THE HEACHAM NEWSLETTER

February 2017

This newsletter reflects the views of its contributors, not necessarily those of the editors, any sponsoring body or advertiser.
When contacting one of the advertisers please mention you saw their advert here first. Thank you.

Hi there friends - TP here

A Happy New Year to you all.

Well, by the time this is published on the 4th February there will only be 12 days left before the adventure begins! The nerves are now beginning to make their presence felt. Luckily my brothers have come to join me. It seems only yesterday that it was 300 days away.

Over Christmas, Dean was laid up with an ankle injury. Of course if he can't train neither can I!! Luckily, he seems to be okay and has been testing it with long walks, cycling and a few runs.

So here are some details about the trek. The whole adventure lasts 10 days.

We fly out on the 16th February from Heathrow to the Ethiopian capital Addis Ababa then we catch a flight to Kilimanjaro. After one night in the lodge in Moshi village we set off from the Machame Gate following the Machame trail and for the next 6 days we ascend towards the summit stopping at various camps along the way.

Day 6 we set off at midnight in freezing temperatures and should be at the peak, which is 5895 metres (19453 feet in old money), around 7am. We have to have regular rests because of the thin air at that altitude. This will be the toughest and most testing part of the trek. Once at Uhuru Peak the oxygen will be so thin we don't have long, just time for a few photos then descend to Millennium camp at 3730 metres for one last night before returning to Mewka Gate and back to the lodge.

Final day travel from Kilimanjaro to Addis Ababa then back to Heathrow.

This attempt is to raise money for the Breast Cancer Unit in King's Lynn. In the UK there were over 55,000 cases of Breast Cancer (2014) of which there were 11,433 deaths (2014). (Figures from Cancer Research UK).

Finally, I would like to say **Thank You** to all those who have donated or sponsored me and Dean.

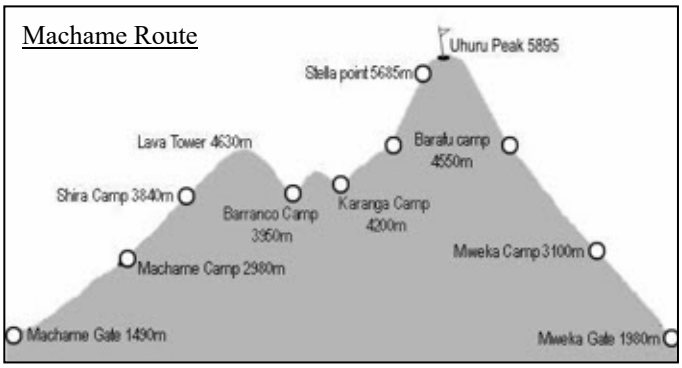
A special Thanks goes to The Heacham Newsletter for its continued support during the last few months.

You can still follow us on Facebook at *dean and trekking penguin or www.justgiving.com dean-and-trekking-penguin.*

On our return, we will have lots of tales and photos to publish.

Until then take care.

Trekking Penguin and Dean



Deadline for the next edition is 12 noon, Tuesday 14th February

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
E-MAIL: theheachamnewsletter@yahoo.co.uk **www.heachamnewsletter.org.uk**
ADVERTISING: Moira Barnes ☎ 01485 570401 Adverts cost £15, £30 or £60 per month
THE NEWSLETTER VOLUNTEER TEAM: Moira Barnes - George Bradley - Jackie Davis
Roger Drinkwater - Brian Faulkner - Paris Larham - Kerry Long - Mary Sheldrick - Robby Topliss
THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council

letters...

✉ **Mill View, Sedgeford**

Dear Newsletter

Village Christmas Carol Service

By the time this Newsletter is published, Christmas will be a distant memory. However, I am writing this letter the day after the lovely village Carol Service that was held at St Mary's. Thank you Veronica and the team at the church for making it a memorable service.

In particular, I feel a mention should be made of Jodie Sandle who played a wonderful piece of music on the piano. She played it beautifully and I think the whole congregation were quite mesmerized by her playing.

Well done Jodie and thank you.

Jackie Davis

****

✉ **Station Road**

Dear Newsletter

Fridhem Rest Home
Scarecrow Festival – 30 July 2017
Advance Notice

Hello! Christian and Sam here, activity co-ordinators from Fridhem Rest Home in Heacham.

Every year, we hold fundraising events to raise money to take our residents on exciting trips and to pay for entertainment to come into the home for them. Our fundraisers are always successful and have proven to be a great way for local businesses to promote themselves in the community too! It also makes for a fun team building project!

Each year we hold a Scarecrow Hunt and we ask local businesses to donate Scarecrows to the event in return for promotion of said businesses. This year, our event will be held on Sunday 6th August from 12pm and we have a theme of 'Superheroes'!

If you would like to take part in this event, could you please contact us, either via telephone or e-mail, details of which you will find at foot of this letter, and ask to speak to either Christian or Sam. If you could let us know if you'd like to take part by the beginning of March, we will be in touch later in that month to sort out which 'Superhero' you will be making for us! We have set a deadline date for Scarecrows for Friday 21st July. If you have them finished before then that's great! You can either drop them off at the home or contact us and arrange for us to pick them up.

We will also have availability for people to have a stall at the event at a price of £10 per pitch. We have a limited number of tables on a first come first serve basis. Whoever kindly donates a scarecrow to the event, will be more than welcome to have a stall at the event too, but for a discounted price of £5.

We hope to hear from you!

Christian & Sam
Fridhem Rest Home
Tel: 01485 571455
Email: frhactivities@outlook.com

****

✉ **Heacham**

Dear Newsletter

'Tilly'

Many thanks to everyone who helped in the search for Tilly, who went missing Christmas Eve.

Posters were put up around the village and leaflets put through doors, doors were knocked on and occupants shown a photograph of Tilly. Neighbours even put out a message on the village facebook page. Tilly arrived home New Year's Eve very hungry but otherwise unhurt.

I can't thank you all enough for your support during that difficult week and the comments I received on her return. It did turn out to be a Happy New Year.

Best wishes to you all for 2017.

Anne Fletcher

****

✉ **Cheney Hill**

Dear Newsletter

West Norfolk Christmas Bingo

Can I, through your Newsletter say a big Thank You to all the local businesses who donated prizes for the raffle at the West Norfolk Christmas Bingo.

These included, Tesco, Bliss Hair and Beauty, McColl's, Boots Chemist and Chatterbox.

A bingo session will be held monthly in the function room at the West Norfolk on Monday evenings.

Please see diary pages for dates.

Marie Rawnsley

****

GET READY HEACHAM!

CARNIVAL 2017

Sunday 6th August

Theme – POCAHONTAS

(commemorating her death 400 years ago)

WATCH THIS SPACE!

Computer help in plain English

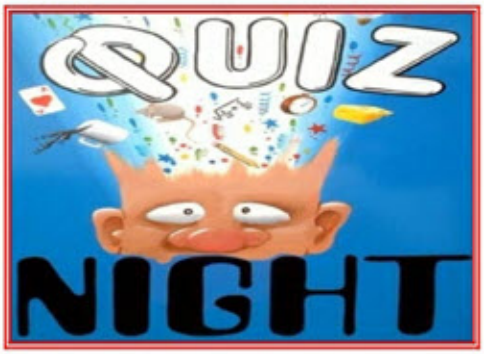
Repairs, upgrades, virus removal and prevention, installations, help and training for home and business computer users.

Tablets and smartphones too!

Friendly, helpful service. 30 years' experience. Reasonable rates and absolutely no jargon.

Telephone Keith at oapc on (01485) 570479
mobile 07977 560955 or email support@oapc.biz

Heacham & Criteuil-la-Magdeleine
Twinning Association



SATURDAY 18th FEBRUARY 2017

7.00 p.m. for 7.30 p.m. start

THE OLD FRIENDS' HALL
Sunnyside off Caley Street, Heacham

Tickets £2.50 per person

For details and tickets please telephone

01485 579465

or email: Heacham.twinning@anmerclub.co.uk

Individuals welcome to make up teams of 4

Bring your own drinks and glasses *Raffle*

TIDE TABLES FOR FEBRUARY & MARCH 2017

HIGH WATER AT HUNSTANTON
Heights above chart datum
Time Zone UT (GMT) BST begins 26th March add 1hr.

February 2017					March 2017				
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 W	08 55	6.9	21 01	7.3	1 W	08 01	7.3	20 08	7.8
2 TH	09 34	6.7	21 42	7.2	2 TH	08 36	7.3	20 47	7.6
3 F	10 18	6.4	22 30	6.8	3 F	09 13	7.0	21 28	7.4
4 SA	11 12	6.1	23 31	6.3	4 SA	09 56	6.7	22 15	6.9
5 SU			12 23	5.8	5 SU	10 46	6.2	23 14	6.3
6 M	00 48	6.1	13 46	5.8	6 M	11 53	5.7		
7 TU	02 18	6.1	15 04	6.1	7 TU	00 35	5.8	13 21	5.6
8 W	03 38	6.3	16 10	6.4	8 W	02 14	5.7	14 46	5.8
9 TH	04 46	6.7	17 06	6.9	9 TH	03 37	6.1	15 54	6.3
10 F	05 42	7.0	17 55	7.3	10 F	04 43	6.6	16 50	6.8
11 SA○	06 30	7.2	18 38	7.5	11 SA	05 34	6.9	17 36	7.2
12 SU	07 15	7.3	19 20	7.6	12 SU○	06 17	7.0	18 19	7.4
13 M	07 52	7.3	19 57	7.5	13 M	06 54	7.2	18 58	7.4
14 TU	08 27	7.0	20 32	7.4	14 TU	07 29	7.2	19 35	7.4
15 W	08 58	6.8	21 03	7.2	15 W	07 59	7.0	20 07	7.3
16 TH	09 28	6.6	21 34	6.7	16 TH	08 25	6.9	20 36	7.0
17 F	09 58	6.2	22 09	6.2	17 F	08 50	6.7	21 04	6.7
18 SA	10 35	5.8	22 53	5.7	18 SA	09 18	6.4	21 35	6.3
19 SU	11 28	5.5	23 58	5.4	19 SU	09 51	6.1	22 12	5.8
20 M			12 46	5.2	20 M	10 33	5.6	23 03	5.4
21 TU	01 28	5.1	14 08	5.4	21 TU	11 38	5.2		
22 W	02 50	5.4	15 15	5.7	22 W	00 32	5.0	13 15	5.1
23 TH	03 52	5.7	16 09	6.1	23 TH	02 12	5.1	14 34	5.5
24 F	04 42	6.2	16 54	6.6	24 F	03 21	5.6	15 33	6.0
25 SA	05 26	6.6	17 36	6.9	25 SA	04 15	6.1	16 22	6.4
26 SU●	06 07	6.8	18 16	7.2	26 SU	05 00	6.6	17 07	6.9
27 M	06 47	7.0	18 55	7.5	27 M	05 42	6.9	17 49	7.3
28 TU	07 25	7.3	19 33	7.6	28 TU●	06 22	7.3	18 29	7.6
					29 W	07 01	7.4	19 11	7.9
					30 TH	07 39	7.5	19 51	7.9
					31 F	08 15	7.5	20 32	7.8

© Crown Copyright. Reproduced by permission of the Controller of Her Majesty's Stationery Office and the UK Hydrographic Office (www.ukho.gov.uk).

SUTTONS
estate agents
www.suttonsestateagency.co.uk
01485 570030

29 High Street Heacham Norfolk

PE31 7EP

Property sales details with professionally drawn floor plans, maps and colour photographs.

Property details are also available at Torc Financial Services, The Business Centre, Snettisham

For a professional and friendly service contact us on:- 01485 570030

Station Road Garage

33 Station Road, Heacham
Norfolk PE31 7EX
☎: 01485 570259

- ✓ Mechanical Repairs
- ✓ Servicing
- ✓ Welding
- ✓ Tyres and Exhausts
- ✓ Clutches
- ✓ Diagnostics
- ✓ Collection & Delivery
- ✓ Accessory Shop
- ✓ Car Sales
- ✓ Air Con Repair & Service
- ✓ State of the Art MOT bay
- ✓ MOT Repairs

Friendly, family run garage.
All Makes and Models Accepted

Vehicle Testing Station

www.stationroadgarageheacham.co.uk

News & Events in the Community...

COFFEE MORNING & MORE

There have now been two monthly Wednesday coffee mornings: December and January and, by the time many of you are reading this, our third event will be coming up on Wednesday 8th February when "red" will be a theme - it's nearly St Valentine's Day!

Many people have asked us "what is this coffee morning for?". Well, our main aim is simply to provide an opportunity once a month for people of all ages to pop along and have a drink and a nibble (nice coffee and home-made treats) but most importantly, to meet others, chat and enjoy themselves.

Following initial feedback, we added a photo quiz on village signs to the mix in January and, as the quiz seemed popular, we may make this a regular feature – there will certainly be something to test out the little grey cells again this month! But we are open to ideas – after all it's your coffee morning.

£1 covers your refreshments. There is also a raffle (50p for a strip of 5 tickets) and a book stall. Proceeds are to cover running costs and any profit will go towards funds for equipping the new Community Building, particularly the library, and you never know, even a new Hall!

And who are we? Currently, seven local volunteers, happy to see if this works for the Community and we must say a thank you to Tesco Express Heacham for supporting us. So please come and join in the fun.

Don't forget we meet every month, second Wednesday, 10am to 12noon at the Old Friends' Hall, Sunnyside, off Caley Street!

See you soon.

Bushel & Strike

24 Malthouse Crescent, Heacham, PE31 7DL
*** Phone: 01485 579033 ***
www.bushelandstrikeheacham.co.uk
Eat, drink, relax – and occasionally party! Dogs welcome – but please keep your owners under control.

New Winter Opening Hours

Monday to Thursday	3pm – 11pm
Friday and Saturday	12pm – 11pm
Sunday	12pm – 10:30pm

Lunches served 12 – 2pm Friday and Saturday

Sunday Lunches 1 – 3pm (Norfolk time!) – please book if you can

*As we are not doing food in the evenings, please feel free to **order in a takeaway**.*

***Wednesday February 8th** – Camera Corner: share knowledge, pick up tips. Novices and experts welcome*

***Saturday March 4th** – to be confirmed*
Cockney Night – specially imported Pie 'n Mash (be sure to book) and raucous cockney sing-along

QUALIFIED ELECTRICIAN
Available for Extra Sockets,
Lighting & BT Points
No Job too small
Free Estimates
No call out charges
Tel:01485 572726 or 07813 173 446

Stephen Gibson
Heating And Plumbing
Gas Safe Register

Domestic and Commercial Heating Engineer

Natural Gas and LPG
Boiler service, repair and installation
Landlords Gas Safety Certificates
All aspects of plumbing work undertaken
Bathroom design and installation
For professional advice and a competitive quotation

Telephone 07786365139
Email stephen@gibsonheatingandplumbing.co.uk
Covering Hunstanton, Heacham, Snettisham and all surrounding areas

2nd HEACHAM RAINBOWS

We are a girl guiding group for girls aged 5-7.

We are called Rainbows and meet on Mondays - 5pm-6pm at Heacham Scout and Guide Hut, Sunnyside, off Caley Street, Heacham.

If your daughter is interested in meeting new friends, playing games and crafts, come along.

Its £2 a session, first session is free. Payable termly.

Why not get in contact via www.girlguiding.org.uk ; click on 'information for parents', then click on 'register your daughter', then sign up now. Fill in details, your daughter's details and continue to follow the on-screen instructions.

Then I will get back to you!

Kathryn Couzens
Unit Leader
Tel: 01485 572138

HEACHAM TABLE TENNIS CLUB TASTER SESSION

On Monday 12th December 2016 in Heacham Public Hall, a free Table Tennis Taster session was organised by the Heacham Table Tennis Club from 6pm to 7pm before the league matches started at 7.15pm.

This was supposed to be just a one off to see if there would be any takers. It was so successful and enjoyed by everyone there that another session took place on 16th January and a further one is planned for Monday 13th February 2017. Young and not so young attended the sessions held so far; some had never played before, some only when on holiday and some who had played but had stopped playing. League players were on hand to help out but it was really just a light hearted enjoyable evening to encourage people to take up the sport.

Confirmation of the next taster sessions will be in 'your local paper' nearer the date and also on the following website.

Full report, details and photos can be found on the website www.malc-on-line.co.uk/tabletennis/index.htm

Heacham Judo Club

Heacham Judo Club would like to say a very big thank you to everyone involved in the Heacham Youth and Community Trust and to David Page and Peter Sutton for coming to the club to see what we do.

On the 8th December, we received a total of 46 new mats that were kindly donated by the Trust. This will now enable the club to develop and give us a positive outlook into the future.

Shirley Tucker

Scallywags Parent, Baby & Toddler Group

Ooh Christmas seems a while ago now doesn't it?! But Christmas spirit isn't confined to December in Heacham; a big thank you to all the following for thinking of and helping Scallywags recently: Kathryn Williams for dolly clothes to keep them warm in this nippy weather, Alex Thorpe for jigsaws and good old stickle bricks (I love a stickle brick), Rachel Richardson and family for a wonderful selection of books and toys, and Jackie Davis and Glenda Burnham who have both topped up our craft drawers! Thanks for thinking of us folks, it is much appreciated and a happy new year to all Heacham Newsletter readers from Scallywags!

Scallywags Parent, Baby & Toddler Group meet every term time Wednesdays at the Scout Hut in Sunnyside from 9.30-11.00 for making, playing, snacking and singing (swinging & sliding are currently out in this weather!). Do pop along with your little ones when you can, we look forward to seeing you!

We ask £2 per family to cover rent, resources and refreshment. For further info please contact Jo on 07521 447284.

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham IRONCRAFT

HIGH QUALITY ORNAMENTAL IRONWORK AND STEEL FABRICATION

Unit 4, Cheney Crescent, Heacham
Tel: 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS

Goldilocks
Your friendly and Professional Salon

Stylists specialising in all aspects of hairdressing
Corrective & Creative Colour Work
Fashion Cuts, Bridal Hair,
Perming, Up-do's
Individual Consultation & Advice
Gift Vouchers

State Registered Hairdressers
Level 3 Stylists and Assessors

20 Austin Street
Hunstanton
01485 532001
www.goldi-locks.co.uk

CHURCHES TOGETHER IN HEACHAM

Sat on a cold damp afternoon in a friend's summer house, embracing the ambiance created by colourful lights and hangings with words of Hope, Peace and Truth. We reflected how just a few weeks ago Christmas lights brightened up our streets and brushed aside our winter gloom. How quickly our focus turns from Jesus the light of the world to New Year's resolutions (is yours still going strong?) to Valentines cards and Easter eggs in the shops, also the joy of seeing bulbs that have laid dormant begin to spring up through the ground. Nothing stands still for long; we are soon encouraged to move on to the next cycle of events, sometimes without fully getting a chance to embrace life's lessons on the way.

I had some interesting conversations about our Hunstanton Salvation Army Christmas window display. Having taken the inspiration from a Christmas card, we created a tree made out of words which represented Jesus, such as Messiah, Saviour, Lord… A part of the display was a crib with a gold cloth across it representing the kingship of Jesus. Every day a number of people would come in and ask where was baby Jesus, I would explain that he grew up and became all these things for us. They would look disappointed. I gave in and put a doll in the crib when a customer brought one in for us.

A few weeks into 2017 I want to ask the question, "have we left Jesus in the crib and moved on to the next experience in the cycle of life? Or is the risen Christ with you? Do you believe he grew up to be the 'light of the world', the One in whom we put our hope and trust for whatever the future has in store for us"? Do not be rushed through the cycle of events but take time to share and talk through our experiences otherwise we may miss the point.

Diane Dickson
Salvation Army

ST MARY'S CHURCH, HEACHAM
Sunday Services in February 2017

10.00am	*5th*	*Holy Communion*
4.00pm	5th	Service at Pine Mall
8.00am	12th	BCP Holy Communion
10.00am	12th	Morning Prayer
10.00am	19th	Holy Communion
8.00am	26th	BCP Holy Communion
10.00am	26th	Morning Prayer

Wed 1st March 7.00pm Ash Wednesday Holy Communion

DATES FOR YOUR DIARIES - 9/10/11 JUNE

Heacham Parish Church will be staging a Flower Festival this year, the theme of which will be "Celebration of Marriage", and will require lots of input from Heacham residents...that's YOU. We would like contact from anyone who was married or who has relatives that were married in the Parish Church.

Would you be willing to share your memories of the day - perhaps you have photographs or other memorabilia that could be put on display? We are hoping that there are some secret hoarders out there who may still have their Wedding Gowns, Bridesmaid Dresses etc. that they would be happy to loan for the festival.

Also, we would very much like to hear from anyone interested in helping us to stage the flower arrangements themselves.

There will be more updates of our progress over the next few months but, in the meantime, if anyone has anything they would like to share, please contact Sue Bird (01485 570150) or Valerie Close (01485 571514).

CHURCH CONTACTS: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
St Mary's Church Office	Penny Taylor	572539

email: heacham.church@googlemail.com

ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-5pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays. We have an interesting selection of Christian books and a wide range of greetings cards. There are Valentine cards as well as Easter cards on sale now. There is also a large collection of second-hand Christian books.

HEACHAM METHODIST CHURCH
February 2017

Sunday Services: 10.30am Morning Worship

5th Feb. Tom Smith
12th Feb. Revd Steve Oliver – Holy Communion
19th Feb. Peter Worrell
26th Feb. Church Fellowship Service
26th Feb Revd Steve Oliver 4.00pm

Afternoon Meditation Service

The February Afternoon service for meditation and prayer will be on the 26th at 4.00pm. Give this different style of service a chance – all are welcome.

Radio Heacham Gospel Hour

From 9.00pm-10.00pm every Sunday night, Radio Heacham presents an hour of quiet reflection and inspirational music. Hear the good news of Jesus with your DJ Methodist Minister Steve Oliver – why not join him?

Midweek Communion

The February Midweek Communion will be on Wednesday 8th at 10.30am, conducted by our Minister Rev. Steve Oliver. All who love the Lord are welcome to attend and join us.

Bible Study

We continue our study journey through Luke's gospel on Thursday 23rd February at 10.30am led by Minister Steve Oliver. Why not take an hour out of your month to join us?

Hands and Needles

Are you interested in sewing, knitting, embroidery – anything in fact that involves needles. Then you may not know that a club for you is held every other Tuesday at Heacham Methodist Church Hall. It meets in the evening at 7.30pm. They have space for new members. February meetings will be on the 7th and 21st. Interested? Then just turn up.

Open Door

A reminder that the church is open for prayer or for a chat with Minister Steve Oliver or a steward every Tuesday morning from 10.00am to midday.

Midweek Activities

Tuesday - Open door weekly 10.00-12noon
7.30 Hands and Needles 7th and 21st
Wednesday - 10.30am Midweek Communion - 8th
Thursday - Bible Study 10.30am – 23rd
Friday - Indoor Bowls (weekly)

RADIO HEACHAM GOSPEL HOUR

The Gospel Hour will now be broadcast regularly from 9pm – 10pm. The station can be picked up on the internet via www.radioheacham.org

The Gospel Hour is a mixture of traditional and modern Christian songs and hymns, prayer, readings and thoughts, but it is your station and I would welcome requests and reasons for that request. Please make your request on either the website or email me on revoliver@radioheacham.org

If you know of anyone who would value a time of quiet reflection and inspirational music please give them the details. The Gospel Hour is another opportunity for the community we live in to hear the Good News of Jesus. I look forward to joining with you.

Steve Oliver (Rev), Heacham Methodist Church

Sally Groom

On behalf of myself – Andy, and my brothers, we would like to thank everyone who came to St Mary's Church on Wednesday / or due to work or other engagements, passed on their condolences.

Over 200 people came to pay their respects to our mum, nan and friend, and that to us, says it all about our mum – Sally Groom. She will always have a place in our hearts, for the caring, friendly, lovely lady who we came to know.

We were all proud to call her Mum, Nan and Friend and we would like to take this opportunity to thank you all for coming and giving your time to give our mum the send-off we could ever wish for.

We thank you all from our hearts.

Paul, Gary & Andrew
And their families near and far

Hunstanton Catholic Parish

Our social calendar is yet to be prepared but the first occasion is usually the Pancake supper on the evening of Shrove Tuesday at St Cecilia's, Dersingham. All are welcome as usual.

This year's Women's World Day of Prayer will be held at our Parish church, OLSE, Sandringham Road, Hunstanton, on Friday 3rd March beginning at 2.30pm. This year is the turn of the women of the Philippines who have prepared the service. There will be refreshments after the service and all women are invited to this ecumenical occasion.

Foodbank supplies are still required. Items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support of the scheme.

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information contact Caroline Brooks on 01553 673069.

All social events will be well publicised on the website and in the weekly bulletins.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome.

Daily Masses will be 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. Sunday Masses are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at Parish Church, Sandringham Road, Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently, please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com
Website: www.hunstantoncatholicparish.org
Email: parish@ hunstantoncatholicparish.org

Borough Council News

The New Year has begun. Issues about the new roundabout remain; school crossing patrols, as predicted last month, have come under threat; the Lidl situation has changed; the Cheney Hill development nonsense moves closer, and some other issues have been pursued over the break.

Before Christmas I chased up concerns about the new roundabout. Highways have not moved on the access and I am hoping to meet with them and County Councillor Chenery to discuss this and other highway issues. Hopkins Homes have not acknowledged a request to talk with them and, at the time of writing, I am still awaiting a report from Borough Council enforcement officers.

A good local campaign, led by parents and schools, is underway to tackle the proposition from the County that school crossing patrols might be axed. Michael Chenery has kept me in the picture.

The Lidl store has been approved, pleasing many residents. Objections to it did resolve drainage problems, promoted some improvements to the original design, and significantly improved landscaping. However, issues with access only got touched on and time will tell if problems arise or not. County Highways stated clearly, in a public meeting, that they would not monitor the situation. As they do not run an independent analysis of traffic issues during an application either, the question is, 'What do they do?'

The Cheney Hill development: This will have 69 houses built there some time in the near future. However, the owner of the land (not local) has applied for permission to double this. See the Parish Council page for more information.

Various 'minor' developments and activities around the village have caused some complaints and I have had enforcement officers visit each one; to what effect remains to be seen.

The future of the Heacham Ex-Servicemen's Bowls Club is also being discussed with the Borough Council.

Councillor Terry Parish

****

NORFOLK COUNTY COUNCIL
Norfolk Community Learning Services

Norfolk Community Learning Services (formerly known as Norfolk Adult Education) offers a range of Courses taught by experienced tutors throughout the county. We would like to highlight our ICT courses for anyone keen to become more ICT literate. For beginners, we are providing a 5 week course called Internet Made Simple. Learners can access FREE tasters for this course before starting to get an idea of what the course covers. For those wishing to gain a basic ICT qualification we are running a Computing for Beginners course which provides a broad introduction to basic computing.

· Learners can start with a free taster – or can enrol at any of the follow up courses to suit their needs.
· Courses run throughout Norfolk in the Spring and Summer terms.
· To find out more, please ring 0344 800 8020 for further information or look at www.norfolk.gov.uk/adultlearning

We are keen to run courses that are relevant to the needs of local communities and businesses so please feel free to contact us as we can offer tailor made courses when a need has been identified. We also run FREE Maths & English courses for people without these qualifications.

Heacham Youth & Community Trust

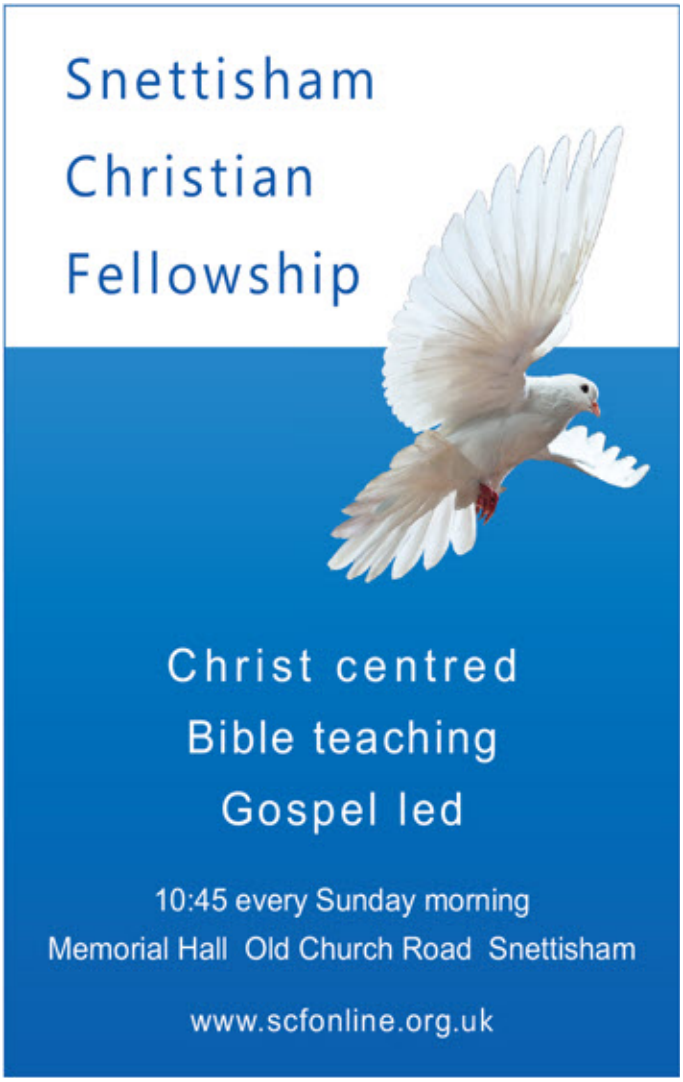
On 12th January 2017 the trustees hosted a post-Christmas dinner for the Charity Shop volunteers. It was an ideal time for the volunteers to get together and for the trustees to express their thanks for the dedication and hard work.

During the evening it was announced that since the trust purchased the Charity Shop, which opened in June 2015, over £42,000 has been raised through sales at the shop, rent of the attached house and leasing of the minibus which was purchased by the trust in October 2016. Out of the funds raised a number of donations have been made to local groups, including: The Judo Club, Wildfowlers, Heacham Fire Station, Pocahontas Players; staging and lighting, Heacham Minors F.C., Heacham Seniors F.C., Table Tennis Club, Bowls Club and Norseman Boxing Club. In addition, in 2016 the trust also made a donation to the fund set up to support Tanner Swann and during the evening Margaret Swann (one of our loyal volunteers), gave a vote of thanks for the support of her grandson.

The trustees would like to thank the volunteers and shop customers for their support since the start of this venture and for your continued support throughout the coming year.

If you would like to volunteer to work in the shop or would like more information about the trust, please contact Peter Sutton on 01485 570030.

Heacham Youth & Community Trust



Age UK Norfolk

Do something amazing this year and support an older person in Norfolk.

Every year, thousands of older people look to local charity Age UK Norfolk for support. Whether it's a bit of advice in a time of need, help filling out complicated forms or just a friendly chat when they're feeling lonely, we are here to help.

But we can't do it alone. Without the help of our dedicated team of volunteers who give up their own time, we couldn't deliver all the services that we do. This year, following on from campaigns such as Good Morning Britain's 1 Million Minutes, we're asking if you could pledge some time to help make a change in someone's life.

No experience is necessary, and whatever your talents and interests, there is bound to be a voluntary opportunity where you can share your knowledge, make new friends and make a real difference.

All volunteers are offered full training and will get ongoing support and advice from the volunteer management team.

To find out more call 01603 785241 or visit www.ageuknorfolk.org.uk

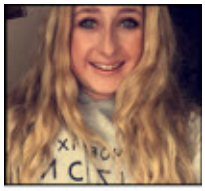
ANAGRAMS

A few anagrams of Countries, to get the little grey cells stirring.

1) Pure
2) A Snip
3) Do Plan
4) Is At One
5) Nice Lad
6) On Maria
7) Big Laura
8) Do a Cure
9) Alas I May
10) Ale Rubs
11) Slant Her End

Answers on page 37

J.C.Hammond
Carpenter/Joiner
From Flooring to Roofing
and Everything In Between!
Local, Reliable Service - Competitive Rates
Snettisham (01485) 541220
07944 281960
www.snettishamcarpentry.co.uk
No job too big or too small - All work Guaranteed and Insured



Paris Larham

Fire Station Christmas Tree Open Day

On 11th December 2016, the Fire Station held a Christmas Tree open day from 3-6pm.

There were lots of Christmas trees in the station, kindly lent out to the station by the Parish Council and lots of volunteers decorating the trees, making posters and banners, and laying sweets out for the children.

The trees were all decorated from head to foot with tinsel, baubles and stars; they were all very colourful and pretty.

There were sweets hidden underneath the trees next to the walkway, a book to leave a comment, free holly outside, a Father Christmas display in a hut and lots of Christmas decorations and props.

The Father Christmas in a hut involved Father Christmas sitting inside with a box of 'Heroes' for the children to take sweets from, a sack of parcels, a fireplace and the fluffy fire station dog toy inside. The hut was decorated round the edges and at the top had coloured tinsel and the roof had a layer of snow hanging over the edges. Other decorations round the station included Christmas figurines and light-up buildings with moving trains and people. There was also cake, tea and coffee and a lucky dip.

Joseph Rumens was playing the music throughout the event, which was very festive and enjoyed by all.

And a big well done to Chris Woods who organised the day well and made sure everything ran smoothly.

There was one thing that stood out from a mile away and made the whole day significant, and that was the sign in the station. The words were, "Thank you Tracey, we will never forget you" with bright lights surrounding it and tinsel.

This was a beautiful dedication to Tracey and it was lovely to be able to attend an event which would have been really important to her and close to her heart.

The crew are very thankful to all who attended and contributed towards this event taking place again this year.

THN

1st Heacham Cubs

Our first night back after half term was on 3rd November and as usual we renewed our Law and Promise and Kaa planned a games night which included Kaa's version of dodgeball, Kim's game, wink murder and flash light limbo. He was helped by our young leaders Rikki and Hathi.

The following week was 10th November and the Cubs made Poppies in remembrance of the fallen soldiers and talked about Remembrance Sunday and the parade they were going to join in with and the laying of the wreath. Cubs also made loom band woggles as part of their 100 Challenges.

On Sunday 13th November, nine Cubs were able to join Ziggy, Kaa and Hathi for the parade from the hut to the church. Nathan carried our flag to the church and during the two-minute silence Hathi lowered the flag, James laid the Heacham Scout Group wreath and Dominic carried our flag back to the hut at the end of the service outside the war memorial.

The 17th November was a very cold and windy night. We went on a hike from Hunstanton to Heacham along the prom. There was a high tide so we got a bit splashed at times as the tide came over the wall. We left Hunstanton at 7pm and arrived back at the hut by 8.15pm for hot chocolate and biscuits. Thanks to Barry who came along to help Kaa, Rikki, Hathi and myself with this night hike.

On 24th November, we went to Heacham Fire Station for a talk on fire safety and a look at the fire engine and equipment. Chris and Leesa gave an in-depth talk about fire safety in the home and other places, Barry made the tea (Very important Job - Akela needs a good cuppa). The Cubs volunteered Akela to dress up in the fire fighter's protective kit. I got to wear Leesa's (not as

smelly as the boys, her words not mine!) and Ethan got to jump up and down on my feet as I was wearing steel toe capped boots.

They had a look round the fire engine and a talk on the equipment that they used and where they would use it. To end the evening, they all had a go at squirting the hose. I also had a go and got to wear Barry's gloves; well I didn't want to get cold hands did I? Barry said about aiming the hose high which was great and the Cubs cheered. What I did not realise was I had just about drowned Chris the person who had very kindly allowed us to visit them and got water all down Ziggy's back....Sorry!.

At the end of the evening we gave Chris a box of biscuits to SHARE with all the fire-fighters at Heacham Station.

It was a busy evening as we then had to dash back to the hut so we could invest Alexis, Ethan and Leo into Heacham Cubs.

Allen Tomas &co
FINANCIAL MANAGEMENT

We are a firm of Independent Financial Advisers based at St Nicholas Court in Dersingham with ample car parking for clients

We specialise in:

Savings & Investments
Trustee & Attorney Investments
Estate Planning
Long Term Care
Retirement Planning
Corporate Pensions (Incorporating Auto Enrolment)
Employee Benefit Solutions
Financial Protection (Individual & Business)

T 01485 541998
E info@allentomasfinancial.co.uk
W www.allentomasfinancial.co.uk

CHRISTYANA
FABRICS & BLINDS

- Free Quotation and Fitting Service
- Making Up Service Available
- Contract Work Undertaken

Open 10am - 4pm Tuesday - Friday
10am - 2pm - Saturday.

Paula Bloom
18, Lynn Road, Dersingham, Kings Lynn PE31 6JZ
Tel: 01485 541111 / 07917 695069

On Saturday 26th November six Cubs joined 60 other Cubs from North West Norfolk to participate in World Faith Day. There were some stories and we visited St Faiths Church and a lady came in to talk about her Muslim faith and what it meant to her. The Cubs received a World Faith Badge and it was also part of their World Challenge Badge.

December 1st, Kaa came and the Cubs played a game of crazy golf using paper aeroplanes that they had made, which may sound a bit odd but they really enjoyed it especially when one hit me!

While they were throwing their aeroplanes around the hut through different obstacles, Ziggy and myself finished off sewing the 100 Challenge badges onto the jumpers of the Cubs who have earned the 100 points through the year. So well done to Alfie, Charlie, Dominic, Isaac, James, Nathan and Zack for all your hard work through the year to achieve this very special badge.

We also started off the making of salt crystals and saw how hot air rises with a hair dryer and plastic bag. The hot air thing really worked well in my kitchen but was a bit of a disaster on the night in the hut.

We gave out loads of badges that night as well; everyone who came to the fire station got their Fire Safety badge and from the night hike Alfie, Charlie, James, Kian and Nathan got their Hikes Away 1, Alexis, Ethan, Leo and Matthew got Hikes Away 2 then Alfie, Charlie, Dominic, James, Nathan and Zack received their Adventure Challenge badges.

Our last night was 8th December, which saw Rikki and Hathi doing a cooking evening with the Cubs making Christmas biscuits and decorating cakes. We ended the evening with the following Cubs receiving certificates for 100% attendance at Cubs for the 13 weeks from September to December so well done to Alfie, Charlie, Dominic, James, Matthew, Nathan and Zack.

Yellow won the sweets for this term and the Cubs were presented with a selection box and Christmas card before they left.

Our Cub of the Term was going to be Kyan but he left half way through the term to join Dersingham Scouts. Although we wish him all the best in his Scouting journey, we were unable to say goodbye properly and give him his moving on present and certificate.

On a very misty evening a small group of Heacham Cubs joined 100 other Cubs from North West Norfolk at Castle Rising to celebrate 100 years of Cubs. We were treated to a selection of songs from West Norfolk Rock Choir, a short address from Reverend Catherine Dixon, the District Chaplin, and then at 19.16 (7.16pm) we all joined in with the renewal of the Cub Scout Promise, which coincided with other Cubs from all over the country doing exactly the same at their own special events. Cub Scouts was founded by Lord Baden Powell on 16th December 1916. It was quite magical with the mist and the castle lit up in the background. The Cubs may not have quite got what was going on but hopefully in years to come they will be able to say when Cubs reached its 100th birthday "I WAS THERE". We ended the night singing some carols.

Happy Scouting to all our Cubs.

Akela (Sam), Ziggy (Julie) & Kaa (Rob)

Young Leaders Hathi (Jemma) & Rikki (Tommy)

MOJO UPHOLSTERY
32. STATION ROAD, HEACHAM
07591 194411

CARAVANS
PUBS / CLUBS
DINING CHAIRS
HEADBOARDS / BEDS
RE-UPHOLSTERY
ONE - OFF DESIGNS
CARPET FITTING SERVICE
ALSO AVAILABLE

CARAVANS - NEW COVERS /
NEW FOAMS TO COMPLETE
RE - FURBS AVAILABLE
FOAM CUSHIONS CUT TO ORDER
FREE QUOTES
ALL FABRICS £10.00 PER METRE
28 YEARS EXPRIENCE

Visiting India with the Leprosy Mission

I have been a Volunteer Speaker with TLM for several years. Two years ago I went on a trip to Nepal; in 2016 I was invited to join a group going to India. I knew it would be very challenging and hot, but accepted anyway!

It certainly was an amazing experience. We flew overnight to Mumbai and then caught a connecting flight to Kolkata. On the way our group leader learned that our hotel could no longer accommodate us, but the Peterborough office managed to find a replacement. The only problem was our minibus driver didn't know where it was, so drove us round for nearly 2 hours until he found it. The next morning he was supposed to pick us up at 5am to get to the train station by 6am for a calm and organised loading of us and cases. By 5.45am the minibus still had not come. We left at 5.55am and had a hair-raising journey through red lights and in bus lanes, narrowly avoiding various goats, dogs, pedestrians and 3 horses trotting across a roundabout. We squeezed under the bridge (the car entrance to the car park) clearing it by millimetres. We hauled our luggage up a big flight of steps and along to the furthest platform... only to see the train start to move. The TLM manager from the Premananda hospital jumped in the door of the guard's van – and made him stop the train – and we scrambled aboard.

After a fascinating 5-hour ride through the Indian countryside, we arrived at Purulia and had a minibus ride to the hospital. This was the first hospital built by the then 'Mission to Lepers' in 1888 for £100. Eddie Askew, the well-known writer and former Director of TLM, was Superintendent there for 13 years. In fact, some of us stayed in his house with the current superintendent, Dr Darlong and his wife.

During our time there we visited all departments of the hospital, toured the wards, met and spoke with patients, watched admission and assessment procedures and had a very entertaining social evening with the staff. We were also able to watch operations involving cataract replacement, finger straightening and foot-lift surgery. This amazing treatment enables patients to regain the use of their feet and hands and return to work. Some cases we saw though were very distressing and put into perspective for us some of the huge problems India faces as it strives to become a greater world power.

The project and appeal for World Leprosy Day 2017 is to be the rebuilding of part of the hospital. The out-patients department is now woefully inadequate; all sections need more space, privacy and updated facilities, and patients need much more waiting-room space so they don't have to wait outside in either hot sun or heavy rain and easier access to food and water. There are plans for a new building to encompass all this, and the present building will be converted to enable better storage and record-keeping and expanded physiotherapy and prosthetic limb departments.

Another day we visited the Mercy Home on-site where 6 ladies live and the leprosarium on the other side of Purulia town. Several of the residents had had cataract surgery earlier that week. They were pleased to see us and welcomed us with songs.

The next day we moved on to the Bankura Vocational Training Centre. This involved a 2-hour minibus drive along a 'main' road. Driving in India is very interesting, and, despite the chaotic appearance of traffic, we saw no accidents. I think I worked out the rules; you respect anything smaller and hoot to tell it to move out of the way as you overtake and you move out of the way for anything bigger when it hoots at you. Much of the road was being widened, so traffic had to squeeze into one lane rather than two, but the best bit was when we came to a section that was being built. There was a crane, a lorry carrying steel girders, a cement mixer and a man in a yellow hat with a yellow flag trying to control both directions of traffic. He told our driver to pull in behind the lorry, so we did and waited until the girders were unloaded. But as it backed up past us all the traffic from the other direction came steaming through and we were stuck. Our driver got out and chased him down the road, obviously complaining that as he had stopped as instructed, we should have been allowed through first.

We had the most lovely welcome at the training centre. All the students had lined up to greet us and present us with marigold garlands. They threw petals on to the path in front of us and everyone called out 'Hello! Welcome! Thank you!'
TLM runs 6 Vocational Training Centres in India. These are for 16-25 year-olds who are either leprosy affected or have parents who are. They learn motor mechanics, welding, dressmaking and IT, although everyone has to pass a basic IT course. All

courses last a year and cost £750, which covers tuition, accommodation and food. We looked round the departments and talked to students about their work. We then had a beautiful lunch of rice, dal, curries and veg, curd, cake and fruit, after which we visited the Snehalaya (house of love) which houses 34 elderly leprosy affected people, many badly deformed, but very chirpy and pleased to see us. They sang a couple of hymns to us and we sang back to them. We looked round their rooms and lovely garden and then went back to the VTC where the students had prepared a display of gymnastics, singing and dancing. The boys made towers of each other, clambering up and balancing. Health and safety was observed by putting a couple of pieces of old carpet on the ground. The girls sang and showed us traditional dances. By then it was dark, but it was still so hot my glasses were steamed up.

We spent the next morning driving round between 4 former students of the VTC who are either working successfully or have set up their own business. Two were dressmaker/ tailor, one taught welding and the fourth was a machine engineer in a garment factory in Kolkata. It was so encouraging to see a positive outcome for people who have gone through the trauma of having leprosy. It was also a tremendous privilege to visit them in their homes and we saw the Indian countryside and villages in a way that no ordinary tourist ever would. The rice harvest was well underway. It had been cut and was being threshed and the straw made into stacks. All the village animals were sitting in the shade, children were playing, women were fetching water and men were putting the world to rights. We looked at the neat and newly-spread mud floors outside and the floors inside swept with pampas grass bundles. There were very few possessions and equipment, but people were so pleased to welcome us in and gave us chai.

The remaining time was spent in Kolkata visiting Mother Teresa's house, the Victoria Memorial gardens and St Paul's cathedral before having a drive round as it was getting dark and all the Diwali light decorations were coming on. It was certainly something very memorable. We had one afternoon in Delhi where we were able to indulge in a bit of shopping and the rest of the group spent the last day in Agra at the Taj Mahal and Red Fort. Unfortunately, I was in bed with a stomach virus, but luckily several doses of Imodium enabled me to make the flight back the next day.

I do hope to be able to give presentations next year to a wide range of groups and organisations in return for a retiring collection towards the Purulia appeal. If you would like to contact me, please do so at v.welham@btopenworld.com or via the TLM website.

Veronica Welham

This is the view of the pharmacist at the Purulia hospital as patients try to almost climb in through the window in order to get their prescriptions.

Peddars Way Travel
Taxi Service

1st Class Service Comes as Standard

Ford Journey, Wheelchair Friendly Taxi
Seating for up to 4 Adults or 2 Adults and a Wheelchair.
Air conditioning.
Power points.

Air/Sea Ports.
Bus/Train Stations,
Holiday Destinations.
Excursions,
Sight Seeing.
Hospital Appointments.
No distance too short or too long.

Chip & Pin Welcome

For a **NO OBLIGATION** quote please get in touch

Tel: 01485 572234
Mob: 07540 236656
Email peddarswaytravel@btinternet.com

WGA
Ward Gethin Archer
SOLICITORS AND NOTARIES

Ward Gethin Archer offer a friendly and efficient service for all your legal requirements

Wills, Probate & Trusts
Personal Injury Claims
Property
Family
Company Commercial
Employment

Heacham: (01485) 571366
King's Lynn: (01553) 660033

Offices also in Dereham, Ely, Swaffham and Watton

www.wardgethinarcher.co.uk

Ruffle and the balloons

By Rachel Greaves

At the little station a crowd of people huddled round,
Ruffle pushed his way through to see what they had found.
A man in colourful clothes stood in the middle of the crowd,
As adults and children laughed and watched, shouting out loud.

In his hands he held bright bubbles that he blew to fill with air,
Being skilfully made into rabbits, cats and even a bear!
With each breath he gave, the balloons grew long and thin,
As legs and head and body came together in a spin.

But Ruffle didn't like the loud squeaks that were being made,
His ears went back, his head dropped down to show he was afraid.
Suddenly one balloon popped with a loud explosive bang,
That startled our poor Ruffle and quickly off he ran.

Ruffle found a place to hide in the carriage of the train,
The balloon man felt sorry for Ruffle and his friendship wanted to gain.
Once Ruffle was found the man showed him the model that he'd made,
Ruffle sat up and over he looked, his fear beginning to fade.

A dog made of orange balloons stood proudly in front of him.
With a stretchy orange balloon for the body and one for each limb.
'I'm sorry that you were frightened but look what I've made them into, A Ruffle dog of balloons which I think looks just like you!'

CHALK PIT - Millennium Wood improvement

It was a chilly, bright winter's morning and a group of Parish Councillors gathered at the Chalk Pit to improve the entrance and parking which is part of our ongoing improvement scheme for the area. Ably assisted by D.H.Digger Hire, we were able to complete this task in about five hours.

There is now a more accessible gate leading to a small parking area. We have done this with the hope that more people will take advantage of this area.

If one walks to the top of the site on a beautiful sunny morning, there is a lovely view of the village and out over The Wash.

I would like to take this opportunity to thank all councillors who gave their time and to Dave and Andy from D.H.Digger Hire who were brilliant.

John McIntyre
Chairman Natural Environment

Christina Thain
Licensed Conveyancer

Conveyancing, Wills and Probate are the areas in which I specialise, and I provide a fast, friendly and efficient service.

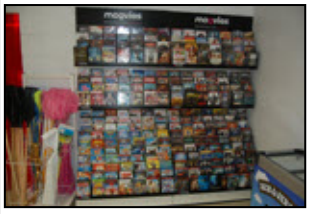
My fees are reasonable, and I do not charge VAT.

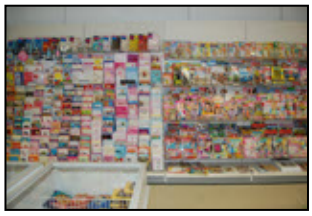
Telephone me on 01485 525799 or email me at christina-thain@btconnect.com for a quotation or to arrange an appointment at my office in Ringstead, or in your own home (at no extra charge)

Christina Thain – Licensed Conveyancer
56 Peddars Way North, Ringstead,
Norfolk PE36 5JP

JENNINGS STORES
SOUTH BEACH ROAD
TEL: 01485 571265
WELCOME TO OUR NEW STORE
Open 7 Days a Week 6.30am - 10pm

Mobile Top-Up, Gas, Electricity & Water Payments.
Utility Payment Schemes.
Bottled Gas, Beach Goods.
National Lottery & Scratch Cards. The Health Lottery.
payzone
Card payments made easy
In Store Bakery.
Hot Bread / Rolls, Hot Sausage Rolls & Pasties.
New DVD Supplier - Over 500 Titles To Choose from - £3.00 per Night.
Wide Range of Groceries, Frozen & Chilled.
Foods, Spirits plus Chilled Wines & Beers.
Newspapers, Magazines, Toys, etc.
Wide Range of Medication.
In Store Laundry Available. Bring your Quilts.
Free Delivery of Groceries Purchased.
We Offer Cash Back.





HEACHAM SPORTS & SOCIAL CLUB

What's on – February 2017

Wednesday, 15th February
Prize Bingo – Eyes Down 1.15pm

Friday, 24th February
Live Band – Sound Injectors – 9.00pm

Saturday, 25th February
Cheese & Wine Evening – Public Hall - 7.30pm
£8 ticket, includes 2 glasses wine.
Entertainment with WADDO.
Tickets available from Club.
Everybody welcome.

MEMBERSHIP 2017

Memberships are now being accepted and processed.

£6 single
£10 joint

Join and support the activities and facilities offered at the Club.

CARPET BOWLS

"That wood's running well", as I have visions of the trees in the forest marching across the land. No, throw it. How do you throw a tree? Hey tree, fancy running down that green. Careful, a green belongs to golf, outdoor bowls – or is that a rink. Well that's ice skating isn't it, no not cold enough yet. Greens, those things you were supposed to eat as a child. No, all wrong, it's a mat. OK trees wiping their feet on a doormat. The rest of the team tearing their hair out, a wood is a bowl. Really, by jove, who'd have guessed a bowl, but it's yellow! Must be the washing up variety then. No that's after our coffee break and if you're lucky there's chocolate biscuits. Hey, count me in, no one mentioned biscuits.

So let's get this straight, a wood is a carpet bowl, that is bowled. Forget images of bowler hats here, along an indoor mat or short mat in Heacham Public Hall, on Tuesday, Wednesday and Thursday mornings starting at 10.15 and finishing on the dot at midday. The idea being to get the wood close to the jack and that's another story. It's only £2 a session and it's jolly good fun.

Heacham Carpet Bowls Club would love your company. Heacham Public Hall on Tues, Wed and Thurs mornings – 10.15am-12.00.

FOX & HOUNDS

AWARD WINNING FOX BREWERY
Station Road, Heacham. Tel: 01485 570345

Up to 8 handpulls serving our own & guest real ales

Forthcoming gigs For February (8.30pm unless stated)

Fri 3rd	**Jam Session with DNA**	**Tues 7th**	**Against The Grain**
Fri 10th	**Cadillac 45**		
Sat 11th	**Sylvester Peter Cutter and The Twilight Boggers**		
Tues 14th	**Dave Thomas Band**	**Fri 17th**	**Dead Horse**
Tues 21st	**Cruiser Blues**	**Fri 24th**	**Wildwood**
Tues 28th	**Chicago One Zero**		

Bar open every day from Noon.

(Food Available Mon, Tues, Thurs, Fri & Weekends 12 – 2 & 6 -9)

Welcome to dine in the bar or restaurant area.

Follow us on Facebook @foxandhoundsheacham

***Times may change. Please call the pub on the day. Booking is recommended.**

WEST NORFOLK LIBRARIES EVENTS
February 2017

Hunstanton Library
For further information about events and to book please call 01485 532280.

Regular weekly events:
Baby Bounce and rhyme – every Monday from 2.00-2.30pm
Come along and share rhymes and songs with your pre-school child.
NEW - Just a cuppa – every Friday from 10.30-11.30.

Regular events:
Knit and natter- 2nd Thursday in the month 10.30-12.30.
Book Club – 3rd Monday of the month 2.30pm.
New members always welcome. Ask staff for details of the books being discussed.

NEW - Colour yourself calm – 2nd and 4th Mondays of the month 10.30-12.00
Just bring along your colouring books and pens. Tea and coffee is available.

NEW – Weekly Job help session
Started Wednesday 1st February 3.00-5.00pm
Want help to update your CV, using Universal Jobmatch, and searching for jobs online? Then why not book in for a 30 minute session with staff to get you started. Please call 01485 532280 to book!

NEW - Walk and talk group
Tuesday 14th February 2.30pm from the library
Join Mick for a short walk around the town and then refreshments at the library afterwards. This walk is perfect for those wanting to gently build up their walking stamina. Dates for spring will be: March 14th, and April 11th.

Dinomania
Wednesday 15th February 10.30am-12.00
Come along and join in with a whole host of dinosaur themed crafts. This event is suitable for children 5 and over. Tickets are £3 per child payable in advance. Please book by contacting the library on 01485 532280.

Family Fun with the Dog's Trust
Friday 17th February 2.00-3.30pm
Come and join the Dogs Trust for an afternoon of doggy storytelling and craft activities. Children up to 12 years and their families welcome. This activity is FREE but must be booked in advance by calling 01485 532280.

Become a dementia friend
Wednesday 1st March 10.00-11.30am
Dementia Friends gives people an understanding of dementia and the small things you can do that make a difference – please join us at our free session. Booking essential. For further information or to book your place contact the library on 01485 532280 or visit www.dementiafriends.org.uk

Friends of Hunstanton Library
Could you be part of a group which would…
- develop ideas for events held at the library and promote the library and its services
- plan and hold fundraising activities, library sales, community events or raffles
- act as a link between the library and local community?

For further information please contact Kerry on 01485 532280 or Alison on 01485 540181

Family History and Computer volunteers
You can also book one-to-one sessions with our volunteers. Just ask staff for details.
You can also follow library events on Facebook at:
www.facebook.com/LynnLibraries - for Lynn, Dersingham and Hunstanton Libraries

Fox & Hounds
Winter Warmer Lunch Menu
Homemade Meat & Potato Pie
Homemade Liver & Bacon with Mash
Homemade Shepherd's Pie
(all above served with seasonal fresh vegetables)
Sausage & Mash with Peas and Gravy
Tomato & Goats Cheese Tart with New Potatoes
Ham, Egg & Chips
Only £4.95 pp
(Available Mon, Tues, Thurs, Fri & Weekends 12 – 2 & 6-9)
Follow us on Facebook @foxandhoundsheacham

HEACHAM AT NIGHT

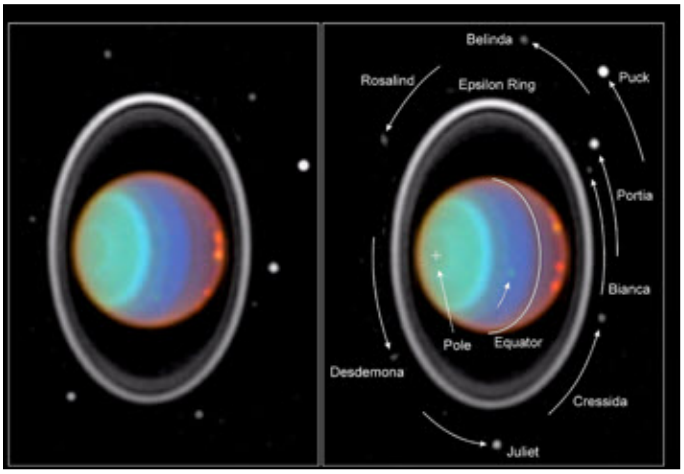
A Lidl sized asteroid passed, unexpectedly, between the Earth and Moon yesterday but it must have missed because I am writing this; it gave a shock to the space guardian people though.

I hope you managed to see some of the astronomical objects described in the last Newsletter. I didn't see any of the meteorite showers but had a few sights of the stars and the visible planets. I managed to catch the straight line presentation of Mars, crescent Moon and Venus on the 2nd January. Venus predominates this month too and gets brighter during it. After the 24th it begins to dim and will get harder to see against the lightening, evening sky.

I was recently asked to give a talk about Mercury and Venus and my research revealed that there have been 43 spacecraft either targeted at Venus or which have visited Venus in their complicated paths to reach other planets. Most of these missions were unsuccessful and the majority originated in the old USSR from the start of the 1960s until the early 1980s. A lot was expected of Venus – Earth sized, an atmosphere, a hidden surface. It turned out to be the hottest and driest planet (no water at all) with a choking and acidic atmosphere that exerts a pressure, at the surface, 90 times higher than Earth's.

The first picture from the surface of Venus Venera 9 1975 USSR

Anyway, it is still up there, shining brightly in the SW. And Mars is still keeping it company, a red dot, above and to the left of Venus. Uranus is in the sky too but you will need decent binoculars or a small telescope to see it. From the 22nd, Uranus is increasingly close to Mars and on the 26th the two planets appear to be about half a finger tips width apart (with arm extended towards Mars). Keep your binoculars very steady and you should pick up a blueish dot. If the weather allows, try looking for Uranus over several nights. Before the 26th, Mars will be below Uranus, after the 26th above it; on the 26th and 27th just a tad to the right. This apparent closeness of two planets is called a conjunction. Uranus, if you see it, will be about 1,600 million miles further away from you than Mars.



Uranus, moons and rings NASA

Mars is small, a little less than half the diameter of Earth, whilst Uranus is big, over 4 times Earth's diameter, which is why it can still be glimpsed even though it is far away.

Jupiter rises in the ESE from about 11pm. It is very low on the 1st and gets a little higher during the month. At the end it will be in the SE. The star Spica is close to it all month.

An unusual event; a comet will be in the sky that you might see through binoculars. This is comet Encke which appears every 3.3 years. Look for it from the middle of the month about 10 degrees below and to the right of Venus. This is the width of a clenched fist held at arm's length. So, line up your extended fist with Venus. Put the joint of your thumb on Venus, slant your knuckles at about 45 degrees and look for a fuzzy blob where your little finger's knuckle is. Encke was the chap who worked out the orbit of the comet (in 1818) so that its reappearance could be predicted. Halley was the first to do this sort of calculation

with what was later named Halley's Comet. Encke had the advantage that he could expect to live 3.3 years to see if he was right whereas Halley died before the 76 years he needed to see his comet again were up.

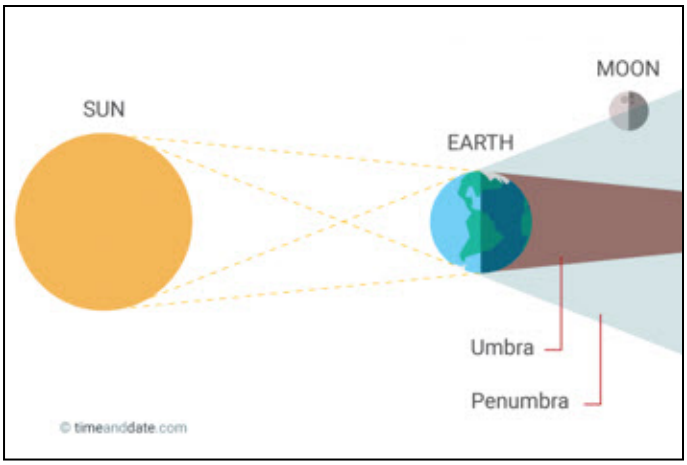
Software model of Comet Encke using telescope data

Before it was named, the second 'discovery' of Comet Encke was in 1755 and Caroline Herschel was the astronomer who saw it. She was the brother of William Herschel who discovered Uranus is 1781. Caroline was recognised as an excellent astronomer in a society which had few women natural philosophers. She has 6 comets named after her.

Do try and catch a sight of Comet Encke. It will fade away in early March.

Another event; there is a bit of an eclipse of the Moon which starts around 10.30 pm on the 10th and finishes about 3am on the 11th. It is neither a full eclipse when the Moon receives no direct sunlight and often turns red (remember that from last year) nor a partial eclipse when the Moon has a bite taken out of it (like the partial eclipse of the Sun you also saw last year). This February, the Moon will fade, go a tad darker. The Moon will enter the Earth's penumbra. To understand this, hold your finger 2 inches above a piece of white paper under a desk lamp. There will be a dense shadow, the umbra, which is where no light reaches the paper, surrounded by a half shadow, the penumbra, where some light does.

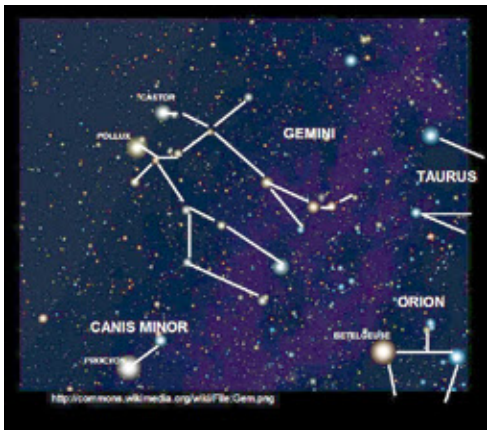
Time and Date.com



The Earth blocks the Sun's light from the space behind it and carries a shadow along as it orbits the Sun. The Moon can pass above or below all of the shadow, or enter the umbra or penumbra. So, look for a shadow across the Moon and sing 'I'm being followed by a Moon shadow',etc.

Last month I suggested you looked at some stars in Orion. Find Orion again and look above Betelgeuse and to the left. There are two parallel lines of stars which make up the constellation Gemini. The two brightest stars are furthest from Betelgeuse. The top one is Castor and the one below it Pollux. In the middle of the month at about 10pm they lie due south and are ¾ of the way between the horizon and the zenith (the point in the sky over your head).

Through a small telescope Castor will resolve into two stars as it is a double. Each of these is a double star too and there is another star associated with all four which too, is a double; so six stars for the price of one, a lidl anomaly. Pollux is a single star and is known to have at least one planet which is much bigger than Jupiter.



Touching the feet of Gemini, the end of the line closest to Betelgeuse, you may see, on a clear dark night, a smudge of light. This is the star cluster Messier 35. Binoculars will bring it out. The light you see left the cluster 2,800 years ago and, at the same time, the first Polynesians arrived in Tonga (apparently).

Now go to the bottom of Orion and move south. Not far above the horizon Sirius shines. This is the brightest star in the northern sky and often called the Dog Star. This appellation was coined by the Greeks because they believed the star provided extra heat in the summer which sent dogs to sleep – the dog days. Sirius is young – just 230 million years old; close at 8.6 light years and hot at 10,000°C. Sirius has a faint companion star called The Pup. This a white dwarf with sufficient gravity to influence the movement of Sirius.

I am giving a talk on water (in space) on February 13th at Tottenhill Village Hall. There is an entrance fee and bring warm clothes in case the heating breaks down again.

Jumping back to the start of this article; the lump of rock which missed us in January would have well flattened London as would the exploding asteroid at Tunguska in 1908 which destroyed a few million trees. The Tunguska rock is believed to have been part of Comet Encke (see above). The March article might be exciting.

Terry Parish

A.E. WALLIS
Television and Cycle Retailer
EURONICS
We are members of Europes biggest independent electrical buying group
Dealership of Quality
TV's, Video's and DVD's, Washing Machines and Tumble Dryers, Cookers, Built in models and so much more.
Cycle Sales
Cycle Spares
Cycle Repairs
Cycle Hire
34/40 High Street Heacham 01485 570303/ 571683
1939 A E WALLIS 75 YEARS OF SERVICE 2014

A Sign of the Times

As the neighbouring property to the Post Office is transformed and memories of its previous appearance are already fading, a little more of its history is uncovered here, although this writer would be the first to acknowledge that the memories of those who remember its past life will bring it 'alive' more than facts gleaned via Google! The deadline for the December edition of the Newsletter coincided with the uncovering of the J.W. Bodger chemist shop sign and some hasty research discovered a few facts. Hopefully, others found them of interest and they maybe

Medicine bottles

stirred some memories of other enterprises using the High Street premises – and others in the village.

Based in Peterborough, J.W. Bodger's was also known as an optician as well as an agent for false teeth. He was also a photographer in those days before villagers commonly carried a camera/mobile phone with them. In my last short article, I had misinterpreted a newspaper advertisement; it was the supplier of false teeth who was to be found in all major towns but John William Bodger did also have a business in Hunstanton and Snettisham in those pre N.H.S. days at the turn of the nineteenth and twentieth centuries. Locally, his manager and partner, Mr Edward Wright, ran the High Street business which opened in 1904.

In 1908 this business was the only Heacham chemist – although, according to Kelly's Directory there were two photographers in the village. It is worth bearing in mind that there were also seven grocers listed and an equal number of butchers as well as five bakers. Residents of the village did not drive to the retail parks out of town or use their bus passes to go shopping in Lynn or Fakenham. (There was a train service then, however). The 'chain' retailer in the shape of the 'International Tea Co's Stores Ltd' did not take up residence across the road from the chemist until a little later, being listed in the 1912 directory. It would be some while before that shop was joined in the village by the King's Lynn Co-operative Society shop in Caley Street and The London Central Meat Co. Ltd. shop on High Street.

A J.W. Bodger postcard of his Snettisham business

Not being a historian or sociologist, it would be easy to jump to conclusions and generalise after noting, a few years later, the much reduced 'Commercial' list in Kelly's for 1916. J.W. Bodger is still in the village, joined now by the 'International' but the number of grocers has reduced to four with Percy Moulam leaving grocery to deal with hay and straw. There are just three butchers and a similar number of bakers; the number of greengrocers/fruiterers has grown from two to four but the village now boasts a High Street hairdresser and a fried fish shop.

It would be easy to suggest that the coming of the 'International' had put paid to the smaller independent shops but then, as now, tastes change. Maybe, people wanted greater variety – and lower prices; they may have become more conscious of the conditions in which food was stored and sold. It cannot be forgotten that 1916 is in the middle of a catastrophic international 'event' and the village would have had noticeably fewer men. The chemist's son survived four and a half years in France, Belgium and Italy during the war and then used his professional training to great effect on the railway network in what was then known as Ceylon, being awarded the C.B.E. for his work. Many were not so

S & J Partyka Ltd
(plumbing & heating)

a family owned local business
with over 30 years experience
"you can count on us for a
professional service"

01485 570688 - 07831 776881
partyka.plumbing@gmail.com

all plumbing and heating work undertaken

- from a new tap washer to a full bathroom installation
- from a new radiator valve to a full heating system
- new gas boilers fitted
- boiler servicing
- central heating power flushing

water - gas - oil - air source

Gas Safe No.28926

"all work fully guaranteed"

TONY'S HOUSE MAINTENANCE

Kitchens & Bathrooms Tiled.
Painting - Interior and Exterior.
Gutters Cleaned, Repaired or Replaced on Bungalows only.
Fencing, Patios & Gardening.

41 Meadow Road, Heacham.
01485 571038. Mobile 07932 123781

fortunate and the war memorial in this village bears the family names of tradesmen and customers alike.

Interestingly, John William Bodger played an active and supportive role in the work of the Peterborough Women's United Total Abstinence Council in providing a rest room and refreshments for the many soldiers, sailors and airmen who passed through the old Peterborough East station during the First World War. (The names in the 'guestbooks' include the names of a Royal Flying Corps mechanic stationed at Sedgeford and a sergeant in the Leicestershire Yeomanry who gave Hunstanton as his address). Susan, his wife, must have been used to him going out – not to the pub but to a meeting! He was a supporter of the Sunday Observance Movement, lay reader for St John the Baptist church, on a Boy Scouts' Committee as well a member of the Board of Guardians. As well as his professional societies and the Abstinence Council, he was honorary secretary and treasurer of the Museum Society for sixty-six years. A newspaper interview a few months before his death centred on him being the oldest Museum Secretary in Britain. He exclaimed, "Retire? Not me! I learn something fresh every day." Mr Bodger died in 1939; probate records showing his 'effects' to the value of £12,392 9s.

Bodger's daughter Dorothy, became an American citizen, dying in Detroit, aged 83 in 1974.

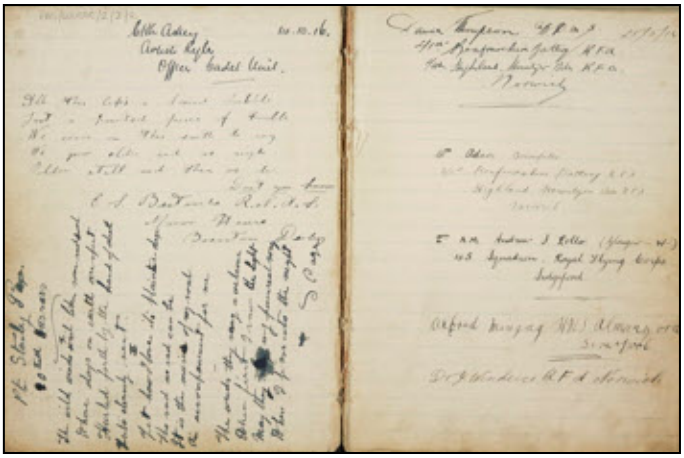
It seems that Mr Wright, the manager of the Hunstanton shop, sold that business in 1920 but very briefly retained the shops in Heacham and Snettisham before selling the High Street shop to chemist Owen Routly at the end of that year. Mr Routly made some changes to the building so that the 'Scientific Chemist' shop sign uncovered in the recent building work was probably hidden from view in 1920/21. Routly's advertisement was reproduced in the Newsletter of September last year and it is the surname recalled by some villagers.

The Lynn Advertiser of December 10, 1920 carried the following information in the 'HEACHAM' column: *BUSINESS CHANGE. – The Pharmacy situate in High Street, and for many years carried on by Mr. Ed. Wright, of Hunstanton, under the style of J. W. Bodger and Co., has been purchased by Mr. O. Routly, M.P.S., chemist and pharmacist who, we understand, intends making extensive alterations in the Pharmacy, and is adding suitable accommodation for eyesight testing. Mr. Routly, who is a member of the Chemists' Dental Society, is fortunately enabled to have his Dental Surgery conveniently attached to the Pharmacy, and will continue to practice (sic) this profession there also.*

It seems as though villagers could go to Mr Routly to discuss coughs, cavities or cataracts! His advertisement reproduced in the Newsletter of September last year indicated that Kodak could also be included in his range of interests.

As a trained, professional dispensing chemist, Mr Routly was not happy with a certain 'cash chemist' without qualifications opening stores across the country and undercutting the prices of the independent chemist. Neither was he happy with the way in which some products were advertised and packaged. He refused to stock free samples, 'two for the price of one' promotions and 'money back trash'. Indeed, he baulked at the variety of items the manufacturers and the public expected him to stock, such as hair nets, funeral cards and monkey nuts. One assumes he would have been incensed by the apparent mis-spelling of his name on bottles he had ordered! He made his feelings clear in quite regular correspondence published in the professional journal The Chemist and Druggist.

The opening pages (including an RFC Sedgeford entry) of the Guestbook, Peterborough Station



By 1929 he no longer had a monopoly over the sale of pills and potions in the village. A trades' directory for that year – and 1937 – show Mr Edmund Farrar in business on Station Road (where kebabs are now dispensed.) Owen Routly died in January 1943 and probate was granted to his daughter (unmarried at that time): £1,732 3s 7d. It seems she stayed in the village and on High Street but was not a qualified pharmacist, and the business became 'The Drug Store', selling non-prescription medication, films, cosmetics etc. A number of 'locals' recall it as Molly Routly's' even though in 1950 the surname changed when she married Charles Parke, a son of a local auctioneer and estate agent who worked as a travelling salesman for Oliver Rix of Sculthorpe who dealt in agricultural implements. Villagers recall that the lady certainly had no hesitation in making full use of the cosmetics she sold and an 'extravagant' hairstyle– even in later life; another memory is of the shop with a noticeably pleasant

smell. By the time of Yates County Directory of Norfolk 1965-1966, The Drug Store was still at 46 High Street (and Mr F. Cram was chemist on Station Road). Some readers will remember Norah Marsh who lived in the flat above the shop. She was Molly's widowed aunt – there at the time of the 1939 Register and as an elderly lady who outlived Molly's mother and Molly herself, dying in London at the age of ninety-nine.

Molly died in 1976 and she was buried in St Mary's churchyard as was her husband in 1989. Molly's Drug Store would have probably been a far cry from her father's business and he may have been horrified to see the name above the door of the village chemist today and the array of medicines available alongside milk and washing up liquid in a village supermarket. What, one wonders, would he have made of the ability to consult a doctor without payment?

The premises then began life as a newsagent's shop with Bowden's and then Day's in the days that the village was served by more than one such shop with its associated small army of young people earning extra pocket money delivering the papers in all weathers.

Those readers who have had the stamina to read this would, I am certain, be interested to see a collection of readers' recollections of these proprietors and businesses and others in the village – now disappeared – to be added to the village archives (in the new community centre?) Photographs would be an added bonus! (Those who possess old postcard views of Heacham may note some are labelled 'J.W.B. Series' – i.e. John William Bodger.)

'Xenos'

With thanks to those villagers who shared memories of Molly Routly and to Stacey Kennedy and staff at Peterborough Archives.

Picture courtesy of John Davis)

Picture courtesy of John Davis)

NEWS FROM HEACHAM FIRE STATION

Hi everyone

Since writing my piece for the last newsletter we have continued to be busy with calls and we have had several community based activities to occupy us as well.

On the 24th November, we welcomed the 1st Heacham Cubs to the station under the leadership of Akela, Sam. The visit was part of their 100 challenges badge and we talked about fire safety, looked at some of the equipment we have and, of course, made a splash with the hosereels. At this point, the cubs were no trouble at all but you have to watch out for the grown-ups!

On the 4th December, we went along to the Snettisham Christmas Market, an event we have been attending for over 10 years. As usual, it was very cold but there is always a lovely atmosphere and we enjoy talking to people about what we do. Thanks to the two ladies who gave us cakes as we were leaving. They went down very well and very quickly!

The following day the flags were out as the fire station received a very unusual visit from the 'caped crusaders' AKA Batman and Robin! Their true identities on this occasion were Andrew Heginbotham and Phil Berry, two recently retired brigade officers who were on a mission to visit every fire station in the county. Not content with doing it in fancy dress, their chosen mode of transport was a tandem!

Batman and Robin (Andrew and Phil) taking a break at the fire station along with fellow cyclists and members of the local Coastguard team.

They were accompanied by a support crew and rather bizarrely, St George, who was riding a 'cross' between a bicycle and a horse (there was a bit of a super hero theme for anyone who wanted to join them en-route).

Their guide for our part of the journey was local Station Manager, Bob Ayers, who found it considerably easier to navigate through the infamous roadworks than our two elongated super heroes did - oops! There was no harm done and it added a bit more fun to their epic adventure which concluded on Friday the 9th. Nearly £1500 was raised for charity so very well done chaps.

The next event was our own Christmas Tree Festival on the 11th December. It basically followed the same format as last year with most of the trees and decorations (loaned by the Parish Council) in the appliance bay and the refreshments in the recreation room where it was lovely and warm.
The event only lasts for a few hours but many more hours go into setting up all the trees and I would like to thank all those who helped make it happen. In particular, those people who are not directly connected with the station including, Mary, Robert, Paris, Samantha, Clare, Nick, Kathryn and the Hunstanton Fire Cadets who are always supportive of what we do. Also, Joseph Rumens of Radio Heacham who provided some festive music and the new McColl's store who kindly helped with the refreshments. Thank you to everyone who came along and we hope you enjoyed it.
I know it wasn't what you planned Tracey, but I hope you approved.

Our final activity of this busy period was a visit to Snettisham Primary School on the 13th December. Santa joined us and the combination of a fire engine and the man in red just about made the children explode with excitement! A brilliantly timed break in the rain allowed all the children to file through the cab of the appliance before they joined Santa in the warm and dry.

It was lovely to be able to give up a little bit of our day in order to give the children a treat they will remember for a long time to come.

Chris Wood
Heacham Fire Station

PS. As Santa didn't bring us any new recruits, we are still in real need of some new members!!!!!!

Santa dressed up ready to act as an extra crew member to help with the shortage!

DAVID PEARCE
ROOFING SERVICES
SLATING TILING LEADWORK GUTTERS
FREE ADVICE & QUOTATIONS
TWO YEAR GUARANTEE
WORK CARRIED OUT BY
TIME SERVED TRADESMAN
CITB REGISTERED ROOFING ASSESSOR
TEL: 01485 544279 MOBILE 07825415040
E MAIL davepearceno1@aol.com
www.davidpearceroofingservices.com

SJP SOLICITORS

Protect your Family for the Future and have your wishes carried out
MAKE A WILL TODAY
For Confidential Professional Advice at our Office
Or at your Home
Call 01485 532662
Or
Email: info@sjpsolicitors.co.uk
Wills from £100 plus VAT
SJP Solicitors
37 Greevegate, Hunstanton PE36 6AB

WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street
OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside
HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
ART CLASS 10am – 12noon For info Tel: Shirley Milborn 572247 (PRH)
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30am Tel : 570492
FITSTEPS 11am – 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311 (PH)
ROLLASON STAGE SCHOOL Dance Classes 6yrs+ Ballet/tap/modern 4.15-5.15pm Junior Street 5.15–6pm Tel:579074 (PH)Top Room
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 – 6pm Contact Tel: Kathryn 572138 (MC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485
LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3.50 Contact Diane 571166 (SM)
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Seb 07477 511116 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com. (PRH)
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm Contact Sue Scott Tel: 572252 (HSC) Top Room

TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429
CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel: 01553 774343 (SM)
WEST NORFOLK MIND CARERS SUPPORT GROUP 1-3pm 4 Poplar Avenue Tea Coffee & a chat Joyce Armstrong 07704338775
LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3.50 Contact Diane 571166 (PH)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm Tel: Alison 07796 904311 (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

WEDNESDAYS

WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar Ave Heacham Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk
SCALLYWAGS PLAYGROUP Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)
CARPET BOWLS 10.15 – 12 noon Tel: 570776 (PH)
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)
LINE DANCING 7 - 9pm Improver/Intermediate £3.50 Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday monthly @7.30pm New members welcome Tel: 579465.(PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851 Peter Gray www.westnorfolksingers.org.uk/ (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30–3pm For info Joyce Armstrong 07704338775
TABLE TENNIS CLUB 10am (PH Top Room)
OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10-11am Tel: 298429 or 579125
CARPET BOWLS 10.15am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07901977321 or 535256 Kay Drewell (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
FITSTEPS 6.30 – 7.30pm To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (OFH)
1st HEACHAM CUBS ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
SOCIAL EVENING Table games and darts 2nd Thursday monthly 7.15pm (MC)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon 3rd Friday of the month Contact Sue Spencer bereavementgroup53@yahoo.com or Tel: 572029 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last Friday of the month at 2pm
1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to 8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)
TAI CHI & KUNG FU 6-7pm Beginners Tai Chi 7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu Tel: Derek 01553 674779 (PRH)

INDOOR BOWLS CLUB (Carpet) 7pm (MC) CASH BINGO 7.30pm (PH)
WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11 Tel: Louise 07411457017 (SM)

SUNDAYS

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly Everyone welcome For details Tel:579440 (PRH)

HEACHAM DIARY

Friday 3rd February GIG 'Jam Session with DNA' 8.30pm at Fox & Hounds Station Rd
Tuesday 7th February GIG 'Against the Grain' 8.30pm at Fox & Hounds Station Rd
Wednesday 8th February 'Community Coffee Morning & More' 10am to 12noon at the Old Friends Hall Sunnyside Everybody welcome
Friday 10th February GIG 'Cadillac 45' 8.30pm at Fox & Hounds Station Rd
Saturday 11th February GIG 'Sylvester Peter Cutter and the Twilight Boggers' 8.30pm at Fox & Hounds Station Rd
Tuesday 14th February GIG 'Dave Thomas Band' 8.30pm at Fox & Hounds Station Rd
Wednesday 15th February 'Prize Bingo' at Heacham Social Club Eyes Down 1.15pm
Friday 17th February GIG 'Dead Horse' 8.30pm at Fox & Hounds Station Rd
Saturday 18th February Heacham Twinning Assoc 'Quiz Night' 7pm for 7.30pm start at The Old Friends Hall Sunnyside Tickets £2.50pp from Tel: 579465
Monday 20th February 'West Norfolk Bingo' in the function room at the West Norfolk Inn Eyes down 7pm
Tuesday 21st February GIG 'Cruiser Blues' 8.30pm at Fox & Hounds Station Rd
Friday 24th February GIG 'Wildwood' 8.30pm at Fox & Hounds Station Rd
** GIG 'Live music with Sound Injectors' 9pm at Heacham Social Club
Saturday 25th February 'Messy Church' 10am to 12noon at St Mary's Church For more information Tel: Veronica Wilson 570697 or the Church Office 572539
** 'Cheese & Wine Evening' 7.30pm at the Public Hall Tickets £8 (includes 2 glasses of wine) available from the club Entertainment with WADDO
Tuesday 28th February GIG 'Chicago One Zero' 8.30pm at Fox & Hounds Station Rd
Saturday 29th & Sunday 30th April 'Spring Art Show' at The Old Friends Hall Sunnyside

Please turn to the next page for 'Other Events'

HUNSTANTON REMOVALS

Part house removals / Full house removals
Packing service available
House clearances
No obligation quotes - Fixed prices
Friendly, honest & reliable service
10 % O.A.P discount
07855 313639
Email - debbie.egginton@yahoo.com

OTHER EVENTS

Monday 6th February 'Dominos' 2.30pm at Hunstanton Conservative Club

Wednesday 8th February 'A Night of Pies & Mash & Puddings' 7pm at the King William IV at Sedgeford £17 per head Tel: 571765 to reserve your place

Thursday 9th February 'Darts' at Hunstanton Conservative Club (Ladies at 2.30pm) (Gents at 5.30pm)

Saturday 11th February 'Mission Aviation Fellowship' at Hunstanton Methodist Church 11am to 3pm Refreshments Games & Activities

Tuesday 14th February Brancaster Camera Club Print Competition (1) 'At Work & (2) 'Open Choice' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

Monday 13th February 'Crib' 2.30pm at Hunstanton Conservative Club

Wednesday 15th February Princess Players 'Poetry Morning' 10.30am-12noon at Hunstanton Town Hall Basement Entry £2.50 (inc's refreshments)

** 'Backgammon' 2.30pm at Hunstanton Conservative Club

Friday 17th February Anmer Village Social Club present 'Bridget Jones's Baby' 8pm Tickets £3 For info Tel: 579465 or email films@anmerclub.co.uk

Saturday 18th February Cinema in Syderstone presents 'THE BFG' 7.30pm at Amy Robsart Village Hall Tickets in advance £3.50 Tel 578244 or 578171 or email cinema@syderstone.com

** 'Valentine Dinner' 7.30pm at Hunstanton Conservative Club Tickets available at the bar

Monday 20th February Hunstanton U3A meeting 2pm at Hunstanton Community Hall Speaker Kate Dunbar 'Hunstanton Community Orchard'

Thursday 23rd February Norfolk Wildlife Trust A talk by Rob Spray 'Nofolk's Marine Habitat and Wildlife' 7.30pm at Hunstanton Methodist Church Hall £2 members/£2.50 visitors

Sunday 26th February The Gramophones Theatre Company present 'Wanderlust' 7.30pm at Sedgeford Village Hall Tickets £12 (inc's a glass of wine) Tel: 570097

Tuesday 28th February Brancaster Camera Club 'Battle Against North Norfolk PS' 7.30pm at Brancaster Staithe Village Hall Entrance £3 inc's refreshments For info Tel Jim Till 210013 or Wendy Callow 01553 674725

WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDGEFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

Mondays

FITSTEPS 6.30 – 7.30pm at Ingoldisthorpe Village Hall To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FIRE CADETS at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst.Hall Brancaster 9.30-11.30am(term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

COASTAL STROKE GROUP 10.30am – 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

LINE DANCING 1.30 – 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am–12noon at St Mary's Church Hall Snettisham For info Tel:Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

LINE DANCING 10am – 12 noon at Hunstanton Community Centre £3.50 Tel: Diane 571166

TEA DANCE 2 – 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 – 5.30pm at Hunstanton Town Hall Basement For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10–11.30am(term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)

HUNSTANTON BRIDGE CLUB 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com

Mission Aviation Fellowship

at Hunstanton Methodist Church

SATURDAY 11th February 2017 11am – 3pm

Refreshments

Games & Activities

An event for all the family

Find out more about the vital work
that MAF & partner organisations are doing

... try your hand at ...

landing a MAF plane on our Flight Simulator

MAF Flying for Life

MOBILE LIBRARY

ROUTE WEL 124 (Mondays) 13th/27th February		ROUTE WEL 123 6th/20th	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE Court	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
NOURSE DRIVE/Ingleby CL	12.25	SUNNYSIDE	14.15
ROLFE CRESCENT	13.55	MEADOW RD	14.40
WOODEND ROAD	14.15	POPLAR AVE	15.25
GIDNEY DRIVE	14.30	GYMKHANA WAY	15.45
BANKSIDE	14.50	JENNINGS CLOSE	16.10
MARRAM Way/Norway CL	15.05	COLLEGE DR/Gonville	16.45
MARRAM Way/Spruce CL	15.20		
MARRAM Way/Neville RD	15.35		

****

Save a life Give Blood

Do Something Amazing Today

Save a Life

87 people attended the blood donor session at the Public Hall on 21st December 2016 and 71 units were collected. There were 3 new donors at the session. Thank you all. Please note that the next visit to Heacham is on **Wednesday 19th April 2017** To make an appointment ring the Helpline 0300 123 23 23 or online at National Blood Service information www.blood.co.uk

Tribute to May Race who passed away on 29 December 2016

from her daughter Janice Curtis

Dear Mum

When Dad was a Far East prisoner of war, he made friends with a young private. Dad said to him "If I get out of here, I would love to run a little village pub somewhere" to which the private replied "If we do get out of here Jack, you will". As you told me mum, only a few months ago, this young private was the son of Mr Bullard of Bullard's Ales. This is how I came to be born while you and dad were living at The Greyhound Inn, High Street, Heacham. Dad now being Landlord of the pub. Every year you would dress me and my brothers and sisters in all sorts of fancy dress and decorate the local farmer's horse and cart with yards of crepe paper of all the brightest of colours, to enter into Heacham Carnival. Can you remember the year when you dressed us as different Nursery Rhyme characters. You baked jam tarts way after the pub had rung the 'last orders' bell, in order for us to have plates of tarts for The Queen of Hearts, only to have the local lads jumping up onto the cart as it was winding through the streets of Heacham and eating all of the tarts!

Can you remember the Jumble Sale you held in the Greyhound yard? I think you were raising money for a Heacham Primary school outing? We made £8 plus a few coppers. Quite a lot of money for 1956. You bought me an old second hand camera. Perhaps that was the start of my photography obsession?

Every year, on the lead up to firework night, you would make an old Guy, using dad's clothes to dress him in. I can remember the men folk pub customers taking the Guy, in a rusty old wheelbarrow, around the pubs of Heacham to collect money for our fireworks. We would end up with a massive bonfire on dad's garden with a fantastic collection of fireworks. Until one Nov 5th, I had invited 2 of my friends to come along as they had never been to a bonfire night. They cried because they thought it was dad being burnt up and then a jumping jack did a detour and landed in the box full of fireworks! Talk about 'light up the sky with Standard fireworks?' My friends ran home screaming and, from that day, fireworks were kept firmly in a sealed biscuit tin.

Can you remember Nobby our beautiful black labrador, how he used to leave the pub at 25 past 3, make his way to the school and sit outside the gates as he waited for the school bell to ring. He would then walk us home. What about the day it was my brother Jimmo's 3rd birthday and I bought about 8 friends back from school, telling them that Jimmo was having a party. There was no party. I got 'told off' but you felt awful because they were so disappointed and upset. So, you had all 8 back the next day to enjoy jelly, blancmange, Postman's Knock and Pin the Tail on the Donkey. Many stories hey mum?

We moved to Sedgeford. I remember the hours you used to work on making prizes for your Bingos in order to raise money to buy all the pensioners in the village a sack of coal each for the winter. All those tiny little shells you stuck onto bottles to make them into lamps as prizes. You even had me sewing and making teddy bears for prizes.

You worked so hard mum. Working on the land in all weathers but I still came home to the smell of your fabulous home cooked meals simmering on the stove and a roaring fire in the huge grate. How many years have I washed and set your hair? Every Friday I would set your hair in rollers before I went off to Hunstanton School. You would wrap your chiffon scarf tightly around to hold them in for the rest of the day. I would then brush and lacquer your hair (one shilling lacquer from Woolies in those days mum!), ready for Friday night Heacham Bingo.

You moved back to Heacham where the tables turned somewhat. I still washed and set your hair every week but now it was for Wednesday night Bingo at Neville Court. You then decided that YOU would like to enter Heacham Carnival. Can you remember all the famous people I turned you into mum? At 77 years old, you were The new Spice girl (see photo). Look at that microphone we made out of a toilet roll tube and a tennis ball? You were singing at the top of your voice "I tell ya what I want, what I really really want". Mystic Meg!? Oh yes, you told many a folk their fortune that day, didn't you? Another year you were Amy Johnson with goggles and your very own Dave Curtis built plane! You were 80 years old then. What about when I dressed you and your neighbour Toddy as Popeye the

Geoffrey & Collings Co
Estate Agents, Chartered Surveyors, Auctioneers
CELEBRATING 50 YEARS 1965-2015 OF PROPERTY SERVICES
Independent Estate Agents Since 1965
• FREE MARKET APPRAISALS FOR SALE & LETTING
• COLOUR SALES DETAILS TO INCLUDE FLOORPLAN
• HONEST VIEWING FEEDBACK & WEEKLY UPDATES
• LYNN NEWS & EDP MAGAZINE ADVERTISING
• FULL LETTINGS MANAGEMENT SERVICE
• ACCOMPANIED VIEWINGS 7 DAYS PER WEEK
1% SALES FEE WHEN YOU QUOTE THIS ADVERT
7B HUNSTANTON ROAD, DERSINGHAM, PE31 6HH
TEL. 01485 500222
RICS
WWW.GEOFFREYCOLLINGS.CO.UK
NAEA

SUPERCLEAN
The Man for Cleaning...
• Windows
• Conservatories
• Solar Panels
• UPVC
Call Rob on...
01485 543076
or 07909 456 639

Sailor Man and Olive. You clambered up onto that truck and sat down into an old makeshift tin bath. Then I turned you and Toddy into The Homepride Flour Graders the following year. What laughs we have had, haven't we mum?

Can you remember when we started the Pocahontas Players 22 years ago. You would support us by coming to watch every performance and donating raffle prizes. Way back in 2002 you helped the group purchase microphones. When you got too frail to attend you treated your great grandchildren to watch the shows. Always willing to help in any way but the best support you ever gave to the group was when I asked you if you would be a month in our Calendar Girls, Life is a Drama calendar as we needed to raise money to buy Heacham Surgery a 24 hour BP monitor. I remember your answer so clearly mum "Yes, but only if I can be January". I asked "Why January?" You replied giggling "Because it's one of the longest months, so I will be on the wall longer". Just look at your gorgeous smile Miss January. You were 93 and still so beautiful!

Then came the social media challenge to raise money for Cancer Research. The challenge was to take a selfie without make up. I can remember this day so clearly. I had my little point and shoot in my pocket. I handed it to you and your sister Brenda. You clicked this fabulous selfie. Sending off your £10 to the Cancer charity but it didn't end there did it mum?? You became a viral hit on social media with thousands upon thousands of 'hits' being the oldest person to send in a 'no-make up selfie'. You were in the Tabloids, on the TV News, the radio news and also Good Morning TV with Rylan (see photo). It's that smile of yours mum, so infectious.

Can you remember mum, when I used to cook your Sunday dinner every week? A couple of years ago now. Dave would bring it to you as 'Meals on Wheels', then I would walk to yours in the afternoon where we sat and watched an old black and white film together. What about the Sunday I came in armed with my video camera? "Come on Mum, I want you to tell me a little about your life!" You started off in the most posh Norfolk accent ever but then as you forgot about the camera being there, a couple of the 'B' words slipped out. So funny you were but what a smashing 50 minute DVD I have of you. What a hard life you had back in the 1930's when you were in your early teens but a very interesting one. A DVD to show my great grandchildren some day.

You got so you didn't want Birthday or Christmas presents. Instead you would have a charity jar. These jars have been filled with donations for Heacham Surgery; Hunstanton Life Boat of which your granddaughter Jemma's husband Matt, was a crew member; Cambridge Hospital who cared for your great grand-daughter Adele; Norwich Hospital who cared for your great grandson Jake after major back surgery; Cambridge ward 5 where I was nursed when I had a brain tumour operation. Can you remember how much you have given to these charities mum? It must be well over £1,000. I will just tell you now mum, your Christmas 2016 'Charity begins at home' jar, which you were too ill to count, has been added and there is over £150 for 'Our Jake' fund. Thank you so much.

Towards the end of 2016 you became so ill mum. It was just so sad to see you gradually losing your life and sparkle. I feel so lucky and proud to have had you as my mother for 67 years. I feel so privileged to have spent all Christmas morning with you, just kneeling beside your chair rubbing your hard-working hands, but most of all I was so glad I was with you on the 29th December when you let out your last breath. After all mum, you were with me, when I drew in my first .

Do you know what mum, many people tell me that I am exactly like my mum. If I was half the woman you were and had half as many friends, I would be very happy. We lost many famous and well liked celebrities from the media and pop world in 2016 but NONE of them are like the star in my world May Ada Rose Race. I am going to miss you so much.

Love you mum.

from your loving daughter 'Girl Jazzy' x

G BRADLEY JOINERY LTD

DOORS, FLOORS, SKIRTING, SHELVING, BOOKCASES, GATES, DECKING ETC.

FOR A FREE QUOTE, CALL GARY ON

07717 820 357
01485 534914

P.G.PLUMBING & BUILDING

24 Hour Emergency Service

Plumbing - Heating - Tiling
Bathroom Installations

Disabled Adaptation Specialists

54 Marram Way Heacham.
Freephone 0800 2343044 Mobile 07836 506379
(Est 1985)
Payment accepted using Mastercard, Visa & Maestro Cards

HEACHAM PARISH COUNCIL

PROPOSED DEVELOPMENT OF UP TO 133 DWELLINGS ON LAND OFF CHENEY HILL, HEACHAM PLANNING APPLICATION REF: 16/01385/OM

This application is due to come before the Borough Council planning committee soon, likely on Monday March 6th at 9.30am at the Borough Council offices in Chapel St, King's Lynn. The Parish Council would like objectors to attend this meeting. The date has yet to be confirmed. Please check with the Parish Council during the week before and/or look for a notice in the window.

Heacham Parish Council also urges you to make an objection to this planning application or refresh and renew one you have made before as new information regularly appears on the planning portal. With the 69 houses already agreed on this site, around 20 on smaller sites in the village, and ongoing infill, there is already around 50% more house building than the Borough Council considered sustainable within Heacham. In addition, the Hopkins Homes development, accessed from the new roundabout which lies within Heacham, is a further 166 houses. Many more houses have been agreed to within Hunstanton.

Heacham Parish Council has submitted its objections to this new planning application for development of up to 133 dwellings on land off Cheney Hill for three principal reasons:-

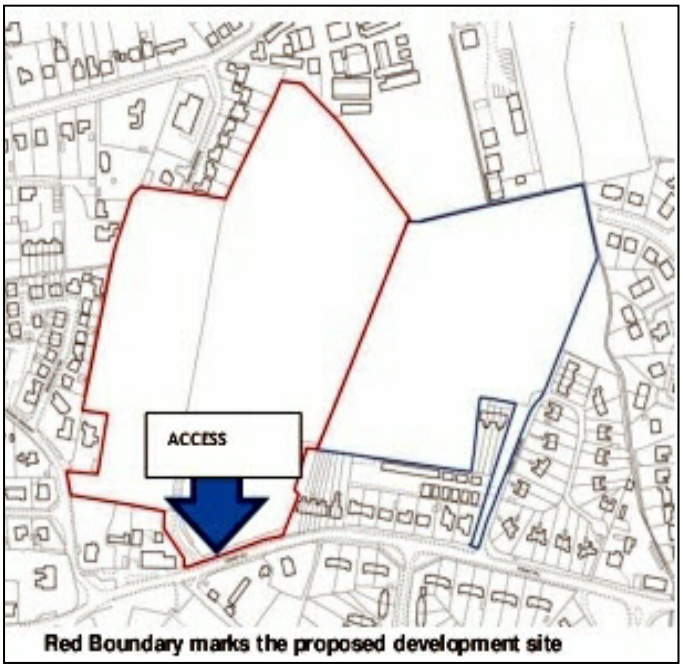
1. The number of houses is around double that allocated to Heacham and deemed sustainable by the Borough Council of King's Lynn & West Norfolk.

2. Part of the development site, if built upon, will intrude on landscape quality.

3. Road access to and from the site is unacceptable.

The case officer for this application is Mrs K Lawty.

You can send your comments to her quoting the case reference 16/01385/OM either through the planning portal (google King's Lynn Planning and follow instructions on site) or by letter to her at Borough Council of King's Lynn & West Norfolk – Environment and Planning Department, King's Court, Chapel Street, King's Lynn, Norfolk PE30 1EX. Or drop a letter into the Parish Council office with the same address on and it will be taken to the planning office for you.



Red Boundary marks the proposed development site

www.ajdautorepairs.com
AJD auto repairs
Motor Vehicle Engineers
MOT CENTRE
● CARS ● LIGHT COMMERCIALS ●
● MOTOR CYCLES ●
● AIR CON SERVICE & REPAIR ●
5 BANK ROAD, DERSINGHAM
KING'S LYNN,
NORFOLK PE31 6HW
TELEPHONE
(01485) 540039
email: info@ajdautorepairs.com
AJD auto repairs
AJD auto repairs

Crystal Cave
The natural choice for quality products, gifts and healing
Natural crystals
Aromatherapy oils
Natural creams and oils
Bach flower essences
Crystal and salt lamps
Children's table
Jewellery
Photographs/greetings cards
Fossils
Aromatherapy candles
Shampoos, shower gels and bath oils
Pop in for helpful advice and friendly service or call to make an appointment
01485 535321

Serenity
Natural Healing Centre
Advanced Hypnotherapy +NLP
Bach Flower Consultations
Reflexology
Crystal Healing
Past Life Regression
Acupuncture
Foot Care Clinic
Ear Candling
Stop Smoking Package
Aromatherapy
Hot Stones Massage
Indian Head Massage
Tarot Readings
Bowen Technique
Reiki
Reiki Attunements
Homeopathy
Deep Tissue Massage
34 Westgate, Hunstanton (opp the library)
www.crystalcaveandserenity.co.uk
Like and follow us on Facebook
Open 7 days a week
Tel 01485 535321

around and about...

Christmas Day Hunstanton Swim

The promenade was packed with spectators and around 140 brave souls took to the cold salty waters of the North Sea for charitable deeds.

One of the swimmers was dressed as Heacham's famous Pocahontas, the Indian princess, with a trusty friend for support.

It was good to see Pocahontas remembered, as March 2017 will be the 400th year since her death in 1617, when the Rolfe family started the return journey from London back to Virginia. Pocahontas became seriously ill and had to be taken ashore at Gravesend, where she died aged about 21 years.

Robert Pritchard

Brancaster Camera Club

Tuesday 14th February 2017
Print Competition – (1) 'At work' plus (2) 'Open choice'
Judge Nick Akers LRPS

Tuesday 28th February 2017
Battle Against North Norfolk PS
Judge: Dave Hodgson DPAGB BPE1*

Meetings are in Brancaster Staithe Village Hall at 7.30 pm.
Entrance is £3 to include refreshments.
Contact: Jim Till on 01485 210013 or Wendy Calow on 01553 674725.

All welcome.

SEDGEFORD VILLAGE HALL

Sunday 26th February 2017 at 7.30pm

The Gramophones Theatre Company present:

'WANDERLUST'

With real stories from Norfolk and Suffolk woven together using humour, verbatim and beautiful live music. This show takes the audience on an uplifting journey.

Tickets - £12 which includes a glass of wine.
Box office: 01485 570097

Sedgeford Village Hall
Jarvie Close, Sedgeford. Norfolk. PE36 5NG

Norfolk Coast Partnership

Grants available for AONB projects

Do you require funding to get your local project off the ground? Will your project positively benefit the landscape of the Norfolk Coast Area of Outstanding Natural Beauty (AONB)? If so, keep reading…

In 2017-18 the Norfolk Coast Sustainable Development Fund (SDF) will once again be available to support projects which look after the AONB. A grant of between £500 and £5,000 may just be that final piece of funding you need to do your project.

Kate Dougan, who administers the fund, said "We are looking for projects in the AONB which promote sustainable development. In other words, they should promote the health and well-being of the environment, people and economy, now and into the future."

She went on to say "Ideas are warmly welcomed from local community groups, parish councils and individuals. Over the past 12 years we have supported over 60 recipients providing over £450,000 of grants, and this has brought fantastic benefits to the Norfolk Coast. We look forward to continuing this in 2017-18."

A wide variety of projects can be considered, so long as they fulfil the criteria for the scheme. Previous projects have included pond restoration, landscape heritage, school wild spaces and equipment for traditional industries (reed-cutting and blacksmithing).

If you have an idea, start by looking at the Sustainable Development Fund pages on the Norfolk Coast Partnership website: http://bit.ly/1ZMKPI7 where you will find more information. Before you complete an application, you are welcome to chat through your idea with Kate by contacting her - kate.dougan@norfolk.gov.uk

Norfolk Wildlife Trust

The West Norfolk Members Group invites you to:
an illustrated talk by Rob Spray:

Norfolk's Marine Habitat and Wildlife

Thursday 23rd February – 7.30pm

Venue: Hunstanton Methodist Church Hall, Austin Street.
Cost: £2.00 members / £2.50 visitors.

BURNHAM PROPERTY MAINTENANCE

For all your property repairs & maintenance

Incl. Total Renovations & Refurbishments

All Brickwork - Woodwork - Plumbing

Electrics - Plastering - Decorating

Fencing & Patios

YOUR ONE-STOP REPAIR & MAINTENANCE SHOP

Free Quotations & Prompt Service
NO JOB TOO SMALL

Call Brian on
Mob: 07903 138251

Lidl comes to Heacham

Councillors have approved plans for a new Lidl supermarket in Heacham. It is to be built despite objections from local residents and the parish council.
It's the third time Lidl has applied to develop the site since June 2016.
The discount retailer first applied to build the store on the former R.J. Stainsby garage site on the A149 in June - but it was turned down.
Local residents expressed concerns over the design of the building and potential transport issues.
The firm made changes to the design of the building which was considered by the West Norfolk planning committee and passed.

Excerpt from Suffolk Gazette

Lidl is launching Middle Class Mondays so well-to-do customers can take advantage of cheap shopping without having to meet any common people.
Many snobby shoppers would like to try Lidl instead of Sainsbury or Waitrose – but cannot cope with the thought of rubbing shoulders with the working class.
So supermarket bosses will ban the great unwashed on Mondays, and allow only yummy mummies or men called Jeremy through the doors.
One middle class shopper from Suffolk said: “Lidl is supposed to be very good value for money, with some real quality, which is surprising because poor people don’t appreciate nice things.
“I have been wanting to try it for ages – they do nice wines and even lobster – but the thought of coming face-to-face with a large working class woman and her loud children fills me with horror.
“So Lidl’s Middle Class Mondays is a great idea. I can shop without fear, and also common people won’t feel inadequate by being in the same social space as me.”
A spokesman for Lidl said: “Finally snobs can come and experience our great deals. We now challenge Waitrose to hold Working Class Mondays so our customers have somewhere to shop when we turn them away.”

Simply CooKit

HOME COOKED MEALS
DELIVERED TO YOUR DOOR

Home cooked, high quality frozen meals delivered to your door.

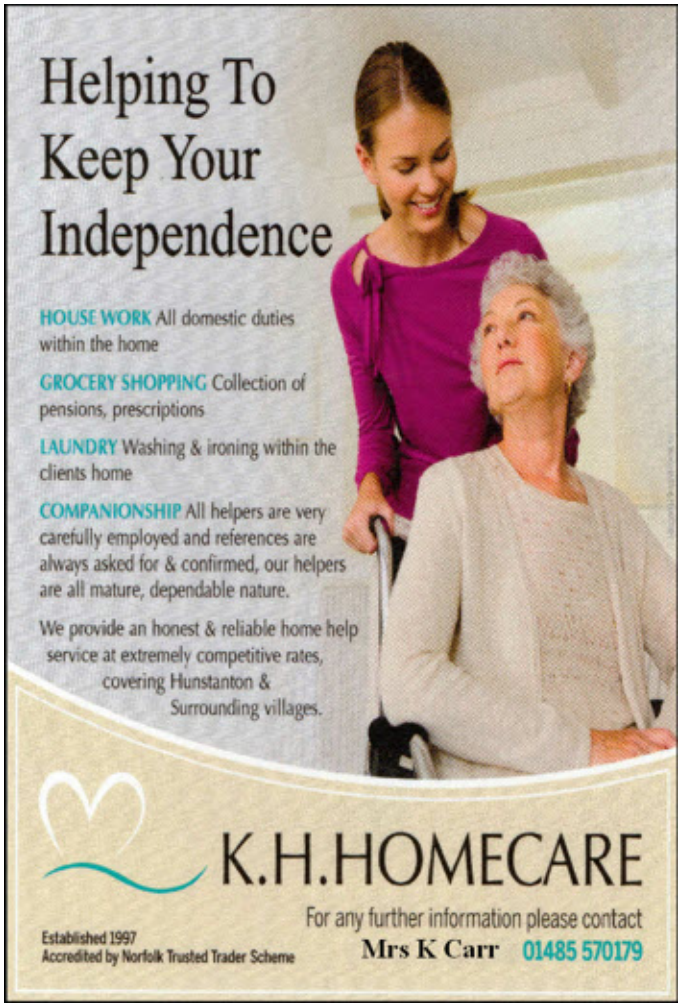
Made with fresh, local ingredients (where possible) with no artificial colourings or preservatives. Fresh is best.

Made by local chef Kat Asker in Snettisham.

Cooked in a 5* hygiene rated kitchen.

Free local delivery (minimum order of 4 meals per delivery)

To place an order or see a full menu please contact me
07767753413
email: simplycookit.kat@gmail.com
Find menus and full details on
www.facebook.com/simplycookitnorfolk
@SimplyCooKit



Is Your Dog the Answer to the New You?

Pawfect Inspiration to Improve Your Life in 2017!

What would you **really** like to achieve in 2017 and will you stick to it?

Perhaps you would like to get fitter, get out and meet new people or even begin a new career but need that special someone to give you a hand? According to a **poll for Bupa** last year, 26% of Britons had planned to make a New Year resolution in 2016 but the vast majority (88%) failed, so if you have big plans for the year ahead and are a dog lover, then perhaps you have a very surprising but effective life-coach right on hand!

Barking Mad (North West Norfolk), a local service provider of 5* rated dog care, has been inspired by the ITV television show **'This Time Next Year'**, which sees everyday British people achieve huge personal goals. It prompted the dog holiday specialists to think about how difficult it can be to make changes and how inspirational and motivational dogs can be. J.W Stephens famously said:

"Be the person your dog thinks you are!"

If you feel that you lack confidence and that you will never achieve your dreams, look towards your canine best friend. Dogs see us as pack leaders worthy of worship and live in the moment, without worrying about the past. To your dog, you are their whole world and they have total belief in your abilities.

By involving your dog in your plans for 2017, Barking Mad believes that you will have far more chance of success than just by setting goals.

Dogs are now being widely recognised as motivational. The Kennel Club has launched a **Bark and Read** initiative, where children benefit from practising their reading to dogs! The Kennel Club states that reading to a dog, "enhances self-esteem, motivates speech and inspires children to have fun and enjoy the experience of reading."

Similarly, the University of Stirling is so convinced by the benefits of 'human – dog interaction' that they have set up **'Paws for Progress'** as part of their behaviour and evolution research. Young offenders are taught to improve rescue dogs' behaviour to provide 'positive and rewarding interactions'. Working together with the dogs meant that the young offenders gained, 'increased self-achievement of targets and goals'.

If you want to improve your health and fitness levels, exercise can be far more enjoyable if you involve your dog! How about extending the length of dog walks or taking up a new activity, such as dog agility? Or if you feel like you would like to meet new people, how about brushing up your dog's skills by joining a training class, or varying your dog walking route and chatting to other dog walkers?

Perhaps you feel undervalued and demotivated in your current job; have you thought about a change of career that incorporates your love of dogs and offers greater flexibility? Barking Mad Dog Care, now a national network with over seventy branches, was famously inspired by MD Lee Dancy's Dalmatian, Bronte. She enthuses:

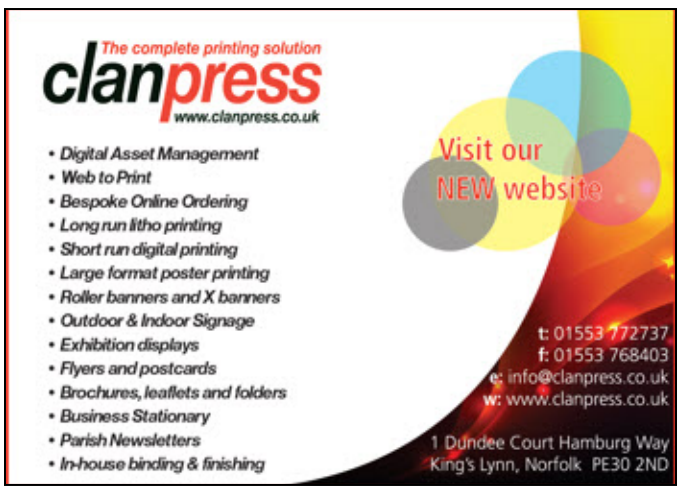
"In 1999 I was lucky enough to become the proud owner of a lovely Dalmatian puppy called Bronte. I began looking into pet care and pet sitting and was immediately dumbfounded by the lack of alternatives to traditional kennelling. My research showed that there was a demand for something different and so I set about creating a whole new concept."

Don't worry if you don't have a dog of your own, Barking Mad offers the opportunity to become a 'host', looking after dogs while their owners are away, at a time to suit you. This arrangement is fully insured, easy to take part in and comes with full 24 hour support. Contact Tania on 01485 205715 or tania.stowe@barkingmad.uk.com.

Barking Mad are searching for the most inspirational story of a dog lover's goal for success in 2017 and would love to follow their story throughout the year. Does this sound like you or someone you know? Please send them a message on their **Facebook page** or email karen@barkingmad.uk.com. They'd love to hear from you!

Tania Stowe
North West Norfolk
01485 205715
tania.stowe@BarkingMad.uk.com

www.BarkingMad.uk.com



At the King William IV at Sedgeford
on
Wednesday 8th February 2017
at 7.00 pm

astro brain tumour fund £17 per head astro brain tumour fund
Raffle

Phone 01485 571765 to reserve your place

A fundraising evening in aid of Brain Tumour Research
organised by the Astro Brain Tumour Fund,
based in Sedgeford, who have been funding research
into slow-growing brain tumours since 2001.
www.astrofund.org.uk
Today more children & those under 40 die
of a brain tumour than from any other type of cancer.

Community Cinema in Syderstone

Presents:

On Saturday 18th February 2017

THE BFG (PG)

Ten-year-old Sophie begins the adventure of a lifetime when she meets the Big Friendly Giant, who whisks her away from her orphanage to Giant Country. Despite his intimidating appearance, the BFG is a kind-hearted soul considered an outcast by the other giants because, unlike them, he refuses to eat children. Together, Sophie and the BFG go on an adventure to capture dreams for the BFG to give to all of the world's sleeping children. After travelling to London, Sophie and the BFG must convince Queen Elizabeth to help them get rid of all the bad giants once and for all. Based on Roald Dahl's book, the film is directed by Steven Spielberg and stars Mark Rylance and Penelope Wilton.

Venue: Amy Robsart Village Hall,
Syderstone PE31 8RX.
Start time: 7.30pm.
Advance Tickets £3.50
Contact 01485 578244 / 01485 578171
Email: cinema@syderstone.com

SJP
SOLICITORS

Staveley Johnson & Procter

Formerly Hawkins of Hunstanton and Beloe & Staveley

Contact Us
Staveley, Johnson &
Procter Solicitors
Waverley House, 37 Greevegate
Hunstanton
Norfolk PE36 6AB

Telephone: 01485 532662
Fax: 01485 534802
DX: 95250 Hunstanton

info@sjpsolicitors.co.uk

Solicitors acting in the North Norfolk area, including Kings Lynn and Norwich

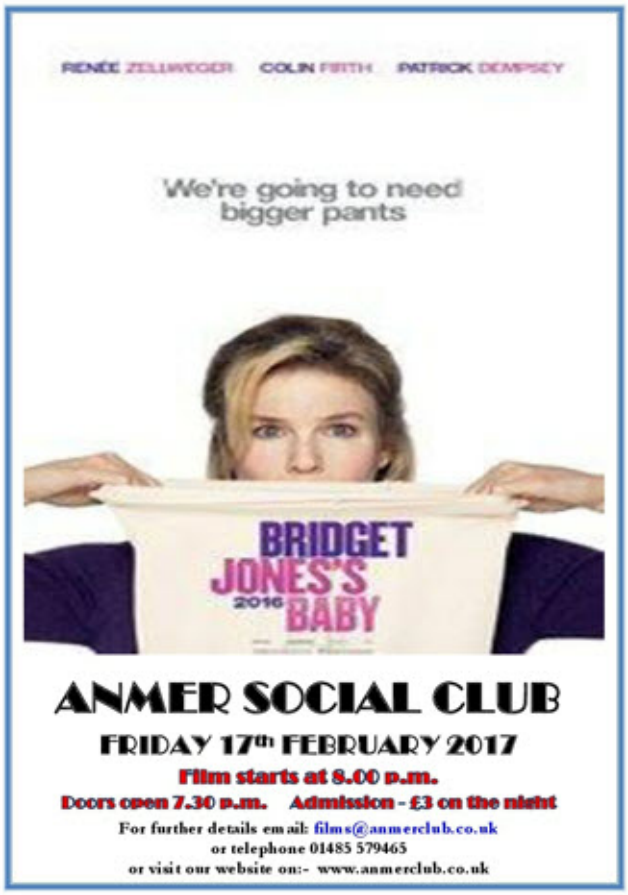
We are a local firm of solicitors
that cover and are experienced in;

Conveyancing, family, residential and commercial lease, debt recovery, litigation, wills and probate, and personal injury, contract and professional negligence and dispute matters.

We can often offer fixed fees so you know where you stand on costs and an introductory ½ hour free of charge.

www.sjpsolicitors.co.uk

Conveyancing Quality



ANMER VILLAGE SOCIAL CLUB
FILM NIGHT

Friday 17th February 2017 at 8.00pm

'BRIDGET JONES'S BABY'

Comedy starring Renée Zellweger, Gemma Jones and Jim Broadbent in which Bridget's focus on single life and her career is interrupted when she finds herself pregnant, but with one hitch - she can only be fifty percent sure of the identity of her baby's father.

Venue – Anmer Village Social Club
Admission by ticket - £3 at the door
Doors and bar open 7.30pm

Email: films@anmerclub.co.uk or telephone 01485 579465.
For details of this and other forthcoming events, including trailers of future films, visit our website at:
www.anmerclub.co.uk

HUNSTANTON CONSERVATIVE CLUB

ENTERTAINMENT FOR FEBRUARY

Saturday 18th	VALENTINE DINNER AT 7.30pm Tickets available at the bar.

SPORTS COMPETITIONS

Monday 6th	DOMINOES – 2.30pm
Thursday 9th	LADIES DARTS – 2.30pm
	GENTS DARTS – 5.30pm
Monday 13th	CRIB – 2.30pm
Wednesday 15th	BACKGAMMON – 2.30pm

All entries at the bar.

Eileen Hamilton
Chairman

Yvonne
Mobile Hairdresser

CUTS, BLOW DRY, SHAMPOO & SETS,
COLOURS, PERMS,
ALSO GENTLEMEN'S HAIRCUTS.
IN THE WARMTH & COMFORT
OF YOUR OWN HOME
REASONABLE PRICES

01485 572010

MORE THAN 20 YRS EXPERIENCE

Fullers Body Repair Centre

Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT
T: 01485 570799
M: 07799 118503

Established 1973
E: beautifulbodies@hotmail.co.uk

Free Estimates · Resprays · Accident Repairs
Corrosion Repairs · Insurance Approved

THE PENTNEY BROOCHES

We are very pleased to be able to announce that two of the extraordinary Pentney brooches will be on display at the Lynn Museum. This special display features two of the Pentney brooches on loan from the British Museum. These silver brooches were found in 1977 when a grave was being dug in Pentney churchyard, ten miles outside King's Lynn. Six brooches were found and two are to be displayed here. At the time, neither their age nor value were recognised and they were left in the church parish chest. A few years later the brooches were brought into Norwich Castle Museum where they were identified as dating from the Anglo-Saxon period and of great rarity and archaeological importance. During the Anglo-Saxon period brooches like these were worn to fasten clothing. All the Pentney brooches have cruciform designs, although the cross is more obvious in some than others.

The display opened to the public on 10th January and will run through to the end of February. Our colleague, Dr. Tim Pestell, will be giving a talk about the brooches and the period in the museum on the 8th February. His subject will be 'Anglo-Saxon East Anglia and the Pentney Hoard'. East Anglia was one of the wealthiest regions of England in the Anglo-Saxon period, which makes it easier to understand why such a fabulous hoard of jewellery like the Pentney brooches was buried here. Dr. Pestell's talk will look at why the region was so rich and why the hoard may have been buried. The Museum is open Tuesday to Saturday 10am – 5pm and admission is free.

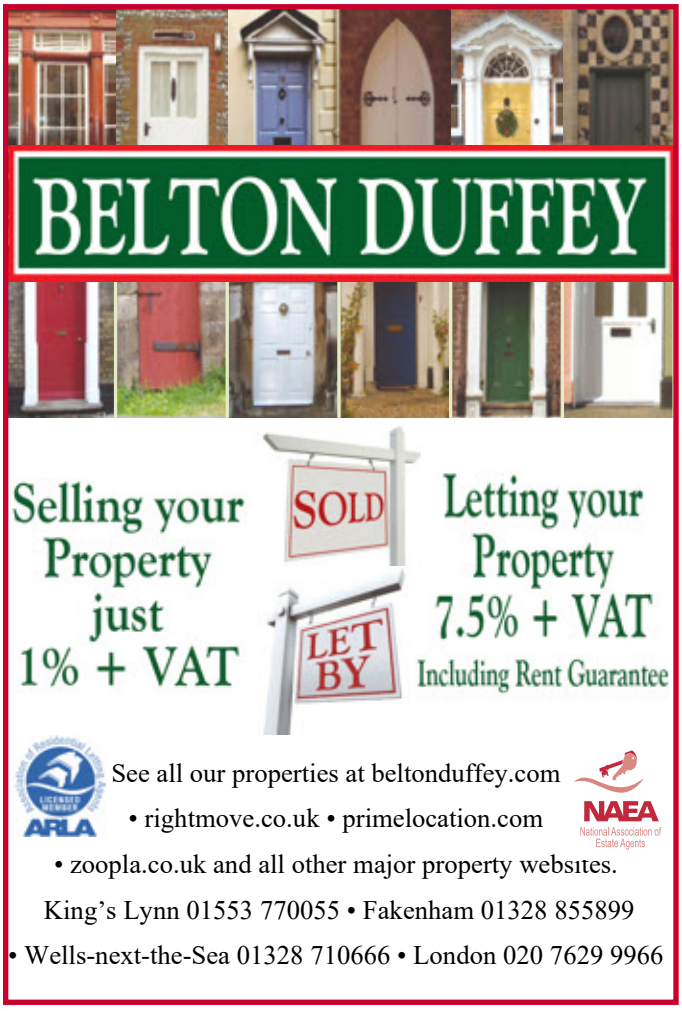
We hope that people can come to Lynn to see the brooches, and we would be fascinated to hear if anyone remembers their discovery.

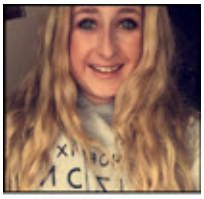
Carl Hutchings
Front of House Supervisor
Lynn Museum
Tel: 01553 775001

Answers to Anagrams on page 9

1) Peru
2) Spain
3) Poland
4) Estonia
5) Iceland
6) Romania
7) Bulgaria
8) Ecuador
9) Belarus
10) Malaysia
11) Netherlands

GardenScapes
Fencing & Landscapes
* SPECIALISING IN ALL TYPES OF FENCING *
* DECKING * PATIOS / PAVING *
* TURFING * RAISED BEDS * SHEDS*
* STONE GARDENS * PONDS *
PHONE : 07555126913
EMAIL : Gardenscapes1@hotmail.com





Paris Larham

Pocahontas Players Heacham and 'Alice in Jumbleland' Pantomime

The Pocahontas Players is an amateur drama group in Heacham, which started in 1995 with their first production, 'Parallel Lines'

Janice Curtis and Jeannie Tooley are the founder members of the group, who previously belonged to 'Sedgeford Amateur Dramatics'. Jane Knight was also one of the three founder members, but unfortunately passed away about three years after the Pocahontas Players first started up.

Janice and Jeannie decided that they wanted to start their own drama group after being part of the Sedgeford group for around three years. Janice always wanted to be on the stage, so Janice and Jeannie decided to create a breakaway group. Therefore, they arranged a meeting at Heacham Public Hall to discuss names for the group and how to start it off. The obvious name for the group to them was 'Pocahontas Players'.

When the Pocahontas Players started off there was absolutely nothing in the Public Hall. Only a 'tatty' pair of curtains which were soaked, the back curtain which, when drawn, fell into strips and the back wall was smashed up. As well as being destroyed, the back wall had a piece of hardboard which contained posters of all the groups that had been in Heacham Public Hall from previous years. For instance, in the 1960s all the top line groups were around the local area and performed here. One of these groups was, "The Animals" who were number one in the charts when they performed here.

Until the Pocahontas Players started using the hall again for their shows and productions, the hall had been left unused for several years.

As there was nothing in the hall that could be put to use by the Players, they had to start from scratch with equipment and essentials to make the hall look modern again. The first donation received by the Pocahontas Players was kindly given by the Heacham Parish Council, being the sum of £50. With this money, the group made some equipment, such as stands, and progressed on over the years from there. From each show, they have gained sponsorship and more donations, enabling them to get new equipment such as microphones and new chairs.

One of the group's sponsors in particular is Mick Jennings. He has sponsored the group throughout every production they have performed and even helped with things like raffle tickets, raffle prizes, advertising and donations.

In 2001, Janice Curtis' mum bought the group some lights which were critical for their performances, coming to a grand total of £800.

The first production the group performed - 'Parallel Lines' contained wooden chairs for the audience to sit on. These particular chairs had lots of little holes in them, which wasn't amazing! There also weren't enough chairs to seat the audience because there were more people turning up as each show went on. Whilst these chairs were still in action, the group could only sell around seventy tickets because there quite simply weren't enough chairs for any more than that number to sit on. In that particular play, there were around 15-18 members who took part

As the group carried on, there was one terrific performance that created the best turnout the Pocahontas Players had ever had in their time. Therefore, they had to use the plastic garden chairs as well as the wooden ones to seat everybody who came, which of course caused plenty of chaos as you can imagine!

In the Players' old days, they didn't have any singers, so all of the cast used to sing one song together at some point during the performance.

Gradually the players have added and developed equipment and props to what they have today. The group's current seating can take up to a maximum of two hundred people. They now have a full theatrical light set up, every single person who performs on the stage with lines is radio mic'd, whereas, beforehand there was a microphone that was passed around to everybody in turn, which didn't work out for the group.

Each production conducted by the players never uses the same backdrop. Every new production performed has a brand new backdrop.

Photo by Justine Carter.

One of the key things that Janice and Dave Curtis told me was "We never use the same costumes."

The Pocahontas Players are very good at getting members who stay for an extremely long time and make an impact on family generations. One of their members was supposed to perform in their first play but was unable to do this due to personal issues, but came back the second year. The member has now performed in every play since then and has gone on to have three children of his own. These children are now part of the Pocahontas Players themselves and they absolutely love it!

On the first week of the players' discussion on a new performance, they sit in a circle and read through the play. Following on from this, the next three weeks consist of auditions for the pantomime. The audition panel will then mark the individual out of ten for stage presence, voice (if singing) and other factors that must demonstrate a good ability.

The majority of the players' performances now contain about thirty-five to forty-five members; this will vary depending on which show it is.

The Pocahontas Players are always looking for backstage crew to join them in their performances, as the stage holds more interest for most people who take part in the performances.

Janice and Dave Curtis told me, "One of the nicest things about working with the individuals in the Pocahontas Players is that we see them all grow up."

Therefore, every so often they get the members to write around two hundred words to go into the programme about themselves and their time through being part of the Pocahontas Players.

The Pocahontas Players don't just give people the chance to perform, they boost their members' confidence and help them achieve their goals.

In the programme for the performance 'Alice in Jumbleland' some of the cast wrote a few words.

Laura Thomas said, "One of the best things about this group is that people of all ages and backgrounds are connected by the

same passion for the stage, and I have met many wonderful people over the years, including some of those who I now consider to be my best friends. The Pocahontas Players never judged my youth or lack of experience and gave me the opportunity to take on roles which helped my confidence grow in leaps and bounds - they believed in me, as they do everyone who steps through their door."

Becca Whybrow said, "Being just thirteen when I first joined it helped tremendously with my confidence, I wouldn't be who I am today without the support and friendship from the Pocahontas Players; from pushing me to audition big parts on stage, to supporting me through job interviews and other life experiences."

Two people are worldwide entertainment managers who have been through the Pocahontas Players. They both built their confidence through the players and worked themselves up to where they are today.

I attended one of the four opportunities to watch 'Alice in Jumbleland' at the Public Hall in Heacham. 'Alice in Jumbleland' is a story written by the script writer, Jimma Race. Alice follows the White Rabbit into the world of the Queen of Hearts, Jumbleland. She agrees to help the White Rabbit on the quest he has been sent on by the queen, which requires him to return to the 'Human World' to collect certain things that the Queen needs. Whilst on this journey, they encounter characters from the Wild West, New York, Egypt and the Jungle and of course not to forget, Futuristic Freda. (The Queen's soothsayer).

Peter Everingham wrote in the programme for the show. He is the director of the shows performed by the Pocahontas Players. He noted that, interestingly, there are at least six members of the cast who took part in the original productions 18 years ago!

The Pocahontas Players would like to thank Peter Oakes and Jenny, Mick Jennings and the Jutsum Family for their very generous donations which help keep the drama group in providing live entertainment for Heacham and the surrounding area to enjoy. Also, a huge thank you to Heacham Youth and Community Trust for their continued support.

This production was dedicated to the one and only "May Ada Rose Race" 1920-2016, who was the players number one fan and supporter since they began in 1995.

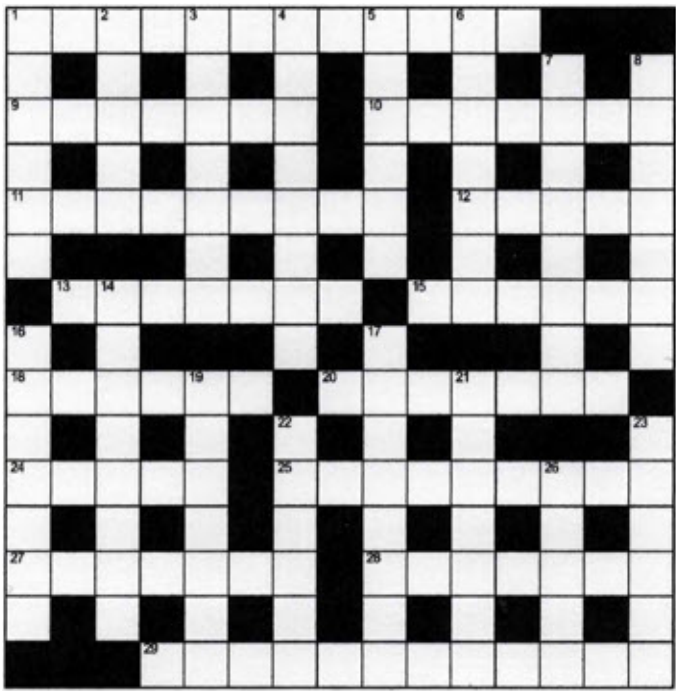
The next production will be presented around the months of May/June, entitled "Who Were You With Last Night?" Written by Janice Curtis. (2017). Make sure to keep an eye open for advertising, dates and ticket sales!

If you are interested in joining the Pocahontas Players, be sure to call 01485 570402 for details

Remember, whatever your abilities are there will be something you can do to help with the next great show!

You can keep up with the players by visiting their website - www.pocahontasplayers.co.uk

THN



CROSSWORD CLUES

Across:

1. Options to reform locals (12)
9. Jazzy rat is fashionable choice for another (7)
10. Arrive at bridge by way of tube (7)
11. Frank takes a party option to create an opportunity (4,1,4)
12. Transact business and dash back to east (5)
13. Tart, doctor and soldier possibly, meet in road (7)
15. A first class lead needed for harmony (6)
18. Bureau has information in account to be identified (6)
20. Establish trendy small gallery (7)
24. This person and toddler head west to find emblem (5)
25. Unauthenticated tale can do wrong (9)
27. Drums beat convincingly after short time, while I go ahead (7)
28. Nothing available to secure judgement (7)
29. Shipped fair, all at sea, with revolutionary holding crew (12)

Down:

1. Gold in different forms holds mastery over contracted writer (6)
2. Get strain from tango marathon? (5)
3. County furrow ground (7)
4. Tune composed to echo in the wind (8)
5. Turn over while resting (taking five) (6)
6. Cats lie in such a way that they can stretch (7)
7. Organize scrap, including a small car (8)
8. Goes to a race complete with tips (7)
14. Extra work done in due course (8)
16. Is able to give repeated thanks for composition (7)
17. Ten fail to start, while five find energy and run for cover (8)
19. Drink affected by air turbulence (7)
21. Arranging and rearranging dignity (7)
22. Petty argument about a registered charge (6)
23. Reproduced single in CD format (6)
26. Has a joint and whiskey before first dance (5)

SNETTISHAM BEACH SAILING CLUB

FREE OPEN DAY: *PUSH THE BOAT OUT*!

Question: Who are Hannah Mills? Saskia Clark? Giles Scott? Nick Dempsey?
Answer: You were probably cheering them on last August when they were winning sailing gold medals at the Rio Olympics.

Question: What have you got in common with them?
Answer: Everyone has to start sailing sometime, and 2017 is your time…….

If you are 8 or 80, or anything in between, everyone is welcome as Snettisham Beach Sailing Club throws open its doors for its Open Day on **Saturday 20th May 2017 from 12.00 noon**, as part of the Royal Yachting Association national initiative "Push The Boat Out" to promote sailing and discover more Champions. Everyone is welcome to come along and try sailing – all for free!

There will be free sailing taster sessions on the sea from 12.30 and on the lake all day long.

Come and enjoy our recently improved clubhouse, benefiting from £100,000 work.

Food from the BBQ and drinks from the bar.

Save 10% off any R.Y.A. courses booked on the day

There is no need to book in advance, just come along on the day!

Just bring footwear you don't mind getting wet, a windproof top, a change of clothes, and a towel.

No experience is necessary and would-be sailors of all ages from 8 years upwards are welcome. Children, you must be accompanied by an adult but your adult doesn't have to go sailing. Come and chat with our members and find out how you can get into sailing.

For full details see www.snetbeach.co.uk

Photos by Mark Foley

Heacham & District Community Car Scheme
Charity No. 1105568
A MEMBER OF Norfolk community transport Association

PROVIDING TRANSPORT TO ALL MEDICAL SERVICES INCLUDING HOSPITALS AND SOCIAL CLUBS FOR THOSE THAT MEET OUR CRITERIA

OTHER SERVICES CONSIDERED, PLEASE CONTACT US FOR FURTHER INFORMATION AND TO SEE IF WE CAN HELP WITH YOUR REQUIREMENTS

01485 534777
MON– FRI 9.00—1.00

WE HAVE PUBLIC LIABILITY INSURANCE

Acorn
Pest and Country Services
npta
Rats & Mice Squirrels Rabbits
Moles Birds Wasps & Bees
Bed Bugs Fleas
Cockroaches
01485 576162 - 07725 878712
www.acornpestandcountryservices.co.uk
Acorn Pest and Country Services, Syderstone, Norfolk

GARY KITE
Computer Services
Sales, Upgrades, Repairs,
Home Call for Tuition,
Broadband Installations
& General Maintenance
Satellite Broadband
Available now - call for details!
Tel: 01485 544 606 Mobile: 07775 512 485
•Personal Service • Professional Technician

CROSSWORD SOLUTION

Across

1. Alternatives
9. Traitor
10. Viaduct
11. Open a door
12. Trade
13. Mordant
15. Accord
18. Agency
20. Instate
24. Totem
25. Anecdotal
27. Timpani
28. Opinion
29. Airfreighted

Down

1. Author
2. Trace
3. Rutland
4. Airborne
5. Invert
6. Elastic
7. Runabout
8. Attends
14. Overtime
16. Cantata
17. Envelope
19. Campari
21. Tidying
22. Tariff
23. Cloned
26. Twist

Angelina's
CURTAINS AND BLINDS
Curtains • Roman Blinds • Wallpaper
Everything your windows need, professionally measured and fitted
Roller Blinds
Vertical Blinds
Venetian Blinds
Woodslat Blinds
Unit 1 Heacham Hall Industrial Units, Heacham, Norfolk PE31 7JT
Open Mon - Fri 10am - 4pm, other times by appointment.
Call us on 01485 571 147
www.angelinascurtainsandblinds.co.uk
email:angelinasinteriors@gmail.com

GARY RUSHMORE FLOORING LTD
To discover all your floor covering requirements – visit our new one-stop showroom!
• free measuring and estimates with no obligation
• superb range of carpet, vinyl, laminate and Karndean samples
• exceptional service, induding uplifting and disposing of old flooring and moving furniture
• carpets supplied and fitted by our professional team
• a family-run business, over 25 years of experience
• hundreds of room size carpets & vinyl roll ends at wholesale prices
• home selection service available
Unit 6, Heacham Hall Industrial Units, Hall Close,
Hunstanton Road, Heacham, King's Lynn, Norfolk PE31 7JT
Telephone: 01485 572202 email: rushmoreflooring@btconnect.com
www.garyrushmoreflooring.co.uk
OPEN:
Mon to Fri:
9.30am-4pm
Saturday:
10am–2pm
(closed Thurs
from 1pm)
HOW TO FIND US
Hall Close
Hunstanton Road
GARY RUSHMORE FLOORING
A149
Lynn Road
Heacham/ Norfolk Lavender traffic lights
King's Lynn

DO YOU HAVE INCOME (OR GAINS) FROM PROPERTY? .....

PART IV: BUILDING PLOTS

by Kathryn Gigg, Chartered Accountants, Hunstanton

With the current increase in property values and a return of lenders with an appetite to assist with property matters, subject to status, many people are exploring how to make the most of their assets**. A popular plan is to explore selling off excess land as a building plot.** If you are fortunate enough to have "spare" garden land and live in an area which will allow development, then an opportune course of action might be to obtain planning permission for part of the plot. This then gives rise to the question of whether you are thinking of building on the land yourself and selling on; moving into the new property personally; or selling the plot, with the benefit of planning permission, to a third party, who then takes on the development project but pays you a healthy premium for the bare land.

If such an exercise is planned thoroughly and managed well, then it can be the key to a useful cash bounty. However, despite the plethora of TV programmes suggesting that land development is easy, a badly carried out project can result in heartache, financial hardship and an unexpected tax bill. Good and careful planning is, as ever, a prerequisite to success and the first port of call after the architect or planning consultant should be your Accountant/Tax Adviser as the tax treatment of the development is fundamental to a satisfactory outcome. Errors and oversight here, can give rise to unwanted tax bills and the figures can be high.

So, what are the tax considerations to take advice on? The first question is the treatment of the garden plot itself. Garden land can be worth as little as £10,000 per acre with no planning permission, (although it is usual for it to carry some premium over agricultural value, particularly if it constitutes a "pony paddock"). However, an acre of development land can be worth a considerable sum and this uplift in value can create a large tax bill. A common misconception is that the sale of a garden plot is always free from **Capital Gains Tax** (CGT). This is not the case and there are a number of "elephant traps" for the unwary. If planned carefully then the land may be deemed part of your **"Principal Private Residence"** (PPR) and hence be covered by the exemption that prevents CGT being charged when you dispose of your PPR, or part of it. However, the land must be being enjoyed as part of the property (it needs to be garden rather than waste land or a field or paddock) and, in most cases, the entire plot (before being split) must be under half a hectare in area (around one and a quarter acres). Furthermore, the usage and enjoyment needs to be continuing as at the date of sale. Hence, for example, if you were in the process of selling the house and the garden plot at the same time, perhaps to separate purchasers, but, not realising otherwise, sold off the house before the plot then you are likely to have cancelled out the CGT exemption: despite the plot having been part of the garden for years, at the point of sale it was simply a piece of ground and cannot be connected with the house as this is already sold! Structured another way, ensuring the garden is sold off first, can achieve the same return but with no unpleasant CGT bill at a maximum of 28%. A similar problem can exist where the plot is permanently fenced off and effectively excluded from the garden prior to sale.

Kathryn Gigg
CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS
Offering a comprehensive range of services for both business and personal clients
- annual accounts, business and company taxation
- business start up advice and incorporation
- management accounts, budgeting and forecasts
- SAGE installation and training
- payroll, VAT and bookkeeping services
- auto enrolment administration
- small business specialists
- personal tax returns and self assessment advice
- capital gains tax advice and inheritance tax planning
- free initial consultation and fees agreed in advance

For an appointment please contact: Mrs K H Gigg FCA
THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk
Regulated for a range of investment business activities by The Institute of Chartered Accountants in England and Wales.

The potential CGT exemption is of utmost importance and, given the potential tax liability at stake, HM Revenue & Customs look at this very carefully indeed. When the plot is in excess of 0.5 Ha, the onus will be on the taxpayer to justify that the larger area is appropriate to the size of the house. This is not always impossible, but may require some careful negotiation with HMRC.

If you have progressed to this point and simply plan to sell off the bare land with the benefit of the planning, then you may stop here. (Having said that, **every set of circumstances is different and it would be far preferable to take advice ahead of entering into <u>any</u> transaction.)**

If you are considering "building out" the plot and become a "speculative" builder in your own right, then detailed tax planning is paramount. The temptation is that by doing this, not only can you potentially benefit from the increase in the land value due to the planning permission (as you would do if you simply sold it bare) but also share some of the profit in the building itself. Another option might be that you have a property built and then move into the new one and sell or let out your existing property. **There are endless possibilities. All of them have taxation consequences,** one of which is that much of the profit might be subject to Income Tax at 40% or 45% (plus National Insurance) rather than CGT at 18% or 28%. If you become a "trading" builder you will need to register for self-employment or alternatively you may decide to operate through a limited company, particularly if the project might cover more than one plot.

In either case, it is essential that you obtain professional guidance at the earliest stage, which will not only cover the CGT aspects

but also the interaction of that tax with Income Tax, National Insurance and of course the spectre of VAT.

The moral of the tale is to take specialist taxation advice at an early stage. It will incur a fee but can save many thousands if it avoids a course of action that leaves you liable to a tax that you were not expecting.

Kate Gigg and her team at Kathryn Gigg Chartered Accountants specialise in all aspects of property tax and would be pleased to advise you if you are carrying out any property transaction and need specialised Capital Gains Tax assistance.

If any of these issues affect you and you are in need of further advice, please contact either Kate or her assistant Nicola Tarry FCA, who will be pleased to talk matters through with you.

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.

Mrs K H Gigg FCA

***Caution**: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.*

© Kathryn Gigg 2016

DO YOU HAVE INCOME (OR GAINS) FROM PROPERTY?

.....

PART III: FOREIGN MATTERS

by Kathryn Gigg, Chartered Accountants, Hunstanton

In our previous articles we have covered the basics of tax on property income, whether from a **Furnished Holiday Let** (FHL) or a residential "**buy to let**" (often on six month **Assured Shorthold Tenancies** (ASTs)). However, with the opening up of Europe and the proliferation of cheap flights, many people now own properties outside of the UK which they let when not being used for personal holidays, or hold a portfolio of houses in a popular overseas tourist area.

There is a common misconception that, provided that no monies are brought back to the UK, foreign income or gains are not the concern of HM Revenue & Customs and do not therefore need to be declared. However, unless you are not domiciled in the UK (a legal status which defines your tax "home" and is outside of the scope of this article) then you are required to disclose your **worldwide income and gains** to the UK Tax authorities.

In practice this means that if you have income from a property that you let out which is situated outside of the UK then the income, less running expenses, needs to be declared on your UK Self Assessment Tax Return. If the property is in the **European Economic Area** (EEA) which comprises the 28 member states of the European Union plus Iceland, Liechtenstein and Norway (but does NOT include Switzerland) then, provided it would qualify as a Furnished Holiday Let (available for holiday let for a minimum of 210 days and actually let for at least 105 days) the more generous Income Tax treatment, capital allowances and favourable **Capital Gains Tax** (CGT) treatment available to UK FHLs are also available for the foreign equivalent. If situated outside of the EEA, then the income is simply treated as Property Income and disclosed on the **Foreign pages** of the Return. With effect from April 2018 many rental property owners will also need to make quarterly submissions as part of the HMRC "Making Tax Digital" project.

Any net income generated will be added to your other income of the tax year and UK tax applied in the normal way. Depending on the country in question and any **Double Taxation Treaty** in place between their Government and the UK it is usually possible to offset any foreign tax paid on the income in the host country against the equivalent UK tax so that the income is only taxed once over all.

If you are in the position of having moved abroad to live yourself, and are now letting out your UK property(ies) as a **Non Resident Landlord**, you may find that you are having Basic Rate Tax (at 20%) deducted at source from your rents receivable, either by your letting agent or in certain circumstances by the tenant. This can cause a significant cash flow problem and is therefore an incentive to ensure that your tax affairs are kept under review. If you take the correct advice this can be avoided.

In 2010 it was estimated that there were in the region of 55,000 FHLs owned by UK Taxpayers in the EEA but the income from a number of these was not being declared and taxed, under the Self Assessment regime. This is clearly a significant leakage of tax from the Treasury and HM Revenue and Customs are currently using a "carrot and stick" approach to encourage tax payers to put their tax affairs in order. The main thrust of this

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of tax planning & accounting services for private property investors

- Buy to let landlords
- Second home owners
- Principal private residence tax planning
- Property business structure
- Self assessment advice
- Furnished holiday lettings
- Non resident landlords
- VAT on property
- Estate planning
- Free initial consultation

For an appointment please contact: Mrs K H Gigg FCA 01485 534 800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk
www.kathryngigg.co.uk

Regulated for a range of investment business activities by The Institute of Chartered Accountants in England and Wales.

approach are the various **"Campaigns" targeting, most recently, rental income, second incomes and "Worldwide" income.**

The Campaigns share much in common, and ask the Taxpayer to make full disclosure of the various income that has not been previously declared going back up to 20 years and, in return for this, the Taxpayer pays a significantly reduced level of penalties than would otherwise be the case if HM Revenue & Customs were to become aware of the errors as a result of receiving third party information for example or enquiry. HM Revenue & Customs may also be open to accepting a payment plan for any tax outstanding as, if the mis-declaration has gone on for a number of years, it is quite possible that funds are not available to pay the outstanding amount in a single payment. In addition, if a full declaration is made, then the acceptance by HM Revenue & Customs of the Taxpayer's offer gives both sides certainty of their position and income can be correctly declared and tax paid into the future. It is worth noting that, typically, if there has been a history of undeclared income and this is NOT declared via a Campaign, but instead discovered by HM Revenue & Customs, then the resulting tax, penalties and interest often amount to all, or even more, than the funds accumulated as a result of the non-declaration. A strong encouragement to "come clean" and bring one's affairs bang up to date rather than storing up problems for yourself later, or even for your beneficiaries upon your demise.

HM Revenue & Customs have also been successful, especially in the EU, in persuading foreign tax authorities to disclose details of income that they hold from returns of Banks and letting agents in their own territories that could identify non-declaration in the UK. Behind the scenes, they are undertaking a programme of **matching intelligence from all over the world** with the tax records held by HM Revenue & Customs with the resulting list of potential non-declaration being a valuable starting point for launching enquiries into UK Taxpayers' affairs. It is very much a case of making a disclosure to HM Revenue & Customs before they come calling themselves and seeking the assistance of an experienced professional is the most sensible option.

Kate Gigg and her team at Kathryn Gigg Chartered Accountants specialise in all aspects of property tax and would be pleased to advise you whether you already have a property, whether a single property or a portfolio, or you are thinking of making such an investment and would value some professional input. As set out above, advice can also be provided if you think that you may have under-declared your income, or need to declare a capital gain on the sale of the property or wish to make a voluntary disclosure and take advantage of an HM Revenue & Customs "Campaign".

If any of these issues affect you and you are in need of further advice, please contact either Kate or her assistant Nicola Tarry FCA, who will be pleased to talk matters through with you.

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.

Mrs K H Gigg FCA

***Caution**: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information.*

© Kathryn Gigg 2016

NEWSLETTER SUDOKU No. 109

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

	1	3				9		
		6			2	5	8	7
2				9	6			
		7				4	1	
4			7	6	9	8		
8	5				3			
			4			2	5	
7		5			1	6		
				5	8			9

Solution to Newsletter SUDOKU No. 108

4	1	9	5	2	7	6	8	3
3	5	8	9	4	6	2	1	7
2	6	7	3	8	1	4	5	9
6	8	4	1	3	9	7	2	5
7	3	1	6	5	2	9	4	8
5	9	2	8	7	4	3	6	1
1	4	6	7	9	8	5	3	2
9	2	5	4	1	3	8	7	6
8	7	3	2	6	5	1	9	4

HUNSTANTON LIONS CLUB

The Lion's Tale

What a great 12 months it has been with fundraising, flagship events and social gatherings.

We raised £4,226 which has helped us to support local causes and underwrite our annual flagship events:

- Christmas Lunches for Senior Citizens - 630 feasted
- Less - Able Children's Fun Fair Day – 400 screamed.
- Children's Easter Egg Hunt - 100 panted
- Children-in-Need - £919.26 prized
- Golf Tournament - 36 sweated

We organised the Hunstanton Breast and Testicular Cancer Awareness Day and members supported the Sandringham Flower Show, the Hunstanton Kite & Classic Car Festival, the Snettisham Victorian Christmas Market and the Hunstanton Christmas Tree Festival.

Over 1,000 'Messages in a Bottle' were distributed to the Medical Centres in Hunstanton, Heacham, Dersingham, Snettisham, Docking and Great Massingham for free collection by anyone who wanted one.

We also organised car boot fairs at Glebe House School which, this year, was our principal source of income.

Social gatherings have included rifle shooting, a barbeque, a formal dinner (36th Anniversary), a walk at Sandringham, a Quiz Night in Downham Market and a conkers tournament in Wisbech!

We have supported many worthy causes including: HOP (Help Our Playground) in Old Hunstanton; Eboni who has Hypertrophic Cardio Myopathy, a heart defect; Hunstanton Monday Club for the blind; Hunstanton & Dersingham Day Care Centres for the elderly; The Phobbies Club; Heacham & District Community Car Scheme; The Tracey Swann Appeal and many more.

We are very grateful to all our sponsors and supporters without whom much of this would not be possible.

2017 will be celebrated by 46,000 Lions Clubs in over 200 countries as it marks the Centenary of the founding of Lions International during World War 1 on 7 June 1917 in Chicago, USA. We plan to be as busy as the past 12 months, and are really looking forward to helping those in need and enriching the Community we are proud to serve.

NORFOLK CONSTABULARY
Our Priority is You

POLICE CONNECT
Keeping you informed, keeping your community safe

More than 2,600 people were breathalysed in Norfolk and Suffolk during the Christmas drink drive campaign with 224 drivers failing.

The month-long campaign targeted drivers getting behind the wheel under the influence of alcohol and drugs. Additional patrols and roadside checks were carried out with Norfolk haveing a 6.2% fail rate while Suffolk's was 10.7%.

In Norfolk 1,320 tests were carried out (424 following collisions) with 82 drivers providing positive readings (61 male and 21 female). Thirty-five drivers failed drug tests (32 male and 3 female).

In Suffolk 1,329 tests were carried out (450 following collisions) with 142 drivers providing positive readings (122 male and 20 female). Forty-three drivers failed drug tests (37 male and 6 female).

Chief Inspector Kris Barnard, head of the joint Roads Policing and Firearms Operations Unit, said: "It's always disappointing to see that people are still prepared to take the risk and get behind the wheel under the influence of drink or drugs, although it is a minority.

"Dozens of people caught during the campaign would have started 2017 with a minimum 12 to 18 month driving ban, which will have massive implications on their professional and social lives.

"We target drink drivers all-year round and my plea to motorists considering getting behind the wheel after drinking or taking drugs is don't – it's simply not worth the risk."

During the 2015 campaign 3,349 drivers were tested with 262 drivers providing positive readings in total for both counties. In Norfolk 1,429 tests were carried out with 90 drivers failing while in Suffolk 1,920 tests were carried out with 172 drivers failing the test.

Norfolk's Police and Crime Commissioner Lorne Green, said: "It is clear some drivers still don't grasp the fact that driving under the influence of alcohol or drugs is dangerous and unacceptable and a selfish thing to do. I attach great importance as Norfolk's Police and Crime Commissioner to keeping our roads safe by closely working with Norfolk Police and partner agencies.

"It is just not worth the risk and should not be tolerated by the community. We all have a part to play in keeping our roads safe. Do yourself a favour, do everyone else a favour and don't drive under the influence of drink or drugs and don't let your friends or family do so."

Suffolk Police and Crime Commissioner Tim Passmore said: "Every Christmas our message is the same and every year sadly there are still drivers that do not take heed, I find this extremely disappointing. It beggars belief that despite the obvious dangers, too many drivers still take to the road under the influence of alcohol or drugs.

"All drivers need to understand that drink driving risks lives and the lives of others, it is grossly irresponsible and selfish.

"Too many people lose their lives on our roads and that's why we have invested in extra roads policing – we're doing all we can to keep our roads safe, we need everyone out on our county's road to do the same."

HEACHAM PARISH COUNCIL NOTICEBOARD

PARISH COUNCIL MEETINGS IN BRIEF

Cheney Hill Development: The Parish Council continues to oppose an expanded development at this location. The revised application is due to come before the Borough Council planning committee soon, probably Monday 6 March, and the Parish Council would like as many objectors as possible to attend this meeting.
Lidl: Lidl's new planning application has been approved. While having no objection to the location of a retail outlet on the site, the Parish Council remains unhappy about the traffic arrangements and a design unsympathetic to the area.
School Crossing Patrols: The Council is strongly opposed to any proposed cuts to this service.
Royal British Legion: The Council heard from those concerned about the potential closure of the Heacham sub-branch, including RBL officers. The Council was supportive of any attempt to increase membership and return Heacham to full branch status.
Heacham Community Building Project: Plans have been drawn up for a re-vamp of the existing building to house the Parish Office and Library as an affordable way of getting the project started. The aim is to provide a much larger and user friendly space. Plans and a scale model will soon be available for viewing, so watch this space.
Street lighting: The upgrade of the village's lighting stock to LEDs will get underway this month.
Trees: The removal of a diseased horse chestnut tree at the Recreation Ground, and other remedial work to trees there and at Brays Pit was commissioned.
New Vice-Chairman: Mr Daniel Parton has stepped down as Parish Council Vice-Chairman. He is replaced by Mr Terry Clay.
Vacancy: There is still a vacancy for a new Parish Councillor.

The next Full Council meeting will be held on Tuesday 21 February at 7.30pm at the Parish Council.

BRAYS PIT WORKING PARTY

There is to be a working party at Brays Pit on Sunday 19 February, starting at 9am. Everyone is welcome to help, please bring gardening tools and sensible clothing.

ANN MARRIOTT MEMORIAL SEAT

A new seat has appeared on South Beach Road. It is in memory of Ann Marriott who lived in Finedon, Northants, and had a caravan on Park Resorts. She had taken retirement from teaching and was only 2 days into her retirement when she passed away at her caravan. The bench was donated in her memory by her friends Ann, Bob, Cath & Debbie.

Heacham Carnival Parade and Fete 2017

This year's Carnival Parade will be on Sunday 6 August, with a Pocahontas theme. Please make a note in your diary!

NEW PARISH COUNCILLOR SUSAN LAMB

I moved to Heacham in 2007 with my husband, Peter Colvin, from Southend in Essex, where I owned and managed a successful live music venue and traditional 'locals' pub. We moved to Heacham because we both wanted to be involved in 'village life'; to be close to the countryside and beach, with relative peace and quiet and a slower pace of life. I joined the Parish Council because I care about Heacham, how it is now and what it may become in the future.
Since I sold my holiday cottages business on Cheney Hill last year, I find I have too much time on my hands. which I think would be better put to use maintaining and improving Heacham's environment and the village community as a whole.
I am already an active member of our Twinning Association and am a volunteer in the local Community Trust Charity Shop, but I believe I have more to offer.
My husband and I love living in Heacham and village life in general. We have two spaniel type dogs and enjoy walks around the fields/footpaths and beaches and saying hello to others that we meet while out and about.
I have found that Heacham is a very friendly place and has a welcome for anyone who wants to be part of its family, including the numerous 'part time' residents and holidaymakers who love Heacham as their second home. Almost every visitor I've met say they have been coming here for years and wouldn't dream of ever wanting to go anywhere else.
Bring it on!!

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
www.heachamparishcouncil.co.uk
Open Tuesday - Friday 10.00am–noon

HELP LINES

HEACHAM GROUP PRACTICE **01485 572769**

HEACHAM	MON TO FRI	08.30 TO 13.00	14.00 TO 18.30
SNETTISHAM	MON TO WED	08.30 TO 12.30	14.00 TO 18.30
	THURS/FRIDAY	08.30 TO 12.30	Closed p.m.

OUT OF HOURS DOCTOR **111**
For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME **534777**

HEACHAM CHEMIST **570297**
OPENING HOURS MON TO FRI 09.00 TO 18.30
SAT 09.00 TO 17.30
Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance
DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE **572142**
OPEN TUES TO FRI 10.00 TO 12.00
STREET LIGHT FAULT REPORT **572142**
BOROUGH COUNCIL OFFICE **01553 616200**
BOROUGH COUNCILLORS
Mr C. MANNING **07885 258392**
Mr T. Parish **07885 258428**
NORFOLK C C MICHAEL CHENERY **01328 823411**

PARISH LIBRARY **571928**
OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE **570330**
OPEN MON – FRI 08.30 TO 17.30 SAT 09.00 TO 13.00

EMERGENCY SERVICES
QUEEN ELIZABETH HOSPITAL **01553 613613**
NHS Helpline **111**
DENTIST **Emergency only for patients not registered with a dentist** **01553 769264**
COMMUNITY MIDWIFE (Ask for Hunstanton M/W) **01553 613613**
POLICE **101**
SAMARITANS **01553 761616**
CHILD LINE **0800 1111**
SILVER LINE **0800 4708090**
ELECTRIC **0800 7838838**
ANGLIAN WATER **0845 7145145**
GAS ESCAPE **0800 111999**
EMERGENCY 24hrs VETERINARY CLINICS **01485 570065**

HUNSTANTON LIBRARY **532280**
OPEN MON. TUE. and FRI 10.00 TO 17.00
WED. 10.00 TO 19.00
THUR and SAT 10.00 TO 13.00

HEACHAM CHALK PIT RECYCLING CENTRE
Open 7 days a week (Monday to Sunday)
Summer opening times (1st April to 30th September) 9am – 5pm
Winter opening times (1st October to 31st March) 9am – 4pm

HEACHAM COMMUNITY WEBSITES
www.heacham-on-line.co.uk
E-mail admin@norfolk-on-line.co.uk
www.heachamgroupractice.org
www.heachamnewsletter.org.uk

Main pick up points for The Heacham Newsletter.
First Saturday of each month except January.

Jennings, Ridouts Bakery, Post Office, Parish Council Office, Church, McColls, Tesco's, Heacham Fish Bar

CAROL'S DOG GROOMING
FOR ADVICE OR APPOINTMENTS RING
01485 570263
34 YRS EXPERIENCE

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

Stagecoach in Norfolk

Service 10 (Mon-Sat)
Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
0707 first bus to King's Lynn then twice an hour from 0838
0644 first bus to Hunstanton then twice an hour from 0902

Service 10 (Sunday)
Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
0808 first bus to King's Lynn, then hourly
0832 first bus to Hunstanton, then hourly

Service 11 (Mon-Sat)
Via:- Gayton Road (QE Hospital), Sandringham, Dersingham, Ingoldisthorpe, Snettisham and Heacham (A149 only)
0820 first bus to King's Lynn then hourly
1000 first bus to Hunstanton then hourly

Service 11 (Sun)
Via:- Gayton Road (QE Hospital), Sandringham, Dersingham, Ingoldisthorpe, Snettisham and Heacham (A149 only)
0820 first bus to King's Lynn then hourly
1000 first bus to Hunstanton then hourly

Coasthopper (Mon-Sat)
Via:- Heacham (A149 only), Snettisham and Dersingham
0809 first bus to King's Lynn then twice an hour from 0926
0715 first bus to Hunstanton then twice an hour from 0849

Coasthopper (Sunday)
Via:- Heacham (A149 only), Snettisham and Dersingham
0918 first bus to King's Lynn then hourly
0904 first bus to Hunstanton then hourly

Coasthopper Service to Cromer & Fakenham via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham.

xxxxxxxxxxxxxxxxxxxxxxxxxxx

Smithdon High School Bus

Service NG10
Via:- Lodge Road, Station Road
0751 to Smithdon School
1512 from Smithdon School

xxxxxxxxxxxxxxxxxxxxxxxxxxx

lynx (lynxbus)

Service 35 (Mon-Sat)
Via:- Fox & Hounds and Lodge Rd
0705 first bus to King's Lynn then twice an hour from 0835
0654 first bus to Hunstanton then twice an hour from 0758

Service 35 (Sunday)
Via:- Fox & Hounds and Lodge Rd
0905 first bus to King's Lynn then hourly
0829 first bus to Hunstanton then hourly

Service 34 – (Mon-Fri)
Via:- Fox & Hounds and Lodge Rd and QE Hospital
0720 first bus to King's Lynn then hourly from 0919
0847 first bus to Hunstanton then hourly

Service 34 – (Sat)
Via:- Fox & Hounds and Lodge Rd and QE Hospital
0804 first bus to King's Lynn then hourly from 0919
0847 first bus to Hunstanton then hourly

Service 34 – (Sun)
Via:- Fox & Hounds and Lodge Rd and QE Hospital
0934 first bus to King's Lynn then two hourly
0902 first bus to Hunstanton then two hourly

xxxxxxxxxxxxxxxxxxxxxxxxxxx

Bus Enquiries

www.stagecoachbus.com **Tel: 01553 776980**
www.lynxbus.co.uk **Tel: 01553 611955**

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

WNCT - DIAL-a-BUS Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday
For more information, Cost of Fares, a Membership form or to book
Tel: 01553 770310

xxxXxxxxxxxxxxxxxxxxxxxxxxx

HEACHAM HALLS

Public Hall		**570776**
Pine Residents Hall, Wilton Road	Mrs Crisp	**579440**
Methodist Church Hall, Station Road	Mike Careless	**570363**
St Mary's Church Hall, High Street	Mon,Wed, Fri 10.30 to 12.30	**572539**
Old Friends Hall Sunnyside Close		**572142**
Heacham Scout Hut		**572890**

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

The MOBILE LIBRARY Routes, Dates and Times Information can be found on Page 27.