



THE HEACHAM NEWSLETTER

September 2015



This newsletter reflects the views of its contributors, not necessarily those of the editors, any sponsoring body or advertiser. When contacting one of the advertisers please mention you saw their advert here first. Thank you.



Lavender Queen - Mia Beatty Princesses - Grace Barker, Adele Carty and Tegan Frary

Deadline for the next edition is 12 noon, Tuesday 15th September

Photographic Exhibition Heacham

12th-13th September 2015
10.00-4.30pm

Free entry

**The Old Friends Hall,
Sunnyside, Heacham.**

Refreshments

**Heacham Parish Council
Enquiries: Tel 01485 572142**



**Do Something
Amazing Today**

The National Blood Service
will be visiting Heacham
and would welcome existing and new donors.

**Wednesday 16th September 2015 at the Public Hall,
Station Road. 1.15pm - 3.30pm and 5pm - 7pm.**

Please make an appointment if you can, by calling the
Helpline 0300 1232323 or online at www.blood.co.uk

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
E-MAIL: theheachamnewsletter@yahoo.co.uk www.heachamnewsletter.org.uk

ADVERTISING: Moira Barnes ☎ 01485 570401 Adverts cost £15, £30 or £60 per month
THE NEWSLETTER VOLUNTEER TEAM: Moira Barnes - George Bradley - Jackie Davis
Roger Drinkwater - Brian Faulkner - Kerry Long - Mary Sheldrick - Robby Topliss

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council

letters...



Heacham

Dear Newsletter

Heacham School Reunion

The 3rd Heacham School Reunion, kindly sponsored by Mr Derek Miller, is to be held at the Public Hall on Sunday 27th September 2015 between 2.00–5.00pm. For those who attended Heacham School prior to 1960, all are welcome. No charge. Light refreshments. If you have any photographs relating to that era of Heacham and the school, please bring them along.

If you would like to attend and share your memories once again, please contact Tony Parnell on 01485 601399 or email sharon.parnell@hotmail.co.uk

Look forward to seeing you all.

Tony Parnell



Park Road, Hunstanton

Dear Newsletter

Scotty's Little Soldiers

On Sunday, 26th July, I completed my charity event for the above charity at The Muckleburgh Military Collection, Weybourne Military Camp.

The event was planned for me to try and 'pinch' a tank. I was 'arrested' and handcuffed and put in a tank which lasted almost four hours before they released me.



I enclose two photos. Also, Scotty's Little Soldiers were there with their stall. The total money raised on the day was £100.36.

My next event was on 9th August at my local club when they had their open day. This will be followed in September when I am taking in a table top sale.

Thank you for all your help.

David Foulkes

PS: Money is coming in very well.



Linn Chilvers Drive

Dear Newsletter

The Martha Mob

THE MARTHA MOB (St Mary's Church Cleaning Group) would like to thank all who helped or supported us at the Tea Party held at Linn Chilvers Drive on Thursday 6th August. The weather was perfect to enjoy the garden and the food and friendship was even better.

In response to John Taylor's challenge in July's Newsletter and generous offer to start a wall fund to repair the wall near the War Memorial, we are donating the £212.50 raised, together with the £200 raised last year – a total of £412.50, to the church wall fund. A small amount but worth a few bricks.

Also, should anyone (male or female – 10-100 years young) feel they would like an hour's exercise in church followed by coffee, biscuits and a chat, we would appreciate more helpers. We start at 9.00am Friday mornings.

According to the media, one hour of housework is the equivalent of 20 minutes in the gym and a lot cheaper!

Colleen Palmer.



Kenwood Road

Dear Newsletter

The Pink Patroller!

Keep up the good work Pink Patroller! The lighting round here isn't so good so the 'BRIGHTER THE BETTER'. Keep on, keep on!!

Mick Cowan

West Norfolk Osteopaths Ltd

Mr. James E. Kemp

B.Sc., D.O., M.R.O.

REGISTERED OSTEOPATH

**NOW IN HEACHAM
SURGERY**


Telephone: 01485 541210

'PRIVATE HEALTH RECOGNISED'



J.C. Hammond
Carpenter/Joiner
**From Flooring to Roofing
and Everything In Between!**
Local, Reliable Service - Competitive Rates
Snettisham (01485) 541220
07944 281960
www.snettishamcarpentry.co.uk
No job too big or too small - All work Guaranteed and Insured




**Computer help
in plain English** 

Repairs, upgrades, virus removal and prevention, installations, help and training for home and business computer users.

Tablets and smartphones too!

Friendly, helpful service. 30 years' experience. Reasonable rates and absolutely **no jargon**.

Telephone Keith at oapc on (01485) 570479
mobile 07977 560955 or email support@oapc.biz



**Fridhem Rest Home
Station Road**

Dear Newsletter

Fridhem Scarecrow Hunt

I would like, through The Heacham Newsletter, to say a big thank you to everyone who supported our scarecrow hunt on Sunday 9th August. To all the groups, schools, clubs and shops who took time to make a scarecrow for us, we could not have done it without your help. To all the businesses who donated raffle prizes, and to everyone who joined us on the day for the hunt. Everyone agreed what a good idea it was and had much fun finding the scarecrows. The hog roast was much appreciated after the walk.

We raised £719.92 on the day for our residents' entertainment fund.

Many thanks to everyone

**Marie Rawnsley
Fundraising Co-ordinator**



Heacham

Dear Newsletter

To Lidl or not to Lidl

At the time of writing many in the village seem excited about a Lidl store possibly opening on the Stainsby's site. Not any old Lidl but a big Lidl. By the time of reading this you may have attended Lidl's public consultation (a normal event for any significant development as developers have to tick a box). Assuming Lidl is still committed, then a planning application will soon be forthcoming and there will be an opportunity to comment to the planning department of KLWNBC. You could also make the Parish Council aware of your views. When considering your comments please think about these observations: Lidl will be intent on selling as much produce as they can so there will be a significant traffic flow into and out of their proposed car park (around 120 places), off the A149, for (say) 12 hours each day (possibly including Sunday given likely changes to Sunday trading laws); the 40 or so local jobs promised will likely be offset by a reduction in staffing in other local shops (they will have less custom), some small shops might close altogether; increase in traffic on the A149 has been a significant argument against large scale housing development in the area and the lack of a (very) close major food retailer has been another, the presence of Lidl will make it more likely that excessive house building will occur sooner rather than later; many of the less familiar brands sold in Lidl are not UK sourced, every item bought from Europe means less productive work in the UK.

You may feel that a modern store offering food at competitive prices offsets the observations above, just think about them and add your own

Terence Parish

BANTOFT ACCOUNTANCY

A local accounting firm established
In north-west Norfolk and the Fens

ANNUAL ACCOUNTS AND TAX
(Prepared for submission to HMRC)

ROUTINE BOOK-KEEPING
(Keeping your books up-to-date)

VAT & PAYROLL SERVICES
(Dealing with the required on-line filing rules)

We also provide economic services as regards:-

**NEW BUSINESS START-UPS
CAPITAL GAINS TAX
INDIVIDUAL TAX
FORMATION OF LIMITED COMPANIES**

Bantoft Accountancy have won many local business enterprise awards
(A prerequisite of fairness in trade)

For more information, please contact Mrs. Nickie Bantoft, FCCA
(Without cost or obligation):-

North Norfolk coastal area: 01945 581102
King's Lynn & Wisbech area: 01945 581102
nickie@bantoftaccountancy.co.uk

Bantoft & Co. Ltd are authorised to undertake professional accounting services by the
Chartered Association of Certified Accountants.

Station Road Garage

33 Station Road, Heacham

Norfolk PE31 7EX

☎: 01485 570259

- ✓ **Mechanical Repairs**
 - ✓ **Servicing**
 - ✓ **Welding**
- ✓ **Tyres and Exhausts**
 - ✓ **Clutches**
 - ✓ **Diagnostics**
- ✓ **Collection & Delivery**
 - ✓ **Accessory Shop**
 - ✓ **Car Sales**
- ✓ **Air Con Repair & Service**
- ✓ **State of the Art MOT bay**
 - ✓ **MOT Repairs**

**Friendly, family run garage.
All Makes and Models Accepted**



Vehicle Testing
Station

www.stationroadgarageheacham.co.uk



Heacham

Dear Newsletter

Steam Party - 8th-9th August

Once again, we would like to thank all those who gave so generously at our annual Steam Party on the Longacres Caravan Park. Donations amounted to a grand total of £2058.13 for our chosen charity 'Headway-Norfolk & Waveney', the Brain Injury Charity No 1040706.

We are also very grateful to Mark and his staff at The Fox & Hounds who made the car park available for steam engines on their Saturday evening pub run and the £200.21 collected by the team, an ever popular evening judging by the number of people there.

Again Mike, Liz, Stephen & Estelle would like to thank all our staff including Paul, Lizzie, Debbie, Martyn, Kerry and friends Jenny and Peter Copeman, who gave of their time to help organise a very successful weekend.

**Mike & Liz Plumb
Heacham Holidays**

Heacham History Group



At the July meeting of the Heacham History Group, local historian Philip West took us on a very interesting photographic journey along the coast from King's Lynn to Wells. He included some early pictures of Norfolk Lavender at Caley Mill and also discussed the development of Hunstanton as a tourist resort. Several people brought in old photographs to be copied for the archive. We've also had some sent to us since the meeting.

September's meeting will be on Monday 28th. (Please note we've had to change the day of the week from Thursday to Monday). Claire Bradshaw will be talking about The Archaeology of Heacham. Claire is the Community Archaeologist based at Gressenhall and is responsible for promoting engagement with heritage to the residents of Norfolk.

All are welcome at 7.30 pm in The Old Friends Hall, Sunnyside Close, Heacham, PE31 7DX. Admission £2

**Linda Nudds
Tel 01485 571794**

News & Events in the Community...



Heacham

Dear Newsletter

HEACHAM AND A BLUE PLAQUE

Many people in Heacham will remember a blue plaque that was on the Station Road wall of No 1 Wilton Road. It mysteriously went missing some years ago and no one has ever confessed to removing it.

It read:

Patrick Hadley
1899-1973

Composer and Professor of Music
At Cambridge University
Lived here

Borough Council of King's Lynn, Norfolk.



Patrick Hadley was most frequently referred to (affectionately) as Paddy. He left school to join the army and was wounded in October 1918. His right leg was amputated below the knee and he became what I believe was one of three men with "peg legs" in Heacham.

He was elected as a Fellow of Caius College in 1938. Heacham has had many connections with Caius, both in Lodge Road and the land between Lodge Road and Station Road. Paddy was a greatly admired composer and musicians came to visit him at Shallcross.

Now enthusiasm is needed to get a replacement plaque. Hunstanton has a Civic Society which acts as a pressure group. We now have a Historical Society that could be encouraged to find ways of replacing the plaque.

The attached drawing was by Edmond Xavier Kapp 1890-1978. The photographer was Edward Leigh FIBPS of 19 King's Parade, Cambridge.



The picture of the house and garden shows them in the early 20th Century, with a window to the room which Paddy subsequently used as his study. The lady in a long dress was probably his mother, Edith Jane Hadley, who signed the postcard and posted it in 1920.

Ros Marsden & Brenda Page

Tel/Fax: 01553 777391
Mob: 07517 458233



Unit 1, Hereford Way,
Hardwick Narrows,
King's Lynn,
Norfolk PE30 4JD
sittingprettyuph@aol.com

Re-upholstery of Antique & Modern Furniture

Headboards / Cushions

Foam Cut to size

Complete or Part Caravan Refurbishment

Extensive Range of Fabrics

Active For Life Group

The Active for Life Group has been running at Heacham Surgery since 1999 after a government awareness campaign pointing out the benefits of regular exercise in helping to maintain muscle strength for general health and especially slowing osteoporosis.

The group, which still has some of its original members, would welcome new members to join their friendly and beneficial club.

The exercise classes are held on Tuesdays, 10.15-11.15am and Thursdays, 10-11am at Heacham Surgery Classroom.

If you would like more information, please telephone 01485 298429 or 01485 579125.



Heacham Foot Health Clinic

- professional foot care service
- clinics held at Heacham and Hunstanton
- HOME VISITS AVAILABLE

Tel: 01485 570512
Mobile: 07767 733838
JANET PITKIN DipCFHP, MPSpract, MAVR
West Norfolk Mind, Poplar Avenue, Heacham

Parking Disabled Access

Heacham Group Practice Patients' Participation Group

Surgeries at Heacham and Snettisham



Contributing to Health Improvement in Heacham, Snettisham, Fring, Sedgeford and Ringstead

West Norfolk Carers
The support they provide to Carers
Sue McDowell-GP Development Lead

Queen Elizabeth Hospital Updates
Esmé Corner- Lead Governor Foundation Trust

All Patients Welcome
Monday September 28th at 7 30pm in Heacham Surgery

Chairman Mike Press 579007
mpp@heachamgrouppractice.org



PALM BEACH HOLIDAY PARK

WELCOMES YOU BACK FOR 2015 AND HERES TO ANOTHER GLORIOUS SUMMER!!!

2014 AWARD WINNING HOLIDAY PARK.

Please feel free to come and take a look at our friendly, family run newly redeveloped holiday park.



All our holiday home owners have exclusive use of our fabulous outdoor heated swimming pool. (May to September)

Wifi is available to individual caravans

You will find our Annual Fees, Gas and Insurance come to you at very competitive prices. (Compare ours to others)

BRAND NEW 2015 35 x 12 2 BED CENTRALLY HEATED AND DOUBLE GLAZED HOLIDAY HOMES AT AMAZING FULLY INCLUSIVE PRICES!!!!

We also have two other beautiful parks Seashore Holiday Park at Heacham and the Poplars Holiday Park at Burnham Market

Please enquire at the Palm Beach office or call **01485 570565**

FARMERS MARKET AND FOOD FAIR

ON PALM BEACH HEACHAM
10.30 AM TO 1.00 PM
12th September 2015
All local produce and suppliers.
Donations in aid of Macmillan







CHURCHES TOGETHER IN HEACHAM

As I write this article for the September Newsletter I am in the process of preparing for my summer holidays. By the time you read this it will all be over. Done and dusted, consigned to my memory banks and possibly photographs.

Going on holiday is really quite a palaver. There is so much preparation to be done alongside the usual round of daily activities. There is the booking of the flights, arranging the transport to the airport, thank you long suffering relatives! Then there is lengthy consideration of what to pack, how many euros to get from the Post office, the list continues, I'm sure you are all very familiar with the whole process.

Today there was a new item to terrify me. The airline requires "advanced passenger information" to be completed on line. Working at the cutting edge of my internet know-how, I completed the necessary information. There is only the online check in and printing of the boarding pass to go, I hope!

It occurs to me that getting to heaven is going to be so much easier. There will be no packing, booking or taxi to arrange, no currency required. John 14 says "I am going there to prepare a place for you. And if I go and prepare a place for you, I will come back and take you to be with me that you may also be where I am."

The "advanced passenger information" was logged many years ago when I asked The Lord Jesus to be part of my life. So I'm well prepared for my last holiday ever, what about you?

Pip Lawrence

Heacham Church Ministry Team Member

HEACHAM METHODIST CHURCH

Sunday Services: 10.30am Morning Worship

6th Sept. Philip Batstone – Quilts
 13th Sept. Rev. Stephen Oliver - Harvest
 20th Sept. Sheila Johnson
 27th Sept. Rev. David Howarth – Holy Communion
 th Oct. Jenny Sparks

QUILTING EXHIBITION

On the first weekend of September an Exhibition of Quilts will be held at the Methodist Church. The Exhibition will be open on Saturday 5th, 10.00am-4.00pm and on Sunday 6th from 12 noon-4.00pm.

The next Messy Church will be on
Saturday 19th September
10.00am-12.00 noon
Heacham St Mary's Church

Check out our Messy Church web pages on <http://www.stmarysheacham.wednet.co.uk/>

For more information contact
 Brian 01485 570148 or
 Veronica 01485 570497
 or
 gill@564@btinternet.com

HARVEST FESTIVAL

This year's Harvest Festival will be celebrated on Sunday 13th September. The Service will be conducted by our Minister, Rev. Stephen Oliver. It is hoped that the Rainbows, Brownies and Guides, who regularly meet at Heacham Methodist Church, will be present with us as we thank the Lord that He has provided our needs for another year.

MIDWEEK COMMUNION

The September midweek Communion will be on Wednesday 9th at 10.30am in the Hall, conducted by Rev. Stephen Oliver. All who love the Lord are welcome to attend.

MIDWEEK ACTIVITIES

Monday - Indoor Bowls, 7pm weekly
 Tuesday – Ladies' Fellowship, 2.45pm
 on alternate Tuesdays Hands & Needles Club 7.30pm
 1st, 15th and 29th September
 Tuesday - "Open Door" 10.00am-12 noon weekly
 Wednesday - Midweek Communion, 10.30am 9th Sept.
 Thursday – Bible Study, 24th Sept. at 10.30am
 Friday - Indoor Bowls, 7pm weekly

LADIES' FELLOWSHIP

The Ladies' Fellowship resumes this month. For details of times and programme contact Joan Carless (570363).

"OPEN DOOR"

Heacham Methodist Church is **open every Tuesday morning from 10.00-12.00 midday**. There's no meeting going on, or service arranged – just an open door. Feel free to come in and pray if you wish, sit in silence, or talk to our Minister, Rev. Stephen Oliver, who will be present. Note: This is not just for Methodists – anyone in the village is welcome to come in, if you feel you want to.

BIBLE STUDY

The September Bible Study, led by our Minister, Rev. Stephen Oliver, will be on Thursday 24th September at 10.30am. The Study lasts approximately 1 hour – we continue studying Luke's Gospel. All welcome.

THE PARISH CHURCH OF ST. MARY

Sunday Services in September 2015

8.00am Holy Communion (BCP)
 13th and 27th September

10.00am 6th All Age Worship & a Baptism
 13th All Age Worship
 20th Morning Prayer
 27th Harvest Service

6.00pm 6th Evening Prayer
 13th Evening Prayer
 20th Holy Communion
 27th Evening Prayer

September 2015 Services at Nursing/Residential Homes

Tues 1st 2.30pm at Rebecca Court
 Mon 14th 11.00am Holy Communion
 at Millbridge

Wed 16th 2.30pm at Summerville
 Fri 25th 10.30am at Fridhem

Church Contacts: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
Gary Bowers?		
St Mary's Church Office		* 572539
email: heacham.church@googlemail.com		

REGULAR ACTIVITIES AT ST. MARY'S CHURCH


Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; all the women are welcome at *Girls Together* and there is a Men's Group as well; everyone can belong to the Mothers' Union; there are also Coffee Mornings and various other activities. So why not find out more about St. Mary's and its regular activities – you might be surprised. The Sunday services act as a focal point when all meet together for worship, for fellowship, for support, learning, encouragement, challenge and growing. And on Sundays there are, of course, activities for children. Also for children, usually on the last Saturday of each month, there is *MESSY CHURCH* with crafts, games, singing, Bible stories and lunch.

ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop, which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-4pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays till the end of March, and 9am-5pm throughout the summer months. We have an interesting selection of Christian books and a wide range of greetings cards. It is well worth a visit.

ST. MARY'S CHURCH HALL

This is on the right, half way up the High Street, and the Hall can be booked for meetings and family events, such as children's birthday parties. A booking fee is payable and the Hall can be inspected and a booking made on Mondays, Wednesdays and Friday mornings between 10.30am-12.30pm. There is an office at the Hall where bookings can be made and information provided.



Snettisham
Christian
Fellowship

Christ centred
Bible teaching
Gospel led

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.scfonline.org.uk



Hunstanton Catholic Parish

Our annual parish barbecue was a great social get-together held at lunchtime on Saturday 15th August at the parish centre in Hunstanton. As well as the delicious food on offer there was also a bric-a-brac stall and raffle and the weather was lovely. There will be a sponsored walk on Sunday 13th September following the 11am Mass and after refreshments. It's not too arduous and children and dogs are welcome to join us on the walk. If you are not able to walk please sponsor someone, sponsorship forms are available in both churches. Work is due to start shortly on the internal renovations and refurbishment at the parish church.

A revised, extended parish history booklet has been produced and is available at both churches for the price of £2.50 per copy. All proceeds to go to the Development Fund. We are still collecting for the Food Banks in Hunstanton and King's Lynn, which provide help to those in very real need in the local area. There is a box for donations in the porch of both Churches. There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information contact Caroline Brooks on 01553 673069.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome. **Our daily Masses at Hunstanton, will be advertised on the notice boards and in the weekly bulletins**, Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. Sunday Masses are 9am at Dersingham and 11am at Hunstanton. The Parish telephone number is 01485 534675. If you require a Priest urgently please telephone Fr Peter Rollings on 01553 772220. or email; parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org



Carnival Parade

On behalf of Heacham Parish Council, I would like to thank everyone who took part in this year's Carnival Parade. I think it's safe to say that the standard of entries was as high as ever and the Nostalgia Steel Band certainly created the perfect atmosphere to enhance the glorious weather.

The winners on the day were:

Best Family	St Mary's Church
Best Youth	Rollason Stage School
Best Group	Heacham Judo Club
Best Individual	Pink Flower Fairy, Heacham In Bloom
Best Overall	Heacham Youth Club

A lot of hard work goes into planning and organising the Carnival Parade so I would like to personally thank all the Parish Councillors and staff for ensuring that this year's event went as smoothly as it did.

See you all next year!

Tracey Swann



Heacham in Bloom's Pink Flower Fairy, Best Individual.

Heacham Youth Club - Best Overall



Dear Newsletter

Folgate Road

Heacham Carnival

We feel we must write to say a big thank you and well done to the organizers/helpers for their superb work on this year's Carnival / Fete.

The weather was certainly on their side as we stood lining the streets of Heacham to watch the Parade wind its way through the village, to finish on the Football field, to be welcomed by a huge gathering of people, as they munched onto their burgers, dripping with tomato sauce or licking their very fast melting ice creams, due to the warm heat of the sun. The Parade was very well put together. Each entrant had worked hard on their presentation. Here we



saw the enjoyment on their happy faces, whatever their age, either riding in on the back of trucks or walking in as groups. All ages from Eve, a lovely lady of over 90 years old (Thank God for Water entry) to the young Dorothy (Rollason Stage School) (see photos).

The Fete was well organized with Stalls, Games and Events going on, all around the field. A very good Car Boot with stall holders busy making a few pounds. All this was held together by Andy Groom on the Microphone, having folk running up excitedly to win a prize or two.

It's so good to see so many local and visitors filling the field - Wonderful day indeed - Well done!!

Janice & Dave Curtis





HEACHAM SPORTS & SOCIAL CLUB FETE

What a superb day again for Heacham village. The field was crammed with people and a wonderful atmosphere surrounded the place. The arrival of the Carnival procession brought with it droves of followers, but this year we are sure there were even more than in previous years. We had prepared the field and there were many waiting spectators for the procession arrival to circulate the waiting crowd. Once the floats were parked up, I'm sure that hundreds, nay thousands, of people were able to view and appreciate all the hard work that had gone into the entries. Again this year, we were lucky to have the Fire Brigade and Coast Guard in the parade.

The day started with the gates opening at 6am to let in the many car boot stallholders. As we didn't have competition from others in the area this year, this aspect of the fete day was again very well supported.

The attractions on the field this year were many and varied – some of which turning up unexpectedly with some different games/rides etc and seemed to be well supported and busy throughout the day.

The Steel Marching Band, apart from processing through the village, gave the crowds a lovely display and were well appreciated by all. Andy Groom did an excellent job keeping all

informed of goings on as well as random games with prizes for young and not so young.

We hope that everyone enjoyed themselves and will remember the Fete of 2015 with fond memories; there appeared to be many little congregations of 'old friends' meeting on the field and sharing their memories of past carnivals/fetes.

The re-appearance of the Craft Marquee was a welcome sight and many enjoyed the goodies on offer there; The Heacham Wildfowlers REALLY pulled out the stops this year with a static display and a very interesting and informative Gun Dog demonstration.

The Rollason School of Dance gave us another superb display and how good it was to have the Youth Club win the Tug Of War! Fortunately, none of the competitors required help from the First Aid on the field!

The 'Pat a Pony' welcomed a lot of interest and believe they sold out of their wares.

To the many voluntary helpers on the day, one can only say a tremendous thank you. Car parking and directing; car boot parkers / collectors; people manning the gates; tent putter uppers and taking downers; those who manned the refreshments, stalls, games, BBQ; draw ticket sellers, bar staff and everyone else from the Heacham Club community and beyond did their village proud on Sunday 2nd August 2015. Without so many people giving their time freely, the day would not have been possible.

Thanks also go to the East of England Co-op for donating the provisions needed for the refreshments again this year.

What more can be said - only this was Heacham performing at its very best. THANK YOU, one and all.

Winners of the Grand Summer Draw:

1st prize	£150	Ticket number	00313	Heacham
2nd prize	£75	Ticket number	01422	Heacham
3rd prize	£50	Ticket number	00167	Heacham
4th prize	£25	Ticket number	02408	Heacham

Target Bowls winner Kathy Burban – score 15

Bowls Wedge winner Ted Jones – score 17

Bowls Arches winner Alan Austin – score 30. Juniors - Shay Flint

Football Winners Seniors - Matt Woodcock

Juniors - Alfie Sills

Number of sweets in the jar was 80 and won by Emily from Heacham with the closest of 57.

All prizes have been claimed.

Rollason Stage School - Best Youth Group



Judo Club - Best Group



St. Mary's Church - 'Best Family' category



More photos can be found on The Newsletter web site.
www.heachamnewsletter.org.uk
 Taken by Brian Faulkner, Kerry Long and Rob Topliss

HEACHAM TWINNING ASSOCIATION



BARN DANCE

7:30pm

Saturday 12th September

Public Hall, Heacham

Pot luck supper provided

Drinks purchased from the bar

£7.50 (under 12yrs free)

Ticket only event phone 01485 572252

Stephen Gibson Heating & Plumbing Engineer

Domestic & Commercial

- Gas Safe Registered For Natural Gas & LPG Work
 - Boilers Installed, Repaired & Serviced
- New Central Heating Systems Installed & Maintained
 - Landlords Certificate
- Bathrooms Designed & Installed



No Job Too Small

Call today for Professional Advice & Competitive Quote

Mobile: 07786365139 Office: 01485 579528

Email:- gib.son@hotmail.co.uk



Goldilocks

Your friendly and Professional Salon

Stylists specialising in all aspects of hairdressing
 Corrective & Creative Colour Work
 Fashion Cuts, Bridal Hair,
 Perming, Up-do's
 Individual Consultation & Advice
 Gift Vouchers

State Registered Hairdressers
Level 3 Stylists and Assessors

20 Austin Street

Hunstanton

01485 532001

www.goldi-locks.co.uk



KITCHENS

BATHROOMS

INTERIORS



**THURLOW
CREATIONS**



for a FREE no obligation quote please call Mark on 01485 572929 or 07710 802 796



Heacham Fire Station

Heacham Fire Station celebrated its 50th year of BUSY active service on Saturday 29th August.

But will this continue as it has been rumoured that they have been made aware of an official notification of its closure.

Residents of Heacham have set up a Facebook page (save Heacham's Fire Station) to try to prevent this.

THN



Heacham Library is a unique community library project run by Heacham Parish Council supported by a team of volunteers. If you already use Norfolk Library services, bring along your Library Card for instant registration. For everyone else just bring along a form of I.D and you can begin using the Library immediately.

“Books To Read” - This month introduces highly readable American Author CJ Box and his unlikely investigative hero in the form of Wyoming game warden Joe Pickett.

Free online courses are available. The courses are aimed at helping you to use the internet to search for information, shop, compare prices and emailing. Depending on experience, we offer 3 sessions of one and half hours in small learning groups. Please ring 01485 572142 to book your free place or just to have a chat about what “Learn my Way” entails.

Heacham Library Opening Hours

Monday, Wednesday, Friday - 10am-4.00pm
Saturday - 10am – Noon

Old Friends Hall Photographic Exhibition

Well here we are in wonderful September, the month when kids look forward to returning to school and their parents count the days.

When the last swallows pack their bags, ready to fly south and chase insects on some warm distant shore.

September, when the nights are drawing in, the harvest is almost complete and where the Norfolk countryside reflects the glorious golden colours of the waning sun.

What a truly superb month it surely is, with the lingering sunlight providing the start of yet another Indian summer. What could be better?

Well in truth nothing, but perhaps your enjoyment of this magical month might just be slightly enhanced with a journey to the Photographic display at the Old Friends Hall, Sunnyside, a free exhibition of individual entrants and photographic clubs. The display is open Saturday and Sunday 12th-13th September between 10.00 and 16.30.

This year we will once again be asking visitors to choose their own personal favourite exhibit; there are no prizes, it's just for fun. However, it's an activity where couples find out how varied their tastes really are.

We look forward to seeing you there, and if any Swallows are passing, they are welcome too.

Roger Drinkwater (Tel 01485 571659)
On behalf of the Old Friends Hall Committee

Norfolk Care Awards 2015 Winners

We are a local award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

Thinking of a career in Social Care? Why not join our award winning team

We offer: • Good rates of pay • Various hours available
• Enhanced holiday entitlement • Paid mileage
• Free DBS (CRB) check and uniforms

Extra Hands, Unit 13 Heacham Hall Ind. Est.
Hall Close, Hunstanton Road, Heacham,
Norfolk. PE31 7JT

Tel: 01485 570611

www.extrahandshomecarenorfolk.co.uk

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards

ESTATE AGENTS, LETTING AGENTS & VALUERS

Successfully Selling across Norfolk for over 3 decades.

Landlords – Protect your property income with Belton Duffey's rent guarantee and full management service.
Just 7.5% + Vat

Sales: 01553 770055 lettings: 01553 660866

E: info@beltonduffey.com

www.beltonduffey.com

Also at Fakenham, Wells-next-the-Sea and London



The Kitchen Gardener

September – early autumn. I'm sure I garden on the edge of a chalk pit. Raspberry woes. A spiffing cake helps to make space in the store cupboard for the new season preserves and what came first – the flower or the colour?

The soil in my previous garden was a true clay and I'd have to wait three to four days after rain before it could be worked. In summer it would dry to a concrete like hardness and then develop fissures.

I remind myself of all this when feeling irked by my chalky, stony and very fast draining soil which has a colour akin to porridge.

Chalk soil is warmer than clay soil and easier to work. Generally it is the better of the two extremes for the fruit and vegetable grower and there's practically no possibility of having an acidic soil with the need for constant liming.

Limestone, which technically includes chalk, was laid down in tropical seas and lakes 100 million to 200 million years ago and is the residue of billions of algae which sank to the seabed. An electron micrograph of chalk shows minuscule sea anemones and snails. Limestone, the older of the two, is approx. 50% calcium carbonate while the later chalk is almost 98% calcium carbonate.

Chalk soils are found on the Salisbury Plain south-west to Dorset and north-east to Norfolk, Lincolnshire and Yorkshire. They are found on the North and South Downs and from Kent to northern France, Germany and beyond.

All limestone is porous and chalk the most porous of all. Water is sucked into chalk by capillary action and this allows trees and shrubs to survive in times of drought as it never completely dries out. I've done the Cresta Run on my behind down our chalky unmade road more than once on a frosty morning as the moisture in the chalk laying on the surface of the road develops a sheen of ice.

Some plants fare badly on lime soil because essential nutrients, especially iron and phosphorus, become unavailable to plants due to the alkalinity of the soil. The results can show in leaf yellowing, veining and scorching, small new foliage and the death of leaves and small branches. Plants showing these symptoms have chlorosis.

This is exactly the problem I face with my raspberries; of all the fruit, raspberries like alkaline soils the least except perhaps blueberries. Every spring and early summer I give them a good dressing of iron, but as chalk is constantly dissolving, applied dressings have only a temporary effect before the iron gets locked away again.

The best advice seems to be to improve the general health and fertility of soil by building up humus through manuring and composting. Well looked after soil is more able to support a wide range of plants and gives the lime averse plants a better change of thriving. It sometimes seems to me that the heavy surface dressings of compost that I add to the soil around plants soon disappears but it promotes earthworm activity and boosts the partnership between soil, mycorrhizal fungi and plants and increases moisture retention.

Some growers say that chalky soil produces the sweetest root vegetables and that the stones and chalk aid drainage and help stop the soil from drying out in the vegetable plot.

I've been spending some time planning ahead for next year and seeking plants who will not object to the alkaline soil in the hardy perennial bed. I was delighted to discover that pinks will fit the bill. I'd already decided to treat myself to one or two of the old fashioned varieties for the sheer delight of their individuality. Now I have a good excuse to get a few more.

I have a scattering of modern double pinks and they flower for longer but without the character and the hauntingly lovely perfume of the old varieties. Pinks like full sun, an alkaline soil and do well at the front of the border. That's a perfect fit for my requirements.

Another advantage of an alkaline soil is that many herbs do well on dry impoverished ground – better than when pampered. It is the struggle that gives them their flavour. A bit like life then.

I Espley Builders Ltd
 Tel. 01485 570472 Mobile 07787 568908
 e-mail. i.espley@btinternet.com

Build Assure
 Quality work protection

FMB
 The sign of building quality

City and Guilds
 of London Institute

All aspects of building work covered.

Renovations and extensions.

Alterations and maintenance.

Brick and stone work specialists.

Structural works

Internal and external refurbishments.

Reliable, time served, qualified tradesmen.

Guarantees available with Build Assure.

Contact Ivan for a no obligation quotation

mcp
 SOLICITORS

FOR ALL YOUR LEGAL NEEDS

Services provided:
 Family, Property, Crime, Commercial, Employment, Personal Injury,
 Wills & Probate, Dispute Resolution

Home visits may be available - Town centre location

METCALFE COPEMAN & PETTEFAR LLP
 www.mcp-law.co.uk 28/32 Kings Street, Kings Lynn, PE30 1HQ
 Tel: 01553 778100

This month I'll be working in the fruit cage. There's a crown of rhubarb that it is time to say goodbye to. The mass of the crown is very large but it is producing thin weak sticks. The flavour has never been great so I'll dig it out and compost it. In the winter I'll split the crown of the rhubarb I like best and replant to increase the yield.

The raspberry canes that provided this summer's fruit will be cut back to ground level as soon as they have finished fruiting. How casual I become with the raspberries when they are in their pomp. Eating two ways – fresh and fresh with a raspberry coulis on top, freezing, jamming, adding to cake mixtures ... then all of a sudden they are over and the one or two hidden ones discovered when doing the autumn work are carried tenderly down the garden - a precious crown jewel like cargo.

Freshly made jam has the deepest flavour and the jam in the store cupboard from last year needs using up. It will keep longer than a year if the sugar concentration is correct but it slowly begins to lose quality and flavour. A good way of using up a jar of jam is to make jam tarts and top them with some seasonal fresh fruit. Another handy little number is to add a jar of jam to a cake mix.

A Little Treasure from the Store Cupboard Cake.

Cream 6oz / 175 g sugar with 6oz / 175 g margarine or butter. Add half a 12 oz / 340 g jar of jam, lemon curd or marmalade and stir into the creamed mixture. Beat in 3 eggs one at a time. Fold in 8oz / 225 g self-raising flour. Turn the mixture into a prepared 8 inch / 20 cm cake tin and drop spoonfuls of the remaining preserve over the top of the cake.

Bake for 35 – 40 minutes at 190 C / 375 F / Gas 5 then leave to cool in the tin. Turn out and dust with icing sugar if you like.

This goes nicely with a cup of proper coffee or served just warm with cream as pudding.

If you have a spare jar of raspberry or blackcurrant jam consider a chocolate based cake. Replace 2 oz / 50 g of the flour in the above recipe with 2 oz / 50 g of cocoa powder and use a sieve when adding them to the mixture.

When I was researching the varieties of pinks for next year's flower bed, it surprised and pleased me to learn that it seems that pink the flower came before pink the colour. The word pink comes from the frilly or jagged edges of the flowers and the verb 'to pink' (decorated edges) appeared in the 14th century. It was probably around the 17th century that the word was used as a colour; before that pink was described as rosy. We still use the verb 'to pink' when among other things we use pinking shears.

Hilary Dellar-Lane



FOX & HOUNDS

AWARD WINNING FOX BREWERY

Station Road, Heacham. Tel: 01485 570345

Up to 8 handpulls serving our own & guest real ales

Forthcoming gigs (8.30pm unless stated)

Fri 4th Sept - 101 Proof

Tue 8th Sept - Keno Kings

Tue 15th Sept - DNA

Tue 22nd Sept - Dr. Misfit

Tue 29th Sept - Against the Grain

Sun 6th Sept - Afternoon Jazz(1.30pm)

Fri 11th Sept - Hush

Fri 18th Sept - Groove Cartell

Fri 25th Sept - Jam with DNA

Fri 2nd Oct - The Black Dogs

Sat 5th Sept (3pm-6pm) Classic Car Rally in the car park

In conjunction with Station Road Garage.

Collection in aid of 'The Norfolk Hospice Tapping House' (RCN. 1062800).

Car park reserved for classics only. Spaces on a 1st come 1st served basis.

Bar open every day from Noon. Lunch served from Noon & Dinner from 6pm.*



Follow us on Facebook @foxandhoundsheacham

*Times may change. Please call the pub on the day. Booking is recommended.



**Heacham & Criteuil-la-Magdeleine
Twinning Association**
(Member of the Norfolk
Association of
Twin Communities)



**HEACHAM TWINNING CLUB VISITS
CRITEUIL-LA-MAGDELEINE**

At the end of July a party of twenty three members of the Heacham Twinning Association set off by a variety of modes of travel including trains, boats and planes, to France once again to visit their twinned village of Criteuil-la-Magdeleine which is in Charente between the towns of Barbezieux and its more well-known neighbour Cognac.

On the Thursday evening of our arrival, we were treated to the now customary welcome reception, this time in the grounds of Talluchet, the chateau home of Michel Fougère – the Mayor of the village. For those who have been before it was a chance to catch up with old friends, and for those for whom this was their first visit, their first insight into the warm hospitality which we always receive during these bi-annual visits. After partaking of several glasses of the local Pineau-de-Charente or Cognac-Schweppes (a mixture of the famous brandy and tonic or lemonade), we were taken to the homes of our hosts where we would be staying for the weekend.

On Friday we all met up for a communal lunch provided by our hosts outdoors and enjoyed participating in some traditional French “bar” games which included a form of Bagatelle and Shove halfpenny and “Rana”, otherwise known as the “Frog Game”, which is popular in the bars across France and Spain. The game is played by throwing heavy small metal disks at the

board and try to get them into the holes on the surface or into the frog’s mouth. Scores depend upon which hole the disk goes into.



After lunch, those who felt energetic went for a guided walk along the banks of the river Né

looking at the wildlife and flora. A formal dinner was organised for the Friday evening followed by dancing to some entertaining accordion music. Saturday was left free with host families organising various events for their English visitors.



On Sunday morning, we assembled in the village square outside the “Mairie” to catch the coach which was to take us on an excursion to the Gironde estuary and visit the villages of Mortagne-sur-Gironde and Talmont-sur-Gironde, where we stopped for ninety minutes to explore the quaint cottage lined streets with the numerous gift shops and look at the church on the rock overlooking the estuary. On the way we were treated to a very fine lunch in the garden of a member of the Criteuil club. The day was brought to an end with another meal, this time of “moules et frites” in the village hall of St Germain du Seudre where they were holding the annual village festival. During the course of the evening we enjoyed cabaret entertainment which included a magician/ ventriloquist who managed to entice one of our lady members on stage to assist with one of his tricks, to the amusement of everyone. Unfortunately, we had to leave the event to return to Criteuil before the firework display.

Monday was another free day spent with our host families with a farewell get-together in the evening at the Logis-du-Paradis where everyone enjoyed paella in the park while bidding “au revoir” for another year.

IAN'S REMOVALS OF HUNSTANTON



Single items to full house removals
Packing service available
House clearances
No obligation quotes - fixed prices
Friendly, honest & reliable service
10% OAP discount
07719 730818

Hunstanton
OWEN'S DIY LTD
Your local independent store for over 20 years

For all your DIY needs

Leyland Paint Mixing Service

We supply a vast range of products mostly in stock or available next day.

Bathroom Showroom

Key Cutting

Chapel Lane, Hunstanton PE36 5AN. Tel: 01485 533053
www.owensdiy.co.uk owensdiy@btconnect.com
Open: Mon-Fri 8am-5pm, Sat 8am-12pm

clanpress
The Complete Printing Solution

- Long run lithographic colour printing
- Short run digital colour printing
- Large format poster printing
- Invitations and postcards
- Roller banners and X banners
- Internal, External & Illuminated signs
- In-house binding and finishing
- Letterheads and compliment slips
- Brochures, leaflets and folders
- Health & Safety Signs
- Newsletters, Labels, NCR Pads
- Business cards, Envelopes
- Exhibition displays

t: 01553 772737
f: 01553 768403
e: info@clanpress.co.uk
www.clanpress.co.uk

1 Dundee Court Hamburg Way
King's Lynn, Norfolk PE30 2ND

We are now looking forward to next year when our friends from Charente will once again visit Heacham.

Our next social event will be on Saturday 12th September in the Public Hall, Heacham, when we are having our annual Barn Dance. Admission is by ticket only priced at £7.50 (children under 12 free), which includes a buffet supper. For details and tickets please contact Sue on 01485 572252.

If you would like more information on becoming a member of the Heacham and Criteuil-la Magdeleine Twinning Association please contact our membership secretary on 01485 579465 or email twinclub@hotmail.co.uk



Sally Brimblecombe – the chairman of the Criteuil-la-Magdeleine Twinning Club, holding the 250th edition of the Newsletter.

TIDE TABLES FOR SEPTEMBER & OCTOBER 2015

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT) add 1hr for BST									
September 2015					October 2015				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 TU	07 37	8.2	20 12	7.8	1 TH	08 01	8.1	20 27	7.8
2 W	08 19	8.1	20 52	7.5	2 F	08 44	7.7	21 06	7.3
3 TH	09 03	7.9	21 33	7.2	3 SA	09 30	7.3	21 49	6.7
4 F	09 49	7.3	22 19	6.7	4 SU	10 21	6.5	22 40	6.2
5 SA	10 42	6.7	23 14	6.1	5 M	11 27	5.9	23 50	5.7
6 SU	11 49	6.1			6 TU			12 48	5.6
7 M	00 26	5.7	13 10	5.7	7 W	01 08	5.6	14 07	5.6
8 TU	01 42	5.6	14 33	5.7	8 TH	02 22	5.8	15 17	5.8
9 W	02 55	5.8	15 48	6.0	9 F	03 23	6.2	16 13	6.3
10 TH	03 55	6.3	16 44	6.3	10 SA	04 14	6.5	16 55	6.5
11 F	04 44	6.7	17 26	6.7	11 SU	04 56	6.9	17 31	6.6
12 SA	05 25	7.0	18 03	6.8	12 M	05 33	7.0	18 04	7.0
13 SU	06 03	7.2	18 36	6.9	13 TU	06 08	7.1	18 32	7.0
14 M	06 38	7.3	19 06	7.0	14 W	06 42	7.1	19 03	7.1
15 TU	07 12	7.3	19 34	7.0	15 TH	07 16	7.1	19 34	7.1
16 W	07 42	7.2	20 02	6.9	16 F	07 47	7.0	20 02	7.0
17 TH	08 11	7.0	20 29	6.8	17 SA	08 17	6.9	20 30	6.8
18 F	08 40	6.8	20 57	6.7	18 SU	08 48	6.7	21 01	6.5
19 SA	09 09	6.6	21 29	6.3	19 M	09 26	6.3	21 41	6.3
20 SU	09 45	6.2	22 09	6.0	20 TU	10 15	5.9	22 35	5.9
21 M	10 33	5.8	23 05	5.6	21 W	11 26	5.6	23 52	5.7
22 TU	11 47	5.5			22 TH			13 14	5.6
23 W	00 33	5.5	13 42	5.5	23 F	01 29	5.9	14 35	6.1
24 TH	02 09	5.8	15 02	6.0	24 SA	02 41	6.4	15 38	6.5
25 F	03 14	6.3	16 03	6.6	25 SU	03 40	6.9	16 31	7.0
26 SA	04 09	6.9	16 55	7.0	26 M	04 33	7.5	17 19	7.5
27 SU	04 58	7.5	17 43	7.5	27 TU	05 22	7.9	18 03	7.7
28 M	05 45	7.9	18 27	7.8	28 W	06 10	8.0	18 45	7.7
29 TU	06 31	8.1	19 10	7.9	29 TH	06 57	8.1	19 26	7.7
30 W	07 17	8.2	19 49	7.8	30 F	07 43	7.9	20 04	7.6
					31 SA	08 27	7.6	20 43	7.3

© Crown Copyright. Reproduced by permission of the Controller of Her Majesty's Stationery Office and the UK Hydrographic Office (www.ukho.gov.uk).



JENNINGS STORES

SOUTH BEACH ROAD

TEL: 01485 571265

WELCOME TO OUR NEW STORE

Open 7 Days a Week 6.30am - 10pm



Mobile Top-Up, Gas, Electricity & Water Payments.

Utility Payment Schemes.

Bottled Gas, Beach Goods.

National Lottery & Scratch Cards. The Health Lottery.



Card payments made easy

In Store Bakery.

Hot Bread / Rolls, Hot Sausage Rolls & Pasties.

New DVD Supplier - Over 500 Titles To Choose from - £3.00 per Night.

Wide Range of Groceries, Frozen & Chilled.

Foods, Spirits plus Chilled Wines & Beers.

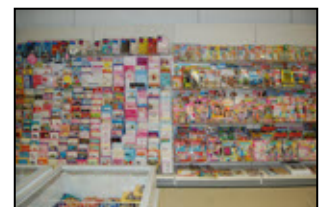
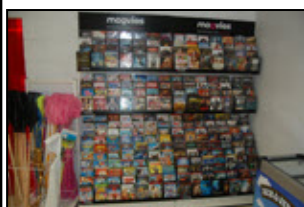
Newspapers, Magazines, Toys, etc.

Wide Range of Medication.

In Store Laundry Available. Bring your Quilts.

Free Delivery of Groceries Purchased.

We Offer Cash Back.



Heacham at Night

I hope you took the trouble to look out for the Perseids in the middle of August because the clouds cleared and they were a fine sight albeit visible in directions you may not have been facing.

I was at Wiveton, back of Blakeney, from early evening until midnight for the annual North Norfolk Astronomy Association Perseid barbecue. Meteors started appearing from around 9.30 and some were very bright like bonfire night rockets. I only saw 18 but there were far more than that – some of my peers were looking in different directions. We also saw four satellites travelling far overhead (clear dots of light moving fast) and the International Space Station (a rather lumpy blob, very bright, also moving fast). Between 1am and 2.30am I was in my garden at Heacham and an hour's observing was rewarded with another 35 meteors (the missing half hour involved a cup of tea and two hungry hedgehogs).

Anyway, if you tried to see them but didn't stay out long enough, keep having a glance up on a clear night; random meteors appear most nights and there are other showers albeit mostly not as dependable or prolific as the Perseids.

Now for September: the 23rd is the Autumn Equinox. Simplistically this is the day when day and night are of approximately equal length and following which 'the nights draw in' – it gets progressively darker earlier until about Christmas. Technically it is the day when the Sun crosses the celestial equator moving south and this happens at 9.20am BST.

As the Earth's axis is tilted (at 23.5°) to the celestial equator, for half the year the Sun appears above it (spring, summer) and for half a year below it (autumn, winter). So, astronomical autumn starts immediately after 9.20am on the 23rd. Meteorological (weather forecasts) autumn starts on the 1st September.



PRO-HEAT GAS SERVICES LTD.
Natural Gas • Oil • LPG

Contact Nick...
Tel: 01485 570658
Mob: 07917 832311
www.pro-heatgasservices.co.uk
enquiries@pro-heatgasservices.co.uk

- Servicing & safety checks
- Breakdowns & repairs
- Landlord certificates





201178 C10680

TONY'S HOUSE MAINTENANCE

**Kitchens & Bathrooms Tiled.
Painting - Interior and Exterior.
Gutters Cleaned, Repaired or
Replaced on Bungalows only.
Fencing, Patios & Gardening.**

**41 Meadow Road, Heacham.
01485 571038. Mobile 07932 123781**

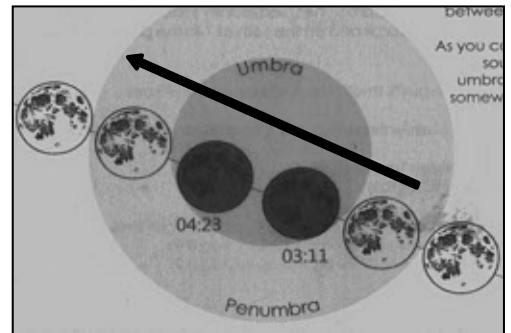
In March we had a partial solar eclipse visible from Heacham. This month we have a total lunar eclipse. In the early hours of September 28th the Moon will pass through the shadow cast by Earth through space – Sun, Earth and Moon will be in a direct line in that order. Passage through the shadow takes time so an observer will see the Moon gradually ate away until it 'almost' disappears. The observation is actually more subtle because the Moon passes through a half shadow first (Earth's penumbra) before entering the full shadow of Earth's umbra. In addition, within this full shadow, red light from the Sun refracted (bent) by Earth's atmosphere still manages to reach the Moon's surface which reflects it back to the Earth making the Moon appear red.



Taken by me March 2007

I have saved the time all this occurs until last. The eclipse starts at 1.12am; totality begins at 3.11am; totality ends at 4.43am, and the eclipse ends at 5.27am. If it is a clear night perhaps I should arrange for the church bells to ring at about 2.45am?

*Astro Calendar
Federation of
Astronomy
Societies*



If you are a morning person, then from the middle to the end of September look low down in the east at about 6.00am and you have a good chance of seeing three planets, Venus very bright, Jupiter low down and obvious but not bright and a reddish dot which is Mars somewhere between them. Binoculars will give a good view. Between the 10th and 11th the crescent Moon is close to Venus.

**G. & M. FENCING
& LANDSCAPING**

**Fencing, Decking, & Timber-work.
Patios, Paths & Driveways.
Drainage & Guttering.
Hedge, Tree & Grass Cutting
Property Maintenance Inside & Out.
Rubbish Clearance.**

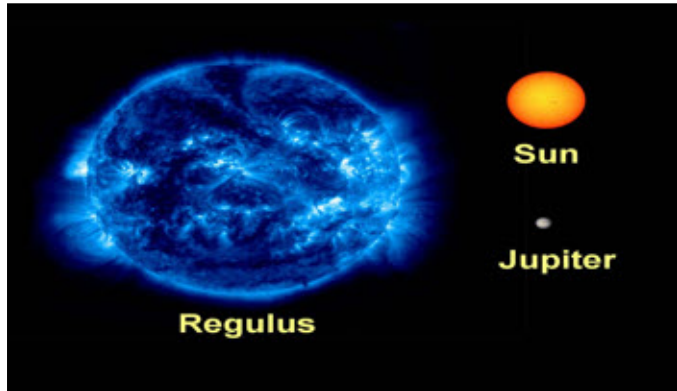
**30 Years In Construction Industry.
Call For Free No Obligation Quote
01485 298963 or 079177 25015**

Stellarium

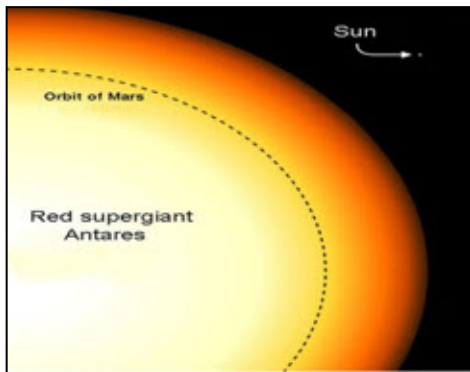


Stellarium

On the 25th, Mars is very close to a very bright star, Regulus which is part of a 4 star system consisting of two binaries (stars which orbit each other). The main star is blue white and significantly bigger than our Sun. It is 79 light years distant (the light from it I see now started off a few years before I was born)

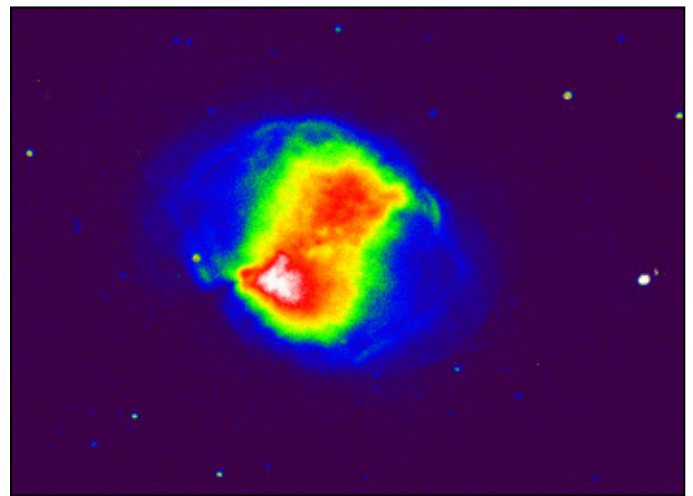


On-line not known



Returning to the evening: On the 19th look low in the SW at around 8pm and you have another chance of seeing Saturn a couple of hand widths away from the crescent Moon. A similar distance below the Moon will be the bright star Antares. This is a red giant which would extend past the orbit of Mars if placed where our sun is. It is 470 light years away (light from it seen now started off about a hundred years before John Rolfe married Pocohontas).

Giant red stars collapse into white dwarf stars with an illuminated gaseous nebulae around them. Some of these can be seen quite easily through binoculars or small telescopes. The one illustrated below is the Dumbbell Nebulae, Messier 27. The image is of false colour revealing the range in temperature of the gas cloud which is one light year across. M27 is 1,360 light years away and came into existence around 10,000 years ago. I include it because it is the first decent image I have got from my use of the Bradford University robotic telescope based in the Canaries. Access to this was a birthday present from my son.



In mid-September I am camping at Kelling Heath for a couple of nights. It is the annual star party which attracts hundreds of people with telescopes. If you want to buy one (a telescope) this is the best way of looking first. There will be a few suppliers selling their wares too. This year I have a tent I can walk, rather than slide, into. I will report on the event next month under the heading, 'Tales from the Camp Red Light,' (anything brighter has dire consequences).

A phrase worth repeating, 'nights start drawing in after the 23rd.'

Terry Parish

Extra Lights, Sockets, Showers, Storage Heaters, TV & BT, Cookers Connected

T.M. electrical
I don't charge the earth

Small Jobs a Speciality

Tony Morgan **01485 540333**

Fuseboards Replaced, Electrical Inspection Certificates, Rewires

17th Edition • Qualified to Test and Inspect C&G 2391 • Part P Registered

ELECSA

Email: TMElectrical2010@btinternet.com Mob 07884454480

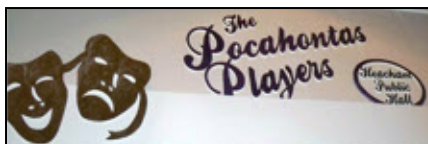
KEITH KENDALL
Professional Window Cleaning

Using The Pure Water Pole System or Traditional Cleaning

CONSERVATORIES • FASCIAS • GUTTERS • SOFFITS
Cleaned & Cleared
Patios Pressure Washed

Tel: 01485 572145
Mobile: 07811 610233

Email: keith517kendall@btinternet.com



The Pocahontas Players

September here again and a nice summer break was had by all, after the Fabulous 20 years of The Best Bits Show last May.

We start back on Tuesday evening 8th September in the Public Hall at 7.30pm for the reading of Pantomime scripts, followed by auditions and then rehearsals every Tuesday evening until late January 2016 when, after all the weeks of hard work, we will put on our Fun packed Pantomime for you all.

If you would like to join our Drama Group, whether it be 'treading the boards'? Singing? Painting/building props? Helping with 'sound and light'? Being back stage crew? Make-up? Front of house? Pulling the curtains? The prompt? Helping with the Tuck shop tea break? Or even just to sweep the stage? All very important jobs to achieve a top-notch production. Age for joining is 13 years upwards.

We are still very urgently in need of a choreographer to teach two or three energetic dance routines? If you could help or know of anyone? Please pop along on the 8th. Also, we need a Costume/Wardrobe lady (or man) to take on the productions costumes (with the help of a small team of sewers). Usually, for a Pantomime it is around 40 to 45 costumes, with several being doubled up, plus at least 4 Dames creations. If you could help with this we would be very very thankful. (Contact number 01485 570402)

So here we go from The Refreshed and Raring to go, Pocahontas Players x

Janice Curtis



The West Norfolk Members Group invites you to an illustrated talk by Dave Horsley

Birding in the Caribbean

on

Thursday 24th September - 7.30pm

Venue: Hunstanton Methodist Church Hall, Austin Street

Cost: £2.00 members / £2.50 visitors

Angelina's
CURTAINS AND BLINDS
Curtains • Roman Blinds • Wallpaper
Everything your windows need, professionally measured and fitted

Roller Blinds
Vertical Blinds
Venetian Blinds
Woodslat Blinds

Unit 1 Heacham Hall Industrial Units, Heacham, Norfolk PE31 7JT
Open Mon - Fri 10am - 4pm, other times by appointment.
Call us on 01485 571 147

www.angelinasinteriors.com email:angelinasinteriors@gmail.com

GARY RUSHMORE FLOORING LTD



To discover all your floor covering requirements – visit our new one-stop showroom!

- free measuring and estimates with no obligation
- superb range of carpet, vinyl, laminate and Karndean samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- carpets supplied and fitted by our professional team
- a family-run business, over 25 years of experience
- hundreds of room size carpets & vinyl roll ends at wholesale prices
- home selection service available

Unit 6, Heacham Hall Industrial Units, Hall Close,
Hunstanton Road, Heacham, King's Lynn, Norfolk PE31 7JT

Telephone: 01485 572202 email: rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk

OPEN:
Mon to Fri:
9.30am-4pm
Saturday:
10am-2pm
(closed Thurs
from 1pm)

HOW TO FIND US





Sallywags Parent, Baby & Toddler Group

Some of Sallywags many scarecrows on the way to Fridhem's August Scarecrow Trail! (by the time we found them, most of them were lying down sunbathing!)



Sallywags Parent, Baby & Toddler Group returns as term time starts for more playing, making, snacking and singing on Wednesday, 9th September. Do come along when you can! We're at the Scout Hut in Sunnyside and we're open from 9.30am until 11.00am to all pre-schoolers and their carers. Lots of lovely mums, dads, grandparents, aunts, child-minders and holidaymakers from time to time all come along. We have lots of inside and outside toys and activities to explore. The children are welcome to a sit down snack at 10.00 and we wind up with Tracey's nursery rhymes at 11.00. You'll also meet Louise (Mrs Bloom) who looks after the garden we are lucky to have use of, and there's Liz in the kitchen at 10.00 (tea lady!). Looking forward to seeing old friends and new! The cost is £2 per family which covers rental, refreshments and materials.

Katie, James, Isobel, Bella, William, Matilda, Hugo and George, we wish you happy days with your lovely Reception and Nursery teachers. Thank you for coming to Sallywags; we've really enjoyed our time with you and your grown-ups and seeing you grow; we've known most of you for three years now!

Finally, thanks to Sam for the push-a-long and bricks, and to Karen Collins for donating a rainbow of paints to Sallywags! Just what we needed. Thanks for thinking of us!

See you soon.

Jo & Clare

For further information, please text/call Jo/Clare on 07521 447284 / 07816 913657.

THE VERY BEST CARPET AND OVEN CLEANING IN NORFOLK

www.carpet-cleaning-kingsynn.co.uk or www.oven-cleaning-kingsynn.co.uk

So stop putting it off – call Cleantech now 01485 609223
E mail: mike@cleantech-norfolk.co.uk

Christina Thain Licensed Conveyancer

Conveyancing, Wills and Probate are the areas in which I specialise, and I provide a fast, friendly and efficient service.

My fees are reasonable, and I do not charge VAT.

Telephone me on 01485 525799 or email me at christina-thain@btconnect.com for a quotation or to arrange an appointment at my office in Ringstead, or in your own home (at no extra charge)

Christina Thain – Licensed Conveyancer
56 Peddars Way North, Ringstead,
Norfolk PE36 5JP

PALM BEACH HOLIDAY PARK

North Beach Heacham PE31 7AR

01485 570565

NEW SEASON SPECIAL

PURCHASE!!!

2015 MODEL

ABI AMBER PLATINUM

HOLIDAY HOME

LIMITED AVAILABILITY!!

35 X 12 2 OR 3 BED MODEL

CENTRAL HEATING & DOUBLE GLAZING

FRIDGE FREEZER

CARPET AND UNDERLAY THROUGHOUT

ENSUITE TO MASTER BEDROOM

FROM

£29,300.00

FULLY SITED AND CONNECTED

THE SONG REMAINS THE SAME Monthly musings on music by Frank Edmonds

I wish they all could be Heacham girls!

It was the year The Sound Of Music first came out, My Fair Lady won eight Oscars, and Mary Poppins five. It was the year Stanley Matthews played his last First Division game of football, aged 50 (Steven Gerrard – what was the problem?!). And it was the year one or two decent singles came out, too.

Welcome ... to 1965!

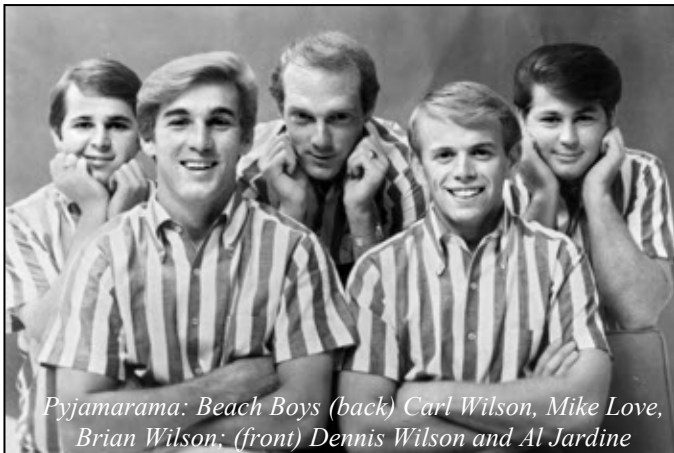
• CALIFORNIA GIRLS The Beach Boys (Capitol, CL 15409, No 26)

“I’ve been all around this great big world / And I’ve seen all kinds of girls / But I can’t wait to get back to the States / Back to the cutest girls in the world”

I’m not sure it’s even legal to say that any more – I think today’s PC Police might claim it’s both sexist and racist at the same time!

But co-writer and chief Beach Boy Brian Wilson has said he wrote the song: “because I love girls. I mean, everybody loves girls.” And I think you might find that’s as true today as it was in 1965.

It certainly prompted Paul McCartney to include a “Russian



Pyjamarama: Beach Boys (back) Carl Wilson, Mike Love, Brian Wilson; (front) Dennis Wilson and Al Jardine

version” of the lyrical theme in The Beatles’ song, Back In The USSR. This came about while he was studying transcendental meditation in India, along with Beach Boy Mike Love, who co-wrote California Girls.

Love says: “Paul came down to breakfast one morning, saying: ‘Hey Mike, listen to this,’ and he starts strumming and singing Back In The USSR. And I said: ‘Well Paul, what you ought to do is talk about the girls around Russia – Ukraine girls, Georgia on my mind – that kind of thing.’ Which he did.”

But if the words are cute and fun, the music is just breathtaking. Composer Wilson hits you with a double-whammy. First, there’s that gorgeous, almost classical, instrumental intro (which he’s said to be especially proud of). But then that disappears, never to be heard again, to make way for the insanely catchy main tune.

Wilson has admitted he was actually thinking of the music from cowboy movies when he wrote it – hence that memorable “bum-buhdeeda, bum-buhdeeda” rhythm. And there’s also a bit of Bach thrown in, because he told one interviewer that the song’s shuffle beat was also inspired by Jesu, Joy Of Man’s Desiring!

Interestingly, although each of the Beach Boys helps to provide their trademark harmonies on the song, session musicians were used for the music – including pianist Leon Russell, and members of the crack Los Angeles “Wrecking Crew,” such as drummer Hal Blaine and bassist Carol Kaye.

And yes, a highest chart placing of No 26 is a wretched return for an all-time classic, by one of America’s greatest ever bands. But the song did get to No 3 in America. And with US radio plays now totalling between four and five million, it’s actually the biggest royalty earner in the band’s entire catalogue.

• IT’S NOT UNUSUAL Tom Jones (Decca, F 12062, No 1)

“It happens every day, no matter what you say / You find it happens all the time / Love will never do what you want it to / Why can’t this crazy love be mine?”

And then along came Jones – as the title of his debut album said. What a single to announce yourself to the world with! This tune’s got more swing than your average playground, enough brass to start a colliery band ... and oh my word, that voice! Have you ever heard anything like it, before or since?

<h3 style="margin: 0;">Paul Skinner & Sons</h3> <p style="margin: 0;">Property maintenance specialist</p>	<p style="text-align: right; margin: 0;">Special Offers!</p> <p style="margin: 0;">Composite front door from £750</p> <p style="margin: 0;">Back doors from £495</p> <p style="margin: 0;">Patio/French doors from £850</p> <p style="margin: 0;">All fitted, finish & guaranteed</p>
	<p style="margin: 0;">Replacement uPVC/Hardwood/Aluminium</p> <p style="margin: 0;">Windows, Doors & Conservatories</p> <p style="margin: 0;">Fascias, Soffits & Guttering</p> <p style="margin: 0;">GRP fibreglass flat roofing 20yr life expectancy</p>
<p style="margin: 0;">Maintenance to existing double glazing, misted/broken glass, hinges, handles, locks and all other problems addressed</p>	
 	<p style="margin: 0;">Call your local trustworthy tradesman</p> <p style="margin: 0;">07794 589501 / 07834 697719</p> <p style="margin: 0;">E:kerryanneskinner75@hotmail.co.uk</p>

SJP SOLICITORS

Protect your Family for the Future and have your wishes carried out

MAKE A WILL TODAY

For Confidential Professional Advice at our Office

Or at your Home

Call 01485 532662

Or

Email: info@sjsolicitors.co.uk

Wills from £100 plus VAT

SJP Solicitors

37 Greevegate, Hunstanton PE36 6AB



SUPERCLEAN

THE MAN FOR CLEANING:

- **WINDOWS**
- **CONSERVATORIES**
- **SIGNAGE • SOLAR • UPVC**
- **FULLY INSURED**
- **FRAMES & SILLS CLEANED EVERY TIME**

TEL ROB:- 07909 456639

LOCAL:- 01485 543076

Thomas Woodward was singing in dance halls and working men's clubs in his native Wales with Tommy Scott And The Senators, when he was spotted by Gordon Mills, who offered to become his manager. Mills suggested the name change to Tom Jones, to take advantage of the Oscar-winning Albert Finney film of the same name.

Ever heard Tom's first single, Chills And Fever? Me neither. But its follow-up, It's Not Unusual, penned by Mills and composer Les Reed, was taken up by pirate station Radio Caroline, and swiftly became a hit on both sides of the Atlantic. Jones The Voice was born. Not bad for a miner's son from Treforest, near Pontypridd.



Clearly it wasn't unusual for Tom Jones to throw both himself and his new single off a balcony in order to get publicity

At the time of recording the song, Jones' regular band, The Squires, were missing their keyboard player. So drummer Chris Slade – perhaps now better known for playing with AC/DC – ran across the road to a coffee house, and found Reg Dwight, to sit in for the day. Reg, of course, would one day

become ... Elton John!

Oh, and, let's not forget, this was the song that gave us hoary old joke: "Doctor, doctor! I think I've got Tom Jones Syndrome! Is it common?" "Oh, it's not unusual ..."

A. E. WALLIS
Television and Cycle Retailer

EURONICS

We are members of Europe's biggest independent electrical buying group

Dealership of Quality

TV's, Video's and DVD's,
Washing Machines and Tumble Dryers,
Cooks, Built in models and so much more.

**Cycle Sales
Cycle Spares
Cycle Repairs
Cycle Hire**

34/40 High Street Heacham 01485 570303/ 571683

1939 A E WALLIS 75 YEARS OF SERVICE 2014

G BRADLEY JOINERY LTD

**DOORS, FLOORS,
SKIRTING, SHELVING,
BOOKCASES, GATES,
DECKING ETC.**

**FOR A FREE QUOTE, CALL
GARY ON**

**07717 820 357
01485 534914**






• MY GENERATION The Who (Brunswick 05944, No 2)

"People try to put us d-down / Just because we get around / Things they do look awful c-c-cold / Hope I die before I get old"

Pete Townshend was 20 when he wrote those words – and it's testament to the iconic status the song continues to enjoy that "hope I die before I get old" has never really come back to haunt him. No, not even when the guitarist, now aged 70, performed the song with The Who at Glastonbury this year – to an audience which included as many youngsters as it did ageing rock fans.

I guess some things are truly timeless – the generation gap being one of them!

With its full-on assault, and stop-start riffing, the magic of this wonderful rock song simply doesn't diminish. And let's not forget The Best Bass Solo In A Chart Hit Ever, courtesy of the nimble-fingered, underrated and late-lamented John "Thunderfingers" Entwistle.

It's interesting that in 1965 The Who were able to effectively get away with taking the mickey out of stuttering, in a top chart hit. Or were they? Was it just articulating the frustration of youth? Oh, come on! Some say it was inspired by John Lee Hooker's Stuttering Blues. Okaaaay ... Others that it was a way at hinting at something naughty with the line: "Why don't you all f-f-fade away!" Maybe. Or that it was imitating Mods who took the drug speed. Hmmm ...



Talkin' 'bout my railway station: The Who – Roger Daltrey, Keith Moon, John Entwistle, Pete Townshend

But Shel Talmy, who was the producer, has said it was "just one of those happy accidents" that he decided they should keep. Yes ... that sounds more like it!

This was The Who's joint highest-placed single – along with I'm A Boy, oddly enough (and a song about a boy who's mum dressed him as a girl was pretty odd, even for 1965).

Yes, higher even than Pinball Wizard. And, much to Townshend's chagrin, higher than I Can See For Miles, which he was convinced would be their biggest ever hit, although that only got to No 10. I'm with you on that one though, Pete.

Footnote: Wonderful though the bass solo in My Generation is, it still isn't The Best Bass Solo In The World Ever. Oh no. That honour must go to the now also late-lamented Andy Fraser, of Free, for Mr Big, from the Free Live! album. Just saying!

• FEEDBACK: If you have any views, comments or suggestions you'd like to make about the column (even if you want to disagree about bass solos), feel free to contact me at: oldlowestoftboy@gmail.com



Cold Call Scam Warning

Members of the public are being warned about a potential cold call scam from someone claiming to be from the

Borough Council of King's Lynn & West Norfolk.

The bogus calls are focussed on 'investigating an accident' and the caller is attempting to obtain personal details which they would then use to commit fraud offences. These calls are not from the Borough Council of King's Lynn & West Norfolk and the advice is not to provide any personal details over the phone. Lorraine Gore, Chief Financial Officer at the Borough Council of King's Lynn & West Norfolk, said: "The rise in the number of scam callers is worrying and they are becoming ever more creative in their attempts to get personal information from their victims. This particular scam has evolved to show our number on the caller ID and in some cases it would appear that the perpetrators have also acquired medical details which they use to try to make the call seem authentic."

"Our number usually appears as withheld, so if it appears on the caller ID or via 1471 missed call facility, please be very wary."

"We would like to reassure people that we would not call to ask for personal details and that if anyone wants to check if a call from the council is bonafide, they should ask the caller for their name and department and then contact the Customer Information Centre on 01553 616200 and ask to speak with them, as this will confirm their identity."

The Borough Council of King's Lynn & West Norfolk are asking the public to be vigilant against this scam and to report any suspicious calls using the action fraud, report and support online form. Alternatively, people can contact the helpline on 0300 123 2040.

If anyone has been a victim of any scams or identity theft, it can lead to fraud that can have a direct impact on personal finances. Check bills or invoices and letters to identify any suspicious activity. For more information visit the Action Fraud website: www.actionfraud.police.uk or the Norfolk Police website: www.norfolk.police.uk/safetyadvice/reportacrime/reportafraud.aspx.

Sharon Clifton Communications Manager 01553 616711



P.G. PLUMBING & BUILDING

24 Hour Emergency Service

**Plumbing - Heating - Tiling
Bathroom Installations**

Disabled Adaptation Specialists



54 Marram Way Heacham.

Freephone 0800 2343044 Mobile 07836 506379

(Est 1985)

Payment accepted using Mastercard, Visa & Maestro Cards

SJP
SOLICITORS

Staveley Johnson &

Formerly Hawkins of Hunstanton and Beloe & Staveley

Contact Us
Staveley, Johnson &
Procter Solicitors
Waverley House, 37 Greevegate
Hunstanton
Norfolk PE36 6AB

Telephone: 01485 532662
Fax: 01485 534802
DX: 95250 Hunstanton

info@sjsolicitors.co.uk

Solicitors acting in the North
Norfolk area, including Kings
Lynn and Norwich



We are a local firm of solicitors
that cover and are experienced in;

Employment, conveyancing, family, residential and
commercial lease, debt recovery, litigation, wills and
probate, and personal injury, contract and
professional negligence and dispute matters.

We can often offer fixed fees so you know
where you stand on costs and an
introductory ½ hour free of charge.



www.sjsolicitors.co.uk

Lidl Store for Heacham?

During the afternoon and early evening of Tuesday 25th August 2015 at Heacham Public Hall, an exhibition was held of a proposed Lidl store to be built on the former Stainsby's Garage site, 43 Lynn Road, Heacham A149.

Residents of Heacham were invited to attend; to view and discuss the proposed plans with representatives of the company's development team.

The meeting was well attended with people from as far as Docking and Dersingham. By 4.30pm they had run out of the feedback forms for people's comments.

Having spoken to Simon Blowman Construction Manger and Mike Devine Acquisition Manger, they reported that the main concern was for the traffic on the A149 Lynn Road. Other issues ie mother and child and disability spaces were easily rectified.

The proposed plans detail 129 free car parking spaces, 6 disability and 3 parent and child spaces as part of the store, and it is expected that it would bring up to 40 full and part-time jobs to the area.

At the time of the exhibition no planning application had been submitted.



THN







...The Store to your Door

**GUARANTEED
TO BEAT
ANY
GENUINE
LIKE FOR
LIKE QUOTE**

**THE BEST DEALS FOR
ALL YOUR FLOORING NEEDS**

- **FREE** Estimates and planning
- **Full service** from measuring to fitting
- **Competitive pricing** to suit all tastes & budgets
- **Overwhelming** choice of carpet, Vinyl, Karndean, safety flooring, LVT's, Real Wood & Laminate samples brought directly to you

- **10 years** experience, expert advice & knowledge
- **Additional Services** available, including moving furniture, uplift & disposal of previous flooring and door trimming
- **Domestic** or **Commercial** work carried out

Tel: 01485 601360 Mob: 07872 558163

Email: ian@iperrinflooring.co.uk Web: www.iperrinflooring.co.uk

I Perrin Flooring Ltd, Registered Office 15 Stebbings Close, Grimston, King's Lynn, Norfolk PE32 1DJ

Registered No: 8956560. Vat No: 171416230

WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
SUNNYSIDE CLOSE (Sheltered Housing for over 60's)
Coffee Morning 10.30am Tel : 570492
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey
07900 818311 (PH)
FITSTEPS 1.15 - 2.15pm To book Tel:Jaime 571395 or
07765433100 or email jaimefitsteps@gmail.com (PH)
ROLLASON STAGE SCHOOL Dance Classes 6yrs+
Ballet/tap/modern 4.15-5.15pm Junior Street 5.15–6pm
Tel:579074 (PH)Top Room
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5
– 6pm Contact Tel: Kathryn 572138 (MC)
JUNIOR TENNIS 5-6pm (weather permitting) Tel:
07923612187 Janice Campbell (HSC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School
Contact Sandee Tel: 01485 570485
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs)
7 - 9pm Tel: Seb 07477 511116 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday
Monthly 7-9pm For more information Tel:571936 Catherine
or email mcatherineallen1@gmail.com. (PRH)
HEACHAM WIVES GROUP – 2nd Monday of most months at
7.30pm (HSC) Top Room Contact Sue Scott Tel: 572252

TUESDAYS

OVER 60? Enjoy improving your health and bone density with
Active for Life Exercise Classes at Heacham Surgery
Classroom 10.15-11-15am Tel: 298429 or 579125
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact
Kath Manning-Coe Tel : 01553 774343 (SM)
CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat
at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707
LINE DANCING 1.30 - 3.30 pm Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen
07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday &
Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday
7.30 – 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM & SANDRINGAM CAMERA CLUB meets 1st &
3rd Tuesday monthly 7.30pm Sandringham Club West Newton
Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for
info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel:
570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds
HEACHAM BOOK CLUB 3rd Tuesday monthly Tel: Beth
570479

LINE DANCING Absolute Beginners 6-7pm
Beginner/Improvers 7-9pm £3 Contact Diane 571166 (SM)

WEDNESDAYS

CAR BOOT SALES 7am to 12noon Gate opens 6.30am
(HSC Sports Field)
WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar
Ave Heacham £35 per day or £20 part of a day (personal budget

holders & self-funders welcome) Tel: Joyce Armstrong
07704338775 www.westnorfolkmind.org.uk
SCALLYWAGS PLAYGROUPO Term Time 9.30 – 11am £2
Tel: Clare 07816913657/Jo 07521447284 (SG)
CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet
for a 'Coffee and a Chat' the last Wednesday of the month
10.30am at Norfolk Lavender Tel: 570742 or 579126
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd
& 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self
defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark
07561303886 (HSC) playing fields
SENIOR TENNIS from 6.30pm (Thursdays if wet) Tel:
07923612187 Janice Campbell (HSC)
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–
8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek
01553 674779 (PRH)
LINE DANCING FOR IMPROVERS – 7 - 9pm. £3.
Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday
monthly @7.30pm New members welcome Tel: 579465.(PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851
Peter Gray www.westnorfolksingers.org.uk/ (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5
welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older
people dementia friendly) 9.30–3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
OVER 60? Enjoy improving your health and bone density with
Active for Life Exercise Classes at Heacham Surgery
Classroom 10-11am Tel: 298429 or 579125
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm
Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for
over 60's) Tel: 570492
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC)
5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
1st HEACHAM CUBS ages 8 – 10yrs
Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
SOCIAL EVENING Table games and darts 2nd Thursday
monthly 7.15pm (MC)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower
arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon
3rd Friday of the month Contact Renee Smith or Barbara
Fargher silverlinings@gmx.co.uk or Tel: 570534 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last
Friday of the month at 2pm
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to
8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi
 7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu
 Tel: Derek 01553 674779 (PRH)
 INDOOR BOWLS CLUB (Carpet) 7pm (MC)
 CASH BINGO 7.30pm (PH)
 WILDFOWLERS CLUB 1st Friday monthly 7.30pm
 (HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11
 Tel: Tracey Swann 07833 307856 (SM)

HEACHAM DIARY

Friday 4th September GIG '101 Proof' 8.30pm at the Fox & Hounds Station Road

Friday 4th to Sunday 6th September 'Parables' an Exhibition of Quilts at Heacham Methodist Church Station Road 11am-4pm (Fri) 10am-4pm (Sat) & 12noon-4pm (Sun)

Saturday 5th September Classic Car Rally 3-6pm at the Fox & Hounds Station Rd in conjunction with Station Road Garage Collection in aid of 'The Norfolk Tapping House'

** GIG 'Ryann' at Silver Sands

Sunday 6th September Car Boot Sale at Heacham Sports Field Gates open 6.30am for a 7am start

** GIG 'Afternoon Jazz' 1.30pm at the Fox & Hounds Station Road

Tuesday 8th September GIG 'Keno Kings' 8.30pm at Fox & Hounds Station Road

Friday 11th September ** GIG 'Hush' 8.30pm at Fox & Hounds Station Road

Saturday 12th September 'Farmers Market - Food Fair' at Palm Beach Holiday Resort Jubilee Rd North Beach 10.30am - 1pm All local Produce & Suppliers

** Heacham Twinning Association 'Barn Dance' 7.30pm at Heacham Public Hall Tickets £7.50 (under 12's free) includes a Pot Luck Supper Tel: 572252



MURDER MYSTERY EVENING

CRIME SCENE CRIME SCENE CRIME SCENE CRIME SCENE

SATURDAY 3 OCTOBER, 7PM

Try out your detective skills and our sumptuous three course dinner. An evening of great fun and suspense!

£55 per person

Call to book or visit the website for more information
 t: 01485 533486 www.caleyhallhotel.co.uk

CRIME SCENE CRIME SCENE CRIME SCENE CRIME SCENE

CALEY HALL HOTEL	OLD HUNSTANTON ROAD OLD HUNSTANTON NORFOLK PE36 6HH
------------------	---

** GIG 'Mark Steel' at Silver Sands

Saturday 12th & Sunday 13th September 'Photographic Exhibition' at the Old Friends Hall Sunnyside For an entry form or further details Tel: Parish Office 572142 or Roger Drinkwater 571659

Tuesday 15th September GIG 'DNA' 8.30pm at the Fox Hounds Station Road

Wednesday 16th September Blood Donation Session at Heacham Public Hall 1.15-3.30pm & 5-7pm To book an appointment Tel:0300 1232323 or on-line at www.blood.co.uk

Friday 18th September GIG 'Groove Cartell' 8.30pm at the Fox & Hounds Station Road

Saturday 19th September 'Messy Church' at St Mary's Heacham 10am-12 noon

** GIG 'Suzzie Kaye' at Silver Sands

Monday 21st September 'Bingo' at Fridhem Rest Home Station Rd Eyes down 7pm sharp Refreshments

Tuesday 22nd September GIG 'Dr Misfit.' 8.30pm at the Fox & Hounds Station Road

Friday 25th September GIG 'Jam with DNA' 8.30pm at the Fox & Hounds Station Road

Saturday 26th September GIG 'Steve Whiteman' at Silver Sands

Monday 28th September Heacham Group Practice 'PPG Meeting' 7.30pm at Heacham Surgery 'QEH Updates' and a talk 'West Norfolk Carers'

** 'Heacham History Group' meeting 7.30pm at The Old Friends Hall Sunnyside Claire Bradshaw will be giving a talk about The Archaeology of Heacham Admission £2

Tuesday 29th September GIG 'Against the Grain' 8.30pm at the Fox & Hounds Station Road

Friday 2nd October GIG 'The Black Dogs' 8.30pm at Fox & Hounds Station Road

Please turn to the next page for 'Other Events' 

Fancy Fingers by Ruth

Qualified nail technician
 Mobile to Hunstanton and surrounding villages.
 Manicures, Pedicures
 File & polish, Gelish polish
 Gel/Acrylic nails

Pamper yourself with a Cuccio Pomegranate & Fig Pedicure £18.

Contact me on 07903835406
 For any enquiries or appointments.

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham
IRONCRAFT
 HIGH QUALITY ORNAMENTAL IRONWORK AND STEEL FABRICATION

Unit 4, Cheney Crescent, Heacham
 Tel: 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS

OTHER EVENTS

Monday 7th September Deadline for entries into the HDFA 'Town Calendar Photographic Competition' For full details & rules www.hdfa.org.uk or from the Tourist Information Centre

Friday 11th September Sedgeford Village Hall Film Night present 'Far from the Madding Crowd' 7.30pm Admission £5 (inc's a glass of wine) For info Tel: 579355 or 570097

Saturday 12th September GIG 'The Shannon Reilly Trio' 7.30pm at Snettisham Park Tickets £10 Tel:542480

Sunday 13th September KLWNBC 'Classic Car Day' at Tuesday Market Place King's Lynn More info at www.west.norfolk.gov.uk/events

Wednesday 16th September Princess Players 'Poetry Morning' 10.30am at Hunstanton Town Hall Basement

Friday 18th September Anmer Village Social Club Film Night 'The Second Best Exotic Marigold Hotel' 8pm Tickets £3 For more info Tel 579465 or email films@anmerclub.co.uk

Saturday 19th September Hunstanton & District Festival of Arts 'Craft Fair' 10am-4pm at Hunstanton Town Hall

Monday 21st September 'Macmillan Coffee Morning' 10.30am to 12.30pm at 38 Saxon Way Dersingham For info Tel: 544743

Tuesday 22nd September Brancaster Camera Club A Print Competition 'Architecture' 1+2 Open Judge Derek Leak 7.30pm at Brancaster Staithe Village Hall For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Thursday 24th September Norfolk Wildlife Trust 'Birding in the Caribbean' an illustrated talk by Dave Horsley 7.30pm at Hunstanton Methodist Church Hall Cost £2(members) £2.50(non-members)

Saturday 26th September 'Harvest Moon Festival' 10am to 10pm at Stanhoe Village In aid of 'A Change of Scene for Children'

** Cinema in Syderstone presents 'The Second Best Exotic Marigold Hotel' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50 Tel 578588 or 578171 or email cinema@syderstone.com

Sunday 27th September RAF Bircham Newton Heritage Centre 'Open Day' 11am-5pm Free entry&parking

Sunday 11th October 9th Annual Family Walk at Holkham Hall for Brain Tumour Research & Support 10am-4pm
WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford - Tel: Jane 01485 579489

Mondays

U3A HUNSTANTON meets 3rd Monday monthly (except Aug & Dec) 2pm at Hunstanton Community Centre for details Tel: Chris (Chairman) 535065 or Barbara (Secretary) 571484
FITSTEPS 6.30 - 7.30pm at Ingoldisthorpe Village Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

FIRE CADETS at Hunstanton Fire Station 7-9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk
COASTAL STROKE GROUP 10.30am - 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

LINE DANCING 1.30 - 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am-12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP - Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford - Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

WEST NORFOLK TAI CHI CHUAN - weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

LINE DANCING 10.30am - 12 noon at Hunstanton Community Centre £3 Tel: Diane 571166

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 - 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

FITSTEPS 6.15 - 7.15pm at Snettisham Memorial Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10-11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)
ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

Sundays

CAR BOOT SALE at Glebe House School Hunstanton

around and about...

THE SECOND BEST EXOTIC MARIGOLD HOTEL

ANMER SOCIAL CLUB
FRIDAY 15TH SEPTEMBER 2015
8.00 P.M.
 Doors open 7.30 P.M. Admission - £3

For further details email: films@anmerclub.co.uk
 or telephone 01485 579465
 or visit our website on:- www.anmerclub.co.uk

Anmer Village Social Club Film Night

Friday 18th September 2015 at 8.00pm

‘The Second Best Exotic Marigold Hotel’

Comedy starring Judy Dench, Maggie Smith and Bill Nighy.

Venue – Anmer Village Social Club

Admission by ticket - £3 at the door

Doors and bar open 7.30pm

Email: films@anmerclub.co.uk or telephone 01485 579465.

For details of this and other forthcoming events, including trailers of future films, visit our website at: www.anmerclub.co.uk

Community Cinema

Cinema in Syderstone

Presents:

On Saturday 26th September 2015

‘The Second Best Exotic Marigold Hotel’ (PG)

Another pleasure-filled journey populated by a wonderful ensemble of what feels like old friends. Richard Gere and Tamsin Greig add to the established repertory. India looks ravishing; totally sanitised and with the locals showing proper deference to the Raj! The colour and music are lovely.

A winner.

Venue: Amy Robsart Village Hall,
 Syderstone PE31 8RX.

Start time: 7.30pm.

Advance Tickets £3.50

Contact 01485 578588 or 578171

Email: cinema@syderstone.com

Charity Ball & Casino

In aid of West Norfolk Mind

The Dukes Head Hotel
Saturday 7th November 2015
 6.30pm for 7.00pm till midnight

3 Course Dinner Martians Folly
 Phase One Roadshow Auction

Tickets £40

To book please speak to Sharon of West Norfolk Mind on 07535 752741
 or email her at charityball@westnorfolkthemind.org.uk

West Norfolk Mind is a registered charity no. 1137985

ASIST



Peddars Way Travel Private Hire Taxi

1st Class Service Comes as Standard

Luxury Toyota Prius Plus Excel. Seats up to 4 Adults and 2 Children.

Full leather upholstery.

Air conditioning.

Power points.

Tinted windows

Sun blinds

Air/Sea Ports.

Bus/Train Stations,

Holiday Destinations.

Excursions,

Sight Seeing.

Hospital Appointments,

Shopping Trips.

Nights out, Parties, Functions, Special occasions.

No distance too short or too long.

Chip & Pin Welcome

For a no obligation quote please get in touch

Tel: 01485 - 572234

Mob: 07540 236 656

Email peddarswaytravel@blinternet.com

URL: www.peddarswaytravel.co.uk



Active Norfolk

Free Activities for Adults

If you find it hard to make time to get active, we've got a good incentive to help get you into gear.

Starting 12th October, Fun & Fit courses are coming to venues around King's Lynn & West Norfolk, where you'll find a wide choice of fun activities to choose from – all for FREE.

Brought to you by Active Norfolk in partnership with Sport England, Public Health and Norfolk County Council, Fun & Fit is a programme of free, 10-week courses in a variety of activities that are aimed at complete beginners which will help make you feel healthier, more confident, and give you the chance to meet like-minded people.



Try old favourites like badminton, golf, and aerobics, or stretch yourself into something new like yoga or dance. And don't let the little ones keep you away – there are also

classes in select areas that you can bring your kids to, like buggy workout.



Courses will run for one hour, and with convenient day and evening classes there's something for everyone. You will be supported by our team of highly qualified sports coaches to ensure you find the activity that suits your ability, interests and confidence level.

So no more excuses. Spaces are limited, so book now to get off the sofa and into something you'll enjoy!

For more information go to www.funandfitnorfolk.co.uk, or for an informal chat call 01603 732333



DAVID PEARCE



ROOFING SERVICES

SLATING TILING LEADWORK GUTTERS
FREE ADVICE & QUOTATIONS
TWO YEAR GUARANTEE
WORK CARRIED OUT BY
TIME SERVED TRADESMAN
CITB REGISTERED ROOFING ASSESSOR

TEL: 01485 544279 MOBILE 07825415040
E MAIL davepearceno1@aol.com
www.davidpearcerooftingservices.com



www.suttonsestateagency.co.uk
01485 570030

29 High Street Heacham Norfolk



PE31 7EP

Property sales details with professionally drawn floor plans, maps and colour photographs.

Property details are also available at Torc Financial Services, The Business Centre, Snettisham

For a professional and friendly service contact us on:- 01485 570030

We are Agents for



Saffron Building Society



A LOCAL HOME FOR YOUR SAVINGS

Visit a local agency for information on our accounts

SUTTONS ESTATE AGENTS
29 High Street, Heacham
01485 570030

PROFILE UK
5 Jubilee Court, Dersingham
01485 544585

TORC FINANCIAL SERVICES
Market Place, Snettisham
01485 544434

In branch
0800 072 1100
saffronbs.co.uk



Saffron Building Society is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority (Financial Services Register no. 100015).

42F (King's Lynn) Squadron ATC

Freedom and Forties Weekend

As part of the Freedom and Forties Weekend in King's Lynn, an arts trail has been opened.

Designed and organised by OC42F in conjunction with the Borough Council, a 'Flight Path' of 24 decorated model spitfires have been erected throughout the Town of King's Lynn. The first of the spitfires was unveiled outside King's Lynn Arts Centre after the recent Freedom Parade by the squadron.



Books and maps of the 'flight path' are available and show many of the historic buildings that are passed when following the 'flight path'. These can be obtained from the Tourist

Information Centre or from the squadron.

In recognition of the 75th anniversary of the Battle of Britain, each aircraft also has a sponsor board with the name of the local company that has sponsored it, the



name of the artists and the name of the spitfire! Also, within the

sponsor boards, are some letters to collect. When all of these are put together and unjumbled, a well known saying can be made. This can be sent in and winners will be drawn after September 30th.

The aircraft should be in position until after Battle of Britain weekend and then will be retouched and cleaned and then



auctioned for charity. More details to follow.

Thanks to Adrian Flux, Bikesure BAE, Borough Council of King's Lynn and West Norfolk, Consents Solutions, Duff Morgan, Hanse House, KLFM, KL Technologies, Norfolk Stagecoach, Palm Paper, Sandles Sculpture Studios, Skerritts, Vancouver Quarter, Your Local Paper.

Check out the 'flight path' and see the historical sites of King's Lynn. Keep up to date on facebook/flightpathofthespitfire and follow us on twitter.

Pauline Petch

BURNHAM PROPERTY MAINTENANCE

15 Strachan Close, Heacham
King's Lynn, Norfolk. PE31 7SB

For all your property repairs & maintenance

Incl. Total Renovations & Refurbishments

All Brickwork - Woodwork - Plumbing

Electrics - Plastering - Decorating

Fencing & Patios

**YOUR ONE-STOP REPAIR
& MAINTENANCE SHOP**

**Free Quotations & Prompt Service
NO JOB TOO SMALL**

Tel: 01485 570508

Mob: 07903 138251

Fax: 01485 571463

www.ajdautorepairs.com

AJD auto repairs

Motor Vehicle Engineers

MOT  CENTRE

- CARS ● LIGHT COMMERCIALS ●
- MOTOR CYCLES ●
- AIR CON SERVICE & REPAIR ●

**5 BANK ROAD, DERSINGHAM
KING'S LYNN,
NORFOLK PE31 6HW**

TELEPHONE

(01485) 540039

email: info@ajdautorepairs.com

AJD
auto
repairs

AJD
auto
repairs

HUNSTANTON & DISTRICT FESTIVAL OF ARTS

What's on in September with the HDFA?

First up are the popular Poetry Mornings at the Town Hall.

Organised by the Princess Players poetry group and sponsored by the HDFA, the next one will be on Wednesday September 16th in the Town Hall Basement from 10.30am – 12 noon.

Here, a group of friendly poetry enthusiasts gather together to read or listen to poems both old and new. This session's title will be "Darkening Days" to cover autumn and Halloween and things that go "Bump in the Night"! Entry is just £2.00 per session and this includes tea, coffee and home-made cakes. Everyone is welcome!

The HDFA Photo Calendar Competition will close on September 7th so please get those entries in by then! The cash prize-winners will be announced at the Reception at the Town Hall on September 18th and the finished calendars will be available from the Tourist Information Centre shortly after. All profits will go to Town Charities and they will make a beautiful Christmas Present! Please contact the website for details.

Speaking of presents - The HDFA Craft Fair will take place on Saturday 19th September at the Town Hall from 10am – 4pm. Entry is free and all profits go towards other Arts events in the Town. Only top quality locally handmade items will be on sale.

Further information from Lorraine@thebeadqueen.co.uk

For further information on all these events please contact the website on www.hdfa.org.uk

Hunstanton Conservative Club

The following entertainment will be taking place at the Hunstanton Conservative Club for the month of **September**:-

5th September	Karl Richardson
12th September	Cliff Allman
19th September	Murder Mystery - Come along and try to solve the murder!
26th September	Rick Roberts

Eileen Hamilton, Chairman



FENSA
Reg No 13383

SANDRINGHAM WINDOWS

WINDOWS - DOORS - CONSERVATORIES
SPECIAL DISCOUNTS FOR O.A.P.'s
Tel: 01485 544488

Walsingham Farms Shop and The Lavender Kitchen

for great value fresh Norfolk produce



**the
lavender
kitchen**

café • restaurant

THE LAVENDER KITCHEN
Come and enjoy our comfy sofas, great coffee and fresh Norfolk fare served all day
Find us at Norfolk Lavender
Menus at www.lavenderkitchen.com

WALSINGHAM FARMS SHOP
NORFOLK LAVENDER, CALEY MILL, HEACHAM PE31 7JE


LAVENDER KITCHEN 01485 571965 FARM SHOP 01485 570002

FARM SHOP HOURS MONDAY-FRIDAY 9AM-5.30PM
SATURDAY 9AM-5PM SUNDAY 10AM-4PM
WWW.WALSINGHAMFARMSSHOP.CO.UK

Crystal Cave

The natural choice for quality products, gifts and healing

Natural crystals
Aromatherapy oils
Natural creams and oils
Bach flower essences
Crystal and salt lamps
Children's table
Jewellery
Photographs/greetings cards
Fossils
Aromatherapy candles
Shampoos, shower gels and bath oils



Pop in for helpful advice and friendly service or call to make an appointment
01485 535321

Serenity

Natural Healing Centre

Advanced Hypnotherapy +NLP
Bach Flower Consultations
Reflexology
Crystal Healing
Past Life Regression
Acupuncture
Foot Care Clinic
Ear Candling
Stop Smoking Package

Aromatherapy
Hot Stones Massage
Indian Head Massage
Tarot Readings
Bowen Technique
Reiki
Reiki Attunements
Homeopathy
Deep Tissue Massage

34 Westgate, Hunstanton (opp the library)
www.crystalcaveandserenity.co.uk
Like and follow us on Facebook
Open 7 days a week Tel 01485 535321

**NINTH ANNUAL
Norfolk Family Walk**
at
Holkham Hall
for
**BRAIN TUMOUR
RESEARCH & SUPPORT**

**SUNDAY
11th
OCTOBER
2015
10am-4pm**

Adults : £5 Children : FREE
Car Parking : £2.50/Car can be redeemed at the cafe or shop
The walks are: 1, 3, 6, or 10 miles.
The one mile walk for children has activities along the way.
Prams, trikes, wheelchairs and animals on leads are welcome.

Brain tumours now account for more deaths among children and those under 40 than any other cancers.
Join others and raise sponsorship for your chosen brain tumour or cancer charity and help us all find a cure for this devastating disease.

The 2015 "World Walk" for Brain Tumour is a project of the International Brain Tumour Alliance (IBTA) and is in its ninth year. We hope to achieve enough mileage world-wide to encircle the Earth at the Equator many times. The "World Walk" symbolically unites all those around the globe whose lives have been touched by a brain tumour.

Go to www.astrofund.org.uk to download a sponsorship form and for a link to create a justgiving page or contact via email info@astrofund.org.uk or telephone **01485 572767**

Organised by the Norfolk Branch of Astro Brain Tumour Fund, charity no. 11215647



Celebrate with us at the **Harvest Moon Festival**
Sat 26th Sept 10 'till late
Stanhoe Village Green, Stanhoe, Norfolk

Live Music all day. Stands. Workshops
Activities. Barbecue. Beer Tent. and much much more
raising money for
A Change of Scene for Children

Eric W Witton
Funeral Services

Caring, efficient and professional arrangements at your convenience 24 hours a day, every day of the year.

- Private Chapels of Rest
- Full Estimate
- Monumental Masons

Dignity pre-paid funeral plans available

26 Station Rd, HEACHAM
Tel: 01485 570475

Members of the National Association of Funeral Directors

SEDFORD VILLAGE HALL

Film Night
Presents:
On Friday 11th September 2015
'Far from the Madding Crowd' (PG)
A new version of the original '60s classic

Venue: Sedgford Village Hall,
Jarvie Close, Sedgford. PE36 5NG.
Start time: 7.30pm.

Admission (incl glass of wine): £5.00 – Payment on the door
Contact 01485 579355 or 570097 for more information

Fullers Body Repair Centre



Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT
T: 01485 570799
M: 07799 118503

Established 1973
E: beautifulbodies@hotmail.co.uk

**Free Estimates • Resprays • Accident Repairs
Corrosion Repairs • Insurance Approved**



Creative Arts East
Working in partnership with communities
to make exciting events happen

The Shannon Reilly Trio

JOIN US FOR AN INTIMATE EVENING OF JAZZ FROM THE SHANNON REILLY TRIO. EFFORTLESSLY BEAUTIFUL AND PRESENTED IN A LIGHT AND ENTERTAINING WAY, THE TRIO PERFORM SONGS RANGING FROM THE 1930S TO THE PRESENT DAY.



with
LAMB ROAST
DEER SAFARI
AUCTION OF PROMISES
LIVE MUSIC

Saturday 12th September 7.30pm
Snettisham Park

Bircham Road, Snettisham PE31 7NG

Box Office: 01485 542480 In person: Grapes Gallery, Snettisham
Includes a Lamb Roast and Auction of Promises

TICKETS
£10



www.creativeartseast.co.uk/whats-on



Ward Gethin Archer
SOLICITORS AND NOTARIES

Ward Gethin Archer offer a friendly and efficient service for all your legal requirements

Wills, Probate & Trusts

Personal Injury Claims

Property

Family

Company Commercial

Employment

Heacham: (01485) 571366

King's Lynn: (01553) 660033

Offices also in Dereham, Ely, Swaffham and Watton

www.wardgethinarcher.co.uk

Legends Music Weekend

November 20 – 22

CALL: 01485 534 211



FRIDAY 20th NOV: 7.00pm – 11.00pm

SOMEONE LIKE ADELE

COMPLETE MADNESS



SATURDAY 21st NOV: 7.00pm – 11.00pm

MIKE ALL BUBLE
ROBBING WILLIAMS
QUEEN B



PLUS ENTERTAINMENT FROM THE SEARLES SUPERSTARS EACH EVENING

SATURDAY 21st NOV: 2.00pm – 4.00pm

THE COUNTERFEIT BEATLES



SUNDAY 22nd NOV: 7.00pm – 11.00pm

BLONDIE GLAMTASTIC



£15.00pp - PER EVENING / AFTERNOON
£25.00pp - SUPER SATURDAY AFTERNOON & EVENING PASS
£50.00pp - FULL WEEKEND PASS
£15.00pp - 2 COURSE PRE-SHOW MEALS pre-bookable only

creating happiness for all ages

Check out full details at
www.searles.co.uk

part of SEARLES LEISURE GROUP



Hunstanton & District Rotary Club

Rotary Matters

We are pleased to report to all our Heacham readers on our happenings recently. We hope that as many as possible managed to visit Hall Farm, Snettisham, the home of Mr Schumann, for the light railway experience. I never fail to be excited by a ride on the circular line, through the tunnel and over the bridges! Although the weather wasn't good, a lot of adults and children supported us and we've made a good amount of money for the three charities being supported – The Motor Neurone Disease Association (local group), the West Norfolk Riding School for the Disabled, and the 1st Hunstanton Scout Group. So it's thanks, not only to Mr Schumann, but also to the Hunstanton Inner Wheel for their lovely refreshments and, of course, to members of the public, without whom we would not be able to earn the money for charity.

It's worth my mentioning here that every penny earned for charity is used for this purpose. We don't use any of it for any other purpose. So when we have meals at our Rotary meetings, for instance, we pay for these ourselves, of course. Our charity money goes to international, national and local needs, with most of it going locally. Just another point worth mentioning is that we had a shop-keeper commenting that we could afford to purchase an item "because Rotarians are rich"! Nothing of the sort! Whether rich or poor, the important point about being a Rotarian is that a member wants to help people who are less fortunate than themselves! If you were thinking of joining Rotary, you don't have to purchase a meal. You will be welcomed whether or not you have one!

Rotarians have given (and are still giving) a lot of help, working with the World Health Organisation, to rid the planet of the polio virus. Some brilliant news received recently is that Nigeria has been declared free, which means the whole of Africa is now free of the virus! – a tremendous feat, and only Pakistan and Afghanistan remain to be cleared of it. Then, we can say that the world is totally free of it!

Several months ago, Richard Shaw joined us as a member and gave us a very interesting talk on his experiences. Although he has been very unfortunate to suffer from prolonged illness, mainly when younger, he did not let that affect his interests in his work. He has had useful experience in local government, computer sales, business travel and, for thirty years, fundraising for charity. He was Director of Fundraising and Chief Executive of Norfolk Tapping House Hospice. You can imagine how thrilled we all were to see his film on the investiture of the MBE medal and the presentation to him by the Queen! Richard enjoys

Rotary and is hoping to get more information about Rotary over to the public.

Don't forget we have a website, www.hunstanton-rotary.co.uk Our President, Adrian Evans (tel 570477) from Heacham, has produced a most interesting website. Both he and last year's President, Peter Atterbury (tel 534820), will be pleased to answer any questions to interested persons.



Photo: Rotarian Richard Shaw



Scrappy Cat Crafts
Art & Craft Supplies

Visit our New Larger Shop
5 Old Church Rd., Snettisham, PE31 7LX

Classes in Card Making & Painting
Personalised Cards Made to Order

Open 10 - 4 Tuesday - Friday : 10- 2 Saturday

www.scrappycatcrafts.co.uk 01485 298017

The Fountain Sports Bar
Eat • Drink • Watch



**ENGLAND MATCHES
SCREENED LIVE**



OPEN TO ALL

- BT & SKY SPORTS TV
- FREE WIFI
- ALL DAY BAR
Greene King beers, ales & cider • spirits, cocktails, hot beverages
- ALL DAY MENU
Main meals from only £7.95 Starters & Desserts available.
- QUICK BITES
Baps only £2.00, Jacket Potatoes £4.50, Baskets meals only £4.95
- CHILDREN'S MEALS
Main, dessert & soft drink only £6.95
- SUNDAY CARVERY
Choice of meats, 12 noon - 2.30pm from £9.95

Daily from 11.00am - 8.45pm

For Menu options please visit www.searles.co.uk viewing The Fountain Sports Bar.



SPECIALITY NIGHTS
6.30pm - 8.45pm

- Wednesdays: Steak Night
- Thursdays: Burger & A Pint Night
- Fridays: Curry Night
- Saturdays: Seafood or Mexican Night
- Sundays: Italian Night

Delicious Desserts available each night

The Fountain Sports Bar 'All Day Menu' will also be available on these nights.

To reserve your table call: 01485 536 010



Find us at Searles Country Park, South Beach Road, Hunstanton PE36 6JN. Enter Searles Leisure Resort, turning left inside the entrance at the seal fountain or follow road through the resort until you reach the golf course carpark with The Fountain Sports Bar.

Call: 01485 536 010

Creating happiness for all ages

R'N'R FENCING & Landscapes

- BRICK WEAVE DRIVEWAYS • DECKING
- PERGOLAS • PATIOS • TURFING
- RECLAIMED SLEEPERS

ALL ASPECTS OF LANDSCAPING
FREE QUOTES • PUBLIC LIABILITY INSURED

07881 947506 01485 572107

Prided on Quality & Reliability

www.rnrfencing.co.uk



**Norfolk recycling
centres ready for
hazardous waste
amnesties**

Norfolk's residents are being urged to check their cupboards, sheds and garages for toxic household chemicals that they don't want any more, so they can take them to be disposed of safely and securely at a series of household hazardous waste amnesties taking place at seven of Norfolk County Council's recycling centres across the county during September.

Wood preservatives, bug and weed killers, paint, thinners, varnishes and special cleaning products are among the wide range of household chemicals that will be accepted – for free – at the weekend-long events. These are products that are too dangerous to be tipped down drains or sent to landfill without damaging the environment.

The events will be taking place between 9am and 6pm at the following site and dates:-

Saturday 26th & Sunday 27th September 2015

King's Lynn, Willows Business Park, Saddlebow, PE34 3RD. Toby Coke, Chairman of Norfolk County Council's Environment Development and Transport Committee welcomed the news of the events saying: "We all have to use chemicals for DIY jobs and chores around the house and garden. But getting rid of the leftovers legally and responsibly can be expensive because specialist disposal processes have to be used to make sure they don't damage the environment.

"We commission specialist hazardous waste disposal chemists to run these events at our recycling centres to help residents avoid these costs.

"This is the twelfth year that we've run them and they are

incredibly popular. Over that time, Norfolk householders have brought more than 348 tonnes of dangerous chemicals to our sites and made sure they are disposed of safely and securely.

"I'd encourage everyone who needs to get rid of this type of waste that they've got hanging around the house to take advantage of the opportunity to get rid of it by coming along to their nearest event if they possibly can."

Rachel Stewart, Waste Reduction Officer at Norfolk County Council added: "We put these events on as a convenient way for residents to get rid of household chemicals, but most of us can do more to try to reduce the amount we end up with.

"Most of the type of chemical products we use around the house and garden give good information about the amount of coverage or application we can expect to get out of them. If we spend a bit more time working out how much we actually need to buy for a specific job, we would reduce the likelihood of ending up having to store the leftovers. That would mean all of us are winners. Residents can save money by not over-buying and it could also help to push down the cost to council taxpayers of having to deal with the waste."

People can find out how to get to their nearest event by visiting www.norfolk.gov.uk/recyclingcentres or calling 0344 800 8020.

The County Council recommends that if people are planning to bring hazardous products to an amnesty event they should:

- Keep all products in their original containers and not mix them together;
- Keep containers clearly labelled where possible;
- Make sure that the products are properly sealed to avoid leakage.

To find out more about the amnesty events, or if you are unsure about what can and can't be accepted, visit:

www.norfolk.gov.uk/hazardouswaste or call 0344 800 8020.

Searles Leisure Club **HUNSTANTON**

01485 536 029 www.searles.co.uk

Memberships
from only
£22.50
Find out how you can
enjoy 2 months free
membership!

**OUR OUTDOOR COMPLEX IS OPEN
THROUGHOUT SEPTEMBER***

Large Heated Pool Toddler's Pool Water Slide
Fun Water Features Sun Lounge Area

Child Add-Ons
Only £7 per month

MEMBERS WATER AEROBICS

**Members Only Early
Swim 7am - 9am**
excluding Sundays

GYM JACUZZI SAUNA
MEMBERS WATER AEROBICS
INDOOR & OUTDOOR HEATED POOLS

NO JOINING FEES

creating happiness for all ages *Subject to weather

Searles Golf Club **HUNSTANTON**

7 Month Winter Golf Pass
Only £199.00
1st September 2015 - 31st March 2016

● Unlimited Golf ● Handicaps ● Competitions
● Events ● 10% off in The Fountain Sports Bar
● Great way to make new friends and get active

Tel: 01485 536 010 www.searles.co.uk

Searles Golf & Country Park, South Beach, Hunstanton PE36 5BB
creating happiness for all ages part of SEARLES LEISURE GROUP

HEACHAM MANOR
HOTEL • RESTAURANT • GOLF

"NORFOLK'S MOST
EXCITING NEW CLUB"
English Club Goffer issue 58 March 2014

Open ALL winter, full 18 holes, with NO temporary greens or tees



Golf Membership only £199
Now to Dec 31st 2015




September Twilight Golf after 1pm
£20.00_{pp} for 18 holes
£25.00_{pp} for two with a buggy

Great Group & Society Golf Packages Available

Visit our website www.heacham-manor.co.uk
or call 01485 536 030
Heacham Manor, Hunstanton Road, Heacham, West Norfolk PE31 7JX



Forthcoming events at Hunstanton Library

For further information about any of these events, or to book your place where necessary, please contact the library on 01485 532280.

Colour yourself calm at the library:

Colouring in is an easy way to calm the mind. If you've never tried it, why not come along to this new free 4 week course at Hunstanton Library on Mondays 10.30-12noon from 28th September to 19th October. Colouring books, colouring pens and refreshments will be provided. Places are limited so please book in advance by calling the library.

Hunstanton Library Book group:

Come along to our friendly book group which meets on the third Monday of the month at 2.30pm. New members are welcome. For more information please call the library.

Great reads to watch out for in September - request any one for just 60p (if you receive an email notification to collect).

'Trigger Mortis' by Anthony Horowitz – the latest outing for James Bond.

'Where my Heart used to beat' by Sebastian Faulks.

'After you' by Jojo Moyes – the sequel to 'Me before you'.

'Liar Liar' by M J Arlidge – the fourth in the DI Helen Grace series.

'A Broken Promise' by Linwood Barclay.

'Tennison' by Lynda La Plante.

'The Orphan's Dream' by Dilly Court.

'The Kitchen Maid' by Val Wood.

CRAFT and FOOD FAYRE

Saturday 5th September 10am—3pm



THE GRANARY, SNETTISHAM

PE31 7QU

Free Entry—Unique Christmas Presents

Raffle and Tombola

in aid of CLIC Sargent—Children with Cancer

For Trade stalls phone Angie 07760 115888

Community Action Norfolk

Love Norfolk Youth Social Action Fund - Grants of up to £5,000 are available to support projects in Norfolk that engage young people in volunteering and other activities that both benefit their communities and develop their skills. The deadline for applications is 11th September.

Lovewell Blake Fund – This fund supports community and voluntary activity in Norfolk and the areas of Suffolk surrounding Lowestoft and Halesworth. Grants of up to £2,000 are available. The Fund aims to benefit smaller, often lesser known organisations where such grants would make a real difference to a particular project. Applicants from Suffolk should apply via the Suffolk Community Foundation. The deadline for applications is 25th September.

Victory Housing Trust Community Fund (North Norfolk and Victory Housing Trust areas of operation) - Grants of up to £5,000 are available to support a range of community activity within the Trust's area of operation which includes the North Norfolk District Council area as well as certain parishes in Broadland and West Norfolk. Preference is given to projects involving, or having the potential to benefit tenants of Victory Housing Trust. The deadline for applications is 28th September.

Think Big With O2 Youth Programme

O2's "Think Big with O2" youth programme is open to projects supporting young people (aged 13 – 25) to make positive changes in their communities. Initial funds of £300 are available to help start projects. If the project is successful it could be invited to apply for second stage funding of £2,500. Applications are welcome from individuals and groups of young people. The deadline for applications is 9th September.



- **Brickwork**
- **UPVC Windows**
- **Extensions**
- **New Builds**
- **Conservatories**
- **Fencing**
- **Plumbing**
- **Electrical**
- **Roofing**
- **Driveways**
- **Groundworks**
- **Block Paving**

& Much Much More

For a FREE no obligation quote call:
0800 6124736
Mob: 07584 086030
Email: a1building78@yahoo.co.uk
Web: www.a1building78.co.uk

Coastal Revival Fund

Applications to the Coastal Revival Fund are invited to encourage the regeneration of coastal heritage that has the potential to create new opportunities for jobs and businesses. Capital grants are available through this programme. The maximum bid is £50,000. The deadline for applications is 14th September.

BBC Children in Need Main Grants Programme

Grants of over £10,000 are available to organisations working with young people who:

- Are suffering from illness, distress, abuse or neglect
- Are disabled
- Have behavioural or psychological difficulties
- Are living in poverty

The deadline for grants is 15th September.

People's Postcode Lottery's Dream Fund The Postcode Lottery Dream Trust aims to award the following for partnership projects lasting up to 24 months:

- One award of £1million for a project in which the lead partners annual income is at least £3million
 - Two awards of £500,000 for projects in which the lead partner's annual income is at least £1.5million
- Projects must meet at least one of the following:

- Community development
- Environmental protection
- Health
- Human rights
- Sports
- Prevention of Poverty

All applications must come from at least two organisations that have joined forces to deliver an innovative project. The lead organisation must be a registered charity. The other organisations can be another charity, a voluntary group or a community interest company. The opening date for applications will be 17th August, and the deadline is 22nd September

Idlewild Trust

The Idlewild Trust support charities who encourage the performance of fine arts and crafts, the promotion of education within the arts and the preservation of land, buildings and objects of beauty and/or historic interest. Grants of up to £5,000 are available. The deadline for applications is 23rd September.

Celebrating Participation in Healthcare Community Grants

NHS England is welcoming applications from not-for-profit organisations that can tell the story of their patient and citizen engagement work in a creative and interesting way. Partnership working is encouraged; partners can be other voluntary sector organisations, private companies, or others.



GARY KITE
Computer Services

Sales, Upgrades, Repairs,
Home Call for Tuition,
Broadband Installations
& General Maintenance

Satellite Broadband
Available now - call for details!

Tel: 01485 544 606 Mobile: 07775 512 485
• Personal Service • Professional Technician

However, the lead partner must be a not-for-profit organisation. The maximum grant amount is £1,000. The deadline for applications is 28th September.

Feminist Review Trust

The Feminist Review gives grants of up to £15,000 to projects that support women. Priorities will be projects that are:

- hard to fund or have no other obvious sources of funding
- carrying out activities that start a project, with the hope it will then secure sufficient funds to continue
- Carrying out Intervention work with feminist values
- Offering training and development
- Holding one off events
- Disseminating relevant materials
- In need of core funding, and struggle to raise it elsewhere

The deadline for applications is 30th September.

War Memorials Trust

Grants of up to £30,000 are available to cover up to 75% of eligible costs for free standing war memorials with no other functional purpose. Works can include:

- Urgent and necessary repairs and structural stabilisation
- Cleaning
- Reinstatement of lost elements

The deadline for applications is 30th September.

Neighbourhood Planning Grants

Grants from the Department for Communities and Local Government's Neighbourhood Planning and Community Right to Build support programme are available to those writing a Neighbourhood Plan or Neighbourhood Development Order to prepare Neighbourhood Plans. Grants of up to £8,000 are available to pay for:

- Events
- Printing and materials
- Specialist planning expertise

Groups with more complex needs can apply for specific packages of technical support and might be eligible for a further £6,000. There is a rolling deadline for applications.

Rural Community Energy Fund

This fund supports rural communities to develop renewable energy projects which benefit the community. The funding is provided in two stages:

- **Stage 1** – grants of up to £20,000 to pay for investigation into the feasibility of a renewable energy project.
- **Stage 2** – unsecured loan of up to £130,000 to support planning applications and develop a business case to attract further investment.

Applications are reviewed monthly and there is no set deadline.

European Growth Programme

European Structural and Investment Funds (ESIF) are designed to improve economic growth, business competitiveness and employment opportunities and social well-being across Member States of the EU. New Anglia has secured £94m for investment in Suffolk and Norfolk from the European Structural and Investment Funds for investment into projects from 2015 onwards. The funds are divided into a number of programmes - European Regional Development Fund (ERDF); European Social Fund (ESF) and the European Agricultural Fund for Rural Development (EAFRD).

Most funding is delivered through 'calls' that invite applications to address specified priorities. As an example there is currently a live call within the EAFRD programme.

European Agricultural Fund for Rural Development (EAFRD) – This is for micro, small and medium-sized businesses seeking to invest in processing, marketing and

development of agricultural products. Projects can bid for grants of £35,000 - £250,000. The specification includes further information on the nature of the call, how to apply and contacts for further information and support.

LEADER Funding

Funding is also delivered through a 'bottom up' local approach called LEADER. You can find out more about LEADER opportunities in your area and make an application on this site. LEADER is likely to be the best opportunity for smaller VCSE organisations or SME businesses working to improve their local area.

Contacting us

Please direct all general queries to the main office by calling 01362 698216 or email:

office@communityactionnorfolk.org.uk

Follow us on twitter @CANorfolk

Like us on Facebook

Norfolk Rural Community Council T/A Community Action Norfolk,

Community Action Norfolk

Ambassador Way, Green Road, Dereham. NR20 3TL

Registered Charity No 1056750 | Company No. 3190820

Company Limited by Guarantee Registered in England and Wales



2 high street heacham kings lynn norfolk pe31 7er
01485 571395
chopnchange2@hotmail.co.uk

As of Tues 1st September Steve from Blue Beard Barbers will be joining us at Bliss. Steve will be available for appointments 8am- 8pm Mondays and Tuesdays. Appointments pre booked are preferred with the barber. Please call 07722625911.

JOB VACANCY - HAIR STYLIST: Full or part time stylist required. Experience essential. Please call the salon and speak to Jaime 01485 571395

Jaime Tooley



CLIENT NOTIFICATION -

As of Tuesday 1st September I shall be moving into my wife's salon, Bliss, 2 High Street, Heacham.

I will be available by appointment only on Mondays and Tuesdays 8am till late. Please call 07722625911 to book an appointment with Steve the barber.

I'd like to thank all my chaps for their support and custom over the past few years and I hope that you will continue to use my services at my new location.

Kind Regards Steve

West Norfolk Mind

National Citizen Service teams support West Norfolk Mind

West Norfolk Mind were invited as one of 7 local charities to speak to around 300 16/17 year olds from West Norfolk and the surrounding area who are taking part in a 3 week National Citizen Service Project. The scheme provides new personal and team challenges and helps build skills for work and life concluding with their team organising and undertaking a community project.



Zena Penty, Volunteer Co-ordinator from West Norfolk Mind said, "Not only are we delighted that several of the teams chose to undertake practical or fundraising projects with us, it has provided a fantastic opportunity for us to speak intimately with team groups about mental health, the effects of mental illness, stigma, and

how to seek help. It is also encouraging to see that young people are less comfortable with the negative language often associated with mental illness and many are already quite knowledgeable – these are very positive steps for the future in our area. I was impressed with the commitment and maturity of many of the group members. It has been a pleasure working with them and I hope they will continue to support or be involved with us in the future."



If you want to discuss how to purchase services, speak to H.O. 01553 776966, or to discuss volunteering for West Norfolk Mind, call Zena on 01485 572707 or email zena.penty@westnorfolkmind.org.uk www.westnorfolkmind.org.uk

MAUREEN'S DAY COACH TRIPS

WED 16th SEPT	SOUTHWOLD	£13.50
FRI 25th SEPT	COLCHESTER MARKET DAY	£15.00
THUR 8th OCT	ELY - MARKET DAY THEN ON TO CAMBRIDGE	£10.50
WED 14th OCT	ALDBURGH & BECCLES	£12.50
WED 28th OCT	MILTON KEYNES	£17.50
WED 11th NOV	NOTTINGHAM	£15.50
FRI 20th NOV	NORWICH XMAS SHOPPER	£9.50
FRI 27th NOV	BURY ST EDMUNDS XMAS MARKET	£13.00
WED 2nd DEC	HIGHWAY GARDEN CENTRE & WROXHAM	£10.00
WED 9th DEC	SPRINGFIELDS & BAYTREE FOR XMAS	£10.00

Pick Up Points: HUNSTANTON, HEACHAM, SNETTISHAM, INGOLDISTHORPE & DERSINGHAM

All seats to be paid for in advance to confirm booking

For further details please contact 01485 544514

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts and business taxation
- business start up, advice and management support
- management accounts, budgeting and forecasts
- SAGE installation and training
- payroll, VAT and bookkeeping services
- personal tax returns and self assessment advice
- small business specialists
- free initial consultation
- fees agreed in advance

For an appointment please contact:

Mrs K H Gigg FCA on 01485 534800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP

T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

www.kathryngigg.co.uk

Regulated for a range of investment business activities by
The Institute of Chartered Accountants in England and Wales.

RESCUE : WOODEN : BOATS

Dunkirk Little Ship and former lifeboat *Lucy Lavers* major restoration was completed by charity Rescue Wooden Boats in time for her to join 54 other Little Ships to make the memorable return trip to Dunkirk in May for the 75th anniversary of the evacuation of troops from the beaches.

Over 200 school children came aboard her on her way to Dunkirk to learn about her story as well as many hundred members of the public. In June she celebrated her homecoming to Wells-next-the-Sea where she now lives.

You can see details and photos of both her restoration and her Dunkirk voyage on our website:

www.rescuewoodenboats.com and at the Visitor Centre in Stiffkey NR23 1QF, open weekends 10 – 4. Do come and have a look! You can also buy gifts, T shirts, sweatshirts, books, DVDs and some *Lucy Lavers* memorabilia there.

You can experience being on *Lucy Lavers* – there are occasional heritage trips - Wells Harbour - which you can book by contacting Kate on info@rescuewoodenboats.com or 07920 760238.

We are now planning our next projects - further heritage fishing boats to restore and stories to be told. Do support us with a donation or by becoming a Friend. Details on the website www.rescuewoodenboats.com or contact Kate.

If you like messing about with boats or in boatyards or are interested in our local maritime heritage, why not talk to us about being an occasional volunteer at the Visitor Centre. Do give us a call.

www.rescuewoodenboats.com; info@rescuewoodenboats.com; 07920 760238



SCOOTER PARAMEDIC

MOBILE SCOOTER TECHNICIAN

- REPAIRS
- CALL OUT
- HOME SERVICE VISITS
- BATTERIES TESTING/RENEWAL
- PUNCTURE REPAIR
- CONFIDENCE BUILDING
- DBS CHECKED
- WE BUY - WE SELL - WE PART EX

TEL: 01354 680662

MOB: 07833 281142

scooterparamedic@hotmail.co.uk

TRAINED BY

SILVER SANDS PUBLIC HOUSE

**NEW OPENING TIMES ARE DAILY UNTIL
13th SEPTEMBER AND THEN EVERY
FRIDAY, SATURDAY AND SUNDAY
THROUGHOUT FROM 12 NOON**

**STEAK NIGHT OR CURRY
BOTH ON FRIDAYS.**

**ENTERTAINMENT EVERY SATURDAY
UNTIL THE END OF SEASON.**

**SUNDAY STILL SERVING TRADITIONAL
SUNDAY ROAST.**

ACTS THROUGHOUT SEPTEMBER ARE:

SEPT	5th	RYANN
SEPT	12th	MARK STEEL
SEPT	19th	SUZZIE KAYE
SEPT	26th	STEVE WHITEMAN

EVERYBODY WELCOME

**FOR MORE INFORMATION FOLLOW US ON
FACEBOOK SILVER SANDS.
PHONE 07779 011937
FAMILIES WELCOME**

TOP
OF THE
SHOP

Family Business Est 1988

KITCHENS, BEDROOMS
& BATHROOMS

Also finishing touches to complete your new project.
Lovely range of ceramic wall & floor tiles on display with
wall paper available on next-day delivery from our extensive
selection of pattern books.

Opening Hours 9am - 5pm Monday - Friday, 9am - 1pm Saturday

For further information contact Pam on:

01485 571367

42 Station Road, Heacham Next to Boots The Chemist

www.topoftheshop.co.uk



S & J Partyka Ltd (plumbing & heating)

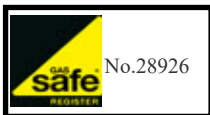
a family owned local business
with over 30 years experience
“you can count on us for a
professional service”

01485 570688 - 07831 776881
partyka.plumbing@gmail.com

all plumbing and heating work undertaken

- from a new tap washer to a full bathroom installation
- from a new radiator valve to a full heating system
- new gas boilers fitted
- boiler servicing
- central heating power flushing

water - gas - oil - air source



“all work fully guaranteed”



Princess Players

The Princess Players latest production is “Blood Money”, a spine-chilling thriller for the autumn and is due to be staged on the 6th and 7th November 2015.

New this year will be Club Nights for new & old members. These started on September 1st and will include play reading sessions, workshops, quiz nights and social activities. If you would like further information, contact Members secretary Sharon Yates at shazyates@hotmail.co.uk or just come along on the night.

The Club Nights will cost £2.00 per session. Membership to the Theatre Company costs just £10.00 per year. Everyone is welcome.

Ann McKimm, (Secretary)

Brancaster Camera Club

We only have one evening on:

Tuesday 22nd September 2015

A Print Competition 'Architecture' 1+2 Open.

Judge Derek Leak.

To be held in Brancaster Staithe Village Hall at 7.30 pm.

New members or visitors always welcome.

We held a very successful exhibition in August judged by Barbie Lindsay MPAGB AFIAP. The standard of prints was very high.

The winners were:

1st Andrew Beeson - 'Alley Cat'

2nd Geoff Lea - 'Not an ideal camping pitch'

3rd Tony Luxton - 'Cornish Quoit'

John Barker, Andrew Beeson, Geoff Lea, Tony Luxton & Noel Robinson also got 'highly commended' for other prints.

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of tax planning & accounting services for private property investors

- Buy to let landlords
- Second home owners
- Principal private residence tax planning
- Property business structure
- Self assesment advice
- Furnished holiday lettings
- Non resident landlords
- VAT on property
- Estate planning
- Free initial consultation

For an appointment please contact: Mrs K H Gigg FCA 01485 534 800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

www.kathryngigg.co.uk

Regulated for a range of investment business activities by The Institute of Chartered Accountants in England and Wales.



THE PRINCIPLES OF REIKI

Reiki is an ancient healing system based on channelling spiritual energy. It was rediscovered in Japan in the nineteenth century and is taught through initiation. The system includes hands-on healing and distant treatment and works on the spiritual, mental, emotional and physical levels.

This guide is a snapshot in time for those of you out there who would like to learn a little more about Reiki and its uses within our daily life.

Initiation

Initiation; or transmission of energy is the traditional way of learning in many oriental systems. Instead of putting more intellectual concepts into the mind, as we do here in the West when learning, initiation works directly on the student's own energy and intuition. The Reiki initiations also gently open up the student as a Reiki practitioner; almost as you would plug a new television channel and connect him to this special tradition and lineage of healing.

Hawayo Takata, the Grand Master of Reiki who brought the system from Japan to the West, explained in an interview, she gave her pupils the contact with the great universal life force that does the healing, in the same way.

Once initiated, the initiations stay with you always, even if you never practice or use the Reiki consciously. It is like an irreversible programming. The Reiki flows automatically after the initiation whenever you touch somebody.

REIKI MEANS CHANGE

The word initiation means beginning. It is a profound change of a person's subtle energy level. Not everybody who takes the Reiki initiations will work with healing. Many people learn Reiki as part of a personal growth process or for self-healing. Some people channel Reiki through music, others into food. Whatever you touch or create reflects your energy level and who you are.

For some it is their first contact with spiritual energy which can lead to dramatic changes in their lives. It can be the opening up to a spiritual path, and a spiritual understanding of life.

EMBRACE IT

Sandra Pipe (REIKI MASTER)

THE NATIONAL
HYPNOTHERAPY
SOCIETY

accredited™
voluntary
register

NATURALINTUITION.NET

SANDRA PIPE

Hypnotherapist

MHS (Dip Hyp CS)

I offer Hypnotherapy, Counselling,
Emotional Freedom Therapy, Reiki
Healing, and Relaxation Techniques.
As well as covering issues such as:

Smoking; Weight Loss; Nail Biting;
Poor Self Esteem; Sleep Disorders;
Phobias;
Lack of Self Confidence.....and
much more.

(Animal Reiki by Request)

(I am also a fully qualified member of the
National Counselling Society.)

Appointments available in Snettisham;
Dersingham & Kings Lynn.
(Home visits available on request)

Please feel free to give me a call on:
Tel: 01485 540605 or Mob: 07919377764

E-mail: sandrapipe555@btinternet.com

Naturalintuition.net



The Mulberry Restaurant

HEACHAM MANOR HOTEL



Christmas Party Nights

NOW TAKING BOOKINGS FOR 11TH, 12TH,
18TH & 19TH DECEMBER, Tickets only £32.00 pp

Includes a Delicious 3 Course Festive Menu Tea, Coffee and Mince Pies
Christmas Crackers and Party Boxes Full Bar and Disco

Please Call 01485 536030 to Book

£10 pp Deposit required upon booking

Exclusive Party Night B&B Rate - only £25 pp (based on 2 sharing a Standard Room,
including Full Norfolk Breakfast the morning after!) Please enquire when booking.

HEACHAM MANOR HOTEL

Hunstanton Rd, Heacham, West Norfolk, PE31 7JX www.heacham-manor.co.uk

HN

Solution to
Newsletter
SUDOKU
No. 94

3	1	9	8	4	2	6	5	7
4	2	6	7	5	1	9	8	3
7	5	8	3	9	6	1	2	4
8	6	1	9	3	7	2	4	5
9	7	5	2	8	4	3	6	1
2	3	4	1	6	5	8	7	9
5	8	3	6	7	9	4	1	2
1	9	7	4	2	8	5	3	6
6	4	2	5	1	3	7	9	8

NEWSLETTER SUDOKU No. 95

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

7	9			6			5	
				1	5	7		
		4		2		3		
1					9		8	
					2	1	3	
	4	6		8			9	
		2	1			9	7	8
	1							
5			3	7	6			1

FRIDHEM BINGO

Monday 21st September 2015

Eyes down 7.00pm sharp!

Refreshments

Come and join us

Proceeds go into the Residents Entertainment Fund
Fridhem Rest Home, 79 Station Road, Heacham

LADYBIRD CAR SERVICE-----



ESTABLISHED BUSINESS FOR 25 YEARS

Pick Ups and Drop Offs

Hospital Runs • Shopping Trips • Airport Runs

School Runs • Deliveries • Contract Work

Any day to day Private Car Hire Requirements

A Recognised, Well Known, Reliable and

Friendly Service

Tel: Heacham (01485) 571947

Mobile: 07909 776769

Christmas Party Nights



It is never too early to book your Christmas Party Night and avoid disappointment.

Searles Party Nights have been running for over 24 years and prove very popular with couples, small groups, and for company parties. All Party Nights include an arrival drink of either red or white wine, and a pre-ordered choice of dishes served to your table.

Following your meal you can sit back and enjoy the entertainment or dance the night away to our fabulous 'Pulse Roadshow' disco.



Party Nights are available on Friday 11th, Friday 18th and Saturday 19th December

All Party Nights are priced at £29.95 per person
Private Company Parties also available.

For enquiries please email Emma at emilsom@serales.co.uk or call 01485 536002



creating happiness for all ages

Searles Leisure Resort, South Beach Road, Hunstanton
Norfolk PE36 5BB

HEACHAM PARISH COUNCIL NOTICEBOARD

Parish Council Meetings in Brief

SNAP Meeting: Issues raised with the police included parking on College Drive and Lords Lane, both of which appear to have improved but are still being monitored by the police. The speed of traffic on Ringstead Road was also a cause for concern.

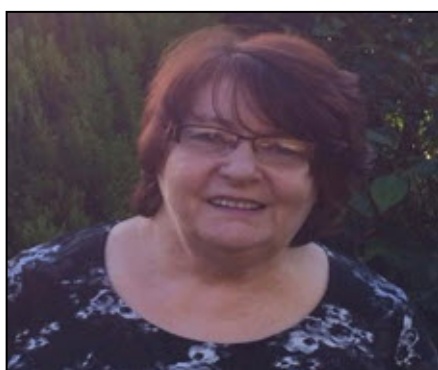
Planning Issues: The Parish Council is writing to local MPs, the Borough Council and Prince Charles emphasising concerns about the KLWN plan and issues relating to the 5 year housing stock.

Ringstead Road Bus stop: The Council has asked Highways to prioritise the improvement of this bus stop.

Buses: The County Council had organised a meeting for local councils to discuss recent changes to local bus services, in particular the withdrawal of the No 11 service.

The next Full Council meeting will be held on Tuesday 15 September at 7.30pm at the Parish Council Office.

New Parish Councillor



The Parish Council would like to welcome Mrs Viv Roberts. Although Viv only moved to the village last year, she is keen to become involved in the life of the community. She has a background in retail and administration, and as someone who loves people is looking forward to working with and for the village.

New Community Building

Message from the Community Building Committee



Work is starting on clearing the site to enable potential architects to produce detailed drawings for consideration. **Make sure your voice is heard by letting us know what facilities you would like to be included.** Feedback forms are available from the Library and Parish Council Office

Heacham Carnival Parade and Fete 2015

The sun shone on this year's Carnival Parade and Fete as ordered. Norfolk Lavender sponsored and provided a float for the Lavender Queen, Mia Beatty, and her Princesses, Grace Barker, Adele Carty and Tegan Frary.

St. Mary's Church, the Judo Club, Rollason Stage School and Heacham in Bloom all won prizes for their floats, with the overall winner being Heacham Youth Club for the second year running. The Carnival collection was for the benefit of Heacham Minors Football Club.

Thanks to Norfolk Lavender and Jennings Caravan Site for their continued sponsorship.



Heacham Photographic Exhibition

The Old Friends Hall, Sunnyside, is the venue for the Photographic Exhibition on Saturday 12th and Sunday 13th September. Entry is free and refreshments will be available.

Heacham in Bloom

The Parish Council wishes Heacham in Bloom well in the Anglia in Bloom competition. It acknowledges the tremendous amount of work involved in organising and maintaining the plantings. Many compliments have been received and the results of the competition are anxiously awaited on 17 September.

The Saltings

A new dog bin has been sited at the entrance to the Saltings. It is hoped that this will help resolve dog fouling issues on the site. A tent and camping equipment has been removed from the Saltings. Would the owner please contact the Parish Council Office to collect their property.

Any queries should be addressed to:

Heacham Parish Council Office

Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET

Tel/Fax 01485 572142

www.heachamparishcouncil.co.uk

Open Tuesday - Friday 10.00am-noon

HELP LINES

HEACHAM GROUP PRACTICE 01485 572769

HEACHAM MON TO FRI 08.30 TO 13.00 14.00 TO 18.30
SNETTISHAM MON TO WED 08.30 TO 12.30 14.30 TO 18.30
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR 111

For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME 534777

HEACHAM CHEMIST 570297

OPENING HOURS MON TO FRI 09.00 TO 18.30
 SAT 09.00 TO 17.30

Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance
 DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE 572142

OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT 572142

BOROUGH COUNCIL OFFICE 01553 616200

BOROUGH COUNCILLORS

Mr P. COLVIN 01485 572625

Mr C. MANNING 07885 258392

NORFOLK C C MICHAEL CHENERY 01328 823411

PARISH LIBRARY 571928

OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE 570330

OPEN MON - FRI 08.30 To 17.30 SAT 09.00 To 13.00

EMERGENCY SERVICES

QUEEN ELIZABETH HOSPITAL 01553 613613

NHS Helpline 111

DENTIST **Emergency only for patients not registered with a dentist**

01553 769264

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) 01553 613613

POLICE 101

SAMARITANS 01553 761616

CHILD LINE 0800 1111

SILVER LINE 0800 4708090

ELECTRIC 0800 7838838

ANGLIAN WATER 0845 7145145

GAS ESCAPE 0800 111999

EMERGENCY 24hrs VETERINARY CLINICS 01485 570065

HUNSTANTON LIBRARY 532280

OPEN MON. TUE. and FRI 10.00 TO 17.00
 WED. 10.00 TO 19.00
 THUR and SAT 10.00 TO 13.00

HEACHAM CHALK PIT RECYCLING CENTRE

Summer opening times are 9am - 6pm. Winter opening times, which apply from 1st October to 31st March, are 9am - 4pm.

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk

E-mail admin@norfolk-on-line.co.uk

www.heachamgrouppractice.org

www.heachamnewsletter.org.uk

QUALIFIED ELECTRICIAN

Available for Extra Sockets,

Lighting & BT Points

No Job too small

Free Estimates

No call out charges

Tel: 01485 572726 or 07813 173 446

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

Norfolk Green

Service 10 (Mon-Fri)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0647 first bus to Kings Lynn then three times an hour from 0826
 0654 first bus to Hunstanton then three times an hour from 0918

Service 10 (Saturday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0647 first bus to Kings Lynn then three times an hour from 0826
 0714 first bus to Hunstanton then three times an hour from 0918

Service 10 (Sunday)

Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0908 first bus to Kings Lynn, then twice an hour from 1054.
 0843 first bus to Hunstanton, then twice an hour from 1016

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

Smithdon High School Bus

Service 401

Via:- Folgate Road/Fengate, Station Road
 0816 to Smithdon School
 1530 from Smithdon School

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

Coasthopper Service

Kings Lynn to Cromer & Fakenham Via Heacham (Norfolk Lavender, Lodge Rd & Heacham Manor) Sherington, Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham.

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

lynx (lynxbus)

Service 35 (Mon-Sat)

Via:- Fox & Hounds and Lodge Rd
 0737 first bus to Kings Lynn then twice an hour from 0827
 0707 first bus to Hunstanton then twice an hour from 0954

Service 35 (Sunday)

Via:- Fox & Hounds and Lodge Rd
 0907 first bus to Kings Lynn then twice an hour from 10.42
 0834 first bus to Hunstanton then twice an hour from 1009

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

Bus Enquiries

www.norfolkgreen.co.uk

Tel: 01553 776980

www.lynxbus.co.uk

Tel: 07432 036330

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

WNCT - DIAL-a-BUS Service

Heacham to Kings Lynn via Snettisham, Ingoldisthorpe, Dersingham, Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday £5 return (£3 return for Concessionary Bus Pass Holders)

For more info, a Membership form or to book

Tel: 01553 770310

XXXXXXXXXXXXXXXXXXXXXXXXXXXX

Main pick up points for The Heacham Newsletter

First Saturday each month except January.

Jennings, Heacham Bakery, Heacham News, Post Office, Parish Council Office, Church, Co-op, Tesco's, Fish Bar, Wine Cellar

HEACHAM HALLS

Public Hall 570776

Pine Residents Hall, Wilton Road Mrs Crisp 579440

Methodist Church Hall, Station Road Mike Careless 570363

St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30 572539

Old Friends Hall Sunnyside Close 572142

Heacham Scout Hut 572890

MOBILE LIBRARY

ROUTE WEL 124 14th/28th	(Mondays) September	ROUTE WEL 123 7th/21st	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE Court	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
NOURSE DRIVE/Ingleby CL	12.25	SUNNYSIDE	14.15
ROLFE CRESCENT	13.55	MEADOW RD	14.40
BUSHEL & STRIKE	14.15	POPLAR AVE	15.25
GIDNEY DRIVE	14.30	GYMKHANA WAY	15.45
BANKSIDE	14.50	JENNINGS CLOSE	16.10
MARRAM Way/Norway CL	15.05	COLLEGE DR/Gonville	16.45
MARRAM Way/Spruce CL	15.20		
MARRAM Way/Neville RD	15.35		