



THE HEACHAM NEWSLETTER

August 2016



This newsletter reflects the views of its contributors, not necessarily those of the editors, any sponsoring body or advertiser. When contacting one of the advertisers please mention you saw their advert here first. Thank you.



Deadline for the next edition is 12 noon, Tuesday 16th August

**OPEN DAY
HEACHAM FIRE
STATION**

**Saturday 27th August
12.00 - 4.00pm**

**Cake Stall
Refreshments
Classic Fire
Engines Raffle**

**Photographic Exhibition
Heacham**

**27th-28th August 2016
10.00-4.30pm**

Free entry

**The Old Friends Hall,
off Caley Street,
Sunnyside, Heacham.
PE31 7DU**

**Heacham Parish Council
Enquiries: Tel 01485 572142**

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET
E-MAIL: theheachamnewsletter@yahoo.co.uk www.heachamnewsletter.org.uk

ADVERTISING: Moira Barnes ☎ 01485 570401 Adverts cost £15, £30 or £60 per month
THE NEWSLETTER VOLUNTEER TEAM: Moira Barnes - George Bradley - Jackie Davis
Roger Drinkwater - Brian Faulkner - Kerry Long - Mary Sheldrick - Robby Topliss

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council

letters...



Dear Newsletter

Heacham

The Pocahontas Players

On Thursday 23rd June, my wife and I entered Heacham Public Hall to cast our votes in the European Referendum.

On Saturday 25th June, we entered the same Hall having left the EU but now en-route to the United States of America courtesy of the wonderful Pocahontas Players.

From the sparseness of the polling booth we were now in the backwoods of Oregon. The Hall had been transformed into a tiered auditorium complete with lights and sound system that some professional theatres would envy.

The audience were superbly entertained for over two hours by an enthusiastic troupe of Heacham thespians who gave the impression that they were having a jolly good time and, because they were, we had one too.

“7 Brides for 7 Brothers” is pure hokum. Just what we need to distract us from the troubles of the world, if only for a few hours. It goes without saying that full marks should go to the talented performers under the direction of Jeannie Tooley.

Let us not forget, however, that when you are in the spotlight you are only as good as the technical people that are backstage. Full marks must also go to Dave Curtis and his team who expertly transformed a ‘polling’ booth into a cosy village theatre.

It makes you proud to live in a village that has such visionary individuals who are supported by a loyal following of equally supportive followers.

Long live Heacham and long live the Pocahontas Players!

Roger and Maureen Dean



Dear Newsletter

Reepham

Pocahontas Players

I would like to thank through your magazine, the Pocahontas Players on their show ‘7 Brides for 7 Brothers’ in June. My friend Gloria and I really enjoyed the Saturday evening show. It was so nice to see so many youngsters on stage, who we thought were very talented, as well as the usual members, and I am looking forward to the Panto in February.

I must thank May Race for keeping me informed to when the shows are on, as I live in Reepham. I met May through Radio Norfolk. I rang Wally Webb to ask him to mention on air my dad, Leslie Case from Holt, was holding a fundraising event in Holt for the FEPOW. May heard it mentioned and rang Wally to ask him to ask me if my dad knew Jack Race and my dad’s reply was Jack was my Sgt Major. Sadly, I never got dad over to meet May as she wanted, as he suffered a severe stroke shortly after that. But from then May and I have been close friends.

When driving the Reepham Rovers, I used to bring over 10 passengers to see the Pocohontas shows and every time they were full of praise for the players. So, very well done everyone and thanks from us all.

Jeannette Overton



Dear Newsletter

Heacham

Heacham Club

May we, through the Newsletter, attempt to dispel some of the rumours circulating in the village regarding Heacham Social Club going into administration. It is correct that Heacham Club Limited has some current debts, caused by unexpected costs in the construction of the new pavilion where the club was unable to reclaim a large sum of VAT on the build due to technical reasons in the VAT rules. Further, a substantial cost was incurred in the rewiring of the main club premises on the insistence of insurers. To cover those costs a loan was taken by the former officers of the club of £40,000, some of which has already been repaid leaving a balance due of £32,000 by September 2019.

In May of this year, all of the former officers of the Heacham Club Limited resigned having been voted out on a resolution of ‘no confidence’ at an earlier extraordinary general meeting. New officers are now appointed and we are working hard towards changes which will allow us to repay the remainder of the debt.

In the interim, we wish to assure members and other residents who use the club facilities that we are trading as normal and all of the sporting facilities provided by the Club are available for use.

It is only through the support of all who use the club and its various premises and facilities that we will succeed in making the repayments and continue to provide all of the excellent sports and entertainment which we currently have.

We look forward to that support and hope to see you all along here in the future.

Mark Pishorn (Chairman)

Christian Hughes (Vice-Chairman)

Darren Bailey (Director), Clive White (Director)

Mike Trebbick (Company Secretary)



Dear Newsletter

Kenwood Road

Heacham Park

I like going to the park in Heacham near my school.

Just an Idea, I have been thinking it would be nice to make a fort at the park too, like a castle with an upstairs. It could have window boxes and we could dress up as princesses and knights and pretend to be Robin Hood!

But I’m very sad because people keep vandalising the park. Say for instance the swings. Me and my sister can’t go on them anymore because they’ve broken one of them.

People should stop hurting the park. It’s very mean. But I’m very sad because people keep vandalising the park.

Daisy Deane - aged 9




Computer help in plain English

Repairs, upgrades, virus removal and prevention,
installations, help and training for home and
business computer users.

Tablets and smartphones too!

Friendly, helpful service. 30 years' experience.
Reasonable rates and absolutely **no jargon**.

Telephone Keith at oapc on (01485) 570479
mobile 07977 560955 or email support@oapc.biz



Marram Way

Dear Newsletter

Hi Knitters & Friends

I just can't believe how much knitting you have done since Christmas, it's truly wonderful. A big well done. Not only that, we raised £100 for Hunstanton Lifeboat. As you can see from the photo, Mr Robin Raferte came along to our meeting to thank us and explain how it would help them towards their training; they need all the help they can get.

We have also been along to Rebecca Court with blankets and cushions, also some dolls. It seems some ladies with dementia like to dress the dolls with all their little knitted clothes, but it is a job to find dolls to dress, so if anyone has one they would like to donate, we would love to dress it for a good cause.



If you would like to join us, you would be very welcome. We have a lot of laughs and fun, and of course a cup of tea. We meet every other Tuesday 7-9pm at Pine Residents Hall, Wilton Road.

Telephone me for more information – 572247.

Shirley Milborn



Old Bakery Court

Dear Newsletter

The Queen's 90th Birthday Party

It was nice to see the report on The Queen's 90th Birthday Party which was held on the 11th June, in the Public Hall, due to the prospect of inclement weather! It was a shame that it wasn't outside, but it was better to be safe than sorry!

Despite the look on our faces in the photo used to illustrate the article, we had a most enjoyable time indeed! The host, and DJ, Andy Groom, kept everyone entertained and amused, and the table magician, Mark Daynes, really amazed us with his sleight of hand! Unfortunately, we left the Bouncy Castle to the younger party goers, as I am sure that the ambulance service has better things to do than to treat ageing, and foolish villagers with wonky joints, and bad knees! However, we did make great use of the bubbles provided – and they brought back many happy childhood memories.

The party tea, and the birthday cake in particular, was delicious, and winning the 90 Years' Quiz was an added bonus – and the biscuits and sparkling wine that made up our prize have been much enjoyed indeed!

Grateful thanks go to all involved in the planning, and management of the event, and we were only sorry that more people did not attend, as they missed out on a very enjoyable afternoon indeed!

Very best wishes.

Ray Sparvell

On behalf of the Old Bakers Quiz Team



On 7th August, I will be running the Norwich 10k run to help raise funds to buy a wheelchair and other equipment for a local 10 year old boy Lewis Kilcoin.

He was suddenly struck down with a rare infection Guilian Barre Syndrome. It attacks the spine and at the present moment he is unable to walk. Doctors are hopeful that he will walk again but it is not guaranteed.

He is a lovely football mad 10 year old and his dad is one of our local postmen. Any sponsorship will be very welcome. Please call into Station Road Garage and ask for Graham.

BANTOFT ACCOUNTANCY

A local accounting firm established
In north-west Norfolk and the Fens

ANNUAL ACCOUNTS AND TAX
(Prepared for submission to HMRC)

ROUTINE BOOK-KEEPING
(Keeping your books up-to-date)

VAT & PAYROLL SERVICES
(Dealing with the required on-line filing rules)

We also provide economic services as regards:-

NEW BUSINESS START-UPS
CAPITAL GAINS TAX
INDIVIDUAL TAX
FORMATION OF LIMITED COMPANIES

Bantoft Accountancy have won many local business enterprise awards
(A prerequisite of fairness in trade)

For more information, please contact Mrs. Nickie Bantoft, FCCA
(Without cost or obligation):-

North Norfolk coastal area: 01485 525880
King's Lynn & Wisbech area: 01945 581102
nickie@bantoftaccountancy.co.uk

Bantoft & Co. Ltd are authorised to undertake professional accounting services by the
Chartered Association of Certified Accountants.

Station Road Garage

33 Station Road, Heacham

Norfolk PE31 7EX

☎: 01485 570259

- ✓ **Mechanical Repairs**
 - ✓ **Servicing**
 - ✓ **Welding**
- ✓ **Tyres and Exhausts**
 - ✓ **Clutches**
 - ✓ **Diagnostics**
- ✓ **Collection & Delivery**
- ✓ **Accessory Shop**
 - ✓ **Car Sales**
- ✓ **Air Con Repair & Service**
- ✓ **State of the Art MOT bay**
 - ✓ **MOT Repairs**

Friendly, family run garage.
All Makes and Models Accepted



Vehicle Testing
Station

www.stationroadgarageheacham.co.uk



Dear Newsletter

Trekking Penguin Ben Nevis Adventure

On 25th June, Dean and I joined some intrepid adventurers on a walk up Ben Nevis.

The team from Fridhem Rest Home in Heacham were raising money for the residents' entertainment fund. They were Dom Garwell, Kelly Eley, with Lorraine and Jay Carter. Support team was Marie Rawnsley and Angela Bailey.



Ben Nevis is 1,345 metres high (that's 4,414 feet in old money!) After a hearty

breakfast of kippers (full English for the others) we set off on our quest.

We were following the tourist path which winds its way up the mountain and is about 16km long.

The weather was glorious and we made good headway, reaching the mid-point after only 1.5 hours of walking. When I say walking, the start of the path was easy enough but soon became rocky and arduous and required care as you are quite exposed. Of course I was not afraid, tucked safely in the rucksack belt. I met lots of people doing the walk. It can be inspiring hearing stories of other people's reasons as to why they want to complete the challenge.



Near the top we came across a large patch of snow! It was funny watching my human counterparts slipping and sliding. I had to show them how it's done and, like a graceful ballerina, glided across the snow.

After 4 hours we reached the top and what spectacular views. Well worth the climb. It was very busy but I managed to get a seat on the Trig point and have my photo taken. The descent was hard work and we had to be careful as you can twist an ankle very easily on the rocky landscape. We returned to the foot of the mountain after a total of 8 hours. We were lucky with the weather as it only rained the last hour of our descent.



Dean and I go back again in September for another climb!! He puts me through it all the time.

You can see pictures on my Facebook page:- Dean and Trekking Penguin. It would be great if you could like us. On there you



will also see a link to my Just Giving page. After all, this is for the Breast Cancer Unit, Queen Elizabeth Hospital. If you

see me with Dean round the village, please stop and have a photo taken as a friend of Trekking Penguin.

Dean and me have our next trip on Sat 23rd July walking from Wells next the Sea to Heacham. Wish us luck.

See you later friends.

The Trekking Penguin

News & Events in the Community...

Planning Application Ref 13/01541/OM, Land off School Road, Heacham

Notification of the Appeal Decision re Appeal Ref: APP/V2635/W/14/2221650

On 14th July 2015, the result of the above mentioned planning appeal was published.

The appeal was dismissed and below we list extracts of some of the reasons for dismissal:

Housing Land Supply

"The LPA (Local Planning Authority) can demonstrate a five year supply of deliverable housing land".

Character and Appearance

"The appeal proposal would be appreciably harmful to the character and appearance of the countryside at this rural edge of Heacham due to the impact arising from the permanent loss of openness which is a key characteristic of the landscape setting in this part of Heacham".

The need for the proposed elderly accommodation

"The scale of unmet need for specialist accommodation in the Borough over the period to either 2020 or 2028 is neither 'chronic' nor significant".

The above are only extracts from the Inspectors conclusions, the full report can be accessed via the King's Lynn & West Norfolk Borough Council, www.west-norfolk.gov.uk, in the documents section relating to planning Ref:13/01541/OM.

THN

CARPET FITTING SERVICE

DOMESTIC / CARAVANS
CARPET / VINYL / LAMINATE



CALL
LOWELL 07948 173877
MARK 07710 838791

Anagrams

A collection of Newspapers and Odd Periodicals you might find in anagram form, to get the little grey cells stirring.

- 1) YES LOAD PEN UP (6,6)
- 2) SIREN SLY APEX (5,7)
- 3) MINUS A LADY (6,4)
- 4) RID MY LIAR OR (5,6)
- 5) I SET THEM (3,5)
- 6) I HADN'T ARGUE (3,8)
- 7) PEN ENDED IT THEN (3,11)
- 8) FAIL IN SEMANTIC (9,5)
- 9) YOU THE ISLAND MAN (3,4,2,6)
and best of all...
- 10) NEW ATHLETES REACH THEM (3,7,10)

Answers are found on Page 35

Old Friends Hall Photographic Exhibition

August, the time of bucket and spades, sandcastles being built, long sunsets enjoyed and gentle sea breezes felt against one's cheek. With children running and shouting, enjoying life as only those of a certain age can, when seashells and other detritus become, in the hands of these youngsters, a masterpiece of architectural and artistic quality. Whose inspiration is gleaned from the materials at hand, providing the stimulus to create artwork on the blank canvas of the seashore. Where time and the tide ensure that the gallery is swept clean for the next youngster to produce another unique moment for family, friends and all those who pass by to enjoy.

However not all artists in our midst use such materials as those physical elements found on our beaches to produce their pieces of art. Some use their talents to capture stunning and evocative images via the camera, using their skill and flair to select an image that will evoke an emotion in those that later view the final photograph.

The Old Friends Hall, Sunnyside, off Caley Street will once again be holding an exhibition of such works over the weekend 27th-28th August, opening hours are from 10.00-16.30 hours. Admission is free to all those who visit, as it is to those who exhibit. We welcome clubs or individuals to show their works, it's still not too late to enter, just contact the Parish Office or myself at the number below for an entry form.



With this article are two pictures, captured by Alan Walker a member of the Heacham and Sandringham Camera Club and displayed at last year's exhibition.



This year there is no theme to the exhibition, so we are anticipating a wide variety of subjects and styles to be on show. Again, we will be asking visitors to choose their own personal favourite exhibit; there are no prizes, it's just a bit of fun and it's definitely not compulsory.

However, it's an activity where couples, friends and groups discover how varied their tastes really are.

We look forward to seeing you there.

Roger Drinkwater (Tel 01485 571659)
On behalf of the Old Friends Hall Committee

SILVER SANDS PUB NORTH BEACH

FAMILY RUN BUSINESS WELCOMING
NEW & OLD CUSTOMERS.
OPEN DAILY THROUGHOUT THE
SEASON.

SERVING TRADITIONAL PUB FOOD
FROM 12 NOON - 9PM.
THURSDAY STEAK NIGHT SPECIAL.
FRIDAY CURRY NIGHT SPECIAL.
SUNDAY SERVING TRADITIONAL ROAST

ENTERTAINMENT THROUGHOUT AUGUST
6TH AUG - KENNY BERNARD
13TH AUG - CORY LEWIS (MOTOWN)
20TH AUG - TRAVIS GRAHAM
27TH AUG - CRAIG POWELL
28TH AUG - STEVE PERRY (WAR TIME MEMORIALIA)

FOLLOW US ON FACEBOOK
AT SILVER SANDS HEACHAM
FOR MORE INFORMATION
RING 0777 9011 937

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts, business and company taxation
- business start up advice and incorporation
- management accounts, budgeting and forecasts
- SAGE installation and training
- payroll, VAT and bookkeeping services
- auto enrolment administration
- small business specialists
- personal tax returns and self assessment advice
- capital gains tax advice
- inheritance tax planning
- free initial consultation
- fees agreed in advance

For an appointment please contact:
Mrs K H Gigg FCA on 01485 534800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

Regulated for a range of investment business activities by
The Institute of Chartered Accountants in England and Wales.



CHURCHES TOGETHER IN HEACHAM

THE PARISH CHURCH OF ST MARY



I am not known for either my sporting abilities or for my watching of sport, but there is something about the Olympics and Paralympics that I love.

The gathering of people from all over the world, with different abilities to compete in a variety of sports every 4 years is amazing.

Those opening and closing ceremonies often have me in tears as I see the ideals of our world working together shown through sport. Those Olympic values of friendship, respect and excellence, and the Paralympic ones of determination, inspiration, courage and equality are ones I and many others long to see in our communities, country and world today.

The bible says in 1 Corinthians chapter 12:

A person has only one body, but it has many parts. Yes, there are many parts, but all those parts are still just one body. Christ is like that too.

And a person's body has more than one part. It has many parts. The foot might say, "I am not a hand, so I don't belong to the body." But saying this would not stop the foot from being a part of the body. The ear might say, "I am not an eye, so I don't belong to the body." But saying this would not make the ear stop being a part of the body. If the whole body were an eye, it would not be able to hear. If the whole body were an ear, it would not be able to smell anything. If each part of the body were the same part, there would be no body. But as it is, God put the parts in the body as he wanted them. He made a place for each one. So there are many parts, but only one body.

The eye cannot say to the hand, "I don't need you!" And the head cannot say to the foot, "I don't need you!" No, those parts of the body that seem to be weaker are actually very important. God put the body together, God did this so that our body would not be divided. God wanted the different parts to care the same for each other. If one part of the body suffers, then all the other parts suffer with it. Or if one part is honoured, then all the other parts share its honour. Each one of you is a part of that body.

Maybe this summer we could take something from the Olympic ideals (or the Bible) and learn to really value and respect each other and to work together for the good of our community, country and world.

With my prayers and best wishes.

Veronica Wilson



Sunday Services in August 2016

8.00am		Holy Communion (BCP)
	14th and 28th	
10.00am	7th	Holy Communion
	14th	All Age Worship and a Baptism
	21st	Morning Prayer
	28th	Morning Prayer
6.00pm		Prayer meeting each week.

CHURCH CONTACTS: (telephone code: 01485)

Methodist Church	Rev'd Stephen Oliver	570232
St Mary's Church	Rev'd Veronica Wilson	570697
St Mary's Church Office		572539
email: heacham.church@googlemail.com		

REGULAR ACTIVITIES at ST. MARY'S CHURCH

We have many and varied activities throughout the week. There are Bible study groups, a Men's group, Girls Together and other one off activities. The Mothers Union meets once a month as well as the Flower club. Watch out for further details here next month.

ST. MARY'S CHRISTIAN BOOKSHOP

Please come and visit our bookshop which is opposite the Methodist Church in Station Road, Heacham. It is open from 9am-5pm on Mondays, Tuesdays, Wednesdays, Fridays and Saturdays. We have an interesting selection of Christian books and a wide range of greetings cards. It is well worth a visit. There is also a large collection of secondhand Christian books to sort through.

ST. MARY'S CHURCH HALL

This is on the right, half way up the High Street, and the Hall can be booked for meetings and family events, such as children's birthday parties. A booking fee is payable and the Hall can be inspected and a booking made on Mondays, Wednesdays and Friday mornings between 10.00am-12.00noon. There is an office at the Hall where bookings can be made and information provided.

HEACHAM METHODIST CHURCH AUGUST 2016

Sunday Services: 10.30am Morning Worship

7th Aug	Colin Grimwood
14th Aug	Sheila Johnson
21st Aug	Rev. Steve Oliver – Flower Festival
28th Aug	John Miles
28th Aug (4pm)	Rev. Steve Oliver

FLOWER FESTIVAL

We are holding a Flower Festival from Fri 19th Aug to Sun 21st August. We will be open from 10.00am to 5.00pm on Fri 19th and Saturday 20th. Then from 2.00pm-5.00pm on Sunday 21st. A special service of celebration will be held on Sunday 21st by our minister Rev Steve Oliver. All welcome.

AFTERNOON MEDITATIVE SERVICE

The monthly service of meditation will be held on Sunday 28th Aug at 4pm conducted by Rev. Steve Oliver. Why not give this different, quiet and peaceful service a try?

MIDWEEK COMMUNION

The August midweek Communion will be on Wednesday 10th at 10.30am, conducted by our Minister Rev. Steve Oliver. All who love the Lord are welcome to attend.

BIBLE STUDY

August Bible study will be on Thursday 25th August at 10.30am. The study is led by our Minister, Rev. Steve Oliver, and will be on Luke Chapters 14 and 15.

COFFEE MORNING

The August monthly coffee morning will be on Saturday 13th from 10.00am-12 midday. There will be a cake stall, book stall and bric-a-brac stall. All stock will be different as old stock has been given to a charity shop. After 11.00am music will be played by David Godfrey on his keyboard.

AUGUST HOLIDAY MONTH

If you are home or on holiday you are most welcome to any of our midweek activities and Services.

MIDWEEK ACTIVITIES

Tuesday - 10.00am-12noon Open Door
- 7.30pm Hands & Needles Club
2nd, 16th and 30th August
Wednesday - 10.30am Midweek Communion
10th August
Thursday - 10.30am Bible Study – 25th August
Friday - 7.00pm Indoor Bowls (weekly)
Saturday - 10.00am-12.00noon Coffee Morning
13th August

RADIO HEACHAM GOSPEL HOUR

The Gospel Hour will now be broadcast regularly from 9pm – 10pm. The station can be picked up on the internet via www.radioheacham.org

The Gospel Hour is a mixture of traditional and modern Christian songs and hymns, prayer, readings and thoughts, but it is your station and I would welcome requests and reasons for that request. Please make your request on either the website (www.radioheacham.org) or email me on revoliver@radioheacham.org



Radio Heacham
The Gospel Hour
Every Sunday from
9.00 - 10.00p.m.
DJ Rev. Steve Oliver
Listen on
www.radioheacham.org

If you know of anyone who would value a time of quiet reflection and inspirational music, please give them the details. The Gospel Hour is a n o t h e r opportunity for the community

we live in to hear the Good News of Jesus. I look forward to joining with you.

Steve Oliver (Rev), Heacham Methodist Church



Messy Church takes an August break but will be back on Saturday 24th September
At St Mary's church, Heacham.
You will be welcome to join us!

Includes logos for Messy Church, Food, and Community.



Hunstanton Catholic Parish

We had a Patronal Feast day Mass and lunch on 27th June at Hunstanton and the very popular Strawberry Fair at Dersingham on Saturday 2nd July. Then we had an open day at the parish church in Hunstanton on Saturday 9th July to enable locals and visitors to see the refurbished church and the new kitchen and toilet facilities and the function room. This was a success despite the wet start to the day. The next event to look forward to will be the parish barbecue at Hunstanton on Saturday 6th August starting at 12.30. We hope for an afternoon of good company, good food and drink and good weather.

The 4th September will be one of the biggest fundraisers for the parish, the sponsored walk. It's not too onerous and children and dogs are welcome to walk with us. If you're unable to do the walk yourself then please consider sponsoring someone; sponsorship forms will be available beforehand.

Bishop Alan Hopes has started a Diocesan wide fundraising initiative called 'Alive in Faith'. Some parishes have already started and our parish will become involved in August. The three main aims are to provide funds to support Seminarians and retiring or sick clergy, to provide for local needs of individual parishes and programs of outreach to help those who are most vulnerable in our communities. We are asked to learn about the key priorities for the Diocese and the local parish and we are invited to consider making a gift or pledge. Bishop Alan also asks for our prayers for the success of our endeavours. More information about this initiative is available on the Diocesan website www.rcdea.org.uk/alive-in-faith.

Foodbank supplies are still required. Items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support of the scheme.

There is a Fair Trade Stall at St Cecilia's after the 9am Mass on the first Sunday of every month. For more information contact Caroline Brooks on 01553 673069.

All social events will be well publicised on the website and in the weekly bulletins.

Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Please come along, you will be most welcome. **Daily Masses** will be 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is usually at 10.15am at St Cecilia's, Dersingham. **Sunday Masses** are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at Parish Church, Sandringham Road, Hunstanton.

The Parish telephone number is 01485 534675. If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email: parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org



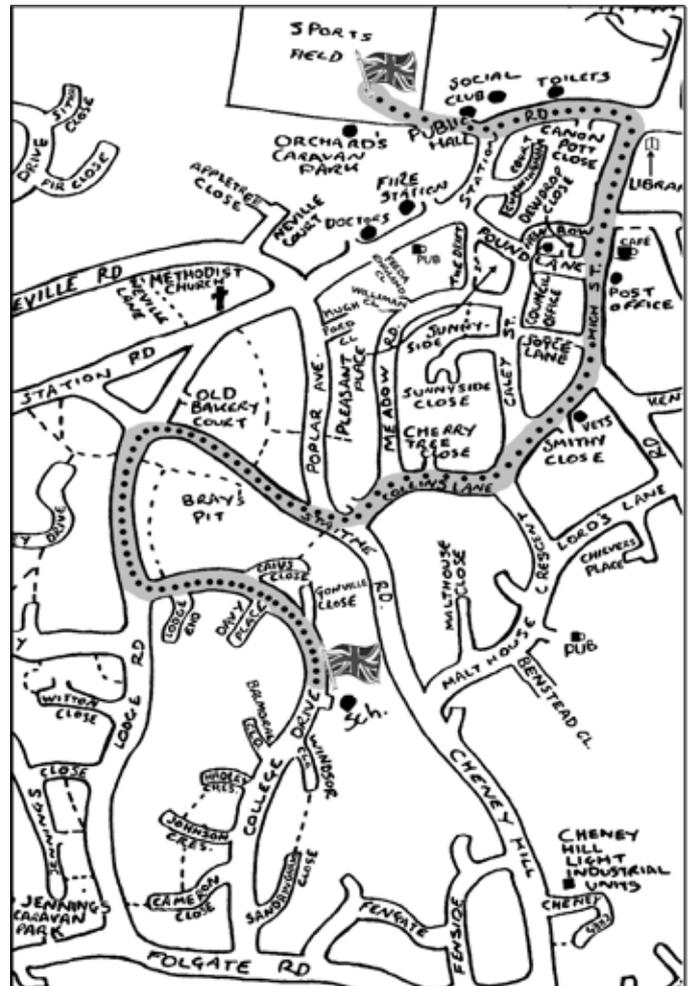
SUNDAY 7 AUGUST 2016

**Lavender Queen and Princesses
WILL LEAD THE PARADE
Music by Norwich Pipe and Drum Band**

**PARADE DEPARTS FROM COLLEGE DRIVE
AT 1.45PM
ENTER A FLOAT OR JUST DRESS UP & JOIN IN
PRIZES FOR THE BEST FLOATS
REGISTRATION FORMS FROM THE
PARISH COUNCIL OFFICE**

**GIANT CARBOOT ALL DAY FROM 6.00AM ON THE
SPORTS FIELD
WITH STALLS, RIDES AND ACTIVITIES
THROUGHOUT THE DAY**

Parade - 01485 572142
Fete - 01485 570776



**Snettisham
Christian
Fellowship**



**Christ centred
Bible teaching
Gospel led**

10:45 every Sunday morning
Memorial Hall Old Church Road Snettisham

www.scfonline.org.uk

Crystal Cave

The natural choice for quality products, gifts and healing

Natural crystals
Aromatherapy oils
Natural creams and oils
Bach flower essences
Crystal and salt lamps
Children's table
Jewellery
Photographs/greetings cards
Fossils
Aromatherapy candles
Shampoos, shower gels and bath oils



Pop in for helpful advice
and friendly service or call
to make an appointment
01485 535321

Serenity Natural Healing Centre

Advanced Hypnotherapy +NLP	Aromatherapy
Bach Flower Consultations	Hot Stones Massage
Reflexology	Indian Head Massage
Crystal Healing	Tarot Readings
Past Life Regression	Bowen Technique
Acupuncture	Reiki
Foot Care Clinic	Reiki Attunements
Ear Candling	Homeopathy
Stop Smoking Package	Deep Tissue Massage

34 Westgate, Hunstanton (opp the library)

www.crystalcaveandserenity.co.uk

Like and follow us on Facebook

Open 7 days a week

Tel 01485 535321

COMMUNITY SPEED WATCH

The Parish Council has received several complaints regarding speeding through our village. This, coupled with the potential increase in traffic through the village due to developments, either in the village or Hunstanton, has led us to make enquiries regarding the setting up of a Community Speedwatch team.

At this point we would emphasise that this would not be run by the Parish Council, although perhaps some councillors may wish to become volunteers. The team would be independent of the Parish Council and have its own co-ordinator.

There are currently 70 such teams across Norfolk, including Thornham, Bircham and Great Massingham with between 600 and 700 volunteers.

Typically, volunteers give up an hour of their time each week, or less frequently depending upon how many volunteers are in the team. The team is led by a co-ordinator who will organise where and when the team will go out.

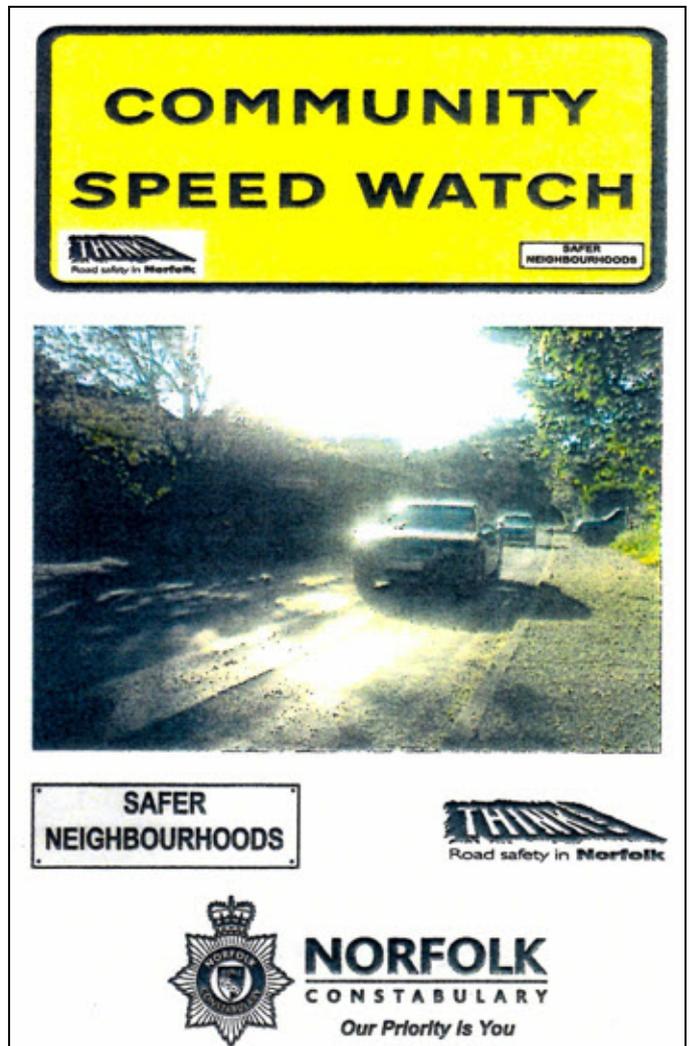
The co-ordinator will be responsible also for storing the equipment and needs to be computer literate as the returns are forwarded electronically to the administrator.

The number of possible sites will depend upon the size and layout of the village and will be selected in conjunction with the Speed Watch administrator. Three volunteers are required each time. The setting up of a team is in 3 stages:-

- (1) Volunteers complete application forms and send off to the administrator via the co-ordinator. At least six volunteers are needed, including the co-ordinator, although there can be more.
- (2) On receipt of the application forms the administrator will arrange to meet with the co-ordinator to discuss which sites on either 30 mph or 40 mph roads are suitable.
- (3) Initial training is for a minimum of six volunteers and will take place on a Monday to Friday, either morning or afternoon, and on very rare occasions a Saturday. The co-ordinator must provide more than 1 possible date for training and needs to book a suitable venue which will accommodate the team plus 3 other people. At the end of the training the volunteers will be asked to sign an agreement in duplicate.

For more information please contact Janet Overton at the Norfolk Safety Camera Partnership on 01603 276433 or go to www.norfolk-safety-cameras.org.uk or email communityspeedwatch@norfolk.pnn.police.uk

Leaflets which explain in more detail about the scheme, how to set up a team and how it operates, for anyone who is interested in learning more, together with Application forms, can be picked up from the Parish Council office in Pound Lane. We hope that volunteers will come forward to take part in this scheme and help to make the roads through our village safer.



COMMUNITY SPEED WATCH

SAFER NEIGHBOURHOODS

Road safety in Norfolk



SAFER NEIGHBOURHOODS

Road safety in Norfolk



NORFOLK
CONSTABULARY
Our Priority Is You



MULBERRY RESTAURANT
AT HEACHAM MANOR

CALL: 01485 536030





AA Rosette Award

The AA Rosette awarded Mulberry Restaurant with full air conditioning, is set within beautifully maintained tranquil gardens with panoramic views from the sunny conservatory.

NEW SUMMER MENU OUT NOW!

- > Daily Specials
- > All day Bar Menu
- > Afternoon Tea
- > A La Carte menu
- > Sunday Roast
- > All dietary requirements are catered for

Lunch 12.00 - 2.30pm.
Afternoon Tea 2.30pm - 5.00pm.
Evening 6.30pm - 9.00pm

For further details and menu's please view www.heacham-manor.co.uk
ALL WELCOME. PLEASE PRE-BOOK BY CALLING 01485 536030

HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX



BORDOLI PIZZAS

MON: RIPPER HALL DOCKING
TUES: INGOLDISTHORPE LAY-BY
WEDS: HEACHAM SOCIAL CLUB
FRI: OLD HUNSTANTON SOCIAL CLUB

From 5pm

T: 07565 754 812 E: bordoli99@gmail.com

News from Heacham Fire Station

On 16th June we were very pleased to welcome the 1st Heacham Brownies to the fire station. Led by Brown Owl Sara Minns, the group's visit helped them towards earning their fire safety badges.



To begin with, we talked about what happens when a 999 call is made and how part-time firefighters like ourselves are called to the fire station by alerters.

We looked at the protective clothing we wear which involved some dressing up and we discussed fire safety in the home. The brownies were shown pictures of different rooms in a very unsafe looking house and they had to tell us all the dangers they could see - something they did very well!

We also talked about smoke alarms, fire plans and the STOP, DROP, ROLL procedure which can be used if someone's clothes catch fire. After a demonstration by a member of the crew, we had a room full of brownies stopping, dropping and rolling about on the floor! This is hopefully something that will stick in their minds and might allow them to help somebody in trouble one day. After all the learning, there was just enough time to have a play with the hoses. When asked if they really wanted to do that, the screams of YES were so loud that I think my ears are still ringing!!

The visit ended with a group photo and, as I didn't spot any soaking wet brownies, I think we can say it was a success! I'm told by Brown Owl that since their visit they have looked at

electrical safety and carried out a fire drill so they should now be some of the safest youngsters around.

On 9th July it was our turn to do the visiting beginning with the Heacham Infant and Nursery School Summer Fete. The weather that morning was a little unkind to say the least and so we delayed our attendance but, once there, the fire engine was as popular as ever with the children who love to sit in the cab and pretend to be firefighters.



Later that same afternoon we headed south to the Snettisham Summer Fete. The morning's rain prevented us from taking the fire engine on to the field but we 'found' a nice spot on hard standing and before long, the visitors found us!

We attend events such as these every year, but what has been different this year is hearing people say how good it is and how pleased they are that the station was saved from closure - sentiments shared by all of us.

The next event we'll be attending is the Heacham Carnival Parade and Fete on 7th August and then it's our own open day on 27th August (see advert in this newsletter). Both will be great opportunities for anyone thinking of applying to join the station to meet the crew and find out more about the job.

We hope to see you soon.

Chris Wood
Heacham Fire Station

FOX & HOUNDS

AWARD WINNING FOX BREWERY
Station Road, Heacham. Tel: 01485 570345

Up to 8 handpulls serving our own & guest real ales
Forthcoming gigs For August (8.30pm unless stated)

Friday 5th Black Top Deluxe

Friday 12th Jam with DNA

Tuesday 16th Stonepony

Saturday 20th Sylvester Peat Cutters and the Twilight Boggers

Tuesday 23rd Jordan Chase

Saturday 27th The Elasticated Waste Band

Tuesday 9th Part Time Blues

Sunday 14th Classic Car Rally

with Rock and Roll band from 3pm

Friday 19th Velvet Doonigons

Friday 26th Stride

Sun 28th Hillbilly Cats

Bar open every day from Noon.

Food served mon-sat 12-2, 6-9, sun 12-2. Welcome to dine in the bar or restaurant area.



Follow us on Facebook @foxandhoundsheacham

***Times may change. Please call the pub on the day. Booking is recommended.**



Heacham Infant and Nursery School

“Together we explore, discover, achieve and grow: developing outstanding practice”

SUMMER FETE

Our summer fete on Saturday 9th July 2016 was a great success. Despite the very damp start everyone had an amazing time. We had a great variety of stalls, games, rides and not forgetting the fantastic snail racing.

We raised a staggering £1190.71 for PTA funds.



We would like to thank G J Peel and Co for the fantastic ride, bouncy castle and football game, Sharon Wagg, Jason Sandle, Karen Fray and Sarah Drew for cooking and serving our tasty BBQ, Redgate Bakery for the rolls and

Walsingham farm shop for the BBQ meat, Nikki Fuller and Mandy Graves for our refreshments, Tracey Swann for selling our raffle tickets, Louise Rudd for the amazing cakes, Heacham



Fire crew, the Parish Council and Steve Wagg for the tables, the lovely stall holders, and all our other helpers - Louise Jackson, Miss Young, Mrs Tuckwood, Mrs Patnell and Daisy, Jo Ingrey, Mel Wells, Mea, Fin and Isobel, Sharon Jones, Rachel Steel, Ella, Hollie, Stuart, Gracie and Emmie Ashley, Tegan, Maisie and Eris, Elizabeth Drew, Lauren and Jack Sandle. We could not have managed it without them.

The last thank you goes to everyone who donated to the raffle, tombola and cake stall, and especially to those who came and spent their money, and supported us on the day. Without your support we would not have raised so much money for our school and our children.



Here's looking forward to next year's fete.

**Rachael Sandle & Victoria English
PTA**



ENJOY GOLF AT NORFOLK'S MOST EXCITING NEW GOLF COURSE THIS SUMMER

Fine quality greens and superb condition course in a beautiful coastal setting.

- > Open to all
- > Green fees from just £15
- > Societies and groups welcome

2 people twilight golf with buggy just £25 per person

**Advance booking recommended
Book online or call 01485 536030
www.heacham-manor.co.uk**

HEACHAM MANOR HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

Have you been inspired by the British Open to learn golf or improve your game?

If so, why not play and learn on the most accessible golf course on the Norfolk Coast.

Get into golf 4 week group lessons just £20 per person. (Limited places starting 1st August, sign up now)
Individual lessons also available.

- > Driving Range
- > Pay and play course open to all
- > Twilight specials still available only £6 per round
(Based on our twilight book of 10 rounds for £60)

**call: 01485 536010
or visit: www.searles.co.uk**

Searles Golf & Country Park,
South Beach, Hunstanton PE36 5BB

part of SEARLES LEISURE GROUP



THE POCAHONTAS PLAYERS

.....WHEN THE THEATRE CAME TO HEACHAM!

It wasn't only the theatre that came to Heacham Public Hall on June 24th/25th but also the state of Oregon USA. The Pocahontas Players staged a fun filled production of '7 Brides for 7 Brothers' using tiered seating for the first time, much to the two full house packed audiences delight. As they were leaving after the show, many of the audience were voicing their



comments to the cast and crew. Mr Roger Dean said (and I quote) "One day I walked into this public hall and it was a Polling Station. The next day, a fully fitted out theatre!" Many said how they could see the enjoyment from the cast as they

sang and danced their way through the production. As you can see by the attached photographs, just how elated the 'Brothers' were, to have stolen their brides and the fun had at the 'Barn Dance'. This camaraderie carried on through to backstage. Such fun and great atmosphere was enjoyed throughout. How Jaime Parry taught that Barn Dance to 12 cast members in such a short space of time and IN such a small space, was amazing! Thank you Jaime.

However, we did have one very big worry during the day of our first night, when Jack Parr (who played the youngest brother



Gideon, seen on far left of brothers stealing their brides photo) messaged in to Jeannie Tooley the director. He had been very poorly since 3am that

morning and felt he was too ill to perform but would see how he felt later in the day. The cast went into panic mode. What? Seven Brides for SIX Brothers, just didn't have the right ring to it? Luckily, at 5pm he messaged Jeannie with "I will be there!" Jack arrived at 7pm (30 minutes to curtain call) looking very ashen. He acted his 'Cowboy Boots' off that night, leaving the audience none the wiser. We enjoyed a celebration



meal out together on the following Tuesday evening at The West Norfolk Inn, where it was very fitting for The Curtis Chairman winner's cup "The Show Must Go On" to be awarded to Jack Parr (see photo). Well done Jack!

We witnessed packed houses with two standing ovations. This made our 3 months' hard work, worth its while. Not only were we supported by local residents, holidaymakers, caravanners, and some folk from far

away, we also had the support of local Drama Groups: FADLOS (Fakenham), The King's Lynn Players, The Watlington Players, The Hunstanton Festival Players, Hunstanton Community Players and John Giller (J.G.D.A.T.A). Thank you with great appreciation. It means a lot to us as a drama group.

We thank our sponsors: Mick Jennings, Suttons Estate Agents and JAYARS Get Noticed. Also, a very big thank you to The Jutsum family and Peter Oakes and Jenny for their generous donations, which paid for the printing of programmes, posters, flyers and tickets for the show. Thanks to the local businesses who hung The Pocahontas Players advertising posters in prominent places for all to see and to jot down the important ticket office numbers.

Every raffle prize was donated - bottles of wine, £20 grocery vouchers, baskets of fresh fruit, flower arrangements, toiletries etc. How lucky are we as a group to have such good support? Thank you. The Banner above the Public Hall entrance doors was hung by Mr Alan Rudd, who does this 'high-up' job for us twice a year. Thanks Alan and son Barry.

FITSTEPS®



FITSTEPS CLASSES

MONDAY 11am - 12 noon Heacham Public Hall
MONDAY 6:30pm-7:30pm Ingoldisthorpe Village Hall
THURSDAY 6:30pm-7:30pm Heacham Old Friends Hall

FitSteps is a dance/fitness programme created by 'Strictly's' professional dancers Ian Waite and Natalie Lowe.

They have combined the best known Latin and Ballroom dances with proven fitness techniques, to develop a dance/fitness programme that is capable of delivering fast fitness results, with a heap of fun thrown in!

FitSteps is for absolutely everyone! If you love Strictly you'll love this fabulous exercise class.

Learn all the moves you see on the show, from the slow controlled moves of the Rumba and the Waltz, to the fast, energetic steps of the Cha Cha Cha, Samba and Jive plus alot more!! And for anyone who's thinking, 'But I can't dance' or 'I don't have anyone to dance with', then don't worry – you don't have to be able to dance and you don't need a partner! You just have to want to get fit and have fun!

Call 07765433100 for more information or visit Jaime FitSteps on Facebook.
Jaime Parry

R'N'R FENCING & Landscapes

- BRICK WEAVE DRIVEWAYS • DECKING
- PERGOLAS • PATIOS • TURFING
- RECLAIMED SLEEPERS

ALL ASPECTS OF LANDSCAPING

FREE QUOTES • PUBLIC LIABILITY INSURED

07881 947506 / 01485 572107

Prided on Quality & Reliability

www.rnrfencing.co.uk



Ray Sparvell? Well, what can we say? Ray kindly gave up his time to take photographs of our 'full on' dress rehearsal. He took many because there were several cries from the director "Take

two!!" that evening! We can look back on these photos when we have finished treading-the-boards and think "Did we REALLY do all of that?!" Thank you Ray. We needed a new lighting pool to attach new back of the stage lights. Thank you Geoff Proctor

for arranging with Chris Sopp for a donated scaffold pole. Just the job! Cheers!



Last, but certainly not least, we thank The Heacham Newsletter, The People's Paper and The Lynn News who all gave generous coverage and photo space.

Unfortunately, Kara Needham was all set with her horse Dobby bridled and cart all polished to have a newspaper photo shoot, with our Brides and Brothers in a field enjoying a picnic BUT with our English summer weather, this had to be cancelled. Shame! Perhaps next time Dobby?

It has been enormous hard work but also enormous fun staging '7 Brides for 7 Brothers'. If you missed it and would like a DVD of the show, please contact Mark 07530 624019. You can also find us on our new website page www.pocahontasplayers.co.uk

to keep up with past and future productions. We are now on our summer break and will be back and raring to go on Tuesday evening 8th September at 7.30pm Heacham Public Hall, where the readings and start of auditions for our January 2017 Pantomime, 'Alice in Jumble Land' written by Jimma Race (NOT to be missed!!) will be held. Please come along and see what we are all about. We are always in need of backstage crew as well as cast members. If you are aged 13 up into your 90s you will be welcomed. Talking of auditions? 'Alice in Jumble Land' requires a Panto horse? Perhaps this is your 'next' time Dobby?!

Thank you - Janice Curtis on behalf of The Pocahontas Players

QUALIFIED ELECTRICIAN

Available for Extra Sockets,

Lighting & BT Points

No Job too small

Free Estimates

No call out charges

Tel:01485 572726 or 07813 173 446

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of tax planning & accounting services for private property investors

- Buy to let landlords
- Second home owners
- Principal private residence tax planning
- Property business structure
- Self assessment advice
- Furnished holiday lettings
- Non resident landlords
- VAT on property
- Estate planning
- Free initial consultation

For an appointment please contact: Mrs K H Gigg FCA

01485 534 800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP

T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

www.kathryngigg.co.uk

Regulated for a range of investment business activities by The Institute of Chartered Accountants in England and Wales.



1st Heacham Cubs

Our first night back should have been on 9th June but we went and set up for our Centenary Cub Camp on 10th-12th June.

Cubs arrived on the Friday at 7.30pm, set up their tents and went and mixed with Cubs from the other eleven packs who joined us at West Newton. There was a short meeting to go through the rules of dos and don'ts on camp, basically have fun and treat everyone with respect. The weather was good which was a bit of a shock for us.

All Cubs were in bed by 11pm and the camp was quiet by 12.30am which was quite quick for a Cub camp. Unfortunately, the first lot of Cubs were awake by 5am and not that quiet. Why three or four children in a tent feel the need to shout at each other is beyond me. By 6am they were loud enough to wake all of West Newton! Heacham Cubs were up at 7am.

We had our breakfast at 8am of sausage, bacon, eggs and beans with bread and butter. Flag break was at 9.30am where the Cubs were told about the activities as the rain came down and we all got wet. As a pack, and as we were already wet, we decided to go to the lake first and have a go on the canoes. Our Scout Leader Seb was running the activity. As we walked round to the lake the sun came out and we all got a bit warm in our waterproofs. The Cubs and our young leader Hathi all had a go canoeing round the lake and navigating the bridge. Once they had finished they all had a go on some mini motorboats, which was like bumper cars on water.

As we walked back to camp the sun really did come out and it got very warm, so they dropped off their coats on our camp site grabbed their hats and sun cream and went off to try all the other activities put on.

They all disappeared off and tried the inflatables which included a giant slide, pillow fighting and gladiator game. They could also have a go at pedal go-carts. When the Cubs went to the climbing wall, I went along and cheered them on as they tried to get to the top.

After lunch it was our turn to have a go at the circus skills laid on with juggling, hoops, stilts and devil sticks.

When we had finished with that we went into the marquee and had a go at crafts that included painting plaster casts of the Scout logo, 100 year flag and badge then soap carving. I don't know if they were missing their electrical devices (of which none were allowed on camp) but they all made mobile phones out of soap! Later, they were able to have a go at cork guns and have another go on the inflatables and go-carts.

After tea of hot dogs and beef burgers followed by cake we had what is called Market Place. Each Cub Pack does an activity on their base; we did high or low with a pack of giant cards and they won a prize if they got it right, find the lolly with the black end and tin can alley. Other packs had different carnival games or cooking making camp doughnuts and popcorn.

At 9pm we all met up around the camp fire to sing traditional camp songs before returning to our own site for hot chocolate and in bed by 10pm. It rained through the night and was really heavy at 3.30am on the Sunday morning but our Cubs luckily slept through it all; the rain stopped at 5.30am. The first lot of Cubs woke up at 7am but Heacham Cubs didn't wake up until 7.30am. Breakfast was at 8.30am with the same as Saturday and Flag break was at 10am. After Flag the Cubs could go off and try different crafts and activities. Heacham did Chinese lanterns while the leaders tidied up and dropped the tents as they dried. Other activities the Cubs could try were rope making, glass etching, two different types of woggle making, brass rubbing and 100 year place mats. Then there was 'splat the rat', 'ball in the bog' and water rockets.

We had a street party type lunch. All the packs had their tables in line in the middle of the field we were camping on. We all sang "Happy Birthday" to ourselves as Cubs are 100 years old this year. There was a massive cake which we all had a piece of. After lunch we all tidied up and got changed into our full uniform.

Once we had assembled by the flag we paraded with our flags to West Newton's church for Scouts Own. Hathi carried our flag during the parade and Dominic read out a short piece about Friendship. As we left the church it started to rain and carried on raining until the Cubs left the camp at 3.30pm. We, as leaders, got everything packed away and then took it all back to the hut and were home by 5pm.

During our last term we spent a few evenings playing games with Kaa who always thinks of new games and doing 100

BELTON DUFFEY

Selling your Property just 1% + VAT

Letting your Property 7.5% + VAT Including Rent Guarantee

See all our properties at beltonduffey.com

• rightmove.co.uk • primelocation.com

• zoopla.co.uk and all other major property websites.

King's Lynn 01553 770055 • Fakenham 01328 855899

• Wells-next-the-Sea 01328 710666 • London 020 7629 9966

NAEA National Association of Estate Agents

G&M Fencing & Landscaping

Fencing • Decking • Timber-work
Paths • Patios • Driveways
Drainage & Guttering
Hedge, Tree & Grass Cutting
Rubbish Clearance

30 Years in Construction Industry

Call for a Free No Obligation Quote

01485 298 963 / 07917 725 015

challenges. One evening we did an Olympics evening where the Cubs had a go at shot put, discus, javelin and long jump. Each event was worth points and at the end of the evening we awarded a Bronze medal to Nathan, Silver to Alfie and Gold to Zack.

Our last evening was spent at North Beach in Heacham. They had to spell their pack colour name in stones, then a scavenger hunt, which finding a crab was a challenge especially as they were not all brave enough to catch one. We then finished the evening off with a couple of games of kick rounders. It was great seeing the Cubs racing around the beach in the sunshine and not an electrical device in site.

The Cub of the term was Isaac for doing really well on his first Cub camp and Alfie and Zack got 100% attendance.

Cubs are hoping to parade in the Heacham Carnival with the Beavers in August.

Happy Scouting to all our Cubs and hope you all have a great summer holiday

Akela (Sam), Ziggy (Julie), Kaa (Rob)

Young Leaders Hathi (Jemma) & Rikki (Tommy)



Girl Guide Report

Firstly, we welcome Sophie, as Assistant Leader, who has moved to Norfolk from London.

We've had a busy and fun packed term. Nearly all Guiding activities are chosen and organised by the girls. This term, five Guides are working towards the Baden Powell Award, the highest award for this age group. They have organised many activities:-

- *An international evening, involving games, craft and, of course, food from China, organised by Kate and the polar bear patrol.

- *A patrol sports competition, organised by Bethany and Leah. Unfortunately it rained, so their ideas were adapted for indoors.

- *And an inter-patrol cooking competition organised by Taylor. Other activities have included a wide game at Dersingham Bog, a walk with other Guides, Brownies, Rainbows, and Leaders to raise funds and first aid. Thanks to Chris for your help.

We've had a party to celebrate Sarah, our Assistant Leader's achievement on completing the Queen's Guide Award.

We've played cricket with a wet sponge. We all got very wet.

We've had 2 evenings on the beach, been sailing at Snettisham and been to London to a pop concert.

We are now, looking forwards to camp. All very excited. We'll tell you all about that in the next issue.

Enjoy the summer and some warm weather.

**Sue
Guide Leader**

SEEN HERE IN ITS NATURAL ENVIRONMENT THE LESSER SPOTTED PUMPING STATION

If you have a private pumping station at the bottom of your garden or in your street we need to know about it. You are currently responsible if anything goes wrong but the good news is that from October 2016 we will take responsibility for many private pumping stations in our region. This will include the cost to maintain and run them, but we have to find them first. If you're not sure what you're looking for our handy spotter's guide can help.

So if you have one get in touch today:
03457 145 145
Or email us at:
privatepumpingstations@anglianwater.co.uk
www.privatepumpingstations.co.uk

love every drop
anglianwater

CALEY HALL HOTEL

locally sourced award winning food and sunday lunches

AA Rosette Restaurant

2016
Celebrating 40 years in business

Old Hunstanton Road
Old Hunstanton
Norfolk PE36 6HH
Tel: 01485 533486
www.caleyhallhotel.co.uk

the Barber Shop

HUNSTANTON
91 WESTGATE PE36 5EP
(OPPOSITE SAINSBURYS)

ALL STYLES AND AGES OF GENTLEMENS HAIRSTYLING CATERED FOR BY QUALIFIED STYLISTS WITH OVER 30 YEARS EXPERIENCE

SENIOR CITIZEN LOYALTY SCHEME
ESTABLISHED 1991

Now in our 25th year of trading in the town, I first opened in Northgate precinct in 1991 after training and working in London for more than 10 years. In 1994 I moved to my current premises at 91 Westgate. Fully qualified in all aspects of barbering , catering for all ages and hairstyles both traditional and contemporary. The shop is open 6 days a week and in the winter late night appointments will be available. I also offer a senior citizen loyalty/emergency card scheme. A warm welcome awaits customers old and new in a modern friendly atmosphere.

Check out the shop at
www.facebook.com/TheBarberShopHunstanton

Greetings from Heacham Tesco Express!

Isn't it so good to finally see some sunshine?! My dad recently said to his grandchildren (7 in total) 'I do hope this rain keeps up'. Following the gasps of 'Oh Grandad, we hate the rain!' he replied with a smile 'Yes but if this rain keeps up then it won't fall down!' Cue a mixture of laughter and groans at Grandad's humour.

Children, like the weather, are a warm edition to the village and most recently we have been holding a competition in store for them to design a football shirt to coincide with the European Football Championships. There were some very colourful entries and we proudly displayed them all around our shop for the duration.

We are pleased to announce the winners in the following categories:

Up to 3 = Isabella Young
 Ages 4/5 = Leah Beagles
 Ages 6/7 = Libby Sills
 Ages 8-10 = Libby Baker
 No age listed = Ronnie



Another very warm welcome we had this month was of two lovely ladies whose story touched us all. A couple of years ago we had a call from the Hunstanton store to say they were in the middle of a power cut thought to be

caused by a power surge. This surge seemingly ended in our village, in the kitchen of Kay Mitchell and her daughter Roz Walden. Fire broke out and destroyed their kitchen. First reports were that the majority of the house could be saved. But as if the shock of a fire wasn't enough, the discovery of asbestos meant the whole property had to be razed to the ground and they would have to move to Lynn to stay with family whilst it was rebuilt.

Having spoken to them both several times over the last couple of years, I am still amazed at how well they have bounced back from such a devastating event. As a token gesture to welcome them back to the village and into their newly rebuilt home, our store manager Steve Peart and I invited them into store to receive a little food hamper from us all here at Heacham Tesco. We wish them all the best.



As always if there's anything we can help you with, be it raffle prizes for fund raisers or manpower for an event then please contact me at Heacham Tesco Express, 5 Lynn Road, Heacham, Norfolk. PE31 7HU or call 07718532922

Brenda Deane
 Community Champion,
 Heacham Tesco Express

Bushel & Strike

24 Malthouse Crescent, Heacham, PE31 7DL

*** Phone: 01485 579033 ***

www.bushelandstrikeheacham.co.uk

Eat, drink, relax - and occasionally party! Dogs welcome - but please keep your owners under control.

Opening times:

Monday	3pm - 11pm
Tuesday to Saturday	12pm - 11pm
Sunday	12pm - 10:30pm

Light lunches served 12 - 2pm Tuesday to Saturday

As we are not doing food in the evenings, please feel free to order in a Takeaway, pack a picnic, or hire our barbecue. Barbecue packs available, but we need some notice to get everything ready for you.

Karaoke 6th August - 8-11pm

Bank Holiday Sunday Barbecue - 28th August - 1-5pm

Eric W Witton Funeral Services

Caring, efficient and professional arrangements at your convenience 24 hours a day, every day of the year.

- Private Chapels of Rest
- Full Estimate
- Monumental Masons

Dignity pre-paid funeral plans available

26 Station Rd, HEACHAM

Tel: 01485 570475

Members of the National Association of Funeral Directors



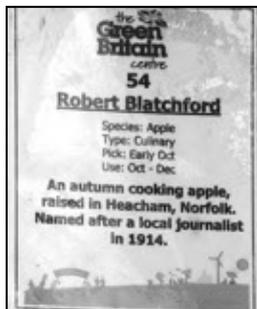
**Heacham & Criteuil-la-Magdeleine
Twinning Association**

FRENCH "TWINNERS" VISIT HEACHAM - JUNE 2016

The evening of Thursday 23rd June saw the arrival in Heacham of seventeen French visitors from our twinned village of Criteuil-la-Magdeleine which lies in the Charente department of South west France just a few kilometres from the town of Cognac. Members of the Heacham and Criteuil-la-Magdeleine Twinning Association were waiting eagerly to whisk their guests home to their accommodation. The following morning we had arranged a visit to the Green Britain Centre in Swaffham where those fit enough were able to climb to the top of the wind Turbine to enjoy the wonderful views over the Norfolk countryside. Other attractions included the world's fastest electric car which has achieved speeds of over 150 miles per hour.



Of special interest to the visitors was a rare variety of apple tree first grown in Heacham and named after a local journalist Robert Blatchford in 1914.



Lunch was either a picnic or a light snack in the restaurant before returning to Heacham.

In the evening everyone met up at the Old Friends' Hall where a Fish and Chips supper had been organised for some 42 people. Our thanks to the Heacham Fish Bar for managing to provide so many portions all at the same time.

**CHRISTYANA
FABRICS & BLINDS**

- Free Quotation and Fitting Service
- Making Up Service Available
- Contract Work Undertaken

Open 10am - 4pm Tuesday - Friday
10am - 2pm - Saturday.

Paula Bloom
18, Lynn Road, Dersingham, Kings Lynn PE31 6JZ
Tel: 01485 541111 / 07917 695069

On Sunday hosts and guests enjoyed a day out at Pensthorpe Nature Park which included an interesting guided Safari Tour round the park.



This was followed in the evening by a dinner at the Ffolkes Arms Hotel in Hillington.

Monday was another "free" day spent with host families with some visiting King's Lynn on shopping trips. In the evening a "Hog Roast" had been organised in the Old Friends' Hall. Thanks to Van Pelts for an excellent meal.

Unfortunately, earlier in the evening we had received the news that due to yet another strike by French Air Traffic Controllers all flights from Stansted on the following day had been cancelled. However, it was decided that our visitors should go to the airport as arranged and so on the Tuesday morning we met at the church car park where it was time to say our goodbyes for another year. We heard later that everyone had been offered overnight accommodation at the airport and flew out the following morning. Life has returned to normal and we are now looking forward to our visit to Criteuil-la-Magdeleine next year.

For more details of our events and information regarding membership of the association please contact the treasurer / membership secretary on 01485 579465.

 **Peddars Way Travel**
Private Hire Taxi

1st Class Service Comes as Standard

Luxury Toyota Prius Plus Excel. Seats up to 4 Adults and 2 Children.
Full leather upholstery.
Air conditioning.
Power points.
Tinted windows
Sun blinds
Air/Sea Ports.
Bus/Train Stations,
Holiday Destinations.
Excursions,
Sight Seeing.
Hospital Appointments,
Shopping Trips.
Nights out, Parties, Functions, Special occasions.

No distance too short or too long.

Chip & Pin Welcome

For a no obligation quote please get in touch

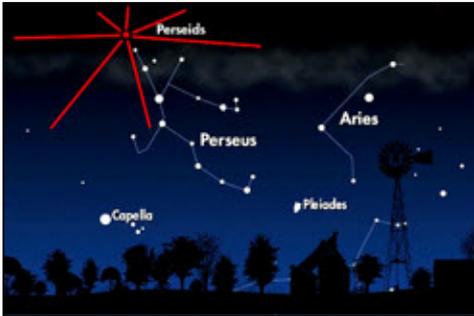
Tel: 01485 - 572234
Mob: 07540 236 656
Email peddarswaytravel@blinternet.com
URL: www.peddarswaytravel.co.uk





Heacham at Night

August, named after Augustus founder of the Roman Empire, which faded like all attempts to join disparate countries. It is the month of the Perseids, a true meteor shower, named after Perseus the legendary founder of Mycenae, a centre of Greek civilisation. His constellation is where the meteors appear to come from.



Why the history lecture? Well, I haven't seen much of the night sky recently or, at least, that of it which lies beyond the clouds, and the stars above us are little changed from those seen

by the earliest civilisations. Meteors and comets were noted from early times because they are different and so, too, were the 'wandering stars' – planets – because they move across the 'fixed' stars.

The planets known for most of human history are Mercury, Venus, Mars, Jupiter and Saturn and these still remain, even in light polluted skies, objects which you can see with your naked eye. You can follow them from month to month as they move across that line in the sky called the ecliptic which runs from low in the East to low in the West. The more southerly they can be seen and the higher in the sky then, generally, the brighter they will be.

This month you have the slight chance to see all five of the 'ancient' planets. Just after sunset and early in the month go down to the beaches and look for Venus. It will be a tad closer

to WNW than West, moving West between the 4th and 8th. Venus will be very low, so the murk of Lincolnshire needs to have dispersed. Almost due West and a little higher will be Jupiter, though this will be less bright than Venus. On 27th August Venus and Jupiter appear very, very, close. However, this will be hard to see from here as they are low down in the dusk. Apparently this conjunction will be spectacular from Brazil which, to me, is a better reason for going there than to see the Olympics.

In between the two brightest planets a spark of light reveals Mercury. Binoculars will most likely be needed. Do not use them until the Sun is below the horizon. All three of these planets will be very difficult to spot so close to the horizon.

I mentioned Juno, the NASA Jupiter spacecraft, last month. Well, it arrived safely and is now in a 53.5 day orbit. In October it will tighten into a 14 day orbit and turn its scientific instruments on. A few numbers: launched 5 years ago; travelled 869 million kilometres; arrived travelling at 200,000 kilometres per hour; is just 1 second behind its expected trajectory. All this extraordinary engineering, scientific and mathematical capability is due entirely to space exploration; it motivates clever people.

When the sky has darkened a little, around 10pm, look SSW / W to find the red dot of Mars (don't confuse it with the smaller red dot of the star Antares) and, not too far away, the yellowish glint of Saturn. On August 11/12th a gibbous Moon lies above both planets (at 10pm). Saturn is closer to it than Mars. Towards the end of the month, around the 25th, Saturn is above Mars which is above Antares.

The ice giants, Uranus and Neptune, are visible in good fixed binoculars or a telescope; blue Uranus low in the East, greeny-blue Neptune (very faint) low in the SE. Image below is Uranus from Heacham



If the sky is dark and clear take a look at the band of light running roughly NE to SW above your heads – The Milky Way. You are looking into the spiral disc of our own galaxy. It contains somewhere between 100 and 400 billion stars, the oldest of which are about 14 billion years old. Less than 100 years ago it was believed the Milky Way was the whole Universe. The observable Universe is now known to contain around 200 billion galaxies.



DAVID PEARCE
ROOFING SERVICES

SLATING TILING LEADWORK GUTTERS

FREE ADVICE & QUOTATIONS
 TWO YEAR GUARANTEE
 WORK CARRIED OUT BY
 TIME SERVED TRADESMAN

CITB REGISTERED ROOFING ASSESSOR
 TEL: 01485 544279 MOBILE 07825415040
 E MAIL davepearceno1@aol.com
www.davidpearcerooftingservices.com



BY MY SIDE

DOG WALKING & DAY BOARDING

Do you want your dog walking?
 Or need someone to look after him/her
 for the day?
 By My Side can help
 Pet sitting in your home and "let outs" also
 available

Call Lynda Simpson on 07875 738753

SJP SOLICITORS

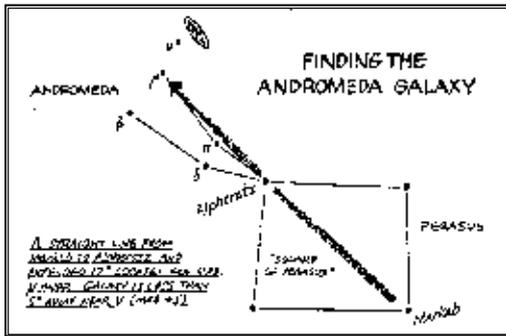
Protect your Family for the Future and have your
 wishes carried out

MAKE A WILL TODAY

For Confidential Professional Advice at our Office
 Or at your Home
 Call 01485 532662
 Or
 Email: info@sjsolicitors.co.uk
 Wills from £100 plus VAT
 SJP Solicitors
 37 Greevegate, Hunstanton PE36 6AB

Scan the Milky Way with binoculars and immerse your eyes in the stars and swirls of darkness which are gas clouds obscuring the glow behind them. High up in the SW look for a fuzzy patch, M13. Messier 13 was the 13th such object Charles Messier catalogued so that he could eliminate them from his search for comets. The fuzziness is due to the light of a million stars forming a globular cluster within the Galaxy.

High in the East find the Square of Pegasus (four bright stars in a square). Just a very little to the north of the highest edge seek out another fuzzy patch; binoculars will help. This patch is not in our galaxy but is the Andromeda Galaxy which is bigger than ours and well over 2 million light years away (light travelling from it at 186,000 miles/ second takes 2 million years to reach



our eyes). Back to our galaxy, find The Plough (most of you will know this asterism - pattern). The second star of the handle, where it bends, is Mizar. Look

very carefully and you may see its companion, Alcor. They are a true double star (they orbit each other) like many others. Use binoculars if you have old eyes. Point Mizar out to a child and ask them what they see.

Right over your head the very bright star is Vega. Next to it is Epsilon Lyrae. Young eyes will see this as a double too. A



telescope, with luck, will reveal it as a double double. Below is the double star Albireo (photographed at Heacham) which needs a telescope to split. One is golden the other arc light blue

Back to the Perseids meteor shower; look on both the nights of the 12th and 13th. Theoretically look NE but not all the time or you will miss all those meteor trails behind you; lying on a sun lounger is recommended. The Moon will be up but conditions are fairly favourable and intermittent clouds can sometimes mask the Moon whilst leaving sufficient sky clear to see the streaks of light.

Go to Madagascar on the 1st September to see an annular eclipse of the Sun (it will look like a halo or shining ring doughnut). Send in a picture.

Last word on history and space and a tad of biology: Remember you are made from the remains of a long dead star.

Terry Parish

FRIDHEM BINGO
 Monday 29th August 2016
Eyes down 7.00pm sharp!
 Refreshments
 Come and join us
 Proceeds go into the Residents Entertainment Fund
 Fridhem Rest Home
 79 Station Road, Heacham

TIDE TABLES FOR AUG & SEPT 2016

HIGH WATER AT HUNSTANTON Heights above chart datum Time Zone UT (GMT) BST add 1hr.									
August 2016				September 2016					
Date	Morning		Afternoon		Date	Morning		Afternoon	
	Time	m	Time	m		Time	m	Time	m
1 M	04 41	6.7	17 16	6.8	1 TH●	05 56	7.3	18 36	7.2
2 TU●	05 31	7.0	18 09	7.0	2 F	06 36	7.4	19 12	7.2
3 W	06 16	7.3	18 55	7.2	3 SA	07 14	7.4	19 44	7.0
4 TH	06 58	7.4	19 35	7.2	4 SU	07 47	7.4	20 12	7.0
5 F	07 37	7.4	20 11	7.0	5 M	08 18	7.2	20 39	6.8
6 SA	08 13	7.4	20 45	6.9	6 TU	08 47	6.9	21 05	6.7
7 SU	08 47	7.2	21 16	6.7	7 W	09 17	6.6	21 35	6.3
8 M	09 19	6.8	21 45	6.3	8 TH	09 50	6.2	22 12	6.0
9 TU	09 52	6.4	22 20	6.1	9 F	10 32	5.7	23 02	5.6
10 W	10 31	6.1	23 03	5.7	10 SA	11 39	5.4		
11 TH	11 24	5.6			11 SU	00 25	5.4	13 16	5.2
12 F	00 06	5.5	12 36	5.4	12 M	01 53	5.5	14 38	5.5
13 SA	01 21	5.5	13 57	5.4	13 TU	03 01	6.0	15 42	6.0
14 SU	02 33	5.6	15 08	5.6	14 W	03 54	6.4	16 35	6.6
15 M	03 34	6.1	16 07	6.1	15 TH	04 42	6.9	17 21	6.9
16 TU	04 24	6.4	16 57	6.4	16 F○	05 26	7.4	18 05	7.3
17 W	05 10	6.9	17 43	6.8	17 SA	06 09	7.8	18 46	7.5
18 TH○	05 53	7.2	18 27	7.0	18 SU	06 51	8.0	19 27	7.6
19 F	06 35	7.5	19 10	7.3	19 M	07 34	8.1	20 03	7.6
20 SA	07 16	7.8	19 49	7.4	20 TU	08 14	8.0	20 43	7.5
21 SU	07 54	7.8	20 27	7.4	21 W	08 57	7.8	21 23	7.2
22 M	08 33	7.8	21 06	7.2	22 TH	09 44	7.2	22 09	6.6
23 TU	09 15	7.5	21 47	6.9	23 F	10 40	6.6	23 08	6.1
24 W	10 00	7.2	22 35	6.4	24 SA	11 54	6.0		
25 TH	10 56	6.7	23 37	6.1	25 SU	00 27	5.7	13 23	5.7
26 F			12 07	6.1	26 M	01 50	5.8	14 49	6.0
27 SA	00 53	5.8	13 33	5.8	27 TU	03 04	6.1	16 01	6.3
28 SU	02 13	5.8	14 58	6.0	28 W	04 03	6.6	16 53	6.7
29 M	03 25	6.2	16 12	6.3	29 TH	04 50	6.9	17 33	6.9
30 TU	04 25	6.7	17 11	6.7	30 F	05 31	7.2	18 09	7.0
31 W	05 14	7.0	17 57	6.9					

© Crown Copyright. Reproduced by permission of the Controller of Her Majesty's Stationery Office and the UK Hydrographic Office (www.ukho.gov.uk).



HEACHAM SPORTS AND SOCIAL CLUB

KITCHEN

ALISON WOULD LIKE TO INVITE ALL REGULARS AND NEW CUSTOMERS TO CARRY ON ENJOYING THE HOME COOKED FOOD, (FOR WHICH SHE HAS BUILT SUCH A STRONG REPUTATION), INTO THE FUTURE

A WIDE VARIETY OF FRESH COOKED FOOD AVAILABLE AT AFFORDABLE PRICES



FRI 12-7

SAT 12-7

SUN 12-4 (TRADITIONAL SUNDAY ROAST)

NON MEMBERS WELCOME !

Booking advisable on Sundays [\(01485\) 570776](tel:01485570776)

Parties and Buffets catered

IF YOU HAVE NOT TRIED US [YOU ARE MISSING OUT](#)

13 Station Road
Heacham pe31 7hg

GREAT FOOD, GREAT SERVICE

Heacham Manor host 2nd Ladies Invitational Tournament

Heacham Manor Golf Club were pleased to host their second Ladies Invitational Tournament on Wednesday 6th July. Perfect golfing conditions welcomed the ladies with warm sunny conditions and little wind.

Each member in the team invited 2 guests to play in the tournament which saw 33 ladies take part on the day. With the best 2 stableford scores on each hole counting and all 3 counting on the par 3s, every team member had their part to play in the final score.

Volunteers from the men's senior team acted as starters and provided a refreshment cart on the course with the ladies returning back to the Avocet Barn, where the results revealed a tie between 2 teams on 83 points.

After a cold meats buffet lunch in the Mulberry Restaurant, Ladies Captain Rachel Hodgkinson announced the winners and presented prizes with the help of Ladies handicap committee member Jill Sayer.

With an eagle 2 on the par 4 hole 3, Norfolk County Golf Development Officer Karen Woodrow had helped her team of Ladies Captain Rachel Hodgkinson and Monica Forskett into the tied first position. With countback of 43 on the back nine against 41 they also took the victory.

Rachel Hodgkinson, Ladies Captain, commented "We could not have asked for a more perfect summer's day for our Ladies Invitational event. A huge thank you to everyone who contributed in making it a very successful day"

Results:

1st Place: (83 Points) Rachel Hodgkinson (Heacham Manor Ladies Captain) Monica Forskett (King's Lynn) & Karen Woodrow (Barnham Broom & Norfolk County Golf Development Officer).

2nd place: (83 Points) Joan Gill (Heacham Manor) and her partners Marie Long (Middleton) and Jane Purdy (King's Lynn).

3rd place: (81 points) Ann Keeper (Heacham Manor) and her partners Pat Richardson (Searles) and Ann Rowell (Fakenham).



Ladies Winners enjoying the course (left to right - Monica Forskett, Rachel Hodgkinson & Karen Woodrow)

Heacham Manor holds 6th Seniors Open

Heacham Manor were proud to stage their 6th Seniors Open on Monday 11th July.

A strong blustery wind, typical of Heacham Manor, and grey skies greeted the golfers and continued throughout the day making good scores in a fourball better ball competition a challenge.

As in the previous year's format, superb prizes for 1st and 2nd were available for both the home team and visiting teams with the best score on the day taking the trophy irrespective of the home club.

A competitive field with teams from across East Anglia competed. As the teams returned to the Avocet Bar, results were displayed for competitors to keep track of scores and positions. The tricky conditions on the day reflected in the scores with only the top 3 teams breaking 40 stableford points.

From the visiting teams, the runners up with 37 points were Paul Robbins and Trevor Watts from Lakeside Lodge (Cambridge); the winning visiting team were Stan Lee and Les Collen from Ely City with 38 points.

Of the home club teams, David McColm and Chris Edwards shot a good 42 points to come in 2nd. However, Keith Whiting and Trevor Howard (who won with a different partner last year) won the home club prizes and overall Seniors Open Trophy scoring an impressive 44 points.

A further £168 was collected from a Raffle on the day with all proceeds to the Captains' Charity of the Queen Elizabeth Hospital.

Seniors Open Organiser Graham Gerrish stated "With pride and delight, I congratulate everyone who contributed to the Men's Seniors Open for a truly memorable and rewarding day"

Heacham Manor holds annual Mixed, Seniors and Junior Opens. The next events are the Junior and Parent competition on 14th August, the Junior Open on 15th August and the Mixed Open on 21st August. Entries are still available and can be downloaded by visiting www.heacham-manor.co.uk or call 01485 536 030 for more information.



Left to Right: Home team winners Trevor Howard and Keith Whiting (Heacham Manor Members) and Visiting Team Winners, Les Collen and Stan Lee (Ely City Members)

SUPERCLEAN
The Man for Cleaning...

- Windows
- Conservatories
- Solar Panels
- UPVC

Call Bob on...
01485 543076
or 07909 456 639

Extra Lights, Sockets, Showers, Storage Heaters, TV & BT, Cookers Connected

T.M. electrical
I don't charge the earth

Small Jobs a Speciality
Tony Morgan **01485 540333**

Fuseboards Replaced, Electrical Inspection Certificates, Rewires
17th Edition • Qualified to Test and Inspect C&G 2391 • Part P Registered

ELECSA
Email: TMElectrical2010@btinternet.com Mob 07884454480



News from the Heacham Social Club Entertainment During August

The new Premier League season kicks off Saturday 13th, with Hull City versus Leicester at 12.30. This match is being shown live in the social club bar.

Live football is also shown regularly in the bar area, both Sky and BT. See the board located in the club for further details.

Wednesday 17th - we have Prize Bingo, Eyes Down at 13.30 hours in the Social Club.

Friday 19th - a live band will be performing from 21.00 "Sound Injectors".

Saturday 20th - we have live music from 20.45 hours with Kenny Bernard.

Saturday 27th - Live Entertainment

Sunday 28th - we have classic Rock n Roll with "Reckless Jivin". 20.30 hours.

Heacham F.C. Seniors

Below are the home fixtures for the 1st Team in their first season in the Anglia Combination. Please come and support your local village team in what will be a very exciting season.

20th August Home to Munford

27th August Home to Spixworth

3rd September Home to Hindringham

10th September Home to Castle Acre

Heacham Minors FC Tournament 16th-17th July

Heacham Minors FC held their second annual tournament on the playing fields over the gloriously warm weekend 16th-17th July. The field was awash with colour as the youngsters played a series of games in an age related league format. It was truly great to see so many people enjoying the fantastic facilities we have in our village.

The organisers would like to thank G J R Rix Hire for the continued sponsorship of the event, as well as the other sponsors, who were, in no particular order: Witley Press, Rod Collison Builders, Pishorn Gardening Services, Suttons Estate Agents, A E Wallis and Station Road Garage. In addition, our thanks go to all those that helped in the preparation of and during the two days of the event; without their hard work and commitment, it would not have been the success that it was.

However, we cannot let this opportunity go by without mentioning the youngsters themselves, their coaches and their hard pressed parents who act as chauffeurs, bag carriers and general factotums; without them it would have been really very lonely on the field.






Paul Skinner & Sons




- Window / Door Repairs
- Hinges
- Handles
- Misted / Broken Glass
- Adjustments
- Conservatory Leaks
- Security Upgrades
- Replacement uPVC
- Conservatories
- Facias / Soffits
- Guttering

GRP Fibreglass Flat Roofs 20 yr Life Expectancy

Call your local tradesman M: 07794 589 501 • 07834 697 719
E: kerryanneskinner75@hotmail.co.uk




Paul Skinner & Sons





**Composite Doors
From £750.00**

**Back Doors
From £495.00**

**French/Patio Doors
From £895.00**

Call your local tradesman M: 07794 589 501 • 07834 697 719
E: kerryanneskinner75@hotmail.co.uk



Heacham in Bloom

It has been a busy couple of months since our last update, all of the planting is now completed around the village and the 'Bikes' are back, albeit that they are newer bikes; as the old ones were definitely getting past their best!

At the Fire Station this year we decided to try out a more permanent planting scheme and have gone for a Cottage Garden effect, complete with watering can. The plants seem to like it and are growing well; mind you the weather may have had something to do with it as they have been well watered!



We have continued to receive donations and sponsorship. Thank you to Kevin Partyka, Jim Wilding and the Heacham Shops, Businesses and Groups who have supported us with this year's display.

On 9th July the Caravan Competition judges went around the caravan parks and judged both the Parks and the entrants to our Individual Caravan Competition; 11 entries were received this year which we think is a record. A very big thank you to all of you who entered. The judges had a very hard task as everywhere was looking so good but we are pleased to announce the winners are: Best Park - Tall Trees Caravan Park and runner-up - Pioneer Holiday Park.



Steve James and Wayne Holmes from Tall Trees with Mary Sheldrick from Heacham in Bloom.

In the Individual Caravan competition, 1st Prize went to Mr & Mrs Barber of Palm Beach Holiday Park, 2nd Prize to Mrs Cowlan of Pioneer Holiday Park and in 3rd place we had Mr & Mrs Woodward of Seashore Holiday Park and Mr Knight of Riverside Holiday Park.



Mr & Mrs Barber with Jean Smith from Heacham in Bloom

Heacham in Bloom Committee

A. E. WALLIS
Television and Cycle Retailer
EURONICS

We are members of Europe's biggest independent electrical buying group

Dealership of Quality
TV's, Video's and DVD's,
Washing Machines and Tumble Dryers,
Cookers, Built in models and so much more.

**Cycle Sales
Cycle Spares
Cycle Repairs
Cycle Hire**

34/40 High Street Heacham 01485 570303/ 571683

1939 A E WALLIS 75 YEARS OF SERVICE 2014

www.ajdautorepairs.com

AJD auto repairs

Motor Vehicle Engineers

MOT  CENTRE

- CARS ● LIGHT COMMERCIALS ●
- MOTOR CYCLES ●
- AIR CON SERVICE & REPAIR ●

**5 BANK ROAD, DERSINGHAM
KING'S LYNN,
NORFOLK PE31 6HW**

TELEPHONE
(01485) 540039
email: info@ajdautorepairs.com

AJD auto repairs **AJD auto repairs**

PRO-HEAT GAS SERVICES LTD.
Natural Gas • Oil • LPG



Contact Nick...
Tel: 01485 570658
Mob: 07917 832311
www.pro-heatgasservices.co.uk
enquiries@pro-heatgasservices.co.uk

- Servicing & safety checks
- Breakdowns & repairs
- Landlord certificates

201178 C10680

HEACHAM YOUTH & COMMUNITY TRUST

Are urgently looking for volunteers to help in their Charity Shop situated in the High Street.

If you think you can help, please contact either Peter or Andrew at Suttons Estate Agents
29 High Street, Heacham. Tel: 570030

NEWSLETTER SUDOKU No. 105

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

		2	1					4
	6		9	7		8		
1	9							6
	5	4		6				
	1				2		3	9
6			3					7
			4		9	2		8
9		1			5	4		
			8		6	7		5

Solution to Newsletter SUDOKU No. 104

1	6	3	7	2	5	8	9	4
4	2	5	9	8	1	7	3	6
8	9	7	4	6	3	2	5	1
2	7	1	5	9	6	4	8	3
9	8	4	3	1	7	6	2	5
5	3	6	8	4	2	1	7	9
3	5	2	1	7	4	9	6	8
7	1	8	6	3	9	5	4	2
6	4	9	2	5	8	3	1	7



J.C. Hammond

Carpenter/Joiner

From Flooring to Roofing and Everything In Between!

Local, Reliable Service - Competitive Rates

Snettisham (01485) 541220

07944 281960

www.snettishamcarpentry.co.uk

No job too big or too small - All work Guaranteed and Insured



MSH Door Repairs



How secure are YOUR locks?

At MSH, not only do we service/repair/replace door locks and locking systems, we care about security. We are Ultion-Lock stockists.

THE MOST SECURE barrel lock available in the UK...FACT.

PVCu and composite doors come with standard barrel locks unless otherwise specified. These locks are easily compromised by picking, bumping, drilling or snapping. This can be achieved in under 20 seconds!

73% of break-ins occur via a door*. The vast majority of people only pay attention to the effectiveness of their locks AFTER they have been burgled.

Don't become another statistic. Have your locks changed for high security anti-pick, anti-bump, anti-drill and anti-snap versions.

Serving North/West Norfolk

Call for a FREE, no obligation assessment and quotation.



*From the Office of National Statistics

Call Matthew on 01485 579067 or 07444 58 09 58

www.mshdoors.co.uk

email: info@mshdoors.co.uk

WHAT'S ON REGULAR EVENTS

PC=Parish Council Office, Pound Lane
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
PH = Public Hall
NC = Neville Court

HOME ALONE? Need someone to Talk to? Come and join the Friendship Group Contact Beryl on 779282
(No fees involved) Just meeting new people

MONDAYS

TABLE TENNIS 9.30am Tel: Adrian 570477 (PH) Top Room
ART CLASS 10am – 12noon For info Tel: Shirley Milborn 572247 (PRH)
SUNNYSIDE CLOSE (Sheltered Housing for over 60's)
Coffee Morning 10.30am Tel : 570492
FITSTEPS 11am – 12noon To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (PH)
FITNESS PILATES 12.15 – 1pm For info Tel: Suzie Povey 07900 818311 (PH)
ROLLASON STAGE SCHOOL Dance Classes 6yrs+ Ballet/tap/modern 4.15-5.15pm Junior Street 5.15–6pm Tel:579074 (PH)Top Room
2nd HEACHAM RAINBOWS Term Time Girls 5-7 years 5 – 6pm Contact Tel: Kathryn 572138 (MC)
JUNIOR TENNIS 5 - 6pm Enquiries Tel: Richard Smith 07718 553415 (HSC)
RESTORATIVE YOGA 6 - 7.30pm at Heacham First School Contact Sandee Tel: 01485 570485
LINE DANCING Absolute Beginners/Beginners 6-7pm Improvers 7-9pm £3 Contact Diane 571166 (SM)
1st HEACHAM SCOUTS (boys and girls aged 10 to 14yrs) 7 - 9pm Tel: Seb 07477 51116 (SG)
HEACHAM IN BLOOM 3rd Monday Monthly @ 7pm (PC)
INDOOR BOWLS CLUB 7pm (MC)
LINE DANCING 7-9pm £3.50 Yvonne Tel:532317 (PH)
WEST NORFOLK TAPPING CIRCLE meet 3rd Monday Monthly 7-9pm For more information Tel:571936 Catherine or email mcatherineallen1@gmail.com. (PRH)
HEACHAM WIVES GROUP – 2nd Monday of most months at 7.30pm Contact Sue Scott Tel: 572252 (HSC) Top Room

TUESDAYS

OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10.15-11-15am Tel: Pat 298429
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
LADIES KEEP FIT FOR OVER 50's 10.30 - 11.30am. Contact Kath Manning-Coe Tel : 01553 774343 (SM)
CARERS SUPPORT GROUP West Norfolk Mind Tea & Chat at Piece of Mind 4 Poplar Avenue 1 - 2.30pm Tel: 572707
LINE DANCING 1.30 - 3.30 pm Improver/Intermediate £3 Contact Diane 571166 (SM)
WOMENS FELLOWSHIP 2.45pm Every other Tuesday (MC)
1st HEACHAM GUIDES 5.30 – 7pm Tel: Sue Theunissen 07833747059 or just come along (MC)
WEIGHT WATCHERS 6pm Tel:Alison 07796 904311 (OFH)
ZUMBA 7-8pm £4 per class or £7 for both Tuesday & Wednesday classes Tel: Michelle 07585002124 (SG)
PARISH COUNCIL MTG 3rd Tuesday monthly 7.30pm (PC)
HANDS & NEEDLES GROUP every other Tuesday 7.30 – 9.00pm Tel: Joan Careless 570363 (MC)
HEACHAM & SANDRINGHAM CAMERA CLUB meets 1st & 3rd Tuesday monthly 7.30pm Sandringham Club West Newton Email: heachamdigitalcamerclub@yahoo.co.uk or call Viv for info on 07906056019
POCAHONTAS PLAYERS Drama Group 7.30 – 9.30 pm Tel: 570402 (PH)
LIVE ENTERTAINMENT from 8.30pm at Fox & Hounds

HEACHAM BOOK CLUB 3rd Tuesday mthly Tel: Beth 570479
WEDNESDAYS

CAR BOOT SALES Gates open 6.30am for a 7am start (HSC) Sports Field
WEST NORFOLK MIND Day Centre 9.30–3 pm at 4 Poplar Ave Heacham £35 per day or £20 part of a day (personal budget holders & self-funders welcome) Tel: Joyce Armstrong 07704338775 www.westnorfolkmind.org.uk
SCALLYWAGS PLAYGROUPO Term Time 9.30 – 11am £2 Tel: Jo 07521447284 (SG)
CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)
THE OLD SCHOOLGIRL FRIENDS of Heacham School meet for a 'Coffee and a Chat' the last Wednesday of the month 10.30am at Norfolk Lavender Tel: 570742 or 579126
PATIENT ADVICE & LIAISON SERVICE 2 – 4pm on 2nd & 4th Wednesdays monthly (PC)
HEACHAM LITTLE DRAGONS Korean martial arts of self defence Ages 5+ 4.30-5.30pm Tel: Ian 07806622154 (SG)
FOOTBALL Under 8&9's 4.30-5.30pm Contact Mark 07561303886 (HSC) playing fields
TAI CHI & KUNG FU 6–7.15pm-Childrens Kung Fu 7.15–8.15pm-Adult Tai Chi 8.15–9.30pm-Adult Kung Fu Tel:Derek 01553 674779 (PRH)
SENIOR TENNIS from 6.30pm (Thursdays if wet) Enquiries Tel: 07804 927764 Mike Nobes (HSC)
LINE DANCING 7 - 9pm Improver/Intermediate £3. Contact Diane 571166 (SM)
BINGO 7.30pm Neville Court Grouped Home
HEACHAM TWINNING ASSOCIATION 3rd Wednesday monthly @7.30pm New members welcome Tel: 579465.(PC)
ZUMBA 7.30-8.30pm for cost & info see Tuesday (SG)
WEST NORFOLK SINGERS 7.30-9pm For info Tel: 541851 Peter Gray www.westnorfolksingers.org.uk/ (MC)
QUIZ NIGHT 8.45pm Prompt start New teams of up to 5 welcome £1 entry pp Cash Prize & Cash Snowball (HSC)

THURSDAYS

WEST NORFOLK MIND Day Centre (specifically for older people dementia friendly) 9.30–3pm For info see Wednesday
TABLE TENNIS CLUB 10am (PH Top Room)
OVER 60? Enjoy improving your health and bone density with Active for Life Exercise Classes at Heacham Surgery Classroom 10-11am Tel: 298429 or 579125
CARPET BOWLS 10.30am - 12 noon Tel: 570776 (PH)
MOTHERS' UNION 4th Thursday monthly 2pm (SM)
TREFOIL GUILD 1st Thursday monthly 2 - 4pm Tel: 07813014477 Mary Harpley (PRH)
BINGO 2.30pm at Sunnyside Close (Sheltered Housing for over 60's) Tel: 570492
1st HEACHAM BROWNIES Term Time Girls 7 - 10yrs (MC) 5.30 – 7pm Tel: Sara (Brown Owl) 517028 or 07876 564084
JUDO Beginners 6 - 7.30pm Tel: 571614 (PH)
FITSTEPS 6.30 – 7.30pm To book Tel:Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com (OFH)
1st HEACHAM CUBS ages 8 – 10yrs Term Time 6.45 – 8.30pm Tel: Sam 572138 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
SOCIAL EVENING Table games and darts 2nd Thursday monthly 7.15pm (MC)
FLOWER CLUB 4th Thursday monthly 7.30pm Flower arranging & demonstrations Tel:Alayne Seymour570560 (SM)
RAO BUFFALOS 8pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9pm at Fox & Hounds

FRIDAYS

BEREAVEMENT SUPPORT IN HEACHAM 10am - 12 noon
3rd Friday of the month Contact Renee Smith or Barbara
Fargher silverlinings@gmx.co.uk or Tel: 570534 (SM)
COFFEE AFTERNOON Fridhem Rest Home Station Rd Last
Friday of the month at 2pm

1st HEACHAM BEAVER SCOUTS for boys & girls aged 6 to
8 years Term time 6 - 7.15pm Tel : Barry 570767 (SG)

TAI CHI & KUNG FU 6-7pm Beginners Tai Chi
7-8pm Advanced Tai Chi 8-9.30pm Adult Kung Fu
Tel: Derek 01553 674779 (PRH)

INDOOR BOWLS CLUB (Carpet) 7pm (MC)

CASH BINGO 7.30pm (PH)

WILDFOWLERS CLUB 1st Friday monthly 7.30pm (HSC
Top Room)

SATURDAYS

HEACHAM YOUTH CLUB Term Time School years 6-11
Tel: Tracey Swann 07833 307856 (SM)

SUNDAYS

SUNDAY AFTERNOON SERVICE 4pm 1st Sunday Monthly
Everyone welcome For details Tel:579440 (PRH)

HEACHAM DIARY

Friday 5th August GIG 'Black Top Deluxe' 8.30pm at Fox &
Hounds Station Road

Saturday 6th August GIG 'Kenny Bernard.' at Silver Sands

Sunday 7th August 'Heacham Carnival' departs from College
Drive at 1.45pm All Day Car Boot from 6am

Tuesday 9th August GIG 'Part Time Blues' 8.30pm at the Fox
& Hounds Station Road

Friday 12th August GIG 'Jam with DNA' 8.30pm at Fox &
Hounds Station Road

Saturday 13th August GIG 'Cory Lewis (Motown)' at Silver
Sands

Saturday 13th & Sunday 14th August 'Heacham Horse
Show' at Lamsey Lane For more details Tel: 07879632514

Sunday 14th August 'Classic Car Rally' with 'Rock and Roll'
band from 3pm at Fox & Hounds Station Road

Tuesday 16th August GIG 'Stonepony' 8.30pm at Fox &
Hounds Station Road

Friday 19th August GIG 'Velvet Doonigons' 8.30pm at Fox
& Hounds Station Road

Saturday 20th August GIG 'Sylvester Peat Cutters and the
Twilight Boggers' 8.30pm at Fox & Hounds Station Road

** GIG 'Travis Graham' at Silver Sands

Sunday 21st August 'Royal Scarecrow Hunt' from 2pm at
Fridhem Rest Home Station Road

Tuesday 23rd August GIG 'Jordan Chase' 8.30pm at Fox &
Hounds Station Road

Friday 26th August GIG 'Stride' 8.30pm at Fox & Hounds
Station Road

Saturday 27th August 'Open Day' at Heacham Fire Station
12noon to 4pm Refreshments Raffle Classic Fire Engines

** GIG 'Craig Powell' at Silver Sands

** GIG 'The Elasticated Waste Band' 8.30pm at Fox &
Hounds Station Road

Saturday 27th & Sunday 28th August 'Photographic
Exhibition' 10am to 4.30pm at the Old Friends Hall Sunnyside
Free Entry If you are interested in exhibiting your work Tel:
572142 Heacham Parish Council Office for an entry form

Sunday 28th August GIG 'Hilbilly Cats' 8.30pm at Fox &
Hounds Station Rd

** GIG 'Steve Perry (Wartime Memorabilia)' at Silver Sands

Monday 29th August 'Fridhem Bingo' at Fridhem Rest Home
Station Road Eyes down 7pm sharp! Refreshments Come
and join us

Please turn to the next page for 'Other Events' 

Allen Tomas &^{co}

FINANCIAL MANAGEMENT

We are a firm of Independent Financial Advisers based at St Nicholas
Court in Dersingham with ample car parking for clients

We specialise in:

Savings & Investments
Estate Planning & Long Term Care
Retirement Planning
Financial Protection

T 01485 541998

E info@allentomasfinancial.co.uk

W www.allentomasfinancial.co.uk

REVIEW YOUR SAVINGS FACE TO FACE INDEPENDENT FINANCIAL ADVICE FRIENDLY PERSONAL SERVICE

OTHER EVENTS

Saturday 6th August 'Go Wild at Drove' 10am-4pm at Drove Orchards with Norfolk Ornithologists' Association

** 'C.A.L.M. Support Group' meets 11am-1pm at St Edmunds Church Hall Hunstanton More information from Debra Tel: 535320 All Welcome

** 'Summer Dinner – Entertainment by Marcia Santana' at Hunstanton Conservative Club

Friday 12th to Sunday 14th August Brancaster Camera Club 'Annual Print Exhibition' 10am-4pm at Brancaster Staithe Village Hall Free entry Refreshments Raffle

Saturday 13th & Sunday 14th August 'Norton Hill Light Railway' Open Days 1pm-5pm Train rides Refreshments etc

** 'Dancing to Pride' at Hunstanton Conservative Club Tickets available at the bar

Wednesday 17th August HDFA present 'The Tempest' at Thornham Village Hall 7.30pm Tickets £12

Saturday 20th August 'Burnham Market Craft Fair' from 10am – 5pm Free Entry over 100 stalls

** Cinema in Syderstone 'Dad's Army' 7.30pm at Amy Robsart Village Hall Tickets £3.50 (adv)

** GIG 'Entertainment by Lesley – great localist' at Hunstanton Conservative Club

Sunday 21st August Rotary Club of Hunstanton's 20th Annual 'Kite Festival' 11am to 6pm at Smithdon High School Hunstanton

Saturday 27th August GIG 'Dancing to Rob Stevenson' at Hunstanton Conservative Club

Saturday 27th & Sunday 28th August 'Norton Hill Light Railway' Open Days 1pm-5pm Train rides Refreshments etc

Sunday 28th & Monday 29th August 'Heritage Centre Open Days' 11am to 5pm at RAF Bircham Newton Website: www.rafbnmp.org.uk

Saturday 10th September Closing date for the HDFA '2016 Photographic Competition' The 12 winning photos will be included in the town calendar for 2017 More details from Steve Elois email: steve1961ellis@gmail.com

Sunday 9th October '10th Annual Norfolk Family Walk' at Holkham Hall for 'Brain Tumour Research & Support' 10am – 4pm Adults £5 Children Free Car Parking £3

WANT TO PLAY BRIDGE? Hunstanton Bridge Club welcomes players of all levels and ability. Please call Roger Pearce 01485 572121 for more information

SEDFORD PRE-SCHOOL - Toddlers from age 2+ Mon to Fri mornings 8.45-11.45am (with optional 'wraparound' from 11.45am to 12.30pm) and **Mon, Tues & Thurs** afternoons 12.30-3.30pm (term time) Sedgeford Primary School Ringstead Rd Sedgeford – Tel: Jane 01485 579489

Mondays

FITSTEPS 6.30 – 7.30pm at Ingoldisthorpe Village Hall To book Tel: Jaime 571395 or 07765433100 or email jaimefitsteps@gmail.com

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

FIRE CADETS at Hunstanton Fire Station 7–9 pm Boys & Girls 13yrs+ Come along for a fun and interesting evening learning about all aspects of fire safety Tel : 07919 492294

Tuesdays

BRANCASTER BABY & TODDLER GROUP Simms Reeve Inst. Hall Brancaster 9.30-11.30am (term time) £2 per family For info email: brancasterbabyandtoddlergroup@yahoo.co.uk

COASTAL STROKE GROUP 10.30am – 12.30pm at Hunstanton Methodist Church Austin St For more info Tel: Julie Manning 600930 or Gemma Smith 01366 377803

LINE DANCING 1.30 – 3.30pm at Snettisham Memorial Hall £3.50 Tel: 532317 Yvonne

SLIMMING WORLD 5.30pm & 7.30pm at Hunstanton Community Centre Avenue Road Tel: Jo 07942 818059

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence 'all ages' 6.30 - 8.30pm at Smithdon High School For details contact Ian on 07806 622154

HUNSTANTON COMMUNITY CHOIR Rehearsals 7-9pm at Hunstanton Town Hall £3 per session For info Tel: 532392

Wednesdays

DOCKING MARKET 9am - 1pm in The Ripper Hall

Local Produce Craft and Gift Stalls Tel: 576233

RESTORATIVE YOGA 10 - 11am Sedgeford Village Hall Contact Sandee Tel: 01485 570485

SING FOR WELLBEING Snettisham Community Choir 10am–12noon at St Mary's Church Hall Snettisham For info Tel: Carol O'Neill on 01328838616

LYMPHOEDEMA SUPPORT GRP meets the 2nd Wednesday monthly 10.30am-12noon For info please Tel: Sue 570823

NICE & GENTLE Fitness 1-2pm £3 pp Inc's Tea or Coffee at Hunstanton Community Centre tel: Michelle 579074

CATKINS TODDLER GROUP – Wed afternoons 1.00-3.00pm term time only Sedgeford Primary School Ringstead Rd Sedgeford – Tel: 01485 579489

ROLLASON STAGE SCHOOL Dance Classes under 6yrs Ballet/tap/modern 4.30-5.15pm 12yrs+ Ballet & modern 5.15-6.15pm Senior street crew 6.15-7pm at Hunstanton Town Hall Basement Tel: 579074

HUNSTANTON BRIDGE CLUB 'Duplicate Bridge' 6.50pm for 7pm at Hunstanton Conservative Club

WEST NORFOLK TAI CHI CHUAN – weekly local Tai Chi classes www.west-norfolk-tai-chi.com for information.

Thursdays

LINE DANCING 10.30am – 12 noon at Hunstanton Community Centre £3 Tel: Diane 571166

TEA DANCE 2 – 4.30pm at Hunstanton Community Centre Live Music Sequence & Ballroom £3 All Welcome

ROLLASON STAGE SCHOOL Musical Theatre class All ages 4.30 – 5.30pm at Hunstanton Town Hall Basement

For info Tel: 579074

CHILLATES 6-7pm £4 pp at Hunstanton Town Hall Basement Tel: 579074

KINGS LYNN & DISTRICT OSTEOPOROSIS SOCIETY meet in Kings Lynn 4th Thursday monthly at 7.30pm Door to door taxi service - £2 For more info Tel: Pat Reilly 572271

Fridays

BRANCASTER BABY & TODDLER MUSIC GRP Simms Reeve Inst. Hall Brancaster 10–11.30am (term time) 1st & 3rd Friday monthly £1.50 per family (see Tuesday for info details)

HUNSTANTON BRIDGE CLUB 'Beginners Bridge' 1.20pm for 1.30pm at Hunstanton Conservative Club

ZUMBA at Docking Ripper Hall 6.15-7.15 £4 pp for info Tel: Michelle 579074

HUNSTANTON TANG SOO DO CLUB Korean martial arts of self defence mixed club all ages 6.30 - 8.30pm at Smithdon High School Hunstanton For info Tel: Ian 07806 622154

Saturdays

CHRISTIAN YOUTH GROUP 3rd Sat monthly 10am-12 noon ages 10-14 Cost £1 at Dersingham Church Hall More info from Karen Creedy 07717231096

ROLLASON STAGE SCHOOL with Lucy Rose

Musical Theatre Group 11am Street dance under 12's 12noon Drama Group with Ann McKimm 1pm Musical Theatre 2pm at Hunstanton Town Hall Basement For information re attendance Tel: 579074

INDIE ARTS CLUB 2nd Sat monthly 1-4pm at Hunstanton Town Hall Basement Entry & Membership free Tea or Coffee 50p Book in advance via email: bookings@wattsington.com



JOURNAL FROM A BEACH HUT....

News and stories from Heacham's wonderful beaches.

Raggy Daisy's news and stories from Heacham's wonderful beaches.

A very sunny hello to you

Well, I had written the July journal when this gorgeous sunny heatwave arrived, in a plume apparently from the continent. So here I am at Flip Flop on Monday 18th July frantically scribbling down what is happening at the beaches.

It's so worth doing I feel, as by the time the Newsletter is issued the usual weather service, UK grey, will doubtless have resumed and it could be a while before we see the next heatwave knowing our summers; so we can relive it when the Newsletter is published, for a few minutes at least.

It's 6pm, the tide is in and the water is like a mill pond. There are a couple of jet skis whizzing about, a handful of canoes paddling towards Hunstanton and there was a speed boat with water skier attached a few moments ago. You can see the coastline all around The Wash and the elegant looking wind turbines are clearly visible past Old Hunstanton. Excitement of all excitements, the water is BLUE, ok not quite the bright turquoise of the Mediterranean but blue nonetheless. On the horizon the sea merges with the sky and it is hard to see when sea ends and sky starts. An earlier paddle means I can report that the water is as warm as the Med. In fact, sitting here in the, still strong, early evening sunshine, I could quite easily be in a Mediterranean country.

The sun is directly in front of Flip Flop and as I sit at the top of the bank by the sea wall the water is twinkling like a thousand diamonds - magical.

There are a few families dotted along both North and South Beaches and plenty of space for everyone on our superb sandy beaches. My guess is that tomorrow's press will be filled with the 'heatwave compulsory' pictures of fashionably trendy (and pebbly) Brighton Beach filled with people, all crammed together with not a piece of the beach visible between them. And we have all this – how lucky we are?!

Until next month, enjoy the summer and wring every minute of this glorious sunshine out of a day that you can, whilst it lasts.

Association news.....

The summer meeting for the Heacham Beach Hut Owners' Association (HBHOA) was held at 2pm on 16th July on the beach in front of the beach huts. It was well attended with around 40 people present.

We got through lots of topics and I think everyone present would agree it was a useful and informative meeting. The meeting notes have been emailed to all members so if you haven't received yours please do contact us for a copy.

Special thanks were paid to Hazel and Brian for their regular contribution to beach hut security. They walk the promenade checking the huts every day come rain or shine, such a reassurance to other members, especially those who live elsewhere and only get to visit occasionally.

New members are always welcome and you can contact the Association by email: dena.hbhoa@yahoo.co.uk



Happy summer everyone from HBHOA!!



'Together we are stronger'

SJP

SOLICITORS

Staveley Johnson & Procter

Formerly Hawkins of Hunstanton and Beloe & Staveley

Contact Us
Staveley, Johnson &
Procter Solicitors
Waverley House, 37 Greevegate
Hunstanton
Norfolk PE36 6AB

Telephone: 01485 532662
Fax: 01485 534802
DX: 95250 Hunstanton

info@sjpsolicitors.co.uk

Solicitors acting in the North
Norfolk area, including Kings
Lynn and Norwich



We are a local firm of solicitors
that cover and are experienced in;

Conveyancing, family, residential and
commercial lease, debt recovery, litigation, wills and
probate, and personal injury, contract and
professional negligence and dispute matters.

We can often offer fixed fees so you know
where you stand on costs and an
introductory ½ hour free of charge.

www.sjpsolicitors.co.uk



around and about...

Borough Council of
King's Lynn &
West Norfolk



Register of Electors

This year's annual registration exercise will be taking place from August onwards with publication of a revised Register of Electors following on 1st December.

The first part of the registration process is the issue of a Household Enquiry Form. This will be pre-printed with the names of anyone currently registered and a reply is needed regardless of whether or not any changes need to be made. This includes second homes and holiday lets. Anyone whose name does not appear on the form and is aged 16 or over needs to be added and anyone no longer there deleted. The form will not itself register anyone new to an address; instead they will be sent an individual registration form.

The Electoral Registration Officer would very much appreciate householders' co-operation in returning the Household Enquiry Form as quickly as possible. A prompt response to any individual registration forms issued would also be helpful.

Online registration is now available at www.gov.uk/registertovote and only takes a few minutes. If anything is unclear, or you are a second home owner and need advice about your entitlement to register, please contact the Electoral Helpline on 01553 616773.

SMITHDON HIGH SCHOOL

PTA

2016



SUNDAY 4 SEPTEMBER

(IN PARTNERSHIP WITH HINSTANTON LIONS)

No Booking required

£5 cars

£10 large vans/cars
with trailers

PAY ON ENTRY

No Caterers or Games
of Chance

From 8am till 1pm

Pitch holders on site
from 7am

Refreshments available

Plenty of free parking

**Stall holders are reminded to please take all
unsold goods and rubbish away with them.**

Contact email: cpike79rw@nsix.org.uk



Mobility Assist, Heacham Sales & Servicing

Buy with confidence. Used lightweight scooters, new batteries
+ warranty from £250 + Power/wheel chairs Walkers & more.

Call Alan on 07747601096/Viv on 07906056019

email: mobilityassist@yahoo.co.uk

BURNHAM PROPERTY MAINTENANCE

For all your property repairs & maintenance

Incl. Total Renovations & Refurbishments

All Brickwork - Woodwork - Plumbing

Electrics - Plastering - Decorating

Fencing & Patios

**YOUR ONE-STOP REPAIR
& MAINTENANCE SHOP**

**Free Quotations & Prompt Service
NO JOB TOO SMALL**

Call Brian on

Mob: 07903 138251

Fax: 01485 571463



P.G. PLUMBING & BUILDING

24 Hour Emergency Service

**Plumbing - Heating - Tiling
Bathroom Installations**

Disabled Adaptation Specialists



54 Marram Way Heacham.

Freephone 0800 2343044 Mobile 07836 506379

(Est 1985)

Payment accepted using Mastercard, Visa & Maestro Cards



HUNSTANTON & DISTRICT LIONS CLUB FUNFAIR DAY – FRIDAY 17th JUNE 2016

Did you hear the screams and laughter coming from Rainbow Amusements and Vegas Fish Bar? I went to investigate as curiosity got the better of me.

There they were! Ten members of the Hunstanton & District Lions Club preparing for their 14th Annual Funfair Day for less-abled children. Their new branded gazebo stood proud along with two banners waiting for the yells, screams and laughter of some 400 children with carers!



They sent me in the direction of the fairground to see that it wasn't just the Lions hard at work getting everything ready. I could smell candy floss and popcorn coming from one of the kiosks and the delicious smell of

coffee beans being roasted from another. I found John Henry and his wife, Colleen, Chadwick Pooley and the Showmen from Rainbow Amusements busy preparing the rides for the children about to descend on them. Everything was primed and everyone was ready. The smiles on their faces said it all.....we can't wait to meet them!

Then I followed the heavenly seaside aroma of fish and chips to Vegas Fish Bar. Joe and his staff were making final preparations and eager to get started with Joe's wife, Danielle, checking that vinegar and salt pots were filled to the brim. The pre-orders were in, the food was ready, the fryers were primed and they were smiling.....we can't wait to meet them!

Out of the corner of my eye, I suddenly caught sight of yellow mini buses and several coaches parking on the field. Suddenly the air filled with the sound of yells, screams and laughter as the children excitedly disembarked. The Lions sprang into action guiding the buses, handing out wristbands and assisting the children across a busy road to the fairground.



All too soon it was lunch time! Once again The Lions sprang into action, together with Joe and his staff, distributing a long line of neatly wrapped food which was piled carefully onto trays and carried out to the

hungry young mouths. Vinegar, salt and ketchup was on hand together with orange, blackcurrant or strawberry juice to quench thirsts and soak up the chips.

Before I knew it, the buses were refilled and off they went waving, laughing and crying out....."How many sleeps before the next one!"

With a tremendous job well done, The Lions sat down and started planning their 15th Funfair!!

The Hunstanton & District Lions would like to take this opportunity to thank the following people:

The Rainbow Amusement Showmen

John Henry Roper and Chadwick Pooley and all their team.

Vegas Fish Bar

Joe & Danielle Rodriguez and all his team.

Jason Russell in Long Sutton for supplying all the potatoes.

Fryers Pride in Peterborough for supplying all the fish.

All the Children, Staff and Carers from:

Churchill Park School, King's Lynn

Sheringham Woodfields, Sheringham

None of this would be possible without you.

Hunstanton & District Lions

TONY'S HOUSE MAINTENANCE

**Kitchens & Bathrooms Tiled.
Painting - Interior and Exterior.
Gutters Cleaned, Repaired or
Replaced on Bungalows only.
Fencing, Patios & Gardening.**

**41 Meadow Road, Heacham.
01485 571038. Mobile 07932 123781**



www.suttonsestateagency.co.uk

01485 570030

29 High Street Heacham Norfolk



PE31 7EP

Property sales details with professionally drawn floor plans, maps and colour photographs.

Property details are also available at
Torc Financial Services, The Business Centre,
Snettisham

For a professional and friendly service
contact us on:- **01485 570030**

BURNHAM MARKET CRAFT FAIR

Burnham Market Craft Fair (which is now its 40th year) will be held on Saturday 20th August.

This popular event is entirely run by local volunteers, with stallholders contributing 10 per cent of their takings to local good causes.

This year's craftspeople have been selected from nearly 200 applications and have been hand-picked for quality and variety. Traditional, local and regional crafts will be displayed alongside items by local artists, designers and artisans on over 100 stalls in the centre of the village, on the greens, from 10.00am to 5.00pm.

Stalls include original art, jewellery, plants, textiles, ceramics, cards, woodwork, pottery, basketwork, sculpture, furniture, glassware, photography, aromatherapy, leather-craft, metalwork and more.

There will be a traditional Hog Roast; face-painting and a Punch and Judy Show will entertain children throughout the day. There are several refreshment stands, plus tea and cakes at St Mary's Church, Westgate, and of course the permanent good eateries and specialist shops that make up this charming and attractive village.

Ample parking is available in the new North Street car park, on the Creak Road Playing Field, or why not come into the village on the Coasthopper bus?

(Enquiries regarding the Craft Fair to Geof Hanley on 01328 738503 or email geof.hanley@gmail.com)



Your Views on Crime and Policing

Police and Crime Commissioner, Lorne Green, is asking Norfolk people to share their views and help shape his Police and Crime Plan.

Until 12th August, Lorne is running a short on-line survey which asks about the crime and policing issues of most concern to Norfolk's communities. Lorne will also be out and about across Norfolk speaking to people, groups and organisations about their views and experiences of crime and policing in the county.

"My Police and Crime Plan will set out how we, as a county, tackle crime and disorder between now and 2020. You can have your say on what should be in it by taking my two-minute survey."

Take the survey at: www.norfolk-pcc.gov.uk

If you would prefer to complete a hard copy, or require the survey in another format, please contact the PCC office on 01953 424455. You can also choose to give your views over the phone, by emailing: TellLorne@norfolk.pnn.police.uk or by writing to Lorne at OPCCN, Building 8, Jubilee House, Falconers Chase, Wymondham, Norfolk. NR18 0WW.

Sarah Sutton

**Media, Communications & Equalities Officer
Office of the Police & Crime Commissioner for Norfolk**

**Helping To
Keep Your
Independence**

HOUSE WORK All domestic duties within the home

GROCERY SHOPPING Collection of pensions, prescriptions

LAUNDRY Washing & ironing within the clients home

COMPANIONSHIP All helpers are very carefully employed and references are always asked for & confirmed, our helpers are all mature, dependable nature.

We provide an honest & reliable home help service at extremely competitive rates, covering Hunstanton & Surrounding villages.

 **K.H.HOMECARE**

Established 1997
Accredited by Norfolk Trusted Trader Scheme

For any further information please contact
Mrs K Hudson **01485 570179**

WGA

Ward Gethin Archer
SOLICITORS AND NOTARIES

Ward Gethin Archer offer a friendly and efficient service for all your legal requirements

Wills, Probate & Trusts

Personal Injury Claims

Property

Family

Company Commercial

Employment

Heacham: (01485) 571366

King's Lynn: (01553) 660033

Offices also in Dereham, Ely, Swaffham and Watton

www.wardgethinarcher.co.uk



Can you help provide a lifeline to older people in Norfolk?

For some people, growing older can bring about social isolation, anxiety, frailty and loss of independence.

Age UK Norfolk is the first and most trusted port of call for so many older people and their families. We work hard to engage with older people and respond to their needs; our support services reach out to those who need help and enable them to enjoy later life.

But the vital link in this chain of life is often the volunteer – people from all walks of life, and of all ages, who feel they can make a difference.

Volunteers are the lifeblood and backbone of Age UK Norfolk. The success and efficiency of our services are dependent upon the people who generously donate their time, experience and compassion, and we currently are in urgent need of new volunteers to be able to continue supporting older people living in Norfolk!

Do you have experience of form filling and do you have a couple of hours a week free to spare?

Do you know that many benefits for older people remain unclaimed each year as they are too daunted by the forms to apply? You could support an older person to complete their forms, and help boost their income so that they can afford the care and support they need.

Loneliness can have a devastating impact on the lives of older people and it's on the rise - which is why we're urging new volunteers to commit to just one call a week, a call that can make all the difference to a lonely older person.

Age UK Norfolk's Telephone Befriending volunteers love nothing more than brightening someone's day, whether it's by having a friendly chat, completing a fun quiz or simply laughing together about something funny that has happened during the week. Enjoying a regular call and chat on the telephone helps to break the feeling of loneliness and brightens the week.

We also have opportunities helping older people keep up with their paperwork from banks, building societies, landlords etc, which can become too much to cope with. At any one time, Age UK Norfolk is providing on-going support to over 250 older people, with the help of their volunteers. We are looking for people with a basic experience of handling household finances who could spare time to help older people to stay independent.

These are examples of just a few of the roles available. We have a wide range of roles in established services and, depending on your talents and interests, there is bound to be an opportunity where you can share your knowledge, learn new skills, make new friends and have fun! No experience is necessary and we provide full training. There are really no barriers to becoming a volunteer, and volunteering for Age UK Norfolk is a great way to make a real difference to the lives of older people across Norfolk.

To learn more please call 01603 785 234 or check out the website www.ageuknorfolk.org.uk to find out more about volunteer roles available.

GARY KITE
Computer Services
Sales, Upgrades, Repairs,
Home Call for Tuition,
Broadband Installations
& General Maintenance
Satellite Broadband
Available now - call for details!
Tel: 01485 544 606 Mobile: 07775 512 485
• Personal Service • Professional Technician




Make Sea Tours Your First Port Of Call

Departing from the central promenade in Hunstanton, Searles Sea Tours provides a fun experience for all ages. Enjoy a Seal Safari viewing the local seal population close up, as well as Coastal Tours along the Hunstanton coastline with panoramic views from The Wash, aboard our two unique amphibious vessels fondly known as 'The Wash Monsters'.

Daily Easter – October, weather permitting. Pre-booking is advisable.



Tel: 01485 534444 E: seatours@searles.co.uk
www.seatours.co.uk



*Voted No 1 Attraction
in Hunstanton by
Trip Advisor in 2015*



Searles Sea Tours, Central Promenade, Hunstanton, Norfolk PE36 5BH

Seal Safari Tours are dependent on tidal and weather conditions, we strongly advise you to call 01485 534444 to enquire and to pre-book as tours are very popular.

Norton Hill Light Railway 2016

The steam railway at Norton Hill in Snettisham is open again this year for three weekends through the summer.

These weekends are wonderful family days out – the little carriages are pulled by steam engines running through woods, over a viaduct and under a tunnel. As well as the train rides there are many other attractions and refreshments. All proceeds go to local charities.

The dates for your diaries are: July 30th/31st, August 13th/14th and August 27th/28th. Time 1pm to 5pm. The location is Hall Farm in Snettisham. The proceeds go to local charities.



TENTH ANNUAL Norfolk Family Walk
at **Holkham Hall**
for **BRAIN TUMOUR RESEARCH & SUPPORT**

SUNDAY 9th OCTOBER 2016
10am-4pm

Adults : £5 Children : FREE
Car Parking : £3.00/car can be redeemed at the shop
The walks are: 1, 3, 6, or 10 miles.
The one mile walk for children has activities along the way.
Prams, trikes, wheelchairs and animals on leads are welcome.

Brain tumours now account for more deaths among children and those under 40 than any other cancer.
Join others and **raise sponsorship** for your chosen brain tumour or cancer charity and **help us all find a cure** for this devastating disease.

The 2016 "World Walk" for Brain Tumours is a project of the International Brain Tumour Alliance (IBTA) and is in its tenth year. We hope to achieve enough mileage world-wide to encircle the Earth at the Equator many times. The "World Walk" symbolically unites all those around the globe whose lives have been touched by a brain tumour.

Go to www.astrofund.org.uk to download a sponsorship form and for a link to create a justgiving page or contact via email info@astrofund.org.uk or telephone **01485 572767**

Organised by the Norfolk Branch of Astro Brain Tumour Fund, charity no. 1133561

HOLKHAM IBTA ASTRO BRAIN TUMOUR FUND BRAIN TUMOUR RESEARCH ADRIAN FLUX



Kitchens, Bedrooms & Bathrooms *Family business Est. 1988.*



Kitchens, bedrooms and bathrooms available with full design service and installation.

For a free no obligation quotation contact Pam on 01485 571367 or email info@topoftheshop.co.uk

Top of The Shop Your local independent retailer

at 42 Station Road, Heacham. Next to Boots the Chemist.

www.topoftheshop.co.uk Opening hours 9am - 5pm Monday - Friday Saturday. By Appointment only.

Searles Golf Club hits the mark and scores a Norfolk first

Searles Golf Club in Hunstanton, has become the first club in Norfolk to achieve the new-style national GolfMark award in recognition of its work to grow the game.

GolfMark is England Golf's official seal of approval for clubs successfully working to develop their business in such ways as:

- Attracting new members and encouraging existing members to play more
- Using practical business planning to develop the club
- Offering appropriate coaching and playing opportunities for all standards of golfer
- Ensuring all necessary safeguarding policies are in place for the junior section

Searles Golf Club has a nine-hole links style course, a 10 bay driving range and bar and restaurant facilities which are open to all. It offers pay and play and membership opportunities and provides a friendly, welcoming atmosphere to all levels of golfers.

It is part of England Golf's Get into golf scheme and offers group coaching opportunities for beginners from £20 for a four week course. The club has also introduced an academy membership from £30 a month, to provide a pathway for new golfers leading them from total beginner to club member. It provides beginners and improvers with coaching and playing opportunities, helping them to transfer their skills from the driving range on to the course.

Full members and more experienced golfers are also well looked after, with many varied competitions and activities and high level coaching with a V1 video coaching system is also available.

The club offers regular junior group sessions to under-18s every Sunday morning, led by head PGA Professional Ray Stocker, and is working hard to attract more young players to the game through its successful junior open days and school links.

Edd Howes, Searles Golf Club Manager, said "We always aim to be the most welcoming club on the Norfolk coast and achieving the GolfMark award backs this up and shows that we are a club for everyone, be it a local resident just starting the game, a junior, an established golfer or a holiday maker." He continued: "This award recognises the hard work and huge strides we have made as a club and we will keep working hard to develop golf in our area, using the focus GolfMark has given us to continue to improve and attract new members and golfers."

Paul Searle, Director of Searles Leisure Resort, added: "I am delighted that Searles Golf Club has been awarded the England Golf GolfMark award and this is thanks to a lot of hard work by members of the golf team, especially Luke Harris.

"This is the beginning of a new initiative to move the club forward in terms of attracting new members and golfers and making golf accessible to more and more people throughout West Norfolk. We are proud that building our nine hole golf course in 2000 has given an opportunity for local residents to play golf and I'm delighted many are now playing regularly and enjoying this great game here at Searles".

The award was presented by Karen Woodrow, County Development Officer for Norfolk, who commented: "Searles has a great team of people all working together to make golf accessible to all. The club has a clear vision of where it wants to be and a sound business plan setting out how it intends to get there. The club are very keen to engage with and understand their local community and offer opportunities for anyone to experience golf with a clear pathway to membership or further participation."

The GolfMark award was developed by England Golf and also integrates Sport England's Clubmark award - a national standard for quality sports clubs recognised across the country.



Karen Woodrow presents the GolfMark award to Paul Searle, watched by Luke Harris (left) and Edd Howes



FENSA
Reg No 13383

SANDRINGHAM WINDOWS

WINDOWS - DOORS - CONSERVATORIES
SPECIAL DISCOUNTS FOR O.A.P.'s
Tel: 01485 544488



Extra Hands

Providers of Home Care in Norfolk

Established 1993

Norfolk Care Awards 2015 Winners

We are a local award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

Thinking of a career in Social Care?
Why not join our award winning team

We offer:

- Good rates of pay
- Various hours available
- Enhanced holiday entitlement
- Paid mileage
- Free DBS (CRB) check and uniforms



Extra Hands, Unit 13 Heacham Hall Ind. Est. Hall Close, Hunstanton Road, Heacham, Norfolk. PE31 7JT

Tel: 01485 570611

www.extrahandshomecarenorfolk.co.uk




Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards

“O Writer O, O Writer O

—
**Wherefore Art Thou
Writer O....”**

(With apologies to Shakespeare.)

The Hunstanton & District Festival of Arts are still hunting for the winner of the Shakespeare Sonnet Writing Competition held in earlier this year to celebrate Shakespeare’s 400th Anniversary. This shy person forgot to put their name to the prizewinning sonnet in the Adult Category... could it be you? The Title is “Our Choice” and he or she is owed £25. We were hoping they would make themselves known at the “Much Ado about Shakespeare” evening held last month at Hunstanton Town Hall - but no luck yet! There were 95 entries in all.

Please contact the Tourist Information Centre if you know who wrote it!

The other winners were:

Junior Competition - Taylor Smith, for “The Influences of Love,” Piers Henderson, who wrote “Shakespeare’s Life” and Edward Pearson, who wrote “All about Dinosaurs” - very different! Each won a prize of £20.

The other winner in the Adult Category was Lois Williams for her enchanting sonnet about Hunstanton called “Hunstanton Reverie”. Lois also won £25. The second winner remains a mystery..... Their Sonnet is called “Our Choice”.

There was only one correct entry for the Shakespeare Quiz which proved problematic in the cryptic clue area for most. This was Lorna Hutchinson – well done Lorna.

Full details can be found at the HDFA website www.hdfa.co.uk



S & J Partyka Ltd
(plumbing & heating)

a family owned local business with over 30 years experience
“you can count on us for a professional service”

01485 570688 - 07831 776881
partyka.plumbing@gmail.com

all plumbing and heating work undertaken

- from a new tap washer to a full bathroom installation
- from a new radiator valve to a full heating system
- new gas boilers fitted
- boiler servicing
- central heating power flushing

water - gas - oil - air source



“all work fully guaranteed”



Scrappy Cat Crafts
Art & Craft Supplies

Visit our New Larger Shop
5 Old Church Rd., Snettisham, PE31 7LX

Classes in Card Making & Painting
Personalised Cards Made to Order

Open 10 - 4 Tuesday - Friday : 10- 2 Saturday

www.scrappycatcrafts.co.uk 01485 298017

Swept Away
Chimney cleaning service

Steve
Chimney Sweep

Flat 54 The Graneries
Bakers lane
King's Lynn
07770503600
01553 769624
sweptaway.sweep@Gmail.com



Fullers Body Repair Centre



Unit 10
Cheney Crescent
Heacham
Norfolk
PE31 7BT
T: 01485 570799
M: 07799 118503

Established 1973
E: beautifulbodies@hotmail.co.uk

**Free Estimates • Resprays • Accident Repairs
Corrosion Repairs • Insurance Approved**

Brancaster Camera Club

Our Annual Print Exhibition takes place on Friday 12th, Saturday 13th & Sunday 14th August in Brancaster Staithe Village Hall from 10 am - 4 pm.

Entry is free but there will be refreshments and a raffle. We hope as many local people and visitors will come along to see our work.

If you think you might like to join us when we meet again in September please contact Jim Till on 01485 210013 or Wendy Calow on 01553 674725.

We hope to see you

Cinema in Syderstone

Presents:

On Saturday 20th August 2016

DAD'S ARMY (PG)

The classic TV show is given the big screen treatment by Oliver Parker. Toby Jones's deluded Captain Mainwaring and Michael Gambon's smiley Private Godfrey are the standouts in an impressive parade of British character actors, including Bill Nighy and Alison Steadman. Catherine Zeta-Jones plays a glamorous reporter who sets male hearts a-fluttering. The formidable Mrs Mainwaring (Felicity Montagu) makes her first screen appearance. Annette Crosbie and Julia Foster are a delight as Godfrey's sisters, a pair of sibling Miss Marples. Nothing more needs to be said.....

Venue: Amy Robsart Village Hall,
Syderstone PE31 8SD

Start time: 7.30pm

Advance tickets £3.50

Tel. 01485 578244 or 01485 578171

Email: cinema@syderstone.com

Goldilocks

Your friendly and Professional Salon

Stylists specialising in all aspects of hairdressing
Corrective & Creative Colour Work
Fashion Cuts, Bridal Hair,
Perming, Up-do's
Individual Consultation & Advice
Gift Vouchers

State Registered Hairdressers
Level 3 Stylists and Assessors

20 Austin Street
Hunstanton
01485 532001

www.goldi-locks.co.uk



Anagram Answers From Page:4

- 1) Sunday People
- 2) Daily Express
- 3) Sunday Mail
- 4) Daily Mirror
- 5) The Times
- 6) The Guardian
- 7) The independent
- 8) Financial Times
- 9) The Mail on Sunday
- 10) The Heacham Newsletter



JENNINGS STORES

SOUTH BEACH ROAD

TEL: 01485 571265

WELCOME TO OUR NEW STORE

Open 7 Days a Week 6.30am - 10pm



Mobile Top-Up, Gas, Electricity & Water Payments.

Utility Payment Schemes.

Bottled Gas, Beach Goods.

National Lottery & Scratch Cards. The Health Lottery.



Card payments made easy

In Store Bakery.

Hot Bread / Rolls, Hot Sausage Rolls & Pasties.

New DVD Supplier - Over 500 Titles To Choose from - £3.00 per Night.

Wide Range of Groceries, Frozen & Chilled.

Foods, Spirits plus Chilled Wines & Beers.

Newspapers, Magazines, Toys, etc.

Wide Range of Medication.

In Store Laundry Available. Bring your Quilts.

Free Delivery of Groceries Purchased.

We Offer Cash Back.





Advice services in West Norfolk are changing

With effect from 1 July 2016, residents of King's Lynn & West Norfolk will be able to access free, confidential information and advice services from three local providers, specialising in housing advice, debt advice and general advice.

The Borough Council of King's Lynn & West Norfolk recently tendered for specialist debt and housing advice services which will sit alongside the general advice service which receives funding from Norfolk County Council. The agencies involved in this innovative arrangement are:

Shelter - who will provide debt advice, with funding from the borough council. Shelter's debt advice services may be able to help you with debt problems including dealing with:

- housing arrears
- utility bill debts – gas, electricity and water
- debt collection companies or creditors
- hire purchase, credit card or loan arrears

West Norfolk Advice Hub – who will provide housing advice as a consortium of local advice providers, led by Community Action Norfolk (CAN), with funding from the borough council. This will include advice and information for people at risk of becoming homeless, or for people who are trying to get on the housing list or into social housing.

Norfolk Citizens' Advice – will provide generalist advice and a point of access and triage to specialist advice through funding

from Norfolk County Council. They will cover a full range of advice as before. They can provide advice and assistance whether you are facing an immediate crisis or just considering your options.

Cllr Adrian Lawrence, Cabinet Member for Housing and Community, said "All three organisations have worked hard together to ensure a smooth transition to the new arrangements. Their main aim being to ensure that members of the public, who need general advice or specialist advice about housing issues or money matters, can access it easily and they aren't inconvenienced in any way. All three partners will adopt a no-wrong-door approach to ensure that no matter who contacts them for advice, they will ensure that they are referred to the appropriate agency quickly and effectively."

Historically, many people have gone straight to Norfolk Citizens' Advice for support and advice. Norfolk Citizens' Advice will continue to provide the traditional generalist face-to-face advice in addition to assessment and triaging for the specialist provision.

Residents will be able to access the services in a number of ways – telephone, internet or Skype. Norfolk Citizens' Advice will offer drop-in sessions at published times. West Norfolk Advice Hub and Shelter will be able to meet people face-to-face through bookable appointments either at the borough council offices or at the Shelter offices in Hospital Walk. Norfolk Citizens' Advice are in the process of securing new premises, and details of where to visit them will be published as soon as arrangements are confirmed.

Jonathan Clemo, Chief Executive of CAN, said: "Housing is a critical issue in people's lives and with this new service we will ensure people can access the advice they need. We are committed to working with our partners to deliver the best quality advice to local people - whatever their needs. With this investment from the Borough Council of King's Lynn & West Norfolk we will be able to provide better advice for local people delivered through a model of joint-working we hope to replicate more in the future".

Mat Armitage, Norfolk Operations Manager for Norfolk Citizens' Advice, added: "Norfolk Citizens Advice is looking forward to working with our partners and the borough council in the delivery of this new model. Many clients present with not one issue but several that can compound the difficulties they face. The role of Citizens' Advice in this partnership will be vital in the comprehensive assessment and initial advice stage which in many cases can enable the client to deal with their problems quickly and successfully."

Michael Deakin, Shelter King's Lynn Service Manager, said, "This funding means that we can offer even greater support to local people struggling to meet their housing payments."

"It's a sad state of affairs that Shelter is needed now just as much

Christina Thain Licensed Conveyancer

Conveyancing, Wills and Probate are the areas in which I specialise, and I provide a fast, friendly and efficient service.

My fees are reasonable, and I do not charge VAT.

Telephone me on 01485 525799 or email me at christina-thain@btconnect.com for a quotation or to arrange an appointment at my office in Ringstead, or in your own home (at no extra charge)

Christina Thain – Licensed Conveyancer
56 Peddars Way North, Ringstead,
Norfolk PE36 5JP

Geoffrey & Collings Co. Estate Agents, Chartered Surveyors, Auctioneers
Independent Estate Agents Since 1965

CELEBRATING 50 YEARS 1965-2015

- FREE MARKET APPRAISALS FOR SALE & LETTING
- COLOUR SALES DETAILS TO INCLUDE FLOORPLAN
- HONEST VIEWING FEEDBACK & WEEKLY UPDATES
- LYNN NEWS & EDP MAGAZINE ADVERTISING
- FULL LETTINGS MANAGEMENT SERVICE
- ACCOMPANIED VIEWINGS 7 DAYS PER WEEK

1% SALES FEE WHEN YOU QUOTE THIS ADVERT

7B HUNSTANTON ROAD, DERSINGHAM, PE31 6HH
TEL. 01485 500222

WWW.GEOFFREYCOLLINGS.CO.UK

RICS NAEA

as it was fifty years ago, but tragically too many of us still don't have a stable and affordable place to call home."

"From helping to deal with creditors or managing housing payments, our new debt and welfare benefits advice service is here to help with a huge range of problems. We would urge anyone who is struggling, to come and see us as soon as possible, because it really can make all the difference."

Information about how to access advice services from 1 July will be available on the borough council's website:

www.west-norfolk.gov.uk and on all three agencies' websites as follows:

Citizens Advice Bureau – www.norfolkcab.org.uk or call 03444 111 444

West Norfolk Advice Hub – www.westnorfolkadvicehub.org.uk or email housing@westnorfolkadvicehub.org.uk

Shelter - www.shelter.org.uk or email Norfolk@shelter.org.uk or call 0344 515 1860

HUNSTANTON CONSERVATIVE CLUB

ENTERTAINMENT FOR AUGUST

August 6th	SUMMER DINNER – Entertainment by Marcia Santana
August 13th	Dancing to Pride
August 20th	Entertainment by Lesley – great vocalist
August 27th	Dancing to Rob Stevenson



Heacham & District
Community Car Scheme
Charity No. 1105568

A MEMBER OF



**PROVIDING TRANSPORT TO ALL
MEDICAL SERVICES INCLUDING
HOSPITALS AND SOCIAL CLUBS FOR
THOSE THAT MEET OUR CRITERIA**

**OTHER SERVICES CONSIDERED,
PLEASE CONTACT US FOR FURTHER
INFORMATION AND TO SEE IF WE CAN
HELP WITH YOUR REQUIREMENTS**



01485 534777
MON– FRI 9.00—1.00

**WE HAVE PUBLIC LIABILITY
INSURANCE**

MOJO UPHOLSTERY
32. STATION ROAD, HEACHAM
07591 194411



RE-UPHOLSTERY
CARAVANS
PUBS / CLUBS
HEADBOARDS / BEDS
DINING CHAIRS
ONE - OFF DESIGNS
CARPET FITTING SERVICE
ALSO AVAILABLE

**CARAVANS - NEW COVERS /
NEW FOAMS TO COMPLETE
RE - FURBS AVAILABLE
FOAM CUSHIONS CUT TO ORDER
FREE QUOTES
ALL FABRICS £10.00 PER METRE
28 YEARS EXPRIENCE**

GardenScapes

Fencing & Landscapes

* SPECIALISING IN ALL TYPES OF FENCING *
* DECKING * PATIOS / PAVING *
* TURFING * RAISED BEDS * SHEDS*
* STONE GARDENS * PONDS *

PHONE : 07555126913
EMAIL : Gardenscapes1@hotmail.com

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham IRONCRAFT

**HIGH QUALITY ORNAMENTAL IRONWORK
AND STEEL FABRICATION**

Unit 4, Cheney Crescent, Heacham
Tel: 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS

Drama Festival Success Stories

The 2016 Drama Festival of One Act Plays drew to a successful conclusion at the Princess Theatre last Sunday (10th July) when the trophies were presented by the Mayor of Hunstanton, Cllr James Johnson. This particular Festival marked 25 years of the Festival in its present form.

Groups from all over the Eastern area competed for a long list of awards including Best Original Script, Best Actor, Best Supporting Role and Best Youth Production.

Winners of the Best Adult Production Award (The Stagecoach Cup) were The Wisbech Players with their stunning entry "Orphans" by Kyle Kessler, directed by Neil Staveley. This was a hard hitting piece with lots of dramatic action and very professional acting from a tight team of 3 men.

The Best Youth Group Performance (The Williamson Cup) went to Garboldisham Amateur Dramatic Society (GADS) with their performance of "Children's Ward" by Ellen Dryden, directed by Sandra Tutthill. An emotional piece that really tugged at the heartstrings which the young people all acted well and with empathy.

The Best Actor Award (The Mudie Cup) went to Ian Jones of The Wisbech Players and Best Actress Award went to Roz Morgan for her performance as Natalya in Garboldisham Amateur Dramatic Society's (GADS) production of 'The Proposal'.

The John Seaman Cup for the Best Original Youth Script went to The Rollason Stage School's production of "Troubled Teens" written and directed by Lucy Rollason. This difficult piece showed the problems of bullying and its effects on the victims.

The Best Original Adult Script Award (The Noda Cup) went to Steve Harper for his script for 'The Hostages'.

The Adjudicators Award went to King's Lynn Studio Players for their excellent performance of "Man? – A Work in Progress", which used extracts from various Shakespeare plays, short scenarios by Craig Taylor and improvised work based on song lyrics and children's playground chants to great effect.

Full details of all the prize-winners will soon be available on the HDFA website.

There were 12 different play entries this year, with four original scripts. If your group would like to enter next year please contact the HDFA for full details.

G BRADLEY JOINERY LTD

 **DOORS, FLOORS,
SKIRTING, SHELVING,
BOOKCASES, GATES,
DECKING ETC.** 

**FOR A FREE QUOTE, CALL
GARY ON**

**07717 820 357
01485 534914**



I Espley Builders Ltd

Tel. 01485 570472 Mobile 07787 568908

e-mail. i.espley@btinternet.com



All aspects of building work covered.

Renovations and extensions.

Alterations and maintenance.

Brick and stone work specialists.

Structural works

Internal and external refurbishments.

Reliable, time served, qualified tradesmen.

Guarantees available with Build Assure.

Contact Ivan for a no obligation quotation

THE VERY BEST CARPET AND OVEN CLEANING IN NORFOLK





Visit us on line at: www.carpet-cleaning-kingslynn.co.uk
or www.oven-cleaning-kingslynn.co.uk














So stop putting it off – call  now 01485 609223
E mail: mike@cleantech-norfolk.co.uk



Local charities set to benefit when residents recycle

A new scheme which launched in King's Lynn and West Norfolk last month will see six local charity and community projects benefit from residents' recycling efforts. These are: Hospital Radio Lynn, West Norfolk Mind, Scotty's Little Soldiers, The Rotary Club of King's Lynn, The Norfolk Hospice and Festival Too.

West Norfolk Recycling Rewards encourages residents to recycle as much as they can in order to earn Green Points for their community. There are five communities across the Borough: King's Lynn and Surroundings, Southern and Downham Market, Northern and Hunstanton, West Norfolk Fens and West Norfolk Central.

The rubbish and recycling produced by each of the five communities is measured, and when rubbish is going down and recycling going up registered members of that community will earn Green Points for their efforts. Residents can also earn more Green Points for their community by taking part in extra activities on the Recycling Rewards website, such as by reporting which materials they recycle each week.

After 6 months, the community that has earned the most Green Points overall will receive £1,500 to donate to one of the six charity projects, with the communities in second and third place receiving £750 each.

Residents can vote for which of the projects they'd like their community to support on the website at www.west-norfolk.gov.uk/recyclingrewards.

Mark Shea, Commercial Director at the Norfolk Hospice, who currently have the most votes of the charities, said: "We're really pleased to have been given the opportunity to be a part of this

scheme as it's a great way for people to support causes close to them with actions that are great for their community too."

As well as earning donations for charities, residents also have the chance to win vouchers for themselves – with one £50 and two £25 vouchers up for grabs for those individuals who contribute the most points to their community's total each month. Winners can choose from Marks & Spencer, Alive Leisure, iTunes, Majestic Cinema and National Garden gift vouchers.

Cllr Brian Long, Leader of the Borough Council of King's Lynn & West Norfolk and Cabinet Member for Environment, said: "Reducing waste and increasing the amount of quality recycling we collect is crucial. We would encourage people to sign up to the scheme to get more information about recycling whilst having the opportunity to earn rewards that could help a local charity".

The scheme is open to all residents of King's Lynn & West Norfolk and is completely free to participate in. Welcome packs have been sent to all households with information on the scheme and how to recycle in West Norfolk.

To get involved, residents need to first activate their accounts, either online at www.west-norfolk.gov.uk/recyclingrewards, by calling 0207 326 5055 (Mon-Fri, 9am-5:30pm) or by filling in the freepost activation form included with their welcome pack.



**PLUMMER
& ASSOCIATES**
WEALTH MANAGEMENT
CONSULTANTS

Mastermind your financial future

We provide an experienced wealth management service and offer specialist advice in a wide range of areas including:

- Investment planning
- Retirement planning
- Inheritance Tax planning

For further details contact Jeremy Plummer on:

Tel: 01485 500025

Email: jeremy.plummer@sjpp.co.uk
Website: www.plummerandassociates.co.uk
The Business Centre, 43 Lynn Road,
Snettisham, Norfolk, PE31 7LR

WESTNORFOLK recyclingrewards

Earn rewards
for you and your community

by reducing, reusing and recycling

£500 worth of vouchers to win every month
£3,000 donated to community projects every 6 months

Activate your account now and get rewarded:
www.west-norfolk.gov.uk/recyclingrewards
or call 0207 326 5055 (Mon-Fri, 9am - 5:30pm)

Borough Council of
King's Lynn &
West Norfolk

H DFA EVENTS FOR AUGUST AND SEPTEMBER 2016

The Main event in the 'Festival Three by the Sea' Programme this August will be an outdoor production of Shakespeare's 'The Tempest.' This one off performance will take place on Wednesday August 17th outdoors in the grounds of Thornham Village Hall.

Here, you will be able to gather round the Heartbreak production's stone circle to meet druids, bards and revellers, who will perform a mystical rendition of Shakespeare's final play. Suitable for all ages, the actors will use a combination of mask, dance and song to transport you to Prospero's magic island. This is a professional touring theatre company so there is just one show before they move on to their next venue. Previous years celebrated productions in this area have included Jane Eyre and Dracula.

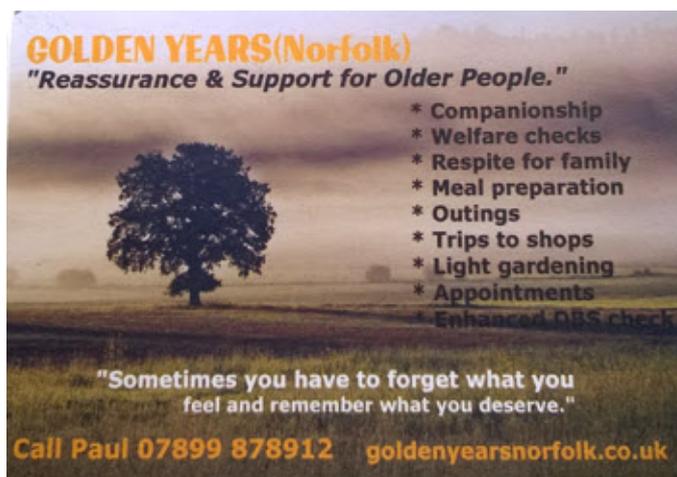
Tickets cost £12.00 Adult or £10.00 concessions and, as it is an outdoor performance, bring warm clothing, low back seating and a picnic! Refreshments will also be available in the Hall. The show starts at 7.30. Gates open at 6.30. Tickets are available from the Hunstanton Tourist Information Centre on 01485 532610 or contact Heartbreak at www.heartbreakproductions.co.uk They will also be available at the door, but advance booking is advised.

Other August projects include the favourite Crafts Fairs held at Hunstanton Town Hall on August 3rd, 23rd and 27th. Here you can buy all kinds of hand-made quality crafts at reasonable prices. Open 10am-4pm. Homemade refreshments will be available too!

On August 13th, Kings Lynn Ukulele Club will be performing at "The Spinney" at the end of Hunstanton High Street. From 1.30-3.30. This is a FREE event.

The Annual "Picnic on the Green" with the Town Concert Band is at the Bandstand on the Green from 2-4pm on August 21st. This is another FREE event; you will need seating and food!

September events will include "The Hunny Folk Festival" to be held this year at the Wash 'n Tope Pub in Hunstanton. Lots of local bands have already been lined up and entrance to this event is FREE on September 24th from 2-5pm and 7-10pm. Line-up includes The Fried Pirates and many others.



GOLDEN YEARS(Norfolk)
"Reassurance & Support for Older People."

- * Companionship
- * Welfare checks
- * Respite for family
- * Meal preparation
- * Outings
- * Trips to shops
- * Light gardening
- * Appointments
- * Enhanced DBS check

"Sometimes you have to forget what you feel and remember what you deserve."

Call Paul 07899 878912 goldenyearsnorfolk.co.uk



Green & Pleasant
 garden nursery

Drove Orchards Thornham PE36 6LS
www.greenandpleasant.garden

We love Piet Oudolf's Millennium Garden at Pensthorpe, the Dutch Wave or Prairie design with waves of silver and gold grass punctuated with vibrant scarlet, purple and lavender tones create a living landscape in soft motion with the sound of the grasses sighing the soft song of the sand dunes it's just so Norfolk in colour, shape and texture.

There's an abundance of grasses to choose from for your Dutch wave border but one of our favourites at Green & Pleasant Nursery is *Stipa tenuissima* which produces a dense tuft of vertical growth cascading out of the ground topped by pale summer flowers which sway in the breeze.

Achillea millefolium 'Cerise Queen' spreads in loose clumps of feathery foliage, with clusters of deep pink flowers which look like red velvet pin cushions blooming from June to August.

Echinacea purpurea 'Fatal Attraction' provides the wow factor from July until autumn with bright pink flowers held on thick, dark stems. A favourite of the master Dutch wave designer Piet Oudolf.

There are so many plants to choose from but we'll leave you with *Verbena bonariensis* which produces a haze of shoulder height purple flowers providing a canvass for the most gorgeous see through veil of planting.

Come and see our collection of prairie planting at Green & Pleasant Garden Nursery in Drove Orchards Thornham, we're always ready to shoot the breeze about all things horticultural.





ROTARY CLUB OF HUNSTANTON'S 20TH ANNUAL KITE & CLASSIC CAR FESTIVAL

The Rotary Club of Hunstanton & District is delighted to confirm that this year's Kite and Classic Car Festival on Sunday, August 21st is going to be bigger and better than ever. For the second time Norfolk Hospice Tapping House will also benefit from the fundraising on the day. Local prize-winning radio station KLFM will also be participating in the event with Simon Rowe.

As usual, the event will be staged on the playing fields of Smithdon School which is on Downs Road in Hunstanton. This familiar, fun event attracts thousands of locals and holidaymakers every year, raising thousands of pounds which are used in the following year to support individuals, clubs and organisations who ask the Rotarians for support.



Celebrating its 20th anniversary, the 'Kite Fair' as its sometimes known, already has recruited 20 top kite flyers to perform in the central arena, 250 Classic Cars and Motorcycles' owners have booked their spaces to display their beloved vehicles, and the indoor Craft Fair is fully

booked with 75 stalls that will fill the hall at Smithdon School to capacity.

The marquee village of businesses and charities, delicious food, pony rides, the fun fair – it's all going to be great fun. Tickets are already available online – visit www.hunstanton-rotary.org.uk/page9.html and be prepared to be amazed at how low the prices are. Don't forget parking is free all day too!

Organiser, Nigel Corley, said: "This year's Kite & Classic Car Festival will be amazing. The Kite flyers are already working on their displays and one will have to use his car to anchor his giant kite!"

"We are also very pleased that a Battle of Britain Dakota will be doing a fly past – and, on an aeronautical theme, a fantastic aerobatic display is also on the programme. With Simon Rowe officially opening our Festival and so many people already booked to take part, I am sure this is going to be a great 20th anniversary celebration."

Funds raised at the Kite & Classic Car Festival are used throughout the year to support mainly local groups, organisations and individuals. Partnering the Rotary Club for the second time this year will be Norfolk Hospice Tapping House, which will receive a special donation from the proceeds of the event.

Event address: Smithdon High School, Downs Road, Hunstanton, PE36 5HY.

West Norfolk Osteopaths Ltd

And

James E Kemp

Musculoskeletal Therapist

Telephone 01485 541210

'PRIVATE HEALTH RECOGNISED'

KITCHENS

BATHROOMS

INTERIORS



THURLOW CREATIONS



for a FREE no obligation quote please call Mark on 01485 572929 or 07710 802 796



Scallywags Parent, Baby & Toddler Group

Wishing all our friends of Scallywags lots of lovely summer days ahead - thanks to all those little and big ones who have come along this year and made it such a pleasant place to spend a couple of hours every Wednesday!

Thank you to Louise Rudd for stepping in as Tea Lady and keeping us all refreshed - as well as creating 20 plates of fruity faces for snack time from my chopping board of melon, kiwi and strawberries!

We've ended our year with warm mornings and lots of swing 'n slide time outside, parachute songs and games, paper plate fish and ice lollies on sticks made from card and hole punch sprinkles! Talking of sprinkles thank you to Heacham Infant School and all who supported our indoor Scallywags 'Decorate a Cake' stall at the Summer Fete! Lots of wonderfully colourful (and crunchy from all those sprinkles) creations! The rain didn't deter enjoyment or support for this lovely event!

Scallywags Parent, Baby & Toddler Group returns to the Scout Hut in Sunnyside on Wednesday September 7th 9.30-11.00. Come along when you can for a play, it would be lovely to see you and your little ones! For further info please text/call Jo on 07521 447284.



Save a Life

Only 64 people attended the blood donor session at the Public Hall on 15th June and 54 units were collected. There were 2 new donors at the session. Thank you all. Please note that the next visit to Heacham is not until Wednesday 21st December 2016 rather than in October. To make an appointment ring the Helpline 0300 123 23 23 or online at National Blood Service

information www.blood.co.uk

Angelina's
CURTAINS AND BLINDS

Curtains • Roman Blinds • Wallpaper
Everything your windows need, professionally measured and fitted

Roller Blinds

Vertical Blinds

Sanderson

Venetian Blinds

Woodslat Blinds

Unit 1 Heacham Hall Industrial Units, Heacham, Norfolk PE31 7JT
Open Mon - Fri 10am - 4pm, other times by appointment.
Call us on 01485 571 147

www.angelinascurtainsandblinds.co.uk [email:angelinasinteriors@gmail.com](mailto:angelinasinteriors@gmail.com)

GARY RUSHMORE FLOORING LTD



To discover all your floor covering requirements – visit our new one-stop showroom!

- free measuring and estimates with no obligation
- superb range of carpet, vinyl, laminate and Karndean samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- carpets supplied and fitted by our professional team
- a family-run business, over 25 years of experience
- hundreds of room size carpets & vinyl roll ends at wholesale prices
- home selection service available

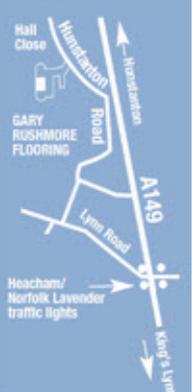
**Unit 6, Heacham Hall Industrial Units, Hall Close,
Hunstanton Road, Heacham, King's Lynn, Norfolk PE31 7JT**

Telephone: **01485 572202** email: rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk

OPEN:
Mon to Fri:
9.30am-4pm
Saturday:
10am-2pm
(closed Thurs
from 1pm)

HOW TO FIND US





2 high street heacham kings lynn norfolk pe31 7er
01485 571395
chopnchange2@hotmail.co.uk



Heacham Foot Health Clinic

- professional foot care service
- clinics held at Heacham and Hunstanton
- HOME VISITS AVAILABLE

Tel: 01485 570512
Mobile: 07767 733838
JANET PITKIN DipCFHP, MPSpract, MAWR
West Norfolk Mind, Poplar Avenue, Heacham

Parking Disabled Access

Bliss Hair and Beauty are delighted to welcome stylist Fran to the team. Fran would like to offer her clients 20% off all hairdressing services for the month of August. Appointments with Fran are available on Monday and Friday.

Our beauty salon is open Monday, Wednesday and Friday. Lots of lovely treatments to choose from at fantastic prices with our experienced beautician Sandra.

Steve the barber is available by appointment only on Monday, Tuesday and Saturday.

For all appointments or for any information about the services provided at Bliss please call the salon on 01485 571395. You can also follow us on Facebook.

Jaime Parry, 2 High St



Stephen Gibson
Heating And Plumbing

Domestic and Commercial Heating Engineer

Natural Gas and LPG
Boiler service, repair and installation
Landlords Gas Safety Certificates
All aspects of plumbing work undertaken
Bathroom design and installation

For professional advice and a competitive quotation

Telephone 07786365139

Email stephen@gibsonheatingandplumbing.co.uk
Covering Hunstanton, Heacham, Snettisham and all surrounding areas

Christmas Party Nights




It is never too early to book your Christmas Party Night and avoid disappointment.

Searles Party Nights have been running for over 24 years and prove very popular with couples, small groups, and for company parties. All Party Nights include an arrival drink of either red or white wine, and a pre-ordered choice of dishes served to your table.

Following your meal you can sit back and enjoy the entertainment or dance the night away to our fabulous 'Pulse Roadshow' disco.

Party Nights are available on Friday 9th, Friday 16th and Saturday 17th December

All Party Nights are priced at £29.95 per person
Private Company Parties also available.

For enquiries please email Emma at emilsom@searles.co.uk or call 01485 536002




creating happiness for all ages

Searles Leisure Resort, South Beach Road, Hunstanton
Norfolk PE36 5BB



From Our Archive

Trade Notices Circa 1927

Part 2

Careful attention to the hair is given by Mr A E Browne, Hairdresser, High Street. Ladies' saloon is under the personal supervision of Madam Beryl. Always good stocks of Toilet requisites to be found here, also Cigarettes and Tobaccos.

<p>A. E. Browne, Hairdresser and Tobacconist.</p> <p>Personal Attention. Good stock of Fancy Goods for Presents. Fine selection of LOCAL VIEWS. CREST CHINA. "Take a piece home." TOBACCO, CIGARETTES and CIGARS. All the leading brands.</p> <p>(Nr. Post Office), High St., Heacham.</p>	<p>Madame Beryl Ladies' and Children's Hairdresser.</p> <p>SPECIALITIES: BOBBING, SHINGLING and MARCEL WAVING.</p> <p>PERFUMES and EVERYTHING FOR THE TOILET.</p>
---	--

One of the most up-to-date and progressive businesses in the district is that of Mr F Johnson, Baker, Confectioner and

Caterer, High Street. A tempting display of Cakes and Pastries can always be found, these we can thoroughly recommend. Finest ingredients only are used, and it is safe to say that once you have tried Mr Johnson's specialities you will wish for nothing better. 'Service' and 'Quality' are the watch words here. Catering in all its branches is undertaken. An enterprising firm this, and one deserving a successful career. Daily deliveries throughout the season are made along the Heacham and Hunstanton Beaches.

Telephone 16.

F. Johnson,
HIGH-CLASS
Baker and Confectioner.



Always a Choice Selection of
PASTRIES, CAKES, GATEAUX, Etc.,
Fresh Daily.

■■■■■■■■■■

"ONLY BEST INGREDIENTS USED."

■■■■■■■■■■

OUR BREAD—Pure and Nutritious.

■■■■■■■■■■

Daily Deliveries in
Heacham, Hunstanton and Old Hunstanton.
A Post Card will bring Van to your door.



Opposite Post Office - Heacham.



HOTEL · RESTAURANT · GOLF

**HEACHAM
MANOR**

CHRISTMAS PARTY NIGHTS
CALL: 01485 536002







BOOKINGS NOW BEING TAKEN!

9th, 10th, 16th & 17th December

- ✦ Delicious 3 course festive menu
- ✦ Tea, Coffee and Mince Pies
- ✦ Christmas Crackers and Party Boxes
- ✦ Full Bar and Disco

Only £32.00 per person

Pre-book early to avoid disappointment on: 01485 536002
£10pp deposit required upon booking. www.heacham-manor.co.uk

**EXCLUSIVE PARTY NIGHT
B&B RATE**

ONLY £25.00 per person
(based on 2 sharing a Standard room,
including Full Norfolk
breakfast the morning after!)
Please enquire when booking.



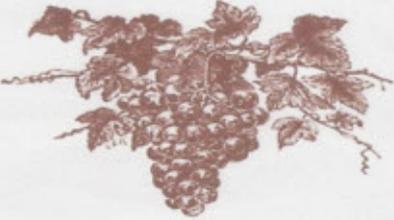



HEACHAM MANOR HOTEL, HUNSTANTON ROAD, HEACHAM, NORFOLK PE31 7JX

One of Heacham's young businesses is that of Mr P E Richardson, Fruiterer, Station Road. Fruit and Vegetables are always fresh at Mr Richardson's. Place your order here and you are sure of satisfaction. Motor deliveries throughout the district.

Residents in Heacham and surrounding district can obtain Private Tuition in the following subjects: French, German, Violin, Mandoline, Illumination and Heraldry, from Mr George Smith of 'Shingledene' Bungalow, Beach Road. For visitors to Heacham wishing to continue their studies during vacation, special facilities are offered.

P. E. Richardson,
High-Class
Fruiterer & Confectioner



AGENT FOR LYON'S CONFECTIONERY.

POULTRY DRESSED TO ORDER.

Station Rd. : Heacham.

George Smith, "Shingledene," Heacham.

Teacher of

FRENCH, GERMAN, VIOLIN,
 MANDOLINE, ILLUMINATION
 — AND HERALDRY. —



ILLUMINATED ADDRESSES, ALTAR CARDS,
 MISSALS, Etc.

HERALDIC ACHIEVEMENTS
 CORRECTLY EMBLAZONED.

End of Part 2



I Perrin flooring ...The Store to your Door

GUARANTEED TO BEAT ANY GENUINE LIKE FOR LIKE QUOTE

THE BEST DEALS FOR ALL YOUR FLOORING NEEDS

- **FREE** Estimates and planning
- **Full service** from measuring to fitting
- **Competitive pricing** to suit all tastes & budgets
- **Overwhelming** choice of carpet, Vinyl, Karndean, safety flooring, LVT's, Real Wood & Laminate samples brought directly to you
- **10 years** experience, expert advice & knowledge
- **Additional Services** available, including moving furniture, uplift & disposal of previous flooring and door trimming
- **Domestic or Commercial** work carried out

NOW SUPPLIERS OF 

Tel: 01485 601360 Mob: 07872 558163

Email: ian@iperrinflooring.co.uk Web: www.iperrinflooring.co.uk

I Perrin Flooring Ltd, Registered Office 15 Stebbings Close, Grimston, King's Lynn, Norfolk PE32 1DJ

Registered No: 8956560. Vat No: 171416230

HEACHAM PARISH COUNCIL

Heacham Parish Council's Statement on Imminent Roundabout Construction A149 / Hunstanton Road

The following is a statement which the Parish Council has made public.

The proposed roundabout construction will close Hunstanton Road at the A149 for 7 months and result in a diversion of traffic including buses. Please make your views known to Norfolk County Council's leader cliff.jordan@norfolk.gov.uk and Borough Council of King's Lynn and West Norfolk's Planning Committee Chairman Councillor Spikings cllr.vivienne.spikings@west-norfolk.gov.uk

Heacham Parish Council has always objected to the imposition of a roundabout at the junction of the A149 and Hunstanton Road, Heacham. The function of this roundabout is to provide access to the Hopkins Homes development of 166 homes. This development is designated a Hunstanton development but it will have no highway connections with Hunstanton, just a single access and egress from the south towards Heacham.

Connection to the north, close to Hunstanton, either via Harrys Way or through Searle's land (Searle's sold the development site to Hopkins) is obviously logical, far more environmentally sound, and would require no closure of Hunstanton Road or the A149 to permit construction. Indeed, this is what Norfolk County Council Highways said when informed of the development proposals: "A development that effectively accesses direct onto the strategic route of the A149 does not foster integration but exhibits separation and a stand-alone nature. The Traffic Assessment shows that the majority of traffic movements will be towards Hunstanton yet the proposed access strategy adds some 600m to each and every car trip in that direction which contradicts the principles of sustainability and total car journey length." (David Higgins NCC August 28th 2014).

Indeed, Hopkins Homes originally favoured the northern connection as it was obvious and cheap. Unfortunately, and for no known proven reason, there are plenty of suppositions – the preferred access vanished and the expensive southern route, with roundabout, was put forward to the planning authority. The Borough Council of King's Lynn and West Norfolk Planning Committee were recommended to accept it and they did so; this was an error of judgement by all parties which has **never** been explained.

Very recently, residents along Hunstanton Road were informed that works on the island and new road junction would start this August 1st and that Hunstanton Road would be closed at the A149 end until the end of March 2017. Residents complained. Heacham Parish Council was not formally consulted but also complained. The works are now due to start September 5th. No consultation has been made about diversions and other measures. No compensation to individuals, businesses, or the village of Heacham has been mentioned.

The works for this traffic island are outlined in this missive from NCC: "The new access road and re-aligned Hunstanton Road requires an increase in ground level of approximately 3.5m at its worst case. To accomplish this, we will be bringing 17,000m³ of imported material onto site, mostly local carrstone rock. Due to the depth of fill required, the laying and compaction operations must be carried out in as dry weather as possible. If the material becomes too waterlogged it will have to be removed from the new construction and replaced. Although an

August start date will not guarantee dry weather it does give us as good a chance as possible."

The 'rejected' access to the north would have required no significant work, no road closures for 7 months, and would not have needed 17,000 cubic metres of rock to be transported. New developments are supposed to have 'sustainability' at their heart and this includes construction. An environmental impact assessment for the construction of this roundabout does not appear anywhere. If it had appeared during the planning application stage then, perhaps, the Planning Committee of BCKLWN might well have told NCC and Hopkins to think again about access. It should also be noted that Harrys Way will be used for site construction traffic and thus is deemed suitable for vehicular access to the site. In the absence of access from Searle's land, Heacham Parish Council confirms its belief that this access should then be used for the development rather than the roundabout.

In consequence of all this and of other matters demonstrating a degree of incompetence by NCC Highways (e.g. original and existing intentions for new speed limits; the failure to inform their own legal department about the change to construction start dates), Heacham Parish Council wants the following:-

1. Re-evaluation of the highways access by the Planning Committee of BCKLWN so that environmental considerations are fully considered
2. An acknowledgement by both BCKLWN and NCC that the wrong access decision was made at the application stage.
3. Should item 1 prove too much for BCKLWN and item 2 too hard for either them to say, true though it is, then all work on the proposed roundabout must be further put back until full and proper consultation has taken place with all stakeholders – residents in and around Hunstanton Road, local businesses, and Heacham Parish Council. And:
4. Financial compensation to be paid to householders, businesses, and Heacham Village (via the Parish Council) to help offset the inconvenience posed by this lengthy and messy proposal.



Parish Councillors and residents at site of proposed roundabout

HEACHAM PARISH COUNCIL NOTICEBOARD

PARISH COUNCIL MEETINGS IN BRIEF

School Road Public Enquiry: The Planning Inspector has dismissed the appeal from Broadland Housing & Townsfolk Ltd and upheld the Borough Council's refusal of planning permission for the development on School Road. The Parish Council welcomed this decision, which also confirmed that the Borough Council has a 5 year land supply.

Closure of Hunstanton Road: The Council discussed the proposed closure of Hunstanton Road from 5 September until 31 March 2017. The lack of consultation and potential disruption to residents and businesses were considered to be unacceptable and the Council will be making its objections using all means available.

Vacancy: The Council noted the resignation of Peter Colvin as a Parish Councillor and Borough Councillor. This means that there is currently a vacancy for a Parish Councillor.

Grass cutting: Heacham is not alone in complaining about the poor quality of grass cutting this year. Both County Councillor Michael Chenery and Borough Councillor Colin Manning acknowledged that the cutting of verges and amenity areas had been unsatisfactory this year and both County and Borough are reviewing their cutting policies.

Community Building Project: A structural survey is to be carried out on the old dairy building to determine whether it is feasible to use the existing building in the development of the site.

Safer Neighbourhood Action Panel: The police are to instigate morning and evening patrols in the village in response to incidents of vandalism at the Recreation Ground.

The next Full Council meeting will be held on Tuesday 16 August at 7.30pm at the Parish Council Office.

NOTICE OF PARISH COUNCIL VACANCY

Heacham Parish Council is made up of seventeen Councillors. There is currently a vacancy.

Interested parties should contact the Parish Council Office for further information about the role of a Parish Councillor and the co-option process.

Lynne Butters
Parish Clerk

NEW PARISH COUNCILLOR

Mr Graham Reader was co-opted onto the Parish Council at the meeting on 19 July. Mr Reader moved to Heacham in 2014 and is looking forward to contributing to the village in his new role.

BRAYS PIT

Would residents whose gardens back on to Brays Pit please refrain from using the Pit as a dumping ground for their garden waste and other rubbish.

ALLOTMENTS

Heacham Parish Council has plots available at the Sedgeford Road allotments. If you fancy growing your own vegetables, please contact the Parish Council Office. Quarter plots are available at a cost of £12 a year.



Heacham Carnival Parade and Fete 2016

We are pleased to announce that this year's Carnival Queen is Jessica Parish, who will be assisted by Princesses Lillie Edenborough, Evie Howe, Libby Sills and Ellie-Grace Thompson.

There is still time to pick up an entry form from the Parish Council Office, or download one from our website at heacham.norfolkparishes.gov.uk if you would like to join the parade on Sunday 7 August.

LIBRARY SUMMER LUNCH



Heacham Library volunteers enjoyed a very pleasant summer lunch at Norfolk Lavender recently. The Parish Council is very grateful to these volunteers without whom this excellent village facility could not operate.

RECREATION GROUND FIRE ENGINE



Heacham's youngsters have been making good use of the village's new fire engine.

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
www.heachamparishcouncil.co.uk
Open Tuesday - Friday 10.00am-noon

HELP LINES

HEACHAM GROUP PRACTICE **01485 572769**
HEACHAM MON TO FRI 08.30 TO 13.00 14.00 TO 18.30
SNETTISHAM MON TO WED 08.30 TO 12.30 14.00 TO 18.30
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR **111**
 For out of hours service, please call the NHS Helpline

HEACHAM & DISTRICT COMMUNITY CAR SCHEME **534777**
HEACHAM CHEMIST **570297**

OPENING HOURS MON TO FRI 09.00 TO 18.30
 SAT 09.00 TO 17.30

Between 13.00-14.00 prescriptions and certain other products only available if the Pharmacist is in attendance
 DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE **572142**
 OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT **572142**
 BOROUGH COUNCIL OFFICE **01553 616200**

BOROUGH COUNCILLORS **07885 258392**
 Mr C. MANNING

T.B.C.
 NORFOLK C C MICHAEL CHENERY **01328 823411**

PARISH LIBRARY **571928**
 OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE **570330**
 OPEN MON – FRI 08.30 TO 17.30 SAT 09.00 TO 13.00

EMERGENCY SERVICES **01553 613613**
 QUEEN ELIZABETH HOSPITAL

NHS Helpline **111**
 DENTIST **Emergency only for patients not**

registered with a dentist **01553 769264**
 COMMUNITY MIDWIFE (Ask for Hunstanton M/W) **01553 613613**

POLICE **101**
 SAMARITANS **01553 761616**

CHILD LINE **0800 1111**
 SILVER LINE **0800 4708090**

ELECTRIC **0800 7838838**
 ANGLIAN WATER **0845 7145145**

GAS ESCAPE **0800 111999**
 EMERGENCY 24hrs VETERINARY CLINICS **01485 570065**

HUNSTANTON LIBRARY **532280**

OPEN MON. TUE. and FRI 10.00 TO 17.00
 WED. 10.00 TO 19.00
 THUR and SAT 10.00 TO 13.00

HEACHAM CHALK PIT RECYCLING CENTRE
 Open 7 days a week (Monday to Sunday)

Summer opening times (1st April to 30th September) 9am – 5pm
 Winter opening times (1st October to 31st March) 9am – 4pm

HEACHAM COMMUNITY WEBSITES
 www.heacham-on-line.co.uk
 E-mail admin@norfolk-on-line.co.uk

www.heachamgrouppractice.org
 www.heachamnewsletter.org.uk

Main pick up points for The Heacham Newsletter.
First Saturday of each month except January.

Jennings, Ridouts (Heacham) Bakery, Post Office, Parish Council Office, Church, Co-op, Tesco's, Heacham Fish Bar



K. M. SERVICES

**MOBILE MECHANIC
VEHICLE SERVICING**

REPAIRS

COVERING WEST NORFOLK

AT YOUR HOME OR WORKPLACE

FOR VERY COMPETITIVE PRICES

CALL 07557 258071

EMAIL KMSERVICES247@HOTMAIL.COM

LOCAL BUS SERVICES BETWEEN HUNSTANTON AND KINGS LYNN

Stagecoach in Norfolk

Service 10 (Mon-Sat)
 Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0707 first bus to King's Lynn then twice an hour from 0838
 0644 first bus to Hunstanton then twice an hour from 0908

Service 10 (Sunday)
 Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0824 first bus to King's Lynn, then hourly from 0924.
 0853 first bus to Hunstanton, then hourly from 0953

Service 11
 King's Lynn to Hunstanton
 Via:- Sandringham, Dersingham, Ingoldisthorpe, Snettisham and Heacham (A149 only)

Coasthopper (Mon-Sat)
 Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0924 first bus to King's Lynn then twice an hour
 0749 first bus to Hunstanton then twice an hour from 0819

Coasthopper (Sunday)
 Via:- Heacham Lavender, Fox and Hounds and Lodge Road.
 0939 first bus to King's Lynn then twice an hour from 1039
 0859 first bus to Hunstanton then twice an hour from 1034

Coasthopper Service to Cromer & Fakenham via Holme, Thornham, Titchwell, Brancaster, Wells, Sheringham. change at Hunstanton

Smithdon High School Bus

Service 401
 Via:- Folgate Road/Fengate, Station Road
 0816 to Smithdon School
 1530 from Smithdon School

lynx (lynxbus)

Service 35 (Mon-Sat)
 Via:- Fox & Hounds and Lodge Rd
 0704 first bus to King's Lynn then twice an hour
 0659 first bus to Hunstanton then twice an hour from 0803

Service 35 (Sunday)
 Via:- Fox & Hounds and Lodge Rd
 0834 first bus to King's Lynn then twice an hour from 0934
 0834 first bus to Hunstanton then twice an hour

Service 36 – (Mon-Sat) Direct bus service to/from King's Lynn
 Via:- Fox & Hounds and Lodge Rd
 0948 first bus to King's Lynn then once an hour
 0909 first bus to Hunstanton then once an hour

Bus Enquiries

www.norfolkgreen.co.uk
 www.lynxbus.co.uk

Tel: 01553 776980
Tel: 01553 611955

WNCT - DIAL-a-BUS Service

Heacham to King's Lynn via Snettisham, Ingoldisthorpe, Dersingham, Sandringham, & Castle Rising Every Tuesday, Wednesday & Friday
 For more information, Cost of Fares, a Membership form or to book

Tel: 01553 770310

HEACHAM HALLS

Public Hall **570776**
 Pine Residents Hall, Wilton Road Mrs Crisp **579440**
 Methodist Church Hall, Station Road Mike Careless **570363**
 St Mary's Church Hall, High Street Mon, Wed, Fri 10.30 to 12.30 **572539**
 Old Friends Hall Sunnyside Close **572142**
 Heacham Scout Hut **572890**

MOBILE LIBRARY

ROUTE WEL 124	(Mondays)	ROUTE WEL 123	
1st/15th	August	8th/22nd	
COLLINGWOOD CLOSE	09.55	ROBIN HILL	10.40
SOUTHMOOR DRIVE	10.10	RINGSTEAD ROAD	11.00
SANDRINGHAM DRIVE	10.30	NEVILLE Court	11.45
FENSIDE	10.45	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.00	PINE MALL	12.30
WOODSIDE AVE	11.45	SITKA CLOSE	12.50
NOURSE DRIVE/Ingleby CL	12.25	SUNNYSIDE	14.15
ROLFE CRESCENT	13.55	MEADOW RD	14.40
WOODEND ROAD	14.15	POPLAR AVE	15.25
GIDNEY DRIVE	14.30	GYMKHANA WAY	15.45
BANKSIDE	14.50	JENNINGS CLOSE	16.10
MARRAM Way/Norway CL	15.05	COLLEGE DR/Gonville	16.45
MARRAM Way/Spruce CL	15.20		
MARRAM Way/Neville RD	15.35		