



THE HEACHAM NEWSLETTER

June 2011

This newsletter reflects the views of its contributors, not necessarily those of the editors, any sponsoring body or advertiser.
When contacting one of the advertisers please mention you saw their advert here first. Thank you.



It's Time To Prepare For

Heacham Carnival Parade and Fete 2011



on Sunday 7th August at 2:30pm

Heacham Parish Council are pleased to announce exciting new details of the Heacham Carnival Parade for 2011. This year's parade will have a new shorter route, starting from College Drive, which recognises the increasing number of walking entries. The parade start time has also changed and will now depart at 2.30pm, allowing more time to get that float or costume ready. Heacham Caravan Parks continue to provide sponsorship for prizes for the best floats which includes best group/organisation, best family and best walking. This year Norfolk Lavender is to sponsor the new "Lavender Queen", who with her junior attendants will lead the parade and present the prizes. This is your parade so all are welcome whether on foot, horseback, scooter or the traditional decorated vehicle floats. Heacham In Bloom have been chosen to receive the parade collection.



Get your Float entry forms from Heacham Parish Council (Tuesday - Friday 10-12) or Heacham Library.

The Ambassadors of Borrowash, a marching band from Derbyshire, who will be leading this year's parade

Deadline for the next edition is 12 noon, Thursday 16th June

Heacham Beach Party

at Heacham South Beach

Make a note in your diary to come and join in the fun on

SUNDAY 10th JULY 5:00-8:00pm

Party passes £2.50
(includes BBQ, music, drinks & free activities)

Join us for a GREAT family event!

St. Mary's Parish Church, Heacham

CHURCH FESTIVAL

Friday 17th & Saturday 18th June 10am-5pm

Sunday 19th June 12 noon-5pm

**The Bible & well-known stories
depicted using recycled materials.**

Flower displays from recycled materials

Saturday 7:30pm - "The Story So Far..."
A multimedia theatre piece covering the whole Bible
(free-entrance tickets from Terry Clay 01485 570712)

See page 7 for more details of this and the festival

THE HEACHAM NEWSLETTER c/o Heacham Parish Council Office, Pound Lane, Heacham, Norfolk PE31 7ET

E-MAIL: theheachamnewsletter@yahoo.co.uk

DIARY-WHAT'S ON: Derek (01485 579403

ADVERTISING: Moira Barnes (01485 570401 Adverts cost £15, £30 or £60 per month

THE TEAM: David Barker - Moira Barnes - Pat Barrow - Derek Chester - Jackie Davis

Brian Faulkner - Kerry Long - Dean Rawnsley - John Stares - Robby Topliss

THE HEACHAM NEWSLETTER is published THE FIRST SATURDAY of the MONTH

A voluntary non-profit publication produced with financial assistance from Heacham Parish Council

Handyman Neill Murray

Fully insured & Age Concern registered
No job too small
Multiple small jobs welcomed
Very reasonable rates - Free quotes
01485 572002 or 07856 568433

SERENDIPITY

85a Westgate
Hunstanton
PE36 5EP
01485 534169

**Clothing for
Ladies**

Serendipity - Hunstantons new store selling your favourite high street brands. Up to 50% off original prices.
We specialise in clothing from a famous store, whose clothing ranges are currently modelled by Danni Minogue and Twiggy.



We offer end of line, store returns and exchanges, samples, overmakes, and some slight seconds. Formal and casualwear, in sizes 8 - 22, so theres something to suit everyone.

We have comfortable surroundings, friendly staff, spacious fitting room.....and lots of bargains !

Why travel when you could find what you want, for less money, on your doorstep.

Opening times
Monday - Saturday
10.30am - 4pm

Find us.....Opposite Sainsbury's



**Dear
Newsletter**

*

Blatchford Way

Dear Newsletter,

Blind Bend By The Methodist Church

We have been coming to North Beach, Heacham for the season for the past eight years and moved to live in the village 16 months ago. During all that time, we have been really concerned about the blind bend on the corner near the Methodist Church.

Some vehicles come very fast from the direction of North Beach and seem oblivious to the fact that cars may be pulling off the Church car park on weekdays as well as Sunday. Even with the 30 mph limit, extra caution needs to be taken at this dangerous corner.

We feel that there is an accident waiting to happen, especially during the caravan season with lots more traffic. Some drivers, probably used to big town and city conditions are not aware of the need to slow down and make provision for life in a village.

We have been in touch with the Police and Highways Department to enquire if a notice can be erected on the approach to this blind bend, making drivers aware that vehicles may be pulling off from the Church car park, having to consider vehicles approaching from the left, plus those pulling out from in front of the shops. Occasionally, delivery lorries present an extra problem in this equation. A very fraught situation!

The Parish Council are also aware of our concerns and doing their bit to help, so let's hope that a solution can be found before there is a fatality.

Mr & Mrs H. Cox

*

Heacham

Dear Newsletter,

Borough Council Election Thanks

Colin Manning and I would like to say a very big thank you to everyone who voted for us in the recent Borough Council Election. Both Colin and I can be contacted by e-mail or Phone. Our numbers are printed on the back of the Newsletter. My email address is: Cllr.Stephanie.Smeaton@west-norfolk.gov.uk

Councillor Stephanie Smeaton



J.C.Hammond

Carpenter/Joiner

From Flooring to Roofing and Everything In Between!

Local, Reliable Service - Competitive Rates

Snettisham (01485) 541220

07944 281960

www.snettishamcarpentry.co.uk

No job too big or too small - All work Guaranteed and Insured



**Computer help
in plain English**



Repairs, upgrades, virus removal and prevention, installations, help and training for home and business computer users.

Web design and hosting

Friendly, helpful service. 25 years' experience. Reasonable rates and absolutely no jargon.

Telephone Keith at oapc on (01485) 570479
mobile 07977 560955 or email support@oapc.biz

LADYBIRD CAR SERVICE-----



ESTABLISHED BUSINESS FOR 25 YEARS

Pick Ups and Drop Offs

Hospital Runs • Shopping Trips • Airport Runs

School Runs • Deliveries • Contract Work

Any day to day Private Car Hire Requirements

A Recognised, Well Known, Reliable and

Friendly Service

Tel: Heacham (01485) 571947

Mobile: 07909 776769

*

Heacham

Dear Newsletter,

Wot, No Volunteers?

I was appalled to read in the last newsletter how few people have shown any wish to become actively involved in matters pertaining to the whole village, not just a minority interest. Are you a member of the Royal Standbacks who volunteer for nothing. WHAT, NO ELECTION FOR THE PARISH COUNCIL?

Our church is a hub of the village whether you are an attender, believer or not. It is a tourist attraction, a serious historic centre of the village yet no one showed a preparedness to give serious help to raising funds for the building, its comforts or the wall that is falling down. Will you be the first to complain when the windows frames are not mended?

Yours sincerely,

An Aged Heacham Citizen

*

Hunstanton

Dear Newsletter,

Hunstanton Al-Anon Family Group - New Meeting Time

The Hunstanton Al-Anon Family Group meeting is changing its meeting times to allow people who have difficulty attending evening events to get to a daytime meeting. From now on the Family Group will meet every week at 10.30 am at the United Reform Church Hall, Sandringham Road, Hunstanton (opposite the bus station).

A charity spokesman said we hope that by doing this we are offering a choice. With our meeting place being so close to the bus station, people will be able to use public transport rather than having to use their own car. For more information please contact 020 7403 0888 (confidential helpline).

Hunstanton Al-Anon Family Group

More of Mary's Country Sayings

1. He who eats oysters on St James's Day, will not want for money during the year.
2. Envy is a self-executioner.
3. Pride casts more than hunger, thrift or cold.
4. The hasty angler loses the fish.

*

Heacham

Dear Newsletter,

Fund Raising Coffee Morning

Anita, Juliet, Pam and Friends would like to thank all those who supported them in raising money for "Breast Cancer Charities" at a coffee morning held on 31st March at Cunningham Court. We raised £371.81 and this will be split between "Breast Care Nurses" and "Dr Margaret Daly's Cancer Fund" .

Many thanks goes to Jane for holding the event and to John for making the delicious pink cupcakes.

Thanks again for all your support.

Anita Hawkins



ARMED FORCES DAY

Saturday 25 June marks Armed Forces Day. Set up in 2009, the nation is invited to show their support for the military community both serving and retired, at home and abroad. Last year over 4000 special flags were flown and this year the Ministry of Defence has made a special appeal to Parish and Town Councils to join in. The Parish Council has decided to mark the day by flying the special Armed Forces Day Flag and is pleased to report that Heacham Club Charity and Norfolk Lavender will also be showing their support.

General Sir David Richards - Chief of the Defence Staff:

"I can assure you that the recognition and thanks given by the people in communities such as yours on Armed Forces Day goes a long way to keep morale at a high level. Reservists, Veterans and their families also appreciate the thanks".

More information can be obtained from the website www.armedforces.org.uk. Flags, banners and bunting can be obtained from: www.zephrr-tvc.com.

Armed Forces Day Fundraiser at Lord Nelson, Burnham Thorpe, Sat 25 June - prize draw, charity auction, proceeds to Help for Heroes and Royal British Legion.

**PLEASE NOTE: ALL ITEMS FOR PUBLICATION
MUST BE ACCOMPANIED BY THE WRITER'S FULL
NAME AND ADDRESS** details will be withheld if requested

Station Road Garage

33 Station Road, Heacham

Norfolk PE31 7EX

☎: 01485 570259

☎: 075003370603



**Mechanical Repairs - Servicing - Welding
Tyres - Exhausts - Clutches - Diagnostics -
Collection & Delivery - Accessory Shop - Car
Sales - Air Con Repair & Service - State of
the Art MOT bay - MOT Repairs**
www.stationroadgarageheacham.co.uk

HELP REQUIRED

Can you support three Autistic boys in Heacham after school, weekends & school holidays?

For activities, mealtimes, going out & about?

21 hours per week, £6.84 per hour.

Job share considered.

For details: Job Reference 1464-2

Telephone (01508) 491220

This announcement was placed by the charity Independent Living Norfolk on behalf of one of their clients

FRIENDS OF HEACHAM BEACHES



The Meeting was well attended with a new member welcomed.

I brought up the fact that the Cockle Hotline run by the Environment Agency has not been kept up to date. Anne Grant offered to contact them as it was so important for visitors and locals to know if the cockles were safe to eat.

The Environment Agency spokesperson said that tests were made monthly and results are put on the website. I can visualise our cocklers getting on the web when they arrive at the beach!!!

We have offered to put hand written notices up but suggested the 24 hour electric notice board (near the toilets) would be a more sensible place as the Tide times are already shown.

It was agreed to make a donation to the Heacham in Bloom Fund. South and North beaches have been tended by volunteers.

One of our new members, who lives in the village has agreed to litter-pick both beaches - he has been lent a litter pick to make it easier.

Most of the members litter-pick - it becomes second nature to do so. Empty cans and take-away cartons are the worst, as they get thrown from the promenade, either in front of the huts or onto the beach.

Members were concerned at the dreadful state of some of the beach huts. Cllr. Andrew Morrison is to look into why action has not been taken for the last three years.

We would like to wish visitors and locals a very happy and safe time at our beautiful beaches.

Mary PISHORN (Chair)

PROMOTING RESPECT FOR HEACHAM'S BEACHES

H.M.S.

Domestic maintenance and repairs

FASCIA & GUTTER INSTALLATION & MAINTENANCE

PAVING - OUTDOOR MAINTENANCE

CARPENTRY & JOINERY

DECORATION - PLUMBING REPAIR

Chris Mella

9 Ingleby Close, Heacham
Tel.01485 570873

www.hmsheacham.co.uk

GARY RUSHMORE FLOORING LTD



MAIN SHOWROOM

- superb range of carpet, vinyl & laminate samples
- free measuring and estimates with no obligation
- exceptional service including uplifting and disposing of old flooring and moving furniture
- carpets supplied & fitted by our professional team
- home selection service available

94 High Street, Heacham, Norfolk

OPEN: Mon, Tues, Weds & Fri 9.30am-4pm. (closing 1-2pm lunch)
Thurs. 9.30am-1pm & Sat 10am-2pm.

for home selection and further information please call:

01485 572202 or 0789 9794262

STOCK CARPET, VINYL AND ROLL END STORE

Flooring ready to take away all at exceptionally low prices!

Hundreds
of room size carpets &
vinyl roll ends at
wholesale prices!

Great selection
of multi width stock rolls
of carpet & vinyl offering
fantastic value for money!

Unit 6, Heacham Hall Industrial Units, Hall Close, Hunstanton Road, Heacham

OPEN: Mon, Tues, Weds and Fri 10am-3pm. Sat 10am-2pm.

email:rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk

NEW CLIMBING FRAME



Suzanna, from Milton Keynes on Maundy Thursday enjoying the new climbing frame in the Heacham recreation ground.

This charming photograph was sent in by Mike Press. It is good to see that the "Nexus Core" is being appreciated. An artist's impression of the new frame, together with a report, appeared in last month's Heacham Newsletter on the Parish Council page.

SILVER SANDS PUBLIC HOUSE

NORTH BEACH, HEACHAM

OPEN

- Daily at 12 o'clock weekdays
- 11am weekends
- Food served throughout the day
from 12 - 9pm

Thursday Steak Night Special -
6oz Rump + all the trimmings £5.95
Friday - Curry Night £5.95
Traditional Sunday Roast £6.50

Entertainment through June:-

Sat 4th - Brian G.
Sat 11th - Steve Lane
Sat 18th - Mark Steel
Sat 25th - Travis Graham

FAMILIES WELCOME

Tel: 07779 011937

CATHOLIC PARISH OF HUNSTANTON - WHICH INCLUDES HEACHAM

Our Lady of Perpetual Succour & St Edmund

Sandringham Road, Hunstanton

Sunday Mass: 11am

In July and August only: First Mass of Sunday: Saturday 6pm

St Cecilia's

Mountbatten Road, Dersingham

Sunday Mass: 9am

Parish Priest: Fr James Fyfe, 81 Mountbatten Road,

Dersingham, PE31 6YE Tel: 01485 543818

Website: www.hunstantoncatholicparish.org

Weekday Masses:

(subject to change, please check church notice boards, website, or phone)

Mon, Thu, Fri, Sat: 9am at St Theresa's Convent, 27 Sandringham Rd, Hunstanton

Wednesday: 10.15am at St Cecilia's, Dersingham

Strawberry Fair

Our annual Strawberry Fair will be held at St Cecilia's, Dersingham on June 25th, starting at 2pm. There will be the usual bric-a-brac and plant stalls, and many more stalls and sideshows - and also an excellent strawberry tea. Hope to see you there!

We are always pleased to welcome visitors to our churches - both those from the local area and those from further afield. Refreshments are served after the 11am Mass every Sunday at the church in Hunstanton, and after the 9am Mass at Dersingham on the first Sunday of the month. We also have a friendly and informal gathering after the 10.15 Mass at Dersingham on Wednesdays. Do come and visit - we'd love to see you.

Tree Vista Ltd

Dan Yeomans Consulting & Practising Arborist

01485 517000 / 07799533462

dan@tree-vista.co.uk



- Full service tree care & removals
- Inspections & Surveys - Advice, Health & Safety, LOLER, Planning Reports
- Chainsaw Training
- Fully insured & qualified staff
- Reasonable prices
- *Here to help, do call or email*



JUNE IN NORFOLK

Walks With The Warden at NWT Cley Marshes

- every Wednesday at 10.15am or 2pm (walks last about 2 hours)
Come along and spend a fascinating couple of hours exploring the wonderful NWT Cley Marshes reserve in the company of Bernard Bishop, warden of the reserve for nearly forty years. Only 10 places are available on each walk so advance booking is essential. Please call 01263 740008 for details.

Cost: Adults £5, NWT members and children £3.

Birds of Fen and Heath

- Tuesday 21 June, 9.30am-3pm

A visit to RSPB Lakenheath Fen to look for warblers, hobby and possibly golden oriole. Bring packed lunch. We will return via NWT Weeting Heath to look for stone curlew.

Venue: Meet in the RSPB car park. Grid ref: TL 722 864

Cost: Free: to NWT members, non-members £1 (entry charge to NWT Weeting Heath also applies to non-members). This event is organised by the West Norfolk Local Group

The above are just a small fraction of what's on in May so for details of more wildlife events around Norfolk, and for more information about the Norfolk Wildlife Trust, please go to:
norfolkwildlifetrust.org.uk



CHURCHES TOGETHER IN HEACHAM

Greetings from the manse,

Recently I had the opportunity to inspect a first edition of the King James Bible at a Methodist "do". It was kindly loaned out for the occasion from Norwich Cathedral. It was huge. You wouldn't get it in your pocket or in your bag. It might fit in a large suitcase but you would struggle to carry it any distance even if you could lift it. It was big. Primarily they were printed to be read in church services rather than for private use. Many were chained to reading desks, pulpits and lecterns. They were valuable commercially as well as spiritually. The loose-leaf version sold for ten shillings and the bound edition for 12 shillings. The text was presented in columns like today's Bibles.



The opening of the Epistle to the Hebrews of the 1611 Bible shows the original typeface and also marginal notes reference variant translations and cross references to other Bible passages. Each chapter is headed by a précis of contents. There are decorative initial letters for each chapter, and a decorated headpiece to each Biblical book, but no

illustrations in the text. It is a handsome thing indeed. To our eyes the text would look a bit funny because in 1611 spelling was not standardised. On second thoughts with text speak perhaps it wouldn't look so peculiar after all! Printers, as a matter of course, expanded and contracted the spelling of the same words in different places, so as to achieve an even column of text. The look of the text was very important. They set v for initial u and v, and u for u and v everywhere else. They used long ? for non-finals, while j occurs only after i, as in the final letter in a Roman numeral. Punctuation was relatively heavy, in the sense that there was a lot of it, again different from today's practice. When space needed to be saved, the printers sometimes used ye for the, set ā for an or am, and set & for and. On a few occasions, they appear to have inserted these words when they thought a line needed to be padded. Current printings remove most, but not all, of the variant spellings; the punctuation has also been changed, but still varies from current usage norms.

The 1611 King James Bible is however a long way from the way that early manuscripts were produced. The earliest Biblical texts were written on papyrus scrolls that were superseded from the third and fourth centuries AD by parchment, which had the double advantage of being more durable and capable of being written on



both sides. Scrolls now would become codexes or books, albeit hand written. The multiple columns of the magnificent fourth century "Codex Sinaiticus," discovered in the middle of the nineteenth century by Dr. Constantine Von Tischendorf at the monastery of St. Catherine on Mount Sinai, is the only known complete copy of the Greek New testament in majuscule script. Hand written texts are divided into two types, "majuscules", which are documents written in capital letters and "minuscules," those written in small case letters, often in cursive scripts, like letters and other contemporary documents.

As can be seen from the page showing part of the Gospel of John, Chapter 21: 1-21, majuscules did not have spaces between words nor did they have much punctuation if any. Neither were they divided into verses and numbered. Words just flowed and ran into one another, possibly because parchment was expensive, but probably because this was just the way it was done in a culture where only an elite could read and write and everyone else, including the vast majority of the early Christians, who were literally hearers of the word.

You may remember from the first article in this series, that there exists between all the early texts and documents of the New Testament many differences that can be accounted for by simple copying errors. We shouldn't be surprised if we imagine a scribe faced with looking at and reproducing such texts as their life's worth. The commonest errors were caused by missing or adding words or letters. Almost all manuscripts contain at least a few instances of it. The technical word "homoioteleuton," in Greek literally meaning "same ending," occurs when two words/phrases/lines end with the same sequence of letters. The scribe, having finished copying the first, skips to the second, omitting all intervening words. Similarly there is "homoioarcton", "same beginning," is the inverse error that occurs when a scribe's eye skips from one occurrence of a word, phrase or sequence of letters to a similar sequence further down the page. And then there is "dittography" and "haplography" which explain the repetition or omission of letters and syllables from words being copied by weary scribes with wandering attention, who may also have had faulty eyesight, and when texts were dictated for copying, faulty hearing!

The text of today's Bible has been ironed out and smoothed over to make them uniform and easier to read. And that is very much to the point. The Bible is meant to be read and its message heard. Happy and productive reading to you and yours.

With every blessing
Rev'd. Kim Nally, Methodist Minister

PARISH REGISTERS

Weddings

14/05/11 Alan Taylor and Patricia Burton
21/05/11 Sean John Wright and Ria-Louise Baisbrown

Faithful Departed (Church linked funerals)

16 /04/11 Thomas Raines 31
26/04/11 Alan Guy 85
3/5/11 Pam Thomas 59

"Blessed are those who mourn for they will be comforted"

We do extend our sympathy and condolences to all who have been bereaved. The church prays for friends and family at the Sunday morning services around the time of the funeral.

METHODIST CHURCH Sunday Services

10.30am Morning Worship

Preachers:

5th June – Mike Gunnell
12th June – Angela Jenner
19th June – Sheila Johnson
26th June – Reg and Mary Rose

Midweek Communion Service: This will be on Wednesday 15th June at 10.30am. All who love the Lord are welcome to attend.

Regular Activities at the Methodist Church

New members are welcome to all our regular activities.

MONDAYS: Indoor Bowls 7pm – weekly

TUESDAYS: Ladies' Fellowship
2.45pm on 14th and 28th June

Ladies! If you are looking for an interesting hour midweek you might like to give the Methodist Ladies' Fellowship a try. You don't have to be a Methodist or attend Church at all. They meet fortnightly (as above).

TUESDAYS: Hands and Needles Club:
7.30pm on 14th and 28th June

Saturday Coffee Mornings

These are held each week from 9.30-11.30am.
All welcome.

The Parish Church of St. Mary: Sunday Services

8.00am Holy Communion (Book of Common Prayer)
10.00am Morning Worship
(Holy Communion on 2nd Sunday)
Provision for children during services
at *Discoverers*
10.30am Morning Worship at Junior School
(Holy Communion on 3rd Sunday)
6.00pm Evening Service
(Holy Communion on 5th Sunday)

REGULAR ACTIVITIES AT ST. MARY'S CHURCH

Looking at the above information you might think that St. Mary's is only open on Sundays, but it is a busy church with things going on throughout each week. There are Bible Study groups with people meeting in their own homes; there are Prayer Meetings; we have a Choir, and there are Music Groups; for very young children there is the Rainbow Circle Toddlers' Group; Ladies meet together in *Girls Together* or at the Mothers' Union; and there is a Men's Group as well; there are also Coffee Mornings and various other activities which meet not so frequently. So why not find out more about St. Mary's and its regular activities - there will be something to suit you. And you will find our Sunday services welcoming and friendly.

CHURCH FESTIVAL 17/18/19 JUNE

St. Mary's is having a Festival in June with the theme of Bible and other well known stories, again using recycled

materials. There will be displays depicting these stories together with flowers also made from recycled materials. The Church will be open from 10am-5pm on Friday and Saturday and from 12 noon to 5pm on the Sunday. Morning coffee, lunches and afternoon teas will be served from a marquee, and there will be a bookstall. Also taking place will be musical interludes on Friday and Saturday and story telling on the Saturday by Brian Ogden and other well-known local people.

CHURCH FESTIVAL SATURDAY 7.30pm

"THE STORY SO FAR....."

"The Story So Far...." Is a brand new multimedia theatre piece covering the whole Bible, with a close look at the life of Jesus, and is a production by the Lacey Theatre Company which seeks to tell old, sacred stories in a new everyday way, mixing modern technology with traditional theatrical performance. This is being offered by St. Mary's as a **free-entrance** by ticket event, tickets being obtainable from Terry Clay (tel: 01485 570712) and the Christian Bookshop, Station Road, Heacham.

SUMMER WEEKDAY OPENING: MAY-SEPTEMBER

All through the summer (till 30th September) St. Mary's is open for visitors on Mondays to Fridays from 10.00am-4pm and on Sundays from 12 noon till 5pm. Between 10-12 and 2-4 on weekdays there are always friendly people on duty to answer questions and be generally helpful to visitors, and to provide tea, coffee and biscuits. Why not pay a visit one day, enjoy the peace and quiet, and study the wonderful history present in this distinctive building which has been a centre for Christian worship in the area for hundreds of years. And if you might be interested in joining one of the teams who welcome visitors to the Church please phone Mary Sanders on 01485 570264.

June Services: Nursing/Residential Homes

Tuesday 7th	2.30pm	Rebecca Court
Monday 13th	11.00am	Holy Communion: Millbridge
Weds. 15th	2.30pm	Summerville
Sunday 19th	7.30pm	Neville Court
Friday 24th	10.30am	Fridhem
Friday 24th	2.30pm	Sunnyside

Church Contacts: (telephone code: 01485)

Methodist Church	The Rev'd Kim Nally	570232
St Mary's Church	The Rev'd Steve Davies	570268
St Mary's Church Office		572539

email: heacham.church@googlemail.com

TONY'S HOUSE MAINTENANCE

Kitchens & Bathrooms tiled
Painting - interior and exterior
Gutters cleaned, repaired or replaced
Fencing, patios, plastering. etc.

55, Marram Way, Heacham
(01485) 571038 M. 07932123781

HEACHAM IN 1921

Continuing Day 1 of three October days

(First 2 instalments were in the March & May Newsletters)

Day 1 afternoon had begun with a car ride from Hunstanton to Heacham, a walk from the Station to Mill House and a tour of the new developments there.

After looking at the new wing our 19 year old descendant was taken to see two boats which were being painted in the garage. One was to be called the Susan (after Susan Torrey then aged 5) Against her parents wishes she wanted the other one called Day Dream.

Margaret Torrey then went to feed her 'pigeons'. Two lived in a dovecote near the garage and four more in a dovecote on the far bank of the river.

The grass was dry from lack of rain. Ten wasps nests had been discovered in the garden. All but one had been destroyed. It was on the river bank near the cascades over which the bridge was situated. The gardener had farked it because of its inaccessibility and size. The descendant volunteered to destroy it.

After afternoon tea served from a "rolling table" with very large rubber wheels (a two tier tea trolley) they went out in the car to pay a call on 'Clarke' in Snettisham (can anyone identify 'Clarke'?) Going out in the car was an expedition. Margaret was always accompanied by her ladies maid Eugenie. The chauffeur, Thacker, had driven her carriage before the 14-18 war and had returned to her after experiences in the war. "Having been a coachman, he drives very nicely and cautiously withall like a gentleman." (Can anyone identify Eugenie and Thacker?) The intention was to return to Heacham via Sedgeford (Hall) but a shooting party was in progress so they avoided being undesirable guests.

At the Mill House by 6 pm there was still time for further activity. A walk across the fields to the level crossing and then up to Church House to see some further cousins, then to take another look at the war memorial. "It is a lovely thing, the best in these parts."

Returning by road he had "a small chat with the gate-man + wooden leg and misfiring eye. He soon worked the conversation to wages and unfairness."

Then walking up to Cannon corner, turning left and past Robinson's shop and a fare (sic) that was progressing in the field there (behind the Wheatsheaf). It was a jolly good one for Heacham and the lights were resplendent (this was before electricity in the village).

The afternoon ended at the Mill House and retiring to dress for dinner.

Another Descendant



Waterloo Bridge in the snow

SJP

Staveley Johnson & Procter Solicitors

PROFESSIONAL ADVICE GIVEN ON
ALL ASPECTS OF THE FOLLOWING

- Wills
- Trust
- Landlord & Tenant
- Child Cases
- Welfare Debt
- Matrimonial/Divorce
- Probate
- Residential Conveyancing
- Commercial Conveyancing
- Co-Habitation
- Personal Injury Claims
- Negligence Claims



Funding options available:-

First 1/2 hour free interview available
Legal Services Commission Franchised
to undertake Public Funding - Legal Aid
Conditional Fee Agreement available (no win - no fee)
Fixed Fees available

All charging rates in accordance
with Law Society guidelines and Local Court Rates
After event insurance may be available

Telephone: 01485 532662 Fax: 01485 534802
Email: info@sjpsolicitors.co.uk

Waverley House, 37 Greevegate, Hunstanton,
Norfolk PE36 6AB

NEWS FROM HEACHAM'S SLIMMING WORLD

I am so proud of my Heacham members - they are achieving amazing weight losses and are so supportive of one another.

In May we had our Man of the Year Competition and our very worthy winner was Ron Kendal. Ron has lost over 4 stone in weight since the end of October last year. He is a real support to all the members and is often the instigator of laughter in group. Usually at my expense I have to say!

He is a really committed member and has introduced his brother and his sister to group this year. June is very close to her target weight and Terry is well on track too!

We have seen our group continue to grow and Tuesday nights are very noisy occasions with everyone catching up on the week's news. Members are always looking for new products and bargains and this is shared in group every week.

One of our members brings eggs to sell in group and we have a thriving trading table with members free to bring along anything they want to sell or give away. The raffle is always well supported. We also do a draw for those members who have lost 2lbs or more and one person receives a small gift to say well done!

Members bring a piece of fruit each week which goes in a basket and our Slimmer of the Week takes the basket home as a gift from group.

If you want to lose a few lbs or a lot of lbs come along and see what we are all about. You will be made very welcome. If you would like some more information please feel free to give me a call on 01485 528796 or 07515648928 and I will be very happy to chat to you. You can just turn up on Tuesday evenings at 6.30. p.m. We meet in St Mary's Church Hall in the High Street and you will be met at the door and made welcome.

My recipe for this month is:

A Very Simple Picnic Box

Flake lots of canned tuna (in brine) and mix with mushrooms, spring onions, cherry tomatoes, sliced hard-boiled eggs and fat free vinaigrette. Eat and enjoy with a bread roll, and/or couscous or pasta salad.

Julie Goddard
Consultant - Slimming World



NORFOLK HOME WATCH



www.norfolk.police.uk

Home Watch / Neighbourhood Watch is the largest voluntary organisation in the UK. It has proved one of the most successful ways of deterring crime and reducing the fear of crime.

It works by neighbours in a locality getting together to look out for each other's homes and property.

It is not difficult to set up and run your own Home Watch scheme and lots of help is available plus many insurance companies will offer a discount on home and contents insurance.

So

Do you have a scheme where you live? If not would you like to know more about Home Watch and how to set up a scheme? Would you like to join a scheme?

For further information

- Speak to your local Safer Neighbourhood police officer or Police Community Support Officer
- Call 0845 456 4567 and ask to speak to your local Safer Neighbourhood Team
- Log onto www.norfolk.police.uk and click on the Home Watch icon

SLIMMING WORLD

Join today, for real food, real support and real results.

Tuesdays at 6.30p.m.
St Mary's Church Hall,
High Street, Heacham

Consultant - Julie Goddard
01485 528796

K.H. HOMECARE

" Helping to keep your independence "

Established 1997

Accredited by Norfolk Home Call, Norfolk County Council.

House Work - All domestic duties within the home.

Grocery Shopping - Collection of pensions, prescriptions.

Laundry - Washing and ironing within the clients home.

Companionship - All helpers are very carefully employed & references are always asked for and confirmed, our helpers are all of a mature dependable nature and fully insured.

Mrs Kim Hudson Tel: 01485 570179

Heacham & Criteuil-la-Magdeleine Twinning Association

WALKING TREASURE HUNT



MONDAY 20TH JUNE 2011

Start 6.30 p.m.

from

CAR PARK, HEACHAM CLUB CHARITY

Join us for an unforgettable evening exploring Heacham

TEAMS OF UP TO 4

Entrance £5 per person

To include refreshments at finish

**To enter please contact John on 01485 572227
or David on 01485 570733**

Let's Appreciate What We Have In Our Village ALIGHT HERE FOR HEACHAM

While walking round Heacham, taking up to date photographs, we were invited to take photographs of The Old Railway Station by Terry and Judith Clay who have owned it since 1993. They have spent time, money and much hard work to make it what it is today and as we walked round, this became very evident.

The huge gate with working red warning light greets you. Behind this stands the carriage and working signal with fully working red and green lights which look wonderful after dark. The signal stands proud between the renovated Waiting Room and Carriage which are both fascinating holiday accommodation. Both have lawned areas to relax and enjoy the gardens. The Waiting Rooms and Carriage are intriguing from the outside and beautiful inside, the Waiting Rooms are ideal for a couple, dogs are welcome too.

The Carriage has two en-suite double bedrooms with a lounge/dining and kitchen along with one of the original First Class compartments. Original features have been retained throughout. A stunning place for a holiday and with the West Norfolk Pub and restaurant just over the road and the beach just a short walk away, what more is needed for a relaxing holiday with a difference.



Terry operating the signal (above).

The Old Station, Heacham (right).

The renovated carriage (below).



For those wishing to find out more, please visit www.oldstationheacham.co.uk or just call in. Terry and Judith would be happy to talk to you.

The original Heacham Station opened in 1862. In 1866, the station served as a junction where services left the King's Lynn to Hunstanton line for Wells-next-the-sea. Sadly, the station closed in 1969. The West Norfolk was originally built as a Hotel for the railway. It is now a well known friendly pub and restaurant for locals and holidaymakers alike. Visit www.westnorfolkpub.co.uk for information.

We have given joint copy right to Terry and Judith for use of our photographs in their publications and promotions. Thank you both for inviting us in, we thoroughly enjoyed it.

Alan & Viv Walker

All photographs © Alan & Viv Walker 2011



The station waiting room (above)



The signal with fully working lights (left)

Just right for the West Norfolk pub (below)



Footnote: The railway coach is a British Railways built first class carriage. It arrived at Heacham Station on the back of a low-loader on a cold drizzly day in November 2006. Quite a crowd was assembled to watch as the low-loader manoeuvred into position so that the coach could be winched down on to the ready-prepared length of track. This took several hours, during which time Terry and Judith dispensed innumerable cups of tea to the throng, and bacon butties to the key workers. The coach was finally in position after midday.

Luxury Event Toilets

Luxury Event toilet units for all occasions.

Anniversaries, Christenings, Weddings, Parties & Special Events where luxury bathrooms are required.

- Units that cater from 30 people to over 300!
- Can be sited in a garden, paddock or field.

Contact us on 07966 661175 / 01328 700161 or email: kerrywalpole@luxuryeventtoilets.co.uk

Visit our website: www.luxuryeventtoilets.co.uk



Scrappy Cat Crafts

Art & Craft Supplies

Classes in Card Making & Painting
Personalised CARDS Made to Order

www.scrappycatcrafts.co.uk

Open 10 - 4
Tuesday - Friday
10 - 2 Saturday

01485 542649

43 Lynn RD
Snettisham



Heacham Infant and Nursery School

"Together we explore, discover, achieve and grow"

We are pleased to say that after all the excitement at the end of last term with Easter preparations and then the Royal Wedding our children have quickly knuckled back down to work. The latest review of their development showed overall significant progress in all areas. We are justifiably delighted with this!

A significant contributor to high achievement in school is good attendance. To encourage this those children with high attendance receive an award and those with 100% attendance at the end of the year, a special treat...more about that in the next newsletter. We hope also at the end of term to publish a role of honour in this newsletter for those 100% attendees, so watch out you might see a name you know!

Another initiative to encourage our children's learning has been the setting up of a reading café in Frogs class. The idea is that parents, carers and grandparents join the class one afternoon a week for a reading session with activities designed to support the children's progress in reading which can then be continued in the home setting. This starts at 2pm on 19th May and continues for 5 weeks.

Another idea we are looking at is the setting up of a games library to support our children's mathematical learning. If you have any simple dice or number based games suitable for young children, gathering dust in your sideboard we would be pleased to give them a home. Obviously we would like games to be complete and in good condition, please. These can be dropped off during school hours at reception. Thank you.

The fabulous good weather we have all being enjoying has ensured maximum use of the outside play provision (Hughes Early Years Playground) for both recreation and learning which, was always our vision for this area. We continue to welcome child-minding and toddler groups to make use of the facilities on a Wednesday and the arrangement is working well.

You will probably have noticed that since the playground officially opened we have been using the larger gates on the corner of the playground instead of the smaller one opposite the school front door. This change was in response to concerns about road safety on school road. The 'new' way in is protected by the road barriers and naturally channels people to cross with the crossing patroller. Now everyone is used to this arrangement it is working well and has reduced the congestion at the school gates!



*A display of decorated plates in one of A.E. Wallis's windows
(See further report and more photographs on page 16)*

And finally, harping back to the lovely Royal Wedding and to achievement, the children were invited by Suttons Estate Agents and Wallis's to take part in a competition to decorate a paper plate with a topical theme. There were some fabulous entries with William McGrath clinching first place. Well done William! All entrants have however, enjoyed the kudos of seeing their plates displayed around the village in shop windows! Well done to everyone they looked splendid! (See report and photographs on page 16)

Janet England (Parent Governor)

Louise Jackson (Headteacher)

Visit our fine farm shop & restaurant at Norfolk Lavender

Just in: strawberries from Sharrington near Holt
asparagus from West Rudham • spring lamb

Farm quality • better than supermarket value



the lavender kitchen
café • restaurant

At the Lavender Kitchen we cook with the top quality locally sourced ingredients you can buy from our Farm Shop

Open every day from 8am
Seniors' special on Wednesdays
Try our Sunday roast of Walsingham beef

WALSINGHAM FARMS SHOP AT NORFOLK LAVENDER
CALEY MILL, HEACHAM PE31 7JE
LAVENDER KITCHEN 01485 571965 FARM SHOP 01485 570002
FARMS SHOP OPENING HOURS MONDAY-FRIDAY 9AM-5.30PM
SATURDAY 9AM-5PM SUNDAY 10AM-4PM
WWW.WALSINGHAMFARMSSHOP.CO.UK

CARPET CLEANING
SOFA & LEATHER FURNITURE CLEANING
BY
Clean Tech
Your Preferred Local Expert Cleaner
Curtains clean as they hang in your window
Oven cleaning
Call Mike Barrett on **01485 609223**
For a **FREE** no obligation VAT **FREE** quotation
The price we quote is the price you pay
- NO HIDDEN EXTRAS!
Payment from all Credit & Debit cards welcome

Heacham Flooring

45 years experience specialising in:-

Supplying And Fitting Carpets,
Vinyl, Ceramics, Laminate

COLONIA, CAMARO, KUDOS
KARDEAN & AMTICO Flooring.

Next day delivery on all other
carpets & flooring

Free Estimates & planning service
in the comfort of your own home or
Visit our showroom for a superb
service and price

At

57 High Street, Heacham

Telephone: 01485 571560

Mobile: 07887 525757

FOX & HOUNDS

AWARD WINNING FOX BREWERY

Station Road, Heacham

JUNE LIVE MUSIC AT THE FOX

7th Stone Pony

14th Holman Hilts Delaney

17th Groove Cartel (Northern
Soul)

21st Dogwood

24th Sphere

Fresh locally sourced food

Live Music Tuesdays - Quiz Night Thursdays
(both from 8:30pm)

Brewery Tours Are Available

Phone to book

Tel 01485 570345

Buyonline @ www.foxbrewery.com

The Fox & Hounds has been voted
EDP Entertainment Pub of the Year

CHRISTYANA FABRICS & BLINDS

18 Lynn Road, Dersingham
For Curtains & Soft furnishings

OPEN 10am - 4pm TUESDAY-FRIDAY
10am - 2pm SATURDAYS

*Making-up service at competitive rates
Free quotations and fitting service -
no obligations.*

CONTRACT WORK UNDERTAKEN

We have a huge selection of blinds available

*Large selection of cushions and seat pads
in stock*

Wallpaper now available

Telephone Maria on: 01485 541111
or 07743052897

For a free quotation, friendly personal service,
and a home choose service

MUSIC AT THE FOX & HOUNDS

There were some notable performances at the Fox during April and early May. There is not space here to mention them all so here are the ones which most caught my ear.

The Easter Beer Fest provided three nights of excellent entertainment starting on Good Friday with perennial favourites Egypt playing a full set of Groundhogs numbers to a packed house. On Easter Saturday evening Dan (guitar and vocals) and Adi (bass) of DNA were joined by Paul Reeve of Revolver (vocals) for an entertaining acoustic set. The weekend's music was rounded off by the return of Split Whiskers with a selection of Blues favourites, including one where the singer was accompanied by his dog (a ventriloquist's dummy)!

Sphere appeared on the Tuesday after Easter Monday and were well worth listening to. If you missed them then I urge you to get round to the Fox on 24th June when they return for another session.

On the evening of the Royal Wedding DNA facilitated a "Busker Evening" with various members of the audience stepping up to sing and play. Star appearance went to Pam Griffin of Heacham Building Supplies who took a turn on the drums, providing vocal lead for one number.

Egypt returned on 3rd May to play two sets featuring the music of ZZ Top and Led Zeppelin to a packed house. Their performance was loud (of course!) and fully up to their usual superb standard with Eric weaving his magic on a selection of guitars including a double necker.

As I write this, it is with Part Time Blues's performance still echoing in my mind. Paul Tinkler (guitar & vocals), Graham Ball (bass & vocals) and Paul Wooden (drums) delivered the Blues in trumps, plus the bonus of Tink's amusing banter.

COASTAL CARS

Private Vehicle Hire

- Carrying up to 8 passengers
- Local or Long Distance
- Courier Service

0776 084 1546



Tuesday 21st & Wednesday 22nd June

DON'T MISS

The Pocahontas Players' New Production

A NIGHT AT THE THEATRE

The players have had great fun rehearsing for A Night at the Theatre. We have Jaime Tooley joining us for this production, who has worked very hard teaching our young Pocahontas players dance routines (see photo). Our musical director, Jeannie Tooley, has also dedicated lots of her spare time, to oversee the singing of the group. The costumes and animal heads are made by Dave & Janice Curtis and Jaime, which we hope you will all think, like us, that they are 'stunningly-show-stopping' good!!



We hope you will all pop along to the Public Hall to clap and sing-a-long with us, on Tues 21st June or Wednesday 22nd June. Please don't leave it too late for tickets, because of the show being on for only 2 nights!! Phone Janice to reserve your £7.00 ticket (01485 570402) or Jim (01485 571267)

Thank you.

From The Heacham Pocahontas Players

GARDENING 4 U

**A local business offering
all aspects of garden maintenance
domestic and commercial**

Lawns

Hedges & Trees

Borders

Seasonal Tidy Ups



Ground Clearance

Our customers include
McDonalds Drive Thru® ~ King's Lynn
Budgens ~ Dersingham
The Black Horse ~ Castle Rising

Contract work welcome

No Job too Small

**Contact Trevor Mitchell now
for a free quote (7 Days)**

Telephone 01485 542753

Mobile 07794 177 384

FULLY INSURED

Sole proprietor: 47 Station Road, Snettisham,
Kings Lynn, Norfolk. PE31 7QL

DAVID PEARCE ROOFING SERVICES

**SLATING, TILING, LEAD WORK
AND GENERAL ROOF REPAIRS**

TEL: 01485544279 MOBILE: 07825415040

E-MAIL davepearceno1@aol.com



- FREE ADVICE AND QUOTATIONS
- QUALITY WORK BY TIME SERVED TRADESMAN
- OVER 30 YEARS EXPERIENCE
- 2 YEAR WRITTEN GUARANTEE

Fuseboards Replaced

Lights, Sockets

BT & TV points

Rewires etc

surveys

free estimates

Tony Morgan

JIB Approved Electrician

16th Edition

Part P Registered

Testing and Inspection

T.M ELECTRICAL

Tel: Dersingham 01485 540333

07884454480

I DON'T CHARGE THE EARTH

The Pocahontas Players
present

A Night at the Theatre

Directed by Jeannie Tooley

Featuring Extracts from
**GREASE, OKLAHOMA
AND LION KING**

Tues. 21st and Wed. 22nd

June 2011

Heacham Public Hall
Station Road

Curtain up
7.30pm



**£7.00
Per Ticket**

**For Tickets
Phone Janice
01485 570402
or Jim
01485 571267**

ROYAL WEDDING PLATE PAINTING COMPETITION

To celebrate the Royal Wedding, Suttons Estate Agents and A E Wallis teamed up to sponsor a Plate Painting Competition for Heacham Infants School. Children from the school were invited to decorate a plate, which was entered into the competition.

After judging the plates were displayed in the shop windows of Suttons Estate Agents and A E Wallis (both the electrical and the cycle shop). Prizes of book tokens were given to differing age groups winners :- Age 4-5 Samuel Witton and Tia Jenner; Age 6 Joseph Tucker and Amber Clarke; Age 7 Archie Greef and Jodie Whitlock; the overall winner was William McGrath, age 6.



A. E. WALLIS
Television and Cycle Retailer

EURONICS

We are members of Europe's biggest independent electrical buying group

Dealership of Quality

TV's, Video's and DVD's,
Washing Machines and Tumble Dryers,
Cookers, Built in models and so much more.

Cycle Sales
Cycle Spares
Cycle Repairs
Cycle Hire

34/40 High Street Heacham 01485 570303/ 571683



www.suttonsestateagency.co.uk

01485 570030



**29 High Street
Heacham
PE31 7EP**



**4 Post Office Road
Dersingham
PE31 6HP**

'LINKING THE VILLAGES'

Property sales details with professionally drawn floor plans, maps and colour photographs.
Property details are also available at Snettisham

For a professional and friendly service
contact us on:- **01485 570030**

Heacham office
are Agents for



Saffron
Building
Society



A local home for your savings

Enjoy consistent, competitive savings rates by joining your regional mutual.
We are owned by our members and reward their loyalty.

Discover our great savings accounts by visiting one of our local agencies.

Profile UK 5 Jubilee Court Dersingham 01485 544585	Suttons Estate Agents 29 High Street Heacham 01485 570030	Torc Financial Services Market Place Snettisham 01485 544434
-----------------------------------------------------------------	------------------------------------------------------------------------------------------	------------------------------------------------------------------------------

Helping you build for the future since 1849...

Savings | Mortgages | Investments | Insurance | *Since 1849*

www.saffronbs.co.uk 0800 072 1100

Do you have a good idea?

Or a project that needs some funding?



The Sustainable Development Fund exists for the people of the coast, to help them to put ideas into practice and find new ways to look after this special place. Its purpose is to benefit the Area of Outstanding Natural Beauty (AONB), but you don't have to live within the AONB to be eligible.

Here are some recent examples of how the Fund has supported local people:

Jenny's idea was to set up community-run beehives in five churchyards near the coast. She called her project 'The Bees of God's Acre'. Jenny is an experienced beekeeper, and lots of people had asked her to give them beekeeping lessons. The vicars were very enthusiastic, too.

The Fund gave Jenny nearly £2,000, which enabled her to buy the bees, the hives and equipment, and materials for volunteers to construct more hives. There is global concern at the decline of bee populations, but we're sure there will be five churchyards buzzing this spring.

Ian wanted his local scout group to have a proper scout hall, rather than the old portakabins they'd had to make do with for years. A new hall would mean the 1st Mundesley Sea Scout group would attract new members, and they could invite other scout groups from around the country. It would also be a hall that local people could hire.

Ian wanted the building to be as 'green' as possible to save heating costs as well as 'saving the planet'. The Fund gave £10,000 towards the new heating system, which uses air source heat pump technology. And yes, you guessed, the building is painted green!

Is my village in the AONB? How do I apply? Is my idea eligible?
For more information on the Sustainable Development Fund visit norfolkcoastaonb.org.uk or call Community Officer Haidee Bishop on 01328 850530 haidee.bishop@norfolk.gov.uk

A few facts about the AONB and the Partnership

- The Norfolk Coast was designated as an Area of Outstanding Natural Beauty (AONB) in 1968 under the 1949 National Parks and Access to the Countryside Act.
- Covering approximately 450km² its variety of landscapes and settlements make it remarkable in terms of beauty, diversity and scientific significance.
- The Norfolk Coast Partnership was set up in 1991, and is the organisation that looks after the AONB to make sure it retains its special characteristics for future generations.

Holiday more often?

MANOR PARK HOLIDAY VILLAGE IN HUNSTANTON

NO AGE LIMIT ON HOLIDAY HOMES

11 MONTH SEASON

FULL ENTERTAINMENT PROGRAMME

CALL LAURA ON **07835606925**

For a VIP visit
Or Part exchange quote
Laura.kenworthy@park-resorts.com

Owners Elite

Park Resorts

CLIFF ALLMAN
PROPERTY MAINTENANCE

For all your property needs including:

- ◆ General Repairs ◆ Decking ◆ Wood and Laminate Flooring ◆
- ◆ Doors hung ◆ Kitchens fitted ◆ Plumbing ◆
- ◆ Carpentry Services ◆ Decorating and upgrading ◆

Fully qualified and fully insured. All work guaranteed

For free quotations and advice call: **07541 995039**

3 Bishops Road, Hunstanton PE36 5AX

'SHOWTIME'
NORTH BEACH

AMUSEMENTS
NOW OPEN WEEKDAYS & WEEKENDS

PRIZE BINGO
ONLY 10p A GAME
NOW OPEN WEEKDAYS & WEEKENDS

SHOP
Choose from our wide Range of Ice Creams.
TOYS - ROCK - BEACHWARE

Customer Parking

Phone or check door for opening times. Tel: 01485 570597

the natural choice

crystal cave

- crystals
- aromatherapy
- creams / lotions
- gift ideas
- crystal lamps
- kid's section
- jewellery
- photographs
- cards / paper
- fossils

SERENITY
natural healing centre

- hypnotherapy
- crystal healing
- aromatherapy
- hot stone massage
- reflexology
- readings

Pop in for helpful advice and friendly service or call to make an appointment

crystal cave

34 WESTGATE HUNSTANTON
[OPPOSITE THE LIBRARY]

01485 535321 www.crystalcavehunstanton.co.uk

WHAT'S ON REGULAR EVENTS

CC = Cunningham Court
PH = Public Hall
NC = Neville Court

OFH = Old Friends Hall, Sunnyside
PRH = Pine Residents Hall, Wilton Rd
SG = Scout & Guide Hut, Sunnyside

HSC = Heacham Social Club
MC = Methodist Church Hall, Station Road
SM = St Mary's Church Hall, High Street

MONDAYS

1st HEACHAM RAINBOWS Term time Girls 5 to 7 years old 5.00 to 6.00 pm . Tel : Mary Harpley 07813 014477 (PRH)
TABLE TENNIS 9.30 am Tel: Adrian 570477 (PH Top Room)
DRAMA JUNIOR CLASSES 4.15-5.15 pm Tel: 579074 (SG)
BEAVERS Term Time 6.00-7.15 pm Tel:Victoria 570122 (SG)
LINE DANCING 7-9 pm £3.00 Tel: 532317 (PH)
1st HEACHAM SCOUTS (boys and girls aged 10 to 14) 7.30-9.30 pm Tel: Rob 572239 or Julz 572890 (SG)
HEACHAM WIVES GROUP meets 2nd Monday of most months at 7.30 pm (HSC Top Room) Contact Mrs Wybourne Tel : 532396
RAINBOW CIRCLE TODDLER GROUP 1.00 pm in school term time Tel:Pip 570812 or Karen 571837 (SM)
INDOOR BOWLS CLUB 7.00 pm (MC)
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Coffee Morning 10.30 am Tel : 570492
HEACHAM TENNIS CLUB Junior coaching (weather permitting) From 5.00 pm
ZOMBA GOLD Exercise to music 1.00 to 2.00 pm Suitable for all levels. 2.15 to 3.15 pm Gentle stretch & relaxation classes for all ages. Tel : Suzie Povey 07900 818311 (PH)

TUESDAYS

HEACHAM DAY CENTRE FOR ELDERLY 9 am- 3.30 pm Transport may be available Tel: Geoff Speed 572584 (OFH)
SCALLYWAGS PLAYGROUP Term Time 9.30 - 11.30 am Tel: Liz 571773 (SG)
ACTIVE FOR LIFE Exercise classes for those aged 60 or over, or at risk of OSTEOPOROSIS at Heacham Surgery Classroom 10-11am Tel: Pat 572414 or Audrey 542176.
CARPET BOWLS 10.30-12 noon Tel: 570776 (PH)
CARERS SUPPORT GROUP Run by W.N. Mind. Lunch, Coffee and Chat. Peace of Mind, 4 Poplar Avenue Tel: Hannah or Mandy 01553 776966
WOMENS FELLOWSHIP 2.45 pm 2nd & 4th Tuesdays (MC)
SLIMMING WORLD 6.30 pm Tel: Julie 528796 (SM)
WEIGHT WATCHERS 7pm (OFH) Tel:Alison 07796 904311
HEACHAM DIGITAL CAMERA CLUB meet 1st & 3rd Tuesday of the month 7.30 pm at Sandringham Club, West Newton. Email : heachamdigitalcameraclub@yahoo.co.uk or call Viv for info on 07906 056019
HEACHAM BOOK CLUB meet 3rd Tuesday of each month Tel: Beth 570479
POCAHONTAS PLAYERS Drama Group Pantomime rehearsals 7.30 – 9.30 pm Tel: 570402 (PH)
HANDS & NEEDLES GROUP meets every other Tuesday 7.30 – 9.00 pm Tel: Joan Careless 570363 (MC)
LIVE ENTERTAINMENT from 8.30 pm at Fox & Hounds
LADIES KEEP FIT FOR OVER 50's 10.30 to 11.30 am. Contact Kath Manning-Coe Tel : 01553 774343 (SM)
PUDDING CLUB 8.00 pm at the Bushel & Strike on the 2nd Tuesday of each month

WEDNESDAYS

CARPET BOWLS 10.30 – 12 noon Tel: 570776 (PH)
LINE DANCING 1.30 – 3.30 pm £3.00 Tel: 532317 (PH)
LINE DANCING FOR IMPROVERS – 7.00 pm to 9.00 pm. £3.00 per session. Contact Diane 01485 571166 (SM)
PATIENT ADVICE & LIAISON SERVICE 2 – 4 pm on 2nd and 4th Wednesdays at Heacham Council Offices

WEST NORFOLK SINGERS 7.30 pm Tel : Adrian Huggins 01485 542359 (MC)
QUIZ NIGHT 8.45 pm Prompt start. New teams of up to 5 welcome. £1 entry pp Cash Prize & Cash Snowball (HSC)
OLD FRIENDS CLUB Enjoy meeting new friends, play Bingo etc at 2.00 pm Tel : Tom Grice 571682
BINGO 7.30 pm Neville Court Grouped Home
CAR BOOT SALE Heacham Sports Field car park from 7.30 am. No need to book. Just turn up £5 per pitch.
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Games Afternoon 2.30 pm Tel : 570492
HEACHAM TENNIS CLUB Senior Club Night (weather permitting) from 6.30 pm. Thursday evening if wet on Wednesday

THURSDAYS

ACTIVE FOR LIFE – see entry on Tuesday
TABLE TENNIS CLUB 10 am (PH Top Room)
1st HEACHAM BROWNIES Term Time Girls 7 to 10 years old 6.00 – 7.30 pm Tel: Mandy (Brown Owl) 01485 518012 or 07769583439 (PRH)
TREFOIL GUILD meets on 1st Thursday 2-4 pm Tel: 01485 579440 Mrs Christine Crisp (MC)
CARPET BOWLS 10.30 am to 12 noon Tel : 570776 (PH)
JUDO Beginners 6 – 7.30 pm Tel: 571614 (PH)
CUBS 6.45 – 8.30 pm Tel: Steve 525577 (SG)
JUDO Advanced 7 – 9 pm Tel: 571614 (PH)
FLOWER CLUB meets on 4th Thursday 7.30 pm. Flower arranging and demonstrations. Tel: Sandra Panton 571029 (SM)
RAO BUFFALOS 8 pm (HSC Top Room)
QUIZ NIGHT Cash Prizes 9 pm at Fox & Hounds
FOOTBALL Under 8's 5.30 to 6.30 pm Heacham Field/Astro-turf. Contact Stephen Joyce 01485 579009
WRITING GROUP AT HEACHAM SURGERY meets 3.00 to 5.00 pm every other Thursday. For further details please ask members of staff at Heacham Surgery or Tel : Caroline Smith 01553 819460 on a Tuesday between 1.00 and 1.30 pm
SUNNYSIDE CLOSE (Sheltered Housing for over 60's) Bingo 2.30 pm Tel : 570492

FRIDAYS

SOLO WHIST – 2.00 pm Entry £1 (PRH)
GUIDES Term Time 7 – 9 pm (SG)
WILDFOWLERS CLUB meet 1st Friday 7.30 pm (HSC Top Room)
CASH BINGO 7.30 pm (PH)
TAI CHI Adults 7.30 – 8.30 pm Beginners welcome Tel: Derek 01553 674779 (PRH)
BEREAVEMENT SUPPORT - Meetings are held on the third Friday of every month 10.00 am to 12 noon in the Church Hall, High Street, Heacham Tel : Barbara Fargher 01485 534741
SUNNYSIDE SHELTERED HOUSING Church Service on last Friday in the month at 2.30 pm Tel ; 570492

SATURDAYS

GIGS from 8.30 pm. Free entry for Members (HSC)
COFFEE MORNING 9.30 - 11.30 am (MC)
HEACHAM YOUTH CLUB, Church Hall, High Street. 7-9pm (term time) **School years 6 – 11** (Smithdon). Contact Tracey Swann 07833 307856

HEACHAM DIARY

Saturday 4th June – GIG at HSC - MARK DEREK from 8.45 pm

* * GIG – BRIAN G at Silver Sands

Tuesday 7th June – GIG – STONE PONY at Fox & Hounds from 8.30 pm

Saturday 11th June - GIG - STEVE LANE at Silver Sands

* * GIG at HSC with IAN MARCH from 8.45 pm

Monday 13th June - HEACHAM WIVES GROUP – Garden Party

Tuesday 14th June - GIG – HOLMAN HILTS DELANEY at Fox & Hounds from 8.30 pm

Friday 17th June - BEREAVEMENT SUPPORT IN HEACHAM 10.00 am to 12 noon in St Mary's Church Hall, High Street, Heacham. For further information please contact Renee Smith or Barbara Fargher . Tel : 01485 534741 or e-mail silverlinings@gmx.co.uk

Saturday 18th June - GIG – MARK STEEL at Silver Sands

* * COFFEE MORNING – Books, Cakes & Tombola. 9.30 am to 12 noon in the Church Hall, High Street, Heacham, in aid of CLIC SARGENT – children with cancer. Donations of books & cakes contact Angie 01485 570737

Monday 20th June - HEACHAM & CRITEUIL-la-MAGDELAINE Twinning Association – WALKING TREASURE HUNT. 6.30 pm start from Heacham Club car park. Teams of up to 4, entrance £5 per person to include refreshments at finish. Contact John 01485 572227 or David 01485 570733 for entry details.

Tuesday 21st June - GIG – DOGWOOD at Fox & Hounds from 8.30 pm

Tuesday 21st & Wednesday 22nd June - The POCAHONTAS PLAYERS present 'A NIGHT AT THE THEATRE' 7.30 pm at Heacham Public hall. Tel : Janice to reserve your £7 ticket 01485 570402 or Jim 01485 571267

Saturday 25th June - GIG - TRAVIS GRAHAM at Silver Sands

* * GIG at HSC with CHARLIE CHAPLIN from 8.45 pm

Tuesday 28th June - GIG – KEANO KINGS at Fox & Hounds from 8.30 pm

Saturday 2nd July – GIG at HSC with TONY G's ELVIS NIGHT from 8.45 pm plus BARBECUE

Tuesday 5th July - GIG – HAIR OF THE DOG at Fox & Hounds from 8.30 pm

Thursday 7th July - TREFOIL GUILD – Subject - Planning for Coffee/Gateau plus raffle

OTHER EVENTS

Tuesday 7th June – BRANCASTER CAMERA CLUB – 'Photo Traveller' with John Hartshorne LRPS CPAGB (Sponsored by Fotospeed) at Brancaster Staithe Village Hall 7.30 pm. Cost £2.50 incl. refreshments

Sunday 12th June - THE PAST BROUGHT TO LIFE IN STANHOE – A talk about Stanhoe history by Gillian Beckett 2.30 pm in the Reading Room, Cross Lane, Stanhoe. Entry £1.50 per person (incl. tea & biscuits)

Saturday 18th June - HUNSTANTON & DISTRICT FESTIVAL of ARTS – CRAFT FAIR – at the Town Hall, Hunstanton 10.00 am to 4.00 pm. Free Entry. Contact : Lorraine Cannell 01553 671191 or lorrainecannell@hotmail.co.uk

Tuesday 21st June - BRANCASTER CAMERA CLUB 'An Evening with David Hennessey LRPS' (Members to bring entries for next digital competition). Brancaster Staithe Village Hall 7.30 pm. Cost £2.50 incl. refreshments

Sunday 26th June – RINGSTEAD OPEN GARDENS from 1.00 pm to 5.00 pm. Admission £3 Adults, children free, inclusive for all 9 gardens. Lunches, teas, stalls etc, plus Hunstanton Town Band. Flower Festival in church 25th & 26th 10.00 am to 5.00 pm.

Mondays – AL-ANON FAMILY GROUP – **Please note new meeting times.** Hope for family & friends of problem drinkers **10.30 am** at the United Reform Church Hall, Sandringham Road, Hunstanton Tel : 02074 030888. Website www.al-anonuk.org.uk

* U3A HUNSTANTON meets on the third Monday of most months (except August and December) at 2.00 pm in the Hunstanton Community Centre. Tel : Norma (Chairman) 533579 or Liz (Secretary) 571573 for further details.

Tuesdays - KEEP FIT FOR OVER 50s 10.00 to 11.30 am at Ringstead Village Hall. Cost £3.50 Tel : Val Barnes on 01328 864358

Wednesdays – YOUTH GROUP meet at Ringstead Village Hall 7.00 pm to 8.45 pm for young people aged 7-14 Cost is £1 per evening and the contact is Mr T Large, 11 Holme Road, Ringstead. Tel : 01485 525480

* SINGING WORKSHOPS FOR FUN 10.00 to 11.30 am Snettisham Village Hall Tel : Cath Coombs 07810 146501

* HUNSTANTON VOLUNTEER SURGERY 3rd Wednesday of each month 10.00 am to 12 noon at 1st Floor, Council Offices, Valentine Road. Tel: Karen Lee 01553 760568 or e-mail Karen@westnorfolkva.org

* LYMPHOEDEMA SUPPORT GROUP meets on the second Wednesday of each month 10.30 am to 12 noon at Tapping House, Snettisham

* FIRE CADETS at Hunstanton Fire Station. 7–9 pm, Boys & Girls aged 13 plus. Come along for a fun and interesting evening learning about all aspects of fire safety. Tel: 07919 492294

HUNSTANTON WORLD TANG SOO DO CLUB. Korean martial arts of self defence. **Mondays** 6.30 to 8.30 pm at St George's School, Dersingham. **Tuesdays** 6.00 to 8.00 pm and **Fridays** 6.30 to 8.30 pm at Smithdon High School, Hunstanton. For details contact Liz on 07948 407694.

NEWSLETTER SUDOKU

Complete the puzzle so that each row, each column and each block of nine contain the numbers 1 to 9. Solution next month.

		7		6	1			
5	2					3		
					2	9		
9								6
				4	8			9
2	4		1					
4			3	1	7	6		8
							3	
3	1	2			5	7		4

Heacham Digital Camera Club

Heacham Digital Camera Club have a yearly fun 'Male V Female' competition, which runs from February to February. This time the theme was 'Bugs', which produced some interesting photographs.

The winning photograph was from the Male team. Alan Walker's moth on the lens of his camera, captured in a mirror, was the winner. He spent some time with his camera, following the moth around at home until it landed on the lens. He was amazed it stayed there while he walked to the nearest mirror to capture the shot.

The 2nd placed photograph was taken by Heather Brown from the Female team. Heather captured a pair of dragonflies almost making a heart shape.

Well done to both our photographers, who were presented with their photographs in frames by Lynn Bourner from The Sandringham Club at West Newton where we are based.



Lynn presenting Alan Walker with his framed winning photograph

THE PANTRY

TRADITIONAL TEA-ROOM
28 HIGH STREET, HEACHAM

Tel: 01485 572220

We are open
Tuesday - Friday 9am - 3pm
Sunday 11.30am - 2.15pm

Pensioners Perks on Wednesday & Friday
2 courses for only £5.95

Snacks & Cooked Breakfasts 9am-11am
Lunches 11.30am-2.15pm

Order your home made cakes and scones to take away including cakes for diabetics

Fresh cooked food with menu change daily.
Diabetics catered for with special puddings to delight.
Cream teas with homemade scones and homemade jam, homemade cakes

Salads available and freshly made sandwiches to eat in or take away.

We take bookings on any day as we can get very busy.
Come and try us, you won't be disappointed.

You will be made very welcome by the same friendly, helpful staff

Outside Catering Available
For further details and bookings give Trish a call

QUALIFIED ELECTRICIAN

**Available for Extra Sockets,
Lighting & BT Points**

No Job too small

Free Estimates

No call out charges

Telephone
01485 572726 or 07813 173 446



Lynn presenting Heather Brown with the 2nd placed photograph

INCINERATOR CAMPAIGN UPDATE

In the public eye the campaign to stop the incinerator has lately been quiet; some are concerned not much is happening. This could not be further from the truth, it would be better to describe this period as the calm before the storm. Public opposition to the incinerator across the whole of West Norfolk is well established and represented by the Borough Council's strong stance in opposing the incinerator. Recent campaign efforts have concentrated on ground work for the first of the legal challenges. Norfolk County Council (NCC) have acted inappropriately at key stages making their actions vulnerable to legal action. NCC are so worried they are going to lose this fight they have resorted to desperate measures such as reducing the period people have for registering planning objections. As things progress there are different challenges to be made at different stages; the whole of West Norfolk will have a chance to write planning objections if and when a planning application is submitted.

In November 2010 NCC were informed how a European Directive identifies fine particulate air pollution as causing significant impacts on health even at low concentrations. Whatever the current pollution level, the directive says fine particles must be reduced in urban areas. Modern incinerators are responsible for releasing significant amounts of this type of pollution. NCC believe they have found a way round the directive because "The responsibility for compliance with the directive and the national exposure reduction target will lie at a national level with the government of each EU member state, and consequently a single installation or facility could not be in direct breach of the directive" (Response from NCC on 2/11/10 to a written question). NCC's response should shock

anyone who thought they cared about people in Norfolk. To justify an increase of a pollutant that has no safe exposure limit on the grounds that somewhere else in the UK air is improving shows exactly how little NCC care about our health.

P.S.

Media reports allege NCC leader Derrick Murphy has been threatened. If there is any foundation to the allegations I would like to make it clear such behaviour is not condoned by either campaign group and I urge anyone involved to stop such actions. If anyone really is making threats to Councillor Murphy they risk damaging anti-incinerator campaign efforts. There is absolutely no justification for anyone to make threats; the arguments against the incinerator are strong and do not benefit from such actions.

Mike Knights

PUTTING GREEN
FISH BAR

NORTH BEACH, HEACHAM
GREAT QUALITY TRADITIONAL
FISH & CHIPS

NOW OPEN
WEEKDAYS & WEEKENDS

For current opening times
call 07727 017405

Recently awarded
an official 5 star
hygiene rating

All food freshly
cooked to order

Come and see
what we have to offer

From vinyl banners and
large format posters to ...

- business cards
- stationery
- price lists
- brochures
- booklets
- postcards
- menus
- leaflets
- greeting cards

and lots more ...

Call us on 01485 571912





@ ROBIS
PRINT
STUDIO

SAVE
20%

with our
Stationery
Packs

www.robisprintstudio.co.uk

Unit 12 Heacham Hall Ind Est, Hall Close, Heacham

PRO-HEAT

GAS SERVICES

GAS • OIL • LPG

- Service, Breakdown, Repair
- Landlord Safety Certificates
- Boiler changes, new heating
- Very competitive prices
- Boilers, Fires, Cookers etc.

Call us... 01485 570658
or 07917 832311




Blue Skies, Blackbirds and Black Days

As we all know, tragedy can strike like lightning and Sue and her two daughters, Kristina and Rhiannon, have suffered a massive blow through the sad death of her beloved son Tom. Such an event is every parent's nightmare and Sue has been really touched by all the messages of condolence and support from so many people in the village, some of whom we hardly know!

Thanks to them but also to those many friends, workmates and relations of Tom, including his little daughter, Olivia, and her mother, who crowded into St Mary's for a memorable and inspiring funeral, we could sing the final anthem, that great hymn 'Thine be the Glory' safe in the conviction that, with God's Grace, we will be able to say in the words of the King James Bible:

"Oh Death, where is Thy Sting? Oh Grave, where is Thy Victory?"

For the moment Sue is taking comfort not only from family and friends but our regular walks, as the glory of late spring unfolds ravishingly around us. There is also the constant drama of our garden!

To the dismay of the local farmers, whose crops are rapidly being affected, earlier drought conditions persisted and April was dominated in the main by high pressure and blue skies with very little rain, a strong, constant, and often easterly breeze, and so a very dry soil.

This has also affected our resident garden blackbirds George and Clarissa, now well into their second brood, a lack of earthworms in our 'bone hard' borders meaning more work looking for alternative sources of food, albeit supplemented by raisins from Sue and anything edible that I happen to turn up with the spade. Plant growth has also slowed down although this also meant fewer weeds, whilst to Sue's delight, her Hostas are at the moment almost entirely free of snails which of course thrive on damp.

At South Beach, the Old Harbour, with its shingle and sand, is even drier than usual. So when we went there on the 25th April we found only a few plants in bloom, including lots of the beautiful lilac flowered common storksbill and a smaller flowered variety of the dandelion, both with very long tap roots able more easily to reach whatever water is available.

Unsurprisingly, because of their dependence on flowers for nectar there were very few butterflies about, although with one exception: two little Green Hairstreaks which we found dancing like Dervishes around one of the few hawthorn bushes that were already flowering.

Apart from being hard to find, Green Hairstreaks are pretty unusual. Their upper wing surfaces are brown, and the lower a lovely emerald green, but unlike most Butterflies, which lay their wings flat to catch the warmth of the sun, they keep them upright and tightly closed so always showing their green lower sides. But this needs a different warming routine so when the butterfly is sitting on a flower or leaf it leans over turning the green side of one wing towards the sun so as to collect as much heat as possible, although I can't say if it then turns round and 'toasts' the other side too. I should have stayed to find out!

Specially bizarre, although not uncommon in butterflies, is when the Green Hairstreak caterpillars, once mature, climb down from the food plant and reach the ground. There, each

forms a chrysalis which gives out high pitched squeaks, sometimes audible to humans, attracting certain species of ant that soon turn up and, for obscure reasons, bury it, thus enabling it to survive the winter to turn into a butterfly in the following year. As they say: you just couldn't make it up!

To our joy, and preceded much earlier by the swallows and house martens, the swifts swept in on the back of soft southerly winds at the end of the first week in May, giving us their usual stunning display of aerobatics. This began as they floated high up, hanging on the tops of rising bubbles of cloud, then swept imperiously across the sky, and ended with an exuberant display of Formula 1 racing round the roof tops which continued long into the evening!

As I write this I can hear George, our blackbird, proudly singing that memorable, fluent and full throated song which to me encapsulate in only a few subtle notes the joys of spring.

As the little known poet William Henley wrote:

*The nightingale has a lyre of gold,
The lark's is a clarion call,
And the blackbird plays but a boxwood flute
But I love him best of all.*

*For his song is all of the joy of life,
And we in the mad, spring weather
We two have listened till he sang
Our hearts and lips together.*

John Bird

Tiles Plus

Commercial & Domestic Tiling Contractors
Wall & Floor Tiling in Ceramics & Natural Stone

For a Fast Friendly & Efficient Service
Call Your Local Specialist on:

01485 543195 or 07584 251707



A. J. Rudd Roofing Services

Telephone 01485 571202

Flat Roofing, Torch on Systems,
UPVC Fascias & Guttering,
Slating, Tiling & Lead work,
Velux Roof Windows Installation
Quality Work Guaranteed At Competitive Prices
Free Estimates

Hunstanton Lions Club.

The Royal Wedding weekend is now just a memory, and a good one. We thank all the local people and visitors who came along to enjoy all the fun. Well done Hunstanton. It was a great success for all. Also just a memory by the time you read this will be our first ever "Lions International Golf Tournament" and we will give you a full report with all the winners in the next edition of this Newsletter. Again we thank all the sponsors who made this event a great success. Mind you there's a lot to look forward to.

The next main event is also a 'first' for us. In conjunction with Glebe House School and "Heartbreak Productions" we are promoting a really exciting day. On the evening of Wednesday July 6th "Heartbreak Productions" are performing an outdoor performance of Jane Austen's "**Pride & Prejudice**". For those of you who don't know, "Heartbreak Productions" are the foremost open-air touring Theatre Company in the U.K. Many now famous actors and actresses have performed and risen through their ranks. This production, directed by Marie McCarthy, will start at 7.30pm., but the fun doesn't start then. The grounds of Glebe House School will be open from 5.30pm for you to come along and enjoy a picnic. Picnicking with family and friends is part of open-air theatre. You may bring along your own or there will be catering and a bar on site. Toilet facilities will be available. The idea is for all to enjoy a great outdoor afternoon culminating in the performance. Please bring along your own low-backed chairs and/or rugs and remember that it may get cooler after sunset. It may also help to have a torch handy for later. For those of you who don't know the story here's what "Heartbreak Productions" say about this performance:-

"Jane Austen's most popular classic follows the story of five sisters' amorous exploits. From the sweet and good natured eldest daughter Jane, down to the coquettish and petulant Lydia, the whole spectrum of lovers' behaviour is examined in minute detail with Austen's delicate yet intense observation. Heartbreak's fresh and contemporary adaptation from its writer in residence, David Kerby Kendall, will highlight the wit, fun and absurdities of the characters. Our very own Mr. Darcy will make you tingle with anticipation".

This show is for all ages from 7 to 70+. Tickets are now available from Glebe House School, Email address: www.heartbreakproductions.co.uk/ticketsales for online booking or telephone Amanda on 01485 534481. Prices are £12.50 Adult / £10.00 Concessions / £5.00 (under 16's) / £30.00 Family ticket (2 plus 2). Book now to guarantee your places and make this a very popular and enjoyable day out.

Look out for Saturday 13th August when you may think that Hunstanton has gone mad. It will not have done but there will be a lot of brassieres adorning the High Street. We are collecting these to decorate the High Street to make people aware of Breast Cancer. We will be collecting money during the day in the High Street, so come along and enjoy the fun. If you have any spare bras, you can donate them in any shop displaying our "Bra Collection Point" poster, or any local Charity Shop will take them in. Let's make this a lot of fun in support of a very good cause.

It's all very well to tell you about how we raise money, but the most important thing is what we do with it - lots is the answer! We have purchased very special bikes for youngsters with very special needs. These are by no means cheap items, and unaffordable for most people. We have demolished greenhouses and other outbuildings for elderly people who are now unable to keep them going (indeed this month we are helping a lady in Dersingham to take down her shed and dispose of it), and on a day in June we are having our annual "Fun Day" at the Fair.

Now this is probably the best day in our annual calendar. Every year we invite special needs children from local schools to come to Hunstanton and have a day at the Fair. Of course this would not be possible without the support we receive from Fred and Chadwick Pooley and all their helpers at the Fair who give up their time and open up just for us at no cost whatsoever. What a great team they are, and how we, and more especially all the children appreciate it. They have a fantastic day out, this year ending with a "Fish 'n Chip" lunch provided at a fantastically low cost by "Vegas". We are so grateful for their support. Even the Borough Council help by giving us free passes for the coaches and cars to park. Hunstanton Lions Club pays for all the expenses of travel and food.

We have our Car Boot sales at Glebe House School on June 12th and 26th, and on August 14th with more in September and October. Stallholders from 7.00am with the stalls opening to the public at 8.00am. There are always lots of bargains to be had at these Car Boot Sales, so don't miss out.

If you haven't yet purchased your ticket for our "200 Club" I'm afraid that you are too late. All the tickets have now been sold. The winners for June were Jane Wallis, Bill May, Kevin Fleming and Jacquie Harriman. Well done all of you.

We look forward to seeing you over the summer months and will keep you informed of future events in the next edition of this Newsletter. Enjoy the sunshine!

Chatterbox Café

Station Road, Heacham

Open Mon-Sat 8:00-16:30

Sun 9:00-13:00

ALL DAY BREAKFASTS

HOT & COLD ROLLS TO TAKE OUT

Phone orders taken -

tel: 07989541305



GREETINGS CARDS & GIFT-WRAP



STATIONERY

Heacham Group Practice - New Website

We have just created a new Practice website, which we hope our patients will find useful and informative. The website address is www.heachamgrouppractice.org

Linda Newland

Heacham Group Practice, Tel: 01485 572769



THE POTTING SHED

GARDENING ORGANICALLY

The whole essence of joy, if one loves the garden, is to struggle to the ideal beauty in one's own pig-headed way.

Marion Cran, "The Garden Of Ignorance"

Oh for some rain, lots and lots of rain. We had about half a millimetre on Sunday which was not quite enough. My mum told me that an inch of rain is equivalent to 100 tons/acre. So I reckon about three inches would be about enough for my patch. However, running about wailing is not going to make a ha'porth of difference so I have diverted the waste water from the kitchen sink, into a container and am using it to keep stuff alive. I have a reasonable amount of rain water stored but am keeping most of it for later. It's funny really, I collect about 500 gallons of rain water and then don't want to actually use the stuff. Silly man.

Don't mention potatoes to me! They were doing fine until we had that tiddly frost recently and now look rather sad. I spent yesterday taking off the dead leaves in the - probably mistaken - idea that the damaged bits may allow the dreaded blight in. Now I have an aching back. Life can be hard for elderly gardeners. And I was looking forward to a feed of new potatoes soon. My neighbour, who grew some in his greenhouse, is gloating as he harvests his. If I wasn't a nice person, I'd wish indigestion on him!

However the broad beans seem to be progressing nicely and also my peas. The onions, both grown from sets and from seed are also doing OK. I have still to put out the runner and dwarf beans but must do it soon as they are getting a bit big for their pots. Ditto the brassicas. But it's so dry everywhere! I've put tonnes and tonnes of manure and compost on my patch over the years and it's like a desert. I am in the process of clearing the brassica cage and hope to put a trailer load of horse manure down before the end of the week so I can get the brussels and broccoli in. Oh for an inch of the wet stuff!

Speaking of horse manure, I have found a mountain of the lovely stuff at Mount Pleasant riding school. It's free to anyone who can collect it as they are too busy to deliver and it is good stuff. I've had three trailer loads so far and am building up my stock for when I have cleared the ground this winter. You don't have to wait until then of course, you can put it around your growing plants and veg - roses love it. I have used some to mould up my potatoes. Mind you the birds are throwing it all

Goldilocks

Your friendly and Professional Salon

Stylists specialising in all aspects
of hairdressing
Corrective & Creative Colour Work
Fashion Cuts, Bridal Hair,
Perming, Up-do's
Individual Consultation & Advice
Gift Vouchers

State Registered Hairdressers
Level 3 Stylists and Assessors

20 Austin Street
Hunstanton
01485 532001

www.goldilocks.co.uk



over the place and I'm having to repeat the moulding every other day. Moulding, for those few of you that don't know what I'm going on about, consists of drawing the earth between rows of potatoes up to the plants to form a ridge with the spuds showing through the top of the ridge this has a two fold action. It covers any weeds up and usually uproots them at the same time and it encourages the potatoes to produce more roots up the stem. As I said, I put down a good layer of manure first and this adds nourishment as well. That's when the birds leave it alone and when RAIN comes to soak the manure and release its goodness.

The broad beans I agonised about last month have come good and the mild frost had no effect on them. I'm giving them as much water as I can spare but they will put their roots deep to find what they can. My peas are also coming up well and the low and climbing beans are ready to plant out. I'm not too sure where I'm going to put the low beans because, as usual, I've got two deep beds occupied by broad beans and two and a half by onions. One is full of leeks and garlic - and more onions. A half bed has beetroot, parsnips and seedling leeks in and 1½ beds are occupied by potatoes Brilliant organisation as usual Drew! I will probably have to put them in with the brassicas. The brassica cage however is in desperate need of both manure/compost and water. I've pulled up all the old brassicas which the chickens have stripped and let the chickens into the cage. Actually, I don't think I've mentioned that I drove to Norwich recently and acquired three more chickens to replace the three that had perished. The three "new" hens are much more feisty than the last lot and seem to have made friends with the older remaining one quite well. Sadly, I can't give them free range of the garden as I suspect the dogs (who spend quite a lot of time lurking round the pen) would regard them as lunch. So my brother and I have extended the pen and they do have plenty of room to play. And I get eggs, lots of eggs, tasty golden yolked eggs. Yum!

VEGETABLES AND THEIR CULTIVATION

By T.W. Saunders.

His chapter on manures, starts with a description of the constituents of plants and their requirements. As I have already discussed all this in my "erudite" treatise on botany last year you will be able to compare what I gleaned from my research and what was au fait at the turn of last century.

"The chemist, after years of research has found that all plants without exception, are made up of different quantities of the following substances: Carbon, Oxygen, Hydrogen, Nitrogen, Sulphur, Phosphorus, Chlorine, Potash (potassium), Soda (sodium), Lime (calcium), Magnesia and Iron." We know now

JEFF'S GARDENING/HANDYMAN SERVICES

25 Years Experience

All Types Of Gardening Maintenance

Lawns Cut, Low Maintenance Gravel Garden,
Fencing, Hedge-Cutting, Patios

ALSO: Window Cleaning, Painting,
Tiling, Rubbish Cleared, and all other Odd Jobs

For Free Estimates Phone: 07594 618564

that copper, boron, zinc, molybdenum and other 'trace elements' are also needed to produce healthy plants. Mr. Saunders then goes on to describe the various effects of these chemical substances and in what form they are used. For instance, Phosphorus and Chlorine are not available in their free state but are used in the form of phosphate of lime, potassium chloride and sodium chloride. This last is useful in small amounts on onions, brassicas and asparagus but is toxic in large amounts. Potassium chloride or muriate of potash is a better way of providing both potassium and chlorine. Both plant and animal cells actively pump sodium out and potassium into their cytoplasm. He then moves on to the use and value of manures.

"Nitrogenous manures. Sulphate of ammonia, nitrate of soda, nitrate of potash, Peruvian guano (bird dung), urine, liquid manure, dissolved, boiled or powdered bones and dung."

I suspect that Peruvian guano would be a little difficult to obtain nowadays but pelleted chicken manure is a good substitute. The first three items on the list are what I would call artificial manures or fertilisers. I use blood fish and bone as a good general purpose fertiliser. Powdered bone or bonemeal is still freely available, dung is available as horse, pig or cow/ox manure, this last being not easy to obtain unless you know a friendly cattle farmer. All of the above, except the first three, will supply other valuable elements, the first three supply, almost exclusively, nitrogen.

"Phosphatic manures. Basic slag (used to be available from ironworks), Superphosphate (mined), Bone dust, guano, human excreta (very seldom used now except by keen people with recycling toilets. The Chinese used human excreta for many thousand years but have now been seduced by the western agribiz companies to their cost and the detriment of their land), dung, burnt bones and wood ashes." These last must be used in small amounts, ideally mixed with compost as the high levels of salts in ashes are detrimental to most plants. The brackets are mine.

"Potash manures. Kainit (a high potassium fertiliser mined principally in Germany. Used in too high a concentration it is toxic to plants but is a valuable sugar beet fertiliser). Sulphate and muriate of potash, wood ashes, urine, malt dust (?), composts (?), burnt clay and green manures." I've not heard of malt dust and composts will only supply the chemicals that were in the plants composted. I do know that composted comfrey, because it sends it's roots deep, can supply many elements not often available otherwise. Nettles are quite good too. Green manures again are good for potassium only if they are deep rooted.

"Basic slag - see above - Also known as thomas phosphate powder. Contains 30-40% phosphate of lime. Similar in action to superphosphate but has a slower action. Apply in Autumn at the rate of seven pounds per square rod. Approximate cost 5s.6d per cwt!!" (A rod or rood = 1/4 acre, 5s.6d.=27 1/2 pence).

"Composts These may be composed of waste fish, bones, offal, weeds, night soil, road scrapings (I eventually realised that this was the animal dung scraped off the roads not the tarmac itself!) and leaves together with a little lime and salt, thrown in an oblong heap and turned occasionally." (Current thinking is that one should never add animal dung or meat etc to a compost heap, but we have got a bit fussy nowadays).

I think I'd best stop before your eyes glaze over. Pray for rain, lots and lots of rain and enjoy your plots.

Michael Drew

NHS Summary Care Record: Your emergency care summary

NHS
Norfolk

The NHS is introducing a new electronic record called the Summary Care Record (SCR), which will be used to support your emergency care. The SCR will give healthcare staff faster, easier access to essential information about you, to help provide you with safe treatment when you need care in an emergency or when your GP practice is closed.

It will contain important information about any medicines you are taking, allergies you suffer from and any bad reactions to medicine that you have had.



Drop in sessions

NHS Norfolk has arranged an opportunity for you to talk face to face with NHS advisers who will be available at the listed date and time. **There is no need to make an appointment.**

Wm. Morrisson 146, Victoria Rd. Diss IP22 4XS
Saturday, 4 June 2011 9.30am – 3.30pm

Vancouver Shopping Centre Broad Street, Kings Lynn, PE30 1DP Saturday, 18 June 2011 9.30am – 3.30pm (Nr. Sainsburys')

The Forum Millennium Plain, Norwich, NR2 1TF
Saturday, 2 July 2011 9.30am – 4.30pm

Old Town Hall, Bridge Street, Downham Market, PE38 9DW Saturday 16 July 2011 9.30am – 3.30pm



How can I get more information?

- Phone the Summary Care Record Information Line on **0300 123 3020**.
- Visit **www.nhscarerecords.nhs.uk**
- Contact NHS Norfolk Patient Advice and Liaison Service (PALS) Monday - Friday from 9am to 5pm, on **0800 587 4132** or email **pals@norfolk.nhs.uk**.



Summary
Care
Records

Your emergency care summary

Vegetable, fruit and herb gardener.

- Sales of ready to plant seedlings including some unusual varieties.
- Erect greenhouses, polytunnels and rabbit proof fencing.
- Construct raised beds.
- Prepare or maintain your vegetable patch.
- Find my market stall at the Fakenham and Creak Abbey Farmers' Markets.

The Garden Farmer

Bryan Beers 01485 540724

www.thegardenfarmer.co.uk

RINGSTEAD OPEN GARDENS

34th consecutive year!

Sunday 26th June 2011

34 years and everything as fresh as ever....

How many villages in the country, let alone Norfolk, can claim to have held an open gardens event for as long as Ringstead? This year Ringstead celebrates its 34th consecutive event!

Can the good fortunes of the Ringstead Open Gardens event continue? Of course! Villagers are as keen as Norfolk mustard to continue, and more people than ever are involved this year as Ringstead immerses itself also in the challenge of the 'Anglia in Bloom' contest.

The pretty and historic village of Ringstead, close to Hunstanton, offers a lovely backdrop to the gardens that will be open, especially now the village is receiving extra attention for the 'Anglia in Bloom' competition to be judged in July. It is also one of those rare small villages that can boast a shop, nay, a fantastic welcoming emporium full of essentials, luxuries and curios!

For such a small village it is an amazing feat of commitment and sheer hard work on the part of a small team of organisers with support from many other residents in one way or another. Even the Village Club, who's members average age is over 75 (Oops I mean 21!) are participating again with a plant stall and have been tending a plot around the post box which they have crammed with cheery perennials!

Efforts are typically rewarded with amazing takings in aid of the Village Church fabric fund; at its peak the event has welcomed over a thousand guests and raised over £6,000, in just one afternoon!

Visitors from all over the region have traditionally flocked to Ringstead to sample its charms and some visitors have travelled from as far as Leicestershire and Cambridgeshire.

The gardens include that of Apple Tree Cottage; always a major attraction. As well as the two acre garden which is crammed full of cottage garden plants, Apple Tree Cottage will be hosting a plant stall, ice creams and quality bric-a-brac. "Typically" said Janet England, one of the helpers, "Everyone works incredibly hard but its great fun too and worth it on the day. People are always very kind and generous and if you are fortunate enough to live somewhere as lovely as Ringstead it's good to be able to show it off!"

The Bury will be another attraction and of particular appeal to history lovers as the ruins of the old round tower Church of St Peter stands in the grounds and will be open to visitors for this one special day only.

The Old Rectory has a stunning garden and will again be hosting the fine lunches which have become such a major attraction. Event co-ordinator Sara Stocks, professional chef, is busily preparing a tasty menu to serve to as many as 150 diners. And to entertain guests while they relax in the grounds of the beautiful 17th century Rectory, live music.

Afternoon tea will be served on the lawns at East End Farm to the cheery tunes of the Fakenham Town Band, where in previous years the numbers served have topped 600. Other

attractions at East End Farm include cream teas, crafts, a cake stall and raffle.

The church will be dressed in its finery for the occasion with a flower festival taking place over the whole weekend and will offer another stop off point for refreshments.

Once again, a minibus, courtesy of the Glebe House School, will be on hand to ferry less agile visitors from one garden to the next!

And it remains, in 34 years, just one rainy day which of course did not stop proceedings - how many others could claim that luck too?

Admission – children free, adults £3 inclusive for all gardens.

Lunches from 12 noon to 2pm £8

Gardens from 1pm – 5pm

**Flower Festival Saturday 25th & Sunday 26th June
10am – 5pm**

For more information please contact:

Janet England

eastgatelodge@btinternet.com

Tel: 01485 525557

www.ajdautorepairs.com

AJD auto repairs

Motor Vehicle Engineers

MOT CENTRE

- CARS ● LIGHT COMMERCIALS ●
- MOTOR CYCLES ●
- AIR CON SERVICE & REPAIR ●

**5 BANK ROAD, DERSINGHAM
KING'S LYNN,
NORFOLK PE31 6HW**

TELEPHONE
(01485) 540039
email: info@ajdautorepairs.com

DAIRY CREST HEACHAM DEPOT TO CLOSE

As we go to press we have just heard that the Dairy Crest Depot in Heacham High Street will be closing on 25th June. We understand that deliveries will be unaffected and will operate out of Dairy Crest's Fakenham depot. Please contact Dairy Crest if you have any queries about this.

SPOILT FOR CHOICE

ODE FOR AN OLD GARDENER

*I don't know why it is so hard
To choose a special birthday card
Plenty of rude ones, feeble jokes
Which might appeal to some odd folks.
Flowery ones, and teddy bears,
Not right for your advancing years!
And always on display are lots
With sheds and spades and veggie plots.
It must get boring every year
When same old garden themes appear
So coastal calm and swans on wing
Will this year's birthday greetings bring.
But really, pictures count for naught
The main thing is the birthday thought-
So, happy birthday, seventy-four,
Enjoy this one and many more!*

R.M.L.I.

HEACHAM BAKERY & TEA ROOM

Bread at it's best
Quality filled Rolls (freshly made)
Very reasonable prices
Traditional fresh baked bread and cakes in our local bakery
Birthday & Celebration Cakes (made to order)

AGENTS FOR
CLEANBRIGHT CLEANERS
SHOP & TEAROOM: 15, Neville Road,
WHOLESALE & RETAIL
01485 571774

GATES - RAILINGS - WEATHERVANES - CURTAIN POLES

Sandringham IRONCRAFT

HIGH QUALITY ORNAMENTAL IRONWORK
AND STEEL FABRICATION

Unit 4, Cheney Crescent, Heacham
Tel: 571129

SECURITY GRILLES - FIRE HOODS - ARCHES - CARAVAN STEPS

SJP SOLICITORS

Protect your Family for the Future and have your
wishes carried out
MAKE A WILL TODAY

For Confidential Professional Advice at our Office

Or at your Home

Call 01485 532662

Or

Email: sjpsols@btconnect.com

Wills from £70 plus VAT

SJP Solicitors

37 Greevegate, Hunstanton PE36 6AB



PROTECTING AN AREA OF OUTSTANDING NATURAL BEAUTY

Locals Get Chance To Make A Difference On The Norfolk Coast

The Norfolk Coast Partnership is seeking five special people to link their communities with looking after the protected area.

Everyone loves the special Norfolk Coast. Now there's a chance to show how much, by joining the Norfolk Coast Partnership as a community representative.

The partnership, which manages the area of outstanding natural beauty, is looking to recruit five people who know what's going on in their area, have an ear for current issues and a feel for what their community is thinking. Their role will be to provide a voice for local people, raise issues on behalf of the community and contribute to projects.

Experienced community representative Janice Howell said: "The Norfolk Coast is special and local people, who know it best, need a voice in the decisions affecting it. I've been a Parish Rep on the Norfolk Coast Partnership for years and enjoyed it immensely. If you are interested in the future of this coast – get involved."

Norfolk Coast Partnership Manager Tim Venes said: "We have experts from all kinds of organisations on our partnership, but it is local people who have made the coast what it is today. We're keen to have ongoing, informed input so that decisions in managing it involve grassroots perspectives. Our community representatives will be a critical part of this, helping us to build up a sustainable future in areas as diverse as transport, farming, fishing and public access."

So if you live in or close to the Norfolk coast, have knowledge of and love for the area, are active in your community and are able to make a small commitment of time to make a big difference when it comes to involving local communities, please consider getting in touch. The deadline for expressions of interest is **30 June 2011**. The application process couldn't be simpler, with no forms to fill in. Parish Councils will vote for the successful five individuals, and roles will begin in the autumn.

To find out more contact Haidee Bishop for an informal chat on 01328 850530 or haidee.bishop@norfolk.gov.uk or by post at The Old Courthouse, Baron's Close, Fakenham NR21 8BE. All the details, including guidelines for applicants and a map of the AONB area are available at www.norfolkcoastaonb.org.uk

ME? WORK FOR MYSELF? WHY?

By Kate Gigg FCA of

Kathryn Gigg Chartered Accountants, Hunstanton

The UK economy has stagnated and the government is bracing itself to stick to its policies but there is a tough road ahead. The housing market is in the doldrums, unemployment is high, and job security has never been lower. Is this the right time to take the risk of starting up a new business?

60% of the private sector is made up of small businesses and start-ups, the bed-rock of the economy, and it has been proven that a recession can be a good time to launch out on one's own. The borrowing costs are low, competitors are burdened with costs established in better times and so less able to compete, and labour is plentiful.

Starting a new business requires energy, dedication, initiative, and being prepared for things to go wrong; but there is probably one over-arching requirement that has to be in place from the outset, and that is planning. Events can blow any business off course, but the new enterprise is the most vulnerable, so it is important to **take good advice up front** and consider and plan for as many of the potential pitfalls as possible. Much of the "routine" planning points will help in this area, and the following are some of the more significant ones:

- There must be a reliable business plan upon which can be based budgets and cash flow forecasts. Without these two, there can be no assessment of whether the proposal will work, and secondly, whether it will be profitable. In other words, it is no use setting up in business with a good idea, and then hoping for the best. The chances are it will fail.
- The importance of establishing proper records cannot be overstressed. One of the problems most frequently encountered by new businesses who sell on credit is "over-trading". This occurs when so much business is generated, that the cash inflow from customers does not keep pace with what is required to pay for replacement stock or wages. The regular review of proper records will help to forewarn of this problem.
- One of the biggest issues concerning bank financing is the need to keep within the authorised overdraft. Again, constant comparison of what was forecast with what the records show is the only way to keep on track - to regularly review the liabilities that have to be met in the near future, and the resources available. Poor records, not kept up to date, will increase the risk of over-borrowing.
- Finally, it is also important to decide upon the form the business will initially take: limited company, sole trader, or partnership. The decision will depend upon many factors, and each type carries its own tax implications. The status can be changed, but normally only as circumstances change.

The above is only an indication of what to consider, but there is no doubt that a well planned enterprise, run with enthusiasm and imagination, can be very fulfilling in every respect. So if you have been contemplating a business idea and would like to take it further, or just want to talk things through, **please call and find out what we can do to help and support you** ahead of taking that first exciting step to take advantage of your opportunities. You can speak to either Kate or her assistant, Claire Elston FCCA, who will be pleased to assist.

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800/email kate@kathryngigg.co.uk if we can assist in any way.

Caution: This newsletter article is produced for guidance only and should not be used as a substitute for professional advice. Accordingly, no liability for any loss or damage can be accepted by Kathryn Gigg Chartered Accountants or other contributors, as a result of any person, company or other organisation acting, or refraining from acting, upon comment made in this article.

© Kathryn Gigg 2011

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Offering a comprehensive range of services for both business and personal clients

- annual accounts and audit
- business start up, development and management support
- management accounts, budgeting and forecasts
- SAGE installation and training
- payroll, VAT and bookkeeping services
- personal tax returns and self assessment advice
- small business specialists
- free initial consultation
- fees agreed in advance

For an appointment please contact:

Mrs K H Gigg FCA on 01485 534800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP

T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk

www.kathryngigg.co.uk

Registered to carry on audit work and regulated for a range of investment business activities by The Institute of Chartered Accountants in England and Wales

FOR ALL YOUR PAINTING & DECORATING

Please ring Terry

on 01485 570549

or 07961 362443

Mr. James E. Kemp

B.Sc., D.O., M.R.O.

REGISTERED OSTEOPATH

NOW IN HEACHAM
SURGERY

Telephone: 01485 541210

'PRIVATE HEALTH RECOGNISED'



Hunstanton & District Lions Club

Members of Hunstanton & District Lions Club pictured recently at the start of their collection of Bra's for their BREAST CANCER AWARENESS DAY on August 13th. (More about this event will follow). Anyone wishing to donate can do so at most Charity Shops and at 'Special Collection Points' in the area.

Pictured standing: Robert Williamson and Peter Sutton, sitting: Mary Harpley and Angie Keightly together with 'The Lion Mascot'. For further information contact Peter Sutton on 570030.



1st HEACHAM CUBS

On the 14th - 15th May we took 11 Cubs on a Shelter Building weekend to Wolferton and it was warm and sunny which was a nice change. The Cubs arrived at 10am and played in the woods until we rounded them up and explained how they had to build their shelters. Then they were split into pairs with one set of three, given two poles, a long piece of wood, some black sheet, string and 10 tent pegs. They spent the next few hours building their shelters making sure they were all tucked in round the edges and pegged down (luckily it was not that windy!). There was only enough room for their roll mats, sleeping bags, torches and munchies for their midnight feasts. Later in the afternoon we had an archery competition between the sixes seeing who could hit a bulls eye and balloons on the target. After sausage and chips and ice cream cones around the camp fire for tea it was off for a walk round Wolferton in the moonlight playing some games along the way. When we got back it was hot chocolate for those who wanted and toasting marshmallows before going off to bed about 11pm. All was quiet by midnight.

Some of the Cubs were awake at 6.30 am and everyone was up by 7.30am after getting dressed it was time for cereal, bacon and eggs for breakfast. Then all the shelters had to be dismantled and the camp site cleared. Parents came at 12noon to pick up some tired and dirty Cubs.

On Monday 16th May we took 13 Cubs to the Coastguard station in Hunstanton we started off with a video about the coastguard had squash and biscuits then split into 2 groups. One group went outside to try on some of the life jackets and waders then had a look at the hi-lux and set the alarm and blue lights off. The other group were inside and had a look and could handle some of the bombs and pieces which have been washed up on the shore. Before we left they were all presented with a goody bag with bookmarks, fridge magnets etc in. A BIG THANK YOU TO EVERYONE AT THE COASTGUARD STATION we had a great evening.

Happy Scouting to all our Cubs.

Aklea & Bagheera (Steve & Sam)

E. W. WITTON

FUNERAL DIRECTOR AND MEMORIAL CONSULTANT

26, Station Road, Heacham.
King's Lynn, Norfolk. PE31 7EX
Telephone 01485 570475

Part of Dignity Caring Funerals Ltd.

A British owned Company

FOR ALL YOUR:

- * **Patio**
- * **Gardening**
- * **Fencing**
- * **Decking**
- * **Brickweave**

NEEDS

Please Ring:

01485 570549

or

07961 362443

Happy Birthday Tom

Tom Salmon celebrated his 90th birthday in style with a party for his neighbours and family at Sunnyside Close in Heacham. Tom was born in Guy's hospital in south London and was brought up in Camberwell. He says that Barworth Road where he lived was a mile long and his family knew most of the people in the street. Some of his aunts and uncles also lived there and it was a real community.

Tom was the second eldest of 5 children. He had 2 brothers and 2 sisters. He has very fond memories of his older brother, Arthur, and remembers him being really talented and able to turn his hand to anything - in fact he made his suit, his fiancée's dress and all the bridesmaids dresses for his own wedding. Arthur emigrated to Australia in 1960 and Tom went on a trip there some years ago and is still in touch with his brother's wife.

When he left school at 14 Tom went to work as a trainee engineer for a company in the City of London, but did not like working there. He says he was always grateful to his father who told him if he wasn't happy he should leave - not a conventional thing to do when you had a good job in 1935. He then started an engineering apprenticeship and joined the RAF. He worked on Spitfires, Avro Hansen and Blenheim aircraft. It was when he was in the RAF that Tom came to love Heacham. He worked at Bircham Newton but was billeted at Heacham Hall. It was a lovely building, he remembered, with sunken gardens and Tom says he lived better there than he ever has, with all the food and meat being produced locally on the surrounding farms. Heacham Hall was the home of John Rolfe who famously married Pocahontas. During the war it was owned by the Le Strange family and was burnt down about a week after Tom left there - his mates in the RAF always joked that it was all his doing!

After the war Tom continued to work as an engineer on ships at London docks and he loved the work he did there, on passenger and cargo ships as big as 35000 tons with pistons bigger than cars. He was surprised to hear how St Katherine's Dock is now a very trendy area of shops, bars and restaurants. He was at the docks when the famous ship the Windrush arrived with the first West Indians invited to Britain to work after the war in 1948.

Tom married during the war years and lived at first with his wife's parents, who lived in the same street he had been brought up in. They later moved to Essex, where Tom stayed until he retired in 1986 when he, his wife, daughter and grandchild moved to Heacham. He has 2 daughters Pat and Linda, 5 grandchildren and 6 great grandchildren. Only one of his siblings, his sister Jean is still alive and lives in Kent.

One of Tom's big passions is West Ham football club. He is a lifelong supporter and remembers season tickets costing £63 a year in total for him and his 2 grandsons. He hasn't been to a live match for a while, but always watches the games on TV.

Eleanor Smith



P.G. PLUMBING & BUILDING

24 Hour Emergency Service

**Plumbing - Heating - Tiling
Bathroom Installations**

Disabled Adaptation Specialists



**54 Marram Way Heacham.
Freephone 0800 2343044 Mobile 07836 506379
(Est 1985)**

JENNINGS STORE

South Beach Road

Tel:- 01485 579220

Open 7 days a week

6.30 a.m. - 9.00 p.m.

Fri & Sat 6.30 a.m. - 9.30 p.m.



Mobile top-up, gas, electricity & water payments

Online shopping, international call time,

Utility payments schemes,

Local authority & rent payments,

Gift card solutions.

Wide Range of Groceries, Frozen & Chilled

Foods, Spirits plus Chilled Wines & beers

Newspapers Magazines etc.

Wide range of Medication.

DVD Rentals (Brand new releases)

Free Delivery on Groceries purchased
Over £10.00

HUNSTANTON FIRE CADETS

My name is Kathryn and I am 14 years old. I have been going to Hunstanton Fire Cadets for about 6 months and thought I would write about what we do. We meet Wednesdays (term time) 7-9pm at Hunstanton Fire Station where we have our own fire engine which we use for training purposes. Then we play hide and seek with the infra-red camera and have conversations over the two way radio (which can be quite funny when we are trying not to make each other laugh). Then there is the hose work which means a soaking normally. As the psi (pressure) gets higher the harder it is to control and if you let go of it, it is just like a snake and really hard to catch (without getting wet).

Occasionally we go to the fire station in Kings Lynn and use their breathing apparatus and go through their tunnels in fogged up goggles to reduce visibility. It all helps toward team work and looking after your buddy.

The 2 fire fighters who run the evening are Rob and Jason who teach us aspects of fire safety, what can cause fire and what the fire fighters do to put it out. We sometimes watch training videos which are really interesting.

Hunstanton Fire Cadets needs new members as a lot of the people who go now will be leaving in July to start University in September and it would be a real shame if it closed due to lack of people.

You don't have to want a career in the fire service to come to cadets, it is just an evening of fun and learning. If you are aged 13+ (boys and girls) and would like to meet some new people then ring Rob on 07919 492294. Come along and give it a try - it's also free!

Kathryn Couzens

P.S. My career choice is Child Care.

Transport Incubator For QE Hospital Appeal Event

More than £600 was raised at the weekend to help the appeal for the new transport incubator at Lynn's Queen Elizabeth Hospital.

A fun horse show was held at Park farm, Snettisham - with thanks to Lizzie Evans, the owner of the yard.

Louisa Patience was born 12 weeks early and understands the importance of the incubator. She had to spend a month in a incubator after a life saving operation as a baby, so she knew it would be a good idea to raise money towards this cause.

Thanks to everyone who turned up despite the early rain! Many thank yous need to go to the many people who donated raffle prizes. Many thanks to the sponsors especially Brian and Keith who made a generous contribution and a massive thank you to Jeff Bryan Builders who donated £100! Thanks to everyone who pulled together and helped voluntarily on the day and judges Kim Howard, Charlie Nield and Pippa Read.

"It was a fantastic day, which would not have been possible without all the help, donations and sponsors, Thanks to everyone for their time and effort"



A shire horse at the fundraising event for the QE Hospital incubator appeal

Christina Thain & Co Solicitors

Conveyancing, Wills and Probate

Please note that our new address is:-

'Beamish'
68, High Street,
Ringstead,
Hunstanton, Norfolk PE36 5JU

Telephone No: 01485 525458

**Appointments in your own home, or at
Suttons Estate Agents,
29 High Street, Heacham.**

**The same friendly, efficient service - only
the address has changed!**

Aerial & Satellite installation services
*Free estimates *Professional service *Fully guaranteed

Digital 3000

freesat

Freeview

New installs/Repairs/Upgrades

- Picture problems •Faulty equipment
- Storm damage •Aerial exchange
- Full satellite systems •multi room TV

MasterCard VISA

Heacham based

Family run business 15 years experience

Free phone: 0800 334 5206

www.digital3000.co.uk mobile:07798 550573

BUSHEL AND STRIKE

24 Malthouse Crescent
Heacham. PE31 7DL
Tel:- 01485 572509

OPEN

MONDAY 3pm - 11pm
TUESDAY - SUNDAY 12 noon - 11pm

-00-

**HOME COOKED FOOD
BEING SERVED**

**TUESDAY - SUNDAY
12 - 2pm & 6 - 9pm**

-00-

**TRADITIONAL SUNDAY ROAST
MAIN MENU ALSO AVAILABLE
ON SUNDAYS**

FROM 12 noon - 2pm & 6 - 9pm

-00-

Quiz Night every Wed - 8.30pm onwards

-00-

News from the Pudding Club

We would like to thank everybody for taking part, and making such an enjoyable evening. Once again, the puddings produced at the May Pudding Evening were most impressive, and more puddings than ever were brought in. We would like to say a very big thank you to Pete Colvin for judging the puddings, also a big thank you to Tolly.

The next Pudding Meeting will take place in the Bushel & Strike on Tuesday, the 14th June at 2000 hours.

Paula and Mark



FENSA
Reg No 13383

SANDRINGHAM WINDOWS

WINDOWS - DOORS - CONSERVATORIES
SPECIAL DISCOUNTS FOR O.A.P.'s
Tel: 01485 544488

Heacham Chalk Pit Recycling Centre NEW OPENING TIMES

From beginning of this month (June) Summer opening times will be 9am - 6pm. Winter opening times, which apply from 1st October to 31st March, will be 9am - 4pm.

HEACHAM FOOTBALL CLUB

The final positions in the North West Norfolk league are as follows:-

DIVISION ONE:- HEACHAM FIRST TEAM						
Position	Played	Won	Drew	Lost	GoalDiff	Points
7th	22	9	3	10	+6	30
DIVISION THREE:- HEACHAM RESERVES						
10th	22	7	4	11	-18	22*
DIVISION FOUR:- HEACHAM 'A' TEAM						
12th	22	6	2	14	-22	14*

Due to insufficient players being available: *The reserves had 3 points deducted for failing to put out a side in one month and the 'A' team had 6 points deducted for two matches.

Although the overall results are not as good as in previous years, we have seen several senior players retire and we are now establishing a younger side with quite a number of seventeen year olds gaining experience in the senior games.

The Presentation Night took place on 26th May, after this issue of the Newsletter had gone to press, so the results will be published next month.

The A G M is being held in the back room of the Heacham Club Charity Hall on Monday 6th of June, at 19.30. This meeting will include the election of officers and team managers, annual accounts and the financial management plan for next year. If you have an interest in Heacham Senior Football Club why not come along and if you have time to spare join the committee (meetings are held on the first Wednesday of each month).

Training will resume in July and any new players wishing to join us please get in touch by phoning 01485 570776 and leaving a message for me.

On behalf of the players and officials I would like to thank all our followers for their loyal support.

Harry Hornsby
Secretary Heacham Football Club

THE PAST BROUGHT TO LIFE IN STANHOE

Do you remember Stanhoe as it used to be?
Would you like to know more about Stanhoe's past?



A talk about the history of Stanhoe by
Gillian Beckett, to be held on

Sunday, 12th June at 2.30 pm
IN THE READING ROOM, CROSS LANE, STANHOE
(This is the talk which was cancelled last October)

STANHOE IN SOUND AND IMAGES

Entry only £1.50 per person (including tea and biscuits)

Presentation arranged by The Stanhoe Archive



Heacham Youth Cricket



Heacham Cricket Club have once more joined forces with Snettisham CC to provide youngsters with the opportunity to play competitive league cricket. Details of teams and leagues can be found at:

<http://wnycl.play-cricket.com/scoreboard/fixtures.asp>

Training is being held Thursday nights (5.00-7.00 pm) at the Heacham Playing field for the Under 14 team, all are welcome, however parental permission is required prior to taking part.

We have also been contacted concerning hardball coaching for younger players in the 10 to 11 year age group, we will be commencing sessions Saturday 28th May (10.30-12.00 am) in order to determine the demand.

Our Under 14's have commenced their season with their first couple of competitive matches and have discovered the highs and lows of the game. They keep smiling though so they must be enjoying it!

Known fixtures are:

Under 14's (Friday's)

3rd June	Stow (Home)
7th June	Denver (Home)
17th June	Dersingham (Away)
24th June	Wisbech (Home)
1st July	Long Sutton (Away)

For further details please contact the number below.

Roger Drinkwater
Tel: 01485 571659

HEACHAM LAWN TENNIS CLUB

Senior Section

After many years of waiting to see if anyone other than those dedicated few would turn up for Club Night, it would appear that at long last, this section of the tennis club is beginning to pick up.

A few past members have returned, a few new members have joined and we now have a group of young men in their early teens who have suddenly come out of the woodwork with their tennis skills.

A real mixed bag on a Wednesday evening has made for a most enjoyable couple of hours tennis - long may it continue and improve!

Junior Section

Monday evening sessions are well attended - so much so, that we now have to run 2 sessions. 4:45 - 5:45 for beginners and 5:45 - 6:45 for improvers and older juniors.

The work carried out on the courts at the end of last season has paid off and we now enjoy much improved facilities, thanks primarily to Heacham Club Charity and also to the work of the Ground staff.

Tennis at Heacham is **STILL VERY AFFORDABLE** to all: Under 12 membership - £13; Under 18 - £17; Concessions - £25 and Adult - £31. Family memberships also available. These fees enable year-round play, every day of the week **AT NO EXTRA COST**.

For more information please contact Janice Campbell - 01485 572120 / 570776 or ask behind the bar of the Social Club for application forms etc.



Professional Estate Agents Property Consultants & Lettings

OPEN SEVEN DAYS A WEEK

including bank holidays
(March to October inclusive)

70a Westgate, Hunstanton, Norfolk PE36 6EP
Tel: 01485 535 535 Fax: 01485 533 777

Email: info@martinsestateagents.co.uk
www.martinsestateagents.co.uk



BURNHAM PROPERTY

MAINTENANCE

15 Strachan Close, Heacham
King's Lynn, Norfolk. PE31 7SB

For all your property repairs & maintenance

Incl. Total Renovations & Refurbishments

All Brickwork - Woodwork - Plumbing

Electrics - Plastering - Decorating

Fencing & Patios

**YOUR ONE-STOP REPAIR
& MAINTENANCE SHOP**

**Free Quotations & Prompt Service
NO JOB TOO SMALL**

Tel: 01485 570508
Mob: 07903 138251
Fax: 01485 571463



HEACHAM MINORS U10 CUP WINNERS



Heacham Minors U10s - L to R back row Jacob Farr, Ryan Bateson, Jack Smith, Jonny Waldron, Jack Cotton. Front row - Brandon Futter, Ryan English (Captain), Callum Brown, Cameron Smeaton

Heacham Minors U10s completed another successful season by winning the final of the League Cup, held at Dersingham on Saturday 16th April, beating league leaders Reffley 2-0.

In a hard fought encounter perseverance paid off as they netted two goals (Ryan English & Brandon Futter) in a tense second half.

Thanks go to coach Trevor English for his encouragement and dedication to the team.

Nancy Waldron



PETANQUE VICTORY FOR CENTENARY COMMITTEE PAIR

After only taking up the sport of Petanque about one year ago Dave Page and Peter Sutton paired up to beat 19 other pairs to win the West Norfolk Petanque Winter Plate competition held at Heacham Social Club.

Dave and Peter play for the Heacham Centenary Committee and play their home games at Heacham Social Club.





MSH

Glazing Upgrades and Repairs

Double Glazing Repairs
Sealed Unit Replacement
Secondary Glazing
Integral Blind Systems
Window & Door Re-sealing

Local Company, Local Service Over 10 Years Experience Very Competitive Prices	Quality Products Used Expertly Fitted Any Genuine Quote Beaten
-------------------------------------------------------------------------------------	----------------------------------------------------------------------

Call 01485 570016
 Mobile: 07929 66 55 66

Free Quote - No obligation
 (No Job Too Small)





www.glazingupgrades.com

Unit 1 Heacham Hall Ind. Est., Heacham, PE31 7JT

HEACHAM BUTCHERS

(DAVID COOK)

2, School Road, Heacham - 01485 572104




Free Delivery Service (Tuesday & Friday)
We sell only quality meat
Homemade Sausages a Speciality
Fresh Vegetables - Friendly Service
Hours:- Tues - Sat. 8am -5pm.

A.W.Electrical

for all your electrical needs

from additional lights to full rewires

- Domestic, Commercial & Industrial Work undertaken
- Inspection & Testing
- Intruder Security Systems
- Access Control Systems
- Gate & Garage Door Automation

Tel: 01485 543385
Mob: 07811 104241




email: andy.awe@hotmail.co.uk

City & Guilds 2381 17th Edition
City & Guilds 2391 Testing & Inspection



Parish Council Meetings in brief

Chairman: Mr Martin Johnson was elected Chairman and Mr John Stares appointed Vice- Chairman.

Vote of Thanks: The Council gave a vote of thanks to Mr Drinkwater who had served as Council Chairman for two years.

Cooption: Mr Billy Skoyles was co-opted onto the Parish Council to fill the remaining vacancy caused by the election.

Citizens Advice Bureau: The Council had extended an invitation to the CAB to run their new outreach scheme in Heacham. It was hoped that appointment only sessions in debt management and benefit assistance could be run from the Parish Office.

Cockerel: The Clerk reported that the aggressive cockerel had now been re-homed from outside the middle school following appeals from residents. Several hens had also been removed however more remained and attempts would be made to re-home all the hens in due course.

Heacham Library Lease: The Parish Council agreed to sign the lease for the ground floor of the Barclays Bank building for Heacham Library. This agreement will secure the Library project for a further 6 years.

Strategic Housing Assessment: The Clerk reported that residents had been contacting the Parish Office concerned about the implications of the map published in the April Newsletter. The Council agreed to hold a public meeting once the formal consultation period had been announced.

Next Meeting: The next full council meeting would be held on Tuesday 21 June at 7.30pm.

Queens Cottage Almshouses

The Parish Council has been asked to appoint a Trustee to the board of Trustees for the Queen's Cottage Almshouses. The current Trustees have worked hard to bring the cottages back into use and are looking for an enthusiastic individual to help the board continue this progress. If as a Heacham resident you feel you might have the skills required then please contact the Parish Council Office for further information.

Digital Switchover - Volunteers

How we receive our television signal is changing. The analogue signals from these transmitters will be switching over to digital in stages from 6th July to 23rd November 2011. Norfolk Rural Community Council (Norfolk RCC) is supporting the local roll-out of the Switchover Help Scheme. We need local volunteers to help with our programme to ensure that no-one misses out on the help that's available to assist with making the necessary changes.

What will volunteers actually have to do?

Once you have been trained you will be given a number of parishes and towns to visit, depending on the time you can offer us. Whilst there, you will identify people who are likely to be in a position to recognise those in the community who will need support. You will talk to key people in each community, such as the local postmaster, shopkeeper, publican, priest, parish councillors and others who are actively involved in community life. These people will be asked to spread the message in turn and it's through these community connections and your support that we will identify those who many require additional help. You will be supplied with leaflets and posters to give out and also business

cards/photo identification. As the programme manager, Norfolk RCC has to track progress and will ask you to report on your activity on a weekly basis. This will involve recording where you have been, who you have met and any success stories/anecdotes. Our Project Co-ordinator will be on-hand to give support, arrange volunteer meetings and to collect in your weekly reports.

What do I do next?

If you would be willing to volunteer, please request one of our 'Volunteer Declaration Forms' and complete and return it to us as soon as possible in order that we can record your details and invite you to the training event.

If you have any further questions or want to chat further about this opportunity, please contact Henry Meiklejohn or Rik Martin on 01362-698216.

Heacham Beach Party

This year's party will be held at Heacham South Beach on **Sunday 10 July** 5.00pm-8.00pm. The party will have an under the sea theme. Party Passes will cost £2.50 to include BBQ, music, drinks, and free activities; which include a sand castle competition for children and traditional seaside entertainment for all. Mik the Graffiti T-shirt artist will also be there to help you create your own Dezyna T- shirt. Join us for a great family event.



Diamond Jubilee 2012

The Parish Council invites you to attend a meeting on Wednesday 29 June at the Parish Council Office at 7.00pm to discuss how Heacham could mark Queen Elizabeth II's Diamond Jubilee in 2012. Heacham has a long tradition of celebrating these occasions on the day and providing a permanent monument for benefit of the residents of Heacham. If there is sufficient interest, it is the intention to set up a village committee to coordinate activities being organised by all the various groups.

Any queries should be addressed to:
Heacham Parish Council Office
Jubilee Clinic Pound Lane Heacham
Norfolk PE31 7ET
Tel/Fax 01485 572142
www.heachamparishcouncil.co.uk

Open Tuesday - Friday 10.00am-Noon

HELP LINES

HEACHAM GROUP PRACTICE **01485 572769**
HEACHAM MON TO FRI 08.30 TO 13.00 14.00 TO 18.30
SNETTISHAM MON TO WED 08.30 TO 12.30 14.30 TO 18.00
 THURS/FRIDAY 08.30 TO 12.30 Closed p.m.

OUT OF HOURS DOCTOR **01603 488488**
 A Doctor will advise on your emergency - Please think before calling

HEACHAM & DISTRICT COMMUNITY CAR SCHEME **534777**

HEACHAM CHEMIST **570297**
 OPENING HOURS MON TO FRI 09.00 TO 18.30
 SAT 09.00 TO 17.30

Open 13.00-14.00 - prescriptions and certain other products only available if Pharmacist is in attendance
 DUTY CHEMIST NOTICE DISPLAYED ON DOOR

HEACHAM PARISH COUNCIL OFFICE **572142**
 OPEN TUES TO FRI 10.00 TO 12.00

STREET LIGHT FAULT REPORT **572142**
 BOROUGH COUNCIL OFFICE **01553 616200**
 BOROUGH COUNCILLORS

Mrs S. SMEATON **01485 572528**

Mr C. MANNING **01485 523287**

NORFOLK C C MICHAEL CHENERY **01328 823411**

PARISH LIBRARY **571928**
 OPEN MON, WED, FRI 10.00 TO 16.00 SAT 10.00 TO 12.00

HEACHAM POST OFFICE **570330**
 OPEN MON TO FRI 09.00 TO 17.30 SAT 09.00 TO 12.30

EMERGENCY SERVICES **01553 613613**
 QUEEN ELIZABETH HOSPITAL

DENTIST **Emergency only for patients not registered with a dentist** **01553 769264**

COMMUNITY MIDWIFE (Ask for Hunstanton M/W) **01553 613613**

POLICE **0845 4564567**

SAMARITANS **01553 761616**

CHILD LINE **0800 1111**

ELECTRIC **0800 7838838**

ANGLIAN WATER **0845 7145145**

GAS ESCAPE **0800 111999**

EMERGENCY 24hrs VETERINARY CLINICS **01485 570065**

HUNSTANTON LIBRARY **532280**

OPEN MON. TUE. WED (No lunch closure) 10.00 TO 17.00
 THURS. 10.00 TO 13.00 FRI. 10.00 TO 19.00
 SAT 10.00 TO 17.00 (All year)

HEACHAM COMMUNITY WEBSITES

www.heacham-on-line.co.uk
 E-mail stella@heacham-on-line.co.uk

www.heacham-village.co.uk
 E-mail enquiries@heacham-village.co.uk

Heacham Halls

Public Hall **570776**
 Pine Residents Hall, Wilton Road Mrs Crisp **579440**
 Methodist Church Hall, Station Road Mike Careless **570363**
 St Mary's Church Hall, High Street Mon,Wed, Fri 10.30 to 12.30 **572539**

LOCAL BUS SERVICE BETWEEN HUNSTANTON AND KINGS LYNN

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

40 Service
 Via Hunstanton Road, Lodge Road and Queen Elizabeth Hospital

40A Service
 Via Hunstanton Road, Lodge Road and Castle Rising

40B Service
 Via Lodge Road, Mountbatten Way, Queen Elizabeth Hospital

41 Service
 Via Norfolk Lavender, Lodge Road,
 Queen Elizabeth Hospital and Sandringham

41A Service
 Via Hunstanton Road, Lodge Road, Castle Rising and Sandringham

409 Service
 Via Lodge Road, South Wootton, stops at College of West anglia

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

X40 Service
 Via Norfolk Lavender, Castle Rising, South Wootton, and Gaywood

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

Coasthopper Service
 Kings Lynn to Cromer Via Norfolk Lavender, Hunstanton, Holme,
 Thornham, Titchwell, Brancaster, Well, Sheringham.

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

All FIRST BUS Services Transferring To NORFOLK GREEN
 From 12th June services 40, 40A, 40B, 41 & 41A will become services 10 & 11. Timetables available in some village locations or go to:
 www.norfolkgreen.co.uk. Tel: 01553 776980

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

Bus Enquiries? Call 0871 200 2233
 (0900-1630 Mon-Fri except public holidays)
 e-mail : ptu.pt@norfolk.gov.uk


Main pick up points for The Heacham Newsletter.
First Saturday each month except January.

Jennings, Cooks Butchers, Heacham Bakery, Olivers, Post Office,
 Parish Council, Church, Co-op, Tescos, Fish Bar.

MOBILE LIBRARY

ROUTE DER 224 (Tuesdays) ROUTE DER 223

	14th / 28th	June	7th / 21st	
COLLINGWOOD CLOSE	09.40	09.40	ROBIN HILL	10.25
SOUTHMOOR DRIVE	10.00	10.00	CHURCH LANE	10.40
SANDRINGHAM DRIVE	10.20	10.20	RINGSTEAD ROAD	10.55
CHENEY HILL (F/SIDE)	10.40	10.40	NEVILLE CT	11.40
WOODSIDE AVE	11.05	11.05	NEVILLE ROAD	12.15
HEACHAM INFANT SCH	11.20	11.20	PINE MALL	12.30
NOURSE DR/INGLEBY CL	12.15	12.15	SITKA CLOSE	12.50
ROLF CRESCENT (OPP 22)	13.45	13.45	SUNNYSIDE	14.15
BUSHEL & STRIKE	14.05	14.05	MEADOW RD	14.40
GIDNEY DRIVE	14.20	14.20	POPLAR AVE	15.30
BANKSIDE reverse in	14.40	14.40	GYMKHANA WAY	15.50
MARRAM WAY N CL	14.55	14.55	JENNINGS CLOSE	16.15
MARRAM WAY S CL	15.10	15.10	COLLEGE DR/G CL	16.50
MARRAM WAY/N RD	15.25	15.25		
CUNNINGHAM COURT	15.45	15.45		



GARNER
STOVE SERVICES

- SURVEYS
- INSTALLATIONS
- SERVICING
- CHIMNEY LINING
- CHIMNEYS SWEPT

Enquiries:-
 Tel: 01485 534082 Mob: 07837 364450
 22 Crescent Road, Hunstanton
 Norfolk PE36 5BU

R'N'R FENCING

All types of fencing work undertaken

Domestic, Commercial & Agricultural

DECKING • PERGOLAS • FENCE

TREATING • LANDSCAPE SERVICES

FREE QUOTES • PUBLIC LIABILITY INSURED

Prided on Quality & Reliability

07881 947 506 / 01485 572 107

