



THE HEACHAM NEWSLETTER

November 2015



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Deadline for the next edition is 12 noon, Tuesday 17th November



SERVICE OF REMEMBRANCE



This year's Service of Remembrance and Wreath laying Ceremony, will be on Sunday 8th November 2015 starting at 10.00am at St Mary's Church with the Wreath Laying Ceremony following on at 10.45 until 11.20am. Please note that the section of road between St Mary's car park and the junction at St Mary's Close/Hunstanton Road will be closed between 10.45 and 11.20am to ensure the safety of attendees.

Heacham Parish Council



CUNNINGHAM COURT XMAS FAYRE



Friday 4th December 2015

10.00am – 12.00noon

Bric-a-Brac

Nearly New

Christmas Cards

Tombola

Sausage Roll / Mince Pie /

Tea or Coffee - 50p



THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

E-MAIL: theheachamnewsletter@yahoo.co.uk www.heachamnewsletter.org.uk

ADVERTISING: Moira Barnes ☎ 01485 570401 Adverts cost £15, £30 or £60 per month

THE NEWSLETTER VOLUNTEER TEAM: Moira Barnes - George Bradley - Jackie Davis

Roger Drinkwater - Brian Faulkner - Kerry Long - Mary Sheldrick - Robby Topliss

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council



letters...



Hunstanton Road

Dear Newsletter

The Children's Society

Please would anyone kind enough to have a Children's Society collecting box, bring it to me so that I can empty the contents and send it to the Society.

My address is 19 Hunstanton Road, Heacham. It would be a good idea to check that I will be in and my phone number is 01485 571110 or mobile 07775 514585.

Jeremy Gullan-Whur



Hunstanton Road

Dear Newsletter

To Lidl or not to Lidl

I read with interest the article in the September issue of The Heacham Newsletter.

It's always difficult when weighing up the pros and the cons of this discounter, and we must not forget the impact that Aldi and Lidl has also had on the UK grocery market.

The majors - Tesco, Sainsbury's, Asda, Waitrose and Morrisons - have been affected in a major way because Lidl and Aldi have brought their products to market on average with 15% lower prices on staple product.

Yes, we do have to consider traffic issues, and we all are aware there will be new houses being built for certain here in the very near future. Sad, but true - it's all about change and you sometimes have to go with the flow.

Lidl will have an effect on the other supermarkets pricing. They already have. You only have to look at the prices you paid 18 months ago versus what you pay today.

It's all about competition and Lidl creates that competition locally.

In my view it's a positive move for Heacham and surrounding areas.

Roy Sealey



Saxon Way, Dersingham

Dear Newsletter

Macmillan Coffee Morning

Brenda, Debbie and Shelley would like to thank everyone who came, and for the donations and raffle prizes given. We made a total of £341.51.

Thank you all very much.

Brenda Wagg

Sitting Pretty Upholstery

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News & Events in the Community...

FRIDHEM BINGO

Monday 23rd November 2015

Eyes down 7.00pm sharp!

Refreshments

Come and join us

Proceeds go into the Residents Entertainment Fund

Fridhem Rest Home
79 Station Road, Heacham

Community Cinema in Syderstone

Presents:

On Saturday 14th November 2015

"The Water Diviner" (15)

Australian superstar Russell Crowe's first outing as a director. He takes a seminal event in the collective experience of Australia – the disaster at Gallipoli a century ago - and fashions a very moving story of a man defying military authority to return to the place where his three sons disappeared in the vain hope of finding them. Luminous photography and first rate acting mark the film as special – with a story about which we know very little apart from the dry military facts.

Venue: Amy Robsart Village Hall,
Syderstone PE31 8RX.

Start time: 7.30pm.

Advance Tickets £3.50

Contact 01485 578171 and 578588

Email: cinema@syderstone.com

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Heacham In Bloom

Heacham In Bloom held their AGM last month and reflected on the work of the past year. Three GOLDS in a row is a major achievement for our small group; this could not have been done without the sustained support of the village and sponsors and their appreciation of the Team's efforts. Sadly, Committee members Robbie and Gel Topliss have chosen to step down. They have been pivotal in the success of Heacham in Bloom over the past 7 years, giving generously of their time and their home. They, without a doubt, will be sorely missed. Heacham in Bloom will need to work and plant a bit differently unless we can recruit a few more helpers especially in the summer. Mary Sheldrick was reappointed secretary and Helen Vickerstaff has taken over as the new treasurer. Heacham in Bloom will be holding its Annual Christmas Coffee morning on Saturday 5th December at the Church Hall in the High Street.

Heacham In Bloom
heachaminbloom@btinternet.com



Do Something Amazing Today

Save a Life

From 142 invitations, 89 people attended the blood donor session at the Public Hall on 16th September and 82 units were collected. There were 8 new donors at the session. Thank you all. The next visit to Heacham which will be on Wednesday 24th February 2016. To make an appointment ring the Helpline 0300 123 23 23 or online at National Blood Service information www.blood.co.uk

FRIDHEM AUTUMN FETE

Saturday 21st November 2015
at 2.00pm



Lots of stalls
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Bottle stall Tombola
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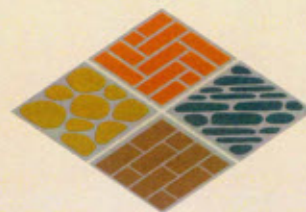
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HEACHAM GROUP PRACTICE 2015 FLU CAMPAIGN.



This year's flu campaign will be held during the months of October and November 2015 at Heacham and Snettisham.

We are now booking Flu appointments

When booking your appointment can we ask you to call 01485 572769 **AFTER 11.00 a.m.** to avoid the busiest time of day.

To qualify for a Flu Vaccination you will need to fall into the following category:

YOU ARE OVER 65, OR SUFFER FROM:-
ASTHMA/BREATHING PROBLEMS,
CYSTIC FIBROSIS, HEART DISEASE,
DIABETES, KIDNEY DISEASE
WEAK IMMUNE SYSTEM, LIVER DISEASE, NEUROLOGICAL DISEASE
CARERS WHO LOOK AFTER PHYSICALLY DISABLED, OR A DEPENDANT
PERSON, PREGNANT.

For Children who qualify for flu jab and as a reminder to parents if you are unable to bring your child on the day, but another family member attends on your behalf we will require written consent from you to enable our staff to proceed with the flu jab.

Thank You

HEACHAM LIBRARY

BOOKS • INFORMATION • TELEPHONE • NEWS • INTERNET

“Books to Read” – Cathy Glass started writing her fostering memoirs in 2007 to worldwide acclaim. Moving and often heartbreaking, her books reveal the courage and resilience of the most vulnerable of our society.

“Things to do” - Free online courses are available. The courses are aimed at helping you to use the internet to search for information, shop, compare prices and e-mailing. Depending on experience, we offer 3 sessions of one and half hours in small learning groups. Please ring 01485 572142 to book your free place or just to have a chat about what “Learn my Way” entails.

“Volunteers Needed” -- Do you fancy being a volunteer librarian? We are looking for someone to join the team to cover either a 2 or 3 hour shift at Heacham Library, every or every other week. It helps if you love books, happy to work unsupervised and can switch on a computer. Full training is provided. If this sounds interesting, contact the Parish Council on 01485 572142 or pop into the library and have a chat with a volunteer.

Heacham Library Opening Hours

Monday, Wednesday, Friday - 10am-4.00pm
Saturday - 10am – Noon

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CHURCHES TOGETHER IN HEACHAM

Courage, Prayer and Hope – Woodbine Willie



Anglican priest Rev'd Geoffrey Studdert Kennedy volunteered as a chaplain on the Western front during the 1st World War. He was affectionately known as Woodbine Willie because he gave out Woodbine cigarettes along with spiritual help to

injured and dying soldiers. He was awarded the Military Cross for his reckless courage, running into No Man's Land to help the wounded.

Woodbine Willie's wartime experiences made him think about prayer and how God answers when we cry out to him. Prayer is not "a kind of magic cheque upon the bank of heaven" he said. In modern terminology, prayers is not a vending machine where a person's prayers gets them exactly what they asked for. Woodbine Willie remembered how Jesus prays in a garden near Jerusalem hours before his crucifixion. Although Jesus knew what was coming, his prayer was not for safety, but for courage to do God's will.

Times have changed; we don't tend to hand out cigarettes to help people. But most of us pray at some point our lives, even if the prayer starts with "God- if you exist" - !

Christians find courage because we know that we are loved by God and are aware of his constant presence with us, in the good and the tough times.

The words of Psalm 23 are often used as a prayer. It includes "*yea, though I walk through the valley of the shadow of death, I will fear no evil; for you are with me.*"

Few of us have to face the horrors of what the soldiers in the 1st World War had to face, but we do all have to face our own tough issues. Few of us have to show such courage in the face of adversity that soldiers have to, but we do need courage to face the adversities in our lives. In the silence, be aware of your fears and anxieties. Whatever you are facing right now ask God for his help and courage in facing that difficult situation.

With my prayers for you, this month in the good times and the tough ones.

Veronica Wilson

Priest in charge of St. Mary's Church
Heacham and Snettisham



HEACHAM METHODIST CHURCH

Sunday Services: 10.30am Preachers this Month

1st Nov. Cathy Fielding
8th Nov. NO SERVICE: Remembrance Sunday
15th Nov. Mary Uttin
22nd Nov. Rev. Pam Bayliss – Holy Communion
29th Nov. Greg Sargent

REMEMBRANCE SUNDAY

There will be no Service at the Methodist Church on **Remembrance Sunday, 8th November**. We shall be sharing in the village Service at St. Mary's Church at **10.00am – note the earlier time.**

MIDWEEK COMMUNION

The November midweek Communion Service will be on Wednesday 11th November at 10.30am in the Hall. It will be conducted by our Minister, Rev. Stephen Oliver. All who love the Lord are welcome to attend.

MIDWEEK ACTIVITIES

Monday - Indoor Bowls, 7pm weekly
Tuesday - Ladies' Fellowship, 2.45pm on 10th & 24th Nov
Hands & Needles Club 7.30pm on 10th & 24th Nov.
Tuesday - "Open Door" 10.00am-12 noon (see below)
Wednesday - Midweek Communion, 10.30am 11th Nov.
Thursday - Ray's Quiz - 12th Nov. at 7.15pm
Friday - Indoor Bowls, 7pm weekly

LADIES' FELLOWSHIP

The speakers at the Ladies' Fellowship which meets on alternate weeks at 2.45pm are Jill Oliver on the 10th and June Murphy on the 24th. All ladies in Heacham are welcome to attend.

"OPEN DOOR"

For some reason this column has given the impression that it takes place on a Thursday – but it doesn't, it's on a **TUESDAY** morning that the Church is open from 10.00am-12 noon. So, if you want to come and pray, or talk to our Minister Steve Oliver, you're welcome to do so. Just come in - the door is open.

RAY'S QUIZ

The Social Evening this month is RAY'S QUIZ, which will be the third occasion on which Ray has conducted a Quiz for us. And they get better every year! We put whoever turns up into teams and try our hardest to give correct answers to the various questions he asks us. Why not join us for a bit of fun! All welcome – men and ladies – on **Thursday 12th November at 7.15pm.**

BIBLE STUDY

Our monthly Bible Study usually runs on the fourth Thursday of the month. Unfortunately we have had to put it back a month, so our next session will be on **Thursday 3rd December at 10.30am**. We shall be studying the 8th chapter of Luke. If you would like to join you will be very welcome.

THE PARISH CHURCH OF ST. MARY

Sunday Services in November 2015

8.00am	Holy Communion (BCP)
	8th and 22nd November
10.00am	1st Holy Communion
	8th Remembrance Sunday
	15th All Age Worship and Shoeboxes
	22nd Morning Prayer
10.30am	29th Holy Communion
6.00pm	1st NO EVENING SERVICE
	8th Evening Prayer
	15th Holy Communion
	22nd Evening Prayer
	29th Evening Prayer

CHRISTMAS DAY LUNCH

St. Mary's will again be holding a Lunch in our Church Hall at Heacham on Christmas Day for those who would otherwise be on their own. Lunch will be served at 12.30 for 1.00pm, and if you would like to come please ring Mary Sanders on 570264. If you need transport, this can be arranged.

NOVEMBER 2015 SERVICES AT NURSING/RESIDENTIAL HOMES

Tues 3rd 2.30pm at Rebecca Court
 Mon 9th 11.00am Holy Communion
 at Millbridge
 Wed 18th 2.30pm at Summerville
 Fri 27th 10.30am at Fridhem

CHURCH CONTACTS: (telephone code: 01485)

Methodist Church Rev'd Stephen Oliver 570232
 St Mary's Church Rev'd Veronica Wilson 570697
 St Mary's Church Office * 572539
 email: heacham.church@googlegmail.com

REGULAR ACTIVITIES at ST. MARY'S CHURCH

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; all the women are welcome at *Girls Together* and there is a Men's Group as well; everyone can belong to the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship,

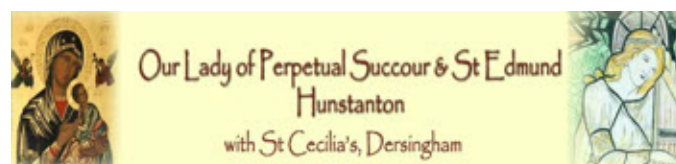
for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children. Also for children, usually on the last Saturday of each month, there is *MESSY CHURCH* with crafts, games, singing, Bible stories and lunch.

ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-4pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays till the end of March, and 9am-5pm throughout the summer months. We have an interesting selection of Christian books and a wide range of greetings cards. It is well worth a visit.

ST. MARY'S CHURCH HALL

This is on the right, half way up the High Street, and the Hall can be booked for meetings and family events, such as children's birthday parties. A booking fee is payable and the Hall can be inspected and a booking made on Mondays, Wednesdays and Friday mornings between 10.30am-12.30pm. There is an office at the Hall where bookings can be made and information provided.



Hunstanton Catholic Parish

We have recently celebrated three 'First Holy Communions' in the parish. Our congratulations and prayers go to Heston Appleton, Samuel Natrass and Kacey Blake.

Work is progressing well on the parish church in Hunstanton. The stained glass windows of Our Lady and St Edmund have been removed for cleaning and restoration before being re-installed in their new position. You can see a mock-up plan of how the inside of the church will look in the parish room. Thanks go to the volunteers who turn up every Saturday to clean up and get the church ready for the Sunday service.

Unfortunately, the Ladies shared lunch which had been planned for November has had to be cancelled. We hope to have one in the spring instead.

A revised, extended parish history book is available at both churches for the price of £2.50 per copy. All proceeds to go to the Parish Church Development fund

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information contact Caroline Brooks on 01553 673069.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome. **Our daily Masses at Hunstanton, will be advertised on the notice boards and in the weekly bulletins,** Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. Sunday Masses are 9am at Dersingham and 11am at Hunstanton. The Parish telephone number is 01485 534675. If you require a Priest urgently please telephone Fr Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

Snettisham

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Fellowship



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Bible teaching

Gospel led

10:45 every Sunday morning

Memorial Hall Old Church Road Snettisham

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Heacham Parish Church

Sunday Afternoon Services

On the 1st Sunday of the month at 4pm in the
Pine Residents' Hall, Wilton Road,
we meet to worship God
and then enjoy tea and cake together

Everyone is welcome

Further details from Pine Residents' Hall
or phone 579440



Heacham & Criteuil-la-Magdeleine
Twinning Association



SATURDAY 14th NOVEMBER 2015

7.00 p.m. for 7.30 p.m. Start

THE OLD FRIENDS' HALL

Sunnyside off Caley Street, Heacham

Tickets £2.50 per person

For details and tickets please telephone
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The Business Centre, 43 Lynn Road,
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Jeremy Plummer is pleased to announce the opening of the new Plummer & Associates office in the centre of Snettisham. He is a Chartered Financial Planner with 27 years' experience in the industry and has worked as an adviser and lecturer within the industry in conjunction with many of the major banks and investment houses, so is able to deal with enquiries both simple and complex.

He has been working in the area for a number of years assisting the clients of Torc Financial Services and has now fully taken over the administration of all of the previous financial clients, hence the opening of the new office. This also leaves Steve Hammond of Torc Financial free to concentrate on running the Saffron Walden Building Society agencies for the area from the neighbouring office.

HEACHAM TWINNING ASSOCIATION

Invite you to visit



Bury St Edmunds



Christmas Market

Leaving at 9am in the morning we will arrive with plenty of
"shopping" time to experience the Christmas and Continental
market.

Sunday 29th November

£12.00

(children £6)

Depart 9:00am

1st pick up point: Opposite Public Hall, Heacham.
2nd pick up point: Lodge Road bus stop, Heacham.

Telephone Sue to reserve seats:
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1st Heacham Cubs

After a nice summer break, Heacham Cubs returned in September ready for another fun term at Cubs. As usual on our first night back we renewed our Cub Law and Promise to remind us what it is to be a Cub Scout, and it was good practice for the new Cubs before they are invested. Then the Cubs wrote on a piece of paper their favourite game and we put them in a box and the games for the evening were then played on a lucky dip basis.

We met for seven weeks this term so had plenty of time to complete the six stages of the Road Safety badge which included being able to identify road signs, knowing how to behave safely in a car and we ended with drawing a poster on Road Safety.

Heacham Cubs are hoping to fill two shoeboxes for The Samaritan's Purse Shoe Box Appeal this year ready for the service in St Mary's Church on 15th November. We had a chat about what they would like for Christmas and how they would feel if all they got was a Shoebox full of goodies. They talked about how lucky they were to be able to go to school (even if they were not over keen) and especially being able to come to Cubs each week.

As Heacham Cubs have been joining in with the two minutes silence on Remembrance Sunday at the village war memorial since 2013 and hope to be able to again this year, they made some poppies for our wreath. The Cubs parade up to the memorial with our flag and this year will lay their own wreath.

During the last two weeks of the term we made skeletons from cardboard. They had disjointed arms and legs and were about a metre tall. The one we made to show the Cubs was called Stanley, but the Cubs could call their skeletons whatever they liked.

During the term we were a Cub short as Harry had his appendix out but we hope to see him again after the October half term. However, we were able to invest four new Cubs so we would like to welcome Charlie, James, Dominic and Zack to our Pack.

Over the winter months we will be concentrating on the new Cubs starting their Silver Awards which was changed in September with new badges and new challenges to achieve.

Sadly, we have not seen Rama this term due to family commitments and we wish them all the very best. Hopefully, he will be able to return when he feels able to do so.

The run up to Christmas will see us doing some badge work and a few other fun things.

Happy Scouting to all our Cubs.

Akela (Sam), Ziggy (Julie) & Chil (Sam L.)
Young Leaders: Hathi (Jemma) & Rikki (Tommy)

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The Mulberry Restaurant

HEACHAM MANOR HOTEL



**Beaujolais
Nouveau
Evening**

**Thursday
19th November 6:30 pm**

**Fêtons la première
vendange de L'Année**

*Let's celebrate the first
harvest of grapes together*

£28.50 pp includes:

- A deliciously warming French 3 course meal
- 1/2 a bottle of carefully selected Beaujolais Wine
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JUST A REMINDER...

The December Newsletter covers January as well, as the first Newsletter published in the New Year will be February. Therefore, please bear this in mind when submitting items for the December edition.



HEACHAM MINORS UNDER 11'S SQUAD

Here is a photo of Heacham Minors under 11s squad, sponsor and manager, Mike Shaw / assistants (Shirley Tucker and Tony Edwards), with their new kits kindly sponsored by 'Tony Edwards Guitars' of Fakenham.

We are looking forward to a successful new season in the mid Norfolk Youth League.

Mike Shaw Manager



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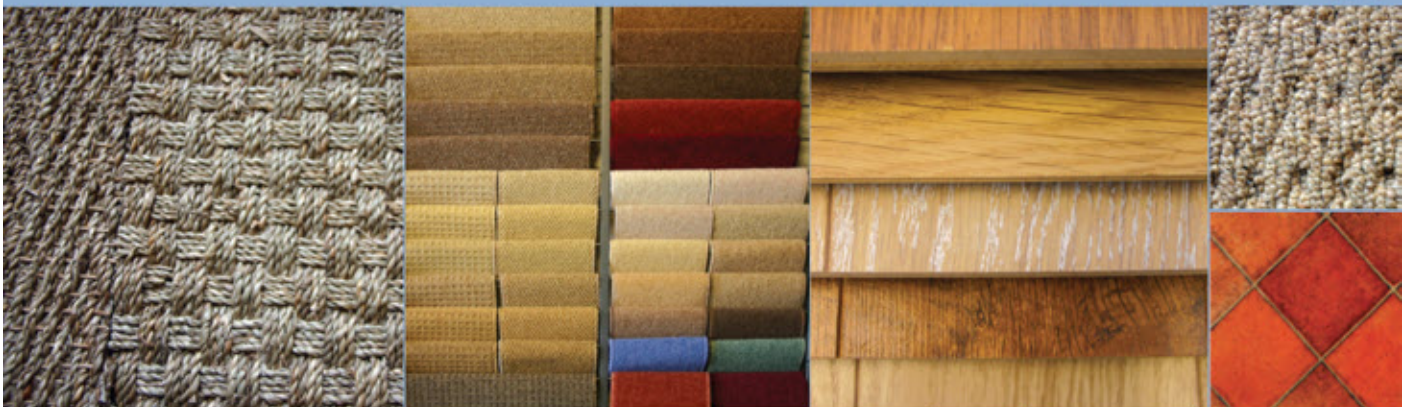
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HEACHAM MINORS – UNDER 13'S

New season 2015 kicked off with a new kit sponsored by one of the boy's parents.

Spencer Harvey Jnr, seen at the front second in from left of the photo, asked his parents if they would sponsor the team. Local business based owners, Spencer and Melinda Harvey of S Harvey & Son Amusements, are in the amusement industry in Hunstanton and, recently, an amusement arcade at St. Osyth in Essex. They wish the team all the best for the season ahead!

The team has also just acquired two local lads, whose brother plays for the team, for extra coaching. Lorcan Forde and Ronan Forde will help the manager Tony Richardson.

Team list - Top to bottom - Left –right:-

Coach 1 - Lorcan Forde, manager Tony Richardson, Coach 2 - Ronan Forde.

Team starting with back left:

Benoit Frucot, Alfie Holmes, Jacob Stevens, Oliver Shaw, Danny Collison-Atter, Bradley Richardson.

Mid left:

Harry Caldicott, Cormac Forde, Jacob Scarisbrick, Jamie Newton, Charlie Case Hutchence.

Bottom:

Jimi Heasman, Spencer Harvey, Conor Waters, Kyle Feeney, Joshua Horsfield.



Heacham History Group



In September, Claire Bradshaw gave the Heacham History Group an excellent talk on The Archaeology of Heacham. Claire, who is the Community Archaeologist based at Gressenhall, talked to us about Heacham from early prehistory to the mediaeval period. We were all surprised at how much evidence there was for activities and settlement in Heacham including unusual amounts of finds from the Palaeolithic, Neolithic, Iron Age and Roman periods.

The next meeting will be 23rd November when Simon Massen will be giving an illustrated talk: A Tour of West Norfolk in Old Picture Postcards. Simon, who lives in Heacham, has been a collector of postcards of this part of the world for many years.

All are welcome at 7.30pm in The Old Friends Hall, Sunnyside Close, Heacham, PE31 7DX. Admission £2.

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HEACHAM REMEMBERS



At the going down of the sun and in the morning.

WW1 ARMISTICE 1918 - REMINISCENCES

The following is an unabridged version of a letter sent from a boy (aged 16) born at Caley Farm, Heacham, to his father then in Oxford, on 17th November 1918. This relates to the Armistice that had just been signed at the end of World War 1.



Ros Marsden

Sun 17th 1918
Winchester,

Dear Dada,

On Saturday 9th Commons beat College in XV's so we had Commooner Singling. On Sunday evening we got off Chapel because of the inoculation but luckily we got off because the stuff ran out. Unfortunately however we may be inoculated yet. On Sunday night apparently the Cathedral bell ringers stayed up all night in case the Armistice should be signed. Next day everything went as usual. I had been up to books two hours, at 11 I had a books chambers for English. When going up to house I heard Cathers bells ringing, but they were ringing so rottenly that I was sure it could not mean Peace. After about ten minutes someone came rushing in to Hall crying Armistice signed at 5am this morning, fighting stopped at 11. So we

went mad. Aeroplanes flying about were hosting the sirens, all works were letting off their hooters, and all the Guns on Mournhill were firing, Churches ringing and everybody cheering.

We got the Gong and beat it and the rushed up to school. Just outside Commoner Gate I met some boys rushing out along Kingsgate Street so joined, down we rushed. Everybody looking at us. Then we turned up College Street where we saw the whole school cheering, and throwing their hats in the air, outside the Headmaster's house. But nothing happened. There were wild rumours of half term to-day, whole term Tomorrow, London leave Saturday and a fortnight extra holidays. Then the mob moved on College Street, through Chamber Court cheering and breaking hats, thought in front of School no to flint Court. There was a coal cart unloading, so people swarmed on this, and the horse began to get wild. Someone caught hold of it and began leading it about. By this time the owner came out and took charge of the infuriated horse, and led it away. The mob then moved back in front of the Headmasters house, (running mostly), then through Cathedral Close, and in front of the Cathedral, I was among the first, and we had just passed the Lime avenue and were going into the town when we men the Headmaster walking along with a Commercial travellers bag, and a sort of homburg: redoubled cheers ensued and he smiled and acknowledged our greetings: then we proceeded into the Highstreet buying flags wherever we could and swarmed up the butter

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Cross. Some people climbed and up and mad demonstrations. Then we all proceded up the high street, through the West Gate and up and round to the right yelling ourselves hoars. Then I got a terrible stitch, but it soon passed off, and we went till we came to Jury Street, then we turned back along this till we came to the High Street. Then we swarmed onto any conceivable vehicle. I got on the back of a Motor transport wagon, and then people swarmed on taxies, on the roof, on the front on the mudguards, on the back, inside, and everywhere. My wagon reached the Guild Hall where there was such a Mons (crowd) that it could not move any further. The band was tooting as hard as it could in front of the Hall, and Everybody went mad. People wearing all sorts of absurd dress, red white and blue, had ribbons, hat bashed in and worn the wrong, way up, all manner of flags, and people lifted shoulder high.

Then I spent my time careering up and down the high street on motor cars, and taxies. It was awful sport. My photo was taken hundreds of times. I am buying one or two of the postcards I am in. Then the time passed in full exitement till 12.45. Then the whole school went up the high street arm in arm in long lines (the bobies could not do anything) blocking all the traffick.

When we got to the sort of Carfax we got in a huge circle blocking all four roads, crossed hands, and sang "Auld Lang Sine" Then we marched triumphantly back to lunch.

After lunch I went and bought a rocket, and saw aofs letting off rockets at aeroplanes (a stupid thing to do) which flew right low down in great numbers. So the aeroplanes retaliated by throwing down Vere lights, and very nearly spotted them. Then I played Fives. At 5 there was a service in Chapel of Thanksgiving: tea at 6 .and a lecture on Serbia by a woman who has been out there doing Red Cross work. After the lecture Monte was priceless. He gave us a sort of small lecture on each of the allies, and cheered each of them in turn. He waved his hand about, and was in awfully good form.

After that we went up to house, and we burnt the Keiser and Hindenburg and several other celebrated German officials on a huge bonfire. there was straw and packing cases, and logs, and branches, and bows, and paraffin was thrown on, on afterwards a chair, washstand basin, cupboard, etc, Waste paper bag, and anything possible. Some people got a lot of old Electric light globes which were fused, and hurled them all over the place like bombs,

Then there were about a dozen rockets let off, and Roman Candles, and Catherine wheels of huge sizes, and bombs, and sparklers and all manner of fire works.

When everything had been let off etc., we had a huge feast. We had caf'e au lait, cakes, buns, biscuits, chocolates, apples (which I supplied about 20) bread, jam; Then we had songs etc. The gramophone was played throughout.

On Tuesday Commoners beat houses, and Bird invited me out to tea. We had quite a good tea. After tea I had Privatin, and in the evning we had commoner singing. On Wednesday Davies gave us a shirk in the afternoon to commemorate Peace.

On Saturday we had a whole remedy for peace celebration. Barnes and I took our lunches out, and went up the itchen valley on the east side pas 'Winnal where I skated 2 years ago. The morning was cold and frosty and the whole thing was frozen over about = thick. Then we crossed over the valley to Headbourne Worthy, and paid a call on Davies who was extremely pleased to have holiday in order to get through his parish work which had been accumulating.

Then we went to the aerodrome to see lieut, Gilead whom Davies recommended us to ask to take us round. Unfortunately Gilead had gone over to Bournemouth to play football. We returned up to house about 3.30.

Mama tells me that Lizzie took you or rather that you took Lizzie to Heacham this week-end.

How is the garden?





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The Kitchen Gardener

November – late autumn. My ugly but generous friend the polytunnel. Making good use of the beetroot and I pluck up courage – blame the Mobile Library.

My polytunnel is the autumn home to a colony of hibernating red ants. They'll no doubt waken in the first warmth of spring ready to play havoc with the roots of young plantings. There's a herd of spiders in there far from sleepy; whenever I irrigate they chase around the plastic perimeter like a herd of elephants in high dudgeon that I should dare to get the pesky water out. Not minding a drop of water are the two frogs who will any day now disappear, but for the moment calmly regard me with their wise old faces peeping out from a salad leaf.

I can't be fussed arguing with any of them, instead I adopt the attitude of a mental shrug and an "oh for goodness sake stop being drama queens" to the spider elephants.

I remember being very hesitant about having a polytunnel in the back garden, it's inelegance sure to cramp my style. Not the prettiest construction to set down amid the mini orchard, hardy perennial bed and herbs. No amount of imaginative planting is going to hide the fact there's a plastic version of the top of a prairie schooner sat on the back lawn.

If I was starting from scratch now I'd have two polytunnels, the second would replace the greenhouse - a poly with a door at each end is easier to keep ventilated and far more versatile, offering all the same things as a greenhouse plus the growing space to far extend the year round availability of food from the garden.

Basically a giant cloche, the only place it would fit gave a north south orientation. This was good luck as the sun would bear down all day on the long side of an east west situation giving much higher maximum daytime temperatures and more chance

of a serious build up of greenhouse pests. Fortunately there are no trees overhead to obscure light and a fence along one side gives reasonable protection against wind and minimises heat loss in winter.

I purchased the strongest gauge film available which was UV treated and the extra expense has paid off. The cover was guaranteed for five years and the general opinion at the time was that I could expect it to last for roughly seven years. I'd made the purchase over winter and all the associated packages sat in the hall until it was warm and sunny enough over a period of days to construct then cover the frame. Warm weather offered working conditions pleasant enough to not rush the job and, more importantly, the polythene would be warm and supple while it was fitted.

The polytunnel went up during the last week in April 2005 and the original cover is still there. I'm keeping everything crossed that it doesn't suddenly disintegrate, and the very moment I notice the tiniest hole or tear I'm out there with the double sided tape mending from both sides, I've seen what the wind can do when it gets under even slightly torn fabric of any sort.

Early September I sowed mizuna, my own seeds of Brune d'Hiver overwintering lettuce (ugly as sin but surprisingly sweet), a mostly red lettuce called Navara rapidly becoming a favourite after a trial run a couple of years ago; it can be sown and picked pretty well all year round so it's one I use outdoors in the summer too. Mazur a rugged individual who stands up well to the cold and finally a cut and come again salad lettuce mix but planted at normal lettuce spacing. This is always a bit of a lottery and both the green and red oak leaved lettuces in the mix are lovely and not what I'd have chosen so well worth the try.

The salading was pricked out into trays then planted out the last week in September. They will feed me and friends all over the winter months and into spring next year when a quick catch crop of salad will refresh the mix before they all come out to make way for tomatoes and cucumbers.

Soil sickness can build up in a polytunnel as there's less chance to rotate the crops. To avoid this I always alternate the side I plant the tomatoes, dig in plenty of organic matter at least once and if I have enough twice a year, and mulch really well. The last couple of years I've used straw and now it's my mulch of choice. The tomatoes love it, it's easy to water through, it looks and smells lovely and is easily dug in at the end of the season.

This month I'll be tidying up, collecting leaves for rotting down and keeping the ground under the brassicas clear of decaying leaves. Figs will be put into the greenhouse or pulled into sheltered corners for winter protection and I'll start sizing up the fruit trees for shape and production requirements prior to pruning next month.

Hard white Dutch cabbages will be lifted and stored before the worst of the frost spoils them, and early this month I'll lift

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beetroot for the winter. I've found it will sit outside reasonably well but it seems to lose flavour. There's been a good beet crop this year, some were outsize and woody so composted, and I shall pickle a large amount for the preserves cupboard. It is a Marmite thing with beetroot, people seem to love it or hate it with no in-betweens. I have a large standing order for those that do.

Pickled Beetroot:

Wash and cook, a pressure cooker is handy at this point. If the skin comes away easily it's cooked, or a knife will tell you if it's tender. Cool, peel and slice into ¼ inch rounds and pack loosely into jars with vinegar proof lids. The beet can be covered with plain vinegar or the vinegar can be spiced with bay, cloves, allspice, cinnamon or whatever takes your fancy. The spicing is best done a few weeks before needed, the vinegar strained off before use. I prefer to spice the vinegar for my pickled shallots but like to sweeten the vinegar for the beet, adding 2oz sugar to a pint.

For the first couple of years I didn't bother reading the recipe beyond this point; went to the store cupboard one day and found to my dismay pickles for the whole year had fermented. When all else fails please read instructions! Back to recipe. Beet pickled using this method needs eating up within 3 – 4 months. For longer keeping the beet should be diced instead of sliced and covered with boiling vinegar whether spiced, sweetened or plain. I now use this method.

Once the Mobile Librarian gets to know your reading habits all sorts of little treasure books are offered up with a smile. Things they've noticed and think you might like. It's an excellent service with the added bonus of online ordering (for a small fee) of anything the Norfolk library service has on its shelves and the convenience of collecting and returning to the mobile. Routes are routinely published on the back of the Heacham Newsletter.

One of their recent very interesting offerings has been a book about foraging in the garden. Edible treats with recipes – everything from begonia, strawberry and peach crumble (the writer says that begonia stems, leaves and petals can all be eaten) and dahlia tuber stir fry to tradescantia fritata. Sedum maki sushi or Himalayan honeysuckle frozen yoghurt anyone?

My eye was caught by the sweet fuchsia berry jam recipe. I looked at my plants and the small cherry like blueish black berries where the flowers once were. My mind went back to a Swedish friend's account of an elderly neighbour who, every autumn, forages for wild mushrooms and leaves a note by her bed, in case she's found dead, saying 'I ate the mushrooms'.

I ate some ripe berries. Sweet and delicious. I put a note by my bed. I'm here to tell the tale.

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Scallywags Parent, Baby & Toddler Group

As the seasons change out there so too does Scallywags. We saw lots of our little friends take another step along their journeys in the Summer as they started nursery and infant schools. We've seen many return this Autumn, having grown in all sorts of ways over the Summer; we've welcomed lovely new faces as well. Babies have arrived and are on the way too! Thanks for coming along everybody, it's such a pleasure to be back and sharing Wednesday mornings with you all! Please do come along when you can, when work or life allows, it will be nice to see you. We have a friendly group of mums, dads, grandparents, aunties, child minders and children aged 0-4! We have crafts, toys, refreshments, books and songs with Tracey, so come and have a play, you'd be very welcome!

Thank you to you all for lending a hand with table clearing, snacks and tidying! Thanks to Louise for making sure we all had a nice cuppa when Liz was away! Thanks to Hunstanton Children's Centre for our summer loan of puppets and dolls, and thank you to Kathryn for returning them! Double thanks to Kathryn who also made some delicious jam using rhubarb from the Scallywags' garden, which we enjoyed with fruit bread and butter! Finally, thanks to Arco for their advice and help sourcing and delivering a great previously owned lawnmower....which reminds me that the grass needs cutting again!

Scallywags Parent, Baby & Toddler Group meet every term time Wednesday 9.30-11.00am at the Scout Hut in Sunnyside. £2 per family. For further info please text/call Jo 07521 447284.




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TIDE TABLES FOR NOVEMBER & DECEMBER 2015

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT)									
November 2015					December 2015				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 SU	09 12	7.0	21 23	6.8	1 TU	09 41	6.5	21 41	6.5
2 M	10 01	6.4	22 08	6.3	2 W	10 30	6.1	22 29	6.2
3 TU	11 02	5.9	23 10	5.8	3 TH	11 30	5.7	23 33	5.8
4 W			12 16	5.6	4 F			12 35	5.5
5 TH	00 28	5.6	13 28	5.5	5 SA	00 45	5.6	13 39	5.6
6 F	01 41	5.7	14 34	5.7	6 SU	01 52	5.7	14 39	5.7
7 SA	02 45	5.9	15 31	6.1	7 M	02 51	5.9	15 31	6.1
8 SU	03 38	6.3	16 17	6.4	8 TU	03 42	6.2	16 15	6.4
9 M	04 22	6.5	16 56	6.7	9 W	04 26	6.4	16 54	6.7
10 TU	05 00	6.8	17 29	6.9	10 TH	05 08	6.7	17 32	6.9
11 W	05 37	6.9	18 02	7.0	11 F	05 49	6.8	18 10	7.1
12 TH	06 13	7.0	18 35	7.1	12 SA	06 29	6.9	18 47	7.1
13 F	06 50	7.0	19 09	7.1	13 SU	07 11	7.0	19 24	7.3
14 SA	07 27	7.0	19 40	7.1	14 M	07 49	7.0	19 59	7.3
15 SU	08 01	6.9	20 11	7.0	15 TU	08 28	6.9	20 35	7.1
16 M	08 36	6.7	20 45	6.8	16 W	09 10	6.7	21 16	6.9
17 TU	09 17	6.4	21 26	6.5	17 TH	09 58	6.4	22 03	6.7
18 W	10 06	6.1	22 17	6.3	18 F	10 55	6.2	23 02	6.4
19 TH	11 12	5.8	23 24	6.1	19 SA			12 07	5.9
20 F			12 42	5.8	20 SU	00 14	6.3	13 22	6.1
21 SA	00 48	6.1	14 02	6.1	21 M	01 31	6.3	14 32	6.2
22 SU	02 06	6.4	15 06	6.4	22 TU	02 43	6.5	15 35	6.5
23 M	03 10	6.8	16 03	6.9	23 W	03 47	6.8	16 29	6.9
24 TU	04 08	7.3	16 53	7.3	24 TH	04 46	7.0	17 20	7.1
25 W	05 02	7.5	17 39	7.5	25 F	05 40	7.3	18 06	7.4
26 TH	05 53	7.6	18 23	7.6	26 SA	06 30	7.3	18 48	7.4
27 F	06 42	7.7	19 06	7.6	27 SU	07 18	7.3	19 30	7.4
28 SA	07 29	7.6	19 45	7.5	28 M	08 00	7.1	20 06	7.4
29 SU	08 13	7.4	20 23	7.3	29 TU	08 39	6.9	20 42	7.1
30 M	08 56	6.9	21 01	7.0	30 W	09 17	6.5	21 16	6.8
					31 TH	09 53	6.3	21 52	6.4

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Greetings from Heacham Tesco Express!

Carrier bag charges could help Heacham!

Halloween, Bonfire Night and almost the arrival of that festive event that everybody declines to mention (except my children who have been planning their lists since Easter!). Yes Christmas is rapidly approaching (sorry...I'm a big kid too and I do get rather excited by it all...I think it's the glittery lights that do it).

Recently, we have seen the arrival of the carrier bag charges! I'm so pleased that the majority of people have taken to it rather well too. There have been several queries, particularly where the proceeds of the charges will go. I've included some information taken from the Tesco website:

Why do I have to pay for bags? A recent change in law in England means we now have to charge 5p for all single-use carrier bags we issue in England, Scotland and Wales. For information about the Government carrier bag charge in England please visit: <https://www.gov.uk/guidance/carrier-bag-charges-retailers-responsibilities>

Why should I re-use my own bag? Not only will you avoid the charge, you will also have a positive impact on the environment by reducing litter, protecting wildlife and saving resources used to make and distribute bags. We have a range of re-useable bags available to buy in store. Remember also that you can replace your Tesco 'Bag for Life' for free in store if it's getting too worn. Our 'Bag for Life' bags, which are made from 100% recycled materials, will be replaced free of charge when it wears out and we'll even recycle your old bag. Tesco 'Bags for Life' can be replaced as often as necessary.

Why is it that some shops in our area don't charge for the bags? The Government has chosen to exempt smaller shops

(those with fewer than 250 employees) from the plastic bag charge, to reduce the admin burden on start-up and growing businesses.

So where does that 5p go? (I got very excited over this bit!). Proceeds generated from the charge, excluding VAT and reasonable costs, will be donated to local schemes and charity programmes that help benefit our community. We will be working with an expert organisation called Groundwork to help us do this. In England, Scotland and Wales the proceeds generated from the sale of the bags will go to good causes, as set out by DEFRA (Department for Environment Food & Rural Affairs). In Northern Ireland the proceeds of the 5p levy are paid to the Department of the Environment (DOE). The money raised is used to deliver local projects to improve the environment.

Who are Groundwork? Groundwork are an environmental charity who work across the UK helping communities find practical solutions to the challenges they face by bringing people and the environment together with practical local action. For more information about Groundwork please visit their website: <http://www.groundwork.org.uk/>

It's your money - so where the money goes locally is up to you. You'll have the opportunity to decide where it is spent by nominating your favourite local charity or community group. This money is set to make a huge difference to local communities across the UK by ensuring that green spaces can be enjoyed by all.

Six projects will receive funding in each of 428 regions annually, which means that over two thousand different projects will receive funding from the bag charge after just one year. The amount of funding available for individual local projects will range from £8,000 to £12,000.

Tesco is calling on local community groups and charities to apply for the funding. There are two voting rounds a year; nominations will be whittled down to three good causes that customers can choose from to vote for in each area. Administration of the local funding will be handled by environmental improvement charity Groundwork, which specialises in transforming local green spaces for the better.

You'll be able to apply from 19th October 2015.

I would strongly encourage all local groups and charities, villages and individuals to look into this scheme in view of how it can make a difference to where we live. It would be brilliant if Heacham and the surrounding area can benefit from these charges. (Every little really does help.)

Please let me know what you think of all this...good and bad and, as always, if we can help your community project or group in any way please contact me, Brenda, at Heacham Tesco Express, 5 Lynn Road, Heacham PE31 7HU. Or telephone me on 01485 696020 or email 5915@uk.tesco.com



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NOVEMBER / DECEMBER EVENTS

November 2015;

21st - HDFA Craft Fair.

Free entry for public. Stalls £15.00 from the bead queen.

18th - Poetry Morning with the Princess Players:

10.30 – 12 noon - Town Hall basement - £2.00

All welcome to read or listen. Home-made cakes and tea available.

December 2015

Advance Warning!

THE CHRISTMAS TREE FESTIVAL 2015

10th (set up) – 11th, 12th & 13th exhibition open 10.00 till 4.00pm.

Local groups and charities are invited to create their own decorated Christmas Tree for display in Hunstanton Town Hall. The best will win £100 (by public vote).

Entry free, but charity collections allowed by each tree and tea/coffee/mulled wine and mince pies available for a donation. Contact Christine on 01485 533367 for further details, or visit the website: www.hdfa.org.uk

AVAILABLE NOW - the new and original and beautiful Hunstanton Town Calendar. The product of the HDFA photo Competition 2015 is now available from Hunstanton Tourist Information Centre. It costs just £5.99 and would make a great Christmas present.

Anmer Village Social Club Film Night

Friday 20th November 2015 at 8.00 p.m.

“MR HOLMES”

Starring Ian McKellen as an aged, retired Sherlock Holmes who looks back on his life, and grapples with an unsolved case involving a beautiful woman.

Venue – Anmer Village Social Club

Admission by ticket - £3 at the door

Doors and bar open at 7.30 pm

Email: films@anmerclub.co.uk or telephone 01485 579465

For details of this and other forthcoming events, including trailers of future films, visit our website at:

www.anmerclub.co.uk



The West Norfolk Members Group invites you to:-

A Rum Life

Jerry Kinsley will give an illustrated talk about research work on the Isles of Rum and St Kilda in the Scottish Hebrides

Thursday 26th November - 7.30pm

Venue: Hunstanton Methodist Church Hall, Austin Street

Cost: £2.00 members / £2.50 visitors

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WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
SUNNYSIDE CLOSE (Sheltered Housing for over 60's)
Coffee Morning 10.30am Tel : 570492
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey
07900 818311 (PH)
FITSTEPS 1.15 - 2.15pm To book Tel:Jaime 571395 or
07765433100 or email jaimefitsteps@gmail.com (PH)
ROLLASON STAGE SCHOOL Dance Classes 6yrs+
Ballet/tap/modern 4.15-5.15pm Junior Street 5.15–6pm
Tel:579074 (PH)Top Room
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5
– 6pm Contact Tel: Kathryn 572138 (MC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School
Contact Sandee Tel: 01485 570485
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs)
7 - 9pm Tel: Seb 07477 511116 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday
Monthly 7-9pm For more information Tel:571936 Catherine
or email mcatherineallen1@gmail.com. (PRH)
HEACHAM WIVES GROUP – 2nd Monday of most months at
7.30pm (HSC) Top Room Contact Sue Scott Tel: 572252

TUESDAYS

OVER 60? Enjoy improving your health and bone density with
Active for Life Exercise Classes at Heacham Surgery
Classroom 10.15-11-15am Tel: 298429 or 579125
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact
Kath Manning-Coe Tel : 01553 774343 (SM)
CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat
at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707
LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen
07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday &
Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday
7.30 – 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st &
3rd Tuesday monthly 7.30pm Sandringham Club West Newton
Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for
info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel:
570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds
HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth
570479
LINE DANCING Absolute Beginners 6-7pm
Beginner/Improvers 7-9pm £3 Contact Diane 571166 (SM)

WEDNESDAYS

WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar
Ave Heacham £35 per day or £20 part of a day (personal budget
holders & self-funders welcome) Tel: Joyce Armstrong
07704338775 www.westnorfolkmind.org.uk
SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2
Tel: Clare 07816913657/Jo 07521447284 (SG)

CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet
for a 'Coffee and a Chat' the last Wednesday of the month
10.30am at Norfolk Lavender Tel: 570742 or 579126
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd
& 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self
defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark
07561303886 (HSC) playing fields
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–
8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek
01553 674779 (PRH)
LINE DANCING FOR IMPROVERS – 7 - 9pm. £3.
Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday
monthly @7.30pm New members welcome Tel: 579465.(PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851
Peter Gray www.westnorfolksingers.org.uk/ (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5
welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older
people dementia friendly) 9.30–3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
OVER 60? Enjoy improving your health and bone density with
Active for Life Exercise Classes at Heacham Surgery
Classroom 10-11am Tel: 298429 or 579125
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm
Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for
over 60's) Tel: 570492
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC)
5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 – 10yrs
Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
SOCIAL EVENING Table games and darts 2nd Thursday
monthly 7.15pm (MC)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower
arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon
3rd Friday of the month Contact Renee Smith or Barbara
Fargher silverlinings@gmx.co.uk or Tel: 570534 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last
Friday of the month at 2pm
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to
8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)
TAI CHI & KUNG FU 6-7pm Beginners Tai Chi
7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu
Tel: Derek 01553 674779 (PRH)
INDOOR BOWLS CLUB (Carpet) 7pm (MC)
CASH BINGO 7.30pm (PH)
WILD FOWLERS CLUB 1st Friday monthly 7.30pm
(HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11
Tel: Tracey Swann 07833 307856 (SM)

SUNDAYS

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly
Everyone welcome For details Tel: 579440 (PRH)

HEACHAM DIARY

Saturday 14th November Twinning Association 'Quiz Night'
7pm for a 7.30pm start at The Old Friends Hall £2.50pp
For details and tickets Tel: 579465

Sunday 15th November Deadline for receipt of the shoeboxes
for Operation Christmas Child Boxes can be delivered to St
Mary's Church or the Christian Bookshop Information leaflets
are available from the Church, the Christian Bookshop or John
Whitbread (Tel: 579326)

Saturday 21st November 'Fridhem Autumn Fete' at 2pm
Lots of stalls including Tombola Raffle Childrens Games and
lots more Come and join in the fun at Fridhem Rest Hom
Station Rd

** GIG 'Pout at the Devil' at Heacham Public Hall Also
appearing 'Tattooed Lies' Tickets £6 from Trev Framlingham
Tel: 07747 156204

Monday 23rd November 'Bingo' at Fridhem Rest Home
Station Rd Eyes down 7pm sharp Refreshments Come
and join us

** Heacham History Group A talk by Simon Massen 'A Tour
of West Norfolk in Old Picture Postcards' 7.30pm Entry £2
All Welcome

Saturday 28th November 'Messy Church' at St Mary's
Heacham 10am-12 noon

Sunday 29th November Heacham Twinning Association trip
to 'Bury St Edmunds Christmas Market' Cost £12 (£6 child)
Departs 9am 1st pick-up point - opposite the Public Hall
2nd pick-up point - Lodge Rd Bus Stop To
reserve your seat Tel: 572252 Sue

Friday 4th December 'Xmas Fayre' 10am to 12noon at
Cunningham Court Stalls to include Bric'a'Brac Christmas
Cards Tombola Refreshments

** 'Fridhem's Dickensian Christmas Market' Lots of stalls
Hog Roast Mulled Wine Mince Pies 5.30pm at Fridhem rest
Home Station Rd

Saturday 5th December Heacham in Bloom 'Coffee
Morning' 10am to 12 noon at St Mary's Church Hall High St
Raffle Tombola Tea and Coffee etc.

Please turn to the next page for 'Other Events'



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OTHER EVENTS

Tuesday 10th November Brancaster Camera Club A presentation by Stephen Clark 7.30pm at Brancaster Staithe Village Hall For info Tel Jim Till 210013

Saturday 14th November Cinema in Syderstone presents 'The Water Diviner' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50 Tel 578171/578588 or email cinema@syderstone.com

Wednesday 18th November Princess Players 'Poetry Morning 10.30am to 12 noon at Hunstanton Town Hall Basement Entry £2

Friday 20th November 'Quiz Night' at Sedgeford Village Hall 7.30pm Admission £10 (inc's a 2 course meal) Tel: 579002 to book your ticket

**** Anmer Village Social Club Film Night 'Mr Holmes'** 8pm Tickets £3 For more info Tel 579465 or email films@anmerclub.co.uk

Saturday 21st November Hunstanton & District Festival of Arts 'Craft Fair' 10am-4pm at Hunstanton Town Hall

**** 'Christmas Bingo' at Docking Ripper Hall** High St Docking 7 to 9.30pm Eyes Down 7 o'clock

Tuesday 24th November Brancaster Camera Club An AV presentation by Judy & Derek Leak 7.30pm at Brancaster Staithe Village Hall For info Tel Jim Till 210013

Thursday 26th November Norfolk Wildlife Trust 'A Rum Life' an illustrated talk by Jerry Kinsley 7.30pm at Hunstanton Methodist Church Hall Cost £2 (members) £2.50 (non-members)

Sunday 29th November The Chalk and Cheese presents a 'Christmas Food and Crafts Fair' 10am to 4pm at Chalk & Cheese Eastgate Street Shouldham Supporting West Norfolk Mind and RNLI For details Tel: Bridget 01366 348039

Monday 30th November to Friday 4th December Hunstanton Lions 'Turkey & Tinsel Lunches 2015' Cost £6 To book complete the form contained within this Newsletter

Saturday 5th December At St Nicholas' Church Dersingham 'A Christmas Concert' with David Stowell and Bilton Silver (Rugby) Band 7.30pm Tickets in advance £9 or £10 at the door For tickets Tel: 540865/544866/609099/540081

Friday 11th to Sunday 13th December HDFA 'Christmas Tree Festival 2015' 10am-4pm at Hunstanton Town Hall
WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford - Tel: Jane 01485 579489

Mondays

U3A HUNSTANTON meets 3rd Monday monthly (except Aug & Dec) 2pm at Hunstanton Community Centre for details Tel: Chris (Chairman) 535065 or Barbara (Secretary) 571484
FITSTEPS 6.30 - 7.30pm at Ingoldisthorpe Village Hall To book Tel: Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst. Hall Brancaster 9.30-11.30am (term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk
COASTAL STROKE GROUP 10.30am - 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

LINE DANCING 1.30 - 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am-12noon at St Mary's Church Hall Snettisham For info Tel: Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP - Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford - Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

WEST NORFOLK TAI CHI CHUAN - weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

LINE DANCING 10.30am - 12 noon at Hunstanton Community Centre £3 Tel: Diane 571166

TEA DANCE 2 - 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 - 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

FITSTEPS 6.15 - 7.15pm at Snettisham Memorial Hall To book Tel: Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10-11.30am (term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)
ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

HEACHAM IN BYGONE DAYS...

An extract from the local newspaper dated May 1933, sent to the Newsletter by Paul Cobb:-

Who owns the Village Green?

Heacham Beach Officer and his Hat

An interesting point was raised at a meeting on Friday of the Heacham Parish Council, when the question as to who owned the village green was raised. A letter had been received from the Heacham Estate asking if authority had been sought regarding the placing of a seat by the Council on the green as it appeared no permission had been sought.

Mr Brown, who had lived in Heacham for 50 years, said originally the green was the property of the lord of the manor, who some years ago said he did not want to have anything to do with it and the Council then considered it their property. When the present estate took the railings down, the Council asked for them to be replaced and they were replaced. At one time fairs used to be held on the green.

It was decided to reply that there had always been a right of way over the village green and that was why the seat was placed there.

The beach officer reported that a man came to him and complained that someone else had built a hut on his site. It appeared that some misunderstanding had arisen between the changing of the old beach officer and the new one. Mr Taylor suggested that they should draw up a plan, number the huts and schedule all vacant sites and find out whom they actually belonged to. Mr R Patrick said many paid rent for hut sites and built when they had paid the money to do so. It was left to the Beach Committee to carry out Mr Taylor's suggestion.

Mr Graver moved that the beach officer be provided with a uniform. At present he only had a hat, and anyone might pinch the hat and start collecting the Council's money. (Laughter). If he had a uniform they could not pinch that. (More laughter). It was decided to provide a uniform and ask local clothiers to tender.

The Chairman asked if anyone knew who owned a small piece of land near Mr Callaby's gate where the Women's Institute had placed a notice board.

Mrs Pratt, The Women's Institute, asked Mr Callaby if he objected to the board being placed there and he said he had no objection. A member pointed out that the piece of ground had been railed in by the Docking District Council and they looked after it.

Mr Brown: No wonder Mr Callaby did not object. (Laughter)




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01485 534777
MON-FRI 9.00-1.00

**WE HAVE PUBLIC LIABILITY
INSURANCE**



**Heacham Sports & Social Club
Christmas Menu
3 Course Meal with Coffee**

Home-made tomato soup with French stick
Paté, served with toast & relish
Stilton Mushrooms with French stick
Prawn Cocktail with Mary Rose sauce, brown bread & butter

Sliced Roast Turkey, pigs in blankets, Yorkshire pudding,
roast potatoes bread sauce, home-made stuffing,
seasonal vegetables & gravy
Sliced Roast Beef, Yorkshire pudding, roast potatoes,
seasonal veg & onion gravy
Sliced Roast Lamb, Yorkshire pudding, roast potatoes,
seasonal vegetables & mint gravy
Mushroom Stroganoff served with soft rice

Christmas Pudding with Brandy sauce
Chocolate Roulade
Fresh Fruit Salad with cream or ice cream
Orange Mousse served with whipped cream
Selection of cheeses and biscuits with garnish

Coffee, mince pies & mints

£22.95
(£10 deposit per person on booking)



Wine by the glass or by the bottle - your preference.
Pre-ordered and priced as appropriate

**BOOKINGS ONLY - Minimum parties of 10 from
Sat 14th Nov to Sat 19th Dec**

No normal Sunday lunch served on **SUNDAY 13th and 20th**
December- Christmas Menu Only

To book 'phone 01485 570776 Now



Heacham at Night

Remember remember the fifth of November, gunpowder, treason and plot. You may have seen fireworks by the time you read this but they are likely to still be around. My favourites have always been rockets, the bigger and higher flying the better. Hopefully you will see them soar into a clear sky with the Moon and stars above them. Look past the glittering sparkles and the cascades of colour and consider what you are looking into - deep space. The stars you see are within our galaxy, The Milky Way, and there are between 200 and 400 billion of them. The fuzzy patch of our neighbour, The Andromeda Galaxy, is still visible (due south and roughly straight up) though you will probably need good binoculars. The light from its one trillion stars has taken 2.5 million years to reach us.

A telescope in Chile is currently scanning all the galaxies in just one eighth of the sky, there are 300 million of them. In 2022 another telescope will scan a bigger chunk of sky with 10 billion galaxies in it. Your Guy Fawkes rocket gets just a little closer to them than you are. Imagine it carries on going up and never falls back. Long, long, before it reaches even the closest galaxy the Earth will be gone; the Sun shrunk to a cooling clinker; The Milky Way will have merged with Andromeda and the combined mass will likely contain more dead stars than shining ones. Effectively the known universe, currently 13.8 billion years old (according to most recent determination), will be grinding to a halt.



(FRED HOYLE - Internet credit)

At least that is what some, most, say. I still hanker after a modified Fred Hoyle steady state theory – the universe overall remains as it is but gets distributed differently. Fred Hoyle was a major astronomical figure at Cambridge University from the end of the Second World War into the 1970's. During that

war he was one of the boffins developing radar. I mention him now because the Federation of Astronomy Societies annual conference is due. Until recently it was always held at Cambridge and Fred's bronze statue used to look at us as we ate our lunch. The conference is now held in Birmingham where John Henry Poynting determined the mass of the Earth; and the early work on atom bombs, microwaves, and machines like the Large Hadron Collider was done. In addition, I was born in Birmingham, a few miles from the university, a fact that does not appear in Wikipedia.

I was surprised at how many of my acquaintances watched the eclipse of the Moon at the end of last month. I think it was down

to the significant national publicity given to the 'blood moon' rather than my article in the Heacham Newsletter. Well done to all who got up and had a look. Your next chance is a partial eclipse in about a year's time and another blood moon in July 2018.

I watched all the eclipse from just after midnight until around 5am. The dog thought I was weird too. It was quite fascinating watching the Earth's shadow creep slowly across the Moon's surface especially through binoculars as the shifting light appeared to change the surface features, crater rims and the like. The increasing redness could be seen well before totality. I was in The Midlands and there was some high mist which made photographs a little fuzzy but here are a couple of the hundred or so I took.



(TWO ECLIPSE PICTURES - mine)

The last month has been pretty miserable as far as star gazing is concerned and I hope colder nights will help clear any mist. Planets are still a pre-dawn observation though at 6am on, fairly easy to manage for most of you.

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Nov 5th to 8th, look ESE at 6am. See the crescent Moon with Jupiter, Mars and Venus strung out to its left. Venus is the brightest and lowest, Mars is the red dot just above it and Jupiter the brighter dot above that. There are two bright stars in the same field of view; Regulus some distance above the Moon and Denebola rather lower and to the left. You might be lucky to also see Mercury which is bright but low down. It vanishes during the month and becomes an evening object at the end.

Regulus is a multiple star system consisting of at least four stars; each paired and orbiting the other pair. It is about 77 light years away.

On the 9th look ESE again at 6am and the star Spica will be immediately below the crescent Moon. Spica is about 250 light years away and is the closest major double star to the Earth. Its two stars orbit each other so closely that they cannot be separated in a telescope. The larger star is a blue giant and the smaller is still much bigger than the Sun. Each star pulls on the other making them both egg shaped.

On Nov 26th look roughly SW towards the full Moon. The star Aldebaran will be close to it and, much further to the left, will be Betelgeuse. To the right of the moon is a cluster of stars, The Pleiades (use binoculars).

On Nov 28th look SE at 6.30am. Find bright Venus; Spica is below it; Mars and Jupiter are strung out at 45 degrees above and to the right of it.

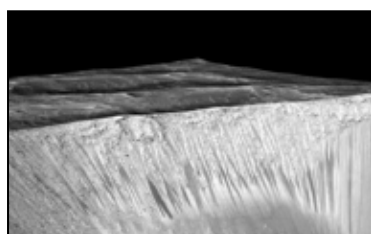
A good pair of steady binoculars aimed at Jupiter might just pick out Ganymede, the largest Galilean moon.

Meteor showers: 12th Nov Northern Taurids; 17th/18th Leonids. The latter will likely be the better of the two and you can start watching from a comfortable 9pm. Look NE.



(PLUTO credit NASA)

Pluto has a blue sky thanks to small particles in its upper atmosphere just the right size to scatter blue light. This picture was taken by New Horizons looking back towards the Sun and capturing its light passing through Pluto's atmosphere



(MARS PIC credit NASA)

And Mars has flowing water albeit very briny water that appears sometimes (this was a recent news item though it was 'news' several years ago). This picture shows water trails down the walls of a Martian crater.

At the end of the month, if you can get to a really dark site before sunrise, scan the SE horizon with binoculars (avoid the Sun) and you might see a comet; Comet C/2013 US10 Catalina; a blob with a tail.

Remember to follow those rocket trails into the sky.

Terry Parish



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NEWSLETTER SUDOKU No. 97

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

		1		7				9
				4		3		
8	4	3		2		7		
9	2	8			5		7	
					6		4	
7			2				5	
			8		7			
	3			1			2	
						6		1

This medieval puzzle concerns a length of cloth in which one third is black, one quarter is bleached, and the remaining eight yards are red.

How long is the length?

Answer on Page 36

Solution to
Newsletter
SUDOKU
No. 96

7	8	1	9	2	4	5	6	3
9	6	3	1	7	5	4	8	2
2	4	5	8	6	3	7	1	9
8	5	9	7	3	1	6	2	4
4	1	2	6	8	9	3	7	5
6	3	7	4	5	2	1	9	8
1	9	8	3	4	6	2	5	7
5	7	4	2	1	8	9	3	6
3	2	6	5	9	7	8	4	1

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Would you like to learn Bridge?

A different article this month. My wife Lois and I have recently come back from watching the World Bridge Championship which was held in Chennai (formerly Madras).

The championship is played every two years and is played in 3 sections: the Bermuda Bowl, the main open competition, the Venice Cup for the Ladies and the d'Orsi cup for the Seniors. 22 countries take part in each competition and initially they all play each other in a round robin event with 16 hands in each match. The top 8 qualify for a knockout competition. It is quite a marathon and the winners will play 656 hands of bridge in 41 sessions which will take about 82 hours.

Briefly to explain a bridge match. There are 4 players in a team and you play another 4 players in another team. At one table, 2 of your players play North South, against an opposition pair who play East West. At another table, in another room, the remaining 2 of your players will play East West against the opposition who play North South. And both tables play the same hands. If your NS pair get more points (or concede fewer) than the opposition NS pair in the other room, that is then good news. The team which gets the most points wins the match. This is called duplicate bridge.

People may find it hard to believe that Bridge is a spectator sport – but I can assuredly say that it is. You can watch the games in 3 different ways:

- You can sit in a theatre and watch a particular match whilst listening to 2 expert commentators tell you what is going on.
- You can watch selected matches on the Internet via Bridge Base Online (BBO). I found this very frustrating as the Internet kept dropping out.

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· The last option and for me the most exciting was to sit by the players. Understandably there was a limit of one watcher (called a kibitzer) per player and so to get the best players, you had to be there early.

You may have heard that there have been various allegations of cheating recently and so bridge has been in the news. To prevent irregularities and partners passing information to each other, a screen is erected diagonally across the table, so that a player can only see one of his opponents but not his partner. The screen goes right down to the floor so the players cannot play footsie!! There is a tray which contains the bids made by each player which is pushed through a gap at the bottom of the screen to give the others a chance to bid. Once the contract is decided and the opening lead made, a hatch is raised so that declarer can see his partner and dummy. All a bit of shame really but such is the modern world – even in bridge.

The three England teams did pretty well but it could have been so much better. All three teams qualified comfortably but the Seniors lost to Poland in the quarter finals. The Ladies beat the USA comfortably in the quarter finals only then to lose in the semi-finals fairly narrowly to France, who went on to win the competition. The Ladies beat the Netherlands team to win the bronze medal.

The real drama was provided by the English team. They qualified fairly comfortably in 4th place and then continued with a very good win in the quarter final against the top USA team. Poland were their opponents in the semi-final. After being well behind early on, England fought back in the final session and found themselves narrowly ahead with 6 hands to go. Some 8,000 people, including yours truly, watched these final hands on the internet. With the tension rising, England were 150 points ahead when the last hand was put on the table. It looked like a fairly routine hand – but it wasn't – England lost 220 points and lost the match by 70 points which is a minute margin when you think of the length of the match. It is like conceding a goal in the last minute or losing a wicket in the last over. Heart breaking. I can't tell you how nail biting this was.

England must have found it very difficult to lift themselves for the 3rd place play off against USA 2, which they did manfully until horror of horrors history repeated itself. As against Poland they were trailing for most of the match, but made a great comeback in the last session to lead by 70 points with one hand to go. However they lost sufficient points on the last hand to lose the bronze medal. Almost too much to bear.

All in all, this was a great experience. It was terrific to see the top players and put faces to names one has only read about in magazines. When sitting beside the players, I did find watching the bridge extremely nerve wracking so what it must have been like playing I can only imagine. It was interesting to note that at the end of the hand if there had been some sort of disaster (yes they are human and do make mistakes), there is no outpouring from partner as one is used to such as "didn't you see my lead" or "why on earth did you throw a heart?". I talked to one competitor who said - "the better the player, the less the criticism". Wise words indeed which I will pass on to some serial moaners in my acquaintance.

My children simply do not understand how exciting all this was for me. I found it riveting. There has been much in the press recently about whether bridge is a sport. Someone from Sport England said that bridge was like sitting at home reading a book. Having watched the world championship for the last two weeks with all the effort, tension and heartbreak involved, these comments are clearly nonsense. I could even say that bridge is more exciting than football but that might be considered controversial.

Bob Carrick

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C.A.L.M. SUPPORT GROUP

(Caring, Advising, Listening and Mentoring)

We just wanted to thank you and let you know that the C.A.L.M. Support group from Hunstanton, St. Edmunds Church Hall, has won the 2015 Norsecare award for best new community engagement for dementia. This was an award for our group members, our community and Rebecca Court Residential Home where the group leaders work. They are Glynda Jermy, Manager; Lenny Sayers and Debra Sautner, dementia coaches.



Huge congratulations to Debra and Lenny, who scooped an award for Best Community Engagement.

The CALM (Caring, Advising, Listening, Mentoring) Support Group is an informal and interactive group that offers emotional and practical support to carers, older people and those with dementia. Meetings focus on a range of topics; there are regular speakers and there are always opportunities to talk through issues of concern with a sympathetic listener.

The group meets monthly from 11.00am - 1.00pm at St. Edmunds Church Hall, Church Street, Hunstanton, PE36 5DR. Light refreshments are available. Meetings are free to attend and all are welcome. Upcoming dates are:

2015:

November 14th, December 5th.

2016:

January 2nd, February 13th, March 12th, April 9th, May 7th, June 11th, July 9th, August 6th, September 3rd, October 1st.

(Please note: it may be advisable to contact the group on the below telephone number if you wish to find out more information on dates and topics).

Who to contact: Telephone: Debra 01485 535320 or 07979 448645; Lenny 07786 430589; Glynda 01485 570421.

E-mail: debra.sautner@dementia-alliance.com

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Forthcoming Events at Hunstanton Library

For further information about any of these events, or to book your place where necessary, please contact the library on 01485 532280.

Colour yourself calm at the library:

Colouring in is an easy way to calm the mind. If you've never tried it, why not come along to our colouring group for adults on the second Monday of the month 10.30am-12noon. Just bring along your colouring books! Colouring pens and refreshments will be provided. There is no need to book, just come along.

Hunstanton Autumn Town Read:

Not sure what to read this autumn? Then why not join in our library community read. We have chosen three very different books... 'The Final Minute' by Simon Kernick; 'The Martian' by Andy Weir and 'Eeny Meeny' by M J Arlidge. The read was launched on Wednesday 4th November and will run until the end of December. Simply pick up the books from the library and tell us what you think! For more information, please contact the library.

Fun with stories:

Hunstanton Children's Centre presents stories, crafts and rhymes for parents, carers and their pre-school children. There's no need to book, just come along.

Fridays 10.30-11.15am on Nov 6th/20th, Dec 4th/18th.

Bounce and rhyme with Jo:

There's no need to book, just come along.

Alternate Fridays from 10.30-11.15am -

Nov 13th/27th, Dec 11th.

Hunstanton Library Book Group:

Monday November 16th - 2.30pm.

Come along to our friendly book group. New members are welcome. For more information please call the library.

CV and job searching advice:

Need advice on: exploring your career options; skills health check; job profiles; job market information; CV help and more? Why not book an appointment with Annette Jones from Realise Futures Careers Solutions by calling 07734 571349 or emailing annette.jones@realisefutures.org

Reading group night at King's Lynn Library - Friday 4th December 6-8pm:

- Join other book group members for a night of book recommendations;
- Discover the most popular book club books of 2015;
- Learn how to make the most of your Norfolk Library reading group ticket;
- Find out how you can share your favourite reads with others.

Tickets are £5 per person payable in advance and include free glass of wine and mince pie. Places are limited so please book early.

Tickets will be available at Dersingham, Downham Market, Gaywood, Hunstanton and King's Lynn Libraries from 2nd November.

New books coming our way this autumn:

Cecelia Ahern - The Marble Collector

David Baldacci - The Guilty

Janet Evanovich - Tricky twenty-two

Tess Gerritsen - Playing with fire

Elly Griffiths - Smoke and mirrors

Stephen King - The Bazaar of bad Dreams

Jo Nesbo - Midnight sun

James Patterson - Cross Justice

Simon Scarrow - Britannia

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THE NORFOLK HOSPICE Tapping House

Light up a Life Services

Christmas is almost here. It is during this time that friends and family come together to share this special season. However, it is always difficult when we think of those who unfortunately cannot share it with us.

For many years The Norfolk Hospice, Tapping House has been hosting *Light up a Life* during December. *Light up a Life* is a national appeal organised by Hospices to celebrate the memory of loved ones at Christmastime.

The Hospice would like to invite members of the local community to remember a special person or people this Christmas by dedicating a light on our Christmas tree which will be brightly lit in front of the Hospice during December. Anyone who wishes to make a dedication should call the Hospice fundraising team on 01485 601701 or pick up a leaflet from one of the Hospice shops.

As part of your *Light up a Life* dedication, you will have:-

- The opportunity to attend a *Light up a Life* service during December. Guests will be able to light a candle for their loved ones during these services.



- The names of your loved ones entered into our *Light up a Life* Book of Remembrance which will be available to view at all of our *Light up a Life* services and at the Hospice during December.

- Your loved ones names entered into our *Light up a Life* Order of Service which will be available at our Services.

This year the Hospice is hosting four *Light up a Life* services. The services are open to everyone, not just people who have made a dedication:-

Sunday 6th December at King's Lynn Minster (3pm)

Monday 7th December at Sandringham Visitor Centre (5pm)

Thursday 10th December at The Norfolk Hospice, Hillington (5.30pm)

Sunday 13th December at St Edmunds, Downham Market (3pm).

Everyone at the Hospice looks forward to welcoming the community at the services.

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Smoking in Cars Ban Legislation enforced from 1st October

Smoking Ban Details:

The health risks of exposure to second-hand smoke (SHS) are well established, and in the UK it has been against the law to smoke in vehicles used for work since July 2007. In February 2015 Parliament passed regulations to make it illegal to smoke in a private vehicle when someone under the age of 18 is present. The new rules came into force on 1st October 2015 and both the driver and the smoker could face a £50 fixed penalty notice. The regulations have been introduced as part of a package of measures under the Children and Families Act 2014.

Public Health England has committed to running a campaign to raise awareness of the legislation and encourage voluntary behaviour change.

A key reason for the law being introduced is that levels of second-hand smoke in cars can be extremely high because of the restricted area in which the smoke is circulated and can reach levels far higher than those experienced in buildings. According to the British Lung Foundation, more than 430,000 children are exposed to second-hand smoke in cars each week.

Public opinion is very favourable in regards to making it illegal to smoke in private vehicles with children present. 77% of adults in Great Britain support regulations to stop smoking in cars with children present, including 63% of smokers and 86% of children aged 8-15 years old.

For more information, please visit:
www.gov.uk/smokefreecars

For any further information please contact the marketing mail box at marketing@norfolk.gov.uk

Brancaster Camera Club

We have two meetings planned for November:

Tuesday 10th November 2015

A presentation by local photographer, Stephen Clark
'An evening with Pebbles Photography'.
Come along and see some more examples of Stephen's work

Tuesday 24th November 2015

An AV presentation of East Anglian Landscapes by Judy and Derek Leak DPAGB/CPAGB
A perfect programme to end the year.

Both meetings held in Brancaster Staithe Village Hall at 7.30pm. Visitors always welcome. For more details, contact Jim Till on 01485 210013.

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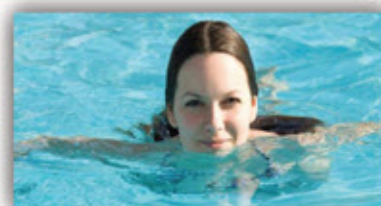
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Lucy Lavers trips.....

Dunkirk Little Ship and former lifeboat *Lucy Lavers* has been giving trips afloat in Wells-next-the-Sea during the summer, following her successful return trip to Dunkirk, 75 years on. 225 people have been afloat in her, with over 50 children, including some from Fakenham Academy who have been studying *Lucy Lavers*. People described the trips as 'informative; memorable; evocative; history alive; exhilarating; fulfilling; nostalgic'.

Lucy Lavers will be coming out of the water for winter maintenance at Stiffkey in November and trips should start again at Easter (as always, subject to weather). Trip dates will be on the website and notices.

Dates for your diaries....

The Maritime Heritage visitor centre at Stiffkey closed at the end of October and will re-open at the beginning of March 2016 (Saturdays and Sundays 10am – 4pm), **BUT** we will be open from time to time for special events:-

The first is a special weekend on November 28th and 29th when, as well as the displays, artefacts and films of *Lucy Lavers* story and plenty on fishing heritage, there will be a small display of **Jack Cox paintings** and **plenty of special offers in the shop** for your Christmas shopping!

Do come along and bring your friends!

We now have two DVDs of *Lucy Lavers* – one of her history and restoration and the second of her return trip to Dunkirk this May. We will be showing these, **dates to be announced**, and they are for sale in the shop.

Group bookings.....

School groups, adult groups and societies – somewhere different to hold your meetings, perhaps with a Maritime Heritage tour and talk thrown in? Groups are warmly invited to use our flexible and well-equipped Education Room. Do get in touch.

If you like messing about with boats or in boatyards or are interested in our local maritime heritage, why not talk to us about being an occasional volunteer at the Visitor Centre?

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COMMUNITY ACTION NORFOLK

Save the Dates - VCSE & NCC Re-imagining Norfolk

Community Action Norfolk and Momentum (Norfolk) are working with Norfolk County Council to ensure the VCSE (Voluntary, Community and Social Enterprise) sector effectively engage in Norfolk County Council's Re-imagining programme and budget proposals.

Re-imagining Norfolk provides a framework to re-examine roles and priorities within a radically reduced level of resources over the next 3 years. We have published a page with some background information.

We have deliberately separated events looking at year one of the re-imagining process and those looking at years two and three. This is to ensure the sector has a good opportunity to both engage in proposals around the 2016/17 budget alongside developing a

more fundamental and collaborative discussion about the longer term service landscape in our county.

We will be publishing more details shortly but in the meantime please put these dates in your diary.

Re-imagining year 1

These events will be an opportunity to explore year one of re-imagining Norfolk and Norfolk County Council's 2016/17 budget proposals.

5th November - 14.00 - venue TBC.

24th November - 10.00 – King's Lynn, Professional Development Centre.

More dates to be confirmed.

Re-imagining years 2 and 3

25th November – venue TBC

This session will focus on years two and three of re-imagining Norfolk and will be an opportunity to start developing collaboratively the future service landscape. We see this as an initial event in a broader partnership process of re-imagining Norfolk together.

Contacting us

Please direct all general queries to the main office by calling 01362 698216 or office@communityactionnorfolk.org.uk

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Hunstanton & District Rotary Club

Rotary Matters

Our recent Charter Night, when we celebrated the Club's birthday, was held at the King's Head Hotel, Great Bircham. It was a particular success; not only did we have our District Governor, Dorothy Pulsford-Harris and Past District Governor, Peter Harris, there to support us, but we also were able to congratulate our long-standing member, Ben Warnes, who was awarded the Paul Harris medal for his Rotary work. Paul Harris was the founder of Rotary in 1905 and this award is given to Rotarians who have worked particularly hard and successfully. It is a prestigious award and the top award that a Rotarian can be given. Ben's face was a picture! The award was a total surprise to him!



One photo shows Ben having received the medal, ribbon and certificate from Club President, Adrian Evans. The other photo is of our President congratulating our Senior Vice President, Carol Bower, who will become President after Adrian.

We were greatly entertained with the singing of Elise Rudd, a student from Smithdon High School.

Our District Governor, Dorothy, commented how she and her husband always enjoyed visiting our Club, stressing how Rotarians give up much time to local, national and international charity work. Our Club President Adrian spoke of the success of the Club now having 31 members, of whom 10 are Associate members.



Our new membership category is certainly proving popular. Our latest recruits are Margaret Swann as a full member. Margaret is a past Inner Wheel President. Hilary Farrell and Helen Fairweather have both joined as Associate members. President Adrian welcomed them on behalf of all the members and presented them with their membership badges.

Adrian also spoke of the excellent work put in by the Club members during the summer months, when we contributed to the Town Carnival, organised a weekend at Norton Hill, Snettisham for the Light Railway event, and organised the Kite Festival. The side shows and stalls were particularly appreciated

and all three major events were extremely successful. Over 4000 adults and children attended the latter, which was a record.

Rotary and Inner Wheel were delighted to receive an invitation from our member, Rotarian Peter Brooke and his wife, Mary, for a picnic in their lovely garden. Our Club's Community committee members and Inner Wheel members provided excellent food, with 'the icing on the cake' being the gorgeous weather.

At one of our Club meetings, Janet North spoke to us about the Break Charity and Rosedale Homes. She told us the sad story of children, ages 5 to 18, who have come from neglected homes. These children are given loving and understanding care for a number of behavioural problems, which have been caused by physical abuse, neglect and being involved in fights, as well as fear of hurt. At one of the five Rosedale Homes they are shown the way to live with extraordinary care, love and understanding (no punishments) given by the carers. With soothing care gradually the children recover.

Don't forget we have a website for Club information and our programme! www.hunstanton-rotary.co.uk

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Due to the popularity of this event and to make sure we allow everyone a chance to attend, we can only accept one application per name (eg: if you have attended via a group booking, you cannot then attend again under an individual booking).

The lunches cost **£6.00 per person** (non-refundable unless 48hrs notice is given) for a delicious three course meal, including a free cup of tea/coffee after your meal.

Soup
Traditional Christmas Turkey with all the trimmings.
Christmas pudding.
Special dietary requirements will be met.

Please complete and tear off the Booking Form below and return as soon as possible to the address given below on the form. Confirmation will be sent to you.

Please do not arrive any earlier than 15 minutes before the time stated below on your booking form.

We look forward to meeting you at your Turkey Tinsel Lunch.

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TURKEY TINSEL BOOKING FORM 2015

Name:.....

Address:

.....

Telephone Number: Home:

Mob No:

Number of people in your party:

Email:

Please **tick** the days you're available to attend and **circle** your main preference:-

Monday 30th Nov

Tuesday 1st Dec

Wednesday 2nd Dec

Thursday 3rd Dec

Friday 4th Dec

Please **circle** which **time** you would like to have lunch:

12.00noon or 1.00pm

Please state any special dietary requirements:

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Answer for page 26

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HEACHAM PARISH COUNCIL NOTICEBOARD

PARISH COUNCIL MEETINGS IN BRIEF

Heacham Fire Station: The Council agreed a statement outlining its opposition to any proposed closure of Heacham's Fire Station. Borough and County Councillors were made aware of this. Villagers are urged to make their views known to Norfolk County Council if they feel strongly about the potential loss of the Fire Station.

Parish Maintenance Officer: Mr Chris Creasy has been appointed to the post of Parish Maintenance Officer. Mr Creasy will work Wednesday, Thursday and Friday, and Mr Rodney Clements will cover the rest of the week.

Planning: Planning issues took up much of the Council's time in October. Clarification is being sought as to the High Court ruling which upheld the appeal against refusal of planning permission for land off School Road. BCKLWN has granted planning permission for up to 69 houses on land off Cheney Hill. Heacham Parish Council is objecting to the proposed roundabout at the junction of Hunstanton Road and the A149 which would provide access to the Hopkins Homes' proposed development on land to the south of Hunstanton.

Viv Roberts: Mrs Roberts has resigned from the Council due to a change in her personal circumstances. This leaves a vacancy on the Council.

Street lighting: The Council agreed to explore further the updating of the current lighting stock including conversion to LED lanterns.

Cheney Hill bench: The bench at the junction with Malthouse Crescent is to be replaced.

New Row dog bin: A new bin has been placed adjacent to High Houses.

The next Full Council meeting will be held on Tuesday 17th November at 7.30pm at the Parish Council Office.

NOTICE OF PARISH COUNCIL VACANCY

A vacancy has arisen on Heacham Parish Council for a Parish Councillor.

If no request for an election has been received by 3rd November 2015 the Council intends to fill this vacancy by co-option.

Interested parties should contact the Parish Council Office for further information.

**Lynne Butters
Parish Clerk**

REMEMBRANCE SUNDAY

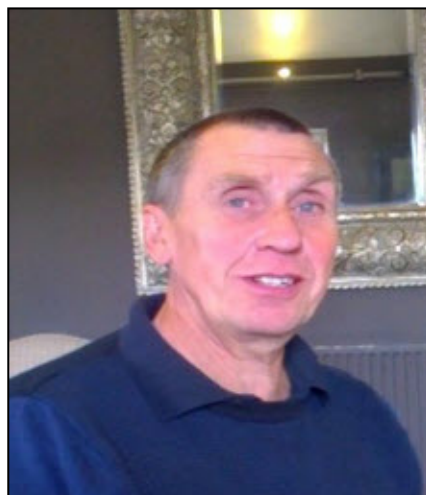
Please note that a section of Hunstanton Road by the War Memorial will be closed on Remembrance Sunday, 8th November from 10.45am until 11.20am. Vehicles will be diverted back along Hunstanton Road or Church Lane for the closure period. Thank you for your co-operation.

NEW COMMUNITY BUILDING

Message from the Community Building Committee

Many hours have been spent this month researching every single post code, within Heacham and beyond, to enable us to make a bid for funding from the National Lottery's Big Lottery Fund. The wish list is almost complete and calculations are being made to enable an architect to deliver initial designs and plans.

ROB BRADLEY



Last month the Council said goodbye to Mr Rob Bradley, one of the two Parish Maintenance Officers. Rob had worked for the Council since 2012, helping to keep the village clean and tidy. While sad to see him go, the Council wishes him all the best with his future plans. His fellow staff will miss him greatly as a member of the team.

MILLENNIUM WOOD WORKING PARTY

There is to be a working party to plant replacement trees in the Millennium Wood on Sunday 15th November from 10.00am. Councillors will be leading the work, and any members of the public who would like to help will be most welcome. Please bring appropriate tools and clothing. The work will involve removing dead trees, planting new and replacement trees and reinstating donors' name tags.

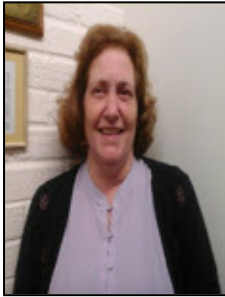
LIBRARY VOLUNTEERS

Heacham Library is run by the Parish Council and is staffed by volunteers. If you think you might like to join the team then please contact the Parish Council on 01485 572142 or pop into the library and have a chat with a volunteer.

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
www.heachamparishcouncil.co.uk
Open Tuesday - Friday 10.00am-noon

**Heacham Parish Council
Jubilee Clinic, Pound Lane,
Heacham. 01485 572142**

Your Parish Councillors are



Charles and Trish Hammond:

We were both born in Heacham and left to go to college, Charles to work for ICI as an Industrial Chemist in Middlesbrough and Trish to train as a teacher in Oxford. Trish returned to teach in Heacham. Family illness caused Charles to return and eventually take over his father's coal business and also for a short while help his mum with her toy shop. They later bought Moulam & Horn to complement the coal business. They have four lovely children between them with grand-children and great-grand-children, all who live locally. The village past, present and future is therefore very important to them both.

Charles was elected to the Parish Council in 1976 and Trish in the mid 1980's.

Both of them have been Chairman of the Parish Council and Trish has also been Borough Councillor for the village, as her father before her.

They both take part in many village activities and Charles is also Chairman of the Heacham & Criteuil-la-Magdeleine Twinning Association. Trish is the Exchange Secretary; the Association is great fun for all those involved. Charles loves sport and plays bowls and table-tennis in the village.



My name is Chris Moore and I have lived in the village for about 10 years. I have only been on the Parish Council since June 2014 and am a member of the Community Buildings project Committee. I can be contacted through the Parish Office.

My name is Alan Walker and I have lived in the village for 15 years. I am on the Lighting and Watching Committee and Community Building Project Committee. I work in telecommunications and unfortunately have to travel to London most days.

Being a keen photographer, I am a member of Heacham and Sandringham Digital Camera Club. I also help at the Public Hall Bingo sessions on a Friday night.



My name is Michael Williamson. I am currently Chairman of the Parish Council having been Vice Chairman for the previous two years and chairman of the Natural Environment committee before that. I have been a Parish councillor since 2010 when I moved back to Norfolk from Bristol where I lived for 15 years. Now retired, my working background was in accountancy, IT and health care administration. My main leisure interest is music and entertainment and I have been Treasurer of the Heacham Twinning Association for the past four years. I can be contacted either via the Parish Council office or by telephoning 01485 579465.

Martin Johnson. I joined the Parish Council in 1998 and have served on all the committees at various times. I was elected to be Vice Chairman in 2009 and served as Chairman of the Council from 2011 to 2013. I was sports co-ordinator for 3 years and at present am vice chairman of the Lighting and Watching committee.



Pam Harrod. I've lived in Heacham for approx 35 years. I'm married to a 'Heacham lad' and we have 2 grown up children who both went to Heacham Schools and then Smithdon High School before going on to University. I worked as an IT manager for CITB before leaving 2 years ago. I've been involved in many aspects of the village, from playgroup to football, over the years and now that I have more time I hope to give something back to the village that has, and continues to be, a constant source of pleasure for

me and my family. I am a member of the Natural Environment Committee, the Community Activities Committee and the Community Building Project Committee. You can contact me on 01485 571613.

My name is Terry Clay. I have been a Parish councillor since 2011. I sit on the Finance and General Purposes committee, Lighting and watch committee, Community Activities committee and chair the newly formed Community Building Project committee. As a member of the Parochial Church Council of St Mary's Church, I have committed myself to serving the people of Heacham to the very best of my ability. I'm married to Judith, have three sons all schooled in West Norfolk where I have lived since 1969. You can contact me on 01485 570712.



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I am Daniel Parton (no relation to Dolly!). I have lived in the area for most of my life and I have been a Parish councillor since 2013. I am currently the Vice Chairman of the Parish Council and as such I sit in on all the various committees. I have a particular interest in the future development of the village and the maintenance of the natural habitat that we all enjoy. I studied Astrophysics at University, I have worked as a sound engineer in the West End and I have been a postman in the local area, amongst other things. So while I am currently the youngest member of the Council I have had a varied career

path and that broad experience helps me when deliberating council matters. I can be contacted through the Parish Office.



My name is John McIntyre. I am 70+ and I was born in Heacham. I did most of my working life in Wisbech working for the Metal Box Company as a mechanic. I returned to my roots around 20 years ago. I became a member of the Parish Council in 2012. Being retired, I thought this would give me an interest and hopefully give something back to the village. As well as being on Full Council I am on the Lighting & Watching

Committee, the Community Building Project Committee and at the present time Chairman of the Natural Environment Committee. I can be contacted through the Parish Office.

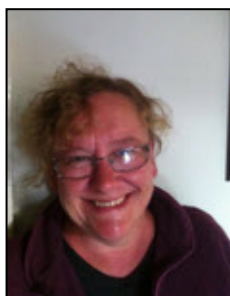


My name is Roger Drinkwater a member of the Parish Council since 2001 and was very proud to serve the community as the Parish Council Chairman during 2009-2011.

I am a member of several Parish Council committees and at present Chair, The Old Friends Hall Committee.

I was involved in youth cricket and football for several years. However, as time inevitably moves on, as it does for us all, I now just play

Petanque for one of the village teams. We moved our family to Heacham for the reason that so many people do, which was to improve their quality of life which still holds true today. Heacham, I believe, is a great place to live. I can be contacted via the Parish Office or tel: 01485 571659.



My name is Tracey Swann and I have been a Parish Councillor since 2007. I am currently Chairman of the Community Activities Committee. I am also on the Finance and General Purposes Committee, Lighting and Watching Committee, Community Building Committee and Old Friends Hall Management Committee. I am also Chairman of Heacham Youth Club. I enjoy spending time with youngsters of all ages and despite my son leaving Heacham Infant and Nursery school in 2007, I am still called back to help with their fundraising events. I am also a former member of Smithdon High School PTA. I

can be contacted either through the Parish Office or on 07833 307856.

Jillian Carr. I have been a councillor since 2009. I am on the Natural Environment Committee and am the Vice Chair of the Community Committee. I am also Vice Chair of the governors of Heacham Infant and Nursery School, am involved as a volunteer for the Youth Club and on the committee for the Heacham Horse Show.



Peter Colvin. I moved to Heacham in 2007, joining the Parish Council in May 2011. I became a Parish councillor because I wanted to do something for my community. I take part in all of the various committees of the Council. I chaired the Lighting and Watching committee before becoming Vice Chairman of the Council and subsequently Chairman between 2013-2015. I now combine my Parish duties with that of being one of Heacham's two Borough councillors. I can be contacted through the Parish office, or on 07885 258434. Alternatively email: Cllr.peter.colvin@west-norfolk.gov.uk



Terry Parish Councillor since 2013.

Currently Chairman of the Lighting and Watching Committee which, amongst other things, looks at planning applications, and Vice Chairman of the Natural Environment Committee. Member of North Norfolk Wildlife Trust, the RSPB, Hunstanton Civic Society, North Norfolk Astronomy Society, and King's Lynn and District Astronomy Society. I write the 'Heacham at Night' article which appears in the Heacham Newsletter. I am interested in amateur dramatics and have helped run and manage a society, not in Norfolk, for many years.



My name is John

Stares and I have been a Parish Councillor and member of the Natural Environment Committee since May 2009. I also served for a year (2011-2012) as Vice-Chairman. I can be contacted through the Parish Office.



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HEACHAM CHALK PIT RECYCLING CENTRE

Summer opening times are 9am - 6pm. Winter opening times, which apply from 1st October to 31st March, are 9am - 4pm.

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk

E-mail admin@norfolk-on-line.co.uk

www.heachamgrouppractice.org


www.heachamnewsletter.org.uk

Main pick up points for The Heacham Newsletter.

First Saturday of each month except January.

Jennings, Heacham Bakery, Heacham News, Post Office,

Parish Council Office, Church, Co-op, Tesco's, Heacham Fish Bar



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LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

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Service 10 (Mon-Sat)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0707 first bus to Kings Lynn then twice an hour from 0838

0644 first bus to Hunstanton then twice an hour from 0908

Service 10 (Sunday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0854 first bus to Kings Lynn, then hourly from 0939.

0908 first bus to Hunstanton, then hourly from 1008

Service 11

King's Lynn to Hunstanton

Via:- Sandringham, Dersingham, Ingoldisthorpe, Snettisham and Heacham (A149 only)

Coasthopper (Mon-Sat)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0850 first bus to Kings Lynn then twice an hour from 0922

0749 first bus to Hunstanton then twice an hour from 0849

Coasthopper (Sunday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.

0915 first bus to Kings Lynn then hourly from 1020

0844 first bus to Hunstanton then hourly from 0949

Coasthopper Service to Cromer & Fakenham via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham. change at Hunstanton

Smithdon High School Bus

Service 401

Via:- Folgate Road/Fengate, Station Road

0816 to Smithdon School

1530 from Smithdon School

lynx (lynxbus)

Service 35 (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd

0741 first bus to Kings Lynn then twice an hour from 0826

0709 first bus to Hunstanton then twice an hour from 0954

Service 35 (Sunday)

Via:- Fox & Hounds and Lodge Rd

0906 first bus to Kings Lynn then twice an hour from 10.41

0834 first bus to Hunstanton then twice an hour from 1009

Bus Enquiries

www.norfolkgreen.co.uk

Tel: 01553 776980

www.lynxbus.co.uk

Tel: 01553 611955

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For more information, Cost of Fares, a Membership form or to book

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HEACHAM HALLS

Public Hall

570776

Pine Residents Hall, Wilton Road Mrs Crisp

579440

Methodist Church Hall, Station Road Mike Careless

570363

St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30

572539

Old Friends Hall Sunnyside Close

572142

Heacham Scout Hut

572890

MOBILE LIBRARY

ROUTE WEL 124	(Mondays)	ROUTE WEL 123	
9th/23rd	November	2nd/16th/30th	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE Court	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
NOURSE DRIVE/Ingleby CL	12.25	SUNNYSIDE	14.15
ROLFE CRESCENT	13.55	MEADOW RD	14.40
WOODEND ROAD	14.15	POPLAR AVE	15.25
GIDNEY DRIVE	14.30	GYMKHANA WAY	15.45
BANKSIDE	14.50	JENNINGS CLOSE	16.10
MARRAM Way/Norway CL	15.05	COLLEGE DR/Gonville	16.45
MARRAM Way/Spruce CL	15.20		
MARRAM Way/Neville RD	15.35		