE

The Planning Inquiry on 17th May, has now been moved to a larger venue, Lynn Sport. Is this because the Inspector has realised the large scale opposition to this development?

Attendance on the first day will also show this opposition and so the coach is also an important statement to the inspector - Please support it.

Our MP has asked to speak against the development at the Inquiry. He thinks that it is so important he has given up parliamentary time in order to speak.

We have won at every stage of the Planning process. With your support we can do it again.

Coach details:

There are a few places still available on the coach so please contact the Parish Council Office. Those of you who have already signed up will be getting an e-mail, text or phone call. If you do not hear anything contact us via the Parish Council Office.

The Peelings coach will pick up at Heacham Tesco at 9.00 am followed by Heacham Co-op. Return to Heacham from Lynn -sport will be at 1.00pm.

We look forward to seeing you. With your support we can stop this development spoiling the village.

In response to the letter writer in the April edition, the group is not "obsessed with the School Road development" it is just motivated by the real problems that already exist at the School junction. The proposed development will add to these and will affect all the village.

We have also responded to other big developments like the one in Hunstanton.

**Keep Heacham a Village Team**

## **FOX & HOUNDS** **AWARD WINNING FOX BREWERY** Station Road, Heacham. Tel: 01485 570345

**Up to 8 handpulls serving our own & guest real ales**  
**Forthcoming gigs For May ( 8.30pm unless stated )**

**Tues 3rd Part Time Blues**

**Fri 6th Jam Session**

**Tues 10th Ned Kelly**

**Fri 13th Hush**

**Sun 15th Classic Car Rally - from 3pm**

**Tues 17th John's Blues Crew**

**Fri 20th D C Wilson Band**

**Sat 21st Sylvester Peat Cutters and The Twilight Bigger**

**Tues 24th Dave Thomas Band**

**Friday 27th Chris King Robinson Band**

**Sun 29th Hilbilly Cats**

**Bar open every day from Noon.**

**Food served mon-sat 12-2, 6-9, sun 12-2. Welcome to dine in the bar or restaurant area.**



**Follow us on Facebook @foxandhoundsheacham**

**\*Times may change. Please call the pub on the day. Booking is recommended.**

## WEST NORFOLK MIND

### West Norfolk Mind 'gearing' up for another great race team

Two young brothers from Heacham, Harry and Charlie Hardy, are proud to be running for West Norfolk Mind's 1.2K Mini GEAR race team on Sunday May 1st in King's Lynn and are already raising sponsorship for the local adult mental health charity.



Zena Penty, Volunteer Co-ordinator at West Norfolk Mind, said "It is vital to eradicate stigma and discrimination around mental illness and for young people to grow up feeling comfortable to talk about their mental health. The boys' Mum Emma Hardy is an Intensive Support Worker with West Norfolk Mind, so the boys have been supporting us for a while and are an inspiration. We already have a fantastic race team but would still welcome some

more runners who wish to support the amazing work that we do throughout West Norfolk".

To find out more about the race see [www.grandeastangliarun.co.uk](http://www.grandeastangliarun.co.uk) and to join West Norfolk Mind's team, contact Zena Penty 01485 572707 or email [zena.penty@westnorfolkmind.org.uk](mailto:zena.penty@westnorfolkmind.org.uk)

Anyone wishing to find out more about West Norfolk Mind's Support Services should contact their Head Office 01553 776966 or website [www.westnorfolkmind.org.uk](http://www.westnorfolkmind.org.uk)

## TAKE A STAND AGAINST SCAMS

Consumers LOSE approximately £9 BILLION to scams each year!

Don't add to this staggering figure. TAKE A STAND!

### Top 10 tips to take your stand against scams

- 1 **Say NO.** To unwanted, uninvited callers.
- 2 **Be wise to rogue traders.** Too good to be true offers, probably are.
- 3 **Don't feel pressured to make a decision.** Say "No", or say you need advice first.
- 4 **Be wise to postal scams.** No legal company will ask for money to claim a prize.
- 5 **Keep personal details safe.** They could be used fraudulently in the wrong hands.
- 6 **Research the credentials of the company.** Be certain they're not bogus.
- 7 **Be online savvy.** Check who you're communicating with online.
- 8 **Talk to someone you trust.** If you're suspicious.
- 9 **Report a scam.** Help expose the criminals.
- 10 **Know you are not alone.** Anyone can be a victim, report it and get the right support.



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## The Old Schoolgirl Friends

This photograph was taken when the Old Schoolgirl Friends of Heacham School met in March at their monthly get-together at Norfolk Lavender.

As listed in the Diary pages of the Newsletter, these friends meet on the last Wednesday of every month at Norfolk Lavender for their 'chat and coffee'.

If anyone would like to join us you are very welcome.

Janice Maiden



## Anmer Village Social Club Film Night

Friday 13th May 2016 at 8.00pm

"DAD'S ARMY"

Starring Catherine Zeta-Jones, Michael Gambon, Bill Nighy, Tom Courtenay, Ian Lavender, Annette Crosby and Alison Steadman.

Venue – Anmer Village Social Club

Admission by ticket - £3 at the door

Doors and bar open 7.30pm

Email: [films@anmerclub.co.uk](mailto:films@anmerclub.co.uk) or telephone 01485 579465.

For details of this and other forthcoming events, including trailers of future films, visit our website at: [www.anmerclub.co.uk](http://www.anmerclub.co.uk)

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## Would you like to learn Bridge?

In previous articles I have been concentrating on playing hands. In the next few issues I shall be spending time on how you defend when your opposition is playing the hand. Defence is probably the most complicated part of bridge and arguably the most rewarding. If you are a good defender, you are a good player.

Let us start with the opening lead. The bidding is complete and the contract decided. Your right hand opponent is the Declarer and it is your job to make the opening lead. The opening lead is really the only lead you make "blind" as from trick two onwards you can see dummy as well as your own hand. It is also the most important card you are likely to play. It is estimated that 50% of contracts which are "in the balance" are decided, one way or the other, by the opening lead.

Andrew Robson has a very good acronym for the art of defence. Be a TOP defender. The T stands for the number of tricks you need to win to beat the contract. (If the opposition has bid 3NT, they need to get 9 tricks – you need to get 5 tricks), the O stands for Opponents – What did they bid. The P stands for Partner – what did he or she bid? Before you lead, you have to consider each of these.

In this article we shall consider leads against a No Trump contract. The opponents have bid; 1NT-3NT, what does this tell us?

- Firstly (if they are competent, sometime a dangerous assumption!) that the opponents have at least 25 points between them. Taking the number of points you have in your hand, you can then have a pretty good idea of how many points your partner has.

- Secondly, did your partner say anything – probably not after this bidding? – Thirdly. Do you have a long suit? A no trump

contract is often a battle between long suits. Can you set up your long suit before opponents set up theirs?

If our Partner has bid a suit, we would normally lead his/her suit. Partners do tend to get very upset/emotional if we do not lead the suit that has been bid. Unless we have a very good reason for not doing so, for the sake of peace and harmony, lead your Partner's suit! Depending on what you have in your Partner's will dictate what you lead. Mr Robson again has two very good acronyms to help you with this. Low for Like; High for Hate. If you have an honour in the suit (e.g. ♥ K,6,5) you would lead the 5 (a low card). If you have nothing in the suit (e.g. ♥ 8,3,2) you would lead ♥ 8 (a high card).

However, we have established that, assuming the above bidding, your Partner has remained silent. In these circumstances, you would lead your longest suit, but which one? There is a very long standing convention that you lead the 4th highest of your longest suit. So from ♠A,8,6,5, you would lead ♠5 and from ♦A,J,9,6,5, you would lead ♦6. This rule is not completely set in stone especially if you have a sequence of 3 cards. From ♥ Q,J,10,5,2 you would lead the ♥

Q rather than the ♥ 5 as, if you lead the latter, you might enable the Declarer to win a trick with a low card.

a:	♠: K,J,4,3,2	W	N	E	S
	♥: 5,4,3				1NT
	♦: A,10,5,2	P	3NT	P	P
	♣: 5	P			

b:	♠: K,J,4,3,2	W	N	E	S
	♥: 8,4,3				1D
	♦: A,10,5,2	P	1S	2H	2NT
	♣: 5	P	3NT	P	P

c:	♠: K,J,4,2	W	N	E	S
	♥: 8,4,3				1NT
	♦: K,Q,J,5,2	P	2NT	P	3NT
	♣: 5	P	P	P	

d:	♠: J,4,3,2	W	N	E	S
	♥: K,4,3				1D
	♦: A,10,5,2	P	1S	2H	2NT
	♣: 5,2	P	3NT	P	P

Now some exercises. You are West - what do you lead with the following hands?

Answers a: 3♠. b: 8♥. c: K♦. d: 3♥.

How did you get on? Do e-mail me if you had a problem; brb.carrick@gmail.com

Bob Carrick

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## TIDE TABLES FOR MAY & JUNE 2016

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT) BST add 1hr.									
May 2016					June 2016				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 SU	00 12	5.5	12 33	5.7	1 W	02 27	6.2	14 32	6.5
2 M	01 52	5.7	14 00	6.0	2 TH	03 29	6.6	15 35	6.8
3 TU	03 02	6.1	15 05	6.5	3 F	04 23	6.9	16 33	7.2
4 W	03 58	6.7	16 02	6.9	4 SA	05 14	7.2	17 28	7.4
5 TH	04 49	7.1	16 54	7.4	5 SU	06 01	7.4	18 21	7.5
6 F	05 36	7.4	17 45	7.8	6 M	06 46	7.5	19 13	7.5
7 SA	06 20	7.7	18 35	7.9	7 TU	07 30	7.5	20 01	7.4
8 SU	07 03	7.7	19 24	7.9	8 W	08 10	7.4	20 46	7.2
9 M	07 45	7.7	20 09	7.7	9 TH	08 51	7.2	21 32	6.8
10 TU	08 25	7.4	20 55	7.3	10 F	09 34	6.8	22 21	6.3
11 W	09 07	7.1	21 44	6.8	11 SA	10 21	6.3	23 15	6.0
12 TH	09 52	6.6	22 41	6.2	12 SU	11 17	6.0		
13 F	10 47	6.1	23 49	5.7	13 M	00 15	5.6	12 22	5.7
14 SA	11 57	5.7			14 TU	01 15	5.5	13 27	5.6
15 SU	01 00	5.6	13 10	5.6	15 W	02 16	5.6	14 29	5.7
16 M	02 08	5.6	14 18	5.7	16 TH	03 11	5.9	15 24	6.0
17 TU	03 09	5.9	15 16	6.0	17 F	04 00	6.1	16 13	6.1
18 W	04 00	6.1	16 06	6.2	18 SA	04 41	6.5	16 57	6.3
19 TH	04 42	6.5	16 49	6.5	19 SU	05 20	6.7	17 38	6.6
20 F	05 18	6.6	17 28	6.6	20 M	05 57	6.8	18 20	6.7
21 SA	05 51	6.8	18 04	6.7	21 TU	06 35	6.9	19 01	6.7
22 SU	06 22	6.9	18 41	6.7	22 W	07 14	7.1	19 41	6.8
23 M	06 56	6.9	19 18	6.7	23 TH	07 49	7.1	20 19	6.8
24 TU	07 31	6.9	19 54	6.7	24 F	08 24	7.1	20 58	6.7
25 W	08 02	6.9	20 29	6.6	25 SA	09 02	6.9	21 40	6.5
26 TH	08 34	6.8	21 05	6.5	26 SU	09 45	6.8	22 29	6.3
27 F	09 11	6.6	21 48	6.2	27 M	10 35	6.6	23 29	6.1
28 SA	09 56	6.3	22 41	6.0	28 TU	11 38	6.5		
29 SU	10 52	6.1	23 51	5.7	29 W	00 39	6.0	12 50	6.3
30 M			12 02	6.1	30 TH	01 52	6.1	14 05	6.5
31 TU	01 14	5.9	13 20	6.2					

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## TAKE A STAND AGAINST DOORSTEP CRIME

**PROTECT YOURSELF FROM DOORSTEP CRIME.  
IF YOU'RE NOT SURE DON'T OPEN THE DOOR.**

REMEMBER

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- Don't trade on the door step.
- Ask a trusted friend or family member for advice on reputable traders.
- Display a "No Cold Calling" sticker outside your door.
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## HUNSTANTON & DISTRICT ROTARY CLUB

### Rotary Matters



Rosedale House



In the photo is (Back: Teresa Ovenden, Adrian Evans & Brian Devlin. Front: Katie Mathunjwa & Janet North).

On the morning of 9th March we presented an iPad to staff at Rosedale House, King's Lynn. Katie said "For a lot of

young people a move to a new home can be quite scary. The iPad will enable us to make short films of what life at Rosedale is like ..... adults and other young people introducing themselves, activities and mealtimes going on. This can help to break down some of the scary barriers."

#### Awareness Meeting

In the evening we held an Awareness Meeting at the Golden Lion, Hunstanton. This was regarded as a great success and feedback from the event was very positive. There were close to 40 attending, with an even split of Rotarians and non-Rotarians. As 100% of our fundraising is done locally and 80% of our donations made locally, we feel it is important from both these aspects that the community understands what we do. We need local people to support our fundraising events and also be aware of how we can help with monetary donations or non-monetary services.

#### WN Deaf Association – Amanda Kenny

The following week we invited Amanda Kenny from the West Norfolk Deaf Association to our weekly Fellowship meeting. Amanda provided an insight into the problems experienced for those who have hearing loss and who would benefit from a hearing aid. There are many people with hearing aids who leave the aid in the cupboard as they are either not discreet enough to save embarrassment or not correctly set to the wearer's personal needs to maximise their effectiveness. Amanda and the WDNA can help in both these areas with different designs and help with settings to resolve these problems. Aids supplied and supported on the NHS (who will update your hearing aid every four years) compare very favourably with private suppliers.

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Amanda demonstrated a loop system, which in this case worked for those members with a hearing aid fitted with a telecoil, which is a fairly common feature in modern hearing aids. Many public places such as Hotels, Cinemas, Banks etc. that you may visit, now have 'loop systems' where, with just a slight adjustment on your aid, it can wirelessly connect you to the person using the transmitter. The system was used at the meeting to show just how effective and clear it was compared to normal amplifying speakers.

Amanda explained how background noise in public environments made hearing through an aid more difficult, but the problem reduced in rooms with carpets and curtains that help absorb background noise. It was also highlighted how helpful it was for a hard of hearing person to be able to lip read what a person is saying, and the speaker should face the listener and also avoid hiding their mouth with objects or their hands.

Remember, you are not alone with your hearing loss; there are 10 million people with this loss. Age related hearing loss can start at 50, though more commonly around 70 years of age.

If you need help, contact Amanda in King's Lynn, telephone number 01553 773399.

#### Hunstanton & District Foodbank

Our club was pleased to get the opportunity to help the Hunstanton & District Foodbank fund the development of their new initiative to extend their services. Currently, the foodbank provides food parcels for local people in need, but it was recognised that a more permanent solution was sometimes required in the form of specialised advice and guidance. Therefore, support services are being developed including a telephone support line which will make accessible advice on things such as debt management and ways to reduce ongoing living costs. A telephone support line is to be set up to facilitate this. Additionally, a weatherproof 'A' board will be purchased to be set up outside of the foodbank when open to make it easier to find.

#### Potpourri of Poetry

Plans for our Poetry Evening on 27th April are moving ahead quickly. This event is held in St. Edmunds Church Hall, Hunstanton and is one of the Club's most popular with club members, although all members of the community are welcome to come along and enjoy. The evening is relaxed with many coming to read their favourite poems and others just to listen. The food is prepared in the kitchen attached to the hall and the variety of sweets on offer is cooked by members of Rotary or Inner Wheel. The evening is organised by our International Committee members with proceeds from the evening going to Polio Plus, a cause taken up by Rotarians worldwide many years ago to totally eradicate polio. This is now very close to becoming a reality and in the last few years Rotary has been joined by Bill

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Clean for the Queen Litter Pick

Picture shows: Lyn & Brian Devlin with Sue Shaw.



On Saturday and Sunday, the 5th and 6th March, Rotarians and partners braved the cold weather and rain to clean the Hunstanton beaches to support the 'Clean for the Queen' campaign. The above picture shows those brave men and women, except for

Richard Shaw who was taking the picture. We are pleased to report they all returned safely before the incoming tide claimed them.

'Clean for The Queen' is a campaign to clear up Britain in time for Her Majesty the Queen's 90th birthday, which will be officially celebrated in June 2016. When she came to the throne, litter was not the problem that it is today. Food packaging, plastic bottles, takeaway meals and cigarette butts have all contributed to a growing menace that affects our wildlife, streets, countryside and sense of pride. What better way could we show our gratitude to Her Majesty than to clean up our country?

## HEACHAM LIBRARY

BOOKS • INFORMATION • NEWS • INTERNET

Hurrah, the latest Elly Griffiths novel "Women in Blue" is now available at the Library as requested; there are several copies to meet demand (we hope).

Proving books are great at any age, we have been pleased to note that there has been a large rise in the number of children's books being taken out over the last year, due in part to the fact that we have a good range of story books and easy readers for younger children.



### Heacham Scouts search online for the right books

Also on the subject of children, Heacham 1st Scout Group visited the Library recently to work on their Librarian Badge, which included searching online for books on certain subjects, identifying the ISBN numbers and investigating the sources of information available from the Library.



### More sleuthing in Norfolk for Dr Ruth Galloway

Many of the Scouts were fascinated to learn that the building had originally been a bank.



### More than just books available at Heacham Library

Apologies to our regular computer users as we had one or two issues with the computers last month, but as you read this all three, along with the printer, are back in action.

### Heacham Library Opening Hours

Monday, Wednesday, Friday - 10am-4.00pm

Saturday - 10am - 12noon

Please note that the Library will be closed on the Bank Holidays 2 & 30 May

### Green & Pleasant Garden Nursery

Opened its doors to plant lovers last Saturday at Drove Orchards in Thornham.

Ian & Catherine Mullard stock a wide range of perennials, grasses, trees and shrubs and they have a passion for producing plants that will transform your outside space into a spectacular garden. Whether you want a blooming extravaganza or a tranquil haven they've got just the right thing for your planting scheme and they love talking plants so they're on hand with tips and advice on growing, planting and design.

Green & Pleasant plant nursery is situated in Drove Orchards beautiful East Anglian Heritage Orchard. Use the rear car park which has plenty of parking and look for the gravel path which winds its way through the trees for about 10 metres before you step out into the gorgeous orchard and plant nursery.

Find Green and Pleasant at Drove Orchards off the A149 Coast Road Thornham PE36 6LS.



**Green & Pleasant**

garden nursery

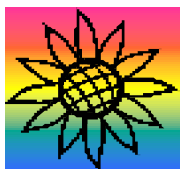
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Bulbous Perennials Lavenders

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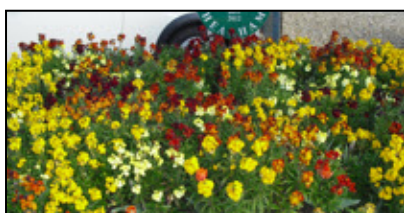


## Heacham in Bloom

Thank you to all of you who attended and supported us at our Spring Coffee morning on 16 April; it was such a wet morning but we still raised the sum of £138.70.

Much of April was spent tidying up the planting areas and in the coming weeks we will be clearing out the winter planting and getting the beds ready for the summer planting; we hope you agree with us that the use of Wallflowers for Spring colour has been successful.

Many of you, if not all, will be familiar with our 'Plough Bed' at the Redgate Hill Junction which only last year we invested in a revamp. We have been informed that due to the new housing development on Redgate Hill and associated changes to the layout of the junction, the bed will have to be removed. We are



pleased to say that, so far, Norfolk County Council has supported the plough's relocation within the new road layout. We do not know when the bed will have to be cleared, although

we hope that it will remain in place for one more summer.

The Committee, after careful consideration, have decided not to compete in Anglia in Bloom this year. It was felt that with the changes in committee membership and some logistical issues we needed a break from the pressure of the judging to allow us to concentrate on just the planting schemes. That said, it WILL be planting to Gold standard as usual as that has always been our priority, the village deserves to look good and it's a Thank You to you all for your support over the years. Our scheme for 2016 will feature Lavenders along with Purple, White and Silver leafed foliage which, we hope, will give a soft traditional look. There will also be something different to look out for at the Fire Station.

**The Best Blooming Caravan and Caravan Park Competition 2016.** Posters and entry forms have been delivered to each caravan park in the village. Forms may also be requested via email: [heachaminbloom@btinternet.com](mailto:heachaminbloom@btinternet.com)

**Heacham Pride of Place Campaign 2016** has also been launched; this is the initiative where we hope to encourage you to take a fresh look at where you live, work or play and put into practice ideas for improvements. You can register via email: [heachaminbloom@btinternet.com](mailto:heachaminbloom@btinternet.com) or via our Facebook page. The first 10 to register will receive a £10 voucher to spend at Moulam & Horn on plants.

**Heacham in Bloom Committee**

## The Kitchen Gardener

Due to a change in personal circumstances resulting in an increased workload, Hilary Dellar-Lane will, unfortunately, no longer be able to provide the Newsletter with her monthly articles. We know many of our readers have enjoyed reading her articles over the past couple of years - her useful kitchen gardening tips and recipes will be missed. Thank you Hilary and should you feel able to come back to us sometime in the future, we will welcome you back.

THN

# Kathryn Gigg

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## Heacham Youth & Community Trust Ltd Charity Shop 'Barn' Openin

Heacham Youth and Community Trust Ltd are pleased to announce that the barn attached to the Charity Shop in the High



Street is now open. This means we can now accept good quality furniture and electrical items, also interesting bits and pieces and garden tools that the shop is too small to accommodate.



We would like to thank our local tradesmen, C K Hughes, Geoff Procter Roofing, Darren Bailey, Dave Curtis and Neil Johnson who have given their time to help us get this exciting project off the ground. Without their help this wouldn't have happened so quickly.

Thanks again to all our volunteers who also give their time and to all the people who support us.

Heacham Youth & Community Trust

Solution to Newsletter SUDOKU No. 101	1	4	3	5	2	7	8	9	6
	7	5	8	6	3	9	2	1	4
	2	9	6	1	8	4	3	5	7
	3	2	9	4	7	8	5	6	1
	8	6	7	2	5	1	9	4	3
	4	1	5	9	6	3	7	2	8
	9	3	4	8	1	2	6	7	5
	5	8	1	7	9	6	4	3	2
	6	7	2	3	4	5	1	8	9

### NEWSLETTER SUDOKU No. 102

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

	6			4		1	5	
1			6	8	2			
				9		8		2
			1		9		3	
		2				6	1	5
	4			6	3		9	
	2	3	7				8	
			4					7
6	5			2				1

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WITH ENTERTAINMENT EVERY SATURDAY  
THROUGHOUT THE SEASON.

STEAK OR CURRY NIGHT SPECIAL ON FRIDAYS  
TRADITIONAL ROAST SERVED ON SUNDAYS

THIS MONTHS ENTERTAINMENTS:-

SAT & SUN MAY BANK HOLIDAY

MATT PIERCE & CORY LEWIS (MOTOWN)

MAY 7th	T.B.A.
14th	LAUREN CLARE
21st	CAROL - ANN
28th	TRAVIS GRAHAM

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## HEACHAM COMMUNITY BUILDING PROJECT

Heacham Parish Council has been working closely with Atelier Associates who have produced concept drawings for the new community building on the old Dairy Crest site. Option 1 would see the existing site demolished with a completely new building on the site. Option 2 would incorporate some of the existing buildings with new, sympathetic constructions.

In order to meet the needs of the village, extensive consultations have been carried out over the last 12 months and both of the new designs incorporate as many of your ideas as possible. The next big decision is which of the 2 designs is preferred by you.

More details will be given at the Annual Parish Meeting on 25th May in the Old Friends Hall, Sunnyside.

### Option 1.



### Option 2.






## Heacham Foot Health Clinic

- ▶ professional foot care service
- ▶ clinics held at Heacham and Hunstanton
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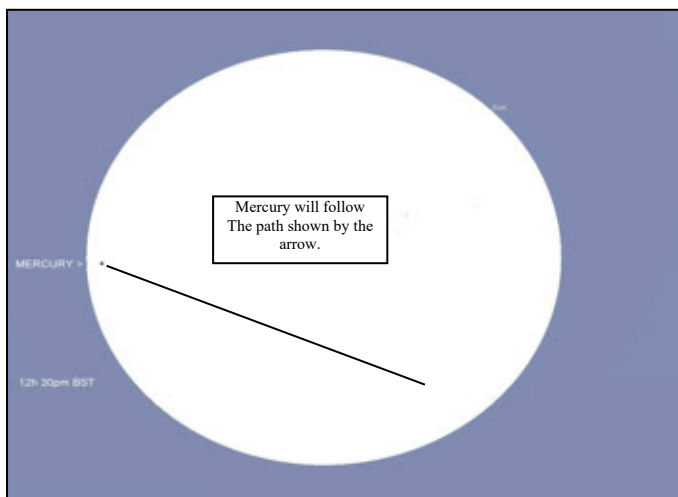
**Call for a Free No Obligation Quote**  
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## Heacham at Night

9th May is Transit Day; the transit of Mercury across the Sun to be precise. It starts at 12 minutes past midday and finishes at 7.42pm.

Mercury will be passing in front of the Sun and appear as a small black dot. DO NOT look directly at the Sun – it is dangerous and the glare will not let you see the tiny dot anyway.

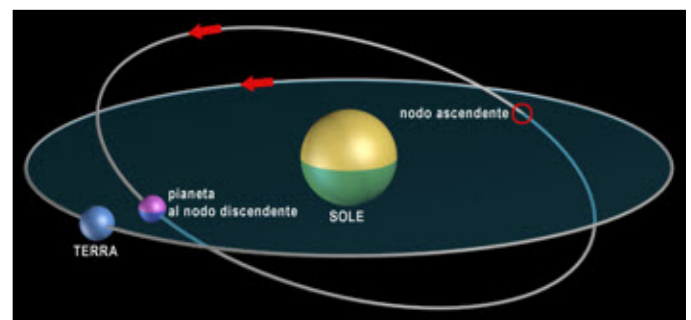
Projecting an image of the Sun is the safest way to observe Mercury. Make a decent pinhole in a piece of card and face it towards the Sun, hold another card behind it and move it back and forth until a clear image is seen. It helps if the cards are mounted and enclosed in a box – a pinhole camera. A better and brighter image can be obtained if either binoculars or a cheap telescope is used to PROJECT an image onto card or a wall. DO NOT look through either instrument.



Special filters make telescope viewing possible. I have several and will be setting instruments up in my back garden (1 Woodside Avenue) if anyone wants to look. The best time will be between 1pm and 3.30pm as I might join another public viewing later than that and will be trying to photograph the start of the transit before then. It all depends on the weather which continues to have its grey moments.

Transits of Mercury are fairly common and there are around 10 each century, not all visible from Europe. Earth, Mercury and the Sun have to be aligned and this can only happen in May or November. The next transit is on Nov 11th 2019 and the one after that Nov 13th 2032. The next May transit is in 2049 so try and catch this one. The diagram below attempts to illustrate the alignment issue.

The text on the diagram is not English, a language diminishing on this island. Sole = Sun; Terra = Earth; planeta = Mercury (in



this case); nodo = node, and the other words are obvious. The plane of the orbit of Mercury is tilted some 7 degrees from that of Earth. In addition, Mercury shoots around the Sun in 88 days (47.4km/s), lapping the Earth around 4 times / year. The only times Mercury gets directly between us and the Sun is when it is descending across Earth's plane (May), or ascending (November), AND when the Earth is in the right place too (about 10 times in a century). The two points where the planetary planes

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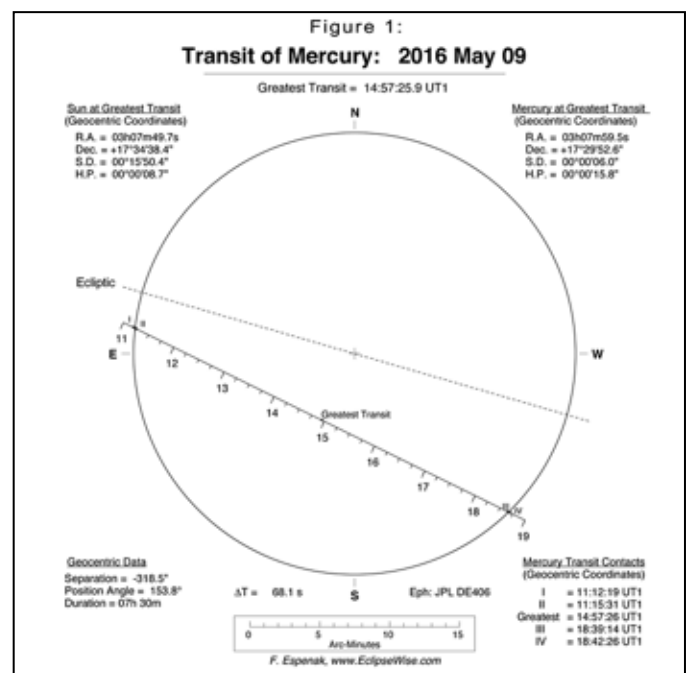
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cross are the nodes.

The diagram above is essentially the same as the first one but has more details which may interest some if they print out OK.



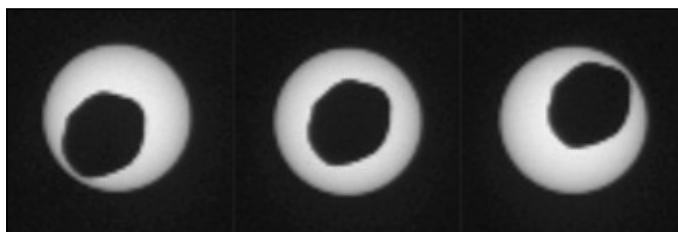
The times indicated on the transit path are in Universal Time (UT); add 1 hour to get BST.

A transit is defined as the passage of a smaller body across the face of a larger as viewed by an observer on a third body. So, Mercury moving across the Sun viewed from Earth. If you observed the partial solar eclipse last year then you watched a transit – Moon, Sun, Earth. As the Moon is at a distance which allows for the Sun to become just fully concealed that transit was called an eclipse. You may also have watched the Blood Moon eclipse last year. That was a transit too but only to an observer on the Moon – Earth passes in front of Sun as seen from the Moon.

From the Earth we can see transits of the planet Venus too but these occur, in pairs, only every couple of hundred years. I saw the one in 2004 but missed it in 2012 due to rain. The next Venus transit is in 2117.

Observation of transits in the 17th century led to an accurate determination of the size of the solar system. In the present day, an observation of extra solar transits (transits of planets across far off stars) has led to the discovery of several thousand planets in the Milky Way.

The images below show the transit of the moon Phobos across



the face of the Sun. It was taken by the Curiosity Rover on the surface of Mars.

Phobos is very small, just 7 miles across and orbits only 3,700 miles from the Martian surface. Its silhouette clearly indicates that it is an irregular, potato shaped, lump of stuff. Indications are that it is a rubble pile held together by gravity.

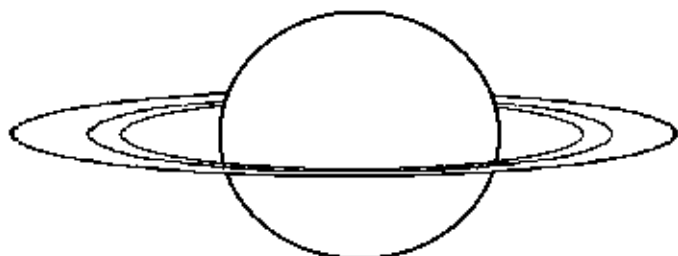
I have brought Mars into the article because it is bright in the southern sky after midnight and reaches opposition, on a line passing through the Sun and Earth, on the 22nd. It remains close to the red star Antares. And, to the left of Mars, Saturn shines out and its rings are clearly visible in a telescope. I saw them at about 3.30am in early April. The Moon is close to Saturn on the 23rd; the night before it is between Mars and Saturn, closer to Mars.

Jupiter remains bright in the SW and, in the early hours of the 15th is close to a waxing gibbous Moon.

Saturn reaches opposition on the 3rd June so try and get a view of its rings and, perhaps, the largest of its moons, Titan. The rings will be at their brightest on the 3rd as shadows of the particles which make them up are directly behind them so not causing any shading to the side. This brightening is called the Seeliger Effect.

Happy Transit.

**Terry Parish**





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# FREE FITSTEPS CLASS Charity fundraising event

**Saturday 14th May**  
**Heacham public hall**  
**2PM - 4PM**

EVERYBODY WELCOME!  
PRIZES - RAFFLE - CAKE STALL -  
REFRESHMENTS

Help us to raise money for Cancer research and  
Alzheimer's Society

FitSteps fundraising event is brought to you by accredited FitSteps instructor  
Jaime Parry. It's going to be a fun free class but please dig deep and donate all  
you can to our chosen charities.

FitSteps is a dance/fitness programme created by 'Strictly's' professional  
dancers Ian Waite and Natalie Lowe. They have combined the best known  
Latin and Ballroom dances with proven fitness techniques, to develop a  
dance/fitness programme that is capable of delivering fast fitness results, with  
a heap of fun thrown in!

And for anyone who's thinking, 'But I can't dance' or 'I don't have anyone to  
dance with', then don't worry – you don't have to be able to dance and you  
don't need a partner! You just have to want to get fit and have fun!

<https://www.fitsteps.co.uk> <https://www.facebook.com/JaimeFitSteps>

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Ward Gethin Archer is pleased to announce that Michelle Ashby has joined us at the Heacham office as a Residential Conveyancer. Michelle will be based at the Heacham office full time and is looking forward to meeting members of the local community and local business people.

Michelle has over 10 years experience and as she lives locally she has knowledge of the local area. Being a residential conveyancer means that Michelle specialises in buying and selling both freehold and leasehold residential property, acting for mortgage lenders, dealing with re-mortgages and transfers of land and dealing with equity release.

The Heacham office also has a wills and probate specialist attending 2-3 times a week and a commercial property specialist attending on a regular basis. We also deal with personal injury, family law, criminal law, employment law and civil litigation. We are able to offer appointments at the Heacham office for all of the areas we cover and we are happy to make home visits.

The office is open from 8.45am-5pm Monday-Friday. We offer free no obligation quotations and Michelle is happy to offer free consultations in relation to residential conveyancing matters.

Michelle is assisted by Heather Howell and Joanne Wood. Michelle and the team would welcome all to the office should you wish to come and say hello. Please contact 01485 571366 or [michelle.ashby@wardgethinarcher.co.uk](mailto:michelle.ashby@wardgethinarcher.co.uk)



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## WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane  
MC = Methodist Church Hall, Station Road  
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside  
PRH = Pine Residents Hall, Wilton Rd  
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club  
PH = Public Hall  
NC = Neville Court

HOME ALONE? Need someone to Talk to? Come and join the Friendship Group Contact Beryl on 01485 779282 (No fees involved) Just meeting new people

### MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room  
ART CLASS 10am – 12noon For info Tel: Shirley Milborn 572247 (PRH)  
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30am Tel : 570492  
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311 (PH)  
FITSTEPS 11.00 am - 12 noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)  
ROLLASON STAGE SCHOOL Dance Classes 6yrs+ Ballet/tap/modern 4.15-5.15pm Junior Street 5.15–6pm Tel:579074 (PH)Top Room  
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 – 6pm Contact Tel: Kathryn 572138 (MC)  
JUNIOR TENNIS 5 - 6pm Enquiries Tel: Richard Smith 07718 553415 (HSC)  
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485  
LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3 Contact Diane 571166 (SM)  
1st HEACHAM SCOUTS ( boys and girls aged 10 to 14yrs ) 7 - 9pm Tel: Seb 07477 511116 (SG)  
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)  
INDOOR BOWLS CLUB 7pm (MC)  
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)  
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com. (PRH)  
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm (HSC) Top Room Contact Sue Scott Tel: 572252

### TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429  
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)  
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel : 01553 774343 (SM)  
CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707  
LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3 Contact Diane 571166 (SM)  
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)  
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)  
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)  
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)  
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)  
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)  
HEACHAM & SANDRINGAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019  
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)  
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds  
HEACHAM BOOK CLUB 3rd Tuesday mthly Tel: Beth 570479

### WEDNESDAYS

CAR BOOT SALES Gates open 6.30am for a 7am start (HSC) Sports Field  
WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar Ave Heacham £35 per day or £20 part of a day (personal budget holders & self-funders welcome) Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk  
SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)  
CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)  
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126  
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly (PC)  
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)  
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields  
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)  
SENIOR TENNIS from 6.30pm (Thursdays if wet) Enquiries Tel: 571148 Mike Nobes (HSC)  
LINE DANCING 7 - 9pm Improver/Intermediate £3. Contact Diane 571166 (SM)  
BINGO 7.30pm Neville Court Grouped Home  
HEACHAM TWINNING ASSOCIATION 3rd Wednesday monthly @7.30pm New members welcome Tel: 579465.(PC)  
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)  
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851 Peter Gray www.westnorfolksingers.org.uk/ (MC)  
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

### THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30–3pm For info see Wednesday  
TABLE TENNIS CLUB 10am (PH Top Room)  
OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10-11am Tel: 298429 or 579125  
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)  
MOTHERS' UNION 4th Thursday monthly 2pm (SM)  
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07813014477 Mary Harpley (PRH)  
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492  
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084  
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)  
FITSTEPS 6.30 – 7.30pm To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (OFH)  
1st HEACHAM CUBS ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)  
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)  
SOCIAL EVENING Table games and darts 2nd Thursday monthly 7.15pm (MC)  
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)  
RAO BUFFALOS 8pm (HSC Top Room)  
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds



## **FRIDAYS**

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon  
3rd Friday of the month Contact Renee Smith or Barbara Fargher silverlinings@gmx.co.uk or Tel: 570534 (SM)  
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm

1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi  
7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu

Tel: Derek 01553 674779 (PRH)

INDOOR BOWLS CLUB (Carpet) 7pm (MC) CASH  
BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC Top Room)

## **SATURDAYS**

HEACHAM YOUTH CLUB Term Time School years 6-11  
Tel: Tracey Swann 07833 307856 (SM)

## **SUNDAYS**

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly  
Everyone welcome For details Tel:579440 (PRH)

## **Heacham Diary**

**Friday 6th May** GIG 'Jam Session' 8.30pm at Fox & Hounds Station Road

**Saturday 7th May** GIG 'T.B.A.' at Silver Sands

**Tuesday 10th May** GIG 'Ned Kelly' 8.30pm at the Fox & Hounds Station Road

**Friday 13th May** GIG 'Hush' 8.30pm at Fox & Hounds Station Road

**Saturday 14th May** GIG 'Lauren Clare' at Silver Sands

**Sunday 15th May** 'Classic Car Rally' from 3pm at Fox & Hounds Station Road

**Tuesday 17th May** GIG 'John's Blues Crew' 8.30pm at Fox 'Taster Day' at Heacham Social Bowls Club from 2pm No charge Just wear flat, smooth soled shoes

**Saturday 21st May** \*\* GIG 'Sylvester Peat Cutters and The Twilight Bigger' 8.30pm at Fox & Hounds Station Road

\*\* GIG 'Carol-Ann' at Silver Sands

**Monday 23rd May** 'Fridhem Bingo' at Fridhem Rest Home Station Road Eyes down 7pm sharp! Refreshments Come and join us

**Tuesday 24th May** GIG 'Dave Thomas Band' 8.30pm at Fox & Hounds Station Road

**Wednesday 25th May** 'Annual Parish Meeting' 7.30pm at The Old Friends Hall Sunnyside All welcome Refreshments will be provided after the meeting

**Friday 27th May** GIG 'Chris King Robinson Band' 8.30pm at Fox & Hounds Station Road

**Saturday 28th May** 'Messy Church' at St Mary's Heacham 10am-12 noon

\*\* GIG 'Travis Graham' at Silver Sands

**Sunday 29th May** 'Taster Day' at Heacham Social Bowls Club from 2pm No charge just wear flat, smooth soled shoes

\*\* GIG 'Hilbilly Cats' 8.30pm at Fox & Hounds Station Rd

**Saturday 11th June** 'Birthday Party' to celebrate The Queen's 90th Birthday 3 to 5pm in the Recreation Ground Party Food Games Bouncy Castle and much more Tickets £5 from Parish Council Office Pound Lane

**Wednesday 15th June** 'Blood Donation Session' at Heacham Public Hall 1.15 to 4pm and 5 to 6.30pm To book an appointment Tel: 0300 1232323 or on-line at [www.blood.co.uk](http://www.blood.co.uk)

**Friday 24th & Saturday 25th June** The Pocahontas Players present 'Extracts from 7 Brides for 7 Brothers' 7.30pm (Fri) 2pm & 7.30pm (Sat) at Heacham Public Hall Tickets

£8 (Children 13 & under £5) Tel: Janice 570402/Jim 571267/Jeannie 570280

**Saturday 9th July** 'Summer Fete' at Heacham Infant & Nursery School 11am-3pm Raffle Tombola BBQ Crafts Bouncy Castle Games and Rides

Please turn to the next page for 'Other Events'





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## OTHER EVENTS

**Friday 6th May** 'Quiz' at 8.45pm (after Bingo) at Hunstanton Conservative Club

**Saturday 7th May** GIG 'Karaoke with David George' at Hunstanton Conservative Club

**Friday 13th May** Anmer Village Social Club Film Night 'Dad's Army' 8pm Tickets £3 available at the door

**Saturday 14th May** 'Push The Boat Out' event at Snettisham Beach Sailing Club 10am-3pm Free taster sessions BBQ etc

\*\* 'C.A.L.M. Support Group' meets 11am-1pm at St Edmunds Church Hall Hunstanton More information from Debra Tel: 535320 All Welcome

\*\* 'Murder Mystery' at Hunstanton Conservative Club Tickets available at the bar

\*\* Cinema in Syderstone 'Bridge of Spies' 7.30pm at Amy Robsart Village Hall Tickets £3.50 (adv)

**Sunday 15th May** 'Car Boot Sale' at Smithdon High School 8am-1pm £5 Cars £10 Vans/Cars with trailers Free Parking

**Monday 16th May** 'Hunstanton U3A Meeting' 2pm Community Hall Hunstanton Includes a talk on Burston School Strike by Professor Howkins

**Wednesday 18th May** HDFA 'Poetry Morning' 10.30am-12noon in Hunstanton Town Hall Basement Cost £2.50 more info from Ann McKimm email: ann-mckimm@hotmail.com

**Saturday 21st May** 'An evening with Gage Boyle - Magician' at Hunstanton Conservative Club

**Thursday 26th May** Norfolk Wildlife Trust A talk 'Wildlife of Northern Cyprus' by Geoff Randall 7.30pm at Hunstanton Methodist Church Hall Cost £2(members) £2.50(visitors)

**Friday 27th May** Dersingham Village Screen present 'SPECTRE' 7.30pm at St Nicholas Church Hall Admission £5

**Saturday 28th May** GIG 'Dancing to 'Lloyd E Moon' at Hunstanton Conservative Club

**Sunday 29th & Monday 30th May** 'Heritage Centre Open Days' at RAF Bircham Newton Website: www.rafbnmp.org.uk

**Saturday 2nd & Sunday 3rd July** 'Ringstead Artists Exhibition' in Ringstead Village Hall 10am to 5pm

**Sunday 3rd July** 'Ringstead Open Gardens' 11am to 5pm £3 admits to all locations Lunches at The Old Rectory 12-2pm (to book Tel: 07786316610) Teas Raffle etc at Westgate House

**Sunday 3rd & Monday 4th July** 'Flower Display' at St Andrews Church Ringstead Theme - The Seven Sacraments

**WANT TO PLAY BRIDGE?** Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

**SEDGEFORD PRE-SCHOOL** - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford - Tel: Jane 01485 579489

**Mondays** FITSTEPS 6.30 - 7.30pm at Ingoldisthorpe Village Hall To book Tel: Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

**Tuesdays** BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst. Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

COASTAL STROKE GROUP 10.30am - 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

LINE DANCING 1.30 - 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

**Wednesdays** DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am-12noon at St Mary's Church Hall Snettisham For info Tel: Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP - Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford - Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

WEST NORFOLK TAI CHI CHUAN - weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

**Thursdays** LINE DANCING 10.30am - 12 noon at Hunstanton Community Centre £3 Tel: Diane 571166

TEA DANCE 2 - 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 - 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

**Fridays** BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10-11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)

HUNSTANTON BRIDGE CLUB 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

**Saturdays** CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com



### Artist - Esther Boehm - New in Heacham

Let me introduce myself! Some of you may have already met me at the Clay Day I held on 1st May at Messy Church, at the Pocahontas Players or even seen my sculptures at the Spring Art Show.

I am a German Canadian artist and was born in Edmonton, Canada, in 1958. I studied Fine Arts from 1976 to 1980 at the University of Alberta in Canada, where I received a BFA with a major in sculpture. I have experimented and worked with a wide variety of materials, both 2 and 3 dimensionally. My life's journey and artistic work has taken me from Toronto and Newfoundland, Canada, over to Munich, Lower Bavaria, the Palatinate region in Germany and, most recently, to Heacham.

My nomadic lifestyle plays a major role in my approach to my work. Since my Toronto years, where I taught at a private art school, I have also devoted myself to art education. The approach I take to teaching is much the same as my artwork. It is the creative process which interests and leads me. My method is to reach into the work of the students aiming to bring out their creativity.



Here in Heacham, I am looking forward to providing art events, classes and workshops including a Summer Art Camp programme in the last two weeks of August. Working on artistic projects of special interest to you is an exciting venture for me. For these projects I am still looking for spaces, either short or long term, that may be available.

If you would like to find out more about me or my work, please visit my website at: [www.estherboehm.com](http://www.estherboehm.com)

Esther Boehm  
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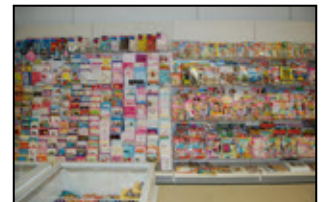
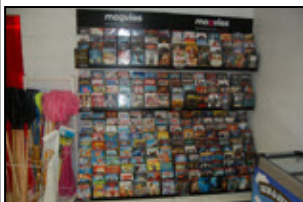
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### Matthew Project: bottle top collection

As many of you may have noticed there are no longer facilities for collecting bottle tops at the library, church, infant school or junior school. The collection of the tops, storage and sorting prior to sending them off to Swaffham has unfortunately grown to the point where my husband and I can no longer continue.

We have tried to get a container for their collection over in this region but with no success. The Matthew Project have approached the Rotary Club at Hunstanton with a view to them carrying on with the collection but this has not been confirmed at this time. Therefore, I am afraid that the wonderful job you have all been doing over the last year or two will have to stop for now.

Thank you all very much for your enthusiastic support, it was much appreciated.

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## Heacham Judo Club

Heacham Judo Club are doing great, with new members joining and good results from our competitions. We have been to three events in the last couple of months, travelling to Thetford, Birmingham and to Holland for our annual trip to Middelharnis.

Firstly, Astrid Hubbard attended the B.J.A. British Schools Eastern Area Championships achieving a great result and coming home with a Silver for all her hard work. Thanks to Kristina Wilkes for being her coach for the day.

Next, the club went to the A.J.A National Closed Championships with Josh Chilvers and Harry Sands in charge. After an early 5am start, the group set off. It was the first national competition for four of our players and everyone performed well throughout the day. We came home with a Gold, 6 Silvers and 2 Bronzes. Harry Sands also achieved his National Timekeeper and Recorders award as well as his medal.

In April, we had our trip to Middelharnis to see our friends from Holland. The weekend was full of adventure for some as it was their first time away from family and a trip on a large ferry. The competition was busy with over 150 competitors taking part. Everybody put in their best effort and achieved good results. We came back after a tiring time with a Gold, 4 Silvers, 3 Bronzes and 3 Second Bronzes. We are now looking forward to Middelharnis coming to Heacham in November.

Congratulations to all the players who took part.

Results:-

### B.J.A. British Schools Championships

Astrid Hubbard Silver

### A.J.A National Closed Championships

Arnold Wilson Gold

Dylan McKenna Silver

Astrid Hubbard Silver

Courtney Cobb Silver

Josh Chilvers Silver

Harry Sands Silver and National Timekeeper and Recorder Award

Kristina Wilkes Silver

Cameron Hewson Bronze

Zara Jutsum Bronze

### Middelharnis Competition

Shannon Tucker Gold

Dylan McKenna Silver

Astrid Hubbard Silver

Bethany Gedge Silver

Harry Sands Silver

Joseph Tucker Bronze

Georgia Rudd Bronze

Cameron Hewson Bronze

Kristina Wilkes 2nd Bronze

Josh Chilvers 2nd Bronze

Arnold Wilson 2nd Bronze

Shirley Tucker



**National Group of Winners:**



**Winners from the Holland competition**



## Sallywags Parent, Baby & Toddler Group

### Thank you Jo!

All the children, together with their parents, grandparents and carers, would like to take this opportunity to thank Jo for all her hard work in running Sallywags. The children really look forward to all the fun they are going to have when they come to play, both indoors and outdoors. They enjoy their treats too, especially at Christmas and Easter!! So all the effort you put in Jo to keep Sallywags running is very much appreciated. Thank you again.



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## From Grooms to Brooms.... at Heacham Fire Station

The name 'Groom' is one that has a long history in Heacham and, in particular, a close association with the fire station dating back over 100 years!

Two recent events at the station have prompted me to write this piece but the story begins back in 1914.

As far as my research has shown so far, this is when the Fire Brigade was formally established by the Parish Council. I'm sure there were informal arrangements in place before that time but in February 1914, the new firemen were listed as:

1. J. Featherby (Captain)
2. J. Pike (Vice Captain)
3. A. Groom
4. W. Playford
5. J. Harper
6. W. Skoyles
7. Thos. Hart
8. W. Barrett
9. R. Barrett
10. H.O. Witton
11. F. Cross

Number 3 on the list, A. Groom, was Arthur Samuel Groom. He was probably not in the brigade for very long before the First World War took him and other members away from Heacham. A photograph of Arthur and a brief summary of his military service appeared in September 2014's Heacham Newsletter. Having survived the horrors of WW1, a number of the men listed above - J. Pike, W. Skoyles, T. Hart, W. Barrett, R. Barrett and Arthur Groom - wished to return to the fire brigade and this was agreed by the Parish Council on 17th April 1919.

What happened next for Arthur in terms of the brigade needs further research but in his 'day job', he was a builder for F.W. Shanks of Hunstanton.

The next chapter of the Groom family's history in the fire brigade begins in October 1942 when two brothers, Leslie and Herbert, better known as Fred and Dick joined up in the middle of the Second World War. Fred, who was a baker in Neville Road, gained promotion to Leading Fireman in late 1945, a post he held till he resigned in 1951. Dick, who worked on Raines' Farm and for Norfolk Highways, had a much longer career in the brigade receiving the Long Service and Good Conduct Medal in 1964 before retiring in 1967.

There was then a gap of ten years before James Arthur Groom, or Jimmy as we know him, joined to carry on the family tradition. Jimmy (Arthur's grandson) worked in a variety of fields quite literally - as a shepherd but had also worked in the building trade, as a plumber, had a spell in the Merchant Navy and even served as a Royal Marine Commando! The fire service however was to be his longest time with any employer as he went on to fight fires for over twenty seven years until in 2004, he reluctantly had to retire.

In April 2002, a fifth Groom had joined the station meaning that once again, there were two family members on the crew at the same time. The new recruit was Gary (Groom Your Garden) and he very quickly found his feet and became a valuable member of the crew. It was his decision to leave at the end of March that, in part, prompted me to write this article.

I would like to take this opportunity to publicly thank Gary for his service over the last fourteen years and wish him well in his future endeavours.

My story does not end there however, as after a few years absence, Groom No. 4, our Jimmy, decided that when the opportunity to become station caretaker arose, he was the man for the job! In truth, he'd never really been away, continuing to take an interest in what we were up to.



He has now worked for the Brigade for over 35 years, and at Norwich Castle on 23rd March he was presented with the Norfolk Fire Service Medal for his 'Commitment to Excellence'. Well done Jimmy!

My story is nearly complete but one mystery remains and it concerns sweeping - hence the title of this piece.

As Gary has left, who will Jimmy blame now when he finds a trail of mud through the station because it's always been "that bloomin' boy"!!!

**Chris Wood**  
**Heacham Fire Station**

FOOTNOTE:

If a member of your family was in the brigade at Heacham and you have any photos or information you'd like to share, I am always pleased to be able to add to the history of the station.


My telephone number is 07909 830349 if you can help.

Thank you.

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## Norfolk Coast Guardian Volunteers required

For the past twenty two years the Norfolk Coast Partnership has produced an annual newspaper for the coastal area about the AONB called the Norfolk Coast Guardian; it has always been very well received by locals and visitors alike.

We are looking for local people to help us deliver this free newspaper to local businesses/attractions and venues in order to ensure that it is readily available to the community and visitors at large. We would welcome your help and local knowledge in order to do this.

The Norfolk Coast Guardian is a celebration of the area and crucially advises the best ways to keep the Norfolk Coast Area of Outstanding Natural Beauty as wonderful as it is today for future generations.

Anybody interested in becoming a Norfolk Coast Guardian Volunteer, or to find out more, should please contact Helen or Kate at [aonb@norfolk.gov.uk](mailto:aonb@norfolk.gov.uk) in the first instance, or tel: 01328 850530.

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## NEW SEASON CRAFT FAIRS BEGAN AT EASTER

The popular Hunstanton & District Festival of Arts Craft Fairs began again at Easter at Hunstanton Town Hall.

The first ones were held on Good Friday and Easter Saturday 25th/26th March at Hunstanton Town Hall and was followed by one held on 30th April. The next Craft Fair will be held on 28th May.

There will be at least one a month all the way through till November so lots of chances to buy good quality local handmade crafts at reasonable prices!

These fairs have been running for some years now and show the best of the locally handmade goods from patchwork to jewellery to felt work and woodcrafts. So go along and see for yourself! Entry is free, and it is open from 10.00am – 4.00pm. Light refreshments and cakes are available.

## Poetry & Storytelling with Doreen Reed

The Hunstanton & District Festival of Arts "Festival 3 by the Sea" project is happy to announce that local poet Doreen Reed will be entertaining us again with her wit and humour on Thursday May 26th in the Hunstanton Town Hall.

Doreen is well known in East Anglia as a writer of observational poetry which is witty, with a down to earth style. With a talent for originality coupled with a very natural and sometime cheeky sense of humour, Doreen's work is a delightful programme of memories, amusing predicaments and family observations!

This will be her second appearance for the HDFA, and tickets cost just £6 from the Hunstanton Tourist Information Centre. 01485 532610. Please book in advance as numbers are limited. Light refreshments are included in the ticket price.

Further information about her work from [www.doreenreedpoet.com](http://www.doreenreedpoet.com) or the new HDFA website.

## In support of Scotty's Little Soldiers

David Foulkes and friends are holding a sponsored walk starting from The Golden Lion, Hunstanton, on Saturday 11th June at 10.00am.

David Foulkes  
Fundraiser

## MAUREEN'S DAY COACH TRIPS 2016

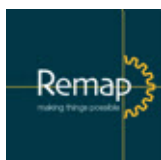
Wed	11 May	ELY & CAMBRIDGE	£12.50
Fri	20 May	STRATFORD UPON AVON - MARKET DAY	£22.50
Tues	31 May	DUNWICH FISH & CHIPS & SOUTHWOLD (LUNCH INCLUDED)	£25.00
Tues	7 June	NORWICH	£10.50
Fri	17 June	STAMFORD & RUTLAND WATER CRUISE INCLUDING CREAM TEA	£24.50
Wed	22 June	SOUTHEND	£19.00
Mon	27 June	BAKEWELL - MARKET DAY	£20.00
Wed	6 July	BANBURY	£19.50
Tues	12 July	BOURTON ON THE WATER	£22.50
Thurs	21 July	SKEGNESS	£12.50
Sat	30 July	DERBY DALES - BUXTON & ASHBOURNE	£22.50
Tues	2 Aug	CLEETHORPES	£16.00
Wed	17 Aug	BURY ST EDMUNDS - MARKET & GARDENS	£13.50
Tues	23 Aug	GREAT YARMOUTH	£12.50
Wed	31 Aug	CLACTON	£17.50
Sat	3 Sept	SOUTHWOLD	£15.00
Mon	12 Sept	WINDSOR - LEISURE DAY	£19.00
Sat	24 Sept	COLCHESTER	£16.00
Thurs	29 Sept	LINCOLN	£14.50
Mon	3 Oct	SKIPTON	£22.50
Thurs	13 Oct	HARROGATE	£20.50
Tues	25 Oct	NOTTINGHAM	£16.50
Fri	18 Nov	CHATSWORTH HOUSE XMAS MARKET INCL ENTRY TO HOUSE & GARDENS	£30.00
Wed	23 Nov	NORWICH XMAS SHOPPER	£11.00
Fri	25 Nov	BURY ST. EDMUNDS XMAS MARKET	£15.00
Wed	30 Nov	BIRMINGHAM XMAS MARKET	£16.50
Sat	3 Dec	MELTON MOWBRAY XMAS MARKET	£15.50
Thurs	8 Dec	YORK XMAS MARKET	£18.00
Sat	10 Dec	ST. ALBANS XMAS MARKET	£16.00

**PLEASE BOOK EARLY TO AVOID DISAPPOINTMENT - ONE COACH ONLY**

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INGOLDISTHORPE, DERSINGHAM

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## MAKING THINGS POSSIBLE

Some of you may have heard of a very worthwhile charity called REMAP. For those of you who haven't please allow me to do a quick introduction.

REMAP is an established national charity which designs, makes or adapts equipment for adults and children with disabilities. Every year REMAP helps about 4,000 UK individuals in this way, helping them to lead more fulfilling and independent lives.

All clients are fully consulted about their needs. A piece of equipment is then designed and made to solve their specific problem. Some devices are made from scratch – others are modifications or attachments to standard products. Sometimes it may only be advice that is required.

All of this is achieved by a network of some 1,000 volunteers organised into about 80 local panels across England, Wales, and Northern Ireland. REMAP volunteers are professional engineers, craftspeople, technicians, healthcare professionals and skilled helpers as well as DIY enthusiasts.

Your local panel is based in King's Lynn and covers an area extending from Sutton Bridge in the west, through Wisbech, Downham Market, Swaffham, Fakenham, to Wells in the north.

You may think that companies already exist to help people with disabilities and you would be correct. However, the difference is that REMAP is not a commercial organisation and is not in competition with them. More importantly, our volunteers will determine a solution for the very specific need of the individual which cannot be satisfied by any current product that may exist. Also, by working closely with the client and their family or their support service the needs can be better understood and targeted.

We welcome referrals from individuals, carers or health professionals and we would particularly welcome enquiries from individuals who are willing to volunteer some of their time to help us achieve our aims.

Finally, we never ask for payment and our services are free to the user. We do however welcome voluntary donations to cover costs of materials.

### Our local contacts are:

John Cole 01485 542412  
Brian Kallagher 01553 673923

Website: [www.remap.org.uk](http://www.remap.org.uk)

## Anagrams

This month we have a few Dog breed anagrams, to get the little grey cells stirring.

- 1) REAR NIPPLES SING (8,7)
- 2) BEER RID TERROR (6,7)
- 3) LIKES SHARP CLEANING (4,7,7)
- 4) PINK GEESE
- 5) A TIDAL MAN
- 6) MINER CROPS BAD HEN (8,8)
- 7) STIR NEAR BAND (5,7)
- 8) DETER REST (3,6)
- 9) CALL US JERKS (4,7)
- 10) A RED AGENT (5,4)

Answers on page 40

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## ANGLIAN WATER

### Pollution Watch

Anglian Water are looking to launch a new campaign called "Pollution Watch". It is all about ensuring we **SPOT, REPORT** and **STOP** sewage pollution incidents as quickly as possible and minimise the impact to the environment.

A key part of our business is to return used water from homes and businesses safely back into the environment. This is no small operation and requires a huge number of assets, including over 76,000km of sewer pipes – that's enough to go around the world twice! We work hard to ensure that these operate effectively at all times. However, very occasionally sewage escapes from the system causing a pollution incident. Pollution can kill fish and other aquatic life and also affect the use of water and land for agricultural, business, community purposes. Escapes from the sewage system are commonly caused by the build-up to fats, oils and greases, sanitary waste and wipes; all of which cause blockages and reduce the flow of sewage through the network. There are many tell-tale signs that pollution has entered a river or a stream. These include:

- sewage solids
- toilet debris such as toilet paper, condoms and sanitary products
- soap suds or a milky-looking discharge in the water
- grey coloured water
- a noticeable sewage smell

Our 'Love Every Drop' strategy, which puts water at the heart of a whole new way of living, includes a business goal of No Pollutions. We're investing millions in pollution prevention through continually maintaining and improving our asset base and enhancing our understanding of its performance. This includes £5.5 million of network maintenance; analysis to predict potential sewer blockages; enhanced maintenance at pumping stations; increasing the number of staff on pollution control and working with river-users to help us identify and report problems quickly.

We are working hard to minimise pollution incidents from our assets, and we'd really like your help to look after rivers and waterways too. By calling our Pollution Hotline on 03457 145 145 and informing us about potential sewage pollution issues, we can respond sooner, meaning we have the best opportunity to minimise any environmental impact.

To support this, we plan to launch the "Pollution Watch" campaign to raise awareness of sewage pollution, the causes of it, and what to do if you spot it. We aim to work at parish level with local communities to help understand the sewerage network and its performance and what to do if you spot a problem.

To launch the campaign, we are running a project across our region to work together on the following areas:

- to explore the general level of understanding of the sewerage network and its function within your area
- to identify the likely locations of discharges from the network within your area
- to discuss the wording for signs at these locations
- to consider ways of working together to spread the word.

We aim to have a programme of activity over the next 5 years to work with more and more parish councils across our region. In the meantime, if you would like to be involved in our project, please do get in touch.

For further information on Pollution Watch, please do not hesitate to get in touch with us.

**Victoria Wilkinson**  
Pollution Prevention Manager  
Anglian Water



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## SNETTISHAM BEACH SAILING CLUB

### FREE OPEN DAY: *PUSH THE BOAT OUT!*

All welcome as Snettisham Beach Sailing Club throws open its doors for its annual Open Day on Saturday 14th May 2016 from 10.00am, as part of the RYA national initiative "Push The Boat Out" to promote sailing. Everyone is welcome to come along and try sailing in – all for free!

There will be free sailing taster sessions on the sea from 12.30 and on the lake all day long.



Come and enjoy our new improved clubhouse, benefiting from £100,000+ of winter improvements.

Food from the BBQ and drinks from the bar.

Save 10% off any R.Y.A. courses booked on the day.

There is no need to book in advance just come along on the day!

Just bring footwear you don't mind getting wet, a windproof top, a change of clothes, and a towel.

No experience is necessary and would-be sailors of all ages from 8 years upwards are welcome. Children, you must be accompanied by an adult but your adult doesn't have to go sailing. Come and chat with our members and find out how you can get into sailing.

For full details see [www.snetbeach.co.uk](http://www.snetbeach.co.uk)

### Brancaster Staithe & Burnham Deepdale Short Carpet Bowls Club

Is a Social Bowls Club who meet weekly on a Thursday evening throughout the year at Brancaster Staithe Village Hall, for fun and gentle exercise.

Why not come and join us? For more details contact Ann Smith 01485 210102.

### Hunstanton Conservative Club

The entertainment for May at the Conservative Club is as follows:-

Friday 6th May: Quiz at 8.45 pm after Bingo

Saturday 7th May: Karaoke with David George

Saturday 14th May: "Murder Mystery". Tickets available at the Bar. Don't miss this most enjoyable evening!

Saturday 21st May: An evening with Gage Boyle, Magician

Saturday 28th May: Dancing to Lloyd E Moon

Eileen Hamilton  
Chairman



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## Snettisham Beach Sailing Club Saturday 14<sup>th</sup> May 10:00 – 15:00

- Free sailing taster sessions on the sea & lake
- See our new improved clubhouse
- BBQ and bar open
- 10% off any RYA on courses booked on the day
- No need to book in advance just come along on the day!

For full details see: [www.snetbeach.co.uk/pages/training-centre/push-the-boat-out.php](http://www.snetbeach.co.uk/pages/training-centre/push-the-boat-out.php)

Hopefully see you there!  
Jane Leet, Chief Instructor

T: 07938 190846 E: [c\\_instructor@snetbeach.co.uk](mailto:c_instructor@snetbeach.co.uk)

[www.rya.org.uk/go/PTBO](http://www.rya.org.uk/go/PTBO)



## LOCAL SEA DEFENCES

YOUR ROLE IN THEIR FUTURE



Vital Sea Defences between Wolferton Creek and South Hunstanton will only be maintained in the future if the local community and its partners contribute towards the cost and it's essential that everyone does their bit.

At least £132,000 to £180,000 is required each year to maintain the shingle ridge between Snettisham Scalp and South Hunstanton. A quarter of this funding may be provided by the Government but this will only happen if the rest is raised locally. Thanks to the Environment Agency, the Borough Council, Anglian Water and in particular, the newly established Community Interest Company, comprising local landowners and owners of caravan parks, much of the first year's funding has already been raised.

Your help is needed to raise the remaining money and for future years. If you own a beach hut, chalet, caravan, beach front property or small business in the area please make a donation. Every pound you contribute will go directly towards the maintenance of the sea defences and will help ensure that your property remains protected.

To make your voluntary contribution:

**Online** - visit the Council's webpage below to make a donation direct to the Local Sea Defences Fund.

**By cheque** - cheques made payable to "BCKLWN". Please write on the back "Local Sea Defences Fund" together with your name & address.

We suggest an amount of £15 for a beach hut, £50 for a caravan or chalet and £100 for a beach front property or small business.

We may use your name to acknowledge the funding received (not the amount). Please indicate separately if you wish to opt out from this.

You can also follow us on twitter

[@WestNorfolkBC](https://twitter.com/WestNorfolkBC)

To find out more visit  
[www.west-norfolk.gov.uk/seadefencesfunding](http://www.west-norfolk.gov.uk/seadefencesfunding)  
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9am - 1pm Saturday.





## Forthcoming Events at Hunstanton Library

### Colour yourself calm at Hunstanton Library

9th May 10.30-12.00

Colouring in is an easy way to calm the mind. If you've never tried it, come along to our colouring group for adults on the second Monday of the month 10.30-12.00. Just bring along your colouring books! Colouring pens and refreshments will be available. There's no need to book, just come along.

### Email beginners at Hunstanton Library

9th May 2-4pm

Set up an email and learn to send, reply and add attachments. Previous computer experience essential. Places are limited so please book by contacting the library on 01485 532280.

### Brave New Read launch at Hunstanton Library

11th May 2-5pm

Recommending the most astonishing, original writing to readers looking for something different. Come along and find something new to read!

### Knit and natter

12th May 10.30

2nd Thursday in the month with the Norfolk Knitters. Come along and knit for charity or if you're a beginner we'll help you get started. Even if you're just visiting Hunstanton come along too! Refreshments available for donation.

### Hunstanton Library Book Group

16th May 2.30pm

Come along to our friendly book group which meets on the third Monday of the month at 2.30pm. New members are welcome.

### Brave New Reads afternoon at Hunstanton Library

17th May 1-3pm

Listen to extracts from each of the six reads, and enjoy a discussion with other readers.

### 'Frozen' crafts at Hunstanton Library

31st May 10.30-12.00

Are you a fan of Disney's Frozen? Then come along and make your own snowman Olaf, Princess crown, snowflakes, castle and much more. Tickets are £3 per child and must be booked and paid for in advance by calling the library on 01485 532280. Under 8s must be accompanied by an adult.

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## Hunstanton & District Lions Club

District 105 EA

Chartered 5<sup>th</sup> December 1980

Meetings at 7.30pm on the first and third  
Mondays at

*The Le Strange Hotel, Old Hunstanton.*

Registered Charity Number: 38976

Hunstanton Lions held their second successful Easter Egg Event at The Spinney on Saturday 26th March 2016. Despite the weather being chilly we had a good turnout. All the children went home with an Easter egg.



Ben Duncan was kind enough to come along with his pet Python and his bouncy castle. Norfolk owls also came along with a selection of owls.

There was a fancy dress competition and this was won by Hannah Burton of Hunstanton who received a

£10 cash prize and a certificate.

Hunstanton Lions would like to thank all those who supported this event. Thank you to Tesco, Sainsbury's, Thaxters Dersingham, Mars Foods and Barclays Bank for their generosity.

### Brancaster Camera Club

**Tuesday, 10th May**

Monochrome Print Competition 1 'Church Interior' plus two of own choice.

Judge: Dave Jordan FRPS

**Tuesday, 24th May**

There will be a meeting but it is yet to be arranged.

\*\*\*\*\*Preliminary Notice\*\*\*\*\*

**Tuesday 14th June**

Evening with Landscape Photographer, Tom Mackie.

All meetings held in Brancaster Staithe Village Hall at 7.30pm. Entrance £3 (unless otherwise stated) to include refreshments. Contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.

### A HELPING HAND

The Heacham Newsletter is occasionally able to help local charities and groups and recently we made donations to Heacham & District Community Car Scheme, West Norfolk Mind and St.Mary's Church, Heacham.



**Bill Hemmings and Gay Mortlock Treasurer**  
Receiving the cheque from Brian Faulkner THN.

## Heacham District Community Car Scheme

The Heacham & District Community Car Scheme was established on 1st May 2002 by the late Doctor Campbell and Carole Brown, of Heacham Group Practice. Several months prior to this, a committee was formed in order to arrange financial support and to agree the purpose and operating requirements of the scheme. It was intended that the scheme should be a 'last resort' option for those in the area with no other means of transport.

The major contributor of finance was the Countryside Agency, but support was also given by the Borough Council and the Parish Councils served by the scheme, either by financial help or by provision of facilities. Snettisham Parish Council provided office space and equipment. Unfortunately, funding from the Countryside Agency ceased at the end of 2004.

The current Chairman, Mr Bill Hemmings, was involved with the introduction of the scheme and is still very active in the scheme in its present form.

A core of drivers was formed by contacting those who had helped the individual surgeries in a previous transport scheme, which ceased due to administrative problems. By the time the first passenger was carried on 20th May, there were 14 drivers who had volunteered to help the new scheme and during the first week, 15 passengers were taken to the local surgeries for Doctors' and clinic appointments. It was decided at this stage that the Q.E. Hospital would not be covered due to the fact that a hospital car scheme was provided by the National Health Service.

Over the next few months, a campaign was organised to increase the driver numbers to enable an extension of the services provided, to include chemists, dentists, opticians and any journeys which would be of benefit to those who came within the scope of the scheme, including senior citizen clubs and lunches and all medical needs. We also cover visits to care homes to visit relations. In a relatively short time, the driver numbers increased and the number of weekly journeys rose to over 40.

The local hospitals were included in the scheme in 2015, due to the increased limited service offered to patients by the hospital car service.

The scheme currently covers Heacham, Hunstanton, Snettisham, Ingoldisthorpe, Dersingham, Shernborne, Sedgeford, West Newton, Fring and Sandringham. During 2015, the scheme carried out over 4,000 journeys. All our services are subject to driver availability.

If you feel we could help you or you would like to become a volunteer driver for the scheme, please do not hesitate to contact us on 01485 534777 Mon-Fri 9.00am-1.00pm.

All our drivers are paid the government allowance for volunteer drivers.

The Heacham & District Community Car Scheme Trustees would like to thank the Heacham Newsletter committee for their much appreciated donation which goes a long way to maintaining the scheme.

**Bill Hemmings**  
Chairman



## Hello to all from Heacham Tesco Express!

What a fabulous Easter we have had! Well done to all who took part in our Easter colouring competition which saw 70+ eggs displayed in the shop. We have awarded the winners with big eggs and have been able to say thank you to all of the entries with a little gift and many are still awaiting collection at the tills. So if you entered, please come and collect yours.

The 'Bags of Help' scheme has seen the money spent on the 5p carrier bag charges go towards three local (ish) community projects. For a week in March customers were given a token with each transaction to place their vote on which of the three area finalists they wanted us to support. As a result:

- \* Syderstone Parish council has been awarded a donation of £8,000 for a new zip wire to be installed in the village playground, providing an exciting new way to get active outdoors.

- \* Docking Primary School have been awarded a donation of £10,000 for a new outdoor play surface to allow the school and local community to get active in an enjoyable and safe environment.

- \* Isleham Pre-School in Downham Market has been awarded a donation of £12,000 to update the outside play equipment that will stimulate the pupils and local community to explore new ways of getting active and enjoying the outdoors. Well done to them and thank you to all who voted.

I would love to see Heacham and the surrounding area benefit from this scheme. I'm sure many would agree that £8,000 would make a big difference and £12,000 is phenomenal! So if anybody in the village has any ideas for making an outside space in the local community even better, safer or even to create a new one, then I strongly urge you to please visit [tesco.com/bagsofhelp](http://tesco.com/bagsofhelp) for more details.

We still have a small community fund as a store (tiny in comparison). We have, through this fund, been able to support many charities and groups and are proud to do so. So far this year we have made donations to: Fridhem Rest home for their Easter Fete, Heacham Junior School for their Easter Extravaganza, Scallywags playgroup for their Easter egg hunt, Friends of Heacham Fire Station for the village Easter egg hunt, Smithdon High School for their PTA bingo night and Nicola Bailey and Danny for their coffee morning in aid of Nelson's Journey. As always, please contact me to see if we can help in any way, on headed paper and include contact details. (We have had a request recently but not been left any details to respond to).

We have now been in the village over 6 years and we are lucky enough to have so many kind comments from you, our customers, given to us personally in store and each one is a huge morale boost to the recipient. It makes us more determined to do a good job. Your comments can go further and shout out to the Tesco world what you think of Heacham store staff and our efforts to help you and the village community if you complete a survey (which is apparently improved and shorter). You will be awarded 25 clubcard points for taking part (should you wish to leave your details) and it gives you a chance to win a £1,000 Tesco gift card.

Please visit [www.tescoviews.com](http://www.tescoviews.com) or call free on 0800 051 74 45 using the code 5915 when prompted. Thank you ...every little helps.

**Brenda - Community Champion**  
**Heacham Tesco Express, Heacham**  
**Tel: 07718 532921**

The advertisement is a collage of images showcasing various interior design projects. At the top, three dark blue banners with white text read 'KITCHENS', 'BATHROOMS', and 'INTERIORS'. Below these, there are four main images: a bathroom with a white bathtub, sink, and toilet; a kitchen with wooden cabinets and a white countertop; a modern kitchen with white cabinets and a dining table; and a bathroom with a white bathtub and a shower. In the center, a large blue diamond shape contains the text 'THURLOW CREATIONS' in white. At the bottom, a dark blue banner with white text reads 'for a FREE no obligation quote please call Mark on 01485 572929 or 07710 802 796'.

## Searles Holds Successful Free Junior Golf Day

During the Easter Holidays, Searles Resort Golf Club in Hunstanton held another one of their FREE junior golf days. The day was open to all local schools within the cluster group along with any juniors that wanted to take part.

There were many opportunities for juniors to get involved and enjoy the day.

1. Free group tuition given to all age groups all day
2. Free rounds of golf
3. Free putting competition
4. Free golf range balls

30 juniors took up the tuition offer with Searles PGA Professional, Ray Stocker. There was a great buzz about the place despite the weather conditions, and the day was a total success.

A special thanks must go to the golf team, including Searles Golf Club Captain Rob Hills, for helping on the day. The putting competition winners on the day were Dylan McKenna and Lewis Jarmin.

The junior coaching team at Searles is very pleased to say that, over the last few years, there have been a lot of young golfing talents produced from days similar to this, with several of the club's juniors now playing at county level and even two of them now playing for England. One of those juniors is Ella Mason. Her golfing journey started at a junior group lesson at Searles Leisure Resort at the age of 8. From there she progressed to their Elite squad which took her from the range, to the course and into junior competitions.

It was not long into playing these tournaments that Ella found winning ways. Through playing competitive golf and practising with her dad she improved rapidly and has since joined Ely City, Girton and Heacham Manor Golf Clubs as well as Searles.

It was 2014 when things really kicked off for Ella. She was made Captain of the Searles Junior Elite Squad and also became involved with the Ely squad. There were numerous tournament wins throughout the year too with victories at Middleton, Burleigh, John O' Gaunt, Northampton and Ely in junior events and she also became Ladies Club Champion at Heacham Manor.

2015 started with Ella being introduced to the Cambridgeshire County Girls 1st team and yet again numerous victories followed as did a good result in the Ian Poulter Invitational held at Woburn Golf Club.

Throughout this incredible journey Ella's handicap has been continually reduced and her target for 2016 is to break into single figures. This is aided by the motivation of recently being selected for the Girls England squad.



To further encourage more juniors to join and play at Searles and Heacham Manor, Searles are offering free membership to juniors with every full adult membership. For juniors to be able to play they must be under 18 and the son / daughter of a paying member. Please speak to the Golf Manager for more information.

Alongside successful junior days, Searles also

host 'Get Into Golf' sessions for adults, starting at just £20 for 4 weeks tuition.

For any more information regarding junior golf days, events and adult tuition please contact PGA Golf Professional Ray Stocker on Tel: 07850 330022.

## Answers to Anagrams, on page 33

- 1) Springer Spaniel)
- 2) Border Terrier
- 3) King Charles Spaniel
- 4) Pekingese
- 5) Dalmatian
- 6) Doberman Pinscher
- 7) Saint Bernard
- 8) Red Setter
- 9) Jack Russell
- 10) Great Dane



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## News from Rollason Stage School

We are starting a very busy summer term and the children are working really hard towards their Dance Exams on April 24th. Pupils are taking part in the Dance & Drama Festival in May and July in Hunstanton. We have also been invited to perform in "Summer Dreams" a professional Show at the Princess Theatre on June 19th.

July sees the students taking their first Drama Exams which is great for confidence building.

In August, the pupils are going to Scarborough to perform in the open air theatre in two performances for Tony Peers productions.

The students have a great time training and love taking their work on stage. The children work really hard and also have lots of fun. I am pleased to have such a friendly happy group of students and I am so very proud of all they achieve.

Rollason Stage School is a validated learning destination for Children's University!!!

ROLLASON STAGE SCHOOL provides excellent training in ballet, modern jazz, tap and street dance. Drama and musical theatre classes are also available. We take part in exams, festivals and professional shows. We will be the stage school providing the dancers for the Christmas pantomime "Jack and the Beanstalk" at the Princess Theatre.

For more information on joining our popular school, please call 01485 579074 / 07585 002124 or Facebook page rollason stage school.

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## THE POCHONTAS PLAYERS

### 7 Brides for 7 Brothers are coming to Heacham!!

The Pocahontas Players are well into rehearsal for our up and coming summer production, 'Extracts from 7 Brides for 7 Brothers'. It's hard to believe as we start our first rehearsals, stumbling over lines clutching our scripts like some kind of safety blanket, for the Directors Jeannie Tooley and Peter Everingham. Clearing our throats in order to hit all the top notes of the very famous catchy songs for the Musical Director Tony Bishopp, and trying desperately not to put a foot wrong in the fast dance routines for our Choreographer Jaime Parry. But as the weeks go by, with lots of practice and hard work, we do get stronger and stronger ready to put on a polished production for our audiences.



It was great to see Jaime walk through the door, after having her maternity break. We really do appreciate her giving up her precious new family time to put us through our paces. For this production we

see three new faces - Elaine Verweymeren who passed the audition to play the role of Millie (Brother Adam's wife). With her came her amazing singing voice, which we are sure you will all enjoy, as we do during each rehearsal. Anne and Noel Gill also joined us. Noel saying that he didn't want to act on stage but would do any backstage work. He soon got settled on the lighting controls. Anne has a small walk-on-part but also is the cast member who most of us lean on? Yes, Anne is The Prompt!

The stage prop making is going well. Dave Curtis has a pencil stuck behind his ear and saw in hand, making stairs! Yes, stairs. This is the first Pocahontas Players production where stairs have been built and used. A shop counter-come-church alter is going to be somewhat difficult to build but with Dave and many other capable DIY cast members, we are sure they will come up with something outstanding.

The dates for this show are:-

FRIDAY JUNE 24th - 7.30pm

SATURDAY JUNE 25th - Matinee 2pm & Evening 7.30pm

HEACHAM PUBLIC HALL, Station Road.

TICKETS - Adults £8; Children 13 and under £5.

Please phone - Janice - 01485 570402

Jim - 01485 571267

Jeannie - 01485 570280

Poster and more information will be in Next Month's Newsletter.

If you would like to sponsor our Programme, please give Dave (The Chairman) a call (01485 570402).

THANK YOU - Looking forward to seeing you all there.

**Janice**  
(on behalf of Heacham Pocahontas Players Drama group)

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## Heacham History Group

The author and historian Neil Storey provided a most informative and entertaining evening for the group in March. He told us the story of the young men of our area

who volunteered to fight for King and Country in the Great War. For many of the Sandringham Company, their King was also their employer and landlord. Their path led some of them to Gallipoli and a fate that was a mystery for several years. Legends and tales grew from the absence of facts and some still persist today. Neil gave us an insight into the journey of the young soldiers of the Norfolk Regiment, from enlisting, training and deployment to the true story of their fate in battle. The whole talk was given with much enthusiasm and greatly enjoyed by everyone.

The Group has proved to be popular, but so far we have relied on borrowed equipment and favours. We would like to purchase our own audio visual equipment, fund projects and speakers and take the group outside of the hall. While in the hall we are covered by its insurance, but to have village walks or activities outside, we need our own public liability insurance. We want to keep the entrance fee low so no one is excluded by cost. To do this we intend to raise money by applying for lottery and community grants, company donations and other sources of funding. For this we need a constitution, a committee and a membership. The membership fee will be a token payment. We have a small proposed committee (more would be welcome) and a constitution to present and be voted on. We will do this at the meeting on May 23rd with a very brief formal session (max 15 minutes) before our talk. Start time will be 7.15 instead of the normal time of 7.30.

Often we are asked about local houses and some of us would like to know more about our own houses, those of our ancestors or houses in the village. At the May meeting Gill Blanchard will be telling us how to "Trace the History of a House". Gill is a local professional historian, author and tutor, with her own research company – "Past Search". She has produced books on Tracing East Anglian Ancestors, House History and Writing your Family History. Like Neil Storey, she helped Mary Berry find out about her ancestors and is an expert for Who Do You Think You Are?. Having heard Gill talk before, I know it will be a very interesting and informative talk.

The meeting will be on Monday, 23rd May at the Old Friends Hall, Sunnyside Close, Heacham PE31 7DX at the earlier time of 7.15 p.m. Everyone is welcome. Admission £2.

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### **Sallywags Parent, Baby & Toddler Group**

As I write, it's April showers and then April sunshine and then April showers! Our little Sallywags have been following the watery weather making paper plate umbrellas, sticking ducks on ponds and combing paint to make (surely everybody's favourite) ... rainbows! Maybe there'll be some May time sunshine as you read this!

Lily, Mabel, Finley and Amaya have taken their next steps to nursery this Spring - how you have all grown and thank you for your time with us at Sallywags! Thank you too to new friends, little and big, who've come along in recent weeks, it has been lovely to meet you. And it goes without saying how lovely it was to meet Florence's new sister Grace and Billy's new sisters Lea and Lola.

Sallywags grown-ups are raising a mug to the East of England Co-op who are now very kindly providing Sallywags with free Fairtrade tea. Mums, Dads, Grandparents, Childminders and Aunties are now enjoying COMMUNITEA as part of the Co-op cuppa scheme which supports community groups and events, saving us funds that can go to exciting things like paint, books and toys instead! (Although I do get very excited at about 10am when I realise it is time for a cuppa).

So a big thank you to the East of England for this initiative and Co-op Heacham who have provided us with the tea. All this talk of tea – I'm off to put the kettle on!

Thank you also to Vicky Etheridge for giving Sallywags some fab wooden percussion instruments - always welcome in our instrument box for nursery rhyme time - if only to drown out my singing (we miss you Tracey and hope your foot is healing well!)

Sallywags Parent, Baby & Toddler Group meet every term time Wednesday 9.30-11.00 at the Scout Hut in Sunnyside. We ask £2 per family to cover rent, refreshment & resources. Please pop along for a play when you can - we would love to meet you and your little ones! Please text/call Jo on 07521 447284 for further info.



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## Searles Golf Club Captains' Day

On Saturday 9th April the Annual Searles Captains 'Drive In' took place at Searles Golf Course with Members welcoming Searles lodge owners Rob Hills and Margaret Kent as Mens and Ladies Captains for their 2nd terms as captains; local member Mike Trebbick was also welcomed in as the New Seniors Captain.

Despite a grey start to the day the weather held out and with the Captains teeing off at noon an enjoyable afternoon was had by all 51 competitors, with local members as well as owners mixing together and creating a great atmosphere on the Searles Resort Course and in the Fountain Sports Bar.

A fun but competitive team event took place with the best two stableford scores out of a team of three, counting on each hole and all 3 scores on the par threes. The event was won by Gary Vessey, Vicky Enderby and Stephen Tank with a team score of 52.

Along with a putting competition, a raffle and auction all in aid of charity, all the competitors then cheered on their horses with a Grand National sweepstake held in a packed out Fountain Sports Bar.

A total of £725 on the day, along with a further £400 from the regular Friday evening quiz nights that take place in the Fountain Sports Bar, resulted in a total of £1,125 being raised for the Captains Charity, NARS the Norfolk Accident Rescue Service.

Getting involved in this welcoming community of golfers is easy. Searles PGA Professional Ray Stocker is available to introduce you to the basics of the game with lessons from £20 and membership costs just £370 for a year. Call 01485 536010 or visit [www.searles.co.uk](http://www.searles.co.uk) for more information.



The West Norfolk Members Group invites you to:-

**An illustrated talk**

**Wildlife of Northern Cyprus**  
by **Geoff Randall**

**Thursday 26th May – 7.30pm**

Venue: Hunstanton Methodist Church Hall, Austin Street.  
Cost: £2.00 members / £2.50 visitors.

**Dersingham Village Screen**

**Friday 27th May 2016 at 7.30pm**

**"SPECTRE"**

Starring Daniel Craig as 007

Venue – St Nicholas Church Hall

Admission - £5

Doors open 6.45pm

Refreshments available.



**Team Winners:**  
Steve Tank,  
Vicky Enderby,  
Vicky Searle,  
Gary Vessey,  
Margaret Kent,  
Rob Hills,  
Mike Trebbick.



**Captains Drive:**  
Mike Trebbick  
(Seniors  
Captain),  
Margaret Kent  
(Ladies  
Captain), Rob  
Hills (Men's  
Captain)

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### Press Release

#### Mark Tomeo – New Head Chef at Heacham Manor Hotel

Combines the flavours of his Italian homeland with experience from top London hotels and exquisite Norfolk ingredients. Since being appointed to the role of Head Chef on 23rd November 2015, Mark Tomeo has built up a great new team, experienced the delights of the Christmas rush and in January 2016 had an unannounced annual FSA inspection which he came through with flying colours resulting in Heacham Manor Hotel kitchen being awarded a 5 Star Food Hygiene rating for the second year in a row, now a few months down the line we caught up with Mark to see how things are going.

#### Why did you chose to become a chef?

My mother and father were a big influence on my choice of career, being Italian, food was a big thing in our house when I was growing up, and so I was inspired to take this further and make a livelihood from this love of food.

#### Where have you come from?

At 16 I spent 2 years at college. When I was 18 I started working in London and spent the next 11 years working in top hotels and restaurants, gaining experience from each place including the Institute of Directors Pall Mall and Millenium Hotel London Knightsbridge.

#### Approach to menus

My Italian heritage influences many of my dishes and so Heacham Manor will be offering something truly unique in the area. Best ingredients simply cooked, are at the heart of my cooking style.

#### Favourite food

I like a variety of food cultures, modern British, Mediterranean, Thai, but having Italian heritage, Italian food would be my favourite.

#### Your speciality

I don't really have a speciality, I pride myself on being able to cook a variety of dishes although I love working with desserts and fish.

#### What is the largest group you have catered for?

I once cooked for a party in London for 1500 people, that was an eye opener. Myself and the other chefs spent 3 days preparing all the food for it.

#### Are you going to be introducing anything new for 2016?

Well after a lot of thought I would like to introduce something new involving fish, I haven't decided yet as to what, watch this space.

#### What do you enjoy most about working at Heacham Manor Hotel?

I love the fact that I have free rein to work with local suppliers to source the best and freshest ingredients and develop Heacham Manor's menus to best reflect all that Norfolk has to offer and create food which is truly delicious and memorable.

**Picture:** Mark Tomeo





## HEACHAM PARISH COUNCIL NOTICEBOARD

### PARISH COUNCIL MEETINGS IN BRIEF

**Street lighting:** Thank you to everyone who responded to the survey asking parishioners' opinion on converting the lighting stock to LEDs. Initial analysis of the responses indicates strong support for the scheme.

**School Road planning application:** The public enquiry is scheduled to start at 10am on 17 May at Lynnsport and run until 24 May.

**Lidl:** The Parish Council met with representatives of Lidl to discuss their planning application for a new store on the Stainsby's site on the A149. The Council outlined concerns about traffic access, drainage, visual impact and implications for local traders. It was a productive meeting and Lidl have agreed to take these issues on board.

**Donations:** The Parish Council approved donations to East Anglia's Children's Hospice, MAGPAS Helimedi and Heacham in Bloom.

**Co-option:** Mrs Margaret Gilbert was co-opted onto the Parish Council.

**The next Full Council meeting will be the Annual Full Council meeting to be held on Tuesday 17 May at 7.30pm at the Parish Council Office.**

**Please also note the Annual Parish Meeting on 25 May (see below).** This is the meeting for parishioners to raise issues with their Parish Council. There will also be presentations about the new Community Building project and the street lighting upgrade. As in previous years, local organisations will be invited to give a report on their activities over the past year.

### TO ALL ELECTORS OF HEACHAM You are invited to take part in the **ANNUAL PARISH MEETING**

It will take place at:-

**The Old Friends Hall, Sunnyside  
on Wednesday 25 May 7.30pm**

The Parish Meeting may by law discuss all parish affairs and pass resolutions about them.

Refreshments will be provided following the meeting.

Lynne Butters  
Parish Clerk

### SALTINGS INTERPRETATION BOARD

Thanks were given to Mr Colvin for making the lectern to display the new Saltings interpretation board. This is now in situ by the entrance to the Saltings and should enhance people's appreciation of the area.

### LOST PROPERTY

A key has been found on the pavement outside the Public Hall and an umbrella has been left in the Parish Council Office by a gentleman inspecting planning applications. Please contact the Parish Council Office for details.

### PUBLIC NOTICE

The Parish Council has been granted a licence to treat Greylag Goose and Mallard Duck eggs. The licence permits the Council to treat nests on private property in the village, but only at the invitation of the property owner.

The Parish Council's policy of humane management is not a quick fix, but with Parishioners' support of its no feeding request, current numbers can be controlled and the flock can be maintained at a naturally sustainable balance.

The Parish Council continues to urge residents not to feed the ducks or geese. This is particularly important to prevent mother ducks bringing ducklings off the ponds and onto the roads.

*Heacham Parish Council*



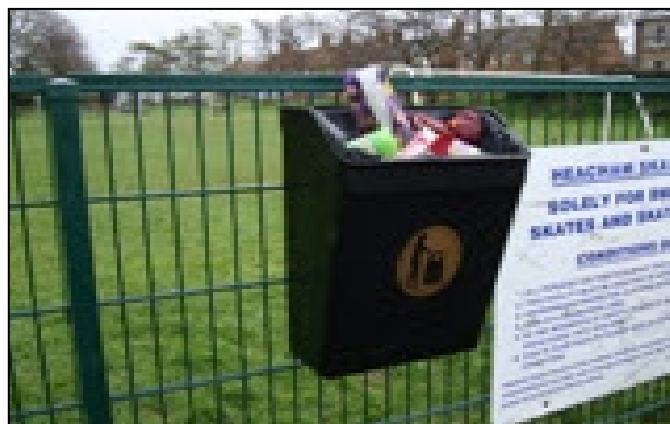
### QUEEN'S BIRTHDAY CELEBRATIONS

**!!!COMPETITION!!!**

**Design a card fit for a Queen!**

All local children are invited to design a birthday card for the Queen. The cards need to be A5 size and will be displayed in the windows of A.E. Wallis and Suttons Estate Agents. Please drop your entries into the Parish Council Office by Friday 13 May. The winning entry will appear on the front cover of the June Newsletter and the winner will be presented with a specially framed copy at the birthday party on Saturday 11 June in the Recreation Ground.

### SKATE PARK



The new bin in the Skate Park is proving very popular. Thank you for using it!

Any queries should be addressed to:  
**Heacham Parish Council Office**  
Jubilee Clinic Pound Lane Heacham  
Norfolk PE31 7ET  
Tel/Fax 01485 572142  
[www.heachamparishcouncil.co.uk](http://www.heachamparishcouncil.co.uk)  
Open Tuesday - Friday 10.00am-noon

## HELP LINES

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<b>SNETTISHAM</b>	MON TO WED	08.30 TO 12.30	14.00 TO 18.30	
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Reopens 7 days a week with effect from 1st June.

Summer opening times (1st April to 30th September) 9am – 5pm

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[www.heachamgrouppractice.org](http://www.heachamgrouppractice.org)

[www.heachamnewsletter.org.uk](http://www.heachamnewsletter.org.uk)

**Main pick up points for The Heacham Newsletter.**

**First Saturday of each month except January.**

Jennings, Ridouts (Heacham) Bakery, Post Office, Parish Council Office,

Church, Co-op, Tesco's, Heacham Fish Bar

## PROFESSIONAL ROTARY FLAT SURFACE CLEANING

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## LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

### Norfolk Green

#### **Service 10 (Mon-Sat)**

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0707 first bus to King's Lynn then twice an hour from 0838

0644 first bus to Hunstanton then twice an hour from 0908

#### **Service 10 (Sunday)**

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0824 first bus to King's Lynn, then hourly from 0924.

0853 first bus to Hunstanton, then hourly from 0953

#### **Service 11**

King's Lynn to Hunstanton

Via:- Sandringham, Dersingham, Ingoldisthorpe, Snettisham and

Heacham (A149 only)

#### **Coasthopper (Mon-Sat)**

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0924 first bus to King's Lynn then twice an hour

0749 first bus to Hunstanton then twice an hour from 0819

#### **Coasthopper (Sunday)**

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0939 first bus to King's Lynn then twice an hour from 1039

0859 first bus to Hunstanton then twice an hour from 1034

**Coasthopper Service to Cromer & Fakenham via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham. change at Hunstanton**

### Smithdon High School Bus

#### **Service 401**

Via:- Folgate Road/Fengate, Station Road

0816 to Smithdon School

1530 from Smithdon School

### lynx (lynxbus)

#### **Service 35 (Mon-Sat)**

Via:- Fox & Hounds and Lodge Rd

0704 first bus to King's Lynn then twice an hour

0659 first bus to Hunstanton then twice an hour from 0803

#### **Service 35 (Sunday)**

Via:- Fox & Hounds and Lodge Rd

0834 first bus to King's Lynn then twice an hour from 0934

0834 first bus to Hunstanton then twice an hour

#### **Service 36 – (Mon-Sat) Direct bus service to/from King's Lynn**

Via:- Fox & Hounds and Lodge Rd

0948 first bus to King's Lynn then once an hour

0909 first bus to Hunstanton then once an hour

### Bus Enquiries

[www.norfolkgreen.co.uk](http://www.norfolkgreen.co.uk)

[www.lynxbus.co.uk](http://www.lynxbus.co.uk)

**Tel: 01553 776980**

**Tel: 01553 611955**

### WNCT - DIAL-a-BUS Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham,

Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday

For more information, Cost of Fares, a Membership form or to book

**Tel: 01553 770310**

### **HEACHAM HALLS**

Public Hall **570776**

Pine Residents Hall, Wilton Road Mrs Crisp **579440**

Methodist Church Hall, Station Road Mike Careless **570363**

St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30 **572539**

Old Friends Hall Sunnyside Close **572142**

Heacham Scout Hut **572890**

### MOBILE LIBRARY

ROUTE WEL 124	(Mondays)	ROUTE WEL 123	
9th/23rd	May	16th	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE Court	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
NOURSE DRIVE/Ingleby CL	12.25	SUNNYSIDE	14.15
ROLFE CRESCENT	13.55	MEADOW RD	14.40
WOODEND ROAD	14.15	POPLAR AVE	15.25
GIDNEY DRIVE	14.30	GYMKHANA WAY	15.45
BANKSIDE	14.50	JENNINGS CLOSE	16.10
MARRAM Way/Norway CL	15.05	COLLEGE DR/Gonville	16.45
MARRAM Way/Spruce CL	15.20		
MARRAM Way/Neville RD	15.35		